

In the next 10 minutes, observe a gesture made by someone trying to communicate.

You shouldn't be able to hear them when they make the gesture.

Maybe you're driving by them, and maybe you don't know who that person is.

Mimic the gesture privately until you think you've "got it." It should be effortless.

Use that gesture 3 times by the end of the day, in 3 different contexts, with 3 different gestural meanings.

Don't "make fun."