

Seeing into the Light



JULY 19-20

Come Join me for a mini-re-treat this July 19 and 20th we will be exploring the ways the leaning into our experiences of pain or suffering bring us through to the other side of an experience - into the light.

We will be using the challenging and painful, uplifting and life affirming stories of Viktor Frankl, Sir Lawrence Van Der Post, and Jacques Lusseryan among others to inspire us and help us to reinterpret our struggles and pain in transformational ways.



331 Mt. Kemble Ave, Morristown NJ 07960



TWO DAYS/\$95

JUL 19 FRI: 630-9PM

JUL 20 SAT: 9AM-7PM (BRING BAG LUNCH)

MORE INFO and RESERVE TICKETS AT
stephaniesaintcyr.com/light

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