



[illegible]

Menu Plan for November  
Week of:

11/1 - 11/7  
11/8 - 11/14

11/15 - 11/21  
11/22 - 11/28

Sunday

Turkey Tacos  
Steak and Veggies

Pad Thai  
Chicken and Rice

Monday

Spaghetti Squash Casserole  
Leftovers

Grilled Chicken and Salad  
Leftovers

Tuesday

Veggie Pizza  
Steak Tacos

Leftovers  
Pork Chops

Wednesday

Leftovers  
Buffalo Chicken Casserole  
Tomato Soup and Grilled  
Cheese  
Hot dogs and hamburgers

Thursday

Chicken Tettrazini  
Soup and Sandwiches  
  
Beef Stroganoff  
Thanksgiving Dinner

Friday

Eat ♥out/Take ♥out  
Eat ♥out/Take ♥out

Eat ♥out/Take ♥out  
Left♥overs

Saturday

Chicken Stir Fry  
Burrito♥Bowls

Baked Ziti  
Turkey Pot Pie