

A black and white photograph of a man and a woman jogging on a paved path. The woman is in the foreground, slightly to the left, wearing a dark t-shirt and shorts, with her right arm bent and hand near her shoulder. The man is behind her, wearing a dark t-shirt, shorts, and a cap, also with his right arm bent. They are both looking forward. The background shows trees and foliage.

# SPEED SERIES

POWERED BY

**2XU**

AYALA TRIANGLE, MAKATI  
MAY 17 | 6:30AM

#2XUSPEEDSERIESASIA



## WHY JOIN 2KM SPEED SERIES

### WHAT IS IT

- A fast, high-energy 2KM speed-focused race challenge designed to test pacing, power, performance and mental toughness

### WHO IS IT FOR

- Everyone — from beginners and fitness runners to competitive athletes and running clubs.

### WHY JOIN

- Challenge your personal speed in the Individual Race, or compete with your team in the 4-Member Relay where strategy and teamwork decide the winner.

**It's short enough to be intense... yet long enough to push your limits.**

**This is not just a run — it's a speed challenge.**



# MECHANICS

## TEAM

- The Relay Category is designed to highlight team strategy, speed, and club pride.

### **2KM Relay – 4 ATHLETES per Club / Team**

**Teams of four athletes complete a total of 2 kilometers, with each runner covering 500 meters. The race emphasizes speed, teamwork, and smooth transitions — where every second counts.**

#### ***Team Composition***

4 athletes

must belong to the same running club / CREATE A TEAM

Teams must confirm lineup before the race



#### ***Race Distance***

Total Team Distance: 2 Kilometers

Distance per Runner: 500 meters each

Each athlete runs one 500m leg before passing to the next teammate.



#### ***Relay Mechanics***

##### **TEAM SPEED STRONG CHALLENGE**

Runner 1 starts the race and completes 500m

Inside the exchange zone, Runner 1 tags/passes to Runner 2

Runner 2 runs 500m and hands off to Runner 3

Runner 3 runs 500m and hands off to Runner 4

Runner 4 finishes the final 500m and crosses the finish line

⌚ The timer runs continuously from start until the last runner finishes.



# SPEED SERIES OFFICIAL POINT SYSTEM

## INDIVIDUAL SPEED SERIES POINTS

Placement	Points
1st	15 pts
2nd	12 pts
3rd	10 pts
4th	8 pts
5th	6 pts
6th–10th	4 pts
Finishers	2 pts

Every finisher contributes to the club score.

## TEAM SPEED SERIES POINTS

Placement	Points
1st	30 pts
2nd	24 pts
3rd	18 pts
4th	14 pts
5th	10 pts
Finishers	5 pts

### Participation Points (GAME CHANGER)

Clubs earn bonus points based on turnout:

- 5–9 runners → +5 pts
- 10–14 runners → +10 pts
- 15+ runners → +20 pts

### Season Championship Mechanics

- Points accumulate across all Speed Series races
- Live club leaderboard updated after every event
- Rankings announced publicly

🏆 The highest total becomes:

### Speed Series Club Champion

## Club Champion

Earn points in Individual and Relay races throughout the Speed Series season. Performance, teamwork, and participation all count. The club with the highest total score wins the title of Speed Series Club Champion.



# SPEED SERIES DOMINANCE

## WHO WILL DOMINATE THIS SEASON

### INDIVIDUAL

#### A. Performance Champion (PODIUM CONQUEROR)

Highest total points from podium finishes.

#### B. Power Award (RELENTLESS WARRIOR)

Most active participation across the season

#### C. Legend of Speed (BLITZ WARRIOR)

Fastest time finish

### TEAM

#### A. Performance Champion (ULTIMATE MASTER)

Highest total points from podium finishes.

#### B. Power Club Award (TRIBE DOMINATOR)

Most active club participation across the season.

#### C. Relay Dominance Award (RELENTLESS PACK CHAMPION)

Highest relay points accumulated.

## SEASON FINALE CHAMPIONSHIP SHOWDOWN

**Double points**

★ Top clubs introduced on stage

★ Championship trophy presentation



## MISSION STRONG SPEED SERIES POWERED BY 2XU

**Built for Speed. Built for Strength. Built for Legacy.**

### Core Advocacy

**2XU Speed Series powered by Mission Strong is more than a race — it is a movement that develops athletes and coaches who are fast, resilient, disciplined, and mentally tough.**

#### WE ADVOCATE FOR

**FOR ATHLETES – “MISSION STRONG ATHLETE STANDARD”**

**FOR COACHES – “MISSION STRONG COACHES ALLIANCE”**

**“2XU Speed Series is not just about the fastest finish — it is about building Mission Strong athletes and coaches who dominate with discipline, integrity, and resilience.”**



# MISSION STRONG SPEED SERIES POWERED BY 2XU

**Built for Speed. Built for Strength. Built for Legacy.**

## FOR ATHLETES – “MISSION STRONG ATHLETE STANDARD”

- Train with Purpose  
Every sprint, every rep, every relay exchange builds elite discipline.
- Perform with Integrity  
Clean sport. True effort. Respect for competitors.
- Recover Like a Professional  
Emphasizing science-backed recovery, smart programming, and longevity in sport.
- Build Speed with Strength  
Speed + Agility + Endurance + Mental Toughness.
- Represent the Community  
Athletes are role models — on the track and off it.

### Mission Strong Athlete Oath:

**“I commit to train hard, compete fair, recover smart, and uplift others.”**



# MISSION STRONG SPEED SERIES POWERED BY 2XU

**Built for Speed. Built for Strength. Built for Legacy.**

## FOR COACHES – “MISSION STRONG COACHES ALLIANCE”

- Develop Complete Athletes  
Not just fast runners — but strong minds and resilient characters.
- Educate Over Dominate  
Build long-term performance, not short-term burnout.
- Champion Safety & Recovery  
Promote injury prevention, proper load management, and athlete welfare.
- Lead by Example  
Coaches embody discipline, consistency, and professionalism.

### **Mission Strong Coach Commitment:**

**“I build athletes who are strong in body, mind, and character.”**



### Mission Strong Athlete Badge

#### Awarded to athletes who:

- Complete multiple Speed Series events
- Show leadership & sportsmanship
- Participate in community fitness challenges

### Mission Strong Coach Recognition

#### Annual recognition for coaches who:

- Develop multiple podium athletes
- Maintain high athlete participation
- Promote positive sports culture