Problem 3: Find the area of the region that is outside the curve $r = 1 - \cos \theta$ but inside the curve r = 1. (Source: AoPS Calculus)

The curve $r = 1 - \cos \theta$ is a cardioid, and the curve r = 1 is a circle. We can find the area of the region that is outside the cardioid but inside the circle by subtracting twice the area of a specific region from the area of the semicircle. The specific region we refer to is the region of the cardioid from $\theta = 0$ to $\theta = \frac{\pi}{2}$.

$$A = \frac{1}{2}\pi - 2 \cdot \frac{1}{2} \int_{0}^{\frac{\pi}{2}} (1 - \cos \theta)^{2} d\theta$$

$$= \frac{1}{2}\pi - \int_{0}^{\frac{\pi}{2}} (1 - \cos \theta)^{2} d\theta$$

$$= \frac{1}{2}\pi - \int_{0}^{\frac{\pi}{2}} (1 - 2\cos \theta + \cos^{2} \theta) d\theta$$

$$= \frac{1}{2}\pi - \int_{0}^{\frac{\pi}{2}} (1 - 2\cos \theta + \frac{1}{2}(1 - \cos 2\theta)) d\theta$$

$$= \frac{1}{2}\pi - \int_{0}^{\frac{\pi}{2}} (1 - 2\cos \theta + \frac{1}{2}(1 - \cos 2\theta)) d\theta$$

$$= \frac{1}{2}\pi - (\theta - 2\sin \theta + \frac{1}{2}\theta - \frac{1}{4}\sin 2\theta) \Big|_{0}^{\frac{\pi}{2}}$$

$$= \frac{1}{2}\pi - (\frac{\pi}{2} - 2 + \frac{1}{2} \cdot \frac{\pi}{2})$$

$$= \frac{1}{2}\pi - (\frac{3\pi}{4} - 2)$$

$$= \frac{1}{2}\pi - (\frac{\pi}{4} - 2)$$