

# Anish Sanjay Shah

Cardiology Fellow

## Curriculum Vitae

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Cardiology fellow with a clinical interest in neural regulation of cardiac physiology and cardiac electrophysiology, and a research interest in epidemiology/causality, harmonic regressions, recurrent event analysis, and digital signal processing.

## Academic Qualifications and Positions

### Education

2007–2011	<b>Bachelor of Science</b> <ul style="list-style-type: none"><li>➤ Linguistics</li><li>➤ Neuroscience &amp; Behavioral Biology</li></ul>	Emory University College of Arts and Sciences
2012–2016	<b>Doctor of Medicine</b>	Texas A&M University College of Medicine
2019–2021	<b>Master of Science</b> <ul style="list-style-type: none"><li>➤ Clinical Research</li></ul>	Emory University Laney Graduate School

### Clinical Training

2016–2019	<b>J. Willis Hurst Internal Medicine Residency</b> <ul style="list-style-type: none"><li>➤ Distinction in Teaching and Leadership</li></ul>	Emory University School of Medicine
2020–2024	<b>Cardiology Fellowship</b> <ul style="list-style-type: none"><li>➤ T32 Physician-Scientist Track</li></ul>	University of Illinois Chicago School of Medicine

### Academic Appointments

2020–2024	<b>Cardiology Fellowship</b> <ul style="list-style-type: none"><li>➤ Research-track, clinical fellow at University of Illinois Hospital and Jesse Brown VA</li></ul>	University of Illinois Chicago School of Medicine
2019–2020	<b>Postdoctoral Fellow</b> <ul style="list-style-type: none"><li>➤ Epidemiology/biostatistical research in autonomic dysfunction</li></ul>	Department of Epidemiology, Rollins School of Public Health
2019–2020	<b>Assistant Professor of Medicine</b> <ul style="list-style-type: none"><li>➤ Hospital medicine attending</li></ul>	Division of Hospital Medicine, Emory University School of Medicine
2019–2020	<b>NIH-TL1 Postdoctoral Scholar</b> <ul style="list-style-type: none"><li>➤ Research fellow in autonomic dysfunction</li></ul>	Georgia Clinical and Translational Science Alliance
2016–2020	<b>Internal Medicine Resident</b> <ul style="list-style-type: none"><li>➤ Internal medicine intern and resident at Grady Memorial Hospital, Emory University Hospital, and Atlanta VA</li></ul>	Emory University School of Medicine

### Honors and Awards

2019	<b>TL1 Postdoctoral Scholar</b> <ul style="list-style-type: none"><li>➤ Georgia Translational Science Alliance</li></ul>	Ruth L. Kirschstein National Research Service Award
2018	<b>Top Donors Meeting Presentation</b> <ul style="list-style-type: none"><li>➤ Special invitation to discuss research with AHA leadership and top philanthropists</li></ul>	American Heart Association Scientific Sessions
2017	<b>Emory Resident Team</b> <ul style="list-style-type: none"><li>➤ Doctor's Dilemma</li></ul>	Georgia ACP Conference
2015	<b>Research Symposium</b> <ul style="list-style-type: none"><li>➤ 1st Place Oral Presentation</li></ul>	Texas A&M University College of Medicine
2013	<b>Medical Student Research Program in Diabetes</b> <ul style="list-style-type: none"><li>➤ National Institute of Diabetes and Digestive and Kidney Diseases</li></ul>	Johns Hopkins University School of Medicine

2009	<b>Delores B. Aldridge Excellence in Service to a Diverse Community Award</b>	Emory University College of Arts and Sciences
2009–2011	<b>Nu Rho Psi Honor Society</b>	Emory University College of Arts and Sciences
2009	<b>Speaker to his Holiness the XIV Dalai Lama</b>	Institute of Buddhist Dialectics
	➤ Selected to represent Emory students in a meeting with the Dalai Lama in MacLeod Gange, India.	
2007	<b>EMT-Basic National Competition</b>	Health Occupation Students of America
	➤ 1st Place	

## Professional Memberships

2020–Present	<b>American College of Cardiology</b>
2018–Present	<b>American Heart Association</b>
2012–2016	<b>Texas Medical Association</b>
2012–Present	<b>American Medical Association</b>
2012–Present	<b>American College of Physicians</b>

## Teaching

### Teaching Positions

2020–2022	<b>Workshop Leader</b>	University of Illinois Chicago School of Medicine
	➤ Critical Care and Resuscitation Committee	
2019	<b>Workshop Leader</b>	Emory University School of Medicine
	➤ Physical Exam and Clinical Decision Making Course	
2019–2020	<b>Teaching Attending</b>	Emory University School of Medicine
	➤ Point-of-Care Ultrasonography Elective	
2018–2019	<b>Workshop Leader</b>	Emory University School of Medicine
	➤ M3 Ultrasound Curriculum	
2017–2019	<b>Faculty Preceptor</b>	Emory University School of Medicine
	➤ Physician Assistant Didact Experiential Learning Program	
2016	<b>Session Leader</b>	Texas A&M University College of Medicine
	➤ Internship Bootcamp	
2011–2012	<b>Tutor</b>	North Lake College
	➤ Biology, Chemistry, and Physics	
2010–2011	<b>Teaching Assistant</b>	Emory University College of Arts and Sciences
	➤ Cellular Biology	

## Lectures

2023	<b>Research Seminar</b>	University of Illinois Chicago School of Medicine
	➤ Vagolysis and Arrhythmogenesis	
2023	<b>Mortality and Morbidity Conference</b>	University of Illinois Chicago School of Medicine
	➤ Left Atrial Appendage Closure	
2022	<b>Electrophysiology Conference</b>	University of Illinois Chicago School of Medicine
	➤ Introduction to Typical AVNRT	
2021	<b>Mortality and Morbidity Conference</b>	University of Illinois Chicago School of Medicine
	➤ Mitral Valve Replacement in Rheumatic Heart Disease	
2021	<b>Journal Club</b>	University of Illinois Chicago School of Medicine
	➤ Cardiac Myosin Activation with Omemcamtiv Mecarbil in Systolic Heart Failure (GALACTIC-HF)	
2020	<b>Journal Club</b>	University of Illinois Chicago School of Medicine
	➤ Early Rhythm-Control Therapy in Patients with Atrial Fibrillation (EAST-AFNET)	

2020	<b>Clinical Case Conference</b>	University of Illinois Chicago School of Medicine
	➤ Restrictive Cardiomyopathy	
2019	<b>Senior Grand Rounds</b>	Emory University School of Medicine
	➤ The History of Sudden Cardiac Death: the Role of the Autonomic Nervous System	
2018	<b>Bite-Sized Teaching Mode Conference</b>	Emory University School of Medicine
	➤ Lotions and Ointments and Creams, Oh My!	
	➤ Ironing Out Transfusions in Sickle Cell	
2018	<b>Distinction in Teaching and Leadership Conference</b>	Emory University School of Medicine
	➤ The Problem Learner: A history and physical for learners with difficulties	
2018	<b>Journal Club</b>	Emory University School of Medicine
	➤ Intervention of Ischemic Stroke: Thrombectomy in 6 to 16 Hours with Selection by Perfusion Imaging	
2018	<b>Ultrasound Workshop</b>	Southern Hospital Medicine Conference
	➤ Cardiac, IVC, Lung, and Abdominal Views	
2018	<b>8 Minutes-To-Win-It</b>	Southern Hospital Medicine Conference
	➤ Top Inpatient Teaching Sessions by Soon-To-Be-Leaders	
2017	<b>Point-of-Care Ultrasound</b>	Emory University School of Medicine
	➤ Parasternal Long Axis	

## Mentorship

### Students

2016–2019	Emory University School of Medicine
	➤ Julie Sommer, PA-S
	➤ John Ward, M3
	➤ Deema Elchoufi, M3
	➤ Hugo Cavalia, M4
	➤ Brian Mott, M3
	➤ Anna Coronata, M3
	➤ Eli Mlaver, M3
	➤ Grace Helen Frankel, PA-S
2020–2024	University of Illinois Chicago School of Medicine
	➤ Alex Wind, M3
	➤ Esther Kim, M4
	➤ Kevin Kappenman, M4

### Residents

2016–2019

Emory University School of Medicine

- Rebecca Engels, MD
- Mangala Patil, MD
- Rebecca Neustein, MD
- Kate Measom, MD
- Kevin Luk, MD
- Eric Yao, MD
- Ross Bittman, MD
- Samuel Huxley, MD
- Arjun Athreya, MD
- Lakshmi Katta, MD
- Ryan Brown, MD

2020–2024

University of Illinois Chicago School of Medicine

- Jeffrey Rehman, MD
- Lena Carleton, MD
- Amir Khan, DO

## Research

2019–2020

Department of Epidemiology, Rollins School of Public Health

- Shishir Gupta, M4
- Manasvi Sundar, BS
- Nimrit Kaur

## Skills

### Point-Of-Care Ultrasonography

- Assessing cardiac structure and function
- Identifying pleural and pulmonary disease
- Volume assessment
- Identifying hydronephrosis and bladder volume
- Skin and soft tissue evaluation
- Liver and gallbladder disease

### Procedures

- Arterial line placement (radial, brachial, dorsalis pedis, axillary)
- Arthrocentesis (knee, ankle, shoulder)
- Central line placement (internal jugular, femoral, subclavian)
- Lumbar puncture
- Thoracentesis
- Paracentesis

### Languages

- English
- Gujarati
- Spanish

**Technical**

- R, RStudio - scripting language and environment for statistical computing and graphics
- PERL - high-level programming language for text processing and manipulation
- C++ - low-level programming language for data processing
- Vim - command line editing
- Markdown - syntax for formatting of writing
- Git, Github - version control system
- MATLAB - matrix-oriented mathematical programming language

**Certifications****Professional**

2019–Present	<b>American Board of Internal Medicine</b>
2007–2010	<b>Emergency Medical Technician Basic</b>
2012–2016	<b>Advanced Trauma Life Support</b>
2012–Present	<b>Advance Cardiovascular Life Support</b>

**Personal**

2015–Present	<b>PADI Open Water Diver</b>
2016–Present	<b>Wilderness First Responder</b>
2017–Present	<b>ASA 101 Basic Keelboat</b>

**Research****Grant Funding**

2022–2024	<b>NIH-T32</b> Chicago, IL	University of Illinois Chicago School of Medicine
	➤ Training in Personalized Cardiovascular Medicine [TPIPCVM]	
2020–2023	<b>NIH-F32</b>	National Heart, Lung, Blood Institute
	➤ The Association of Autonomic Dysfunction with the Relationship between Depression and Coronary Disease	
	➤ F32HL154707	
2019–2020	<b>NIH-TL1</b> Atlanta, GA	Georgia Clinical and Translational Science Alliance
	➤ Disturbances of the Neurocardiac Axis: Using Heart Rate Variability to Measure Disease in the Brain and Heart	
	➤ TL1TR002382	
	➤ UL1TR002378	

**Conferences**

1. Shah, A. S., & Sanchez, M. (n.d.). Cortisol levels in rhesus monkeys with maternal separation over longitudinal cohorts. *Scholarly Inquiry and Research at Emory Research Partners Symposium*.
2. Shah, A. S., & Li, Y. (n.d.). Influence of the acoustic parameter of pitch on emotion and focus location in statements using ditransitive verb manipulations. *Great Lakes Expo for Experimental and Formal Undergraduate Linguistics*.
3. Shah, A. S., & Blackman, S. M. (n.d.). Genetic linkage analysis for cystic fibrosis related diabetes. *National Institute of Diabetes and Digestive and Kidney Diseases Medical Student Research Symposium*.
4. Shah, A. S., Mrdutt, M., Sanders, E., Mallett, L., Perger, L., Mrdutt, M., Sanders, E., & Perger, L. (n.d.). Long-term outcomes of newborns with necrotizing enterocolitis: A retrospective matched cohort study. *Texas A & M University College of Medicine Research Symposium*.
5. Shah, A. S., Clements, S. D., & Dudgeon, M. (n.d.). Three's company: Nocardiosis, neuroendocrine hyperplasia, and breast cancer. *Southern Hospital Medicine Conference*.

6. Mrdutt, M., Shah, A. S., Sanders, E., & Perger, L. (n.d.). Long-term outcomes of newborns with necrotizing enterocolitis: A retrospective matched cohort study. *Annual Meeting of the Canadian Academy of Pediatric Surgery*.
7. Shah, A. S., & Shah, A. J. (n.d.). Association of ischemia with heart rate variability. *2018 Georgia Chapter Scientific Meeting*.
8. Shah, A. S. A. A. J., Lampert, R., Goldberg, J., Bremner, J. D., Vaccarino, V., & Shah, A. S. A. A. J. (n.d.). Abstract 15216: Circadian autonomic inflexibility: A marker of ischemic heart disease. *Circulation*.
9. Shah, A. S., Alonso, A., & Shah, A. J. (n.d.). Autonomic dysfunction as a marker of depression and coronary artery disease. *Southeast Regional Clinical & Translational Science Conference*.
10. Shah, A. S. (n.d.). 4581 autonomic dysfunction as a marker of depression and coronary artery disease. *Journal of Clinical and Translational Science*.
11. Wang, M., Liu, C., Shah, A. S., Ko, Y.-A., Sun, Y., Lampert, R. J., Garcia, M., Moazzami, K., Almuwaqqat, Z., Ward, L., Sullivan, S., Raggi, P., Bremner, D., Quyyumi, A. A., Vaccarino, V., Morris, A. A., & Shah, A. J. (n.d.). Heart rate variability during mental stress predicts heart failure outcomes in patients with stable coronary artery disease. *Journal of the American College of Cardiology*.
12. Shah, A. S., Vaccarino, V., Ko, Y.-A., Almuwaqqat, Z., Garcia, M., Moazzami, K., Wang, M., Levantsevych, O., young, an, Ward, L., Nye, J., Raggi, P., Sheps, D. S., Lampert, R. J., Bremner, D., Sun, Y., Garcia, E. V., Quyyumi, A. A., & Shah, A. J. (n.d.). Mental stress-induced autonomic dysfunction is associated with cardiovascular mortality. *Journal of the American College of Cardiology*.

## Software

## Publications

1. Shah, A. S., Alonso, A., Whitsel, E. A., Soliman, E. Z., Vaccarino, V., & Shah, A. J. (n.d.). Abstract P542: Association of psychosocial factors with heart rate variability: The atherosclerosis risk in communities study. *Circulation*, 141. [https://doi.org/10.1161/circ.141.suppl\\_1.p542](https://doi.org/10.1161/circ.141.suppl_1.p542)
2. Shah, A. S., Shah, A. J., Lampert, R., Goldberg, J., Bremner, J. D., Li, L., Thames, M. D., Vaccarino, V., & Shah, A. S. A. J. (n.d.). Alterations in heart rate variability are associated with abnormal myocardial perfusion. *International Journal of Cardiology*, 305. <https://doi.org/10.1016/j.ijcard.2020.01.069>
3. Shah, A. S., Alonso, A., Whitsel, E. A., Soliman, E. Z., Vaccarino, V., & Shah, A. J. (n.d.). Association of psychosocial factors with short-term resting heart rate variability: The atherosclerosis risk in communities study. *Journal of the American Heart Association*, 10. <https://doi.org/10.1161/JAHA.120.017172>
4. Vaccarino, V., Almuwaqqat, Z., Kim, J. H., Hammadah, M., Shah, A. J. A., Ko, Y. A., Elon, L., Sullivan, S., Shah, A. J. A., Alkhoder, A., Lima, B. B., Pearce, B., Ward, L., Kutner, M., Hu, Y., Lewis, T. T., Garcia, E. V., Nye, J., Sheps, D. S., ... Quyyumi, A. A. (n.d.). Association of mental stress-induced myocardial ischemia with cardiovascular events in patients with coronary heart disease. *JAMA - Journal of the American Medical Association*, 326. <https://doi.org/10.1001/jama.2021.17649>
5. Hill, M. C., Chalazan, B., Tofovic, D., Chen, Y., Shah, A., Barney, M., Diaz, A., Konda, S., & Darbar, D. (n.d.). Prevalence of disease-associated cardiomyopathy gene variants in ethnic minorities with atrial fibrillation. *Journal of the American College of Cardiology*, 81. [https://doi.org/10.1016/s0735-1097\(23\)00465-5](https://doi.org/10.1016/s0735-1097(23)00465-5)