ISU.ORG



Communication No. 2253

SINGLE & PAIR SKATING

(Revised May 24, 2019)

Scale of Values season 2019/20

The following Communication replaces Communication No. 2186

Tubbergen, May 21, 2019 Lausanne, Jan Dijkema, President

Fredi Schmid, Director General

I. <u>Updated Scale of Value (SOV)</u>

	-5	-4	-3	-2	-1	BASE	+1	+2	+3	+4	+5
	-50%	-40%	-30%	-20%	-10%	D/ (OL	+10%	+20%	+30%	+40%	+50%
	0070	1070	0070		nd Pair	Skating	11070	0 / 0	10070	1 10 70	10070
Jumps				Omigio c	iiia i aii	Chainig					
1T	-0.20	-0.16	-0.12	-0.08	-0.04	0.40	+0.04	+0.08	+0.12	+0.16	+0.20
1S	-0.20	-0.16	-0.12	-0.08	-0.04	0.40	+0.04	+0.08	+0.12	+0.16	+0.20
1Lo	-0.25	-0.20	-0.15	-0.10	-0.05	0.50	+0.05	+0.10	+0.15	+0.20	+0.25
1Eu (Euler)	-0.25	-0.20	-0.15	-0.10	-0.05	0.50	+0.05	+0.10	+0.15	+0.20	+0.25
1F	-0.25	-0.20	-0.15	-0.10	-0.05	0.50	+0.05	+0.10	+0.15	+0.20	+0.25
1Lz	-0.30	-0.24	-0.18	-0.12	-0.06	0.60	+0.06	+0.12	+0.18	+0.24	+0.30
	0.00	0.2.	01.0	01.1	0.00						
<u>1T<</u>	<u>-0.16</u>	<u>-0.13</u>	<u>-0.10</u>	-0.06	-0.03	0.32	+0.03	+0.06	+0.10	+0.13	<u>+0.16</u>
<u>1S<</u>	<u>-0.16</u>	<u>-0.13</u>	<u>-0.10</u>	<u>-0.06</u>	-0.03	0.32	+0.03	+0.06	+0.10	+0.13	<u>+0.16</u>
<u>1Lo<</u>	-0.20	<u>-0.16</u>	<u>-0.12</u>	-0.08	-0.04	0.40	+0.04	+0.08	+0.12	<u>+0.16</u>	+0.20
<u>1F < or e</u>	-0.20	<u>-0.16</u>	<u>-0.12</u>	-0.08	-0.04	0.40	+0.04	+0.08	+0.12	<u>+0.16</u>	+0.20
<u>1Lz < or e</u>	-0.24	-0.19	-0.14	-0.10	-0.05	0.48	+0.05	+0.10	+0.14	+0.19	+0.24
1F < and e	-0.15	-0.12	-0.09	-0.06	-0.03	0.30	+0.03	+0.06	+0.09	+0.12	+0.15
1Lz < and e	-0.18	-0.14	-0.11	-0.07	-0.04	0.36	+0.04	+0.07	+0.11	+0.14	+0.18
4.0	0.55	0.44	0.22	0.00	0.44	4.40	.0.44	.0.00	.0.00	.0.44	.0.55
1A	-0.55	-0.44	-0.33	-0.22	-0.11 -0.13	1.10	+0.11	+0.22	+0.33	+0.44	+0.55
2T	-0.65	-0.52	-0.39	-0.26		1.30	+0.13	+0.26	+0.39	+0.52	+0.65
28	-0.65	-0.52	-0.39	-0.26	-0.13	1.30	+0.13	+0.26	+0.39	+0.52	+0.65
2Lo 2F	-0.85	-0.68 -0.72	-0.51	-0.34	-0.17	1.70	+0.17 +0.18	+0.34	+0.51 +0.54	+0.68	+0.85
	-0.90	-0.72	-0.54	-0.36	-0.18 -0.21	1.80 2.10		+0.36		+0.72	+0.90
2Lz	-1.05	-0.64	-0.63	-0.42	-0.21	2.10	+0.21	+0.42	+0.63	+0.84	+1.05
1A<	-0.44	-0.35	-0.26	-0.18	-0.09	0.88	+0.09	+0.18	+0.26	+0.35	+0.44
2T<	-0.52	-0.42	-0.31	-0.21	-0.10	1.04	+0.10	+0.21	+0.31	+0.42	+0.52
2S<	-0.52	-0.42	-0.31	-0.21	-0.10	1.04	+0.10	+0.21	+0.31	+0.42	+0.52
2Lo<	-0.68	-0.54	-0.41	-0.27	-0.14	1.36	+0.14	+0.27	+0.41	+0.54	+0.68
2F < or e	-0,72	-0.58	-0.43	-0.29	-0.14	1.44	+0.14	+0.29	+0.43	+0.58	+0.72
2Lz < or e	-0.84	-0.67	-0.50	-0.34	-0.17	1.68	+0.17	+0.34	+0,50	+0.67	+0.84
2F < and e	-0.54	-0.43	-0.32	-0.22	-0.11	1.08	+0.11	+0.22	+0.32	+0.43	+0.54
2Lz < and e	-0.63	-0.50	-0.38	-0.25	-0.13	1.26	+0.13	+0.25	+0.38	+0.50	+0.63
	I			l	I	l		l	l	I	ı
2A	-1.65	-1.32	-0.99	-0.66	-0.33	3.30	+0.33	+0.66	+0.99	+1.32	+1.65
3T	-2.10	-1.68	-1.26	-0.84	-0.42	4.20	+0.42	+0.84	+1.26	+1.68	+2.10
3S	-2.15	-1.72	-1.29	-0.86	-0.43	4.30	+0.43	+0.86	+1.29	+1.72	+2.15
3Lo	-2.45	-1.96	-1.47	-0.98	-0.49	4.90	+0.49	+0.98	+1.47	+1.96	+2.45
3F	-2.65	-2.12	-1.59	-1.06	-0.53	5.30	+0.53	+1.06	+1.59	+2.12	+2.65
3Lz	-2.95	-2.36	-1.77	-1.18	-0.59	5.90	+0.59	+1.18	+1.77	+2.36	+2.95
0.4	4.00	4.00	0.70	0.50	0.00	0.04	.0.00	.0.50	. 0. 70	.4.00	.4.00
2A<	<u>-1.32</u>	<u>-1.06</u>	<u>-0.79</u>	<u>-0.53</u>	<u>-0.26</u>	2.64	+0.26	+0.53	+0.79	+1.06	+1.32
3T<	<u>-1.68</u>	<u>-1.34</u>	<u>-1.01</u>	-0.67	<u>-0.34</u>	3.36	+0.34	+0.67	+1.01	+1.34	+1.68
<u>3S<</u>	<u>-1.72</u>	<u>-1.38</u>	<u>-1.03</u>	<u>-0.69</u>	<u>-0.34</u>	3.44	+0.34	+0.69	+1.03	+1.38	+1.72
3L0<	<u>-1.96</u>	<u>-1.57</u>	<u>-1.18</u>	<u>-0.78</u>	<u>-0.39</u>	3.92	+0.39	+0.78	+1.18	+1.57	+1.96
3F< or e	<u>-2.12</u>	<u>-1.70</u>	<u>-1.27</u>	<u>-0.85</u>	<u>-0.42</u>	4.24	+0.42	+0.85	+1.27	+1.70	+2.12
3Lz< or e	<u>-2.36</u>	<u>-1.89</u>	<u>-1.42</u>	<u>-0.94</u>	<u>-0.47</u>	4.72	+0.47	+0.94	+1.42	+1.89	+2.36
3F < and e	-1.59	-1.27	-0.95 1.06	-0.64	-0.32	3.18	+0.32	+0.64	+0.95	+1.27	+1.59
3Lz < and e	-1.77	-1.42	-1.06	-0.71	-0.35	3.54	+0.35	+0.71	+1.06	+1.42	+1.77
3A	-4.00	-3.20	-2.40	-1.60	-0.80	8.00	+0.80	+1.60	+2.40	+3.20	+4.00
4T	-4.75	-3.80	-2.85	-1.90	-0.95	9.50	+0.95	+1.90	+2.85	+3.80	+4.75
4S	-4.85	-3.88	-2.91	-1.94	-0.97	9.70	+0.97	+1.94	+2.91	+3.88	+4.85
4Lo	-5.25	-4.20	-3.15	-2.10	-1.05	10.50	+1.05	+2.10	+3.15	+4.20	+5.25
4F	-5.50	-4.40	-3.30	-2.20	-1.10	11.00	+1.10	+2.20	+3.30	+4.40	+5.50
4Lz	-5.75	-4.60	-3.45	-2.30	-1.15	11.50	+1.15	+2.30	+3.45	+4.60	+5.75
4A	-6.25	-5.00	-3.75	-2.50	-1.25	12.50	+1.25	+2.50	+3.75	+5.00	+6.25
7/3	5.25	5.00	5.75	2.00	1.20	. 2.30	. 1.20	. 2.00	. 5.75	. 5.55	. 5.25

		T -			<u> </u>					<u> </u>	
	-5	-4	-3	-2	-1	BASE	+1	+2	+3	+4	+5
	-50%	-40%	-30%	-20%	-10%		+10%	+20%	+30%	+40%	+50%
<u>3A<</u>	<u>-3.20</u>	<u>-2.56</u>	<u>-1.92</u>	<u>-1.28</u>	<u>-0.64</u>	<u>6.40</u>	<u>+0.64</u>	<u>+1.28</u>	<u>+1.92</u>	+2.56	+3.20
<u>4T<</u>	<u>-3.80</u>	<u>-3.04</u>	<u>-2.28</u>	<u>-1.52</u>	<u>-0.76</u>	7.60	<u>+0.76</u>	<u>+1.52</u>	<u>+2.28</u>	<u>+3.04</u>	<u>+3.80</u>
<u>4S<</u>	<u>-3.88</u>	<u>-3.10</u>	<u>-2.33</u>	<u>-1.55</u>	<u>-0.78</u>	<u>7.76</u>	<u>+0.78</u>	<u>+1.55</u>	<u>+2.33</u>	<u>+3.10</u>	+3.88
<u>4Lo<</u>	<u>-4.20</u>	<u>-3.36</u>	<u>-2.52</u>	<u>-1.68</u>	<u>-0.84</u>	<u>8.40</u>	<u>+0.84</u>	<u>+1.68</u>	<u>+2.52</u>	<u>+3.36</u>	<u>+4.20</u>
<u>4F < or e</u>	<u>-4.40</u>	<u>-3.52</u>	<u>-2.64</u>	<u>-1.76</u>	<u>-0.88</u>	8.80	<u>+0.88</u>	<u>+1.76</u>	<u>+2.64</u>	<u>+3.52</u>	<u>+4.40</u>
<u>4Lz < or e</u>	<u>-4.60</u>	<u>-3.68</u>	<u>-2.76</u>	<u>-1.84</u>	<u>-0.92</u>	9.20	<u>+0.92</u>	<u>+1.84</u>	<u>+2.76</u>	+3.68	<u>+4.60</u>
4F < and e	-3.30	-2.64	-1.98	-1.32	-0.66	6.60	+0.66	+1.32	+1.98	+2.64	+3.30
4Lz < and e	-3.45	-2.76	-2.07	-1.38	-0.69	6.90	+0.69	+1.38	+2.07	+2.76	+3.45
<u>4A<</u>	<u>-5.00</u>	<u>-4.00</u>	<u>-3.00</u>	<u>-2.00</u>	<u>-1.00</u>	<u>10.00</u>	<u>+1.00</u>	<u>+2.00</u>	<u>+3.00</u>	<u>+4.00</u>	<u>+5.00</u>
Oning (Cala Oning	fan Dai	1									
Spins (Solo Spins			of foot /	ما ناماستاس	م بام ماد م		4\				
Spin in one position								. 0. 00	. 0. 00	. 0. 40	.0.50
USpB	-0.50	-0.40	-0.30	-0.20	-0.10	1.00	+0.10	+0.20	+0.30	+0.40	+0.50
USp1	-0.60	-0.48	-0.36	-0.24	-0.12	1.20	+0.12	+0.24	+0.36	+0.48	+0.60
USp2	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
USp3	-0.95	-0.76	-0.57	-0.38	-0.19	1.90	+0.19	+0.38	+0.57	+0.76	+0.95
USp4	-1.20	-0.96	-0.72	-0.48	-0.24	2.40	+0.24	+0.48	+0.72	+0.96	+1.20
10.0	0.00	0.40	0.00	0.04	0.40	4.00	10.40	10.04	10.00	10.40	10.00
LSpB	-0.60	-0.48	-0.36	-0.24	-0.12	1.20	+0.12	+0.24	+0.36	+0.48	+0.60
LSp1	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
LSp2	-0.95	-0.76	-0.57	-0.38	-0.19	1.90	+0.19	+0.38	+0.57	+0.76	+0.95
LSp3	-1.20	-0.96	-0.72	-0.48	-0.24	2.40	+0.24	+0.48	+0.72	+0.96	+1.20
LSp4	-1.35	-1.08	-0.81	-0.54	-0.27	2.70	+0.27	+0.54	+0.81	+1.08	+1.35
CCnD	0.55	0.44	0.22	0.22	0.11	1 10	10.11	10.22	10.22	+0.44	10.55
CSpB CSp1	-0.55	-0.44	-0.33	-0.22	-0.11	1.10 1.40	+0.11	+0.22	+0.33		+0.55
CSp1	-0.70	-0.56	-0.42	-0.28	-0.14		+0.14	+0.28	+0.42	+0.56	+0.70
CSp2	-0.90	-0.72	-0.54	-0.36	-0.18	1.80	+0.18	+0.36	+0.54	+0.72	+0.90
CSp3	-1.15	-0.92	-0.69	-0.46	-0.23	2.30	+0.23	+0.46	+0.69	+0.92	+1.15
CSp4	-1.30	-1.04	-0.78	-0.52	-0.26	2.60	+0.26	+0.52	+0.78	+1.04	+1.30
CC~D	0.55	0.44	0.00	0.00	0.44	4.40	.0.44	.0.00	.0.22	.0.44	.0.55
SSpB	-0.55	-0.44	-0.33	-0.22	-0.11	1.10	+0.11	+0.22	+0.33	+0.44	+0.55
SSp1	-0.65	-0.52	-0.39	-0.26	-0.13	1.30	+0.13	+0.26	+0.39	+0.52	+0.65
SSp2	-0.80	-0.64	-0.48	-0.32	-0.16	1.60	+0.16	+0.32	+0.48	+0.64	+0.80
SSp3	-1.05	-0.84	-0.63	-0.42	-0.21	2.10	+0.21	+0.42	+0.63	+0.84	+1.05
SSp4	-1.25	-1.00	-0.75	-0.50	-0.25	2.50	+0.25	+0.50	+0.75	+1.00	+1.25
Flying Spin (any po						1 50	10 1E	10.20	10 1E	10.60	.0.7E
FUSpB	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
FUSp1	-0.85	-0.68	-0.51	-0.34	-0.17	1.70	+0.17	+0.34	+0.51		+0.85
FUSp2	-1.00	-0.80	-0.60	-0.40	-0.20	2.00	+0.20	+0.40	+0.60	+0.80	+1.00
FUSp3	-1.20	-0.96	-0.72	-0.48	-0.24	2.40	+0.24	+0.48	+0.72	+0.96	+1.20
FUSp4	-1.45	-1.16	-0.87	-0.58	-0.29	2.90	+0.29	+0.58	+0.87	+1.16	+1.45
ELICAD\/	0 F 7	O AE	0.24	0.22	0.14	1 12	10 11	10.00	10.24	IO AE	10.57
FUSpBV	-0.57	-0.45	-0.34	-0.23	-0.11	1.13 1.28	+0.11	+0.23	+0.34	+0.45	+0.57
FUSp1V	-0.64	-0.51	-0.38	-0.26	-0.13	1.28	+0.13	+0.26	+0.38	+0.51	+0.64
FUSp2V	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
FUSp3V	-0.90	-0.72	-0.54	-0.36	-0.18		+0.18	+0.36	+0.54	+0.72	+0.90
FUSp4V	-1.09	-0.87	-0.65	-0.44	-0.22	2.18	+0.22	+0.44	+0.65	+0.87	+1.09
FLSpB	-0.85	-0.68	-0.51	-0.34	-0.17	1.70	+0.17	+0.34	+0.51	+0.68	+0.85
FLSpB FLSp1	-0.85	-0.80	-0.60	-0.34	-0.17	2.00	+0.17	+0.34	+0.60	+0.80	+1.00
	-1.20	-0.80	-0.60	-0.48	-0.20	2.40	+0.24	+0.48			+1.20
FLSp2		-1.16	-0.72		-0.24	2.40			+0.72 +0.87	+0.96 +1.16	
FLSp3	-1.45 -1.60	-1.16		-0.58 -0.64	-0.29	3.20	+0.29	+0.58		+1.16	+1.45
FLSp4	-1.00	-1.20	-0.96	-0.04	-0.32	J.20	+0.32	+0.64	+0.96	±1.∠0	+1.60
FLSpBV	-0.64	-0.51	-0.38	-0.26	-0.13	1.28	+0.13	+0.26	+0.38	+0.51	+0.64
FLSp6V FLSp1V		-0.51		-0.26	-0.13	1.50	+0.15				
	-0,75		-0,45					+0.30	+0.45	+0.60	+0.75
FLSp2V	-0,90	-0,72	-0,54	-0,36	-0,18	1.80	+0.18	+0.36	+0.54	+0.72	+0.90
FLSp3V	-1,09	-0,87	-0,65	-0,44	-0,22 -0,24	2.18 2.40	+0.22	+0.44	+0.65	+0.87	+1.09
FLSp4V	-1,20	-0,96	-0,72	-0,48	-0,24	2.40	+0.24	+0.48	+0.72	+0.96	+1.20

	-5	-4	-3	-2	-1	BASE	+1	+2	+3	+4	+5
	-50%	-40%	-30%	-20%	-10%		+10%	+20%	+30%	+40%	+50%
FCSpB	-0.80	-0.64	-0.48	-0.32	-0.16	1.60	+0.16	+0.32	+0.48	+0.64	+0.80
FCSp1	-0.95	-0.76	-0.46	-0.32	-0.19	1.90	+0.10	+0.38	+0.46	+0.76	+0.95
FCSp1	-1.15	-0.76	-0.69	-0.36	-0.19	2.30	+0.19				+1.15
								+0.46	+0.69	+0.92	
FCSp3	-1.40	-1.12	-0.84	-0.56	-0.28	2.80	+0.28	+0.56	+0.84	+1.12	+1.40
FCSp4	-1.60	-1.28	-0.96	-0.64	-0.32	3.20	+0.32	+0.64	+0.96	+1.28	+1.60
FCSpBV	-0.60	-0.48	-0,36	-0.24	-0.12	1.20	+0.12	+0.24	+0.36	+0.48	+0.60
FCSp1V	-0.72	-0.48	-0,30	-0.24	-0.12	1.43	+0.12	+0.24	+0.43	+0.46	+0.72
FCSp2V	-0.72	-0.69	-0,43	-0.25	-0.17	1.73	+0.17	+0.25	+0.43	+0.69	+0.72
FCSp3V	-1.05	-0.84		-0.33	-0.17	2.10	+0.17	+0.33			
			-0.63			2.40			+0.63	+0.84	+1.05
FCSp4V	-1.20	-0,96	-0.72	-0.48	-0.24	2.40	+0.24	+0.48	+0.72	+0.96	+1.20
FSSpB	-0.85	-0.68	-0.51	-0.34	-0.17	1.70	+0.17	+0.34	+0.51	+0.68	+0.85
FSSp1	-1.00	-0.80	-0.60	-0.40	-0.17	2.00	+0.17	+0.40	+0.60	+0.80	+1.00
						2.30					
FSSp2	-1.15	-0.92	-0.69	-0.46	-0.23		+0.23	+0.46	+0.69	+0.92	+1.15
FSSp3	-1.30	-1.04	-0.78	-0.52	-0.26	2.60	+0.26	+0.52	+0.78	+1.04	+1.30
FSSp4	-1.50	-1.20	-0.90	-0.60	-0.30	3.00	+0.30	+0.60	+0.90	+1.20	+1.50
FCC ₂ D\/	0.64	0.54	0.20	0.26	0.42	4 20	10.12	10.06	.0.20	10 E1	10.64
FSSpBV	-0.64	-0.51	-0.38	-0.26	-0.13	1.28	+0.13	+0.26	+0.38	+0.51	+0.64
FSSp1V	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
FSSp2V	-0.87	-0.69	-0.52	-0.35	-0.17	1.73	+0.17	+0.35	+0.52	+0.69	+0.87
FSSp3V	-0.98	-0.78	-0.59	-0.39	-0.20	1.95	+0.20	+0.39	+0.59	+0.78	+0.98
FSSp4V	-1.13	-0.90	-0.68	-0.45	-0.23	2.25	+0.23	+0.45	+0.68	+0.90	+1.13
Spins with change		T									
(F)CUSpB	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
(F)CUSp1	-0.85	-0.68	-0.51	-0.34	-0.17	1.70	+0.17	+0.34	+0.51	+0.68	+0.85
(F)CUSp2	-1.00	-0.80	-0.60	-0.40	-0.20	2.00	+0.20	+0.40	+0.60	+0.80	+1.00
(F)CUSp3	-1.20	-0.96	-0.72	-0.48	-0.24	2.40	+0.24	+0.48	+0.72	+0.96	+1.20
(F)CUSp4	-1.45	-1.16	-0.87	-0.58	-0.29	2.90	+0.29	+0.58	+0.87	+1.16	+1.45
	1	1	ı	1	ı		I	I	1		
(F)CUSpBV	-0.57	-0.45	-0.34	-0.23	-0.11	1.13	+0.11	+0.23	+0.34	+0.45	+0.57
(F)CUSp1V	-0.64	-0.51	-0.38	-0.26	-0.13	1.28	+0.13	+0.26	+0.38	+0.51	+0.64
(F)CUSp2V	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
(F)CUSp3V	-0.90	-0.72	-0.54	-0.36	-0.18	1.80	+0.18	+0.36	+0.54	+0.72	+0.90
(F)CUSp4V	-1.09	-0.87	-0.65	-0.44	-0.22	2.18	+0.22	+0.44	+0.65	+0.87	+1.09
(F)CLSpB	-0.85	-0.68	-0.51	-0.34	-0.17	1.70	+0.17	+0.34	+0.51	+0.68	+0.85
(F)CLSp1	-1.00	-0.80	-0.60	-0.40	-0.20	2.00	+0.20	+0.40	+0.60	+0.80	+1.00
(F)CLSp2	-1.20	-0.96	-0.72	-0.48	-0.24	2.40	+0.24	+0.48	+0.72	+0.96	+1.20
(F)CLSp3	-1.45	-1.16	-0.87	-0.58	-0.29	2.90	+0.29	+0.58	+0.87	+1.16	+1.45
(F)CLSp4	-1.60	-1.28	-0.96	-0.64	-0.32	3.20	+0.32	+0.64	+0.96	+1.28	+1.60
, , ,	•										
(F)CLSpBV	-0.64	-0.51	-0.38	-0.26	-0.13	1.28	+0.13	+0.26	+0.38	+0.51	+0.64
(F)CLSp1V	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
(F)CLSp2V	-0.90	-0.72	-0.54	-0.36	-0.18	1.80	+0.18	+0.36	+0.54	+0.72	+0.90
(F)CLSp3V	-1.09	-0.87	-0.65	-0.44	-0.22	2.18	+0.22	+0.44	+0.65	+0.87	+1.09
(F)CLSp4V	-1.20	-0.96	-0.72	-0.48	-0.24	2.40	+0.24	+0.48	+0.72	+0.96	+1.20
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(F)CCSpB	-0.85	-0.68	-0.51	-0.34	-0.17	1.70	+0.17	+0.34	+0.51	+0.68	+0.85
(F)CCSp1	-1.00	-0.80	-0.60	-0.40	-0.20	2.00	+0.20	+0.40	+0.60	+0.80	+1.00
(F)CCSp2	-1.15	-0.92	-0.69	-0.46	-0.23	2.30	+0.23	+0.46	+0.69	+0.92	+1.15
(F)CCSp3	-1.40	-1.12	-0.84	-0.56	-0.28	2.80	+0.28	+0.56	+0.84	+1.12	+1.40
(F)CCSp4	-1.60	-1.28	-0.96	-0.64	-0.32	3.20	+0.32	+0.64	+0.96	+1.28	+1.60
(. /555)		0	3.50	1 3.3 .	3.02				1 . 5.55	0	
(F)CCSpBV	-0.64	-0.51	-0.38	-0.26	-0.13	1.28	+0.13	+0.26	+0.38	+0.51	+0.64
(F)CCSp1V	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
(F)CCSp2V	-0.87	-0.69	-0.52	-0.35	-0.17	1.73	+0.17	+0.35	+0.52	+0.69	+0.87
(F)CCSp3V	-1.05	-0.84	-0.63	-0.42	-0.21	2.10	+0.21	+0.42	+0.63	+0.84	+1.05
(F)CCSp4V	-1.20	-0.96	-0.72	-0.42	-0.24	2.40	+0.21	+0.42	+0.72	+0.96	+1.20
(1)CCSP4 V	-1.20	-0.30	-0.12	-0.40	-0.24	2.40	±0.∠4	+0.40	TU.12	+0.30	±1.∠U

	-5	-4	-3	-2	-1	BASE	+1	+2	+3	+4	+5
	-50%	-40%	-30%	-20%	-10%	DASE				+40%	+50%
(F) 000 - D						4.00	+10%	+20%	+30%		
(F)CSSpB	-0.80	-0.64	-0.48	-0.32	-0.16	1.60	+0.16	+0.32	+0.48	+0.64	+0.80
(F)CSSp1	-0.95	-0.76	-0.57	-0.38	-0.19	1.90	+0.19	+0.38	+0.57	+0.76	+0.95
(F)CSSp2	-1.15	-0.92	-0.69	-0.46	-0.23	2.30	+0.23	+0.46	+0.69	+0.92	+1.15
(F)CSSp3	-1.30	-1.04	-0.78	-0.52	-0.26	2.60	+0.26	+0.52	+0.78	+1.04	+1.30
(F)CSSp4	-1.50	-1.20	-0.90	-0.60	-0.30	3.00	+0.30	+0.60	+0.90	+1.20	+1.50
(F)CSSpBV	-0.60	-0.48	-0.36	-0.24	-0.12	1.20	+0.12	+0.24	+0.36	+0.48	+0.60
(F)CSSp1V	-0.72	-0.57	-0.43	-0.29	-0.14	1.43	+0.14	+0.29	+0.43	+0.57	+0.72
(F)CSSp2V	-0.87	-0.69	-0.52	-0.35	-0.17	1.73	+0.17	+0.35	+0.52	+0.69	+0.87
(F)CSSp3V	-0.98	-0.78	-0.59	-0.39	-0.20	1.95	+0.20	+0.39	+0.59	+0.78	+0.98
(F)CSSp4V	-1.13	-0.90	-0.68	-0.45	-0.23	2.25	+0.23	+0.45	+0.68	+0.90	+1.13
Spin Combination	with chan	ge of po	sition and	d no cha	nge of fo	ot			•	•	
(F)CoSpB	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
(F)CoSp1	-0.85	-0.68	-0.51	-0.34	-0.17	1.70	+0.17	+0.34	+0.51	+0.68	+0.85
(F)CoSp2	-1.00	-0.80	-0.60	-0.40	-0.20	2,00	+0.20	+0.40	+0.60	+0.80	+1.00
(F)CoSp3	-1.25	-1.00	-0.75	-0.50	-0.25	2.50	+0.25	+0.50	+0.75	+1.00	+1.25
(F)CoSp4	-1.50	-1.20	-0.90	-0.60	-0.30	3.00	+0.30	+0.60	+0.90	+1.20	+1.50
(1)000p 1	1.00	1.20	0.00	0.00	0.00	0.00	10.00	10.00	10.00	11.20	11.00
(F)CoSpBV	-0.57	-0.45	-0.34	-0.23	-0.11	1.13	+0.11	+0.23	+0.34	+0.45	+0.57
(F)CoSp1V	-0.64	-0.51	-0.38	-0.26	-0.13	1.28	+0.13	+0.26	+0.38	+0.51	+0.64
(F)CoSp2V	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
(F)CoSp3V	-0.73	-0.75	-0.45	-0.38	-0.19	1.88	+0.13	+0.38	+0.43	+0.75	+0.73
	-1.13	-0.75			-0.19						
(F)CoSp4V			-0.68	-0.45		2.25	+0.23	+0.45	+0.68	+0.90	+1.13
Spin Combination						4 70	.0.47	.0.04	.0.54	.0.00	. 0. 05
(F)CCoSpB	-0.85	-0.68	-0.51	-0.34	-0.17	1.70	+0.17	+0.34	+0.51	+0.68	+0.85
(F)CCoSp1	-1.00	-0.80	-0.60	-0.40	-0.20	2.00	+0.20	+0.40	+0.60	+0.80	+1.00
(F)CCoSp2	-1.25	-1.00	-0.75	-0.50	-0.25	2.50	+0.25	+0.50	+0.75	+1.00	+1.25
(F)CCoSp3	-1.50	-1.20	-0.90	-0.60	-0.30	3.00	+0.30	+0.60	+0.90	+1.20	+1.50
(F)CCoSp4	-1.75	-1.40	-1.05	-0.70	-0.35	3.50	+0.35	+0.70	+1.05	+1.40	+1.75
	1	ı	ı	ı	ı	I			ı	ı	
(F)CCoSpBV	-0.64	-0.51	-0.38	-0.26	-0.13	1.28	+0.13	+0.26	+0.38	+0.51	+0.64
(F)CCoSp1V	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
(F)CCoSp2V	-0.94	-0.75	-0.56	-0.38	-0.19	1.88	+0.19	+0.38	+0.56	+0.75	+0.94
(F)CCoSp3V	-1.13	-0.90	-0.68	-0.45	-0.23	2.25	+0.23	+0.45	+0.68	+0.90	+1.13
(F)CCoSp4V	-1.32	-1.05	-0.79	-0.53	-0.26	2.63	+0.26	+0.53	+0.79	+1.05	+1.32
Step Sequences											
StSqB	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
StSq1	-0.90	-0.72	-0.54	-0.36	-0.18	1.80	+0.18	+0.36	+0.54	+0.72	+0.90
StSq2	-1.30	-1.04	-0.78	-0.52	-0.26	2.60	+0.26	+0.52	+0.78	+1.04	+1.30
StSq3	-1.65	-1.32	-0.99	-0.66	-0.33	3.30	+0.33	+0.66	+0.99	+1.32	+1.65
StSq4	-1.95	-1.56	-1.17	-0.78	-0.39	3.90	+0.39	+0.78	+1.17	+1.56	+1.95
Lifts											
1LiB	-0.70	-0.56	-0.42	-0.28	-0.14	1.40	+0.14	+0.28	+0.42	+0.56	+0.70
1Li1	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
1Li2	-0.85	-0.68	-0.51	-0.34	-0.17	1.70	+0.17	+0.34	+0.51	+0.68	+0.85
1Li3	-0.95	-0.76	-0.57	-0.38	-0.19	1.90	+0.19	+0.38	+0.57	+0.76	+0.95
1Li4	-1.05	-0.84	-0.63	-0.42	-0.21	2.10	+0.21	+0.42	+0.63	+0.84	+1.05
1 == 1		J.0-1	3.50	J. 12	J.21		. 5.21	. 5. 12			. 1.00
2LiB	-0.75	-0.60	-0.45	-0.30	-0.15	1,50	+0.15	+0.30	+0.45	+0.60	+0.75
2Li1	-0.75	-0.76	-0.43	-0.38	-0.19	1.90	+0.19	+0.38	+0.43	+0.76	+0.75
2Li2	-1.15	-0.70	-0.69	-0.36	-0.19	2.30	+0.19	+0.46	+0.69	+0.70	+1.15
2Li2	-1.15	-1.08	-0.81	-0.46	-0.23	2.70	+0.23	+0.46	+0.81	+1.08	+1.15
2Li3	-1.55	-1.24	-0.81	-0.62	-0.27	3.10	+0.27	+0.62	+0.81	+1.06	+1.55
ZLI4	-1.00	-1.24	-0.93	-0.02	-0.31	3.10	+0.51	+0.0∠	+∪.93	T1.24	+1.00
21 iD/41 iD	175	1 10	1.05	0.70	0.25	2 F0	10.25	10.70	11 OF	11.40	11 75
3LiB/4LiB	-1.75	-1.40	-1.05	-0.70	-0.35	3.50	+0.35	+0.70	+1.05	+1.40	+1.75
3Li1/4Li1	-1.95	-1.56	-1.17	-0.78	-0.39	3.90	+0.39	+0.78	+1.17	+1.56	+1.95
3Li2/4Li2	-2.15	-1.72	-1.29	-0.86	-0.43	4.30	+0.43	+0.86	+1.29	+1.72	+2.15
3Li3/4Li3	-2.35	-1.88	-1.41	-0.94	-0.47	4.70	+0.47	+0.94	+1.41	+1.88	+2.35
3Li4/4Li4	-2.55	-2.04	-1.53	-1.02	-0.51	5.10	+0.51	+1.02	+1.53	+2.04	+2.55

	-5	-4	-3	-2	-1	BASE	+1	+2	+3	+4	+5
	-50%	-40%	-30%	-20%	-10%	DAGE	+10%	+20%	+30%	+40%	+50%
	0070	1070	0070	2070	1070	<u> </u>	11070	12070	10070	14070	10070
5T/5SLiB	-2.30	-1.84	-1.38	-0.92	-0.46	4.60	+0.46	+0.92	+1.38	+1.84	+2.30
5T/5SLi1	-2.50	-2.00	-1.50	-1.00	-0.50	5.00	+0.50	+1.00	+1.50	+2.00	+2.50
5T/5SLi2	-2.70	-2.16	-1.62	-1.08	-0.54	5.40	+0.54	+1.08	+1.62	+2.16	+2.70
5T/5SLi3	-2.90	-2.32	-1.74	-1.16	-0.58	5,80	+0.58	+1.16	+1.74	+2.32	+2.90
5T/5SLi4	-3.10	-2.48	-1.86	-1.24	-0.62	6.20	+0.62	+1.24	+1.86	+2.48	+3.10
01/00211	,				0.02	0.20					
5BLiB	-2.50	-2.00	-1.50	-1.00	-0.50	5.00	+0.50	+1.00	+1.50	+2.00	+2.50
5BLi1	-2.70	-2.16	-1.62	-1.08	-0.54	5.40	+0.54	+1.08	+1.62	+2.16	+2.70
5BLi2	-2.90	-2.32	-1.74	-1.16	-0.58	5.80	+0.58	+1.16	+1.74	+2.32	+2.90
5BLi3	-3.10	-2.48	-1.86	-1.24	-0.62	6.20	+0.62	+1.24	+1.86	+2.48	+3.10
5BLi4	-3.25	-2.60	-1.95	-1.30	-0.65	6.50	+0.65	+1.30	+1.95	+2.60	+3.25
	1			I.	ı						
5A/5RLiB	-2.70	-2.16	-1.62	-1.08	-0.54	5.40	+0.54	+1.08	+1.62	+2.16	+2.70
5A/5RLi1	-2.90	-2.32	-1.74	-1.16	-0.58	5.80	+0.58	+1.16	+1.74	+2.32	+2.90
5A/5RLi2	-3.10	-2.48	-1.86	-1.24	-0.62	6.20	+0.62	+1.24	+1.86	+2.48	+3.10
5A/5RLi3	-3.30	-2.64	-1.98	-1.32	-0.66	6.60	+0.66	+1.32	+1.98	+2.64	+3.30
5A/5RLi4	-3.50	-2.80	-2.10	-1.40	-0.70	7.00	+0.70	+1.40	+2.10	+2.80	+3.50
Twist Lifts	•	•				•					
1TwB	-0.45	-0.36	-0.27	-0.18	-0.09	0.90	+0.09	+0.18	+0.27	+0.36	+0.45
1Tw1	-0.55	-0.44	-0.33	-0.22	-0.11	1.10	+0.11	+0.22	+0.33	+0.44	+0.55
1Tw2	-0.65	-0.52	-0.39	-0.26	-0.13	1.30	+0.13	+0.26	+0.39	+0.52	+0.65
1Tw3	-0.75	-0.60	-0.45	-0.30	-0.15	1.50	+0.15	+0.30	+0.45	+0.60	+0.75
1Tw4	-0.85	-0.68	-0.51	-0.34	-0.17	1.70	+0.17	+0.34	+0.51	+0.68	+0.85
				•	•						
2TwB	-1.30	-1.04	-0.78	-0.52	-0.26	2.60	+0.26	+0.52	+0.78	+1.04	+1.30
2Tw1	-1.40	-1.12	-0.84	-0.56	-0.28	2.80	+0.28	+0.56	+0.84	+1.12	+1.40
2Tw2	-1.50	-1.20	-0.90	-0.60	-0.30	3.00	+0.30	+0.60	+0.90	+1.20	+1.50
2Tw3	-1.60	-1.28	-0.96	-0.64	-0.32	3.20	+0.32	+0.64	+0.96	+1.28	+1.60
2Tw4	-1.70	-1.36	-1.02	-0.68	-0.34	3.40	+0.34	+0.68	+1.02	+1.36	+1.70
3TwB	-2.40	-1.92	-1.44	-0.96	-0.48	4.80	+0.48	+0.96	+1.44	+1.92	+2.40
3Tw1	-2.55	-2.04	-1.53	-1.02	-0.51	5.10	+0.51	+1.02	+1.53	+2.04	+2.55
3Tw2	-2.70	-2.16	-1.62	-1.08	-0.54	5.40	+0.54	+1.08	+1.62	+2.16	+2.70
3Tw3	-2.85	-2.28	-1.71	-1.14	-0.57	5.70	+0.57	+1.14	+1.71	+2.28	+2.85
3Tw4	-3.00	-2.40	-1.80	-1.20	-0.60	6.00	+0.60	+1.20	+1.80	+2.40	+3.00
						_					
4TwB	-3.20	-2.56	-1.92	-1.28	-0.64	6.40	+0.64	+1.28	+1.92	+2.56	+3.20
4Tw1	-3.40	-2.72	-2.04	-1.36	-0.68	6.80	+0.68	+1.36	+2.04	+2.72	+3.40
4Tw2	-3.60	-2.88	-2.16	-1.44	-0.72	7.20	+0.72	+1.44	+2.16	+2.88	+3.60
4Tw3	-3.80	-3.04	-2.28	-1.52	-0.76	7.60	+0.76	+1.52	+2.28	+3.04	+3.80
4Tw4	-4.00	-3.20	-2.40	-1.60	-0.80	8.00	+0.80	+1.60	+2.40	+3.20	+4.00
Throw Jumps	1 0		0.00	0.00	0.11			0.00	0.00		
1TTh	-0.55	-0.44	-0.33	-0.22	-0.11	1.10	+0.11	+0.22	+0.33	+0.44	+0.55
1STh	-0.55	-0.44	-0.33	-0.22	-0.11	1.10	+0.11	+0.22	+0.33	+0.44	+0.55
1LoTh	-0.70	-0.56	-0.42	-0.28	-0.14	1.40	+0.14	+0.28	+0.42	+0.56	+0.70
1F/1LzTh	-0.70	-0.56	-0.42	-0.28	-0.14	1.40	+0.14	+0.28	+0.42	+0.56	+0.70
4TTL .	0.40	0.22	0.05	0.47	0.00	0.00	10.00	10.47	10.05	.0.22	10.40
1TTh<	-0.42	-0.33	-0.25	-0.17	-0.08	0.83	+0.08	+0.17	+0.25	+0.33	+0.42
1STh<	-0.42	-0.33	-0.25	-0.17	-0.08	0.83	+0.08	+0.17	+0.25	+0.33	+0.42
1LoTh<	-0.53	-0.42	-0.32	-0.21	-0.11	1.05	+0.11	+0.21	+0.32	+0.42	+0.53
1F 1LzTh<</td <td>-0.53</td> <td>-0.42</td> <td>-0.32</td> <td>-0.21</td> <td>-0.11</td> <td>1.05</td> <td>+0.11</td> <td>+0.21</td> <td>+0.32</td> <td>+0.42</td> <td>+0.53</td>	-0.53	-0.42	-0.32	-0.21	-0.11	1.05	+0.11	+0.21	+0.32	+0.42	+0.53
1ATh	-1.10	_0 00	-0 66	-0.44	-0.22	2 20	+0.22	TU 44	+0.66	TU 80	+1.10
2TTh	-1.10	-0.88 -1.00	-0.66 -0.75	-0.44	-0.22	2.20 2.50	+0.25	+0.44		+0.88 +1.00	+1.10
25Th	-1.25	-1.00	-0.75	-0.50	-0.25	2.50	+0.25	+0.50	+0.75		+1.25
2LoTh	-1.40	-1.12	-0.75	-0.50	-0.25	2.80	+0.25	+0.50	+0.75 +0.84	+1.00 +1.12	
2F/2LzTh	-1.40	-1.12	-0.84	-0.60	-0.28	3.00	+0.28	+0.56 +0.60	+0.84	+1.12	+1.40 +1.50
Z1 / Z L Z	1.30	-1.20	-0.30	0.00	-0.30	J.00	+0.30	+0.00	+0.30	±1.∠U	+1.50

1AThc						4	DACE	. 4	. 2	. 2	. 4	. E
ATTICK		-5	-4	-3	-2	-1	BASE	+1	+2	+3	+4	+5
2TThk							4.0=					
28Thk -0.94 -0.75 -0.56 -0.38 -0.19 1.88 -0.19 1.03 +0.56 +0.75 +0.94 -0.81 -0.81 -0.83 -0.42 -0.23 -0.25 +0.23 +0.45 +0.68 +0.90 +1.13 -0.90 -0.68 -0.45 -0.23 -0.25 +0.23 +0.45 +0.68 +0.90 +1.13 -0.91 -0.68 -0.45 -0.23 -0.25 +0.23 +0.45 +0.68 +0.90 +1.13 -0.92 -0.68 -0.45 -0.23 -0.25 +0.23 +0.45 +0.68 +0.90 +1.13 -0.93 -0.68 -0.45 -0.23 -0.45 +0.40 +												
Color Colo												
ATT Company Company												+0.94
ATTh		1										
3TTh	2F/2LzTh<	-1.13	-0.90	-0.68	-0.45	-0.23	2.25	+0.23	+0.45	+0.68	+0.90	+1.13
3TTh			ı	ı	1	ı	ı			ı		
38Th 2.20												
SLOTh 2.50 2.200 -1.50 -1.00 -0.50 5.00 +0.50 +1.00 +1.50 +2.00 +2.56												
3F/3LZTh												
2AThk												
3TThc	3F/3LzTh	-2.65	-2.12	-1.59	-1.06	-0.53	5.30	+0.53	+1.06	+1.59	+2.12	+2.65
3TThc												
SSThc 1.65 1.32 0.99 0.66 0.03 3.00 10.33 0.06 0.09 1.132 1.165												
SLOTIK												
3F/3LzThc												
3ATh												
## ATTh	3F/3LzTh<	-1.99	-1.59	-1.19	-0.80	-0.40	3.98	+0.40	+0.80	+1.19	+1.59	+1.99
## ATTh		T			1		1					
4STh												
4LoTh		1										
AF/4LzTh					-1.30	-0.65			+1.30		+2.60	
3ATh<												
ATTh<	4F/4LzTh	-3.75	-3.00	-2.25	-1.50	-0.75	7.50	+0.75	+1.50	+2.25	+3.00	+3.75
ATTh<		1	ı	ı	1	T				T		
ASTh<												
Hart Color Color												
AF/4LzTh<												
Poseth Spirals												
Fi/BiDsB		-2.82	-2.25	-1.69	-1.13	-0.56	5.63	+0.56	+1.13	+1.69	+2.25	+2.82
Fi/BiDS1 -1.45 -1.16 -0.87 -0.58 -0.29 2.90 +0.29 +0.58 +0.87 +1.16 +1.45 Fi/BiDS2 -1.60 -1.28 -0.96 -0.64 -0.32 3.20 +0.32 +0.64 +0.96 +1.28 +1.60 Fi/BiDS3 -1.75 -1.40 -1.05 -0.70 -0.35 3.50 +0.35 +0.70 +1.05 +1.40 +1.75 Fi/BiDS4 -1.90 -1.52 -1.14 -0.76 -0.38 3.80 +0.38 +0.76 +1.14 +1.52 +1.90 Fo/BoDsB -1.55 -1.24 -0.93 -0.62 -0.31 3.10 +0.62 +0.93 +1.24 +1.55 Fo/BoDs1 -1.75 -1.40 -1.05 -0.70 -0.35 3.50 +0.35 +0.09 +1.124 +1.55 Fo/BoDs1 -1.75 -1.40 -1.08 -0.35 3.50 +0.35 +0.70 +1.05 +1.40 +1.75 Fo/BoDs2 <td>_</td> <td></td> <td>ı</td> <td>ı</td> <td>1</td> <td>ı</td> <td>ı</td> <td></td> <td></td> <td>ı</td> <td></td> <td></td>	_		ı	ı	1	ı	ı			ı		
Fi/BiDs2												
Fi/BiDs3												
Fi/BiDs4		1										
Fo/BoDsB												
Fo/BoDs1 -1.75 -1.40 -1.05 -0.70 -0.35 3.50 +0.35 +0.70 +1.05 +1.40 +1.75 Fo/BoDs2 -1.95 -1.56 -1.17 -0.78 -0.39 3.90 +0.39 +0.78 +1.17 +1.56 +1.95 Fo/BoDs3 -2.15 -1.72 -1.29 -0.86 -0.43 4.30 +0.43 +0.86 +1.29 +1.72 +2.15 Fo/BoDs4 -2.35 -1.88 -1.41 -0.94 -0.47 4.70 +0.47 +0.94 +1.41 +1.88 +2.35 PiF -1.10 -0.88 -0.66 -0.44 -0.22 2.20 +0.22 +0.44 +0.66 +0.88 +1.10 Psigs -0.85 -0.68 -0.51 -0.34 -0.17 1.70 +0.17 +0.34 +0.51 +0.68 +0.85 PSp1 -1.00 -0.80 -0.60 -0.40 -0.20 2.00 +0.20 +0.40 +0.60 +0.89 <t< td=""><td>Fi/BiDs4</td><td>-1.90</td><td>-1.52</td><td>-1.14</td><td>-0.76</td><td>-0.38</td><td>3.80</td><td>+0.38</td><td>+0.76</td><td>+1.14</td><td>+1.52</td><td>+1.90</td></t<>	Fi/BiDs4	-1.90	-1.52	-1.14	-0.76	-0.38	3.80	+0.38	+0.76	+1.14	+1.52	+1.90
Fo/BoDs1 -1.75 -1.40 -1.05 -0.70 -0.35 3.50 +0.35 +0.70 +1.05 +1.40 +1.75 Fo/BoDs2 -1.95 -1.56 -1.17 -0.78 -0.39 3.90 +0.39 +0.78 +1.17 +1.56 +1.95 Fo/BoDs3 -2.15 -1.72 -1.29 -0.86 -0.43 4.30 +0.43 +0.86 +1.29 +1.72 +2.15 Fo/BoDs4 -2.35 -1.88 -1.41 -0.94 -0.47 4.70 +0.47 +0.94 +1.41 +1.88 +2.35 PiF -1.10 -0.88 -0.66 -0.44 -0.22 2.20 +0.22 +0.44 +0.66 +0.88 +1.10 Psigs -0.85 -0.68 -0.51 -0.34 -0.17 1.70 +0.17 +0.34 +0.51 +0.68 +0.85 PSp1 -1.00 -0.80 -0.60 -0.40 -0.20 2.00 +0.20 +0.40 +0.60 +0.89 <t< td=""><td></td><td>1</td><td>ı</td><td>ı</td><td></td><td>T</td><td></td><td></td><td></td><td>T</td><td></td><td></td></t<>		1	ı	ı		T				T		
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Fo/BoDs4 -2.35 -1.88 -1.41 -0.94 -0.47 4.70 +0.47 +0.94 +1.41 +1.88 +2.35 PiF -1.10 -0.88 -0.66 -0.44 -0.22 2.20 +0.22 +0.44 +0.66 +0.88 +1.10 Pair Spins PSpB -0.85 -0.68 -0.51 -0.34 -0.17 1.70 +0.17 +0.34 +0.51 +0.68 +0.85 PSp1 -1.00 -0.80 -0.60 -0.40 -0.20 2.00 +0.20 +0.40 +0.60 +0.80 +1.00 PSp2 -1.25 -1.00 -0.75 -0.50 -0.25 2.50 +0.25 +0.50 +0.75 +1.00 +1.25 PSp3 -1.50 -1.20 -0.90 -0.60 -0.30 3.00 +0.30 +0.60 +0.90 +1.20 +1.50 PSp4 -1.75 -1.40 -1.05 -0.70 -0.25 2.50 +0.25 +0.50 <t< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>												
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Pair Spin Combinations PCoSpB -1.25 -1.00 -0.75 -0.50 -0.25 2.50 +0.25 +0.50 +0.75 +1.00 +1.25 PCoSp1 -1.50 -1.20 -0.90 -0.60 -0.30 3.00 +0.30 +0.60 +0.90 +1.20 +1.50 PCoSp2 -1.75 -1.40 -1.05 -0.70 -0.35 3.50 +0.35 +0.70 +1.05 +1.40 +1.75 PCoSp3 -2.00 -1.60 -1.20 -0.80 -0.40 4.00 +0.40 +0.80 +1.20 +1.60 +2.00 PCoSp4 -2.25 -1.80 -1.35 -0.90 -0.45 4.50 +0.45 +0.90 +1.35 +1.80 +2.25 PCoSpBV -0.94 -0.75 -0.56 -0.38 -0.19 1.88 +0.19 +0.38 +0.56 +0.75 +0.94 PCoSp1V -1.13 -0.90 -0.68 -0.45 -0.23 2.25 +0.23												
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PCoSp3V -1.50 -1.20 -0.90 -0.60 -0.30 3.00 +0.30 +0.60 +0.90 +1.20 +1.50		1										
PCoSp4V -1.69 -1.35 -1.01 -0.68 -0.34 3.38 +0.34 +0.68 +1.01 +1.35 +1.69												
	PCoSp4V	-1.69	-1.35	-1.01	-0.68	-0.34	3.38	+0.34	+0.68	+1.01	+1.35	+1.69

Choreographic Sequences, Single & Pair Skating												
	-5	-4	-3	-2	-1	BASE	+1	+2	+3	+4	+5	
ChSq	-2,50	-2,00	-1.50	-1,00	-0.50	3.0	+0.50	+1.00	+1.50	+2.00	+2.50	

Remarks:

- 1. The SOV is based on a percentage principle. Each step in GOE up/down results in increasing/decreasing the score for this element by 10% of the Base Value.
- 2. For Choreographic Sequences this percentage is also consistent for all steps in GOE, but is higher than for other elements.
- 3. For elements indicated with signs "<", "e", "V", the percentage is taken not from the full Base Value, but from the reduced Base Value.
- 4. In jump combinations / jump sequences when applying the GOE with the numerical value of the most difficult jump, the signs "<", "e", "V" are taken into account (e.g. 3T with Base Value 4.2 is considered more difficult than 3Lo< with reduced Base Value 3.92).
- 5. The previous remark does not relate to the sign "+Rep" which leads to 70% of the Base Value of the jump. In this case the GOE is established as a percentage of the original Base Value because the "+Rep" sign has no relation to the quality of execution.