

2021 Jumbo Holdsworth, Holdsworth Jumbo and Hooper Loop Race Pack

Contained in this document is all you should need to get to the start line, across the finish line and have a fantastic day while doing it, without any hassles.

There is some important information in this, and some of it is different from previous years, so please make sure you read carefully, even if you've done this race before.

If you still have any questions, please feel free to contact me via race@jumbo-holdsworth.co.nz or message via the [Jumbo-Holdsworth Facebook page](#). Note: I won't be available for questions/contacting much on Friday the 29th or at all on Saturday the 30th due to coverage at Holdsworth campsite.

Race Start and Registration

Registration opens at 6.30am.

Registration and gear check is in the campsite shelter to the right of the gate, up the hill.

Make sure to bring your compulsory gear to registration.

If you ordered a t-shirt, you can pick it up once you have completed your registration.

Briefings and race start are at the gate, which is the entrance to the Tararua Forest Park by main car park.

This year your bibs have their name on them, though a couple late changes will not.

Black bibs are Hooper Loop, Red bibs are Jumbo Holdsworth, Green bibs are Holdsworth Jumbo

⚠ Since we are sold out there are no on the day entries and can do no course changes. ⚠

Jumbo-Holdsworth 24km & Holdsworth-Jumbo 24km

Compulsory Race Briefing **7.45am**

Race Start **8.00am**

Hooper Loop 12km

Compulsory Race Briefing **8.45am**

Race Start **9.00am**

The race starts from the gate at the end of the Mt Holdsworth DOC campsite. [Google Maps](#)

The race finishes at the Holdsworth lodge - 500 meters up the road from the gate.

Note: The finish chute will be taped off and cuts to the right at the end, it's not a straight sprint!

Reusable silicone squashy cups are available for purchase at registration for \$4.

Facilities, Services and Lunch

Parking is available near the start. Please be aware that this is a popular area for campers, trampers and walkers, so the car park can fill up. Please park considerately, look out for fellow runners and their families, and drive through the area at the noted speed limit.

The race finish area at the Holdsworth Lodge is a great place to wait for runners to finish - there is a swimming hole and all the other race facilities are up there.

Camping is available overnight at the DOC campsite, DOC camp fees apply. [See the DOC website for more info](#)

There are various toilet blocks (flush or long drop) located throughout the campsite, with toilets and portaloos available by the registration for the start, and more situated by the Holdsworth Lodge at the finish. (see map)

Coffee along with some snacks the cart offers will be available to purchase at the start and finish, cash only. Proceeds from this go to LandSAR.

Post race massage is available at the finish from [Origin Manual Therapy](#). \$20 for fifteen minutes. Cash only.

There will be a free light lunch (bbq, salad, fruit) offered to competitors from 11.30am, catered by the [Olympic Harriers Club](#), at the finish. [The Clareville Bakery](#) are supplying something tasty for lunch also.

There will be water, lollies and [Leppin](#) Enduro Booster electrolyte drink available at the finish, and some shade available also.

Prizegiving will be held as soon as possible after the last competitor has finished. Should there be a delay causing this to extend past a reasonable time, prizegiving will **go ahead from 1.30 at the latest.**



On the course aid

Marshals are situated around the course at various junctions, summits, and at the huts along the way. Jumbo Hut, Powell Hut and Atiwhakatu Hut are marshaled with radios, and here the marshals will take your split times.

At these three huts there will be jerry cans with water and electrolytes* as well as lollies available for you to consume/take with you. There will also be hand sanitiser for you to use should you want to. If there is a queue for the water, the hut water tank taps are close by, so you are welcome to use those.

We will have two medics available to roam around (based at Powell and Jumbo). Marshals from the huts will also walk out behind the runners.

There are also marshals situated at the peaks of Jumbo and Holdsworth.

We have medics from Wellington Free Ambulance located at the finish.

On the Hooper Loop, there are marshals at the turn off to the River Ridge track and at Mountain House.

***Note:** The availability of water will be advised at race briefing as seasonal conditions can affect supply at the huts enroute. This has never been a problem however. You are also required to use your own cup or bottle, we will not be providing disposable cups. This water is untreated, but has never been a problem before and I have drunk from each hut multiple times in the last 2 months and not had an issue. However, drink it at your own risk.

Compulsory Gear Requirements

All the below equipment is **MANDATORY and to be carried with you at all times during the race**. This is a mountain environment and you need to be able to keep yourself warm should you get injured and need to wait for help to come.

Jumbo-Holdsworth 24km & Holdsworth-Jumbo 24km

- A map of the course or GPS unit with topo map installed.*
- Survival Blanket or Survival Bag
- Waterproof over trousers OR polyprop/wool long johns
- Polyprop/wool top, hat and gloves
- Jacket with a hood that is seam sealed to be both rain and wind proof
- Cup or Bottle for water - there are no cups at huts on the course**

Hooper Loop 12km

- A map of the course or GPS unit with topo map installed.*
- Polyprop/wool top hat and gloves
- Rain/windproof jacket

All competitors will need to have their gear checked at registration before they can start. Race referees will exercise the right to refuse entry to or disqualify competitors who do not carry the correct gear and comply with safety requirements. You may be made to put on a certain amount of gear before carrying over the tops, depending on the conditions. If you are seen to be light while running or at the finish, you may have your gear spot checked.

* It is up to the discretion of the gear checker whether the unit is acceptable or not. We will have *some* spare copies of maps available if required.

** Reusable squashy cups are available for purchase at registration for \$4.

Additional Recommended Equipment

We recommend you also have sunscreen, sunhat, good trail shoes and if you plan to take some time, your own water and food.

Bring cash for coffee, shirts and massages.

Poles are permitted but should not be used along the Atiwhakatu valley floor when the pack is bunched up

Nourishment during the race i.e. drinks, food, gels etc. are your concern. The availability of water will be advised at race briefing as seasonal conditions can affect supply at the huts enroute.

Bring a picnic rug or chair to sit on afterwards. Togs and Towel for a swim. Insect repellent is a good idea as a few sandflies can hang about the river.

On the Hooper Loop - You pass no huts or streams on this course, so taking your own water is advised.

Race Rules - please read

- Race marshals reserve the right to withdraw any competitor deemed to be at risk.
- The Jumbo-Holdsworth Trail Race will have a strict cut-off time of **2 hours 10 minutes** enforced at Jumbo Hut, any competitor taking longer will not be allowed to continue. If a competitor fails to reach the Atiwhakatu Hut in **1hr 10mins** they will be withdrawn at that point also.
- The Holdsworth-Jumbo Trail Race will have a strict cut-off time of **1 hour 50 minutes** enforced at Powell Hut. Any competitor taking longer will not be allowed to continue.
- Competitors must be responsible for the safety of other competitors. Anyone encountering another in difficulty must offer assistance, and then notify the nearest race official so that help can be actioned. A time adjustment will be offered for your assistance - this applies to all races.
- Competitors on the JHTR may encounter a wait at the 1st swing bridge at Holdsworth Creek, as there is a limit of 1 person at a time to cross. Marshals will help move people across as fast as possible. Welcome to go through the creek, you might get half a foot wet.
- All runners are to remain on established tracks and not damage vegetation by setting your own course.
- All competitors are to display race numbers clearly at all times, especially at checkpoints and the finish - it makes splits/timing quite difficult if you do not do this.
- All food and wrappings are to be carried on a "pack in - pack out" basis. Any runner reported discarding rubbish purposefully will be disqualified.
- Any competitor pulling out of either event for any reason after the race starts **MUST** report to the base radio controller at race control before leaving the park so their absence can be accounted for.
- The Tararua Forest Park will be open and operating, so please be careful and considerate of other track users.
- If the weather and conditions puts competitors at serious risk, then an alternative course will be put in place, it may not be the same length or distance and waves may be required, but the start/finish is the same area. Competitors will be notified if this will be a likelihood as soon as possible.

Important information about swing bridges

There are 2 swing bridges on the course that have a maximum limit of one person on the bridge at a time. We are going to have marshals in place to enforce this for the Jumbo Holdsworth direction.

The first of these bridges is 3.5km into the course when running the Jumbo Holdsworth direction, and this will inevitably create queues for a lot of runners.

To help reduce the queues and get people moving, we have marked a path that drops into the stream and back up the other side right next to the bridge. It is a slight scramble and you may get one foot wet, but if it takes you 2 extra minutes - that is better than waiting for 5 plus minutes and **we highly encourage you to take this alternative path option** should a large queue have formed. This year, with half the runners going in the opposite direction, there should be less queues.

The second bridge with a limit is the 'five minute bridge' - only a few minutes away from Atiwhakatu Hut in the Jumbo->Holdsworth direction. This bridge is a lot quicker to cross and you'll be more spread out here, but the marshal will still be enforcing the one person at a time limit. We don't expect very long queues.

Important for both races, if you are near the lead and racing close together with someone out front, and you are together when you get to single person swing bridges, it is a race courtesy to wait for that person if you cross first. Same applies for a group of 2 or 3 people. This doesn't need to apply to runners in the mid or end of the pack.

⚠ Important information about the Finish ⚠

The finish is slightly different this year than it was last year or the years before.

After departing the final bridge close to the lodge (or exiting the river, that is your choice), you are required to stick to the right of the gravel path, then down a finish chute which hooks you sharply right, taking you down a small bank to the finish.

Make sure your number is clear when crossing the finish line.

⚠ Important information about cut offs ⚠

The race has cut off times in place for the safety of you and the marshals on the tops. These times are not that generous, you will need to be fit to make them.

Jumbo Holdsworth Direction has two cut off times

Atiwhakatu Hut in **1hr 10mins**

Jumbo Hut in **2 hours 10 minutes**

Holdsworth Jumbo Direction has one cut off time

Powell Hut in **1 hour 50 minutes**

If you do not make it to the marshals at those huts in the cut off time, you will be withdrawn from the race. You will need to hand your number to the marshals, and walk back to the finish. Once back at the finish, you will need to inform the base radio controller you have arrived. Please do not argue with the marshals over this.

Course Description and Maps

This course is not marked as you may find in trail races around more local races. You are following the tracks put in the forest park by DOC. While many of the tracks are benched/graded and easy to follow, there are some sections where it may not be so clear.

It is important you familiarise yourself with the course and what turns and tracks you will be taking. It is for this reason you are also asked to carry a map with you. If you get somewhere and are not clear where you are going, take out your map, and get your bearings.

Jumbo-Holdsworth and Holdsworth Jumbo 24km Courses

[Download the map and profile here](#)

The Jumbo-Holdsworth Trail Race starts at 8am from the Mt Holdsworth H.Q. carpark, Tararua Forest Park. The race proceeds through Donnelly's Flat to join the undulating Atiwhakatu Track to Atiwhakatu Hut (7.5km). From here a steep ascent commences via the Rain Gauge Track to reach Jumbo Hut (10km [1105m]) before continuing on to reach the Jumbo summit - 1405m. At the summit runners make a left turn at the marshalled sign to head south along the undulating main range to Mt Holdsworth Trig (14km [1470m]). From the Trig runners turn left again to commence the descent via Powell Hut (15.7km) 1160m to Holdsworth Lodge and finish line via the well graded Gentle Annie Track.

The Holdsworth-Jumbo Trail Race is the exact opposite with both events getting divided at the Gentle Annie Turnoff. **Holdsworth-Jumbo competitors will turn left** and Jumbo-Holdsworth will **turn right**.

The Hooper Loop 12km Course

[Download the map and profile here](#)

The Hooper Loop Trail Race starts at 9am from Mt Holdsworth Headquarters carpark. This race proceeds through Donnelly Flat - along the Atiwhakatu Track for 4km and then, a left turn onto the River Ridge Track (marshaled) to ascend to the Gentle Annie Track junction (650m). Runners will then descend to the Holdsworth Lodge and finish line via the Gentle Annie Track.

The courses are tough and unrelenting in many parts, you will have your work cut out for you, but you will enjoy yourself, trust me.

COVID-19 Information

We want to help keep COVID-19 out of the NZ community as much as anyone. We request that you all helped by continuing these behaviours:

- If you feel unwell, please stay at home. Call Healthline or your health professional for advice on getting a COVID-19 test and where you can get a test from.
- Continue to use the NZ COVID Tracer app to check in to every business or event you go to, and on all public transport you take to get there. We will have QR codes at registration and around the finish. Your entry will also be a record of your attendance.
- Practice good hygiene by washing or sanitising your hands regularly. We will have sanitiser at all aid stations, at the finish, and at the lunch tent.
- If you are at an event and start to experience COVID-19 symptoms, head back to your accommodation. Symptoms include a new or worsening cough, a fever, shortness of breath, sore throat, sneezing and runny nose, or temporary loss of smell. Call Healthline or a health professional for advice on getting a test.
- Throughout the summer, please keep doing these four simple things:
 - Wash your hands
 - Scan QR codes
 - Turn on Bluetooth tracing on the NZ COVID Tracer app
 - Stay home if you're feeling unwell and get advice about a COVID-19 test.

Places and Prizes

Prize giving is expected to go ahead at 1.30pm.

There are the following place categories

Main race (either direction counts)

- 1st/2nd/3rd Open Men (39 and under)
- 1st/2nd/3rd Open Women (39 and under)
- 1st/2nd/3rd Vet Men (40 plus)
- 1st/2nd/3rd Vet Women (40 plus)

Hooper Loop

- 1st/2nd/3rd Open Men (39 and under)
- 1st/2nd/3rd Open Women (39 and under)
- 1st/2nd/3rd Vet Men (40 plus)
- 1st/2nd/3rd Vet Women (40 plus)

Each place getter will get a trophy and a prize.

King and Queen of the Mountains

There is a prize for the men and women who reach the summits of Jumbo and Holdsworth first.

Spot Prizes

There are approx 20 spot prizes from all of our sponsors. These will be drawn at prizegiving.

Powell Sub 1 Hour

There is a prize for the competitors who reach Powell Hut in under 1 hour in the Holdsworth direction.

Volunteers and Marshals

We rely on a large amount of volunteers to help out on the day, through registration, gear check, timing, course set up and marshaling. Please respect all of their wishes and give them a smile and thank you if you're not too puffed.

Sponsors

This event is not possible without the support of our sponsors, supplying various prizes, spot prizes and consumables. Please make sure to support them, they are listed below.



We also have the support of Olympic Harriers, Origin Manual Therapy, Paws for a Break Coffee, New World Carteron, Holdsworth Restoration Trust, LandSAR Wellington