

VARIETIES OF TEA



Tea comes in a wide variety of types, each with its own unique flavors, aromas, and preparation methods. Here are some of the most common varieties of tea



Black Tea

This is a fully oxidized tea with a strong flavor and dark color. Varieties include Assam, Darjeeling, Earl Grey, and English Breakfast.



Green tea is minimally oxidized, preserving its green color and fresh taste. Examples include Sencha, Matcha, and Gunpowder.



Herbal Tea

Technically not true teas, herbal teas are made from herbs, spices, flowers, and fruits. Examples include chamomile, peppermint, hibiscus, and rooibos.



Various teas are flavored with fruits, flowers, spices, and essential oils. Examples include jasmine tea, chai, and fruity blends.



