

## Essential Drugs List - Ayurveda

(A) Asava Arista							
Sr No	Name of Medicine	Reference text	Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/IPD)
1.	Abhayarishta	AFI	200 ml	Arsha, Agnimandya, Udararoga, Vibandha	12 - 24 ml	NS	Both
2.	Amritarishta	AFI	200 ml	Sarvajvara, Jirna Jvara	12 - 24 ml	NS	Both
3.	Aragvadarishta	AH	200ml	Kandu, Tvak Vikara, Vibandha	12 - 24 ml	NS	Both
4.	Aravindasava	AFI	200 ml	Balaroga, Balakshaya, Agnimandya, Aruchi	12 - 24 ml	NS	Both
5.	Arjunarishta/ Parthadyarishta	AFI	200 ml	Hridroga, Hridrava, Hrid-daurbalya, Moha, Murchha	12 - 24 ml	NS	Both
6.	Ashokarishta	AFI	200 ml	Asrigdara, Shveta Pradara, Yoniroga	12 - 24 ml	NS	Both
7.	Ashvagandharishta	AFI	200 ml	Murchha, Apasmara, Shosha, Unmada, Karshya	12 - 24 ml	NS	Both
8.	Balarishta	AFI	200 ml	Daurbalya, Vataroga, Agnimandya, Karshya	12 - 24 ml	NS	Both
9.	Chandanasava	AFI	200 ml	Shukrameha, Mutrakriccha, Hridroga	12 - 24 ml	NS	Both
10.	Dashamularishta	AFI	200 ml	Vata Vyadhi, Daurbalya, Prasavottara roga	12 - 24 ml	NS	Both
11.	Drakshasava	AFI	200 ml	Aruchi, Hridroga, Pandu Daurbalya, Kshaya	12 - 24 ml	NS	Both
12.	Draksharishta	AFI	200 ml	Agnimandya, Kasa, Shvasa, Urahkshata, Kshaya, Malavarodha, Daurbalya	12 - 24 ml	NS	Both
13.	Jirakadyarishta	AFI	200 ml	Sutikaroga, Agnimandya, Atisara, Grahaniroga	12 - 24 ml	NS	Both
14.	Kanakasava	AFI	200 ml	Kasa, Shvasa, Rajayakshma, Kshatakshina	12 - 24 ml	NS	Both
15.	Kumaryasava	AFI	200 ml	Rajodushti, Krichhartav, Paktishula, Parinamashula,	12 - 24 ml	NS	Both
16.	Kutajarishta	AFI	200 ml	Grahaniroga, Pravahika, Raktatisara, Agnimandya	12 - 24 ml	NS	Both
17.	Khadirarishta	AFI	200 ml	Tvak Roga, Kushtha, Krimi, Arbuda	12 - 24 ml	NS	Both
18.	Lodhrasava/Rodhrasava	AFI	200 ml	Prameha, Pradara, Arsha Garbhasayaroga,	12 - 24 ml	NS	Both
19.	Lohasava	AFI	200 ml	Pandu, Kamala, Shotha, Hridroga, Daurbalya	12 - 24 ml	NS	Both
20.	Mustakarishta	AFI	200 ml	Agnimandya, Ajirna,	12 - 24 ml	NS	Both

				Grahaniroga, Visuchika			
21.	Pippalyadyasava	AFI	200 ml	Grahaniroga, Agnimandya, Gulma, Udararoga,	12 - 24 ml	NS	Both
22.	Rohitakarishtha	AFI	200 ml	Pliha, Udararoga, Gulma, Kamala	12 - 24 ml	NS	Both
23.	Sarasvatarishtha	AFI	200 ml	Apasmara, Manasa Dosha, Smritibhransha, Udvega	12 - 24 ml	NS	Both
24.	Ushirasava	AFI	200 ml	Pittajaroga, Daha, Trisha, Pittaja Netravvyadhi	12 - 24 ml	NS	Both
25.	Vasakasava	AFI	200 ml	Kasa, Shvasa, Raktapitta	12 - 24 ml	NS	Both
26.	Punarnavasava	AFI	200 ml	Shotha, Pliha- Yakridroga, Mutraroga	12 - 24 ml	NS	Both

### (B) Arka Kalpana

Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
27.	Arka Yavani/Arka Ajvayana	AFI	50 ml	Trikshula, Agnimandya, Anaha,	10 - 25 ml	NS	Both
28.	Arka Shatpushpa/Mishr eyarka	AFI	50 ml	Mandagni, Adhamana, Shula, Krimi,Yonishula	10 - 25 ml	NS	Both
29.	Arka Pudina	AFI	50 ml	Chhardi, Ajirna, Udarashula, Agnimandya	10 - 25 ml	NS	Both

### (C) Avaleha, Khand, Pak Kalpana

Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
30.	Agastya Haritaki / Agastya Rasayana	AFI	100 gm	Hikka, Kasa, Shvasa, Rasayana	5 - 15 gm	NS	Both
31.	Bilvadi Leha	AFI	100 gm	Jirna Pravahika, Aruchi, Agnimandya, Praseka, Chhardi	10 - 50 gm	NS	Both
32.	Brahama Rasayana	AFI	100 gm	Manodaurbalya, Jara, Smritibhransha	10-15 gm	NS	Both
33.	Chitraka Haritaki	AFI	100 gm	Pinasa, Kasa, Shvasa,	10 - 50 gm	Pregnancy, Pitta Prakriti, Paittika Roga	Both
34.	Chyavanprash Avaleha	AFI	100 gm	Kasa,Shvasa, Rasayana	12-24 gm	NS	Both
35.	Drakshavaleha	AFI	100 gm	Pandu, Kamala, Halimaka, Daurbalya, Kshaya	6-12 gm	NS	Both
36.	Haridrakhanda Paka	AFI	100 gm	Shitapitta, Kandu Visphota,	6 gm	NS	Both

				Dadru,Udarda, Kotha			
37.	Kutajavaleha	AFI	100 gm	Atisara, Grahaniroga, Pravahika	6 -12 gm	NS	Both
38.	Kalyanak Guda	AFI	100 gm	Udararoga, Gulma, Bhagandar, Arsha	6-12 gm	NS	Both
39.	Kantakaryavaleha	AFI	100 gm	Hikka, Kasa, Shvasa, Jirna Pratishaya, Parshvashula	6-12 gm	NS	Both
40.	Kushmandaka Rasayana	AFI	100 gm	Kasa, Shvasa, Urahkshata, Kshaya, Raktapitta, Amlapitta	6-12 gm	NS	Both
41.	Puga Khanda/ Supari Paka	AFI	100 gm	Vandhyaroga, Pradara, Somaroga, Garbhadosha, Daurbalya	6-12 gm	NS	Both
42.	Saubhagyashunthi Paka	AFI	100 gm	Prasavottara Lakshana, Sutikaroga, Agnimandya,	10-50 gm	NS	Both
43.	Shatavariguda	AFI	100 gm	Rajodosha, Yonidosha, Asrigdara, Padadaha, Karshya	6 -12 gm	NS	Both
44.	Vasavaleha	AFI	100 gm	Kasa , Shvasa, Jvara, Parshvashula	6-12 gm	Pregnancy	Both
45.	Vyaghri Haritaki	AFI	100 gm	Kasa, Shvasa, Svarakshaya, Pratishyaya, Pinasa	6-12 gm	Pregnancy	Both

#### (D) Kvatha Churna/Kashayam

Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
46.	Dashamula Kvatha Churna	AFI	100 gm	Jvara, Sutikadosha, Shula, Shotha, Vatavyadhi	25-50 ml	Rasakshaya, Bahumutrata	Both
47.	Dashmula Katutraya Kvatha Churna	AFI	100 gm	Shvasa,Kasa,Parshvashula, Vataroga	25-50 ml	NS	Both
48.	Dhanyapanchaka Kashaya Churna	AFI	100 gm	Amashula, Amatisara, Agnimandya, Aruchi	25-50 ml	NS	Both
49.	Guduchyadi Kashaya Churna	AH	100gm	Agnimandhya, Pitta Dushti, Jvara	25-50 ml	NS	Both
50.	Indukantam Kashayam Churna	SY	100 gm	Vata Roga,Kshaya	25-50 ml	NS	Both
51.	Pancha-vaikala Kashaya Churna	SS	100 gm	Vranashotha,Upadansha, Shveta Pradara	100 ml Kvatha for washing wound/ vaginal douche	NS	Both
52.	Pathyadi Kvatha(Shadanga) Churna	AFI	100 gm	Shiroroga, Bhru-shankha-Karna Shula, Ardhabheda, Suryavarta	25-50 ml	Chhardi, Atisara, Ativirechana	Both

						janya Rasaksh aya, Vatapra kopa	
53.	Phalatrikadi Kvatha Churna	AFI	100 gm	Kamala, Pandu	25-50 ml	Chhardi, Atisara, Ativirec hana janya Rasaksh aya, Vatapra kopa	Both
54.	Rasnasaptaka Kashaya Churna	AFI	100 gm	Janghashula, Urushula, Parshvashula, Trikshula, Prishashula	25-50 ml	Concom itant use of Eranda Taila in Garbhini	Both
55.	Shadanga Kvatha Churna	AFI	100 gm	Trishna, Jvara	25-50 ml	Nausea due to bitterness	Both
56.	Trinapanchamula Kvatha Churna	AFI	100 gm	Mutrakricchra	25-50 ml	NS	Both
57.	Varunadi Kvatha Churna	AFI	100 gm	Ashmari, Mutrasthila	25-50 ml	NS	Both
58.	Vasaguduchyadi Kashaya Churna	AH	100gm	Pandu, Raktapitta	25-50 ml	NS	Both

### (E) Guggulu

Sr No	Name of Medicine	Refere nce Text	Dispen sing Pack Size	Main Indications	Dose and Mode of Administration	Precautio n/ Contraidi cation	Preferred use (OPD/ IPD)
59.	Amritadi Guggulu	BR	10 gm	Vata Rakta, Dushtavrana, Charma Vikara	500 mg - 1 gm	Long term use in pregnancy	Both
60.	Gokshuradi Guggulu	AFI	10 gm	Prameha, Mutrakricchra, Mutraghata, Ashmari, Pradara	500 mg - 1 gm	Long term use in pregnancy	Both
61.	Kanchanara Guggulu	AFI	10 gm	Galaganda, Gandamala, Apachi, Arbuda, Granthi	500 mg - 1 gm	Long term use in pregnancy	Both
62.	Kaishora Guggulu	AFI	10 gm	Vatashonita, Pramehapidika, Vrana, Kustha	Up - 3 gm	Long term use in pregnancy	Both
63.	Lakshadi Guggulu	AFI	10 gm	Asthibhagna, Asthichyuti, Asthiruja	Up - 3 gm	Long term use in pregnancy	Both
64.	Navak Guggulu	BR	10 gm	Sthaulya, Sandhigata	500 mg - 1	Long term	Both

				Vata	gm	use in pregnancy	
65.	Rasna Guggulu	SS	10 gm	Gridhrasi, Amavata	500 mg - 1 gm	Long term use in pregnancy	Both
66.	Simhanada Guggulu	AFI	10 gm	Amavata, Vatarakta, Sandhi Shula, Agnimandya	Up to 3 gm in divided doses	Pregnancy	Both
67.	Saptavinshati Guggulu	AFI	10 gm	Parshvashula, Kasa Shvasa, Hritshula	Up to 3 gm in divided doses	Pregnancy	Both
68.	Triphala Guggulu	AFI	10 gm	Bhagandara, Arsha, Nadi Vrana, Gulma, Shotha	Up to 3 gm in divided doses	Pregnancy Chronic or recurrent diarrhoea	Both
69.	Trayodashanga Guggulu	AFI	10 gm	Gridhrasi, Sandhigraha, Katigraha	Up to 3 gm in divided doses	Pregnancy	Both
70.	Punarnava Guggulu	AFI	10 gm	Vatarakta, Vriddhiroga, Gridhrasi, Vastigata shula, Amavata	Up to 3 gm in divided doses	Pregnancy	Both
71.	Yogaraja Guggulu	AFI	10 gm	Amavata, Agnimandya, Sandhigatavata	Up to 3 gm in divided doses	Pregnancy	Both

### (F) Ghrita

Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
72.	Brahmi Ghrita	AFI	100 gm	Apasmara, Unmada, Smritikshaya, Budhidaurbalya	10 - 15 gm	NS	Both
73.	Dadimadi Ghrita	AFI	100 gm	Pandu, Parinamshula, Agnimandya	10-15 gm	NS	Both
74.	Guggulutiktaka Ghrita	AH	100gm	Vata Roga	5-10 gm	NS	Both
75.	Jathyadi Ghrita	AH	100gm	Vrana, Dagdha Vrana	To be applied on affected part	NS	Both
76.	Kalyanaka Ghrita	AFI	100 gm	Bhutonmada, Apsmara, Balagraha, Visavikara, Garavisha, Smritidaurbalya	10-15 gm	NS	IPD
77.	Kshirashatpala Ghrita	CS	100 gm	Gulma, Grahaniroga, Pliha	Up to 50 gm	NS	IPD
78.	Panchatikta Ghrita	AFI	100 gm	Dushtavrana, Tvak Vikara	5-10 gm	NS	Both
79.	Phala Ghrita	AFI	100 gm	Yonivyapat	10-15 gm	NS	IPD
80.	Shatavaryadi Ghrita	SY	100 gm	Mutraghata	10-15 gm	NS	IPD
81.	Sukumar Ghrita	AFI	100 gm	Vidvibandha, Udararoga, Gulma, Yonishula, Pliharoga	10-15 gm	NS	Both
82.	Indu kanta Ghrita	AFI	100 gm	Shula, Udara, Vishama Jvara	10-15 gm	NS	IPD
83.	Tiktaka Ghrita	AH	100 gm	Tvakroga	10-15 gm	NS	Both

84.	Triphala Ghrita	AFI	100 gm	Kamala, Timira, Netraroga, Visarpa, Khalitya	10-15 gm	NS	Both
<b>(G) Churna - Multi-ingredient</b>							
<b>Sr N o</b>	<b>Name of Medicine</b>	<b>Refere nce Text</b>	<b>Dispen sing Pack Size</b>	<b>Main Indications</b>	<b>Dose and Mode of Administration</b>	<b>Precau tion/ Contrain dication</b>	<b>Preferred use (OPD/ IPD)</b>
85.	Ajamodadi Churna	AFI	25 gm	Shula, Gridhrasi, Amvata	3-6 gm	NS	Both
86.	Avipattikara Churna	AFI	50 gm	Amlapitta, Vidagdhajirna	3-6 gm	NS	Both
87.	Balachaturbhadra Churna	AFI	25 gm	Jvara, Atisara, Bala Shosha	250 - 500 mg	NS	Both
88.	Bilvadi Churna	CA(U)	50 gm	Shotha, Shula Yukta Bradhna	3-6 gm	NS	Both
89.	Dadimastak Churna	AFI	50 gm	Grahaniroga, Atisara, Aruchi	3-6 gm	NS	Both
90.	Dashanasanskara Churna	AFI	50 gm	Mukha Roga, Danta Roga	Use as tooth powder	NS	Both
91.	Eladi Churna	AFI	25 gm	Kasa, Shvasa	2 -4 gm	NS	Both
92.	Hingvashtaka Churna	AFI	50 gm	Agnimandya, Shula, Gulma, Vataroga	2- 4 gm	NS	Both
93.	Lavanabhaskara Churna/ Bhaskarlavan churna	AFI	50 gm	Agnimandya, Gulma, Ajirna, Grahaniroga, Vatakaphajaroga,	3-6 gm	Shotha, Jalodara, hyperten sion, long term use	Both
94.	Nisha-Amalaki Churna	AH	50 gm	Prameha, Madhumeha	3-6 gm	NS	Both
95.	Pushyanuga Churna	AFI	25 gm	Raktapradara, Shwetapradara, Raktarsha	2-3 gm	NS	Both
96.	Panchanimba Churna	AFI	25 gm	Kshudrakushtha, Mahakushtha, Raktadushti	3- 5 gm	NS	Both
97.	Sitopaladi Churna	AFI	25 gm	Shvasa, Kasa, Kshaya, Urdhvaga Raktapitta	2-3gm	NS	Both
98.	Talishadya Churna	AFI	25 gm	Kasa, Shvasa, Pratishyaya, Jvara	2-4 gm	NS	Both
99.	Trikatu Churna	AFI	25 gm	Arochaka, Ama, Agnimandya	1-2 gm	Paittika Vikara or Prakriti, Raktaj Roga, pregnancy , long term use	Both
100	Triphala Churna	AFI	50 gm	Anaha, Prameha, Netraroga	3-6 gm	Dehydra -tion	Both
101	Jatiphaladya Churna	AFI	25 gm	Atisara, Pravahika,	1-3 gm	Infantile	Both

				Vatashlaismika Pratishyaya		diarrhea, long term use	
<b>(H) Churna - Single Ingredient</b>							
<b>Sr N o</b>	<b>Name of Medicine</b>	<b>Refere nce Text</b>	<b>Dispen sing Pack Size</b>	<b>Main Indications</b>	<b>Dose and Mode of Administration</b>	<b>Precaution / Contraindi cation</b>	<b>Preferred use (OPD/ IPD)</b>
102	Amalaki Churna	API	50 gm	Prameha, Raktapitta, Amlapitta,Daha	3-6 gm	NS	Both
103	Arjuna Churna	API	50 gm	Hridroga, Prameha	3-6 gm	NS	Both
104	Ashvagandha Churna	API	50 gm	Kshaya, Daurbalya, Vatroga,Klaivya	3-6 gm	Long term use may increase blood pressure	Both
105	Gokshura Churna	API	50 gm	Mutraghata, Mutrashmari, Vrishya, Rasayana	2-5 gm	NS	Both
106	Guduchi Churna	API	50 gm	Kushtha, Jvara,Vatarakta,Kam ala,Pandu, Prameha	3-6 gm	NS	Both
107	Haritaki Churna	API	50 gm	Vibandha, Udararoga	3-6 gm	Debility, pregnancy, dehydration , Paittika Roga,	Both
108	Pippali Churna	API	25 gm	Rasayana, Jvara, Shvasa, Kasa	1-2 gm	Long term use in higher doses	Both
109	Pippali mula Churna	API	25 gm	Udararoga, Anaha, Gulma, Shiroroga	500mg -1 gm	NS	Both
110	Punarnava Churna	API	50 gm	Shotha, Pandu	2-3 gm	NS	Both
111	Shunthi Churna	API	25 gm	Amavata, Agnimandya Udararoga,Shvasa	2- 3 gm	NS	Both
112	Sarasvata Churna	BR	25 gm	Medhya, Smriti and Buddhi Vardhaka	1-2 gm	NS	Both
113	Trivritamul Churna / Trivrita Churna	API	25 gm	Malabandha, Gulma, Udararoga	2-3gm	Dehydrat ion, malnutrit ion, long term use	Both
114	Vidanga Churna	API	50 gm	Krimiroma, Medoroga	5-10 gm	May prevent or disrupt conception	Both
115	Yashtimadhu/ Madhuyashti/ Yashti Churna	API	50 gm	Rasayana,Kasa, Shvasa, Vranaropana, Kshaya, Svarbheda	Up to 12 gm	Obesity, hypertensio n, oedema, long term	Both

						use	
<b>(I) Taila</b>							
<b>Sr No</b>	<b>Name of Medicine</b>	<b>Refere nce Text</b>	<b>Dispen sing Pack Size</b>	<b>Main Indications</b>	<b>Dose and Mode of Administration</b>	<b>Precautio ns</b>	<b>Preferred use (OPD/ IPD)</b>
116.	Anutaila	AFI	10 ml	Urdhvajatrugataroga, Palitya	2-10 drops for nasal administration	NS	Both
117.	Apamargkshara Taila	AFI	10 ml	Badhira, Karnanada, Karnagutha	2-5 drops in each ear	NS	Both
118.	Bala Taila	AFI	50 ml	Kshata, Kshaya, Vatavyadhi, Shosha, Gulma	For Abhyanga	NS	Both
119.	Balashvagandhadi Taila	AH	50 ml	Balaroga	For Jwara	NS	Both
120.	Bhringaraja Tail	BR	50 ml	Keshapata, Shiroroga, Khalitya, Indralupta	For Nasya, Shiroabhyanga, Kavalgraha	NS	Both
121.	Dhanvantar Taila/Dhanvantar Taila Avarti	AFI	10 ml	Vataroga, Pakshavadha, Dhatukshaya, Sutikaroga, Balaroga	10-30 drops for internal use	Amadosha	Both
122.	Eranda Taila	CD	50 ml	Vatavikara, Gridhrasi, Vibandha, Katishula	10-30 ml	Peri-conceptio n period, long term use in pregnancy	Both
123.	Erimedadi Taila	AFI	25 ml	Mukha Roga , Dantaroga	For Kavalgraha, Pratisarana, Nasya, Shirodharana	NS	Both
124.	Gandharvahasta Taila	AFI	50 ml	Vidradhi, Udara, Mahavataroga, Gulma, Udavarta	6-12 ml	Ajirna, Amavast ha	Both
125.	Jatyadi Taila	AFI	25 ml	Vrana, Vranashotha	Application on wound or injury	NS	Both
126.	Kshirbala Taila / Kshirbala Taila Avarti (Shatapaki)	AFI	50 ml	Vatarakta, Vataroga, Sukradosha, Rajodosha, Karshya	Internal use: 10-12 ml External use: Abhyanga and Nasya	NS	Both
127.	Kottamachukkadi Taila	AFI	50 ml	Vataroga, Amavata, Angasthambha	For Abhyanga	NS	Both
128.	Karpuradi Taila	SY	50 ml	Khalli, Angavedana, Sandhivedana	For Abhyanga	NS	Both
129.	Kasisadi Taila	AFI	25 ml	Arsha	External use for Arshankura	NS	Both
130.	Laghuvishagarbha Taila	AFI	50 ml	Vataroga, Pakshaghat,	For Abhyanga	NS	Both
131.	Marichyadi Taila	AFI	25 ml	Kandu, Vicharchika	Application on affected part	NS	Both
132.	Mahanarayan Taila	AFI	50 ml	Vataroga, Pakshaghata, Ardita, Vandhyatva	For Abhyanga, Nasya, Anuvasana Vasti	NS	Both



133.	Brihanmasha Taila /Mahamash Taila	AFI	50 ml	Ardita , Shirokampa, Vidradhi, Bahushosha, Avabahuka	For Abhyanga	NS	Both
134.	Murivenna Tail	SY	50 ml	Abhighataja Vedana and Vata Vikara	For Abhyanga	NS	Both
135.	Narayana Taila	AFI	50 ml	Vataroga, Pangu, Shirogatavata, Manyastambha, Hanustambha	Internal use: 6 gm External use: f Nasya, Abhyanga and Anuvasana Vasti	NS	Both
136.	Nalpamaradi Taila	AFI	25 ml	Tvakroga, Kushta, Pama, Kandu	For Pratisarana, Abhyanga	NS	Both
137.	Nirgundi Taila	BR	25 ml	Nadivrana, Pama, Apachi, Gandamala, Galaganda	Internal use: 15- 30 ml External use: Abhyanga and 2-6 drops for Nasya or Karnapuran	NS	Both
138.	Panchaguna Taila	AFI	50 ml	Sandhigatvata, Karnashula,Vrana	For Abhyanga, wound dressing Karnapurana or Karnabindu	NS	Both
139.	Pinda Taila	AFI	50 ml	Vataraktaruja, Daha	Used externally for Abhyanga	NS	Both
140.	Prasarini Taila	AFI	50 ml	Vataroga,Gridhrasi, Khanja, Panguvata	For Abhyanga over affected body part	Not to be used in Guda roga, Krishna rogi, Ajirna, Vomit, Kritnasya, Virikta	IPD
141.	Sahacharadi Taila/ Brihatsahcharadi Taila	AFI	50 ml	Vatavyadhi, Kampa, Unmada, Pinasa, Yoniroga, Akshepa	Internal use: 6-12 ml External use for Abhyanga	NS	IPD
142.	Saindhavadi Taila	AFI	50 ml	Kaphavataja Nadivrana,	For Abhyanga	NS	IPD
143.	Shadabindu Taila	AFI	10 ml	Drishtidaurbalya, Keshashata, Shiroroga,	For Nasya, Kavalgraha, Abhyanga, Shiroabhyanga	NS	IPD
144.	Somaraji Taila /Bakuchi Taila	AFI	25 ml	Shvitra, Kushtha	For local application on affected body part	Disconti - nue if excessive irritation, vescication, extensive hyperpigmentation appears	Both

### (J) Lavana & Kshara

Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
145.	Apamarga Kshar	AFI	10 gm	Gulma, Grahani, Shvasa, Sharkara, Ashmari	125-500 mg	NS	Both
146.	Yavakshar	AFI	10 gm	Adhamana, Anaha, Gulma, Mutrakricchra	500 mg - 1 gm	NS	Both
147.	Ksharsutra	CD	30 Cm thread of 20 No	Bhagandara, Arsha, Nadvirana, Charmkila	To be applied on affected part	NS	IPD

### (K) Lepa for local application

Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
148.	Dashanga Lepa	AFI	50 gm	Visarpa, Sthanika Shotha, Kushtha	To apply on affected part	NS	Both
149.	Shveta Malaham	AFI	25gm	Agnidagdha	To apply on affected part	NS	Both
150.	Sarjarasa Malahara	RTSSP S	25 gm	Dushta Vrana, Arsha, Gudapaka, Vidarika	To apply on affected part	NS	Both

### (L) Vati & Gutika

Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
151.	Abhayadi Modakam	SS	20 gm	Malabandha	2-4 modakam	NS	Both
152.	Bilvadi Gutika	AFI	5 gm	Vishuchika, Ajirna, Garadosha, Jvara	1-2 pills	NS	Both
153.	Chandraprabha Vati	AFI	5 gm	Prameha, Mutrakricchra, Mutraghata, Ashmari, Striroga, Daurbalya, Pandu, Kamala	250 mg	NS	Both
154.	Chitrakadi Gutika	AFI	5 gm	Agnimandya, Amadosha, Grahaniroga	250-500 mg	Pregnancy, Uterine bleeding, Pitta Prakriti, Raktpittaj Roga, long term use	Both
155.	Dhanvantar Gutika	AFI	5 gm	Kasa, Shvasa, Hridroga, Yakshma, Hikka	250 -500 mg	NS	Both
156.	Eladi Gutika	AFI	10 gm	Kasa, Shvasa, Chhardi, Bhrama, Svarabheda, Raktanishthivana	500 mg -1 gm	NS	Both
157.	Kankayan Gutika	AFI	10 gm	Gulma, Krimi, Arsha	500 mg- 1 gm	NS	Both

158.	Khadiradi Gutika (Mukhroga)	AFI	10 gm	Mukhdaurgandhya, Mukhapaka, Dantaroga, Galaroga	1 - 2 pills	NS	Both
159.	Kutajaghan Vati	AFI	5 gm	Atisara, Grahani, Jvaratisara	250-500 mg	NS	Both
160.	Lavangadi Vati	AFI	5 gm	Kasa, Shvasa	1-2 pills	NS	Both
161.	Lahsunadi Vati	AFI	10 gm	Visuchika, Ajirna, Atisara	500 mg -1 gm	Hyperacidity, Peptic Ulcer, Pitta Prakriti, history of Raktapitt aja Vikara	Both
162.	Prabhakara Vati	AFI	5 gm	Hridroga, Daurbalya	125-250 mg	NS	Both
163.	Rajahpravartini Vati	AFI	5 gm	Rajorodha, Kastartava	250 mg	Pregnancy, lactation, excessive Uterine Bleeding, kidney disease, discontinue in case of severe abdominal pain	Both
164.	Samshamani Vati / Guduchighana Vati	AFI	5 gm	Jvara, Jirna Jvara, Vishma Jvara, Daha	250-500 mg	NS	Both
165.	Sarpagandhaghana Vati	AFI	5 gm	Anidra, Manodvega	250-500 mg	Concomi tant use of medicines made of Vatsanab ha or Gok shuru, anti hyperten sives/ depressa nts/ psychotropic medicines postural hypotens ion, bradycar dia	Both
166.	Sanjivani Vati	AFI	5 gm	Mandagni, Ajirna, Gulma, Visuchika, Sarpadamsha	125 mg	Pitta Prakriti individuals, hyper sensitivity to Bhallataka, patients having history of Raktapittaja Vikara, pregnancy,	Both

						cardiac arrhythmia, long term use	
167.	Vettumaran Gulika	SY	5 gm	Jvara, Chhardi, Mutraghata, Gulma	250-375 mg	NS	Both

### (M) Varti, Netrabindu, Anjana

Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
168.	Elanirkuzambu/Nalikeranjan	AFI	25 ml	Netravrana, Arma, Timira, Pittaja Netraroga, Abhishyanda	1-2 drops to be instilled in eyes	NS	Both

### (N) Sattva

Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
169.	Guduchi Sattva	AFI	25 gm	Jvara, Vatarakta, Kamala, Prameha	500 mg- 1gm	NS	Both

### (O) Parpati

Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
170.	Panchamrita Parpati	AFI	5 gm	Grahani, Atisara, Agnimandya, Kshaya	125- 250 mg	Peri-conceptual period, pregnancy, lactation period, kidney disease, small children	Both
171.	Shveta Parpati/Kshara Parpati	AFI	10 gm	Ashmari, Mutrakriccha, Mutraghata	500 mg- 1 gm	NS	Both

### (P) Pishti Kalpana

Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
172.	Akika Pishti	AFI	5 gm	Hriddaha, Hridroga, Kshaya, Shiroroga, Kasa,	125 -- 250 mg	NS	Both
173.	Mukta Pishti	AFI	2 gm	Manodosha, Unmada,	65-125 mg	NS	IPD

				Hridroga			
174.	Pravala Pishti	AFI	5 gm	Kasa, Pittaroga, Manodaurbalya, Ojakshya, Hridroga	250 mg	NS	Both
<b>(Q) Bhasma</b>							
Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution / Contraindication	Preferred use (OPD/ IPD)
175.	Godanti Bhasma	AFI	10 gm	Shirahshula, Pitta Jvara, Jirnajvara, Daha	500 mg- 1 gm with ghee, sugar, warm milk or water	NS	Both
176.	Jaharamohara Bhasma	AFI	5 gm	Hridroga, Raktapitta, Arsha, Raktaj Pravahika	250- 500 mg	NS	Both
177.	Kapardika Bhasma	AFI	5 gm	Parinamashula, Agnimandya, Karnasrava	250 mg	Not to be used on change of physical characteristics	Both
178.	Mandur Bhasma	AFI	5 gm	Kamala, Pandu	250-500 mg	NS	Both
179.	Muktashukti Bhasma	AFI	5 gm	Udarashula, Jvara, Pitta Jvara, Raktajroga	250-500 mg	NS	Both
180.	Shankha Bhasma	AFI	5 gm	Agnimandya, Amlapitta, Vidagdhajirna, Parinamashula,	250 mg	NS	Both
181.	Sphatika Bhasma	AFI	5 gm	Jvara, Kaphaja Vrana, Shvitra, Visarpa,, Raktasrava, Yonibhransha	125-250 mg	NS	Both
182.	Tankana Bhasma/ Saubhagya Bhasma	AFI	5 mg	Kasa, Shvasa	125 - 250 mg	NS	Both
<b>(R) Mandura</b>							
Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution / Contraindication	Preferred use (OPD/ IPD)
183.	Punarnavadi Mandura	AFI	5 gm	Pandu, Shotha, Pliharoga	250-500 mg	NS	Both
<b>(S) Rasayoga</b>							
Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precautions	Preferred use (OPD/ IPD)
184.	Arogyavardhini Vati/Rasa	AFI	5 gm	Kushta, Medoroga, Jvara	250-500 mg	Old age, paediatric	Both

						age group, periconceptional period, pregnancy, lactation period, kidney disease, karshaya	
185.	Arsho Kuthara Rasa	BR	5 gm	Arsha	250 mg	NS	Both
186.	Brahmi Vati	AFI	5 gm	Bhrama, Manoroga, Aptantrak, Akshepa, Hriddaurbalya	125-250 mg	NS	Both
187.	Gandhak Rasayana	YR	5 gm	Kushta, Raktadushti, Prameha	250-500 mg	Hypersensitivity, loose motions	Both
188.	Kamadudha Rasa	RYS	5 gm	Amlapitta, Raktapitta, Daha, JirnaJvara, Pradara	125-250 mg	NS	Both
189.	Laghmalini Vasanta Rasa	AFI	5 gm	Kshaya, Yakshma, Pradara, Netraroga, Arsha, JirnaJvara	125- 250 mg	Kidney disease, long term use	Both
190.	Laghu Sutashekhara Rasa	AFI	5 gm	Pittaja Shirahshula, Ardhabhedaka, Suryavarta, Daha, Urdhvaga raktapitta	250-500mg	Long term use, pregnancy lactation period, paediatric age group	Both
191.	Navajivana Rasa	RTS	2 gm	Hridya , Balya, Shulahara	625-125 mg	Long term use, hypertension, pregnancy	Both
192.	Shankha Vati	AFI	5 gm	Grahani, Atisara, Amajirna, Visuchika, Shula	250-500 mg in divided doses	Kidney disease, bradycardia, arrhythmia, hypotension, long term use, periconceptional period, pregnancy,	Both

						lactating mothers and debilitate patients	
193.	Shirahshuladi vajra Rasa	AFI	5 gm	Shirahshula, Shiroroga	250-500 mg in single or divided dose	Kidney disease, long term use, periconcepti onal period, pregnancy, lactating mothers, debilitay ed patients	Both
194.	Shvasakuthara Rasa	AFI	5 gm	Kasa, Shvasa, Vatakaphaja Roga	125-250 mg	Kidney disease, bradycar dia, arrhyth mia, hypotens ion, long term administ ration, periconc eptional period, pregnancy, lactating mothers, debilitate patients	IPD
195.	Smritisagara Rasa	AFI	5 gm	Apasmara, Smriti Daurbalya	125-250 mg	NS	Both
196.	Tribhuvankirti Rasa	AFI	5 gm	Jvara, Pratishyaya, Kasa	125-250 mg	Bradycar dia, arrhythm ias, small children, Vrikka Roga, long term administ ration, periconc eptional period, pregnancy, debilitate	Both

						patients	
197.	Vatagajankusha Rasa	BR	5 gm	Vata Roga, Avabahuka, Urustambha, Pakshaghata, Gridhrasi	250 mg	Long term use, Vrikka Roga, peri-concepti onal period, pregnancy, lactation and debilitate patients	IPD
198.	Vatavidhavansan Rasa	AFI	5 gm	Vatajashula, Sutika Vata, Grahaniroga	250 mg	NS	IPD
<b>(T) Lauha</b>							
<b>Sr No</b>	<b>Name of Medicine</b>	<b>Refere nce Text</b>	<b>Dispen sing Pack Size</b>	<b>Main Indications</b>	<b>Dose and Mode of Administration</b>	<b>Precautio n/ Contrain dication</b>	<b>Preferred use (OPD/ IPD)</b>
199.	Navayasa Lauha	AFI	5 gm	Pandu, Kamala, Hridroga	250 mg	NS	Both
200.	Saptamrita Lauha	AFI	5 gm	Timira, Drishtimandya	250 mg	NS	Both