



Week 7 - Networking Skills Guide

Reminder

All Interns are required to participate in our Networking Skills Assignment. If you do not participate you will be removed from the internship and your access to our content will be revoked.

You must complete the following tasks and submit them in the Google Form:

- Create a **LinkedIn OR Twitter** post and submit any one link
- Connect with 5 interns on LinkedIn
- Follow 5 interns on Twitter
- Connect and follow a [Technical Page/Institute/Personality](#) shared by us below.

Note: Interns residing in Nigeria can submit Facebook links instead of twitter links.

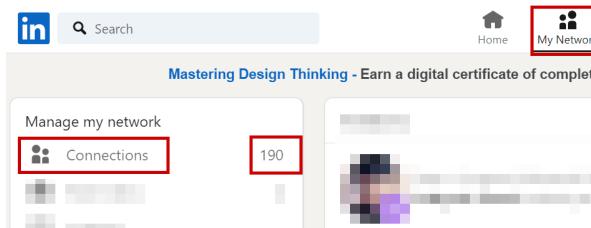
There are a total of 4 tasks



Learn, Test, and Share!

5 Connections and Follows [Optional]

Linkedin

Step 1	<p>Start by signing into Linkedin and going to “My Network.” Then locate “Connections”</p>	
--------	---	---



Step 2	<p>On the same page, scroll down until you see a section called “People you may know from Virtually Testing Foundation.” To the right, click “See all.”</p> <p>Note: If you do not see this section you may have not updated your LinkedIn profile properly. If this is the case, please go back to the week one assignment and properly update your profile.</p> <p>If you still can not find this section after scrolling, check out Virtually Testing’s main page and you may be able to find more people to connect to there.</p>	<p>The screenshot shows the LinkedIn interface with the 'My Network' tab selected. A red arrow points downwards towards the 'People you may know' section. This section contains a list of profiles with small thumbnail images. Below this list, there is a red box highlighting the text 'People you may know from Virtually Testing Foundation' and a red button labeled 'See all' to its right.</p>
--------	---	---



Learn, Test, and Share!

Step 3

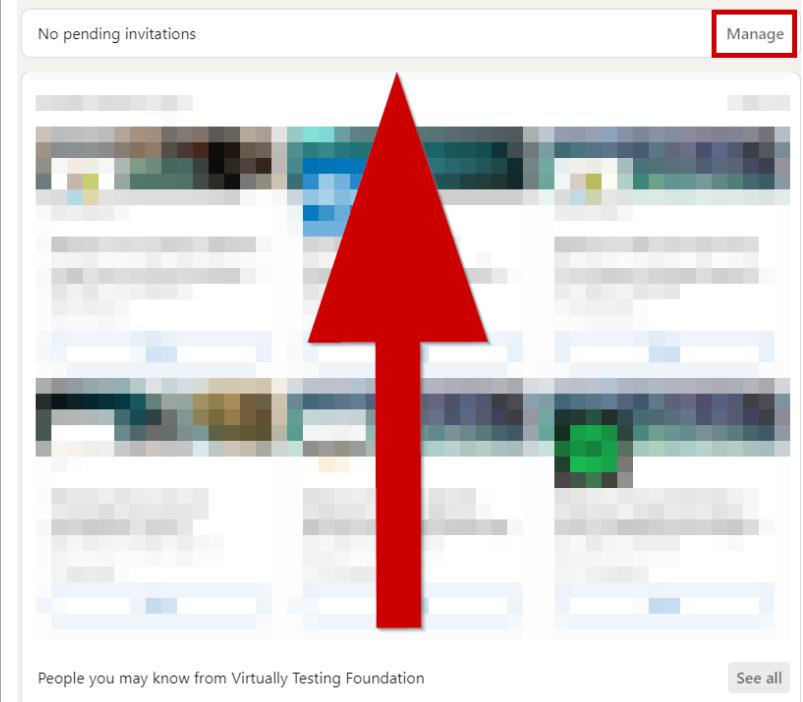
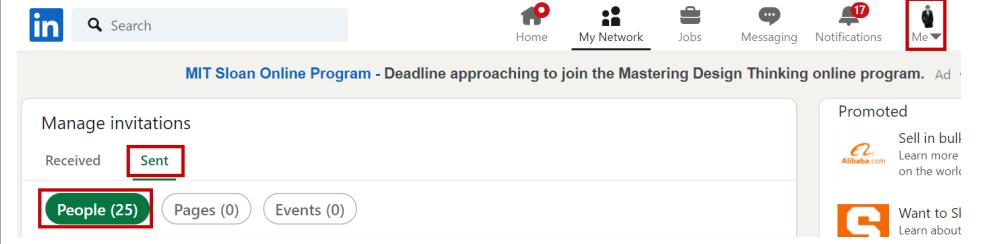
Now go ahead and start making connections with your fellow interns. Once you have added **5** connections, exit out of the window.

People you may know from Virtually Testing Foundation

Connect Connect Connect Connect

Connect Connect Connect Connect

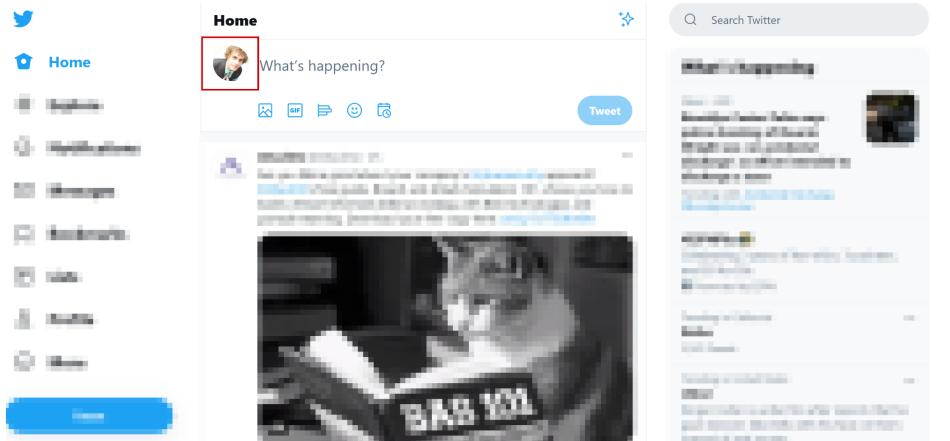
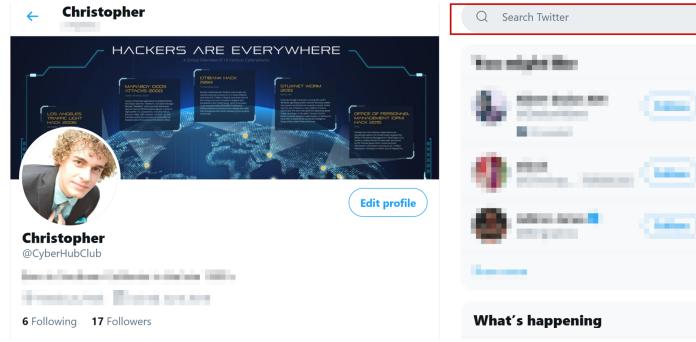


Step 4	<p>Scroll up to where it says “pending invitations,” or in my case “no pending invitations” and select “manage” on the right side.</p>	
Step 5	<p>Lastly, select “sent” and take a look at the number of people you have sent invitations to. The sent invitations should be at least 5.</p>	



Learn, Test, and Share!

Twitter

Step 1	<p>Start by signing into Twitter. On the home page, click on your face icon next to “What’s happening?”</p>	
Step 2	<p>Navigate to the right-hand side and select “Search Twitter”. In the search bar type in #VTFOct21</p> <p>During the first week, it may be hard to find people as the people may not have created their posts yet. If this happens, search for VTFoundation and try to follow interns who have followed VTFoundation.</p>	



Learn, Test, and Share!

Step 3	<p>Hover over the intern's name and click "follow" on the pop-up window. Then move on to the next intern. Do this 5 times with different interns. I know this is not fun, but growing your circle will be very helpful for you.</p>	<p>The screenshot shows a Twitter profile for Sahil Mahalle (@sahil_mahalle). A red box highlights his name 'Sahil Mahalle'. A red arrow points from this box to a 'Follow' button inside a pop-up window. Another red box highlights the 'Follow' button, and a red arrow points from it to the text 'Select follow'. At the bottom right of the pop-up, another red box highlights the 'Like' button with the number '5', and a red arrow points from it to the text 'Like the post'.</p>
Step 4	<p>Once you are done following 5 other interns, click the home button on the left.</p>	<p>The screenshot shows the Twitter mobile interface. On the left is a sidebar with navigation icons: Home (highlighted), Notifications, Direct messages, Mentions, Lists, Trends, and Help. The main area is the 'Home' feed, which includes a post by 'Sahil Mahalle' with a photo of a person holding a book titled 'BAB 101'.</p>



Learn, Test, and Share!

Follow a Technical Page/ Institute/ Personality [Optional]

Step 1:
Twitter

You **must** follow this Organization :
[@CloudSecurityAlliance \(@cloudsa\)](https://twitter.com/cloudsa)



The screenshot shows the Twitter profile of the CloudSecurityAlliance account (@cloudsa). The profile picture is the CSA logo, which includes the text "cloud security alliance®". The header image features a person working at a computer with the text "CSA CloudBytes" overlaid. The bio describes the CSA as "The cybersecurity industry's go-to webinar program to learn about new technologies, emerging trends, and latest tips for cloud security, all while earning CPE credits from home." A QR code is visible in the top right corner of the header area. The "Follow" button is located in the bottom right corner of the header. Below the header, the account name "CloudSecurityAlliance" with a verified checkmark and the handle "@cloudsa" are displayed. A bio section states: "The CSA is a not-for-profit organization with a mission to promote the use of best practices for providing security assurance within Cloud Computing". It also mentions "Joined March 2009". At the bottom, it shows "234 Following" and "15.3K Followers".



Learn, Test, and Share!

Step 2: LinkedIn	<p>You must follow this Personality Organization :</p> <p>Cloud Security Alliance</p>	
-----------------------------	--	---

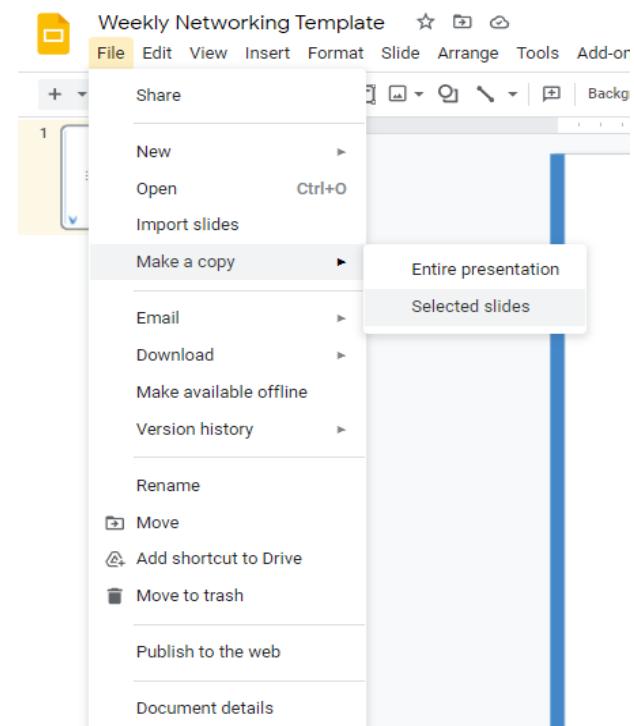
Creating A Post [Optional]

Note	<p>You will be creating one post for this week either on twitter or linkedin. Share what you learned in this particular week along with it's visual representation in the template that was provided.</p>
-------------	---



LinkedIn

[Optional if you are creating on twitter]

Step 1.a	<p><u>Copy this template</u></p> <p>Make a copy of this template. Do not request edit access.</p> <p>Rename the copy to Week_#_NetworkPost where # is the week number.</p>	
----------	--	--



Step 1.b	<p>Once you have the template in your drive make changes for the points and images as you feel..</p> <p>Note:</p> <ul style="list-style-type: none">● Do not change the VTF Logo and the color scheme.● You must keep the content of the post strictly professional.● You must update the points and Images. Do not post the template without updating it.	<ul style="list-style-type: none">● Key Learnings_1● Key Learnings_2● Key Learnings_3
----------	--	---



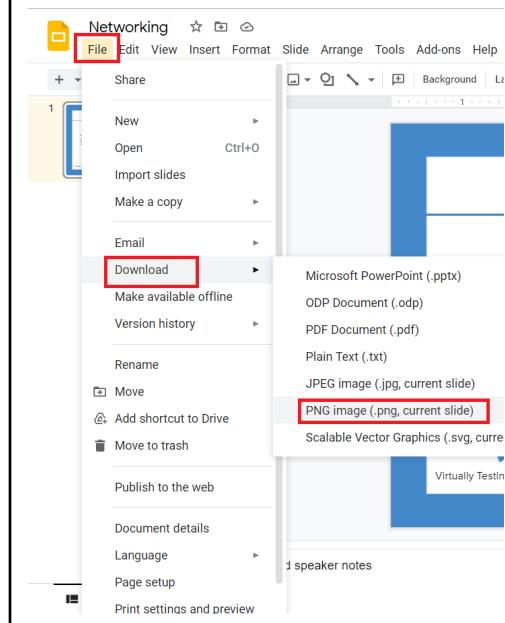
Step 2

Once you are happy with the Banner, Download it and save it as "**Week_{#}_NetworkPost.png**".

Make sure you download it as a PNG.

Note: The {#} stands in place of the week number you are currently in. So if you are in week 6 of your internship the file would say:

Week_7_NetworkPost.png





Step 3 a

Now Sign in and go to your home page then select "Photo."

Note: While I was here, I commented on and liked another intern's post. I suggest you get in the habit of doing this, but it is not mandatory.

Chris Repich
Internship Manager at Virtually Testing Foundation

Who viewed your profile 141
Views of your post 35

Access exclusive tools & insights Try Premium Free for 1 Month

My items Groups Events Followed Hashtags Discover more

Bhavesh Dhake • 1st
Hustling & Passionate Cybersecurity Student | Threat Intelligence| Security Re...
11h • 3

Completed one more Learning Path by TryHackMe
If you are learning on TryHackMe, you should definitely give the Pentest+ path a try.
...see more

Issued on 14th April 2021

Try Hack Me

CERTIFICATE OF COMPLETION

Bhavesh Dhake

successfully completed the CompTIA Pentest+ Learning Path

7HM-RHQQLBPVG

Like Comment Share Send

Add a comment... • ☺ 📸

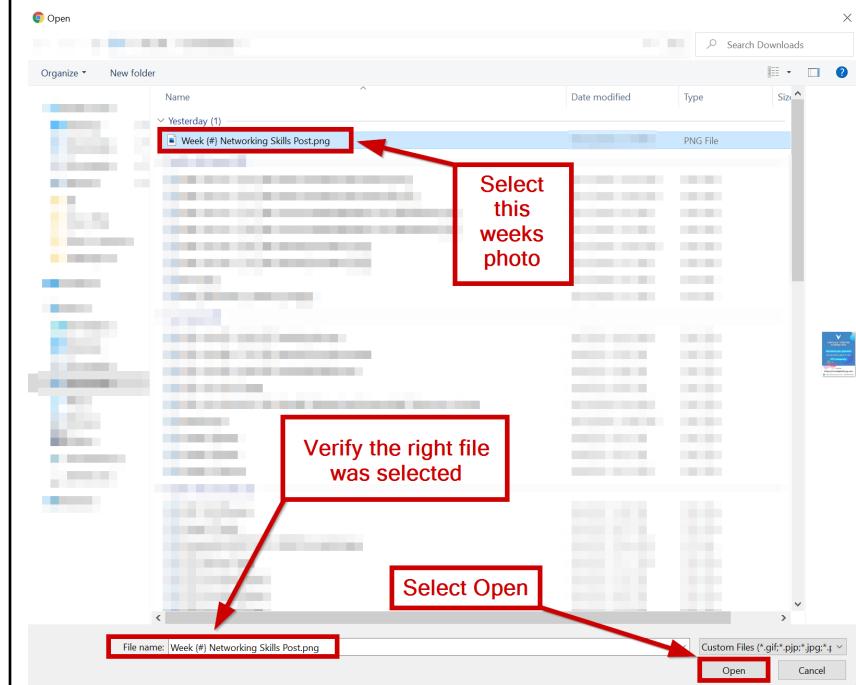
Most relevant

Chris Repich • You Internship Manager at Virtually Testing Foundation now ...
Awesome Job! Love TryHackMe



Step 3 b

Select this week's banner you created and click on Open.
This will **Upload** the photo





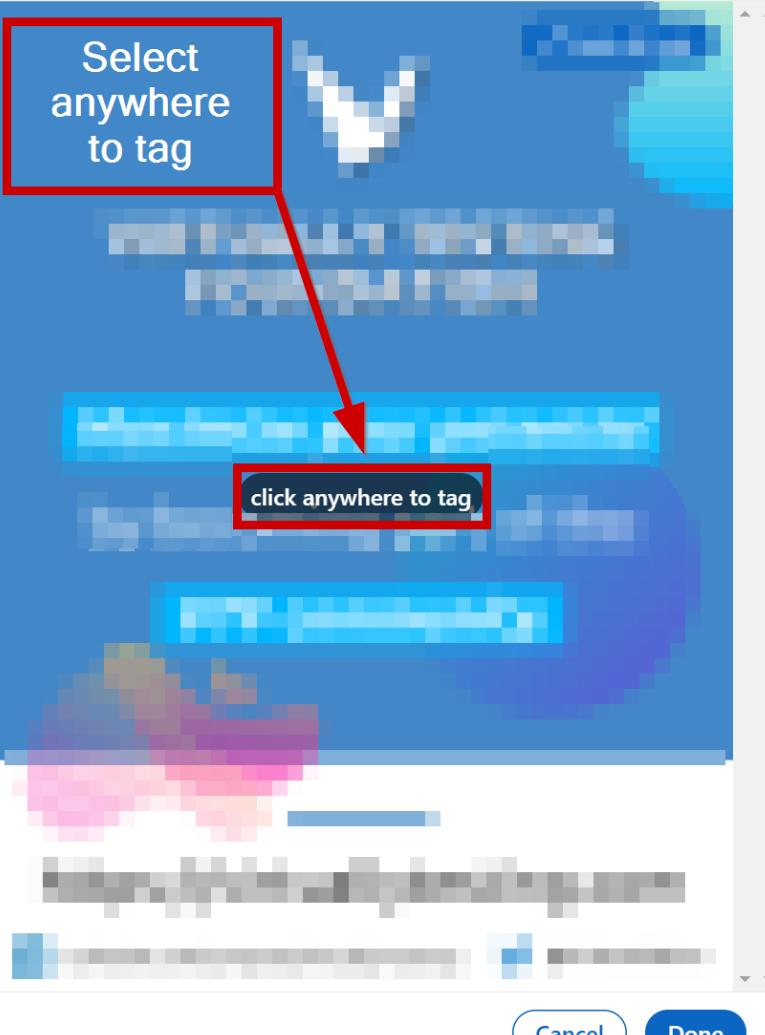
Learn, Test, and Share!

Step 4

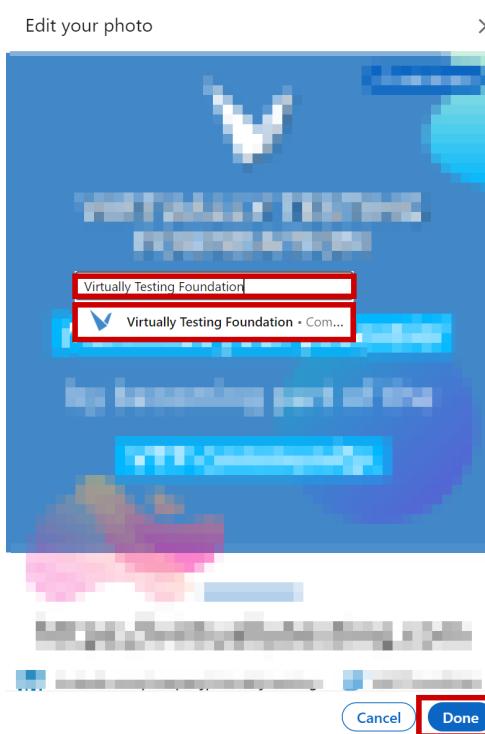
Click on tags →
Next, select anywhere on the photo you uploaded to tag.

Edit your photo

X





Step 5	<p>Type in Virtually Testing Foundation. A menu will pop up while typing. Click on Virtually Testing Foundation. You must do this or you will not tag Virtually Testing properly. Then select “Done”.</p>	
Step 6 a	<p>You can select one of the phrases below or create a phrase on your own. But make sure to tag VTF and use the appropriate hashtags. You won't be graded if you don't follow this convention.</p>	



Step 6 b	<p>Note: Make sure that you click on @Virtually Testing Foundation and all hashtags then select them in the popup menu. If you do not do this you will not tag properly and will not receive full credit as result.</p> <p>You can use one of the following phrases each week to explain what you learned this week at VTF. You must choose a different phrase each week. Do not use the same phrase twice. Choose your phrase at random.</p> <p>Your {title} is “Penetration Testing Intern”</p> <ol style="list-style-type: none">1. {Introduction}<ol style="list-style-type: none">a. As a {Title} at @virtually testing foundation, I learned this weekb. It has been an exciting week at @virtually testing foundation as a {title}. I learnedc. I am excited to be a {title} at @virtually testing foundation. This week, I learnedd. Being a {title} at @virtually testing foundation is going great! This week, I learnede. Here at @virtually testing foundation, being a {title} has been an amazing experience! This week, I learnedf. It's a great experience being a {title} here at @virtually testing foundation. This week, I learnedg. I am learning so much as a {title} here at @virtually testing foundation. This week, I learnedh. @virtually testing foundation has given me a great opportunity as a {title}. This week I learnedi. It has been a productive week as a {title} here at @virtually testing foundation. I learnedj. Thanks to @virtually testing foundation, being a {title} has been a great chance to learn. For example, this week I learned
----------	---



Learn, Test, and Share!

Step 7	<p>After entering in your introduction make sure to click on @Virtually Foundation Foundation. A sub-menu will pop up. Click on Virtually Testing Foundation.</p> <p>If this is done properly, the Virtually Testing Foundation will be BOLD.</p> <p>See the photo below in Step 8</p>	<p>Create a post X</p> <p> Chris Repich Anyone ▾</p> <p>As a {Title} at @Virtually Testing Foundation I learned this week</p> <div style="border: 2px solid red; padding: 5px; margin-top: 10px;">  Virtually Testing Foundation • Company • Information Technology ... </div> <p style="text-align: right; margin-top: 20px;"> Add hashtag #learning #training #networking #help > </p> <p style="text-align: center; margin-top: 20px;">       ... Anyone Post </p>
Step 8	<p>After selecting a random introduction that you did not use in the previous week from the above phrases, describe in your own words what you learned this week from any Virtually Testing assignment you did this week.</p>	<p> Chris Repich Introduction Template</p> <p>As a Director at Virtually Testing Foundation I learned this week</p> <div style="border: 2px solid red; padding: 5px; margin-top: 10px;"> {What I Learned} Brief summary of what you learned this week at VT </div>



Step 9	<p>To the right is an example of how the {What I Learned} template could look like in your post. Do not copy what I wrote as it is not from the correct week. If you do this, you will not receive full credit. This must be done in your own words.</p> <p>Make sure to update your correct title and do not copy the one given in the example.</p>	<p>Create a post X</p> <hr/> <p> Chris Repich Anyone ▾</p> <p>As a Director at Virtually Testing Foundation I learned this week that creating Networking Guides is very time intensive. Thankfully, I have a wonderful staff to help!</p> <p>Add hashtag #networking #help #training #testing ></p> <p> Anyone Post</p>
--------	--	---



Step 10	<p>Next add in these hashtags: #VTfoundation #VTFOct21</p> <p>Make sure to update your correct title and do not copy the one given in the example.</p> <p>To the right is an example. Do not copy what I wrote as it is not from the correct week. If you do this, you will not receive full credit. This must be done in your own words.</p>	<p>Create a post X</p> <p>Shreyansh Shukla Anyone ▾</p> <p>As an Internship Proctor at Virtually Testing Foundation, I learned this week that creating Networking Guides is very time-intensive. Thankfully, I have a wonderful staff to help!</p> <p>#VTfoundation #VTFOct21 #internships</p> <p>Add hashtag #internship #testing #career #education ></p> <p> ... Anyone Post</p>
---------	---	---



Step 11	<p>Verify that all the information is correct. Start by checking that your post is grammatically correct, words are spelled correctly, the correct photo is attached, the @ is done correctly, and the hashtags have been done properly. If you have done this correctly, your post should look like mine on the right.</p> <p>Make sure to update your correct title and do not copy the one given in the example.</p> <p>Once you are done verifying that everything is done correctly, click “post” in the lower right-hand corner of the pop-up window to make this post live.</p>	<p>Create a post X</p> <p>Shreyansh Shukla Anyone ▾</p> <div style="border: 2px solid red; padding: 10px; margin-top: 10px;"><p>As an Internship Proctor at Virtually Testing Foundation, I learned this week that creating Networking Guides is very time-intensive. Thankfully, I have a wonderful staff to help!</p><p>#VTfoundation #VTFOct21 #internships</p></div> <p style="margin-top: 20px;">Add hashtag #internship #testing #career #education ></p> <p style="margin-top: 20px;"> ... Anyone Post</p>
---------	--	---



Twitter

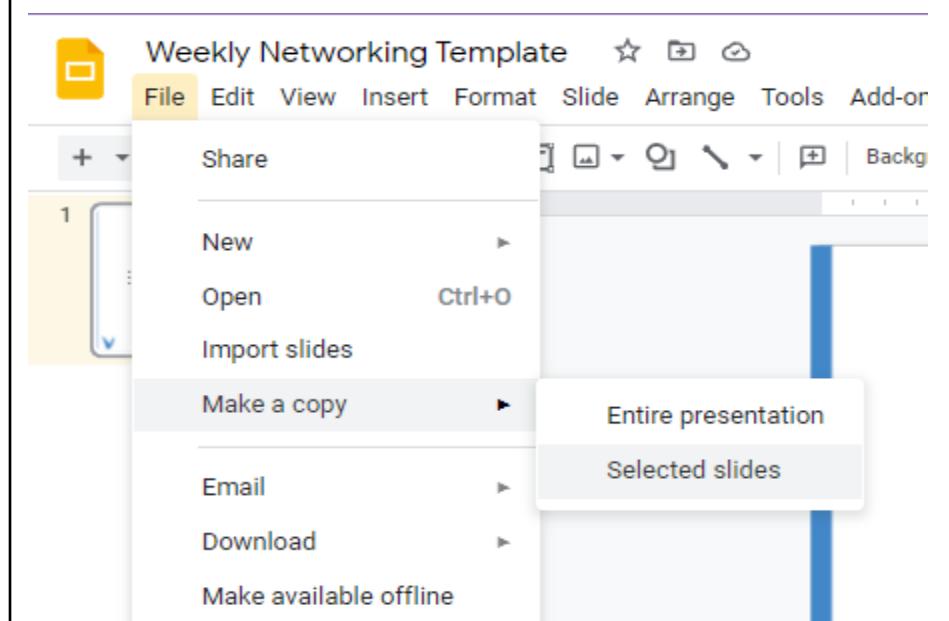
[Optional if you are creating a post on LinkedIn]

Step 1.a

[Copy this template](#)

Make a copy of this template. **Do not request edit access.**

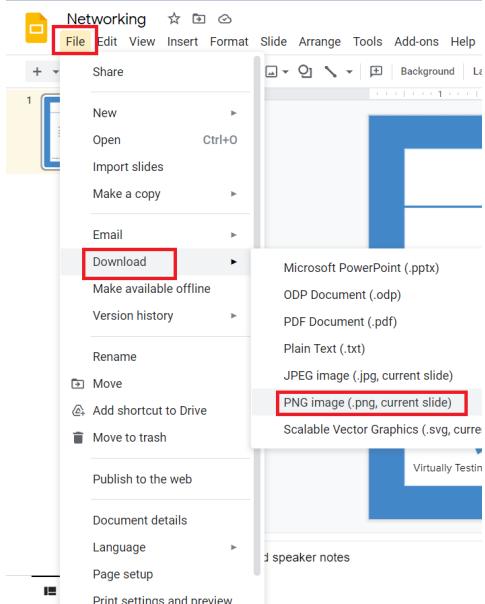
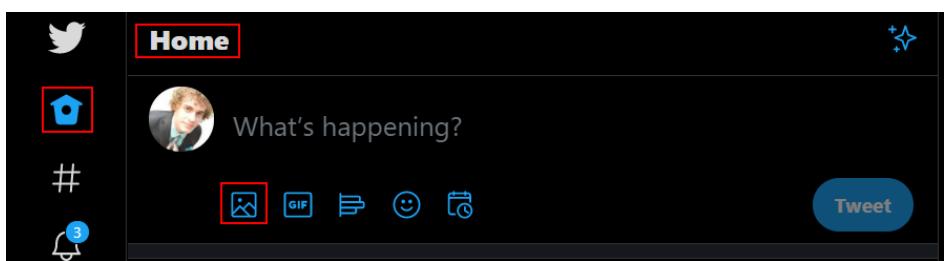
Rename the copy to **Week_#_NetworkPost** where # is the week number.





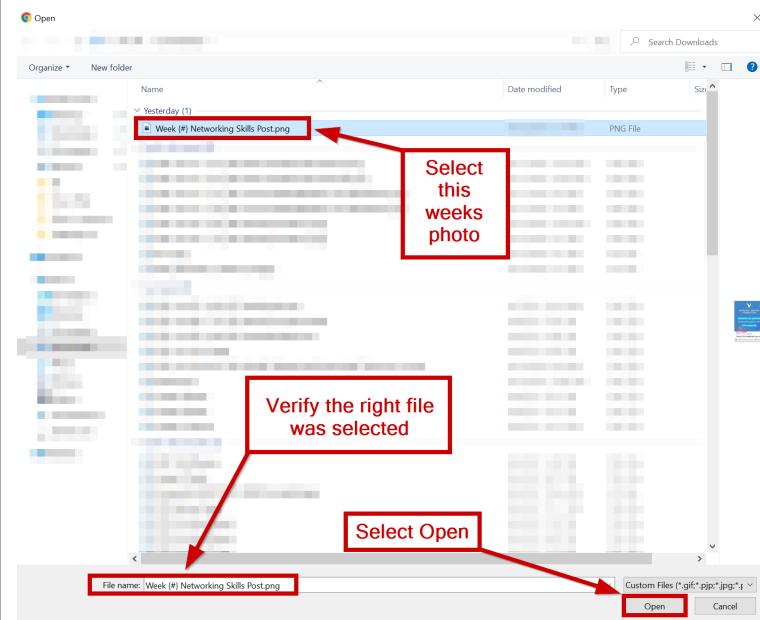
Step 1.b	<p>Once you have the template in your drive make changes as you feel.</p> <p>Note:</p> <ul style="list-style-type: none">• Do not change the VTF Logo and the color scheme.• You must keep the content of the post strictly professional.• You must update the points and optional Images. These are just demo images which have been provided.	<ul style="list-style-type: none">• Key Learnings_1• Key Learnings_2• Key Learnings_3
----------	---	---



Step 2	<p>Once you are happy with the Banner, Download it and save it as "Week_{#}_NetworkPost.png".</p> <p>Make sure you download it as a PNG.</p> <p>Note: The {#} stands in place of the week number you are currently in. So if you are in week 6 of your internship the file would say: Week_7_NetworkPost.png</p>	
Step 3	<p>Log in and go to the home page. Then, under "Home" go to the top where it says "Start a post" and select the Photo icon.</p> <p>Note: Facebook can be used instead of twitter for interns residing in Nigeria.</p>	



Learn, Test, and Share!

Step 4	<p>Step 2: Select the file that you downloaded earlier titled “Week_{#}_NetworkPost.png”</p> <p>Verify you have the correct file then select “Open”.</p> <p>Note: The {#} stands in place of the week number you are currently in. So if you are in week 6 of your internship the file would say: Week 7 Networking Skills Post.png</p>	
--------	--	---



Learn, Test, and Share!

Step 5	<p>Start making your tweet by going to the “What’s happening” section above the “Week {#} Networking Skills Post.png” that you just added.</p>	<p>The screenshot shows the Twitter mobile interface. At the top, there's a profile picture of a person with blonde hair and the text "What's happening?". Below this is a blurred post from "Virtual Testing" with a blue gradient background. At the bottom of the screen, there are several icons: a camera, a GIF icon, a reply icon, a smiley face icon, and a link icon. To the right of these icons is a "Tweet" button. A red box highlights the "Everyone can reply" button, which has a globe icon and the text "Everyone can reply". An arrow points from the text "Make sure everyone can reply" to this button.</p>
--------	--	--



Step 7	<p>Follow steps 7 to 11 in the section creating linkedin post.</p> <p>Notice how the Virtually Testing Foundation did not @ properly. There also may be some spacing or formatting issues.</p> <p>Make sure to update your correct title and do not copy the one given in the example.</p>	<p>Home</p>  <p>As an Internship Proctor at Virtually Testing Foundation, I learned this week that creating Networking Guides is very time-intensive. Thankfully, I have a wonderful staff to help!</p> <p>#VTfoundation #VTFOct21 #internships</p>
Step 8	<p>Make sure that you retype @VirtuallyTestingFoundation as @VTFoundation. A sub-menu will pop up. Select Virtually Testing Foundation.</p> <p>Verify that you have spelled everything correctly and used the proper syntax (@ and #).</p> <p>Note: Keep your overall character count under 280. Otherwise, you will not be able to copy and paste this information into Twitter. If you are concerned about character number use Twitter Character Counter - Check your Tweet length and more!</p>	<p>Home</p>  <p>As an Internship Proctor at @VTF, I learned this week that creating Networking Guides is very time-intensive. Thankfully, I have a wonderful staff to help!</p> <p>#VTfoundation #VTFOct21 #internships</p> <div data-bbox="1170 975 1634 1122"><p> Following</p><p>Virtually Testing Foundation (v @VTFoundation)</p></div> 



Step 9	<p>Verify that you have spelled everything correctly and used the proper syntax (@ and #). If everything is formatted correctly, then click on the “Tweet” button.</p> <p>Make sure to update your correct title and do not copy the one given in the example.</p>	<p>As an Internship Proctor Intern at @VTFoundation, I learned this week that creating Networking Guides is very time-intensive. Thankfully, I have a wonderful staff to help!</p> <p>#VTFoundation #VTFOct21 #internships</p> <p>Foundation</p> <p>"VTF offers entry-level to advanced level technical and non-technical positions"</p> <p>Edit</p> <p>Virtually Testing Foundation (VTF)</p> <p>Add description</p> <p>Everyone can reply</p> <p>Tweet</p>
Note	<p>If the word count is full you may use your own discretion and bring it under the word count.</p> <p>Do not remove the tags and Hashtags.</p>	



Submitting Your Work To Google Form [Optional]

Step 1

Go to the current week's "Networking Skills Assignment" section in google form.

Networking Assignment Submission

Make sure to validate your links before submitting. If your links are not valid you won't be graded for that assignment.

Social Media Post Link *

Enter either LinkedIn or Twitter Post Link. You can refer to the networking guide on getting the post links.

Your answer

Have you Followed / Connected with 5 Interns? *

- Yes
 No

Have you Followed / Connected with the Technical Page / Institute / Personality that was provided in the guide? *

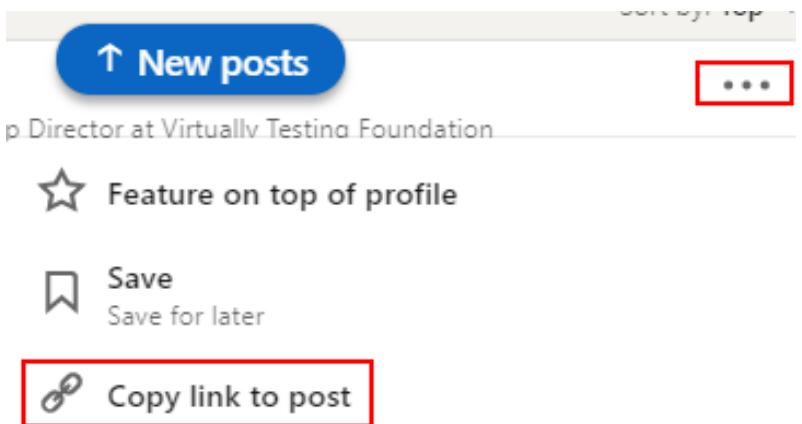
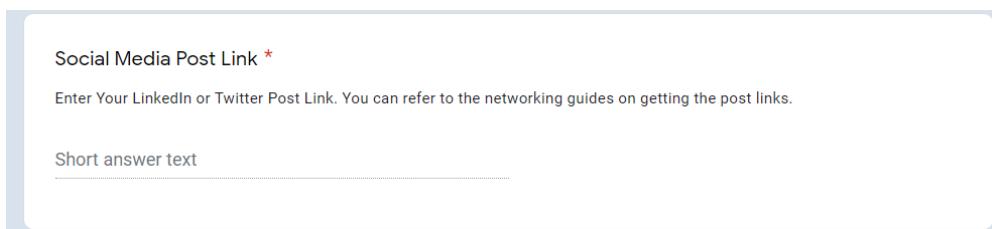
- Yes
 No

Back

Next

Clear form



Note:	<ul style="list-style-type: none">• If you have created a post on linkedin follow steps 2.a & 2.b• If you have created post on twitter follow steps 3.a, 3.b & 3.c	
Step 2 a	<p>Go to your Linkedin post that you just created and click on the three dots.</p> <p>Then select “Copy link to post”</p>	
Step 2 b	<p>Now go back to your google form.</p> <p>Scroll down and paste the “URL” of the Linkedin post you copied!</p>	



Learn, Test, and Share!

Step 3 a	<p>Now go to your home page on Twitter and select the post you just created.</p>	<p>The screenshot shows the Twitter mobile application interface. On the left, a sidebar menu includes Home, Explore, Notifications, Messages, Bookmarks, Lists, Profile, and More, with a prominent blue 'Tweet' button. Below the sidebar is the user's profile picture and name, Christopher @CyberHubClub. The main area displays a tweet from Christopher, which has been highlighted with a red box. The tweet content is: "As a Director at @VTFoundation I learned this week that creating Networking Guides is very time intensive. Thankfully, I have a wonderful staff to help!" It also includes hashtags #VTFoundation #VTFJuly21 #internships. Below the tweet is a graphic for "VTF community." with a link to https://virtuallytesting.com. At the bottom of the screen, there are standard social media interaction icons for quote, retweet, like, and share.</p>
----------	--	--



Learn, Test, and Share!

Step 3 b	Go up to the URL field and copy the URL.	
Step 3 c	<p>Now go back to your google form. Scroll down and paste the “URL” of the Twitter post you copied!</p>	<p>Social Media Post Link *</p> <p>Enter Your LinkedIn or Twitter Post Link. You can refer to the networking guides on getting the post links.</p> <p>Short answer text</p>



Step 4	<p>Check Yes, if you have followed and connected with at least 5 interns on Twitter and LinkedIn and 1 Technical Account.</p> <p>NOTE: This is a mandatory part of the Networking Assignment and you are required to connect / follow 5 interns & 1 Technical Account.</p>	<p>Have you Followed / Connected with 5 Interns? *</p> <p><input type="radio"/> Yes</p> <p><input type="radio"/> No</p> <p>Have you Followed / Connected with the Technical Page / Institute / Personality that was provided in the guide? *</p> <p><input type="radio"/> Yes</p> <p><input type="radio"/> No</p>
Step 5	<p>Once you are done with pasting either twitter post link or the linkedin post link. Click on submit.</p>	



Reminder

All Interns are required to participate in our Networking Skills Assignment. If you do not participate you will be removed from the internship and your access to our content will be revoked.

You must complete the following tasks and submit them in the Google Form:

- Create a **LinkedIn OR Twitter** post and submit the link
- Connect with 5 interns on LinkedIn
- Follow 5 interns on Twitter
- Connect and follow a [Technical Page/Institute/Personality](#) shared by us.

Note: Interns residing in Nigeria can submit Facebook links instead of twitter links.

There are a total of 4 tasks