

# 2022 Jumbo Holdsworth Trail Races Information Pack

Hello fellow trail lovers, contained in this document is all you need to get to the 2022 start line, all you need to get you across the finish line and all you need to have a great day on race day. Including in the [‘Red Traffic Light’](#)

It goes without saying that this document contains important information and you must read through all of it. COVID, and a new year has changed many things in our lives, and this race is not immune to that, and there are some differences from previous years information packs, so please make sure you read carefully, even if you’ve done this race before multiple times.

If you still have any questions, please feel free to contact me via [race@jumbo-holdsworth.co.nz](mailto:race@jumbo-holdsworth.co.nz) or message via the [Jumbo-Holdsworth Facebook page](#). Note: I won’t be available for questions/contacting much on Friday the 28th or at all on Saturday the 29th due to coverage at Holdsworth campsite.

First, let’s get the elephant in the room out of the way:

## COVID Protection Framework, Traffic Lights and the Vaccination Pass

### **Vaccination Passes**

We are running this event as a ‘Vaccination Pass’ event. What that means is that in order to operate in the traffic light framework, all competitors and staff/volunteers must be vaccinated and have proof of that with their vaccination passes.

As part of the gear check, we will be checking that everyone over 12 years and three months has a valid vaccine pass - so you **MUST** bring your phone with the pass or a paper copy with the pass to the gear check along with all your gear to be checked.

No pass, no race - just like no gear, no race.

We will endeavour to make the checking process as smooth as possible and we don’t see any extra hold up on the registration process, provided everyone has their pass available when required.

If you know of any people who are thinking of turning up to run unregistered, I would please ask you to encourage them to run another day. We have many marshals and runners out there on the course that would obviously supply help and treatment to any runner, registered or not. So in

order to avoid placing extra pressure on those resources, we want registered runners on the course only thanks.

The DOC campsite is open to be used to those with vaccination passes only also.

### **Face masks and hand sanitiser**

When you arrive, we would like you to wear a facemask at the event until you start your race. As soon as you have started your race you can take your mask off. Please do not throw it on the ground, pack it away for when you finish to put it back on.

Use hand sanitiser where it is provided at all facilities like the toilets or when getting water.

### **Controls in place to operate under red light guidelines**

- Main race is **one direction only, the Holdsworth->Jumbo (Clockwise) direction**
  - This is to reduce any unnecessary passing of half the field
- **Starting in waves of under 100 each.**
  - First wave Main Race - all main race competitors under 40 years old - starts at 8am
  - Second wave Main Race - all main race competitors 40 years old and older - starts at 9am
  - Third wave Hooper Loop - all Hooper Loop competitors - starts at 9.30am
- Each wave will have its own separate gear check/registration area, and waiting area
  - First wave (Main race under 40) - registration/gear check operating from 6.30 to 7.30am
  - Second Wave (Main race 40+) - registration/gear check operating from 7 to 8.30am)
  - Third Wave (Hooper Loop) - registration/gear check operating from 8am to 9.15am)
  - Your age is as at race day ( we have used your registration date of birth for this).
  - You **MUST** run in the wave you are allocated - no exceptions.
  - This is key to making sure that we have 100 people or under in one defined area at all times, and that those 100 people groups do not mingle. It is imperative that you follow the directions of staff. You may not be able to hang out with your mates prior to the start if you are in different waves.
- No prize giving
  - We will pre-draw spot prizes and hand them out at the finish line. There will be a list available for you to check.
  - Trophies and placegetters prizes will be available when you finish, you will be told if you have placed. We can still do this with waves because we're splitting based on age grades.

- Everyone in the main race is in the 'championship direction'.
- There will unfortunately be no cooked lunch and picnic type set up for the finish
  - There will be fruit and buns available still for picking up when you finish.
  - There will be water / electrolytes available to finishers, but you must sanitise and not congregate. There will be separate jerry cans for each of the waves.
- Marshals will not be supplying water at the huts with jerry cans. You can fill up at the huts taps if you wish, but please sanitise your hands first. My suggestion is you carry all your water needs with you.
- Masks are to be worn at all times up to the start gun going off.
- Be sensible.
  - If you are sick, stay home.
  - Keep your 1m distance from fellow competitors in your wave until you're corralled to the start.
  - Wear your mask.
  - Make sure to abide by all directions by race staff.

# Race Start and Registration

**Note: Times slightly different than first advertised with the change**

**Wave 1** = All Jumbo Holdsworth or Holdsworth Jumbo entered competitors who are **under 40 years old** (Junior and Open categories)

**Wave 2** = All Jumbo Holdsworth or Holdsworth Jumbo entered competitors who are **40 years old and older** (Vet and Super Vet categories)

**Wave 3** = All Hooper loop entered competitors

**Registration for Wave 1 opens at 6.30am - closes at 7.30am.**

**Registration for Wave 2 opens at 7am - closes at 8.30am.**

**Registration for Wave 3 opens at 8am - closes at 9am.**

Registration areas, vaccine pass check and gear check is in the campsite shelter to the right of the start gate, up the hill. **Please do not go into the allocated zone until your registration area is open.**

Make sure to bring your compulsory gear and vaccination pass to registration.

Please ensure your spectators do not congregate in any controlled race areas.

If you ordered a t-shirt, you will be given it during registration.

All races briefings and race starts are at the gate, which is the entrance to the Tararua Forest Park by main car park.

This year your bibs have your name on them, unless you were a late entry or late race swap.

Black bibs are Hooper Loop, Red and Green are Holdsworth Jumbo - the championship race.

⚠ *There are no on the day entries and can do no course changes.* ⚠

**Wave 1** Compulsory Race Briefing **7.45am** Race Start **8.00am**

**Wave 2** Compulsory Race Briefing **8.45am** Race Start **9.00am**

**Wave 3/Hooper Loop** Compulsory Race Briefing **9.15am** Race Start **9.30am**

The race starts from the gate at the end of the Mt Holdsworth DOC campsite. [Google Maps](#)

The race finishes at the Holdsworth lodge - 500 meters up the road from the gate.

We need to make sure that the waves do not mingle as much as possible, though under guidelines shared facilities of defined areas are okay - just keep your distance from people and wear your mask and move back to your defined registration/waiting area until your race is ready to start.

Please follow all directions around being kept separated from the other waves and please clear the start area if you are not in a wave that is starting.

## Facilities, Services and Lunch



Parking is available near the start. Please be aware that this is a popular area for campers, trampers and walkers, so the car park can fill up. Please park considerately, look out for fellow runners and their families, and drive through the area at the noted speed limit.

There are various toilet blocks (flush or long drop) located throughout the campsite, with toilets and portaloos available by the registration for the start, and more situated by the Holdsworth Lodge at the finish. (see map)

You must use a mask and sanitise hands when using toilets. When lining up for toilets, keep 1 metre apart. Please look to use other toilets marked on the map if the line is long or try to go before you arrive!

The 'Paws for a break' coffee cart offers contactless coffee and snacks, and they will be available to purchase at the start and finish, cash only. Proceeds from this go to LandSAR.

Unfortunately because there is no finish line area set up like usual, there is no lunch provided. Though there will be fruit and [The Clareville Bakery](#) are sponsoring the race and we're picking up some tasty buns which you can help yourself to also.

Once finished, please do not congregate and keep yourself distanced. If we have more than 100 in the area, we will be moving you along.

There will be water, lollies and [R-Line electrolyte drink](#) available at the finish.

There will be no prizegiving held. Entrants will have spot prizes drawn for them. There will be a tent with prizes where you can check if your name has a prize with it.

Placegetters will receive their award after finishing.

## On the course aid

Marshals are situated around the course at various junctions, summits, and at the huts along the way. Jumbo Hut, Powell Hut and Atiwhakatu Hut are manned with radios, and here the marshals will take your split times - if you can make sure your numbers are able to be easily seen here it makes everyone's job easier!

At these three huts, if using the hut water tap\* or taking any lollies, please use the sanitiser. We recommend being completely self-sufficient with water and food.

We will have two medics available to roam around (based effectively near Mt Holdsworth and Jumbo peak). We have tail end charlies for the last wave on main race and hooper loop, following up behind.

There are also marshals situated at the peaks of Jumbo and Holdsworth.

We have medics from Wellington Free Ambulance located at the finish.

**On the Hooper Loop**, there are marshals at the turn off to the River Ridge track and at Mountain House.

**\*Note:** The availability of water will be advised at race briefing as seasonal conditions can affect supply at the huts enroute. This has never been a problem however. You are also required to use your own cup or bottle, we will not be providing disposable cups.

This water is untreated and DOC advises boiling before drinking, but it has never been a problem before and I have drunk from each hut multiple times in the last 2 months and not had an issue. However, drink it at your own risk.

## Compulsory Gear Requirements

All the below equipment is **MANDATORY and to be carried with you at all times during the race**. This is a mountain environment and you need to be able to keep yourself warm should you get injured and need to wait for help to come.

Don't forget your mask.

### **Jumbo-Holdsworth 24km & Holdsworth-Jumbo 24km**

- A map of the course or GPS unit with topo map installed.\*
- Survival Blanket or Survival Bag
- Waterproof over trousers OR polyprop/wool long johns
- Polyprop/wool top, hat and gloves
- Jacket with a hood that is seam sealed to be both rain and wind proof
- Cup or Bottle for water - there are no cups at huts on the course

### **Hooper Loop 12km**

- A map of the course or GPS unit with topo map installed.\*
- Polyprop/wool top hat and gloves
- Rain/windproof jacket

All competitors will need to have their gear checked at registration before they can start. Race referees will exercise the right to refuse entry to or disqualify competitors who do not carry the correct gear and comply with safety requirements. You may be made to put on a certain amount of gear before carrying over the tops, depending on the conditions. If you are seen to be light while running or at the finish, you may have your gear spot checked.

\* It is up to the discretion of the gear checker whether the unit is acceptable or not. We will have *some* spare copies of maps available if required.

### **Additional Recommended Equipment**

We recommend you also have sunscreen, sunhat, and good trail shoes.

Poles are permitted but should not be used along the Atiwhakatu valley floor when the pack is bunched up. Please be considerate when passing runners going the opposite direction.

Nourishment during the race i.e. drinks, food, gels etc. are your concern. The availability of water will be advised at race briefing as seasonal conditions can affect supply at the huts enroute - see the note earlier in the information.

**On the Hooper Loop** - You pass no huts or streams on this course, so taking your own water is advised.

## Race Rules (non covid related!) - please read

- Race marshals reserve the right to withdraw any competitor deemed to be at risk.
- The Holdsworth-Jumbo Trail Race will have a strict cut-off time of **11am, ie 2 Hours** after wave 2 starts, enforced at Powell Hut. Any competitor taking longer will not be allowed to continue.
- We expect all competitors to be responsible for the safety of their fellow competitors. Anyone encountering a person in difficulty must offer assistance, and then notify the nearest race official so that help can be actioned. A time adjustment will be offered for your assistance - this applies to all races.
- All runners are to remain on established tracks and not damage vegetation by setting your own course.
- All competitors are to display race numbers clearly at all times, especially at checkpoints and the finish - it makes splits/timing quite difficult if you do not do this.
- All food and wrappings are to be carried on a "pack in - pack out" basis. Any runner reported discarding rubbish purposefully will be disqualified.
- Any competitor withdrawn from the race due to missing cut offs or withdrawing themselves for whatever reason **MUST** inform the nearest marshal and take the shortest route back to the finish area and check in with the timing tent. Marshals will radio back to base. Withdrawn runners **MUST** report to the timing tent, but please do **NOT** cross the finish line - it mucks up the timing. Reiterating, it is very important that we know you have got out of the trails safely, so check in at the timing tent before leaving the event.
- The Tararua Forest Park will be open and operating, so please be careful and considerate of other track users.
- If the weather and conditions puts competitors at serious risk, then an alternative course will be put in place, it may not be the same length or distance and waves may be required, but the start/finish is the same area. Competitors will be notified if this will be a likelihood as soon as possible.

### ⚠ Important information about swing bridges ⚠

On the Main race, there are 2 swing bridges on the course that have a maximum limit of one person on the bridge at a time. One just after Atiwhakatu Hut, and one 3.5km from the finish at Holdsworth Creek. We are going to have marshals in place to enforce this.

If you are near the lead and racing close together with someone, and you are together when you get to single person swing bridges, it is a race courtesy to wait for that person if you cross first. Same applies for a group of 2 or 3 people. This doesn't need to apply to runners in the mid or end of the pack.



## ⚠ Important information about the Finish ⚠

Make sure your number is clear when crossing the finish line.

## ⚠ Important information about cut offs ⚠

The race has cut off times in place for the safety of you and the marshals on the tops. These times are not that generous, you will need to be fit to make them.

This year, Holdsworth Jumbo Direction has one cut off time and that applies to the both waves - if anyone is not through Powell hut by **11.00am**, ie **2 hours from the start of Wave 2**, then you will be turned back for missing the cut off. This does give leniency to those that start in the first wave, but the usual cut off has been extended by 10 minutes. No one has missed the cut off going that direction before.

Missing the cut off means you will be withdrawn from the race. You will need to walk back to the finish. Once back at the finish, **DO NOT CROSS THE FINISH LINE**, but you will need to inform the timing tent you have arrived. Please do not argue with the marshals over this.

## Course Description and Maps

This course is not marked like most local trail races. You are following the tracks put in the forest park by DOC. While many of the tracks are benched/graded and easy to follow, there are some sections where it may not be so clear.

It is important you familiarise yourself with the course and what turns and tracks you will be taking. It is for this reason you are also asked to carry a map with you. If you get somewhere and are not clear where you are going, take out your map, and get your bearings.

### Holdsworth Jumbo 24km Courses

[Download the map and profile here](#)

The Holdsworth-Jumbo (clockwise) direction circuit, starts at 8am (wave 1) AND 9am (wave 2) from the Mt Holdsworth H.Q. carpark, Tararua Forest Park.

You turn left at an intersection towards the Gentle Annie track about 1km in, and head uphill past Rocky Lookout.

You will see a turn off to Totara flats on your left, Do not take that track, keep heading uphill towards Powell Hut.

You will reach pig flat and the boardwalks and head down to Mountain House, do not turn down the track on your right to Atiwhakatu river.

You will then ascend up to Powell hut [1160m], about 7.5km and 1000m climb since the start.

After that keep heading towards Mt Holdsworth summit [1470m] and at the summit (well, just below) you will be directed by a marshal to turn right, and head across the ridges towards Jumbo.

Halfway along the ridges is a right hand turn to East Holdsworth track, do not take that, stay on the ridge.

At Jumbo summit [1405m], turn right (there will be a marshal), and down towards Jumbo Hut.

At Jumbo Hut, keep on the trail down into the bushline, and you'll then have the fun yet gnarly descent of Rain Gauge Spur to Atiwhakatu Hut.

From there it is 7.5km to the finish along the river valley. Pretty hard to go wrong here, just make sure you go one at a time on the swing bridges and follow the signs to Holdsworth Carpark.

At the lodge you are finished!

### **The Hooper Loop 12km Course**

[Download the map and profile here](#)

The Hooper Loop Trail Race starts at 9am from Mt Holdsworth Headquarters carpark. This race proceeds through Donnelly Flat - along the Atiwhakatu Track for 4km and then, a left turn onto the River Ridge Track (marshaled) to ascend to the Gentle Annie Track junction (650m).

Runners will then descend to the Holdsworth Lodge and finish line via the Gentle Annie Track.

The courses are tough and unrelenting in many parts, you will have your work cut out for you, but you will enjoy yourself, trust me.

## COVID-19 Information

We want to help keep COVID-19 out of the NZ community as much as anyone. We request that you all helped by continuing these behaviours:

- If you feel unwell, please stay at home. Call Healthline or your health professional for advice on getting a COVID-19 test and where you can get a test from.
- Continue to use the NZ COVID Tracer app to check in to every business or event you go to, and on all public transport you take to get there. We will have QR codes at registration and around the finish. Your entry will also be a record of your attendance.
- Practice good hygiene by washing or sanitising your hands regularly. We will have sanitiser at all aid stations, at the finish.
- If you are at an event and start to experience COVID-19 symptoms, head back to your accommodation. Symptoms include a new or worsening cough, a fever, shortness of breath, sore throat, sneezing and runny nose, or temporary loss of smell. Call Healthline or a health professional for advice on getting a test.
- Throughout the summer, please keep doing these four simple things:
  - Wash your hands
  - Scan QR codes
  - Turn on Bluetooth tracing on the NZ COVID Tracer app
  - Stay home if you're feeling unwell and get advice about a COVID-19 test.

## Places and Prizes

There are the following place categories

### **Main race**

- 1st/2nd/3rd Junior Men (under 20)
- 1st/2nd/3rd Junior Women (under 20)
- 1st/2nd/3rd Open Men (20 to 39)
- 1st/2nd/3rd Open Women (20 to 39)
- 1st/2nd/3rd Vet Men (40 to 49)
- 1st/2nd/3rd Vet Women (40 to 49)
- 1st/2nd/3rd Super Vet Men (50 plus)
- 1st/2nd/3rd Super Vet Women (50 plus)

### **Hooper Loop**

- 1st/2nd/3rd Junior Men (under 20)
- 1st/2nd/3rd Junior Women (under 20)
- 1st/2nd/3rd Open Men (20 to 39)
- 1st/2nd/3rd Open Women (20 to 39)
- 1st/2nd/3rd Vet Men (40 to 49)
- 1st/2nd/3rd Vet Women (40 to 49)
- 1st/2nd/3rd Super Vet Men (50 plus)
- 1st/2nd/3rd Super Vet Women (50 plus)

All first places get a trophy, but everyone who places gets a prize.

### **King and Queen of the Mountains**

There is a prize for the men and women who reach the summits of Holdsworth/Taratahi first.

### **Spot Prizes**

There are a bunch of spot prizes from all of our sponsors. These will be drawn and allocated to runners to check on finishing.

### **Powell Sub 1 Hour**

There is a prize for the competitors who reach Powell Hut in under 1 hour.

## Volunteers and Marshals

We rely on a large number of volunteers to help out on the day, through registration, gear check, timing, course set up and marshalling. Please respect all of their wishes and give them a smile and thank you if you're not too puffed.

## Sponsors

This event is not possible without the support of our sponsors, supplying various prizes, spot prizes and consumables. Please make sure to support them, they are listed below.



We also have the support of Olympic Harriers, Origin Manual Therapy, Paws for a Break Coffee, New World Carteron, Stroke Central, Holdsworth Restoration Trust, LandSAR Wellington