H⁺ and pCO₂ as chemical factors in respiratory and cerebral circulatory control¹

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LAMBERTSEN, C. J., S. J. G. SEMPLE, M. G. SYMTH, AND R. Gelfand. H^+ and pCO_2 as chemical factors in respiratory and cerebral circulatory control. J. Appl. Physiol. 16(3): 473-484. 1961.—The relationships of changes in respiration and brain blood flow index to alterations in arterial and internal jugular venous blood pCO₂, [HCO₃], and pH were studied in normal men. Observations during control of alveolar pCO2, first at 44 and then at 50 mm Hg, represented the effects of CO2 breathing. Intravenous infusion of NaHCO3 solution (ca. 2.4 mEq/kg) while maintaining alveolar pCO2 at 50 mm Hg revealed the responses to a lowering of blood [H+] without concurrent change in arterial or internal jugular venous pCO₂. Brain blood flow index varied directly with alteration in blood pCO2 and was unaffected by changes in blood pH not produced by pCO₂ change. Respiratory measurements indicated a prominent relationship between respiration and blood hydrogen ion concentration, the reversal of the acidemia normally associated with CO2 administration removing approximately 45% of respiratory stimulation induced by hypercapnia. The remaining 55% of the increased ventilation caused by CO2 breathing was not directly related to changes in arterial or internal jugular venous blood pH or [HCO3]. The residual respiratory effect of CO2 administration was correlated, not only with alteration of pCO₂, but with calculated changes in the pH of cerebrospinal fluid. Thus, the total respiratory stimulation produced by CO₂ breathing, and its diminution by bicarbonate infusion, can be quantitatively described either in terms of a single stimulus index, hydrogen ion concentration, or in terms of two factors, pH and pCO₂. Choice between single and multiple acid-base factors as indices of chemical stimuli in respiratory control remains arbitrary. However, the discussion re-emphasizes that, while respiratory changes do occur when blood pH is altered without change of blood or central pCO₂, comparable stimulant effects of molecular CO₂ cannot be demonstrated without somewhere producing concurrent modification of pH.

In MEN BREATHING AIR at sea-level, the precise homeostatic regulation of the acid-base and oxygen environ-

ment of the brain must depend largely upon the selective reactivity of respiratory neurons to minute chemical changes in their own local environment. This concept of response to local environment, often expressed (1, 2) and undoubtedly sound, appears also to apply to a secondary mechanism for central nervous system homeostasis, i.e., chemical regulation of the tone of brain vascular smooth muscle cells (3-5). In neither instance does this rational concept yet lend itself to definitive study, since in neither instance have there been established the mechanisms by which cellular excitation is affected by local chemical changes.

The exceptional potency of increased inspired CO2 as a respiratory stimulant and relaxant of brain vessels has led to extensive studies aimed at determining mechanisms whereby intrinsically produced CO2 might influence the activity of respiratory neurons and affect cerebral vascular tone. On the basis of these studies various investigators have expressed convictions concerning the individual or collective roles of such specific chemical factors as bicarbonate ion, hydrogen ion, and CO₂ itself. The history of these important investigations is presented in several recent reviews which point to the continued uncertainty regarding the qualitative nature and even the site of action of chemical factors in normal respiratory and brain circulatory control (1, 2, 6, 7). Certainly the possibilities for quantitative appraisal of the independent influences of proposed stimuli have not yet been thoroughly explored.

The present study was carried out in an attempt to make a quantitative assessment in man of the relationships of changes in ventilation and in cerebral arteriovenous oxygen difference to the alterations in blood acid-base variables produced by inhalation of carbon dioxide. Levels of hypercapnia in the region of the normal homeostatic adjustment of pCO₂ were chosen. The primary technical objective of the study to be reported was the experimental separation of the normally interdependent blood parameters pCO₂ and pH in both arterial and internal jugular venous blood. This was accomplished by intravenous infusion of sodium bicarbonate solution during artificial regulation of alveolar (arterial) pCO₂ at an essentially constant, selected level

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TABLE 1. Ages and body measurements of subjects

Subj. No.	Age, yr.	Ht., in.	Wt., lb.	B.S.A., m ²
I	22	68.5	157	ı.84
2	20	71.3	153	вв. 1
3	21	69.5	156	1.88
4	22	71.5	166	1.96
5	20	68.9	129	1.70
Mean	21	69.9	152	1.85

above normal (8, 9, 10). By this means an effort was made to determine responses of unnarcotized subjects to CO₂-induced acidemia and the nearly exact reversal of acidemia during persistent hypercapnia.

METHODS

The experiments were conducted at the prevailing atmospheric pressure and room temperature (Table 2).

General Procedure

Each experiment consisted of four main parts, hereinafter called phases I, II, III, and IV. In phase I, measurements were obtained when the subject's alveolar pCO₂ had been artificially adjusted to approximately 44 mm Hg. Immediately thereafter, alveolar pCO₂ was adjusted to approximately 50 mm Hg and measurements repeated (phase II) to obtain indices of respiratory and circulatory responses to simultaneous increase in blood pCO₂ and cH.² A solution of sodium bicarbonate was then infused intravenously to abolish the CO₂-induced acidemia, and while again maintaining alveolar pCO₂ at 50 mm Hg, measurements were repeated (phase III). In all but one subject a delayed duplication of sampling was obtained after the sodium bicarbonate infusion (phase IV).

Subjects

Table I shows the ages and body measurements of the five normal men used as subjects for this study. All these subjects were familiar with the sensations of carbon dioxide inhalation and intravenous infusion, but were not informed regarding the order of experimental procedures or the exact agent to be infused on a particular day. The subjects reported to the laboratory in the morning in a fasted state and rested in a supine position for approximately 20 minutes following completion of vascular punctures and other preparations. The subjects were blindfolded throughout each phase of the experiments.

Artificial Control of Alveolar pCO2

The method employed for regulation of end-tidal pCO₂ at supranatural levels has been described in detail elsewhere (8). Pertinent to this study is that respiratory measurements and blood sampling were carried out only after the subject had been held stable at the desired pCO₂ for a minimum of 7 minutes. Gases employed or pCO₂ control throughout all phases of the study consisted of water-pumped, compressed air, and mixtures of CO₂ and 21 % O₂ in N₂. A mouthpiece and nose clip were employed in preference to a mask to minimize lag time in alveolar pCO₂ control. Since ventilation in all phases was greater than normal, it was expected that influences of change in pO₂ upon chemoreceptor activity would be negligible.

Infusion of Sodium Bicarbonate Solution

Prior to beginning measurements, an indwelling needle was inserted into an antecubital vein and an intravenous infusion of 5% glucose in water was established at a rate of approximately 0.5 ml/min. The infusion continued during the first two phases of the study and provided a means for administering the solution of sodium bicarbonate without disturbing the subject.

A dose of 2.4 mEq sodium bicarbonate/kg body wt was injected as a .89 molar solution into the tubing of the infusion apparatus, beginning promptly after completing the prebicarbonate measurements (phases I and II). The injection of bicarbonate was accomplished in an average time of 24 min (range 15–33 min). The dosages of bicarbonate were purposely matched to those employed by Singer et al. (11) to permit subsequent intercomparisons of effects. Subsequent to the infusion measurements were repeated, sometimes with a delay for urination to assure subject comfort.

Respiratory Measurements

Expired gas was directed by means of low dead-space, low resistance-breathing valves and 1-inch i.d. smooth-bore tubing through a high capacity (142 liters/min), rotary, wet-test gasometer. From measurements of gas volume expired and the number of respirations over a 5-min sampling period, average rate, depth, and minute volume of respiration were determined.

Blood Sampling and Analysis

Nineteen-gauge femoral arterial and internal jugular venous blood sampling needles were inserted after infiltrating the respective puncture sites with 3 ml of 2% and 1% procaine hydrochloride solution. These indwelling needles and the 1-mm bore plastic tubing connecting them to manifolds of Luerlok stopcocks (12) permitted blood to be sampled without the awareness of the subject. A pair of specially designed, electrically powered, heparinized, magnetically stirred syringes

 $^{^2}$ For convenience the term cH will be used in figures and discussion to represent pH with reversal of the positive or negative sign. Thus, an increase in asidity will be considered an increase in cH rather than being cited as a fall in pH. Over the small range of values in the present study ΔcH may be considered linearly related with $\Delta [H^+],$ which may be substituted for ΔcH upon introduction of the appropriate constant.

connected to the manifolds permitted a single individual to carry out simultaneous, constant-rate sampling of arterial and internal jugular venous blood over the entire 5-min period of respiratory measurements (13). All blood measurements except hemoglobin O₂ capacity were performed upon anaerobically transferred aliquots of these integrated samples. The arterial blood sampled for O₂ capacity was obtained in a separate, heparinized syringe after flushing the syringe dead space with 2 ml of blood prior to actual sampling. Blood samples for gas-content measurements were stored in ice-water slush prior to analysis; samples for pH determinations were not iced, but warmed to 37 C for immediate measurement.

All blood measurements were performed in duplicate. Blood CO₂ and O₂ contents were performed on 1-ml samples by the Van Slyke-Neill manometric method (14). Hemoglobin O₂ capacity was determined by manometric measurement (15), after rotating a 6-ml blood sample at room temperature for 1 hour in a 100-cc tonometer equipped to minimize evaporation of water.

Blood pH measurements were completed anaerobically within 15 min of sampling, using a McInnes-Belcher electrode system equilibrated to 37 C in a thermostatically controlled, shielded air bath, together with a Cambridge model R pH meter. Buffer checks were performed immediately before and after each blood pH measurement, using commercial buffers calibrated against National Bureau of Standards buffers. Actual temperature of blood pH measurement was checked to within ±0.1 C by means of a calibrated thermistor thermometer, the thermistor being mounted within the lumen of the tubular glass electrode. The subject's deep body temperature was determined to within ±0.1 C during each phase of the experiment, using for the purpose an indwelling rectal thermistor and the Wheatstone bridgegalvanometer circuit of the above-mentioned thermistor thermometer. Final pH and pCO2 values at the subject's body temperature were obtained by the procedures outlined by Severinghaus et al. (16). In 26 consecutive pairs of pH measurements on samples of arterial and venous blood obtained in these experiments, the average difference and the standard deviation of the individual differences were .003 ± .002 pH units. Since the present study is based upon comparison of differences in pH and pCO₂, error in duplicate pH measurements is more critical than is absolute error.

Calculations of percentage hemoglobin saturation and pO_2 were carried out in the normal manner (15). For estimation of blood pCO_2 and plasma bicarbonate a pK' of 6.105 and a Bunsen solubility coefficient (15) of 0.501 were used. The values for pK' and CO_2 solubility in cerebrospinal fluid were those presented in a separate study (17).

Circulatory Measurements

Cerebral blood flow index is defined for the purposes of this study as the ratio of the arterial-internal jugular

venous O₂ difference in *phases II*, *III*, or *IV* to the basic control arteriovenous O₂ difference of *phase I* (44 mm pCO₂). As such, it differs but slightly in numerical value from previous usage in which the A-V O₂ during air breathing at rest provided the denominator of the ratio (3, 18).

Mean arterial blood pressure was measured with an air-damped mercury manometer with zero pressure referred to a point 10 cm anterior to the skin of the back. Pulse rate was counted during the period of respiratory measurements.

RESULTS

Mean measured and derived values obtained in the several phases of these experiments³ are presented in Table 2, and the significance of observed changes in Table 3.⁴

Fig. 1A and B show the relationships of respiratory minute volume to arterial and internal jugular venous pCO₂ and pH during a) control of end-tidal pCO₂ at 44 mm Hg (phase I), b) systemic "respiratory" acidosis produced by elevating end-tidal pCO2 to 50 mm Hg (phase II), and c) reversal of the CO_2 -induced acidosis by infusion of sodium bicarbonate intravenously while maintaining pCO2 at 50 mm Hg (phase III). The data of phase IV, obtained on only four subjects, is similar to that of phase III, but is insufficient for statistical appraisal and will not be presented graphically. Relationships of blood pCO₂ and pH to tidal volume and to respiratory rate are essentially the same as illustrated for respiratory minute volume in Fig. 1A and B. For ease of comparison, the figures are so scaled that the CO₂-induced change in pH is equivalent in size to the corresponding change in pCO2. The straight lines connecting the experimentally determined points of phases I (44 mm pCO₂) and II (50 mm pCO₂) represent only a convenience and an approximation over the short range to the actual CO₂-sensitivity curves for respiratory minute volume (19) and cerebral blood flow index (3, 18). In the lower regions of the normal CO2-response curves and with the small change in pCO₂ selected for this study, the illustrative use of straight connecting lines introduces no appreciable error.

Blood Acid-Base Parameters

The figures reveal that changes in arterial blood pCO₂ and pH produced by elevating alveolar pCO₂ from 44

³ Mean values presented in these tables on 5 subjects differ in minor respects from values reported in abstract form for 4 of these subjects (a).

⁴ Additional tabular data have been deposited as Document number 6637 with the ADI Auxiliary Publications Project, Photoduplication Service, Library of Congress, Washington 25, D.C. A copy may be secured by citing the Document number and by remitting \$1.25 for photoprints, or \$1.25 for 35-mm microfilm. Advance payment is required. Make checks or money orders payable to: Chief, Photoduplication Service, Library of Congress.

TABLE 2. Effects on respiration and composition of arterial and internal jugular venous blood of elevated CO₂ tension before and after sodium bicarbonate infusion

Measurement	Phase I 44 mm Hg Alv. pCO ₂ Prebicarbonate	Phase II 50 mm Hg Alv. pCO ₂ Prebicarbonate	Phase III 50 mm Hg Alv. pCO ₂ Postbicarbonate	Phase IV 50 mm Hg Alv. pCO ₂ Postbicarbonate
Respiratory				
Min vol, liters/min/m ² , BTPS	6.25±0.94	14.82 ± 1.96	9.81 ± 1.97	11.81 ± 2.46
Tidal vol, liters, BTPS	0.627 ± 0.031	1.309±0.132	0.893±0.050	0.913±0.020
Rate, per min	18.5±2.6	21.9±3.8	19.8±3.2	24.0±4.8
End-tidal pCO ₂ , mm Hg	44.4±0.5	50.7±0.3	50.6 ± 0.5	50.1±0.8
Arterial blood				
pCO ₂ , mm Hg	44.4 ± 0.2	50.2±0.7	50.8±1.1	49.5±1.3
pH, units	7.385±0.002	7.344 ± 0.007	7.396±0.009	7.397 ± 0.009
CO ₂ content, vol %	52.2±0.5	53.9±0.5	61.2 ± 0.8	59.5 ± 0.6
[HCO ₃ -], mm/liter	26.7±0.1	27.4±0.2	31.4±0.4	30.7±0.3
pO ₂ , mm Hg	120±9	127 ± 7	127±8	126±9
Hb sat., $\%$	97.9±0.6	97.9±0.4	99.4±1.0	98.1 ± 0.3
O ₂ Content, vol %	19.2±0.7	19.5±0.7	19.3±0.6	19.5±0.8
O ₂ Capacity, vol %	19.2±0.8	19.5±0.7	19.0±0.7	19.4±0.8
Buffer slope	28.02	28.24	27.77	28.21
Internal jugular venous blood				
pCO ₂ , mm Hg	54.0±0.3	59.2±0.4	58.7±0.8	59.4±1.0
pH, units	7.339 ± 0.002	7.296±0.003	7.352 ± 0.006	7.343 ± 0.004
CO_2 content, vol $\%$	58.1±0.7	58.o±o.6	64.9 ± 0.8	64.2 ± 0.6
[HCO ₃], mм/liter	29.2±0.2	28.9±0.2	32.7±0.4	32.3±0.3
pO ₂ , mm Hg	38.1±1.1	46.8 ± 1.3	46.7 ± 2.4	43.5 ± 2.5
Hb sat., $\%$	67.9±1.7	76.4 ± 1.2	78.2±2.1	74·7 ± 2·4
O ₂ content, vol %	13.2±0.7	15.0±0.6	15.0±0.8	14.7±0.8
General				
A-V O_2 diff., vol $\%$	6.o±o.₃	4.5 ± 0.3	4.2 ± 0.3	4.9±0.4
Cerebral blood flow index	1.00	1.35	1.43	1.27
MABP, mm Hg	103±5	110±5	106±4	111±4
Pulse rate, per min	73 ± 4	81±5	80±4	86 ± 5
Body temp, C	36.8	36.8	37.0	37.1
Barometric pressure, mm Hg	7 64.7	764.5	7 64 . o	763.9

Values are means ± sem.

to 50 mm Hg are closely paralleled by the pCO₂ and pH changes of internal jugular venous blood. This parallelism persisted when sodium bicarbonate solution was infused. It is thus also evident that control of endtidal pCO₂, through fixation of arterial CO₂ tension, provided a high degree of artificial control over central levels of pCO₂. This method of indirect, experimental stabilization of central pCO₂ would, of course, be interfered with by any change in brain blood flow or metabolism. Nevertheless, in this study, it was possible to control internal jugular pCO₂ so that the average values observed before and after bicarbonate infusion differed by only 0.5 mm Hg.

When alveolar pCO_2 was elevated, the expected rise in arterial $[HCO_3^-]$ occurred, but brain venous $[HCO_3^-]$ fell slightly. Thus, in CO_2 -induced hyperventilation as in bicarbonate administration, respiratory changes were negatively correlated with alterations of internal jugular venous $[HCO_3^-]$.

Respiration

The data and Fig. 1A and B indicate that the respiratory stimulation produced by a 6-mm Hg elevation of blood pCO₂ was considerably reduced, though not completely abolished, when bicarbonate infusion lowered

blood cH. That the bicarbonate-induced reduction of rate, depth, and minute volume of respiration was unrelated to change in the pCO₂ of either arterial or internal jugular venous blood is evident, since prebicarbonate injection levels of blood pCO2 were closely sustained during and after the infusion of base. It is likewise evident that the residual respiratory stimulation following bicarbonate infusion was unrelated to acidemia, since sufficient bicarbonate was administered to more than reverse the original elevation of blood cH by carbon dioxide. It should be noted that the figures illustrate changes in respiratory minute volume rather than alveolar ventilation, since in normal subjects the former, like work of breathing (20), is more representative of total respiratory drive than is alveolar ventilation.

Circulation

Changes in cerebral blood flow index produced by hypercapnia and by bicarbonate infusion are shown in Fig. 2A and B. Since the changes in pCO₂ and pH produced in these experiments are known not to be associated with significant alterations of cerebral O₂ consumption or CO₂ production (5), the observed changes in cerebral blood flow index provide quantita-

tive expressions of alteration of cerebral blood flow. Though of course only relative, the observed changes should be, quantitatively, at least as precise as values provided by the more complex nitrous oxide method for absolute measurement of cerebral blood flow (12). The figures show that the cerebral blood flow index was elevated approximately 35% by changing end-tidal pCO₂ from 44 to 50 mm Hg, and that reversal of the CO₂-induced acidemia did not lower cerebral blood flow below the level associated with 50 mm Hg end-tidal pCO₂ prior to bicarbonate infusion. Thus, gross increase in blood bicarbonate concentration and pH exerted no significant effect upon CBF index when blood pCO₂ was not allowed to change (Table 3).

The small average changes in pulse rate and mean arterial blood pressure associated with the induced alterations in blood pCO₂, [HCO $_{3}$], and pH were not statistically significant.

DISCUSSION

Much of the difficulty encountered in interpreting the extensive studies concerned with respiratory and brain circulatory control has been related to limited adaptability of data to quantitative appraisal. In the discussion which follows, emphasis will therefore be placed primarily upon quantitative aspects of the results obtained in the present experiments. Initially, it will be convenient for the relationships of acid-base factors to respiratory and brain circulatory control to be considered separately.

Respiratory Control

Arterial and internal jugular venous blood. Of the conventionally considered chemical respiratory "stimuli" in arterial or central venous blood, only cH fell when sodium bicarbonate was infused and pCO2 held constant across the brain (phase III). Assessment of the relationship of fall in blood cH to the concomitant lowering of respiratory rate, depth, and minute volume is somewhat complicated by the use of a dose of bicarbonate slightly in excess of that required for exact reversal of the acidemia produced by raising alveolar pCO2 from 44 to 50 mm Hg pCO₂. Fig. 3 illustrates the approximate respiratory effect of more exact reversal of the CO₂induced acidemia, using the values for cH and pCO2 obtained upon internal jugular venous blood. The dashed line connecting points II and III indicates the pathway for the relationship of respiration to venous cH as increasing doses of sodium bicarbonate are administered and central pCO₂ is held essentially constant (in this case at about 59 mm Hg). This proposed pathway should pertain if infusion of base does not alter the slope of the respiratory response to CO₂-induced changes in cH. That this condition actually applies was verified by the results of a second series of experiments which will be reported separately in full (10) and by the recent study of Loeschcke et al. (20a). It further appears

TABLE 3. Statistical significance of average changes in measured values between various study conditions

Difference In:	Comparison of Experimental Phases								
Difference in:	I-II	II-III	I-III	II-III′					
RMV	<.01	<.05, >.01	<.1, >.05	<.05, >.01					
TV	<.01	<.1, >.05	<.05, >.01	<.05, >.01					
RR	<.1	<.3, >.2	<.6, >.5	<.3, >.2					
	>.05								
CBF index	<.01		<.01						
Art. pCO ₂	<.01	<.6', >.5	<.01						
Art. pH		<.01	<.3, >.2						
Art. $[HCO_3^-]$	<.or		<.01						
Ven. pCO ₂	<.01	<.7, >.6	<.or						
Ven. pH	<.01	<.01	<.1, >.05						
Ven. [HCO3]	<.01		<.01						

Probabilities indicate whether observed difference in means occurred by chance.

that administration of HCl in dogs (21) or production of acidosis with NH₄Cl, CaCl₂, or acetazoleamide in man (22) fails to alter the slope of the pCO₂-response curve.

Fig. 3 shows that reversal of acidemia (II to III'), while allowing hypercapnia to persist, removed approximately 45% of the respiratory stimulation originally produced by elevating alveolar pCO₂ from 44 to 50 mm Hg. The remaining 55% of the total increase in ventilation brought about by raising pCO₂ must have been due to changes somehow connected with elevation of pCO₂, but unrelated to alterations of the pH or [HCO₃] of arterial or internal jugular venous blood (9, 10). Similar proportionate association of respiration with changes of blood cH and pCO₂ in normal men can be derived (about 45%) from the equation of Gray (23) and from the data (about 43%) of Loeschcke et al. (24).

The change in pulmonary ventilation associated with change in blood cH observed in these and certain other studies in normal man (22-24) is large in comparison with the results of many experiments in animals and man (1, 2). In numerous instances, alteration of respiration during metabolic acidosis or acid infusion has been slight, even in the face of gross change in arterial cH (1, 2) (25). Usually in such experiments, the normal readjustments of blood pCO₂ to change in alveolar ventilation have occurred as blood cH was altered. The use of anesthetic agents in animal studies should further limit the respiratory response to acid infusion. Fig. 4. shows the magnitude of the association of changes in ventilation with change in arterial cH found in three different situations. It is evident from the figure that the degree of respiratory stimulation per unit change in blood cH, observed during pCO₂ control in the unnarcotized normal subjects of the present study, is over 500 % greater than that described by Domizi et al. (26) as a powerful effect of HCl infusion on the basis of a study also involving controlled alveolar pCO2, but using anesthetized dogs. It is noteworthy that the respiratory response to an increase in cH produced by HCl in the study by Domizi et al. (26) can, as in man, be shown to average about 45 % of the response to an equivalent acidemia induced by CO2 administration. In the normal subjects, change in ventilation per unit increase in cH is further seen to be more than ten times greater than that found by Kety et al. (25) to accompany the severe metabolic acidosis and hypocapnia of diabetes. The finding in the present experiments, averaging approximately 1.7 liters/min/m² for each .o1 unit change in blood cH, is in close quantitative agreement with the observations made by Gray (23) and Loeschcke et al. (24), using different methods for appraising the respiratory response to acidosis, and may be considered to indicate the actual magnitude of the association of ventilation to blood cH in normal individuals breathing

Extravascular factors. While the change in ventilation accompanying alterations of blood cH is large in normal man as compared with the narcotized dog or the patient in metabolic acidosis, it remains impossible to associate more than about 45 % of CO2-induced hyperventilation with alterations in the level of acidity in either arterial or internal jugular venous blood. This effect is not related to change in pCO₂, hence it is not related to changes in intracellular cH. The remaining 55 % of the total ventilatory response to hypercapnia is distinctly unassociated with change in the cH of circulating blood. but does somehow relate to change in blood pCO2, or, secondarily, to the cH or pCO₂ of extravascular fluids (1, 2, 9). The present experiments do not provide the means for identifying either the nature or the actual location of this latter effect of CO₂ administration. Change in dissolved CO₂, as indicated by arterial pCO₂ in Gray's multiple factor equation (23, 27), could represent a stimulus distinct from change in cH and could exert its effect centrally, at or within peripheral chemoreceptors, or at both locations (1, 2). On the other hand, recent studies by Loeschcke et al. (28) and Mitchel et al. (29) indicate that a respiratory response can be elicited to changes in the cH of fluid perfusing the fourth ventricle, even when the pCO₂ of the fluid remains stable. These responses in cats (28) and dogs (29), while not gross in degree, suggest that at least some cells concerned with respiratory control are so located anatomically that they can be influenced in activity by the composition of adjacent cerebrospinal fluid.

Prediction of effects of CO₂ breathing and sodium bicarbonate infusion upon cerebrospinal fluid. It was not practical to sample cerebrospinal fluid (CSF) from the subjects of the present study. However, two features of cerebrospinal fluid and the blood-cerebrospinal fluid barrier make it possible to employ the Henderson-Hasselbalch equation to calculate for these experiments the probable changes in its acid-base composition during hypercapnia and the subsequent intravenous infusion of sodium bicarbonate at controlled, elevated pCO₂. First, it is known from studies in animals and man that intravenous injection of sodium bicarbonate does not significantly increase the

[HCO₃] of CSF (1, 2, 30-32). Second, considering the known free physical diffusibility of molecular carbon dioxide (33), even into cerebrospinal fluid (2), it is reasonable to expect that alteration of cerebrospinal fluid cH in acute, stable-state experiments would be determined almost exclusively by induced changes in central pCO₂ (2, 10, 31). To calculate the cH of cerebrospinal fluid in the present study, the pCO₂ of CSF was considered to be essentially the same as that of internal jugular venous blood [in dogs the pCO₂ of CSF appears to be approximately 6 mm Hg higher that that of arterial blood (31), and in a study of this particular question in man, no difference could be found between the pCO₂ of cisternal fluid and internal jugular venous blood (32)]. In addition to selection of reasonable values for pCO₂, and the assumption that [HCO₃] of cerebrospinal fluid was not appreciably altered throughout the several phases of the study, calculation of cH in cerebrospinal fluid required appropriate values for pK' and solubility of CO₂ (17). Actually, estimation of the changes induced in the cH of cerebrospinal fluid by administration of CO₂ or NaHCO₃ does not require knowledge of the exact value for [HCO₃] in CSF. For the purposes of this study, the [HCO₃] in cerebrospinal fluid was considered to remain at 26.0 mEg/liter, close to that in the arterial blood during air breathing at sea level (18). This may be slightly in excess of the normal value for [HCO₃] in man (32).

Fig. 5A and B illustrate the relationships between calculated values for the cH of CSF and the observed values for respiration, and the pCO₂ and cH of venous blood in the three phases of the present study. In these stable states, the respiratory stimulation produced by raising alveolar CO₂ tension should be accompanied by increases of both pCO₂ and cH both in the blood and the cerebrospinal fluid. However, when bicarbonate is infused to render the blood alkaline while the pCO₂ of the blood and brain is held steady at the selected, elevated level, the cerebrospinal fluid should remain in the state of acidosis induced by CO₂ administration.

Composite factors in blood and fluids of central nervous system. The present data can be employed to examine combined influences upon respiration of acid-base factors in blood and a central acidosis which persists during hypercapnia, unaffected by intravascular infusion of sodium bicarbonate. The composite, stimulant-inhibitory influences upon respiration of simultaneous administration of CO₂ and NaHCO₃ may be described quantitatively in several different ways, as follows:

A. Independent effects of cH and CO_2 .

total
$$\Delta RMV_{CO_2} = K_1 \Delta cH_{blood} + K_2 \Delta pCO_2$$
 (1)

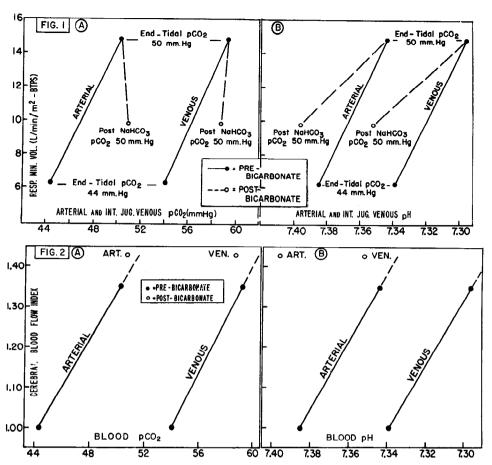
where K_1 represents the observed respiratory reactivity to change in blood [H+] in terms of liters/min/.or unit change in cH, i.e. (= .45 total $\Delta RMV_{CO2}/\Delta cH_{blood}$). K_2 is the residual respiratory response to the increased pCO₂ in liters per min per millimeter Hg pCO₂ (= .55 total $\Delta RMV_{CO2}/\Delta pCO_2$), and ΔpCO_2 represents

FIG. 1. A and B: relationships of respiratory minute volume to pCO₂ and pH of arterial and internal jugular venous blood before and after i.v. infusion of sodium bicarbonate solution (mean values in 5 normal men). Solid lines connecting closed circles represent influence of change from control of end-tidal pCO2 at about 44 to control of pCO2 at about 50 mm Hg. Dashed lines to open circles approximate influence of bicarbonate infusion while maintaining end-tidal pCO₂ close to 50 mm Hg. Infusion of bicarbonate solution resulted in prominent decrease in respiratory minute volume although no significant change occurred in arterial or venous pCO₂. Reversal of CO₂-induced acidemia with bicarbonate did not completely abolish hypercapneic respiratory stimulation.

FIG. 2. A and B: influence of change in arterial and internal jugular venous pCO₂ and pH on cerebral blood flow index. Solid lines connecting closed circles represent composite influence of change in pCO₂ and pH on elevation of end-tidal pCO₂ from 44 to 50 mm Hg. Dashed lines indicate an approximate extrapolation of observed effects of hypercarbia. Following com-

plete reversal of CO₂-induced acidemia by infusion of sodium bicarbonate, values for cerebral blood flow index at 50 mm Hg remained elevated. Change in pCO₂ unrelated to effects on blood

change in pCO2 at an undesignated location. The location, which is unknown, may be arterial, mean capillary or central venous blood, cerebrospinal or other central extracellular fluid, or intraneuronal (19, 27). This expression for ΔRMV is thus the equivalent to that derived by Gray to relate the "ventilation ratio" and acid-base factors in arterial blood (23) and relates to that of Lloyd et al. (34). It suggests independent actions of different potential stimuli but, aside from identification of a positive contribution of change in blood cH to respiratory stimulation, offers no suggestion regarding the nature or location of an effect of ΔpCO₂. Nevertheless, like the original "multiple factor equation" (23),5 equation I is closely descriptive of a large number of respiratory acid-base disturbances. Because sensitivity to CO2 is extremely variable, the constants for this equation should, of course, be determined for each subject or subject group (19). In this study, arbitrarily using values of cH and pCO₂ obtained for brain venous



pH therefore appears responsible for prominent influence of CO on cerebral vascular resistance.

blood, $K_1 = 1.66$ liters/min/m²/ Δ cH and $K_2 = 1.68$ liters/min/m²/mm Hg Δ pCO₂.

B. Actions of change in hydrogen ion concentration at multiple locations. The data of the present study can equally well be described as

total
$$\Delta RMV_{CO_2} = A\Delta cH_{blood} + B\Delta cH_{CSF}$$
 (2)

A indicates the slope of the respiratory change per unit of variation in blood [H+], and equals .45 total $\Delta RMV_{CO2}/\Delta cH_{blood}$. Similarly, B indicates the residual respiratory reaction to CO2 tension elevation, this time expressed as .55 total $\Delta RMV_{CO2}/\Delta cH_{CSF}$. ΔcH_{blood} represents change of hydrogen ion concentration in arterial or central blood and $\Delta c H_{CSF}$ represents change in [H+] of cerebrospinal or other extravascular fluids. Here no specific stimulant effect of molecular CO₂ is invoked. Rather, it is suggested that the respiratory stimulation not related to change in blood [H+] may still be related quantitatively to change in [H⁺], but in this instance by way of independent actions at anatomically distinct sites. Again, whether the effect is exerted upon medullary or other respiratory centers, or even upon peripheral chemoreceptors, is uncertain. The influence of change in blood cH remains the 1.66

 $^{^5}$ VR_{H,pCO₂} = 0.22 H + 0.262 pCO₂ - 18, where VR is the ratio of an altered ventilation to ventilation during air breathing at rest, H is the absolute hydrogen ion concentration of arterial blood in terms of a unit which, when multiplied by 10⁻⁹, is converted to mEq/liter, and pCO₂ is the absolute arterial CO₂ tension in mm Hg (23).

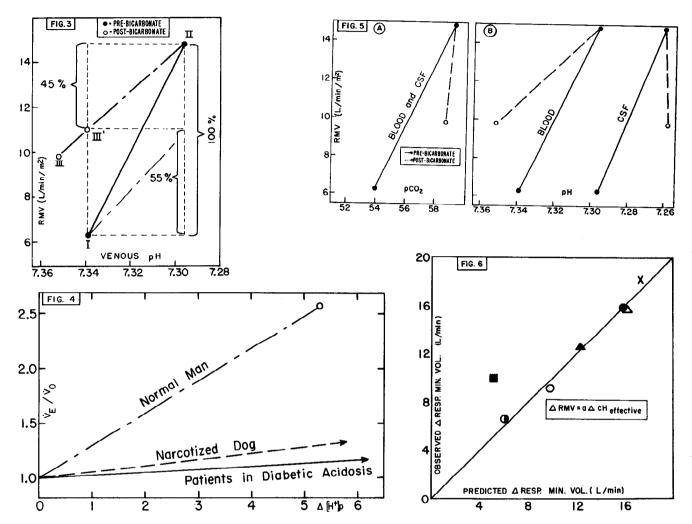


FIG. 3. Proportion of total respiratory stimulation by CO₂ which can be related to change in pH of blood (mean values for respiration and internal jugular venous blood from Table 2). Solid line connecting phases I-II represents total (100%) response to combined increase in CO₂ tension and cH, II to III' indicates that, without change in pCO₂, the interpolated respiratory change on exact reversal of CO₂-induced acidemia removes 45% of the ventilatory response to CO₂. Remaining 55% of respiratory response to hypercapnia is unrelated to change in blood cH.

FIG. 4. Change in ventilation ratio in response to elevation of blood H⁺. Vo = control ventilation per minute; VE = ventilation per minute during acidosis. A: data indicating sensitivity of normal man is from present study in which change in interval jugular venous pH occurs without change in pCO2. Values for Vo of 3.28 liters/min and resting [H+] of 40.1 obtained as supplementary measurements (10). Note that ventilatory response to $\Delta[H^+]p$ is over 500% greater for normal man than for narcotized dogs, and more than 10 times greater than in uncompensated diabetic acidosis. B: results obtained in narcotized dogs by Domizi et al. (26) in response to change in [H+] induced by HCl infusion with arterial blood pCO2 held at 40 mm Hg. C: average relationship of respiration to change in arterial or internal jugular venous [H⁺] observed by Kety et al. (25) in patients JS, MM, TH, CB and CC before and after treatment for diabetic acidosis. In these patients acidosis and increased ventilation were accompanied by hypocapnia.

FIG. 5. A and B: comparison of observed effects of sodium bicarbonate infusion on internal jugular venous pCO₂ and pH

with predicted effects on pCO₂ and pH of cerebrospinal fluid. Values for pH in cerebrospinal fluid were calculated with the Henderson-Hasselbalch equation, using values reported elsewhere for the pK' of cerebrospinal fluid (17), an assumed stable cerebrospinal fluid [HCO₃] equal to an observed mean arterial blood [HCO₃] of 26.0 mEq/liter and cerebrospinal fluid pCO₂ levels considered equal to those observed in internal jugular venous blood. While A indicates that bicarbonate infusion lowered ventilation at an essentially constant level of pCO₂ in blood, cerebrospinal fluid, and brain, B suggests that reduction in ventilation accompanying decreased acidemia occurred in spite of sustained acidosis of cerebrospinal fluid and, presumably, intracellular fluids of respiratory neurons or even glomus cells of peripheral chemoreceptors.

FIG. 6. Comparison of measured changes in respiratory minute volume with changes predicted by calculation from observed alterations of pH in blood and assumed changes in cerebrospinal fluid. Diagonal line represents absolute agreement between observed and predicted values. Data pertinent to prediction of change in RMV from measurements of cH and pCO₂ are shown in Table 4. Symbols indicate findings in various forms of acid-base disturbance. These include: \bullet , CO₂ breathing; \circ , bicarbonate infusion at 50 mm Hg alveolar pCO₂; or \circ , combined hypercapnia and alkalosis (this study); \circ , diabetic acidosis (25); and experimental acidosis due to administration of \circ , NH₄Cl; \circ , CaCl₂; or \circ , acetazoleamide (22, 24). In this figure all changes used as examples are positive except for bicarbonate infusion at 50 mm Hg alveolar pCO₂.

liters/min/m²/ Δ cH shown in equation 1. B is 2.42 liters/min/m²/ Δ cH_{CSF}.

C. Composite effect of change in [H+] of blood and CSF. Equation 2, in which respiration is correlated with a single type of chemical stimulus, can be further simplified as

total
$$\Delta RMV_{CO_2} = a\Delta cH_E$$
 (3)

In this instance, a is the slope of the over all ventilatory response to CO_2 breathing, in terms of liters per min per square meter per .o1 unit change in cH_E . ΔcH_E represents change in an "effective extracellular cH," or the composite influence of H^+ changes in blood and cerebrospinal fluid or other extracellular fluid of the central nervous system, resulting in an alteration of $[H^+]$ which correlates with changes in activity of the respiratory neurons. Thus, in the present study,

effective
$$\Delta cH = .45 \Delta cH_{1 lood} + .55 \Delta cH_{CSF}$$
,
 $a = 4.07 liters/min/m^2/.o1 \Delta cH$, (4)

and

total
$$\Delta RMV_{CO_2} = 4.07 (.45 \Delta cH_{blood} + .55 \Delta cH_{CSF})$$
 (5)

Predictions of respiratory change in acute acid-base imbalance. In equations 1 and 2 the constants describing the degree of respiratory response to change in blood cH and in pCO₂ or CSF cH were obtained by employing the values, summarized in Table 4, for elevation of pCO2 in the present study (change from phase I to II). To compare the effects of CO2 and sodium bicarbonate administration with various other forms of acute acid-base derangement, constants for ΔRMV/.01 ΔcH_E in equation 3 were derived for CO2 administration, using the subjects of this study and that of Loeschcke et al. (24), in which the effects of CO₂ breathing upon respiratory minute volume and the pCO2 and pH of arterial blood were measured as controls prior to administration of NH₄Cl, CaCl₂ or acetazoleamide (22, 24). The unreported values for pH were kindly provided by these authors. The constants for CO₂ administration, together with the data from which they were derived and the observed changes during acidbase alteration, appear in Table 4, along with information pertaining to the previously mentioned group of patients in diabetic acidosis studied by Kety et al. (25).

Using the data summarized in Table 4, the experimentally observed effects of the several acid-base disturbances are compared with the values of ΔRMV predicted from change in cH on the basis of the descriptive equations 3 and 4. (Table 4, Fig. 6). No predicted values appear in the table for CO₂ breathing, since the data for simple hypercapnia were the basis for determining the constants in the predictive equation. Fig. 6 shows that the concept of change in cH as a single index of the chemical respiratory stimulus in regulation of acid-base homeostasis provides striking agreement between observed and predicted values for change in

ventilation in the normal subjects available for test. Even the hyperventilation of severe diabetic acidosis, often cited as an example of the inadequacy of change in [H+] as an index of the respiratory stimulus, is now seen to be not grossly different from that calculated from changes in blood and "CSF" cH. Actually, if the expected slight reduction of [HCO-3] in CSF occurred in these patients, the discrepancy in Fig. 6 would be in part crroncous. Similar close agreement between calculated and observed values can be shown for respiratory rates and tidal volumes in these conditions.

Relation to "multiple factor" and "reaction" theories. The preceding analysis relates, in normally oxygenated individuals, both to the reaction theories of Winterstein (1, 2) and the multiple factor theory of Gray (23). As mentioned elsewhere (1, 2), the reaction theory has successively emphasized the absolute influence upon respiration of change in hydrogen ion concentration in arterial blood, within the respiratory neurons and, ultimately, at both central and chemoreflex receptors. Whereas the support for the reaction theory has thus far depended largely upon qualitative studies, the present analysis indicates a quantitative correlation in man between change in ventilation and change in hydrogen ion concentration.

The present studies resemble the multiple factor theory in that each provides a quantitative description of a variety of acid-base disturbances, each attributes essentially the same value to a respiratory effect of change in blood cH, and each associates the remaining respiratory drive to an action of CO₂ not related to its effect upon blood cH. Thus, the major differences between the present interpretations and the multiple factor theory include use in the latter of pCO₂ as a factor separate from the extravascular changes in cH which must be induced by change in pCO₂, and emphasis upon arterial blood values for all indices of respiratory stimuli.

Limitations. Because of the extreme permeability of cells and membranes to molecular CO2 (33), an acute elevation of the physical pressure of CO2 in arterial blood will result in an increase of cH both in intracellular and extracellular fluids of the central nervous system. It is for this well-known reason that unequivocal separate appraisal of [CO₂] and cH as potential respiratory stimuli has not yet been accomplished, even when techniques of direct injection into respiratory centers have been used (35). In describing the respiratory response to CO₂ administration, it therefore remains necessary to select, on purely arbitrary grounds, either change in CO₂ tension, or extravascular change in cH, as an index of the respiratory stimulus not related to change in cH of the blood itself. With these limitations clearly in mind, the chief objection to a multiple factor concept and to the continued designation of arterial pCO₂ as a distinct factor in respiratory control is that change in pCO₂ (or [CO₂]) has never been shown to affect respiration even qualitatively without the pCO₂ change being somewhere accompanied by a corresponding alteration of pH. Thus, respiratory effects

TABLE A	1. Mean	values	employed	for con	nparison of	observed and	$!$ calculated Δ	RMV	in Fig. 6	ĵ

Conditions and References	No. of Subj.	Change in pCO ₂		Change in cH			Response to CO ₂ , liters/	Change in RMV		Symbol	
		Arterial	Venous	Arterial	Venous	CSF	Effective	min/Δ .01 cH _{eff} .	Observed	Predicted	Fig. 6
A (this study) Increase in end-tidal pCO ₂ from 44 to 50 mm Hg (I-II) Bicarbonate infusion at 50 mm Hg (II-III) Combined hypercapnia and alkalosis (I-III)	5	+5.8 -0.6 +6.4	+0.5	+.041 +.052 011	+.056	002		4.07	+15.86 +9.27 +6.59	+9.77	•
B (22, 24) Inhalation of 4% CO ₂ in 35% O ₂ in N ₂ Inhalation of 6% CO ₂ in 35% O ₂ in N ₂ Ingestion of NH ₄ Cl, $\Delta\dot{\mathbf{V}}_0$ Ingestion of CaCl ₂ , $\Delta\dot{\mathbf{V}}_0$ Ingestion of acetazoleamide, $\Delta\dot{\mathbf{V}}_0$	7	+2·3 +7.0 0 0		+.018 +.053 +.093 +.070 +.101		-	+.019 +.056 +.042 +.032 +.045	3.85	+6.93 +22.70 +15.70 +12.50 +18.20	+12.32	△ ▲ ×
C (25, this study) Diabetic acidosis	5	-25.4	-14.4	+ .270	+ .250	183	+.012	4.07	+10.00	+4.88	

Predicted values for Δ RMV were calculated using the expression Δ RMV = $a\Delta cH_{effective}$, where $\Delta cH_{effective}$ = .45 ΔcH_{blood} + .55 ΔcH_{CSF} . In conditions A and C, data for change in internal jugular venous blood were available and, on an arbitrary basis, were used in place of values for Δ cH and Δ pCO₂ in arterial blood. In condition B, only arterial blood data were available. No predicted Δ RMV is shown for simple CO₂ breathing since observations of Δ RMV during CO₂ inhalation were used to determine "sensitivity" constants in respiratory control equations; for this reason observed and predicted values would be identical. In test of data for experimental acidosis (22, 24), technique used for graphic equalization of arterial pCO₂ in 2 experimental situations was considered as accomplishing the same fixation of central pCO₂ as was achieved for the present study by artificial regulation of end-tidal pCO₂ (8). Prediction of change in RMV during diabetic acidosis (25) was based on patients JS, MM, TH, CB, and CC and the use of average response to CO₂ breathing of 4.07/.01 effective Δ cH in the 5 subjects of conditions A in this table.

designated as change in threshold to pCO₂ (36) may in fact be related to change in stimulus level. Since change in pH of the blood (23, 26) or of the cerebrospinal fluid (28) does affect respiration without change in pCO₂, it must be realized that, in selecting a stimulus index for respiration, the choice to be made remains between 1) changes in a single chemical stimulus index which can be quantitatively correlated with changes in ventilation (Fig. 6) and 2) changes in two different factors, one of which has not yet been demonstrated to have any independent respiratory stimulant properties. Whereas 2) appears unreasonable, there are situations such as simple CO₂ breathing when, for practical purposes, it may be convenient and adequate to employ changes of pCO₂ as the sole index of the respiratory stimulus (19).

The descriptive expressions relating the single factor, cH, and respiration in the present study also have limitations. Even if it were presumed that CO₂ breathing increases ventilation only via acidification of blood and other fluids, it remains uncertain how or even where the clearly demonstrable respiratory effects of changes in blood cH are effected. Central neurons are not directly exposed to circulating blood. Certainly equations 2 and 3, though expressing the quantitative adequacy of a single-stimulus index in the respiratory response to CO₂ breathing, do not distinguish among a) the uniform influence of a single, composite cH change upon central respiratory neurons, b) actions of cH at different sites upon cells having perhaps different sensitivities to change in cH, c) integration of concurrent, but separate,

influences of blood and cerebrospinal fluid acid-base reaction upon nerve cells exposed both to blood and to cerebrospinal fluid, and d) possible direct or chemoreflex influences of change in blood cH upon the threshold of central respiratory neurons to changes in the cH of their own local environment.

There are further limitations which, while apparent, deserve mention here. In spite of the clear correlation of respiration with change in measureable factors such as cH, the mechanism by which any stimulant factor affects the activity either of central respiratory neurons or peripheral chemoreflex receptors is essentially unknown. Second, the quantitative relationships observed in the present study appear to pertain to conditions of acute respiratory stimulation and its removal; they do not necessarily relate to depression of breathing below the normal, eupneic level (11, 20a, 37), or to some chronic alterations of acid-base balance (38, 39). Finally, there must be added the obvious fact that, in contrast to the responses in CO2 breathing, respiratory regulation in eupnea appears to involve fluctuations in reactivity of respiratory neurons to chemical stimuli, with inverse correlation between the magnitude of ventilation and the levels of cH or pCO2 in blood and central fluids.

Brain Circulation

Fig. 2 shows the increase in CBF index observed in the present study, with elevation of alveolar pCO₂ from 44 to 50 mm Hg. However, when arterial pCO₂ was

maintained at 50 mm Hg and the CO2-induced acidemia abolished by infusion of sodium bicarbonate, the CBF index remained as high as when pCO2 and cH were elevated together. Thus, in contrast to respiratory drive, the tone of cerebral vessels appears to be related almost quantitatively to change in pCO2 and to be unaffected by change in blood cH unless the latter is accompanied by alteration of CO₂ tension. These findings in the region of normal acid-base balance may differ only in degree from those of severe metabolic acidosis (25), in which gross change in the acidity of blood is associated with a detectable diminution of cerebral vascular resistance, even though blood pCO₂ is lower than normal.

The apparent relationship of cerebral blood flow index to change in the pCO2 and essential independence of change in the cH of blood perfusing the brain still does not assure a direct role for molecular CO2 in control of brain circulation. As in the case of part of the respiratory response to CO₂ breathing, it is not yet possible to effect experimental separation of the roles of CO2 and H⁺. Therefore, although the effects of increased CO₂ tension in blood upon the tone of brain vessels may be brought about by some primary action of the CO2 molecule (such as inert gas narcosis), the ready passage of CO₂ into cells (33) may produce the relaxation of vascular smooth muscle cells indirectly, as through the changes this induced in intracellular cH.

Interactions of Respiratory and Cerebral Circulatory Control

Changes in the CO₂ tension of arterial blood are determined by, and at the same time indirectly contrib-

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ute to, the existing ventilatory state. CO2 also provides the major link between the mechanisms of respiratory control and those concerned with the regulation of overall brain circulation. Under normal circumstances, breathing air, the linkage of respiratory and brain circulatory control via arterial pCO2 should tend to minimize fluctuations in the cH, pCO₂, and pO₂ of respiratory neurons and other components of brain tissue (5, 19). It is for such reasons that the background regulation of the brain circulation and, hence, of the internal environment of the brain can be considered in large measure to be passive consequences of an active response by respiratory neurons to acid-base changes in their own local environment (40, 41). Even in a system of interrelated respiratory and brain circulatory control, the different effects upon respiration and cerebral blood flow index resulting from change in cH and pCO₂ are not surprising. While CO₂ is prominently involved in the regulation of each function, there is no reason to expect that the ultimate biophysical mechanisms by which change in pCO2 produces relaxation and contraction of smooth muscle cells in cerebral vessels are the same as the mechanisms which increase and decrease the rate of electrical discharge by the neurons of the respiratory centers. The results of the present study offer no direct information bearing upon this question. However, they are quantitatively compatible with the possibilities that [H+] may be intimately involved within each system (perhaps extracellularly for respiratory neurons and intracellularly for smooth muscle cells), and that molecular CO2 has no direct role in either.

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