

Northeast Dip in the Nip 2025 – Registration Form & Information

Welcome to the 14th Northeast Dip in the Nip! Please read the following information carefully before completing your registration. This year we've gone digital – making it easier than ever to sign up, get organised, and take part in this unforgettable event in support of NECRET.

How to Register

Simply fill in and digitally sign the registration form. Please read the Terms & Conditions below before signing. Once completed, we will post your Registration Pack and Sponsorship Card to you within a few days. Remember to include the name of the Dip Group you wish to join – if not, we'll assign one to you.

Organising a Group?

If you're gathering a group of 6 or more ladies, nominate one person to act as your Group Captain. Send your group details (names, address, and chosen group name) by email to dipnortheast@gmail.com or text 087 405 4835. If your group has fewer than 6, we may add additional participants to make up the numbers.

Terms & Conditions

1. The NorthEast Cancer Research & Education Trust (NECRET) wishes to make it clear that any person participating does so at their own risk. Participation constitutes acceptance by the participant that NECRET shall not be liable for any injury, loss or damage that may occur in the course of the event.
2. You are not permitted to drive to the beach location yourself. All Dippers must travel by bus from the hotel. This is a strict condition of our event licence. If you have exceptional personal circumstances and need to travel separately, you must seek permission in advance. Please do not jeopardise the event or our permission to host it by ignoring this rule.
3. A group photo will be taken from behind as participants run into the sea. This is required as proof for sponsors and supporters that the Dip took place. No facial images will appear in this photo. Our resident photographer will also be available at the hotel and on the beach for optional individual or group photos – many participants enjoy posing in their themed group costumes. These photos are entirely optional. We are not responsible for any images taken by our photographer that may appear in newspapers or on social media. If you do not wish to appear in media coverage, please do not pose

for photos. You can check our social pages to see how photos are typically taken – they’re fun, respectful, and no naked images are ever used.

4. 4. Sponsorship cards and monies must be returned on the morning of the Dip or beforehand to the Oncology Unit, Our Lady of Lourdes Hospital.
5. 5. For smooth event management and a more enjoyable social experience, individuals signing up to take part in the Dip will be randomly grouped with other individual participants and allocated a group leader. Your name and phone number will be shared with your group, and the Group Leader will be responsible for check-in on the day of the Dip. Alternatively, you may create your own group and nominate a Group Captain. Groups should have at least 6 members; we may add participants to smaller groups.
6. 6. By registering, you consent to the storage and processing of your personal data and images in electronic format for a period of five years, for the purposes of managing and promoting the Northeast Dip in the Nip and other NECRET events. If you do not consent to this, please tick the box below:
[] I do not give consent for my data or images to be stored or used.
7. 7. We will post you out your personal registration card. This card must be brought with you on the day. Your registration number will match your sponsorship card and correspondence. If you bring your card with you on the day, you’ll be entered into a free raffle!

By signing below, I confirm that I have read and understood the Terms & Conditions for the Northeast Dip in the Nip 2025, and I agree to be bound by them.

Full Name: _____

Date: _____

Signature (Digital or Typed): _____