

# Amala Someshwar

PhD Candidate

University of Oregon  
Department of Psychology,  
Straub Hall, 1451 Onyx St,  
Eugene OR 97403  
asomeshw@uoregon.edu  
+1(617)-818-7436

## EDUCATION

---

2021-present

**University of Oregon**, Eugene, Oregon

PhD Candidate

- Advisors: Sara J. Weston, PhD and Jennifer H. Pfeifer, PhD

Dec 2022

**University of Oregon**, Eugene, Oregon

Master of Science in Psychology

- Advisors: Sara J. Weston, PhD and Jennifer H. Pfeifer, PhD

2014-2018

**Bryn Mawr College**, Philadelphia, Pennsylvania

Psychology AB degree

- Advisor: Marc Schulz, PhD

## RESEARCH INTERESTS

---

- Social environment of adolescents
- Adolescent mental health
- Interpersonal perception (personality, behavior, and communication)
- Longitudinal modeling
- Adolescent personality structure
- Dyadic relationships during adolescence

## SKILLS

---

- Neuroimaging data analysis software including NetStation, SuperCoder, and MatLab
- Statistical software including Excel, R, SPSS, Amos, and INTERACT
- Data cleaning and analysis
- IRB Protocol
- Manuscript writing
- Observational coding
- Student supervision
- Graphic design
- Teaching statistics
- Languages: English, French, and Kannada

## RESEARCH

---

Aug 2019 – Feb 2023 *Research Coordinator*

**Boston Children's Hospital**, Boston, MA

Responsible for ensuring smooth running of the Bangladesh Early Adversity Neuroimaging (BEAN) project. My role included managing the processing of all neuroimaging data (fNIRS, EEG), IRB management, thinking through project logistics and expansion details, including the introduction of new tasks, training and supervising undergraduate students, and data processing using NetStation, SuperCoder, and MatLab.

July 2018 – Apr 2020 *Research Assistant*

**National Institute of Mental Health & Neurosciences and National Centre for Biological Sciences**, Bangalore, India

Helped design three studies: Adverse childhood events (ACE) and onset age, ACE and sibling comparison, and the psychopathology of 'unaffected' individuals in a family with a history of mental illness. Co-authored a paper utilizing data of the "Accelerator program for Discovery in Brain disorders using Stem cells" project. My role included co-conceptualizing the study frameworks, data cleaning and analysis, literature review, and manuscript writing. Also worked in a clinical setting, observing and interacting with patients, twice a week.

May 2017 – May 2018 *Research Assistant*

**Institute for Immigration, Globalization, and Education, University of California, Los Angeles**, Los Angeles, CA

Observed and coded classroom interactions using INTERACT, a mixed-methods coding software. Designated Master Coder for reliability analyses and helped run Kappa weekly. Led preparation of a codebook and training manual for training future coders in the lab.

Summer 2015

*Research Assistant*

**Children's National Medical Center**, Washington DC

Conducted research and documented health surveys from over 150 US colleges for a study focusing on impacts of transition between high school and college and change in healthcare provider on individuals with eating disorders.

Sept 2017–May 2018 *Undergraduate Researcher*

**Bryn Mawr College**, Bryn Mawr, PA

Senior research thesis "War, What Is It Good For?: Examining Marital Satisfaction and Stability Following World War II," on how service and non-service in World War II impacts marital satisfaction, using Harvard Study of Adult Development data. Data cleaning and analysis was done using SPSS and Amos. Thesis advisor: Prof. Marc Schulz.

## TEACHING

---

June 2023–Sept 2023 *Graduate Teaching Initiative Participant*

**University of Oregon**, Eugene OR

Participating in the UO Teaching Engagement Program's Graduate Teaching Initiative. Completing a series of requirements and earning an advanced certificate.

June 2023–Sept 2023 *Instructor of Record*

**University of Oregon**, Eugene OR

Instructor for Developmental Psychology intro course. Created syllabus, lesson planned, lectured, held office hours, and graded coursework.

March 2023 – present *Statistics Lab Instructor*

**University of Oregon**, Eugene OR

Lectured in lab for intro research methods and statistics. Hosted office hours, and graded coursework.

Sept 2021 – present *Graduate Teaching Fellow*

**University of Oregon**, Eugene OR

Assisted in lecture and seminar undergraduate courses by grading coursework, hosting office hours, organizing discussion groups, and creating quizzes and exams.

Sept 2021 – present *Guest Lecturer*

**University of Oregon**, Eugene OR

Guest lectured in both a Developmental psychology course as well as a Social Development course.

June – Aug 2024 *Solo Instructor of Record*

**University of Oregon**, Eugene OR

Instructor for the Socialdevelopmental Psychology 400–level course. Created syllabus, lesson planned, lectured, held office hours, and graded coursework.

Sept 2024 *Panelist*

**University of Oregon**, Eugene OR

Was invited to be on the Teaching Insights Panel for GE Day of Teaching.

## WORK EXPERIENCE

---

March 2024–present *Statistics Consultant*

**Society for Personality and Social Psychology**, remote

Writing code to automate process of creating descriptive statistics tables and graphs from demographic data. Training staff on using this code.

June 2015–June 2022 *Trained Volunteer*

**7 Cups of Tea**, remote

Trained volunteer for emotional distress hotline (similar to a suicide chatline). Specifically, qualified to work with adolescents.

Sept 2015 – May 2018 *Teaching Assistant*

**Phoebe Anna Thorne School**, Bryn Mawr, PA

Worked with children (ages 2–5). Helped create a learning environment focused on building self- confidence, creativity, and strong inter-personal skills.

Summer 2016

*Intern*

**Preschool Intervention Program**, Norristown, PA

Created lesson plans on therapy interventions for children with trauma experiences. Interacted with therapists, children (aged 2–7) as well as young parents of the children with various psychiatric conditions, including autism spectrum disorders, anxiety, and trauma disorders, as well as more general behavior and developmental delays.

## CLINICAL EXPERIENCE

---

Jan 2022–present

*Clinical Interviewer*

**University of Oregon**, Eugene, OR

Conducting exhaustive diagnostic interviews for adolescent girls. Managing risk and confidentiality between participant and caregiver. Supervised by Dr. Nick Allen and Dr. Melynda Casement.

Jan 2022– Nov 2023

*Parent Coach*

**University of Oregon**, Eugene, OR

Employing an evidence-based intervention (Filming Interactions to Nurture Development) using personalized video stimuli with parents to promote serve and return interactions. Supervised by Dr. Philip Fisher and Kyndal Yada.

## MENTORSHIP

---

April 2024–present     *Advisor for Honors Thesis Student*  
**University of Oregon**, Eugene, OR

Am the primary advisor for an honors thesis student. Help guide writing the thesis and conducting analyses.

## PUBLIC OUTREACH

---

April 2025     *Classroom Outreach*  
**North Eugene High School**, Eugene, OR

Feb 2025     *Classroom Outreach*  
**Ridgeview Elementary School**, Springfield, OR

July 2024     *Student Academy to Inspire Learning Program Coordinator*  
**University of Oregon**, Eugene, OR

Feb 2024     *Classroom Outreach*  
**Yujin Gakuen Japanese Immersion Elementary School**, Eugene, OR

Sept 2022, Oct 2023     *Classroom Outreach*  
**North Eugene High School**, Eugene, OR

May 2023     *Classroom Outreach*  
**South Eugene High School**, Eugene, OR

Feb 2023     *Classroom Outreach*  
**Yujin Gakuen Japanese Immersion Elementary School**, Eugene, OR

July 2023     *Student Academy to Inspire Learning Guest Lecturer*  
**University of Oregon**, Eugene, OR

Taught middle school students about personality. Created an engaging and interactive lesson.

## PUBLICATIONS

---

**Someshwar, A.**, Weston, S. J., Schacter, H. & Pfeifer, J. (under review). Daily Positive and Negative Close Friendship Experiences in Adolescent Girls: Links to Daily Mental Health Symptoms

**Someshwar, A.**, Weston, S. J., Beck, E. D., Robins, R. (in progress) Do parents and children agree?: A longitudinal study of discrepancies in perceptions over time

Turesky, T. K., Shama, T., Kakon, S. H., Haque, R., Islam, N., **Someshwar, A.**, ... & Gaab, N. (2021). Brain morphometry and diminished physical growth in Bangladeshi children growing up in extreme poverty: A longitudinal study. *Developmental cognitive neuroscience*, 52, 101029.

**Someshwar, A.**, Holla, B., Pansari Agarwal, P., Thomas, A., Jose, A., Joseph, B., ... & Viswanath, B. (2020). Adverse childhood experiences in families with multiple members diagnosed to have psychiatric illnesses. *Australian & New Zealand Journal of Psychiatry*, 54(11), 1086–1094.

Mahadevan, J., **Someshwar, A.**, Holla, B., Agarwal, P. P., Nadella, R. K., Sreeraj, V. S., ... & ADBS Consortium. (2019). Impact of family history density and adverse childhood experiences on age of onset of psychiatric illness in multiplex families. *European Neuropsychopharmacology*, 29, S239.

Someshwar, J., **Someshwar, A.**, & Tuchman, L. (2016). College Screening Practices for Eating Disorders: A Content Analysis of College Entry Health Forms. *Journal of Adolescent Health*, 58(2), S27–S28.

## POSTERS

---

**Someshwar, A.**, Condon, D.M., Weston, S.J. (2023). Exploring Personality Development during Adolescence: Structure, Stability, and Gender Differences. Association for Research in Personality 2023.

**Someshwar, A.**, Weston, S.J., Pfeifer, J.H. (2023). Does how we view our friendship matter?: Global vs daily friendship perceptions and internalizing symptoms in adolescence. Society for Research on Adolescence 2023.

## AWARDS

---

2024	<i>Marthe E. Smith Memorial Science Scholarship, University of Oregon</i>
2024	<i>Clarence and Lucille Dunbar Scholarship, University of Oregon</i>
2017	<i>First Year Merit Award, University of Oregon</i>
2022	<i>The Leadership, Innovation and Liberal Arts Center of Bryn Mawr Fellowship Award</i>