

WORK, ENERGY AND POWER

1. **Notions of work, work-energy theorem, power**
 2. **Kinetic energy**
 3. **Potential energy**
 4. **The conservation of Energy**
 5. **Non-conservative forces-Motion in a vertical circle, Collisions**
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SUMMARY

1. The work-energy theorem states that the change in kinetic energy of a body is the workdone by the net force on the body.

$$K_f - K_i = W_{net}$$

2. A force is conservative if (i) work done by it on an object is path independent and depends only on the end points $\{x_i, x_f\}$, or (ii) the work done by the force is zero for an arbitrary closed path taken by the object such that it returns to its initial position.

3. For a conservative force in one dimension, we may define a potential energy function

$$F(x) = -\frac{dV(x)}{dx}$$

$V(x)$ such that

$$V_i - V_j = \int_{x_i}^{x_j} F(x) dx$$

4. The principle of conservation of mechanical energy states that the total mechanical energy of a body remains constant if the only forces that act on the body are conservative.

5. The gravitational potential energy of a particle of mass m at a height x about the earth's surface is $V(x) = m g x$

where the variation of g with height is ignored.

6. The elastic potential energy of a spring of force constant k and extension x is

$$V_x = \frac{1}{2} k x^2$$

7. The scalar or dot product of two vectors A and B is written as A . B and is a scalar quantity given by : $A \cdot B = AB \cos \theta$, where θ is the angle between A and B. It can be positive, negative or zero depending upon the value of θ . The scalar product of two vectors can be interpreted as the product of magnitude of one vector and component of the other vector along the first vector.

For unit vectors :

$$\begin{aligned} \hat{i} \cdot \hat{i} &= \hat{j} \cdot \hat{j} \\ &= \hat{k} \cdot \hat{k} = 1 \text{ and } \hat{i} \cdot \hat{j} \\ &= \hat{j} \cdot \hat{k} = \hat{k} \cdot \hat{i} = 0 \end{aligned}$$

Scalar products obey the commutative and the distributive laws.

Physical Quality	Symbol	Dimensions	units	Remarks
Work	W	$[ML^2T^{-2}]$	J	$W = F \cdot d$
Kinetic Energy	K	$[ML^2T^{-2}]$	J	$K = \frac{1}{2} m v^2$
Potential energy	V(x)	$[ML^2T^{-2}]$	J	$F(x) = \frac{dv(x)}{dx}$
Mechanical energy	E	$[ML^2T^{-2}]$	J	$E = K + V$
Spring Constant	K	T^{-2}	$[Nm^{-1}]$	$F = -kx$ $V(x) = \frac{1}{2} kx^2$
Power	P	$[ML^2T^{-3}]$	W	$P = F \cdot v$ $P = \frac{dw}{dt}$