

About Me Outline

1. Introduction
 - a. Most people have nicknames that describe them
 - i. Mine was the Comeback Kid - something I did not think described me
2. It all started when...
 - a. I was 8 years old, my parents enrolled us kids in Taekwondo
 - b. I always thought I was the “weak” one of the kids based off the way people treated me
 - c. Eventually I got to the belt level where I could spar (explain sparring)
 - i. I would always lose against my sister & others
 - ii. Since she was the “strong” one all the time and I was the “weak” one, I thought that this was normal
 - iii. My brother made a bet with me
 1. If I won, I’d get \$20
 2. If I lost, I’d owe him a penny
 3. Obviously, I accepted
 4. I ended up winning, and my instructor called me the Comeback Kid
 5. I didn’t think much of it, all I was thinking about was the money I was about to get
3. A few years pass...
 - a. I’m 15 years old, just got my black belt and have several trophies from Taekwondo tournaments
 - b. Even though all this happened, I still felt like I was the “weak” one
 - i. It was my reality
4. Went to college...
 - a. First semester was fine
 - b. Second semester - took 2 math classes at the same time, along with other classes
 - i. I ended up dropping one because of anxiety attack
 - ii. Second math class led to more issues
 1. Professor told me I was the only one not understanding
 2. I got frustrated
 - a. Did what any college student would do - called my Mom
 - b. She reminded me that I was “The Comeback Kid”
 - i. I had forgotten about the nickname at the time
 3. I went back to class refreshed
 - a. Got an email at end of semester from Professor - I got the best grade in the class
 4. Similar stories have continued to happen to me
5. Moral of the story - I needed someone to tell me I can’t do something to prove that I could
 - a. Wouldn’t have realized this without my Taekwondo instructor or parents