

## Northeast Dip in the Nip 2025 – Registration Form & Information

Welcome to the 14th Northeast Dip in the Nip!

Supporting NECRET (NorthEast Cancer Research & Education Trust)

This year we've gone digital – making it easier than ever to sign up and take part in this unforgettable event.

### How to Register

- Fill in the online registration form
- Digitally sign it
- Once submitted, your Registration Pack and Sponsorship Card will be posted to you
- Include your Dip Group name (or we'll assign you to one)

### Organising a Group?

- Groups of 6 or more should nominate a Group Captain
- Send group details (names, address, group name) to:  
Email: [dipnortheast@gmail.com](mailto:dipnortheast@gmail.com)  
Text: 087 405 4835
- Smaller groups (fewer than 6) may have extra participants added to make up numbers

### Terms & Conditions

1. You dip at your own risk. NECRET is not liable for any injury, loss, or damage during the event
2. No driving to the beach. All participants must travel by bus from the hotel – this is part of our event licence (If you have exceptional circumstances, seek permission in advance)
3. A group photo (from behind) will be taken as proof for sponsors
  - No faces are shown
  - Optional fun photos will also be taken at the hotel/beach
  - If you don't want to be photographed, don't pose
4. Sponsorship cards & money must be returned:
  - On the morning of the Dip
  - Or to the Oncology Unit, Our Lady of Lourdes Hospital beforehand
5. Individuals signing up alone will be:
  - Placed into a group
  - Given a Group Leader (who handles check-in)
  - Your name & phone number will be shared with the group  
(Alternatively, form your own group of 6+)
6. By registering, you give consent for:
  - Your data and images to be stored and used by NECRET for 5 years

- If you do not consent, please tick:

☐ I do not give consent for my data or images to be stored or used

7. You will receive a personal registration card

- Bring this on the day

- It matches your sponsorship card

- If you bring it, you'll be entered into a free draw

By signing the form, you confirm that:

- You have read and understood these Terms & Conditions

- You agree to be bound by them