

The Ayurvedasūtram, chapters 1-5 [a machine-readable transcription]*

Anonymous

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1 Chapter 1

- 1.1 athāto dhātusthadoṣagatyavikārahetubhūtārthavārdhakadravyāṇyadyāt
- 1.2 cirāyuricchāpravṛttirāyurvedārthapuruṣārthopapādikā
- 1.3 taddhetubhūtārthaṃ rakṣet
- 1.4 nendriyātilālanātipīḍanau
- 1.5 doṣavṛddhikṣayopapādakau
- 1.6 lakṣaṇānyapi tathā
- 1.7 yogyaistacca nivartayet
- 1.8 anāmapālanaṃ kuryāt
- 1.9 āmaṃ hi sarvarogāṇām
- 1.10 ādibhūtamāha brahmā
- 1.11 tannivṛttiranāmayam
- 1.12 anāmayī ātmānaṃ sammanyate
- 1.13 ahampratyayaḥ karmakartā
- 1.14 sthānavānahaṃkāraḥ

*Revision by Dominik Wujastyk, on 6th of December, 2010. For more information about this document, please visit : <http://sarit.indology.info/top.shtml>

- 1.15 yāvadarogī abhimanyate
- 1.16 sa eva bhuñkte
- 1.17 ajo hyadhiṣṭhātā
- 1.18 bhuñkte viṣayabhogān
- 1.19 anyah karma bhuñkta
- 1.20 yah kartā karmabhogī
- 1.21 kartā śarīrī
- 1.22 aśarīrī nānnamatti
- 1.23 na kevalaṃ śarīraṃ bhogayogyamātmano yogāt
- 1.24 ajau hyadhiṣṭhitau
- 1.25 anyo 'nnamatti
- 1.26 anattyevamanyaḥ
- 1.27 sati śarīre bhogāya
- 1.28 aṣṭāṅgī śarīrī
- 1.29 yāvatkṛtividhdheḥ kāyaḥ
- 1.30 āmajāmayakāryahetukacittakṣobhabhayanigrahavigraho grahaḥ
- 1.31 āmajāmayakāryahetukānyahetukāmayanivartakā apūrvāṅgahetukāḥ
- 1.32 doṣasañcārābhāvajāsthikarṇanāsādisandhijarujaśśastreṇaika nivartakāḥ
- 1.33 prakāśamānaprathamaprayāṇādhigatanissṛtāmṛtapratiprayāṇāhṛtayoga-
vibhāgadhātupoṣakasurasādanādarogavānajaraḥ
- 1.35 ya evaṃ veda
- 1.36 sa cirāyurbhavati
- 1.37 tadeva bheṣajam
- 1.38 saiva cikitsā
- 1.39 tāvad dravyāvalokaṇaṃ kuryāt

- 1.40 rasāḥ svādvamlalavaṇatiktoṣaṇakaṣāyakāḥ tatparitrāṇakāḥ
- 1.41 svādvamlakaṭukāḥ pāyā rasāḥ
- 1.42 yathā samadoṣā yathāgnipravartakāḥ
- 1.43 siddhāṣṣaṭapāke trayāḥ
- 1.44 tiktassvādu pāke
- 1.45 kaṣāyo ‘mlarasāḥ
- 1.46 ūṣaṇaṃ lavaṇaḥ pāke
- 1.47 vyutkramarasā vikārakārakāḥ
- 1.48 pācakapittaṃ pacatyāhāram
- 1.49 doṣadhātumaloṣmajaṃ tathā
- 1.50 grahaṇīkalāyustejaṃsi dadhāti
- 1.51 bhaktādanenāmāśayātirodhanāt kalābalā bhavati
- 1.52 āmāśayātipūrṇāt kalābalādāmāśayasthitapavanagatitirodhānādanilaprakopo hi bhavati
- 1.53 yādṛśā doṣāstādṛśānilaprakopajātānalāstādṛśā jvarāḥ
- 1.54 akṣikarṇanāsāśīrorugvidāhajihvāsyasoṣakuṣyo jvalayan jvalati
- 1.55 aṅgapīḍanamalamārgātirodhanātipīḍanadhātumārgavigamanānilādanalasthala-
calanādinānilajvarāḥ
- 1.56 pavanapittahetukarasavirasajātājīrṇajanyāmarasāsṛgdhātucarādyadoṣa
ubhayalakṣaṇayuktarogaḥ pavanapittaprakopajvarāḥ
- 1.57 pavanakaphavikārahetukarasavirasajātājīrṇajanyāmayamāṃsamedodhātucara
ubhayalakṣaṇasahitaḥ pavanakaphavikārajātajvarāḥ
- 1.58
kaphapittavikārahetukarasavirasajātājīrṇajanyāmayāsthimajjādhātucarādyadoṣaś
cobhayalakṣaṇayukto rogaḥ kaphapittavikārajātajvarāḥ
- 1.59 manaḥkāmaḥbhayabhūtābhighātakālahetūtpannajvarasyāntar-
vidāhaśvāsakhāsamadabhramamūrccacchardiyatisāraśoka-
krodhabhayaguṇāstannivartakanivartakā
āgantukajvarāḥ

- 1.60 pavanādyaprapakopādagnibalaṃ poṣayankriyākramah
- 1.61 pathyāddoṣe kṣīṇe 'gnibale jāte kṣuttrīruciśśaktiḥ balakālavibhāgjño
vamanavīrekācchvāsakhāsahṛdrogaviṣamajvarātisārebhyo 'bhayātsukhībhavet
- 1.62 āmāśayasthitam sarvadhātubalakārakam
- 1.63 samānānilena tatsthān kalā jvalayan pacati
- 1.64 duṣṭagrahaṇī rogasya kārīkā
- 1.65 dravadravyairvibhajankālādannaṃ prāṇānilena koṣṭhaṃ gataṃ samānānilena
tatsthā kalā jvalayanti pacati
- 1.66 rikte vāyūḥ prakupyate
- 1.67 analo 'lpo bhavati
- 1.68 madhurībhūtābhyavahr̥tānnaṃ pavanaprapakopahārakam
- 1.69 hṛdgatakaphaplutānnaṃ māmībhūtaṃ pittaprapakopāśakam
- 1.71 hr̥ccyutāhāramanalaśoṣitamāmāśayasthaṃ kaphaṃ harati
- 1.72 svādvamlakaṭukāḥ pākyā rasā yathā samadoṣā yathāyathaṃ yogaphaladāyakāḥ
- 1.73 ye rasāstaddhetubhūtāstadudbhūtajātānalāstadudbhūtadhātupoṣakāḥ
- 1.74 rasādraktam
- 1.75 pañcabhūtātmaṃ śarīram
- 1.76 śrotrāntassthitaśabdaguṇakabodhakasirābhyāṃ śrūyate
- 1.77 śabdaguṇaka ākāśaḥ
- 1.78 rasāsr̥gdhātujanyā tvak śvāsocchvāsāvahā
- 1.79 saptadhātutvagāvr̥tānilo viyajjātaḥ
- 1.80 ṣaṭpañcāśatsirāvr̥tākṣigatānalaḥ pañcarūpopapannaṃ māmāhāraṃ pacan
anilajātānalassvagaṭārthaṃ paśyati
- 1.81 lālārūpo rasādibhedānvibhajan jihvayā rasaṃ gr̥hṇāti
- 1.82 jihvāsaṃsthitadvisirādhārasarvarasābhijñā
- 1.83 caturviṃśatisirā nāsikāgragatodbhavā pṛthivī caturviṃśatitavabodhikā

- 1.84 yatsirāvṛtaṃ śarīraṃ | annādbhūtāni jāyante, jātānyannena vardhante, adyate
‘tī ca bhūtāni, tasmādannam taducyate
- 1.85 nāsikādhikyavikārabhūtāḥ nāsāgre pratīyante
- 1.86 mātṛjaṃ raktamāṃsamedah, pītṛjaṃ majjāsthiretaḥ,
satvarajastamogūñātmakaṃ śarīraṃ
- 1.87 āyurārogyatejobalaśuddhādi vapussatvaguṇotpādakam
- 1.88 yatrasthā rasāstattadbhūtajātāste dhātupoṣakāḥ
- 1.89 athāta ādibhūtaṃ yaḥ kartā yāvatkṛtestathā tadeva bheṣajaṃ
manaḥkāmahṛdgatakaphaśuklādibhirāvṛtaṃ śarīraṃ daśa

2 Chapter 2

- 2.1 dvirasārtharasahīnārthahīnārasavānanilanivāraḥ
- 2.2 ṣaṭsahasratṛiṃśatsirāstrīṃśacchalyāśśatadvayadaśottarasandhayo
navāśītisnāyupēśidharā bhavanti
- 2.3 saptadhātudharāssaptāśyāstanmadhyagagrahaṇīkalājātaḥ svāduraso
‘nilapṛakopaṃ harati
- 2.4 aṣṭamo garbhāśayaḥ strīṇām
- 2.5 svaṃ svaṃ svoṣmaṇā sravadrasātmaṃ caujaḥ | svaṃ svaṃ svasya svayameva
heturbhavati
- 2.6 śiraḥpāṇipādapārśvapṛṣṭhorūdarajaṅghaśīśnopasthapāyvaṅgāni bhavanti
- 2.7 śrotravakcākṣurjihvāghrāṇāstathā
- 2.8 sarandhrakābhyantaradharāstrayastrayassirāḥ |
pādayoścatutṛiṃśatsarandhrakābhyantaradharāḥ
- 2.9 pādasthitapadmamavarṇajanakaṃ catutṛiṃśatsirāvṛtaṃ
- 2.10 jānupadmagatamivarṇajanakaṃ catutṛiṃśatsirāvṛtaṃ
- 2.11 uvarṇātmakamūrupradeśapadmaṃ viṃśatisirāvṛtaṃ
- 2.12 ṛvarṇajanakaṃ śroṇipradeśapadmaṃ viṃśatisirāvṛtaṃ

- 2.13 lṛvarṇajanakaṃ śronipradeśapadmaṃ catuśtriṃśatsirāṇṇam
- 2.14 evaṇṇajanakaṃ kaṭipradeśagatapadmaṃ catuśtriṃśatsirāṇṇam
- 2.15 aivarṇajanakaṃ bījagatapārsvāgatapadmaṃ catuśtriṃśatsirāṇṇam
- 2.16 ovaṇṇajanakaṃ vaṅkṣaṇapradeśagataṃ padmaṃ dvādaśasirāṇṇam
- 2.17 auvaṇṇajanakaṃ bijapradeśagataṃ padmaṃ dviśirāṇṇam
- 2.19 gaghavarṇajanakamedhrapradeśastriṣaṣṭisirāṇṇam
- 2.20 ṇoccāraṇahetukaṃ prṣṭhadeśagataṃ padmaṃ catuśtriṃśatsirāṇṇam
- 2.21 ṇoccāraṇahetukaṃ prṣṭhadeśagataṃ padmaṃ catuśtriṃśatsirāṇṇam
- 2.22 cāhavarṇotpādakaṃ tatpārsvāpadmaṃ caturdaśasirāṇṇam
- 2.23 jajhavarṇoccāraṇahetukaṃ jatharāṇalāpadmaṃ caturdaśasirāṇṇam
- 2.24 ṇavarṇotpādakaṃ nābhīpradeśapadmaṃ viṃśatsirāṇṇam
- 2.25 ṭathavarṇotpādakaṃ nābhīpradeśapadmaṃ triṃśatsirāṇṇam
- 2.26 ḍaḍhavarṇahetukaṃ romaṛājīpārsvāgatapadmaṃ dvāvīṃśatsirāṇṇam
- 2.27 ṇavarṇādhārābhūtaṃ hṛtkamalaṃ triṃśatsirāṇṇam
- 2.28 tathavarṇotpādakaṃ stanadvayapadmaṃ pañcāśatsirāṇṇam
- 2.29 dadhavarṇotpādakaṃ kaṇṭhadeśapadmaṃ pañcāśatsirāṇṇam
- 2.30 navarṇotpādakaṃ grīvāpadmaṃ ṣoḍaśasirāṇṇam
- 2.31 paphavarṇotpādakaṃ bāhupadmaṃ ṣoḍaśasirāṇṇam
- 2.32 babhavarṇajanakaṃ prakoṣṭhapradeśapadmaṃ pañcāśatsirāṇṇam
- 2.33 mavarṇoccāraṇahetukaṃ sakalāśabdārthajñāpakam hastagatapadmaṃ
pañcāśatsirāṇṇam
- 2.34 yavarṇajñāpakam rasabandhanapadmaṃ dviśirāṇṇam
- 2.35 rephavarṇotpādakamoṣṭhapadmaṃ ṣoḍaśasirāṇṇam
- 2.36 lavarṇajanakaṃ vācaspatipradeśastham dviśirāṇṇam
- 2.37 vavarṇotpādakaṃ nāsikāgragatapadmaṃ catuśtriṃśatsirāṇṇam

- 2.38 śavarṇajñāpakam gandhavahapadmaṃ dvisirāvṛtam
- 2.39 śavarṇotpādakatāludvayapadmamekaikasiravṛtam
- 2.40 savarṇajñāpakamakṣipradeśagatapadmaṃ catuḥpañcāśatsirāvṛtam
- 2.41 havarṇotpādakam pakṣapradeśapadmaṃ dvisirāvṛtam
- 2.42 ḷavarṇotpādakamapāṅgadeśapadmaṃ dvisirāvṛtam
- 2.43 kṣavarṇajñāpakam dantapaṅktipradeśapadmaṃ triṃśatsirāvṛtam
- 2.44 rephotpādakam kapolapadmaṃ ravarṇadevatātmakam
- 2.45 sirāsyadoṣagatijātaśabdaḥ karṇayoḥ prapadyate
- 2.46 riktātirikṭātīpūrṇāssirā na vedhyāḥ
- 2.47 tāssirā marmāśayagā riktāḥ
- 2.48 sirāsrṅg vibhāgavidhiṃ jñātvā vimocayet
- 2.49 nīrujāvayavādīdṛśau pitarau
- 2.50 śuddhāśayaśuddhadoṣaśuddhānalaśuddhendriyaguṇahetukapārthivadravyaiḥ
prajāḥ prajāyante
- 2.51 śukraśoṇitasannipāto yoniḥ
- 2.52 yonyāmāvirabhūdajo vidhicoditaḥ
- 2.53 yāvadāhārānugūṇarūpavān bhavati
- 2.54 yāvadārogyadā rasā nivartakāḥ
- 2.55 yāvadabhyavahr̥tarasebhyo mātṛjaṃ pālayet
- 2.56 reto 'dhikātpituḥ putro bhavati
- 2.57 raktādhikānmātuḥ putrikā bhavati
- 2.58 dvisamo yatra ṣaṇḍo bhavati
- 2.59 ajo nānā jāyate
- 2.61 caturthe 'hni snāyāt
- 2.62 śuddhā patim vrajet

- 2.63 prajākāmāstāvatprayatnaṃ mithunaṃ tāvaddhetukam
- 2.64 dvicatuḥṣaṣṭhāṣṭadaśadvādaśe ‘hani jātāḥ putrāḥ taditare ‘hani jātāḥ putrikāḥ
- 2.65 prathamartau poṣakaṃ nivartakam
- 2.66 tadūrdhve ṛtau śoṣakaṃ tadanantaramapi śoṣakarasāḥ garbhābhivardhakā
yāvatkālopayogyāḥ
- 2.67 prathamadvitrimāseṣu madhurarasāḥ pavanaharā nivartakāḥ
- 2.68 catuḥpañcaṣṭsu māseṣu amlarasāḥ pittaharā nivartakāḥ
- 2.69 ṣaṣṭhāṣṭanavamāseṣūṣṇarasāḥ kaphaśoṣakāḥ pravartakāḥ
- 2.70 nivartyo vikāraḥ
- 2.71 āmavṛddhivikārassarvarogahetubhūtaḥ
- 2.72 tattaddravyaṃ tattatkāle tattadviṣaye tattannivartyeṣu nivartakam
- 2.73 nivartakam bheṣajam
- 2.74 doṣatrayahetukaḥ
- 2.75 sarvajantūnāmanāmapālanam nivartakam
- 2.76 vahnipravadhakadravyaṃ
yāvaccharīropavṛṇṇhaṇajāṭharānalapravadhakadravyam
- 2.77 tattadarthāssnehayogyāḥ pravardhakāḥ
- 2.78 viśuddhasnehamayaṃ nivartakam
- 2.79 aṅgāṅgasaṅgo ‘ṅgavilepanādaṅgāṅgavibhajanam vibhāti
- 2.80 antarvatnījanyajātavedā antarvatnīghṛtādanajanyaḥ
- 2.81 khecarāṇām janayatassaha sārpiṣā pakṣiśārīre
- 2.82 ārohaṇam gaganavartmasu vrajatām
- 2.83 ghṛtaplutānnādanādvāyustejoretāṃsi dadhāti
- 2.84 yogyadravyopayogairabhivardhate
- 2.85 edhante ‘smā ṛtavaḥ

- 2.86 annādbhūtāni jāyante
- 2.87 jātānyannena vardhante
- 2.88 adyate 'tti ca bhūtāni
- 2.89 tasmādannam taducyata iti
- 2.90 ghr̥taplutānnamantarvatnyāḥ pradāpayet
- 2.91 tasmātsvāvayavavibhavam dhātuvardhanam kurvatyaḥ prajāḥ prajāyante
- 2.92 tacchoṣakapoṣakadravyam tatra bheṣajam
- 2.93 evamuttarottarābhivṛddhirmāse māse
- 2.94 yāvadvārdhikāstatra bheṣajāḥ
- 2.95 sarpiṣā poṣyapoṣakāḥ
- 2.96 na poṣakakāle śoṣakāḥ
- 2.97 ṣaḍrasāsaptadhātupoṣakāḥ
- 2.98 raso hyasṛk
- 2.99 raso vai saḥ

3 Chapter 3

- 3.1 atha yogānuśāsanam
- 3.3 prakṛtipuruṣāntarmukhajñānagocarapratyayaprakṛtipariṇāmo yogaḥ
- 3.4 raja udrekaādashthiram bahirmukhātsukhaduḥkhaḥetuḥ
- 3.5 tama udrekātkṛtyākṛtyājñānātkrodhādhibhirniyamito mūḍhaḥ
- 3.6 sātvikodayātsukham
- 3.7 madhurarasānnādanādanusātvikaguṇahetukam
- 3.8 amlībhūtānnādanam rājasaguṇakārakam
- 3.9 kaṭukāstamoguṇahetukāḥ
- 3.10 mumukṣormādhuryam

- 3.11 āmlarasādanātsukhamekamanubhūyate
- 3.12 uṣṇaraso duḥkhānuṣaṅgātsukhaṃ janayati
- 3.13 tadā draṣṭusvarūpāvasthānam
- 3.14 sukhaduḥkhamohātmikādhyāstrayaḥprādurbhavanti
- 3.15 tadrajastaddhetuḡaṇabhūtajātam
- 3.16 yathāroḡanivartakāḥ śoṣakapoṣakāḥ
- 3.17 yogyayogo yogaḥ
- 3.18 cittavibhramo viparyayaḥ
- 3.19 atasminṡtaditi pratyayaḥ
- 3.20 pittādhikaikajātātpītaśśaṅkhaḥ
- 3.21 sā pratītiḥ pittaviruddhāhārajanyā
- 3.22 atinirīkṣaṇe doṣapramāyāṃ saṃśayo bhavati
- 3.23 atyantānimiṡadṛṣṭyā cakṣurindriyadoṣasambhavati
- 3.24 rajastamogūṇahetukadravyapariṇāmakāt pittādvibhramo bhavati
- 3.25 tadviṣaye cākṣuṣāṇyanubhūtārtheṣu
- 3.26 yāvadgarbhāśayasthaṃ piṇḡaṃ tāvaddravyaparipālanam
- 3.27 adoṣajātapiṇḡaṃ kvacinnivartayet
- 3.28 nimitte hi pathyaṃ bheṣajam
- 3.29 yāvadāhārapariṇāmajātāḥ kliṣṭāḥ
- 3.30 kliṣṭāḥ kleśāḥ, akliṣṭā akleśāḥ
- 3.31 yāvatprastutamaharaharbheṣajam
- 3.32 yāvadudbhūtaśoṣakagūṇajātā rujaḥ tattadudbhūtapoṣakadravyaṃ tatra bheṣajam
- 3.33 āmanissaraṇakāryaṃ kartavyam

- 3.34 yāvaddhātvaṅkurābhivardhakadravyābhāvajātarogāḥ
tatpoṣakasamṣkārayukta-snehādayo nivartakāḥ
- 3.35 mātūrāhārarasāhārajanitāvayavasthitarasāḥ pravartakāḥ
- 3.36 avikāraṃ nirīkṣyaināṃ mātṛjaṃ pāyayet
- 3.37 yogyadravyeṇa ca tānpoṣayet
- 3.38 yāvatstanyapāḥ tāvadbālakāḥ stanyapānam
- 3.39 bālayogyānivartakaṃ kuryāt
- 3.40 śrotrendriyācchabdajñānam
- 3.41 rasanendriyajanyabhramādāmavirasadoṣādikaikarasātsamśayavibhramau
bhavataḥ
- 3.42 ghrāṇendriyādgandhapratītiṣṭhā
- 3.43 śrotrendriyācchabdajñānam tathā
- 3.44 śoṣakadravyādhikyajātāsṛkpratibandhakapavanānalagatijātadoṣaviṣayaka-
viparyayaññānam
pramāpratibandhakahetukam
- 3.45 sārdradravyaṃ tatra bheṣajam
- 3.46 sasnehamārdraṃ kāryam
- 3.47 cākṣuṣapratīṭitarajanyabhinnaviṣayakajñānapramā pramāṇam
- 3.48 nirdoṣacakṣustatra janakam
- 3.49 cakṣurgṛhīṭalaiṅgikajñānam pramāṇam
- 3.50 bhramābhāvajanakamāptavacanamāgamah
- 3.51 doṣajanyajñānaviṣayako viparyayaḥ
- 3.52 śabdaprayogajanitajñānapratītiṣṭhā vikalpāḥ
- 3.53 sadasatsambandhavivekavidhirahitajñānaviṣayakam
- 3.54 abhāvapratyayāvalambanā vṛttiḥ nidrā
- 3.55 sā pratītiḥ tiktakaṭurasavaddravyādanādbhavati

- 3.56 pramāṇenānubhūtārthāsampramoṣaḥ smṛtiḥ
- 3.57 madhurasapariṇāmājjātasātvikodayāt so 'yamiti vyapadeśaḥ
- 3.58 itarendriyayogavirāmo 'ntarniyamito 'bhyāsaḥ
- 3.59 viśayavirāgataḥ pravāhotsāhāt punaḥpunarabhiniveśanaṁ vairāgyam
- 3.60 drṣṭānuśrāvika viśayatṛṣṇāvaśīkaraṇasaṁjñāstathā
- 3.61 tābhyāṁ cittavṛttinirodhaḥ
- 3.62 yāvaddhātusirādisaṅcaratprāṇāpānavyānodānasamānānilanirodhanam
bhramahetukam
- 3.63 āsanna viśayakajñānahetukāntarātmāntaḥkaraṇayogābhyāsaśāt
pavananirodhanādarogī sa cirāyurbhavati
- 3.64 tasmātprāṇādipaṅcakaphalībhūtaṁ kāryam
- 3.65 adṛṣṭenendriyeṇātmā manasā saṁyujyate
- 3.66 sarvadhātavaḥ satvavaśaṁ gatāḥ
- 3.67 yatkāle yadyoge yathāvidhi phalapradāḥ prajāḥ prajāyante
- 3.68 tatsaṁyogajātadhātavaḥ pravartakāḥ (yāṁ kāmayeta duhitaraṁ priyā syaditi |
tāṁ niṣṭhāya dadyāt | priyaiva bhavati | sa na tu punarāgacchati)
- 3.69 strīpūṁsāvātmabhāgau bhinnamūrtessirīkṣayā
- 3.70 prakṛtipuruṣau pitarāviti smṛtau
- 3.71 vṛttivyavahitasvarūpaniṣṭhamana utsāhātpunaḥpunarabhiniveśanaṁ
yogābhyāsaḥ
- 3.72 ādarātīśayodbhūtabhūyobhūyonirīkṣāyogādiṣu bhūmiḥ
- 3.73 tāṁ niṣṭhāya dadyāt
- 3.74 priyaiva bhavati
- 3.75 neha punarāgacchati
- 3.76 aihikāmuṣmika viśayānubhāvayabhogaikanāśyamiti jñānaṁ vairāgyam
- 3.77 aviśayānandātmakanairantaryajñānānandahetukaṁ vairāgyam

- 3.78 tasmāddhātavastadrogabhūmyāvaṣṭambhāḥ
- 3.79 bhogāyatanam śarīram
- 3.80 tatparamapuruṣakhyāterguṇavaitṛṣṇyam
- 3.81 yāvadindriyaviṣayajñānānam yadārthollekhibhāvanā kriyate savitarkaḥ
- 3.83 antaḥkaraṇadharmāvacchinnaviṣayāvalambitadeśakālabhāvanāyogaḥ savicāraḥ
- 3.84 asmindeśakāladharmāvacchinnadharmamātrāvabhāsanam nirvicāraḥ
- 3.85 sukhaprakāśodrekāccicchaktiviṣayakassa ānandaḥ
- 3.86 asmingrāhyasatyasattāmātraviṣayakatvena samādhiḥ sā smṛta
- 3.87 madhuraraso rasāsṛggatapavanāvikṛtamadhupravāhotsāhodayaḥ pūrayan
aṅguṣṭham ca samāśritaḥ
- 3.88 tatra sthitakālā daśadalakamalam vikāsayantī pracialati
- 3.89 aṅguṣṭhamātraḥ puruṣo 'ṅguṣṭham ca samāśritaḥ
- 3.90 īśvarassarvasya jagataśśarīram vahati
- 3.91 mūlādhāramādibhūtam sakaladhātupoṣakam
- 3.92 sirāpathagatapavanaśśirāḥkamalasthāmṛtamāharansiñcati
- 3.93 śarīrāṅkuraśākhānāmādibhūtam tathā
- 3.94 tattadadhiṣṭhānavarṇadevatānām sirāmārgagatāmṛtam poṣakam
- 3.95 tatpādapadmādhāre saritpravahati
- 3.96 māṃsānusṛtasirāmārgagatapavanena kalāḥ pūrayan amṛtam secayet
- 3.97 māṃsānusṛtasirābhāvāssanti
- 3.98 dvisahasrasirāśākhāvat pādapadmamūlakam
- 3.99 saptadhātumayaḥ śarīram

4 Chapter 4

- 4.1 gatāgatāmṛtavaśādāgatasamādhikriyayā yogasānnidhyam
- 4.2 tīvrasaṃyogākhyāmāsannaḥ samādhiḥ
- 4.3 saṃvegaḥ kriyāheturdr̥ḍhatarasaṃskāraḥ
- 4.4 gatāgatopāyabhedavatām samādhiphalaṃ cāsannam
- 4.5 mṛdumadhyātimātratvāttato viśeṣaḥ
- 4.6 mṛdumadhyātimātrā ityupāyabhedāḥ
- 4.7 mṛdusaṃyogo madhyamasāmyogastīvrasaṃyogaśca
- 4.8 tridhā bhedanena vāyornavayogino bhavanti
- 4.9 pañcadaśakamalaṃ jaṅghādeśagataṃ sahasrasirādhārakaṃ
pañcāśanmarmagatam
- 4.10 gatāgatasamskāropakārapavanayogassamādhiḥ
- 4.11 īśvarapreritaceṣṭāśrayaṃ hitāhitakāryoddeśyaviśayapravartakaceṣṭāśrayaṃ
śarīram
- 4.12 śuddharasāhārajanyadhātupreritasirāgatapavanavaśaccalanātmakam
- 4.13 jaṅghāpadmapoṣakāmṛtapravāhapaṇiṇāmāyogavaśaccalati
- 4.14 lavaṇarasajanyapavanayogarasappravartaka kleśakarmavipākāśayāparāmṛṣṭaḥ
puruṣaviśeṣa īśvaraḥ
- 4.15 srotomārgasirātriśatadharāṣṭādaśaḍapadmaṃ pratītigamanāgamana
ceṣṭāśrayaṃ bhavati
- 4.16 svādvamlalavaṇarasajanyānilasirayā pūrayan jaghanapadmaviśayaṃ pracalati
- 4.17 svādurasavirasadravyādanādajīrṇādāmāmbuvṛddhirudaraṃ jāyate
- 4.18 svādurasavadvirecanadravyaṃ tatra bheṣajam
- 4.19 śanaiśśanaireva recayet
- 4.20 pavanādyaprakopādagnerbalaṃ poṣayankriyākramaḥ

- 4.21 virasadravyādanājīrṇajanyasirāmārgasthitapavanavigatyā sirārasātiprasravaṇād
ajīrṇādāmāmbuvṛddherudaraṃ jāyate
- 4.23 pavanaprakopahetukarūkṣātīśītālalaghvatedanāruci-
vivarṇavirasāsyatandrāmūrchādāhabhramatrṣṇājvarātisārāṅgapītatvaṃ
pittaprakopodarāmayahetukam
- 4.24 śvāsakhāsabhramavidāhatimiratvakpalitatanuretodhātusirājātarasaḥ kaphaḥ
kaphaṃ karoti
- 4.25 pavanapittaprakopajanakadvitirāsajātānusarita
uktobhayalakṣaṇagrasta-vātapittodarāmayo jñeyaḥ
- 4.26 kaphapittaprakopajanakadvitirāsajātānusaritatattallakṣaṇalakṣitakapha-
pittodarāmayo jñeyaḥ | kaphavātodarāmayam
dvitirāsajātānusaritobhayalakṣaṇa-jñānajanayakaphavātāmayam vidyāt |
rasāsṛīmāṃsamedovikārajanakadvitirāsānusarita-
tattallakṣaṇajñānagocarapavanapittakaphodarāmayo
dussādhyah
- 4.27 krimijanakapliḥodarāmayastathā
- 4.28 kaṭvamlalavaṇarasavaddravyādanajātamalamārgāvarodhanāt
tatsirārandhramārgagatordhvahr̥tparipūraṇapavanaprakopanāt
pāṇḍuśophavisarparukprado bhavati
- 4.29 bhramavamipipāsācharditr̥ṣṇāmūrchāntarvidāhāṅgaspandanārucipāṇḍutā
pittapāṇḍuśobhalakṣaṇam | pādajānujaṅghrorukaṭipr̥ṣṭhabījapārśvāti
vyathātisāra-rūkṣatātīśītasarvāṅgaspandanaṃ pavanaśobhapāṇḍulakṣaṇam
- 4.30 śvāsakhāsanāsākṣipakṣmakarṇakapoladantārtipīnasaśīrastodanaṃ
pāṇḍuśobhavisarpāmāyalakṣaṇam
- 4.31 bāhyaviṣagrastavaddhātudūṣakāḥ
- 4.32 vātapittarasavirasadravyasaṃsargajātavātagatirodhanādrasāsr̥gdhātuvidūṣaṇat-
tvakpāliyaṃ
pāṇḍurogahetukam
- 4.33 hr̥di sthitāmapittaviṣasāraṃ pādapadmaśoṣakam
avarṇabodhakacatuṣtriṃśatsirāsaṃsargavaśādamṛtapravāha-
rodhanātpavanajanyāmayāḥ
pravardhante

- 4.34 amṛtapravāhālavālopaḥjīvyāvāṇḍobodhaka
sarandhrakābhyantaradharaṣaṭsirāmapittaviṣasāragrasanam
pavanaprakopahetukam
- 4.35 sirāmārgagatapavanamāṁsadhātvanusṛtajānujaṅghorubījapārsvapadmagata i,
u, ṛ, e, o, ai
vaṇḍobodhakasarandhrakābhyantaradharasirāmārggatatapanagati-
nirodhānādanilaprakopo
bhavati
- 4.36 tatsirāmārggatatapanaprakopabhedādhiṣṭhānopādhibhedātpavanavikāra-
bhedaḥ | āmapittaviṣasavirodhiddravyam
bheṣajam
- 4.37 pūrvasmāddviguṇam pṛthutayā bhāti
- 4.38 trisahasrasirāhetukam madhurībhūtam jvalayati
- 4.39 prajotpādakahetubhūtam bhavati
- 4.40 madhurarasādanādasṛghāturbhavati
- 4.41 āmlarasādanam māṁsadhātupradam bhavati
- 4.42 lavaṇaraso medodhātupradaḥ
- 4.43 ādyadvidhātusāram jaṅghāpadmahetukam
- 4.44 tiktarasābhivardhitam medodhātusthitadaśadalapadmaṁ kaṭipradeśagatam |
sahasrasirādāgatāmṛtam tasya tatpoṣakam | tiktarasādhikakaphapradeśāmṛtam
tatra doṣajanyam | piṅgalāmārgādāgatapavananirodhanam subheṣajam
supoṣakam
- 4.45 bahiḥ pavanam recayet tameva pūrayet
- 4.46 tasmāccirāyurbhavati
- 4.47 candrakalāyatamarutpracoditapadmaṁ mukulībhavati | sūryakalāgatapavanād
vikasati
- 4.49 ṣaṭkamalānāmādibhūtam mūlādhārakam
- 4.50 tiktoṣaṇarasapradānajanyamedomajjādhārakadaśadalapadmaṁ sahasrasirād
āgatāmṛtam tatra siṅcati

- 4.51 idāpiṅgalāgatāmṛtaṃ siṅcati
- 4.52 sarvārthānāṃ hetubhūtānāṃ sarvasukhasādhakam
- 4.53 prakṛtipuruṣayoraikyam bhavati
- 4.54 pāṛthivāvayavādhikyopalabdhiryatra tatsāraṇam pāṛthivaguṇam
- 4.55 ekadoṣanivartakam yāvattadekasāraṇam
- 4.56 abdravyāvayavādhikyajanyasvādurasopalabdhiryadyattattatsāraṇam
- 4.57 ye ye śārīrāssamadbravyātmakāḥ tatra tatra kiṃciducitasvādurasāḥ
- 4.58 tatpavananivartakam subheṣajam
- 4.59 analadravyāvayavādhikyajātādhikarūpopalambhakayāvādrasavadravyam
tatsāraṇam
- 4.60 gaganadravyādhikaśabdaguṇopalambhakatvam pramāṇam
- 4.61 tiktoṣaṇakaśāyarasāḥ rasāsṛṇmāṃsamedobalapradāḥ
- 4.62 recakapūrakadhārakebhyo vikasati
- 4.63 liṅgayonisamyogācca prajāyā paśubhiḥ prajānam prajāyate
- 4.64 pṛṣṭhajaṅghrāśīśnopasthadeśabhedātsvarādayaḥ prabhavanti
- 4.65 kaṭipradeśagataṃ kāyādhāraṇam
- 4.66 nābheradhassthitam kuṇḍalyādibhūtam pañcasahasrasirāvr̥tam
śatadaḥpadmaṃ prajāyate

5 Chapter 5

- 5.1 nābheradhasṭādūrdhvam hr̥di sthitavātapittakaphadoṣāssamastā asamastā
asamagrā anyonyam te āmayotpādakāḥ
- 5.2 yatrasthā ye rasāstattadudbhūtajātāste dhātupoṣakāḥ
- 5.3 dvirasārtharasahīnārthahīnārasavānanilanivāraṇaḥ
- 5.4 madhurātimadhuṛam kramādvātapittaghnaḥ kapham kurutaḥ
- 5.5 āmlātyāmlau ca tathā

- 5.6 lavaṇaṃ pavanaṃ hanti | kaphapittakaraṇaṃ
- 5.7 hīnādhikalavaṇarasah kaphapavanaṃ hanti pittaṃ kurute
- 5.8 tiktaḥ kaphapittaṃ hanti mārutaṃ kurute
- 5.9 kaṭu kaphaṃ hanti | vātapittahetukam
- 5.10 kaṭukātikaṭukaḥ kaphānilaṃ hanti | pittaṃ kurute
- 5.11 kaṣāyaḥ kaphapittaṃ hanti | mārutaṃ kurute | hīnādhikakaṣāyaḥ
kaphamārutaṃ hanti | pittaṃ kurute
- 5.12 doṣe tridoṣahetvanyahetukavikāraviruddhayāvadrasaikabhāvātmakaikarasādiḥ
nivartakaḥ
- 5.13 rasādidravyasārajāssakalāmayanivartakāḥ
- 5.14 adoṣadhātupoṣakasārakam
- 5.15 pakvāmāśayagāḥ pavanādyāḥ svādukaṣāyakaṭukaistiktāmlavaṇaiḥ
kālapākajayogyaiḥ dhāraṇarecakātmakadravyairvividhaiḥ dvividhāmāyāḥ
pravardhante
- 5.16 bhūguṇau gurumandau | snigdhamāṇāḥ | ślakṣṇasāndratarāgneḥ |
mṛdusthitā gurumārutaḥ | sukṣmaviśadā viyataḥ | viruddhaviṣayakāḥ
pratīkāraḥ | deśadehakāladravyakarmanāṃ yathāyogo yāvadrogapātakaḥ
- 5.17 svasthāsvasthāssāmajāmāyāssadoṣagā vidoṣagāḥ
- 5.19 dehadeśakāladravyakarmanāṃ yathāyogakaraṇaṃ yāvadroghātakam
- 5.20 virasaviṣamapacana-jātadvidoṣaikavidhadhātumārgagā dvidoṣagāḥ
- 5.21 caramarasapacatarogastridoṣagāḥ
- 5.22 yāvādādoṣapacanaṃ nirvitarkaṃ
- 5.23 yāvaddhātuprasādādhīno doṣapacana-kālaḥ
- 5.24 viruddharasajātayāvaddhātvadhirohaṇādekadhātukaḥ
- 5.25 rasājīrṇavirasādhikaviruddharasajadoṣādhikaikavaśābhibhūtassvasthānacyuto
bahirujjvalayan jvarassāmajātāḥ
- 5.26 viṣamarasapacanasavirasādiyāvaddhātuprasādādhīno doṣapacana-kālaḥ

- 5.27 ekamekaadhātugatāssusādhyāḥ
- 5.28
dvīrasadvīdoṣapracāramāṃsamedonugatarasapradhānaikadoṣapacanaadvīdoṣajā
dussādhyāḥ
- 5.29 evamanyonyadoṣajātāśca
- 5.30 dvīrasādhikaikajātatrīdoṣarasarūpānugūṇarogā asādhyāḥ
- 5.31 evamekadhātugatāścāsādhyāḥ
- 5.32 adoṣāssadoṣāssamadoṣāssaruḥ rujan
- 5.33 te trayo doṣa hetubhūtāssaptadhātava iti
- 5.34 sānilānānilādhikānilarūḥṣaḥhubhāvito rasāsr̥ggataḥ
- 5.35 pittāśrayāttadadhīnapittamāṃsamedonusarannasthimṛdukārakaḥ
- 5.36 mandoṣṇādisamadoṣādhikākṣīṇavṛddhiguṇakāsthimajjāmedo 'dhiṣṭhitāḥ
- 5.37 adoṣadhāturasānusārānūsarāsthīrasapacanacaramadhātupracārakāḥ
- 5.38 bhūtapūrvapadārthajātadhātuhetubhūtānalasamarasapacana-
viruddhārtharasapākayogād-viparyaya
- 5.39 ṣaṭkamaḥlānāmādhībhūtaṃ mūlādhāraḥ
- 5.40 idāpiṅgalāpūritānilatatsarāgatāmṛtaṃ siñcati
- 5.41 pr̥ṣṭhorūdaraṇghāśīśnopasthadeśādyairabhivardhate
- 5.42 nābheradhassthitāṃ kuṇḍalyādhībhūtaṃ śatadalapadmaṃ
pañcasahasrasirāvṛtaṃ saroruhamaḥjāyate
- 5.43 jātarāgnerālavālakatayā bhāti
- 5.44 madhurarasaṃ pracālayan śukladhātusthāne svatejasā bhāti
- 5.45 āmlarasaṃ vipācayan mahhādadhātusthāne svatejasā bhāti
- 5.46 lavaṇarasaṃ vipācayan asthidhātusthāne svatejasā bhāti
- 5.47 tiktarasaṃ vipācayan medodhātusthāne svatejasā bhāti
- 5.48 ūṣaṇarasaṃ vipācayan māṃsadhātusthāne svatejasā bhāti

- 5.49 kaṣāyarasam vipācayan rasāsrghdhātusthāne svatejasā bhāti
- 5.50 sakalarasādhārādibhūtaṁguṣṭhadalaṁ nābhipadmādhiṣṭhitam trikoṇam
nāma saroruhamaṁjāyata
- 5.51 tasmāttanurajāyata | tasmācchākhāśśārīre bhānti
- 5.52 tajjanyāmṛtam tapoṣakam
- 5.53 acalo 'jo manoviṣayakah
- 5.54 tadjñānam tatpuruṣārthakam
- 5.55 sātvikadravyādanam tadbodhakam
- 5.56 itarārthādanāttanna bhāti
- 5.57 rajastamogunau ātmajñānapratibandhakau
- 5.58 sarvārthānām hetubhūtam śarīram
- 5.59 so 'jassamam paśyati
- 5.60 sa sarvānnamatti
- 5.61 tatpoṣakocitarasāstacchākhāphalakāṇḍatatpoṣakāḥ
- 5.62 prātaḥpūrvāhṇādanai rasavikāram nirīkṣayet
- 5.63 viśṛṣṭaviṇmūtrādvimalāśayaḥ
- 5.64 arogasyāśayāssarvaśarīrasādhakāḥ
- 5.65 rasāśayassāśayassarvāśayo vā śarīrī
- 5.66 ṣaṭpañcāśadvasumatīkalā hṛddeśā bhānti
- 5.67 nābhyāmudbhūtajātāḥ pañcāśatprabhāḥ pravibhānti
- 5.68 tadūrdhvānale dvāṣaṣṭimayūkhāḥ pratibhānti
- 5.69 catuḥpañcāśatkukṣau pavananiṣṭhāḥ prabhāḥ prapadyante
- 5.70 tadūrdhvaṁ viyadgatā dvāṣaṣṭiprabhāḥ prakāśante
- 5.71 śrotranetranāsikāmadhyagatamanassu mayūkhā vikasanti
- 5.72 tadūrdhvakāyāntassthitasahasrāre padme śuklarūpadvayaṁ yatra pratibhāti

- 5.73 kṣityādimano 'ntāḥ ṣaḍṛtava iti
- 5.74 ṣaḍrasāssamarasāstāḥ kalārūpāḥ kalākhyāḥ pratyahaṃ pradṛśyante
- 5.75 kṣitimabbhaktakalāḥ puṣṇanti
- 5.76 āpo 'nalapoṣitāḥ
- 5.77 anilādanalāḥ
- 5.78 analādākāśaḥ
- 5.79 anantaraṃ manaḥ
- 5.80 mano yugātmetyabhidhīyate
- 5.81 ebhirāvṛttaṃ śarīraṃ
- 5.82 ṣaṭpadārthajātāṣṣaḍrasātmakāstattaddravyādeśā ityupadeśaḥ
- 5.83 tattadrasānāsvādya viraktamanojaḥ anyonyamanyonyamanubhūyate
- 5.84 svatassvayamevaṃvit
- 5.85 tattallokātpretya etamānandamayamātmānamupasaṅkrāmati
- 5.86 etaṃ vijñānamayamātmānamuppasaṅkrāmati
- 5.87 etaṃ manomayamātmānamupasaṅkrāmati
- 5.88 imānlokāṅkāmarūpyanusamcarannetatsāma gāyannāste
- 5.89 ūrdhvādhastiryaṇmayūkhānalo bhavati
- 5.90 tacchākhāgravirāṭpuruṣassarvamaśnute
- 5.91 anāmapālanamanāmayahetukam
- 5.92 dhātupoṣakamānandahetukam
- 5.93 rasadravyavijñānamānandahetukam
- 5.94 tadanyonyasaṃyogajñānapūrvakamātmāsvārūpavijñānamānandahetukam
- 5.95 vijñānasāmagrī ātmamanoviśayapūrvakaṃ tattadviśayavijñānasyāśrayavān
bhavati
- 5.96 rogapāpavisarjanaṃ sāśrayasthitasthāpakam

- 5.97 tābhyāmadhibhūtaṃ abhayadaṃ sarvaśarīradhāraṃ dhātulakṣaṇaṃ
- 5.98 ivartyanivartakaviśayaavidhiṃ jñātvā viśaye napramattaṃ
sādhyāsādhyavidhiniśedhajñānapūrvikā kāryā cikitsā
- 5.99 ekaikaśarīradravyabhedamekaikabheṣajam
- 5.100 pṛthivyudbhavaḡuṇo ‘mlarasavannirasadravyayośśośakapośakaḡ
- 5.101 abbhūtaguṇo gatarasavannirasadravyayośśośakapośakaḡ
- 5.102 tejobhūtodbhavāvūṣaṇarasāntarhitalavaṇoṣaṇarasau
ambupavanayośśośakapośakau
- 5.103 pavanabhūtodbhavaḡ
sakalarasāvagatasparśayogyadravyarasāpahṛtarasādikīrṇarakta-
rasassakaladoṣanivartakaḡ
- 5.104 gaganabhūtodbhavatacchāyātmabhūniṣṭhatiktarasādhīnānilānaḡmaruja
ākāśādhīnakaṣāyarasā yāvatsarvadoṣasthāmayāpahāḡ
- 5.105 yāvaddhātupośakadravyādanāttattadroḡanivartakaḡ
- 5.106 viśayaviśayāṇāmātmābhīdhātānmārutodrekaḡhetukam
- 5.107 adanābhīdhātajarjo ‘danābhīdhātahetoradanajāmanivartakanivṛttiḡ
- 5.108 dussādhyā abhīdhātajāḡ
- 5.109 sirānivartakāśśarīranāśakāḡ
- 5.110 antyakālavyaśanādabhīdhātaja iti
- 5.111 kṣayārśogulmanetrarukpravacanahetukam
- 5.112 dehaśośāddehapākāddehasāro ‘tisarati
- 5.113 svādurasāśśuklapośakaḡ
- 5.114 svādurasavirasaśśuklaśośakaḡ
- 5.115 amlaraso majjāpravardhakaḡ
- 5.116 amlarasavi so majjāhīnatāpradaḡ