Dish: Soup		(Calorific (in dish) * Weight (g))/100		(Proteins (in dish) * Weight (g))/100		(Fats (in dish) * Weight (g))/100		(Carbs (in dish) * Weight (g))/100	
Ingridien	Calorific (100g)	Calorific (in dish)	Proteins (100g)	Proteins (in dish)	Fats (100g)	Fats (in dish)	Carbs (100g)	Carbs (in dish)	Weight in dish
potato	83	166	2	4	0,1	0,2	19,7	39,4	
onion	43	129	1,7	5,1	0	0	9,5	28,5	
carrot	33	33	1,3	1,3	0,1	0,1	7	7	
rice	323	129,2	7	2,8	0,6	0,24	73,7	29,48	
stewed meat	530	636	18,9	22,68	52	62,4	0	0	
CPFC for dish(sum):		1093,2		35,88		62,94		104,38	