

Leisure Activity Checklist

Please rate each item based on how much you enjoy this activity.

0 = Not at all, **1** = A little, **2** = A lot

Outdoor Activities			
Hiking	0	1	2
Camping	0	1	2
Fishing	0	1	2
Hunting	0	1	2
Riding bikes	0	1	2
Sports:	0	1	2
Other:	0	1	2
Arts			
Music	0	1	2
Painting	0	1	2
Drawing	0	1	2
Arts & Crafts	0	1	2
Photography	0	1	2
Theater	0	1	2
Other:	0	1	2
Indoor Activities			
Watching TV/movies	0	1	2
Playing cards or games	0	1	2
Talking on the phone	0	1	2
House cleaning	0	1	2
Cooking or baking	0	1	2
Decorating/home repairs	0	1	2
Reading	0	1	2
Other:	0	1	2

Hobbies			
Photography	0	1	2
Collecting things	0	1	2
Gardening	0	1	2
Other:	0	1	2
Cars/Recreational vehicles			
Fixing up/restoring cars	0	1	2
Riding motorcycles	0	1	2
Taking long drives/trips	0	1	2
Watching car races	0	1	2
Other:	0	1	2
Educational Activities			
Taking courses	0	1	2
Going to museums	0	1	2
Visiting historic sites	0	1	2
Other:	0	1	2
Spending time with others			
Visiting friends or family	0	1	2
Doing things with your neighbors	0	1	2
Time with kids or grandchildren	0	1	2
Meeting new people	0	1	2
Other:	0	1	2
Other Activities			
	0	1	2
	0	1	2
	0	1	2
	0	1	2
	0	1	2