Direct Commitment
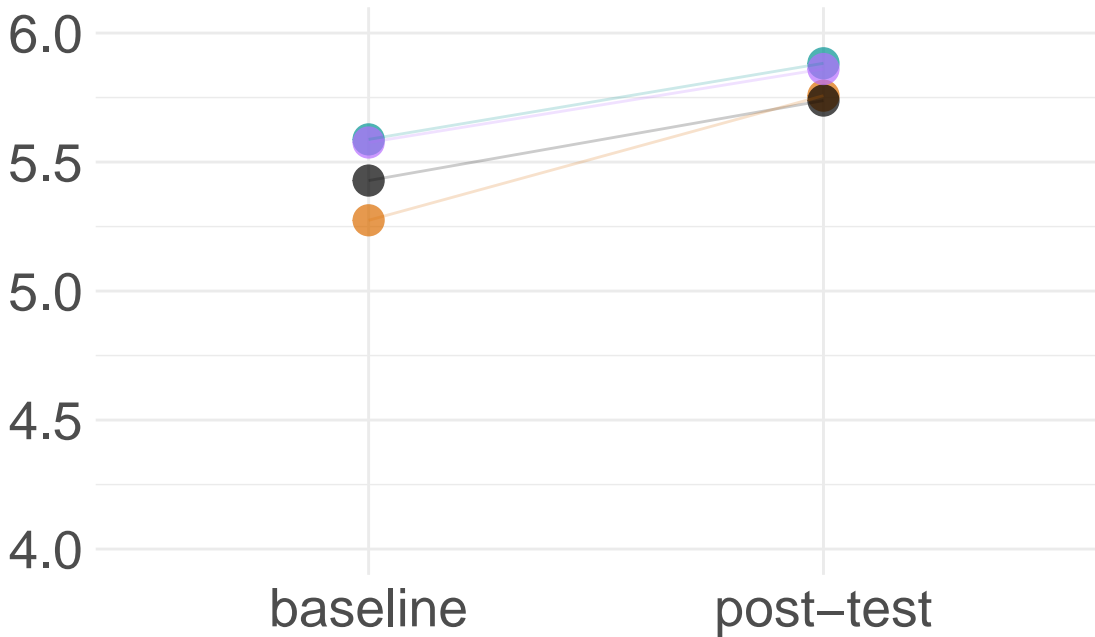
Condition — Control — Imp. Intentions — Mental Contrasting — Combined