

Remote Life Satisfaction Survey

Helping us understanding and enhance your remote work environment

At ABC Company, we value your feedback and are committed to continuously improving our remote work environment. The purpose of this survey is to gather insights into your experiences, challenges, and satisfaction with working remotely.

Your honest responses will help us identify areas for enhancement and ensure that we provide the necessary support and resources for your well-being and productivity.

Thank you for taking the time to share your thoughts with us.

Employer ID 1234 Name Ann Liz **Department Finance Position** Accountant **Years with the Company** 1 year Length of time working remotely 1 year How satisfied are you with your 5/5 current remote work environment? Do you have a dedicated workspace at Yes home? How would you rate your internet 2/5 connection at home? Do you have all the necessary Yes equipment to perform your job effectively? 9. Do you need further equipment to Erganomic Keyboard improve your productivity? If so, what

10. Any comments you would like to add?

I want an Microsoft erganomic keyboard

are they?

File Upload



How has remote work affected your work-life balance?

Improved

How often do you work outside of your regular hours?

Sometimes

How easy is it for you to take breaks while working remotely?

4/5

Do you feel you have more, less, or the same amount of free time compared to working in the office?

Less free time

How effective are your communication tools (e.g., email, chat, video conferencing)?

4/5

How often do you communicate with your team?

Daily

How clear is the communication from management?

5/5

How easy is it to collaborate with colleagues while working remotely?

5/5

How easy is it to collaborate with colleagues while working remotely?

Increased

How would you rate your ability to focus on tasks when working remotely?

4/5

What challenges do you face in maintaining productivity while working remotely?

Nothing

How satisfied are you with your job 4 / 5 overall?

How motivated do you feel to perform 4 / 5 your job while working remotely?

Do you feel your contributions are valued by the company?

Yes

How likely are you to recommend remote work to a friend or colleague?

How would you rate your overall physical health since working remotely?

4/5

4/5

How would you rate your overall mental health since working remotely?

4/5

Do you feel you have adequate support for your mental well-being from your employer?

Yes

Have you had access to professional development opportunities while working remotely?

Yes

How satisfied are you with the professional development opportunities provided while working remotely?

5/5

Do you feel your career growth has been impacted by remote work?

Positively

How satisfied are you with the support provided by the company for remote work?

5/5

What additional support or resources would help you in your remote work?

Nothing

What do you like most about working remotely?

Nothing

What do you like least about working remotely?

Nothing

Do you have any suggestions for improving the remote work experience?

Nothing