

**2020**

**UNDERSTANDING THE SELF**

**Course : EPC-4**

**Full Marks : 50**

*The figures in the margin indicate full marks.*

*Candidates are required to give their answers in their own words  
as far as practicable.*

**[Candidates are required to send their answers in the PDF Format.]**

Answer **any two** of the following questions.

1. Discuss the relation between self-concept and self-esteem. Describe how would you develop self-esteem among your students. 10+15
  2. What are the factors that affect individual personality? Discuss briefly the strategies of personality development of a child. 10+15
  3. What do you mean by 'Interpersonal Behaviour'? How is it important for a teacher to learn about interpersonal 'behaviour' and 'relationship'? 7+9+9
  4. Define and state the differences in EQ, IQ and SQ. Discuss the role of 'Emotional Intelligence' for personal and professional development of a teacher. 9+8+8
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