

MY HOLOGRAPHIC UNIVERSE, ANSWER TO LIFE

TEN SEPHIROTH

In the Qabalah, the Spirit Element represents the Supernals—the Spheres of Kether, Chokmah and Binah, which sit atop the Tree of Life (Figure 1). The Spirit Element also includes the upper part of the Sphere of Daath, the invisible eleventh Sphere, corresponding directly with the Throat Chakra. The Fire Element's Qabalistic correspondence is the Geburah Sephira. The Fire Element is also expressed through Netzach, Hod Sephira. The Water Element's Qabalistic correspondence is with Chesed. The Water Element is also corresponding with the Sphere of Yesod. Qabalistically, the Air Element corresponds with the Sphere of Tiphareth and the Sphere of Yesod. The Earth Element corresponding Qabalistically to the Sphere of Malkuth.

CHAKRA'S

Earth Star Chakra

The Earth Star Chakra, Vasundhara (Sanskrit for "Daughter of the Earth"), is approximately six inches below the feet.

Colour Black, Brown, Magenta.

Muladhara Chakra

The first Chakra, Muladhara, has four petals, and is located between the coccyx (tailbone)and the perineum. It is the lowest of the Seven Major Chakras and is related to the Element of Earth. Colour Red.

Swadhisthana Chakra

The second Chakra, Swadhisthana, has six petals, is located in the lower abdomen and is related to the Element of Water.

Colour Orange.

Hara Chakra (Navel)

Its location is between Swadhisthana and Manipura, at the belly button, about two inches inwards.

Colour Amber.

Manipura Chakra

The third Chakra, Manipura, has ten petals, and is located at the Solar Plexus, above the navel. Its other name is the Solar Plexus Chakra. Manipura corresponds with the Fire Element. Colour Yellow.

Anahata Chakra

The fourth Chakra, Anahata, has twelve petals, and is located between the two breasts in the centre of the chest. Otherwise known as the Heart Chakra, Anahata corresponds with the Air Element.

Colour Green.

Vishuddhi Chakra

The fifth Chakra, Vishuddhi, has sixteen petals, is located in the centre of the neck; hence it is called the Throat Chakra. Vishuddhi is of the Element of Spirit.
Colour Blue.

Lalana Chakra

The talu chakra is situated in the uvular region. It is about two inches above Vishuddhi and is intimately connected with it. It has twelve petals. It is a centre where amrita (deathless substance) flows. Here is the void for the practice of concentration.

In The Upanishads, Lalana is said to have 12 bright red petals. Other sacred texts, though, say it has 64 silvery-white petals.

Ajna Chakra

The sixth Chakra, Ajna, has two petals, is located in the brain's centre, in the Third Ventricle. Its more immediate access point is slightly above the centre of the eyebrows. Ajna is often referred to as the Mind's Eye Chakra, the Third Eye, or the Brow Chakra. It relates to the Element of Spirit.

Colour Indigo.

Sahasrara Chakra

The seventh Chakra, Sahasrara, is described as a wheel with one thousand (countless) petals, located at the top, centre of the head. As such, it is otherwise known as the Crown Chakra. Sahasrara is our source of Enlightenment, Oneness, truth, and Spiritual wisdom and understanding. It corresponds with the Sun, the Star of our Solar System. The Crown Chakra is the highest Chakra of the Spirit.

Colour Violet.

Causal Chakra (Bindu)

The Bindu serves as the gateway to the Causal Chakra, which is approximately two to three inches away from the top back of the head once you project a straight line from the Thalamus. The Bindu's more common name is Bindu Visarga which means "the falling of the drop" in Sanskrit, in reference to the Amrita nectar that Tantra Yoga says discharges from the Bindu. Colour White.

Soul Star Chakra

The Soul Star Chakra, Vyapini (Sanskrit for "All-Pervading"), is located about six inches above the top of the head, lining up directly with the Crown Chakra below it. Colour Golden-White.

Stellar Gateway

The Stellar Gateway Chakra, Vyomanga (Sanskrit for "Heavenly Being"), is about twelve inches above the top of the head, directly above the Soul Star and Crown Chakra. Colour Gold or Rainbow.

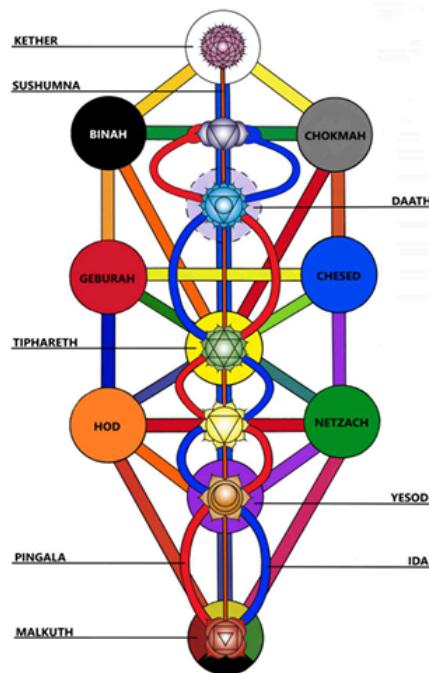


Figure 1: My Ten Sephiroth, Chakra's and The Three Nadi's

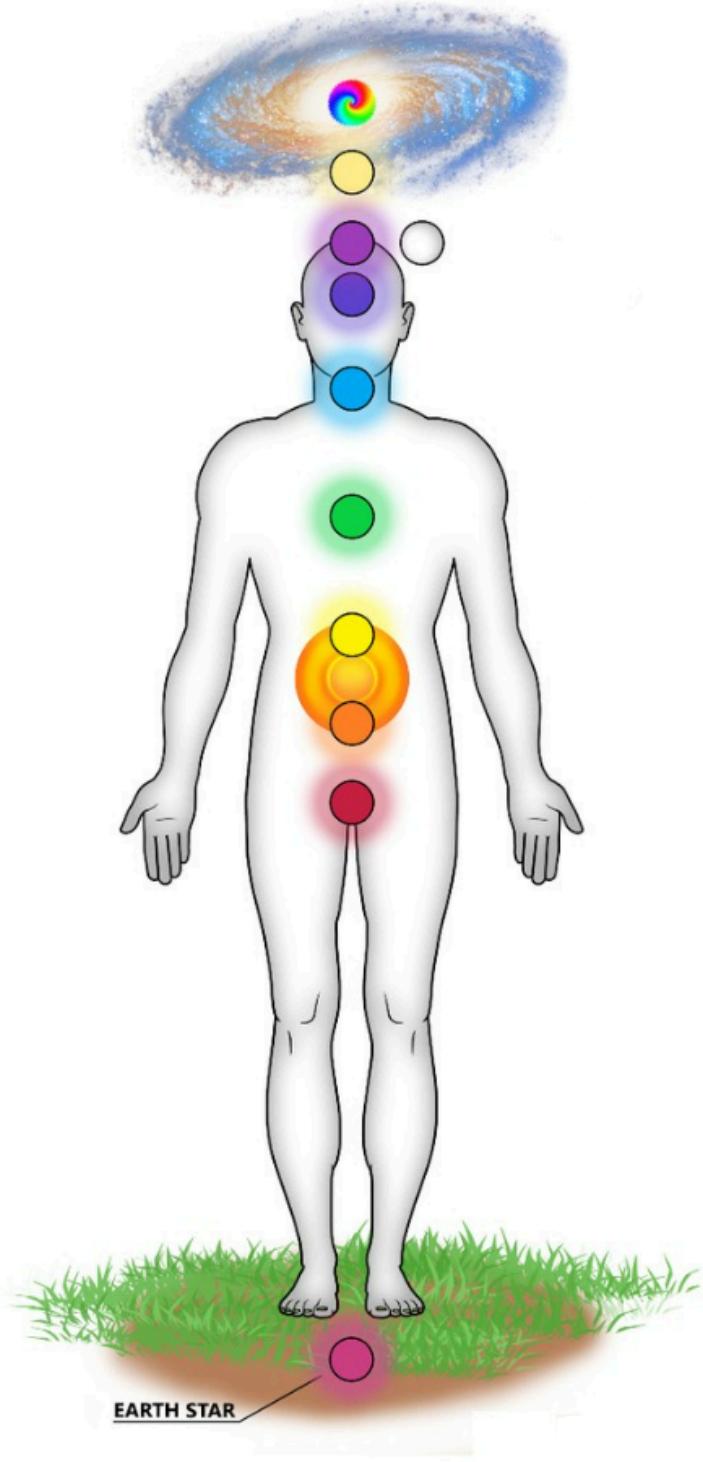


Figure 2: My Chakra's

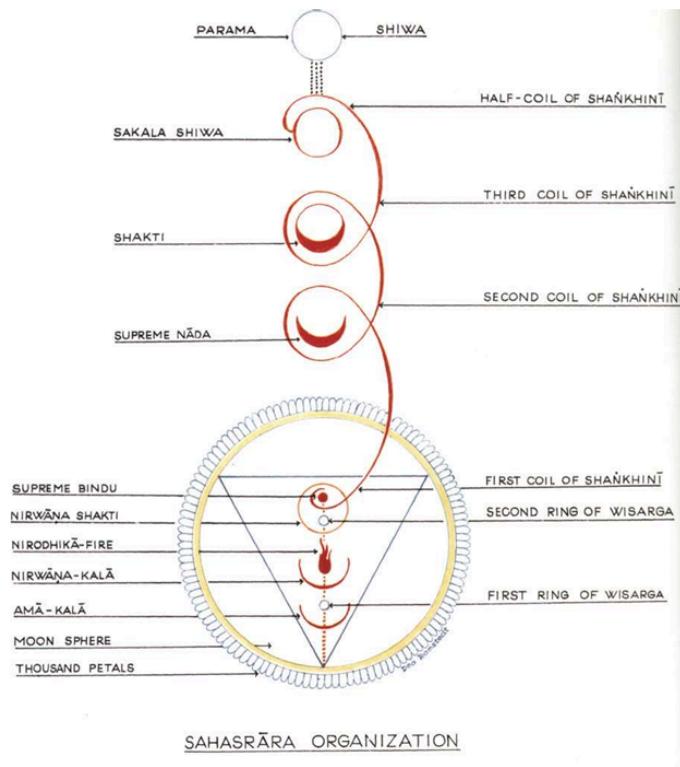


Figure 3: Sahasrara Organization

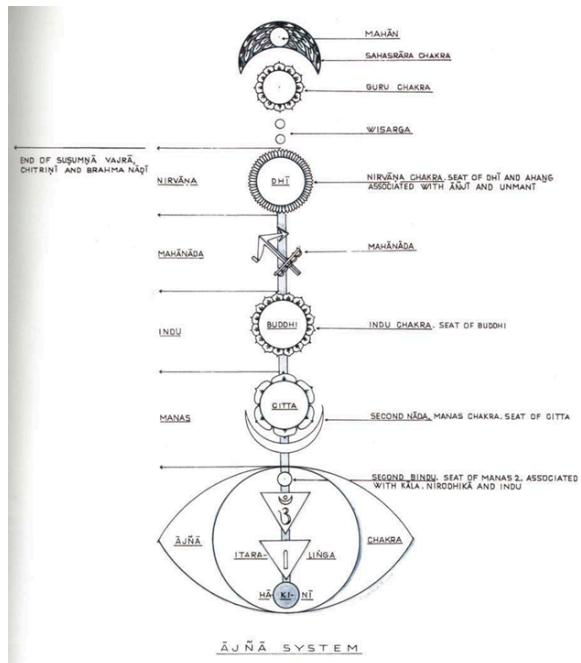


Figure 4: Ajna system

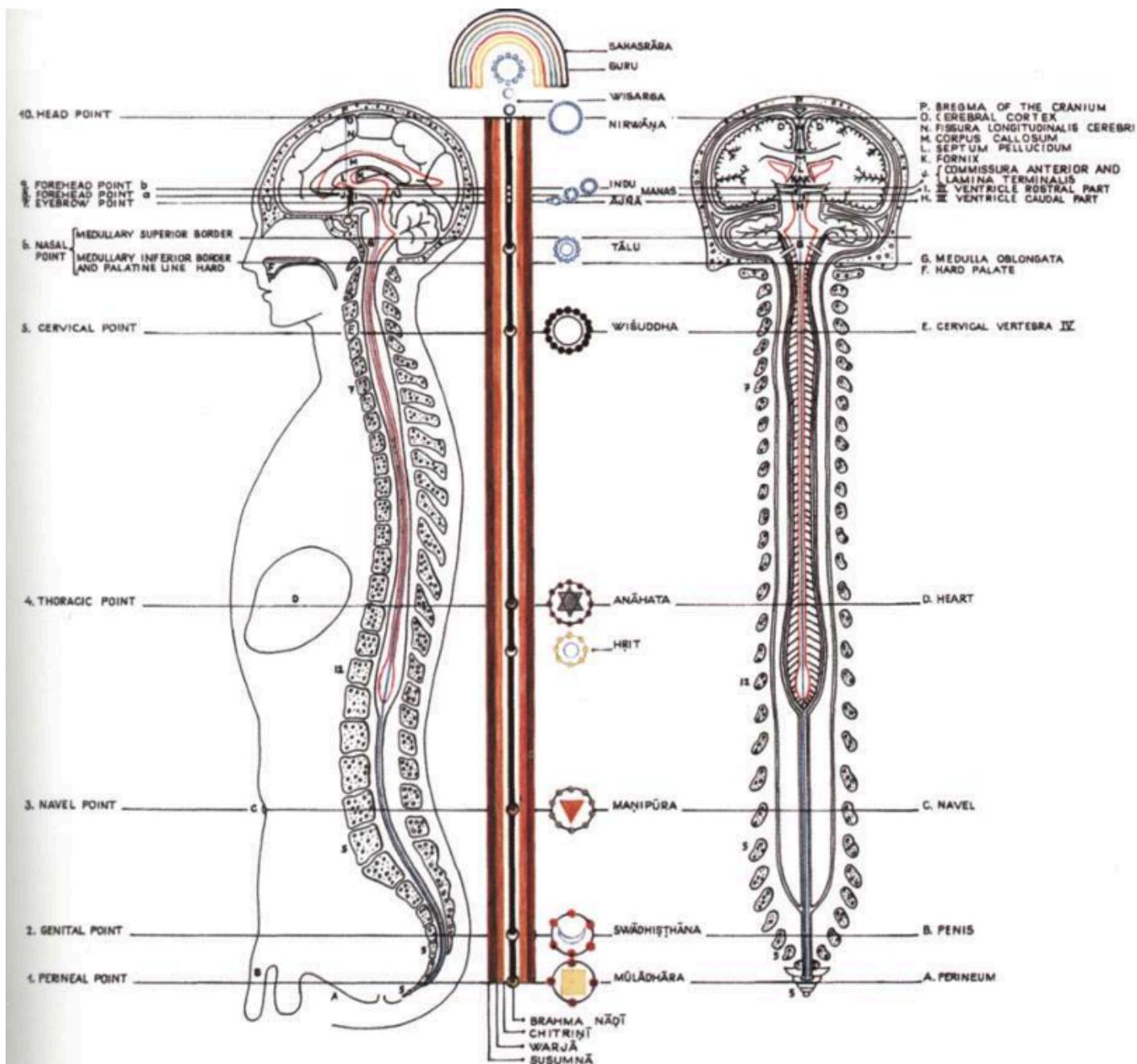


Figure 5: Location of Chakras in the Chitrini; the Surface - Vertebro-Cranial Relations

Being deep within the triangle of my muladhara, shines like a row of lights of excessive brilliance; within her (Kundalini, that is, in her inner aspect) is Parama Kala (Supreme Kundalini) (that is, Kulakundalini is really Supreme Kundalini), and (is the source of) para (shabda, that is, the principle of sound), and holds uninterrupted flow of the stream of amrita oozing from the

constant joy of being in supreme union with Parama Shiwa (my Stellar Gateway Chakra or Vyomanga).

Bija Mantra's

LAM – Muladhara, the Root Chakra – Earth Element – First Bija Mantra
 VAM – Swadhisthana, the Sacral Chakra – Water Element – Second Bija Mantra
 RAM – Manipura, the Solar Plexus Chakra – Fire Element – Third Bija Mantra
 YAM – Anahata, the Heart Chakra – Air Element – Fourth Bija Mantra
 HAM – Vishuddhi, the Throat Chakra – Spirit Element – Fifth Bija Mantra
 SHAM – Ajna, the Mind's Eye Chakra – Duality – Sixth Bija Mantra
 OM – Sahasrara, the Crown Chakra – Oneness – Seventh Bija Mantra

Table 1: The Twelve Chakras and their Correspondences

Chakra Name (Sanskrit & English)	Location and Colour	Element, Cosmic Plane	Expressions/ Powers	Tuning Fork Hz- Cosmic/ Musical	Gemstones
Earth Star, Super-Root	6 Inches Below Feet, Black, Brown, Magenta	All Elements, Etheric Blueprint/Lower Astral (Etheric)	Energetic Foundation, Past Lives, Nature Awareness, Karmic Records	68.05, -	Smoky Quartz, Onyx, Black Obsidian, Magnetite
Muladhara, Root or Base	Between Perineum and Coccyx, Red	Earth Element, Lower Astral (Etheric) Plane	Survival, Grounding, Security, Physicality, Kundalini (Origin)	194.18, 256.0 & 512.0	Hematite, Black Tourmaline, Red Jasper, Snowflake Obsidian
Swadhisthana, Sacral or Spleen	Lower Abdomen, Orange	Water Element, Higher Astral (Emotional) Plane	Emotions, Fear Energy, Subconscious Mind, Sexuality, Personality (Ego)	210.42, 288.0	Carnelian, Orange Calcite, Tiger's Eye, Septarian
Hara, Navel	Navel, Amber	All Elements, Astral Plane	Astral Gateway, Pranic Source, Sustenance, Regeneration	-	Fire Agate, Citrine, Sunstone
Manipura, Solar Plexus	Solar Plexus, Yellow	Fire Element, Higher Mental Plane	Willpower, Creativity,	126.22, 320.0	Amber, Yellow Citrine, Golden Topaz,

			Vitality, Motivation, Self-Esteem, Conscious Mind, Character (Soul)		Yellow Jasper and Opal
Anahata, Heart	Between Breasts (Centre), Green	Air Element, Lower Mental Plane	Thoughts, Imagination, Love, Compassion, Affection, Kindness, Healing, Harmony, Group Consciousness	136.10, 341.3	Green Aventurine, Green Jade, Malachite, Rose Quartz
Vishuddhi, Throat	Throat, Blue	Spirit Element, Spiritual Plane	Communication, Intelligence, Self-Expression, Truth, Discernement	141.27, 384.0	Amazonite, Aquamarine, Blue Lace Agate, Blue Topaz, Turquoise, Sodalite, Angelite
Ajna, Brow, Mind's Eye, Third Eye	Between the Eyebrows (Slightly Above), Indigo	Spirit Element, Spiritual Plane	Clairvoyance, Intuition, Psychic Senses, Dreaming, Gnosis	221.23, 426.7	Lapis Lazuli, Sapphire, Azurite, Sodalite, Fluorite, Labradorite
Sahasrara, Crown	Top of Head (Centre), Violet or White	Spirit Element, Spiritual Plane	Oneness, God Self & Cosmic Consciousness (Link), Transcendence, Understanding, Wisdom	172.06, 480.0	Amethyst, Diamond, Clear Quartz, Rutilated Quartz, Selenite, Azeztulite
Causal/Bindu	Top & Back of Head (2-3 Inches Out), White	All Elements, Spiritual/Divine Plane	Union, Ego Death, Life Continuity, Cosmic Exploration, 4th Dimension	-	Moonstone, Angel Aura Quartz, Celestite, Kyanite, Herderite
Soul Star	6 Inches Above Top of Head, Golden-White	All Elements, Divine Plane	Solar Self, Spiritual Awareness, Life Purpose, True Will	272.2,-	Selenite, Kyanite, Nirvana Quartz, Danburite
Stellar Gateway	12 Inches Above Top of Head, Gold or Rainbow	All Elements, Divine Plane	Galactic Self, Cosmic Consciousness & God Self (Source),	-	Moldavite, Stellar Beam Calcite,

Tongue-Lock Method

About tongue-lock, I should practise pressing the palate with the tongue by folding it. Gradually I will be able to reach the uvula. When the palatine region is pressed with the tongue, a kind of cool lifeful substance (amrita - deathless substance) is secreted by the utilization of which I am able to prolong my life. The tip of the tongue should press on the uvula. The life substance secreted from the white lotus (i.e. Sahasrara) is in concentration. I gain control over hunger and thirst and prolong my life to a very great extent by bathing my body with this life-substance'. To be able to execute tongue-lock correctly, the tongue should be made soft and elongated by milking-process and lingual exercise. Milking is the pulling of the tongue by wrapping it with a soft, fine, wet cloth. Lingual exercise consists in retroversion and stretching of the tongue, done alternately while assuming the adamantine posture (wajrasana). Tongue-lock consists in pressing with the tip of the retroverted tongue the soft palate and uvula. This tongue-palate contact, when continued for a long time and with breath-suspension, dries the part which is usually wet with mucus secreted by the palatine glands, and creates a state in which a radiation of life-force occurs through this part. I am able to re-energize my whole body with it, and, as a result, I attain a disease-free body and long life.

Breathing Exercise

It has been stated: 'In the navel region (manipura centre), think of the red-coloured maya-bija, and then burn the subtle impure body by the fire coming from it by thinking'. Here, it has been clearly stated that the purificatory processes should be done by thinking, and the body is not the physical body but a subtle body. Again, 'Think of the smoke-coloured "Yang" wayu (-energy) in the navel region (manipura centre) and make the subtle body dry by the mantra ("Yang") (by thinking) while doing the left-inspiratory-suspensive, right-expiratory breathing, 16-64-32. Think of the red-coloured fire-germ-mantra ("Rang") in the region of genitalia (swadhishthana) and burn the impure subtle body by the mantra ("Rang") (by thinking) and at the same time do the right-inspiratory suspensive, left-expiratory breathing, 16-64-32. Thinking of the water-germ-mantra "Wang" in the region of the uvula, make the flow of amrita from the sahasrara centre by the mantra ("Wang") (by thinking) while doing left-inspiratory breathing, and irradiate the whole body by amrita by "Wang" (by thinking) while doing suspensive breathing. Then think of the earth germ- mantra "hang" in the anal region (muladhara centre) and irradiate the body fully by "Lang" (by thinking) while doing right-inspiratory breathing. By this, a most excellent non white-non-black divine body is attained'.

My Aura

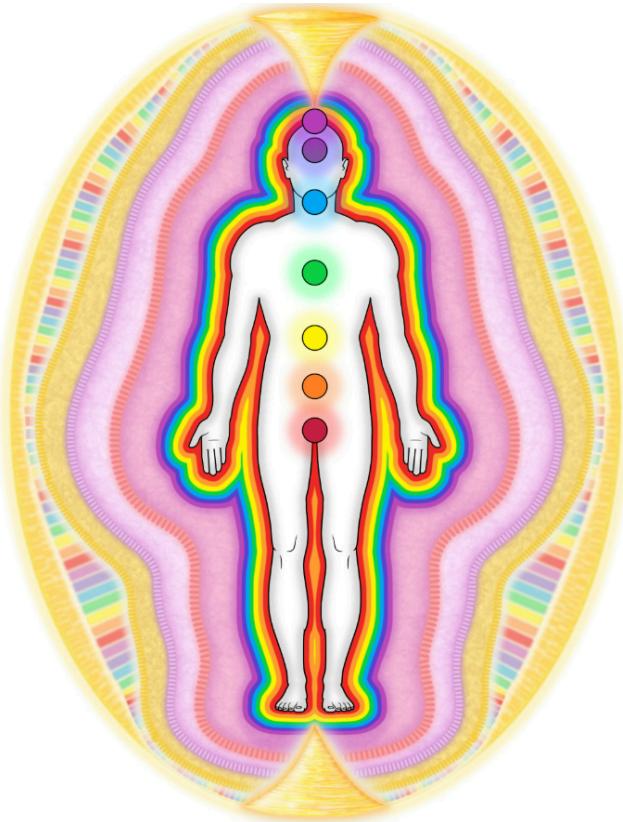


Figure 6: My Aura

The Aura (Figure 6) helps me to interact with the world and relay information into my physical body. It extends around the physical body but also flows through it. The physical body is the Holographic projection of the individual consciousness powered by the Aura.

The physical body

My dream body type (Figure 7), height is 164 cm and weight is 56 kg. My dream penis, the average flaccid, pendulous penis is 12.12 cm (4.77 inches) in length; the average erect penis is 16.16 cm (6.36 inches) long. The corresponding girth measurements are 12.24 cm (4.81 inches) for a flaccid penis and 15.15 cm (5.96 inches) for an erect one.

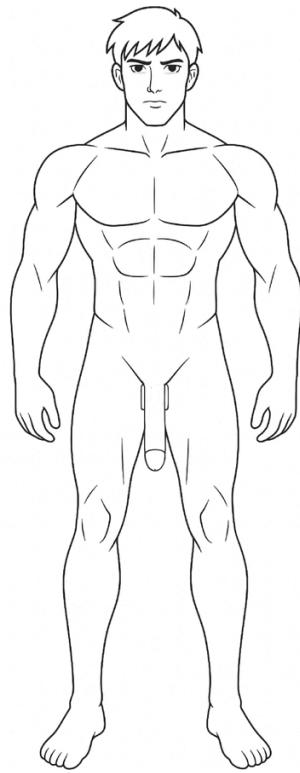


Figure 7: My Dream Body Type

Astral Projection and UFO Travel

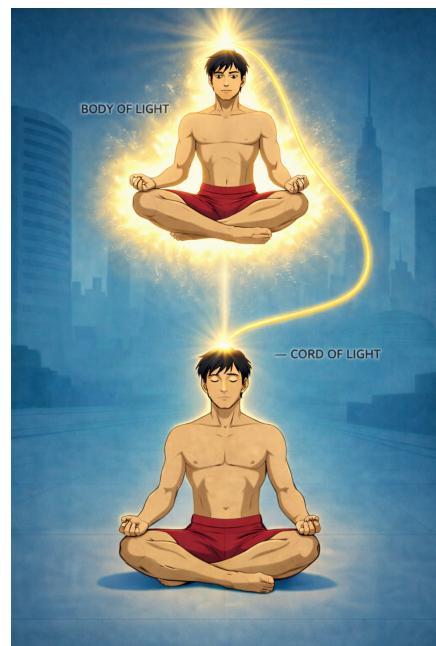


Figure 8: Astral Travel Projection

The Soul uses the Body of Light as the vehicle of travel in the inner Cosmic Planes, enabling the consciousness to experience them as real. The Body of Light is tied to the physical body by the Silver Cord (Figure 8), also known as the "Sutratman" in Sanskrit, composed of the two words "sutra" (thread) and "Atman" (Self). The Sutratman is essentially the life thread of the Soul. This metaphysical cord ensures that our Body of Light can make its way back to the body after Astral travelling. Upon death, when the Soul leaves the physical body permanently, the Silver Cord becomes severed.



Figure 9: My UFO

My UFO (Figure 9) that I can travel from Star to Stars like wherever my soul wants to, can use powers, made of luminous, organic material, blending sacred geometry and cosmic energy, translucent hull with glowing veins of light, it can travel up to the speed of light.

Table 2: This Vibrating Through My Stellar Gateway Chakra (*Vyomanga*), My Timetable