

Anish Sanjay Shah

Cardiology Fellow

Curriculum Vitae

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About Me

Cardiology fellow with an interest in autonomic dysfunction, heart rate variability, epidemiology, biostatistics, and point-of-care ultrasonography.

Academic

Degrees

2007–2011	Bachelor of Science Atlanta, GA <ul style="list-style-type: none">➤ Linguistics➤ Neuroscience & Behavioral Biology	Emory University College of Arts and Sciences
2012–2016	Doctor of Medicine College Station, TX	Texas A&M University College of Medicine
2019–2021	Master of Science Atlanta, GA <ul style="list-style-type: none">➤ Clinical Research	Emory University Laney Graduate School

Clinical Training

2016–2019	J. Willis Hurst Internal Medicine Residency Atlanta, GA <ul style="list-style-type: none">➤ Distinction in Teaching and Leadership	Emory University School of Medicine
2020–2024	Cardiology Fellowship Chicago, IL <ul style="list-style-type: none">➤ T32 Research Track	University of Illinois Chicago School of Medicine

Current Appointments

2019–2020	Postdoctoral Fellow Atlanta, GA <ul style="list-style-type: none">➤ Epidemiology/biostatistical research in autonomic dysfunction	Department of Epidemiology, Emory University
2019–2020	Assistant Professor of Medicine Atlanta, GA <ul style="list-style-type: none">➤ Hospital medicine attending	Division of Hospital Medicine, Emory University School of Medicine
2019–2020	NIH-TL1 Postdoctoral Scholar Atlanta, GA <ul style="list-style-type: none">➤ Research fellow in autonomic dysfunction	Georgia Clinical and Translational Science Alliance

Honors and Awards

2019	TL1 Postdoctoral Scholar <ul style="list-style-type: none">➤ Georgia Translational Science Alliance	Ruth L. Kirschstein National Research Service Award
2018	Top Donors Meeting Presentation Chicago, IL <ul style="list-style-type: none">➤ Special invitation to discuss research with AHA leadership and top philanthropists	American Heart Association Scientific Sessions

2017	Emory Resident Team Atlanta, GA	Georgia ACP Conference
	➤ Doctor's Dilemma	
2015	Research Symposium College Station, TX	Texas A&M University College of Medicine
	➤ 1st Place Oral Presentation	
2013	Medical Student Research Program in Diabetes	National Institute of Diabetes and Digestive and Kidney Diseases
2009	Delores B. Aldridge Excellence in Service to a Diverse Community Award Sciences Atlanta, GA	Emory University College of Arts and Sciences
2009–2011	Nu Rho Psi Honor Society Atlanta, GA	Emory University College of Arts and Sciences
2009	Speaker to his Holiness the XIV Dalai Lama Dharamsala, India	Emory University Tibetan Studies Program
	➤ Selected to represent Emory students in a meeting with the Dalai Lama in MacLeod Gange, India.	
2007	EMT-Basic National Competition Orlando, Florida	Health Occupation Students of America
	➤ 1st Place	

Teaching

Teaching Responsibilities

2019	Workshop Leader Atlanta, GA	Emory University School of Medicine
	➤ Physical Exam and Clinical Decision Making Course	
2019–2020	Teaching Attending Atlanta, GA	Emory University School of Medicine
	➤ Point-of-Care Ultrasonography Elective	
2018–2019	Workshop Leader Atlanta, GA	Emory University School of Medicine
	➤ M3 Ultrasound Curriculum	
2017–2019	Faculty Preceptor Atlanta, GA	Emory University School of Medicine
	➤ Physician Assistant Didact Experiential Learning Program	
2016	Session Leader College Station, TX	Texas A&M University College of Medicine
	➤ Internship Bootcamp	
2011–2012	Tutor Dallas, TX	North Lake College
	➤ Biology, Chemistry, and Physics	
2010–2011	Teaching Assistant Atlanta, GA	Emory University College of Arts and Sciences
	➤ Cellular Biology	

Educational Lectures

2019	The History of Sudden Cardiac Death: the Role of the Autonomic Nervous System Medicine Atlanta, GA	Emory University School of Medicine
	➤ Senior Grand Rounds	

2018	Lotions and Ointments and Creams, Oh My! Atlanta, GA ► Bite-Sized Teaching Mode Conference	Emory University School of Medicine
2018	The Problem Learner: A history and physical for learners with difficulties Atlanta, GA ► Lecture for Distinction in Teaching and Leadership Conference	Emory University School of Medicine
2018	Intervention of Ischemic Stroke: Thrombectomy in 6 to 16 Hours with Selection by Perfusion Imaging Emory University School of Medicine Atlanta, GA ► Journal Club Conference	
2018	Ironing Out Transfusions in Sickle Cell Atlanta, GA ► Bite-Sized Teaching Mode Conference	Emory University School of Medicine
2018	Ultrasound Workshop: Cardiac, IVC, Lung, and Abdominal Views Atlanta, GA	Southern Hospital Medicine Conference
2018	"8 Minutes-To-Win-It": Top Inpatient Teaching Sessions by Soon-To-Be-Leaders Conference Atlanta, GA	Southern Hospital Medicine
2017	Point-of-Care Ultrasound: Parasternal Long Axis Atlanta, GA	Emory University School of Medicine

Research

Conferences

1. Shah, A. S., & Sanchez, M. (2009). Cortisol Levels in Rhesus Monkeys with Maternal Separation Over Longitudinal Cohorts. *Scholarly Inquiry and Research at Emory Research Partners Symposium*.
2. Shah, A. S., & Li, Y. (2011). Influence of the Acoustic Parameter of Pitch on Emotion and Focus Location in Statements using Ditransitive Verb Manipulations. *Great Lakes Expo for Experimental and Formal Undergraduate Linguistics*.
3. Shah, A. S., & Blackman, S. M. (2013). Genetic Linkage Analysis for Cystic Fibrosis Related Diabetes. *National Institute of Diabetes and Digestive and Kidney Diseases Medical Student Research Symposium*.
4. Mrdutt, M., Shah, A. S., Sanders, E., Mallett, L., Perger, L., Mrdutt, M., Sanders, E., & Perger, L. (2016). Long-Term Outcomes of Newborns with Necrotizing Enterocolitis: a retrospective matched cohort study. *Texas a&M University College of Medicine Research Symposium*.
5. Shah, A. S., Clements, S. D., & Dudgeon, M. (2017). Three's company: nocardiosis, neuroendocrine hyperplasia, and breast cancer. *Southern Hospital Medicine Conference*.
6. Shah, A. S., & Shah, A. J. (2018). Association of Ischemia with Heart Rate Variability. *2018 Georgia Chapter Scientific Meeting*.
7. Shah, A. S., Alonso, A., & Shah, A. J. (2020). Autonomic Dysfunction as a Marker of Depression and Coronary Artery Disease. *Southeast Regional Clinical & Translational Science Conference*.

Publications

1. Shah, A. S., Lampert, R., Goldberg, J., Bremner, J. D., Vaccarino, V., & Shah, A. J. (2018). Abstract 15216: Circadian Autonomic Inflexibility: A Marker of Ischemic Heart Disease | Circulation. *Circulation*, 138. https://doi.org/10.1161/circ.138.suppl_1.15216
2. Shah, A. S., Shah, A. J., Lampert, R., Goldberg, J., Bremner, J. D., Li, L., Thames, M. D., Vaccarino, V., & Shah, A. S. A. J. (2020). Alterations in heart rate variability are associated with abnormal myocardial perfusion. *International Journal of Cardiology*, 305. <https://doi.org/10.1016/j.ijcard.2020.01.069>
3. Shah, A. S., Alonso, A., Whitsel, E. A., Soliman, E. Z., Vaccarino, V., & Shah, A. J. (2020). Abstract P542: Association of Psychosocial Factors With Heart Rate Variability: The Atherosclerosis Risk in Communities Study. *Circulation*, 141. https://doi.org/10.1161/circ.141.suppl_1.p542