# Lecture notes on ridge regression

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# This document is a collection of many well-known results on ridge regression. The current status of the document is 'work-in-progress' as it is incomplete (more results from literature will be included) and it may contain inconsistencies and errors. Hence, reading and believing at own risk. Finally, proper reference to the original source may sometimes be lacking. This is regrettable and these references – if ever known to the author – will be included in later versions.

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High-throughput techniques measure many characteristics of a single sample simultaneously. The number of characteristics p measured may easily exceed ten thousand. In most medical studies the number of samples n involved often falls behind the number of characteristics measured, i.e: p > n. The resulting  $(n \times p)$ -dimensional data matrix  $\mathbf{X}$ :

$$\mathbf{X} = (X_{*,1} | \dots | X_{*,p}) = \begin{pmatrix} X_{1,*} \\ \vdots \\ X_{n,*} \end{pmatrix} = \begin{pmatrix} X_{1,1} & \dots & X_{1,p} \\ \vdots & \ddots & \vdots \\ X_{n,1} & \dots & X_{n,p} \end{pmatrix}$$

from such a study contains a larger number of covariates than samples. When p > n the data matrix **X** is said to be *high-dimensional*.

In this chapter we adopt the traditional statistical notation of the data matrix. An alternative notation would be  $\mathbf{X}^{\top}$  (rather than  $\mathbf{X}$ ), which is employed in the field of (statistical) bioinformatics. In  $\mathbf{X}^{\top}$  the rows comprise the samples rather than the covariates. The case for the bioinformatics notation stems from practical arguments. A spreadsheet is designed to have more rows than columns. In case p > n the traditional notation yields a spreadsheet with more columns than rows. When p > 10000 the conventional display is impractical. In this chapter we stick to the conventional statistical notation of the data matrix as all mathematical expressions involving  $\mathbf{X}$  are then in line with those of standard textbooks on regression.

The information contained in  $\mathbf{X}$  is often used to explain a particular property of the samples involved. In applications in molecular biology  $\mathbf{X}$  may contain microRNA expression data from which the expression levels of a gene are to be described. When the gene's expression levels are denoted by  $\mathbf{Y} = (Y_1, \dots, Y_n)^{\top}$ , the aim is to find the linear relation  $Y_i = \mathbf{X}_{i,*}\boldsymbol{\beta}$  from the data at hand by means of regression analysis. Regression is however frustrated by the high-dimensionality of  $\mathbf{X}$  (illustrated in Section 1.2 and at the end of Section 1.5). These notes discuss how regression may be modified to accommodate the high-dimensionality of  $\mathbf{X}$ . First, however, 'standard' linear regression is recaputilated.

### 1.1 Linear regression

Consider an experiment in which p characteristics of n samples are measured. The data from this experiment are denoted  $\mathbf{X}$ , with  $\mathbf{X}$  as above. The matrix  $\mathbf{X}$  is called the *design matrix*. Additional information of the samples is available in the form of  $\mathbf{Y}$  (also as above). The variable  $\mathbf{Y}$  is generally referred to as the *response variable*. The aim of regression analysis is to explain  $\mathbf{Y}$  in terms of  $\mathbf{X}$  through a functional relationship like  $Y_i = f(\mathbf{X}_{i,*})$ . When no prior knowledge on the form of  $f(\cdot)$  is available, it is common to assume a linear relationship between  $\mathbf{X}$  and  $\mathbf{Y}$ . This assumption gives rise to the *linear regression model*:

$$Y_{i} = \mathbf{X}_{i,*} \boldsymbol{\beta} + \varepsilon_{i}$$

$$= \beta_{1} X_{i,1} + \ldots + \beta_{p} X_{i,p} + \varepsilon_{i}.$$
(1.1)

In model (1.1)  $\boldsymbol{\beta} = (\beta_1, \dots, \beta_p)^{\top}$  is the regression parameter. The parameter  $\beta_j$ ,  $j = 1, \dots, p$ , represents the effect size of covariate j on the response. That is, for each unit change in covariate j (while keeping the other covariates fixed) the observed change in the response is equal to  $\beta_j$ . The second summand on the right-hand side of the model,  $\varepsilon_i$ , is referred to as the error. It represents the part of the response not explained by the functional part  $\mathbf{X}_{i,*}$   $\boldsymbol{\beta}$  of the model (1.1). In contrast to the functional part, which is considered to be systematic (i.e. non-random), the error is assumed to be random. Consequently,

 $Y_{i_1,*}$  need not equal  $Y_{i_2,*}$  for  $i_1 \neq i_2$ , even if  $\mathbf{X}_{i_1,*} = \mathbf{X}_{i_2,*}$ . To complete the formulation of model (1.1) we need to specify the probability distribution of  $\varepsilon_i$ . It is assumed that  $\varepsilon_i \sim \mathcal{N}(0, \sigma^2)$  and the  $\varepsilon_i$  are independent, i.e.:

$$Cov(\varepsilon_{i_1}, \varepsilon_{i_2}) = \begin{cases} \sigma^2 & \text{if } i_1 = i_2, \\ 0 & \text{if } i_1 \neq i_2. \end{cases}$$

The randomness of  $\varepsilon_i$  implies that  $\mathbf{Y}_i$  is also a random variable. In particular,  $\mathbf{Y}_i$  is normally distributed, because  $\varepsilon_i \sim \mathcal{N}(0, \sigma^2)$  and  $\mathbf{X}_{i,*} \boldsymbol{\beta}$  is a non-random scalar. To specify the parameters of the distribution of  $\mathbf{Y}_i$  we need to calculate its first two moments. Its expectation equals:

$$\mathbb{E}(Y_i) = \mathbb{E}(\mathbf{X}_{i,*} \boldsymbol{\beta}) + \mathbb{E}(\varepsilon_i) = \mathbf{X}_{i,*} \boldsymbol{\beta},$$

while its variance is:

$$Var(Y_i) = \mathbb{E}\{[Y_i - \mathbb{E}(Y_i)]^2\} = \mathbb{E}(Y_i^2) - [\mathbb{E}(Y_i)]^2$$
$$= \mathbb{E}[(\mathbf{X}_{i,*}\boldsymbol{\beta})^2 + 2\varepsilon_i \mathbf{X}_{i,*}\boldsymbol{\beta} + \varepsilon_i^2] - (\mathbf{X}_{i,*}\boldsymbol{\beta})^2$$
$$= \mathbb{E}(\varepsilon_i^2) = Var(\varepsilon_i) = \sigma^2.$$

Hence,  $Y_i \sim \mathcal{N}(\mathbf{X}_{i,*}\boldsymbol{\beta}, \sigma^2)$ . This formulation (in terms of the normal distribution) is equivalent to the formulation of model (1.1), as both capture the assumptions involved: the linearity of the functional part and the normality of the error.

Model (1.1) is often written in a more condensed matrix form:

$$\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}, \tag{1.2}$$

where  $\boldsymbol{\varepsilon} = (\varepsilon_1, \varepsilon_2, \dots, \varepsilon_n)^{\top}$  and distributed as  $\boldsymbol{\varepsilon} \sim \mathcal{N}(\mathbf{0}_p, \sigma^2 \mathbf{I}_{nn})$ . As above model (1.2) can be expressed as a multivariate normal distribution:  $\mathbf{Y} \sim \mathcal{N}(\mathbf{X}\boldsymbol{\beta}, \sigma^2 \mathbf{I}_{nn})$ .

Model (1.2) is a so-called hierarchical model. This terminology emphasizes that  $\mathbf{X}$  and  $\mathbf{Y}$  are not on a par, they play different roles in the model. The former is used to explain the latter. In model (1.1)  $\mathbf{X}$  is referred as the *explanatory* or *independent* variable, while the variable  $\mathbf{Y}$  is generally referred to as the *response* or *dependent* variable.

The covariates, the columns of  $\mathbf{X}$ , may themselves be random. To apply the linear model they are temporarily assumed fixed. The linear regression model is then to be interpreted as  $\mathbf{Y} \mid \mathbf{X} \sim \mathcal{N}(\mathbf{X}\boldsymbol{\beta}, \sigma^2 \mathbf{I}_{nn})$ 

### Example 1.1 Methylation of a tumor-suppressor gene

Consider a study which measures the gene expression levels of a tumor-suppressor genes (TSG) and two methylation markers (MM1 and MM2) on 67 samples. A methylation marker is a gene that promotes methylation. Methylation refers to attachment of a methyl group to a nucleotide of the DNA. In case this attachment takes place in or close by the promotor region of a gene, this complicates the transcription of the gene. Methylation may down-regulate a gene. This mechanism also works in the reverse direction: removal of methyl groups may up-regulate a gene. A tumor-suppressor gene is a gene that halts the progression of the cell towards a cancerous state.

The medical question associated with these data: do the expression levels methylation markers affect the expression levels of the tumor-suppressor gene? To answer this question we may formulate the following linear regression model:

$$Y_{i, \text{tsg}} = \beta_0 + \beta_{\text{mm1}} X_{i, \text{mm1}} + \beta_{\text{mm2}} X_{i, \text{mm2}} + \varepsilon_i,$$

with i = 1, ..., 67 and  $\varepsilon_i \sim \mathcal{N}(0, \sigma^2)$ . The interest focusses on  $\beta_{mm1}$  and  $\beta_{mm2}$ . A non-zero value of at least one of these two regression parameters indicates that there is a linear association between the expression levels of the tumor-suppressor gene and that of the methylation markers.

Prior knowledge from biology suggests that the  $\beta_{mm1}$  and  $\beta_{mm2}$  are both non-positive. High expression levels of the methylation markers lead to hyper-methylation, in turn inhibiting the transcription of the tumor-suppressor gene. Vice versa, low expression levels of MM1 and MM2 are (via hypo-methylation) associated with high expression levels of TSG. Hence, a negative concordant effect between MM1 and MM2 (on one side) and TSG (on the other) is expected. Of course, the methylation markers may affect expression levels of other genes that in turn regulate the tumor-suppressor gene. The regression parameters  $\beta_{mm1}$  and  $\beta_{mm2}$  then reflect the indirect effect of the methylation markers on the expression levels of the tumor suppressor gene.

The linear regression model (1.1) involves the unknown parameters:  $\boldsymbol{\beta}$  and  $\sigma^2$ , which need to be learned from the data. The parameters of the regression model,  $\boldsymbol{\beta}$  and  $\sigma^2$  are estimated by means of likelihood maximization. Recall that  $Y_i \sim \mathcal{N}(\mathbf{X}_{i,*} \boldsymbol{\beta}, \sigma^2)$  with corresponding density:  $f_{Y_i}(y_i) = (2 \pi \sigma^2)^{-1/2} \exp[-(y_i - \mathbf{X}_{i*} \boldsymbol{\beta})^2/2\sigma^2]$ . The likelihood thus is:

$$L(\mathbf{Y}, \mathbf{X}; \boldsymbol{\beta}, \sigma^2) = \prod_{i=1}^{n} \frac{1}{\sqrt{2\pi}\sigma} \exp[-(Y_i - \mathbf{X}_{i,*}\boldsymbol{\beta})^2/2\sigma^2],$$

in which the independence of the observations has been used. Because of the concavity of the logarithm, the maximization of the likelihood coincides with the maximum of the logarithm of the likelihood (called the log-likelihood). Hence, to obtain maximum likelihood (ML) estimates of the parameter it is equivalent to find the maximum of the log-likelihood. The log-likelihood is:

$$\mathcal{L}(\mathbf{Y}, \mathbf{X}; \boldsymbol{\beta}, \sigma^2) = \log[L(\mathbf{Y}, \mathbf{X}; \boldsymbol{\beta}, \sigma^2)] = -n \log(\sqrt{2\pi}\sigma) - \frac{1}{2\sigma^2} \sum_{i=1}^n (y_i - \mathbf{X}_{i,*}\boldsymbol{\beta})^2.$$

After noting that  $\sum_{i=1}^{n} (Y_i - \mathbf{X}_{i,*} \boldsymbol{\beta})^2 = \|\mathbf{Y} - \mathbf{X} \boldsymbol{\beta}\|_2^2 = (\mathbf{Y} - \mathbf{X} \boldsymbol{\beta})^{\top} (\mathbf{Y} - \mathbf{X} \boldsymbol{\beta})$ , the log-likelihood can be written as:

$$\mathcal{L}(\mathbf{Y}, \mathbf{X}; \boldsymbol{\beta}, \sigma^2) = -n \log(\sqrt{2\pi}\sigma) - \frac{1}{2\sigma^2} \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2$$

In order to find the maximum of the log-likelihood, take its derivate with respect to  $\beta$ :

$$\frac{\partial}{\partial \beta} \mathcal{L}(\mathbf{Y}, \mathbf{X}; \boldsymbol{\beta}, \sigma^2) = -\frac{1}{2\sigma^2} \frac{\partial}{\partial \beta} \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2 = \frac{1}{\sigma^2} \mathbf{X}^\top (\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}).$$

Equate this derivative to zero gives the estimating equation for  $\beta$ :

$$\mathbf{X}^{\top}\mathbf{X}\boldsymbol{\beta} = \mathbf{X}^{\top}\mathbf{Y}.\tag{1.3}$$

Equation (1.3) is called to the *normal equation*. Pre-multiplication of both sides of the normal equation by  $(\mathbf{X}^{\top}\mathbf{X})^{-1}$  now yields the ML estimator of the regression parameter:  $\hat{\boldsymbol{\beta}} = (\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y}$ , in which it is assumed that  $(\mathbf{X}^{\top}\mathbf{X})^{-1}$  is well-defined.

Along the same lines one obtains the ML estimator of the residual variance. Take the partial derivative of the log-likelihood with respect to  $\sigma^2$ :

$$\frac{\partial}{\partial \sigma} \mathcal{L}(\mathbf{Y}, \mathbf{X}; \boldsymbol{\beta}, \sigma^2) = -\frac{n}{\sigma} + \frac{1}{\sigma^3} \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2.$$

Equate the right-hand side to zero and solve for  $\sigma^2$  to find  $\hat{\sigma}^2 = \frac{1}{n} \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2$ . In this expression  $\boldsymbol{\beta}$  is unknown and the ML estimate of  $\boldsymbol{\beta}$  is plugged-in.

With explicit expressions of the ML estimators at hand, we can study their properties. The expectation of the ML estimator of the regression parameter  $\beta$  is:

$$\mathbb{E}(\hat{\boldsymbol{\beta}}) = \mathbb{E}[(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y}] = (\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbb{E}[\mathbf{Y}] = (\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{X}\boldsymbol{\beta} = \boldsymbol{\beta}.$$

Hence, the ML estimator of the regression coefficients is unbiased.

The variance of the ML estimator of  $\beta$  is:

$$Var(\hat{\boldsymbol{\beta}}) = \mathbb{E}\{[\hat{\boldsymbol{\beta}} - \mathbb{E}(\hat{\boldsymbol{\beta}})][\hat{\boldsymbol{\beta}} - \mathbb{E}(\hat{\boldsymbol{\beta}})]^{\top}\}$$

$$= \mathbb{E}\{[(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y} - \boldsymbol{\beta}][(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y} - \boldsymbol{\beta}]^{\top}\}$$

$$= (\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbb{E}\{\mathbf{Y}\mathbf{Y}^{\top}\}\mathbf{X}(\mathbf{X}^{\top}\mathbf{X})^{-1} - \boldsymbol{\beta}\boldsymbol{\beta}^{\top}$$

$$= (\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\{\mathbf{X}\boldsymbol{\beta}\boldsymbol{\beta}^{\top}\mathbf{X}^{\top} + \boldsymbol{\Sigma}\}\mathbf{X}(\mathbf{X}^{\top}\mathbf{X})^{-1} - \boldsymbol{\beta}\boldsymbol{\beta}^{\top}$$

$$= \boldsymbol{\beta}\boldsymbol{\beta}^{\top} + \sigma^{2}(\mathbf{X}^{\top}\mathbf{X})^{-1} - \boldsymbol{\beta}\boldsymbol{\beta}^{\top} = \sigma^{2}(\mathbf{X}^{\top}\mathbf{X})^{-1},$$

in which we have used that  $\mathbb{E}(\mathbf{Y}\mathbf{Y}^{\top}) = \mathbf{X}\boldsymbol{\beta}\boldsymbol{\beta}^{\top}\mathbf{X}^{\top} + \sigma^{2}\mathbf{I}_{nn}$ . From  $\operatorname{Var}(\hat{\boldsymbol{\beta}}) = \sigma^{2}(\mathbf{X}^{\top}\mathbf{X})^{-1}$ , one obtains an estimate of the variance of the estimate of the *j*-th regression coefficient:  $\hat{\sigma}^{2}(\hat{\beta}_{j}) = \hat{\sigma}^{2}\sqrt{[(\mathbf{X}^{\top}\mathbf{X})^{-1}]_{jj}}$ .

This may be used to construct a confidence interval for the estimates or test the hypothesis  $H_0: \beta_j = 0$ . In the latter  $\hat{\sigma}^2$  should not be the maximum likelihood estimator, as it is biased. It is then to be replaced by the residual sum-of-squares divided by n-p rather than n.

The prediction of  $Y_i$ , denoted  $\hat{Y}_i$ , is the expected value of  $Y_i$  according the linear regression model (with its parameters replaced by their estimates). The prediction of  $Y_i$  thus equals  $\mathbb{E}(Y_i; \hat{\beta}, \hat{\sigma}^2) = \mathbf{X}_{i,*}\hat{\beta}$ . In matrix notation the prediction is:

$$\hat{\mathbf{Y}} = \mathbf{X} \hat{\boldsymbol{\beta}} = \mathbf{X} (\mathbf{X}^{\top} \mathbf{X})^{-1} \mathbf{X}^{\top} \mathbf{Y} := \mathbf{H} \mathbf{Y}.$$

where **H** is the *hat matrix*, as it 'puts the hat' on **Y**. Note that the hat matrix is a projection matrix, i.e.  $\mathbf{H}^2 = \mathbf{H}$  for

$$\mathbf{H}^2 = \mathbf{X} (\mathbf{X}^{\top} \mathbf{X})^{-1} \mathbf{X}^{\top} \mathbf{X} (\mathbf{X}^{\top} \mathbf{X})^{-1} \mathbf{X}^{\top} = \mathbf{X} (\mathbf{X}^{\top} \mathbf{X})^{-1} \mathbf{X}^{\top}.$$

Thus, the prediction  $\hat{\mathbf{Y}}$  is an orthogonal projection of  $\mathbf{Y}$  onto the space spanned by the columns of  $\mathbf{X}$ . With  $\hat{\boldsymbol{\beta}}$  available, an estimate of the errors  $\hat{\varepsilon}_i$ , dubbed the residuals are obtained via:

$$\hat{\boldsymbol{\varepsilon}} = \mathbf{Y} - \widehat{\mathbf{Y}} = \mathbf{Y} - \mathbf{X} \, \hat{\boldsymbol{\beta}} = \mathbf{Y} - \mathbf{X} \, (\mathbf{X}^{\top} \mathbf{X})^{-1} \mathbf{X}^{\top} \mathbf{Y} = [\mathbf{I} - \mathbf{X} \, (\mathbf{X}^{\top} \mathbf{X})^{-1} \mathbf{X}^{\top}] \, \mathbf{Y}.$$

Thus, the residuals are a projection of  $\mathbf{Y}$  onto the orthogonal complement of the space spanned by the columns of  $\mathbf{X}$ . The residuals are to be used in diagnostics, e.g. checking of the normality assumption by means of a normal probability plot.

For more on the linear regression model confer the monograph of Draper and Smith (1998).

### 1.2 Ridge regression

When the design matrix is high-dimensional, the covariates (the columns of  $\mathbf{X}$ ) are super-collinear. Recall collinearity in regression analysis refers to the event of two (or multiple) covariates being highly linearly related. Consequently, the subspace spanned by collinear covariates may not be (or close to not being) of full rank. When the subspace (onto which  $\mathbf{Y}$  is projected) is (close to) rank deficient, it is (almost) impossible to separate the contribution of the individual covariates. The uncertainty with respect to the covariate responsible for the variation explained in  $\mathbf{Y}$  is often reflected in the fit of the linear regression model to data by a large error of the estimates of the regression parameters corresponding to the collinear covariates.

### Example 1.2

The flotillins (the FLOT-1 and FLOT-2 genes) have been observed to regulate the proto-oncogene ERBB2 in vitro (Pust et al., 2013). One may wish to corroborate this in vivo. To this end we use gene expression data of a breast cancer study, available as a Bioconductor package: breastCancerVDX. From this study the expression levels of probes interrogating the FLOT-1 and ERBB2 genes are retrieved. For clarity of the illustration the FLOT-2 gene is ignored. After centering, the expression levels of the first ERBB2 probe are regressed on those of the four FLOT-1 probes. The R-code below carries out the data retrieval and analysis.

### Listing 1.1 R code

```
# load packages
library(Biobase)
library(breastCancerVDX)

# ids of genes FLOT1
idFLOT1 <- which(fData(vdx)[,5] == 10211)

# ids of ERBB2
idERBB2 <- which(fData(vdx)[,5] == 2064)

# get expression levels of probes mapping to FLOT genes
X <- t(exprs(vdx)[idFLOT1,])</pre>
```

```
X <- sweep(X, 2, colMeans(X))

# get expression levels of probes mapping to FLOT genes
Y <- t(exprs(vdx)[idERBB2,])
Y <- sweep(Y, 2, colMeans(Y))

# regression analysis
summary(lm(formula = Y[,1] ~ X[,1] + X[,2] + X[,3] + X[,4]))

# correlation among the covariates
cor(X)</pre>
```

Prior to the regression analysis, we first assess whether there is collinearity among the FLOT-1 probes through evaluation of the correlation matrix. This reveals a strong correlation ( $\hat{\rho} = 0.91$ ) between the second and third probe. All other cross-correlations do not exceed the 0.20 (in an absolute sense). Hence, there is collinearity among the columns of the design matrix in the to-be-performed regression analysis.

### Coefficients:

```
Estimate Std. Error t value Pr(>|t|)
(Intercept)
              0.0000
                         0.0633 0.0000
                                           1.0000
X[, 1]
              0.1641
                         0.0616
                                  2.6637
                                           0.0081 **
X[, 2]
              0.3203
                         0.3773 0.8490
                                           0.3965
X[, 3]
                                           0.8949
              0.0393
                         0.2974 0.1321
X[, 4]
              0.1117
                         0.0773 1.4444
                                           0.1496
Signif. codes: 0 *** 0.001 ** 0.01 * 0.05 . 0.1
```

Residual standard error: 1.175 on 339 degrees of freedom Multiple R-squared: 0.04834, Adjusted R-squared: 0.03711 F-statistic: 4.305 on 4 and 339 DF, p-value: 0.002072

The output of the regression analysis above shows the first probe to be significantly associated to the expression levels of ERBB2. The collinearity of the second and third probe reveals itself in the standard errors of the effect size: for these probes the standard error is much larger than those of the other two probes. This reflects the uncertainty in the estimates. Regression analysis has difficulty to decide to which covariate the explained proportion of variation in the response should be attributed. The large standard error of these effect sizes propagates to the testing as the Wald test statistic is the ratio of the estimated effect size and its standard error. Collinear covariates are thus less likely to pass the significance threshold.

The case of two (or multiple) covariates being perfectly linearly dependent is referred as *super-collinearity*. The rank of a high-dimensional design matrix is maximally equal to n: rank( $\mathbf{X}$ )  $\leq n$ . Consequently, the dimension of subspace spanned by the columns of  $\mathbf{X}$  is smaller than or equal to n. As p > n, this implies that columns of  $\mathbf{X}$  are linearly dependent. Put differently, a high-dimensional  $\mathbf{X}$  suffers from super-collinearity.

**Example 1.3** Super-collinearity Consider the design matrix:

$$\mathbf{X} = \begin{pmatrix} 1 & -1 & 2 \\ 1 & 0 & 1 \\ 1 & 2 & -1 \\ 1 & 1 & 0 \end{pmatrix}$$

The columns of  $\mathbf{X}$  are linearly dependent: the first column is the row-wise sum of the other two columns. The rank (more correct, the column rank) of a matrix is the dimension of space spanned by the column vectors. Hence, the rank of  $\mathbf{X}$  is equal to the number of linearly independent columns: rank( $\mathbf{X}$ ) = 2.  $\square$ 

Super-collinearity of an  $(n \times p)$ -dimensional design matrix **X** implies\* that the rank of the  $(p \times p)$ -dimensional matrix  $\mathbf{X}^{\top}\mathbf{X}$  is smaller than p, and, consequently, it is singular. A square matrix that does

<sup>\*</sup>If the (column) rank of **X** is smaller than p, there exists a non-trivial  $\mathbf{v} \in \mathbb{R}^p$  such that  $\mathbf{X}\mathbf{v} = \mathbf{0}_p$ . Multiplication of this inequality by  $\mathbf{X}^{\top}$  yields  $\mathbf{X}^{\top}\mathbf{X}\mathbf{v} = \mathbf{0}_p$ . As  $\mathbf{v} \neq \mathbf{0}_p$ , this implies that  $\mathbf{X}^{\top}\mathbf{X}$  is not invertible.

not have an inverse is called *singular*. A matrix **A** is singular if and only if its determinant is zero:  $det(\mathbf{A}) = 0$ .

### Example 1.4 Singularity

Consider the matrix **A** given by:

$$\mathbf{A} = \begin{pmatrix} 1 & 2 \\ 2 & 4 \end{pmatrix}$$

Clearly,  $\det(\mathbf{A}) = a_{11}a_{22} - a_{12}a_{21} = 1 \times 4 - 2 \times 2 = 0$ . Hence, **A** is singular and its inverse is undefined.

As  $det(\mathbf{A})$  is equal to the product of the eigenvalues  $\nu_j$  of  $\mathbf{A}$ , the matrix  $\mathbf{A}$  is singular if one (or more) of the eigenvalues of  $\mathbf{A}$  is zero. To see this, consider the spectral decomposition of  $\mathbf{A}$ :

$$\mathbf{A} = \sum_{j=1}^{p} \nu_j \, \mathbf{v}_j \, \mathbf{v}_j^{\top},$$

where  $\mathbf{v}_j$  is the eigenvector corresponding to  $\nu_j$ . The inverse of  $\mathbf{A}$  is then:

$$\mathbf{A}^{-1} = \sum_{j=1}^{p} \nu_j^{-1} \, \mathbf{v}_j \, \mathbf{v}_j^{\top}.$$

The right-hand side is undefined if  $\nu_j = 0$  for any j.

### Example 1.4 Singularity (continued)

Revisit Example 1.4. Matrix **A** has eigenvalues  $\nu_1 = 5$  and  $\nu_2 = 0$ . According to the spectral decomposition, the inverse of **A** is:

$$\mathbf{A}^{-1} = \frac{1}{5} \mathbf{v}_1 \mathbf{v}_1^{\top} + \frac{1}{0} \mathbf{v}_2 \mathbf{v}_2^{\top}.$$

This expression is undefined as we divide by zero in the second summand on the right-hand side.  $\Box$ 

In summary, the columns of a high-dimensional design matrix  $\mathbf{X}$  are linearly dependent and this super-collinearity causes  $\mathbf{X}^{\top}\mathbf{X}$  to be singular. Now recall the ML estimator of the parameter of the linear regression model:

$$\hat{\boldsymbol{\beta}} = (\mathbf{X}^{\top} \mathbf{X})^{-1} \mathbf{X}^{\top} \mathbf{Y}. \tag{1.4}$$

This estimator is only well-defined if  $(\mathbf{X}^{\top}\mathbf{X})^{-1}$  exits. Hence, when  $\mathbf{X}$  is high-dimensional the regression parameter  $\boldsymbol{\beta}$  cannot be estimated.

Above only the practical consequence of high-dimensionality is presented: the expression  $(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y}$  cannot be evaluated numerically. But the problem arising from the high-dimensionality of the data is more fundamental. To appreciate this, consider the normal equations:

$$\mathbf{X}^{\top}\mathbf{X}\boldsymbol{\beta} = \mathbf{X}^{\top}\mathbf{Y}.$$

The matrix  $\mathbf{X}^{\top}\mathbf{X}$  is of rank n, while  $\boldsymbol{\beta}$  is a vector of length p. Hence, while there are p unknowns, the system of linear equations from which these are to be solved effectively comprises n degrees of freedom. If p > n, the vector  $\boldsymbol{\beta}$  cannot uniquely be determined from this system of equations. To make this more specific let U be the n-dimensional space spanned by the columns of  $\mathbf{X}$  and the p-n-dimensional space V be orthogonal complement of U, i.e.  $V = U^{\perp}$ . Then,  $\mathbf{X}\mathbf{v} = \mathbf{0}_p$  for all  $\mathbf{v} \in V$ . So, V is the non-trivial null space of  $\mathbf{X}$ . Consequently, as  $\mathbf{X}^{\top}\mathbf{X}\mathbf{v} = \mathbf{X}^{\top}\mathbf{0}_p = \mathbf{0}_n$ , the solution of the normal equations is:

$$\hat{\boldsymbol{\beta}} = (\mathbf{X}^{\top} \mathbf{X})^{-} \mathbf{X}^{\top} \mathbf{Y} + \mathbf{v}$$
 for all  $\mathbf{v} \in V$ ,

where  $A^-$  denotes the Moore-Penrose inverse of the matrix A, which is defined as:

$$\mathbf{A}^{-} = \sum_{j=1}^{p} \nu_{j}^{-1} I_{\{\nu_{j} \neq 0\}} \mathbf{v}_{j} \mathbf{v}_{j}^{\top}.$$

The solution of the normal equations is thus only determined up to an element from a non-trivial space V, and there is no unique estimator of the regression parameter.

To obtain an estimate of the regression parameter  $\beta$  when  $\mathbf{X}$  is (close to) super-collinearity, Hoerl and Kennard (1970) proposed an ad-hoc fix to resolve the (almost) singularity of  $\mathbf{X}^{\top}\mathbf{X}$ . Simply replace  $\mathbf{X}^{\top}\mathbf{X}$  by  $\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp}$  with  $\lambda \in [0, \infty)$ . The scalar  $\lambda$  is a tuning parameter, henceforth called the *penalty parameter*.

### Example 1.3 Super-collinearity (continued)

Recall the super-collinear design matrix **X** of Example 1.3. Then, for (say)  $\lambda = 1$ :

$$\mathbf{X}^{\mathsf{T}}\mathbf{X} + \lambda \mathbf{I}_{pp} = \begin{pmatrix} 5 & 2 & 2 \\ 2 & 7 & -4 \\ 2 & -4 & 7 \end{pmatrix}.$$

The eigenvalues of this matrix are 11, 7, and 1. Hence,  $\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp}$  has no zero eigenvalue and its inverse is well-defined.

With the ad-hoc fix for the singularity of  $\mathbf{X}^{\top}\mathbf{X}$ , Hoerl and Kennard (1970) proceed to define the *ridge* regression estimator:

$$\hat{\boldsymbol{\beta}}(\lambda) = (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}^{\top} \mathbf{Y}, \tag{1.5}$$

for  $\lambda \in [0, \infty)$ . Clearly, this is – for  $\lambda$  strictly positive – a well-defined estimator, even if **X** is high-dimensional. However, each choice of  $\lambda$  leads to a different ridge regression estimate. The set of all ridge regression estimates  $\{\hat{\beta}(\lambda) : \lambda \in [0, \infty)\}$  is called the *solution* or *regularization path* of the ridge estimator.

### Example 1.3 Super-collinearity (continued)

Recall the super-collinear design matrix **X** of Example 1.3. Suppose that the corresponding response vector is  $\mathbf{Y} = (1.3, -0.5, 2.6, 0.9)^{\top}$ . The ridge regression estimates for, e.g.  $\lambda = 1, 2$ , and 10 are then:

$$\hat{\boldsymbol{\beta}}(1) = (0.614, 0.548, 0.066)^{\top}, 
\hat{\boldsymbol{\beta}}(2) = (0.537, 0.490, 0.048)^{\top}, 
\hat{\boldsymbol{\beta}}(10) = (0.269, 0.267, 0.002)^{\top}.$$

The full solution path of the ridge estimator is plotted in Figure 1.1.

Having obtained an estimate of the regression parameter  $\beta$ , one can define the fit  $\hat{\mathbf{Y}}$ . It is defined analogous to the standard case:

$$\widehat{\mathbf{Y}}(\lambda) = \mathbf{X} \hat{\boldsymbol{\beta}}(\lambda) = \mathbf{X} (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}^{\top} \mathbf{Y} := \mathbf{H}(\lambda) \mathbf{Y}.$$

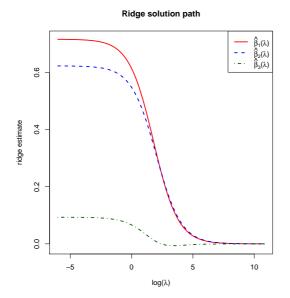
Previously, when using the ML estimator, the fit could be understood as a projection of  $\mathbf{Y}$  onto the subspace spanned by the columns of  $\mathbf{X}$ . The fit  $\widehat{\mathbf{Y}}(\lambda)$  corresponding to the ridge estimator is not a projection of  $\mathbf{Y}$  onto  $\mathbf{X}$  (confer Exercise 1.4 a). Consequently, the 'ridge residuals'  $\mathbf{Y} - \widehat{\mathbf{Y}}(\lambda)$  are not orthogonal to the fit  $\widehat{\mathbf{Y}}(\lambda)$  (confer Exercise 1.4 b).

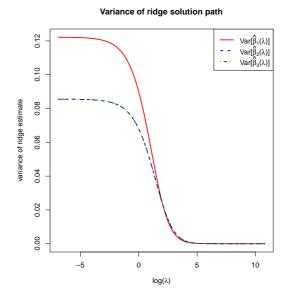
### 1.3 Eigenvalue shrinkage

The effect of the ridge penalty may also studied from the perspective of singular values. Let the singular value decomposition of the  $(n \times p)$ -dimensional design matrix **X** be:

$$\mathbf{X} = \mathbf{U}_x \mathbf{D}_x \mathbf{V}_x^{\top},$$

where  $\mathbf{D}_x$  an  $(n \times n)$ -dimensional diagonal matrix with the singular values,  $\mathbf{U}_x$  an  $(n \times n)$ -dimensional matrix with columns containing the left singular vectors (denoted  $\mathbf{u}_i$ ), and  $\mathbf{V}_x$  a  $(p \times n)$ -dimensional matrix with columns containing the right singular vectors (denoted  $\mathbf{v}_i$ ). The columns of  $\mathbf{U}_x$  and  $\mathbf{V}_x$  are orthogonal:  $\mathbf{U}_x^{\top}\mathbf{U}_x = \mathbf{I}_{nn} = \mathbf{V}_x^{\top}\mathbf{V}_x$ .





**Figure 1.1**: Solution path of the ridge estimator and its variance. The left panel shows the solution path of the ridge estimator for the data of Example 1.3. In the right panel the corresponding variance of the ridge estimator is plotted against the (logarithm of the) penalty parameter.

The OLS estimator can then be rewritten in terms of the SVD-matrices as:

$$\begin{split} \hat{\boldsymbol{\beta}} &= (\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y} \\ &= (\mathbf{V}_{x}\mathbf{D}_{x}\mathbf{U}_{x}^{\top}\mathbf{U}_{x}\mathbf{D}_{x}\mathbf{V}_{x}^{\top})^{-1}\mathbf{V}_{x}\mathbf{D}_{x}\mathbf{U}_{x}^{\top}\mathbf{Y} \\ &= (\mathbf{V}_{x}\mathbf{D}_{x}^{2}\mathbf{V}_{x}^{\top})^{-1}\mathbf{V}_{x}\mathbf{D}_{x}\mathbf{U}_{x}^{\top}\mathbf{Y} \\ &= \mathbf{V}_{x}\mathbf{D}_{x}^{-2}\mathbf{V}_{x}^{\top}\mathbf{V}_{x}\mathbf{D}_{x}\mathbf{U}_{x}^{\top}\mathbf{Y} \\ &= \mathbf{V}_{x}\mathbf{D}_{x}^{-2}\mathbf{D}_{x}\mathbf{U}_{x}^{\top}\mathbf{Y}, \end{split}$$

where  $\mathbf{D}_x^{-2}\mathbf{D}_x$  is not simplified further to emphasize the effect of the ridge penalty. Similarly, the ridge estimator can be rewritten in terms of the SVD-matrices as:

$$\hat{\boldsymbol{\beta}} = (\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y} 
= (\mathbf{V}_{x}\mathbf{D}_{x}\mathbf{U}_{x}^{\top}\mathbf{U}_{x}\mathbf{D}_{x}\mathbf{V}_{x}^{\top} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{V}_{x}\mathbf{D}_{x}\mathbf{U}_{x}^{\top}\mathbf{Y} 
= (\mathbf{V}_{x}\mathbf{D}_{x}^{2}\mathbf{V}_{x}^{\top} + \lambda \mathbf{V}_{x}\mathbf{V}_{x}^{\top})^{-1}\mathbf{V}_{x}\mathbf{D}_{x}\mathbf{U}_{x}^{\top}\mathbf{Y} 
= \mathbf{V}_{x}(\mathbf{D}_{x}^{2} + \lambda \mathbf{I}_{nn})^{-1}\mathbf{V}_{x}^{\top}\mathbf{V}_{x}\mathbf{D}_{x}\mathbf{U}_{x}^{\top}\mathbf{Y} 
= \mathbf{V}_{x}(\mathbf{D}_{x}^{2} + \lambda \mathbf{I}_{nn})^{-1}\mathbf{D}_{x}\mathbf{U}_{x}^{\top}\mathbf{Y}.$$

Combining the two results and writing  $(\mathbf{D}_x)_{jj} = d_{x,jj}$  we have:

$$d_{x,jj}^{-1} \geq \frac{d_{x,jj}}{d_{x,jj}^2 + \lambda}$$
 for all  $\lambda > 0$ .

Thus, the ridge penalty shrinks the singular values.

Return to the problem of the super-collinearity of  $\mathbf{X}$  in the high-dimensional setting (p > n). The super-collinearity implies the singularity of  $\mathbf{X}^{\top}\mathbf{X}$  and prevents the calculation of the OLS estimator of the regression coefficients. However,  $\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp}$  is non-singular, with inverse:

$$(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} = \sum_{j=1}^{p} (d_{x,jj}^2 + \lambda)^{-1} \mathbf{v}_j \mathbf{v}_j^{\top}.$$

The right-hand side is well-defined for  $\lambda > 0$ .

### 1.3.1 Principal components regression

Principal component regression is a close relative to ridge regression that can also be applied in a high-dimensional context. Principal components regression explains the response not by the covariates themselves but by linear combinations of the covariates as defined by the principal components of  $\mathbf{X}$ . Let  $\mathbf{U}\mathbf{D}\mathbf{V}^{\top}$  be the singular value decomposition of  $\mathbf{X}$ . The *i*-th principal component of  $\mathbf{X}$  is then  $\mathbf{X}\mathbf{v}_i$ , henceforth denoted  $\mathbf{z}_i$ . Let  $\mathbf{Z}_k$  be the matrix of the first k principal components, i.e.  $\mathbf{Z}_k = \mathbf{X}\mathbf{V}_k$  where  $\mathbf{V}_k$  contains the first k right singular vectors as columns. Principal components regression then amounts to regressing the response  $\mathbf{Y}$  onto  $\mathbf{Z}_k$ , that is, it fits the model  $\mathbf{Y} = \mathbf{Z}_k \boldsymbol{\gamma} + \boldsymbol{\varepsilon}$ . The least squares estimator of  $\boldsymbol{\gamma}$  then is (with some abuse of notation):

$$\hat{\gamma} = (\mathbf{Z}_{k}^{\top} \mathbf{Z}_{k})^{-1} \mathbf{Z}_{k}^{\top} \mathbf{Y} = (\mathbf{V}_{k}^{\top} \mathbf{X}^{\top} \mathbf{X} \mathbf{V}_{k})^{-1} \mathbf{V}_{k}^{\top} \mathbf{X}^{\top} \mathbf{Y} 
= (\mathbf{V}_{k}^{\top} \mathbf{V} \mathbf{D} \mathbf{U}^{\top} \mathbf{U} \mathbf{D} \mathbf{V}^{\top} \mathbf{V}_{k})^{-1} \mathbf{V}_{k}^{\top} \mathbf{V} \mathbf{D} \mathbf{U}^{\top} \mathbf{Y} 
= (\mathbf{I}_{kn} \mathbf{D}^{2} \mathbf{I}_{nk})^{-1} \mathbf{I}_{kn} \mathbf{D} \mathbf{U}^{\top} \mathbf{Y} 
= \mathbf{D}_{k}^{-2} \widetilde{\mathbf{D}}_{k} \mathbf{U}^{\top} \mathbf{Y} = \widetilde{\mathbf{D}}_{k}^{-1} \mathbf{U}^{\top} \mathbf{Y},$$

where  $\mathbf{D}_k$  and  $\widetilde{\mathbf{D}}_k$  are submatrices of  $\mathbf{D}$ . The matrix  $\mathbf{D}_k$  is obtained from  $\mathbf{D}$  by removal of the last n-p rows and columns, while for  $\widetilde{\mathbf{D}}_k$  only the last n-k rows are dropped. Similarly,  $\mathbf{I}_{kn}$  and  $\mathbf{I}_{nk}$  are obtained from  $\mathbf{I}_{nn}$  by removal of the last n-k rows and columns, respectively. The principal component regression estimator of  $\boldsymbol{\beta}$  then is  $\hat{\boldsymbol{\beta}}_{per} = \mathbf{V}_k \widetilde{\mathbf{D}}_k^{-1} \mathbf{U}^{\top} \mathbf{Y}$ . When k is set equal to the column rank of  $\mathbf{X}$ , and thus to the rank of  $\mathbf{X}^{\top} \mathbf{X}$ , the principal component regression estimator  $\hat{\boldsymbol{\beta}}_{per} = (\mathbf{X}^{\top} \mathbf{X})^{-} \mathbf{X}^{\top} \mathbf{Y}$ , where  $\mathbf{A}^{-}$  denotes the Moore-Penrose inverse of matrix  $\mathbf{A}$ .

The relation between ridge and principal component regression becomes clear when their corresponding estimators are written in terms of the singular value decomposition of X:

$$\hat{\boldsymbol{\beta}}_{per} = \mathbf{V}_x (\mathbf{I}_{nk} \mathbf{D}_x \mathbf{I}_{kn})^{-1} \mathbf{U}_x^{\top} \mathbf{Y}, 
\hat{\boldsymbol{\beta}}(\lambda) = \mathbf{V}_x (\mathbf{D}_x^2 + \lambda \mathbf{I}_{nn})^{-1} \mathbf{D}_x \mathbf{U}_x^{\top} \mathbf{Y}.$$

Both operate on the singular values of the design matrix. But where principal component regression thresholds the singular values of  $\mathbf{X}$ , ridge regression shrinks them (depending on their size). Hence, one applies a discrete map on the singular values while the other a continuous one.

### 1.4 Moments

The first two moments of the ridge regression estimator are derived. Next the performance of the ridge regression estimator is studied in terms of the mean squared error, which combines the first two moments.

### 1.4.1 Expectation

The left panel of Figure 1.1 shows ridge estimates of the regression parameters converging to zero as the penalty parameter tends to infinity. This behaviour of the ridge estimator does not depend on the specifics of the data set. To see this study the expectation of the ridge estimator:

$$\mathbb{E}[\hat{\boldsymbol{\beta}}(\lambda)] = \mathbb{E}[(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y}]$$

$$= (\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbb{E}(\mathbf{Y})$$

$$= (\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}(\mathbf{X}^{\top}\mathbf{X})\boldsymbol{\beta}.$$

Clearly,  $\mathbb{E}[\hat{\beta}(\lambda)] \neq \beta$  for any  $\lambda > 0$ . Hence, the ridge estimator is biased. More on the bias at the end of this subsection.

From the expression above it is clear that the expectation of the ridge estimator vanishes as  $\lambda$  tends to infinity:

$$\lim_{\lambda \to \infty} \mathbb{E} [\hat{\boldsymbol{\beta}}(\lambda)] = \left[ \lim_{\lambda \to \infty} (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \right] (\mathbf{X}^{\top} \mathbf{X}) \boldsymbol{\beta} = \mathbf{0}_{p}.$$

Hence, all regression coefficients are shrunken towards zero as the penalty parameter increases. This also holds for **X** with p > n. Furthermore, this behaviour is not strictly monotone in  $\lambda$ :  $\lambda_a > \lambda_b$  does not necessarily imply  $|\hat{\beta}_j(\lambda_a)| < |\hat{\beta}_j(\lambda_b)|$ . Upon close inspection this can be witnessed from the ridge solution path of  $\beta_3$  in Figure 1.1.

1.4 Moments

Example 1.5 Orthonormal design matrix

Consider an orthonormal design matrix  $\mathbf{X}$ , i.e.:

$$\mathbf{X}^{\top}\mathbf{X} = \mathbf{I}_{pp} = (\mathbf{X}^{\top}\mathbf{X})^{-1}.$$

An example of an orthonormal design matrix would be:

$$\mathbf{X} = \frac{1}{2} \begin{pmatrix} -1 & -1 \\ -1 & 1 \\ 1 & -1 \\ 1 & 1 \end{pmatrix}.$$

This design matrix is orthonormal as  $\mathbf{X}^{\top}\mathbf{X} = \mathbf{I}_{22}$ , which is easily verified:

$$\mathbf{X}^{\top}\mathbf{X} = \frac{1}{4} \begin{pmatrix} -1 & -1 & 1 & 1 \\ -1 & 1 & -1 & 1 \end{pmatrix} \begin{pmatrix} -1 & -1 \\ -1 & 1 \\ 1 & -1 \\ 1 & 1 \end{pmatrix} = \frac{1}{4} \begin{pmatrix} 4 & 0 \\ 0 & 4 \end{pmatrix} = \mathbf{I}_{22}.$$

In case of an orthonormal design matrix the relation between the OLS and ridge estimator is:

$$\hat{\boldsymbol{\beta}}(\lambda) = (\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y} = (\mathbf{I}_{pp} + \lambda\mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y}$$

$$= (1 + \lambda)^{-1}\mathbf{I}_{pp}\mathbf{X}^{\top}\mathbf{Y} = (1 + \lambda)^{-1}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y}$$

$$= (1 + \lambda)^{-1}\hat{\boldsymbol{\beta}}.$$

Hence, the ridge estimator scales the OLS estimator by a factor. When taking the expectation on both sides, it is evident that the ridge estimator converges to zero as  $\lambda \to \infty$ .

The bias of the ridge regression estimator may be decomposed into two parts (as pointed out by Shao and Deng, 2012), one attributable to the penalization and another to the high-dimensionality of the study design. To arrive at this decomposition define the projection matrix, i.e. a matrix  $\mathbf{P}$  such that  $\mathbf{P} = \mathbf{P}^2$ , that projects the parameter space  $\mathbb{R}^p$  onto the subspace  $\mathcal{R}(\mathbf{X}) \subset \mathbb{R}^p$  spanned by the rows of the design matrix  $\mathbf{X}$ , denoted  $\mathbf{P}_x$ , and given by:  $\mathbf{P}_x = \mathbf{X}^{\top}(\mathbf{X}\mathbf{X}^{\top})^{-}\mathbf{X}$ , where  $(\mathbf{X}\mathbf{X}^{\top})^{-}$  is the Moore-Penrose inverse of  $\mathbf{X}\mathbf{X}^{\top}$ . The ridge regression estimator lives in the subspace defined by the projection  $\mathbf{P}_x$  of  $\mathbb{R}^p$  onto  $\mathcal{R}(\mathbf{X})$ . To verify this, consider the singular value decomposition  $\mathbf{X} = \mathbf{U}_x \mathbf{D}_x \mathbf{V}_x^{\top}$  (with matrices defined as before) and note that  $\mathbf{P}_x = \mathbf{V}_x \mathbf{V}_x^{\top}$ . Then:

$$\mathbf{P}_x \hat{\boldsymbol{\beta}}(\lambda) = \mathbf{V}_x \mathbf{V}_x^{\top} \mathbf{V}_x (\mathbf{D}_x^2 + \lambda \mathbf{I}_{pp})^{-1} \mathbf{U}_x^{\top} \mathbf{Y} = \mathbf{V}_x (\mathbf{D}_x^2 + \lambda \mathbf{I}_{pp})^{-1} \mathbf{U}_x^{\top} \mathbf{Y} = \hat{\boldsymbol{\beta}}(\lambda).$$

The ridge regression estimator is thus unaffected by the projection, as  $\mathbf{P}_x\hat{\boldsymbol{\beta}}(\lambda) = \hat{\boldsymbol{\beta}}(\lambda)$ , and it must therefore already be an element of the projected subspace  $\mathcal{R}(\mathbf{X})$ . The bias can now be decomposed as:

$$\mathbb{E}[\hat{\boldsymbol{\beta}}(\lambda) - \boldsymbol{\beta}] = \mathbb{E}[\hat{\boldsymbol{\beta}}(\lambda) - \mathbf{P}_x \boldsymbol{\beta} + \mathbf{P}_x \boldsymbol{\beta} - \boldsymbol{\beta}] = \mathbb{E}[\hat{\boldsymbol{\beta}}(\lambda) - \mathbf{P}_x \boldsymbol{\beta}] + (\mathbf{P}_x - \mathbf{I}_{pp})\boldsymbol{\beta}.$$

The first summand on the right-hand side of the preceding display represents the bias of the ridge regression estimator to the projection of the true parameter value, whereas the second summand is the bias introduced by the high-dimensionality of the study design. Either if i)  $\mathbf{X}$  is of full row rank (i.e. the study design in low-dimensional and  $\mathbf{P}_x = \mathbf{I}_{pp}$ ) or if ii) the true regression parameter  $\boldsymbol{\beta}$  is an element the projected subspace (i.e.  $\boldsymbol{\beta} = \mathbf{P}_x \boldsymbol{\beta} \in \mathcal{R}(\mathbf{X})$ ), the second summand of the bias will vanish.

### 1.4.2 Variance

As for the ML estimate of the regression parameter  $\beta$  of model (1.2), we derive the second moment of the ridge estimator. Hereto define:

$$\mathbf{W}_{\lambda} = (\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{X}.$$

Using  $\mathbf{W}_{\lambda}$  the ridge estimator  $\hat{\boldsymbol{\beta}}(\lambda)$  can be expressed as  $\mathbf{W}_{\lambda}\hat{\boldsymbol{\beta}}$  for:

$$\mathbf{W}_{\lambda}\hat{\boldsymbol{\beta}} = \mathbf{W}_{\lambda}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y}$$

$$= [(\mathbf{X}^{\top}\mathbf{X})^{-1}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})]^{-1}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y}$$

$$= (\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{X}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y}$$

$$= (\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y}$$

$$= \hat{\boldsymbol{\beta}}(\lambda).$$

The linear operator  $\mathbf{W}_{\lambda}$  thus transforms the ML estimator of the regression parameter into the ridge estimator.

It is now easily seen that:

$$\begin{aligned} \operatorname{Var}[\hat{\boldsymbol{\beta}}(\lambda)] &= \operatorname{Var}[\mathbf{W}_{\lambda}\hat{\boldsymbol{\beta}}] &= \mathbf{W}_{\lambda}\operatorname{Var}[\hat{\boldsymbol{\beta}}]\mathbf{W}_{\lambda}^{\top} \\ &= \sigma^{2}\mathbf{W}_{\lambda}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{W}_{\lambda}^{\top} &= \sigma^{2}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{X}[(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-1}]^{\top}, \end{aligned}$$

in which we have used  $Var(\mathbf{AY}) = \mathbf{A}Var(\mathbf{Y})\mathbf{A}^{\top}$  for a non-random matrix  $\mathbf{A}$ , the fact that  $\mathbf{W}_{\lambda}$  is non-random, and  $Var[\hat{\boldsymbol{\beta}}] = \sigma^2(\mathbf{X}^{\top}\mathbf{X})^{-1}$ .

Like the expectation the variance of the ridge estimator vanishes as  $\lambda$  tends to infinity:

$$\lim_{\lambda \to \infty} \operatorname{Var} \big[ \hat{\boldsymbol{\beta}}(\lambda) \big] \quad = \quad \lim_{\lambda \to \infty} \sigma^2 \mathbf{W}_{\lambda} (\mathbf{X}^{\top} \mathbf{X})^{-1} \mathbf{W}_{\lambda}^{\top} \quad = \quad \mathbf{0}_{pp}.$$

Hence, the variance of the ridge regression coefficient estimates decreases towards zero as the penalty parameter becomes large. This is illustrated in the right panel of Figure 1.1 for the data of Example 1.3.

With an explicit expression of the variance of the ridge estimator at hand, we can compare it to that of the OLS estimator:

$$\begin{aligned} \operatorname{Var}[\hat{\boldsymbol{\beta}}] - \operatorname{Var}[\hat{\boldsymbol{\beta}}(\lambda)] &= \sigma^{2}[(\mathbf{X}^{\top}\mathbf{X})^{-1} - \mathbf{W}_{\lambda}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{W}_{\lambda}^{\top}] \\ &= \sigma^{2}\mathbf{W}_{\lambda}\{[\mathbf{I} + \lambda(\mathbf{X}^{\top}\mathbf{X})^{-1}](\mathbf{X}^{\top}\mathbf{X})^{-1}[\mathbf{I} + \lambda(\mathbf{X}^{\top}\mathbf{X})^{-1}]^{\top} - (\mathbf{X}^{\top}\mathbf{X})^{-1}\}\mathbf{W}_{\lambda}^{\top} \\ &= \sigma^{2}\mathbf{W}_{\lambda}[2\lambda(\mathbf{X}^{\top}\mathbf{X})^{-2} + \lambda^{2}(\mathbf{X}^{\top}\mathbf{X})^{-3}]\mathbf{W}_{\lambda}^{\top} \\ &= \sigma^{2}[\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp}]^{-1}[2\lambda\mathbf{I}_{pp} + \lambda^{2}(\mathbf{X}^{\top}\mathbf{X})^{-1}]\{[\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp}]^{-1}\}^{\top}. \end{aligned}$$

The difference is non-negative definite as each component in the matrix product is non-negative definite. Hence, the variance of the ML estimator exceeds (in the positive definite ordering) that of the ridge estimator:

$$\operatorname{Var}[\hat{\boldsymbol{\beta}}] \succeq \operatorname{Var}[\hat{\boldsymbol{\beta}}(\lambda)],$$
 (1.6)

with the inequality being strict if  $\lambda > 0$ . In other words, the variance of the ML estimator is larger than that of the ridge estimator (in the sense that their difference is non-negative definite). The variance inequality (1.6) can be interpreted in terms of the stochastic behaviour of the estimate. This is illustrated by the next example.

Example 1.6 Variance comparison

Consider the design matrix:

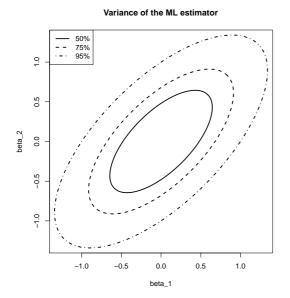
$$\mathbf{X} = \begin{pmatrix} -1 & 2 \\ 0 & 1 \\ 2 & -1 \\ 1 & 0 \end{pmatrix}.$$

The variances of the ML and ridge (with  $\lambda = 1$ ) estimates of the regression coefficients then are:

$$\mathrm{Var}(\hat{\pmb{\beta}}) \ = \ \sigma^2 \left( \begin{array}{cc} 0.3 & 0.2 \\ 0.2 & 0.3 \end{array} \right) \qquad \text{and} \qquad \mathrm{Var}[\hat{\pmb{\beta}}(\lambda)] \ = \ \sigma^2 \left( \begin{array}{cc} 0.1524 & 0.0698 \\ 0.0698 & 0.1524 \end{array} \right).$$

These variances can be used to construct levels sets of the distribution of the estimates. The level sets that contain 50%, 75% and 95% of the distribution of the ML and ridge estimates are plotted in Figure 1.2. In line with inequality (1.6) the level sets of the ridge estimate are smaller than that of the ML estimate, it thus varies less.

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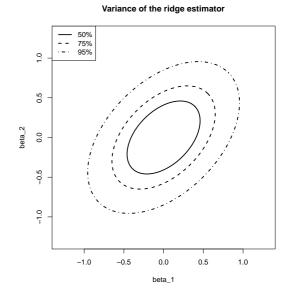


Figure 1.2: Level sets of the distribution of the ML (left panel) and ridge (right panel) regression estimators.

Example 1.5 Orthonormal design matrix (continued)

Assume the design matrix **X** is orthonormal. Then,  $Var[\hat{\beta}] = \sigma^2 \mathbf{I}_{pp}$  and

$$\operatorname{Var}[\hat{\boldsymbol{\beta}}(\lambda)] = \sigma^2 \mathbf{W}_{\lambda} (\mathbf{X}^{\top} \mathbf{X})^{-1} \mathbf{W}_{\lambda}^{\top} = \sigma^2 [\mathbf{I}_{pp} + \lambda \mathbf{I}_{pp}]^{-1} \mathbf{I}_{pp} \{ [\mathbf{I}_{pp} + \lambda \mathbf{I}_{pp}]^{-1} \}^{\top} = \sigma^2 (1 + \lambda)^{-2} \mathbf{I}_{pp}.$$

As the penalty parameter  $\lambda$  is non-negative the former exceeds the latter. In particular, this expression vanishes as  $\lambda \to \infty$ .

The variance of the ridge regression estimator may be decomposed in the same way as its bias (cf. the end of Section 1.4.1). There is, however, no contribution of the high-dimensionality of the study design as that is non-random and, consequently, exhibits no variation. Hence, the variance only relates to the variation in the projected subspace  $\mathcal{R}(\mathbf{X})$  as is obvious from:

$$\operatorname{Var}[\hat{\boldsymbol{\beta}}(\lambda)] = \operatorname{Var}[\mathbf{P}_x \hat{\boldsymbol{\beta}}(\lambda)] = \mathbf{P}_x \operatorname{Var}[\hat{\boldsymbol{\beta}}(\lambda)] \mathbf{P}_x^{\top} = \operatorname{Var}[\hat{\boldsymbol{\beta}}(\lambda)].$$

Perhaps this is seen more clearly when writing the variance of the ridge regression estimator in terms of the matrices that constitute the singular value decomposition of X:

$$\operatorname{Var}[\hat{\boldsymbol{\beta}}(\lambda)] = \mathbf{V}_x(\mathbf{D}_x^2 + \lambda \mathbf{I}_{pp})^{-1}\mathbf{D}_x^2(\mathbf{D}_x^2 + \lambda \mathbf{I}_{pp})^{-1}\mathbf{V}_x^{\top}.$$

High-dimensionally,  $(\mathbf{D}_x^2)_{jj} = 0$  for j = n + 1, ..., p. And if  $(\mathbf{D}_x^2)_{jj} = 0$ , so is  $[(\mathbf{D}_x^2 + \lambda \mathbf{I}_{pp})^{-1}\mathbf{D}_x^2(\mathbf{D}_x^2 + \lambda \mathbf{I}_{pp})^{-1}]_{jj} = 0$ . Hence, the variance is determined by the first n columns of  $\mathbf{V}_x$ . When n < p, the variance is then to interpreted as the spread of the ridge regression estimator (with the same choice of  $\lambda$ ) when the study is repeated with exactly the same design matrix such that the resulting estimator is confined to the same subspace  $\mathcal{R}(\mathbf{X})$ . The following R-script illustrates this by an arbitrary data example (plot not shown):

### Listing 1.2 R code

```
# set parameters
X      <- matrix(rnorm(2), nrow=1)
betas <- matrix(c(2, -1), ncol=1)
lambda <- 1

# generate multiple ridge regression estimators with a fixed design matrixs
bHats <- numeric()
for (k in 1:1000){</pre>
```

The full distribution of the ridge regression estimator is now known. The estimator,  $\hat{\boldsymbol{\beta}}(\lambda) = (\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y}$  is a linear estimator, linear in  $\mathbf{Y}$ . As  $\mathbf{Y}$  is normally distributed, so is  $\hat{\boldsymbol{\beta}}(\lambda)$ . Moreover, the normal distribution is fully characterized by its first two moments, which are available. Hence:

$$\hat{\boldsymbol{\beta}}(\lambda) \sim \mathcal{N}((\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{X}\boldsymbol{\beta}, \ \sigma^{2}[\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp}]^{-1}\mathbf{X}^{\top}\mathbf{X}\{[\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp}]^{-1}\}^{\top}).$$

Given  $\lambda$  and  $\mathbf{X}$ , the random behavior of the estimator is thus known. In particular, when n < p, the variance is semi-positive definite and this p-variate normal distribution is degenerate, i.e. there is no probability mass outside  $\mathcal{R}(\mathbf{X})$  the subspace of  $\mathbb{R}^p$  spanned by the rows of the  $\mathbf{X}$ .

### 1.4.3 Mean squared error

Previously, we motivated the ridge estimator as an ad hoc solution to collinearity. An alternative motivation comes from studying the Mean Squared Error (MSE) of the ridge regression estimator: for a suitable choice of  $\lambda$  the ridge regression estimator may outperform the ML regression estimator in terms of the MSE. Before we prove this, we first derive the MSE of the ridge estimator and quote some auxiliary results.

Recall that (in general) for any estimator of a parameter  $\theta$ :

$$\mathrm{MSE}(\hat{\theta}) \ = \ \mathbb{E}[(\hat{\theta} - \theta)^2] \ = \ \mathrm{Var}(\hat{\theta}) + [\mathrm{Bias}(\hat{\theta})]^2.$$

Hence, the MSE is a measure of the quality of the estimator.

The MSE of the ridge estimator is:

$$MSE[\hat{\boldsymbol{\beta}}(\lambda)] = \mathbb{E}[(\mathbf{W}_{\lambda}\,\hat{\boldsymbol{\beta}} - \boldsymbol{\beta})^{\top} (\mathbf{W}_{\lambda}\,\hat{\boldsymbol{\beta}} - \boldsymbol{\beta})]$$

$$= \mathbb{E}(\hat{\boldsymbol{\beta}}^{\top}\mathbf{W}_{\lambda}^{\top}\mathbf{W}_{\lambda}\,\hat{\boldsymbol{\beta}}) - \mathbb{E}(\boldsymbol{\beta}^{\top}\mathbf{W}_{\lambda}\,\hat{\boldsymbol{\beta}}) - \mathbb{E}(\hat{\boldsymbol{\beta}}^{\top}\mathbf{W}_{\lambda}^{\top}\boldsymbol{\beta}) + \mathbb{E}(\boldsymbol{\beta}^{\top}\boldsymbol{\beta})$$

$$= \mathbb{E}(\hat{\boldsymbol{\beta}}^{\top}\mathbf{W}_{\lambda}^{\top}\mathbf{W}_{\lambda}\,\hat{\boldsymbol{\beta}}) - \mathbb{E}(\boldsymbol{\beta}^{\top}\mathbf{W}_{\lambda}^{\top}\mathbf{W}_{\lambda}\,\hat{\boldsymbol{\beta}}) - \mathbb{E}(\hat{\boldsymbol{\beta}}^{\top}\mathbf{W}_{\lambda}^{\top}\mathbf{W}_{\lambda}\boldsymbol{\beta}) + \mathbb{E}(\boldsymbol{\beta}^{\top}\mathbf{W}_{\lambda}^{\top}\mathbf{W}_{\lambda}\boldsymbol{\beta})$$

$$- \mathbb{E}(\boldsymbol{\beta}^{\top}\mathbf{W}_{\lambda}^{\top}\mathbf{W}_{\lambda}\,\boldsymbol{\beta}) + \mathbb{E}(\boldsymbol{\beta}^{\top}\mathbf{W}_{\lambda}^{\top}\mathbf{W}_{\lambda}\,\hat{\boldsymbol{\beta}}) + \mathbb{E}(\hat{\boldsymbol{\beta}}^{\top}\mathbf{W}_{\lambda}^{\top}\mathbf{W}_{\lambda}\boldsymbol{\beta})$$

$$- \mathbb{E}(\boldsymbol{\beta}^{\top}\mathbf{W}_{\lambda}\,\hat{\boldsymbol{\beta}}) - \mathbb{E}(\hat{\boldsymbol{\beta}}^{\top}\mathbf{W}_{\lambda}^{\top}\boldsymbol{\beta}) + \mathbb{E}(\boldsymbol{\beta}^{\top}\boldsymbol{\beta})$$

$$= \mathbb{E}[(\hat{\boldsymbol{\beta}} - \boldsymbol{\beta})^{\top}\mathbf{W}_{\lambda}^{\top}\mathbf{W}_{\lambda}(\hat{\boldsymbol{\beta}} - \boldsymbol{\beta})]$$

$$- \boldsymbol{\beta}^{\top}\mathbf{W}_{\lambda}^{\top}\mathbf{W}_{\lambda}\boldsymbol{\beta} + \boldsymbol{\beta}^{\top}\mathbf{W}_{\lambda}^{\top}\mathbf{W}_{\lambda}\boldsymbol{\beta} + \boldsymbol{\beta}^{\top}\mathbf{W}_{\lambda}^{\top}\mathbf{W}_{\lambda}\boldsymbol{\beta}$$

$$- \boldsymbol{\beta}^{\top}\mathbf{W}_{\lambda}\boldsymbol{\beta} - \boldsymbol{\beta}^{\top}\mathbf{W}_{\lambda}^{\top}\boldsymbol{\beta} + \boldsymbol{\beta}^{\top}\boldsymbol{\beta}$$

$$= \mathbb{E}\{(\hat{\boldsymbol{\beta}} - \boldsymbol{\beta})^{\top}\mathbf{W}_{\lambda}^{\top}\mathbf{W}_{\lambda}(\hat{\boldsymbol{\beta}} - \boldsymbol{\beta})\} + \boldsymbol{\beta}^{\top}(\mathbf{W}_{\lambda} - \mathbf{I}_{pp})^{\top}(\mathbf{W}_{\lambda} - \mathbf{I}_{pp})\boldsymbol{\beta}$$

$$= \sigma^{2}\operatorname{tr}\{\mathbf{W}_{\lambda}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{W}_{\lambda}^{\top}\} + \boldsymbol{\beta}^{\top}(\mathbf{W}_{\lambda} - \mathbf{I}_{pp})^{\top}(\mathbf{W}_{\lambda} - \mathbf{I}_{pp})\boldsymbol{\beta}. \tag{1.7}$$

In the last step we have used  $\hat{\boldsymbol{\beta}} \sim \mathcal{N}(\boldsymbol{\beta}, \sigma^2 [\mathbf{X}^\top \mathbf{X}]^{-1})$  and the expectation of the quadratic form of a multivariate random variable  $\boldsymbol{\varepsilon} \sim \mathcal{N}(\boldsymbol{\mu}_{\varepsilon}, \boldsymbol{\Sigma}_{\varepsilon})$  for some nonrandom symmetric positive definite matrix  $\boldsymbol{\Lambda}$  is (cf. Mathai and Provost 1992):

$$\mathbb{E}(\boldsymbol{\varepsilon}^{\top} \boldsymbol{\Lambda} \boldsymbol{\varepsilon}) = \operatorname{tr}(\boldsymbol{\Lambda} \boldsymbol{\Sigma}_{\varepsilon}) + \boldsymbol{\mu}_{\varepsilon}^{\top} \boldsymbol{\Lambda} \boldsymbol{\mu}_{\varepsilon},$$

of course replacing  $\varepsilon$  by  $\hat{\boldsymbol{\beta}}$  in this expectation. The first summand in the final derived expression for MSE[ $\hat{\boldsymbol{\beta}}(\lambda)$ ] is the sum of the variances of the ridge estimator, while the second summand can be thought of the "squared bias" of the ridge estimator. In particular,  $\lim_{\lambda\to\infty} \text{MSE}[\hat{\boldsymbol{\beta}}(\lambda)] = \boldsymbol{\beta}^{\top}\boldsymbol{\beta}$ , which is the squared biased for an estimator that equals zero (as does the ridge estimator in the limit).

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### Example 1.7 Orthonormal design matrix

Assume the design matrix **X** is orthonormal. Then,  $MSE[\hat{\beta}] = p \sigma^2$  and

$$MSE[\hat{\boldsymbol{\beta}}(\lambda)] = \frac{p \sigma^2}{(1+\lambda)^2} + \frac{\lambda^2}{(1+\lambda)^2} \boldsymbol{\beta}^{\top} \boldsymbol{\beta}.$$

The latter achieves its minimum at:  $\lambda = p\sigma^2/\beta^{\top}\beta$ .

The following theorem and proposition are required for the proof of the main result.

### **Theorem 1.1** (Theorem 1 of Theobald, 1974)

Let  $\hat{\theta}_1$  and  $\hat{\theta}_2$  be (different) estimators of  $\theta$  with second order moments:

$$\mathbf{M}_k = \mathbb{E}[(\hat{\boldsymbol{\theta}}_k - \boldsymbol{\theta})(\hat{\boldsymbol{\theta}}_k - \boldsymbol{\theta})^{\top}] \quad \text{for } k = 1, 2,$$

and

$$MSE(\hat{\boldsymbol{\theta}}_k) = \mathbb{E}[(\hat{\boldsymbol{\theta}}_k - \boldsymbol{\theta})^{\top} \mathbf{A} (\hat{\boldsymbol{\theta}}_k - \boldsymbol{\theta})] \quad \text{for } k = 1, 2,$$

where  $\mathbf{A} \succeq 0$ . Then,  $\mathbf{M}_1 - \mathbf{M}_2 \succeq 0$  if and only if  $\mathrm{MSE}(\hat{\boldsymbol{\theta}}_1) - \mathrm{MSE}(\hat{\boldsymbol{\theta}}_2) \geq 0$  for all  $\mathbf{A} \succeq 0$ .

### **Proposition 1.1** (Farebrother, 1976)

Let **A** be a  $(p \times p)$ -dimensional, positive definite matrix, **b** be a nonzero p dimensional vector, and  $c \in \mathbb{R}_+$ . Then,  $c\mathbf{A} - \mathbf{b}\mathbf{b}^\top \succ 0$  if and only if  $\mathbf{b}^\top \mathbf{A}^{-1}\mathbf{b} > c$ .

We are now ready to proof the main result, formalized as Theorem 1.2, that for some  $\lambda$  the ridge regression estimator yields a lower MSE than the ML regression estimator.

### **Theorem 1.2** (Theorem 2 of Theobald, 1974)

There exists  $\lambda > 0$  such that  $MSE[\hat{\beta}(\lambda)] < MSE[\hat{\beta}(0)] = MSE[\hat{\beta}]$ .

*Proof* The second order moment matrix of the ridge estimator is:

$$\begin{split} \mathbf{M}(\lambda) &:= & \mathbb{E}[(\hat{\boldsymbol{\beta}}(\lambda) - \boldsymbol{\beta})(\hat{\boldsymbol{\beta}}(\lambda) - \boldsymbol{\beta})^{\top}] \\ &= & \mathbb{E}\{\hat{\boldsymbol{\beta}}(\lambda)[\hat{\boldsymbol{\beta}}(\lambda)]^{\top}\} - \mathbb{E}[\hat{\boldsymbol{\beta}}(\lambda)]\{\mathbb{E}[\hat{\boldsymbol{\beta}}(\lambda)]\}^{\top} + \mathbb{E}[\hat{\boldsymbol{\beta}}(\lambda) - \boldsymbol{\beta})]\{\mathbb{E}[\hat{\boldsymbol{\beta}}(\lambda) - \boldsymbol{\beta})]\}^{\top} \\ &= & \mathrm{Var}[\hat{\boldsymbol{\beta}}(\lambda)] + \mathbb{E}[\hat{\boldsymbol{\beta}}(\lambda) - \boldsymbol{\beta})]\{\mathbb{E}[\hat{\boldsymbol{\beta}}(\lambda) - \boldsymbol{\beta})]\}^{\top}. \end{split}$$

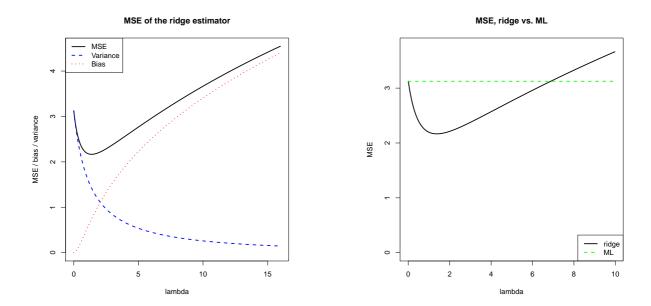
Then:

$$\begin{split} \mathbf{M}(0) - \mathbf{M}(\lambda) &= \sigma^{2}(\mathbf{X}^{\top}\mathbf{X})^{-1} - \sigma^{2}\mathbf{W}_{\lambda}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{W}_{\lambda}^{\top}] \\ &- (\mathbf{W}_{\lambda} - \mathbf{I}_{pp})\boldsymbol{\beta}\boldsymbol{\beta}^{\top}(\mathbf{W}_{\lambda} - \mathbf{I}_{pp})^{\top} \\ &= \sigma^{2}\mathbf{W}_{\lambda}[2\,\lambda\,(\mathbf{X}^{\top}\mathbf{X})^{-2} + \lambda^{2}(\mathbf{X}^{\top}\mathbf{X})^{-3}]\mathbf{W}_{\lambda}^{\top} \\ &- \lambda^{2}[\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp}]^{-1}\boldsymbol{\beta}\boldsymbol{\beta}^{\top}\{[\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp}]^{-1}\}^{\top} \\ &= \sigma^{2}[\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp}]^{-1}[2\,\lambda\,\mathbf{I}_{pp} + \lambda^{2}(\mathbf{X}^{\top}\mathbf{X})^{-1}]\{[\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp}]^{-1}\}^{\top} \\ &- \lambda^{2}[\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp}]^{-1}\boldsymbol{\beta}\boldsymbol{\beta}^{\top}\{[\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp}]^{-1}\}^{\top} \\ &= \lambda[\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp}]^{-1}[2\,\sigma^{2}\,\mathbf{I}_{pp} + \lambda\sigma^{2}(\mathbf{X}^{\top}\mathbf{X})^{-1} - \lambda\boldsymbol{\beta}\boldsymbol{\beta}^{\top}]\{[\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp}]^{-1}\}^{\top}. \end{split}$$

This is positive definite if and only if  $2 \sigma^2 \mathbf{I}_{pp} + \lambda \sigma^2 (\mathbf{X}^\top \mathbf{X})^{-1} - \lambda \boldsymbol{\beta} \boldsymbol{\beta}^\top \succ 0$ . Hereto it suffices to show that  $2 \sigma^2 \mathbf{I}_{pp} - \lambda \boldsymbol{\beta} \boldsymbol{\beta}^\top \succ 0$ . By Proposition 1.1 this holds for  $\lambda$  such that  $2\sigma^2 (\boldsymbol{\beta}^\top \boldsymbol{\beta})^{-1} > \lambda$ . For these  $\lambda$ , we thus have  $\mathbf{M}(0) - \mathbf{M}(\lambda)$ . Application of Theorem 1.1 now concludes the proof.

This result of Theobald (1974) is generalized by Farebrother (1976) to the class of design matrices  $\mathbf{X}$  with rank( $\mathbf{X}$ ) < p.

Theorem 1.2 can be used to illustrate that the ridge regression estimator strikes a balance between the bias and variance. This is illustrated in the left panel of Figure 1.3. For small  $\lambda$ , the variance of the ridge estimator dominates the MSE. This may be understood when realizing that in this domain of  $\lambda$  the ridge estimator is close to the unbiased ML regression estimator. For large  $\lambda$ , the variance vanishes



**Figure 1.3**: Left panel: mean squared error, and its 'bias' and 'variance' parts, of the ridge regression estimator (for artificial data). Right panel: mean squared error of the ridge and ML estimator of the regression coefficient vector (for the same artificial data).

and the bias dominates the MSE. For small enough values of  $\lambda$ , the decrease in variance of the ridge regression estimator exceeds the increase in its bias. As the MSE is the sum of these two, the MSE first decreases as  $\lambda$  moves away from zero. In particular, as  $\lambda=0$  corresponds to the ML regression estimator, the ridge regression estimator yields a lower MSE for these values of  $\lambda$ . In the right panel of Figure 1.3 MSE[ $\hat{\boldsymbol{\beta}}(\lambda)$ ] < MSE[ $\hat{\boldsymbol{\beta}}(0)$ ] for  $\lambda<7$  (roughly) and the ridge estimator outperforms the ML estimator.

Besides another motivation behind the ridge regression estimator, the use of Theorem 1.2 is limited. The optimal choice of  $\lambda$  depends on the quantities  $\beta$  and  $\sigma^2$ . These are unknown in practice. Then, the penalty parameter is chosen in a data-driven fashion (see e.g. Section 1.8.2).

### Remark 1.1

Theorem 1.2 can also be used to conclude on the biasedness of the ridge regression estimator. The Gauss-Markov theorem (Rao, 1973) states (under some assumptions) that the ML regression estimator is the best linear unbiased estimator (BLUE) with the smallest MSE. As the ridge regression estimator is a linear estimator and outperforms (in terms of MSE) this ML estimator, it must be biased (for it would otherwise refute the Gauss-Markov theorem).

### 1.5 Constrained estimation

The ad-hoc fix of Hoerl and Kennard (1970) to super-collinearity of the design matrix (and, consequently the singularity of the matrix  $\mathbf{X}^{\top}\mathbf{X}$ ) has been motivated post-hoc. The ridge estimator minimizes the ridge loss function, which is defined as:

$$\mathcal{L}_{\text{ridge}}(\boldsymbol{\beta}; \lambda) = \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_{2}^{2} + \lambda \|\boldsymbol{\beta}\|_{2}^{2} = \sum_{i=1}^{n} (Y_{i} - \mathbf{X}_{i*}\boldsymbol{\beta})^{2} + \lambda \sum_{j=1}^{p} \beta_{j}^{2}.$$
 (1.8)

This loss function is the traditional sum-of-squares augmented with a *penalty*. The particular form of the penalty,  $\lambda \|\beta\|_2^2$  is referred to as the *ridge penalty* and  $\lambda$  as the *penalty parameter*. For  $\lambda = 0$ , minimization of the ridge loss function yields the ML estimator. For any  $\lambda > 0$ , the ridge penalty contributes to the loss function, affecting its minimum and its location. The minimum of the sum-of-squares is well-known. The

minimum of the ridge penalty is attained at  $\beta = \mathbf{0}_p$  whenever  $\lambda > 0$ . The  $\beta$  that minimizes  $\mathcal{L}_{\text{ridge}}(\beta; \lambda)$  then balances the sum-of-squares and the penalty. The effect of the penalty in this balancing act is to shrink the regression coefficients towards zero, its minimum. In particular, the larger  $\lambda$ , the larger the contribution of the penalty to the loss function, the stronger the tendency to shrink non-zero regression coefficients to zero (and decrease the contribution of the penalty to the loss function). This motivates the name 'penalty' as non-zero elements of  $\beta$  increase (or penalize) the loss function.

To verify that the ridge estimator indeed minimizes the ridge loss function, proceed as usual. Take the derivative with respect to  $\beta$ :

$$\frac{\partial}{\partial \boldsymbol{\beta}} \mathcal{L}_{\text{ridge}}(\boldsymbol{\beta}; \lambda) = -2 \mathbf{X}^{\top} (\mathbf{Y} - \mathbf{X} \boldsymbol{\beta}) + 2 \lambda \mathbf{I}_{pp} \boldsymbol{\beta} = -2 \mathbf{X}^{\top} \mathbf{Y} + 2 (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp}) \boldsymbol{\beta}.$$

Equate the derivative to zero and solve for  $\beta$ . This yields the ridge regression estimator.

The ridge estimator is thus a stationary point of the ridge loss function. A stationary point corresponds to a minimum if the Hessian matrix with second order partial derivatives is positive definite. The Hessian of the ridge loss function is

$$\frac{\partial^2}{\partial \boldsymbol{\beta} \, \partial \boldsymbol{\beta}^\top} \mathcal{L}_{\text{ridge}}(\boldsymbol{\beta}; \lambda) = 2 \, (\mathbf{X}^\top \mathbf{X} + \lambda \, \mathbf{I}_{pp}).$$

This Hessian is the sum of the semi-positive definite matrix  $\mathbf{X}^{\top}\mathbf{X}$  and the positive definite matrix  $\lambda \mathbf{I}_{pp}$ . Lemma 14.2.4 of Harville (2008) then states that the sum of these matrices is itself a positive definite matrix. Hence, the Hessian is positive definite and the ridge loss function has a stationary point at the ridge estimator, which is a minimum.

The ridge regression estimator minimizes the ridge loss function. It rests to verify that it is a global minimum. To this end we introduce the concept of a convex function. As a prerequisite, a set  $\mathcal{S} \subset \mathbb{R}^p$  is called *convex* if for all  $\beta_1, \beta_2 \in \mathcal{S}$  their weighted average  $\beta_\theta = (1 - \theta)\beta_1 + \theta\beta_2$  for all  $\theta \in [0, 1]$  is itself an element of  $\mathcal{S}$ , thus  $\beta_\theta \in \mathcal{S}$ . If for all  $\theta \in (0, 1)$ , the weighted average  $\beta_\theta$  is inside  $\mathcal{S}$  and not on its boundary, the set is called *strict convex*. Examples of (strict) convex and nonconvex sets are depicted in Figure 1.4. A function  $f(\cdot)$  is (strict) convex if the set  $\{y: y \geq f(\beta) \text{ for all } \beta \in \mathcal{S} \text{ for any convex } \mathcal{S} \}$ , called the epigraph of  $f(\cdot)$ , is (strict) convex. Examples of (strict) convex and nonconvex functions are depicted in Figure 1.4. The ridge loss function is the sum of two parabola's: one at least convex and the other a strict convex function in  $\beta$ . The sum of convex and strict convex function is itself strict convex (confer Lemma 9.4.2 of Fletcher 2008). The ridge loss function is thus strict convex. Theorem 9.4.1 of Fletcher 2008 then warrants, by the strict convexity of the ridge loss function, that the ridge estimator is a global minimum.

From the ridge loss function the limiting behavior of the variance of the ridge regression estimator can be understood. The ridge penalty with its minimum  $\beta = \mathbf{0}_p$  does not involve data and, consequently, the variance of its minimum equals zero. With the ridge regression being a compromise between the ML estimator and the minimum of the penalty, so is its variance a compromise of their variances. As  $\lambda$  tends to infinity, the ridge estimator and its variance converge to the minimum and the variance of the minimum, respectively. Hence, in the limit (large  $\lambda$ ) the variance of the ridge regression estimator vanishes. Understandably, as the penalty now fully dominates the loss function and, consequently, it does no longer involve data (i.e. randomness).

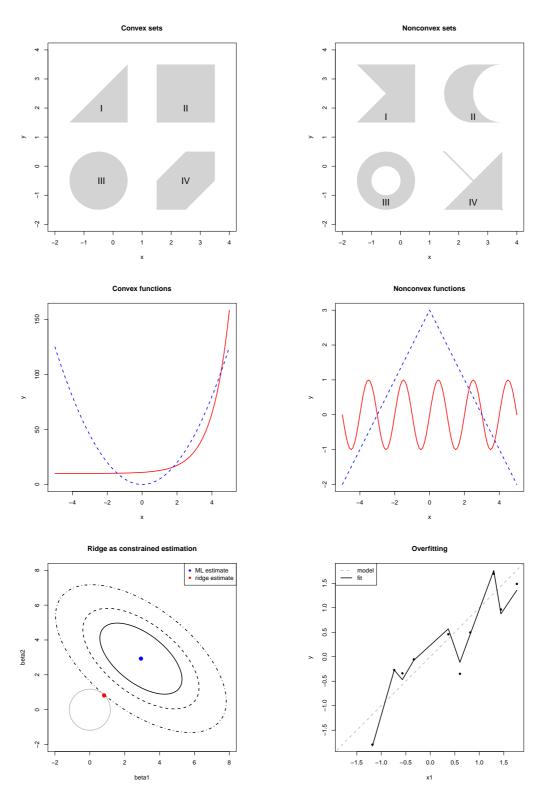
Above it has been shown that the ridge estimator can be defined as:

$$\hat{\boldsymbol{\beta}}(\lambda) = \arg\min_{\boldsymbol{\beta}} \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_{2}^{2} + \lambda \|\boldsymbol{\beta}\|_{2}^{2}. \tag{1.9}$$

This minimization problem can be reformulated into the following constrained optimization problem (illustrated in Figure 1.4):

$$\hat{\boldsymbol{\beta}}(\lambda) = \arg \min_{\|\boldsymbol{\beta}\|_2^2 \le c} \|\mathbf{Y} - \mathbf{X}\,\boldsymbol{\beta}\|_2^2, \tag{1.10}$$

for some suitable c > 0. The constrained optimization problem (1.10) can be solved by means of the Karush-Kuhn-Tucker (KKT) multiplier method, which minimizes a function subject to inequality



**Figure 1.4**: Top panels show examples of convex (left) and nonconvex (right) sets. Middle panels show examples of convex (left) and nonconvex (right) functions. The left bottom panel illustrates the ridge estimation as a constrained estimation problem. The ellipses represent the contours of the ML loss function, with the blue dot at the center the ML estimate. The circle is the ridge parameter constraint. The red dot is the ridge estimate. It is at the intersection of the ridge constraint and the smallest contour with a non-empty intersection with the constraint. The right bottom panel shows the data corresponding to Example 1.8. The grey line represents the 'true' relationship, while the black line the fitted one.

constraints. The KKT multiplier method states that, under some regularity conditions (all met here), there exists a constant  $\nu \geq 0$ , called the *multiplier*, such that the solution  $\hat{\beta}(\nu)$  of the constrained minimization problem (1.10) satisfies the so-called KKT conditions. The first KKT condition (referred to as the stationarity condition) demands that the gradient (with respect to  $\beta$ ) of the Lagrangian associated with the minimization problem equals zero at the solution  $\hat{\beta}(\nu)$ . The Lagrangian for problem (1.10) is:

$$\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_{2}^{2} + \nu(\|\boldsymbol{\beta}\|_{2}^{2} - c).$$

The second KKT condition (the complementarity condition) requires that  $\nu(\|\hat{\boldsymbol{\beta}}(\nu)\|_2^2 - c) = 0$ . If  $\nu = \lambda$  and  $c = \|\hat{\boldsymbol{\beta}}(\lambda)\|_2^2$ , the ridge estimator  $\boldsymbol{\beta}(\lambda)$  satisfies both KKT conditions. Hence, both problems have the same solution when  $c = \|\hat{\boldsymbol{\beta}}(\lambda)\|_2^2$ .

The relevance of viewing the ridge regression estimator as the solution to a constrained estimation problem becomes obvious when considering a typical threat to high-dimensional data analysis: overfitting. Overfitting refers to the phenomenon of modelling the noise rather than the signal. In case the true model is parsimonious (few covariates driving the response) and data on many covariates are available, it is likely that a linear combination of all covariates yields a higher likelihood than a combination of the few that are actually related to the response. As only the few covariates related to the response contain the signal, the model involving all covariates then cannot but explain more than the signal alone: it also models the error. Hence, it overfits the data. In high-dimensional settings overfitting is a real threat. The number of explanatory variables exceeds the number of observations. It is thus possible to form a linear combination of the covariates that perfectly explains the response, including the noise.

Large estimates of regression coefficients are often an indication of overfitting. Augmentation of the estimation procedure with a constraint on the regression coefficients is a simple remedy to large parameter estimates. As a consequence it decreases the probability of overfitting. Overfitting is illustrated in the next example.

### Example 1.8 (Overfitting)

Consider an artificial data set comprising of ten observations on a response  $Y_i$  and nine covariates  $X_{i,j}$ . All covariate data are sampled from the standard normal distribution:  $X_{i,j} \sim \mathcal{N}(0,1)$ . The response is generated by  $Y_i = X_{i,1} + \varepsilon_i$  with  $\varepsilon_i \sim \mathcal{N}(0,1/4)$ . Hence, only the first covariate contributes to the response.

The regression model  $Y_i = \sum_{j=1}^9 X_{i,j}\beta_j + \varepsilon_i$  is fitted to the artificial data using R. This yields the regression parameter estimates:

$$\hat{\boldsymbol{\beta}}^{\top} = (0.048, -2.386, -5.528, 6.243, -4.819, 0.760, -3.345, -4.748, 2.136).$$

As  $\boldsymbol{\beta}^{\top} = (1, 0, \dots, 0)$ , many regression coefficient are clearly over-estimated.

The fitted values  $\hat{Y}_i = \mathbf{X}_i \hat{\boldsymbol{\beta}}$  are plotted against the values of the first covariates in the right bottom panel of Figure 1.4. As a reference the line x = y is added, which represents the 'true' model. The fitted model follows the 'true' relationship. But it also captures the deviations from this line that represent the errors.

### 1.6 Degrees of freedom

The degrees of freedom consumed by ridge regression is calculated. The degrees of freedom may be used in combination with an information criterion to decide on the value of the penalty parameter. Recall from ordinary regression that:

$$\hat{\mathbf{Y}} = \mathbf{X}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y} = \mathbf{H}\mathbf{Y},$$

where **H** is the hat matrix. The degrees of freedom used in the regression is then equal to  $tr(\mathbf{H})$ , the trace of **H**. In particular, if **X** is of full rank, i.e.  $rank(\mathbf{X}) = p$ , then  $tr(\mathbf{H}) = p$ .

By analogy, the ridge-version of the hat matrix is:

$$\mathbf{H}(\lambda) = \mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}.$$

Continuing this analogy, the degrees of freedom of ridge regression is given by the trace of the ridge hat matrix  $\mathbf{H}(\lambda)$ :

$$\operatorname{tr}[\mathbf{H}(\lambda)] = \operatorname{tr}[\mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}] = \sum_{j=1}^{p} \frac{d_{jj}^{2}}{d_{jj}^{2} + \lambda}.$$

The degrees of freedom consumed by ridge regression is monotone decreasing in  $\lambda$ . In particular:

$$\lim_{\lambda \to \infty} \operatorname{tr}[\mathbf{H}(\lambda)] = 0.$$

That is, in the limit no information from **X** is used. Indeed,  $\beta$  is forced to equal  $\mathbf{0}_p$  which is not derived from data.

### 1.7 Efficient calculation

In the high-dimensional setting the number of covariates p is large compared to the number of samples n. In a microarray experiment p = 40000 and n = 100 is not uncommon. To perform ridge regression in this context, the following expression needs to be evaluated numerically:

$$(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y}.$$

For p = 40000 this requires the inversion of a  $40000 \times 40000$  dimensional matrix. This is not feasible on most desktop computers. However, there is a workaround.

Revisit the singular value decomposition of  $\mathbf{X} = \mathbf{U}_x \mathbf{D}_x \mathbf{V}_x^{\top}$  and write  $\mathbf{R}_x = \mathbf{U}_x \mathbf{D}_x$ . As both  $\mathbf{U}_x$  and  $\mathbf{D}_x$  are  $(n \times n)$ -dimensional matrices, so is  $\mathbf{R}_x$ . Consequently,  $\mathbf{X}$  is now decomposed as  $\mathbf{X} = \mathbf{R}_x \mathbf{V}_x^{\top}$ . The ridge estimator can be rewritten in terms of  $\mathbf{R}_x$  and  $\mathbf{V}_x$ :

$$\hat{\boldsymbol{\beta}}(\lambda) = (\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y} 
= (\mathbf{V}_{x}\mathbf{R}_{x}^{\top}\mathbf{R}_{x}\mathbf{V}_{x}^{\top} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{V}_{x}\mathbf{R}_{x}^{\top}\mathbf{Y} 
= (\mathbf{V}_{x}\mathbf{R}_{x}^{\top}\mathbf{R}_{x}\mathbf{V}_{x}^{\top} + \lambda \mathbf{V}_{x}\mathbf{V}_{x}^{\top})^{-1}\mathbf{V}_{x}\mathbf{R}_{x}^{\top}\mathbf{Y} 
= \mathbf{V}_{x}(\mathbf{R}_{x}^{\top}\mathbf{R}_{x} + \lambda \mathbf{I}_{nn})^{-1}\mathbf{V}_{x}^{\top}\mathbf{V}_{x}\mathbf{R}_{x}^{\top}\mathbf{Y} 
= \mathbf{V}_{x}(\mathbf{R}_{x}^{\top}\mathbf{R}_{x} + \lambda \mathbf{I}_{nn})^{-1}\mathbf{R}_{x}^{\top}\mathbf{Y}.$$

Hence, the reformulated ridge estimator involves the inversion of an  $(n \times n)$ -dimensional matrix. With n = 100 this is feasible on most standard computers.

Hastie and Tibshirani (2004) point out that the number of computation operations reduces from  $\mathcal{O}(p^3)$  to  $\mathcal{O}(pn^2)$ . In addition, they point out that this computational short-cut can be used in combination with other loss functions, for instance that of standard generalized linear models.

Avoidance of the inversion of the  $(p \times p)$ -dimensional matrix may be achieved in an other way. Hereto one needs the Woodbury identity. Let  $\mathbf{A}$ ,  $\mathbf{U}$  and  $\mathbf{V}$  be  $(p \times p)$ -,  $(p \times n)$ - and  $(n \times p)$ -dimensional matrices, respectively. The (simplified form of the) Woodbury identity then is:

$$(\mathbf{A} + \mathbf{U}\mathbf{V})^{-1} = \mathbf{A}^{-1} - \mathbf{A}^{-1}\mathbf{U}(\mathbf{I}_{nn} + \mathbf{V}\mathbf{A}^{-1}\mathbf{U})^{-1}\mathbf{V}\mathbf{A}^{-1}.$$

Application of the Woodbury identity to the matrix inverse in the ridge estimator of the regression parameter gives:

$$(\lambda \mathbf{I}_{pp} + \mathbf{X}^{\top} \mathbf{X})^{-1} \quad = \quad \lambda^{-1} \mathbf{I}_{pp} - \lambda^{-2} \mathbf{X}^{\top} (\mathbf{I}_{nn} + \lambda^{-1} \mathbf{X} \mathbf{X}^{\top})^{-1} \mathbf{X}.$$

This gives:

$$(\lambda \mathbf{I}_{pp} + \mathbf{X}^{\top} \mathbf{X})^{-1} \mathbf{X}^{\top} \mathbf{Y} = \lambda^{-1} \mathbf{X}^{\top} \mathbf{Y} - \lambda^{-2} \mathbf{X}^{\top} (\mathbf{I}_{nn} + \lambda^{-1} \mathbf{X} \mathbf{X}^{\top})^{-1} \mathbf{X} \mathbf{X}^{\top} \mathbf{Y}$$

$$= \lambda^{-1} \mathbf{X}^{\top} \left[ \mathbf{Y} - \lambda^{-1} \mathbf{X}^{\top} (\mathbf{I}_{nn} + \lambda^{-1} \mathbf{X} \mathbf{X}^{\top})^{-1} \mathbf{X} \mathbf{Y} \right].$$

The inversion of the  $(p \times p)$ -dimensional matrix  $\lambda \mathbf{I}_{pp} + \mathbf{X}^{\top} \mathbf{X}$  is thus replaced by that of the  $(n \times n)$ -dimensional matrix  $\mathbf{I}_{nn} + \lambda^{-1} \mathbf{X} \mathbf{X}^{\top}$ . In addition, this expression of the ridge regression estimator avoids the singular value decomposition of  $\mathbf{X}$ , which may in some cases introduce additional numerical errors (e.g. at the level of machine precision).

### 1.8 Choice of the penalty parameter

Throughout the introduction of ridge regression and the subsequent discussion of its properties the penalty parameter is considered known or 'given'. In practice, it is unknown and the user needs to make an informed decision on its value. Several strategies to facilitate such a decision are presented.

### 1.8.1 Information criterion

A popular strategy is to choose a penalty parameter that yields a good but parsimonious model. Information criteria measure the balance between model fit and model complexity. Here we present the Aikaike's information criterion (AIC), but many other criteria have been presented in the literature (e.g. Akaike, 1974, Schwarz, 1978). The AIC measures model fit by the log-likelihood and model complexity is measured by the number of parameters used by the model. The number of model parameters in regular regression simply corresponds to the number of covariates in the model. Or, by the degrees of freedom consumed by the model, which is equivalent to the trace of the hat matrix. For ridge regression it thus seems natural to define model complexity analogously by the trace of the ridge hat matrix. This yields the AIC for the linear regression model with ridge estimates:

$$\begin{aligned} \text{AIC}(\lambda) &= 2 p - 2 \log(\hat{L}) \\ &= 2 \operatorname{tr}[\mathbf{H}(\lambda)] - 2 \log\{L[\hat{\boldsymbol{\beta}}(\lambda), \hat{\sigma}^2(\lambda)]\} \\ &= 2 \sum_{j=1}^{p} \frac{d_{jj}^2}{d_{jj}^2 + \lambda} + 2n \log[\sqrt{2\pi} \, \hat{\sigma}(\lambda)] + \frac{1}{\hat{\sigma}^2(\lambda)} \sum_{i=1}^{n} [y_i - \mathbf{X}_{i,*} \, \hat{\boldsymbol{\beta}}(\lambda)]^2. \end{aligned}$$

The value of  $\lambda$  which minimizes AIC( $\lambda$ ) corresponds to the 'optimal' balance of model complexity and overfitting.

Information criteria guide the decision process when having to decide among various different models. Different models use different sets of explanatory variables to explain the behaviour of the response variable. In that sense, the use of information criteria for the deciding on the ridge penalty parameter may be considered inappropriate: ridge regression uses the same set of explanatory variables irrespective of the value of the penalty parameter. Moreover, often ridge regression is employed to predict a response and not to provide an insightful explanatory model. The latter need not yield the best predictions. Finally, empirically we observe that the AIC often does not show an optimum *inside* the domain of the ridge penalty parameter. Henceforth, we refrain from the use of the AIC (or any of its relatives) in determining the optimal ridge penalty parameter.

### 1.8.2 Cross-validation

Instead of choosing the penalty parameter to balance model fit with model complexity, cross-validation requires it (i.e. the penalty parameter) to yield a model with good prediction performance. Commonly, this performance is evaluated on novel data. Novel data need not be easy to come by and one has to make do with the data at hand. The setting of 'original' and novel data is then mimicked by sample splitting: the data set is divided into two (groups of samples). One of these two data sets, called the training set, plays the role of 'original' data on which the model is built. The second of these data sets, called the test set, plays the role of the 'novel' data and is used to evaluate the prediction performance (often operationalized as the log-likelihood or the prediction error) of the model built on the training data set. This procedure (model building and prediction evaluation on training and test set, respectively) is done for a collection of possible penalty parameter choices. The penalty parameter that yields the model with the best prediction performance is to be preferred. The thus obtained performance evaluation depends on the actual split of the data set. To remove this dependence the data set is split many times into a training and test set. For each split the model parameters are estimated for all choices of  $\lambda$  using the training data and estimated parameters are evaluated on the corresponding test set. The penalty parameter that on average over the test sets performs best (in some sense) is then selected.

When the repetitive splitting of the data set is done randomly, samples may accidently end up in a fast majority of the splits in either training or test set. Such samples may have an unbalanced influence on either model building or prediction evaluation. To avoid this k-fold cross-validation structures the data splitting. The samples are divided into k more or less equally sized exhaustive and mutually exclusive subsets. In turn (at each split) one of these subsets plays the role of the test set while the union of the

remaining subsets constitutes the training set. Such a splitting warrants a balanced representation of each sample in both training and test set over the splits. Still the division into the k subsets involves a degree of randomness. This may be fully excluded when choosing k = n. This particular case is referred to as leave-one-out cross-validation (LOOCV). For illustration purposes the LOOCV procedure is detailed fully below:

- 0) Define a range of interest for the penalty parameter.
- 1) Divide the data set into training and test set comprising samples  $\{1, \ldots, n\} \setminus i$  and  $\{i\}$ , respectively.
- 2) Fit the linear regression model by means of ridge estimation for each  $\lambda$  in the grid using the training set. This yields:

$$\hat{\boldsymbol{\beta}}_{-i}(\lambda) = (\mathbf{X}_{-i,*}^{\top} \mathbf{X}_{-i,*} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{-i,*}^{\top} \mathbf{Y}_{-i}$$

and the corresponding estimate of the error variance  $\hat{\sigma}_{-i}^2(\lambda)$ .

- 3) Evaluate the prediction performance of these models on the test set by  $\log\{L[Y_i, \mathbf{X}_{i,*}; \hat{\boldsymbol{\beta}}_{-i}(\lambda), \hat{\sigma}_{-i}^2(\lambda)]\}$ . Or, by the prediction error  $|Y_i \mathbf{X}_{i,*}\hat{\boldsymbol{\beta}}_{-i}(\lambda)|$ , possibly squared.
- 4) Repeat steps 1) to 3) such that each sample plays the role of the test set once.
- 5) Average the prediction performances of the test sets at each grid point of the penalty parameter:

$$\frac{1}{n} \sum_{i=1}^{n} \log \{ L[Y_i, \mathbf{X}_{i,*}; \hat{\boldsymbol{\beta}}_{-i}(\lambda), \hat{\sigma}_{-i}^2(\lambda)] \}.$$

The quantity above is called the *cross-validated log-likelihood*. It is an estimate of the prediction performance of the model corresponding to this value of the penalty parameter on novel data.

6) The value of the penalty parameter that maximizes the cross-validated log-likelihood is the value of choice.

The procedure is straightforwardly adopted to k-fold cross-validation, a different criterion, and different estimators.

In the LOOCV procedure above resampling can be avoided when the prediction performance is measured by Allen's PRESS (Predicted Residual Error Sum of Squares) statistic (Allen, 1974). For then, the LOOCV prediction performance can be expressed analytically in terms of the known quantities derived from the design matrix and response (as pointed out but not detailed in Golub *et al.* 1979). Define the optimal penalty parameter to minimize Allen's PRESS statistic:

$$\lambda_{\text{opt}} = \arg\min_{\lambda} \frac{1}{n} \sum_{i=1}^{n} [Y_i - \mathbf{X}_{i,*} \hat{\boldsymbol{\beta}}_{-i}(\lambda)]^2.$$

To derive an analytic expression for the right-hand side first rewrite  $(\mathbf{X}_{-i,*}^{\top}\mathbf{X}_{-i,*} + \lambda \mathbf{I}_{pp})^{-1}$  by means of the Woodbury identity as:

$$\begin{aligned} (\mathbf{X}_{-i,*}^{\top} \mathbf{X}_{-i,*} + \lambda \mathbf{I}_{pp})^{-1} &= & (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp} - \mathbf{X}_{i,*}^{\top} \mathbf{X}_{i,*})^{-1} \\ &= & (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} + (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top} [1 - \mathbf{X}_{i,*} (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top}]^{-1} \\ &= & (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} + (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top} [1 - \mathbf{H}_{ii}(\lambda)]^{-1} \mathbf{X}_{i,*} (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \end{aligned}$$

with  $\mathbf{H}_{ii}(\lambda) = \mathbf{X}_{i,*}(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}_{i,*}^{\top}$ . Furthermore,  $\mathbf{X}_{-i}^{\top}\mathbf{Y}_{-i} = \mathbf{X}^{\top}\mathbf{Y} - \mathbf{X}_{i,*}^{\top}Y_{i}$ . Substitute both in

the leave-one-out ridge regression estimator and manipulate:

$$\hat{\boldsymbol{\beta}}_{-i}(\lambda) = (\mathbf{X}_{-i,*}^{\top} \mathbf{X}_{-i,*} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{-i,*}^{\top} \mathbf{Y}_{-i} 
= \{(\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} + (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top} [1 - \mathbf{H}_{ii}(\lambda)]^{-1} \mathbf{X}_{i,*} (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \} 
\times (\mathbf{X}^{\top} \mathbf{Y} - \mathbf{X}_{i,*}^{\top} Y_{i}) 
= (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}^{\top} \mathbf{Y} - (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top} Y_{i} 
+ (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top} [1 - \mathbf{H}_{ii}(\lambda)]^{-1} \mathbf{X}_{i,*} (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}^{\top} \mathbf{Y} 
- (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top} [1 - \mathbf{H}_{ii}(\lambda)]^{-1} \mathbf{X}_{i,*} (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top} Y_{i} 
= \hat{\boldsymbol{\beta}}(\lambda) - (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top} [1 - \mathbf{H}_{ii}(\lambda)]^{-1} \mathbf{I}_{i,*} \hat{\boldsymbol{\beta}}(\lambda) 
- (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top} [1 - \mathbf{H}_{ii}(\lambda)]^{-1} \mathbf{H}_{ii}(\lambda) Y_{i} 
= \hat{\boldsymbol{\beta}}(\lambda) - (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top} [1 - \mathbf{H}_{ii}(\lambda)]^{-1} \{ [1 - \mathbf{H}_{ii}(\lambda)] Y_{i} - \mathbf{X}_{i,*} \hat{\boldsymbol{\beta}}(\lambda) + \mathbf{H}_{ii}(\lambda) Y_{i} \} 
= \hat{\boldsymbol{\beta}}(\lambda) - (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top} [1 - \mathbf{H}_{ii}(\lambda)]^{-1} \{ [1 - \mathbf{H}_{ii}(\lambda)] Y_{i} - \mathbf{X}_{i,*} \hat{\boldsymbol{\beta}}(\lambda) + \mathbf{H}_{ii}(\lambda) Y_{i} \} 
= \hat{\boldsymbol{\beta}}(\lambda) - (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top} [1 - \mathbf{H}_{ii}(\lambda)]^{-1} [Y_{i} - \mathbf{X}_{i,*} \hat{\boldsymbol{\beta}}(\lambda)].$$

The latter enables the reformulation of the prediction error as:

$$Y_{i} - \mathbf{X}_{i,*} \hat{\boldsymbol{\beta}}_{-i}(\lambda) = Y_{i} - \mathbf{X}_{i,*} \{ \hat{\boldsymbol{\beta}}(\lambda) - (\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top} [1 - \mathbf{H}_{ii}(\lambda)]^{-1} [Y_{i} - \mathbf{X}_{i,*} \hat{\boldsymbol{\beta}}(\lambda)] \}$$

$$= Y_{i} - \mathbf{X}_{i,*} \hat{\boldsymbol{\beta}}(\lambda) + \mathbf{X}_{i,*} (\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} \mathbf{X}_{i,*}^{\top} [1 - \mathbf{H}_{ii}(\lambda)]^{-1} [Y_{i} - \mathbf{X}_{i,*} \hat{\boldsymbol{\beta}}(\lambda)]$$

$$= Y_{i} - \mathbf{X}_{i,*} \hat{\boldsymbol{\beta}}(\lambda) + \mathbf{H}_{ii}(\lambda) [1 - \mathbf{H}_{ii}(\lambda)]^{-1} [Y_{i} - \mathbf{X}_{i,*} \hat{\boldsymbol{\beta}}(\lambda)]$$

$$= [1 - \mathbf{H}_{ii}(\lambda)]^{-1} [Y_{i} - \mathbf{X}_{i,*}^{\top} \hat{\boldsymbol{\beta}}(\lambda)],$$

which in turn results in the re-expression of Allen's PRESS statistic:

$$\lambda_{\text{opt}} = \arg\min_{\lambda} \frac{1}{n} \sum_{i=1}^{n} [Y_i - \mathbf{X}_{i,*} \hat{\boldsymbol{\beta}}_{-i}(\lambda)]^2 = \arg\min_{\lambda} \frac{1}{n} \|\mathbf{B}(\lambda)[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]\mathbf{Y}\|_F^2,$$

where  $\mathbf{B}(\lambda)$  is diagonal with  $[\mathbf{B}(\lambda)]_{ii} = [1 - \mathbf{H}_{ii}(\lambda)]^{-1}$ . Hence, the prediction performance for a given  $\lambda$  can be assessed directly from the ridge hat matrix and the response vector without the recalculation of the n leave-one-out ridge estimators. Computationally, this is a considerable gain.

### 1.8.3 Generalized cross-validation

Generalized cross-validation is another methode to guide the choice of the penalty parameter. It is like cross-validation but with a different criterion to evaluate the performance of the ridge regression estimator on novel data. This criterion, denoted  $GCV(\lambda)$  (where GCV is an acronym of Generalized Cross-Validation), is an approximation to Allen's PRESS statistic. In the previous subsection this statistic was reformulated as:

$$\frac{1}{n} \sum_{i=1}^{n} [Y_i - \mathbf{X}_{i,*} \hat{\boldsymbol{\beta}}_{-i}(\lambda)]^2 = \frac{1}{n} \sum_{i=1}^{n} [1 - \mathbf{H}_{ii}(\lambda)]^{-2} [Y_i - \mathbf{X}_{i,*}^{\top} \hat{\boldsymbol{\beta}}(\lambda)]^2.$$

The identity  $\operatorname{tr}[\mathbf{H}(\lambda)] = \sum_{i=1}^{n} [\mathbf{H}(\lambda)]_{ii}$  suggests  $[\mathbf{H}(\lambda)]_{ii} \approx \frac{1}{n} \operatorname{tr}[\mathbf{H}(\lambda)]$ . The approximation thus proposed by Golub *et al.* (1979), which they endow with a 'weighted version of Allen's PRESS statistic'-interpretation, is:

$$GCV(\lambda) = \frac{1}{n} \sum_{i=1}^{n} \{1 - \frac{1}{n} tr[\mathbf{H}(\lambda)]\}^{-2} [Y_i - \mathbf{X}_{i,*}^{\top} \hat{\boldsymbol{\beta}}(\lambda)]^2.$$

The need for this approximation is pointed out by Golub et al. (1979) through an 'extreme' case where the minimization of Allen's PRESS statistic fails to produce a well-defined choice of the penalty parameter  $\lambda$ . This 'extreme' case requires a (unit) diagonal design matrix  $\mathbf{X}$ . Straightforward (linear) algebraic manipulations then yield:

$$\frac{1}{n} \sum_{i=1}^{n} [1 - \mathbf{H}_{ii}(\lambda)]^{-2} [Y_i - \mathbf{X}_{i,*}^{\top} \hat{\boldsymbol{\beta}}(\lambda)]^2 = \frac{1}{n} \sum_{i=1}^{n} Y_i^2,$$

which indeed has no unique minimizer in  $\lambda$ . Additionally, the GCV( $\lambda$ ) criterion may in some cases be preferred computationally when it is easier to evaluate tr[ $\mathbf{H}(\lambda)$  (e.g. from the singular values) than the individual diagonal elements of  $\mathbf{H}(\lambda)$ .

### 1.9 Simulations

Simulations are presented that illustrate properties of the ridge estimator not discussed explicitly in the previous sections of this chapter.

### 1.9.1 Role of the variance of the covariates

In many applications of high-dimensional data the covariates are standardized prior to the execution of the ridge regression. Before we discuss whether this is appropriate, we first illustrate the effect of ridge penalization on covariates with distinct variances using simulated data.

The simulation involves one response to be (ridge) regressed on fifty covariates. Data (with n=1000) for the covariates, denoted  $\mathbf{X}$ , are drawn from a multivariate normal distribution:  $\mathbf{X} \sim \mathcal{N}(\mathbf{0}_{50}, \mathbf{\Sigma})$  with  $\mathbf{\Sigma}$  diagonal and  $(\mathbf{\Sigma})_{jj} = j/10$ . From this the response is generated through  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$  with  $\boldsymbol{\beta} = \mathbf{1}_{50}$  and  $\boldsymbol{\varepsilon} \sim \mathcal{N}(\mathbf{0}_{50}, \mathbf{I}_{50 \times 50})$ .

With the simulated data at hand the ridge regression estimates of  $\boldsymbol{\beta}$  are evaluated for a large grid of the penalty parameter  $\lambda$ . The resulting ridge regularization paths of the regression coefficients are plotted (Figure 1.5). All paths start ( $\lambda=0$ ) close to one and vanish as  $\lambda\to\infty$ . However, ridge regularization paths of regression coefficients corresponding to covariates with a large variance dominate those with a low variance.

Ridge regression's preference of covariates with a large variance can intuitively be understood as follows. First note that the ridge regression estimator now can be written as:

$$\beta(\lambda) = [\operatorname{Var}(\mathbf{X}) + \lambda \mathbf{I}_{50 \times 50}]^{-1} \operatorname{Cov}(\mathbf{X}, \mathbf{Y})$$

$$= (\mathbf{\Sigma} + \lambda \mathbf{I}_{50 \times 50})^{-1} \mathbf{\Sigma} [\operatorname{Var}(\mathbf{X})]^{-1} \operatorname{Cov}(\mathbf{X}, \mathbf{Y})$$

$$= (\mathbf{\Sigma} + \lambda \mathbf{I}_{50 \times 50})^{-1} \mathbf{\Sigma} \boldsymbol{\beta}.$$

Plug in the employed parametrization of  $\Sigma$ , which gives:

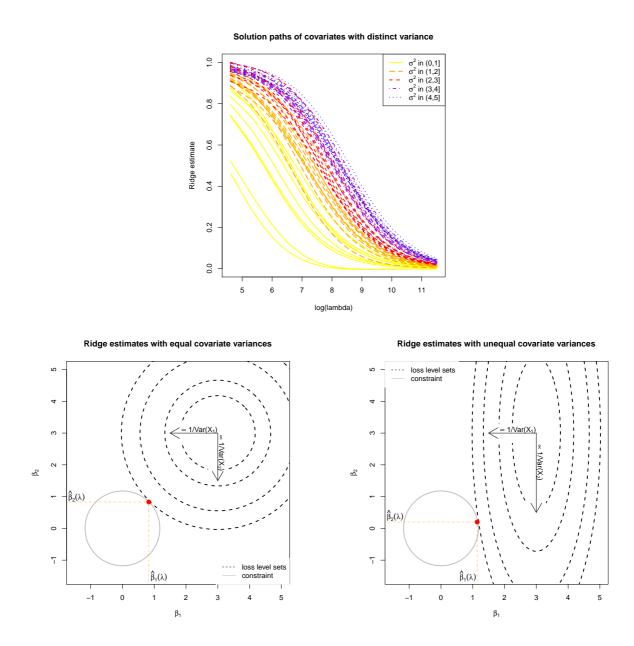
$$[\beta(\lambda)]_j = \frac{j}{j+50\lambda}(\beta)_j.$$

Hence, the larger the covariate's variance (corresponding to the larger j), the larger its ridge regression coefficient estimate. Ridge regression thus prefers (among a set of covariates with comparable effect sizes) those with larger variances.

The reformulation of ridge penalized estimation as a constrained estimation problem offers a geometrical interpretation of this phenomenon. Let p=2 and the design matrix X be orthogonal, while both covariates contribute equally to the response. Contrast the cases with  $Var(X_1) \approx Var(X_2)$  and  $Var(X_1) \gg Var(X_2)$ . The level sets of the least squares loss function associated with the former case are circular, while that of the latter are strongly ellipsoidal (see Figure 1.5). The diameters along the principal axes (that – due to the orthogonality of X – are parallel to that of the  $\beta_1$ - and  $\beta_2$ -axes) of both circle and ellipsoid are reciprocals of the variance of the covariates. When the variances of both covariates are equal, the level sets of the loss function expand equally fast along both axis. With the two covariates having the same regression coefficient, the point of these level sets closest to the parameter constraint is to be found on the line  $\beta_1 = \beta_2$  (Figure 1.5, left panel). Consequently, the ridge regression estimate satisfies  $\hat{\beta}_1(\lambda) \approx \hat{\beta}_2(\lambda)$ . With unequal variances between the covariates, the ellipsoidal level sets of the loss function have diameters of rather different sizes. In particular, along the  $\beta_1$ -axis it is narrow (as  $Var(X_1)$  is large), and – vice versa – wide along the  $\beta_2$ -axis. Consequently, the point of these level sets closest to the circular parameter constraint will be closer to the  $\beta_1$ - than to the  $\beta_2$ -axis (Figure 1.5, left panel). For the ridge estimates of the regression parameter this implies  $0 \ll \hat{\beta}_1(\lambda) < 1$  and  $0 < \hat{\beta}_2(\lambda) \ll 1$ . Hence, the covariate with a larger variance yields the larger ridge regression estimate.

Should one thus standardize the covariates prior to ridge regression analysis? When dealing with gene expression data from microarrays, the data have been subjected to a series of pre-processing steps (e.g. quality control, background correction, within- and between-normalization). The purpose of these

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**Figure 1.5**: Top panel: Ridge regularization paths for coefficients of the 50 uncorrelated covariates with distinct variances. Color and line type indicated the grouping of the covariates by their variance. Bottom panels: Graphical illustration of the effect of a covariate's variance on the ridge estimator. The grey circle depicts the ridge parameter constraint. The dashed black ellipsoids are the level sets of the least squares loss function. The red dot is the ridge regression estimate. Left and right panels represent the cases with equal and unequal, respectively, variances of the covariates.

steps is to make the expression levels of genes comparable both within and between hybridizations. The preprocessing should thus be considered an inherent part of the measurement. As such it is to be done independently of whatever down-stream analysis is to follow and further tinkering with the data is preferably to be avoided (as it may mess up the 'comparable-ness' of the expression levels as achieved by the preprocessing). For other data types different considerations may apply.

Among the considerations to decide on standardization of the covariates, one should also include the fact that ridge estimates prior and posterior to scaling do not simply differ by a factor. To see this assume that the covariates have been centered. Scaling of the covariates amounts to post-multiplication of the design matrix by a  $(p \times p)$ -dimensional diagonal matrix  $\bf A$  with the reciprocals of the covariates' scale estimates on its diagonal (Sardy, 2008). Hence, the ridge estimator (for the rescaled data) is then

given by:

$$\min_{\boldsymbol{\beta}} \|\mathbf{Y} - \mathbf{X}\mathbf{A}\boldsymbol{\beta}\|_{2}^{2} + \lambda \|\boldsymbol{\beta}\|_{2}^{2}.$$

Apply the change-of-variable  $\gamma = \mathbf{A}\beta$  and obtain:

$$\min_{\gamma} \|\mathbf{Y} - \mathbf{X}\gamma\|_{2}^{2} + \lambda \|\mathbf{A}^{-1}\gamma\|_{2}^{2} = \min_{\beta} \|\mathbf{Y} - \mathbf{X}\gamma\|_{2}^{2} + \sum_{i=1}^{p} \lambda [(\mathbf{A})_{ij}]^{-2}\gamma_{j}^{2}.$$

Effectively, the scaling is equivalent to covariate-wise penalization. The 'scaled' ridge estimator may then be derived along the same lines as before in Section 1.5:

$$\hat{\boldsymbol{\beta}}^{\text{(scaled)}}(\lambda) = \mathbf{A}^{-1}\hat{\boldsymbol{\gamma}}(\lambda) = \mathbf{A}^{-1}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{A}^{-2})^{-1}\mathbf{X}^{\top}\mathbf{Y}.$$

In general, this is unequal to the ridge estimator without the rescaling of the columns of the design matrix. Moreover, it should be clear that  $\hat{\beta}^{\text{(scaled)}}(\lambda) \neq \mathbf{A}\hat{\beta}(\lambda)$ .

### 1.9.2 Ridge regression and collinearity

Initially, ridge regression was motivated as an ad-hoc fix of (super)-collinear covariates in order to obtain a well-defined estimator. We now study the effect of this ad-hoc fix on the regression coefficient estimates of collinear covariates. In particular, their ridge regularization paths are contrasted to those of 'non-collinear' covariates.

To this end, we consider a simulation in which one response is regressed on 50 covariates. The data of these covariates, stored in a design matrix denoted  $\mathbf{X}$ , are sampled from a multivariate normal distribution, with mean zero and a  $5 \times 5$  blocked covariance matrix:

$$oldsymbol{\Sigma} = egin{pmatrix} oldsymbol{\Sigma}_{11} & oldsymbol{0}_{10 imes10} & old$$

with

$$\Sigma_{kk} = \frac{k-1}{5} \mathbf{1}_{10 \times 10} + \frac{6-k}{5} \mathbf{I}_{10 \times 10}.$$

The data of the response variable **Y** are then obtained through:  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$ , with  $\boldsymbol{\varepsilon} \sim \mathcal{N}(\mathbf{0}_n, \mathbf{I}_{nn})$  and  $\boldsymbol{\beta} = \mathbf{1}_{50}$ . Hence, all covariates contribute equally to the response. Would the columns of **X** be orthogonal, little difference in the ridge estimates of the regression coefficients is expected.

The results of this simulation study with sample size n=1000 are presented in Figure 1.6. All 50 regularization paths start close to one as  $\lambda$  is small and converge to zero as  $\lambda \to \infty$ . But the paths of covariates of the same block of the covariance matrix  $\Sigma$  quickly group, with those corresponding to a block with larger off-diagonal elements above those with smaller ones. Thus, ridge regression prefers (i.e. shrinks less) coefficient estimates of strongly positively correlated covariates.

Intuitive understanding of the observed behaviour may be obtained from the p=2 case. Let U, V and  $\varepsilon$  be independent random variables with zero mean. Define  $X_1=U+V, \ X_2=U-V$ , and  $Y=\beta_1X_1+\beta_2X_2+\varepsilon$  with  $\beta_1$  and  $\beta_2$  constants. Hence,  $\mathbb{E}(Y)=0$ . Then:

$$Y = (\beta_1 + \beta_2)U + (\beta_1 - \beta_2)V + \varepsilon$$
$$= \gamma_u U + \gamma_v V + \varepsilon$$

and  $Cor(X_1, X_2) = [Var(U) - Var(V)]/[Var(U) + Var(V)]$ . The random variables  $X_1$  and  $X_2$  are strongly positively correlated if  $Var(U) \gg Var(V)$ .

The ridge regression estimator associated with regression of Y on U and V is:

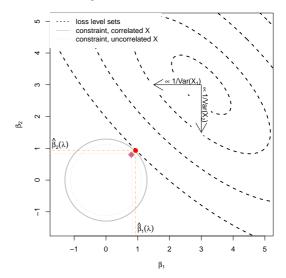
$$\gamma(\lambda) = \begin{pmatrix} \operatorname{Var}(U) + \lambda & 0 \\ 0 & \operatorname{Var}(V) + \lambda \end{pmatrix}^{-1} \begin{pmatrix} \operatorname{Cov}(U, Y) \\ \operatorname{Cov}(V, Y) \end{pmatrix}.$$

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# Ridge estimate 8.00=3 0.04 0.00=7 0.04 0.00=7 0.04 0.00=7 1.00

### Ridge estimates with correlated covariates



**Figure 1.6**: Left panel: Ridge regularization paths for coefficients of the 50 covariates, with various degree of collinearity but equal variance. Color and line type correspond to the five blocks of the covariate matrix  $\Sigma$ . Right panel: Graphical illustration of the effect of the collinearity among covariates on the ridge estimator. The solid and dotted grey circles depict the ridge parameter constraint for the collinear and orthogonal cases, respectively. The dashed black ellipsoids are the level sets of the sum-of-squares squares loss function. The red dot and violet diamond are the ridge regression for the positive collinear and orthogonal case, respectively.

For large enough  $\lambda$ 

$$\gamma(\lambda) \approx \frac{1}{\lambda} \begin{pmatrix} \operatorname{Var}(U) & 0 \\ 0 & \operatorname{Var}(V) \end{pmatrix} \begin{pmatrix} \beta_1 + \beta_2 \\ \beta_1 - \beta_2 \end{pmatrix}.$$

When  $Var(U) \gg Var(V)$  and  $\beta_1 \approx \beta_2$ , the ridge estimate of  $\gamma_v$  vanishes for large  $\lambda$ . Hence, ridge regression prefers positively covariates with similar effect sizes.

This phenomenon too can be explained geometrically. For the illustration consider ridge estimation with  $\lambda = 1$  of the linear model  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$  with  $\boldsymbol{\beta} = (3,3)^{\top}$ ,  $\boldsymbol{\varepsilon} \sim \mathcal{N}(\mathbf{0}_2, \mathbf{I}_{22})$  and the columns of  $\mathbf{X}$  strongly and positively collinear. The level sets of the sum-of-squares loss,  $\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2$ , are plotted in the right panel of Figure 1.6. Recall that the ridge estimate is found by looking for the smallest loss level set that hits the ridge contraint. The sought-for estimate is then the point of intersection between this level set and the constraint, and – for the case at hand – is on the x = y-line. This is no different from the case with orthogonal  $\mathbf{X}$  columns. Yet their estimates differ, even though the same  $\lambda$  is applied. The difference is to due to fact that the radius of the ridge constraint depends on  $\lambda$ ,  $\mathbf{X}$  and  $\mathbf{Y}$ . This is immediate from the fact that the radius of the constraint equals  $\|\hat{\boldsymbol{\beta}}(\lambda)\|_2^2$  (see Section 1.5). To study the effect of  $\mathbf{X}$  on the radius, we remove its dependence on  $\mathbf{Y}$  by considering its expectation, which is:

$$\mathbb{E}[\|\hat{\boldsymbol{\beta}}(\lambda)\|_{2}^{2}] = \mathbb{E}\{[(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-1}(\mathbf{X}^{\top}\mathbf{X})\hat{\boldsymbol{\beta}}]^{\top}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-1}(\mathbf{X}^{\top}\mathbf{X})\hat{\boldsymbol{\beta}}\} 
= \mathbb{E}[\mathbf{Y}^{\top}\mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-2}\mathbf{X}^{\top}\mathbf{Y}] 
= \sigma^{2}\operatorname{tr}\{\mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-2}\mathbf{X}^{\top}\} + \boldsymbol{\beta}^{\top}\mathbf{X}^{\top}\mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-2}\mathbf{X}^{\top}\mathbf{X}\boldsymbol{\beta}.$$

In the last step we have used  $\mathbf{Y} \sim \mathcal{N}(\mathbf{X}\boldsymbol{\beta}, \sigma^2\mathbf{I}_{pp})$  and the expectation of the quadratic form of a multivariate random variable  $\boldsymbol{\varepsilon} \sim \mathcal{N}(\boldsymbol{\mu}_{\varepsilon}, \boldsymbol{\Sigma}_{\varepsilon})$  is  $\mathbb{E}(\boldsymbol{\varepsilon}^{\top} \mathbf{\Lambda} \boldsymbol{\varepsilon}) = \operatorname{tr}(\mathbf{\Lambda} \boldsymbol{\Sigma}_{\varepsilon}) + \boldsymbol{\mu}_{\varepsilon}^{\top} \mathbf{\Lambda} \boldsymbol{\mu}_{\varepsilon}$  (cf. Mathai and Provost, 1992). The expression for the expectation of the radius of the ridge constraint can now be evaluated for the orthogonal  $\mathbf{X}$  and the strongly, positively collinear  $\mathbf{X}$ . It turns out that the latter is larger than the former. This results in a larger ridge constraint. For the larger ridge constraint there is a smaller level set that hits it first. The point of intersection, still on the x=y-line, is now thus closer to  $\boldsymbol{\beta}$  and further from the origin (cf. right panel of Figure 1.6). The resulting estimate is thus larger than that from the orthogonal case.

The above needs some attenuation. Among others it depends on: i) the number of covariates in each block, ii) the size of the effects, i.e. regression coefficients of each covariate, and iii) the degree of collinearity. Possibly, there are more factors influencing the behaviour of the ridge estimator presented in this subsection.

This behaviour of ridge regression is to be understood when using (say) gene expression data to predict a certain clinical outcome. Genes work in concert to fulfil a certain function in the cell. Consequently, one expects their expression levels to be correlated. Indeed, gene expression studies exhibit many coexpressed genes, that is, genes with correlating transcript levels.

### 1.10 Illustration

The application of ridge regression to actual data aims to illustrate its use in practice.

### 1.10.1 MCM7 expression regulation by microRNAs

Recently, a new class of RNA was discovered, referred to as microRNA. MicroRNAs are non-coding, single stranded RNAs of approximately 22 nucleotides. Like mRNAs, microRNAs are encoded in and transcribed from the DNA. MicroRNAs play an important role in the regulatory mechanism of the cell. MicroRNAs down-regulate gene expression by either of two post-transcriptional mechanisms: mRNA cleavage or transcriptional repression. This depends on the degree of complementarity between the microRNA and the target. Perfect or nearly perfect complementarity of the mRNA to the microRNA will lead to cleavage and degradation of the target mRNA. Imperfect complementarity will repress the productive translation and reduction in protein levels without affecting the mRNA levels. A single microRNA can bind to and regulate many different mRNA targets. Conversely, several microRNAs can bind to and cooperatively control a single mRNA target (Bartel, 2004; Esquela-Kerscher and Slack, 2006; Kim and Nam, 2006).

In this illustration we wish to confirm the regulation of mRNA expression by microRNAs in an independent data set. We cherry pick an arbitrary finding from literature reported in Ambs *et al.* (2008), which focusses on the microRNA regulation of the MCM7 gene in prostate cancer. The MCM7 gene is involved in DNA replication (Tye, 1999), a cellular process often derailed in cancer. Furthermore, MCM7 interacts with the tumor-suppressor gene RB1 (Sterner *et al.*, 1998). Several studies indeed confirm the involvement of MCM7 in prostate cancer (Padmanabhan *et al.*, 2004). And recently, it has been reported that in prostate cancer MCM7 may be regulated by microRNAs (Ambs *et al.*, 2008).

We here assess whether the MCM7 down-regulation by microRNAs can be observed in a data set other than the one upon which the microRNA-regulation of MCM7 claim has been based. To this end we download from the Gene Expression Omnibus (GEO) a prostate cancer data set (presented by Wang et al., 2009). This data set (with GEO identifier: GSE20161) has both mRNA and microRNA profiles for all samples available. The preprocessed (as detailed in Wang et al., 2009) data are downloaded and require only minor further manipulations to suit our purpose. These manipulations comprise i) averaging of duplicated profiles of several samples, ii) gene- and mir-wise zero-centering of the expression data, iii) averaging the expression levels of the probes that interrogate MCM7. Eventually, this leaves 90 profiles each comprising of 735 microRNA expression measurements.

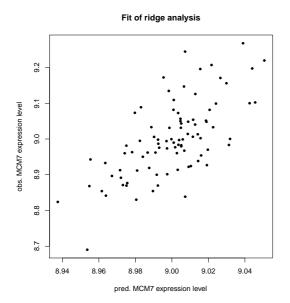
### Listing 1.3 R code

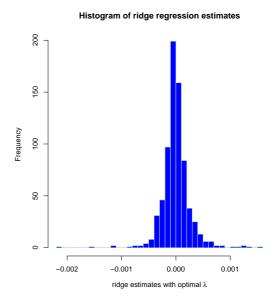
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```
<- cbind(Yge,</pre>
                      apply(exprs(GEdata)[,sName,drop=FALSE],
  Xmir <- cbind(Xmir, apply(exprs(MIRdata)[,sName,drop=FALSE], 1, mean))</pre>
colnames(Yge) <- paste("S", 1:90, sep="")</pre>
colnames(Xmir) <- paste("S", 1:90, sep="")</pre>
# extact mRNA expression of the MCM7N tumor suppressor gene
entrezID <- c("4176")
geneName <- "MCM7"
         <- Yge [which(levels(fData(GEdata)[,6])[fData(GEdata)[,6]] == geneName)
# average gene expression levels over probes
Y <- apply(Y, 2, mean)
# mir-wise centering mir expression data
X <- t(sweep(Xmir, 1, rowMeans(Xmir)))</pre>
# generate cross-validated likelihood profile
profL2(Y, penalized=X, minlambda2=1, maxlambda2=20000, plot=TRUE)
# decide on the optimal penalty value directly
optLambda <- optL2(Y, penalized=X)$lambda
# obtain the ridge regression estimages
ridgeFit <- penalized(Y, penalized=X, lambda2=optLambda)
# plot them as histogram
hist(coef(ridgeFit, "penalized"), n=50, col="blue", border="lightblue",
     xlab="ridge_regression_estimates_with_optimal_lambda",
     main="Histogram_of_ridge_estimates")
 linear prediction from ridge
Yhat <- predict(ridgeFit, X)[,1]</pre>
plot (Y ~ Yhat, pch=20, xlab="pred.uMCM7uexpression",
                        ylab="obs. uMCM7 uexpression")
```

With this prostate data set at hand we now investigate whether MCM7 is regulated by microRNAs. Hereto we fit a linear regression model regressing the expression levels of MCM7 onto those of the microRNAs. As the number of microRNAs exceeds the number of samples, ordinary least squares fails and we resort to the ridge estimator of the regression coefficients. First, an informed choice of the penalty parameter is made through maximization of the LOOCV log-likelihood, resulting in  $\lambda_{\text{\tiny opt}} = 1812.826$ . Having decided on the value of the to-be-employed penalty parameter, the ridge regression estimator can now readily be evaluated. The thus fitted model allows for the evaluation of microRNA-regulation of MCM7. E.g., by the proportion of variation of the MCM7 expression levels by the microRNAs as expressed in coefficient of determination:  $R^2 = 0.4492$ . Alternatively, but closely related, observed expression levels may be related to the linear predictor of the MCM7 expression levels:  $\mathbf{Y}(\lambda_{\text{opt}}) =$  $\mathbf{X}\hat{\boldsymbol{\beta}}(\lambda_{\text{opt}})$ . The Spearman correlation of response and predictor equals 0.6295. A visual inspection is provided by the left panel of Figure 1.7. Note the difference in scale of the x- and y-axes. This is due to the fact that the regression coefficients have been estimated in penalized fashion, consequently shrinking estimates of the regression coefficients towards zero leading to small estimates and in turn compressing the range of the linear prediction. The above suggests there is indeed association between the microRNA expression levels and those of MCM7.

The overall aim of this illustration was to assess whether microRNA-regulation of MCM7 could also be observed in this prostate cancer data set. In this endeavour the dogma (stating this regulation should be negative) has nowhere been used. A first simple assessment of the validity of this dogma studies the signs of the estimated regression coefficients. The ridge regression estimate has 394 out of the 735 microRNA probes with a negative coefficient. Hence, a small majority has a sign in line with the 'microRNA  $\downarrow$  mRNA' dogma. When, in addition, taking the size of these coefficients into account (Figure 1.7, right panel), the negative regression coefficient estimates do not substantially differ from





**Figure 1.7**: Left panel: Observed vs. (ridge) fitted MCM7 expression values. Right panel: Histogram of the ridge regression coefficient estimates.

their positive counterparts (as can be witnessed from their almost symmetrical distribution around zero). Hence, the value of the 'microRNA  $\downarrow$  mRNA' dogma is not confirmed by this ridge regression analysis of the MCM7-regulation by microRNAs. Nor is it refuted.

The implementation of ridge regression in the penalized-package offers the possibility to fully obey the dogma on negative regulation of mRNA expression by microRNAs. This requires all regression coefficients to be negative. Incorporation of the requirement into the ridge estimation augments the constrained estimation problem with an additional constraint:

$$\hat{oldsymbol{eta}}(\lambda) = \underset{\substack{\|oldsymbol{eta}\|_2^2 \leq c(\lambda) \\ eta_j \leq 0 \text{ for all } j}}{\min} \|\mathbf{Y} - \mathbf{X} \, oldsymbol{eta}\|_2^2.$$

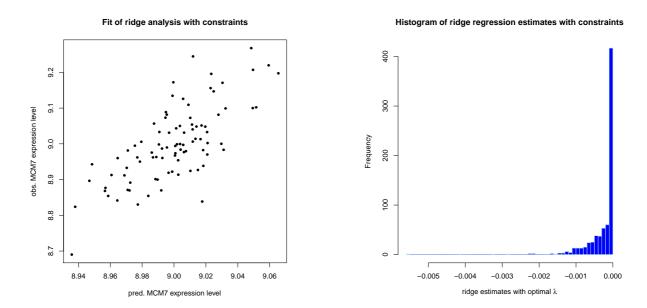
With the additional non-positivity constraint on the parameters, there is no explicit solution for the estimator. The ridge estimate of the regression parameters is then found by numerical optimization using e.g. the Newton-Raphson algorithm or a gradient descent approach. The next listing gives the R-code for ridge estimation with the non-positivity constraint of the linear regression model.

### Listing 1.4 R code

The linear regression model linking MCM7 expression to that of the microRNAs is fitted by ridge regression while simultaneously obeying the 'negative regulation of mRNA by microRNA'-dogma to the prostate cancer data. In the resulting model 401 out of 735 microRNA probes have a nonzero (and negative) coefficient. There is a large overlap in microRNAs with a negative coefficient between those

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from this and the previous fit. The models are also compared in terms of their fit to the data. The Spearman rank correlation coefficient between response and predictor for the model without positive regression coefficients equals 0.679 and its coefficient of determination 0.524 (confer the left panel of 1.8 for a visualization). This is a slight improvement upon the unconstrained ridge estimated model. The improvement may be small but it should be kept in mind that the number of parameters used by both models is 401 (for the model without positive regression coefficients) vs. 735. Hence, with close to half the number of parameters the dogma-obeying model gives a somewhat better description of the data. This may suggest that there is some value in the dogma as inclusion of this prior information leads to a more parsimonious model without any loss in fit.



**Figure 1.8**: Left panel: Observed vs. (ridge) fitted MCM7 expression values (with the non-positive constraint on the parameters in place). Right panel: Histogram of the ridge regression coefficient estimates (from the non-positivity constrained analysis).

The dogma-obeying model selects 401 microRNAs that aid in the explanation of the variation in the gene expression levels of MCM7. There is an active field of research, called *target prediction*, trying to identify which microRNAs target the mRNA of which genes. Within R there is a collection of packages that provide the target prediction of known microRNAs. The packages differ on the method (e.g. experimental or sequence comparison) that has been used to arrive at the prediction. These target predictions may be used to evaluate the value of the found 401 microRNAs. Ideally, there would be a substantial amount of overlap. The R-script that loads the target predictions and does the comparison is below.

### Listing 1.5 R code

```
# extract mir names and their (hypothesized) mrna target
mir2target
                <- numeric()
mirPredProgram <- c("targetscan", "miranda", "mirbase", "pictar", "mirtarget2")
for (program in mirPredProgram){
    slh
                   <- dbReadTable(RmiR.hsa_dbconn(), program)</pre>
                   <- cbind(program, slh[,1:2])
    slh
    colnames(slh) <- c("method", "mir", "target")</pre>
    mir2target
                   <- rbind(mir2target, slh)
mir2target <- unique(mir2target)</pre>
mir2target <- mir2target[which(mir2target[,3] == entrezID),]</pre>
           <- tolower(unique(mir2target[,2]))</pre>
# extract names of mir-probe on array
arrayMirs <- tolower(levels(fData(MIRdata)[,3])[fData(MIRdata)[,3]])
```

	$\hat{\beta}_j = 0$	$\hat{\beta}_j < 0$
microRNA not target	323	390
microRNA target	11	11

**Table 1.1**: Cross-tabulation of the microRNAs being a potential target of MCM7 vs. the value of its regression coefficient in the dogma-obeying model.

With knowledge available on each microRNA whether it is predicted (by at least one target prediction package) to be a potential target of MCM7, it may be cross-tabulated against its corresponding regression coefficient estimate in the dogma-obeying model being equal to zero or not. Table 1.1 contains the result. Somewhat superfluous considering the data, we may test whether the targets of MCM7 are overrepresented in the group of strictly negatively estimated regression coefficients. The corresponding chi-squared test (with Yates' continuity correction) yields the test statistic  $\chi^2=0.0478$  with a p-value equal to 0.827. Hence, there is no enrichment among the 401 microRNAS of those that have been predicted to target MCM7. This may seem worrisome. However, the microRNAs have been selected for their predictive power of the expression levels of MCM7. Variable selection has not been a criterion (although the sign constraint implies selection). Moreover, criticism on the value of the microRNA target prediction has been accumulating in recent years (REF).

### 1.11 Conclusion

We discussed ridge regression as a modification of linear regression to overcome the empirical nonidentifiability of the latter when confronted with high-dimensional data. The means to this end was the addition of a (ridge) penalty to the sum-of-squares loss function of the linear regression model, which turned out to be equivalent to constraining the parameter domain. This warranted the identification of the regression coefficients, but came at the cost of introducing bias in the estimates. Several properties of ridge regression like moments, MSE, and its Bayesian interpretation have been reviewed. Finally, its behaviour and use have been illustrated in simulation and omics data.

### 1.12 Exercises

### Question 1.1<sup>†</sup>

Find the ridge regression solution for the data below for a general value of  $\lambda$  and for the straight line model  $Y = \beta_0 + \beta_1 X + \varepsilon$  (only apply the ridge penalty to the slope parameter, not to the intercept). Show that when  $\lambda$  is chosen as 4, the ridge solution fit is  $\hat{Y}(\lambda) = 40 + 1.75X$ . Data:  $\mathbf{X}^{\top} = (X_1, X_2, \dots, X_8)^{\top} = (-2, -1, -1, 0, 1, 2, 2)^{\top}$ , and  $\mathbf{Y}^{\top} = (Y_1, Y_2, \dots, Y_8)^{\top} = (35, 40, 36, 38, 40, 43, 45, 43)^{\top}$ .

<sup>&</sup>lt;sup>†</sup>This exercise is freely rendered from Draper and Smith (1998)

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## Question 1.2

Consider the standard linear regression model  $Y_i = \mathbf{X}_{i,*}\boldsymbol{\beta} + \varepsilon_i$  for i = 1, ..., n and with  $\varepsilon_i \sim_{i.i.d.}$  $\mathcal{N}(0,\sigma^2)$ . The model comprises a single covariate and an intercept. Response and covariate data are:  $\{(y_i, x_{i,1})\}_{i=1}^4 = \{(1.4, 0.0), (1.4, -2.0), (0.8, 0.0), (0.4, 2.0)\}$ . Find  $\lambda$  that yields the ridge regression estimate (with an unpenalized intercept) equal to  $(1, -\frac{1}{9})^{\top}$ .

# Question 1.3<sup>‡</sup>

Show that the ridge regression estimator can be obtained by ordinary least squares regression on an augmented data set. Hereto augment the matrix X with p additional row  $\sqrt{\lambda} \mathbf{I}_{pp}$ , and augment the response vector  $\mathbf{Y}$  with p zeros.

## Question 1.4

The coefficients  $\beta$  of a linear regression model,  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$ , are estimated by  $\hat{\boldsymbol{\beta}} = (\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y}$ . The associated fitted values then given by  $\hat{\mathbf{Y}} = \mathbf{X}\hat{\boldsymbol{\beta}} = \mathbf{X}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y} = \mathbf{H}\mathbf{Y}$ , where  $\mathbf{H} = \mathbf{X}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}$ referred to as the hat matrix. The hat matrix  $\mathbf{H}$  is a projection matrix as it satisfies  $\mathbf{H} = \mathbf{H}^2$ . Hence, linear regression projects the response Y onto the vector space spanned by the columns of Y. Consequently, the residuals  $\hat{\varepsilon}$  and  $\hat{\mathbf{Y}}$  are orthogonal. Now consider the ridge estimator of the regression coefficients:  $\hat{\boldsymbol{\beta}}(\lambda) = (\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y}$ . Let  $\hat{\mathbf{Y}}(\lambda) = \mathbf{X}\hat{\boldsymbol{\beta}}(\lambda)$  be the vector of associated fitted values.

- a) Show that the ridge hat matrix  $\mathbf{H}(\lambda) = \mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}$ , associated with ridge regression, is not a projection matrix (for any  $\lambda > 0$ ), i.e.  $\mathbf{H}(\lambda) \neq [\mathbf{H}(\lambda)]^2$ .
- b) Show that the 'ridge fit'  $\widehat{\mathbf{Y}}(\lambda)$  is not orthogonal to the associated 'ridge residuals'  $\hat{\boldsymbol{\varepsilon}}(\lambda)$  (for any  $\lambda > 0$ ).

#### Question 1.5

Consider the standard linear regression model  $Y_i = \mathbf{X}_{i,*}\boldsymbol{\beta} + \varepsilon_i$  for i = 1, ..., n and with the  $\varepsilon_i \sim_{i.i.d}$  $\mathcal{N}(0,\sigma^2)$ . Suppose estimates of the regression parameters  $\boldsymbol{\beta}$  of this model are obtained through the minimization of the sum-of-squares augmented with a ridge penalty,  $\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2 + \lambda \|\boldsymbol{\beta}\|_2^2$ , in which  $\lambda > 0$ is the penalty parameter. The minimizer is called the ridge estimator and is denoted by  $\hat{\beta}(\lambda)$ .

- a) The vector of 'ridge residuals', defined as  $\varepsilon(\lambda) = \mathbf{Y} \mathbf{X}\hat{\boldsymbol{\beta}}(\lambda)$ , are normally distributed. Why?
- b) Show that  $\mathbb{E}[\boldsymbol{\varepsilon}(\lambda)] = [\mathbf{I}_{nn} \mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{nn})^{-1}\mathbf{X}^{\top}]\mathbf{X}\boldsymbol{\beta}.$ c) Show that  $\operatorname{Var}[\boldsymbol{\varepsilon}(\lambda)] = \sigma^{2}[\mathbf{I}_{nn} \mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{nn})^{-1}\mathbf{X}^{\top}]^{2}.$
- d) Could the normal probability plot, i.e. a qq-plot with the quantiles of standard normal distribution plotted against those of the ridge residuals, be used to assess the normality of the latter? Motivate.

Recall that there exists  $\lambda > 0$  such that  $MSE(\hat{\beta}) > MSE[\hat{\beta}(\lambda)]$ . Verify that this carries over to the linear predictor. That is, then there exists a  $\lambda > 0$  such that  $MSE(\hat{\mathbf{Y}}) = MSE(\mathbf{X}\hat{\boldsymbol{\beta}}) > MSE[\mathbf{X}\hat{\boldsymbol{\beta}}(\lambda)]$ .

# Question 1.7

Consider a pathway comprising of three genes called A, B, and C. Let random variables  $Y_{i,a}$ ,  $Y_{i,b}$ , and  $Y_{i,c}$  be the random variable representing the expression of levels of genes A, B, and C in sample i. Hundred realizations, i.e. i = 1, ..., n, of  $Y_{i,a}, Y_{i,b}$ , and  $Y_{i,c}$  are available from an observational study. In order to assess how the expression levels of gene A are affect by that of genes B and C a medical researcher fits the

$$Y_{i,a} = \beta_b Y_{i,b} + \beta_c Y_{i,c} + \varepsilon_i,$$

with  $\varepsilon_i \sim \mathcal{N}(0, \sigma^2)$ . This model fitted by means of ridge regression, but with a separate penalty parameter,  $\lambda_b$  and  $\lambda_c$ , for the two regression coefficient,  $\beta_b$  and  $\beta_c$ , respectively.

- a) Write down the ridge penalized loss function employed by the researcher.
- b) Does a different choice of penalty parameter for the second regression coefficient affect the estimation of the first regression coefficient? Motivate your answer.
- c) The researcher decides that the second covariate  $Y_{i,c}$  is irrelevant. Instead of removing the covariate from model, the researcher decides to set  $\lambda_c = \infty$ . Show that this results in the same ridge estimate for  $\beta_b$  as when fitting (again by means of ridge regression) the model without the second covariate.

<sup>&</sup>lt;sup>‡</sup>This exercise is freely rendered from Hastie et al. (2009), but can be found in many other places. The original source is unknown to the author.

34 Ridge regression

## Question 1.8

Consider the standard linear regression model  $Y_i = \mathbf{X}_{i,*}\boldsymbol{\beta} + \varepsilon_i$  for i = 1, ..., n and with  $\varepsilon_i \sim_{i.i.d.} \mathcal{N}(0, \sigma^2)$ Consider the following two ridge regression estimators of the regression parameter of this model, defined as:

$$\arg\min_{\boldsymbol{\beta}} \sum_{i=1}^n (Y_i - \mathbf{X}_{i,*}\boldsymbol{\beta})^2 + \lambda \|\boldsymbol{\beta}\|_2^2 \quad \text{ and } \quad \arg\min_{\boldsymbol{\beta}} \sum_{i=1}^n (Y_i - \mathbf{X}_{i,*}\boldsymbol{\beta})^2 + n\lambda \|\boldsymbol{\beta}\|_2^2.$$

Which do you prefer? Motivate.

#### Question 1.9

Consider the standard linear regression model  $Y_i = \mathbf{X}_{i,*}\boldsymbol{\beta} + \varepsilon_i$  for i = 1, ..., n and with the  $\varepsilon_i$  i.i.d. normally distributed with zero mean and a common variance. The rows of the design matrix  $\mathbf{X}$  are of length 2, neither column represents the intercept, but  $\mathbf{X}_{*,1} = \mathbf{X}_{*,2}$ .

- a) Suppose an estimate of the regression parameter  $\boldsymbol{\beta}$  of this model is obtained through the minimization of the sum-of-squares augmented with a ridge penalty,  $\|\mathbf{Y} \mathbf{X}\boldsymbol{\beta}\|_2^2 + \lambda \|\boldsymbol{\beta}\|_2^2$ , in which  $\lambda > 0$  is the penalty parameter. The minimizer is called the ridge estimator and is denoted by  $\hat{\boldsymbol{\beta}}(\lambda)$ . Show that  $[\hat{\boldsymbol{\beta}}(\lambda)]_1 = [\hat{\boldsymbol{\beta}}(\lambda)]_2$  for all  $\lambda > 0$ .
- b) The covariates are now related as  $\mathbf{X}_{*,1} = -2\mathbf{X}_{*,2}$ . Data on the response and the covariates are:

$$\{(y_i, x_{i,1}, x_{i,2})\}_{i=1}^6 = \{(1.5, 1.0, -0.5), (1.9, -2.0, 1.0), (-1.6, 1.0, -0.5), (0.8, 4.0, -2.0), (0.9, 2.0, -1.0), (0.5, 4.0, -2.0)\}.$$

Evaluate the ridge regression estimator for these data with  $\lambda = 1$ .

- c) The data are as in part b). Show  $\hat{\boldsymbol{\beta}}(\lambda + \delta) = (52.5 + \lambda)(52.5 + \lambda + \delta)^{-1}\hat{\boldsymbol{\beta}}(\lambda)$  for a fixed  $\lambda$  and any  $\delta > 0$ . Hint: Use the singular value decomposition of the design matrix  $\mathbf{X}$  and the fact that its largest singular value equals  $\sqrt{52.5}$ .
- d) The data are as in part b). Consider the model  $Y_i = X_{i,1}\gamma + \varepsilon_i$ . The parameter  $\gamma$  is estimated through minimization of  $\sum_{i=1}^{6} (Y_i X_{i,1}\gamma)^2 + \lambda_{\gamma}\gamma^2$ . For which value of  $\lambda_{\gamma}$  does the resulting linear predictor  $X_{i,1}\hat{\gamma}(\lambda_{\gamma})$  coincide with that obtained from the estimate evaluated in part b) of this exercise, i.e.  $\mathbf{X}\hat{\boldsymbol{\beta}}(\lambda)$ ?

# 2 Bayesian regression

The ridge regression estimator is equivalent to a Bayesian regression estimator. On one hand this equivalence provides another interpretation of the ridge regression estimator. But it also shows that within the Bayesian framework the high-dimensionality of the data need not frustrate the numerical evaluation of the estimator. In addition, the framework provides ways to quantify the consequences of high-dimensionality on the uncertainty of the estimator. Within this chapter focus is on the equivalence of Bayesian and ridge regression. In this particular case, the connection is immediate from the analytic formulation of the Bayesian regression estimator. After this has been presented, it is shown how this estimator may also be obtained by means of sampling. The relevance of the sampling for the evaluation of the estimator and its uncertainty becomes apparent in subsequent chapters when discussing other penalized estimators for which the connection cannot be captured in analytic form.

# 2.1 A minimum of prior knowledge on Bayesian statistics

The schism between Bayesian and frequentist statistics centers on the interpretation of the concept of probability. A frequentist views the probability of an event as the limiting frequency of observing the event among a large number of trials. In contrast, a Bayesian considers it to be a measure of believe (in the occurrence) of the event. The difference between the two interpretations becomes clear when considering events that can occur only once (or a small number of times). A Bayesian would happily discuss the probability of this hypothetical event happening, which would be meaningless to a frequentist.

What are the consequences of this schism for the current purpose of estimating a regression model? Exponents from both paradigms assume a statistical model, e.g. here the linear regression model, to describe the data generating mechanism. But a frequentist treats the parameters as platonic quantities for which a true value exists that is to be estimated from the data. A Bayesian, however, first formalizes his/her current believe/knowledge on the parameters in the form of probability distributions. This is referred to as the prior – to the experiment – distribution. The parameters are thus random variables and their distributions are to be interpreted as reflecting the (relative) likelihood of the parameters' values. From the Bayesian point it then makes sense to talk about the random behaviour of the parameter, e.g., what is probability of that the parameter is larger than a particular value. In the frequentist context one may ask this of the estimator, but not of the parameter. The parameter either is or is not larger than this value as a platonic quantity is not governed by a chance process. Then, having specified his/her believe on the parameters, a Bayesian uses the data to update this believe of the parameters of the statistical model, which again is a distribution and called the posterior – to the experiment – distribution.

To illustrate this process of updating assume that the data  $Y_1, \ldots, Y_n \sim \{0,1\}$  are assumed to be independently and identically drawn from a Bernouilli distribution with parameter  $\theta = P(Y_i = 1)$ . The likelihood of these data for a given choice of the parameter  $\theta$  then is:  $L(\mathbf{Y} = \mathbf{y}; \theta) = P(\mathbf{Y} = \mathbf{y} | \theta) = P(Y_1 = y_1, \ldots, Y_n = y_n | \theta) = \prod_{i=1}^n P(Y_i = y_i | \theta) = \prod_{i=1}^n \theta^{y_i} (1 - \theta)^{1-y_i}$ . A Bayesian now needs to specificy the prior distribution, denoted  $\pi_{\theta}(\cdot)$ , on the parameter  $\theta$ . A common choice in this case would be a beta-distribution:  $\theta \sim \mathcal{B}(\alpha, \beta)$ . The posterior distribution is now arrived at by the use of Bayes' rule:

$$\pi(\theta \mid \mathbf{Y} = \mathbf{y}) = \frac{P(\mathbf{Y} = \mathbf{y} \mid \theta) \, \pi(\theta)}{P(\mathbf{Y} = \mathbf{y})} = \frac{P(\mathbf{Y} = \mathbf{y} \mid \theta) \, \pi(\theta)}{\int_{0.1} P(\mathbf{Y} = \mathbf{y} \mid \theta) \, \pi(\theta) \, d\theta}.$$

The posterior distribution thus contains all knowledge on the parameter. As the denomenator – referred to as the distribution's normalizing constant – in the expression of the posterior distribution does not involve the parameter  $\theta$ , one often writes  $\pi(\theta \mid \mathbf{Y} = \mathbf{y}) \propto P(\mathbf{Y} = \mathbf{y} \mid \theta) \pi(\theta)$ , thus specifying the (relative) density of the posterior distribution of  $\theta$  as 'likelihood × prior'.

While the posterior distribution is all one wishes to know, often a point estimate is required. A point estimate of  $\theta$  can be obtained from the posterior by taking the mean or the mode. Formally, the Bayesian point estimator of a parameter  $\theta$  is defined as the estimator that minimizes the Bayes risk over a prior distribution of the parameter  $\theta$ . The Bayes risk is defined as  $\int_{\theta} \mathbb{E}[(\hat{\theta} - \theta)^2] \pi_{\theta}(\theta; \alpha) d\theta$ , where  $\pi_{\theta}(\theta; \alpha)$  is the prior distribution of  $\theta$  with hyperparameter  $\alpha$ . It is thus a weighted average of the Mean Squared Error, with weights specified through the prior. The Bayes risk is minimized by the posterior mean:

$$\mathbb{E}_{\theta}(\theta \mid \text{data}) = \frac{\int_{\theta} \theta P(\mathbf{Y} = \mathbf{y} \mid \theta) \pi(\theta) d\theta}{\int_{\theta} P(\mathbf{Y} = \mathbf{y} \mid \theta) \pi(\theta) d\theta}.$$

(cf., e.g., Bijma et al., 2017). The Bayesian point estimator of  $\theta$  yields the smallest possible expected MSE, under the assumption of the employed prior. This estimator thus depends on the likelihood and the prior, and a different prior yields a different estimator.

A point estimator is preferably accompanied by a quantification of its uncertainty. Within the Bayesian context this is done by so-called credible intervals or regions, the Bayesian equivalent of confidence intervals or regions. A Bayesian credible interval encompass a certain percentage of the probability mass of the posterior. For instance, a subset of the parameter space  $\mathcal{C}$  forms an  $100(1-\alpha)\%$  credible interval if  $\int_{\mathcal{C}} \pi(\theta \mid \text{data}) d\theta = 1 - \alpha$ .

In the example above it is important to note the role of the prior in the updating of the knowledge on  $\theta$ . First, when the prior distribution is uniform on the unit interval, the mode of the posterior coincides with the maximum likelihood estimator. Furthermore, when n is large the influence of the prior in the posterior is negligible. It is therefore that for large sample sizes frequentist and Bayesian analyses tend to produce similar results. However, when n is small, the prior's contribution to the posterior distribution cannot be neglected. The choice of the prior is then crucial as it determines the shape of the posterior distribution and, consequently, the posterior estimates. It is this strong dependence of the posterior on the arbitrary (?) choice of the prior that causes unease with a frequentist (leading some to accuse Bayesians of subjectivity). In the high-dimensional setting the sample size is usually small, especially in relation to the parameter dimension, and the choice of the prior distribution then matters. Interest here is not in resolving the frequentist's unease but in identifying or illustrating the effect of the choose of the prior distribution on the parameter estimates.

# 2.2 Bayesian regression and its relation to ridge regression

Ridge regression has a close connection to Bayesian linear regression. Bayesian linear regression assumes the parameters  $\boldsymbol{\beta}$  and  $\sigma^2$  to be the random variables, while at the same time considering  $\mathbf{X}$  and  $\mathbf{Y}$  as fixed. Within the regression context, the commonly chosen priors of  $\boldsymbol{\beta}$  and  $\sigma^2$  are  $\boldsymbol{\beta} \mid \sigma^2 \sim \mathcal{N}(\mathbf{0}_p, \sigma^2 \lambda^{-1} \mathbf{I}_{pp})$  and  $\sigma^2 \sim \mathcal{IG}(\alpha_0, \beta_0)$ , where  $\mathcal{IG}$  denotes the inverse Gamma distribution with shape parameter  $\alpha_0$  and scale parameter  $\beta_0$ . The penalty parameter can be interpreted as the (scaled) precision of the prior of  $\boldsymbol{\beta}$ , determining how informative the prior should be. A smaller penalty (i.e. precision) corresponds to a wider prior, and a larger penalty to a more informative, concentrated prior (Figure 2.1).

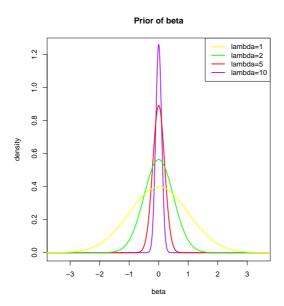
The joint posterior distribution of  $\beta$  and  $\sigma^2$  is, under the assumptions of the (likelihood of) the linear regression model and the priors above:

$$f_{\boldsymbol{\beta},\sigma^{2}}(\boldsymbol{\beta},\sigma^{2} \mid \mathbf{Y},\mathbf{X}) \propto f_{Y}(\mathbf{Y} \mid \mathbf{X},\boldsymbol{\beta},\sigma^{2}) f_{\boldsymbol{\beta}}(\boldsymbol{\beta} \mid \sigma^{2}) f_{\sigma}(\sigma^{2})$$

$$\propto \sigma^{-n} \exp[-\frac{1}{2}\sigma^{-2}(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})^{\top}(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})]$$

$$\times \sigma^{-p} \exp[-\frac{1}{2}\sigma^{-2}\lambda\boldsymbol{\beta}^{\top}\boldsymbol{\beta}] \times (\sigma^{2})^{-\alpha_{0}-1} \exp(-\frac{1}{2}\sigma^{-2}\beta_{0}).$$

The posterior distribution can be expressed as a multivariate normal distribution. Hereto group the



**Figure 2.1**: Conjugate prior of the regression parameter  $\beta$  for various choices of  $\lambda$ , the penalty parameters c.q. precision.

terms from the exponential functions that involve  $\beta$  and manipulate as follows:

$$\begin{aligned} &(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})^{\top}(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}) + \lambda\boldsymbol{\beta}^{\top}\boldsymbol{\beta} \\ &= \mathbf{Y}^{\top}\mathbf{Y} - \boldsymbol{\beta}^{\top}\mathbf{X}^{\top}\mathbf{Y} - \mathbf{Y}^{\top}\mathbf{X}\boldsymbol{\beta} + \boldsymbol{\beta}^{\top}\mathbf{X}^{\top}\mathbf{X}\boldsymbol{\beta} + \lambda\boldsymbol{\beta}^{\top}\boldsymbol{\beta} \\ &= \mathbf{Y}^{\top}\mathbf{Y} - \boldsymbol{\beta}^{\top}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y} \\ &- \mathbf{Y}^{\top}\mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})\boldsymbol{\beta} + \boldsymbol{\beta}^{\top}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})\boldsymbol{\beta} \\ &= \mathbf{Y}^{\top}\mathbf{Y} - \boldsymbol{\beta}^{\top}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})\hat{\boldsymbol{\beta}}(\lambda) \\ &- [\hat{\boldsymbol{\beta}}(\lambda)]^{\top}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})\boldsymbol{\beta} + \boldsymbol{\beta}^{\top}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})\boldsymbol{\beta} \\ &= \mathbf{Y}^{\top}\mathbf{Y} - \mathbf{Y}^{\top}\mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y} \\ &+ [\boldsymbol{\beta} - \hat{\boldsymbol{\beta}}(\lambda)]^{\top}(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_{pp})[\boldsymbol{\beta} - \hat{\boldsymbol{\beta}}(\lambda)]. \end{aligned}$$

Using this result, the posterior distribution can be rewritten to:

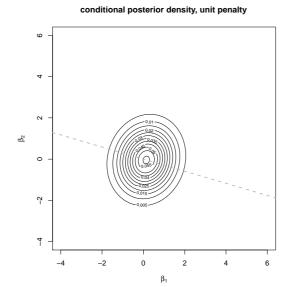
$$f_{\boldsymbol{\beta},\sigma^2}(\boldsymbol{\beta},\sigma^2\,|\,\mathbf{Y},\mathbf{X}) \propto g_{\boldsymbol{\beta}}(\boldsymbol{\beta}\,|\,\sigma^2,\mathbf{Y},\mathbf{X})\,g_{\sigma^2}(\sigma^2\,|\,\mathbf{Y},\mathbf{X})$$

with

$$g_{\boldsymbol{\beta}}(\boldsymbol{\beta} \mid \sigma^2, \mathbf{Y}, \mathbf{X}) \propto \exp \left\{ -\frac{1}{2}\sigma^{-2} \left[ \boldsymbol{\beta} - \hat{\boldsymbol{\beta}}(\lambda) \right]^{\top} (\mathbf{X}^{\top} \mathbf{X} + \lambda \mathbf{I}_{pp}) \left[ \boldsymbol{\beta} - \hat{\boldsymbol{\beta}}(\lambda) \right] \right\}.$$

Clearly, the conditional posterior mean of  $\boldsymbol{\beta}$  is  $\mathbb{E}(\boldsymbol{\beta} \mid \sigma^2, \mathbf{Y}, \mathbf{X}) = \hat{\boldsymbol{\beta}}(\lambda)$ . Hence, the ridge regression estimator can be viewed as the Bayesian posterior mean estimator of  $\boldsymbol{\beta}$  when imposing a Gaussian prior on the regression parameter.

The conditional posterior distribution of  $\beta$ ,  $g_{\beta}(\beta | \sigma^2, \mathbf{Y}, \mathbf{X})$ , related to a high-dimensional situation (n = 1, p = 2) is depicted in Figure 2.2 for two choices of the penalty parameter  $\lambda$ . Put differently, for two different priors. In one, the left panel,  $\lambda$  is arbitrarily set equal to one. The choice of the employed  $\lambda$ , i.e.  $\lambda = 1$ , is irrelevant, the resulting posterior distribution only serves as a reference. This choice results in a posterior distribution that is concentrated around the Bayesian point estimate, which coincides with the ridge regression estimate. The almost spherical level sets around the point estimate may be interpreted as credible intervals for  $\beta$ . The grey dashed line, spanned by the row of the design matrix, represents the support of the degenerated normal distribution of the frequentist's ridge regression estimate (cf. end of Section 1.4.2). The contrast between the degenerated frequentist and well-defined Bayesian normal distribution illustrates that – for a suitable choice of the prior – within the Bayesian



conditional posterior density, small penalty

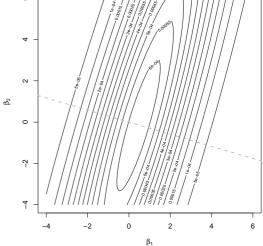


Figure 2.2: Level sets of the (unnormalized) conditional posterior of the regression parameter  $\beta$ . The grey dashed line depicts the support of the degenerated normal distribution of the frequentist's ridge regression estimate.

context high-dimensionality need not be an issue with respect to the evaluation of the posterior. In the right panel of Figure 2.2 the penalty parameter  $\lambda$  is set equal to a very small value, i.e.  $0 < \lambda \ll 1$ . This represents a very imprecise or uninformative prior. It results in a posterior distribution with level sets that are far from spherical and are very streched in the direction orthogonal to the subspace spanned by the row of the design matrix and indicates in which direction there is most uncertainty with respect to  $\beta$ . In particular, when  $\lambda \downarrow 0$ , the level sets loose their ellipsoid form and the posterior collapses to the degenerated normal distribution of the frequentist's ridge regression estimate. Finally, in combination with the left-hand plot this illustrates the large effect of the prior in the high-dimensional context.

With little extra work we may also obtain the conditional posterior of  $\sigma^2$  from the joint posterior distribution:

$$f_{\sigma^2}(\sigma^2 \mid \boldsymbol{\beta}, \mathbf{Y}, \mathbf{X}) \propto (\sigma^2)^{-[(n+p)/2 + \alpha_0 + 1]} \exp[-\frac{1}{2}\sigma^{-2}(\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2 + \lambda \|\boldsymbol{\beta}\|_2^2 + \beta_0)],$$

in which one can recognize the shape of an inverse gamma distribution. The relevance of this conditional distribution will be made clear in Section 2.3.

The Bayesian point estimator minimizes the Bayes risk, over a prior distribution. The risk cannot be used to choose the prior c.q. the penalty parameter  $\lambda$ . This can be seen from the risk of the Bayesian regression estimator. The Bayes risk of the Bayesian regression estimator over the normal prior  $\boldsymbol{\beta} \sim \mathcal{N}(\mathbf{0}_p, \sigma^2 \lambda^{-1} \mathbf{I}_{pp})$  is:

$$\mathbb{E}_{\boldsymbol{\beta}}\{\mathrm{MSE}[\hat{\boldsymbol{\beta}}(\lambda)] \mid \sigma^{2}, \mathbf{Y}, \mathbf{X}\} = \sigma^{2} \operatorname{tr}\{\mathbf{W}_{\lambda} (\mathbf{X}^{\top} \mathbf{X})^{-1} \mathbf{W}_{\lambda}^{\top}\} + \mathbb{E}_{\boldsymbol{\beta}}[\boldsymbol{\beta}^{\top} (\mathbf{W}_{\lambda} - \mathbf{I}_{pp})^{\top} (\mathbf{W}_{\lambda} - \mathbf{I}_{pp}) \boldsymbol{\beta}] \\
= \sigma^{2} \left\{ \operatorname{tr}[\mathbf{W}_{\lambda} (\mathbf{X}^{\top} \mathbf{X})^{-1} \mathbf{W}_{\lambda}^{\top}] + \lambda^{-1} \operatorname{tr}[(\mathbf{W}_{\lambda} - \mathbf{I}_{pp})^{\top} (\mathbf{W}_{\lambda} - \mathbf{I}_{pp})] \right\} \\
= \sigma^{2} \sum_{j=1}^{p} (d_{jj}^{2} + \lambda)^{-1},$$

in which  $\mathbf{W}_{\lambda} = (\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{X}$  and we have used *i*) the previously derived explicit expression (1.7) of the ridge estimator's MSE, ii) the expectation of the quadratic form of a multivariate random variable (Mathai and Provost, 1992), iii) the singular value decomposition of X with singular values  $d_{ij}$ , and iv) the fact that the trace of a square matrix equals the sum of its eigenvalues. As the ridge estimator coincides with the posterior mean, this is the minimal achievable MSE under a zero-centered normal prior with an uncorrelated and equivariant covariance matrix.

One may now be tempted to choose the  $\lambda$  that minimizes the Bayes risk as optimal and use it in the evaluation of the ridge regression estimator. However, above the Bayes risk of the ridge estimator factorizes with respect to  $\sigma^2$  and  $\lambda$ . Hence, the larger the hyperparameter  $\lambda$  the lower the Bayes risk of the ridge estimator. In particular, its Bayes risk converges to zero as  $\lambda \to \infty$ . This can be understood as follows. The limit corresponds to an infinite precision of the prior, thus reducing the contribution of the MSE's variance term to zero. Moreover, as the ridge estimator shrinks towards zero and the prior distribution of  $\beta$  has a zero mean, the bias too vanishes as  $\lambda \to \infty$ . In particular, the  $\lambda$  that minimizes the Bayes risk is thus a useless suggestion for the ridge regression estimator. The failure to produce a useful choice of the penalty (or hyper-) paramer is due to the fact that the Bayes estimator is defined with respect to a specific prior, i.e. corresponding to a specific value of  $\lambda$ , and not a class of priors relating to all  $\lambda \in \mathbb{R}_{>0}$ .

The calculation of the Bayes risk above relates the Bayesian and frequentist statements on the MSE of the ridge estimator. For the latter revisit Theorem 1.2 of Section 1.4.3, which warrants the existence of a  $\lambda$  such that the resulting ridge estimator has a superior MSE over that of the ML estimator. This result made no assumption on (the distribution of)  $\beta$ . In fact, it can be viewed as a statement of the MSE conditional on  $\beta$ . The Bayesian result integrates out the uncertainty – specified by the prior – in  $\beta$  from the (frequentist's) conditional MSE to arrive at the unconditional MSE.

#### 2.3 Markov chain Monte Carlo

The ridge regression estimator was shown to coincide with the posterior mean of the regression parameter when it is endowed with a normal prior. This particular choice of the prior yielded a closed form expression of the posterior, and its mean. Prior distributions that result in well-characterized posterior ones are referred to as *conjugate*. E.g., for the standard linear regression model a normal prior is conjugate. Conjugate priors, however, are the exception rather than the rule. In general, an arbitrary prior distribution will not result in a posterior distribution that is familiar (amongst others due to the fact that its normalizing constant is not analytically evaluable). For instance, would a wildly different prior for the regression parameter be chosen, its posterior is unlikely to be analytically known. Then, although analytically unknown, such posteriors can be investigated *in silico* by means of the Markov chain Monte Carlo (MCMC) method. In this section the MCMC method is explained and illustrated – despite its conjugancy – on the linear regression model with a normal prior. Refer to Chib and Greenberg (1995) and Geyer (2005) for more and better on the MCMC method.

Markov chain Monte Carlo is a general purpose technique for sampling from complex probabilistic models/distributions. It draws a sample from a Markov chain that has been constructed such that its stationary distribution equals the desired distribution (read: the analytically untractable posterior distribution). The chain is, after an initial number of iterations (called the *burn-in* period), believed to have converged and reached stationarity. A sample from the stationary chain is then representative of the desired distribution. Statistics derived from this sample can be used to characterize the desired distribution. Hence, estimation is reduced to setting up and running a Markov process on a computer.

Recall Monte Carlo integration. Assume the analytical evaluation of  $\mathbb{E}[h(\mathbf{Y})] = \int h(\mathbf{y})\pi(\mathbf{y})d\mathbf{y}$  is impossible. This quantity can nonetheless be estimated when samples from  $\pi(\cdot)$  can be drawn. For, if  $\mathbf{Y}^{(1)}, \ldots, \mathbf{Y}^{(T)} \sim \pi(\mathbf{y})$ , the integral may be estimated by:  $\widehat{\mathbb{E}}[h(\mathbf{Y})] = \frac{1}{T} \sum_{t=1}^{T} h(\mathbf{Y}^{(t)})$ . By the law of large numbers this is a consistent estimator, i.e. if  $T \to \infty$  the estimator converges (in probability) to its true value. Thus, irrespective of the specifics of the posterior distribution  $\pi(\cdot)$ , if one is able to sample from it, its moments (or other quantities) can be estimated. Or, by the same principle it may be used in the Bayesian regression framework of Section 2.2 to sample from the marginal posterior of  $\boldsymbol{\beta}$ ,

$$f_{\boldsymbol{\beta}}(\boldsymbol{\beta} \,|\, \mathbf{Y}, \mathbf{X}) \quad = \quad \int_0^\infty f_{\boldsymbol{\beta}, \sigma^2}(\boldsymbol{\beta}, \sigma^2 \,|\, \mathbf{Y}, \mathbf{X}) \, d\sigma^2 \quad = \quad \int_0^\infty g_{\boldsymbol{\beta}}(\boldsymbol{\beta} \,|\, \sigma^2, \mathbf{Y}, \mathbf{X}) g_{\sigma^2}(\sigma^2 \,|\, \mathbf{Y}, \mathbf{X}) \, d\sigma^2,$$

given that it of  $\sigma^2$  is known. By drawing a sample  $\sigma^{2,(1)}, \ldots, \sigma^{2,(T)}$  of  $g_{\sigma^2}(\sigma^2 \mid \mathbf{Y}, \mathbf{X})$  and, subsequently, a sample  $\{\boldsymbol{\beta}^{(t)}\}_{t=1}^T$  from  $g_{\boldsymbol{\beta}}(\boldsymbol{\beta} \mid \sigma^{2,(t)}, \mathbf{Y}, \mathbf{X})$  for  $t=1,\ldots,T$ , the parameter  $\sigma^2$  has effectively been integrated out and the resulting sample of  $\boldsymbol{\beta}^{(1)}, \boldsymbol{\beta}^{(2)}, \ldots, \boldsymbol{\beta}^{(T)}$  is from  $f_{\boldsymbol{\beta}}(\boldsymbol{\beta} \mid \mathbf{Y}, \mathbf{X})$ .

It is clear from the above that the ability to sample from the posterior distribution is key to the estimation of the parameters. But this sampling is hampered by knowledge of the normalizing constant of the posterior. This is overcome by the acceptance-rejection sampler. This sampler generates independent draws from a target density  $\pi(\mathbf{y}) = f(\mathbf{y})/K$ , where  $f(\mathbf{y})$  is an unnormalized density and K its (unknown) normalizing constant. The sampler relies on the existence of a density  $h(\mathbf{y})$  that dominates  $f(\mathbf{y})$ , i.e.,  $f(\mathbf{y}) \leq c h(\mathbf{y})$  for some known  $c \in \mathbb{R}_{>0}$ , from which it is possible to simulate. Then, in order

to draw a **Y** from the posterior  $\pi(\cdot)$  run Algorithm 1:

```
input : densities f(\cdot) and h(\cdot);
    constant c > 0;
output: a draw from \pi(\cdot).

1 Generate \mathbf{Y} from h(\cdot).

2 Generate U from the uniform distribution U[0,1].

3 if U \le f(\mathbf{Y}) / [c \times h(\mathbf{Y})] then

4 | Return \mathbf{Y}.

5 else

6 | Go back to line 1.

7 end

Algorithm 1: Acceptance-rejection sampling.
```

A proof that this indeed yields a random sample from  $\pi(\cdot)$  is given in Flury (1990). For this method to be computationally efficient, c is best set equal to  $\sup_{\mathbf{y}} \{f(\mathbf{y})/h(\mathbf{y})\}$ . The R-script below illustrates this sampler for the unnormalized density  $f(y) = \cos^2(2\pi y)$  on the unit interval. As  $\max_{y \in [0,1]} \cos^2(2\pi y) = 1$ , the density f(y) is dominated by the density function of the uniform distribution  $\mathcal{U}[0,1]$  and, hence, the script uses h(y) = 1 for all  $y \in [0,1]$ .

## Listing 2.1 R code

In practice, it may not be possible to find a density h(x) that dominates the unnormalized target density f(y) over the whole domain. Or, the constant c is too large, yielding a rather small acceptance probability, which would make the acceptance-rejection sampler impractically slow. A different sampler is then required.

The Metropolis-Hastings sampler overcomes the problems of the acceptance-rejection sampler and generates a sample from a target distribution that is known up to its normalizing constant. Hereto it constructs a Markov chain that converges to the target distribution. A Markov chain is a sequence of random variables  $\{\mathbf{Y}_t\}_{t=1}^{\infty}$  with  $\mathbf{Y}_t \in \mathbb{R}^p$  for all t that exihibit a simple dependence relationship among subsequent random variables in the sequence. Here that simple relationship refers to the fact/assumption that the distribution of  $\mathbf{Y}_{t+1}$  only depends on  $\mathbf{Y}_t$  and not on the part of the sequence preceding it. The Markov chain's random walk is usually initiated by a single draw from some distribution, resulting in  $\mathbf{Y}_1$ . From then on the evolution of the Markov chain is described by the transition kernel. The transition kernel is a the conditional density  $g_{\mathbf{Y}_{t+1}|\mathbf{Y}_t}(\mathbf{Y}_{t+1} = \mathbf{y}_a \,|\, \mathbf{Y}_t = \mathbf{y}_b)$  that specifies the distribution of the random variable at the next instance given the realization of the current one. Under some conditions (akin to aperiodicity and irreducibility for Markov chains in discrete time and with a discrete state space),

the influence of the initiation washes out and the random walk converges. Not to a specific value, but to a distribution. This is called the stationary distribution, denoted by  $\varphi(\mathbf{y})$ , and  $\mathbf{Y}_t \sim \varphi(\mathbf{y})$  for large enough t. The stationary distribution satisfies:

$$\varphi(\mathbf{y}_a) = \int_{\mathbb{R}^p} g_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_t}(\mathbf{Y}_{t+1} = \mathbf{y}_a \mid \mathbf{Y}_t = \mathbf{y}_b) \, \varphi(\mathbf{y}_b) \, d\mathbf{y}_b. \tag{2.1}$$

That is, the distribution of  $\mathbf{Y}_{t+1}$ , obtained by marginalization over  $\mathbf{Y}_t$ , coincides with that of  $\mathbf{Y}_t$ . Put differently, the mixing by the transition kernel does not affect the distribution of individual random variables of the chain. To verify that a particular distribution  $\varphi(\mathbf{y})$  is the stationary one it is sufficient to verify it satisfies the detailed balance equations:

$$g_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_t}(\mathbf{y}_b \mid \mathbf{y}_a) \varphi(\mathbf{y}_a) = g_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_t}(\mathbf{y}_a \mid \mathbf{y}_b) \varphi(\mathbf{y}_b),$$

for all choices of  $\mathbf{y}_a, \mathbf{y}_b \in \mathbb{R}^p$ . If a Markov chain satisfies this detailed balance equations, it is said to be reversible. Reversibility means so much as that, from the realizations, the direction of the chain cannot be discerned as:  $f_{\mathbf{Y}_t,\mathbf{Y}_{t+1}}(\mathbf{y}_a,\mathbf{y}_b) = f_{\mathbf{Y}_t,\mathbf{Y}_{t+1}}(\mathbf{y}_b,\mathbf{y}_a)$ , that is, the probability of starting in state  $\mathbf{y}_a$  and finishing in state  $\mathbf{y}_b$  equals that of starting in  $\mathbf{y}_b$  and finishing in  $\mathbf{y}_a$ . The sufficiency of this condition is evident after its integration on both sides with respect to  $\mathbf{y}_b$ , from which condition (2.1) follows.

MCMC assumes the stationary distribution of the Markov chain to be known up to a scalar – this is the target density from which is to be sampled – but the transition kernel is unknown. This poses a problem as the transition kernel is required to produce a sample from the target density. An arbitrary kernel is unlikely to satisfy the detailed balance equations with the desired distribution as its stationary one. If indeed it does not, then:

$$g_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_t}(\mathbf{y}_b \mid \mathbf{y}_a) \varphi(\mathbf{y}_a) > g_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_t}(\mathbf{y}_a \mid \mathbf{y}_b) \varphi(\mathbf{y}_b),$$

for some  $\mathbf{y}_a$  and  $\mathbf{y}_b$ . This may (loosely) be interpreted as that the process moves from  $\mathbf{y}_a$  to  $\mathbf{y}_b$  too often and from  $\mathbf{y}_b$  to  $\mathbf{y}_a$  too rarely. To correct this the probability of moving from  $\mathbf{y}_b$  to  $\mathbf{y}_b$  is introduced to reduce the number of moves from  $\mathbf{y}_a$  to  $\mathbf{y}_b$ . As a consequence not always a new value is generated, the algorithm may decide to stay in  $\mathbf{y}_a$  (as opposed to acceptance-rejection sampling). To this end a kernel is constructed and comprises compound transitions that propose a possible next state which is simultaneously judged to be acceptable or not. Hereto take an arbitrary candidate-generating density function  $g_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_t}(\mathbf{y}_{t+1} \mid \mathbf{y}_t)$ . Given the current state  $\mathbf{Y}_t = \mathbf{y}_t$ , this kernel produces a suggestion  $\mathbf{y}_{t+1}$  for the next point in the Markov chain. This suggestion may take the random walk too far afield from the desired and known stationary distribution. If so, the point is to be rejected in favour of the current state, until a new suggestion is produced that is satisfactory close to or representative of the stationary distribution. Let the probability of an acceptable suggestion  $\mathbf{y}_{t+1}$ , given the current state  $\mathbf{Y}_t = \mathbf{y}_t$ , be denoted by  $\mathcal{A}(\mathbf{y}_{t+1} \mid \mathbf{y}_t)$ . The thus constructed transition kernel then formalizes to:

$$h_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_{t}}(\mathbf{y}_{a} \mid \mathbf{y}_{b}) = g_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_{t}}(\mathbf{y}_{a} \mid \mathbf{y}_{b}) \mathcal{A}(\mathbf{y}_{a} \mid \mathbf{y}_{b}) + r(\mathbf{y}_{a}) \delta_{\mathbf{y}_{b}}(\mathbf{y}_{a}),$$

where  $\mathcal{A}(\mathbf{y}_a | \mathbf{y}_b)$  is the acceptance probability of the suggestion  $\mathbf{y}_a$  given the current state  $\mathbf{y}_b$  and is defined as:

$$\mathcal{A} = \min \Big\{ 1, \frac{\varphi(\mathbf{y}_a)}{\varphi(\mathbf{y}_b)} \frac{g_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_t}(\mathbf{y}_b \mid \mathbf{y}_a)}{g_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_t}(\mathbf{y}_a \mid \mathbf{y}_b)} \Big\}.$$

Furthermore,  $\delta_{\mathbf{y_b}}(\cdot)$  is the Dirac delta function and  $r(\mathbf{y}_a) = 1 - \int_{\mathbb{R}^p} g_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_t}(\mathbf{y}_a \mid \mathbf{y}_b) \mathcal{A}(\mathbf{y}_a \mid \mathbf{y}_b) d\mathbf{y}_a$ , which is associated with the rejection. The transition kernel  $h_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_t}(\cdot \mid \cdot)$  equipped with the above specified acceptance probability is referred to as the Metropolis-Hastings kernel. Note that, although the normalizing constant of the stationary distribution may be unknown, the acceptance probability can be evaluated as this constant cancels out in the  $\varphi(\mathbf{y}_a) [\varphi(\mathbf{y}_b)]^{-1}$  term.

It rests now to verify that  $\varphi(\cdot)$  is the stationary distribution of the thus defined Markov process. Hereto first the reversibility of the proposed kernel is assessed. The contribution of the second summand of the kernel to the detailed balance equations,  $r(\mathbf{y}_a) \, \delta_{\mathbf{y}_b}(\mathbf{y}_a) \varphi(\mathbf{y}_b)$ , exists only if  $\mathbf{y}_a = \mathbf{y}_b$ . Thus, if it contributes to the detailed balance equations, it does so equally on both sides of the equation. It is now left to assess whether:

$$g_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_t}(\mathbf{y}_a \mid \mathbf{y}_b) \mathcal{A}(\mathbf{y}_a \mid \mathbf{y}_b) \varphi(\mathbf{y}_b) = g_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_t}(\mathbf{y}_b \mid \mathbf{y}_a) \mathcal{A}(\mathbf{y}_b \mid \mathbf{y}_a) \varphi(\mathbf{y}_a).$$

To verify this equality use the definition of the acceptance probability from which we note that if  $\mathcal{A}(\mathbf{y}_a \mid \mathbf{y}_b) \leq 1$  (and thus  $\mathcal{A}(\mathbf{y}_a \mid \mathbf{y}_b) = [\varphi(\mathbf{y}_a)g_{\mathbf{Y}_{t+1}\mid \mathbf{Y}_t}(\mathbf{y}_b \mid \mathbf{y}_a)][\varphi(\mathbf{y}_b)g_{\mathbf{Y}_{t+1}\mid \mathbf{Y}_t}(\mathbf{y}_a \mid \mathbf{y}_b)]^{-1}$ ), then  $\mathcal{A}(\mathbf{y}_b \mid \mathbf{y}_a) = 1$  (and vice versa). In either case, the equality in the preceding display holds, and thereby, together with the observation regarding the second summand, so do the detailed balance equations for Metropolis-Hastings kernel. Then,  $\varphi(\cdot)$  is indeed the stationary distribution of the constructed transition kernel  $h_{\mathbf{Y}_{t+1}\mid \mathbf{Y}_t}(\mathbf{y}_a\mid \mathbf{y}_b)$  as can be verified from Condition (2.1):

$$\int_{\mathbb{R}^{p}} h_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_{t}}(\mathbf{y}_{a} \mid \mathbf{y}_{b}) \varphi(\mathbf{y}_{b}) d\mathbf{y}_{b} = \int_{\mathbb{R}^{p}} h_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_{t}}(\mathbf{y}_{b} \mid \mathbf{y}_{a}) \varphi(\mathbf{y}_{a}) d\mathbf{y}_{b}$$

$$= \int_{\mathbb{R}^{p}} g_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_{t}}(\mathbf{y}_{b} \mid \mathbf{y}_{a}) \mathcal{A}(\mathbf{y}_{b} \mid \mathbf{y}_{a}) \varphi(\mathbf{y}_{a}) d\mathbf{y}_{b} + \int_{\mathbb{R}^{p}} r(\mathbf{y}_{b}) \delta_{\mathbf{y}_{a}}(\mathbf{y}_{b}) \varphi(\mathbf{y}_{a}) d\mathbf{y}_{b}$$

$$= \varphi(\mathbf{y}_{a}) \int_{\mathbb{R}^{p}} g_{\mathbf{Y}_{t+1} \mid \mathbf{Y}_{t}}(\mathbf{y}_{b} \mid \mathbf{y}_{a}) \mathcal{A}(\mathbf{y}_{b} \mid \mathbf{y}_{a}) d\mathbf{y}_{b} + \varphi(\mathbf{y}_{a}) \int_{\mathbb{R}^{p}} r(\mathbf{y}_{b}) \delta_{\mathbf{y}_{a}}(\mathbf{y}_{b}) d\mathbf{y}_{b}$$

$$= \varphi(\mathbf{y}_{a}) [1 - r(\mathbf{y}_{a})] + r(\mathbf{y}_{a}) \varphi(\mathbf{y}_{a}) = \varphi(\mathbf{y}_{a}),$$

in which the reversibility of  $h_{\mathbf{Y}_{t+1}|\mathbf{Y}_t}(\cdot,\cdot)$ , the definition of  $r(\cdot)$ , and the properties of the Dirac delta function have been used.

The Metropolis-Hastings algorithm is now described by:

```
input : densities f(\cdot) and h(\cdot); constant c>0; output: A draw from \pi(\cdot).

1 Choose starting value x^{(0)}..

2 Generate y from q(x^{(j)}, \cdot) and U from U[0, 1].

3 if U \leq \alpha(X^{(j)}, y) then

4 | set x^{(j+1)} = y.

5 else

6 | set x^{(j+1)} = x^{(j)}.

7 end

8 Return the values \{x^{(1)}, x^{(2)}, x^{(3)}, \ldots, \}

Algorithm 2: Metropolis-Hastings algorithm.
```

The convergence rate of this sequence is subject of on-going research.

The following R-script shows how the Metropolis-Hastings sampler can be used to from a mixture of two normals  $f(y) = \theta \phi_{\mu=2,\sigma^2=0.5}(y) + (1-\theta)\phi_{\mu=-2,\sigma^2=2}(y)$  with  $\theta=14$ . The sampler assumes this distribution is known up to its normalizing constant and uses its unnormalized density  $\exp[-(y-2)^2] + 3\exp[-(y+2)^2/4]$ . The sampler employs the Cauchy distribution centered at the current state as transition kernel from a candidate for the next state is drawn. The chain is initiated arbitrarily with  $Y^{(1)}=1$ .

# Listing 2.2 R code

```
# define unnormalized mixture of two normals
mixDensity <- function(x){
    # unnormalized mixture of two normals
    exp(-(x-2)^2) + 3*exp(-(x+2)^2/4)
}

# define the MCMC sampler
mcmcSampler <- function(n, initDraw){
    draw <- initDraw
    for (i in 1:(n-1)){
        # sample a candidate
        candidate <- rcauchy(1, draw[i])

    # calculate acceptance probability:</pre>
```

The histogram (not shown) shows that the sampler, although using a unimodal kernel, yields a sample from the bimodal mixture distribution.

The Gibbs sampler is a particular version of the MCMC algorithm. The Gibbs sampler enhances convergence to the stationary distribution (i.e. the posterior distribution) of the Markov chain. It requires, however, the full conditionals of all random variables (here: model parameters), i.e. the conditional distributions of one random variable given all others, to be known analytically. Let the random vector  $\mathbf{Y}$  for simplicity – more refined partitions possible – be partioned as  $(\mathbf{Y}_a, \mathbf{Y}_b)$  with subscripts a and b now referring to index sets that partition the random vector  $\mathbf{Y}$  (instead of the previously employed meaning of referring to two – possibly different – elements from the state space). The Gibbs sampler thus requires that both  $f_{\mathbf{Y}_a|\mathbf{Y}_b}(\mathbf{y}_a, \mathbf{y}_b)$  and  $f_{\mathbf{Y}_b|\mathbf{Y}_a}(\mathbf{y}_a, \mathbf{y}_b)$  are known. Being a specific form of the MCMC algorithm the Gibbs sampler seeks to draw  $\mathbf{Y}_{t+1} = (\mathbf{Y}_{a,t+1}, \mathbf{Y}_{b,t+1})$  given the current state  $\mathbf{Y}_t = (\mathbf{Y}_{a,t}, \mathbf{Y}_{b,t})$ . It draws, however, only a new instance for a single element of the partition (e.g.  $\mathbf{Y}_{a,t+1}$ ) keeping the remainder of the partition (e.g.  $\mathbf{Y}_{b,t}$ ) temporarily fixed. Hereto define the transition kernel:

$$g_{\mathbf{Y}_{t+1}\mid\mathbf{Y}_{t}}(\mathbf{Y}_{t+1}=\mathbf{y}_{t+1}\mid\mathbf{Y}_{t}=\mathbf{y}_{t+1}) = \begin{cases} f_{\mathbf{Y}_{a,t+1}\mid\mathbf{Y}_{b,t+1}}(\mathbf{y}_{a,t+1},\mathbf{y}_{b,t+1}) & \text{if } \mathbf{y}_{b,t+1}=\mathbf{y}_{b,t}, \\ 0 & \text{otherwise.} \end{cases}$$

Using the definition of the conditional density the acceptance probability for the t+1-th proposal of the subvector  $\mathbf{Y}_a$  then is:

$$\mathcal{A}(\mathbf{y}_{t+1} | \mathbf{y_t}) = \min \left\{ 1, \frac{\varphi(\mathbf{y}_{t+1})}{\varphi(\mathbf{y}_t)} \frac{g_{\mathbf{Y}_{t+1}} | \mathbf{Y}_t(\mathbf{y}_t, \mathbf{y}_{t+1})}{g_{\mathbf{Y}_{t+1}} | \mathbf{Y}_t(\mathbf{y}_{t+1}, \mathbf{y}_t)} \right\}$$

$$= \min \left\{ 1, \frac{\varphi(\mathbf{y}_{t+1})}{\varphi(\mathbf{y}_t)} \frac{f_{\mathbf{Y}_{a,t+1}} | \mathbf{Y}_{b,t+1}(\mathbf{y}_{a,t}, \mathbf{y}_{b,t})}{f_{\mathbf{Y}_{a,t+1}} | \mathbf{Y}_{b,t+1}(\mathbf{y}_{a,t+1}, \mathbf{y}_{b,t+1})} \right\}$$

$$= \min \left\{ 1, \frac{\varphi(\mathbf{y}_{t+1})}{\varphi(\mathbf{y}_t)} \frac{f_{\mathbf{Y}_{a,t+1}}, \mathbf{Y}_{b,t+1}(\mathbf{y}_{a,t+1}, \mathbf{y}_{b,t+1})/f_{\mathbf{Y}_{b,t+1}}(\mathbf{y}_{b,t})}{f_{\mathbf{Y}_{a,t+1}}, \mathbf{Y}_{b,t+1}(\mathbf{y}_{a,t+1}, \mathbf{y}_{a,t+1})/f_{\mathbf{Y}_{b,t+1}}(\mathbf{y}_{b,t+1})} \right\}$$

$$= \min \left\{ 1, \frac{f_{\mathbf{Y}_{b,t+1}}(\mathbf{y}_{b,t})}{f_{\mathbf{Y}_{b,t+1}}(\mathbf{y}_{b,t})} \right\} = 1.$$

The acceptance probability of each proposal is thus one (which contributes to the enhanced convergence of the Gibbs sampler to the joint posterior). Having drawn an acceptable proposal for this element of the partition, the Gibbs sampler then draws a new instance for the next element of the partition, i.e. now  $\mathbf{Y}_b$ , keeping  $\mathbf{Y}_a$  fixed. This process of subsequently sampling each partition element is repeated until enough samples have been drawn.

To illustrate the Gibbs sampler revisit Bayesian regression. In Section 2.2 the full conditional distributions of  $\beta$  and  $\sigma^2$  were derived. The Gibbs sampler now draws in alternating fashion from these conditional distributions (see Algorithm 3 for its pseudo-code).

```
input: sample size T length of burn in period T_{\text{burn-in}} thinning factor f_{\text{thinning}} data \{\mathbf{x}_i, \mathbf{y}_i\}_{i=1}^n; conditional distributions f_{\sigma^2 \mid \beta}(\sigma^2, \beta; \{\mathbf{x}_i, \mathbf{y}_i\}_{i=1}^n) and f_{\beta \mid \sigma^2}(\beta, \sigma^2; \{\mathbf{x}_i, \mathbf{y}_i\}_{i=1}^n). output: draws from the joint posterior \pi(\beta, \sigma^2 \mid \{\mathbf{x}_i, \mathbf{y}_i\}_{i=1}^n).

1 initialize (\beta_0, \sigma_0^2).

2 for t = 1 to T_{burn-in} + Tf_{thinning} do

3 draw \beta_t from conditional distribution f_{\beta \mid \sigma^2}(\beta, \sigma_{t-1}^2; \{\mathbf{x}_i, \mathbf{y}_i\}_{i=1}^n), draw \sigma_t^2 from conditional distribution f_{\sigma^2 \mid \beta}(\sigma^2, \beta_t; \{\mathbf{x}_i, \mathbf{y}_i\}_{i=1}^n).

5 end

6 Remove the first T_{\text{burn-in}} draws (representing the burn-in phase).

7 Select every f_{\text{thinning}}-th sample (thinning).

Algorithm 3: Pseudocode of the Gibbs sampler of the joint posterior of the Bayesian regression parameters.
```

# 2.4 Empirical Bayes

Empirical Bayes (EB) is a branch of Bayesian statistics that meets the subjectivity criterion of frequentists. Instead of fully specifying the prior distribution empirical Bayesians identify only its form. The hyper parameters of this prior distribution are left unspecified and are to be found empirically. In practice, these hyper-parameters are estimated from the data at hand. However, the thus estimated hyper parameters are used to obtain the Bayes estimator of the model parameters. As such the data are then used multiple times. This is usually considered an inappropriate practice but is deemed acceptable when the number of model parameters is large in comparison to the number of hyper parameters. Then, the data are not used twice but ' $1 + \varepsilon$ '-times (i.e. once-and-a-little-bit) and only little information from the data is spent on the estimation of the hyper parameters. Having obtained an estimate of the hyper parameters, the prior is fully known, and the posterior distribution (and summary statistics thereof) are readily obtained by Bayes' formula.

The most commonly used procedure for the estimation of the hyper parameters is marginal likelihood maximization, which is a maximum likelihood-type procedure. But the likelihood cannot directly be maximized with respect to the hyper parameters as it contains the model parameters that are assumed to be random within the Bayesian framework. This may be circumvented by choosing a specific value for the model parameter but would render the resulting hyper parameter estimates dependent on this choice. Instead of maximization with the model parameter set to a particular value one would preferably maximize over all possible realizations. The latter is achieved by marginalization with respect to the random model parameter, in which the (prior) distribution of the model parameter is taken into account. This amounts to integrating out the model parameter from the posterior distribution, i.e.  $\int P(\mathbf{Y} = \mathbf{y} \mid \theta) \, \pi(\theta) \, d\theta$ , resulting in the so-called marginal posterior. After marginalization the specifics of the model parameter have been discarded and the marginal posterior is a function of the observed data and the hyper parameters. The estimator of the hyper parameter is now defined as the maximizer of this marginal posterior.

To illustrate the estimation of hyper parameters of the Bayesian linear regression model through marginal likelihood maximization assume the regression parameter  $\beta$  and and the error variance  $\sigma^2$  to be endowed with conjugate priors:  $\beta \mid \sigma^2 \sim \mathcal{N}(\mathbf{0}_p, \sigma^2 \lambda^{-1} \mathbf{I}_{pp})$  and  $\sigma^2 \sim \mathcal{IG}(\alpha_0, \beta_0)$ . Three hyper parameters are thus to be estimated: the shape and scale parameters,  $\alpha_0$  and  $\beta_0$ , of the inverse gamma distribution and the  $\lambda$  parameter related to the variance of the regression coefficients. Straightforward application of the outlined marginal likelihood principle does, however, not work here. The joint prior,  $\pi(\beta \mid \sigma^2)\pi(\sigma^2)$ , is too flexible and does not yield sensible estimates of the hyper parameters. As interest is primarily in  $\lambda$ , this is resolved by setting the hyper parameters of  $\pi(\sigma^2)$  such that the resulting prior is uninformative, i.e. as objectively as possible. This is operationalized as a very flat distribution. Then, with the particular choices of  $\alpha_0$  and  $\beta_0$  that produce an uninformative prior for  $\sigma^2$ , the empirical Bayes

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estimate of  $\lambda$  is:

$$\begin{split} \hat{\lambda}_{eb} &= \arg\max_{\lambda} \int_{0}^{\infty} \int_{\mathbb{R}^{p}} f_{\boldsymbol{\beta},\sigma^{2}}(\boldsymbol{\beta},\sigma^{2} \,|\, \mathbf{Y},\mathbf{X}) \, d\boldsymbol{\beta} \, d\sigma^{2} \\ &= \arg\max_{\lambda} \int_{0}^{\infty} \int_{\mathbb{R}^{p}} \sigma^{-n} \exp[-\frac{1}{2}\sigma^{-2}(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})^{\top}(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})] \\ &\quad \times \sigma^{-p} \exp(-\frac{1}{2}\sigma^{-2}\lambda\boldsymbol{\beta}^{\top}\boldsymbol{\beta}) \times (\sigma^{2})^{-\alpha_{0}-1} \exp(-\beta_{0}\sigma^{-2}) \, d\boldsymbol{\beta} \, d\sigma^{2} \\ &= \arg\max_{\lambda} \int_{0}^{\infty} \int_{\mathbb{R}^{p}} \sigma^{-n} \exp\{-\frac{1}{2}\sigma^{-2}[\mathbf{Y}^{\top}\mathbf{Y} - \mathbf{Y}^{\top}\mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y}\} \\ &\quad \times \sigma^{-p} \exp\{-\frac{1}{2}\sigma^{-2}[\boldsymbol{\beta} - \hat{\boldsymbol{\beta}}(\lambda)]^{\top}(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})[\boldsymbol{\beta} - \hat{\boldsymbol{\beta}}(\lambda)]\} \\ &\quad \times (\sigma^{2})^{-\alpha_{0}-1} \exp(-\beta_{0}\sigma^{-2}) \, d\boldsymbol{\beta} \, d\sigma^{2} \end{split}$$

$$&= \arg\max_{\lambda} \int_{0}^{\infty} \sigma^{-n} \exp\{-\frac{1}{2}\sigma^{-2}[\mathbf{Y}^{\top}\mathbf{Y} - \mathbf{Y}^{\top}\mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y}\} \\ &\quad \times |\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp}|^{-1/2} (\sigma^{2})^{-\alpha_{0}-1} \exp(-\beta_{0}\sigma^{-2}) \, d\sigma^{2} \end{split}$$

$$&= \arg\max_{\lambda} |\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp}|^{-1/2} \int_{0}^{\infty} \exp\left(-\sigma^{-2}\{\boldsymbol{\beta}_{0} + \frac{1}{2}[\mathbf{Y}^{\top}\mathbf{Y} - \mathbf{Y}^{\top}\mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y}]\}\right) \\ &\quad \times (\sigma^{2})^{-\alpha_{0}-n/2-1} \, d\sigma^{2} \end{split}$$

$$&= \arg\max_{\lambda} |\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp}|^{-1/2} \, b_{1}^{-\alpha_{0}-n/2}, \end{split}$$

where the factors not involving  $\lambda$  have been dropped throughout and  $b_1 = \beta_0 + \frac{1}{2}[\mathbf{Y}^{\top}\mathbf{Y} - \mathbf{Y}^{\top}\mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y}]$ . Prior to the maximization of the marginal likelihood the logarithm is taken. That changes the maximum, but not its location, and yields an expression that is simpler to maximize. With the empirical Bayes estimate  $\hat{\lambda}_{eb}$  at hand, the Bayesian estimate of the regression parameter  $\boldsymbol{\beta}$  is  $\hat{\boldsymbol{\beta}}_{eb} = (\mathbf{X}^{\top}\mathbf{X} + \hat{\lambda}_{eb}\mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y}$ . Finally, the particular choice of the hyper parameters of the prior on  $\sigma^2$  is not too relevant. Most values of  $\alpha_0$  and  $\beta_0$  that correspond to a rather flat inverse gamma distribution yield resulting point estimates  $\hat{\boldsymbol{\beta}}_{eb}$  that do not differ too much numerically.

# 2.5 Conclusion

Bayesian regression was introduced and shown to be closely connected to ridge regression. Under a conjugate Gaussian prior on the regression parameter the Bayesian regression estimator coincides with the ridge regression estimator, which endows the ridge penalty with the interpretation of this prior. While an analytic expression of these estimators is available, a substantial part of this chapter was dedicated to evaluation of the estimator through resampling. The use of this resampling will be evident when other penalties and non-conjugate priors will be studied (cf. Excercise ?? and Sections 5.4 and 6.6). Finally, another informative procedure, empirical Bayes, to choose the penalty parameter was presented.

# 2.6 Exercises

#### Question 2.1

Consider the linear regression model  $Y_i = X_i\beta + \varepsilon_i$  with the  $\varepsilon_i$  i.i.d. following a standard normal law  $\mathcal{N}(0,1)$ . Data on the response and covariate are available:  $\{(y_i,x_i)\}_{i=1}^8 = \{(-5,-2),(0,-1),(-4,-1),(-2,-1),(0,0),(3,1),(5,2),(3,2)\}$ .

- a) Assume a zero-centered normal prior on  $\beta$ . What variance, i.e. which  $\sigma^2 \in \mathbb{R}_{>0}$ , of this prior yields a mean posterior  $\mathbb{E}(\beta \mid \{(y_i, x_i)\}_{i=1}^8, \sigma^2)$  equal to 1.4?
- b) Assume a non-zero centered normal prior. What (mean, variance)-combinations for the prior will yield a mean posterior estimate  $\hat{\beta} = 2$ ?

# Question 2.2

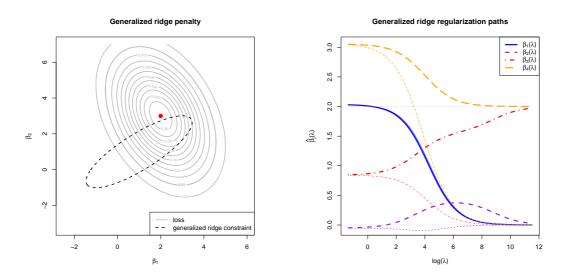
Revisit the microRNA data example of Section 1.10. Use the empirical Bayes procedure outlined in Section 2.4 to estimate the penalty parameter. Compare this to the one obtained via cross-validation. In particular, compare the resulting point estimates of the regression parameter.

# 3 Generalizing ridge regression

The exposé on ridge regression may be generalized in many ways. Among others different generalized linear models may be considered (confer Section 5). In this section we stick to the linear regression model  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$  with the usual assumptions, but fit it in weighted fashion and generalize the common, spherical penalty. The loss function corresponding to this scenario is:

$$(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})^{\top} \mathbf{W} (\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}) + (\boldsymbol{\beta} - \boldsymbol{\beta}_0)^{\top} \boldsymbol{\Delta} (\boldsymbol{\beta} - \boldsymbol{\beta}_0), \tag{3.1}$$

which comprises a weighted least squares criterion and a generalized ridge penalty. In this **W** is a  $(n \times n)$ -dimensional, diagonal matrix with  $(\mathbf{W})_{ii} \in [0,1]$  representing the weight of the i-th observation. The penalty is now a quadratic form with penalty parameter  $\Delta$ , a  $(p \times p)$ -dimensional, positive definite, symmetric matrix. When  $\Delta = \lambda \mathbf{I}_{pp}$ , one regains the spherical penalty of 'regular ridge regression'. This penalty shrinks each element of the regression parameter  $\boldsymbol{\beta}$  equally along the unit vectors  $\mathbf{e}_j$ . Generalizing  $\Delta$  to the class of symmetric, positive definite matrices  $\mathcal{S}_{++}$  allows for i) different penalization per regression parameter, and ii) joint (or correlated) shrinkage among the elements of  $\boldsymbol{\beta}$ . The penalty parameter  $\Delta$  determines the speed and direction of shrinkage. The p-dimensional column vector  $\boldsymbol{\beta}_0$  is a user-specified, non-random target towards which  $\boldsymbol{\beta}$  is shrunken as the penalty parameter increases. When recasting generalized ridge estimation as a constrained estimation problem, the implications of the penalty may be visualized (Figure 3.1, left panel). The generalized ridge penalty is a quadratic form centered around  $\boldsymbol{\beta}_0$ . In Figure 3.1 the parameter constraint clearly is ellipsoidal (and not spherical). Moreover, the center of this ellipsoid is not at zero.



**Figure 3.1**: Left panel: the contours of the likelihood (grey solid ellipsoids) and the parameter constraint implied by the generalized penalty (black dashed ellipsoid. Right panel: generalized (fat coloured lines) and 'regular' (thin coloured lines) regularization paths of four regression coefficients. The dotted grey (straight) lines indicated the targets towards the generalized ridge penalty shrinks regression coefficient estimates.

The addition of the generalized ridge penalty to the sum-of-squares ensures the existence of a unique regression estimator in the face of super-collinearity. The generalized penalty is a non-degenerated quadratic form in  $\beta$  due to the positive definiteness of the matrix  $\Delta$ . As it is non-degenerate, it is

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strictly convex. Consequently, the generalized ridge regression loss function (3.1), being the sum of a convex and strictly convex function, is also strictly convex. This warrants the existence of a unique global minimum and, thereby, a unique estimator.

Like for the 'regular' ridge loss function (1.8), there is an explicit expression for the optimum of the generalized ridge loss function (3.1). To see this, obtain the estimating equation of  $\beta$  through equating its derivative with respect to  $\beta$  to zero:

$$2\mathbf{X}^{\mathsf{T}}\mathbf{W}\mathbf{Y} - 2\mathbf{X}^{\mathsf{T}}\mathbf{W}\mathbf{X}\boldsymbol{\beta} - 2\boldsymbol{\Delta}\boldsymbol{\beta} + 2\boldsymbol{\Delta}\boldsymbol{\beta}_{0} = \mathbf{0}_{p}.$$

This is solved by:

$$\hat{\boldsymbol{\beta}}(\boldsymbol{\Delta}) = (\mathbf{X}^{\top} \mathbf{W} \mathbf{X} + \boldsymbol{\Delta})^{-1} (\mathbf{X}^{\top} \mathbf{W} \mathbf{Y} + \boldsymbol{\Delta} \boldsymbol{\beta}_0). \tag{3.2}$$

Clearly, this reduces to the 'regular' ridge estimator by setting  $\mathbf{W} = \mathbf{I}_{nn}$ ,  $\beta_0 = \mathbf{0}_p$ , and  $\Delta = \lambda \mathbf{I}_{pp}$ . The effects of the generalized ridge penalty on the estimates can be seen in the regularization paths of the estimates. Figure 3.1 (right panel) contains an example of the regularization paths for coefficients of a linear regression model with four explanatory variables. Most striking is the limiting behaviour of the estimates of  $\beta_3$  and  $\beta_4$  for large values of the penalty parameter  $\lambda$ : they convergence to a non-zero value (as was specified by a nonzero  $\beta_0$ ). More subtle is the (temporary) convergence of the regularization paths of the estimates of  $\beta_2$  and  $\beta_3$ . That of  $\beta_2$  is pulled away from zero (its true value and approximately its unpenalized estimate) towards the estimate of  $\beta_3$ . In the regularization path of  $\beta_3$  this can be observed in a delayed convergence to its nonzero target value (for comparison consider that of  $\beta_4$ ). For reference the corresponding regularization paths of the 'regular' ridge estimates (as thinner lines of the same colour) are included in Figure 3.1.

# Example 3.1 Fused ridge estimation

An example of a generalized ridge penalty is the *fused ridge penalty* (as introduced by Goeman, 2008). Consider the standard linear model  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$ . The fused ridge estimator of  $\boldsymbol{\beta}$  then minimizes:

$$\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_{2}^{2} + \lambda \sum_{j=2}^{p} \|\beta_{j} - \beta_{j-1}\|_{2}^{2}.$$
 (3.3)

The penalty in the loss function above can be written as a generalized ridge penalty:

$$\lambda \sum_{j=2}^{p} \|\beta_j - \beta_{j-1}\|_2^2 = \beta^{\top} \begin{pmatrix} \lambda & -\lambda & 0 & \dots & \dots & 0 \\ -\lambda & 2\lambda & -\lambda & \ddots & & \vdots \\ 0 & -\lambda & 2\lambda & \ddots & \ddots & \vdots \\ \vdots & \ddots & \ddots & \ddots & \ddots & 0 \\ \vdots & & \ddots & \ddots & \ddots & -\lambda \\ 0 & & & 0 & -\lambda & \lambda \end{pmatrix} \beta.$$

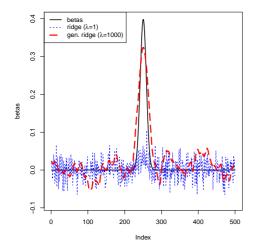
The matrix  $\Delta$  employed above is semi-positive definite and therefore the loss function (3.3) is not strictly convex. Hence, often a regular ridge penalty  $\|\beta\|_2^2$  is added (with its own penalty parameter).

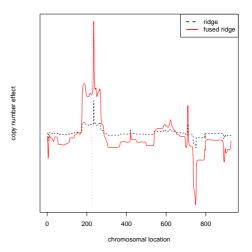
To illustrate the effect of the fused ridge penalty on the estimation of the linear regression model  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$ , let  $\beta_j = \phi_{0,1}(z_j)$  with  $z_j = -30 + \frac{6}{50}j$  for  $j = 1, \dots, 500$ . Sample the elements of the design matrix  $\mathbf{X}$  and those of the error vector  $\boldsymbol{\varepsilon}$  from the standard normal distribution, then form the response  $\mathbf{Y}$  from the linear model. The regression parameter is estimated through fused ridge loss minimization with  $\lambda = 1000$ . The estimate is shown in Figure 3.2 (red line). For reference the figure includes the true  $\boldsymbol{\beta}$  (black line) and the 'regular ridge' estimate with  $\lambda = 1$  (blue line). Clearly, the fused ridge estimate yields a nice smooth vector of  $\boldsymbol{\beta}$  estimates

# 3.1 Moments

The expectation and variance of  $\hat{\beta}(\Delta)$  are obtained through application of the same matrix algebra and expectation and covariance rules used in the derivation of their counterparts of the 'regular' ridge regression estimator. This leads to:

$$\begin{split} \mathbb{E}[\hat{\boldsymbol{\beta}}(\boldsymbol{\Delta})] &= (\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \boldsymbol{\Delta})^{-1}(\mathbf{X}^{\top}\mathbf{W}\mathbf{X}\boldsymbol{\beta} + \boldsymbol{\Delta}\boldsymbol{\beta}_{0}), \\ \mathrm{Var}[\hat{\boldsymbol{\beta}}(\boldsymbol{\Delta})] &= \sigma^{2}(\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \boldsymbol{\Delta})^{-1}\mathbf{X}^{\top}\mathbf{W}^{2}\mathbf{X}(\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \boldsymbol{\Delta})^{-1}. \end{split}$$





**Figure 3.2**: Left panel: illustration of the fused ridge estimator (in simulation). The true parameter  $\beta$  and its ridge and fused ridge estimates against their spatial order. Right panel: Ridge vs. fused ridge estimates of the DNA copy effect on KRAS expression levels. The dashed, grey vertical bar indicates the location of the KRAS gene.

From these expressions similar limiting behaviour as for the 'regular' ridge regression case can be deduced. To this end let  $\mathbf{V}_{\delta}\mathbf{D}_{\delta}\mathbf{V}_{\delta}^{\top}$  be the eigendecomposition of  $\boldsymbol{\Delta}$  and  $d_{\delta,j}=(\mathbf{D}_{\delta})_{jj}$ . Furthermore, define (with some abuse of notation)  $\lim_{\Delta\to\infty}$  as the limit of all  $d_{\delta,j}$  simultaneously tending to infinity. Then,  $\lim_{\Delta\to\infty} \mathbb{E}[\hat{\boldsymbol{\beta}}(\boldsymbol{\Delta})] = \boldsymbol{\beta}_0$  and  $\lim_{\Delta\to\infty} \operatorname{Var}[\hat{\boldsymbol{\beta}}(\boldsymbol{\Delta})] = \mathbf{0}_{pp}$ .

#### Example 3.2

Let **X** be an  $(n \times p)$ -dimensional, orthonormal design matrix. Contrast the regular and generalized ridge regression estimator, the latter with  $\mathbf{W} = \mathbf{I}_{pp}$ ,  $\boldsymbol{\beta}_0 = \mathbf{0}_p$  and  $\boldsymbol{\Delta} = \lambda \mathbf{R}$  where  $\mathbf{R} = (1 - \rho)\mathbf{I}_{pp} + \rho \mathbf{1}_{pp}$  for  $\rho \in (-(p-1)^{-1}, 1)$ . For  $\rho = 0$  the two estimators coincide. The variance of the generalized ridge regression estimator then is  $\operatorname{Var}[\hat{\boldsymbol{\beta}}(\boldsymbol{\Delta})] = (\mathbf{I}_{pp} + \boldsymbol{\Delta})^{-2}$ . The efficiency of this estimator, measured by its generalized variance, is:

$$\det\{\operatorname{Var}[\hat{\beta}(\Delta)]\} = \{[1 + \lambda + (p-1)\rho](1 + \lambda - \rho)^{p-1}\}^{-2}.$$

This efficiency attains its minimum at  $\rho = 0$ . In the present case, the regular ridge regression estimator is thus more efficient than its generalized counterpart.

# Example 3.3 (MSE with perfect target)

Set  $\beta_0 = \beta$ , i.e. the target is equal to the true value of the regression parameter. Then:

$$\mathbb{E}[\hat{\boldsymbol{\beta}}(\boldsymbol{\Delta})] = (\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \boldsymbol{\Delta})^{-1}(\mathbf{X}^{\top}\mathbf{W}\mathbf{X}\boldsymbol{\beta} + \boldsymbol{\Delta}\boldsymbol{\beta}) = \boldsymbol{\beta}.$$

Hence, irrespective of the choice of  $\Delta$ , the generalized ridge is then unbiased. Thus:

$$\begin{aligned} \text{MSE}[\hat{\boldsymbol{\beta}}(\boldsymbol{\Delta})] &= & \text{tr}\{\text{Var}[\hat{\boldsymbol{\beta}}(\boldsymbol{\Delta})]\} \\ &= & \text{tr}[\sigma^2(\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \boldsymbol{\Delta})^{-1}\mathbf{X}^{\top}\mathbf{W}^2\mathbf{X}(\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \boldsymbol{\Delta})^{-1}] \\ &= & \sigma^2\text{tr}[\mathbf{X}^{\top}\mathbf{W}^2\mathbf{X}(\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \boldsymbol{\Delta})^{-2}]. \end{aligned}$$

When  $\Delta = \lambda \mathbf{I}_{pp}$ , this MSE is smaller than that of the ML regression estimator, irrespective of the choice of  $\lambda$ .

# 3.2 The Bayesian connection

This generalized ridge estimator can, like the regular ridge estimator, be viewed as a Bayesian estimator. It requires to replace the conjugate prior on  $\beta$  by a more general normal law,  $\beta \sim \mathcal{N}(\beta_0, \sigma^2 \Delta^{-1})$ , but

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retains the inverse gamma prior on  $\sigma^2$ . The joint posterior distribution of  $\beta$  and  $\sigma^2$  is then obtained analogously (the details are left as Exercise 3.2) to Chapter 2:

$$f_{\boldsymbol{\beta},\sigma^{2}}(\boldsymbol{\beta},\sigma^{2} | \mathbf{Y}, \mathbf{X}) = f_{Y}(\mathbf{Y} | \mathbf{X}, \boldsymbol{\beta},\sigma^{2}) f_{\beta}(\boldsymbol{\beta}|\sigma^{2}) f_{\sigma}(\sigma^{2})$$

$$\propto q_{\boldsymbol{\beta}}(\boldsymbol{\beta} | \sigma^{2}, \mathbf{Y}, \mathbf{X}) q_{\sigma^{2}}(\sigma^{2} | \mathbf{Y}, \mathbf{X})$$

with

$$g_{\beta}(\boldsymbol{\beta} \mid \sigma^2, \mathbf{Y}, \mathbf{X}) \propto \exp \left\{ -\frac{1}{2\sigma^2} \left[ \boldsymbol{\beta} - \hat{\boldsymbol{\beta}}(\boldsymbol{\Delta}) \right]^{\top} (\mathbf{X}^{\top} \mathbf{X} + \boldsymbol{\Delta}) \left[ \boldsymbol{\beta} - \hat{\boldsymbol{\beta}}(\boldsymbol{\Delta}) \right] \right\}.$$

This implies  $\mathbb{E}(\boldsymbol{\beta} \mid \sigma^2, \mathbf{Y}, \mathbf{X}) = \hat{\boldsymbol{\beta}}(\boldsymbol{\Delta})$ . Hence, the generalized ridge regression estimator too can be viewed as the Bayesian posterior mean estimator of  $\boldsymbol{\beta}$  when imposing a multivariate Gaussian prior on the regression parameter.

# 3.3 Application

An illustration involving omics data can be found in the explanation of a gene's expression levels in terms of its DNA copy number. The latter is simply the number of gene copies encoded in the DNA. For instance, for most genes on the autosomal chromosomes the DNA copy number is two, as there is a single gene copy on each chromosome and autosomal chromosomes come in pairs. Alternatively, in males the copy number is one for genes that map to the X or Y chromosome, while in females it is zero for genes on the Y chromosome. In cancer the DNA replication process has often been compromised leading to a (partially) reshuffled and aberrated DNA. Consequently, the cancer cell may exhibit gene copy numbers well over a hundred for classic oncogenes. A faulted replication process does – of course – not nicely follow the boundaries of gene encoding regions. This causes contiguous genes to commonly share aberrated copy numbers. With genes being transcribed from the DNA and a higher DNA copy number implying an enlarged availability of the gene's template, the latter is expected to lead to elevated expression levels. Intuitively, one expects this effect to be localized (a so-called *cis*-effect), but some suggest that aberrations elsewhere in the DNA may directly affect the expression levels of distant genes (referred to as a *trans*-effect).

The cis- and trans-effects of DNA copy aberrations on the expression levels of the KRAS oncogene in colorectal cancer are investigated. Data of both molecular levels from the TCGA (The Cancer Genome Atlas) repository are downloaded (Cancer Genome Atlas Network, 2012). The gene expression data are limited to that of KRAS, while for the DNA copy number data only that of chromosome 12, which harbors KRAS, is retained. This leaves genomic profiles of 195 samples comprising 927 aberrations. Both molecular data types are zero centered feature-wise. Moreover, the data are limited to ten – conveniently chosen? – samples. The KRAS expression levels are explained by the DNA copy number aberrations through the linear regression model. The model is fitted by means of ridge regression, with  $\lambda \Delta$  and  $\Delta = \mathbf{I}_{pp}$  and a single-banded  $\Delta$  with unit diagonal and the elements of the first off-diagonal equal to the arbitrary value of -0.4. The latter choice appeals to the spatial structure of the genome and encourages similar regression estimates for contiguous DNA copy numbers. The penalty parameter is chosen by means of leave-one-out cross-validation using the squared error loss.

# Listing 3.1 R code

```
# remove all genes not mapping to chr 12
geneList <- geneList[which(geneList[,4] %in% c(12)),]</pre>
geneList <- geneList[,-1]</pre>
geneList <- unique(geneList)</pre>
geneList <- geneList[order(geneList[,3], geneList[,4], geneList[,5]),]</pre>
# create CGDS object
mycgds <- CGDS("http://www.cbioportal.org/public-portal/")</pre>
# get available case lists (collection of samples) for a given cancer study
mycancerstudy <- getCancerStudies(mycgds)[37,1]</pre>
              <- getCaseLists(mycgds,mycancerstudy)[1,1]</pre>
mycaselist
# get available genetic profiles
mrnaProf
               <- getGeneticProfiles(mycgds,mycancerstudy)[c(4),1]</pre>
cnProf
               <- getGeneticProfiles(mycgds, mycancerstudy)[c(6),1]</pre>
# get data slices for a specified list of genes, genetic profile and case list
cnData <- numeric()</pre>
         <- numeric()
geData
geneInfo <- numeric()</pre>
for (j in 1:nrow(geneList)){
  geneName <- as.character(geneList[j,1])</pre>
  geneData <- getProfileData(mycgds, geneName, c(cnProf, mrnaProf), mycaselist)</pre>
  if (\dim(\text{geneData})[2] == 2 \& \dim(\text{geneData})[1] > 0){
    cnData <- cbind(cnData, geneData[,1])</pre>
    geData <- cbind(geData, geneData[,2])</pre>
    geneInfo <- rbind(geneInfo, geneList[j,])</pre>
colnames(cnData) <- rownames(geneData)</pre>
colnames (geData) <- rownames (geneData)</pre>
# preprocess data
Y <- geData[, match("KRAS", geneInfo[,1]), drop=FALSE]
Y \leftarrow Y - mean(Y)
X <- sweep(cnData, 2, apply(cnData, 2, mean))</pre>
# subset data
idSample \leftarrow c(50, 58, 61, 75, 66, 22, 67, 69, 44, 20)
Y
         <- Y[idSample]
X
         <- X[idSample,]
# generate banded penalty matrix
diags <- list(rep(1, ncol(X)), rep(-0.4, ncol(X)-1))</pre>
Delta <- as.matrix(bandSparse(ncol(X), k=-c(0:1), diag=c(diags), symm=TRUE))
# define loss function
CVloss <- function(lambda, X, Y, Delta){
    loss <- 0
    for (i in 1:nrow(X)){
        betasLoo <- solve(crossprod(X[-i,]) + lambda * Delta) %*%
                            crossprod(X[-i,], Y[-i])
        loss <- loss + as.numeric((Y[i] - X[i,,drop=FALSE] %*% betasLoo)^2)</pre>
    }
    return(loss)
# optimize penalty parameter
limitsL \leftarrow c(10^(-10), 10^(10))
optLr <- optimize(CVloss, limitsL, X=X, Y=Y, Delta=diag(ncol(X)))$minimum
```

```
optLgr <- optimize(CVloss, limitsL, X=X, Y=Y, Delta=Delta)$minimum
# evaluate (generalized) ridge estimators
betasGr <- solve(crossprod(X) + optLgr * Delta)</pre>
                                                          %*% crossprod(X, Y)
betasR <- solve(crossprod(X) + optLr * diag(ncol(X))) %*% crossprod(X, Y)</pre>
# plot estimates vs. location
ylims <- c(min(betasR, betasGr), max(betasR, betasGr))</pre>
plot(betasR, type="1", ylim=ylims, ylab="copyunumberueffect",
                      yaxt="n",
                                    xlab="chromosomal ulocation")
             lty=2,
lines(betasGr, lty=1, col="red")
lines(seq(ylims[1], ylims[2], length.out=50) ~
      rep(match("KRAS", geneInfo[,1]), 50), col="grey", lwd=2, lty=3)
legend("topright", c("ridge", "fuseduridge"), lwd=2,
                   col=c("black", "red"),
```

The right panel of Figure 3.2 shows the ridge regression estimate with both choices of  $\Delta$  and optimal penalty parameters plotted against the chromosomal order. The location of KRAS is indicated by a vertical dashed bar. The ordinary ridge regression estimates show a minor peak at the location of KRAS but is otherwise more or less flat. In the generalized ridge estimates the peak at KRAS is emphasized. Moreover, the region close to KRAS exhibits clearly elevated estimates, suggesting co-abberated DNA. For the remainder the generalized ridge estimates portray a flat surface, with the exception of a single downward spike away from KRAS. Such negative effects are biologically nonsensible (more gene templates leading to reduced expression levels?). On the whole the generalized ridge estimates point towards the cis-effect as the dominant genomic regulation mechanism of KRAS expression. The isolated spike may suggest the presence of a trans-effect, but its sign is biological nonsensible and the spike is fully absent in the ordinary ridge estimates. This leads us to ignore the possibility of a genomic trans-effect on KRAS expression levels in colorectal cancer.

The sample selection demands justification. It yields a clear illustrate-able difference between the ordinary and ridge estimates. When all samples are left in, the *cis*-effect is clearly present, discernable from both estimates that yield a virtually similar profile.

# 3.4 Generalized ridge regression

What is generally referred to as 'generalized ridge regression' (cf. Hoerl and Kennard, 1970; Hemmerle, 1975) is the particular case of loss function (3.1) in which  $\mathbf{W} = \mathbf{I}_{nn}$ ,  $\beta_0 = \mathbf{0}_p$ , and  $\boldsymbol{\Delta} = \mathbf{V}_x \boldsymbol{\Lambda} \mathbf{V}_x^{\top}$ , where  $\mathbf{V}_x$  is obtained from the singular value decomposition of  $\mathbf{X}$  (i.e.,  $\mathbf{X} = \mathbf{U}_x \mathbf{D}_x \mathbf{V}_x^{\top}$  with its constituents endowed with the usual interpretation) and  $\boldsymbol{\Lambda}$  a positive definite diagonal matrix. This gives the estimator:

$$\hat{\boldsymbol{\beta}}(\boldsymbol{\Lambda}) = (\mathbf{X}^{\top}\mathbf{X} + \boldsymbol{\Delta})^{-1}\mathbf{X}^{\top}\mathbf{Y} 
= (\mathbf{V}_{x}\mathbf{D}_{x}\mathbf{U}_{x}^{\top}\mathbf{U}_{x}\mathbf{D}_{x}\mathbf{V}_{x}^{\top} + \mathbf{V}_{x}\boldsymbol{\Lambda}\mathbf{V}_{x}^{\top})^{-1}\mathbf{V}_{x}\mathbf{D}_{x}\mathbf{U}_{x}\mathbf{Y} 
= \mathbf{V}_{x}(\mathbf{D}_{x}^{2} + \boldsymbol{\Lambda})^{-1}\mathbf{D}_{x}\mathbf{U}_{x}\mathbf{Y}.$$

From this last expression it becomes clear how this estimator generalizes the 'regular ridge estimator'. The latter shrinks all eigenvalues, irrespectively of their size, in the same manner through a common penalty parameter. The 'generalized ridge estimator', through differing penalty parameters (i.e. the diagonal elements of  $\Lambda$ ), shrinks them individually.

The generalized ridge estimator coincides with the Bayesian linear regression estimator with the normal prior  $\mathcal{N}[\mathbf{0}_p, (\mathbf{V}_x \mathbf{\Lambda} \mathbf{V}_x^{\top})^{-1}]$  on the regression parameter  $\boldsymbol{\beta}$  (and preserving the inverse gamma prior on the error variance). Assume  $\mathbf{X}$  to be of full column rank and choose  $\mathbf{\Lambda} = g^{-1}\mathbf{D}_x^2$  with g a positive scalar. The prior on  $\boldsymbol{\beta}$  then – assuming  $(\mathbf{X}^{\top}\mathbf{X})^{-1}$  exits – reduces to Zellner's g-prior:  $\boldsymbol{\beta} \sim \mathcal{N}[\mathbf{0}_p, g(\mathbf{X}^{\top}\mathbf{X})^{-1}]$  (Zellner, 1986). The corresponding estimator of the regression coefficient is:  $\hat{\boldsymbol{\beta}}(g) = g(1+g)^{-1}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y}$ , which is proportional to the unpenalized ordinary least squares estimator of  $\boldsymbol{\beta}$ .

For convenience of notation in the analysis of the generalized ridge estimator the linear regression model is usually rewritten as:

$$\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon} = \mathbf{X}\mathbf{V}_{x}\mathbf{V}_{x}^{\top}\boldsymbol{\beta} + \boldsymbol{\varepsilon} = \tilde{\mathbf{X}}\boldsymbol{\alpha} + \boldsymbol{\varepsilon},$$

with  $\tilde{\mathbf{X}} = \mathbf{X}\mathbf{V}_x = \mathbf{U}_x\mathbf{D}_x$  (and thus  $\tilde{\mathbf{X}}^{\top}\tilde{\mathbf{X}} = \mathbf{D}_x^2$ ) and  $\boldsymbol{\alpha} = \mathbf{V}_x^{\top}\boldsymbol{\beta}$  with loss function  $(\mathbf{Y} - \tilde{\mathbf{X}}\boldsymbol{\alpha})^{\top}(\mathbf{Y} - \tilde{\mathbf{X}}\boldsymbol{\alpha}) + \boldsymbol{\alpha}^{\top}\boldsymbol{\Lambda}\boldsymbol{\alpha}$ . In the notation above the generalized ridge estimator is then:

$$\hat{\boldsymbol{\alpha}}(\boldsymbol{\Lambda}) = (\tilde{\mathbf{X}}^{\top} \tilde{\mathbf{X}} + \boldsymbol{\Lambda})^{-1} \tilde{\mathbf{X}}^{\top} \mathbf{Y} = (\mathbf{D}_{x}^{2} + \boldsymbol{\Lambda})^{-1} \tilde{\mathbf{X}}^{\top} \mathbf{Y},$$

from which one obtains  $\hat{\boldsymbol{\beta}}(\boldsymbol{\Lambda}) = \mathbf{V}_x \hat{\boldsymbol{\alpha}}(\boldsymbol{\Lambda})$ . Using  $\mathbb{E}[\hat{\boldsymbol{\alpha}}(\boldsymbol{\Lambda})] = (\mathbf{D}_x^2 + \boldsymbol{\Lambda})^{-1} \mathbf{D}_x^2 \boldsymbol{\alpha}$  and  $\operatorname{Var}[\hat{\boldsymbol{\alpha}}(\boldsymbol{\Lambda})] = \sigma^2 (\mathbf{D}_x^2 + \boldsymbol{\Lambda})^{-1} \mathbf{D}_x^2 (\mathbf{D}_x^2 + \boldsymbol{\Lambda})^{-1}$ , the MSE for the generalized ridge estimator can be written as:

$$MSE[\hat{\boldsymbol{\alpha}}(\boldsymbol{\Lambda})] = \sum_{j=1}^{p} (\sigma^2 d_{x,j}^2 + \alpha_j^2 \lambda_j^2) (d_{x,j}^2 + \lambda_j)^{-2},$$

where  $d_{x,j} = (\mathbf{D}_x)_{jj}$  and  $\lambda_j = (\mathbf{\Lambda})_{jj}$ . Having  $\boldsymbol{\alpha}$  and  $\sigma^2$  available, it is easily seen (equate the derivative w.r.t.  $\lambda_j$  to zero and solve) that the MSE of  $\hat{\boldsymbol{\alpha}}(\mathbf{\Lambda})$  is minimized by  $\lambda_j = \sigma^2/\alpha_j^2$  for all j. With  $\boldsymbol{\alpha}$  and  $\sigma^2$  unknown, Hoerl and Kennard (1970) suggest an iterative procedure to estimate the  $\lambda_j$ 's. Initiate the procedure with the OLS estimates of  $\boldsymbol{\alpha}$  and  $\sigma^2$ , followed by sequentially updating the  $\lambda_j$ 's and the estimates of  $\boldsymbol{\alpha}$  and  $\sigma^2$ . An analytic expression of the limit of this procedure exists (Hemmerle, 1975). This limit, however, still depends on the observed  $\mathbf{Y}$  and as such it does not necessarily yield the minimal attainable value of the MSE. This limit may nonetheless still yield a potential gain in MSE. This is investigated in Lawless (1981). Under a variety of cases it seems to indeed outperform the OLS estimator, but there are exceptions.

# 3.5 Conclusion

To conclude: a note of caution. The generalized ridge penalty is extremely flexible. It can incorporate any prior knowledge on the parameter values (through specification of  $\beta_0$ ) and the relations among these parameters (via  $\Delta$ ). While a pilot study or literature may provide a suggestion for  $\beta_0$ , it is less obvious how to choose an informative  $\Delta$  (although a spatial structure is a nice exception). In general, exact knowledge on the parameters should not be incorporated implicitly via the penalty (read: prior) but preferably be used explicitly in the model – the likelihood – itself. Though this may be the viewpoint of a prudent frequentist and a subjective Bayesian might disagree.

# 3.6 Exercises

## Question 3.1

Consider the linear regression model  $Y_i = \beta_1 X_{i,1} + \beta_2 X_{i,2} + \varepsilon_i$  for i = 1, ..., n. Suppose estimates of the regression parameters  $(\beta_1, \beta_2)$  of this model are obtained through the minimization of the sum-of-squares augmented with a ridge-type penalty:

$$\left[\sum_{i=1}^{n} (Y_i - \beta_1 X_{i,1} - \beta_2 X_{i,2})^2\right] + \lambda (\beta_1^2 + \beta_2^2 + 2\nu \beta_1 \beta_2),$$

with penalty parameters  $\lambda \in \mathbb{R}_{>0}$  and  $\nu \in (-1,1)$ .

- a) Recall the equivalence between constrained and penalized estimation (cf. Section 1.5). Sketch (for both  $\nu = 0$  and  $\nu = 0.9$ ) the shape of the parameter constraint induced by the penalty above and describe in words the qualitative difference between both shapes.
- b) When  $\nu = -1$  and  $\lambda \to \infty$  the estimates of  $\beta_1$  and  $\beta_2$  (resulting from minimization of the penalized loss function above) converge towards each other:  $\lim_{\lambda \to \infty} \hat{\beta}_1(\lambda, -1) = \lim_{\lambda \to \infty} \hat{\beta}_2(\lambda, -1)$ . Motivated by this observation a data scientists incorporates the equality constraint  $\beta_1 = \beta = \beta_2$  explicitly into the model, and s/he estimates the 'joint regression parameter'  $\beta$  through the minimization (with respect to  $\beta$ ) of:

$$\left[\sum_{i=1}^{n} (Y_i - \beta X_{i,1} - \beta X_{i,2})^2\right] + \delta \beta^2,$$

with penalty parameter  $\delta \in \mathbb{R}_{>0}$ . The data scientist is surprised to find that resulting estimate  $\hat{\beta}(\delta)$  does not have the same limiting (in the penalty parameter) behavior as the  $\hat{\beta}_1(\lambda, -1)$ , i.e.  $\lim_{\delta \to \infty} \hat{\beta}(\delta) \neq \lim_{\delta \to \infty} \hat{\beta}_1(\lambda, -1)$ . Explain the misconception of the data scientist.

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c) Assume that i)  $n \gg 2$ , ii) the unpenalized estimates  $(\hat{\beta}_1(0,0), \hat{\beta}_2(0,0))$  equal (-2,2), and iii) that the two covariates  $X_1$  and  $X_2$  are zero-centered, have equal variance, and are strongly negatively correlated. Consider  $(\hat{\beta}_1(\lambda,\nu), \hat{\beta}_2(\lambda,\nu))$  for both  $\nu = -0.9$  and  $\nu = 0.9$ . For which value of  $\nu$  do you expect the sum of the absolute value of the estimates to be largest? Hint: Distinguish between small and large values of  $\lambda$  and think geometrically!

#### Question 3.2

Consider the linear regression model  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$  with  $\boldsymbol{\varepsilon} \sim \mathcal{N}(\mathbf{0}_p, \sigma^2 \mathbf{I}_{pp})$ . Assume  $\boldsymbol{\beta} \sim \mathcal{N}(\boldsymbol{\beta}_0, \sigma^2 \boldsymbol{\Delta}^{-1})$  with  $\boldsymbol{\beta}_0 \in \mathbb{R}^p$  and  $\boldsymbol{\Delta} \succ 0$  and a gamma prior on the error variance. Verify (i.e., work out the details of the derivation) that the posterior mean coincides with the generalized ridge estimator defined as:

$$\hat{\boldsymbol{\beta}} = (\mathbf{X}^{\top}\mathbf{X} + \boldsymbol{\Delta})^{-1}(\mathbf{X}^{\top}\mathbf{Y} + \boldsymbol{\Delta}\boldsymbol{\beta}_0).$$

#### Question 3.3

The ridge penalty may be interpreted as a multivariate normal prior on the regression coefficients:  $\boldsymbol{\beta} \sim \mathcal{N}(\mathbf{0}, \lambda^{-1}\mathbf{I}_{pp})$ . Different priors may be considered. In case the covariates are spatially related in some sense (e.g. genomically), it may of interest to assume a first-order autoregressive prior:  $\boldsymbol{\beta} \sim \mathcal{N}(\mathbf{0}, \lambda^{-1}\boldsymbol{\Sigma}_A)$ , in which  $\boldsymbol{\Sigma}_A$  is a  $p \times p$ -correlation matrix with  $(\boldsymbol{\Sigma}_A)_{j_1,j_2} = \rho^{|j_1-j_2|}$  for some correlation coefficient  $\rho \in [0,1)$ . Hence,

$$\Sigma_A = \begin{pmatrix} 1 & \rho & \dots & \rho^{p-1} \\ \rho & 1 & \dots & \rho^{p-2} \\ \vdots & \vdots & \ddots & \vdots \\ \rho^{p-1} & \rho^{p-2} & \dots & 1 \end{pmatrix}.$$

a) The penalized loss function associated with this AR(1) prior is:

$$\mathcal{L}(\boldsymbol{\beta}; \lambda, \boldsymbol{\Sigma}_A) = \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2 + \lambda \boldsymbol{\beta}^{\top} \boldsymbol{\Sigma}_A^{-1} \boldsymbol{\beta}.$$

Find the minimizer of this loss function.

- b) What is the effect of  $\rho$  on the ridge estimates? Contrast this to the effect of  $\lambda$ . Illustrate this on (simulated) data.
- c) Instead of an AR(1) prior assume a prior with a uniform correlation between the elements of  $\beta$ . That is, replace  $\Sigma_A$  by  $\Sigma_U$ , given by:

$$\Sigma_U = \left( egin{array}{ccc} 1 & 
ho & 
ho \ 
ho & 1 & 
ho \ 
ho & 
ho & 1 \end{array} 
ight)$$

Investigate (again on data) the effect of changing from the AR(1) to the uniform prior on the ridge regression estimates.

# Question 3.4

Consider the standard linear regression model  $Y_i = \mathbf{X}_{i,*}\boldsymbol{\beta} + \varepsilon_i$  for i = 1, ..., n. Suppose estimates of the regression parameters  $\boldsymbol{\beta}$  of this model are obtained through the minimization of the sum-of-squares augmented with a ridge-type penalty:

$$\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_{2}^{2} + \lambda \left[ (1 - \alpha)\|\boldsymbol{\beta} - \boldsymbol{\beta}_{t,a}\|_{2}^{2} + \alpha\|\boldsymbol{\beta} - \boldsymbol{\beta}_{t,b}\|_{2}^{2} \right],$$

for known  $\alpha \in [0, 1]$ , nonrandom p-dimensional target vectors  $\boldsymbol{\beta}_{t,a}$  and  $\boldsymbol{\beta}_{t,b}$  with  $\boldsymbol{\beta}_{t,a} \neq \boldsymbol{\beta}_{t,b}$ , and penalty parameter  $\lambda > 0$ . Here  $\mathbf{Y} = (Y_1, \dots, Y_n)^{\top}$  and  $\mathbf{X}$  is  $n \times p$  matrix with the n row-vectors  $\mathbf{X}_{i,*}$  stacked.

- a) When p > n the sum-of-squares part does not have a unique minimum. Does the above employed penalty warrant a unique minimum for the loss function above (i.e., sum-of-squares plus penalty)? Motivate your answer.
- b) Could it be that for intermediate values of  $\alpha$ , i.e.  $0 < \alpha < 1$ , the loss function assumes smaller values than for the boundary values  $\alpha = 0$  and  $\alpha = 1$ ? Motivate your answer.
- c) Draw the parameter constraint induced by this penalty for  $\alpha = 0, 0.5$  and 1 when p = 2
- d) Derive the estimator of  $\beta$ , defined as the minimum of the loss function, explicitly.

e) Discuss the behaviour of the estimator  $\alpha = 0, 0.5$  and 1 for  $\lambda \to \infty$ .

#### Question 3.5

Revisit Exercise 1.2. There the standard linear regression model  $Y_i = \mathbf{X}_{i,*}\boldsymbol{\beta} + \varepsilon_i$  for i = 1, ..., n and with  $\varepsilon_i \sim_{i.i.d.} \mathcal{N}(0, \sigma^2)$  is considered. The model comprises a single covariate and an intercept. Response and covariate data are:  $\{(y_i, x_{i.1})\}_{i=1}^4 = \{(1.4, 0.0), (1.4, -2.0), (0.8, 0.0), (0.4, 2.0)\}.$ 

- and covariate data are:  $\{(y_i, x_{i,1})\}_{i=1}^4 = \{(1.4, 0.0), (1.4, -2.0), (0.8, 0.0), (0.4, 2.0)\}.$  a) Evaluate the generalized ridge regression estimator of  $\boldsymbol{\beta}$  with target  $\boldsymbol{\beta}_0 = \mathbf{0}_2$  and penalty matrix  $\boldsymbol{\Delta}$  given by  $(\boldsymbol{\Delta})_{11} = \lambda = (\boldsymbol{\Delta})_{22}$  and  $(\boldsymbol{\Delta})_{12} = \frac{1}{2}\lambda = (\boldsymbol{\Delta})_{21}$  in which  $\lambda = 8$ .
  - b) A data scientist wishes to leave the intercept unpenalized. Hereto s/he sets in part a)  $(\Delta)_{11} = 0$ . Why does the resulting estimate not coincide with the answer to Exercise 1.2? Motivate.

Here the mixed model introduced by Henderson (1953), which generalizes the linear regression model, is studied and estimated in unpenalized (!) fashion. Nonetheless, it will turn out to have an interesting connection to ridge regression. This connection may be exploited to arrive at an informed choice of the ridge penalty parameter.

The linear regression model,  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$ , assumes the effect of each covariate to be fixed. In certain situations it may be desirable to relax this assumption. For instance, a study may be replicated. Conditions need not be exactly constant across replications. Among others this may be due to batch effects. These may be accounted for and are then incorporated in the linear regression model. But it is not the effects of these particular batches included in the study that are of interest. Would the study have been carried out at a later date, other batches may have been involved. Hence, the included batches are thus a random draw from the population of all batches. With each batch possibly having a different effect, these effects may also be viewed as random draws from some hypothetical 'effect'-distribution. From this point of view the effects estimated by the linear regression model are realizations from the 'effect'-distribution. But interest is not in the particular but the general. Hence, a model that enables a generalization to the distribution of batch effects would be more suited here.

Like the linear regression model the *mixed model*, also called *mixed effects model* or *random effects model*, explains the variation in the response by a linear combination of the covariates. The key difference lies in the fact that the latter model distinguishes two sets of covariates, one with fixed effects and the other with random effects. In matrix notation mirroring that of the linear regression model, the mixed model can be written as:

$$\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma} + \boldsymbol{\varepsilon},$$

where **Y** is the response vector of length n, **X** the  $(n \times p)$ -dimensional design matrix with the fixed vector  $\boldsymbol{\beta}$  with p fixed effects, **Z** the  $(n \times q)$ -dimensional design matrix with an associated  $q \times 1$  dimensional vector  $\boldsymbol{\gamma}$  of random effects, and distributional assumptions  $\boldsymbol{\varepsilon} \sim \mathcal{N}(\mathbf{0}_n, \sigma_{\varepsilon}^2 \mathbf{I}_{nn})$ ,  $\boldsymbol{\gamma} \sim \mathcal{N}(\mathbf{0}_q, \mathbf{R}_{\boldsymbol{\theta}})$  and  $\boldsymbol{\varepsilon}$  and  $\boldsymbol{\gamma}$  independent. In this  $\mathbf{R}_{\boldsymbol{\theta}}$  is symmetric, positive definite and parametrized by a low-dimensional parameter  $\boldsymbol{\theta}$ .

The distribution of  $\mathbf{Y}$  is fully defined by the mixed model and its accompanying assumptions. As  $\mathbf{Y}$  is a linear combination of normally distributed random variables, it is itself normally distributed. Its mean is:

$$\mathbb{E}(\mathbf{Y}) = \mathbb{E}(\mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma} + \boldsymbol{\varepsilon}) = \mathbb{E}(\mathbf{X}\boldsymbol{\beta}) + \mathbb{E}(\mathbf{Z}\boldsymbol{\gamma}) + \mathbb{E}(\boldsymbol{\varepsilon}) = \mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\mathbb{E}(\boldsymbol{\gamma}) = \mathbf{X}\boldsymbol{\beta},$$

while its variance is:

$$Var(\mathbf{Y}) = Var(\mathbf{X}\boldsymbol{\beta}) + Var(\mathbf{Z}\boldsymbol{\gamma}) + Var(\boldsymbol{\varepsilon}) = \mathbf{Z}Var(\boldsymbol{\gamma})\mathbf{Z}^{\top} + \sigma_{\varepsilon}^{2}\mathbf{I}_{nn} = \mathbf{Z}\mathbf{R}_{\theta}\mathbf{Z}^{\top} + \sigma_{\varepsilon}^{2}\mathbf{I}_{nn}$$

in which the independence between  $\varepsilon$  and  $\gamma$  and the standard algebra rules for the  $\text{Var}(\cdot)$  and  $\text{Cov}(\cdot)$  operators have been used. Put together, this yields:  $\mathbf{Y} \sim \mathcal{N}(\mathbf{X}\boldsymbol{\beta},\mathbf{Z}\mathbf{R}_{\theta}\mathbf{Z}^{\top} + \sigma_{\varepsilon}^{2}\mathbf{I}_{nn})$ . Hence, the random effects term  $\mathbf{Z}\gamma$  of the mixed model does not contribute to the explanation of the mean of  $\mathbf{Y}$ , but aids in the decomposition of its variance around the mean. From this formulation of the model it is obvious that the random part of two distinct observations of the response are – in general – not independent: their covariance is given by the corresponding element of  $\mathbf{Z}\mathbf{R}_{\theta}\mathbf{Z}^{\top}$ . Put differently, due to the independence assumption on the error two observations can only be (marginally) dependent through the random effect which is attenuated by the associated design matrix  $\mathbf{Z}$ . To illustrate this, temporarily set  $\mathbf{R}_{\theta} = \sigma_{\gamma}^{2}\mathbf{I}_{qq}$ . Then,  $\text{Var}(\mathbf{Y}) = \sigma_{\gamma}^{2}\mathbf{Z}\mathbf{Z}^{\top} + \sigma_{\varepsilon}^{2}\mathbf{I}_{nn}$ . From this it is obvious that two variates of  $\mathbf{Y}$  are now independent

if and only if the corresponding rows of **Z** are orthogonal. Moreover, two pairs of variates have the same covariance if they have the same covariate information in **Z**. Two distinct observations of the same individual have the same covariance as one of these observations with that of another individual with identical covariate information as the left-out observation on the former individual. In particular, their 'between-covariance' equals their individual 'within-covariance'.

The mixed model and the linear regression model are clearly closely related: they share a common mean, a normally distributed error, and both explain the response by a linear combination of the explanatory variables. Moreover, when  $\gamma$  is known, the mixed model reduces to a linear regression model. This is seen from the conditional distribution of  $\mathbf{Y}$ :  $\mathbf{Y} \mid \gamma \sim \mathcal{N}(\mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma}, \sigma_{\varepsilon}^2 \mathbf{I}_{nn})$ . Conditioning on the random effect  $\gamma$  thus pulls in the term  $\mathbf{Z}\boldsymbol{\gamma}$  to the systematic, non-random explanatory part of the model. In principle, the conditioned mixed model could now be rewritten as a linear regression model by forming a new design matrix and parameter from  $\mathbf{X}$  and  $\mathbf{Z}$  and  $\boldsymbol{\beta}$  and  $\boldsymbol{\gamma}$ , respectively.

## **Example 4.1** (Mixed model for a longitudinal study)

A longitudinal study looks into the growth rate of cells. At the beginning of the study cells are placed in n petri dishes, with the same growth medium but at different concentrations. The initial number of cells in each petri dish is counted as is done at several subsequent time points. The change in cell count is believed to be – at the log-scale – a linear function of the concentration of the growth medium. The linear regression model may suffice. However, variation is omnipresent in biology. That is, apart from variation in the initial cell count, each cell – even if they are from common decent – will react (slightly?) differently to the stimulus of the growth medium. This intrinsic cell-to-cell variation in growth response may be accommodated for in the linear mixed model by the introduction of a random cell effect, both in off-set and slope. The (log) cell count of petri dish i at time point t, denoted  $Y_{it}$ , is thus described by:

$$Y_{it} = \beta_0 + X_i \beta_1 + \mathbf{Z}_i \boldsymbol{\gamma} + \varepsilon_{it},$$

with intercept  $\beta_0$ , growth medium concentration  $X_i$  in petri dish i, and fixed growth medium effect  $\beta_1$ , and  $\mathbf{Z}_i = (1, X_i)$ ,  $\gamma$  the 2 dimensional random effect parameter bivariate normally distributed with zero mean and diagonal covariance matrix, and finally  $\varepsilon_{it} \sim \mathcal{N}(0, \sigma_{\varepsilon}^2)$  the error in the cell count of petri dish i at time t. In matrix notation the matrix  $\mathbf{Z}$  would comprise of 2n columns: two columns for each cell,  $\mathbf{e}_i$  and  $X_i\mathbf{e}_i$  (with  $\mathbf{e}_i$  the n-dimensional unit vector with a one at the i-th location and zeros elsewhere), corresponding to the random intercept and slope effect, respectively. The fact that the number columns

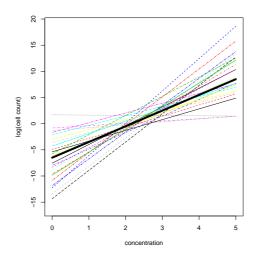


Figure 4.1: Linear regession (thick black solid line) vs. mixed model fit (thin colored and patterned lines).

of  $\mathbf{Z}$ , i.e. the explanatory random effects, equals 2n does not pose identifiability problems as per column only a single parameter is estimated. Finally, to illustrate the difference between the linear regression and the linear mixed model their fits on artifical data are plotted (top left panel, Figure 4.1). Where the linear regression fit shows the 'grand mean relationship' between cell count and growth medium, the linear mixed model fit depicts the petri dish specific fits.

The mixed model was motivated by its ability to generalize to instances not included in the study. From the examples above another advantage can be deduced. E.g., the cells' effects are modelled by a single parameter (rather than one per cell). More degrees of freedom are thus left to estimate the noise level. In particular, a test for the presence of a cell effect will have more power.

The parameters of the mixed model are estimated either by means of likelihood maximization or a related procedure known as restricted maximum likelihood. Both are presented, with the exposé loosely based on Bates and DebRoy (2004). First the maximum likelihood procedure is introduced, which requires the derivation of the likelihood. Hereto the assumption on the random effects is usually transformed. Let  $\tilde{\mathbf{R}}_{\theta} = \sigma_{\varepsilon}^{-2} \mathbf{R}_{\theta}$ , which is the covariance of the random effects parameter relevative to the error variance, and  $\tilde{\mathbf{R}}_{\theta} = \mathbf{L}_{\theta} \mathbf{L}_{\theta}^{\top}$  its Cholesky decomposition. Next define the change-of-variables  $\gamma = \mathbf{L}_{\theta} \tilde{\gamma}$ . This transforms the model to:  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\mathbf{L}_{\theta}\tilde{\gamma} + \varepsilon$  but now with the assumption  $\tilde{\gamma} \sim \mathcal{N}(\mathbf{0}_q, \sigma_{\varepsilon}^2 \mathbf{I}_{qq})$ . Under this assumption the conditional likelihood, conditional on the random effects, is:

$$L(\mathbf{Y} \mid \tilde{\boldsymbol{\gamma}} = \mathbf{g}) = (2\pi\sigma_{\varepsilon}^2)^{-n/2} \exp(-\frac{1}{2}\sigma_{\varepsilon}^{-2} \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta} - \mathbf{Z}\mathbf{L}_{\theta}\mathbf{g}\|_{2}^{2}).$$

From this the unconditional likelihood is obtained through:

$$L(\mathbf{Y}) = \int_{\mathbb{R}^q} L(\mathbf{Y} \,|\, \tilde{\boldsymbol{\gamma}} = \mathbf{g}) \, f_{\tilde{\boldsymbol{\gamma}}}(\mathbf{g}) \, d\mathbf{g}$$
$$= \int_{\mathbb{R}^q} (2\pi\sigma_{\varepsilon}^2)^{-(n+q)/2} \exp\left[-\frac{1}{2}\sigma_{\varepsilon}^{-2}(\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta} - \mathbf{Z}\mathbf{L}_{\theta}\mathbf{g}\|_2^2 + \|\mathbf{g}\|_2^2)\right] d\mathbf{g}.$$

To evaluate the integral, the exponent needs rewriting. Hereto first note that:

$$\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta} - \mathbf{Z}\mathbf{L}_{\theta}\mathbf{g}\|_{2}^{2} + \|\mathbf{g}\|_{2}^{2} = (\mathbf{Y} - \mathbf{X}\boldsymbol{\beta} - \mathbf{Z}\mathbf{L}_{\theta}\mathbf{g})^{\top}(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta} - \mathbf{Z}\mathbf{L}_{\theta}\mathbf{g}) + \mathbf{g}^{\top}\mathbf{g}.$$

Now expand the right-hand side as follows:

$$\begin{split} &(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta} - \mathbf{Z}\mathbf{L}_{\boldsymbol{\theta}}\mathbf{g})^{\top}(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta} - \mathbf{Z}\mathbf{L}_{\boldsymbol{\theta}}\mathbf{g}) + \mathbf{g}^{\top}\mathbf{g} \\ &= & \mathbf{Y}^{\top}\mathbf{Y} + \mathbf{g}^{\top}(\mathbf{L}_{\boldsymbol{\theta}}^{\top}\mathbf{Z}^{\top}\mathbf{Z}\mathbf{L}_{\boldsymbol{\theta}} + \mathbf{I}_{qq})\mathbf{g} + \boldsymbol{\beta}^{\top}\mathbf{X}^{\top}\mathbf{X}\boldsymbol{\beta} - \mathbf{Y}^{\top}\mathbf{X}\boldsymbol{\beta} - \boldsymbol{\beta}^{\top}\mathbf{X}^{\top}\mathbf{Y} \\ & - (\mathbf{Y}^{\top}\mathbf{Z}\mathbf{L}_{\boldsymbol{\theta}} - \boldsymbol{\beta}^{\top}\mathbf{X}^{\top}\mathbf{Z}\mathbf{L}_{\boldsymbol{\theta}})\mathbf{g} - \mathbf{g}^{\top}(\mathbf{L}_{\boldsymbol{\theta}}^{\top}\mathbf{Z}^{\top}\mathbf{Y} - \mathbf{L}_{\boldsymbol{\theta}}^{\top}\mathbf{Z}^{\top}\mathbf{X}\boldsymbol{\beta}) \\ &= & (\mathbf{g} - \boldsymbol{\mu}_{\tilde{\boldsymbol{\gamma}}|\mathbf{Y}})^{\top}(\mathbf{L}_{\boldsymbol{\theta}}^{\top}\mathbf{Z}^{\top}\mathbf{Z}\mathbf{L}_{\boldsymbol{\theta}} + \mathbf{I}_{qq})(\mathbf{g} - \boldsymbol{\mu}_{\tilde{\boldsymbol{\gamma}}|\mathbf{Y}}) \\ & + & (\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})^{\top}[\mathbf{I}_{nn} - \mathbf{Z}\mathbf{L}_{\boldsymbol{\theta}}(\mathbf{L}_{\boldsymbol{\theta}}^{\top}\mathbf{Z}^{\top}\mathbf{Z}\mathbf{L}_{\boldsymbol{\theta}} + \mathbf{I}_{qq})^{-1}\mathbf{L}_{\boldsymbol{\theta}}^{\top}\mathbf{Z}^{\top}](\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}) \\ &= & (\mathbf{g} - \boldsymbol{\mu}_{\tilde{\boldsymbol{\gamma}}|\mathbf{Y}})^{\top}(\mathbf{L}_{\boldsymbol{\theta}}^{\top}\mathbf{Z}^{\top}\mathbf{Z}\mathbf{L}_{\boldsymbol{\theta}} + \mathbf{I}_{qq})(\mathbf{g} - \boldsymbol{\mu}_{\tilde{\boldsymbol{\gamma}}|\mathbf{Y}}) \\ & + & (\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})^{\top}(\mathbf{I}_{nn} + \mathbf{Z}\tilde{\mathbf{R}}_{\boldsymbol{\theta}}\mathbf{Z}^{\top})^{-1}(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}), \end{split}$$

where  $\mu_{\tilde{\gamma}|\mathbf{Y}} = (\mathbf{L}_{\theta}^{\top} \mathbf{Z}^{\top} \mathbf{Z} \mathbf{L}_{\theta} + \mathbf{I}_{qq})^{-1} \mathbf{L}_{\theta}^{\top} \mathbf{Z}^{\top} (\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})$  and the Woodbury identity has been used in the last step. As the notation suggests  $\mu_{\tilde{\gamma}|\mathbf{Y}}$  is the conditional expectation of the random effect conditional on the data:  $\mathbb{E}(\tilde{\gamma}|\mathbf{Y})$ . This may be verified from the conditional distribution  $\tilde{\gamma}|\mathbf{Y}$  when exploiting the equality derived in the preceding display. Substitute the latter in the integral of the likelihood and use the change-of-variables:  $\mathbf{h} = (\mathbf{L}_{\theta}^{\top} \mathbf{Z}^{\top} \mathbf{Z} \mathbf{L}_{\theta} + \mathbf{I}_{qq})^{1/2} (\mathbf{g} - \mu_{\tilde{\gamma}|\mathbf{Y}})$  with Jacobian  $|(\mathbf{L}_{\theta}^{\top} \mathbf{Z}^{\top} \mathbf{Z} \mathbf{L}_{\theta} + \mathbf{I}_{qq})^{1/2}|$ :

$$L(\mathbf{Y}) = \int_{\mathbb{R}^{q}} (2\pi\sigma_{\varepsilon}^{2})^{-(n+q)/2} |\mathbf{L}_{\theta}^{\top} \mathbf{Z}^{\top} \mathbf{Z} \mathbf{L}_{\theta} + \mathbf{I}_{qq}|^{-1/2} \exp(-\frac{1}{2}\sigma_{\varepsilon}^{-2}\mathbf{h}^{\top}\mathbf{h})$$

$$= \exp[-\frac{1}{2}\sigma_{\varepsilon}^{-2}(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})^{\top}(\mathbf{I}_{nn} + \mathbf{Z}\tilde{\mathbf{R}}_{\theta}\mathbf{Z}^{\top})^{-1}(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})] d\mathbf{g}$$

$$= (2\pi\sigma_{\varepsilon}^{2})^{-n/2} |\mathbf{I}_{nn} + \mathbf{Z}\tilde{\mathbf{R}}_{\theta}\mathbf{Z}^{\top}|^{-1/2}$$

$$= \exp[-\frac{1}{2}\sigma_{\varepsilon}^{-2}(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})^{\top}(\mathbf{I}_{nn} + \mathbf{Z}\tilde{\mathbf{R}}_{\theta}\mathbf{Z}^{\top})^{-1}(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})], \tag{4.1}$$

where in the last step Sylvester's determinant identity has been used.

The maximum likelihood estimator of the mixed model parameters  $\beta$ ,  $\sigma_{\varepsilon}^2$  and  $\tilde{\mathbf{R}}_{\theta}$  are found through the maximization of the logarithm of the likelihood (4.1). Find the roots of the partial derivatives of this log-likelihood with respect to the mixed model parameters. For  $\beta$  and  $\sigma_{\varepsilon}^2$  this yields:

$$\hat{\boldsymbol{\beta}} = [\mathbf{X}^{\top} (\mathbf{I}_{nn} + \mathbf{Z} \tilde{\mathbf{R}}_{\theta} \mathbf{Z}^{\top})^{-1} \mathbf{X}]^{-1} \mathbf{X}^{\top} (\mathbf{I}_{nn} + \mathbf{Z} \tilde{\mathbf{R}}_{\theta} \mathbf{Z}^{\top})^{-1} \mathbf{Y},$$

$$\hat{\sigma}_{\varepsilon}^{2} = \frac{1}{n} (\mathbf{Y} - \mathbf{X} \boldsymbol{\beta})^{\top} (\mathbf{I}_{nn} + \mathbf{Z} \tilde{\mathbf{R}}_{\theta} \mathbf{Z}^{\top})^{-1} (\mathbf{Y} - \mathbf{X} \boldsymbol{\beta}).$$

The former estimate can be substituted into the latter to remove its dependency on  $\beta$ . However, both estimators still depend on  $\theta$ . An estimator of  $\theta$  may be found by substitution of  $\hat{\beta}$  and  $\hat{\sigma}_{\varepsilon}^2$  into the log-likelihood followed by its maximization. For general parametrizations of  $\tilde{\mathbf{R}}_{\theta}$  by  $\theta$  there are no explicit solutions. Then, resort to standard nonlinear solvers such as the Newton-Raphson algorithm and the like. With a maximum likelihood estimate of  $\theta$  at hand, those of the other two mixed model parameters are readily obtained from the formula's above. As  $\theta$  is unknown at the onset, it needs to be initiated followed by sequential updating of the parameter estimates until convergence.

Restricted maximum likelihood (REML) considers the fixed effect parameter  $\boldsymbol{\beta}$  as a 'nuisance' parameter and concentrates on the estimation of the variance components. The nuisance parameter is integrated out of the likelihood,  $\int_{\mathbb{R}^p} L(\mathbf{Y}) d\boldsymbol{\beta}$ , which is referred to as the restricted likelihood. Those values of  $\boldsymbol{\theta}$  (and thereby  $\tilde{\mathbf{R}}_{\theta}$ ) and  $\sigma_{\varepsilon}^2$  that maximize the restricted likelihood are the REML estimators. The restricted likelihood, by an argument similar to that used in the derivation of the likelihood, simplifies to:

$$\int_{\mathbb{R}^{p}} L(\mathbf{Y}) d\boldsymbol{\beta} = (2\pi\sigma_{\varepsilon}^{2})^{-n/2} |\tilde{\mathbf{Q}}|^{-1/2} \exp\{-\frac{1}{2}\sigma_{\varepsilon}^{-2}\mathbf{Y}^{\top} [\tilde{\mathbf{Q}}_{\theta}^{-1} - \tilde{\mathbf{Q}}_{\theta}^{-1}\mathbf{X}(\mathbf{X}^{\top}\tilde{\mathbf{Q}}_{\theta}^{-1}\mathbf{X})^{-1}\mathbf{X}^{\top}\tilde{\mathbf{Q}}_{\theta}^{-1}]\mathbf{Y}\} 
= \int_{\mathbb{R}^{p}} \exp\{-\frac{1}{2}\sigma_{\varepsilon}^{-2} [\boldsymbol{\beta} - (\mathbf{X}^{\top}\tilde{\mathbf{Q}}_{\theta}^{-1}\mathbf{X})^{-1}\mathbf{X}^{\top}\tilde{\mathbf{Q}}_{\theta}^{-1}\mathbf{Y}]^{\top}\mathbf{X}^{\top}\tilde{\mathbf{Q}}_{\theta}^{-1}\mathbf{X} 
[\boldsymbol{\beta} - (\mathbf{X}^{\top}\tilde{\mathbf{Q}}_{\theta}^{-1}\mathbf{X})^{-1}\mathbf{X}^{\top}\tilde{\mathbf{Q}}_{\theta}^{-1}\mathbf{Y}]\} d\boldsymbol{\beta} 
= (2\pi\sigma_{\varepsilon}^{2})^{-(n-p)/2} |\tilde{\mathbf{Q}}_{\theta}|^{-1/2} |\mathbf{X}^{\top}\tilde{\mathbf{Q}}_{\theta}^{-1}\mathbf{X}|^{-1/2} 
= \exp\{-\frac{1}{2}\sigma_{\varepsilon}^{-2}\mathbf{Y}^{\top} [\tilde{\mathbf{Q}}_{\theta}^{-1} - \tilde{\mathbf{Q}}_{\theta}^{-1}\mathbf{X}(\mathbf{X}^{\top}\tilde{\mathbf{Q}}_{\theta}^{-1}\mathbf{X})^{-1}\mathbf{X}^{\top}\tilde{\mathbf{Q}}_{\theta}^{-1}]\mathbf{Y}\},$$

where  $\tilde{\mathbf{Q}}_{\theta} = \mathbf{I}_{nn} + \mathbf{Z}\tilde{\mathbf{R}}_{\theta}\mathbf{Z}^{\top}$  is the relative covariance (relative to the error variance) of  $\mathbf{Y}$ . The REML estimators are now found by equating the partial derivatives of this restricted loglikelihood to zero and solving for  $\sigma_{\varepsilon}^2$  and  $\boldsymbol{\theta}$ . The former, given the latter, is:

$$\begin{split} \hat{\sigma}_{\varepsilon}^2 &= \frac{1}{n-p} \mathbf{Y}^{\top} [\tilde{\mathbf{Q}}_{\theta}^{-1} - \tilde{\mathbf{Q}}_{\theta}^{-1} \mathbf{X} (\mathbf{X}^{\top} \tilde{\mathbf{Q}}_{\theta}^{-1} \mathbf{X})^{-1} \mathbf{X}^{\top} \tilde{\mathbf{Q}}_{\theta}^{-1}] \mathbf{Y} \\ &= \frac{1}{n-p} \mathbf{Y}^{\top} \tilde{\mathbf{Q}}_{\theta}^{-1/2} [\mathbf{I}_{nn} - \tilde{\mathbf{Q}}_{\theta}^{-1/2} \mathbf{X} (\mathbf{X}^{\top} \tilde{\mathbf{Q}}_{\theta}^{-1/2} \tilde{\mathbf{Q}}_{\theta}^{-1/2} \mathbf{X})^{-1} \mathbf{X}^{\top} \tilde{\mathbf{Q}}_{\theta}^{-1/2}] \tilde{\mathbf{Q}}_{\theta}^{-1/2} \mathbf{Y}, \end{split}$$

where the rewritten form reveals a projection matrix and, consequently, a residual sum of squares. Like the maximum likelihood estimator of  $\theta$ , its REML counterpart is generally unknown analytically and to be found numerically. Iterating between the estimation of both parameters until convergence yields the REML estimators. Obviously, REML estimation of the mixed model parameters does not produce an estimate of the fixed parameter  $\beta$  (as it has been integrated out). Should however a point estimate be desired, then in practice the ML estimate of  $\beta$  with the REML estimates of the other parameters is used.

An alternative way to proceed (and insightful for the present purpose) follows the original approach of Henderson, who aimed to construct a linear predictor for  $\mathbf{Y}$ .

#### Definition 4.1

A predictand is the function of the parameters that is to be predicted. A predictor is a function of the data that predicts the predictand. When this latter function is linear in the observation it is said to be a linear predictor.

In case of the mixed model the predictand is  $\mathbf{X}_{\text{new}}\boldsymbol{\beta} + \mathbf{Z}_{\text{new}}\boldsymbol{\gamma}$  for  $(n_{\text{new}} \times p)$ - and  $(n_{\text{new}} \times q)$ -dimensional design matrices  $\mathbf{X}_{\text{new}}$  and  $\mathbf{Z}_{\text{new}}$ , respectively. Similarly, the predictor is some function of the data  $\mathbf{Y}$ . When it can be expressed as  $\mathbf{AY}$  for some matrix  $\mathbf{A}$  it is a linear predictor.

The construction of the aforementioned linear predictor requires estimates of  $\beta$  and  $\gamma$ . To obtain these estimates first derive the joint density of  $(\gamma, \mathbf{Y})$ :

$$\left(egin{array}{c} m{\gamma} \ m{Y} \end{array}
ight) \;\; \sim \;\; \mathcal{N}\left(\left(egin{array}{c} m{0}_q \ m{X}m{eta} \end{array}
ight), \left(egin{array}{c} m{R}_ heta \ m{Z}R_ heta \ m{\sigma}_arepsilon^2 m{I}_{nn} + m{Z}m{R}_ heta m{Z}^ op \end{array}
ight)
ight)$$

From this the likelihood is obtained and after some manipulations the loglikelihood can be shown to be proportional to:

$$\sigma_{\varepsilon}^{-2} \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta} - \mathbf{Z}\boldsymbol{\gamma}\|_{2}^{2} + \boldsymbol{\gamma}^{\top} \mathbf{R}_{\theta}^{-1} \boldsymbol{\gamma}, \tag{4.2}$$

in which – following Henderson –  $\mathbf{R}_{\theta}$  and  $\sigma_{\varepsilon}^2$  are assumed known (for instance by virtue of maximum likelihood or REML estimation). The estimators of  $\boldsymbol{\beta}$  and  $\boldsymbol{\gamma}$  are now the minimizers of loss criterion (4.2). Effectively, the random effect parameter  $\boldsymbol{\gamma}$  is now temporarily assumed to be 'fixed'. That is, it is temporarily treated as fixed in the derivations below that lead to the construction of the linear predictor. However,  $\boldsymbol{\gamma}$  is a random variable and one therefore speaks of a linear predictor rather than linear estimator.

To find the estimators of  $\beta$  and  $\gamma$ , defined as the minimizer of loss function, equate the partial derivatives of mixed model loss function (4.2) with respect to  $\beta$  and  $\gamma$  to zero. This yields the estimating equations (also referred to as Henderson's mixed model equations):

$$\mathbf{X}^{\top}\mathbf{Y} - \mathbf{X}^{\top}\mathbf{X}\boldsymbol{\beta} - \mathbf{X}^{\top}\mathbf{Z}\boldsymbol{\gamma} = \mathbf{0}_{p},$$
  
$$\sigma_{\varepsilon}^{-2}\mathbf{Z}^{\top}\mathbf{Y} - \sigma_{\varepsilon}^{-2}\mathbf{Z}^{\top}\mathbf{Z}\boldsymbol{\gamma} - \sigma_{\varepsilon}^{-2}\mathbf{Z}^{\top}\mathbf{X}\boldsymbol{\beta} - \mathbf{R}_{\theta}^{-1}\boldsymbol{\gamma} = \mathbf{0}_{q}.$$

Solve each estimating equation for the parameters individually and find:

$$\hat{\boldsymbol{\beta}} = (\mathbf{X}^{\top} \mathbf{X})^{-1} \mathbf{X}^{\top} (\mathbf{Y} - \mathbf{Z} \boldsymbol{\gamma}),$$

$$\hat{\boldsymbol{\gamma}} = (\mathbf{Z}^{\top} \mathbf{Z} + \sigma_{\varepsilon}^{2} \mathbf{R}_{\theta}^{-1})^{-1} \mathbf{Z}^{\top} (\mathbf{Y} - \mathbf{X} \boldsymbol{\beta}).$$
(4.3)

Note, using the Cholesky decomposition of  $\tilde{\mathbf{R}}_{\theta}$  and applying the Woodbury identity twice (in both directions), that:

$$\begin{split} \hat{\boldsymbol{\gamma}} &= & (\mathbf{Z}^T \mathbf{Z} + \tilde{\mathbf{R}}_{\theta}^{-1})^{-1} \mathbf{Z}^{\top} (\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}) \\ &= & [\tilde{\mathbf{R}}_{\theta} - \tilde{\mathbf{R}}_{\theta} \mathbf{Z}^{\top} (\mathbf{I}_{nn} + \mathbf{Z} \tilde{\mathbf{R}}_{\theta} \mathbf{Z}^{\top})^{-1} \mathbf{Z} \tilde{\mathbf{R}}_{\theta}] \mathbf{Z}^{\top} (\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}) \\ &= & \mathbf{L}_{\theta} [\mathbf{I}_{qq} - \mathbf{L}_{\theta}^{\top} \mathbf{Z}^{\top} (\mathbf{I}_{nn} + \mathbf{Z} \mathbf{L}_{\theta} \mathbf{L}_{\theta}^{\top} \mathbf{Z}^{\top})^{-1} \mathbf{Z} \mathbf{L}_{\theta}] \mathbf{L}_{\theta}^{\top} \mathbf{Z}^{\top} (\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}) \\ &= & \mathbf{L}_{\theta} (\mathbf{L}_{\theta}^{\top} \mathbf{Z}^{\top} \mathbf{Z} \mathbf{L}_{\theta} + \mathbf{I}_{qq})^{-1} \mathbf{L}_{\theta}^{\top} \mathbf{Z}^{\top} (\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}) \\ &= & \mathbf{L}_{\theta} \boldsymbol{\mu}_{\tilde{\boldsymbol{\gamma}} \mid \mathbf{Y}}. \end{split}$$

It thus coincides with the conditional estimate of the  $\gamma$  found in the derivation of the maximum likelihood estimator of the mixed model. This expression could also have been found by conditioning with the multivariate normal above which would have given  $\mathbb{E}(\gamma \mid \mathbf{Y})$ .

The estimator of both  $\beta$  and  $\gamma$  can be expressed fully and explicitly in terms of X, Y, Z and  $R_{\theta}$ . To obtain that of  $\beta$  substitute the estimator of  $\gamma$  of equation (4.4) into that of  $\beta$  given by equation 4.3):

$$\beta = (\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}[\mathbf{Y} - \mathbf{Z}(\mathbf{Z}^{\top}\mathbf{Z} + \sigma_{\varepsilon}^{2}\mathbf{R}_{\theta}^{-1})^{-1}\mathbf{Z}^{\top}(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})]$$

$$= (\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\{\mathbf{Y} - [\mathbf{I}_{nn} - (\sigma_{\varepsilon}^{-2}\mathbf{Z}\mathbf{R}_{\theta}\mathbf{Z}^{\top} + \mathbf{I}_{nn})^{-1}](\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})\},$$

in which the Woodbury identity has been used. Now group terms and solve for  $\beta$ :

$$\hat{\boldsymbol{\beta}} = [\mathbf{X}^{\top} (\mathbf{Z} \mathbf{R}_{\theta} \mathbf{Z}^{\top} + \sigma_{\varepsilon}^{2} \mathbf{I}_{nn})^{-1} \mathbf{X}]^{-1} \mathbf{X}^{\top} (\mathbf{Z} \mathbf{R}_{\theta} \mathbf{Z}^{\top} + \sigma_{\varepsilon}^{2} \mathbf{I}_{nn})^{-1} \mathbf{Y}. \tag{4.5}$$

This coincides with the maximum likelihood estimator of  $\beta$  presented above (for known  $\mathbf{R}_{\theta}$  and  $\sigma_{\varepsilon}^{2}$ ). Moreover, in the preceding display one recognizes a generalized least squares (GLS) estimator. The GLS regression estimator is BLUE (Best Linear Unbiased Estimator) when  $\mathbf{R}_{\theta}$  and  $\sigma_{\varepsilon}$  are known. To find an explicit expression for  $\gamma$  use  $\mathbf{Q}_{\theta}$  as previously defined and substitute the explicit expression (4.5) for the estimator of  $\beta$  in the estimator of  $\gamma$ , shown in display (4.4) above. This gives:

$$\hat{\boldsymbol{\gamma}} = (\mathbf{Z}^{\top}\mathbf{Z} + \sigma_{\varepsilon}^{2}\mathbf{R}_{\theta}^{-1})^{-1}\mathbf{Z}^{\top}[\mathbf{I}_{nn} - \mathbf{X}(\mathbf{X}\mathbf{Q}_{\theta}^{-1}\mathbf{X}^{\top})^{-1}\mathbf{X}^{\top}\mathbf{Q}_{\theta}^{-1}]\mathbf{Y},$$

an explicit expression for the estimator of  $\gamma$ .

The linear predictor constructed from these estimator can be shown (cf. Theorem 4.1) to be optimal, in the BLUP sense.

#### Definition 4.2

A Best Linear Unbiased Predictor (BLUP) i) is linear in the observations, ii) is unbiased, and iii) has a minimum (variance of its) predictor error, i.e. the difference among the predictor and predictand, among all unbiased linear predictors.

#### Theorem 4.1

The predictor  $\mathbf{X}\hat{\boldsymbol{\beta}} + \mathbf{Z}\hat{\gamma}$  is the BLUP of  $\tilde{\mathbf{Y}} = \mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\gamma$ .

*Proof* The predictor of  $\mathbf{X}\hat{\boldsymbol{\beta}} + \mathbf{Z}\hat{\boldsymbol{\gamma}}$  is:

$$\mathbf{X}\hat{\boldsymbol{\beta}} + \mathbf{Z}\hat{\boldsymbol{\gamma}} \quad = \quad [\mathbf{I}_{nn} - \sigma_{\varepsilon}^2 \mathbf{Q}_{\theta}^{-1} + \mathbf{Q}_{\theta}^{-1} \mathbf{X} (\mathbf{X} \mathbf{Q}_{\theta}^{-1} \mathbf{X}^{\top})^{-1} \mathbf{X}^{\top} \mathbf{Q}_{\theta}^{-1}] \mathbf{Y} \quad := \quad \mathbf{B} \mathbf{Y}.$$

Clearly, this is a linear function in Y.

The expectation of the linear predictor is

$$\begin{split} \mathbb{E}(\mathbf{X}\hat{\boldsymbol{\beta}} + \mathbf{Z}\hat{\boldsymbol{\gamma}}) &= \mathbb{E}[\mathbf{X}\hat{\boldsymbol{\beta}} + \mathbf{Z}(\mathbf{Z}^{\top}\mathbf{Z} + \sigma_{\varepsilon}^{2}\mathbf{R}_{\theta})^{-1}\mathbf{Z}^{\top}(\mathbf{Y} - \mathbf{X}\hat{\boldsymbol{\beta}})] \\ &= \mathbf{X}\mathbb{E}(\hat{\boldsymbol{\beta}}) + (\mathbf{I}_{nn} - \sigma_{\varepsilon}^{2}\mathbf{Q}_{\theta}^{-1})[\mathbb{E}(\mathbf{Y}) - \mathbb{E}(\mathbf{X}\hat{\boldsymbol{\beta}})] &= \mathbf{X}\boldsymbol{\beta}. \end{split}$$

This is also the expectation of the predictand  $X\beta + Z\gamma$ . Hencer, the predictor is unbiased.

To show the predictor **BY** has minimum prediction error variance within the class of unbiased linear predictors, assume the existence of another unbiased linear predictor **AY** of  $\mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma}$ . The predictor error variance of the latter predictor is:

$$Var(\mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma} - \mathbf{A}\mathbf{Y}) = Var(\mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma} - \mathbf{B}\mathbf{Y} - \mathbf{A}\mathbf{Y} + \mathbf{B}\mathbf{Y})$$

$$= Var[(\mathbf{A} - \mathbf{B})\mathbf{Y}] + Var(\mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma} - \mathbf{B}\mathbf{Y})$$

$$-2 Cov[\mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma} - \mathbf{B}\mathbf{Y}, (\mathbf{A} - \mathbf{B})\mathbf{Y}].$$

The last term vanishes as:

$$\begin{aligned} &\operatorname{Cov}[\mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma} - \mathbf{B}\mathbf{Y}, (\mathbf{A} - \mathbf{B})\mathbf{Y}] \\ &= & [\mathbf{Z}\operatorname{Cov}(\boldsymbol{\gamma}, \mathbf{Y}) - \mathbf{B}\operatorname{Var}(\mathbf{Y})](\mathbf{A} - \mathbf{B})^{\top} \\ &= & \{\mathbf{Z}\mathbf{R}_{\theta}\mathbf{Z}^{\top} - [\mathbf{I}_{nn} - \sigma_{\varepsilon}^{2}\mathbf{Q}_{\theta}^{-1} + \mathbf{Q}_{\theta}^{-1}\mathbf{X}(\mathbf{X}\mathbf{Q}_{\theta}^{-1}\mathbf{X}^{\top})^{-1}\mathbf{X}^{\top}\mathbf{Q}_{\theta}^{-1}]\mathbf{Q}_{\theta}\}(\mathbf{A} - \mathbf{B})^{\top} \\ &= & \mathbf{Q}_{\theta}^{-1}\mathbf{X}(\mathbf{X}\mathbf{Q}_{\theta}^{-1}\mathbf{X}^{\top})^{-1}\mathbf{X}^{\top}(\mathbf{A} - \mathbf{B})^{\top} \\ &= & \mathbf{Q}_{\theta}^{-1}\mathbf{X}(\mathbf{X}\mathbf{Q}_{\theta}^{-1}\mathbf{X}^{\top})^{-1}[(\mathbf{A} - \mathbf{B})\mathbf{X}]^{\top} = \mathbf{0}_{nn}, \end{aligned}$$

where the last step uses AX = BX, which follows from the fact that

$$\mathbf{A}\mathbf{X}\boldsymbol{\beta} = \mathbb{E}(\mathbf{A}\mathbf{Y}) = \mathbb{E}(\mathbf{B}\mathbf{Y}) = \mathbf{B}\mathbf{X}\boldsymbol{\beta}.$$

for all  $\boldsymbol{\beta} \in \mathbb{R}^p$ . Hence,

$$Var(X\beta + Z\gamma - AY) = Var[(A - B)Y] + Var(X\beta + Z\gamma - BY),$$

from which the minimum variance follows as the first summand on the right-hand side is nonnegative and zero if and only if  $\mathbf{A} = \mathbf{B}$ .

# 4.1 Link to ridge regression

The link with ridge regression, implicit in the exposé on the mixed model, is now explicated. Recall that ridge regression fits the linear regression model  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$  by means of a penalized maximum likelihood procedure, which defines – for given penalty parameter  $\lambda$  – the estimator as:

$$\hat{\boldsymbol{\beta}}(\lambda) = \arg\min_{\boldsymbol{\beta} \in \mathbb{R}^p} \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2 + \lambda \boldsymbol{\beta}^{\top} \boldsymbol{\beta}.$$

Constrast this to a mixed model void of covariates with fixed effects and comprising only covariates with a random effects:  $\mathbf{Y} = \mathbf{Z}\boldsymbol{\gamma} + \boldsymbol{\varepsilon}$  with distributional assumptions  $\boldsymbol{\gamma} \sim \mathcal{N}(\mathbf{0}_q, \sigma_{\gamma}^2 \mathbf{I}_{qq})$  and  $\boldsymbol{\varepsilon} \sim \mathcal{N}(\mathbf{0}_n, \sigma_{\varepsilon}^2 \mathbf{I}_{nn})$ . This model, when temporarily considering  $\boldsymbol{\gamma}$  as fixed, is fitted by the minimization of loss function (4.2). The corresponding estimator of  $\boldsymbol{\gamma}$  is then defined, with the current mixed model assumptions in place, as:

$$\hat{\boldsymbol{\gamma}} = \arg\min_{\boldsymbol{\gamma} \in \mathbb{R}^p} \|\mathbf{Y} - \mathbf{Z}\boldsymbol{\gamma}\|_2^2 + \sigma_{\gamma}^{-2} \boldsymbol{\gamma}^{\top} \boldsymbol{\gamma}.$$

The estimators are – up to a reparamatrization of the penalty parameter – defined identically. This should not come as a surprise after the discussion of Bayesian regression (cf. Chapter 2) and the alert reader would already have recognized a generalized ridge loss function in Equation (4.2). The fact that we

discarded the fixed effect part of the mixed model is irrelevant for the analogy as those would correspond to unpenalized covariates in the ridge regression problem.

The link with ridge regression is also immenent from the linear predictor of the random effect. Recall:  $\hat{\gamma} = (\mathbf{Z}^{\top}\mathbf{Z} + \mathbf{R}_{\theta}^{-1})^{-1}\mathbf{Z}^{\top}(\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})$ . When we ignore  $\mathbf{R}_{\theta}^{-1}$ , the predictor reduces to a least squares estimator. But with a symmetric and positive definite matrix  $\mathbf{R}_{\theta}^{-1}$ , the predictor is actually of the shrinkage type as is the ridge regression estimator. This shrinkage estimator also reveals (through the term  $(\mathbf{Z}^{\top}\mathbf{Z} + \mathbf{R}_{\theta}^{-1})^{-1}$ ) that a q larger than n does not cause identifiability problems as long as  $\mathbf{R}_{\theta}$  is parametrized low-dimensionally enough.

The following mixed model result provide an alternative approach to choice of the penalty parameter in ridge regression. It assumes a mixed model comprising of the random effects part only. Or, put differently, it assume the linear regression model  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$  with  $\boldsymbol{\beta} \sim \mathcal{N}(\mathbf{0}_p, \sigma_{\boldsymbol{\beta}}^2 \mathbf{I}_{pp})$  and  $\boldsymbol{\varepsilon} \sim \mathcal{N}(\mathbf{0}_n, \sigma_{\boldsymbol{\varepsilon}}^2 \mathbf{I}_{nn})$ .

## **Theorem 4.2** (Theorem 2, Golub et al)

The expected generalized cross-validation error  $\mathbb{E}_{\beta}\{\mathbb{E}_{\varepsilon}[GCV(\lambda)]\}\$  is minimized for  $\lambda = \sigma_{\varepsilon}^2/\sigma_{\beta}^2$ .

*Proof* The proof first finds an analytic expression of the expected  $GCV(\lambda)$ , then its minimum. Its expectation can be re-expressed as follows:

$$\mathbb{E}_{\boldsymbol{\beta}}\{\mathbb{E}_{\varepsilon}[GCV(\lambda)]\} = \mathbb{E}_{\boldsymbol{\beta}}\left[\mathbb{E}_{\varepsilon}\left(\frac{1}{n}\{\operatorname{tr}[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]/n\}^{-2}\|[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]\mathbf{Y}\|_{2}^{2}\right)\right]$$

$$= n\{\operatorname{tr}[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]\}^{-2}\mathbb{E}_{\boldsymbol{\beta}}\left(\mathbb{E}_{\varepsilon}\{\mathbf{Y}^{\top}[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]^{2}\mathbf{Y}\}\right)$$

$$= n\{\operatorname{tr}[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]\}^{-2}\mathbb{E}_{\boldsymbol{\beta}}\left[\mathbb{E}_{\varepsilon}\left(\operatorname{tr}\{(\mathbf{X}\boldsymbol{\beta} + \varepsilon)^{\top}[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]^{2}(\mathbf{X}\boldsymbol{\beta} + \varepsilon)\}\right)\right]$$

$$= n\{\operatorname{tr}[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]\}^{-2}\left(\operatorname{tr}\{[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]^{2}\mathbf{X}\mathbf{X}^{\top}\mathbb{E}_{\boldsymbol{\beta}}[\mathbb{E}_{\varepsilon}(\boldsymbol{\beta}\boldsymbol{\beta}^{\top})]\}\right)$$

$$+ \operatorname{tr}\{[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]^{2}\mathbb{E}_{\boldsymbol{\beta}}[\mathbb{E}_{\varepsilon}(\varepsilon\varepsilon^{\top})]\}\right)$$

$$= n(\sigma_{\boldsymbol{\beta}}^{2}\operatorname{tr}\{[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]^{2}\mathbf{X}\mathbf{X}^{\top}\} + \sigma_{\varepsilon}^{2}\operatorname{tr}\{[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]^{2}\}\left\{\operatorname{tr}[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]\right\}^{-2}.$$

To get a handle on this expression, use  $(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{X} = \mathbf{I}_{pp} - \lambda(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} = \mathbf{X}^{\top}\mathbf{X}(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}$ , the cyclic property of the trace, and define  $A(\lambda) = \sum_{j=1}^{p} (d_{x,j}^2 + \lambda)^{-1}$ ,  $B(\lambda) = \sum_{j=1}^{p} (d_{x,j}^2 + \lambda)^{-2}$ , and  $C(\lambda) = \sum_{j=1}^{p} (d_{x,j}^2 + \lambda)^{-3}$ . The traces in the expectation of  $GCV(\lambda)$  can now be written as:

$$\operatorname{tr}[\mathbf{I}_{nn} - \mathbf{H}(\lambda)] = \lambda \operatorname{tr}[(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}] = \lambda A(\lambda),$$

$$\operatorname{tr}\{[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]^{2}\} = \lambda^{2} \operatorname{tr}[(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-2}] = \lambda^{2} B(\lambda),$$

$$\operatorname{tr}\{[\mathbf{I}_{nn} - \mathbf{H}(\lambda)]^{2}\mathbf{X}\mathbf{X}^{\top}\} = \lambda^{2} \operatorname{tr}[(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}] - \lambda^{3} \operatorname{tr}[(\mathbf{X}^{\top}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-2}]$$

$$= \lambda^{2} A(\lambda) - \lambda^{3} B(\lambda).$$

The expectation of  $GCV(\lambda)$  can then be reformulated as:

$$\mathbb{E}_{\beta}\{\mathbb{E}_{\varepsilon}[GCV(\lambda)]\} = n\{\sigma_{\beta}^{2}[A(\lambda) - \lambda B(\lambda)] + \sigma_{\varepsilon}^{2}B(\lambda)\}[A(\lambda)]^{-2}.$$

Equate the derivative of this expectation w.r.t.  $\lambda$  to zero, which can be seen to be proportional to:

$$2(\lambda\sigma_{\beta}^2-\sigma_{\varepsilon}^2)[B(\lambda)]^2+2(\lambda\sigma_{\beta}^2-\sigma_{\varepsilon}^2)A(\lambda)C(\lambda) \quad = \quad 0.$$

Indeed,  $\lambda = \sigma_{\varepsilon}^2/\sigma_{\beta}^2$  is the root of this equation.

Theorem 4.2 can be extended to include unpenalized covariates. This leaves the result unaltered: the optimal (in the expected GCV sense) ridge penalty is the same signal-to-noise ratio.

We have encountered the result of Theorem 4.2 before. Revisit Example 1.7 which derived the mean squared error (MSE) of the ridge regression estimator when **X** is orthonormal. It was pointed out that this MSE is minized for  $\lambda = p\sigma_{\varepsilon}/\beta^{\top}\beta$ . As  $\beta^{\top}\beta/p$  is an estimator for  $\sigma_{\beta}^{2}$ , this implies the same optimal choice of the penalty parameter.

To point out the relevance of Theorem 4.2 for the choice of the ridge penalty parameter still assume the regression parameter random. The theorem then says that the optimal penalty parameter (in the GCV sense) equals the ratio of the error variance and that of the regression parameter. Both variances can be estimated by means of the mixed model machinery (provided for instance by the lme4 package in R). These estimates may be plugged in the ratio to arrive at a choice of ridge penalty parameter (see Section 4.3 for an illustration of this usage).

# REML consistency, high-dimensionally

Here a result on the asymptotic quality of the REML estimators of the random effect and error variance parameters is presented and discussed. It is the ratio of these parameters that forms the optimal choice (in the expected GCV sense) of the penalty parameter of the ridge regression estimator. As in practice the parameters are replaced by estimates to arrive at a choice for the penalty parameter, the quality of these estimators propagates to the chosen penalty parameter.

Consider the standard linear mixed model  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma} + \boldsymbol{\varepsilon}$ , now with equivariant and uncorrelated random effects:  $\gamma \sim \mathcal{N}(\mathbf{0}_q, \sigma_{\gamma}^2 \mathbf{I}_{qq})$ . Write  $\theta = \sigma_{\gamma}^2/\sigma_{\varepsilon}^2$ . The REML estimators of  $\theta$  and  $\sigma_{\varepsilon}^2$  are to be found from the estimating equations:

$$tr(\mathbf{P}_{\theta}\mathbf{Z}\mathbf{Z}^{\top}) = \sigma_{\varepsilon}^{-2}tr(\mathbf{Y}^{\top}\mathbf{P}_{\theta}\mathbf{Z}\mathbf{Z}^{\top}\mathbf{P}_{\theta}\mathbf{Y}),$$
  
$$\sigma_{\varepsilon}^{2} = (n-p)^{-1}\mathbf{Y}^{\top}\mathbf{P}_{\theta}\mathbf{Y},$$

where  $\mathbf{P}_{\theta} = \tilde{\mathbf{Q}}_{\theta}^{-1} - \tilde{\mathbf{Q}}_{\theta}^{-1} \mathbf{X} (\mathbf{X}^{\top} \tilde{\mathbf{Q}}_{\theta}^{-1} \mathbf{X})^{-1} \mathbf{X}^{\top} \tilde{\mathbf{Q}}_{\theta}^{-1}$  and  $\tilde{\mathbf{Q}}_{\theta} = \mathbf{I}_{nn} + \theta \mathbf{Z} \mathbf{Z}^{\top}$ . To arrive at the REML estimators choose initial values for the parameters. Choose one of the estimating equations substitute the initial value of the one of the parameters and solve for the other. The found root is then substituted into the other estimating equation, which is subsequently solved for the remaining parameter. Iterate between these two steps until convergence. The discussion of the practical evaluation of a root for  $\theta$  from these estimating equations in a high-dimensional context is postponed to the next section.

The employed linear mixed model assumes that each of the q covariates included as a column in **Z** contributes to the variation of the response. However, it may be that only a fraction of these covariates exerts any influence on the response. That is, the random effect parameter  $\gamma$  is sparse, which could be operationalized as  $\gamma$  having  $q_0$  zero elements while the remaining  $q_c = q - q_0$  elements are non-zero. Only for the latter  $q_c$  elements of  $\gamma$  the normal assumption makes sense, but is invalid for the  $q_0$  zeros in  $\gamma$ . The posed mixed model is then misspecified.

The next theorem states that the REML estimators of  $\theta = \sigma_{\gamma}^2/\sigma_{\varepsilon}^2$  and  $\sigma_{\varepsilon}^2$  are consistent (possibly after adjustment, see the theorem), even under the above mentioned misspecification.

**Theorem 4.3** (Theorem 3.1, Jiang *et al.* (2016))

Let  $\mathbf{Z}$  be standardized column-wise and with its unstandardized entries i.i.d. from a sub-Gaussian distribution. Furthermore, assume that  $n, q, q_c \to \infty$  such that

$$\frac{n}{q} \to \tau$$
 and  $\frac{q_c}{q} \to \omega$ ,

where  $\tau, \omega \in (0,1]$ . Finally, suppose that  $\sigma_{\varepsilon}^2$  and  $\sigma_{\gamma}^2$  are positive. Then: i) The 'adjusted' REML estimator of the variance ratio  $\sigma_{\gamma}^2/\sigma_{\varepsilon}^2$  is consistent:

$$\frac{q}{q_c}(\widehat{\sigma_\gamma^2/\sigma_\varepsilon^2}) \stackrel{P}{\longrightarrow} \sigma_\gamma^2/\sigma_\varepsilon^2.$$

ii) The REML estimator of the error variance is consistent:  $\hat{\sigma}_{\varepsilon}^2 \xrightarrow{P} \sigma_{\varepsilon}^2$ .

Proof Confer Jiang et al. (2016).

Before the interpretation and implication of Theorem 4.3 are discussed, its conditions for the consistency result are reviewed:

- The standardization and distribution assumption on the design matrix of the random effects has no direct practical interpretation. These conditions warrant the applicability of certain results from random matrix theory upon which the proof of the theorem hinges.
- The positive variance assumption  $\sigma_{\varepsilon}^2, \sigma_{\gamma}^2 > 0$ , in particular that of the random effect parameter, effectively states that some – possibly misspecified – form of the mixed model applies.
- o Practically most relevant are the conditions on the sample size, random effect dimension, and sparsity. The  $\tau$  and  $\omega$  in Theorem 4.3 are the limiting ratio's of the sample size n and non-zero random effects  $q_c$ , respectively, to the total number of random effects q. The number of random effects thus exceeds the sample size, as long as the latter grows (in the limit) at some fixed rate with the former. Independently, the model may be misspecified. The sparsity condition only requires that (in the limit) a fraction of the random effects is nonzero.

Now discuss the interpretation and relevance of the theorem:

- Theorem 4.3 complements the classical low-dimensional consistency results on the REML estimator.
- Theorem 4.3 shows that not all (i.e. consistency) is lost when the model is misspecified.
- The practical relevance of the part i) of Theorem 4.3 is limited as the number of nonzero random effects  $q_c$ , or  $\omega$  for that matter, is usually unknown. Consequently, the REML estimator of the variance ratio  $\sigma_{\gamma}^2/\sigma_{\varepsilon}^2$  cannot be adjusted correctly to achieve asymptotically unbiasedness and thereby consistency
- o Part ii) in its own right may not seem very useful. But it is surprising that high-dimensionally (i.e. when the dimension of the random effect parameter exceeds the sample size) the standard (that is, derived for low-dimensional data) REML estimator of  $\sigma_{\varepsilon}^2$  is consistent. Beyond this surprise, a good estimator of  $\sigma_{\varepsilon}^2$  indicates how much of the variation in the response cannot be attributed to the covariates represented by the columns **Z**. A good indication of the noise level in the data finds use at many place. In particular, it is helpful in deciding on the order of the penalty parameter.
- o Theorem 4.2 suggests to choose the ridge penalty parameter equal to the ratio of the error variance and that of the random effects. Confronted with data the reciprocal of the REML estimator of  $\theta = \sigma_{\gamma}^2/\sigma_{\varepsilon}^2$  may be used as value for the penalty parameter. Without the adjustment for the fraction of nonzero random effects, this value is off. But in the worst case this value is an over-estimation of the optimal (in the GCV sense) ridge penalty parameter. Consequently, too much penalization is applied and the ridge regression estimate of the regression parameter is conservative as it shrinks the elements too much to zero.

# 4.3 Illustration: P-splines

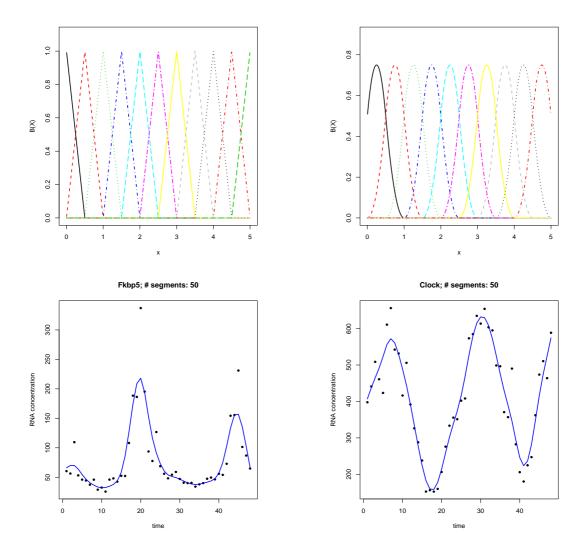
An organism's internal circadian clock enables it to synchronize its activities to the earth's day-and-night cycle. The circadian clock maintains, due to environmental feedback, oscillations of approximately 24 hours. Molecularly, these oscillations reveal themselves in the fluctuation of the transcription levels of genes. The molecular core of the circadian clock is made up of  $\pm 10$  genes. Their behaviour (in terms of their expression patterns) is described by a dynamical system with feedback mechanisms. Linked to this core are genes that tap into the clock's rythm and use it to regulate the molecular processes. As such many genes are expected to exhibit circadian rythms. This is investigated in a mouse experiment in which the expression levels of several transcipts have been measured during two days with a resolution of one hour, resulting in a time-series of 48 time points publicly available from the R-package MetaCycle. Circadian rythms may be identified simply by eye-balling the data. But to facilitate this identification the data are smoothed to emphasize the pattern present in these data.

Smooothing refers to nonparametric – in the sense that parameters have no tangible interpretation – description of a curve. For instance, one may wish to learn some general functional relationship between two variable, X and Y, from data. Statistically, the model  $Y = f(X) + \varepsilon$ , for unknown and general function  $f(\cdot)$ , is to be fitted to paired observations  $\{(y_i, x_i)\}_{i=1}^n$ . Here we use P-splines, penalized B-splines with B for Basis (Eilers and Marx, 1996).

A B-spline is formed through a linear combination of (pieces of) polynomial basis functions of degree r. For their construction specify the interval  $[x_{\text{start}}, x_{\text{end}}]$  on which the function is to be learned/approximated. Let  $\{t_j\}_{j=0}^{m+2r}$  be a grid, overlapping the interval, of equidistantly placed points called knots given by  $t_j = x_{\text{start}} + (j-r)h$  for all  $j = 0, \ldots, m+2r$  with  $h = \frac{1}{m}(x_{\text{end}} - x_{\text{start}})$ . The B-spline base functions are then defined as:

$$B_j(x;r) = (-1)^{r+1} (h^r r!)^{-1} \Delta^{r+1} [(x-t_j)^r \mathbb{1}_{\{x \ge t_j\}}]$$

where  $\Delta^r[f_j(\cdot)]$  is the r-th difference operator applied to  $f_j(\cdot)$ . For r=1:  $\Delta[f_j(\cdot)]=f_j(\cdot)-f_{j-1}(\cdot)$ , while r=2:  $\Delta^2[f_j(\cdot)]=\Delta\{\Delta[f_j(\cdot)]\}=\Delta[f_j(\cdot)-f_{j-1}(\cdot)]=f_j(\cdot)-2f_{j-1}(\cdot)+f_{j-2}(\cdot)$ , et cetera. The top right and bottom left panels of Figure 4.2 show a 1<sup>st</sup> and 2<sup>nd</sup> degree B-spline basis functions. A P-spline is a curve of the form  $\sum_{j=0}^{m+2r}\alpha_jB_j(x;r)$  fitted to the data by means of penalized least squares minimization. The least squares are  $\|\mathbf{Y}-\mathbf{B}\boldsymbol{\alpha}\|_2^2$  where  $\mathbf{B}$  is a  $n\times(m+2r)$ -dimensional matrix with the j-th column equalling  $(B_j(x_i;r),B_j(x_2;r),\ldots,B_j(x_n;r))^{\top}$ . The employed penalty is of the ridge type: the sum of the squared difference among contiguous  $\alpha_j$ . Let  $\mathbf{D}$  be the first order differencing matrix. The penalty can then be written as  $\|\mathbf{D}\boldsymbol{\alpha}\|_2^2 = \sum_{j=2}^{m+2r}(\alpha_j-\alpha_{j-1})^2$ . A second order difference matrix would amount to  $\|\mathbf{D}\boldsymbol{\alpha}\|_2^2 = \sum_{j=3}^{m+2r}(\alpha_j-2\alpha_{j-1}+\alpha_{j-2})^2$ . Eilers (1999) points out how P-splines may be



**Figure 4.2**: Top left and right panels: B-spline basis functions of degree 1 and 2, respectively. Bottom left and right panel: P-spline fit to transcript levels of circadian clock experiment in mice.

interpret as a mixed model. Hereto choose  $\tilde{\mathbf{X}}$  such that its columns span the null space of  $\mathbf{D}^{\top}\mathbf{D}$ , which comprises a single column representing the intercept when  $\mathbf{D}$  is a first order differencing matrix, and  $\tilde{\mathbf{Z}} = \mathbf{D}^{\top}(\mathbf{D}\mathbf{D}^{\top})^{-1}$ . Then, for any  $\boldsymbol{\alpha}$ :

$$\mathbf{B}\boldsymbol{\alpha} = \mathbf{B}(\tilde{\mathbf{X}}\boldsymbol{\beta} + \tilde{\mathbf{Z}}\boldsymbol{\gamma}) := \mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma}.$$

This parametrization simplifies the employed penalty to:

$$\|\mathbf{D}\alpha\|_2^2 = \|\mathbf{D}(\tilde{\mathbf{X}}\boldsymbol{\beta} + \tilde{\mathbf{Z}}\boldsymbol{\gamma})\|_2^2 = \|\mathbf{D}\mathbf{D}^{\top}(\mathbf{D}\mathbf{D}^{\top})^{-1}\boldsymbol{\gamma}\|_2^2 = \|\boldsymbol{\gamma}\|_2^2,$$

where  $\mathbf{D}\tilde{\mathbf{X}}\boldsymbol{\beta}$  has vanished by the construction of  $\tilde{\mathbf{X}}$ . Hence, the penalty only affects the random effect parameter, leaving the fixed effect parameter unshrunken. The resulting loss function,  $\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta} - \mathbf{Z}\boldsymbol{\gamma}\|_2^2 + \lambda \|\boldsymbol{\gamma}\|_2^2$ , coincides for suitably chosen  $\lambda$  to that of the mixed model (as will become apparent later). The bottom panels of Figure 4.2 shows the flexibility of this approach.

The following R-script fits a P-spline to a gene's transcript levels of the circadian clock study in mice. It uses a basis of m=50 truncated polynomial functions of degree r=3 (cubic), which is generated first alongside several auxillary matrices. This basis forms, after post-multiplication with a projection matrix onto the space spanned by the columns of the difference matrix  $\mathbf{D}$ , the design matrix for the random coefficient of the mixed model  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma} + \boldsymbol{\varepsilon}$  with  $\boldsymbol{\gamma} \sim \mathcal{N}(\mathbf{0}_q, \sigma_{\gamma}^2 \mathbf{I}_{qq})$  and  $\boldsymbol{\varepsilon} \sim \mathcal{N}(\mathbf{0}_n, \sigma_{\varepsilon}^2 \mathbf{I}_{nn})$ .

The variance parameters of this model are then estimated by means of restricted maximum likelihood (REML). The final P-spline fit is obtained from the linear predictor using, in line with Theorem 4.2,  $\lambda = \sigma_{\varepsilon}^2/\sigma_{\gamma}^2$  in which the REML estimates of these variance parameters are substituted. The resulting P-spline fit of two transcripts is shown in the bottom panels of Figure 4.2.

#### Listing 4.1 R code

```
# load libraries
library(gridExtra)
library(MetaCycle)
library (MASS)
# intermezzo: declaration of functions used analysis
tpower <- function(x, knots, p) {</pre>
  # function for evaluation of truncated p-th
  # power functions positions x, given knots
  return((x - knots)^p * (x > knots))
bbase <- function(x, m, r) {</pre>
  # function for B-spline basis generation
  \# evaluated at the extremes of x
  # with m segments and spline degree r
        \leftarrow (\max(x) - \min(x))/m
  knots \leftarrow \min(x) + (c(0:(m+2*r)) - r) * h
        <- outer(x, knots, tpower, r)</pre>
        <- diff(diag(m+2*r+1), diff=r+1) / (gamma(r+1) * h^r)
  return((-1)^(r+1) * P %*% t(D))
thetaEstEqREML <- function(theta, Z, Y, X, sigma2e){</pre>
  # function for REML estimation:
  # estimating equation of theta
  QthetaInv <- solve(diag(length(Y)) + theta * Z %*% t(Z))</pre>
  Ptheta
            <- QthetaInv
                QthetaInv %*% X %*%
                solve(t(X) %*% QthetaInv %*% X) %*% t(X) %*% QthetaInv
  return(sum(diag(Ptheta %*% Z %*% t(Z)))
         as.numeric(t(Y) %*% Ptheta %*% Z %*% t(Z) %*% Ptheta %*% Y) / sigma2e)
# load data
data(cycMouseLiverRNA)
id < - 14
Y <- as.numeric(cycMouseLiverRNA[id,-1])
X <- 1:length(Y)</pre>
# set P-spline parameters
m < -50
r <- 3
B \leftarrow bbase(X, m=m, r=r)
# prepare some matrices
D <- diff(diag(m+r), diff = 2)
Z \leftarrow B \%*\% t(D) \%*\% solve(D \%*\% t(D))
X <- B %*% Null(t(D) %*% D)
```

```
# initiate
theta <- 1
for (k in 1:100){
  # for-loop, alternating between theta and error variance estimation
  thetaPrev <- theta
  QthetaInv <- solve(diag(length(Y)) + theta * Z %*% t(Z))
            <- QthetaInv
  Ptheta
               QthetaInv %*% X %*%
               solve(t(X) %*% QthetaInv %*% X) %*% t(X) %*% QthetaInv
            <- t(Y) %*% Ptheta %*% Y / (length(Y)-2)
  sigma2e
  theta
            <- uniroot(thetaEstEqREML, c(0, 100000),</pre>
                        Z=Z, Y=Y, X=X, sigma2e=sigma2e)$root
  if (abs(theta - thetaPrev) < 10^(-5)){ break }</pre>
# P-spline fit
bgHat <- solve(t(cbind(X, Z)) %*% cbind(X, Z) +</pre>
         diag(c(rep(0, ncol(X)), rep(1/theta, ncol(Z))))) %*%
         t(cbind(X, Z)) %*% Y
# plot fit
plot(Y, pch=20, xlab="time", ylab="RNAuconcentration",
     main=paste(strsplit(cycMouseLiverRNA[id,1], "_")[[1]][1],
     "; u#usegments: u", m, sep=""))
lines(cbind(X, Z) %*% bgHat, col="blue", lwd=2)
```

The fitted splines displayed Figure 4.2 nicely match the data. From the circadian clock perspective it is especially the fit in the right-hand side bottom panel that displays the archetypical sinusoidal behaviour associated by the layman with the sought-for rythm. Close inspection of the fits reveals some minor discontinuities in the derivative of the spline fit. These minor discontinuities are indicative of a little overfitting, due to too large an estimate of  $\sigma_{\gamma}^2$ . This appears to be due to numerical instability of the solution of the estimating equations of the REML estimators of the mixed model's variance parameter estimators when m is large compared to the sample size n.

# 5 Ridge logistic regression

Ridge penalized estimation is not limited to the standard linear regression model, but may be used to estimate (virtually) any model. Here we illustrate how it may be used to fit the logistic regression model. To this end we first recap this model and the (unpenalized) maximum likelihood estimation of its parameters. After which the model is estimated by means of ridge penalized maximum likelihood, which will turn out to be a relatively straightforward modification of unpenalized estimation.

# 5.1 Logistic regression

The logistic regression model explains a binary response variable (through some transformation) by a linear combination of a set of covariates (as in the linear regression model). Denote this response of the i-th sample by  $Y_i$  with  $Y_i \in \{0,1\}$  for  $i=1,\ldots,n$ . The n-dimensional column vector  $\mathbf{Y}$  stacks these n responses. For each sample information on the p explanatory variables  $X_{i,1},\ldots,X_{i,p}$  is available. In row vector form this information is denoted  $\mathbf{X}_{i,*} = (X_{i,1},\ldots,X_{i,p})$ . Or, in short,  $\mathbf{X}_i$  when the context tolerates no confusion. The  $(n \times p)$ -dimensional matrix  $\mathbf{X}$  aggregates these vectors, such that  $\mathbf{X}_i$  is the i-th row vector.

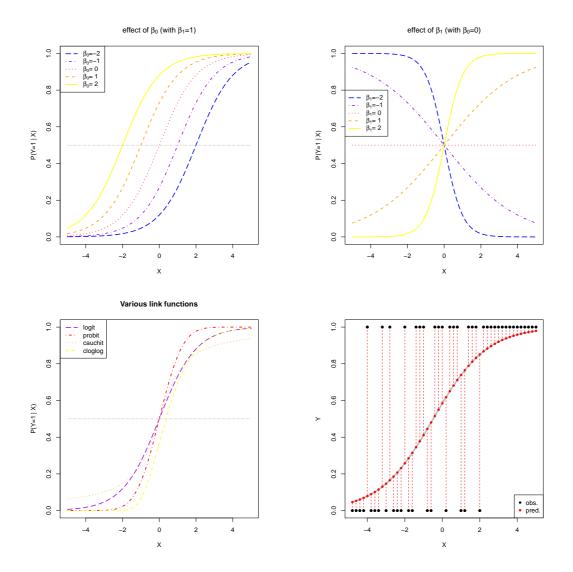
The binary response cannot be modelled as in the linear model like  $Y_i = \mathbf{X}_i \boldsymbol{\beta} + \varepsilon_i$ . With each element of  $\mathbf{X}_i$  and  $\boldsymbol{\beta}$  assuming a value in  $\mathbb{R}$ , the linear predictor is not restricted to the domain of the response. This is resolved by modeling  $p_i = P(Y_i = 1)$  instead. Still the linear predictor may exceed the domain of the response  $(p_i \in [0,1])$ . Hence, a transformation is applied to map  $p_i$  to  $\mathbb{R}$ , the range of the linear predictor. The transformation associated with the logistic regression model is the logarithm of the odds, with the odds defined as:  $odds = P(\text{succes})/P(\text{failure}) = p_i/(1-p_i)$ . The logistic model is then written as  $\log[p_i/(1-p_i)] = \mathbf{X}_i \boldsymbol{\beta}$  for all i. Or, expressed in terms of the response:

$$p_i = P(Y_i = 1) = g^{-1}(\mathbf{X}_i; \boldsymbol{\beta}) = \frac{\exp(\mathbf{X}_i \boldsymbol{\beta})}{1 + \exp(\mathbf{X}_i \boldsymbol{\beta})}.$$

The function  $g(\cdot;\cdot)$  is called the *link function*. It links the response to the explanatory variables. The one above is called the logistic link function. Or short, logit. The regression parameters have tangible interpretations. When the first covariate represents the intercept, i.e.  $X_{i,j} = 1$  for all i, then  $\beta_1$  determines where the link function equals a half when all other covariates fail to contribute to the linear predictor (i.e. where  $P(Y_i = 1 | \mathbf{X}_i) = 0.5$  when  $\mathbf{X}_i \boldsymbol{\beta} = \beta_1$ ). This is illustrated in the top-left panel of Figure 5.1 for various choices of the intercept. On the other hand, the regression parameters are directly related to the odds ratio:  $odds\ ratio = odds(X_{i,j} + 1)/odds(X_{i,j}) = \exp(\beta_j)$ . Hence, the effect of a unit change in the j-th covariate on the odds ratio is  $\exp(\beta_j)$  (see Figure 5.1, top-right panel). Other link functions (depicted in Figure 5.1, bottom-left panel) are common, e.g. the probit:  $p_i = \Phi_{0,1}(\mathbf{X}_i \boldsymbol{\beta})$ ; the cloglog:  $p_i = \frac{1}{\pi} \arctan(\mathbf{X}_i \boldsymbol{\beta}) + \frac{1}{2}$ ; the cloglog:  $p_i = \exp[-\exp(\mathbf{X}_i \boldsymbol{\beta})]$ . All these link function are invertible. Irrespective of the choice of the link function, the binary data are thus modelled as  $Y_i \sim \mathcal{B}[g^{-1}(\mathbf{X}_i; \boldsymbol{\beta}), 1]$ . That is, as a single draw from the Binomial distribution with success probability  $g^{-1}(\mathbf{X}_i; \boldsymbol{\beta})$ .

Let us now estimate the parameter of the logistic regression model by means of the maximum likelihood method. The likelihood of the experiment is then:

$$L(\mathbf{Y} | \mathbf{X}; \boldsymbol{\beta}) = \prod_{i=1}^{n} [P(Y_i = 1 | \mathbf{X}_i)]^{Y_i} [P(Y_i = 0 | \mathbf{X}_i)]^{1-Y_i}.$$



**Figure 5.1**: Top row, left panel: the response curve for various choices of the intercept  $\beta_0$ . Top row, right panel: the response curve for various choices of the regression coefficient  $\beta_1$ . Bottom row, left panel: the responce curve for various choices of the link function. Bottom panel, right panel: observations, fits and their deviations.

After taking the logarithm and some ready algebra, the log-likelihood is found to be:

$$\mathcal{L}(\mathbf{Y} | \mathbf{X}; \boldsymbol{\beta}) = \sum_{i=1}^{n} \{Y_i \mathbf{X}_i \boldsymbol{\beta} - \log[1 + \exp(\mathbf{X}_i \boldsymbol{\beta})]\}.$$

Differentiate the log-likelihood with respect to  $\beta$ , equate it zero, and obtain the estimating equation for  $\beta$ :

$$\frac{\partial \mathcal{L}}{\partial \boldsymbol{\beta}} = \sum_{i=1}^{n} \left[ Y_i - \frac{\exp(\mathbf{X}_i \boldsymbol{\beta})}{1 + \exp(\mathbf{X}_i \boldsymbol{\beta})} \right] \mathbf{X}_i^{\top} = \mathbf{0}_p.$$
 (5.1)

The ML estimate of  $\beta$  strikes a (weighted by the  $\mathbf{X}_i$ ) balance between observation and model. Put differently (and illustrated in the bottom-right panel of Figure 5.1), a curve is fit through data by minimizing the distance between them: at the ML estimate of  $\beta$  a weighted average of their deviations is zero.

The maximum likelihood estimate of  $\beta$  is evaluated by solving Equation (5.1) with respect to  $\beta$  by means of the Newton-Raphson algorithm. The Newton-Raphson algorithm iteratively finds the zeros

of a smooth enough function  $f(\cdot)$ . Let  $x_0$  denote an initial guess of the zero. Then, approximate  $f(\cdot)$  around  $x_0$  by means of a first order Taylor series:  $f(x) \approx f(x_0) + (x - x_0) (df/dx)|_{x=x_0}$ . Solve this for x and obtain:  $x = x_0 - [(df/dx)|_{x=x_0}]^{-1} f(x_0)$ . Let  $x_1$  be the solution for x, use this as the new guess and repeat the above until convergence. When the function  $f(\cdot)$  has multiple arguments, is vector-valued and denoted by  $\vec{\mathbf{f}}$ , and the Taylor approximation becomes:  $\vec{\mathbf{f}}(\mathbf{x}) \approx \mathbf{x}_0 + J\vec{\mathbf{f}}|_{\mathbf{x}=\mathbf{x}_0}(\mathbf{x}-\mathbf{x}_0)$  with

$$J\vec{\mathbf{f}} = \begin{pmatrix} \frac{\partial f_1}{\partial x_1} & \frac{\partial f_1}{\partial x_2} & \cdots & \frac{\partial f_1}{\partial x_p} \\ \frac{\partial f_1}{\partial x_1} & \frac{\partial f_2}{\partial x_2} & \cdots & \frac{\partial f_2}{\partial x_p} \\ \vdots & \vdots & \ddots & \vdots \\ \frac{\partial f_q}{\partial x_1} & \frac{\partial f_q}{\partial x_2} & \cdots & \frac{\partial f_q}{\partial x_p} \end{pmatrix},$$

the Jacobi matrix. An update of  $x_0$  is now readily constructed by solving (the approximation for)  $\vec{\mathbf{f}}(\mathbf{x}) = \mathbf{0}$  for  $\mathbf{x}$ .

When applied here to the maximum likelihood estimation of the regression parameter  $\beta$  of the logistic regression model, the Newton-Raphson update is:

$$\hat{\boldsymbol{\beta}}^{\text{new}} = \hat{\boldsymbol{\beta}}^{\text{old}} - \left(\frac{\partial^2 \mathcal{L}}{\partial \boldsymbol{\beta} \partial \boldsymbol{\beta}^{\top}}\right)^{-1} \Big|_{\boldsymbol{\beta} = \hat{\boldsymbol{\beta}}^{\text{old}}} \frac{\partial \mathcal{L}}{\partial \boldsymbol{\beta}} \Big|_{\boldsymbol{\beta} = \hat{\boldsymbol{\beta}}^{\text{old}}}$$

where the Hessian of the log-likelihood equals:

$$\frac{\partial^2 \mathcal{L}}{\partial \boldsymbol{\beta} \partial \boldsymbol{\beta}^{\top}} = -\sum_{i=1}^n \frac{\exp(\mathbf{X}_i \boldsymbol{\beta})}{[1 + \exp(\mathbf{X}_i \boldsymbol{\beta})]^2} \mathbf{X}_i^{\top} \mathbf{X}_i.$$

Iterative application of this updating formula converges to the ML estimate of  $\beta$ .

The Newton-Raphson algorithm is often reformulated as an iteratively re-weighted least squares algorithm. Hereto, first write the gradient and Hessian in matrix notation:

$$\frac{\partial \mathcal{L}}{\partial \boldsymbol{\beta}} = \mathbf{X}^{\top} [\mathbf{Y} - \vec{\mathbf{g}}^{-1} (\mathbf{X}; \boldsymbol{\beta})] \quad \text{and} \quad \frac{\partial^2 \mathcal{L}}{\partial \boldsymbol{\beta} \partial \boldsymbol{\beta}^{\top}} = -\mathbf{X}^{\top} \mathbf{W} \mathbf{X},$$

where  $\vec{\mathbf{g}}^{-1}(\mathbf{X};\boldsymbol{\beta}) = [g^{-1}(\mathbf{X}_{1,*};\boldsymbol{\beta}),\ldots,g^{-1}(\mathbf{X}_{n,*};\boldsymbol{\beta})]^{\top}$  with  $g^{-1}(\cdot;\cdot) = \exp(\cdot;\cdot)/[1+\exp(\cdot;\cdot)]$  and  $\mathbf{W}$  diagonal with  $(\mathbf{W})_{ii} = \exp(\mathbf{X}_i\hat{\boldsymbol{\beta}}^{\text{old}})[1+\exp(\mathbf{X}_i\hat{\boldsymbol{\beta}}^{\text{old}})]^{-2}$ . The updating formula of the estimate then becomes:

$$\begin{split} \hat{\boldsymbol{\beta}}^{\text{new}} &= \hat{\boldsymbol{\beta}}^{\text{old}} + (\mathbf{X}^{\top} \mathbf{W} \mathbf{X})^{-1} \mathbf{X}^{\top} [\mathbf{Y} - \vec{\mathbf{g}}^{-1} (\mathbf{X}; \boldsymbol{\beta}^{\text{old}})] \\ &= (\mathbf{X}^{\top} \mathbf{W} \mathbf{X})^{-1} \mathbf{X}^{\top} \mathbf{W} \{ \mathbf{X} \hat{\boldsymbol{\beta}}^{\text{old}} + \mathbf{W}^{-1} [\mathbf{Y} - \vec{\mathbf{g}}^{-1} (\mathbf{X}; \boldsymbol{\beta}^{\text{old}})] \} \\ &= (\mathbf{X}^{\top} \mathbf{W} \mathbf{X})^{-1} \mathbf{X}^{\top} \mathbf{W} \mathbf{Z}. \end{split}$$

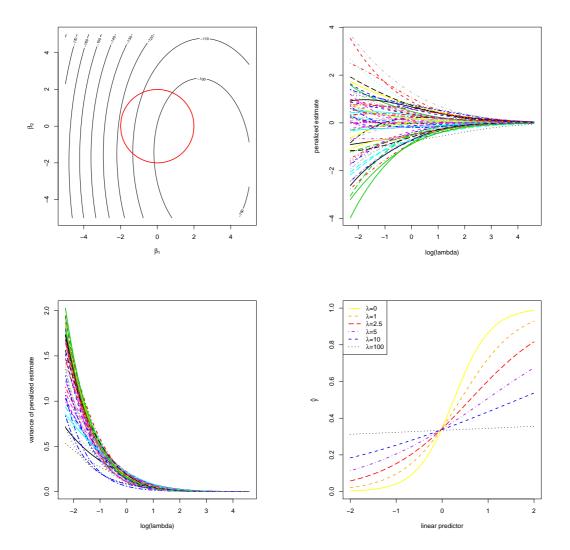
where  $\mathbf{Z} = \{\mathbf{X}\hat{\boldsymbol{\beta}}^{\text{old}} + \mathbf{W}^{-1}[\mathbf{Y} - \vec{\mathbf{g}}^{-1}(\mathbf{X}; \boldsymbol{\beta}^{\text{old}})]\}$ . The Newton-Raphson update is thus the solution to the following weighted least squares problem:

$$\hat{\boldsymbol{\beta}}^{\text{new}} = \underset{\boldsymbol{\beta}}{\operatorname{arg \, min}} (\mathbf{Z} - \mathbf{X}\boldsymbol{\beta})^{\top} \mathbf{W} (\mathbf{Z} - \mathbf{X}\boldsymbol{\beta}).$$

Effectively, at each iteration the *adjusted response*  $\mathbf{Z}$  is regressed on the covariates that comprise  $\mathbf{X}$ . For more on logistic regression confer the monograph of Hosmer Jr *et al.* (2013).

# 5.2 Ridge estimation

High-dimensionally, the linear predictor  $\mathbf{X}\boldsymbol{\beta}$  may be uniquely defined, but the maximum likelihood estimate of the logistic regression parameter is not. Assume p > n and an estimate  $\hat{\boldsymbol{\beta}}$  available. Due to the high-dimensionality, the null space of  $\mathbf{X}$  is non-trivial. Hence, let  $\boldsymbol{\gamma} \in \text{null}(\text{span}(\mathbf{X}))$ . Then:  $\mathbf{X}\hat{\boldsymbol{\beta}} = \mathbf{X}\hat{\boldsymbol{\beta}} + \mathbf{X}\boldsymbol{\gamma} = \mathbf{X}(\hat{\boldsymbol{\beta}} + \boldsymbol{\gamma})$ . As the null space is a p - n-dimensional subspace,  $\boldsymbol{\gamma}$  need not equal zero. Hence, an infinite number of estimates of the logistic regression parameter exists that yield the same log-likelihood. Augmentation of the loss function with a ridge penalty resolves the matter, as their sum



**Figure 5.2**: Top row, left panel: contour plot of the penalized log-likelihood of a logistic regression model with the ridge constraint (red line). Top row, right panel: the regularization paths of the ridge estimator of the logistic regression parameter. Bottom row, left panel: variance of the ridge estimator of the logistic regression parameter against the logarithm of the penalty parameter. Bottom panel, right panel: the predicted success probability versus the linear predictor for various choices of the penalty parameter.

is strictly concave in  $\beta$  (not convex as a maximum rather than a minimum is sought here) and thereby has a unique maximum.

Ridge maximum likelihood estimates of the logistic model parameters are found by the maximization of the ridge penalized loglikelihood (cf. Schaefer *et al.* 1984; Le Cessie and Van Houwelingen 1992):

$$\mathcal{L}^{\text{pen}}(\mathbf{Y}, \mathbf{X}; \boldsymbol{\beta}, \lambda) = \mathcal{L}(\mathbf{Y}, \mathbf{X}; \boldsymbol{\beta}) - \frac{1}{2}\lambda \|\boldsymbol{\beta}\|_{2}^{2}$$
$$= \sum_{i=1}^{n} \left\{ Y_{i} \mathbf{X}_{i} \boldsymbol{\beta} - \log[1 + \exp(\mathbf{X}_{i} \boldsymbol{\beta})] \right\} - \frac{1}{2}\lambda \boldsymbol{\beta}^{\top} \boldsymbol{\beta},$$

where the second summand is the ridge penalty (the sum of the square of the elements of  $\beta$ ) with  $\lambda$  the penalty parameter. Note that as in Section 1.5 maximization of this penalized loss function can be reformulated as a constrained estimation problem. This is illustrated by the top left panel of Figure 5.2, which depicts the contours (black lines) of the log-likelihood and the spherical domain of the parameter (red line). The optimization of the above loss function proceeds, due to the differentiability

5.3 Moments 71

of the penalty, fully analogous to the unpenalized case and uses the Newton-Raphson algorithm for solving the (penalized) estimating equation. Hence, the unpenalized ML estimation procedure is modified straightforwardly by replacing gradient and Hessian by their 'penalized' counterparts:

$$\frac{\partial \mathcal{L}^{\text{pen}}}{\partial \boldsymbol{\beta}} = \frac{\partial \mathcal{L}}{\partial \boldsymbol{\beta}} - \lambda \boldsymbol{\beta} \quad \text{and} \quad \frac{\partial^2 \mathcal{L}^{\text{pen}}}{\partial \boldsymbol{\beta} \partial \boldsymbol{\beta}^\top} = \frac{\partial^2 \mathcal{L}}{\partial \boldsymbol{\beta} \partial \boldsymbol{\beta}^\top} - \lambda \mathbf{I}_{pp}.$$

With these at hand, the Newton-Raphson algorithm is (again) reformulated as an iteratively re-weighted least squares algorithm with the updating step changing accordingly to:

$$\begin{split} \hat{\boldsymbol{\beta}}^{\text{new}} &= \hat{\boldsymbol{\beta}}^{\text{old}} + \mathbf{V}^{-1} \{ \mathbf{X}^{\top} [\mathbf{Y} - \vec{\mathbf{g}}^{-1} (\mathbf{X}; \boldsymbol{\beta}^{\text{old}})] - \lambda \boldsymbol{\beta}^{\text{old}} \} \\ &= \mathbf{V}^{-1} \mathbf{V} \hat{\boldsymbol{\beta}}^{\text{old}} - \lambda \mathbf{V}^{-1} \hat{\boldsymbol{\beta}}^{\text{old}} + \mathbf{V}^{-1} \mathbf{X}^{\top} \mathbf{W} \mathbf{W}^{-1} [\mathbf{Y} - \vec{\mathbf{g}}^{-1} (\mathbf{X}; \boldsymbol{\beta}^{\text{old}})] \\ &= \mathbf{V}^{-1} \mathbf{X}^{\top} \mathbf{W} \{ \mathbf{X} \hat{\boldsymbol{\beta}}^{\text{old}} + \mathbf{W}^{-1} [\mathbf{Y} - \vec{\mathbf{g}}^{-1} (\mathbf{X}; \boldsymbol{\beta}^{\text{old}})] \} \\ &= [\mathbf{X}^{\top} \mathbf{W} \mathbf{X} + \lambda \mathbf{I}_{pp}]^{-1} \mathbf{X}^{\top} \mathbf{W} \mathbf{Z}, \end{split}$$

where  $\mathbf{V} = \mathbf{X}^{\top} \mathbf{W} \mathbf{X} + \lambda \mathbf{I}_{pp}$  and  $\mathbf{W}$  and  $\mathbf{Z}$  as before. Hence, use this to update the estimate of  $\boldsymbol{\beta}$  until convergence, which yields the desired ridge ML estimate.

Obviously, the ridge estimate of the logistic regression parameter tends to zero as  $\lambda \to \infty$ . Now consider a linear predictor with an intercept that is left unpenalized. When  $\lambda$  tends to infinity, all regression coefficients but the intercept vanish. The intercept is left to model the success probability. Hence, in this case  $\lim_{\lambda \to \infty} \hat{\beta}_0(\lambda) = \log[\frac{1}{n} \sum_{i=1}^n Y_i / \frac{1}{n} \sum_{i=1}^n (1 - Y_i)]$ .

The effect of the ridge penalty on parameter estimates propagates to the predictor  $\hat{p}_i$ . The linear predictor of the linear regression model involving the ridge estimator  $\mathbf{X}_i\hat{\boldsymbol{\beta}}(\lambda)$  shrinks towards a common value for each i, leading to a scale difference between observation and predictor (as seen before in Section 1.10). This behaviour transfers to the ridge logistic regression predictor, as is illustrated on simulated data. The dimension and sample size of these data are p=2 and n=200, respectively. The covariate data are drawn from the standard normal, while that of the response is sampled from a Bernoulli distribution with success probability  $P(Y_i=1)=\exp(2X_{i,1}-2X_{i,2})/[1+\exp(2X_{i,1}-2X_{i,2})]$ . The logistic regression model is estimated from these data by means of ridge penalized likelihood maximization with various choices of the penalty parameter. The bottom right plot in Figure 5.2 shows the predicted success probability versus the linear predictor for various choices of the penalty parameter. Larger values of the penalty parameter  $\lambda$  flatten the slope of this curve. Consequently, for larger  $\lambda$  more excessive values of the covariates are needed to achieve the same predicted success probability as those obtained with smaller  $\lambda$  at more moderate covariate values. The implications for the resulting classification may become clearer when studying the effect of the penalty parameter on the 'failure' and 'success regions' respectively defined by:

$$\{(x_1, x_2) : P(\mathbf{Y} = 0 \mid X_1 = x_1, X_2 = x_2, \hat{\boldsymbol{\beta}}(\lambda)) > 0.75\}, \\ \{(x_1, x_2) : P(\mathbf{Y} = \mathbf{1} \mid X_1 = x_1, X_2 = x_2, \hat{\boldsymbol{\beta}}(\lambda)) > 0.75\}.$$

This separates the design space in a light red ('failure') and light green ('success') domain. The white bar between them is the domain where samples cannot be classified with high enough certainty. As  $\lambda$  grows, so does the white area that separates the failure and success regions. Hence, as stronger penalization shrinks the logistic regression parameter estimate towards zero, it produces a predictor that is less outspoken in its class assignments.

# 5.3 Moments

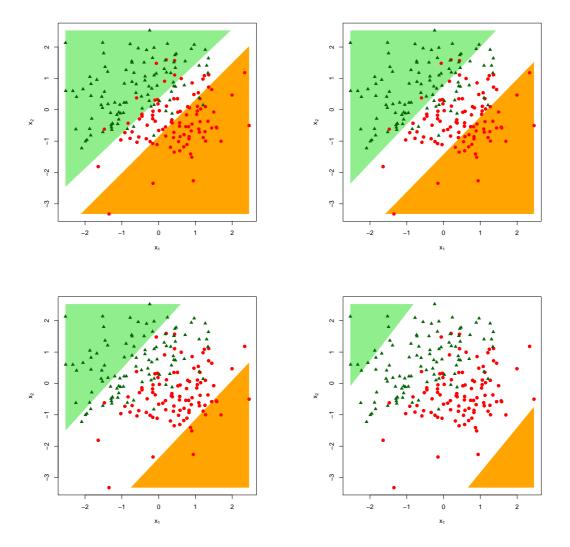
The 1<sup>st</sup> and 2<sup>nd</sup> order moment of the ridge ML parameter of the logistic model may be approximated by the final update of the Newton-Raphson estimate. Assume the one-to-last update  $\hat{\beta}^{\text{old}}$  to be non-random and proceed as for the ridge estimator of the linear regression model parameter to arrive at:

$$\mathbb{E}(\hat{\beta}^{\text{new}}) = (\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{W}\mathbb{E}(\mathbf{Z}),$$

$$\operatorname{Var}(\hat{\beta}^{\text{new}}) = (\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{W}[\operatorname{Var}(\mathbf{Z})]\mathbf{W}\mathbf{X}(\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1},$$

with

$$\begin{split} \mathbb{E}(\mathbf{Z}) &= & \{\mathbf{X}\hat{\boldsymbol{\beta}}^{\mathrm{old}} + \mathbf{W}^{-1}[\mathbb{E}(\mathbf{Y}) - \vec{\mathbf{g}}^{-1}(\mathbf{X}; \boldsymbol{\beta}^{\mathrm{old}})]\}, \\ \mathrm{Var}(\mathbf{Z}) &= & \mathbf{W}^{-1}\mathrm{Var}(\mathbf{Y})\mathbf{W}^{-1} = \mathbf{W}^{-1}, \end{split}$$



**Figure 5.3**: The realized design as scatter plot  $(X_1 \text{ vs } X_2 \text{ overlayed by the success (RED)} \text{ and failure regions (GREEN)} for various choices of the penalty parameter: <math>\lambda=0$  (top row, left panel),  $\lambda=10$  (top row, right panel)  $\lambda=40$  (bottom row, left panel),  $\lambda=100$  (bottom row, right panel).

where the identity  $Var(\mathbf{Y}) = \mathbf{W}$  follows from the variance of a Binomial distributed random variable. From these expressions similar properties as for the ridge ML estimate of the regression parameter of the linear model may be deduced. For instance, the ridge ML estimate of the logistic regression parameter converges to zero as the penalty parameter tends to infinity (confer the top right panel of Figure 5.2). Similarly, their variances vanish as  $\lambda \to \infty$  (illustrated in the bottom left panel of Figure 5.2).

# 5.4 The Bayesian connection

All penalized estimators can be formulated as Bayesian estimators, including the ridge logistic estimator. In particular, ridge estimators correspond to Bayesian estimators with a multivariate normal prior on the regression coefficients. Thus, assume  $\beta \sim \mathcal{N}(\mathbf{0}_p, \mathbf{\Delta}^{-1})$ . The posterior distribution of  $\beta$  then is:

$$f_{\boldsymbol{\beta}}(\boldsymbol{\beta} \mid \mathbf{Y}, \mathbf{X}) \propto \left\{ \prod_{i=1}^{n} \left[ P(Y_i = 1 \mid \mathbf{X}_i) \right]^{Y_i} \left[ P(Y_i = 0 \mid \mathbf{X}_i) \right]^{1-Y_i} \right\} \exp(-\frac{1}{2}\boldsymbol{\beta}^{\top} \boldsymbol{\Delta} \boldsymbol{\beta}).$$

This does not coincide with any standard distribution. But, under appropriate conditions, the posterior distribution is asymptotically normal. This invites a (multivariate) normal approximation to the posterior

distribution above. The Laplace's method provides (cf. Bishop, 2006).

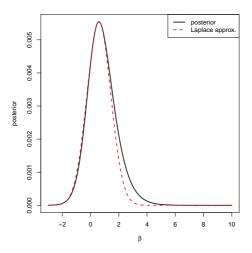


Figure 5.4: Laplace approximation to the posterior density of the Bayesian logistic regression parameter.

Laplace's method i) centers the normal approximation at the mode of the posterior, and ii) chooses the covariance to match the curvature of the posterior at the mode. The posterior mode is the location of the maximum of the posterior distribution. The location of this maximum coincides with that of the logarithm of the posterior. The latter is the log-likelihood augmented with a ridge penalty. Hence, the posterior mode, which is taken as the mean of the approximating Gaussian, coincides with the ridge logistic estimator. For the covariance of the approximating Gaussian, the logarithm of the posterior is approximated by a second order Taylor series around the posterior mode and limited to second order terms:

$$\begin{split} \log[f_{\boldsymbol{\beta}}(\boldsymbol{\beta} \,|\, \mathbf{Y}, \mathbf{X})] &\propto & \log[f_{\boldsymbol{\beta}}(\boldsymbol{\beta} \,|\, \mathbf{Y}, \mathbf{X})] \big|_{\boldsymbol{\beta} = \hat{\boldsymbol{\beta}}_{\text{MAP}}} \\ & + \frac{1}{2}(\boldsymbol{\beta} - \hat{\boldsymbol{\beta}}_{\text{MAP}})^{\top} \left. \frac{\partial^{2}}{\partial \boldsymbol{\beta} \partial \boldsymbol{\beta}^{\top}} \log[f_{\boldsymbol{\beta}}(\boldsymbol{\beta} \,|\, \mathbf{Y}, \mathbf{X})] \right|_{\boldsymbol{\beta} = \hat{\boldsymbol{\beta}}_{\text{MAP}}} (\boldsymbol{\beta} - \hat{\boldsymbol{\beta}}_{\text{MAP}})^{\top}, \end{split}$$

in which the first order term cancels as the derivative of  $f_{\beta}(\beta | \mathbf{Y}, \mathbf{X})$  with respect to  $\beta$  vanishes at the posterior mode – its maximum. Take the exponential of this approximation and match its arguments to that of a multivariate Gaussian  $\exp[-\frac{1}{2}(\beta - \mu_{\beta})^{\top} \mathbf{\Sigma}_{\beta}^{-1}(\beta - \mu_{\beta})]$ . The covariance of the sought Gaussian approximation is thus the inverse of the Hessian of the negative penalized log-likelihood. Put together the posterior is approximated by:

$$\boldsymbol{\beta} \, | \, \mathbf{Y}, \mathbf{X} \sim \mathcal{N}[\hat{\boldsymbol{\beta}}_{\text{map}}, (\boldsymbol{\Delta} + \mathbf{X}^{\top} \mathbf{W} \mathbf{X})^{-1}].$$

The Gaussian approximation is convenient but need not be good. Fortunately, the Bernstein-Von Mises Theorem (Van der Vaart, 2000) tells it is very accurate when the model is regular, the prior smooth, and the sample size sufficiently large. The quality of the approximation for an artificial example data set is shown in Figure 5.4.

# 5.5 Penalty parameter selection

As before the penalty parameter may be chosen through K-fold cross-validation. For the K=n case Meijer and Goeman (2013) describe a computationally efficient approximation of the leave-one-out cross-validated loglikelihood. It is based on the exact evaluation of the LOOCV loss, discussed in Section 1.8.2, that avoided resampling. The approach of Meijer and Goeman (2013) hinges upon the first-order Taylor expansion of the left-out penalized loglikelihood of the left-out estimate  $\hat{\beta}_{-i}(\lambda)$  around  $\hat{\beta}(\lambda)$ , which yields

an approximation of the former:

$$\hat{\boldsymbol{\beta}}_{-i}(\lambda) \approx \hat{\boldsymbol{\beta}}(\lambda) - \left( \frac{\partial^{2} \mathcal{L}_{-i}^{\text{pen}}}{\partial \boldsymbol{\beta} \partial \boldsymbol{\beta}^{\top}} \Big|_{\boldsymbol{\beta} = \hat{\boldsymbol{\beta}}(\lambda)} \right)^{-1} \frac{\partial \mathcal{L}_{-i}^{\text{pen}}}{\partial \boldsymbol{\beta}} \Big|_{\boldsymbol{\beta} = \hat{\boldsymbol{\beta}}(\lambda)}$$

$$= \hat{\boldsymbol{\beta}}(\lambda) + (\mathbf{X}_{-i,*}^{\top} \mathbf{W}_{-i,-i} \mathbf{X}_{-i,*} + \lambda \mathbf{I}_{pp})^{-1} \{\mathbf{X}_{-i,*}^{\top} [\mathbf{Y}_{-i} - \vec{\mathbf{g}}^{-1} (\mathbf{X}_{-i,*}; \hat{\boldsymbol{\beta}}(\lambda))] - \lambda \hat{\boldsymbol{\beta}}(\lambda) \}.$$

This approximation involves the inverse of a  $p \times p$  dimensional matrix, which amounts to the evaluation of n such inverses for the LOOCV loss. As in Section 1.8.2 this may be avoided. Rewrite both the gradient and the Hessian of the left-out loglikelihood in the approximation of the preceding display:

$$\mathbf{X}_{-i,*}^{\top}\{\mathbf{Y}_{-i} - \vec{\mathbf{g}}^{-1}(\mathbf{X}_{-i,*}; \hat{\boldsymbol{\beta}}(\lambda))\} - \lambda \hat{\boldsymbol{\beta}}(\lambda) = \mathbf{X}^{\top}\{\mathbf{Y} - \vec{\mathbf{g}}^{-1}[\mathbf{X}; \hat{\boldsymbol{\beta}}(\lambda)]\} - \lambda \hat{\boldsymbol{\beta}}(\lambda) - \mathbf{X}_{i,*}^{\top}\{Y_i - g^{-1}[\mathbf{X}_{i,*}; \hat{\boldsymbol{\beta}}(\lambda)]\}$$
$$= -\mathbf{X}_{i,*}^{\top}\{Y_i - g^{-1}[\mathbf{X}_{i,*}; \hat{\boldsymbol{\beta}}(\lambda)]\}$$

and

$$(\mathbf{X}_{-i,*}^{\top}\mathbf{W}_{-i,-i}\mathbf{X}_{-i,*} + \lambda \mathbf{I}_{pp})^{-1} = (\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1} + \mathbf{W}_{ii}(\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1}\mathbf{X}_{i,*}^{\top}$$
$$[1 - \mathbf{H}_{ii}(\lambda)]^{-1}\mathbf{X}_{i,*}(\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \lambda \mathbf{I}_{pp})^{-1},$$

where the Woodbury identity has been used and now  $\mathbf{H}_{ii}(\lambda) = \mathbf{W}_{ii}\mathbf{X}_{i,*}(\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-1}\mathbf{X}_{i,*}^{\top}$ . Substitute both in the approximation of the left-out ridge logistic regression estimator and manipulate as in Section 1.8.2 to obtain:

$$\hat{\boldsymbol{\beta}}_{-i}(\lambda) \approx \hat{\boldsymbol{\beta}}(\lambda) - (\mathbf{X}^{\top}\mathbf{W}\mathbf{X} + \lambda\mathbf{I}_{pp})^{-1}\mathbf{X}_{i,*}^{\top}[1 - \mathbf{H}_{ii}(\lambda)]^{-1}[Y_i - g^{-1}(\mathbf{X}_{i,*}; \hat{\boldsymbol{\beta}}(\lambda))].$$

Hence, the leave-one-out cross-validated loglikelihood  $\sum_{i=1}^{n} \mathcal{L}[Y_i | \mathbf{X}_{i,*}, \hat{\boldsymbol{\beta}}_{-i}(\lambda)]$  can now be evaluated by means of a single inverse of a  $p \times p$  dimensional matrix and some matrix multiplications. For the performance of this approximation in terms of accuracy and speed confer Meijer and Goeman (2013).

# 5.6 Application

The ridge logistic regression is used here to explain the status (dead or alive) of ovarian cancer samples at the close of the study from gene expression data at baseline. Data stem from the TCGA study (Cancer Genome Atlas Network, 2011), which measured gene expression by means of sequencing technology. Available are 295 samples with both status and transcriptomic profiles. These profiles are composed of 19990 transcript reads. The sequencing data, being representative of the mRNA transcript count, is heavily skewed. Zwiener et al. (2014) show that a simple transformation of the data prior to model building generally yields a better model than tailor-made approaches. Motivated by this observation the data were – to accommodate the zero counts – asinh-transformed. The logistic regression model is then fitted in ridge penalized fashion, leaving the intercept unpenalized. The ridge penalty parameter is chosen through 10-fold cross-validation minimizing the cross-validated error. R-code, and that for the sequel of this example, is to be found below.

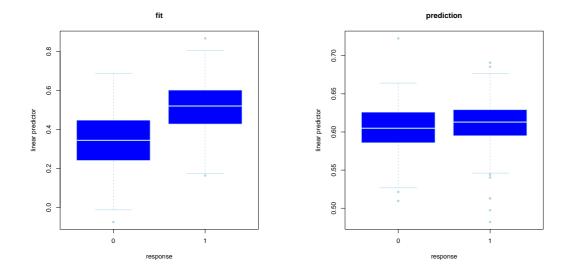
# Listing 5.1 R code

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```
# estimate model
glmFit <- glmnet(X, Y, alpha=0, family=c("binomial"),</pre>
                          lambda=optL2, standardize=FALSE)
# construct linear predictor and predicted probabilities
linPred <- as.numeric(glmFit$a0 + X %*% glmFit$beta)</pre>
predProb <- exp(linPred) / (1+exp(linPred))</pre>
# visualize fit
boxplot(linPred ~ Y, pch=20, border="lightblue", col="blue",
                      ylab="linear_predictor", xlab="response",
                      main="fit")
# evaluate predictive performance
# generate k-folds balanced w.r.t. status
fold
         <- 10
         <- rep(1:fold, ceiling(sum(Y)/fold))[1:sum(Y)]
folds1
folds0
         <- rep(1:fold, ceiling((length(Y)-length(folds1))
                                  /fold))[1:(length(Y)-length(folds1))]
shuffle1 <- sample(1:length(folds1), length(folds1))</pre>
shuffle0 <- sample(1:length(folds0), length(folds0))</pre>
folds1
         <- split(shuffle1, as.factor(folds1))
         <- split(shuffle0, as.factor(folds0))
folds0
folds
         <- list()
for (f in 1:fold){
  folds[[f]] \leftarrow c(which(Y==1)[folds1[[f]]], which(Y==0)[folds0[[f]]])
for (f in 1:fold){
  print(sum(Y[folds[[f]]]))
# build model
pred2obsL2 <- matrix(nrow=0, ncol=4)</pre>
colnames(pred2obsL2) <- c("optLambda", "linPred", "predProb", "obs")</pre>
for (f in 1:length(folds)){
  print(f)
  cv.fit
             <- cv.glmnet(X[-folds[[f]],], Y[-folds[[f]]], alpha=0,</pre>
                            family=c("binomial"), nfolds=10, standardize=FALSE)
              <- cv.fit$lambda.min
  optL2
  glmFit
             <- glmnet(X[-folds[[f]],], Y[-folds[[f]]], alpha=0,</pre>
                        family=c("binomial"), lambda=optL2, standardize=FALSE)
  linPred
             <- glmFit$a0 + X[folds[[f]],,drop=FALSE] %*% glmFit$beta</pre>
             <- exp(linPred) / (1+exp(linPred))
  predProb
  pred2obsL2 <- rbind(pred2obsL2, cbind(optL2, linPred, predProb, Y[folds[[f]]]</pre>
# visualize fit
boxplot(pred2obsL2[,3] ~ pred2obsL2[,4], pch=20, border="lightblue", col="blue"
                                            ylab = "linear_{\sqcup}predictor", xlab = "
                                               response",
                                            main="prediction")
```

The fit of the resulting model is studied. Hereto the fitted linear predictor  $\mathbf{X}\hat{\boldsymbol{\beta}}(\lambda_{\text{opt}})$  is plotted against the status (Figure 5.5, left panel). The plot shows some overlap between the boxes, but also a clear separation. The latter suggests gene expression at baseline thus enables us to distinguish surviving from the to-be-diseased ovarian cancer patients. Ideally, a decision rule based on the linear predictor can be formulated to predict an individual's outcome.

The fit, however, is evaluated on the samples that have been used to build the model. This gives no



**Figure 5.5**: Left panel: Box plot of the status vs. the fitted linear predictor using the full data set. Right panel: Box plot of the status vs. the linear prediction in the left-out samples of the 10 folds.

insight on the model's predictive performance on novel samples. A replication of the study is generally costly and comparable data sets need not be at hand. A common workaround is to evaluate the predictive performance on the same data (Subramanian and Simon, 2010). This requires to put several samples aside for performance evaluation while the remainder is used for model building. The left-out sample may accidently be chosen to yield an exaggerated (either dramatically poor or overly optimistic) performance. This is avoided through the repetition of this exercise, leaving (groups of) samples out one at the time. The left-out performance evaluations are then averaged and believed to be representative of the predictive performance of the model on novel samples. Note that, effectively, as the model building involves crossvalidation and so does the performance evaluation, a double cross-validation loop is applied. This procedure is applied with a ten-fold split in both loops. Denote the outer folds by  $f = 1, \dots, 10$ . Then,  $\mathbf{X}_f$  and  $\mathbf{X}_{-f}$  represent the design matrix of the samples comprising fold f and that of the remaining samples, respectively. Define  $\mathbf{Y}_f$  and  $\mathbf{Y}_{-f}$  similarly. The linear prediction for the left-out fold f is then  $\mathbf{X}_f \beta_{-f}(\lambda_{\text{opt, -f}})$ . For reference to the fit, this is compared to  $\mathbf{Y}_f$  visually by means of a boxplot as used above (see Figure 5.5, right panel). The boxes overlap almost perfectly. Hence, little to nothing remains of the predictive power suggested by the boxplot of the fit. The fit may thus give a reasonable description of the data at hand, but it extrapolates poorly to new samples.

# 5.7 Conclusion

To deal with response variables other than continuous ones, ridge logistic regression was discussed. High-dimensionally, the empirical identifiability problem then persists. Again, penalization came to the rescue: the ridge penalty may be combined with other link functions than the identity. Properties of ridge regression were shown to carry over to its logistic equivalent.

## 5.8 Exercises

# Question 5.1

Consider an experiment involving n cancer samples. For each sample i the transcriptome of its tumor has been profiled and is denoted  $\mathbf{X}_i = (X_{i1}, \dots, X_{ip})^{\top}$  where  $X_{ij}$  represents the gene  $j = 1, \dots, p$  in sample i. Additionally, the overall survival data,  $(Y_i, c_i)$  for  $i = 1, \dots, n$  of these samples is available. In this  $Y_i$  denotes the survival time of sample i and  $c_i$  the event indicator with  $c_i = 0$  and  $c_i = 1$  representing nonand censoredness, respectively. You may ignore the possibility of ties in the remainder.

a) Write down the Cox proportional regression model that links overall survival times (as the response variable) to the expression levels.

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b) Specify its loss function for penalized maximum partial (!) likelihood estimation of the parameters. Penalization is via the ridge penalty.

- c) From this loss function, derive the estimation equation for the Cox regression coefficients.
- d) Describe (in words) how you would find the 'ridge ML estimate'.

#### Question 5.2

Download the multtest package from BioConductor:

- > source("http://www.bioconductor.org/biocLite.R")
- > biocLite("multtest")

Activate the library and load leukemia data from the package:

- > library(multtest)
- > data(golub)

The objects golub and golub.cl are now available. The matrix-object golub contains the expression profiles of 38 leukemia patients. Each profile comprises expression levels of 3051 genes. The numeric-object golub.cl is an indicator variable for the leukemia type (AML or ALL) of the patient.

- a) Relate the leukemia subtype and the gene expression levels by a logistic regression model. Fit this model by means of penalized maximum likelihood, employing the ridge penalty with penalty parameter  $\lambda = 1$ . This is implemented in the penalized-packages available from CRAN. Note: center (gene-wise) the expression levels around zero.
- b) Obtain the fits from the regression model. The fit is almost perfect. Could this be due to overfitting the data? Alternatively, could it be that the biological information in the gene expression levels indeed determines the leukemia subtype almost perfectly?
- c) To discern between the two explanations for the almost perfect fit, randomly shuffle the subtypes. Refit the logistic regression model and obtain the fits. On the basis of this and the previous fit, which explanation is more plausible?
- d) Compare the fit of the logistic model with different penalty parameters, say  $\lambda = 1$  and  $\lambda = 1000$ . How does  $\lambda$  influence the possibility of overfitting the data?
- e) Describe what you would do to prevent overfitting.

# Question 5.3

Download the breastCancerNKI package from BioConductor:

- > source("http://www.bioconductor.org/biocLite.R")
- > biocLite("breastCancerNKI")

Activate the library and load leukemia data from the package:

- > library(breastCancerNKI)
- > data(nki)

The eset-object nki is now available. It contains the expression profiles of 337 breast cancer patients. Each profile comprises expression levels of 24481 genes. Extract the expression data from the object, remove all genes with missing values, center the gene expression gene-wise around zero, and limit the data set to the first thousand genes. The reduction of the gene dimensionality is only for computational speed.

```
X <- exprs(nki)</pre>
```

- X <- X[-which(rowSums(is.na(X)) > 0),]
- $X \leftarrow apply(X[1:1000,], 1, function(X) X mean(X))$ .

Furthermore, extract the estrogen receptor status (short: ER status), an important prognostic indicator for breast cancer.

```
Y <- pData(nki)[,8]</pre>
```

- a) Relate the ER status and the gene expression levels by a logistic regression model, which is fitted by means of ridge penalized maximum likelihood. First, find the optimal value of the penalty parameter of  $\lambda$  by means of cross-validation. This is implemented in optL2-function of the penalized-package available from CRAN.
- b) Evaluate whether the cross-validated likelihood indeed attains a maximum at the optimal value of  $\lambda$ . This can be done with the profL2-function of the penalized-package available from CRAN.
- c) Investigate the sensitivity of the penalty parameter selection with respect to the choice of the cross-validation fold.
- d) Does the optimal lambda produce a reasonable fit?

## Question 5.4

The iteratively reweighted least squares (IRLS) algorithm for the numerical evaluation of the ridge logistic regression estimator requires the inversion of a  $p \times p$ -dimensional matrix at each iteration. In Section 1.7 the singular value decomposition (SVD) of the design matrix is exploited to avoid the inversion of such a matrix in the numerical evaluation of the ridge regression estimator. Use this trick to show that the computational burden of the IRLS algorithm may be reduced to one SVD prior to the iterations and the inversion of an  $n \times n$  dimensional matrix at each iteration.

In this chapter we return to the linear regression model, which is still fitted in penalized fashion but this time with a so-called lasso penalty. Yet another penalty? Yes, but it will turn out to have interesting consequences. The outline of this chapter loosely follows that of its counterpart on ridge regression (Chapter 1). The chapter can – at least partially – be seen as an elaborated version of the original work on lasso regression, i.e. Tibshirani (1996), with most topics covered and visualized more extensively and incorporating results and examples published since.

Recall that ridge regression finds an estimator of the parameter of the linear regression model through the minimization of:

$$\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_{2}^{2} + f_{\text{pen}}(\boldsymbol{\beta}, \lambda), \tag{6.1}$$

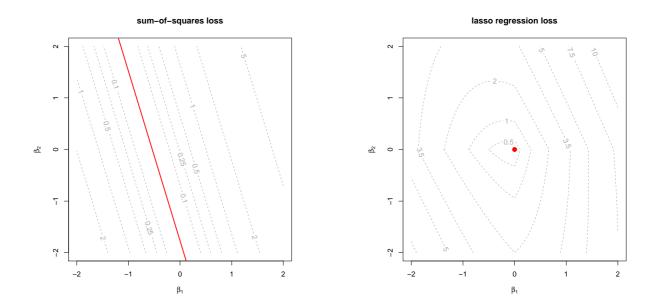
with  $f_{\text{pen}}(\boldsymbol{\beta}, \lambda) = \lambda \|\boldsymbol{\beta}\|_2^2$ . The particular choice of the penalty function originated in a post-hoc motivation of the ad-hoc fix to the singularity of the matrix  $\mathbf{X}^{\top}\mathbf{X}$ , stemming from the design matrix  $\mathbf{X}$  not being of full rank (i.e. rank( $\mathbf{X}$ ) < p). The ad-hoc nature of the fix suggests that the choice for the squared Euclidean norm of  $\boldsymbol{\beta}$  as a penalty is somewhat arbitrary and other choices may be considered, some of which were already encountered in Chapter 3.

One such choice is the so-called lasso penalty giving rise to lasso regression, as introduced by Tibshirani (1996). Like ridge regression, lasso regression fits the linear regression model  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$  with the standard assumption on the error  $\boldsymbol{\varepsilon}$ . Like ridge regression, it does so by minimizing the sum of squares augmented with a penalty. Hence, lasso regression too minimizes loss function (6.1). The difference with ridge regression is in the penalty function. Instead of the squared Euclidean norm, lasso regression uses the  $\ell_1$ -norm:  $f_{\text{pen}}(\boldsymbol{\beta}, \lambda_1) = \lambda_1 \|\boldsymbol{\beta}\|_1$ , the sum of the absolute values of the regression parameters multiplied by the lasso penalty parameter  $\lambda_1$ . To distinguish the ridge and lasso penalty parameters they are henceforth denoted  $\lambda_2$  and  $\lambda_1$ , respectively, with the subscript referring to the norm used in the penalty. The lasso regression loss function is thus:

$$\mathcal{L}_{\text{lasso}}(\boldsymbol{\beta}; \lambda) = \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_{2}^{2} + \lambda_{1}\|\boldsymbol{\beta}\|_{1} = \sum_{i=1}^{n} (Y_{i} - \mathbf{X}_{i*}\boldsymbol{\beta})^{2} + \lambda_{1} \sum_{i=1}^{p} |\beta_{j}|.$$
 (6.2)

The lasso regression estimator is then defined as the minimizer of this loss function. As with the ridge regression loss function, the maximum likelihood estimate of  $\beta$  minimizes the first part, while the second part is minimized by setting  $\beta$  equal to the p dimensional zero vector. For  $\lambda_1$  close to zero, the lasso estimate is close to the maximum likelihood estimate. Whereas for large  $\lambda_1$ , the penalty term overshadows the sum-of-squares, and the lasso estimate is small (in some sense). Intermediate choices of  $\lambda_1$  mold a compromise between those two extremes, with the penalty parameter determining the contribution of each part to this compromise. The lasso regression estimator thus is not one but a whole sequence of estimators of  $\beta$ , one for every  $\lambda_1 \in \mathbb{R}_{>0}$ . This sequence is the lasso regularization path, defined as  $\{\hat{\beta}(\lambda_1) : \lambda_1 \in \mathbb{R}_{>0}\}$ . To arrive at a final lasso estimator of  $\beta$ , like its ridge counterpart, the lasso penalty parameter  $\lambda_1$  needs to be chosen (see Section ??).

The  $\ell_1$  penalty of lasso regression is equally arbitrary as the  $\ell_2$ -penalty of ridge regression. The latter ensured the existence of a well-defined estimator of the regression parameter  $\beta$  in the presence of super-collinearity in the design matrix  $\mathbf{X}$ , in particular when the dimension p exceeds the sample size n. The augmentation of the sum-of-squares with the lasso penalty achieves the same. This is illustrated in Figure 6.1. For the high-dimensional setting with p=2 and n=1 and arbitrary data the level sets of the sum-of-squares  $\|\mathbf{Y} - \mathbf{X} \boldsymbol{\beta}\|_2^2$  and the lasso regression loss  $\|\mathbf{Y} - \mathbf{X} \boldsymbol{\beta}\|_2^2 + \lambda_1 \|\boldsymbol{\beta}\|_1$  are plotted (left and right panel, respectively). In both panels the minimum is indicated in red. For the sum-of-squares the



**Figure 6.1**: Contour plots of the sum-of-squares and the lasso regression loss (left and right panel, respectively). The dotted grey line represent level sets. The red line and dot represent the location of minimum in both panels.

minimum is a line. As pointed out before in Section 1.2 of Chapter 1 on ridge regression, this minimum is determined up to an element of the null set of the design matrix  $\mathbf{X}$ , which in this case is non-trivial. In contrast, the lasso regression loss exhibits a unique well-defined minimum. Hence, the augmentation of the sum-of-squares with the lasso penalty yields a well-defined estimator of the regression parameter. (This needs some attenuation: in general the minimum of the lasso regression loss need not be unique, confer Section 6.1).

The mathematics involved in the derivation in this chapter tends to be more intricate than for ridge regression. This is due to the non-differentiability of the lasso penalty at zero. This has consequences on all aspects of the lasso regression estimator as is already obvious in the left-hand panel of Figure 6.1: confer the cusps in the lasso regression loss level sets.

# 6.1 Uniqueness

The lasso regression loss function is the sum of the sum-of-squares criterion and a sum of absolute value functions. Both are convex in  $\beta$ : the former is not strict convex due to the high-dimensionality and the absolute value function is convex due to its piece-wise linearity. Thereby the lasso loss function too is convex but not strict. Consequently, its minimum need not be uniquely defined. But, the set of solutions of a convex minimization problem is convex (Theorem 9.4.1, Fletcher, 1987). Hence, would there exist multiple minimizers of the lasso loss function, they can be used to construct a convex set of minimizers. Thus, if  $\hat{\beta}_a(\lambda_1)$  and  $\hat{\beta}_b(\lambda_1)$  are lasso estimators, then so are  $(1-\theta)\hat{\beta}_a(\lambda_1) + \theta\hat{\beta}_b(\lambda_1)$  for  $\theta \in (0,1)$ . This is illustrated in Example 6.1.

#### Example 6.1 (Perfectly super-collinear covariates)

Consider the standard linear regression model  $Y_i = \mathbf{X}_{i,*}\boldsymbol{\beta} + \varepsilon_i$  for i = 1, ..., n and with the  $\varepsilon_i$  i.i.d. normally distributed with zero mean and a common variance. The rows of the design matrix  $\mathbf{X}$  are of length two, neither column represents the intercept, but  $\mathbf{X}_{*,1} = \mathbf{X}_{*,2}$ . Suppose an estimate of the regression parameter  $\boldsymbol{\beta}$  of this model is obtained through the minimization of the sum-of-squares augmented with a lasso penalty,  $\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2 + \lambda_1 \|\boldsymbol{\beta}\|_1$  with penalty parameter  $\lambda_1 > 0$ . To find the minimizer define  $u = \beta_1 + \beta_2$  and  $v = \beta_1 - \beta_2$  and rewrite the lasso loss criterion to:

$$\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_{2}^{2} + \lambda_{1}\|\boldsymbol{\beta}\|_{1} = \|\mathbf{Y} - \mathbf{X}_{*,1}u\|_{2}^{2} + \frac{1}{2}\lambda_{1}(|u+v| + |u-v|).$$

The function |u+v|+|u-v| is minimized with respect to v for any v such that |v|<|u| and the

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corresponding minimum equals 2|u|. The estimator of u thus minimizes:

$$\|\mathbf{Y} - \mathbf{X}_{*,1}u\|_2^2 + \lambda_1|u|.$$

For sufficiently small values of  $\lambda_1$  the estimate of u will be unequal to zero. Then, any v such that |v| < |u| will yield the same minimum of the lasso loss function. Consequently,  $\hat{\beta}(\lambda_1)$  is not uniquely defined as  $\hat{\beta}_1(\lambda_1) = \frac{1}{2}[\hat{u}(\lambda_1) + \hat{v}(\lambda_1)]$  need not equal  $\hat{\beta}_2(\lambda_1) = \frac{1}{2}[\hat{u}(\lambda_1) - \hat{v}(\lambda_1)]$  for any  $\hat{v}(\lambda_1)$  such that  $0 < |\hat{v}(\lambda_1)| < |\hat{u}(\lambda_1)|$ .

The lasso regression estimator  $\hat{\beta}(\lambda_1)$  need not be unique, but its linear predictor  $\mathbf{X}\hat{\beta}(\lambda_1)$  is. This can be proven by contradiction (Tibshirani, 2013). Suppose there exists two lasso estimators of  $\boldsymbol{\beta}$ , denoted  $\hat{\boldsymbol{\beta}}_a(\lambda_1)$  and  $\hat{\boldsymbol{\beta}}_b(\lambda_1)$ , such that  $\mathbf{X}\hat{\boldsymbol{\beta}}_a(\lambda_1) \neq \mathbf{X}\hat{\boldsymbol{\beta}}_b(\lambda_1)$ . Define c to be the minimum of the lasso loss function. Then, by definition of the lasso estimators  $\hat{\boldsymbol{\beta}}_a(\lambda_1)$  and  $\hat{\boldsymbol{\beta}}_b(\lambda_1)$  satisfy:

$$\|\mathbf{Y} - \mathbf{X}\hat{\beta}_a(\lambda_1)\|_2^2 + \lambda_1 \|\hat{\beta}_a(\lambda_1)\|_1 = c = \|\mathbf{Y} - \mathbf{X}\hat{\beta}_b(\lambda_1)\|_2^2 + \lambda_1 \|\hat{\beta}_b(\lambda_1)\|_1.$$

For  $\theta \in (0,1)$  we then have:

$$\|\mathbf{Y} - \mathbf{X}[(1 - \theta)\hat{\boldsymbol{\beta}}_{a}(\lambda_{1}) + \theta\hat{\boldsymbol{\beta}}_{b}(\lambda_{1})]\|_{2}^{2} + \lambda_{1}\|(1 - \theta)\hat{\boldsymbol{\beta}}_{a}(\lambda_{1}) + \theta\hat{\boldsymbol{\beta}}_{b}(\lambda_{1})\|_{1}$$

$$= \|(1 - \theta)[\mathbf{Y} - \mathbf{X}\hat{\boldsymbol{\beta}}_{a}(\lambda_{1})] + \theta[\mathbf{Y} - \mathbf{X}\hat{\boldsymbol{\beta}}_{b}(\lambda_{1})]\|_{2}^{2} + \lambda_{1}\|(1 - \theta)\hat{\boldsymbol{\beta}}_{a}(\lambda_{1}) + \theta\hat{\boldsymbol{\beta}}_{b}(\lambda_{1})\|_{1}$$

$$< (1 - \theta)\|\mathbf{Y} - \mathbf{X}\hat{\boldsymbol{\beta}}_{a}(\lambda_{1})\|_{2}^{2} + \theta\|\mathbf{Y} - \mathbf{X}\hat{\boldsymbol{\beta}}_{b}(\lambda_{1})\|_{2}^{2} + (1 - \theta)\lambda_{1}\|\hat{\boldsymbol{\beta}}_{a}(\lambda_{1})\|_{1} + \theta\lambda_{1}\|\hat{\boldsymbol{\beta}}_{b}(\lambda_{1})\|_{1}$$

$$= (1 - \theta)c + \theta c = c,$$

by the strict convexity of  $\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2$  in  $\mathbf{X}\boldsymbol{\beta}$  and the convexity of  $\|\boldsymbol{\beta}\|_1$  on  $\theta \in (0, 1)$ . This implies that  $(1-\theta)\hat{\boldsymbol{\beta}}_a(\lambda_1) + \theta\hat{\boldsymbol{\beta}}_b(\lambda_1)$  yields a lower minimum of the lasso loss function and contradicts our assumption that  $\hat{\boldsymbol{\beta}}_a(\lambda_1)$  and  $\hat{\boldsymbol{\beta}}_b(\lambda_1)$  are lasso regression estimators.

## Example 6.2 (Perfectly super-collinear covariates, revisited)

Revisit the setting of Example 6.1, where a linear regression model without intercept and only two but perfectly correlated covariates is fitted to data. The example revealed that the lasso estimator need not be unique. The lasso predictor, however, is

$$\widehat{\mathbf{Y}}(\lambda_1) = \mathbf{X}\hat{\boldsymbol{\beta}}(\lambda_1) = \mathbf{X}_{*,1}\hat{\beta}_1(\lambda_1) + \mathbf{X}_{*,2}\hat{\beta}_2(\lambda_1) = \mathbf{X}_{*,1}[\hat{\beta}_1(\lambda_1) + \hat{\beta}_2(\lambda_1)] = \mathbf{X}_{*,1}\hat{u}(\lambda_1),$$

with u defined and (uniquely) estimated as in Example 6.1 and v dropping from the predictor.

#### Example 6.3

The issues, non- and uniqueness of the lasso-estimator and predictor, respectively, raised above are illustrated in a numerical setting. Hereto data are generated in accordance with the linear regression model  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$  where the n=5 rows of  $\mathbf{X}$  are sampled from  $\mathcal{N}[\mathbf{0}_p, (1-\rho)\mathbf{I}_{pp} + \rho\mathbf{1}_{pp}]$  with p=10,  $\rho=0.99$ ,  $\boldsymbol{\beta} = (\mathbf{1}_3^\top, \mathbf{0}_{p-3}^\top)^\top$  and  $\boldsymbol{\varepsilon} \sim \mathcal{N}(\mathbf{0}_p, \frac{1}{10}\mathbf{I}_{nn})$ . With these data the lasso estimator of the regression parameter  $\boldsymbol{\beta}$  for  $\lambda_1=1$  is evaluated using two different algorithms (see Section 6.4). Employed implementations of the algorithms are those available through the R-packages penalized- and glmnet. Both estimates, denoted  $\hat{\boldsymbol{\beta}}_{\mathbf{p}}(\lambda_1)$  and  $\hat{\boldsymbol{\beta}}_{\mathbf{g}}(\lambda_1)$  (the subscript refers to the first letter of the package), are given in Table 6.3. The table reveals that the estimates differ, in particular in their support (i.e. the set of nonzero values of

		$\beta_1$	$\beta_2$	$\beta_3$	$\beta_4$	$\beta_5$	$\beta_6$	$\beta_7$	$\beta_8$	$\beta_9$	$\beta_{10}$
penalized	$\hat{m{eta}}_{\mathtt{p}}(\lambda_1)$	0.267	0.000	1.649	0.093	0.000	0.000	0.000	0.571	0.000	0.269
glmnet	$\hat{oldsymbol{eta}}_{g}(\lambda_1)$	0.269	0.000	1.776	0.282	0.195	0.000	0.000	0.325	0.000	0.000

**Table 6.1**: Lasso estimates of the linear regression  $\beta$  for both algorithms.

the estimate of  $\beta$ ). This is troublesome when it comes to communication of the optimal model. From a different perspective the realized loss  $\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2 + \lambda_1 \|\boldsymbol{\beta}\|_1$  for each estimate is approximately equal 2.99, with the difference possibly due to convergence criteria of the algorithms. On another note, their corresponding predictors,  $\mathbf{X}\hat{\boldsymbol{\beta}}_{\mathbf{p}}(\lambda_1)$  and  $\mathbf{X}\hat{\boldsymbol{\beta}}_{\mathbf{g}}(\lambda_1)$ , correlate almost perfectly:  $\mathrm{cor}[\mathbf{X}\hat{\boldsymbol{\beta}}_{\mathbf{p}}(\lambda_1), \mathbf{X}\hat{\boldsymbol{\beta}}_{\mathbf{g}}(\lambda_1)] = 0.999$ . These results thus corroborate the non-uniqueness of the estimator and the uniqueness of the predictor.

The R-script provides the code to reproduce the analysis.

#### Listing 6.1 R code

```
# set the random seed
set.seed(4)
# load libraries
library(penalized)
library(glmnet)
library(mvtnorm)
# set sample size
p <- 10
# create covariance matrix
Sigma <- matrix(0.99, p, p)
diag(Sigma) <- 1</pre>
# sample the design matrix
n <- 5
X <- rmvnorm(10, sigma=Sigma)
# create a sparse beta vector
betas <-c(rep(1, 3), rep(0, p-3))
# sample response
Y \leftarrow X \%*\%  betas + rnorm(n, sd=0.1)
# evaluate lasso estimator with two methods
Bhat1 <- matrix(as.numeric(coef(penalized(Y, X, lambda1=1, unpenalized=~0)),</pre>
                                  "all")), ncol=1)
Bhat2 <- matrix(as.numeric(coef(glmnet(X, Y, lambda=1/(2*n), standardize=FALSE,</pre>
                                  intercept=FALSE)))[-1], ncol=1)
# compare estimates
cbind(Bhat1, Bhat2)
# compare the loss
sum((Y - X %*% Bhat1)^2) + sum(abs(Bhat1))
sum((Y - X %*% Bhat2)^2) + sum(abs(Bhat2))
# compare predictor
cor(X %*% Bhat1, X %*% Bhat2)
```

Note that in the code above the evaluation of the lasso estimator appears to employ a different lasso penalty parameter  $\lambda_1$ . This is due to the fact that internally (after removal of standardization of **X** and **Y**) the loss functions optimized are  $\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2 + \lambda_1 \|\boldsymbol{\beta}\|_1$  vs.  $\frac{1}{2n} \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2 + \lambda_1 \|\boldsymbol{\beta}\|_1$ . Rescaling of  $\lambda_1$  resolves this issue.

# 6.2 Analytic solutions

In general, no explicit expression for the lasso regression estimator exists. There are exceptions, as illustrated in Examples 6.4 and 6.6. Nonetheless, it is possible to show properties of the lasso estimator, amongst others of the smoothness of its regularization path (Theorem 6.1) and the limiting behaviour as  $\lambda_1 \to \infty$  (see the end of this section).

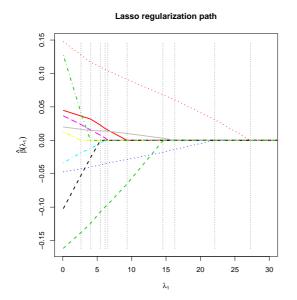
**Theorem 6.1** (Theorem 2, Rosset and Zhu, 2007)

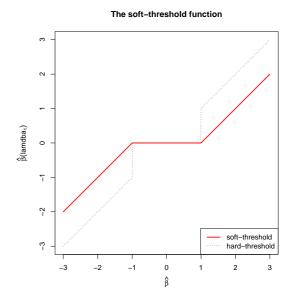
The lasso regression loss function (6.2) yields a piecewise linear (in  $\lambda_1$ ) regularization path  $\{\hat{\beta}(\lambda_1) : \mathbb{R}_{>0}\}$ .

*Proof* Confer Rosset and Zhu (2007). (To be included, or not.)

This piecewise linear nature of the lasso solution path is illustrated in the left-hand panel of Figure 6.2 of an arbitrary data set. At each vertical dotted line a discontinuity in the derivative with respect to  $\lambda_1$ 

of the regularization path of a lasso estimate of an element of  $\beta$  may occur. The plot also foreshadows the  $\lambda_1 \to \infty$  limiting behaviour of the lasso regression estimator: the estimator tend to zero. This is no surprise knowing that the ridge regression estimator exhibits the same behaviour and the lasso regression loss function is of similar form as that of ridge regression: a sum-of-squares plus a penalty term (which is linear in the penalty parameter).





**Figure 6.2**: The left panel shows the regularization path of the lasso regression estimator for simulated data. The vertical grey dotted lines indicate the values of  $\lambda_1$  at which there is a discontinuity in the derivative (with respect to  $\lambda_1$ ) of the lasso regularization path of one the regression estimates. The right panel displays the soft (solid, red) and hard (grey, dotted) threshold functions.

For particular cases, an orthormal design (Example 6.4) and p=2 (Example 6.6), an analytic expression for the lasso regression estimator exists. While the latter is of limited use, the former is exemplary and will come of use later in the numerical evaluation of the lasso regression estimator in the general case (see Section 6.4).

#### Example 6.4 Orthonormal design matrix

Consider an orthonormal design matrix  $\mathbf{X}$ , i.e.  $\mathbf{X}^{\top}\mathbf{X} = \mathbf{I}_{pp} = (\mathbf{X}^{\top}\mathbf{X})^{-1}$ . The lasso estimator then is:

$$\hat{\beta}_j(\lambda_1) = \operatorname{sign}(\hat{\beta}_j)(|\hat{\beta}_j| - \frac{1}{2}\lambda_1)_+,$$

where  $\hat{\boldsymbol{\beta}} = (\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y} = \mathbf{X}^{\top}\mathbf{Y}$  is the maximum likelihood estimator of  $\boldsymbol{\beta}$  and  $\hat{\beta}_j$  its j-th element and  $f(x) = (x)_+ = \max\{x, 0\}$ . This expression for the lasso regression estimator can be obtained as follows. Rewrite the lasso regression loss criterion:

$$\min_{\boldsymbol{\beta}} \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_{2}^{2} + \lambda_{1} \|\boldsymbol{\beta}\|_{1} = \min_{\boldsymbol{\beta}} \mathbf{Y}^{\top} \mathbf{Y} - \mathbf{Y}^{\top} \mathbf{X}\boldsymbol{\beta} - \boldsymbol{\beta}^{\top} \mathbf{X}^{\top} \mathbf{Y} + \boldsymbol{\beta}^{\top} \mathbf{X}^{\top} \mathbf{X}\boldsymbol{\beta} + \lambda_{1} \sum_{j=1}^{p} |\beta_{j}|$$

$$\propto \min_{\boldsymbol{\beta}} -\hat{\boldsymbol{\beta}}^{\top} \boldsymbol{\beta} - \boldsymbol{\beta}^{\top} \hat{\boldsymbol{\beta}} + \boldsymbol{\beta}^{\top} \boldsymbol{\beta} + \lambda_{1} \sum_{j=1}^{p} |\beta_{j}|$$

$$= \min_{\beta_{1}, \dots, \beta_{p}} \sum_{j=1}^{p} \left( -2\hat{\beta}_{j}^{\text{OLS}} \beta_{j} + \beta_{j}^{2} + \lambda_{1} |\beta_{j}| \right)$$

$$= \sum_{j=1}^{p} \left( \min_{\beta_{j}} -2\hat{\beta}_{j} \beta_{j} + \beta_{j}^{2} + \lambda_{1} |\beta_{j}| \right).$$

The minimization problem can thus be solved per regression coefficient. This gives:

$$\min_{\beta_{j}} -2\hat{\beta}_{j} \,\beta_{j} + \beta_{j}^{2} + \lambda_{1} |\beta_{j}| = \begin{cases}
\min_{\beta_{j}} -2\hat{\beta}_{j} \,\beta_{j} + \beta_{j}^{2} + \lambda_{1} \beta_{j} & \text{if } \beta_{j} > 0, \\
\min_{\beta_{j}} -2\hat{\beta}_{j} \,\beta_{j} + \beta_{j}^{2} - \lambda_{1} \beta_{j} & \text{if } \beta_{j} < 0.
\end{cases}$$

The minimization within the sum over the covariates is with respect to each element of the regression parameter separately. Optimization with respect to the j-th one gives:

$$\hat{\beta}_j(\lambda_1) = \begin{cases} \hat{\beta}_j - \frac{1}{2}\lambda_1 & \text{if } \beta_j > 0\\ \hat{\beta}_j + \frac{1}{2}\lambda_1 & \text{if } \beta_j < 0 \end{cases}$$

Put these two equations together to arrive at the form of the lasso regression estimator above.

The analytic expression for the lasso regression estimator above provides insight in how it relates to the maximum likelihood estimator of  $\beta$ . The right-hand side panel of Figure 6.2 depicts this relationship. Effectively, the lasso regression estimator thresholds (after a translation) its maximum likelihood counterpart. The function is also referred to as the *soft-threshold function* (for contrast the hard-threshold function is also plotted – dotted line – in Figure 6.2).

# Example 6.5 (Orthogonal design matrix)

The analytic solution of the lasso regression estimator for experiments with an orthonormal design matrix applies to those with an orthogonal design matrix. This is illustrated by a numerical example. Use the lasso estimator with  $\lambda_1 = 10$  to fit the linear regression model to the response data and the design matrix:

$$\mathbf{Y}^{\top} = \begin{pmatrix} -4.9 & -0.8 & -8.9 & 4.9 & 1.1 & -2.0 \end{pmatrix}, \\ \mathbf{X}^{\top} = \begin{pmatrix} 1 & -1 & 3 & -3 & 1 & 1 \\ -3 & -3 & -1 & 0 & 3 & 0 \end{pmatrix}.$$

Note that the design matrix is orthogonal, i.e. its columns are orthogonal (but not normalized to one). The orthogonality of  $\mathbf{X}$  yields a diagonal  $\mathbf{X}^{\top}\mathbf{X}$ , and so it its inverse  $(\mathbf{X}^{\top}\mathbf{X})^{-1}$ . Here diag $(\mathbf{X}^{\top}\mathbf{X}) = (22, 28)$ . Rescale  $\mathbf{X}$  to an orthonormal design matrix, denoted  $\tilde{\mathbf{X}}$ , and rewrite the lasso regression loss function to:

$$\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_{2}^{2} + \lambda_{1}\|\boldsymbol{\beta}\|_{1} = \left\|\mathbf{Y} - \mathbf{X}\left(\begin{array}{cc}\sqrt{22} & 0\\ 0 & \sqrt{28}\end{array}\right)^{-1}\left(\begin{array}{cc}\sqrt{22} & 0\\ 0 & \sqrt{28}\end{array}\right)\boldsymbol{\beta}\right\|_{2}^{2} + \lambda_{1}\|\boldsymbol{\beta}\|_{1}$$

$$= \|\mathbf{Y} - \tilde{\mathbf{X}}\boldsymbol{\gamma}\|_{2}^{2} + (\lambda_{1}/\sqrt{22})|\gamma_{1}| + (\lambda_{1}/\sqrt{28})|\gamma_{2}|,$$

where  $\gamma = (\sqrt{22}\beta_1, \sqrt{28}\beta_2)^{\top}$ . By the same argument this loss can be minimized with respect to each element of  $\gamma$  separately. In particular, the soft-threshold function provides an analytic expression for the estimates of  $\gamma$ :

$$\hat{\gamma}_1(\lambda_1/\sqrt{22}) = \operatorname{sign}(\hat{\gamma}_1)[|\hat{\gamma}_1| - \frac{1}{2}(\lambda_1/\sqrt{22})]_+ = -[9.892513 - \frac{1}{2}(10/\sqrt{22})]_+ = -8.826509,$$

$$\hat{\gamma}_2(\lambda_1/\sqrt{28}) = \operatorname{sign}(\hat{\gamma}_2)[|\hat{\gamma}_2| - \frac{1}{2}(\lambda_1/\sqrt{28})]_+ = [5.537180 - \frac{1}{2}(10/\sqrt{28})]_+ = 4.592269,$$

where  $\hat{\gamma}_1$  and  $\hat{\gamma}_2$  are the ordinary least square estimates of  $\gamma_1$  and  $\gamma_2$  obtained from regressing **Y** on the corresponding column of  $\tilde{\mathbf{X}}$ . Rescale back and obtain the lasso regression estimate:  $\hat{\boldsymbol{\beta}}(10) = (-1.881818, 0.8678572)^{\top}$ .

**Example 6.6** (p = 2 with equivariant covariates, Leng et al., 2006)

Let p=2 and suppose the design matrix **X** has equivariant covariates. Without loss of generality they are assumed to have unit variance. We may thus write

$$\mathbf{X}^{\top}\mathbf{X} \ = \ \left(\begin{array}{cc} 1 & \rho \\ \rho & 1 \end{array}\right),$$

for some  $\rho \in (-1,1)$ . The lasso regression estimator is then of similar form as in the orthonormal case:  $\hat{\beta}_j(\lambda_1) = \text{sign}(\hat{\beta}_j)(|\hat{\beta}_j| - \gamma)_+$ , with soft-threshold parameter  $\gamma$  that now depends on  $\lambda_1$ ,  $\rho$  and the maximum likelihood estimate  $\hat{\beta}$  (see Exercise ??).

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Apart from the specific cases outlined in the two examples above no other explicit solutions for the minimizer of the lasso regression loss function appears to be known. Locally though, for large enough values of  $\lambda_1$ , an analytic expression for solution can also be derived. Hereto we point out that (details to be included later) the lasso regression estimator satisfies the following estimating equation:

$$\mathbf{X}^{\top} \mathbf{X} \hat{\boldsymbol{\beta}}(\lambda_1) = \mathbf{X}^{\top} \mathbf{Y} - \frac{1}{2} \lambda_1 \hat{\mathbf{z}}$$

for some  $\hat{\mathbf{z}} \in \mathbb{R}^p$  with  $(\hat{\mathbf{z}})_j = \text{sign}\{[\hat{\boldsymbol{\beta}}(\lambda_1)]_j\}$  whenever  $[\hat{\boldsymbol{\beta}}_j(\lambda_1)]_j \neq 0$  and  $(\hat{\mathbf{z}})_j \in [-1,1]$  if  $[\hat{\boldsymbol{\beta}}_j(\lambda_1)]_j = 0$ . Then:

$$0 \leq [\hat{\boldsymbol{\beta}}(\lambda_1)]^{\top} \mathbf{X}^{\top} \mathbf{X} \hat{\boldsymbol{\beta}}(\lambda_1) = [\hat{\boldsymbol{\beta}}(\lambda_1)]^{\top} (\mathbf{X}^{\top} \mathbf{Y} - \frac{1}{2} \lambda_1 \hat{\mathbf{z}}) = \sum_{j=1}^{p} [\hat{\boldsymbol{\beta}}(\lambda_1)]_j (\mathbf{X}^{\top} \mathbf{Y} - \frac{1}{2} \lambda_1 \hat{\mathbf{z}})_j.$$

For  $\lambda_1 > 2 \|\mathbf{X}^{\top}\mathbf{Y}\|_{\infty}$  the summands on the right-hand side satisfy:

$$\begin{split} & [\hat{\boldsymbol{\beta}}(\lambda_1)]_j (\mathbf{X}^\top \mathbf{Y} - \frac{1}{2}\lambda_1 \hat{\mathbf{z}})_j &< 0 \quad \text{if} \quad [\hat{\boldsymbol{\beta}}(\lambda_1)]_j > 0, \\ & [\hat{\boldsymbol{\beta}}(\lambda_1)]_j (\mathbf{X}^\top \mathbf{Y} - \frac{1}{2}\lambda_1 \hat{\mathbf{z}})_j &= 0 \quad \text{if} \quad [\hat{\boldsymbol{\beta}}(\lambda_1)]_j = 0, \\ & [\hat{\boldsymbol{\beta}}(\lambda_1)]_j (\mathbf{X}^\top \mathbf{Y} - \frac{1}{2}\lambda_1 \hat{\mathbf{z}})_j &< 0 \quad \text{if} \quad [\hat{\boldsymbol{\beta}}(\lambda_1)]_j < 0. \end{split}$$

This implies that  $\hat{\boldsymbol{\beta}}(\lambda_1) = \mathbf{0}_p$  if  $\lambda_1 > 2 \|\mathbf{X}^{\top}\mathbf{Y}\|_{\infty}$ , where  $\|\mathbf{a}\|_{\infty}$  is the supremum norm of vector  $\mathbf{a}$  defined as  $\|\mathbf{a}\|_{\infty} = \max\{|a_1|, |a_2|, \dots, |a_p|\}$ .

# 6.3 Sparsity

The change from the  $\ell_2$ -norm to the  $\ell_1$ -norm in the penalty may seem only a detail. Indeed, both ridge and lasso regression fit the same linear regression model. But the attractiveness of the lasso lies not in what it fits, but in a consequence of how it fits the linear regression model. The lasso estimator of the vector of regression parameters may contain some or many zero's. In contrast, ridge regression yields an estimator of  $\boldsymbol{\beta}$  with elements (possibly) close to zero, but unlikely equal to zero. Hence, lasso penalization results in  $\hat{\beta}_j(\lambda_1) = 0$  for some j (in particular for large values of  $\lambda_1$ , see Section 6.1), while ridge penalization yields an estimate of the j-th element of the regression parameter  $\hat{\beta}_j(\lambda_2) \neq 0$ . A zero estimate of a regression coefficient means that the corresponding covariate has no effect on the response and can be excluded from the model. Effectively, this amounts to variable selection. Where traditionally the linear regression model is fitted by means of maximum likelihood followed by testing step to weed out these covariates with effects indistinguishable from zero, lasso regression is a one-step-go procedure that simulatenously estimates and selects.

The in-built variable selection of the lasso regression estimator is a geometric accident. To understand how it comes about the lasso regression loss optimization problem (6.2) is reformulated as a constrained estimation problem (using the same argumentation as previously employed for ridge regression, see Section 1.5):

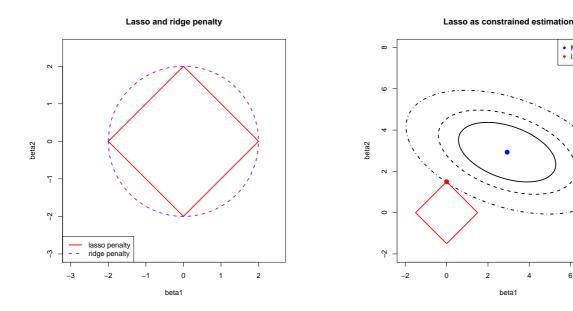
$$\min_{\|\boldsymbol{\beta}\|_1 \le c(\lambda_1)} \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2.$$

where  $c(\lambda_1) = \|\hat{\boldsymbol{\beta}}(\lambda_1)\|_1$ . Again, this is the standard least squares problem, with the only difference that the sum of the (absolute) regression parameters  $\beta_1, \beta_2, \dots, \beta_p$  is required to be smaller than  $c(\lambda_1)$ . The effect of this requirement is that the lasso estimates of the regression parameters can no longer assume any value (from  $-\infty$  to  $\infty$ , as is the case in standard linear regression), but are limited to a certain range of values. With the lasso and ridge regression estimators minimizing the same sum-of-squares, the key difference with the constrained estimation formulation of ridge regression is not in the explicit form of  $c(\lambda_1)$  (and is set to some arbitrary convenient value in the remainder of this section) but in what is bounded by  $c(\lambda_1)$  and the domain of acceptable values for  $\beta$  that it implies. For the lasso regression estimator the domain is specified by a bound on the  $\ell_1$ -norm of the regression parameter while for its ridge counterpart the bound is applied to the squared  $\ell_2$ -norm of  $\beta$ . The parameter constraints implied by the lasso and ridge norms result in balls in different norms:

$$\{ \boldsymbol{\beta} \in \mathbb{R}^p : |\beta_1| + |\beta_2| + \ldots + |\beta_p| \le c_1(\lambda_1) \},$$
  
 $\{ \boldsymbol{\beta} \in \mathbb{R}^p : \beta_1^2 + \beta_2^2 + \ldots + \beta_p^2 \le c_2(\lambda_2) \},$ 

respectively, and where  $c(\cdot)$  is now equipped with a subscript referring to the norm to stress that it is different for lasso and ridge. The left-hand panel of Figure 6.3 visualizes these parameter constraints for p=2 and  $c_1(\lambda_1)=2=c_2(\lambda_2)$ . In the Euclidean space ridge yields a spherical constraint for  $\beta$ , while a diamond-like shape for the lasso. The lasso regression estimate is then that  $\beta$  inside this diamond domain which yields the smallest sum-of-squares (as is visualized by right-hand panel of Figure 6.3).

ML estimate lasso estimate



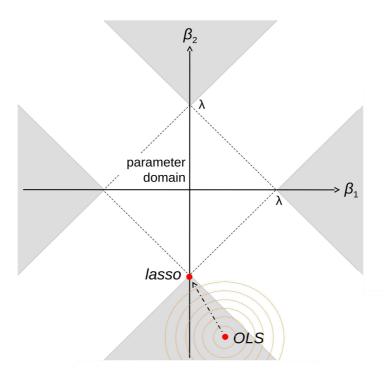
**Figure 6.3**: Left panel: The lasso parameter constraint ( $|\beta_1| + |\beta_2| \le 2$ ) and its ridge counterpart ( $\beta_1^2 + \beta_2^2 \le 2$ ). Solution path of the ridge estimator and its variance. Right panel: the lasso regression estimator as a constrained least squares estimtor.

The selection property of the lasso is due to the fact that the diamond-shaped parameter constraint has its corners falling on the axes. For a point to lie on an axis, one coordinate needs to equal zero. The lasso regression estimator coincides with the point inside the diamond closest to the maximum likelihood estimate. This point may correspond to a corner of the diamond, in which case one of the coordinates (regression parameters) equals zero and, consequently, the lasso regression estimator does not select this element of  $\beta$ . Figure 6.4 illustrates the selection property for the case with p=2 and an orthonormal design matrix. An orthornormal design matrix yields level sets (orange dotted circles in Figure 6.4) of the sum-of-squares that are spherical and centered around the maximum likelihood estimate (red dot in Figure 6.4). For maximum likelihood estimates inside the grey areas the closest point in the diamond-shaped parameter domain will be on one of its corners. Hence, for these maximum likelihood estimates the corresponding lasso regression estimate will include on a single covariate in the model. The geometrical explanation of the selection property of the lasso regression estimator also applies to nonorthonormal design matrices and in dimensions larger than two. In particular, high-dimensionally, the sum-of-squares may be a degenerated ellipsoid, that can and will still hit a corner of the diamond-shaped parameter domain. Finally, note that a zero value of lasso regression estimate does imply neither that the parameter is indeed zero nor that it will be statistically indistinguishable from zero.

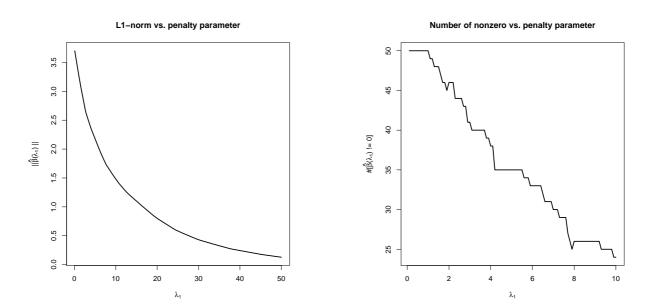
Larger values of the lasso penalty parameter  $\lambda_1$  induce smaller parameter constraints. Consequently, the number of zero elements in the lasso regression estimator of  $\boldsymbol{\beta}$  increases as  $\lambda_1$  increases. However, where  $\|\hat{\boldsymbol{\beta}}(\lambda_1)\|_1$  decreases monotonically as  $\lambda_1$  increases (left panel of Figure 6.5 for an example and Exercise 6.7), the number of non-zero coefficients does not. Locally, at some finite  $\lambda_1$ , the number of non-zero elements in  $\hat{\boldsymbol{\beta}}(\lambda_1)$  may increase with  $\lambda_1$ , to only go down again as  $\lambda_1$  is sufficiently increased (as in the  $\lambda_1 \to \infty$  limit the number of non-zero elements is zero, see the argumentation at the end of Section 6.2). The right panel of Figure 6.5 illustrates this behavior for an arbitrary data set.

The attractiveness of the lasso regression estimator is in its simultaneous estimation and selection of parameters. For large enough values of the penalty parameter  $\lambda_1$  the estimated regression model comprises only a subset of the supplied covariates. In high-dimensions (demanding a large penalty parameter) the number of selected parameters by the lasso regression estimator is usually small (relative

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**Figure 6.4**: Shrinkage with the lasso. The range of possible lasso estimates is demarcated by the diamond around the origin. The grey areas contain all points that are closest to one of the diamond's corners than to any other point inside the diamond. If the OLS estimate falls inside any of these grey areas, the lasso shrinks it to the closest diamond tip (which corresponds to a sparse solution). For example, let the red dot in the fourth quadrant be an OLS estimate. It is in a grey area. Hence, its lasso estimate is the red dot at the lowest tip of the diamond.



**Figure 6.5**: Contour plots of the sum-of-squares and the lasso regression loss (left and right panel, respectively). The dotted grey line represent level sets. The red line and dot represent the location of minimum in both panels.

to the total number of parameters), thus producing a so-called sparse model. Would one adhere to the parsimony principle, such a sparse and thus simpler model is preferable over a full model. Simpler may be better, but too simple is worse. The phenomenon or system that is to be described by the model need

not be sparse. For instance, in molecular biology the regulatory network of the cell is no longer believed to be sparse (Boyle *et al.*, 2017). Similarly, when analyzing brain image data, the connectivity of the brain is not believed to be sparse.

#### 6.3.1 Maximum number of selected covariates

The number of parameter/covariates selected by the lasso regression estimator is bounded non-trivially. The cardinality (i.e. the number of included covariates) of every lasso estimated linear regression model is smaller than or equal to  $\min\{n,p\}$  (Bühlmann and Van De Geer, 2011). According to Bühlmann and Van De Geer (2011) this is obvious from the analysis of the LARS algorithm of Efron *et al.* (2004) (which is to be discussed in Section ??). For now we just provide an R-script that generates the regularization paths using the lars-package for the diabetes data included in the package for a random number of samples n not exceeding the number of covariates p.

#### Listing 6.2 R code

```
# activate library
library(lars)

# load data
data(diabetes)
X <- diabetes$x
Y <- diabetes$y

# set sample size
n <- sample(1:ncol(X), 1)
id <- sample(1:length(Y), n)

# plot regularization paths
plot(lars(X[id,], Y[id], intercept=FALSE))</pre>
```

Irrespective of the drawn sample size n the plotted regularization paths all terminate before the n+1-th variate enters the model. This could of course be circumstantial evidence at best, or even be labelled a bug in the software.

But even without the LARS algorithm the nontrivial part of the inequality, that the number of selected variates p does not exceed the sample size n, can be proven (Osborne  $et\ al.$ , 2000).

```
Theorem 6.2 (Theorem 6, Osborne et al., 2000)
```

If p > n and  $\hat{\beta}(\lambda_1)$  is a minimizer of the lasso regresssion loss function (6.2), then  $\hat{\beta}(\lambda_1)$  has at most n non-zero entries.

```
Proof Confer Osborne et al. (2000).
```

In the high-dimensional setting, when p is large compared to n small, this implies a considerable dimension reduction. It is, however, somewhat unsatisfactory that it is the study design, i.e. the inclusion of the number of samples, that determines the upperbound of model size.

#### 6.4 Estimation

In the absence of an analytic expression for the optimum of the lasso loss function (6.2), much attention is devoted to numerical procedures to find it.

## 6.4.1 Quadratic programming

In the original lasso paper Tibshirani (1996) reformulates the lasso optimization problem to a quadratic program. A quadratic problem optimizes a quadratic form subject to linear constraints. This is a well-studied optimization problem for which many readily available implementations exist (e.g., the quadprog-package in R). The quadratic program that is equivalent to the lasso regression problem (which minimizes the least squares criterion,  $\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2$  subject to  $\|\boldsymbol{\beta}\|_1 < c(\lambda_1)$ ) is:

$$\min_{\mathbf{R}\boldsymbol{\beta} > \mathbf{0}} \frac{1}{2} (\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})^{\top} (\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}), \tag{6.3}$$

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where **R** is a  $q \times p$  dimensional linear constraint matrix that specifies the linear constraints on the parameter  $\beta$ . For p = 2 the domain implied by lasso parameter constraint  $\{\beta \in \mathbb{R}^2 : \|\beta\|_1 < c(\lambda_1)\}$  is equal to:

$$\{\beta \in \mathbb{R}^2 : \beta_1 + \beta_2 \le c(\lambda_1)\} \cap \{\beta \in \mathbb{R}^2 : \beta_1 - \beta_2 \ge -c(\lambda_1)\} \cap \{\beta \in \mathbb{R}^2 : \beta_1 - \beta_2 \le c(\lambda_1)\} \cap \{\beta \in \mathbb{R}^2 : \beta_1 + \beta_2 \ge -c(\lambda_1)\}.$$

This collection of linear parameter constraints can be aggregated, when using:

$$\mathbf{R} = \begin{pmatrix} 1 & 1 \\ -1 & -1 \\ 1 & -1 \\ -1 & 1 \end{pmatrix},$$

into  $\{\beta \in \mathbb{R}^2 : \mathbf{R}\beta \ge -c(\lambda_1)\}.$ 

To solve the quadratic program (6.3) it is usually reformulated in terms of its dual. Hereto we introduce the Lagrangian:

$$L(\boldsymbol{\beta}, \boldsymbol{\nu}) = \frac{1}{2} (\mathbf{Y} - \mathbf{X}\boldsymbol{\beta})^{\top} (\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}) + \boldsymbol{\nu}^{\top} \mathbf{R} \boldsymbol{\beta},$$
(6.4)

where  $\boldsymbol{\nu} = (\nu_1, \dots, \nu_q)^{\top}$  is the vector of non-negative multipliers. The dual function is now defined as  $\inf_{\boldsymbol{\beta}} L(\boldsymbol{\beta}, \boldsymbol{\nu})$ . This infimum is attained at:

$$\tilde{\boldsymbol{\beta}} = (\mathbf{X}^{\mathsf{T}}\mathbf{X})^{-1}\mathbf{X}^{\mathsf{T}}\mathbf{Y} + (\mathbf{X}^{\mathsf{T}}\mathbf{X})^{-1}\mathbf{R}^{\mathsf{T}}\boldsymbol{\nu}, \tag{6.5}$$

which can be verified by equating the first order partial derivative with respect to  $\beta$  of the Lagrangian to zero and solving for  $\beta$ . Substitution of  $\beta = \beta^*$  into the dual function gives, after changing the minus sign:

$$\tfrac{1}{2}\boldsymbol{\nu}^{\top}\mathbf{R}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{R}^{\top}\boldsymbol{\nu} + \boldsymbol{\nu}^{\top}\mathbf{R}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y} + \tfrac{1}{2}\mathbf{Y}^{\top}\mathbf{X}(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y}.$$

The dual problem minimizes this expression (from which the last term is dropped as is does not involve  $\nu$ ) with respect to  $\nu$ , subject to  $\nu \geq 0$ . Although also a quadratic programming problem, the dual problem a) has simpler constraints and b) is defined on a lower dimensional space (if the number of columns of  $\mathbf{R}$  exceeds its number of rows) than the primal problem. If  $\tilde{\nu}$  is the solution of the dual problem, the solution of the primal problem is obtained from Equation (6.5). Note that in the first term on the right hand side of Equation (6.5) we recognize the unconstrained least squares estimator of  $\beta$ . Refer to, e.g., Bertsekas (2014) for more on quadratic programming.

## Example 6.5 (Orthogonal design matrix, continued)

The evaluation of the lasso regression estimator by means of quadratic programming is illustrated using the data from the numerical Example 6.5. The R-script below solves, the implementation of the quadprogpackage, the quadratic program associated with the lasso regression problem of the aforementioned example.

#### Listing 6.3 R code

The resulting estimates coincide with those found earlier.

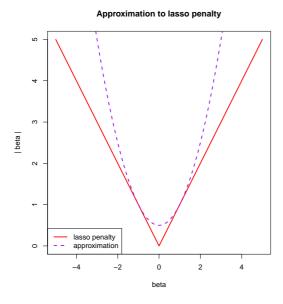
For relatively small p quadratic programming is a viable option to find the lasso regression estimator. For large p it is practically not feasible. Above the linear constraint matrix  $\mathbf{R}$  is  $4 \times 2$  dimensional for p=2. When p=3, it requires a linear constraint matrix  $\mathbf{R}$  with eight rows. In general,  $2^p$  linear constraints are required to fully specify the lasso parameter constraint on the regression parameter. Already when p=100, the specification of only the linear constraint matrix  $\mathbf{R}$  will take endlessly, leave alone solving the corresponding quadratic program.

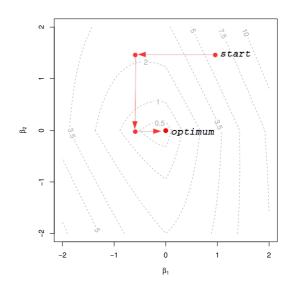
# 6.4.2 Iterative ridge

Why develop something new, when one can also make do with existing tools? The loss function of the lasso regression estimator can be optimized by iterative application of ridge regression (as pointed out in Fan and Li, 2001). It requires an approximation of the lasso penalty, or the absolute value function. Set p = 1 and let  $\beta_0$  be an initial parameter value for  $\beta$  around which the absolute value function  $|\beta|$  is to be approximated. Its quadratic approximation then is:

$$|\beta| \approx |\beta_0| + \frac{1}{2|\beta_0^2|} (\beta^2 - \beta_0^2).$$

An illustration of this approximation is provided in the left panel of Figure 6.6.





**Figure 6.6**: Left panel: quadratic approximation (i.e. the ridge penalty) to the absolute value function (i.e. the lasso penalty). Right panel: Illustration of the coordinate descent algorithm. The dashed grey lines are the level sets of the lasso regression loss function. The red arrows depict the parameter updates. These arrows are parallel to either the  $\beta_1$  or the  $\beta_2$  parameter axis, thus indicating that the regression parameter  $\beta$  is updated coordinate-wise.

The lasso regression estimator is evaluated through iterative application of the ridge regression estimator. This iterative procedure needs initiation by some guess  $\boldsymbol{\beta}^{(0)}$  for  $\boldsymbol{\beta}$ . For example, the ridge estimator itself may serve as such. Then, at the k+1-th iteration an update  $\boldsymbol{\beta}^{(k+1)}$  of the lasso regression estimator of  $\boldsymbol{\beta}$  is to be found. Application of the quadratic approximation to the absolute value functions of the elements of  $\boldsymbol{\beta}$  (around the k-th update  $\boldsymbol{\beta}^{(k)}$ ) in the lasso penalty yields an approximation

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to the lasso regression loss function:

$$\begin{split} \|\mathbf{Y} - \mathbf{X}\,\boldsymbol{\beta}^{(k+1)}\|_{2}^{2} + \lambda_{1}\|\boldsymbol{\beta}^{(k+1)}\|_{1} &\approx \|\mathbf{Y} - \mathbf{X}\,\boldsymbol{\beta}^{(k+1)}\|_{2}^{2} + \lambda_{1}\|\boldsymbol{\beta}^{(k)}\|_{1} \\ &+ \frac{\lambda_{1}}{2}\sum_{j=1}^{p}\frac{1}{|\beta_{j}^{(k)}|}[\beta_{j}^{(k+1)}]^{2} - \frac{\lambda_{1}}{2}\sum_{j=1}^{p}\frac{1}{|\beta_{j}^{(k)}|}[\beta_{j}^{(k)}]^{2} \\ &\propto \|\mathbf{Y} - \mathbf{X}\,\boldsymbol{\beta}^{(k+1)}\|_{2}^{2} + \frac{\lambda_{1}}{2}\sum_{j=1}^{p}\frac{1}{|\beta_{j}^{(k)}|}[\beta_{j}^{(k+1)}]^{2}. \end{split}$$

The loss function now contains a weighted ridge penalty. In this one recognizes a generalized ridge regression loss function (see Chapter 3). As its minimizer is known, the approximated lasso regression loss function is optimized by:

$$\boldsymbol{\beta}^{(k+1)}(\lambda_1) = \{\mathbf{X}^{\mathsf{T}}\mathbf{X} + \lambda_1 \boldsymbol{\Psi}[\boldsymbol{\beta}^{(k)}(\lambda_1)]\}^{-1}\mathbf{X}^{\mathsf{T}}\mathbf{Y}$$

where

$$\operatorname{diag}\{\Psi[\boldsymbol{\beta}^{(k)}(\lambda_1)]\} = (1/|\beta_1^{(k)}|, 1/|\beta_2^{(k)}|, \dots, 1/|\beta_n^{(k)}|).$$

The thus generated sequence of updates  $\{\beta^{(k)}(\lambda_1)\}_{k=0}^{\infty}$  converges (under 'nice' conditions) to the lasso regression estimator  $\hat{\beta}(\lambda_1)$ .

A note of caution. The in-built variable selection property of the lasso regression estimator may – for large enough choices of the penalty parameter  $\lambda_1$  – cause elements of  $\boldsymbol{\beta}^{(k)}(\lambda_1)$  to become arbitrary close to zero (or, in R exceed machine precision and thereby being effectively zero) after enough updates. Consequently, the ridge penalty parameter for the j-th element of regression parameter may approach infinity, as the j-th element of  $\boldsymbol{\Psi}[\boldsymbol{\beta}^{(k)}(\lambda_1)$  equals  $|\boldsymbol{\beta}_j^{(k)}|^{-1}$ . To accommodate this, the iterative ridge regression algorithm for the evaluation of the lasso regression estimator requires a modification. Effectively, that amounts to the removal of j-th covariate from the model all together (for its estimated regression coefficient is indistinguishable from zero). After its removal, it does not return to the set of covariates. This may be problematic if two covariates are (close to) super-collinear.

## 6.4.3 Gradient ascent

Another method of finding the lasso regression estimator and implemented in penalized-package (Goeman, 2010) makes use of gradient ascent. Gradient ascent/descent is an maximization/minization method that finds the optimum of a smooth function by iteratively updating a first-order local approximation to this function. Gradient ascents runs through the following sequence of steps repetitively until convergence:

- Choose a starting value.
- Calculate the derivative of the function, and determine the direction in which the function increases most. This direction is the path of steepest ascent.
- Proceed in this direction, until the function no longer increases.
- Recalculate at this point the gradient to determine a new path of steepest ascent.
- Repeat the above until the (region around the) optimum is found.

The procedure above is illustrated in Figure 6.7. The top panel shows the choice of the initial value. From this point the path of the steepest ascent is followed until the function no longer increases (right panel of Figure 6.7). Here the path of steepest ascent is updated along which the search for the optimum is proceeded (bottom panel of Figure 6.7).

The use of gradient ascent to find the lasso regression estimator is frustrated by the non-differentiability (with respect to any of the regression parameters) of the lasso penalty function at zero. In Goeman (2010) this is overcome by the use of a generalized derivative. Define the *directional* or  $G\hat{a}teaux$  derivative of the function  $f: \mathbb{R}^p \to \mathbb{R}$  at  $\mathbf{x} \in \mathbb{R}^p$  in the direction of  $\mathbf{v} \in \mathbb{R}^p$  as:

$$f'(\mathbf{x}) = \lim_{\tau \downarrow 0} \frac{1}{\tau} [f(\mathbf{x} + \tau \mathbf{v}) - f(\mathbf{x})],$$

assuming this limit exists. The Gâteaux derivative thus gives the infinitesimal change in f at  $\mathbf{x}$  in the direction of  $\mathbf{v}$ . As such  $f'(\mathbf{x})$  is a scalar (as is immediate from the definition when noting that  $f(\cdot) \in \mathbb{R}$ ) and should not be confused with the gradient (the vector of partial derivatives). Furthermore, at each

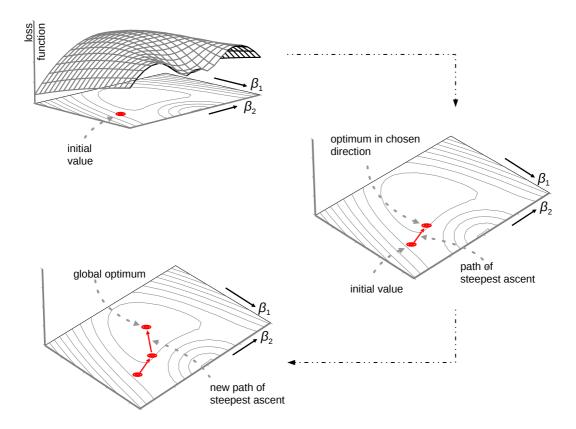


Figure 6.7: Illustration of the gradient ascent procedure.

point  $\mathbf{x}$  there are infinitely many Gâteaux differentials (as there are infinitely many choices for  $\mathbf{v} \in \mathbb{R}^p$ ). In the particular case when  $\mathbf{v} = \mathbf{e}_j$ ,  $\mathbf{e}_j$  the unit vector along the axis of the j-th coordinate, the directional derivative coincides with the partial derivative of f in the direction of  $x_j$ . Relevant for the case at hand is the absolute value function f(x) = |x| with  $x \in \mathbb{R}$ . Evaluation of the limits in its Gâteaux derivative yields:

$$f'(x) = \begin{cases} v \frac{x}{|x|} & \text{if } x \neq 0, \\ v & \text{if } x = 0, \end{cases}$$

for any  $\mathbf{v} \in \mathbb{R} \setminus \{0\}$ . Hence, the Gâteaux derivative of |x| does exits at x = 0. In general, the Gâteaux differential may be uniquely defined by limiting the directional vectors  $\mathbf{v}$  to i) those with unit length (i.e.  $\|\mathbf{v}\| = 1$ ) and ii) the direction of steepest ascent. Using the Gâteaux derivative a gradient of  $f(\cdot)$  at  $\mathbf{x} \in \mathbb{R}^p$  may then be defined as:

$$\nabla f(\mathbf{x}) = \begin{cases} f'(\mathbf{x}) \cdot \mathbf{v}_{\text{opt}} & \text{if } f'(\mathbf{x}) \ge 0, \\ \mathbf{0}_p & \text{if } f'(\mathbf{x}) < 0, \end{cases}$$
(6.6)

in which  $\mathbf{v}_{\text{opt}} = \arg \max_{\{\mathbf{v}: \|\mathbf{v}\|=1\}} f'(\mathbf{x})$ . This is the direction of steepest ascent,  $\mathbf{v}_{\text{opt}}$ , scaled by Gâteaux derivative,  $f'(\mathbf{x})$ , in the direction of  $\mathbf{v}_{\text{opt}}$ .

Goeman (2010) applies the definition of the Gâteaux gradient to the lasso penalized likelihood (6.2) using the direction of steepest ascent as  $\mathbf{v}_{\text{opt}}$ . The resulting partial Gâteaux derivative with respect to the j-th element of the regression parameter  $\boldsymbol{\beta}$  is:

$$\frac{\partial}{\partial \beta_{j}} \mathcal{L}_{\text{lasso}}(\mathbf{Y}, \mathbf{X}; \boldsymbol{\beta}) = \begin{cases} \frac{\partial}{\partial \beta_{j}} \mathcal{L}(\mathbf{Y}, \mathbf{X}; \boldsymbol{\beta}) - \lambda_{1} \text{sign}(\beta_{j}) & \text{if } \beta_{j} \neq 0 \\ \frac{\partial}{\partial \beta_{j}} \mathcal{L}(\mathbf{Y}, \mathbf{X}; \boldsymbol{\beta}) - \lambda_{1} \text{sign}\left[\frac{\partial}{\partial \beta_{j}} \mathcal{L}(Y, X; \boldsymbol{\beta})\right] & \text{if } \beta_{j} = 0 \text{ and } |\partial \mathcal{L}/\partial \beta_{j}| > \lambda_{1} \\ 0 & \text{otherwise} \end{cases},$$

where  $\partial \mathcal{L}/\partial \beta_j = \sum_{j'=1}^p (\mathbf{X}^\top \mathbf{X})_{j',j} \beta_j - (\mathbf{X}^\top \mathbf{Y})_j$ . This can be understood through a case-by-case study. The partial derivative above is assumed to be clear for the  $\beta_j \neq 0$  and the 'otherwise' cases. That leaves

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the clarification of the middle case. When  $\beta_j = 0$ , the direction of steepest ascent of the penalized loglikelihood points either into  $\{\beta \in \mathbb{R}^p \mid \beta_j > 0\}$ , or  $\{\beta \in \mathbb{R}^p \mid \beta_j < 0\}$ , or stays in  $\{\beta \in \mathbb{R}^p \mid \beta_j = 0\}$ . When the direction of steepest ascent points into the positive or negative half-hyperplanes, the contribution of  $\lambda_1 |\beta_j|$  to the partial Gâteaux derivative is simply  $\lambda_1$  or  $-\lambda_1$ , respectively. Then, only when the partial derivative of the log-likelihood together with this contribution is larger then zero, the penalized loglikelihood improves and the direction is of steepest ascent. Similarly, the direction of steepest ascent may be restricted to  $\{\beta \in \mathbb{R}^p \mid \beta_j = 0\}$  and the contribution of  $\lambda_1 |\beta_j|$  to the partial Gâteaux derivative vanishes. Then, only if the partial derivative of the loglikelihood is positive, this direction is to be pursued for the improvement of the penalized loglikelihood.

Convergence of gradient ascent can be slow close to the optimum. This is due to its linear approximation of the function. Close to the optimum the linear term of the Taylor expansion vanishes and is dominated by the second-order quadratic term. To speed-up convergence close to the optimum the gradient ascent implementation offered by the penalized-package switches to a Newton-Raphson procedure.

#### 6.4.4 Coordinate descent

Coordinate descent is another optimization algorithm that may be used to evaluate the lasso regression estimator numerically, as is done by the implemention offered via the glmnet-package. Coordinate descent, instead of following the gradient of steepest descent (as in Section 6.4.3), minimizes the loss function along the coordinates one-at-the-time. For the j-th regression parameter this amounts to finding:

$$\arg \min_{\beta_j} \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2 + \lambda \|\boldsymbol{\beta}\|_1 = \arg \min_{\beta_j} \|\mathbf{Y} - \mathbf{X}_{*,\backslash j}\boldsymbol{\beta}_{\backslash j} - \mathbf{X}_{*,j}\boldsymbol{\beta}_j\|_2^2 + \lambda |\boldsymbol{\beta}_j|_1$$

$$= \arg \min_{\beta_j} \|\tilde{\mathbf{Y}} - \mathbf{X}_{*,j}\boldsymbol{\beta}_j\|_2^2 + \lambda |\boldsymbol{\beta}_j|_1,$$

where  $\tilde{\mathbf{Y}} = \mathbf{Y} - \mathbf{X}_{*,\backslash j} \boldsymbol{\beta}_{\backslash j}$ . After a simple rescaling of both  $\mathbf{X}_{*,j}$  and  $\beta_j$ , the minimization of the lasso regression loss function with respect to  $\beta_j$  is equivalent to one with an orthonormal design matrix. From Example 6.4 it is known that the minimizer is obtained by application of the soft-threshold function to the corresponding maximum likelihood estimator (now derived from  $\tilde{\mathbf{Y}}$  and  $\mathbf{X}_j$ ). The coordinate descent algorithm iteratively runs over the p elements until convergence. The right panel of Figure 6.6 provides an illustration of the coordinate descent algorithm.

Convergence of the coordinate descent algorithm to the minimum of the lasso regression loss function (6.2) is warranted by the convexity of this function. At each minization step the coordinate descent algorithm yields an update of the parameter estimate that corresponds to an equal or smaller value of the loss function. It, together with the compactness of diamond-shaped parameter domain and the boundedness (from below) of the lasso regression loss function, implies that the coordinate descent algorithm converges to the minimum of this lasso regression loss function. Although convergence is assured, it may take many steps for it to be reached. In particular, when i) two covariates are strongly collinear, ii) one of the two covariate contributes only slightly more to the response, and iii) the algorithm is initiated with the weaker explanatory covariate. The coordinate descent algorithm will then take may iterations to replace the latter covariate by the preferred one. In such cases simultaneous updating, as is done by the gradient ascent algorithm (Section 6.4.3), may be preferable.

# 6.5 Moments

In general the moments of the lasso regression estimator appear to be unknown. In certain cases an approximation may be given. This is pointed out here. Use the quadratic approximation to the absolute value function of Section 6.4.2 and approximate the lasso regression loss function around the lasso regression estimate:

$$\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_{2}^{2} + \lambda_{1}\|\boldsymbol{\beta}\|_{1} \approx \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_{2}^{2} + \frac{\lambda_{1}}{2} \sum_{i=1}^{p} \frac{1}{|\hat{\beta}(\lambda_{1})|} \beta_{j}^{2}.$$

Optimization of the right-hand side of the preceeding display with respect to  $\beta$  gives a 'ridge approximation' to the lasso estimate:

$$\hat{\boldsymbol{\beta}}(\lambda_1) \approx \{\mathbf{X}^{\top}\mathbf{X} + \lambda_1 \boldsymbol{\Psi}[\hat{\boldsymbol{\beta}}(\lambda_1)]\}^{-1}\mathbf{X}^{\top}\mathbf{Y},$$

with  $(\Psi[\hat{\beta}(\lambda_1)])_{jj} = |\hat{\beta}_j(\lambda_1)|^{-1}$  if  $\hat{\beta}_j(\lambda_1) \neq 0$ . Now use this 'ridge approximation' to obtain the approximation to the moments of the lasso regression estimator:

$$\mathbb{E}[\hat{\boldsymbol{\beta}}(\lambda_1)] \approx \mathbb{E}(\{\mathbf{X}^{\top}\mathbf{X} + \lambda_1 \boldsymbol{\Psi}[\hat{\boldsymbol{\beta}}(\lambda_1)]\}^{-1}\mathbf{X}^{\top}\mathbf{Y})$$

$$= \{\mathbf{X}^{\top}\mathbf{X} + \lambda_1 \boldsymbol{\Psi}[\hat{\boldsymbol{\beta}}(\lambda_1)]\}^{-1}\mathbf{X}^{\top}\mathbf{X}\mathbb{E}[(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y}]$$

$$= \{\mathbf{X}^{\top}\mathbf{X} + \lambda_1 \boldsymbol{\Psi}[\hat{\boldsymbol{\beta}}(\lambda_1)]\}^{-1}\mathbf{X}^{\top}\mathbf{X}\boldsymbol{\beta}$$

and

$$Var[\hat{\boldsymbol{\beta}}(\lambda_{1})] \approx Var(\{\mathbf{X}^{\top}\mathbf{X} + \lambda_{1}\boldsymbol{\Psi}[\hat{\boldsymbol{\beta}}(\lambda_{1})]\}^{-1}\mathbf{X}^{\top}\mathbf{Y})$$

$$= \{\mathbf{X}^{\top}\mathbf{X} + \lambda_{1}\boldsymbol{\Psi}[\hat{\boldsymbol{\beta}}(\lambda_{1})]\}^{-1}\mathbf{X}^{\top}\mathbf{X}Var[(\mathbf{X}^{\top}\mathbf{X})^{-1}\mathbf{X}^{\top}\mathbf{Y}]\mathbf{X}^{\top}\mathbf{X}\{\mathbf{X}^{\top}\mathbf{X} + \lambda_{1}\boldsymbol{\Psi}[\hat{\boldsymbol{\beta}}(\lambda_{1})]\}^{-1}$$

$$= \sigma^{2}\{\mathbf{X}^{\top}\mathbf{X} + \lambda_{1}\boldsymbol{\Psi}[\hat{\boldsymbol{\beta}}(\lambda_{1})]\}^{-1}\mathbf{X}^{\top}\mathbf{X}\{\mathbf{X}^{\top}\mathbf{X} + \lambda_{1}\boldsymbol{\Psi}[\hat{\boldsymbol{\beta}}(\lambda_{1})]\}^{-1}.$$

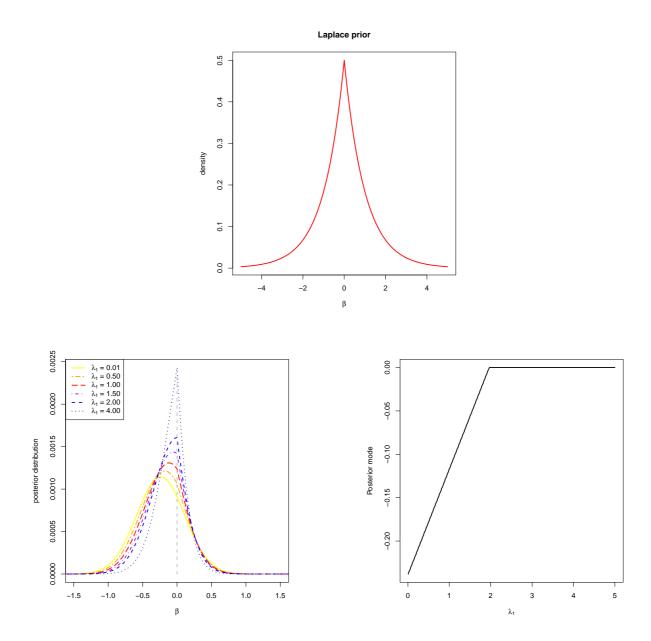
These approximations can only be used when the lasso regression estimate is not sparse, which is at odds with its attractiveness. A better approximation of the variance of the lasso regression estimator can be found in Osborne *et al.* (2000), but even this becomes poor when many elements of  $\beta$  are estimated as zero.

Even if these approximations are only crude, they indicate that the moments of the lasso regression estimator exhibit similar behaviour as those of its ridge counterpart. The (approximation of the) mean  $\mathbb{E}[\hat{\beta}(\lambda_1)]$  tends to zero as  $\lambda_1 \to \infty$ . This was intuitively already expected from the form of the lasso regression loss function (6.2), in which the penalty term dominates for large  $\lambda_1$  and is minimized for  $\hat{\beta}(\lambda_1) = \mathbf{0}_p$ . This may also be understood geometrically when appealing to the equivalent constrained estimation formation of the lasso regression estimator. The parameter constraint shrinks to zero with increasing  $\lambda_1$ . Hence, so must the estimator. Similarly, the (approximation of the) variance of the lasso regression estimator vanishes as the penalty parameter  $\lambda_1$  grows. Again, its loss function (6.2) provides the intuition: for large  $\lambda_1$  the penalty term, which does not depend on data, dominates. Or, from the perspective of the constrained estimation formulation, the parameter constraint shrinks to zero as  $\lambda_1 \to \infty$ . Hence, so must the variance of the estimator, as less and less room is left for it to fluctuate.

The behaviour of the mean squared error, bias squared plus variance, of the lasso regression estimator in terms of  $\lambda_1$  is hard to characterize exactly without knowledge of the quality of the approximations. In particular, does a  $\lambda_1$  exists such that the MSE of the lasso regression estimator outperforms that of its maximum likelihood counterpart. Nonetheless, a first observation may be obtained from reasoning in extremis. Suppose  $\beta = \mathbf{0}_p$ , which corresponds to an empty or maximally sparse model. A large value of  $\lambda_1$  then yields a zero estimate of the regression parameter:  $\hat{\beta}(\lambda_1) = \mathbf{0}_p$ . The bias squared is thus minimized:  $\|\hat{\beta}(\lambda_1) - \beta\|_2^2 = 0$ . With the bias vanished and the (approximation of the) variance decreasing in  $\lambda_1$ , so must the MSE decrease for  $\lambda_1$  larger than some value. So, for an empty model the lasso regression estimator with a sufficiently large penalty parameter yields a better MSE than the maximum likelihood estimator. For very sparse models this property may be expected to uphold, but for non-sparse models the bias squared will have a substantial contribution to the MSE, and it is thus not obvious whether a  $\lambda_1$  exists that yields a favourable MSE for the lasso regression estimator. This is investigated in silico in Hansen (2015). The simulations presented there indicate that the MSE of the lasso regression estimator is particularly sensitive to the actual  $\beta$ . Moreover, for a large part of the parameter space  $\beta \in \mathbb{R}^p$  the MSE of  $\hat{\beta}(\lambda_1)$  is behind that of the maximum likelihood estimator.

# 6.6 The Bayesian connection

The lasso regression estimator, being a penalized estimator, knows a Bayesian formulation, much like the (generalized) ridge regression estimator could be viewed as a Bayesian estimator when imposing a Gaussian prior (cf. Chapter 2 and Section 3.2). Instead of normal prior, the lasso regression estimator requires (as suggested by the form of the lasso penalty) a zero-centered Laplacian (or double exponential) prior for it to be viewed as a Bayesian estimator. A zero-centered Laplace distributed random variable X has density  $f_X(x) = \frac{1}{2b} \exp(-|x|/b)$  with scale parameter b > 0. The top panel of Figure 6.8 shows the Laplace prior, and for contrast the normal prior of the ridge regression estimator. This figure reveals that the 'lasso prior' puts more mass close to zero and in the tails than the Gaussian 'ridge prior'. This corroborates with the tendency of the lasso regression estimator to produce either zero or large (compared to ridge) estimates.



**Figure 6.8**: Solution path of the ridge estimator and its variance. The left panel shows the solution path of the ridge estimator for the data of Example 1.3. In the right panel the corresponding variance of the ridge estimator is plotted against the (logarithm of the) penalty parameter.

The lasso regression estimator corresponds to the maximum a posteriori (MAP) estimator of  $\beta$ , when the prior is a Laplace distribution. The posterior distribution is then proportional to:

$$\prod_{i=1}^{n} (2\pi\sigma^{2})^{-1/2} \exp[-(2\sigma^{2})^{-1} (Y_{i}\mathbf{X}_{i,*}\boldsymbol{\beta})^{2}] \times \prod_{j=1}^{p} (2b)^{-1} \exp(-|\beta_{j}|/b).$$

The posterior is not a well-known and characterized distribution. This is not necessary as interest concentrates here on its maximum. The location of the posterior mode coincides with the location of the maximum of logarithm of the posterior. The log-posterior is proportional to:  $-(2\sigma^2)^{-1} \|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2 - b^{-1} \|\boldsymbol{\beta}\|_1$ , with its maximizer minimizing  $\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_2^2 + (2\sigma^2/b)\|\boldsymbol{\beta}\|_1$ . In this one recognizes the form of the lasso regression loss function (6.2). It is thus clear that the scale parameter of the Laplace distribution reciprocally relates to lasso penalty parameter  $\lambda_1$ , similar to the relation of the ridge penalty parameter  $\lambda_2$  and the variance of the Gaussian prior of the ridge regression estimator.

The posterior may not be a standard distribution, in the univariate case (p=1) it is can visualized. Specifically, the behaviour of the MAP can then be illustrated, which – as the MAP estimator corresponds to the lasso regression estimator – should also exhibit the selection property. The bottom left panel of Figure 6.8 shows the posterior distribution for various choices of the Laplace scale parameter (i.e. lasso penalty parameter). Clearly, the mode shifts towards zero as the scale parameter decreases / lasso penalty parameter increases. In particular, the posterior obtained from the Laplace prior with the smallest scale parameter (i.e. largest penalty parameter  $\lambda_1$ ), although skewed to the left, has a mode placed exactly at zero. The Laplace prior may thus produce MAP estimators that select. However, for smaller values of the lasso penalty parameter the Laplace prior is not concentrated enough around zero and the contribution of the likelihood in the posterior outweighs that of the prior. The mode is then not located at zero and the parameter is 'selected' by the MAP estimator. The bottom right panel of Figure 6.8 plots the mode of the normal-Laplace posterior vs. the Laplace scale parameter. In line with Theorem 6.1 it is piece-wise linear.

Park and Casella (2008) go beyond the elementary correspondence of the frequentist lasso estimator and the Bayesian posterior mode and formulate the Bayesian lasso regression model. To this end they exploit the fact that the Laplace distribution can be written as a scale mixture of normal distributions with an exponentiona mixing density. This allows the construction of a Gibbs sampler for the Bayesian lasso estimator. Finally, they suggest to impose a gamma-type hyperprior on the (square of the) lasso penalty parameter. Such a full Bayesian formulation of the lasso problem enables the construction of credible sets (i.e. the Bayesian counterpart of confidence intervals) to express the uncertainty of the maximum a posterior estimator. However, the lasso regression estimator may be seen as a Bayesian estimator, in the sense that it coincides with the posterior mode, the 'lasso' posterior distribution cannot be blindly used for uncertainty quantification. In high-dimensional sparse settings the 'lasso' posterior distribution of  $\beta$  need not concentrate around the true parameter, even though its mode is a good estimator of the regression parameter (cf. Section 3 and Theorem 7 of Castillo et al., 2015).

# 6.7 Comparison to ridge

Here an inventory of the similarities and differences between the lasso and ridge regression estimators is presented. To recap what we have seen so far: both estimators optimize a loss function of the form (6.1) and can be viewed as Bayesian estimators. But in various respects the lasso regression estimator exhibited differences from its ridge counterpart: i) the former need not be uniquely defined (for a given value of the penalty parameter) whereas the latter is, ii) an analytic form of the lasso regression estimator does in general not exists, but iii) it is sparse (for large enough values of the lasso penalty parameter). The remainder of this section expands this inventory.

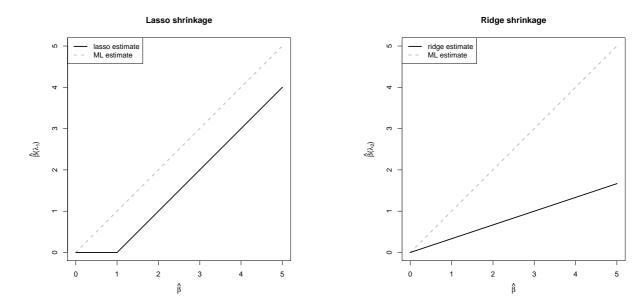
### 6.7.1 Linearity

The ridge regression estimator is a linear (in the observations) estimator, while the lasso regression estimator is not. This is immediate from the analytic expression of the ridge regression estimator,  $\hat{\boldsymbol{\beta}}(\lambda_2) = (\mathbf{X}^{\top}\mathbf{X} + \lambda_2\mathbf{I}_{pp})^{-1}\mathbf{X}^{\top}\mathbf{Y}$ , which is a linear combination of the observations  $\mathbf{Y}$ . To show the non-linearity of the lasso regression estimator available, it suffices to study the analytic expression of j-th element of  $\hat{\boldsymbol{\beta}}(\lambda_1)$  in the orthonormal case:  $\hat{\beta}_j(\lambda_1) = \text{sign}(\hat{\beta}_j)(|\hat{\beta}_j| - \frac{1}{2}\lambda_1)_+ = \text{sign}(\mathbf{X}_{*,j}^{\top}\mathbf{Y})(|\mathbf{X}_{*,j}^{\top}\mathbf{Y}| - \frac{1}{2}\lambda_1)_+$ . This clearly is not linear in  $\mathbf{Y}$ . Consequently, the response  $\mathbf{Y}$  may be scaled by some constant c, denoted  $\tilde{\mathbf{Y}} = c\mathbf{Y}$ , and the corresponding ridge regression estimators are one-to-one related by this same factor  $\hat{\boldsymbol{\beta}}(\lambda_2) = c\tilde{\boldsymbol{\beta}}(\lambda_2)$ . The lasso regression estimator based on the unscaled data is not so easily recovered from its counterpart obtained from the scaled data.

# 6.7.2 Shrinkage

Both lasso and ridge regression estimation minimize the sum-of-squares plus a penalty. The latter encourages the estimator to be small, in particular closer to zero. This behavior is called shrinkage. The particular form of the penalty yields different types of this shrinkage behavior. This is best grasped in the case of an orthonormal design matrix. The j-the element of the ridge regression estimator then is:  $\hat{\beta}_j(\lambda_2) = (1 + \lambda_2)\hat{\beta}_j$ , while that of the lasso regression estimator is:  $\hat{\beta}_j(\lambda_1) = \text{sign}(\hat{\beta}_j)(|\hat{\beta}_j| - \frac{1}{2}\lambda_1)_+$ . In Figure 6.9 these two estimators  $\hat{\beta}_j(\lambda_2)$  and  $\hat{\beta}_j(\lambda_1)$  are plotted as a function of the maximum likelihood

estimator  $\hat{\beta}_j$ . Figure 6.9 shows that lasso and ridge regression estimator translate and scale, respectively, the maximum likelihood estimator, which could also have been concluded from the analytic expression of both estimators. The scaling of the ridge regression estimator amounts to substantial and little shrinkage (in an absolute sense) for elements of the regression parameter  $\beta$  with a large and small maximum likelihood estimate, respectively. In contrast, the lasso regression estimator applies an equal amount of shrinkage to each element of  $\beta$ , irrespective of the coefficients' sizes.



**Figure 6.9**: Solution path of the ridge estimator and its variance. The left panel shows the solution path of the ridge estimator for the data of Example 1.3. In the right panel the corresponding variance of the ridge estimator is plotted against the (logarithm of the) penalty parameter.

## 6.7.3 Simulation I: Covariate selection

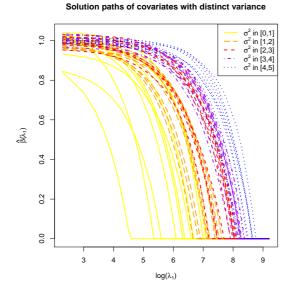
Here it is investigated whether lasso regression exhibits the same behaviour as ridge regression in the presence of covariates with differing variances. Recall: the simulation of Section 1.9.1 showed that ridge regression shrinks the estimates of covariates with a large spread less than those with a small spread. That simulation has been repeated, with the exact same parameter choices and sample size, but now with the ridge regression estimator replaced by the lasso regression estimator. To refresh the memory: in the simulation of Section 1.9.1 the linear regression model is fitted, now with the lasso regression estimator. The  $(n = 1000) \times (p = 50)$  dimensional design matrix  $\mathbf{X}$  is sampled from a multivariate normal distribution:  $\mathbf{X}_{i,*}^{\top} \sim \mathcal{N}(\mathbf{0}_{50}, \mathbf{\Sigma})$  with  $\mathbf{\Sigma}$  diagonal and  $(\mathbf{\Sigma})_{jj} = j/10$  for  $j = 1, \ldots, p$ . The response  $\mathbf{Y}$  is generated through  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$  with  $\boldsymbol{\beta}$  a vector of all ones and  $\boldsymbol{\varepsilon}$  sampled from the multivariate standard normal distribution. Hence, all covariates contribute equally to the response.

The results of the simulation are displayed in Figure 6.10, which shows the regularization paths of the p=50 covariates. The regularization paths are demarcated by color and style to indicate the size of the spread of the corresponding covariate. These regularization paths show that the lasso regression estimator shrinks – like the ridge regression estimator – the covariates with the smallest spread most. For the lasso regression this translates (for sufficiently large values of the penalty parameter) into a preference for the selection of covariates with largest variance.

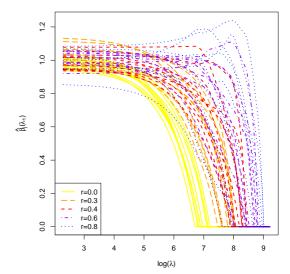
Intuition for this behavior of the lasso regression estimator may be obtained through geometrical arguments analogous to that provided for the similar behaviour of the ridge regression estimator in Section 1.9.1. Algebraically it is easily seen when assuming an orthonormal design with  $Var(X_1) \gg Var(X_2)$ . The lasso regression loss function can then be rewritten, as in Example 6.5, to:

$$\|\mathbf{Y} - \mathbf{X}\boldsymbol{\beta}\|_{2}^{2} + \lambda_{1}\|\boldsymbol{\beta}\|_{1} = \|\mathbf{Y} - \tilde{\mathbf{X}}\boldsymbol{\gamma}\|_{2}^{2} + \lambda_{1}[\operatorname{Var}(X_{1})]^{-1/2}|\gamma_{1}| + \lambda_{1}[\operatorname{Var}(X_{2})]^{-1/2}|\gamma_{2}|,$$

where  $\gamma_1 = [\text{Var}(X_1)]^{1/2}\beta_1$  and  $\gamma_2 = [\text{Var}(X_2)]^{1/2}\beta_2$ . The rescaled design matrix  $\tilde{\mathbf{X}}$  is now orthonormal



#### Solution paths of correlated covariates



**Figure 6.10**: Solution path of the ridge estimator and its variance. The left panel shows the solution path of the ridge estimator for the data of Example 1.3. In the right panel the corresponding variance of the ridge estimator is plotted against the (logarithm of the) penalty parameter.

and analytic expressions of estimators of  $\gamma_1$  and  $\gamma_2$  are available. The former parameter is penalized substantially less than the latter as  $\lambda_1[\operatorname{Var}(X_1)]^{-1/2} \ll \lambda_1[\operatorname{Var}(X_2)]^{-1/2}$ . As a result, if for large enough values of  $\lambda_1$  one variable is selected, it is more likely to be  $\gamma_1$ .

#### 6.7.4 Simulation II: correlated covariates

The behaviour of the lasso regression estimator is now studied in the presence of collinearity among the covariates. Previously, in simulation, Section 1.9.2, the ridge regression estimator was shown to exhibit the joint shrinkage of strongly collinear covariates. This simulation is repeated for the lasso regression estimator. The details of the simulation are recapped. The linear regression model is fitted by means of the lasso regression estimator. The  $(n = 1000) \times (p = 50)$  dimensional design matrix **X** is samples from a multivariate normal distribution:  $\mathbf{X}_{i,*}^{\top} \sim \mathcal{N}(\mathbf{0}_{50}, \mathbf{\Sigma})$  with a block-diagonal  $\mathbf{\Sigma}$ . The k-the,  $k = 1, \ldots, 5$ , diagonal block, denoted  $\mathbf{\Sigma}_{kk}$  comprises ten covariates and equals  $\frac{k-1}{5} \mathbf{1}_{10\times 10} + \frac{6-k}{5} \mathbf{I}_{10\times 10}$  for  $k = 1, \ldots, 5$ . The response vector **Y** is then generated by  $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$ , with  $\boldsymbol{\varepsilon}$  sampled from the multivariate standard normal distribution and  $\boldsymbol{\beta}$  containing only ones. Again, all covariates contribute equally to the response.

The results of the above simulation results are captured in Figure 6.10. It shows the lasso regularization paths for all elements of the regression parameter  $\beta$ . The regularization paths of covariates corresponding to the same block of  $\Sigma$  (indicative of the degree of collinearity) are now marcated by different colors and styles. Whereas the ridge regularization paths nicely grouped per block, the lasso counterparts do not. The selection property spoils the party. Instead of shrinking the regression parameter estimates of collinear covariates together, the lasso regression estimator (for sufficiently large values of its penalty parameter  $\lambda_1$ ) tends to pick one covariates to enters the model while forcing the others out (by setting their estimates to zero).

# 6.8 Exercises

#### Question 6.1

Find the lasso regression solution for the data below for a general value of  $\lambda$  and for the straight line model  $Y = \beta_0 + \beta_1 X + \varepsilon$  (only apply the lasso penalty to the slope parameter, not to the intercept). Show that when  $\lambda_1$  is chosen as 7, the lasso solution fit is  $\hat{Y} = 40 + 1.75X$ . Data:  $\mathbf{X}^{\top} = (X_1, X_2, \dots, X_8)^{\top} = (-2, -1, -1, 0, 1, 2, 2)^T$ , and  $\mathbf{Y}^{\top} = (Y_1, Y_2, \dots, Y_8)^{\top} = (35, 40, 36, 38, 40, 43, 45, 43)^{\top}$ .

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#### Question 6.2

Consider the standard linear regression model  $Y_i = \mathbf{X}_{i,*}\boldsymbol{\beta} + \varepsilon_i$  for i = 1, ..., n and with  $\varepsilon_i \sim_{i.i.d.} \mathcal{N}(0, \sigma^2)$ . The model comprises a single covariate and, depending on the subquestion, an intercept. Data on the response and the covariate are:  $\{(y_i, x_{i,1})\}_{i=1}^4 = \{(1.4, 0.0), (1.4, -2.0), (0.8, 0.0), (0.4, 2.0)\}$ .

- a) Evaluate the lasso regression estimator of the model without intercept for the data at hand with  $\lambda_1 = 0.2$ .
- b) Evaluate the lasso regression estimator of the model with intercept for the data at hand with  $\lambda_1 = 0.2$  that does not apply to the intercept (which is left unpenalized).

#### Question 6.3

Consider the standard linear regression model  $Y_i = X_{i,1}\beta_1 + X_{i,2}\beta_2 + \varepsilon_i$  for i = 1, ..., n and with the  $\varepsilon_i$  i.i.d. normally distributed with zero mean and a common variance. In the estimation of the regression parameter  $(\beta_1, \beta_2)^{\top}$  a lasso penalty is used:  $\lambda_{1,1}|\beta_1| + \lambda_{1,2}|\beta_2|$  with penalty parameters  $\lambda_{1,1}, \lambda_{1,2} > 0$ .

- a) Let  $\lambda_{1,1} = \lambda_{1,2}$  and assume the covariates are orthogonal with the spread of the first covariate being much larger than that of the second. Draw a plot with  $\beta_1$  and  $\beta_2$  on the x- and y-axis, repectively. Sketch the parameter constraint as implied by the lasso penalty. Add the levels sets of the sum-of-squares,  $\|\mathbf{Y} \mathbf{X}\boldsymbol{\beta}\|_2^2$ , loss criterion. Use the plot to explain why the lasso tends to select covariates with larger spread.
- b) Assume the covariates to be orthonormal. Let  $\lambda_{1,2} \gg \lambda_{1,1}$ . Redraw the plot of part a of this exercise. Use the plot to explain the effect of differening  $\lambda_{1,1}$  and  $\lambda_{1,2}$  on the resulting lasso estimate.
- c) Show that the two cases (i.e. the assumptions on the covariates and penalty parameters) of part a and b of this exercise are equivalent, in the sense that their loss functions can be rewritten in terms of the other.

#### Question 6.4

Investigate the effect of the variance of the covariates on variable selection by the lasso. Hereto consider the toy model:  $Y_i = X_{1i} + X_{2i} + \varepsilon_i$ , where  $\epsilon_i \sim \mathcal{N}(0,1)$ ,  $X_{1i} \sim \mathcal{N}(0,1)$ , and  $X_{2i} = a X_{1i}$  with  $a \in [0,2]$ . Draw a hundred samples for both  $X_{1i}$  and  $\varepsilon_i$  and construct both  $X_{2i}$  and  $Y_i$  for a grid of a's. Fit the model by means of the lasso regression estimator with  $\lambda_1 = 1$  for each choice of a. Plot e.g. in one figure a) the variance of  $X_{1i}$ , b) the variance of  $X_{2i}$ , and c) the indicator of the selection of  $X_{2i}$ . Which covariate is selected for which values of scale parameter a?

## Question 6.5

Show the non-uniqueness of the lasso regression estimator for p > 2 when the design matrix **X** contains linearly dependent columns.

#### Question 6.6

Derive an analytic expression for the lasso regression estimator. In this assume that the columns of X have been standardized (i.e. have a zero mean and unit variance) and have a positive correlation  $\rho$ .

#### Question 6.7

Show  $\|\beta(\lambda_1)\|_1$  is monotone increasing in  $\lambda_1$ . In this assume orthonormality of the design matrix **X**.

#### Question 6.8

Augment the lasso penalty with the sum of the absolute differences all pairs of successive regression coefficients:

$$\lambda_1 \sum_{j=1}^{p} |\beta_j| + \lambda_F \sum_{j=2}^{p} |\beta_j - \beta_{j-1}|.$$

This augmented lasso penalty is referred to as the *fused lasso penalty*.

- a) Consider the standard multiple linear regression model:  $Y_i = \sum_{j=1}^p X_{ij} \beta_j + \varepsilon_i$ . Estimation of the regression parameters takes place via minimization of penalized sum of squares, in which the fused lasso penalty is used with  $\lambda_1 = 0$ . Rewrite the corresponding loss function to the standard lasso problem by application of the following change-of-variables:  $\gamma_1 = \beta_1$  and  $\gamma_j = \beta_j \beta_{j-1}$ .
- b) Investigate on simulated data the effect of the second summand of the fused lasso penalty on the parameter estimates. In this, temporarily set  $\lambda_1 = 0$ .

c) Let  $\lambda_1$  equal zero still. Compare the regression estimates of Question 4b to the ridge estimates with a first-order autoregressive prior. What is qualitatively the difference in the behavior of the two estimates? *Hint:* plot the full solution path for the penalized estimates of both estimation procedures.

d) How do the estimates of part b of this question change if we allow  $\lambda_1 > 0$ ?

#### Question 6.9

A researcher has measured gene expression measurements for 1000 genes in 40 subjects, half of them cases and the other half controls.

- a) Describe and explain what would happen if the researcher would fit an ordinary logistic regression to these data, using case/control status as the response variable.
- b) Instead, the researcher chooses to fit a lasso regression, choosing the tuning parameter lambda by cross-validation. Out of 1000 genes, 37 get a non-zero regression coefficient in the lasso fit. In the ensuing publication, the researcher writes that the 963 genes with zero regression coefficients were found to be "irrelevant". What is your opinion about this statement?

#### Question 6.10

Consider the standard linear regression model  $Y_i = \mathbf{X}_{i,*}\boldsymbol{\beta} + \varepsilon_i$  for  $i = 1, \ldots, n$  and with the  $\varepsilon_i$  i.i.d. normally distributed with zero mean and a common variance. Let the first covariate correspond to the intercept. The model is fitted to data by means of the minimization of the sum-of-squares augmented with a lasso penalty in which the intercept is left unpenalized:  $\lambda_1 \sum_{j=2}^p |\beta_j|$  with penalty parameter  $\lambda_1 > 0$ . The penalty parameter is chosen through leave-one-out cross-validation (LOOCV). The predictive performance of the model is evaluated, again by means of LOOCV. Thus, creating a double cross-validation loop. At each inner loop the optimal  $\lambda_1$  yields an empty intercept-only model, from which a prediction for the left-out sample is obtained. The vector of these prediction is compared to the corresponding observation vector through their Spearman correlation (which measures the monotonicity of a relatonship and – as a correlation measure – assumed values on the [-1, 1] interval with an analogous interpretation to the 'ordinary' correlation). The latter equals -1. Why?

#### Question 6.11

Download the breastCancerNKI package from BioConductor:

- > source("http://www.bioconductor.org/biocLite.R")
- > biocLite("breastCancerNKI")

Activate the library and load leukemia data from the package:

- > library(breastCancerNKI)
- > data(nki)

The eset-object nki is now available. It contains the expression profiles of 337 breast cancer patients. Each profile comprises expression levels of 24481 genes. Extract the expression data from the object, remove all genes with missing values, center the gene expression gene-wise around zero, and limit the data set to the first thousand genes. The reduction of the gene dimensionality is only for computational speed.

```
X <- exprs(nki)
X <- X[-which(rowSums(is.na(X)) > 0),]
X <- apply(X[1:1000,], 1, function(X) X - mean(X)).</pre>
```

Furthermore, extract the estrogen receptor status (short: ER status), an important prognostic indicator for breast cancer.

```
Y <- pData(nki)[,8]
```

- a) Relate the ER status and the gene expression levels by a logistic regression model, which is fitted by means of the lasso penalized maximum likelihood method. First, find the optimal value of the penalty parameter of  $\lambda_1$  by means of cross-validation. This is implemented in optL1-function of the penalized-package available from CRAN.
- b) Evaluate whether the cross-validated likelihood indeed attains a maximum at the optimal value of  $\lambda_1$ . This can be done with the profL1-function of the penalized-package available from CRAN.
- c) Investigate the sensitivity of the penalty parameter selection with respect to the choice of the cross-validation fold.
- d) Does the optimal lambda produce a reasonable fit? And how does it compare to the 'ridge fit'?

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