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<variable type="" id="Ov8;2gsB=d`z!4C9,0+%">1000米时间</variable>

<variable type="" id="Lr6ZP6;t;crq[fLUB:gY">100米时间</variable>

<variable type="" id="!Sady[mKO;}bzHO3D4hv">体力值</variable>

<variable type="" id="1rrH+2iC[xKA`gQp5Kb9">气息</variable>

<variable type="" id="N4RIak:STUE$#1f^5GCa">路程</variable>

<variable type="" id="!?3SY:sjQXkn+;wZe-};">时间</variable>

<variable type="" id="uTh6KvPy[lAZ5{[]\*Sph">文本1</variable>

<variable type="" id="9qi^h#8a4Mi/:Smclfwv">文本2</variable>

<variable type="" id="VX|g.pEPVQ}H9pd9k~CH">文本3</variable>

<variable type="" id="DxH1\_e`W+WJh~I?D:$zJ">文本4</variable>

<variable type="" id="1C9X^:DO-Yw/W[k?4Zlq">抉择</variable>

<variable type="" id="17GG?iTYOzcR2Ln4|\_WR">文本</variable>

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<block type="text\_print" id="~)}5Y!loH:YKgnM9Dsmn" x="187" y="112">

<value name="TEXT">

<shadow type="text" id="uH|]T;U4P+mwcf7$lgXD">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="$F(KI^Z9tKO`6%T0r8W@">

<field name="TEXT">跑步模拟器</field>

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<block type="text\_print" id=";SfGy[ki%i!He,K[g%q=">

<value name="TEXT">

<shadow type="text" id="gwb16K?XjgY9./P=Wp]E">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="9UlADKYNsw|;80Rw]oxV">

<field name="TEXT">回答问题后即可进入跑步模拟</field>

</block>

</value>

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<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

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<mutation type="NUMBER"></mutation>

<field name="TYPE">NUMBER</field>

<value name="TEXT">

<shadow type="text" id="}=w)\*zeu2I6=wMuk~4g-">

<field name="TEXT">你尽全力跑一千米需要多少秒</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id=";,8(Q4\_g6rwNW%7LHJv0">

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<value name="VALUE">

<block type="text\_prompt\_ext" id="?u5@lAoVg()1LEByC,w1">

<mutation type="NUMBER"></mutation>

<field name="TYPE">NUMBER</field>

<value name="TEXT">

<shadow type="text" id="(Br31`2}Z}^6`A2z3Hb0">

<field name="TEXT">你冲刺跑一百米需要多少秒</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="s}qBpu60+dWb9FM9\*Pl@">

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</block>

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<block type="variables\_set" id="P-~NGT@wywN-nnH|W!xC">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

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</value>

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<block type="variables\_set" id="%0^oS.356;~Fr~;bK7Hp">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

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<block type="variables\_set" id="%qF?GH%:zM^]=lRrU(jN">

<field name="VAR" id="uTh6KvPy[lAZ5{[]\*Sph" variabletype="">文本1</field>

<value name="VALUE">

<block type="text" id="i#vRQDU,ut+nPb=4RKoL">

<field name="TEXT">你已经跑了</field>

</block>

</value>

<next>

<block type="variables\_set" id="22,p~vO)1VxWa@u}:jTT">

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<value name="VALUE">

<block type="text" id="R\*5m.m0B6n#An4wBoMpG">

<field name="TEXT">你共用了</field>

</block>

</value>

<next>

<block type="variables\_set" id="JiXk`bltZwFwbK-7g;;%">

<field name="VAR" id="VX|g.pEPVQ}H9pd9k~CH" variabletype="">文本3</field>

<value name="VALUE">

<block type="text" id="$rFoU~R:iLKu7{H;R@Pm">

<field name="TEXT">米</field>

</block>

</value>

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<field name="VAR" id="DxH1\_e`W+WJh~I?D:$zJ" variabletype="">文本4</field>

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<block type="text" id="lLtNM3n].A#;^kug:ijH">

<field name="TEXT">秒</field>

</block>

</value>

<next>

<block type="controls\_whileUntil" id=")aVT:b0qpL7Yc0?XiM7Q">

<field name="MODE">UNTIL</field>

<value name="BOOL">

<block type="logic\_compare" id="a5RuX[7/)#ys6G^k9[Yx">

<field name="OP">LTE</field>

<value name="A">

<block type="variables\_get" id="TD`jBNC6j4-FshGvQf-0">

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</block>

</value>

<value name="B">

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</block>

</value>

</block>

</value>

<statement name="DO">

<block type="controls\_if" id=")Zn^a!\*Qi$3(122w((-U">

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<block type="logic\_compare" id="\*p\*`RSfz((s49vs-l)uH">

<field name="OP">LTE</field>

<value name="A">

<block type="variables\_get" id="AHf$I,Zi{v7U0/H`DG8f">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

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<field name="NUM">3</field>

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</value>

</block>

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<field name="TEXT">abc</field>

</shadow>

<block type="text" id="Toq;E3YURls$/\*)XOtAd">

<field name="TEXT">你快要喘不上气了</field>

</block>

</value>

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<value name="B">

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<block type="text\_print" id="|`Xy:o7AS/s\_2SHCK)S;">

<value name="TEXT">

<shadow type="text" id="R?$WCgY1K\*8Oae.m$bzb">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="WdtHNfO/,th]vgmQ78~Y">

<field name="TEXT">你精力充沛</field>

</block>

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<value name="IF1">

<block type="logic\_compare" id="FAH7,t7YFmm~npcTXKM#">

<field name="OP">GTE</field>

<value name="A">

<block type="variables\_get" id=".r,}\*p7icaW[E4Mv=-!f">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

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</value>

<value name="B">

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</block>

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<statement name="DO1">

<block type="text\_print" id="|+llK+@(^iiI$u@3Booh">

<value name="TEXT">

<shadow type="text" id="R?$WCgY1K\*8Oae.m$bzb">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="AGDh%,ug;;=;jPXl#\*3j">

<field name="TEXT">你稍稍有些疲倦</field>

</block>

</value>

</block>

</statement>

<statement name="ELSE">

<block type="text\_print" id="7$?e-V#(V^aYxEYd?-Y~">

<value name="TEXT">

<shadow type="text" id="R?$WCgY1K\*8Oae.m$bzb">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="|51P^Z{2~sSet7,5eA/z">

<field name="TEXT">你想要休息</field>

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<block type="text\_print" id="EWakiq9jw\_\_;{#Lt5Cky">

<value name="TEXT">

<shadow type="text" id="r1ZIKbx@^6`,H0l~IZ]E">

<field name="TEXT">abc</field>

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<block type="math\_arithmetic" id="=-x=[[]TdTbX|ncU$iqO">

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<value name="A">

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<block type="variables\_get" id="^5C#E,H-ihHt!@/p,E=2">

<field name="VAR" id="uTh6KvPy[lAZ5{[]\*Sph" variabletype="">文本1</field>

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<value name="B">

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<shadow type="math\_number" id=",]9x)gZ(c)1]NF@VXvxq">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="SPfWvll2%0}|Pt)H5nKO">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`\_TM`\_k^\_wb]Q?(@.^cr">

<field name="NUM">1</field>

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<block type="variables\_get" id="~Q!O\*vSS~oRVlJ:c^C{)">

<field name="VAR" id="VX|g.pEPVQ}H9pd9k~CH" variabletype="">文本3</field>

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<value name="B">

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<field name="NUM">1</field>

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<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id=",]9x)gZ(c)1]NF@VXvxq">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id=",Xt]y!6ih:Q1,:=D??nA">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`\_TM`\_k^\_wb]Q?(@.^cr">

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</shadow>

<block type="variables\_get" id="ndeGAZxvnP,=|Ny2hw\_h">

<field name="VAR" id="DxH1\_e`W+WJh~I?D:$zJ" variabletype="">文本4</field>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="+3=KX/;W(#!\_s)%R/q8g">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

<value name="VALUE">

<block type="text" id=",7,PX/G%F%bu`|ES=,4l">

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<block type="variables\_set" id="HaC=8jDO\_Xn?ZSmKfvM-">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

<value name="VALUE">

<block type="text\_prompt\_ext" id="c+,!qx|Aoub}V3IScW|.">

<mutation type="TEXT"></mutation>

<field name="TYPE">TEXT</field>

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<field name="TEXT">abc</field>

</shadow>

<block type="text" id="T,W9R\_o}M17;c2S;nbA|">

<field name="TEXT">你决定。。。{输入“快速奔跑‘’‘’平稳跑步‘’‘’慢跑换气‘’‘’走路休息‘’</field>

</block>

</value>

</block>

</value>

<next>

<block type="controls\_if" id="QIv\_E`kh+)t9WB]0t~m(">

<mutation elseif="3" else="1"></mutation>

<value name="IF0">

<block type="logic\_compare" id="I3DY(ra|Hn+Kp!H2L#Eg">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="O|{k7!?uh{4(,cevc{5V">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="G(~vEr0z@Iqc%boW}s[P">

<field name="TEXT">快速奔跑</field>

</block>

</value>

</block>

</value>

<statement name="DO0">

<block type="variables\_set" id=";\_T/zueuvhJw=ug[@)U8">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="vuWY.AQ871v^Y6a/|H/L">

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<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

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</shadow>

<block type="variables\_get" id="Z2Xa,1,N2Tgnw@{bteD[">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="!3,%2z4NCDmOsadv5`R(">

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</value>

</block>

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<block type="variables\_set" id="X#jQQX08f#:v{C+JW9i1">

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<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

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<block type="variables\_get" id="+t=#^uz,EG.-/Kg`sJgM">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

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<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="[qnlC\*`n6C8YUDgltw|E">

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</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="FWZLgFqr%K|`t[LIXx%`">

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<value name="A">

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</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

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</shadow>

<block type="variables\_get" id=":)X|w]gZ#TKkj0YA2fl=">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

</block>

</value>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="VuI/ZY7aA3-n5+E{,8BM">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="t7O}@\*a\*L+H}$#%WIVx|">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="]Zw;]osA=3IyWAX.SR)(">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

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<block type="variables\_set" id="tT`S$T)+sE%lFjrPX{xG">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

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<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="ze!r/OeF/)Afnc.K3v5v">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="Sq/#$AzEkEmA?vJc+l?|">

<field name="NUM">1</field>

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</value>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<value name="IF1">

<block type="logic\_compare" id="Pd]8oDimpK@u\_]QJIm(7">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="pbld8?!URX7]e=qU,bs5">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="JA71$WMtC$9+G7hp%0y(">

<field name="TEXT">平稳跑步</field>

</block>

</value>

</block>

</value>

<statement name="DO1">

<block type="variables\_set" id="h:9/(E7[Ik4UHk{YLNt+">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

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<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

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<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="s{4]T=f0/C$,[KGC`$C3">

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</shadow>

</value>

</block>

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<next>

<block type="variables\_set" id="e!Bi~tc3XEhFW|{B$alo">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="J1~pW[If?;4Ce?)8g}K`">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="An;kOpw|U6g`93ucq7Sf">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="GMus0%E)/P2d8j0~l.Fy">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="cG[XdGIJ5,=%Z8)(5E{g">

<field name="NUM">5</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="O/C].7I,D%/vi`gka|)n">

<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="~`^G0#Y4$|3!2DosEr~5">

<field name="NUM">1000</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id="B;!l50,$bUsppbEmxOqz">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

</block>

</value>

</block>

</value>

</block>

</value>

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<block type="variables\_set" id=";t+oyA+NHDKbXzEf4m:V">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="(}|wxfIn:U|i12e!B$WH">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="$agA1vN`yXL6k+GJ|XeX">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="lIakVb+O}z\_c3M=?Ti5m">

<field name="NUM">4.2</field>

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<block type="variables\_set" id="y5ePHou?`$E]{)K3d:pN">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="BiJclwF+72mHseDyw[:J">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="Bg~87KCVll;b+bo:JTJF">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="D2rFt6j)hcF/F,X7[MB`">

<field name="NUM">1</field>

</shadow>

</value>

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</value>

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</block>

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<value name="IF2">

<block type="logic\_compare" id="K:sj;=W0JaEBJFuV0yQX">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="F/fC{/jtM=|Y2k\*C%LwW">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="i-s\*}7CIM\_2i}}/6:3]i">

<field name="TEXT">慢跑换气</field>

</block>

</value>

</block>

</value>

<statement name="DO2">

<block type="variables\_set" id="(.;Qz|]21\_R=o0:lJz?i">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="?kXCx|WLhAd~{TC6+6J:">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="1g5muQqXLeT5n:eo`P@)">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="mm7G2!B.E/@oN#2HU.CA">

<field name="NUM">5</field>

</shadow>

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</value>

<next>

<block type="variables\_set" id="A=F%JruL/xoG;=vWP?{A">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="jLGv,kA4ag{Wzxg9aO8D">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

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<block type="variables\_get" id="nl#7?Tk=Ovq[R8N?1n\_|">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="tG2|5fcfqh{ohmc\_j^K2">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="NPNr{Q45wZG3/Xk.%(EE">

<field name="NUM">3.5</field>

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</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

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<block type="math\_arithmetic" id=".L5muQ?Oh[[`zR{rsif2">

<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="9z0xh,v=x=#TQ$+:5N#@">

<field name="NUM">1000</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id="E7-(h|,Ed.3rZ(i#uQC7">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

</block>

</value>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="P58=4!m+0}SLdb\*u0Gz,">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="A?1!cxrNup53RGbn}Wva">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="r6(`tONbI)Lbzuhw,FMd">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="=OG5mWi;mv~(m7j/}\_e-">

<field name="NUM">2</field>

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</block>

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<next>

<block type="variables\_set" id="u/X[rB?SvM$%T6}E7!][">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="I^Z+@79Mlp=LKy;GzK:z">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="51SJZglvJNiv:T$8Rt6h">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

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<value name="B">

<shadow type="math\_number" id="Qf~MS],@e}qZ8}E#u6!O">

<field name="NUM">3</field>

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</value>

</block>

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</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<value name="IF3">

<block type="logic\_compare" id="~1JC=lhTyLF8(b\_yS/xe">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="Yj)1#1c]%a$?3i{qJCFx">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="^kAsA]Pr$u1MzOGL+D\*n">

<field name="TEXT">走路休息</field>

</block>

</value>

</block>

</value>

<statement name="DO3">

<block type="variables\_set" id=",I6Ow-|2sj|0l(Y~hHl\*">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="G8@Q5h/9G9F`xY?](,Sn">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="kel4eT`]4L%7Q]/c!sj}">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="00Z8\*VI?[v!Mxe1d:Q,5">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="X#RB%2sqn;uM(rh9itK.">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id=":^EBBNVgCu)AVa@e\*U9^">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="sttV/lULxm$%6{2j!T}l">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

<field name="NUM">8</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="B)v[k3-]@VO4~DhJ56Sf">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="iclS;slyPz+G14df|@k1">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="W5fCifrs7bI77!l5fZdM">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="xj\_N@v(D0{4\_licH}610">

<field name="NUM">1</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="8~u-f-7NxX%uU=t:LO8x">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id=";W[mIMR@`qoi4t9Dv8H?">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="@7]Ac:kyfu-rhq#?/\_Hk">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="4rumq$tz,6(!uGe}jlU2">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<statement name="ELSE">

<block type="controls\_flow\_statements" id="$0MEP~2YoK{A!zya\*QGP">

<field name="FLOW">BREAK</field>

</block>

</statement>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<value name="IF1">

<block type="logic\_compare" id=",0?]`?$~^UcKs47i1-[C">

<field name="OP">LTE</field>

<value name="A">

<block type="variables\_get" id="t@{P=%ANg4hx\*?#N:7Zl">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<block type="math\_number" id="xLl(P;9I2wQA\_TYr1^1k">

<field name="NUM">5</field>

</block>

</value>

</block>

</value>

<statement name="DO1">

<block type="text\_print" id=".vY0pX4B#TlNbN.pdXVU">

<value name="TEXT">

<shadow type="text" id="IK%hEVHIf^#|M#o]bnz:">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="}t.k|]jdmzPt^,E(W`71">

<field name="TEXT">你有些胸闷</field>

</block>

</value>

<next>

<block type="controls\_if" id="xKCa7-Xkty#{7MX11]B?">

<mutation elseif="1" else="1"></mutation>

<value name="IF0">

<block type="logic\_compare" id="Ql#$[F-2,^$@S2\_g=xSj">

<field name="OP">GTE</field>

<value name="A">

<block type="variables\_get" id="Zr(N[eDQsZfZ%FmL+4H@">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<block type="math\_number" id="E!6k-JbSCRnU9ufU)j;g">

<field name="NUM">150</field>

</block>

</value>

</block>

</value>

<statement name="DO0">

<block type="text\_print" id="{v9Pt;Ojl@Z462\*n}Kc8">

<value name="TEXT">

<shadow type="text" id="R?$WCgY1K\*8Oae.m$bzb">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="-}\_ZQ.ty.z;g`PZeiA@O">

<field name="TEXT">你精力充沛</field>

</block>

</value>

</block>

</statement>

<value name="IF1">

<block type="logic\_compare" id="NNM[k{M@K~,Ah=dv]XV/">

<field name="OP">GTE</field>

<value name="A">

<block type="variables\_get" id="Bwp=?c2St$U)rrCG^f-M">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<block type="math\_number" id="=:d|1=dV^m%g@oBj[JOE">

<field name="NUM">100</field>

</block>

</value>

</block>

</value>

<statement name="DO1">

<block type="text\_print" id=";o`CAmAF-K33DKup9g5H">

<value name="TEXT">

<shadow type="text" id="R?$WCgY1K\*8Oae.m$bzb">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="`-Bi8r@AXP\*rIC6pVRdf">

<field name="TEXT">你稍稍有些疲倦</field>

</block>

</value>

</block>

</statement>

<statement name="ELSE">

<block type="text\_print" id="zp;2$C%vD#+|sv6m)W?R">

<value name="TEXT">

<shadow type="text" id="R?$WCgY1K\*8Oae.m$bzb">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id=")~cTDvz-k5O4NBAe{2#h">

<field name="TEXT">你想要休息</field>

</block>

</value>

</block>

</statement>

<next>

<block type="text\_print" id="H|n3ZnZ3Z|kA5v9y9#n3">

<value name="TEXT">

<shadow type="text" id="r1ZIKbx@^6`,H0l~IZ]E">

<field name="TEXT">abc</field>

</shadow>

<block type="math\_arithmetic" id="tAv7vD42V]z^j2g(C,MV">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="di6)A(a5#vg6c6@${Dl`">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="\*%.V5D[xle8q~E$f;ejW">

<field name="VAR" id="uTh6KvPy[lAZ5{[]\*Sph" variabletype="">文本1</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="CLT.|mcbx?6Qx=][CW9X">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="|p9khWIO~]|\*@jpbDeNH">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id=",]9x)gZ(c)1]NF@VXvxq">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="?reWA7nls5j3Xe0mfAu:">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`\_TM`\_k^\_wb]Q?(@.^cr">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="bD:a]3$q4TKBIk-:BUsR">

<field name="VAR" id="VX|g.pEPVQ}H9pd9k~CH" variabletype="">文本3</field>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="text\_print" id="}j%;%@bq\_Xi2}]3Bg;(6">

<value name="TEXT">

<shadow type="text" id="r1ZIKbx@^6`,H0l~IZ]E">

<field name="TEXT">abc</field>

</shadow>

<block type="math\_arithmetic" id="Tq:+p45?\_m.[h~}C]tRQ">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="di6)A(a5#vg6c6@${Dl`">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="FaEN77XL41jCoHdi#Wus">

<field name="VAR" id="9qi^h#8a4Mi/:Smclfwv" variabletype="">文本2</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="CLT.|mcbx?6Qx=][CW9X">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="+ft()!@tx)c(]JptZQ13">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id=",]9x)gZ(c)1]NF@VXvxq">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="]e67!`xqNO4(pMFzX.D6">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`\_TM`\_k^\_wb]Q?(@.^cr">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="1%zh;|zW(BYY!C2KyL2#">

<field name="VAR" id="DxH1\_e`W+WJh~I?D:$zJ" variabletype="">文本4</field>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="J[2H1#{t:}]{PQ7/e,0v">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

<value name="VALUE">

<block type="text" id="iKYdC}71U,Qw#E@JDcx8">

<field name="TEXT">无</field>

</block>

</value>

<next>

<block type="variables\_set" id="y7ia.@fYyu}\*\_bF+1!G~">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

<value name="VALUE">

<block type="text\_prompt\_ext" id="T#o6Rp7A8WR^k#4[Q|lA">

<mutation type="TEXT"></mutation>

<field name="TYPE">TEXT</field>

<value name="TEXT">

<shadow type="text" id="mGUw?latNByI=kP?%x9j">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="}4MC`opg4Jlw0DDkSlYN">

<field name="TEXT">你决定。。。{输入“全力冲刺”“快速奔跑‘’‘’平稳跑步‘’‘’慢跑换气‘’‘’走路休息‘’</field>

</block>

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</block>

</value>

<next>

<block type="controls\_if" id="q9HV2(+CmD`!,j\_~0~!E">

<mutation elseif="4" else="1"></mutation>

<value name="IF0">

<block type="logic\_compare" id="aFJ.I!hf.1M#`1\*=1m?r">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="?+pZ`]k%^N[AKlh7VH0f">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="}T$89BKc$91)6!vDf+3f">

<field name="TEXT">快速奔跑</field>

</block>

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<statement name="DO0">

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<block type="math\_arithmetic" id=".hAvTs!r$yZOR:3O^{M!">

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<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

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<block type="variables\_get" id="N)Mm$+8|p=76X~iG-)xp">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

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<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

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<block type="variables\_get" id="l;#),/Gn{|Z=)KU?nrE6">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

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<value name="A">

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<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

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</shadow>

<block type="variables\_get" id="[)!F\*ewT1kvw^25\_HQ[y">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

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</value>

</block>

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<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

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<value name="A">

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<block type="variables\_get" id="(0bx!bfKy8%mG;[b(dWY">

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</value>

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<value name="VALUE">

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<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

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</shadow>

<block type="variables\_get" id="BBF?WuISoD$p%1OL)LKV">

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<value name="A">

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<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="T\*y#92[R.QCm+Vo[K-`w">

<field name="TEXT">平稳跑步</field>

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<statement name="DO1">

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<value name="B">

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<value name="B">

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<block type="math\_arithmetic" id="~[}P{;o%Xq8d0MbwY2LR">

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<value name="A">

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<field name="NUM">5</field>

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<value name="B">

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<block type="variables\_get" id="sXNBBaFz%RIOE[UAq2F+">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

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<block type="variables\_set" id="5c[:D/u$q8pEc1b]C)Rt">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="[/z7fEM,qtA4#k|gSmGH">

<field name="OP">MINUS</field>

<value name="A">

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<block type="variables\_get" id="({F=z83Fld~DnD?Odm;2">

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<block type="variables\_set" id="18LyGbU/z3((r|4q#V@5">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="N1!NV.9o4=Q//zWF:3gS">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

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</shadow>

<block type="variables\_get" id="j.v)c;`l#{A?[fyFpZs9">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

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<value name="IF2">

<block type="logic\_compare" id="NtAi$]5$rw.h=j|N7cKl">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="5`p`Eef:ksZ\*xVLR1vO%">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="(Q0^{8.x{pL/+)oL0)o^">

<field name="TEXT">全力冲刺</field>

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<statement name="DO2">

<block type="variables\_set" id="v%Ge!79BV|RCd9iGt`T`">

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<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

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<block type="variables\_get" id="h0pJ!|ISG5KfDO/B`{Ga">

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<value name="B">

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<block type="variables\_set" id="2byD3:/h+hOE`HEuw$x-">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="}5Vm}ipL%#H,;6,[,vIw">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

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<block type="variables\_get" id="Hx@tDA`[RRy!(MjTe9sC">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

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<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

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<block type="math\_arithmetic" id="M+5UqO}!G^8eoY\_vSSf-">

<field name="OP">MULTIPLY</field>

<value name="A">

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<field name="NUM">5</field>

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<block type="math\_arithmetic" id=":m7Zt0CFGxi5dev0KQiX">

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<value name="B">

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<block type="variables\_get" id="^[wCFgOJyP!tCa}8+@I0">

<field name="VAR" id="Lr6ZP6;t;crq[fLUB:gY" variabletype="">100米时间</field>

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<value name="VALUE">

<block type="math\_arithmetic" id="Ih`/Djy1J=ItE^+0y]^2">

<field name="OP">MINUS</field>

<value name="A">

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<block type="variables\_get" id="ct%h+gue61ND]|xD\*te\_">

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<value name="B">

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<value name="VALUE">

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<value name="B">

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<value name="IF3">

<block type="logic\_compare" id="9m\*ov\_=Kc5[~$3+{AqAd">

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<value name="A">

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<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

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</value>

<value name="B">

<block type="text" id="=X[+Bzm.oID.~qC|idLB">

<field name="TEXT">慢跑换气</field>

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<statement name="DO3">

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<value name="B">

<shadow type="math\_number" id="XE67r0r!P.S?`qDq}iJ[">

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<block type="variables\_set" id="UY?\_Tbjp(ly[pdO]NL0!">

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<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

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<block type="variables\_get" id="iFEF?JA-6?N6]:t\_k`)x">

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<value name="B">

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<field name="NUM">1</field>

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<block type="math\_arithmetic" id="$M^oLBNNh?BzqTgj#CfW">

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<value name="B">

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<field name="NUM">1</field>

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<block type="math\_arithmetic" id="::61+S,y)S=(nL%l/t]-">

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<shadow type="math\_number" id="gF;;ITT3I+BZvTC$aEdB">

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<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

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<block type="variables\_get" id="g(V@:``}xtjl8G(-7+E\_">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

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<block type="variables\_set" id="jAM[n4t66{GDaJi.nD5b">

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<value name="VALUE">

<block type="math\_arithmetic" id="lR=VF{Y+q;|^`67T\*pb}">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

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<block type="variables\_get" id="+\_ADo@Ydn6h)\*B!@hcdL">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

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<value name="B">

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<field name="NUM">2</field>

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<block type="variables\_set" id="+hB(qV`U#.9;q#(k/6o%">

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<value name="A">

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<block type="variables\_get" id="(bKl3!@{A{+KS$:JFZK$">

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<value name="IF4">

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<value name="A">

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<value name="B">

<block type="text" id="74WSld~ONl-i.w`cUKtV">

<field name="TEXT">走路休息</field>

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<statement name="DO4">

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<value name="VALUE">

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<shadow type="math\_number" id=":Mr^0L?KYjSn^kX7Er/)">

<field name="NUM">5</field>

</shadow>

</value>

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<block type="variables\_set" id="2G9XLB]LTdT%d.Q(z0Z#">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="{qQPs1^CgJIhH?#L]/\_I">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

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</shadow>

<block type="variables\_get" id="2%\_:YqfVI:BmZ\_#/i7ZL">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="O6%5\*VF^i#{9Q7/1(Vo#">

<field name="NUM">8</field>

</shadow>

</value>

</block>

</value>

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<block type="variables\_set" id="E2-T;Z2)xTvA}RU4J@s(">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="+mBt2`;D7gUiLlxL:`6G">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="vh/:A??De3ATcz=na3c.">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="x0`I3(k31w)br=dX([Wm">

<field name="NUM">1</field>

</shadow>

</value>

</block>

</value>

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<block type="variables\_set" id="pV~IL.uz-}\*)XXxi{L9[">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="la2wU+\_jJ):jP),F:f/r">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="Kto|QnjnSJq\_+Yj.LMqH">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="V?~JtXE,@isJW7|!8#Ww">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<statement name="ELSE">

<block type="controls\_flow\_statements" id="z|v${ZI.4Gt3^)Sj,pX?">

<field name="FLOW">BREAK</field>

</block>

</statement>

</block>

</next>

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</block>

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</block>

</statement>

<statement name="ELSE">

<block type="text\_print" id="Vj.w1#bdEFCei5lkt}B]">

<value name="TEXT">

<shadow type="text" id="IK%hEVHIf^#|M#o]bnz:">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="J}U+?H:6S~X-m=CO]AVb">

<field name="TEXT">你气息充足</field>

</block>

</value>

<next>

<block type="controls\_if" id="-[F6#P1i0|mjaR!!n18i">

<mutation elseif="1" else="1"></mutation>

<value name="IF0">

<block type="logic\_compare" id="\*Jhi~/X(MeM[w9+Xt=eR">

<field name="OP">GTE</field>

<value name="A">

<block type="variables\_get" id="e2l^mO]j5}.TH8|YVxay">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<block type="math\_number" id="g^SshlcodlsQHAZCGhws">

<field name="NUM">150</field>

</block>

</value>

</block>

</value>

<statement name="DO0">

<block type="text\_print" id="f;sylGQR#8+MCM#^8y;z">

<value name="TEXT">

<shadow type="text" id="R?$WCgY1K\*8Oae.m$bzb">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="@:N:Ovx)3tGy\_d62lzZ,">

<field name="TEXT">你精力充沛</field>

</block>

</value>

</block>

</statement>

<value name="IF1">

<block type="logic\_compare" id="@,Zyf3/%qzF6b{M\_Kh7V">

<field name="OP">GTE</field>

<value name="A">

<block type="variables\_get" id="EtqTYf$zahTBy]/A=!hJ">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<block type="math\_number" id="R(0sgsgFe:.UqpYpZhG@">

<field name="NUM">100</field>

</block>

</value>

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</value>

<statement name="DO1">

<block type="text\_print" id="#fUUS]nWY7A06Ah?e?z6">

<value name="TEXT">

<shadow type="text" id="R?$WCgY1K\*8Oae.m$bzb">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="DT[^3gS%%70e}}!s9bm\*">

<field name="TEXT">你稍稍有些疲倦</field>

</block>

</value>

</block>

</statement>

<statement name="ELSE">

<block type="text\_print" id="adwb4ppRA;CcTTor\_i;F">

<value name="TEXT">

<shadow type="text" id="R?$WCgY1K\*8Oae.m$bzb">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id=",Ez+-9fz^Og5/6b\*a0p5">

<field name="TEXT">你想要休息</field>

</block>

</value>

</block>

</statement>

<next>

<block type="text\_print" id="K9Nh.e8T6$EfEz%}VYJb">

<value name="TEXT">

<shadow type="text" id="r1ZIKbx@^6`,H0l~IZ]E">

<field name="TEXT">abc</field>

</shadow>

<block type="math\_arithmetic" id="$Om\_V\*8EdVLqgIlocr\_w">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="di6)A(a5#vg6c6@${Dl`">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="s$xpTaND[FcO3m%vrLKw">

<field name="VAR" id="uTh6KvPy[lAZ5{[]\*Sph" variabletype="">文本1</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="CLT.|mcbx?6Qx=][CW9X">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="x,aO/uQQ}xBL95%\_\_(qt">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id=",]9x)gZ(c)1]NF@VXvxq">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="YlO`rx$vS,Sa0lz$(HF0">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`\_TM`\_k^\_wb]Q?(@.^cr">

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</shadow>

<block type="variables\_get" id="Z,QtbAruMYmLXa)FQy3Q">

<field name="VAR" id="VX|g.pEPVQ}H9pd9k~CH" variabletype="">文本3</field>

</block>

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</block>

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<next>

<block type="text\_print" id="(sEZxaa8]b6FG=+Gs~SY">

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<value name="A">

<shadow type="math\_number" id="di6)A(a5#vg6c6@${Dl`">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="sAIIEErA?!F=sH)9g6Sv">

<field name="VAR" id="9qi^h#8a4Mi/:Smclfwv" variabletype="">文本2</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="CLT.|mcbx?6Qx=][CW9X">

<field name="NUM">1</field>

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<block type="math\_arithmetic" id="zEa0Ii\*96#M}|CE7N!-l">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id=",]9x)gZ(c)1]NF@VXvxq">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="lX|YXRe`N@cF,:Z8Lpvg">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`\_TM`\_k^\_wb]Q?(@.^cr">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="g``vo!r!q.]y8-B?`wWD">

<field name="VAR" id="DxH1\_e`W+WJh~I?D:$zJ" variabletype="">文本4</field>

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<block type="variables\_set" id="3~pTFYNJV;T^p|w+h5!9">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

<value name="VALUE">

<block type="text" id="ALp$EV3UKCNcUmE\_d+$E">

<field name="TEXT">无</field>

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<block type="variables\_set" id="UZ/5/fI1qMlCv;^qwBoG">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

<value name="VALUE">

<block type="text\_prompt\_ext" id="xr\*407q0ODgd\_h.[#n26">

<mutation type="TEXT"></mutation>

<field name="TYPE">TEXT</field>

<value name="TEXT">

<shadow type="text" id="mGUw?latNByI=kP?%x9j">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="065;KH^bhY%D)`F%#lOi">

<field name="TEXT">你决定。。。{输入“全力冲刺”“快速奔跑‘’‘’平稳跑步‘’‘’慢跑换气‘’‘’走路休息‘’</field>

</block>

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</value>

<next>

<block type="controls\_if" id="AOz1]GDxaE@yYj!-:1ly">

<mutation elseif="4" else="1"></mutation>

<value name="IF0">

<block type="logic\_compare" id="KCq4qw9|LOn7Ie7ci$Ix">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="xNq=g@oDp74m:@E@H.Ub">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="a7+4gf;U@[ih^wNmC,nH">

<field name="TEXT">快速奔跑</field>

</block>

</value>

</block>

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<statement name="DO0">

<block type="variables\_set" id="x[Ut|eHKQ)6wGyel)mzl">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="{$7bwloJX/^~SIG{@/q}">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="}rif{z8x?i:l0ffQJ}q!">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="3MJ!=~XQBevgzen^F}XO">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="mJnzw-xCmL)zF|,7\*wh:">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="dsgE?gG\_|,VpMp^msw6+">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="yi[w\_]u3ZzEKBG.n(sWW">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="m(},jx\_A^KHH#Lv\*72}|">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="w00PVp1}.jF3E]N5p}P1">

<field name="NUM">7.5</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="a7nk?kOtn^AP7L]7(R}n">

<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="\_g1]m\_9V(mIdHwjiXRF\_">

<field name="NUM">1000</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id="9G}MW@#[J.M)sIUKQY]G">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

</block>

</value>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="\*+\_3w6BMc|+3Y;hqA6N\*">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="UC~o9]Oz$7Qq[QNIKLA-">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="heQ0}0F{XE-\*P@woZ:Pe">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="qgRB?!j?;SoxNp^t,DEr">

<field name="NUM">7.5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="\_4uwzjeASr3kXg%u(WG9">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="6=YAtV)3PLB):U8FD|zn">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="-:{5gXEePoevp0gsA/SF">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="SW}534Ia6A0[W,=m,=fj">

<field name="NUM">1</field>

</shadow>

</value>

</block>

</value>

</block>

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</block>

</next>

</block>

</next>

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<value name="IF1">

<block type="logic\_compare" id="u;1chbq?4]=aP9x-0m#c">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="7,[e]9mLV.J~8dzTF+%L">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="]j[qa}gFd7qUY,ng`PeF">

<field name="TEXT">全力冲刺</field>

</block>

</value>

</block>

</value>

<statement name="DO1">

<block type="variables\_set" id="n:Tex%jk6BFJti12ojoZ">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="[nJJ0M4:f/TtUD[/2lV.">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="a6vtmb\*`.eYKSCVbz)fR">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="66XsZ-S.nH/C@b{I\*T\*y">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="\*)t9u/C[;PMePGt}[omo">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="p!v?.!H]p\*ZJqsy=/6jh">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="/JSf3?TJ9Z=2HZnA.Xci">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

<field name="NUM">1</field>

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<block type="math\_arithmetic" id="Zj@:oocIwMwRV$l/ei9|">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="Q@-IFZDh[,0cD\*]a+\_1V">

<field name="NUM">5</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="]DJ,+Lk9-1Hyhb.n5Y7/">

<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="LT?~xfix33l/-Kl/|vfm">

<field name="NUM">100</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id="t%hqsDR!\_O%HPA[iV@J6">

<field name="VAR" id="Lr6ZP6;t;crq[fLUB:gY" variabletype="">100米时间</field>

</block>

</value>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="n;NC[z6|A=dnZgSNq9dA">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="xt}LisJDT+$({kM2?:\*|">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="t0!%|]T\_Vnb7,^(:9?{:">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="WS4LKxBg^P#KqUdV6u~\_">

<field name="NUM">12.5</field>

</shadow>

</value>

</block>

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<block type="variables\_set" id="SulN2fU#FDz.[dYrv01%">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="FIkDKkR)H(),3a/o:^yX">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="9u}Sh\*~WON]sez.;Bl@y">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="pp[?b6!8Rbh}`JE`OS=R">

<field name="NUM">3</field>

</shadow>

</value>

</block>

</value>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<value name="IF2">

<block type="logic\_compare" id="Fb)@{s)hh,z[^iXA#ikN">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="f\*]{%JFex[CrwOnCZpKc">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="\*jhc;=s|[!HE~B4/gHpy">

<field name="TEXT">平稳跑步</field>

</block>

</value>

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</value>

<statement name="DO2">

<block type="variables\_set" id="5%0@wk:$#pSR]OqU%XG;">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="nrv\*/X9gVF=af8M4Yc/b">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="YkInP}Ee$)?N7okC0`jn">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="S;GbObyo.$K$s@]@=f(C">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="LZ@VvaZ@.!d?@LW+;d?s">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="o.puU}rIU/@l@BBAe4,6">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="5KVK@]iD`d:Nxqb1?Nng">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="[6GyEIO7R]/B1z`[U:yW">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="n/\*UnqPzNvm]BjhN#1mm">

<field name="NUM">5</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="Uk3.f2g1?[[3[i+yzdbY">

<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="4fI1\_e{%DJXR`1,;z{VE">

<field name="NUM">1000</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id="1gDf?L|y}zXh\_tvNx%:L">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

</block>

</value>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="#[}i-cPR?AZpQ/di%PqH">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="G1Fy$jzR+e/o\*3]W,Jbj">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="fgKl,^w^f@h5s1J0x6si">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="\*|l.F[@=dSwe{Xt)F]z^">

<field name="NUM">4.2</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="H?G+OKpcxk1-#=oN?6Gf">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="+KU~u=Ae36fY{M4s)BW[">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="R!Akj:5z=T}gJQ#nD)\_^">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="7U.KHza}[B3D:~l,y=gB">

<field name="NUM">1</field>

</shadow>

</value>

</block>

</value>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<value name="IF3">

<block type="logic\_compare" id="2uB$5S!8)P4l0R(}HC:0">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="~=fa#hBu/r9?GE4\_N{w/">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="FR+}pF7lJiO^kL-0Xx~r">

<field name="TEXT">慢跑换气</field>

</block>

</value>

</block>

</value>

<statement name="DO3">

<block type="variables\_set" id="%ka{!TCJUYbhs;^o4+yg">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="\_;Mi\*YqzQY.0?kj^70uL">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="QRJa0~i}6ET=We%?A)Jn">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="nxEly|e}yRCBU7T?vPQx">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="I-%\*(B;+tcKwAnqv?)5H">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="]4f5}n)%RewP2.[4,gww">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="KW:}M};BEk-0G}cz^WKc">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="zdp.|\_Ljf[tG$(?@rtUX">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="@QH@vuQOHkomMp)vk:rr">

<field name="NUM">3.5</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="|7BKQTyy|FLyacw42-d|">

<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="O8-.13G/6n|hhm8]D`[#">

<field name="NUM">1000</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id="H\_B\_\*tQ:fVNo^YC7eU7k">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

</block>

</value>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="rDLc$cn9K~\_g?C$`!|Rg">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="4~pko%Z5DkJ2%f@]I\*UK">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="7(-?Yt{dDv}nh0s[]2X$">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="Q@v/BD!-Spo5pA[NdgK1">

<field name="NUM">2</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="3^6Nk-M^`o8bLh.eL:E%">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="f}b]VzRB^;JL`$|u[;3F">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="ZyWf%N7THZmX[[\*eE?B;">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="-I!F^1GZ!TzY?Y|1RcI9">

<field name="NUM">3</field>

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</value>

</block>

</value>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<value name="IF4">

<block type="logic\_compare" id="]LaED:EO1E1()6d~#Ynu">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="I5\*9sLpj$Xe{AjBM=w11">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="[.lPsXS/\_WZ`bI6?#X7g">

<field name="TEXT">走路休息</field>

</block>

</value>

</block>

</value>

<statement name="DO4">

<block type="variables\_set" id="aING6irs{`Ecg5ig9~RT">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="Ee+FQe|+o])YDtu8!nA=">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="hnmwR}WMw98@bp%@;XPk">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id=",=t5W9,z|0o5)XG=TjT?">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="$,V~JAr=0srA{IH%#s:9">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="3;U{yq~ik8p$F$Rf[y@h">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="6u8Ul)gALK!9;[;VZCM,">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`leuo$@TRV;8[e=Uu3Ot">

<field name="NUM">8</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="e-)BAM8C2ksn6Hi+QfW}">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="a):.Xtn2isjZm6AOH`4c">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="H)dWvX0?ZsPtbkZYn8t8">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="1)3Q,{Xga4}y#[n2E~RB">

<field name="NUM">1</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id=".C^,dfR$%u=uVzS$8!Sp">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="~XceJ:=QlVagRZwU\*|,:">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="wr5DhAxf/8|:}xNG1fpY">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="mbS`Wv7\_h225ickzVX00">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<statement name="ELSE">

<block type="controls\_flow\_statements" id=")x#.8M5dGD]BL}sWz4BZ">

<field name="FLOW">BREAK</field>

</block>

</statement>

</block>

</next>

</block>

</next>

</block>

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</block>

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</block>

</statement>

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<block type="controls\_whileUntil" id="LyT;r9QC29@LF7l,hep#">

<field name="MODE">UNTIL</field>

<value name="BOOL">

<block type="logic\_compare" id="sxoiE\_FjaW6R:Qt!(,t%">

<field name="OP">LTE</field>

<value name="A">

<block type="variables\_get" id="4-P-,uAX]Y/jL}QMBT)S">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<block type="math\_number" id="n2JwvY5:wO5f1Rx!vjxa">

<field name="NUM">0</field>

</block>

</value>

</block>

</value>

<statement name="DO">

<block type="controls\_if" id="A%mOJ\*%}7$5Is3mC@g/u">

<mutation elseif="1" else="1"></mutation>

<value name="IF0">

<block type="logic\_compare" id="s~AC$4G+enU=/URdJ`8N">

<field name="OP">LTE</field>

<value name="A">

<block type="variables\_get" id=".!YK+S};pOqYHw4[UKJz">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<block type="math\_number" id="Q7PSw0r+pVTQ.$nEKh89">

<field name="NUM">3</field>

</block>

</value>

</block>

</value>

<statement name="DO0">

<block type="text\_print" id="\*,cl3;.fz9oI16vhXry\_">

<value name="TEXT">

<shadow type="text" id="IK%hEVHIf^#|M#o]bnz:">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="3E!Ze~5EJe9p^k7xY:(#">

<field name="TEXT">你快要喘不上气了</field>

</block>

</value>

<next>

<block type="text\_print" id=";o+rM$-rU)|1iyy3T:5Y">

<value name="TEXT">

<shadow type="text" id="D,nS^lg79HrLJ/jSJe^x">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="Kh@,49JGM%^pM|mV\*$Fu">

<field name="TEXT">你快到极限了</field>

</block>

</value>

<next>

<block type="text\_print" id="y=I/TtP}xF|e[LVAi,NG">

<value name="TEXT">

<shadow type="text" id="r1ZIKbx@^6`,H0l~IZ]E">

<field name="TEXT">abc</field>

</shadow>

<block type="math\_arithmetic" id="F1@xf8=E}+\*v\_gr[\*doL">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="di6)A(a5#vg6c6@${Dl`">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id=":0^yU6{z8-.YDw\*uRX%q">

<field name="VAR" id="uTh6KvPy[lAZ5{[]\*Sph" variabletype="">文本1</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="CLT.|mcbx?6Qx=][CW9X">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="r^+yxaX$)vIjFy^oJxh8">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id=",]9x)gZ(c)1]NF@VXvxq">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="m=n39kv/lN9Ae^^428(]">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`\_TM`\_k^\_wb]Q?(@.^cr">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="`01{cA=xa@m1~+%hE6B7">

<field name="VAR" id="VX|g.pEPVQ}H9pd9k~CH" variabletype="">文本3</field>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="text\_print" id="`w-]|COQ+AlP3n$4,\_PM">

<value name="TEXT">

<shadow type="text" id="r1ZIKbx@^6`,H0l~IZ]E">

<field name="TEXT">abc</field>

</shadow>

<block type="math\_arithmetic" id="DKF]JML~^4.G+VGx~eW6">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="di6)A(a5#vg6c6@${Dl`">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="7Pg-gvpkANJMbIB!K}x=">

<field name="VAR" id="9qi^h#8a4Mi/:Smclfwv" variabletype="">文本2</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="CLT.|mcbx?6Qx=][CW9X">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="JZ7MtBoR5,E{q62]I(q1">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id=",]9x)gZ(c)1]NF@VXvxq">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="agf048xmOtu8B6)4~x]T">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`\_TM`\_k^\_wb]Q?(@.^cr">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="B!dScfi-8r2AAL)E!HAi">

<field name="VAR" id="DxH1\_e`W+WJh~I?D:$zJ" variabletype="">文本4</field>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id=",)G/.O)S)=`srOcnyff[">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

<value name="VALUE">

<block type="text" id="8J}j)EsS;UDdNEsP{3:W">

<field name="TEXT">无</field>

</block>

</value>

<next>

<block type="variables\_set" id="g(!3Bj,TbWkHf.=\_zO0H">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

<value name="VALUE">

<block type="text\_prompt\_ext" id="KBG{?J$d2d1@5=`(pSK0">

<mutation type="TEXT"></mutation>

<field name="TYPE">TEXT</field>

<value name="TEXT">

<shadow type="text" id="mGUw?latNByI=kP?%x9j">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="6o2b\*]nc|uzEb!~moCe$">

<field name="TEXT">你决定。。。{输入“用尽全力‘’‘’抵抗疲劳‘’‘’稍稍放松‘’‘’屈服疲劳‘’</field>

</block>

</value>

</block>

</value>

<next>

<block type="controls\_if" id="2h0|W~@)1n0}Y+9YtpfQ">

<mutation elseif="3" else="1"></mutation>

<value name="IF0">

<block type="logic\_compare" id="[/2;/Q+|W26R@8(XsT,?">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="StMw(hTdDVQ~Kx\*52kuU">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="~-ARLn|Gze^q?!30{p9w">

<field name="TEXT">屈服疲劳</field>

</block>

</value>

</block>

</value>

<statement name="DO0">

<block type="text\_print" id=",)Ae#V/Pc@%i-.rj@Xqf">

<value name="TEXT">

<shadow type="text" id="`dyoi8.k%p;P5Ak?J0;9">

<field name="TEXT">你躺在了地上实在是太累了</field>

</shadow>

</value>

<next>

<block type="controls\_flow\_statements" id="rUy/n5TD1+%BM%\_DN:f5">

<field name="FLOW">BREAK</field>

</block>

</next>

</block>

</statement>

<value name="IF1">

<block type="logic\_compare" id="bnZgv]Bvu9[PoLt$q#}-">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="?Wu`eBXo(BzdaD6gnmeS">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="Wi2(;\_=1i{4ybH},}9LT">

<field name="TEXT">用尽全力</field>

</block>

</value>

</block>

</value>

<statement name="DO1">

<block type="variables\_set" id="!d-vgIddXudSJn.lJghB">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="}BE%ml}4S\_aiJd12skd)">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id=".SX[?z:29:@4cah5ZWJp">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="e^A8JC@4:Fb2gpt,Hoex">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="90~P;$-H%sYc{Gq-BXO\_">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="YaxaYrv6Z:#\_06%JRfY1">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="Tc.[3OJc|g\_S!ze%9J+-">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="\*zu?-?SQ~GSpgMsQ^D++">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="@zvHwt}jf;EAh/ZobT{8">

<field name="NUM">6</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="F#NFwZFeZ|4.IxU80KM(">

<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="iT7u;8@t4D=-LTmf/|i|">

<field name="NUM">1000</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id="s@(C{,vJf{ip]7y(FFI/">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

</block>

</value>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="0i|D^T+vUW01?c8S$EIZ">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="a04fdxl!i[#RkcW)3KSL">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="xkJO0\*atG0.]#f~}eRx@">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="CvN5$^p{D}B8H`a7eFP?">

<field name="NUM">4.5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="fg,dPSqKv~Ru{ow=.5;P">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="V=LscSgAg;umu6).9]|O">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="[DW-^c3~n2.PO0g7c%;\*">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="KHZAiC6=?Jd0PHe{bN7.">

<field name="NUM">2</field>

</shadow>

</value>

</block>

</value>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<value name="IF2">

<block type="logic\_compare" id="g!YFD|X/`rzu1Vy6loHU">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="HJIv~F|kDQ?tDV?UFQYy">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="G4VmaeO5pi!gEHBWhpU3">

<field name="TEXT">抵抗疲劳</field>

</block>

</value>

</block>

</value>

<statement name="DO2">

<block type="variables\_set" id="tWctH81,Ta+,k}{Bs#`0">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="G}ijzjqZu?v|TJ8nC+Wu">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="d!8v%IcJe1Mh-mTPI$]S">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="YZ+16Zz~?]+?|bb?L9s5">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id=".dH/vjNhT]Nx\_tttgo.B">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="D:Kt$:4mb6g5`j^ohWhG">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="M]%Ub~C!)j+HS8Z;Py%^">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="Z4f(zq?G)o]yZqKue9n5">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="@5o?%2TVqfFs;,G]JNA]">

<field name="NUM">4.6</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="Po|P5|!d;U\_t?v17efzi">

<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="fxM6|C+BW\_K%Us\*vQ={n">

<field name="NUM">1000</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id="/h3[ZY=q/=yS|Vy([t;K">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

</block>

</value>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="#LPWoYp3,=tON]QO9LJh">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="Yx!qMqy.1v~DQ4^US3qw">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="\*gqHA?ETiKx]ArvMNT-F">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="IT0p[j+ly#ESB~6jTLSp">

<field name="NUM">2.25</field>

</shadow>

</value>

</block>

</value>

</block>

</next>

</block>

</next>

</block>

</statement>

<value name="IF3">

<block type="logic\_compare" id="jSs/+VqturLLEmThp={\*">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="jfAajto)7,zkV)3i=3sq">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="0o)-:=fB{NpE]vfpQCor">

<field name="TEXT">稍稍放松</field>

</block>

</value>

</block>

</value>

<statement name="DO3">

<block type="variables\_set" id="0;RfttI]iMvdE=6.B]c\*">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="=tymG,;@(=3s^2EfHe\*#">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="gwHq.Chzd7OaiS+}M!nw">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="+9NZ+1NQ3%c{q4FIhNgV">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="xaQIN%S%~7dfYG`!!UEi">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="Xw-q++^\_?OnR3yy~TrIn">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="=VNOOVH)Iy\*r^97(m0(Z">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="\*R-ug9D4O}oyD`1YrW[?">

<field name="NUM">8</field>

</shadow>

<block type="math\_arithmetic" id="sf$q\_s-y9kx6`fyYZ`!f">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="I83Xmv.7\*|uRd}wHlIw`">

<field name="NUM">2</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="NX7[:BOkTHE#UO;{]dDR">

<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="q@3$Bg;[s$W1EU}SwGxM">

<field name="NUM">1000</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id="2?w~^{Nm@%G[1(h={c\*Z">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

</block>

</value>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="G$2Y/3${(mMxxsQJECZc">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="BjGvsHVCMs90nF#Y=,Hn">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="se?=v;+Qv-mCDvXVLTd9">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id=";o]?iW2|@Yl5,=,8A,I#">

<field name="NUM">1.5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="d8OV}yb1{Y]~~r3HJZ=m">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="$$6Da0Au=S9zF98%/(QT">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="{]-WK1RKmBAm.:NpY\_\*H">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="dnBu,qa.M9fz5T\*{q\*UT">

<field name="NUM">2</field>

</shadow>

</value>

</block>

</value>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<statement name="ELSE">

<block type="controls\_flow\_statements" id="p%:D)Y6R6sY=LR:k3=cf">

<field name="FLOW">BREAK</field>

</block>

</statement>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<value name="IF1">

<block type="logic\_compare" id="^^=\_H[v)A\*rf2eHE56U/">

<field name="OP">LTE</field>

<value name="A">

<block type="variables\_get" id="%%]OabTH(|TuU}L2-I)g">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<block type="math\_number" id="H-RYt,\_y2?pCpE@+^nzM">

<field name="NUM">5</field>

</block>

</value>

</block>

</value>

<statement name="DO1">

<block type="text\_print" id="=D%5\*I4;Xp36%x9{@TMS">

<value name="TEXT">

<shadow type="text" id="IK%hEVHIf^#|M#o]bnz:">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="8tb#6F32-9?/YFqihMhd">

<field name="TEXT">你有些胸闷</field>

</block>

</value>

<next>

<block type="text\_print" id="toc2//GU`7Kkp,9!T;H%">

<value name="TEXT">

<shadow type="text" id="D,nS^lg79HrLJ/jSJe^x">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="du,sAUKww^3JQv2M0(?b">

<field name="TEXT">你快到极限了</field>

</block>

</value>

<next>

<block type="text\_print" id="n[gc^Q!Cvyzn?+IE]4fj">

<value name="TEXT">

<shadow type="text" id="r1ZIKbx@^6`,H0l~IZ]E">

<field name="TEXT">abc</field>

</shadow>

<block type="math\_arithmetic" id="ixNr\*1,Zes\_nmN!cSoEe">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="di6)A(a5#vg6c6@${Dl`">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="?]hJ)~OUUjpsInq%tW`z">

<field name="VAR" id="uTh6KvPy[lAZ5{[]\*Sph" variabletype="">文本1</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="CLT.|mcbx?6Qx=][CW9X">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="gE-}DYKTe;iR^7?zS\*)t">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id=",]9x)gZ(c)1]NF@VXvxq">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="]%N[1.G:sMh%:04ks{YM">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`\_TM`\_k^\_wb]Q?(@.^cr">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="?uQsEa!pS3BI%.OI:@x[">

<field name="VAR" id="VX|g.pEPVQ}H9pd9k~CH" variabletype="">文本3</field>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="text\_print" id="C(k9i+8,y3lX9mTp`0eH">

<value name="TEXT">

<shadow type="text" id="r1ZIKbx@^6`,H0l~IZ]E">

<field name="TEXT">abc</field>

</shadow>

<block type="math\_arithmetic" id="\*]j/lj1L/ej?0?}6c.Hj">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="di6)A(a5#vg6c6@${Dl`">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="A991ogXzaB)`qQ:bzNA\_">

<field name="VAR" id="9qi^h#8a4Mi/:Smclfwv" variabletype="">文本2</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="CLT.|mcbx?6Qx=][CW9X">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="A42U;oU?]M6Upg%(!;+J">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id=",]9x)gZ(c)1]NF@VXvxq">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="/v1W`cAw5:Zi\*#SnhNL\_">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`\_TM`\_k^\_wb]Q?(@.^cr">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="72ycRe8(-w^qLZ@g-XVX">

<field name="VAR" id="DxH1\_e`W+WJh~I?D:$zJ" variabletype="">文本4</field>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="8VvirOq(03G,Qt)[o!l!">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

<value name="VALUE">

<block type="text" id="8.6N(N@H-\_|/ffw}r\*,A">

<field name="TEXT">无</field>

</block>

</value>

<next>

<block type="variables\_set" id="en=8CPUL07GN{9%y-{?\_">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

<value name="VALUE">

<block type="text\_prompt\_ext" id="bTMa[bD}0-/Il;n:qdWb">

<mutation type="TEXT"></mutation>

<field name="TYPE">TEXT</field>

<value name="TEXT">

<shadow type="text" id="mGUw?latNByI=kP?%x9j">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="GiEkmvXCF6wu6EX,\_1tZ">

<field name="TEXT">你决定。。。{输入“拼死一搏”“用尽全力‘’‘’抵抗疲劳‘’‘’稍稍放松‘’‘’屈服疲劳‘’</field>

</block>

</value>

</block>

</value>

<next>

<block type="controls\_if" id="Z5,\_py/lRy5=eJn`UVY|">

<mutation elseif="4" else="1"></mutation>

<value name="IF0">

<block type="logic\_compare" id="WyOV{e[SfHG88s#J:X-I">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="AAe8mTTil}9~qim+{|HU">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="5cUIxG@#})|3:PP9H@El">

<field name="TEXT">拼死一搏</field>

</block>

</value>

</block>

</value>

<statement name="DO0">

<block type="variables\_set" id="cxfa}kfczBoP`I;W3alO">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="6f!,/Hr4FD~e{%M\_`7?5">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="\*mvh(W7trG/FxGoLmjOp">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="BerTa$XBz/bC4m`@|VqN">

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</shadow>

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<block type="variables\_set" id="^KC?Df7Aa:EYEd39dHkA">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

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<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="%N}o9p|XW#O+g[wJOBx,">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

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<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

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<block type="math\_arithmetic" id="Zgn.H)hJfjJuuqH-Pzv}">

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<value name="A">

<shadow type="math\_number" id="\*exS,q}I4#l`i|/Z;w9,">

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</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

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<block type="math\_arithmetic" id="MxRU(zBimSa2+xRe;Bkk">

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</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

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<block type="variables\_get" id="4,5viO{@.V)]3{zySp8t">

<field name="VAR" id="Lr6ZP6;t;crq[fLUB:gY" variabletype="">100米时间</field>

</block>

</value>

</block>

</value>

</block>

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</block>

</value>

<next>

<block type="variables\_set" id="vXto=Ojx\*zN}c[f2^Oum">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="2Rr[#(S,}ya|3X^GlIY]">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="5W!::1n%)6Yyn\*Zesf]z">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="e!H0IK}7\_3@=J4NQ!m60">

<field name="NUM">5</field>

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<block type="variables\_set" id="$e\_2TpXh!$G.$1uF|z`t">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="L:yZxX)QBtYWI[~T|[`[">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="o|NYlv=%BL{k0-Fd3knK">

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</block>

</value>

<value name="B">

<shadow type="math\_number" id="m#XV1WheiOMbKY+0jpKU">

<field name="NUM">4</field>

</shadow>

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</block>

</statement>

<value name="IF1">

<block type="logic\_compare" id="O4j+e$L9Ki+rWK\_.QpDX">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="?MVFDS3Xa\*4|dCpt@s=C">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="ehfl9~8C#cVMCXqV!B#E">

<field name="TEXT">用尽全力</field>

</block>

</value>

</block>

</value>

<statement name="DO1">

<block type="variables\_set" id="41w9H[cCjV6,TvVy85k`">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

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<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="XMZrHDAxK/C?3=t+?;[O">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="rl}z/MwsYOg,hrnx1Lu\*">

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</shadow>

</value>

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<next>

<block type="variables\_set" id="tUj]73n%-z\*gepp9`uW)">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="AY\*K.(3B#xHTg{kol?5?">

<field name="OP">ADD</field>

<value name="A">

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<block type="variables\_get" id="xtJgJAI\*-;%)b;r~RIoF">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

<field name="NUM">1</field>

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<block type="math\_arithmetic" id="$q[x8x#BfO{#7?q:Eomr">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="xNYl\_#SbyDCN+n0BbBK@">

<field name="NUM">6</field>

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<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

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<block type="math\_arithmetic" id="zEpft7o;a:%(7J\*/{?a$">

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<field name="NUM">1000</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id="9sfG.;X/|GdM@i/4:)O+">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

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</value>

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<next>

<block type="variables\_set" id="2^2yg=Gy3fQKBZj]kk6;">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="{2,CKa|p\*UoP2^w([;NG">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

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<block type="variables\_get" id="P!@Dm`q{$1]YhlE~F(^w">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="@}wk)[,ri8dcP(Chch1k">

<field name="NUM">4.5</field>

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<block type="variables\_set" id="JOxzOfM\_3v5MCQBWLt5t">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="rr7v1#hcSINEh)(u2wMO">

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<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

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<block type="variables\_get" id="7LMyd}5GJUVYu^E;6|!3">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="d%f6xTQ#hi]b1hoAX4^L">

<field name="NUM">2</field>

</shadow>

</value>

</block>

</value>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<value name="IF2">

<block type="logic\_compare" id="=^QhYcHJdwn+c2(t@#QH">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="BY/qI$t?siR!(%9tdObW">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="~)aj|Rcf8P08s\_2~9bOR">

<field name="TEXT">抵抗疲劳</field>

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</block>

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<statement name="DO2">

<block type="variables\_set" id="?DsWe)vKe:|Z0\_@jg8$O">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="dM7p[-Ke]^bDmJZrg$Tz">

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<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

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<block type="variables\_get" id="]o88e8Qw0.yUiUji08JB">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="s/S4V0g#RO[)I(U1VuLO">

<field name="NUM">5</field>

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<next>

<block type="variables\_set" id="uD8+[8Oyc]3AbEr\_L|eB">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="`+8}(y/VI,y5,v@tYQf\*">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="j!5u\*c|[54cr7R(!N$Y!">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

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<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

<field name="NUM">1</field>

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<block type="math\_arithmetic" id="Ba/8;AImf!!q:U%Ju6L6">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="GAy^s,n;S%uo=F)xi.GO">

<field name="NUM">4.6</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="^}@#z+cmEqoXDWg;g7z\_">

<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="tX2@E9@l\_}!it[+2i?hH">

<field name="NUM">1000</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id=".1H;YYlNL[}VKn1o]BD(">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

</block>

</value>

</block>

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<block type="variables\_set" id="s)fYI47.u:[hY]Gpxq{v">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="MFomLF.31n,}})G!KFJq">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="bD1!/,Zgip\*@8KDP.[^N">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="F}{b$T[7r984hw-Uq$mm">

<field name="NUM">2.25</field>

</shadow>

</value>

</block>

</value>

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</block>

</next>

</block>

</statement>

<value name="IF3">

<block type="logic\_compare" id="7{T7YW=uK{q-LvoEpByY">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id=",7iO7M~I@um{1`arm!,p">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="w7mofC$Z//Rj@FS{e`#`">

<field name="TEXT">稍稍放松</field>

</block>

</value>

</block>

</value>

<statement name="DO3">

<block type="variables\_set" id="SQ2%Uwl?rTUfe1zMekx6">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="jtz0EJLM:g!IrbHAUx%o">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

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<block type="variables\_get" id="nOB.K\_5nb9$0I5/WWJDH">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

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<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="Au6W7|tX,:[l4B.whm};">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="=fAuPGF=(7$O\*U?h^h^O">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="9AjO#T|dFSiSn^AVId@6">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

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</value>

<value name="B">

<shadow type="math\_number" id="\*R-ug9D4O}oyD`1YrW[?">

<field name="NUM">8</field>

</shadow>

<block type="math\_arithmetic" id="kmsLg1TB,`h|EaO\*]S!\_">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="AJ)665LJ`\_wH01Y:u=q7">

<field name="NUM">2</field>

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<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="\_oG{qYQX$J!GZVTyutsk">

<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="y4)UpzPr4I#H{NF(o$3V">

<field name="NUM">1000</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id="Z;cNgY?1Ma8aqZ?OyyDx">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

</block>

</value>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="qN^iuu[nI1aZSND8(P03">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="d.\_3ho`P+7xYOv|!+=FL">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="b}Q\*PztOxavb3d?jbDQ=">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="g2H0aVZKyfZEFWbVgniv">

<field name="NUM">1.5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="yeP685|jK4BnE+7^Jh9e">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="A[DWlypDzGq+~ozUf(kL">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="27UG})g^z1(Nk5^FxK,5">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="zCf$DNhn-{\*v4CuPM1v\_">

<field name="NUM">2</field>

</shadow>

</value>

</block>

</value>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<value name="IF4">

<block type="logic\_compare" id="JVtz6nJZ`]+0St~77|,I">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="dbEya(X@Ohy?Tnq+XxI2">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="i+!!{n+-kd@f#junp0]^">

<field name="TEXT">屈服疲劳</field>

</block>

</value>

</block>

</value>

<statement name="DO4">

<block type="text\_print" id="97WMI%?z{%@bz{?DvN.X">

<value name="TEXT">

<shadow type="text" id="LZ%`a``S%fWvQ\*y?S?S-">

<field name="TEXT">你躺在了地上实在是太累了</field>

</shadow>

</value>

<next>

<block type="controls\_flow\_statements" id="]tJNc/hv-Dd,6-%X!bus">

<field name="FLOW">BREAK</field>

</block>

</next>

</block>

</statement>

<statement name="ELSE">

<block type="controls\_flow\_statements" id="Ym@;%3TI}qEtfh~pQ901">

<field name="FLOW">BREAK</field>

</block>

</statement>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</next>

</block>

</statement>

<statement name="ELSE">

<block type="text\_print" id="M#kUpSZq[\*J:J+TQwL%z">

<value name="TEXT">

<shadow type="text" id="IK%hEVHIf^#|M#o]bnz:">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="h?89bzuhJ;qelhbhfJr:">

<field name="TEXT">你气息充足</field>

</block>

</value>

<next>

<block type="text\_print" id="wtC=O[ZpPnKVSv8qT73|">

<value name="TEXT">

<shadow type="text" id="D,nS^lg79HrLJ/jSJe^x">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="k2^2+T4Gl,56bG?kvV5Y">

<field name="TEXT">你快到极限了</field>

</block>

</value>

<next>

<block type="text\_print" id="~Wganw^?AHT$@/5Sy7T\*">

<value name="TEXT">

<shadow type="text" id="r1ZIKbx@^6`,H0l~IZ]E">

<field name="TEXT">abc</field>

</shadow>

<block type="math\_arithmetic" id="[zsj(//|[cG\*S9,6hJre">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="di6)A(a5#vg6c6@${Dl`">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="K/!Fh%Fg3HzdPdGXkN\*\_">

<field name="VAR" id="uTh6KvPy[lAZ5{[]\*Sph" variabletype="">文本1</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="CLT.|mcbx?6Qx=][CW9X">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="tnCwr8)qe!rikf2CkO#,">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id=",]9x)gZ(c)1]NF@VXvxq">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="hhq}Cn:]dugT+HwE6\*R0">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`\_TM`\_k^\_wb]Q?(@.^cr">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="d)`mFp}O?n%o^7~N\_0PQ">

<field name="VAR" id="VX|g.pEPVQ}H9pd9k~CH" variabletype="">文本3</field>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="text\_print" id="-T;UJpVmxUo}8Swu/G31">

<value name="TEXT">

<shadow type="text" id="r1ZIKbx@^6`,H0l~IZ]E">

<field name="TEXT">abc</field>

</shadow>

<block type="math\_arithmetic" id=".b=Q#;xZ^Bm)@mi5HK%;">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="di6)A(a5#vg6c6@${Dl`">

<field name="NUM">1</field>

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<block type="variables\_get" id="E%@GhNCwMzNbN$b28V6K">

<field name="VAR" id="9qi^h#8a4Mi/:Smclfwv" variabletype="">文本2</field>

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</value>

<value name="B">

<shadow type="math\_number" id="CLT.|mcbx?6Qx=][CW9X">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="ZVYEb7A\*P4P[\*98Q(s2(">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id=",]9x)gZ(c)1]NF@VXvxq">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="==dRsu?70o5d1^8eq2we">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`\_TM`\_k^\_wb]Q?(@.^cr">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="h+1=o@zRtW8#}K0tkbIx">

<field name="VAR" id="DxH1\_e`W+WJh~I?D:$zJ" variabletype="">文本4</field>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="KaP\_~{wE$G|#=p={0\*Fa">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

<value name="VALUE">

<block type="text" id="nt$z^Zdg#J]|a^ZbN16h">

<field name="TEXT">无</field>

</block>

</value>

<next>

<block type="variables\_set" id="I#Qmfk.va@Dh9zNa:r,O">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

<value name="VALUE">

<block type="text\_prompt\_ext" id="OrgTL6;BHIX-`:v@[M2$">

<mutation type="TEXT"></mutation>

<field name="TYPE">TEXT</field>

<value name="TEXT">

<shadow type="text" id="mGUw?latNByI=kP?%x9j">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="1(.\_]Ek~`V`\_#+=[82v\_">

<field name="TEXT">你决定。。。{输入“拼死一搏”“用尽全力‘’‘’抵抗疲劳‘’‘’稍稍放松‘’‘’屈服疲劳‘’</field>

</block>

</value>

</block>

</value>

<next>

<block type="controls\_if" id="InJpdVxkaJZ~$9gl2y8S">

<mutation elseif="4" else="1"></mutation>

<value name="IF0">

<block type="logic\_compare" id="b`pFhe9yq|h$\*h!6y.@I">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="Y8c,Gv`%(@GZ],W%9EAY">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="OCRizxVm1h^bmM`YGXHx">

<field name="TEXT">拼死一搏</field>

</block>

</value>

</block>

</value>

<statement name="DO0">

<block type="variables\_set" id="Msv|Eg:7o23?V2h,l!j:">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="8rATHkPHtcIG{Ae$uQb8">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="z@I1BF}M!jO8D$y0SdeP">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="nno}VKwQPbA1yayV}yXY">

<field name="NUM">2.5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="3o=b,Mm1Ucy:r7yDF.y:">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="nCH)bh\_{8Pn@x3GO8Rt,">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="6ggtB+bEIWp+T/c\_z9W2">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="MM;IlaKi,bGWF1UN1ZH\*">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="J;WHN-Wd=rPKlY,9kJ=/">

<field name="NUM">2</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="+0!h51e]Jg3UpLcB~Z@F">

<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="VZmf{vxS#PbGA|zsP\_u{">

<field name="NUM">100</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id="rG=53B+dL#drgr|Gq,/C">

<field name="VAR" id="Lr6ZP6;t;crq[fLUB:gY" variabletype="">100米时间</field>

</block>

</value>

</block>

</value>

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<next>

<block type="variables\_set" id="zHRg!KesHQ}rb:4!L]9r">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="nFy{RtRELkjq=Qq34pk8">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id=":zYO15%pb?\_a6:n4+LYE">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="@MXmKDW8rcy8gty]@kZf">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="?C?u`Nwo@v[UMbTZd`dk">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="[cCkwy-5QaiM6G|rADC1">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="AQ2=(j}(G,(B%1h\*zw3x">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="7S)n%:`D+WQro?/2G%6}">

<field name="NUM">4</field>

</shadow>

</value>

</block>

</value>

</block>

</next>

</block>

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</block>

</statement>

<value name="IF1">

<block type="logic\_compare" id="MM7z48\*\_\*-lhHwt.gRQo">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="6PPp-h|nhiPE\*E\*-ImDY">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="KDuiq(\_E%gt.827^/xzz">

<field name="TEXT">用尽全力</field>

</block>

</value>

</block>

</value>

<statement name="DO1">

<block type="variables\_set" id="HjE7Z9r9\_jgl]19[|~jP">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="Y/UkVAqzd87ddl4vl:cd">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="?jqTqHgLMVB+arim87R~">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="l`So(x%qs[e,{7$nnukR">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="Iu$gI6$?LQl+lIg~+HCy">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="(z6l=)tBT`ah3FK`KWa^">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="Qr)4:41T4IFd42iW`UMJ">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="`w#;ep1\_2(R{UT\*Ed.[R">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="Mm2z[CJ9\*;-Y,7`Q/ERq">

<field name="NUM">6</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="E8(B%{NPi/zgGR?3LeX=">

<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="6~rmQK1ejMiZ^|C#O4.\_">

<field name="NUM">1000</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id="LvtX{:k^%A-^z2P#C;U[">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

</block>

</value>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="[aP1\*T({-{(ZJ|joP~-j">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="zXtfu}8ZE)D2w`G3I]Gh">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="c:l@4,/L8c@U=jw%7Q/B">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="QcC`2xOniLFpsM7|.sf|">

<field name="NUM">4.5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="K-s~TW)%7:~E!uwT$rfj">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id=";QC,(\_eD[?2:vsNUECuG">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="GvNBrIJ5H)4cJ;rxmAM:">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="c{IY|]sY\*,\_odVF]-nn,">

<field name="NUM">2</field>

</shadow>

</value>

</block>

</value>

</block>

</next>

</block>

</next>

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</statement>

<value name="IF2">

<block type="logic\_compare" id="cs]$WR6tf(XSy)F3/,E]">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="n-(`Cr+zA}VArlu1w61=">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="\*G~Q@ah0gNc,b2\*Eghwm">

<field name="TEXT">抵抗疲劳</field>

</block>

</value>

</block>

</value>

<statement name="DO2">

<block type="variables\_set" id="4EGqK2Mm0S;,O8/8{LkT">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="0DEh;HDng9{-;SE\_!9r?">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="^Ys?vcnMb~/(%Q`34[S@">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="^}DdLV-!IaRPj@6}?CXo">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="u6y(nphTL}\_rU~%6(5ur">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id=".g2SscAGK8Hxkgpv/=IU">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="`kkPmm(\*O+\_bz}mJn|~8">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="`K0JS,uf{$[X+=$C?At/">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id="9L!t:w)jk;W;Kanlcu$:">

<field name="OP">MULTIPLY</field>

<value name="A">

<shadow type="math\_number" id="P,Lv|--6u@}$jgg1#Z-)">

<field name="NUM">4.6</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

<field name="NUM">1</field>

</shadow>

<block type="math\_arithmetic" id=",.huMu[Cptocx1]HX/8J">

<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="U\*$3;60e%f8\_kZ,z(yB7">

<field name="NUM">1000</field>

</shadow>

</value>

<value name="B">

<shadow type="math\_number" id="9k[733e@,:v}G:kzm+(U">

<field name="NUM">10</field>

</shadow>

<block type="variables\_get" id="Vc].E1X\_j|;jM7N8(@)n">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

</block>

</value>

</block>

</value>

</block>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="h2WvFGwS4@wp%5c#Q7u-">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="9tT60ssC([Ki}NK5nlNT">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="O6HD.?Vc7KY=ZZv4wP]!">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id=";doJVvcVA)=3WL/tG(if">

<field name="NUM">2.25</field>

</shadow>

</value>

</block>

</value>

</block>

</next>

</block>

</next>

</block>

</statement>

<value name="IF3">

<block type="logic\_compare" id="F8L{aI2W82+j5[jV1Kh|">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="Luk!DcwgURnE;}l/@3R:">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="Tp}g:dPf%~=~lgt@GA[p">

<field name="TEXT">稍稍放松</field>

</block>

</value>

</block>

</value>

<statement name="DO3">

<block type="variables\_set" id="cK8]7hlE(~EN-D%~^Dky">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

<value name="VALUE">

<block type="math\_arithmetic" id="BokBYtr.tWj)#8X{xqR$">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="EkP@OvEgc{.MY.JlvWPc">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="TY]7;/{pmrSy?/3IaXuc">

<field name="NUM">5</field>

</shadow>

</value>

</block>

</value>

<next>

<block type="variables\_set" id="^^q=xCa],c?m;ck#uX0V">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

<value name="VALUE">

<block type="math\_arithmetic" id="CAONT0:Hd)9lJeoIgS$1">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="A`sVwKL?%^w2`g)`P-/D">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="E|EXQ2)j!!k=Z+t^c,#;">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="\*R-ug9D4O}oyD`1YrW[?">

<field name="NUM">8</field>

</shadow>

<block type="math\_arithmetic" id="`/TkCzBIi[AOabD$w|oP">

<field name="OP">MULTIPLY</field>

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<shadow type="math\_number" id=";c$Mmi?=@IRE\_Z~`g(Ga">

<field name="NUM">2</field>

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<value name="B">

<shadow type="math\_number" id="ku1xg,LvN((b#V)dx:4q">

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<field name="OP">DIVIDE</field>

<value name="A">

<shadow type="math\_number" id="U2\_DfF?4s66}H^(/\_.LY">

<field name="NUM">1000</field>

</shadow>

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<block type="variables\_get" id="Pu;IlI6Lni;1Hc\_Z30!`">

<field name="VAR" id="Ov8;2gsB=d`z!4C9,0+%" variabletype="">1000米时间</field>

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<block type="variables\_set" id=":^fCZyMH1B;(rJXtzLA.">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

<value name="VALUE">

<block type="math\_arithmetic" id="]wY=1jFu2,5okVQyACNe">

<field name="OP">MINUS</field>

<value name="A">

<shadow type="math\_number" id="jM2=)tY$x@vuZK3dO~\_J">

<field name="NUM">1</field>

</shadow>

<block type="variables\_get" id="zReeW=AeGh4,Z0f#DL8v">

<field name="VAR" id="!Sady[mKO;}bzHO3D4hv" variabletype="">体力值</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="uQ8nCS1{Op)$|CapjE:G">

<field name="NUM">1.5</field>

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<block type="variables\_set" id="!yR{OQJl5mJ.A{JG%qM{">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

<value name="VALUE">

<block type="math\_arithmetic" id="5FF`1DQBX5js,MLdS:SB">

<field name="OP">ADD</field>

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<shadow type="math\_number" id="\_d%0ijhLD$]z5HsK|!/$">

<field name="NUM">1</field>

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<block type="variables\_get" id="1]4}.1CiW=C3lLUs#0}j">

<field name="VAR" id="1rrH+2iC[xKA`gQp5Kb9" variabletype="">气息</field>

</block>

</value>

<value name="B">

<shadow type="math\_number" id="1.G,7.v2}ezM[%eHCRLi">

<field name="NUM">2</field>

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</block>

</statement>

<value name="IF4">

<block type="logic\_compare" id="1MXDoX.W~a!bXsO;`2]B">

<field name="OP">EQ</field>

<value name="A">

<block type="variables\_get" id="hz2VbYo#VjnGiTbmt!^Y">

<field name="VAR" id="1C9X^:DO-Yw/W[k?4Zlq" variabletype="">抉择</field>

</block>

</value>

<value name="B">

<block type="text" id="jN1c8OF#|\*zBn3W2#Ia-">

<field name="TEXT">屈服疲劳</field>

</block>

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</block>

</value>

<statement name="DO4">

<block type="text\_print" id="kN\_]hpRr:F)m[-sO?4:4">

<value name="TEXT">

<shadow type="text" id="nq.SN:)Y+ejH^{r=ba~A">

<field name="TEXT">你躺在了地上实在是太累了</field>

</shadow>

</value>

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<block type="controls\_flow\_statements" id="w8d23X/5R%QVtML|Mbf6">

<field name="FLOW">BREAK</field>

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</next>

</block>

</statement>

<statement name="ELSE">

<block type="controls\_flow\_statements" id="Dv`ZwgUwU,)mL~+7yvUT">

<field name="FLOW">BREAK</field>

</block>

</statement>

</block>

</next>

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<block type="text\_print" id="W$S06}{s/%;Pkuo):I;)">

<value name="TEXT">

<shadow type="text" id="cOKO9\_B|ACPeorC{^klp">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="Xc?B7E+,?8/\*$;S|\*-JD">

<field name="TEXT">你精疲力尽，结束了。</field>

</block>

</value>

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<block type="text\_print" id="Ex4,i4x#nvV)8z2aubHX">

<value name="TEXT">

<shadow type="text" id="r1ZIKbx@^6`,H0l~IZ]E">

<field name="TEXT">abc</field>

</shadow>

<block type="math\_arithmetic" id="N\*N~6Zmk3FlL}ONY+90a">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id="di6)A(a5#vg6c6@${Dl`">

<field name="NUM">1</field>

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<block type="variables\_get" id=",-7UF\_9-jAl/t%QXe\*Ky">

<field name="VAR" id="uTh6KvPy[lAZ5{[]\*Sph" variabletype="">文本1</field>

</block>

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<value name="B">

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<field name="NUM">1</field>

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<block type="math\_arithmetic" id="4l1Fm=5uKmDQ$]J2{D(Z">

<field name="OP">ADD</field>

<value name="A">

<shadow type="math\_number" id=",]9x)gZ(c)1]NF@VXvxq">

<field name="NUM">1</field>

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<block type="variables\_get" id="D8n-{tan3C?pMWN9[94q">

<field name="VAR" id="N4RIak:STUE$#1f^5GCa" variabletype="">路程</field>

</block>

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<value name="B">

<shadow type="math\_number" id="`\_TM`\_k^\_wb]Q?(@.^cr">

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<block type="variables\_get" id="sP6m.Za3hU}|1Hc6#DZH">

<field name="VAR" id="VX|g.pEPVQ}H9pd9k~CH" variabletype="">文本3</field>

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<block type="text\_print" id="!0ys5\*BW74Tf9v\*T(,P$">

<value name="TEXT">

<shadow type="text" id="r1ZIKbx@^6`,H0l~IZ]E">

<field name="TEXT">abc</field>

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<block type="math\_arithmetic" id="e]!bj@ubbB/}r$(JC,fW">

<field name="OP">ADD</field>

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<block type="variables\_get" id="w-v:2O;+RsWigYhDH5$i">

<field name="VAR" id="9qi^h#8a4Mi/:Smclfwv" variabletype="">文本2</field>

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<value name="B">

<shadow type="math\_number" id="CLT.|mcbx?6Qx=][CW9X">

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<block type="math\_arithmetic" id="nVg!xFMW^mCCxss(^NCt">

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<block type="variables\_get" id="QV60SRNWe|4)[m:sLL(1">

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<field name="VAR" id="DxH1\_e`W+WJh~I?D:$zJ" variabletype="">文本4</field>

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<block type="text\_print" id="aDEuvK4/${J9yT=P{Xg/">

<value name="TEXT">

<shadow type="text" id="tLMa42$\*Sun9~52p{rs|">

<field name="TEXT">abc</field>

</shadow>

<block type="text" id="dgCUe)XG\*RX7K6.Rrb71">

<field name="TEXT">欢迎下次挑战</field>

</block>

</value>

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<value name="VALUE">

<block type="math\_arithmetic" id="WMtNCdA3xG31WYq[SwtK">

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<shadow type="math\_number" id="g6vJSC4h|wuyWZCN05r#">

<field name="NUM">1</field>

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<block type="variables\_get" id="F0VVIH/@6$CN;b(bm#rr">

<field name="VAR" id="!?3SY:sjQXkn+;wZe-};" variabletype="">时间</field>

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</value>

<value name="B">

<shadow type="math\_number" id="6?IWyqn\_Xm.xg@jz8F%T">

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