The Impact of Cash Transfers on the Mental Health and Intra-Household Decision Making of Syrian Refugee Households in Lebanon

Lea Assadourian

14 June 2022

- Cash transfers emerged as a promising approach to reduce poverty in the late 1990s. E.g. Programa de Educación, Salud y Alimentación (1997), GiveDirectly (2008), Children's Allowance, Social Security...

- Cash transfers emerged as a promising approach to reduce poverty in the late 1990s.
 E.g. Programa de Educación, Salud y Alimentación (1997), GiveDirectly (2008),
 Children's Allowance, Social Security...
- Syrian refugees face daily hardships of war-driven displacement.

- Cash transfers emerged as a promising approach to reduce poverty in the late 1990s.
 E.g. Programa de Educación, Salud y Alimentación (1997), GiveDirectly (2008),
 Children's Allowance, Social Security...
- Syrian refugees face daily hardships of war-driven displacement.
- Poverty is highly correlated with poor mental health limiting forward-looking decision-making.

- Cash transfers emerged as a promising approach to reduce poverty in the late 1990s.
 E.g. Programa de Educación, Salud y Alimentación (1997), GiveDirectly (2008),
 Children's Allowance, Social Security...
- Syrian refugees face daily hardships of war-driven displacement.
- Poverty is highly correlated with poor mental health limiting forward-looking decision-making.
- This paper: understanding intra-household and mental health outcomes rather than behavioral effects.

Contributions

- 1. Clearing some grey literature on impact evaluations of cash transfer programs where most are conducted either internally or by commissioned external consultants.
- 2. Providing a different angle on intra-household effects where evidence is unclear whether cash improves women bargaining power within the household.
 - E.g. De Brauw et al. (2014) and Hidrobo et al. (2012)

Background

 The multi-purpose Cash Assistance Programme (MCAP) was established in November 2017 by the World Food Programme (WFP), United Nations High Commissioner for Refugees (UNHCR), and non-governmental organisations (NGO) for the most economically vulnerable Syrian refugee households.

Background

- The multi-purpose Cash Assistance Programme (MCAP) was established in November 2017 by the World Food Programme (WFP), United Nations High Commissioner for Refugees (UNHCR), and non-governmental organisations (NGO) for the most economically vulnerable Syrian refugee households.
- Based on a proxy means testing formula that provides a score to predict household expenditures using a set of socio-demographic characteristics from the UNHCR registration database.
- All households below the cut-off score is determined eligible for MPC. Assistance is offered until the allocated funding is fully disbursed.

Background

- The multi-purpose Cash Assistance Programme (MCAP) was established in November 2017 by the World Food Programme (WFP), United Nations High Commissioner for Refugees (UNHCR), and non-governmental organisations (NGO) for the most economically vulnerable Syrian refugee households.
- Based on a proxy means testing formula that provides a score to predict household expenditures using a set of socio-demographic characteristics from the UNHCR registration database.
- All households below the cut-off score is determined eligible for MPC. Assistance is offered until the allocated funding is fully disbursed.
- Over a 12-month cycle, eligible households receive a monthly unconditional and unrestricted direct cash transfer of approximately \$175* per household.

Data

- Household survey collected by Salti *et al.* (2022) on July/August 2019.
- Data includes information on beneficiaries for two MCAP cycles - November 2017 and November 2018.
- Covers Mount Lebanon, North Lebanon, and Bekaa which composed 85% of all Syrian refugees residing in Lebanon during the study period.



Outcomes of Interest - Decision Making

Decision Making — To be asked to female respondents ONLY							
Decision visining — To be asset to ferriate respondents over							
Reads: within a household, there are various decisions to make about different issues including work, children, how to spend money as well as personal issue. The next set of questions is about this topic. If household does not engage in that particular activity, enter code for "Decision not made" and proceed to next activity.	In the last 6	If Row/b/c/d/e/f/g/h1=2 In the last 6 months, to what extent did you feel you could make your own personal decisions regarding these aspects of household life if you want(ed) to? 1. Not at all 2. Small extent 3. Medium extent 4. To a high extent					
a. About if you should work to earn money or not and the acceptable wage?							
b. About what to prepare for daily meals?							
c. About visiting family/relatives or friends?							
 About major household expenditures? (Such as a large appliance for the house like a refrigerator) 							
 About minor household expenditures? (Such as food for daily consumption or other household needs like toiletries) 							
f. About whether or not to use family planning (contraceptives/birth control) to space or limit births?							
g. About the education of your children							
h. About where to obtain health care/advice?							
RO3 For Enumerator: were there other household members aside f present during these questions?	om the woman	Code 2					

Code 1: Decision Making		Code 2: Presence of others		
1	Mainly husband	1	Woman was alone	
2	Mainly wife	2	Spouse/ partner was present	
3	Mainly both husband and wife jointly	3	Other household members were present	
40	Husband/male with another person	4	Woman was with toddlers	
50	Wife/female with another person	5	Spouse/ partner and the household members were present	
8	Someone outside the household/other	88	Don't know	
9	Decision not made/Not Applicable	99	Refuse to answer	
88	Don't know			
99	Refuse to answer			

Outcomes of Interest - Mental Health Inventory (MHI-5)

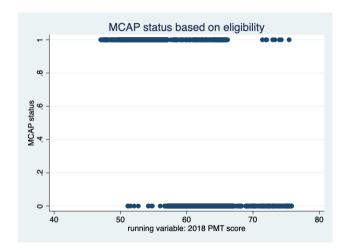
	HEA: Mental Health								
low I am going to ask you a few questions about your own health, wellbeing and interactions with others.									
		Very Good	Good	Half/Half	Not Good	Not Good At All	Don't Know	Refuse to Answer	
SRH	How do you perceive your current health?	1	2	3	4	5	88		
		All the time	Most of the time	A lot of the time	Some of the time	Little of the time	Never	Don't know	Refuse to answer
HEA22	In the past six months, how much of the time did you feel that you are a happy person?	1	2	3	4	5	6	88	99
HEA23	In the past six months, how much of the time did you feel calm and reassured?	1	2	3	4	5	6	88	99
HEA24	In the past six months, how much of the time were you very angry?	1	2	3	4	5	6	88	99
HEA25	In the past six months, how much of the time did you feel upset?	1	2	3	4	5	6	88	99
HEA26	In the past six months, how much of the time did you feel depressed and there was no way to be happy?	1	2	3	4	5	6	88	99

Descriptive Statistics

	Total	Treated	Not treated
2018 Score	58.35	54.47	62.76
Treatment Status	0.53	1.00	0.00
Household Size	5.84	6.25	5.37
Dependency Ratio	1.49	1.64	1.32
%HHmm never attended school	0.35	0.35	0.35
Female HoH	0.23	0.24	0.22
Bekaa	0.68	0.65	0.70
North	0.21	0.23	0.19
Mount Lebanon	0.11	0.11	0.11
	N=3132	N=1667	N=1465

Methodology

- Fuzzy Regression
 Discontinuity Design:
 Crossover shows PMT score
 is not deterministic.
- Households on either side of the cut-off are arguably similar.
- Any difference in outcomes can be attributed to the causal impact of MCAP.



Specification

First-stage regression:

$$D_i = \delta_0 + \delta_1 T_i + g_i(x - c) + u_i \tag{1}$$

Second-stage regression:

$$Y_i = \alpha + \tau D_i + f_i(x - c) + \epsilon_i \tag{2}$$

- where D_i is a dummy for receiving MCAP for household i,
- T_i is the instrumental variable dummy indicating whether or not the PMT score threshold c has been crossed,
- Note that a polynomial regression and a local linear regression approach will be used for the function forms of g(x c) and f(x c).

1. **Smoothness:** Absent MCAP, households around the PMT score cutoff would have had identical outcomes.

- 1. **Smoothness:** Absent MCAP, households around the PMT score cutoff would have had identical outcomes.
- 2. **First-stage:** Having a low PMT score has an effect on whether or not household will receive assistance.

- 1. **Smoothness:** Absent MCAP, households around the PMT score cutoff would have had identical outcomes.
- 2. **First-stage:** Having a low PMT score has an effect on whether or not household will receive assistance.
- 3. **Excludability:** No known relevant things changing at the PMT score cut-off.

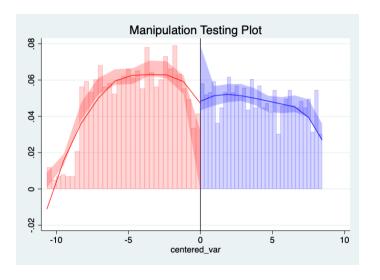
- 1. **Smoothness:** Absent MCAP, households around the PMT score cutoff would have had identical outcomes.
- 2. **First-stage:** Having a low PMT score has an effect on whether or not household will receive assistance.
- 3. **Excludability:** No known relevant things changing at the PMT score cut-off.
- 4. **Monotonicity:** No individual is discouraged from receiving the assistance.

- 1. **Smoothness:** Absent MCAP, households around the PMT score cutoff would have had identical outcomes.
- 2. **First-stage:** Having a low PMT score has an effect on whether or not household will receive assistance.
- 3. **Excludability:** No known relevant things changing at the PMT score cut-off.
- 4. **Monotonicity:** No individual is discouraged from receiving the assistance.
- SUTVA: A household receiving assistance does not affect the mental health and intra-housheold decision making process of other households in the same neighborhood.

- Smoothness: Absent MCAP, households around the PMT score cutoff would have had identical outcomes.
- 2. **First-stage:** Having a low PMT score has an effect on whether or not household will receive assistance.
- 3. **Excludability:** No known relevant things changing at the PMT score cut-off.
- 4. **Monotonicity:** No individual is discouraged from receiving the assistance.
- 5. **SUTVA:** A household receiving assistance does not affect the mental health and intra-housheold decision making process of other households in the same neighborhood.
- Exogeneity: Narrowly receiving or narrowly not receiving MCAP is independent of all other factors that affecting outcomes of interest.

- Smoothness: Absent MCAP, households around the PMT score cutoff would have had identical outcomes.
- 2. **First-stage:** Having a low PMT score has an effect on whether or not household will receive assistance.
- 3. **Excludability:** No known relevant things changing at the PMT score cut-off.
- 4. **Monotonicity:** No individual is discouraged from receiving the assistance.
- 5. **SUTVA:** A household receiving assistance does not affect the mental health and intra-housheold decision making process of other households in the same neighborhood.
- Exogeneity: Narrowly receiving or narrowly not receiving MCAP is independent of all other factors that affecting outcomes of interest.
- 7. No manipulation in neighborhood of discontinuity the information is unpublicized and the PMT calculation is updated yearly.

McCrary Density Test



To-Do List

Activity	Week of						
	13-Jun	20-Jun	27-Jun	04-Jul	11-Jul	18-Jul	25-Jul
Presentating and updating based on feedback received							
Data cleaning and weights generation							
Writing up literature review							
Running analysis and robustness checks							
Finalizing key findings							
Writing up abstract, introduction, limitations, and conclusion							
Reviewing and submitting final report							

References

- Berwick, D. M., J. M. Murphy, P. A. Goldman, J. E. Ware Jr, A. J. Barsky, and M. C. Weinstein. 1991. Performance of a five-item mental health screening test. *Medical care*:169–176.
- De Brauw, A., D. O. Gilligan, J. Hoddinott, and S. Roy. 2014. The impact of bolsa família on women's decision-making power. *World Development* 59:487–504.
- Hidrobo, M., J. Hoddinott, A. Margolies, V. Moreira, and A. Peterman. 2012. Impact evaluation of cash, food vouchers, and food transfers among colombian refugees and poor ecuadorians in carchi and sucumbíos. *Washington, DC: International Food Policy Research Institute*.
- Institute, O. D. 2015. Doing cash differently: How cash transfers can transform humanitarian aid.
- Salti, N., J. Chaaban, W. Moussa, A. Irani, R. Al Mokdad, Z. Jamaluddine, and H. Ghattas. 2022. The impact of cash transfers on syrian refugees in lebanon: Evidence from a multidimensional regression discontinuity design. *Journal of Development Economics* 155:102803.