In Power BI, you can apply a theme to a report dashboard by following these steps: Here I am using the microsoft Sample Dataset Supplier Quality Analysis Sample PBIX

1. Obtain a JSON Theme File:

-- First, make sure you have the JSON theme file ready on your computer.

2. Open Your Power BI Report:

-- Launch Power BI and open the report to which you want to apply the theme.

3. Navigate to "View" Tab:

-- In Power BI Desktop, go to the "View" tab in the top menu.

4. Click on "Themes":

-- In the "View" tab, you'll find an option called "Themes." Click on it.

5. Select "Browse for Themes":

-- In the "Themes" dropdown, select "Browse for Themes"." This will help to browse the JSON Files in your computer.

6. Choose the JSON Theme File:

-- A file dialog will open. Browse your computer to select the JSON theme file you want to apply. Once selected, click "Open."

7. Apply the Theme:

-- The JSON theme file content will be imported into the Theme in Power BI.

8. Save Your Report:

-- After applying the theme, make sure to save your Power BI report to retain the theme settings.