

## Gene

**CLCN1**

## Associated Diseases

Myotonia Congenita, Autosomal Recessive  
Myotonia Congenita, Autosomal Dominant  
Thomsen And Becker Disease

## Phenotype

### **Skeletal muscle hypertrophy**

Hypertrophy (increase in size) of muscle cells (as opposed to hyperplasia, which refers to an increase in the number of muscle cells).

### **Muscle weakness**

Reduced strength of muscles.

### **Autosomal dominant inheritance**

A mode of inheritance that is observed for traits related to a gene encoded on one of the autosomes (i.e., the human chromosomes 1-22) in which a trait manifests in heterozygotes. In the context of medical genetics, an autosomal dominant disorder is caused when a single copy of the mutant allele is present. Males and females are affected equally, and can both transmit the disorder with a risk of 50% for each child of inheriting the mutant allele.

### **Muscle stiffness**

A condition in which muscles cannot be moved quickly without accompanying pain or spasm.

### **Myalgia**

Pain in muscle.

### **Dysphagia**

Difficulty in swallowing.

### **EMG abnormality**

Abnormal results of investigations using electromyography (EMG).

### **Lid lag on downgaze**

Delayed descent of the upper eyelid on downgaze. Also described by some authors as von Graefe sign.

### **EMG: myotonic runs**

Spontaneous, repetitive electrical activity demonstrated by electromyography (EMG).

### **Muscle hypertrophy of the lower extremities**

Muscle hypertrophy primarily affecting the legs.

### **Handgrip myotonia**

Difficulty releasing one's grip associated with prolonged first handgrip relaxation times.

**Percussion myotonia**

A localized myotonic contraction in a muscle in reaction to percussion (tapping with the examiner's finger, a rubber percussion hammer, or a similar object).

**Autosomal recessive inheritance**

A mode of inheritance that is observed for traits related to a gene encoded on one of the autosomes (i.e., the human chromosomes 1-22) in which a trait manifests in individuals with two pathogenic alleles, either homozygotes (two copies of the same mutant allele) or compound heterozygotes (whereby each copy of a gene has a distinct mutant allele).

**Myotonia with warm-up phenomenon**

Myotonia that occurs after a period of rest and decreases with continuing exercise.

**Myotonia**

An involuntary and painless delay in the relaxation of skeletal muscle following contraction or electrical stimulation.