

Anish Sanjay Shah

CARDIOLOGY FELLOW

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About Me

Cardiology fellow with an interest in autonomic dysfunction, heart rate variability, epidemiology, biostatistics, and point-of-care ultrasonography.

Education

Emory University College of Arts and Sciences

Atlanta, GA

BACHELOR OF SCIENCE

2007–2011

- Linguistics
- Neuroscience & Behavioral Biology

Texas A&M University College of Medicine

College Station, TX

DOCTOR OF MEDICINE

2012–2016

Emory University Laney Graduate School

Atlanta, GA

MASTER OF SCIENCE

2019–2021

- Clinical Research

Training

Emory University School of Medicine

Atlanta, GA

J. WILLIS HURST INTERNAL MEDICINE RESIDENCY

2016–2019

- Distinction in Teaching and Leadership

University of Illinois Chicago School of Medicine

Chicago, IL

CARDIOLOGY FELLOWSHIP

2020–2024

- T32 Research Track

Appointments

Department of Epidemiology, Emory University

Atlanta, GA

POSTDOCTORAL FELLOW

2019–2020

- Epidemiology/biostatistical research in autonomic dysfunction

Division of Hospital Medicine, Emory University School of Medicine

Atlanta, GA

ASSISTANT PROFESSOR OF MEDICINE

2019–2020

- Hospital medicine attending

Georgia Clinical and Translational Science Alliance

Atlanta, GA

NIH-TL1 POSTDOCTORAL SCHOLAR

2019–2020

- Research fellow in autonomic dysfunction

Honors and Awards

Health Occupation Students of America

Orlando, Florida

EMT-BASIC NATIONAL COMPETITION

2007

- 1st Place

Emory University College of Arts and Sciences

Atlanta, GA

DELORES B. ALDRIDGE EXCELLENCE IN SERVICE TO A DIVERSE COMMUNITY AWARD

2009

Emory University College of Arts and Sciences

NU RHO PSI HONOR SOCIETY

Atlanta, GA

2009–2011

Emory University Tibetan Studies Program

SPEAKER TO HIS HOLINESS THE XIV DALAI LAMA

- Selected to represent Emory students in a meeting with the Dalai Lama in MacLeod Gange, India.

Dharamsala, India

2009

National Institute of Diabetes and Digestive and Kidney Diseases

MEDICAL STUDENT RESEARCH PROGRAM IN DIABETES

2013

Texas A&M University College of Medicine

RESEARCH SYMPOSIUM

- 1st Place Oral Presentation

College Station, TX

2015

Georgia ACP Conference

EMORY RESIDENT TEAM

- Doctor's Dilemma

Atlanta, GA

2017

American Heart Association Scientific Sessions

TOP DONORS MEETING PRESENTATION

- Special invitation to discuss research with AHA leadership and top philanthropists

Chicago, IL

2018

Ruth L. Kirschstein National Research Service Award

TL1 POSTDOCTORAL SCHOLAR

- Georgia Translational Science Alliance

2019

Teaching

Emory University College of Arts and Sciences

TEACHING ASSISTANT

- Cellular Biology

Atlanta, GA

2010–2011

North Lake College

TUTOR

- Biology, Chemistry, and Physics

Dallas, TX

2011–2012

Texas A&M University College of Medicine

SESSION LEADER

- Internship Bootcamp

College Station, TX

2016

Emory University School of Medicine

FACULTY PRECEPTOR

- Physician Assistant Didact Experiential Learning Program

Atlanta, GA

2017–2019

Emory University School of Medicine

WORKSHOP LEADER

- M3 Ultrasound Curriculum

Atlanta, GA

2018–2019

Emory University School of Medicine

WORKSHOP LEADER

- Physical Exam and Clinical Decision Making Course

Atlanta, GA

2019

Emory University School of Medicine

TEACHING ATTENDING

- Point-of-Care Ultrasonography Elective

Atlanta, GA

2019–2020

Lectures

Emory University School of Medicine

POINT-OF-CARE ULTRASOUND: PARASTERNAL LONG AXIS

Atlanta, GA

2017

Emory University School of Medicine

LOTIONS AND OINTMENTS AND CREAMS, OH MY!

- Bite-Sized Teaching Mode Conference

Atlanta, GA

2018

Emory University School of Medicine

THE PROBLEM LEARNER: A HISTORY AND PHYSICAL FOR LEARNERS WITH DIFFICULTIES

- Lecture for Distinction in Teaching and Leadership Conference

Atlanta, GA

2018

Emory University School of Medicine

INTERVENTION OF ISCHEMIC STROKE: THROMBECTOMY IN 6 TO 16 HOURS WITH SELECTION BY PERFUSION IMAGING

- Journal Club Conference

Atlanta, GA

2018

Emory University School of Medicine

IRONING OUT TRANSFUSIONS IN SICKLE CELL

- Bite-Sized Teaching Mode Conference

Atlanta, GA

2018

Southern Hospital Medicine Conference

ULTRASOUND WORKSHOP: CARDIAC, IVC, LUNG, AND ABDOMINAL VIEWS

Atlanta, GA

2018

Southern Hospital Medicine Conference

"8 MINUTES-TO-WIN-IT": TOP INPATIENT TEACHING SESSIONS BY SOON-TO-BE-LEADERS

Atlanta, GA

2018

Emory University School of Medicine

THE HISTORY OF SUDDEN CARDIAC DEATH: THE ROLE OF THE AUTONOMIC NERVOUS SYSTEM

- Senior Grand Rounds

Atlanta, GA

2019

Conferences

1. Shah, A. S., & Sanchez, M. (2009). Cortisol Levels in Rhesus Monkeys with Maternal Separation Over Longitudinal Cohorts. *Scholarly Inquiry and Research at Emory Research Partners Symposium*.
2. Shah, A. S., & Li, Y. (2011). Influence of the Acoustic Parameter of Pitch on Emotion and Focus Location in Statements using Ditransitive Verb Manipulations. *Great Lakes Expo for Experimental and Formal Undergraduate Linguistics*.
3. Shah, A. S., & Blackman, S. M. (2013). Genetic Linkage Analysis for Cystic Fibrosis Related Diabetes. *National Institute of Diabetes and Digestive and Kidney Diseases Medical Student Research Symposium*.
4. Mrdutt, M., Shah, A. S., Sanders, E., Mallett, L., Perger, L., Mrdutt, M., Sanders, E., & Perger, L. (2016). Long-Term Outcomes of Newborns with Necrotizing Enterocolitis: a retrospective matched cohort study. *Texas a&M University College of Medicine Research Symposium*.
5. Shah, A. S., Clements, S. D., & Dudgeon, M. (2017). Three's company: nocardiosis, neuroendocrine hyperplasia, and breast cancer. *Southern Hospital Medicine Conference*.
6. Shah, A. S., & Shah, A. J. (2018). Association of Ischemia with Heart Rate Variability. *2018 Georgia Chapter Scientific Meeting*.
7. Shah, A. S., Alonso, A., & Shah, A. J. (2020). Autonomic Dysfunction as a Marker of Depression and Coronary Artery Disease. *Southeast Regional Clinical & Translational Science Conference*.

Publications

1. Shah, A. S., Lampert, R., Goldberg, J., Bremner, J. D., Vaccarino, V., & Shah, A. J. (2018). Abstract 15216: Circadian Autonomic Inflexibility: A Marker of Ischemic Heart Disease | Circulation. *Circulation*, 138. https://doi.org/10.1161/circ.138.suppl_1.15216
2. Shah, A. S., Shah, A. J., Lampert, R., Goldberg, J., Bremner, J. D., Li, L., Thames, M. D., Vaccarino, V., & Shah, A. S. A. J. (2020). Alterations in heart rate variability are associated with abnormal myocardial perfusion. *International Journal of Cardiology*, 305. <https://doi.org/10.1016/j.ijcard.2020.01.069>
3. Shah, A. S., Alonso, A., Whitsel, E. A., Soliman, E. Z., Vaccarino, V., & Shah, A. J. (2020). Abstract P542: Association of Psychosocial Factors With Heart Rate Variability: The Atherosclerosis Risk in Communities Study. *Circulation*, 141. https://doi.org/10.1161/circ.141.suppl_1.p542