

IAAF SCORING TABLES OF ATHLETICS

TABLES DE COTATION D'ATHLETISME DE L'IAAF



2014 REVISED EDITION

By Dr Bojidar Spiriev
Updated by Attila Spiriev
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PRESIDENT'S MESSAGE FOR IAAF SCORING TABLES

MESSAGE DU PRÉSIDENT À PROPOS DES TABLES DE COTATION DE L'IAAF

AUTHORS' INTRODUCTION

The Scoring Tables of Athletics are based on exact statistical data and according to the following principles:

The scores in the tables of different events cover equivalent performances. Therefore, the tables can be used to compare results achieved in different athletic events.

Due to obvious biological differences, it is not proposed to fully compare men's and women's performances. Thus, the system contains scoring tables for men's and women's events respectively.

The tables are progressive, which means that the same improvement of results at higher levels leads to a greater increase in the scores. For example, to improve from 8.30m to 8.60m in the Long Jump is obviously more difficult than to improve from 6.30m to 6.60m. The degree of progressivity in the running (walking, hurdling) events is different than in the jumping and in the throwing events due to biomechanical reasons.

The **IAAF Scoring Tables of Athletics** can be used for multiple purposes, including:

- **To determine the Result Score of a performance for the World Rankings;**
- **To evaluate the competitions;**
- **To establish the best athlete award in a specific competition;**
- **To produce national, club, school and other rankings;**
- **To use it in championships of clubs, etc.**

To make comparisons easier, events are edited as follows:

- **Sprints, Hurdles and Relays**
- **Middle Distances**
- **Long Distances and Steeplechase**
- **Road Running**
- **Race Walking**
- **Jumping and Throwing events and Decathlon/Heptathlon**

Should a performance fall between two results on the tables the lower score shall be considered.

In view of tradition and in effort to keep things simple, the Scoring Tables include only whole number scores for expressing performances.

Hand times:

- **Sprints and Hurdles up to 200m: add 0,24 sec**
- **300m, 400m and 400m Hurdles: add 0,14 sec**

The tables are being continuously reviewed. When noted, discrepancies shall be removed and, if necessary, new events shall be added so that the Scoring Tables are always accurate and up to date.

Dr. Bojidar Spiriev
(1932-2010)

The 2014 edition of the IAAF Scoring Tables of Athletics contains 91 athletic events (46 for men and 45 for women).

The yearly statistical data were analysed every year since the last edition of the IAAF Scoring Tables, including the results of 2011, 2012 and 2013. As it is natural after a 3-year period, certain results and scores became disproportionate, corrections of different volumes had to be made with creating new formulas in the following events:

- **Men's 110mH, 300m, 400m, 400mH, 4x100m, 4x400, 800m, 10km Race Walk, High Jump, Pole Vault, Long Jump, Triple Jump, Discus Throw, Hammer Throw, Javelin Throw, Decathlon**
- **Women's 100m, , 100mH, 200m, 300m, 400m, High Jump, Pole Vault, Triple Jump, Heptathlon**

I would like to thank András Szabó, Project Manager of All-Athletics.com, for his assistance in preparing this revised edition of Dr. Bojidar Spiriev's IAAF Scoring Tables of Athletics.

Attila Spiriev

INTRODUCTION DES AUTEURS

Les Tables de Cotation d'Athlétisme sont basées sur des données statistiques exactes, établies selon les principes suivants :

Les points attribués aux différentes épreuves dans les tables couvrent des performances équivalentes. Ces tables peuvent donc être utilisées pour comparer les résultats obtenus dans différentes épreuves d'athlétisme.

En raison de différences biologiques évidentes, il n'est pas possible de comparer totalement les performances des hommes et celles des femmes. Le système comprend donc des tables de cotation séparées pour les épreuves masculines et féminines.

Les tables sont progressives, ce qui signifie qu'une amélioration des résultats au plus haut niveau conduit à une augmentation plus importante des points. A titre d'exemple, progresser de 8,30m à 8,60m au saut en longueur masculin est évidemment plus difficile à réaliser que passer de 6,30m à 6,60m. Le degré de progressivité dans les courses diffère de celui observé dans les sauts et les lancers pour des raisons biomécaniques.

Les **Tables de Cotation d'Athlétisme de l'IAAF** peuvent être utilisées à des fins multiples :

- **Déterminer la valeur en points d'une performance pour les Classements Mondiaux ;**
- **Evaluer les compétitions ;**
- **Récompenser le meilleur athlète dans une compétition donnée ;**
- **Etablir des classements nationaux, d'écoles ou de clubs, et bien d'autres ;**
- **Une application aux championnats de clubs, etc.**

Pour faciliter les comparaisons, les épreuves sont groupées comme suit :

- **Sprints, Haies et Relais**
- **Courses de Demi-Fond**
- **Courses de Longue Distance et de Steeple**
- **Courses sur Route**
- **Epreuves de Marche**
- **Epreuves de saut, lancer et Décathlon / Heptathlon**

Si une performance se situe entre deux valeurs affichées dans les tables, la valeur inférieure devra être prise en compte.

Dans le respect de la tradition et dans un souci de simplification, les tables de cotation expriment les performances uniquement en nombres entiers.

Temps manuels :

- **Sprints et Haies jusqu'à 200m : ajouter 0" 24**
- **300m, 400m et 400m Haies : ajouter 0" 14**

Les tables sont constamment réexaminées. Si des écarts sont observés, ils seront gommés et, si nécessaire, de nouvelles épreuves seront ajoutées afin que les tables de cotation demeurent précises et d'actualité.

Dr Bojidar Spiriev
(1932-2010)

Men's Sprints, Hurdles and Relays

Hommes Sprints, Haies et Relais

by Dr. Bojidar Spiriev
updated by Attila Spiriev

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
1400	9.46	12.28	-	29.54	41.97	44.86	35.84	1:15.42	2:47.10
1399	-	-	18.90	29.55	41.98	44.88	35.85	1:15.44	2:47.16
1398	-	12.29	18.91	29.56	41.99	44.89	35.86	1:15.46	2:47.22
1397	-	-	-	29.57	42.00	44.91	35.88	1:15.49	2:47.28
1396	9.47	12.30	18.92	29.58	42.02	44.93	35.89	1:15.51	2:47.33
1395	-	-	-	29.59	42.03	44.95	35.90	1:15.54	2:47.39
1394	-	-	18.93	29.60	42.04	44.97	35.91	1:15.56	2:47.45
1393	-	12.31	18.94	29.61	42.06	44.98	35.92	1:15.59	2:47.51
1392	9.48	-	-	29.62	42.07	45.00	35.94	1:15.61	2:47.57
1391	-	12.32	18.95	-	42.08	45.02	35.95	1:15.64	2:47.63
1390	-	-	-	29.63	42.10	45.04	35.96	1:15.66	2:47.69
1389	9.49	12.33	18.96	29.64	42.11	45.06	35.97	1:15.69	2:47.75
1388	-	-	18.97	29.65	42.12	45.08	35.98	1:15.71	2:47.81
1387	-	12.34	-	29.66	42.14	45.09	36.00	1:15.73	2:47.87
1386	-	-	18.98	29.67	42.15	45.11	36.01	1:15.76	2:47.93
1385	9.50	12.35	-	29.68	42.16	45.13	36.02	1:15.78	2:47.99
1384	-	-	18.99	29.69	42.18	45.15	36.03	1:15.81	2:48.05
1383	-	12.36	19.00	29.70	42.19	45.17	36.04	1:15.83	2:48.11
1382	-	-	-	29.71	42.20	45.18	36.06	1:15.86	2:48.17
1381	9.51	12.37	19.01	29.72	42.22	45.20	36.07	1:15.88	2:48.23
1380	-	-	-	29.73	42.23	45.22	36.08	1:15.91	2:48.29
1379	-	12.38	19.02	29.74	42.24	45.24	36.09	1:15.93	2:48.35
1378	9.52	-	19.03	29.75	42.26	45.26	36.11	1:15.96	2:48.41
1377	-	12.39	-	29.76	42.27	45.28	36.12	1:15.98	2:48.47
1376	-	-	19.04	29.77	42.28	45.29	36.13	1:16.01	2:48.53
1375	-	12.40	-	29.78	42.30	45.31	36.14	1:16.03	2:48.59
1374	9.53	-	19.05	29.79	42.31	45.33	36.15	1:16.05	2:48.65
1373	-	12.41	-	29.80	42.32	45.35	36.17	1:16.08	2:48.71
1372	-	-	19.06	29.81	42.34	45.37	36.18	1:16.10	2:48.77
1371	-	12.42	19.07	29.82	42.35	45.39	36.19	1:16.13	2:48.83
1370	9.54	-	-	29.83	42.36	45.40	36.20	1:16.15	2:48.89
1369	-	12.43	19.08	29.84	42.38	45.42	36.21	1:16.18	2:48.95
1368	-	-	-	29.85	42.39	45.44	36.23	1:16.20	2:49.01
1367	9.55	12.44	19.09	29.86	42.40	45.46	36.24	1:16.23	2:49.08
1366	-	-	19.10	29.87	42.42	45.48	36.25	1:16.25	2:49.14
1365	-	12.45	-	29.88	42.43	45.49	36.26	1:16.28	2:49.20
1364	-	-	19.11	29.89	42.44	45.51	36.28	1:16.30	2:49.26
1363	9.56	12.46	-	29.90	42.46	45.53	36.29	1:16.33	2:49.32
1362	-	-	19.12	29.91	42.47	45.55	36.30	1:16.35	2:49.38
1361	-	12.47	19.13	29.92	42.48	45.57	36.31	1:16.38	2:49.44
1360	-	-	-	29.93	42.50	45.59	36.32	1:16.40	2:49.50
1359	9.57	12.48	19.14	29.94	42.51	45.61	36.34	1:16.43	2:49.56
1358	-	-	-	29.95	42.52	45.62	36.35	1:16.45	2:49.62
1357	-	12.49	19.15	29.96	42.54	45.64	36.36	1:16.48	2:49.68
1356	9.58	-	19.16	29.97	42.55	45.66	36.37	1:16.50	2:49.74
1355	-	-	-	29.98	42.57	45.68	36.38	1:16.53	2:49.80
1354	-	12.50	19.17	29.99	42.58	45.70	36.40	1:16.55	2:49.86
1353	-	-	19.18	30.00	42.59	45.72	36.41	1:16.58	2:49.92
1352	9.59	12.51	-	30.01	42.61	45.73	36.42	1:16.60	2:49.98
1351	-	-	19.19	30.02	42.62	45.75	36.43	1:16.63	2:50.04

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
-	12.52	-	30.03	42.63	45.77	36.45	1:16.65	2:50.10	1350
-	-	19.20	30.04	42.65	45.79	36.46	1:16.68	2:50.16	1349
9.60	12.53	19.21	30.05	42.66	45.81	36.47	1:16.70	2:50.23	1348
-	-	-	30.06	42.67	45.83	36.48	1:16.73	2:50.29	1347
-	12.54	19.22	30.07	42.69	45.84	36.50	1:16.75	2:50.35	1346
9.61	-	-	30.08	42.70	45.86	36.51	1:16.78	2:50.41	1345
-	12.55	19.23	30.09	42.71	45.88	36.52	1:16.80	2:50.47	1344
-	-	19.24	30.10	42.73	45.90	36.53	1:16.83	2:50.53	1343
-	12.56	-	30.11	42.74	45.92	36.54	1:16.85	2:50.59	1342
9.62	-	19.25	30.12	42.75	45.94	36.56	1:16.88	2:50.65	1341
-	12.57	-	30.14	42.77	45.95	36.57	1:16.90	2:50.71	1340
-	-	19.26	30.15	42.78	45.97	36.58	1:16.93	2:50.77	1339
-	12.58	19.27	30.16	42.79	45.99	36.59	1:16.95	2:50.83	1338
9.63	-	-	30.17	42.81	46.01	36.61	1:16.98	2:50.89	1337
-	12.59	19.28	30.18	42.82	46.03	36.62	1:17.00	2:50.96	1336
-	-	-	30.19	42.84	46.05	36.63	1:17.03	2:51.02	1335
9.64	12.60	19.29	30.20	42.85	46.07	36.64	1:17.05	2:51.08	1334
-	-	19.30	30.21	42.86	46.08	36.65	1:17.08	2:51.14	1333
-	12.61	-	30.22	42.88	46.10	36.67	1:17.10	2:51.20	1332
-	-	19.31	30.23	42.89	46.12	36.68	1:17.13	2:51.26	1331
9.65	12.62	-	30.24	42.90	46.14	36.69	1:17.15	2:51.32	1330
-	-	19.32	30.25	42.92	46.16	36.70	1:17.18	2:51.38	1329
-	12.63	19.33	30.26	42.93	46.18	36.72	1:17.20	2:51.44	1328
-	-	-	30.27	42.94	46.20	36.73	1:17.23	2:51.51	1327
9.66	12.64	19.34	30.28	42.96	46.21	36.74	1:17.25	2:51.57	1326
-	-	-	30.29	42.97	46.23	36.75	1:17.28	2:51.63	1325
-	12.65	19.35	30.30	42.98	46.25	36.77	1:17.30	2:51.69	1324
9.67	-	19.36	30.31	43.00	46.27	36.78	1:17.33	2:51.75	1323
-	12.66	-	30.32	43.01	46.29	36.79	1:17.35	2:51.81	1322
-	-	19.37	30.33	43.03	46.31	36.80	1:17.38	2:51.87	1321
-	12.67	19.38	30.34	43.04	46.33	36.82	1:17.40	2:51.94	1320
9.68	-	-	30.35	43.05	46.34	36.83	1:17.43	2:52.00	1319
-	12.68	19.39	30.36	43.07	46.36	36.84	1:17.45	2:52.06	1318
-	-	-	30.37	43.08	46.38	36.85	1:17.48	2:52.12	1317
9.69	12.69	19.40	30.38	43.09	46.40	36.86	1:17.50	2:52.18	1316
-	-	19.41	30.39	43.11	46.42	36.88	1:17.53	2:52.24	1315
-	12.70	-	30.40	43.12	46.44	36.89	1:17.55	2:52.30	1314
-	-	19.42	30.41	43.13	46.46	36.90	1:17.58	2:52.37	1313
9.70	12.71	-	30.42	43.15	46.48	36.91	1:17.61	2:52.43	1312
-	-	19.43	30.43	43.16	46.49	36.93	1:17.63	2:52.49	1311
-	12.72	19.44	30.44	43.18	46.51	36.94	1:17.66	2:52.55	1310
-	-	-	30.45	43.19	46.53	36.95	1:17.68	2:52.61	1309
9.71	12.73	19.45	30.46	43.20	46.55	36.96	1:17.71	2:52.67	1308
-	-	-	30.47	43.22	46.57	36.98	1:17.73	2:52.74	1307
-	12.74	19.46	30.48	43.23	46.59	36.99	1:17.76	2:52.80	1306
9.72	-	19.47	30.49	43.24	46.61	37.00	1:17.78	2:52.86	1305
-	12.75	-	30.50	43.26	46.62	37.01	1:17.81	2:52.92	1304
-	-	19.48	30.51	43.27	46.64	37.03	1:17.83	2:52.98	1303
-	12.76	19.49	30.52	43.28	46.66	37.04	1:17.86	2:53.04	1302
9.73	-	-	30.53	43.30	46.68	37.05	1:17.88	2:53.11	1301

Points	100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
1300	-	12.77	19.50	30.54	43.31	46.70	37.06	1:17.91	2:53.17
1299	-	-	-	30.55	43.33	46.72	37.08	1:17.94	2:53.23
1298	9.74	12.78	19.51	30.56	43.34	46.74	37.09	1:17.96	2:53.29
1297	-	-	19.52	30.57	43.35	46.76	37.10	1:17.99	2:53.35
1296	-	12.79	-	30.58	43.37	46.78	37.11	1:18.01	2:53.42
1295	-	-	19.53	30.59	43.38	46.79	37.13	1:18.04	2:53.48
1294	9.75	12.80	-	30.60	43.39	46.81	37.14	1:18.06	2:53.54
1293	-	-	19.54	30.61	43.41	46.83	37.15	1:18.09	2:53.60
1292	-	12.81	19.55	30.62	43.42	46.85	37.16	1:18.11	2:53.66
1291	9.76	-	-	30.63	43.44	46.87	37.18	1:18.14	2:53.73
1290	-	12.82	19.56	30.64	43.45	46.89	37.19	1:18.16	2:53.79
1289	-	-	19.57	30.66	43.46	46.91	37.20	1:18.19	2:53.85
1288	-	12.83	-	30.67	43.48	46.93	37.21	1:18.22	2:53.91
1287	9.77	-	19.58	30.68	43.49	46.94	37.23	1:18.24	2:53.97
1286	-	12.84	-	30.69	43.50	46.96	37.24	1:18.27	2:54.04
1285	-	-	19.59	30.70	43.52	46.98	37.25	1:18.29	2:54.10
1284	-	12.85	19.60	30.71	43.53	47.00	37.26	1:18.32	2:54.16
1283	9.78	-	-	30.72	43.55	47.02	37.28	1:18.34	2:54.22
1282	-	12.86	19.61	30.73	43.56	47.04	37.29	1:18.37	2:54.28
1281	-	-	19.62	30.74	43.57	47.06	37.30	1:18.39	2:54.35
1280	9.79	12.87	-	30.75	43.59	47.08	37.31	1:18.42	2:54.41
1279	-	-	19.63	30.76	43.60	47.10	37.33	1:18.45	2:54.47
1278	-	12.88	-	30.77	43.62	47.11	37.34	1:18.47	2:54.53
1277	-	-	19.64	30.78	43.63	47.13	37.35	1:18.50	2:54.60
1276	9.80	12.89	19.65	30.79	43.64	47.15	37.36	1:18.52	2:54.66
1275	-	-	-	30.80	43.66	47.17	37.38	1:18.55	2:54.72
1274	-	12.90	19.66	30.81	43.67	47.19	37.39	1:18.57	2:54.78
1273	9.81	-	-	30.82	43.68	47.21	37.40	1:18.60	2:54.85
1272	-	12.91	19.67	30.83	43.70	47.23	37.42	1:18.63	2:54.91
1271	-	-	19.68	30.84	43.71	47.25	37.43	1:18.65	2:54.97
1270	-	12.92	-	30.85	43.73	47.27	37.44	1:18.68	2:55.03
1269	9.82	-	19.69	30.86	43.74	47.29	37.45	1:18.70	2:55.10
1268	-	12.93	19.70	30.87	43.75	47.30	37.47	1:18.73	2:55.16
1267	-	-	-	30.88	43.77	47.32	37.48	1:18.75	2:55.22
1266	9.83	12.94	19.71	30.89	43.78	47.34	37.49	1:18.78	2:55.28
1265	-	-	-	30.90	43.80	47.36	37.50	1:18.81	2:55.35
1264	-	12.95	19.72	30.91	43.81	47.38	37.52	1:18.83	2:55.41
1263	-	-	19.73	30.92	43.82	47.40	37.53	1:18.86	2:55.47
1262	9.84	12.96	-	30.93	43.84	47.42	37.54	1:18.88	2:55.54
1261	-	-	19.74	30.94	43.85	47.44	37.55	1:18.91	2:55.60
1260	-	12.97	19.75	30.96	43.87	47.46	37.57	1:18.93	2:55.66
1259	9.85	-	-	30.97	43.88	47.48	37.58	1:18.96	2:55.72
1258	-	12.98	19.76	30.98	43.89	47.49	37.59	1:18.99	2:55.79
1257	-	-	-	30.99	43.91	47.51	37.60	1:19.01	2:55.85
1256	-	12.99	19.77	31.00	43.92	47.53	37.62	1:19.04	2:55.91
1255	9.86	13.00	19.78	31.01	43.94	47.55	37.63	1:19.06	2:55.98
1254	-	-	-	31.02	43.95	47.57	37.64	1:19.09	2:56.04
1253	-	13.01	19.79	31.03	43.96	47.59	37.66	1:19.12	2:56.10
1252	9.87	-	19.80	31.04	43.98	47.61	37.67	1:19.14	2:56.16
1251	-	13.02	-	31.05	43.99	47.63	37.68	1:19.17	2:56.23

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
-	-	19.81	31.06	44.01	47.65	37.69	1:19.19	2:56.29	1250
-	13.03	-	31.07	44.02	47.67	37.71	1:19.22	2:56.35	1249
9.88	-	19.82	31.08	44.03	47.69	37.72	1:19.25	2:56.42	1248
-	13.04	19.83	31.09	44.05	47.71	37.73	1:19.27	2:56.48	1247
-	-	-	31.10	44.06	47.72	37.74	1:19.30	2:56.54	1246
9.89	13.05	19.84	31.11	44.08	47.74	37.76	1:19.32	2:56.61	1245
-	-	19.85	31.12	44.09	47.76	37.77	1:19.35	2:56.67	1244
-	13.06	-	31.13	44.10	47.78	37.78	1:19.37	2:56.73	1243
-	-	19.86	31.14	44.12	47.80	37.80	1:19.40	2:56.80	1242
9.90	13.07	19.87	31.15	44.13	47.82	37.81	1:19.43	2:56.86	1241
-	-	-	31.16	44.15	47.84	37.82	1:19.45	2:56.92	1240
-	13.08	19.88	31.17	44.16	47.86	37.83	1:19.48	2:56.99	1239
9.91	-	-	31.19	44.17	47.88	37.85	1:19.50	2:57.05	1238
-	13.09	19.89	31.20	44.19	47.90	37.86	1:19.53	2:57.11	1237
-	-	19.90	31.21	44.20	47.92	37.87	1:19.56	2:57.18	1236
-	13.10	-	31.22	44.22	47.94	37.89	1:19.58	2:57.24	1235
9.92	-	19.91	31.23	44.23	47.95	37.90	1:19.61	2:57.30	1234
-	13.11	19.92	31.24	44.24	47.97	37.91	1:19.64	2:57.37	1233
-	-	-	31.25	44.26	47.99	37.92	1:19.66	2:57.43	1232
9.93	13.12	19.93	31.26	44.27	48.01	37.94	1:19.69	2:57.49	1231
-	-	-	31.27	44.29	48.03	37.95	1:19.71	2:57.56	1230
-	13.13	19.94	31.28	44.30	48.05	37.96	1:19.74	2:57.62	1229
-	-	19.95	31.29	44.31	48.07	37.97	1:19.77	2:57.68	1228
9.94	13.14	-	31.30	44.33	48.09	37.99	1:19.79	2:57.75	1227
-	-	19.96	31.31	44.34	48.11	38.00	1:19.82	2:57.81	1226
-	13.15	19.97	31.32	44.36	48.13	38.01	1:19.84	2:57.88	1225
9.95	-	-	31.33	44.37	48.15	38.03	1:19.87	2:57.94	1224
-	13.16	19.98	31.34	44.39	48.17	38.04	1:19.90	2:58.00	1223
-	-	19.99	31.35	44.40	48.19	38.05	1:19.92	2:58.07	1222
-	13.17	-	31.36	44.41	48.21	38.06	1:19.95	2:58.13	1221
9.96	-	20.00	31.38	44.43	48.23	38.08	1:19.98	2:58.19	1220
-	13.18	-	31.39	44.44	48.24	38.09	1:20.00	2:58.26	1219
-	13.19	20.01	31.40	44.46	48.26	38.10	1:20.03	2:58.32	1218
9.97	-	20.02	31.41	44.47	48.28	38.12	1:20.05	2:58.39	1217
-	13.20	-	31.42	44.48	48.30	38.13	1:20.08	2:58.45	1216
-	-	20.03	31.43	44.50	48.32	38.14	1:20.11	2:58.51	1215
-	13.21	20.04	31.44	44.51	48.34	38.15	1:20.13	2:58.58	1214
9.98	-	-	31.45	44.53	48.36	38.17	1:20.16	2:58.64	1213
-	13.22	20.05	31.46	44.54	48.38	38.18	1:20.19	2:58.71	1212
-	-	20.06	31.47	44.56	48.40	38.19	1:20.21	2:58.77	1211
9.99	13.23	-	31.48	44.57	48.42	38.21	1:20.24	2:58.83	1210
-	-	20.07	31.49	44.58	48.44	38.22	1:20.26	2:58.90	1209
-	13.24	-	31.50	44.60	48.46	38.23	1:20.29	2:58.96	1208
-	-	20.08	31.51	44.61	48.48	38.25	1:20.32	2:59.03	1207
10.00	13.25	20.09	31.52	44.63	48.50	38.26	1:20.34	2:59.09	1206
-	-	-	31.53	44.64	48.52	38.27	1:20.37	2:59.16	1205
-	13.26	20.10	31.54	44.65	48.54	38.28	1:20.40	2:59.22	1204
10.01	-	20.11	31.56	44.67	48.56	38.30	1:20.42	2:59.28	1203
-	13.27	-	31.57	44.68	48.58	38.31	1:20.45	2:59.35	1202
-	-	20.12	31.58	44.70	48.59	38.32	1:20.48	2:59.41	1201

Points	100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
1200	-	13.28	20.13	31.59	44.71	48.61	38.34	1:20.50	2:59.48
1199	10.02	-	-	31.60	44.73	48.63	38.35	1:20.53	2:59.54
1198	-	13.29	20.14	31.61	44.74	48.65	38.36	1:20.56	2:59.61
1197	-	-	-	31.62	44.75	48.67	38.38	1:20.58	2:59.67
1196	10.03	13.30	20.15	31.63	44.77	48.69	38.39	1:20.61	2:59.73
1195	-	-	20.16	31.64	44.78	48.71	38.40	1:20.63	2:59.80
1194	-	13.31	-	31.65	44.80	48.73	38.41	1:20.66	2:59.86
1193	10.04	13.32	20.17	31.66	44.81	48.75	38.43	1:20.69	2:59.93
1192	-	-	20.18	31.67	44.83	48.77	38.44	1:20.71	2:59.99
1191	-	13.33	-	31.68	44.84	48.79	38.45	1:20.74	3:00.06
1190	-	-	20.19	31.69	44.86	48.81	38.47	1:20.77	3:00.12
1189	10.05	13.34	20.20	31.71	44.87	48.83	38.48	1:20.79	3:00.19
1188	-	-	-	31.72	44.88	48.85	38.49	1:20.82	3:00.25
1187	-	13.35	20.21	31.73	44.90	48.87	38.51	1:20.85	3:00.32
1186	10.06	-	20.22	31.74	44.91	48.89	38.52	1:20.87	3:00.38
1185	-	13.36	-	31.75	44.93	48.91	38.53	1:20.90	3:00.45
1184	-	-	20.23	31.76	44.94	48.93	38.54	1:20.93	3:00.51
1183	-	13.37	-	31.77	44.96	48.95	38.56	1:20.95	3:00.58
1182	10.07	-	20.24	31.78	44.97	48.97	38.57	1:20.98	3:00.64
1181	-	13.38	20.25	31.79	44.98	48.99	38.58	1:21.01	3:00.71
1180	-	-	-	31.80	45.00	49.01	38.60	1:21.03	3:00.77
1179	10.08	13.39	20.26	31.81	45.01	49.03	38.61	1:21.06	3:00.83
1178	-	-	20.27	31.82	45.03	49.05	38.62	1:21.09	3:00.90
1177	-	13.40	-	31.83	45.04	49.07	38.64	1:21.11	3:00.96
1176	10.09	-	20.28	31.84	45.06	49.09	38.65	1:21.14	3:01.03
1175	-	13.41	20.29	31.86	45.07	49.11	38.66	1:21.17	3:01.09
1174	-	13.42	-	31.87	45.09	49.12	38.68	1:21.19	3:01.16
1173	-	-	20.30	31.88	45.10	49.14	38.69	1:21.22	3:01.23
1172	10.10	13.43	20.31	31.89	45.11	49.16	38.70	1:21.25	3:01.29
1171	-	-	-	31.90	45.13	49.18	38.71	1:21.27	3:01.36
1170	-	13.44	20.32	31.91	45.14	49.20	38.73	1:21.30	3:01.42
1169	10.11	-	20.33	31.92	45.16	49.22	38.74	1:21.33	3:01.49
1168	-	13.45	-	31.93	45.17	49.24	38.75	1:21.35	3:01.55
1167	-	-	20.34	31.94	45.19	49.26	38.77	1:21.38	3:01.62
1166	-	13.46	-	31.95	45.20	49.28	38.78	1:21.41	3:01.68
1165	10.12	-	20.35	31.96	45.22	49.30	38.79	1:21.44	3:01.75
1164	-	13.47	20.36	31.97	45.23	49.32	38.81	1:21.46	3:01.81
1163	-	-	-	31.99	45.24	49.34	38.82	1:21.49	3:01.88
1162	10.13	13.48	20.37	32.00	45.26	49.36	38.83	1:21.52	3:01.94
1161	-	-	20.38	32.01	45.27	49.38	38.85	1:21.54	3:02.01
1160	-	13.49	-	32.02	45.29	49.40	38.86	1:21.57	3:02.07
1159	10.14	-	20.39	32.03	45.30	49.42	38.87	1:21.60	3:02.14
1158	-	13.50	20.40	32.04	45.32	49.44	38.89	1:21.62	3:02.21
1157	-	-	-	32.05	45.33	49.46	38.90	1:21.65	3:02.27
1156	-	13.51	20.41	32.06	45.35	49.48	38.91	1:21.68	3:02.34
1155	10.15	13.52	20.42	32.07	45.36	49.50	38.93	1:21.70	3:02.40
1154	-	-	-	32.08	45.38	49.52	38.94	1:21.73	3:02.47
1153	-	13.53	20.43	32.09	45.39	49.54	38.95	1:21.76	3:02.53
1152	10.16	-	20.44	32.10	45.40	49.56	38.97	1:21.79	3:02.60
1151	-	13.54	-	32.12	45.42	49.58	38.98	1:21.81	3:02.66

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
-	-	20.45	32.13	45.43	49.60	38.99	1:21.84	3:02.73	1150
-	13.55	20.46	32.14	45.45	49.62	39.01	1:21.87	3:02.80	1149
10.17	-	-	32.15	45.46	49.64	39.02	1:21.89	3:02.86	1148
-	13.56	20.47	32.16	45.48	49.66	39.03	1:21.92	3:02.93	1147
-	-	20.48	32.17	45.49	49.68	39.05	1:21.95	3:02.99	1146
10.18	13.57	-	32.18	45.51	49.70	39.06	1:21.97	3:03.06	1145
-	-	20.49	32.19	45.52	49.72	39.07	1:22.00	3:03.13	1144
-	13.58	20.50	32.20	45.54	49.74	39.09	1:22.03	3:03.19	1143
10.19	-	-	32.21	45.55	49.76	39.10	1:22.06	3:03.26	1142
-	13.59	20.51	32.23	45.57	49.78	39.11	1:22.08	3:03.32	1141
-	13.60	-	32.24	45.58	49.80	39.13	1:22.11	3:03.39	1140
-	-	20.52	32.25	45.59	49.82	39.14	1:22.14	3:03.46	1139
10.20	13.61	20.53	32.26	45.61	49.84	39.15	1:22.16	3:03.52	1138
-	-	-	32.27	45.62	49.86	39.17	1:22.19	3:03.59	1137
-	13.62	20.54	32.28	45.64	49.88	39.18	1:22.22	3:03.65	1136
10.21	-	20.55	32.29	45.65	49.90	39.19	1:22.25	3:03.72	1135
-	13.63	-	32.30	45.67	49.92	39.21	1:22.27	3:03.79	1134
-	-	20.56	32.31	45.68	49.94	39.22	1:22.30	3:03.85	1133
10.22	13.64	20.57	32.32	45.70	49.96	39.23	1:22.33	3:03.92	1132
-	-	-	32.33	45.71	49.98	39.25	1:22.35	3:03.99	1131
-	13.65	20.58	32.35	45.73	50.00	39.26	1:22.38	3:04.05	1130
-	-	20.59	32.36	45.74	50.02	39.27	1:22.41	3:04.12	1129
10.23	13.66	-	32.37	45.76	50.04	39.29	1:22.44	3:04.18	1128
-	13.67	20.60	32.38	45.77	50.06	39.30	1:22.46	3:04.25	1127
-	-	20.61	32.39	45.79	50.08	39.31	1:22.49	3:04.32	1126
10.24	13.68	-	32.40	45.80	50.10	39.33	1:22.52	3:04.38	1125
-	-	20.62	32.41	45.82	50.12	39.34	1:22.55	3:04.45	1124
-	13.69	20.63	32.42	45.83	50.14	39.35	1:22.57	3:04.52	1123
10.25	-	-	32.43	45.84	50.16	39.37	1:22.60	3:04.58	1122
-	13.70	20.64	32.44	45.86	50.18	39.38	1:22.63	3:04.65	1121
-	-	20.65	32.46	45.87	50.20	39.39	1:22.66	3:04.72	1120
-	13.71	-	32.47	45.89	50.22	39.41	1:22.68	3:04.78	1119
10.26	-	20.66	32.48	45.90	50.24	39.42	1:22.71	3:04.85	1118
-	13.72	20.67	32.49	45.92	50.26	39.43	1:22.74	3:04.92	1117
-	-	-	32.50	45.93	50.28	39.45	1:22.76	3:04.98	1116
10.27	13.73	20.68	32.51	45.95	50.31	39.46	1:22.79	3:05.05	1115
-	13.74	20.69	32.52	45.96	50.33	39.47	1:22.82	3:05.12	1114
-	-	-	32.53	45.98	50.35	39.49	1:22.85	3:05.18	1113
10.28	13.75	20.70	32.54	45.99	50.37	39.50	1:22.87	3:05.25	1112
-	-	20.71	32.56	46.01	50.39	39.51	1:22.90	3:05.32	1111
-	13.76	-	32.57	46.02	50.41	39.53	1:22.93	3:05.38	1110
-	-	20.72	32.58	46.04	50.43	39.54	1:22.96	3:05.45	1109
10.29	13.77	20.73	32.59	46.05	50.45	39.55	1:22.98	3:05.52	1108
-	-	-	32.60	46.07	50.47	39.57	1:23.01	3:05.59	1107
-	13.78	20.74	32.61	46.08	50.49	39.58	1:23.04	3:05.65	1106
10.30	-	20.75	32.62	46.10	50.51	39.59	1:23.07	3:05.72	1105
-	13.79	-	32.63	46.11	50.53	39.61	1:23.10	3:05.79	1104
-	13.80	20.76	32.64	46.13	50.55	39.62	1:23.12	3:05.85	1103
10.31	-	20.77	32.66	46.14	50.57	39.64	1:23.15	3:05.92	1102
-	13.81	-	32.67	46.16	50.59	39.65	1:23.18	3:05.99	1101

Points	100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
1100	-	-	20.78	32.68	46.17	50.61	39.66	1:23.21	3:06.06
1099	10.32	13.82	20.79	32.69	46.19	50.63	39.68	1:23.23	3:06.12
1098	-	-	-	32.70	46.20	50.65	39.69	1:23.26	3:06.19
1097	-	13.83	20.80	32.71	46.22	50.67	39.70	1:23.29	3:06.26
1096	-	-	20.81	32.72	46.23	50.69	39.72	1:23.32	3:06.32
1095	10.33	13.84	-	32.73	46.25	50.71	39.73	1:23.34	3:06.39
1094	-	-	20.82	32.74	46.26	50.73	39.74	1:23.37	3:06.46
1093	-	13.85	20.83	32.76	46.28	50.75	39.76	1:23.40	3:06.53
1092	10.34	13.86	-	32.77	46.29	50.77	39.77	1:23.43	3:06.59
1091	-	-	20.84	32.78	46.31	50.79	39.78	1:23.45	3:06.66
1090	-	13.87	20.85	32.79	46.32	50.81	39.80	1:23.48	3:06.73
1089	10.35	-	-	32.80	46.34	50.84	39.81	1:23.51	3:06.80
1088	-	13.88	20.86	32.81	46.35	50.86	39.83	1:23.54	3:06.86
1087	-	-	20.87	32.82	46.37	50.88	39.84	1:23.57	3:06.93
1086	-	13.89	-	32.83	46.38	50.90	39.85	1:23.59	3:07.00
1085	10.36	-	20.88	32.85	46.40	50.92	39.87	1:23.62	3:07.07
1084	-	13.90	20.89	32.86	46.41	50.94	39.88	1:23.65	3:07.14
1083	-	-	-	32.87	46.43	50.96	39.89	1:23.68	3:07.20
1082	10.37	13.91	20.90	32.88	46.44	50.98	39.91	1:23.70	3:07.27
1081	-	13.92	20.91	32.89	46.46	51.00	39.92	1:23.73	3:07.34
1080	-	-	-	32.90	46.47	51.02	39.94	1:23.76	3:07.41
1079	10.38	13.93	20.92	32.91	46.49	51.04	39.95	1:23.79	3:07.47
1078	-	-	20.93	32.92	46.50	51.06	39.96	1:23.82	3:07.54
1077	-	13.94	-	32.94	46.52	51.08	39.98	1:23.84	3:07.61
1076	10.39	-	20.94	32.95	46.53	51.10	39.99	1:23.87	3:07.68
1075	-	13.95	20.95	32.96	46.55	51.12	40.00	1:23.90	3:07.75
1074	-	-	-	32.97	46.56	51.14	40.02	1:23.93	3:07.81
1073	-	13.96	20.96	32.98	46.58	51.16	40.03	1:23.96	3:07.88
1072	10.40	13.97	20.97	32.99	46.59	51.19	40.04	1:23.98	3:07.95
1071	-	-	20.98	33.00	46.61	51.21	40.06	1:24.01	3:08.02
1070	-	13.98	-	33.01	46.62	51.23	40.07	1:24.04	3:08.09
1069	10.41	-	20.99	33.03	46.64	51.25	40.09	1:24.07	3:08.15
1068	-	13.99	21.00	33.04	46.65	51.27	40.10	1:24.10	3:08.22
1067	-	-	-	33.05	46.67	51.29	40.11	1:24.12	3:08.29
1066	10.42	14.00	21.01	33.06	46.68	51.31	40.13	1:24.15	3:08.36
1065	-	-	21.02	33.07	46.70	51.33	40.14	1:24.18	3:08.43
1064	-	14.01	-	33.08	46.71	51.35	40.15	1:24.21	3:08.50
1063	10.43	-	21.03	33.09	46.73	51.37	40.17	1:24.24	3:08.56
1062	-	14.02	21.04	33.11	46.74	51.39	40.18	1:24.26	3:08.63
1061	-	14.03	-	33.12	46.76	51.41	40.20	1:24.29	3:08.70
1060	-	-	21.05	33.13	46.77	51.43	40.21	1:24.32	3:08.77
1059	10.44	14.04	21.06	33.14	46.79	51.45	40.22	1:24.35	3:08.84
1058	-	-	-	33.15	46.80	51.48	40.24	1:24.38	3:08.91
1057	-	14.05	21.07	33.16	46.82	51.50	40.25	1:24.41	3:08.98
1056	10.45	-	21.08	33.17	46.83	51.52	40.27	1:24.43	3:09.04
1055	-	14.06	-	33.18	46.85	51.54	40.28	1:24.46	3:09.11
1054	-	-	21.09	33.20	46.87	51.56	40.29	1:24.49	3:09.18
1053	10.46	14.07	21.10	33.21	46.88	51.58	40.31	1:24.52	3:09.25
1052	-	14.08	-	33.22	46.90	51.60	40.32	1:24.55	3:09.32
1051	-	-	21.11	33.23	46.91	51.62	40.33	1:24.57	3:09.39

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
10.47	14.09	21.12	33.24	46.93	51.64	40.35	1:24.60	3:09.46	1050
-	-	21.13	33.25	46.94	51.66	40.36	1:24.63	3:09.53	1049
-	14.10	-	33.26	46.96	51.68	40.38	1:24.66	3:09.59	1048
10.48	-	21.14	33.28	46.97	51.70	40.39	1:24.69	3:09.66	1047
-	14.11	21.15	33.29	46.99	51.73	40.40	1:24.72	3:09.73	1046
-	-	-	33.30	47.00	51.75	40.42	1:24.74	3:09.80	1045
-	14.12	21.16	33.31	47.02	51.77	40.43	1:24.77	3:09.87	1044
10.49	14.13	21.17	33.32	47.03	51.79	40.45	1:24.80	3:09.94	1043
-	-	-	33.33	47.05	51.81	40.46	1:24.83	3:10.01	1042
-	14.14	21.18	33.34	47.06	51.83	40.47	1:24.86	3:10.08	1041
10.50	-	21.19	33.36	47.08	51.85	40.49	1:24.89	3:10.15	1040
-	14.15	-	33.37	47.09	51.87	40.50	1:24.92	3:10.22	1039
-	-	21.20	33.38	47.11	51.89	40.52	1:24.94	3:10.28	1038
10.51	14.16	21.21	33.39	47.13	51.91	40.53	1:24.97	3:10.35	1037
-	14.17	-	33.40	47.14	51.94	40.54	1:25.00	3:10.42	1036
-	-	21.22	33.41	47.16	51.96	40.56	1:25.03	3:10.49	1035
10.52	14.18	21.23	33.42	47.17	51.98	40.57	1:25.06	3:10.56	1034
-	-	21.24	33.44	47.19	52.00	40.59	1:25.09	3:10.63	1033
-	14.19	-	33.45	47.20	52.02	40.60	1:25.11	3:10.70	1032
10.53	-	21.25	33.46	47.22	52.04	40.61	1:25.14	3:10.77	1031
-	14.20	21.26	33.47	47.23	52.06	40.63	1:25.17	3:10.84	1030
-	-	-	33.48	47.25	52.08	40.64	1:25.20	3:10.91	1029
-	14.21	21.27	33.49	47.26	52.10	40.66	1:25.23	3:10.98	1028
10.54	14.22	21.28	33.51	47.28	52.13	40.67	1:25.26	3:11.05	1027
-	-	-	33.52	47.29	52.15	40.68	1:25.29	3:11.12	1026
-	14.23	21.29	33.53	47.31	52.17	40.70	1:25.31	3:11.19	1025
10.55	-	21.30	33.54	47.33	52.19	40.71	1:25.34	3:11.26	1024
-	14.24	-	33.55	47.34	52.21	40.73	1:25.37	3:11.33	1023
-	-	21.31	33.56	47.36	52.23	40.74	1:25.40	3:11.40	1022
10.56	14.25	21.32	33.57	47.37	52.25	40.75	1:25.43	3:11.47	1021
-	14.26	21.33	33.59	47.39	52.27	40.77	1:25.46	3:11.54	1020
-	-	-	33.60	47.40	52.29	40.78	1:25.49	3:11.61	1019
10.57	14.27	21.34	33.61	47.42	52.32	40.80	1:25.52	3:11.68	1018
-	-	21.35	33.62	47.43	52.34	40.81	1:25.54	3:11.75	1017
-	14.28	-	33.63	47.45	52.36	40.82	1:25.57	3:11.82	1016
10.58	-	21.36	33.64	47.47	52.38	40.84	1:25.60	3:11.89	1015
-	14.29	21.37	33.66	47.48	52.40	40.85	1:25.63	3:11.96	1014
-	14.30	-	33.67	47.50	52.42	40.87	1:25.66	3:12.03	1013
-	-	21.38	33.68	47.51	52.44	40.88	1:25.69	3:12.10	1012
10.59	14.31	21.39	33.69	47.53	52.46	40.89	1:25.72	3:12.17	1011
-	-	-	33.70	47.54	52.49	40.91	1:25.75	3:12.24	1010
-	14.32	21.40	33.71	47.56	52.51	40.92	1:25.77	3:12.31	1009
10.60	-	21.41	33.73	47.57	52.53	40.94	1:25.80	3:12.38	1008
-	14.33	21.42	33.74	47.59	52.55	40.95	1:25.83	3:12.45	1007
-	14.34	-	33.75	47.61	52.57	40.97	1:25.86	3:12.52	1006
10.61	-	21.43	33.76	47.62	52.59	40.98	1:25.89	3:12.59	1005
-	14.35	21.44	33.77	47.64	52.61	40.99	1:25.92	3:12.66	1004
-	-	-	33.78	47.65	52.63	41.01	1:25.95	3:12.73	1003
10.62	14.36	21.45	33.80	47.67	52.66	41.02	1:25.98	3:12.80	1002
-	-	21.46	33.81	47.68	52.68	41.04	1:26.01	3:12.87	1001

Points	100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
1000	-	14.37	-	33.82	47.70	52.70	41.05	1:26.03	3:12.94
999	10.63	-	21.47	33.83	47.71	52.72	41.07	1:26.06	3:13.01
998	-	14.38	21.48	33.84	47.73	52.74	41.08	1:26.09	3:13.08
997	-	14.39	21.49	33.85	47.75	52.76	41.09	1:26.12	3:13.15
996	10.64	-	-	33.87	47.76	52.78	41.11	1:26.15	3:13.22
995	-	14.40	21.50	33.88	47.78	52.81	41.12	1:26.18	3:13.29
994	-	-	21.51	33.89	47.79	52.83	41.14	1:26.21	3:13.36
993	10.65	14.41	-	33.90	47.81	52.85	41.15	1:26.24	3:13.43
992	-	14.42	21.52	33.91	47.82	52.87	41.16	1:26.27	3:13.51
991	-	-	21.53	33.92	47.84	52.89	41.18	1:26.30	3:13.58
990	10.66	14.43	-	33.94	47.86	52.91	41.19	1:26.32	3:13.65
989	-	-	21.54	33.95	47.87	52.93	41.21	1:26.35	3:13.72
988	-	14.44	21.55	33.96	47.89	52.96	41.22	1:26.38	3:13.79
987	-	-	21.56	33.97	47.90	52.98	41.24	1:26.41	3:13.86
986	10.67	14.45	-	33.98	47.92	53.00	41.25	1:26.44	3:13.93
985	-	14.46	21.57	33.99	47.93	53.02	41.27	1:26.47	3:14.00
984	-	-	21.58	34.01	47.95	53.04	41.28	1:26.50	3:14.07
983	10.68	14.47	-	34.02	47.97	53.06	41.29	1:26.53	3:14.14
982	-	-	21.59	34.03	47.98	53.09	41.31	1:26.56	3:14.22
981	-	14.48	21.60	34.04	48.00	53.11	41.32	1:26.59	3:14.29
980	10.69	-	21.61	34.05	48.01	53.13	41.34	1:26.62	3:14.36
979	-	14.49	-	34.07	48.03	53.15	41.35	1:26.65	3:14.43
978	-	14.50	21.62	34.08	48.05	53.17	41.37	1:26.68	3:14.50
977	10.70	-	21.63	34.09	48.06	53.19	41.38	1:26.70	3:14.57
976	-	14.51	-	34.10	48.08	53.22	41.39	1:26.73	3:14.64
975	-	-	21.64	34.11	48.09	53.24	41.41	1:26.76	3:14.71
974	10.71	14.52	21.65	34.12	48.11	53.26	41.42	1:26.79	3:14.79
973	-	-	21.66	34.14	48.12	53.28	41.44	1:26.82	3:14.86
972	-	14.53	-	34.15	48.14	53.30	41.45	1:26.85	3:14.93
971	10.72	14.54	21.67	34.16	48.16	53.32	41.47	1:26.88	3:15.00
970	-	-	21.68	34.17	48.17	53.35	41.48	1:26.91	3:15.07
969	-	14.55	-	34.18	48.19	53.37	41.50	1:26.94	3:15.14
968	10.73	-	21.69	34.20	48.20	53.39	41.51	1:26.97	3:15.22
967	-	14.56	21.70	34.21	48.22	53.41	41.52	1:27.00	3:15.29
966	-	14.57	21.71	34.22	48.24	53.43	41.54	1:27.03	3:15.36
965	10.74	-	-	34.23	48.25	53.45	41.55	1:27.06	3:15.43
964	-	14.58	21.72	34.24	48.27	53.48	41.57	1:27.09	3:15.50
963	-	-	21.73	34.26	48.28	53.50	41.58	1:27.12	3:15.57
962	10.75	14.59	-	34.27	48.30	53.52	41.60	1:27.15	3:15.65
961	-	-	21.74	34.28	48.32	53.54	41.61	1:27.18	3:15.72
960	-	14.60	21.75	34.29	48.33	53.56	41.63	1:27.21	3:15.79
959	10.76	14.61	21.76	34.30	48.35	53.59	41.64	1:27.24	3:15.86
958	-	-	-	34.31	48.36	53.61	41.65	1:27.26	3:15.93
957	-	14.62	21.77	34.33	48.38	53.63	41.67	1:27.29	3:16.01
956	-	-	21.78	34.34	48.40	53.65	41.68	1:27.32	3:16.08
955	10.77	14.63	-	34.35	48.41	53.67	41.70	1:27.35	3:16.15
954	-	14.64	21.79	34.36	48.43	53.69	41.71	1:27.38	3:16.22
953	-	-	21.80	34.37	48.44	53.72	41.73	1:27.41	3:16.29
952	10.78	14.65	21.81	34.39	48.46	53.74	41.74	1:27.44	3:16.37
951	-	-	-	34.40	48.48	53.76	41.76	1:27.47	3:16.44

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
-	14.66	21.82	34.41	48.49	53.78	41.77	1:27.50	3:16.51	950
10.79	-	21.83	34.42	48.51	53.80	41.79	1:27.53	3:16.58	949
-	14.67	-	34.43	48.52	53.83	41.80	1:27.56	3:16.66	948
-	14.68	21.84	34.45	48.54	53.85	41.82	1:27.59	3:16.73	947
10.80	-	21.85	34.46	48.56	53.87	41.83	1:27.62	3:16.80	946
-	14.69	21.86	34.47	48.57	53.89	41.84	1:27.65	3:16.87	945
-	-	-	34.48	48.59	53.91	41.86	1:27.68	3:16.95	944
10.81	14.70	21.87	34.49	48.60	53.94	41.87	1:27.71	3:17.02	943
-	14.71	21.88	34.51	48.62	53.96	41.89	1:27.74	3:17.09	942
-	-	-	34.52	48.64	53.98	41.90	1:27.77	3:17.16	941
10.82	14.72	21.89	34.53	48.65	54.00	41.92	1:27.80	3:17.24	940
-	-	21.90	34.54	48.67	54.02	41.93	1:27.83	3:17.31	939
-	14.73	21.91	34.56	48.68	54.05	41.95	1:27.86	3:17.38	938
10.83	-	-	34.57	48.70	54.07	41.96	1:27.89	3:17.46	937
-	14.74	21.92	34.58	48.72	54.09	41.98	1:27.92	3:17.53	936
-	14.75	21.93	34.59	48.73	54.11	41.99	1:27.95	3:17.60	935
10.84	-	21.94	34.60	48.75	54.14	42.01	1:27.98	3:17.67	934
-	14.76	-	34.62	48.77	54.16	42.02	1:28.01	3:17.75	933
-	-	21.95	34.63	48.78	54.18	42.04	1:28.04	3:17.82	932
10.85	14.77	21.96	34.64	48.80	54.20	42.05	1:28.07	3:17.89	931
-	14.78	-	34.65	48.81	54.22	42.06	1:28.10	3:17.97	930
-	-	21.97	34.66	48.83	54.25	42.08	1:28.13	3:18.04	929
10.86	14.79	21.98	34.68	48.85	54.27	42.09	1:28.16	3:18.11	928
-	-	21.99	34.69	48.86	54.29	42.11	1:28.19	3:18.19	927
-	14.80	-	34.70	48.88	54.31	42.12	1:28.22	3:18.26	926
10.87	14.81	22.00	34.71	48.90	54.34	42.14	1:28.25	3:18.33	925
-	-	22.01	34.72	48.91	54.36	42.15	1:28.28	3:18.41	924
-	14.82	22.02	34.74	48.93	54.38	42.17	1:28.31	3:18.48	923
10.88	-	-	34.75	48.94	54.40	42.18	1:28.34	3:18.55	922
-	14.83	22.03	34.76	48.96	54.42	42.20	1:28.37	3:18.63	921
-	14.84	22.04	34.77	48.98	54.45	42.21	1:28.40	3:18.70	920
10.89	-	-	34.79	48.99	54.47	42.23	1:28.43	3:18.77	919
-	14.85	22.05	34.80	49.01	54.49	42.24	1:28.46	3:18.85	918
-	-	22.06	34.81	49.03	54.51	42.26	1:28.49	3:18.92	917
10.90	14.86	22.07	34.82	49.04	54.54	42.27	1:28.52	3:18.99	916
-	14.87	-	34.83	49.06	54.56	42.29	1:28.55	3:19.07	915
-	-	22.08	34.85	49.08	54.58	42.30	1:28.58	3:19.14	914
10.91	14.88	22.09	34.86	49.09	54.60	42.32	1:28.61	3:19.22	913
-	-	22.10	34.87	49.11	54.63	42.33	1:28.64	3:19.29	912
-	14.89	-	34.88	49.12	54.65	42.35	1:28.67	3:19.36	911
10.92	14.90	22.11	34.90	49.14	54.67	42.36	1:28.70	3:19.44	910
-	-	22.12	34.91	49.16	54.69	42.38	1:28.73	3:19.51	909
-	14.91	22.13	34.92	49.17	54.72	42.39	1:28.76	3:19.58	908
10.93	-	-	34.93	49.19	54.74	42.41	1:28.80	3:19.66	907
-	14.92	22.14	34.94	49.21	54.76	42.42	1:28.83	3:19.73	906
-	14.93	22.15	34.96	49.22	54.78	42.44	1:28.86	3:19.81	905
10.94	-	22.16	34.97	49.24	54.80	42.45	1:28.89	3:19.88	904
-	14.94	-	34.98	49.26	54.83	42.47	1:28.92	3:19.96	903
-	-	22.17	34.99	49.27	54.85	42.48	1:28.95	3:20.03	902
10.95	14.95	22.18	35.01	49.29	54.87	42.50	1:28.98	3:20.10	901

Points	100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
900	-	14.96	-	35.02	49.31	54.90	42.51	1:29.01	3:20.18
899	-	-	22.19	35.03	49.32	54.92	42.53	1:29.04	3:20.25
898	10.96	14.97	22.20	35.04	49.34	54.94	42.54	1:29.07	3:20.33
897	-	-	22.21	35.06	49.35	54.96	42.56	1:29.10	3:20.40
896	-	14.98	-	35.07	49.37	54.99	42.57	1:29.13	3:20.48
895	10.97	14.99	22.22	35.08	49.39	55.01	42.59	1:29.16	3:20.55
894	-	-	22.23	35.09	49.40	55.03	42.60	1:29.19	3:20.63
893	-	15.00	22.24	35.10	49.42	55.05	42.62	1:29.22	3:20.70
892	10.98	-	-	35.12	49.44	55.08	42.63	1:29.25	3:20.77
891	-	15.01	22.25	35.13	49.45	55.10	42.65	1:29.28	3:20.85
890	-	15.02	22.26	35.14	49.47	55.12	42.66	1:29.32	3:20.92
889	10.99	-	22.27	35.15	49.49	55.14	42.68	1:29.35	3:21.00
888	-	15.03	-	35.17	49.50	55.17	42.69	1:29.38	3:21.07
887	-	-	22.28	35.18	49.52	55.19	42.71	1:29.41	3:21.15
886	11.00	15.04	22.29	35.19	49.54	55.21	42.72	1:29.44	3:21.22
885	-	15.05	22.30	35.20	49.55	55.23	42.74	1:29.47	3:21.30
884	-	-	-	35.22	49.57	55.26	42.75	1:29.50	3:21.37
883	11.01	15.06	22.31	35.23	49.59	55.28	42.77	1:29.53	3:21.45
882	-	-	22.32	35.24	49.60	55.30	42.78	1:29.56	3:21.52
881	-	15.07	22.33	35.25	49.62	55.33	42.80	1:29.59	3:21.60
880	11.02	15.08	-	35.27	49.64	55.35	42.81	1:29.62	3:21.67
879	-	-	22.34	35.28	49.65	55.37	42.83	1:29.65	3:21.75
878	-	15.09	22.35	35.29	49.67	55.39	42.84	1:29.69	3:21.82
877	11.03	-	22.36	35.30	49.69	55.42	42.86	1:29.72	3:21.90
876	-	15.10	-	35.32	49.70	55.44	42.87	1:29.75	3:21.97
875	-	15.11	22.37	35.33	49.72	55.46	42.89	1:29.78	3:22.05
874	11.04	-	22.38	35.34	49.74	55.49	42.90	1:29.81	3:22.13
873	-	15.12	22.39	35.35	49.75	55.51	42.92	1:29.84	3:22.20
872	-	15.13	-	35.37	49.77	55.53	42.93	1:29.87	3:22.28
871	11.05	-	22.40	35.38	49.79	55.55	42.95	1:29.90	3:22.35
870	-	15.14	22.41	35.39	49.80	55.58	42.96	1:29.93	3:22.43
869	11.06	-	22.42	35.40	49.82	55.60	42.98	1:29.96	3:22.50
868	-	15.15	-	35.42	49.84	55.62	42.99	1:30.00	3:22.58
867	-	15.16	22.43	35.43	49.85	55.65	43.01	1:30.03	3:22.65
866	11.07	-	22.44	35.44	49.87	55.67	43.03	1:30.06	3:22.73
865	-	15.17	22.45	35.45	49.89	55.69	43.04	1:30.09	3:22.81
864	-	-	-	35.47	49.90	55.72	43.06	1:30.12	3:22.88
863	11.08	15.18	22.46	35.48	49.92	55.74	43.07	1:30.15	3:22.96
862	-	15.19	22.47	35.49	49.94	55.76	43.09	1:30.18	3:23.03
861	-	-	22.48	35.50	49.96	55.78	43.10	1:30.21	3:23.11
860	11.09	15.20	-	35.52	49.97	55.81	43.12	1:30.24	3:23.19
859	-	15.21	22.49	35.53	49.99	55.83	43.13	1:30.28	3:23.26
858	-	-	22.50	35.54	50.01	55.85	43.15	1:30.31	3:23.34
857	11.10	15.22	22.51	35.55	50.02	55.88	43.16	1:30.34	3:23.41
856	-	-	-	35.57	50.04	55.90	43.18	1:30.37	3:23.49
855	-	15.23	22.52	35.58	50.06	55.92	43.19	1:30.40	3:23.57
854	11.11	15.24	22.53	35.59	50.07	55.95	43.21	1:30.43	3:23.64
853	-	-	22.54	35.61	50.09	55.97	43.22	1:30.46	3:23.72
852	-	15.25	-	35.62	50.11	55.99	43.24	1:30.50	3:23.80
851	11.12	-	22.55	35.63	50.12	56.02	43.26	1:30.53	3:23.87

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
-	15.26	22.56	35.64	50.14	56.04	43.27	1:30.56	3:23.95	850
-	15.27	22.57	35.66	50.16	56.06	43.29	1:30.59	3:24.03	849
11.13	-	-	35.67	50.18	56.09	43.30	1:30.62	3:24.10	848
-	15.28	22.58	35.68	50.19	56.11	43.32	1:30.65	3:24.18	847
-	15.29	22.59	35.69	50.21	56.13	43.33	1:30.68	3:24.25	846
11.14	-	22.60	35.71	50.23	56.16	43.35	1:30.72	3:24.33	845
-	15.30	22.61	35.72	50.24	56.18	43.36	1:30.75	3:24.41	844
-	-	-	35.73	50.26	56.20	43.38	1:30.78	3:24.49	843
11.15	15.31	22.62	35.74	50.28	56.23	43.39	1:30.81	3:24.56	842
-	15.32	22.63	35.76	50.29	56.25	43.41	1:30.84	3:24.64	841
11.16	-	22.64	35.77	50.31	56.27	43.43	1:30.87	3:24.72	840
-	15.33	-	35.78	50.33	56.30	43.44	1:30.90	3:24.79	839
-	15.34	22.65	35.80	50.35	56.32	43.46	1:30.94	3:24.87	838
11.17	-	22.66	35.81	50.36	56.34	43.47	1:30.97	3:24.95	837
-	15.35	22.67	35.82	50.38	56.37	43.49	1:31.00	3:25.02	836
-	-	-	35.83	50.40	56.39	43.50	1:31.03	3:25.10	835
11.18	15.36	22.68	35.85	50.41	56.41	43.52	1:31.06	3:25.18	834
-	15.37	22.69	35.86	50.43	56.44	43.53	1:31.10	3:25.26	833
-	-	22.70	35.87	50.45	56.46	43.55	1:31.13	3:25.33	832
11.19	15.38	22.71	35.89	50.47	56.48	43.57	1:31.16	3:25.41	831
-	15.39	-	35.90	50.48	56.51	43.58	1:31.19	3:25.49	830
-	-	22.72	35.91	50.50	56.53	43.60	1:31.22	3:25.57	829
11.20	15.40	22.73	35.92	50.52	56.55	43.61	1:31.25	3:25.64	828
-	-	22.74	35.94	50.53	56.58	43.63	1:31.29	3:25.72	827
-	15.41	-	35.95	50.55	56.60	43.64	1:31.32	3:25.80	826
11.21	15.42	22.75	35.96	50.57	56.62	43.66	1:31.35	3:25.88	825
-	-	22.76	35.98	50.59	56.65	43.68	1:31.38	3:25.95	824
-	15.43	22.77	35.99	50.60	56.67	43.69	1:31.41	3:26.03	823
11.22	15.44	-	36.00	50.62	56.69	43.71	1:31.45	3:26.11	822
-	-	22.78	36.01	50.64	56.72	43.72	1:31.48	3:26.19	821
11.23	15.45	22.79	36.03	50.66	56.74	43.74	1:31.51	3:26.26	820
-	-	22.80	36.04	50.67	56.77	43.75	1:31.54	3:26.34	819
-	15.46	22.81	36.05	50.69	56.79	43.77	1:31.57	3:26.42	818
11.24	15.47	-	36.07	50.71	56.81	43.79	1:31.61	3:26.50	817
-	-	22.82	36.08	50.72	56.84	43.80	1:31.64	3:26.58	816
-	15.48	22.83	36.09	50.74	56.86	43.82	1:31.67	3:26.65	815
11.25	15.49	22.84	36.10	50.76	56.88	43.83	1:31.70	3:26.73	814
-	-	-	36.12	50.78	56.91	43.85	1:31.73	3:26.81	813
-	15.50	22.85	36.13	50.79	56.93	43.86	1:31.77	3:26.89	812
11.26	15.51	22.86	36.14	50.81	56.95	43.88	1:31.80	3:26.97	811
-	-	22.87	36.16	50.83	56.98	43.90	1:31.83	3:27.05	810
-	15.52	22.88	36.17	50.85	57.00	43.91	1:31.86	3:27.12	809
11.27	-	-	36.18	50.86	57.03	43.93	1:31.89	3:27.20	808
-	15.53	22.89	36.20	50.88	57.05	43.94	1:31.93	3:27.28	807
-	15.54	22.90	36.21	50.90	57.07	43.96	1:31.96	3:27.36	806
11.28	-	22.91	36.22	50.92	57.10	43.97	1:31.99	3:27.44	805
-	15.55	-	36.23	50.93	57.12	43.99	1:32.02	3:27.52	804
11.29	15.56	22.92	36.25	50.95	57.15	44.01	1:32.06	3:27.60	803
-	-	22.93	36.26	50.97	57.17	44.02	1:32.09	3:27.67	802
-	15.57	22.94	36.27	50.99	57.19	44.04	1:32.12	3:27.75	801

Points	100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
800	11.30	15.58	22.95	36.29	51.00	57.22	44.05	1:32.15	3:27.83
799	-	-	-	36.30	51.02	57.24	44.07	1:32.19	3:27.91
798	-	15.59	22.96	36.31	51.04	57.26	44.09	1:32.22	3:27.99
797	11.31	-	22.97	36.33	51.06	57.29	44.10	1:32.25	3:28.07
796	-	15.60	22.98	36.34	51.07	57.31	44.12	1:32.28	3:28.15
795	-	15.61	22.99	36.35	51.09	57.34	44.13	1:32.32	3:28.23
794	11.32	-	-	36.37	51.11	57.36	44.15	1:32.35	3:28.31
793	-	15.62	23.00	36.38	51.13	57.38	44.17	1:32.38	3:28.38
792	-	15.63	23.01	36.39	51.14	57.41	44.18	1:32.41	3:28.46
791	11.33	-	23.02	36.40	51.16	57.43	44.20	1:32.45	3:28.54
790	-	15.64	-	36.42	51.18	57.46	44.21	1:32.48	3:28.62
789	11.34	15.65	23.03	36.43	51.20	57.48	44.23	1:32.51	3:28.70
788	-	-	23.04	36.44	51.21	57.51	44.25	1:32.54	3:28.78
787	-	15.66	23.05	36.46	51.23	57.53	44.26	1:32.58	3:28.86
786	11.35	15.67	23.06	36.47	51.25	57.55	44.28	1:32.61	3:28.94
785	-	-	-	36.48	51.27	57.58	44.29	1:32.64	3:29.02
784	-	15.68	23.07	36.50	51.28	57.60	44.31	1:32.67	3:29.10
783	11.36	-	23.08	36.51	51.30	57.63	44.33	1:32.71	3:29.18
782	-	15.69	23.09	36.52	51.32	57.65	44.34	1:32.74	3:29.26
781	-	15.70	23.10	36.54	51.34	57.67	44.36	1:32.77	3:29.34
780	11.37	-	-	36.55	51.36	57.70	44.37	1:32.81	3:29.42
779	-	15.71	23.11	36.56	51.37	57.72	44.39	1:32.84	3:29.50
778	-	15.72	23.12	36.58	51.39	57.75	44.41	1:32.87	3:29.58
777	11.38	-	23.13	36.59	51.41	57.77	44.42	1:32.90	3:29.66
776	-	15.73	23.14	36.60	51.43	57.80	44.44	1:32.94	3:29.74
775	11.39	15.74	-	36.62	51.44	57.82	44.45	1:32.97	3:29.82
774	-	-	23.15	36.63	51.46	57.84	44.47	1:33.00	3:29.90
773	-	15.75	23.16	36.64	51.48	57.87	44.49	1:33.04	3:29.98
772	11.40	15.76	23.17	36.66	51.50	57.89	44.50	1:33.07	3:30.06
771	-	-	23.18	36.67	51.52	57.92	44.52	1:33.10	3:30.14
770	-	15.77	-	36.68	51.53	57.94	44.54	1:33.13	3:30.22
769	11.41	15.78	23.19	36.70	51.55	57.97	44.55	1:33.17	3:30.30
768	-	-	23.20	36.71	51.57	57.99	44.57	1:33.20	3:30.38
767	-	15.79	23.21	36.72	51.59	58.01	44.58	1:33.23	3:30.46
766	11.42	-	23.22	36.74	51.60	58.04	44.60	1:33.27	3:30.54
765	-	15.80	-	36.75	51.62	58.06	44.62	1:33.30	3:30.62
764	11.43	15.81	23.23	36.76	51.64	58.09	44.63	1:33.33	3:30.70
763	-	-	23.24	36.78	51.66	58.11	44.65	1:33.37	3:30.78
762	-	15.82	23.25	36.79	51.68	58.14	44.67	1:33.40	3:30.86
761	11.44	15.83	23.26	36.80	51.69	58.16	44.68	1:33.43	3:30.95
760	-	-	-	36.82	51.71	58.19	44.70	1:33.47	3:31.03
759	-	15.84	23.27	36.83	51.73	58.21	44.71	1:33.50	3:31.11
758	11.45	15.85	23.28	36.84	51.75	58.24	44.73	1:33.53	3:31.19
757	-	-	23.29	36.86	51.77	58.26	44.75	1:33.57	3:31.27
756	-	15.86	23.30	36.87	51.78	58.28	44.76	1:33.60	3:31.35
755	11.46	15.87	-	36.88	51.80	58.31	44.78	1:33.63	3:31.43
754	-	-	23.31	36.90	51.82	58.33	44.80	1:33.67	3:31.51
753	11.47	15.88	23.32	36.91	51.84	58.36	44.81	1:33.70	3:31.59
752	-	15.89	23.33	36.92	51.86	58.38	44.83	1:33.73	3:31.67
751	-	-	23.34	36.94	51.87	58.41	44.85	1:33.77	3:31.76

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
11.48	15.90	-	36.95	51.89	58.43	44.86	1:33.80	3:31.84	750
-	15.91	23.35	36.96	51.91	58.46	44.88	1:33.83	3:31.92	749
-	-	23.36	36.98	51.93	58.48	44.89	1:33.87	3:32.00	748
11.49	15.92	23.37	36.99	51.95	58.51	44.91	1:33.90	3:32.08	747
-	15.93	23.38	37.00	51.96	58.53	44.93	1:33.93	3:32.16	746
11.50	-	-	37.02	51.98	58.56	44.94	1:33.97	3:32.25	745
-	15.94	23.39	37.03	52.00	58.58	44.96	1:34.00	3:32.33	744
-	15.95	23.40	37.05	52.02	58.61	44.98	1:34.03	3:32.41	743
11.51	-	23.41	37.06	52.04	58.63	44.99	1:34.07	3:32.49	742
-	15.96	23.42	37.07	52.06	58.66	45.01	1:34.10	3:32.57	741
-	15.97	23.43	37.09	52.07	58.68	45.03	1:34.14	3:32.65	740
11.52	-	-	37.10	52.09	58.71	45.04	1:34.17	3:32.74	739
-	15.98	23.44	37.11	52.11	58.73	45.06	1:34.20	3:32.82	738
-	15.99	23.45	37.13	52.13	58.76	45.08	1:34.24	3:32.90	737
11.53	-	23.46	37.14	52.15	58.78	45.09	1:34.27	3:32.98	736
-	16.00	23.47	37.15	52.16	58.81	45.11	1:34.30	3:33.07	735
11.54	16.01	-	37.17	52.18	58.83	45.13	1:34.34	3:33.15	734
-	-	23.48	37.18	52.20	58.85	45.14	1:34.37	3:33.23	733
-	16.02	23.49	37.20	52.22	58.88	45.16	1:34.41	3:33.31	732
11.55	16.03	23.50	37.21	52.24	58.91	45.18	1:34.44	3:33.39	731
-	-	23.51	37.22	52.26	58.93	45.19	1:34.47	3:33.48	730
-	16.04	23.52	37.24	52.27	58.96	45.21	1:34.51	3:33.56	729
11.56	16.05	-	37.25	52.29	58.98	45.23	1:34.54	3:33.64	728
-	-	23.53	37.26	52.31	59.01	45.24	1:34.58	3:33.73	727
11.57	16.06	23.54	37.28	52.33	59.03	45.26	1:34.61	3:33.81	726
-	16.07	23.55	37.29	52.35	59.06	45.28	1:34.64	3:33.89	725
-	-	23.56	37.30	52.37	59.08	45.29	1:34.68	3:33.97	724
11.58	16.08	23.57	37.32	52.38	59.11	45.31	1:34.71	3:34.06	723
-	16.09	-	37.33	52.40	59.13	45.33	1:34.75	3:34.14	722
-	-	23.58	37.35	52.42	59.16	45.34	1:34.78	3:34.22	721
11.59	16.10	23.59	37.36	52.44	59.18	45.36	1:34.81	3:34.31	720
-	16.11	23.60	37.37	52.46	59.21	45.38	1:34.85	3:34.39	719
11.60	-	23.61	37.39	52.48	59.23	45.39	1:34.88	3:34.47	718
-	16.12	-	37.40	52.49	59.26	45.41	1:34.92	3:34.56	717
-	16.13	23.62	37.41	52.51	59.28	45.43	1:34.95	3:34.64	716
11.61	-	23.63	37.43	52.53	59.31	45.44	1:34.98	3:34.72	715
-	16.14	23.64	37.44	52.55	59.33	45.46	1:35.02	3:34.81	714
-	16.15	23.65	37.46	52.57	59.36	45.48	1:35.05	3:34.89	713
11.62	-	23.66	37.47	52.59	59.38	45.49	1:35.09	3:34.97	712
-	16.16	-	37.48	52.61	59.41	45.51	1:35.12	3:35.06	711
11.63	16.17	23.67	37.50	52.62	59.43	45.53	1:35.16	3:35.14	710
-	-	23.68	37.51	52.64	59.46	45.54	1:35.19	3:35.22	709
-	16.18	23.69	37.53	52.66	59.49	45.56	1:35.23	3:35.31	708
11.64	16.19	23.70	37.54	52.68	59.51	45.58	1:35.26	3:35.39	707
-	-	23.71	37.55	52.70	59.54	45.60	1:35.29	3:35.48	706
-	16.20	-	37.57	52.72	59.56	45.61	1:35.33	3:35.56	705
11.65	16.21	23.72	37.58	52.74	59.59	45.63	1:35.36	3:35.64	704
-	16.22	23.73	37.60	52.75	59.61	45.65	1:35.40	3:35.73	703
11.66	-	23.74	37.61	52.77	59.64	45.66	1:35.43	3:35.81	702
-	16.23	23.75	37.62	52.79	59.66	45.68	1:35.47	3:35.90	701

Points	100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
700	-	16.24	23.76	37.64	52.81	59.69	45.70	1:35.50	3:35.98
699	11.67	-	-	37.65	52.83	59.71	45.71	1:35.54	3:36.06
698	-	16.25	23.77	37.67	52.85	59.74	45.73	1:35.57	3:36.15
697	11.68	16.26	23.78	37.68	52.87	59.77	45.75	1:35.61	3:36.23
696	-	-	23.79	37.69	52.89	59.79	45.77	1:35.64	3:36.32
695	-	16.27	23.80	37.71	52.90	59.82	45.78	1:35.68	3:36.40
694	11.69	16.28	23.81	37.72	52.92	59.84	45.80	1:35.71	3:36.49
693	-	-	23.82	37.74	52.94	59.87	45.82	1:35.74	3:36.57
692	-	16.29	-	37.75	52.96	59.89	45.83	1:35.78	3:36.66
691	11.70	16.30	23.83	37.76	52.98	59.92	45.85	1:35.81	3:36.74
690	-	-	23.84	37.78	53.00	59.95	45.87	1:35.85	3:36.83
689	11.71	16.31	23.85	37.79	53.02	59.97	45.88	1:35.88	3:36.91
688	-	16.32	23.86	37.81	53.04	1:00.00	45.90	1:35.92	3:37.00
687	-	-	23.87	37.82	53.06	1:00.02	45.92	1:35.95	3:37.08
686	11.72	16.33	-	37.83	53.07	1:00.05	45.94	1:35.99	3:37.17
685	-	16.34	23.88	37.85	53.09	1:00.07	45.95	1:36.02	3:37.25
684	11.73	16.35	23.89	37.86	53.11	1:00.10	45.97	1:36.06	3:37.34
683	-	-	23.90	37.88	53.13	1:00.13	45.99	1:36.09	3:37.42
682	-	16.36	23.91	37.89	53.15	1:00.15	46.01	1:36.13	3:37.51
681	11.74	16.37	23.92	37.90	53.17	1:00.18	46.02	1:36.16	3:37.59
680	-	-	23.93	37.92	53.19	1:00.20	46.04	1:36.20	3:37.68
679	-	16.38	-	37.93	53.21	1:00.23	46.06	1:36.23	3:37.76
678	11.75	16.39	23.94	37.95	53.23	1:00.26	46.07	1:36.27	3:37.85
677	-	-	23.95	37.96	53.24	1:00.28	46.09	1:36.31	3:37.93
676	11.76	16.40	23.96	37.98	53.26	1:00.31	46.11	1:36.34	3:38.02
675	-	16.41	23.97	37.99	53.28	1:00.33	46.13	1:36.38	3:38.11
674	-	-	23.98	38.00	53.30	1:00.36	46.14	1:36.41	3:38.19
673	11.77	16.42	-	38.02	53.32	1:00.39	46.16	1:36.45	3:38.28
672	-	16.43	23.99	38.03	53.34	1:00.41	46.18	1:36.48	3:38.36
671	11.78	16.44	24.00	38.05	53.36	1:00.44	46.20	1:36.52	3:38.45
670	-	-	24.01	38.06	53.38	1:00.46	46.21	1:36.55	3:38.54
669	-	16.45	24.02	38.08	53.40	1:00.49	46.23	1:36.59	3:38.62
668	11.79	16.46	24.03	38.09	53.42	1:00.52	46.25	1:36.62	3:38.71
667	-	-	24.04	38.10	53.44	1:00.54	46.26	1:36.66	3:38.80
666	-	16.47	24.05	38.12	53.45	1:00.57	46.28	1:36.69	3:38.88
665	11.80	16.48	-	38.13	53.47	1:00.60	46.30	1:36.73	3:38.97
664	-	-	24.06	38.15	53.49	1:00.62	46.32	1:36.77	3:39.05
663	11.81	16.49	24.07	38.16	53.51	1:00.65	46.33	1:36.80	3:39.14
662	-	16.50	24.08	38.18	53.53	1:00.67	46.35	1:36.84	3:39.23
661	-	16.51	24.09	38.19	53.55	1:00.70	46.37	1:36.87	3:39.31
660	11.82	-	24.10	38.20	53.57	1:00.73	46.39	1:36.91	3:39.40
659	-	16.52	24.11	38.22	53.59	1:00.75	46.40	1:36.94	3:39.49
658	11.83	16.53	-	38.23	53.61	1:00.78	46.42	1:36.98	3:39.58
657	-	-	24.12	38.25	53.63	1:00.81	46.44	1:37.01	3:39.66
656	-	16.54	24.13	38.26	53.65	1:00.83	46.46	1:37.05	3:39.75
655	11.84	16.55	24.14	38.28	53.67	1:00.86	46.47	1:37.09	3:39.84
654	-	-	24.15	38.29	53.69	1:00.89	46.49	1:37.12	3:39.92
653	11.85	16.56	24.16	38.31	53.71	1:00.91	46.51	1:37.16	3:40.01
652	-	16.57	24.17	38.32	53.72	1:00.94	46.53	1:37.19	3:40.10
651	-	16.58	-	38.33	53.74	1:00.97	46.55	1:37.23	3:40.19

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
11.86	-	24.18	38.35	53.76	1:00.99	46.56	1:37.27	3:40.27	650
-	16.59	24.19	38.36	53.78	1:01.02	46.58	1:37.30	3:40.36	649
11.87	16.60	24.20	38.38	53.80	1:01.04	46.60	1:37.34	3:40.45	648
-	-	24.21	38.39	53.82	1:01.07	46.62	1:37.37	3:40.54	647
-	16.61	24.22	38.41	53.84	1:01.10	46.63	1:37.41	3:40.62	646
11.88	16.62	24.23	38.42	53.86	1:01.12	46.65	1:37.45	3:40.71	645
-	16.63	24.24	38.44	53.88	1:01.15	46.67	1:37.48	3:40.80	644
11.89	-	-	38.45	53.90	1:01.18	46.69	1:37.52	3:40.89	643
-	16.64	24.25	38.46	53.92	1:01.20	46.70	1:37.55	3:40.97	642
-	16.65	24.26	38.48	53.94	1:01.23	46.72	1:37.59	3:41.06	641
11.90	-	24.27	38.49	53.96	1:01.26	46.74	1:37.63	3:41.15	640
-	16.66	24.28	38.51	53.98	1:01.28	46.76	1:37.66	3:41.24	639
11.91	16.67	24.29	38.52	54.00	1:01.31	46.78	1:37.70	3:41.33	638
-	16.68	24.30	38.54	54.02	1:01.34	46.79	1:37.74	3:41.42	637
-	-	24.31	38.55	54.04	1:01.37	46.81	1:37.77	3:41.50	636
11.92	16.69	-	38.57	54.06	1:01.39	46.83	1:37.81	3:41.59	635
-	16.70	24.32	38.58	54.08	1:01.42	46.85	1:37.84	3:41.68	634
11.93	-	24.33	38.60	54.10	1:01.45	46.86	1:37.88	3:41.77	633
-	16.71	24.34	38.61	54.12	1:01.47	46.88	1:37.92	3:41.86	632
-	16.72	24.35	38.63	54.13	1:01.50	46.90	1:37.95	3:41.95	631
11.94	16.73	24.36	38.64	54.15	1:01.53	46.92	1:37.99	3:42.04	630
-	-	24.37	38.66	54.17	1:01.55	46.94	1:38.03	3:42.12	629
11.95	16.74	24.38	38.67	54.19	1:01.58	46.95	1:38.06	3:42.21	628
-	16.75	24.39	38.68	54.21	1:01.61	46.97	1:38.10	3:42.30	627
-	-	-	38.70	54.23	1:01.63	46.99	1:38.14	3:42.39	626
11.96	16.76	24.40	38.71	54.25	1:01.66	47.01	1:38.17	3:42.48	625
-	16.77	24.41	38.73	54.27	1:01.69	47.03	1:38.21	3:42.57	624
11.97	16.78	24.42	38.74	54.29	1:01.72	47.04	1:38.25	3:42.66	623
-	-	24.43	38.76	54.31	1:01.74	47.06	1:38.28	3:42.75	622
-	16.79	24.44	38.77	54.33	1:01.77	47.08	1:38.32	3:42.84	621
11.98	16.80	24.45	38.79	54.35	1:01.80	47.10	1:38.36	3:42.93	620
-	16.81	24.46	38.80	54.37	1:01.82	47.12	1:38.39	3:43.02	619
11.99	-	24.47	38.82	54.39	1:01.85	47.13	1:38.43	3:43.11	618
-	16.82	-	38.83	54.41	1:01.88	47.15	1:38.47	3:43.20	617
-	16.83	24.48	38.85	54.43	1:01.91	47.17	1:38.50	3:43.29	616
12.00	-	24.49	38.86	54.45	1:01.93	47.19	1:38.54	3:43.38	615
-	16.84	24.50	38.88	54.47	1:01.96	47.21	1:38.58	3:43.47	614
12.01	16.85	24.51	38.89	54.49	1:01.99	47.22	1:38.62	3:43.56	613
-	16.86	24.52	38.91	54.51	1:02.02	47.24	1:38.65	3:43.65	612
-	-	24.53	38.92	54.53	1:02.04	47.26	1:38.69	3:43.74	611
12.02	16.87	24.54	38.94	54.55	1:02.07	47.28	1:38.73	3:43.83	610
-	16.88	24.55	38.95	54.57	1:02.10	47.30	1:38.76	3:43.92	609
12.03	16.89	-	38.97	54.59	1:02.13	47.32	1:38.80	3:44.01	608
-	-	24.56	38.98	54.61	1:02.15	47.33	1:38.84	3:44.10	607
-	16.90	24.57	39.00	54.63	1:02.18	47.35	1:38.88	3:44.19	606
12.04	16.91	24.58	39.01	54.65	1:02.21	47.37	1:38.91	3:44.28	605
-	16.92	24.59	39.03	54.67	1:02.24	47.39	1:38.95	3:44.37	604
12.05	-	24.60	39.04	54.69	1:02.26	47.41	1:38.99	3:44.46	603
-	16.93	24.61	39.06	54.71	1:02.29	47.43	1:39.02	3:44.55	602
12.06	16.94	24.62	39.07	54.73	1:02.32	47.44	1:39.06	3:44.64	601

Points	100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
600	-	-	24.63	39.09	54.75	1:02.35	47.46	1:39.10	3:44.73
599	-	16.95	24.64	39.10	54.77	1:02.37	47.48	1:39.14	3:44.83
598	12.07	16.96	24.65	39.12	54.79	1:02.40	47.50	1:39.17	3:44.92
597	-	16.97	-	39.13	54.81	1:02.43	47.52	1:39.21	3:45.01
596	12.08	-	24.66	39.15	54.83	1:02.46	47.54	1:39.25	3:45.10
595	-	16.98	24.67	39.16	54.85	1:02.48	47.55	1:39.29	3:45.19
594	-	16.99	24.68	39.18	54.87	1:02.51	47.57	1:39.32	3:45.28
593	12.09	17.00	24.69	39.19	54.90	1:02.54	47.59	1:39.36	3:45.37
592	-	-	24.70	39.21	54.92	1:02.57	47.61	1:39.40	3:45.47
591	12.10	17.01	24.71	39.22	54.94	1:02.59	47.63	1:39.44	3:45.56
590	-	17.02	24.72	39.24	54.96	1:02.62	47.65	1:39.47	3:45.65
589	-	17.03	24.73	39.25	54.98	1:02.65	47.67	1:39.51	3:45.74
588	12.11	-	24.74	39.27	55.00	1:02.68	47.68	1:39.55	3:45.83
587	-	17.04	24.75	39.29	55.02	1:02.71	47.70	1:39.59	3:45.92
586	12.12	17.05	-	39.30	55.04	1:02.73	47.72	1:39.63	3:46.02
585	-	17.06	24.76	39.32	55.06	1:02.76	47.74	1:39.66	3:46.11
584	12.13	-	24.77	39.33	55.08	1:02.79	47.76	1:39.70	3:46.20
583	-	17.07	24.78	39.35	55.10	1:02.82	47.78	1:39.74	3:46.29
582	-	17.08	24.79	39.36	55.12	1:02.85	47.80	1:39.78	3:46.39
581	12.14	17.09	24.80	39.38	55.14	1:02.87	47.81	1:39.82	3:46.48
580	-	-	24.81	39.39	55.16	1:02.90	47.83	1:39.85	3:46.57
579	12.15	17.10	24.82	39.41	55.18	1:02.93	47.85	1:39.89	3:46.66
578	-	17.11	24.83	39.42	55.20	1:02.96	47.87	1:39.93	3:46.76
577	-	17.12	24.84	39.44	55.22	1:02.99	47.89	1:39.97	3:46.85
576	12.16	-	24.85	39.45	55.24	1:03.02	47.91	1:40.01	3:46.94
575	-	17.13	24.86	39.47	55.26	1:03.04	47.93	1:40.04	3:47.03
574	12.17	17.14	24.87	39.48	55.28	1:03.07	47.95	1:40.08	3:47.13
573	-	17.15	-	39.50	55.31	1:03.10	47.96	1:40.12	3:47.22
572	12.18	-	24.88	39.52	55.33	1:03.13	47.98	1:40.16	3:47.31
571	-	17.16	24.89	39.53	55.35	1:03.16	48.00	1:40.20	3:47.41
570	-	17.17	24.90	39.55	55.37	1:03.18	48.02	1:40.24	3:47.50
569	12.19	17.18	24.91	39.56	55.39	1:03.21	48.04	1:40.27	3:47.59
568	-	-	24.92	39.58	55.41	1:03.24	48.06	1:40.31	3:47.69
567	12.20	17.19	24.93	39.59	55.43	1:03.27	48.08	1:40.35	3:47.78
566	-	17.20	24.94	39.61	55.45	1:03.30	48.10	1:40.39	3:47.88
565	12.21	17.21	24.95	39.62	55.47	1:03.33	48.11	1:40.43	3:47.97
564	-	-	24.96	39.64	55.49	1:03.36	48.13	1:40.47	3:48.06
563	-	17.22	24.97	39.66	55.51	1:03.38	48.15	1:40.51	3:48.16
562	12.22	17.23	24.98	39.67	55.53	1:03.41	48.17	1:40.54	3:48.25
561	-	17.24	24.99	39.69	55.55	1:03.44	48.19	1:40.58	3:48.34
560	12.23	-	25.00	39.70	55.58	1:03.47	48.21	1:40.62	3:48.44
559	-	17.25	25.01	39.72	55.60	1:03.50	48.23	1:40.66	3:48.53
558	12.24	17.26	-	39.73	55.62	1:03.53	48.25	1:40.70	3:48.63
557	-	17.27	25.02	39.75	55.64	1:03.56	48.27	1:40.74	3:48.72
556	-	17.28	25.03	39.76	55.66	1:03.58	48.29	1:40.78	3:48.82
555	12.25	-	25.04	39.78	55.68	1:03.61	48.30	1:40.82	3:48.91
554	-	17.29	25.05	39.80	55.70	1:03.64	48.32	1:40.85	3:49.01
553	12.26	17.30	25.06	39.81	55.72	1:03.67	48.34	1:40.89	3:49.10
552	-	17.31	25.07	39.83	55.74	1:03.70	48.36	1:40.93	3:49.20
551	12.27	-	25.08	39.84	55.76	1:03.73	48.38	1:40.97	3:49.29

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
-	17.32	25.09	39.86	55.79	1:03.76	48.40	1:41.01	3:49.39	550
-	17.33	25.10	39.87	55.81	1:03.79	48.42	1:41.05	3:49.48	549
12.28	17.34	25.11	39.89	55.83	1:03.81	48.44	1:41.09	3:49.58	548
-	-	25.12	39.91	55.85	1:03.84	48.46	1:41.13	3:49.67	547
12.29	17.35	25.13	39.92	55.87	1:03.87	48.48	1:41.17	3:49.77	546
-	17.36	25.14	39.94	55.89	1:03.90	48.50	1:41.21	3:49.86	545
12.30	17.37	25.15	39.95	55.91	1:03.93	48.52	1:41.25	3:49.96	544
-	17.38	25.16	39.97	55.93	1:03.96	48.54	1:41.28	3:50.05	543
-	-	25.17	39.99	55.95	1:03.99	48.55	1:41.32	3:50.15	542
12.31	17.39	25.18	40.00	55.98	1:04.02	48.57	1:41.36	3:50.25	541
-	17.40	-	40.02	56.00	1:04.05	48.59	1:41.40	3:50.34	540
12.32	17.41	25.19	40.03	56.02	1:04.08	48.61	1:41.44	3:50.44	539
-	-	25.20	40.05	56.04	1:04.10	48.63	1:41.48	3:50.53	538
12.33	17.42	25.21	40.06	56.06	1:04.13	48.65	1:41.52	3:50.63	537
-	17.43	25.22	40.08	56.08	1:04.16	48.67	1:41.56	3:50.73	536
-	17.44	25.23	40.10	56.10	1:04.19	48.69	1:41.60	3:50.82	535
12.34	17.45	25.24	40.11	56.13	1:04.22	48.71	1:41.64	3:50.92	534
-	-	25.25	40.13	56.15	1:04.25	48.73	1:41.68	3:51.02	533
12.35	17.46	25.26	40.14	56.17	1:04.28	48.75	1:41.72	3:51.11	532
-	17.47	25.27	40.16	56.19	1:04.31	48.77	1:41.76	3:51.21	531
12.36	17.48	25.28	40.18	56.21	1:04.34	48.79	1:41.80	3:51.31	530
-	-	25.29	40.19	56.23	1:04.37	48.81	1:41.84	3:51.40	529
-	17.49	25.30	40.21	56.25	1:04.40	48.83	1:41.88	3:51.50	528
12.37	17.50	25.31	40.23	56.28	1:04.43	48.85	1:41.92	3:51.60	527
-	17.51	25.32	40.24	56.30	1:04.46	48.87	1:41.96	3:51.69	526
12.38	17.52	25.33	40.26	56.32	1:04.49	48.89	1:42.00	3:51.79	525
-	-	25.34	40.27	56.34	1:04.52	48.90	1:42.04	3:51.89	524
12.39	17.53	25.35	40.29	56.36	1:04.55	48.92	1:42.08	3:51.99	523
-	17.54	25.36	40.31	56.38	1:04.58	48.94	1:42.12	3:52.08	522
12.40	17.55	25.37	40.32	56.41	1:04.60	48.96	1:42.16	3:52.18	521
-	17.56	25.38	40.34	56.43	1:04.63	48.98	1:42.20	3:52.28	520
-	-	25.39	40.35	56.45	1:04.66	49.00	1:42.24	3:52.38	519
12.41	17.57	25.40	40.37	56.47	1:04.69	49.02	1:42.28	3:52.47	518
-	17.58	25.41	40.39	56.49	1:04.72	49.04	1:42.32	3:52.57	517
12.42	17.59	25.42	40.40	56.51	1:04.75	49.06	1:42.36	3:52.67	516
-	17.60	25.43	40.42	56.54	1:04.78	49.08	1:42.40	3:52.77	515
12.43	-	25.44	40.44	56.56	1:04.81	49.10	1:42.44	3:52.87	514
-	17.61	25.45	40.45	56.58	1:04.84	49.12	1:42.48	3:52.97	513
12.44	17.62	25.46	40.47	56.60	1:04.87	49.14	1:42.52	3:53.06	512
-	17.63	25.47	40.48	56.62	1:04.90	49.16	1:42.56	3:53.16	511
-	17.64	25.48	40.50	56.65	1:04.93	49.18	1:42.60	3:53.26	510
12.45	-	25.49	40.52	56.67	1:04.96	49.20	1:42.64	3:53.36	509
-	17.65	25.50	40.53	56.69	1:04.99	49.22	1:42.68	3:53.46	508
12.46	17.66	-	40.55	56.71	1:05.02	49.24	1:42.72	3:53.56	507
-	17.67	25.51	40.57	56.73	1:05.05	49.26	1:42.77	3:53.66	506
12.47	17.68	25.52	40.58	56.76	1:05.08	49.28	1:42.81	3:53.76	505
-	-	25.53	40.60	56.78	1:05.11	49.30	1:42.85	3:53.86	504
12.48	17.69	25.54	40.62	56.80	1:05.14	49.32	1:42.89	3:53.96	503
-	17.70	25.55	40.63	56.82	1:05.17	49.34	1:42.93	3:54.05	502
-	17.71	25.56	40.65	56.84	1:05.20	49.36	1:42.97	3:54.15	501

Points	100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
500	12.49	17.72	25.57	40.67	56.87	1:05.23	49.38	1:43.01	3:54.25
499	-	-	25.58	40.68	56.89	1:05.26	49.40	1:43.05	3:54.35
498	12.50	17.73	25.59	40.70	56.91	1:05.29	49.42	1:43.09	3:54.45
497	-	17.74	25.60	40.72	56.93	1:05.32	49.44	1:43.13	3:54.55
496	12.51	17.75	25.61	40.73	56.95	1:05.35	49.46	1:43.17	3:54.65
495	-	17.76	25.62	40.75	56.98	1:05.39	49.48	1:43.22	3:54.75
494	12.52	-	25.63	40.76	57.00	1:05.42	49.50	1:43.26	3:54.85
493	-	17.77	25.64	40.78	57.02	1:05.45	49.52	1:43.30	3:54.95
492	12.53	17.78	25.65	40.80	57.04	1:05.48	49.54	1:43.34	3:55.06
491	-	17.79	25.66	40.81	57.07	1:05.51	49.56	1:43.38	3:55.16
490	-	17.80	25.67	40.83	57.09	1:05.54	49.58	1:43.42	3:55.26
489	12.54	17.81	25.68	40.85	57.11	1:05.57	49.60	1:43.46	3:55.36
488	-	-	25.69	40.87	57.13	1:05.60	49.62	1:43.51	3:55.46
487	12.55	17.82	25.70	40.88	57.16	1:05.63	49.65	1:43.55	3:55.56
486	-	17.83	25.71	40.90	57.18	1:05.66	49.67	1:43.59	3:55.66
485	12.56	17.84	25.72	40.92	57.20	1:05.69	49.69	1:43.63	3:55.76
484	-	17.85	25.73	40.93	57.22	1:05.72	49.71	1:43.67	3:55.86
483	12.57	-	25.74	40.95	57.24	1:05.75	49.73	1:43.71	3:55.96
482	-	17.86	25.75	40.97	57.27	1:05.78	49.75	1:43.76	3:56.07
481	12.58	17.87	25.76	40.98	57.29	1:05.81	49.77	1:43.80	3:56.17
480	-	17.88	25.77	41.00	57.31	1:05.85	49.79	1:43.84	3:56.27
479	12.59	17.89	25.78	41.02	57.34	1:05.88	49.81	1:43.88	3:56.37
478	-	17.90	25.79	41.03	57.36	1:05.91	49.83	1:43.92	3:56.47
477	-	-	25.80	41.05	57.38	1:05.94	49.85	1:43.96	3:56.58
476	12.60	17.91	25.82	41.07	57.40	1:05.97	49.87	1:44.01	3:56.68
475	-	17.92	25.83	41.08	57.43	1:06.00	49.89	1:44.05	3:56.78
474	12.61	17.93	25.84	41.10	57.45	1:06.03	49.91	1:44.09	3:56.88
473	-	17.94	25.85	41.12	57.47	1:06.06	49.93	1:44.13	3:56.98
472	12.62	17.95	25.86	41.14	57.49	1:06.09	49.95	1:44.17	3:57.09
471	-	-	25.87	41.15	57.52	1:06.12	49.97	1:44.22	3:57.19
470	12.63	17.96	25.88	41.17	57.54	1:06.16	49.99	1:44.26	3:57.29
469	-	17.97	25.89	41.19	57.56	1:06.19	50.02	1:44.30	3:57.40
468	12.64	17.98	25.90	41.20	57.59	1:06.22	50.04	1:44.34	3:57.50
467	-	17.99	25.91	41.22	57.61	1:06.25	50.06	1:44.39	3:57.60
466	12.65	18.00	25.92	41.24	57.63	1:06.28	50.08	1:44.43	3:57.70
465	-	-	25.93	41.25	57.65	1:06.31	50.10	1:44.47	3:57.81
464	-	18.01	25.94	41.27	57.68	1:06.34	50.12	1:44.51	3:57.91
463	12.66	18.02	25.95	41.29	57.70	1:06.37	50.14	1:44.56	3:58.02
462	-	18.03	25.96	41.31	57.72	1:06.41	50.16	1:44.60	3:58.12
461	12.67	18.04	25.97	41.32	57.75	1:06.44	50.18	1:44.64	3:58.22
460	-	18.05	25.98	41.34	57.77	1:06.47	50.20	1:44.68	3:58.33
459	12.68	-	25.99	41.36	57.79	1:06.50	50.22	1:44.73	3:58.43
458	-	18.06	26.00	41.37	57.82	1:06.53	50.25	1:44.77	3:58.53
457	12.69	18.07	26.01	41.39	57.84	1:06.56	50.27	1:44.81	3:58.64
456	-	18.08	26.02	41.41	57.86	1:06.60	50.29	1:44.86	3:58.74
455	12.70	18.09	26.03	41.43	57.88	1:06.63	50.31	1:44.90	3:58.85
454	-	18.10	26.04	41.44	57.91	1:06.66	50.33	1:44.94	3:58.95
453	12.71	-	26.05	41.46	57.93	1:06.69	50.35	1:44.98	3:59.06
452	-	18.11	26.06	41.48	57.95	1:06.72	50.37	1:45.03	3:59.16
451	12.72	18.12	26.07	41.50	57.98	1:06.75	50.39	1:45.07	3:59.27

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
-	18.13	26.08	41.51	58.00	1:06.79	50.41	1:45.11	3:59.37	450
12.73	18.14	26.09	41.53	58.02	1:06.82	50.44	1:45.16	3:59.48	449
-	18.15	26.10	41.55	58.05	1:06.85	50.46	1:45.20	3:59.58	448
-	18.16	26.11	41.57	58.07	1:06.88	50.48	1:45.24	3:59.69	447
12.74	-	26.13	41.58	58.09	1:06.91	50.50	1:45.29	3:59.79	446
-	18.17	26.14	41.60	58.12	1:06.95	50.52	1:45.33	3:59.90	445
12.75	18.18	26.15	41.62	58.14	1:06.98	50.54	1:45.37	4:00.01	444
-	18.19	26.16	41.64	58.17	1:07.01	50.56	1:45.42	4:00.11	443
12.76	18.20	26.17	41.65	58.19	1:07.04	50.58	1:45.46	4:00.22	442
-	18.21	26.18	41.67	58.21	1:07.08	50.61	1:45.50	4:00.32	441
12.77	18.22	26.19	41.69	58.24	1:07.11	50.63	1:45.55	4:00.43	440
-	-	26.20	41.71	58.26	1:07.14	50.65	1:45.59	4:00.54	439
12.78	18.23	26.21	41.72	58.28	1:07.17	50.67	1:45.64	4:00.64	438
-	18.24	26.22	41.74	58.31	1:07.20	50.69	1:45.68	4:00.75	437
12.79	18.25	26.23	41.76	58.33	1:07.24	50.71	1:45.72	4:00.86	436
-	18.26	26.24	41.78	58.35	1:07.27	50.73	1:45.77	4:00.96	435
12.80	18.27	26.25	41.80	58.38	1:07.30	50.76	1:45.81	4:01.07	434
-	18.28	26.26	41.81	58.40	1:07.33	50.78	1:45.86	4:01.18	433
12.81	18.29	26.27	41.83	58.43	1:07.37	50.80	1:45.90	4:01.28	432
-	-	26.28	41.85	58.45	1:07.40	50.82	1:45.94	4:01.39	431
12.82	18.30	26.29	41.87	58.47	1:07.43	50.84	1:45.99	4:01.50	430
-	18.31	26.31	41.88	58.50	1:07.46	50.86	1:46.03	4:01.61	429
12.83	18.32	26.32	41.90	58.52	1:07.50	50.89	1:46.08	4:01.71	428
-	18.33	26.33	41.92	58.54	1:07.53	50.91	1:46.12	4:01.82	427
12.84	18.34	26.34	41.94	58.57	1:07.56	50.93	1:46.16	4:01.93	426
-	18.35	26.35	41.96	58.59	1:07.60	50.95	1:46.21	4:02.04	425
12.85	18.36	26.36	41.97	58.62	1:07.63	50.97	1:46.25	4:02.15	424
-	-	26.37	41.99	58.64	1:07.66	51.00	1:46.30	4:02.25	423
12.86	18.37	26.38	42.01	58.66	1:07.69	51.02	1:46.34	4:02.36	422
-	18.38	26.39	42.03	58.69	1:07.73	51.04	1:46.39	4:02.47	421
12.87	18.39	26.40	42.05	58.71	1:07.76	51.06	1:46.43	4:02.58	420
-	18.40	26.41	42.06	58.74	1:07.79	51.08	1:46.48	4:02.69	419
12.88	18.41	26.42	42.08	58.76	1:07.83	51.11	1:46.52	4:02.80	418
-	18.42	26.43	42.10	58.79	1:07.86	51.13	1:46.57	4:02.91	417
12.89	18.43	26.45	42.12	58.81	1:07.89	51.15	1:46.61	4:03.02	416
-	-	26.46	42.14	58.83	1:07.93	51.17	1:46.66	4:03.13	415
12.90	18.44	26.47	42.15	58.86	1:07.96	51.19	1:46.70	4:03.24	414
-	18.45	26.48	42.17	58.88	1:07.99	51.22	1:46.75	4:03.35	413
12.91	18.46	26.49	42.19	58.91	1:08.03	51.24	1:46.79	4:03.46	412
-	18.47	26.50	42.21	58.93	1:08.06	51.26	1:46.84	4:03.57	411
12.92	18.48	26.51	42.23	58.96	1:08.09	51.28	1:46.88	4:03.68	410
-	18.49	26.52	42.25	58.98	1:08.13	51.30	1:46.93	4:03.79	409
-	18.50	26.53	42.26	59.00	1:08.16	51.33	1:46.97	4:03.90	408
12.93	18.51	26.54	42.28	59.03	1:08.19	51.35	1:47.02	4:04.01	407
-	-	26.56	42.30	59.05	1:08.23	51.37	1:47.06	4:04.12	406
12.94	18.52	26.57	42.32	59.08	1:08.26	51.39	1:47.11	4:04.23	405
-	18.53	26.58	42.34	59.10	1:08.29	51.42	1:47.15	4:04.34	404
12.95	18.54	26.59	42.36	59.13	1:08.33	51.44	1:47.20	4:04.45	403
12.96	18.55	26.60	42.37	59.15	1:08.36	51.46	1:47.25	4:04.56	402
-	18.56	26.61	42.39	59.18	1:08.39	51.48	1:47.29	4:04.67	401

Points	100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
400	12.97	18.57	26.62	42.41	59.20	1:08.43	51.51	1:47.34	4:04.78
399	-	18.58	26.63	42.43	59.23	1:08.46	51.53	1:47.38	4:04.90
398	12.98	18.59	26.64	42.45	59.25	1:08.50	51.55	1:47.43	4:05.01
397	-	18.60	26.65	42.47	59.28	1:08.53	51.57	1:47.48	4:05.12
396	12.99	-	26.67	42.48	59.30	1:08.56	51.60	1:47.52	4:05.23
395	-	18.61	26.68	42.50	59.33	1:08.60	51.62	1:47.57	4:05.34
394	13.00	18.62	26.69	42.52	59.35	1:08.63	51.64	1:47.61	4:05.46
393	-	18.63	26.70	42.54	59.38	1:08.67	51.66	1:47.66	4:05.57
392	13.01	18.64	26.71	42.56	59.40	1:08.70	51.69	1:47.71	4:05.68
391	-	18.65	26.72	42.58	59.43	1:08.73	51.71	1:47.75	4:05.79
390	13.02	18.66	26.73	42.60	59.45	1:08.77	51.73	1:47.80	4:05.91
389	-	18.67	26.74	42.62	59.48	1:08.80	51.75	1:47.85	4:06.02
388	13.03	18.68	26.76	42.63	59.50	1:08.84	51.78	1:47.89	4:06.13
387	-	18.69	26.77	42.65	59.53	1:08.87	51.80	1:47.94	4:06.25
386	13.04	18.70	26.78	42.67	59.55	1:08.91	51.82	1:47.98	4:06.36
385	-	18.71	26.79	42.69	59.58	1:08.94	51.85	1:48.03	4:06.47
384	13.05	-	26.80	42.71	59.60	1:08.98	51.87	1:48.08	4:06.59
383	-	18.72	26.81	42.73	59.63	1:09.01	51.89	1:48.12	4:06.70
382	13.06	18.73	26.82	42.75	59.65	1:09.04	51.91	1:48.17	4:06.81
381	-	18.74	26.83	42.77	59.68	1:09.08	51.94	1:48.22	4:06.93
380	13.07	18.75	26.85	42.78	59.70	1:09.11	51.96	1:48.27	4:07.04
379	-	18.76	26.86	42.80	59.73	1:09.15	51.98	1:48.31	4:07.16
378	13.08	18.77	26.87	42.82	59.75	1:09.18	52.01	1:48.36	4:07.27
377	-	18.78	26.88	42.84	59.78	1:09.22	52.03	1:48.41	4:07.39
376	13.09	18.79	26.89	42.86	59.80	1:09.25	52.05	1:48.45	4:07.50
375	-	18.80	26.90	42.88	59.83	1:09.29	52.08	1:48.50	4:07.62
374	13.10	18.81	26.91	42.90	59.86	1:09.32	52.10	1:48.55	4:07.73
373	-	18.82	26.93	42.92	59.88	1:09.36	52.12	1:48.60	4:07.85
372	13.11	18.83	26.94	42.94	59.91	1:09.39	52.15	1:48.64	4:07.96
371	-	18.84	26.95	42.96	59.93	1:09.43	52.17	1:48.69	4:08.08
370	13.12	-	26.96	42.98	59.96	1:09.46	52.19	1:48.74	4:08.19
369	-	18.85	26.97	43.00	59.98	1:09.50	52.22	1:48.79	4:08.31
368	13.13	18.86	26.98	43.01	1:00.01	1:09.53	52.24	1:48.83	4:08.43
367	-	18.87	27.00	43.03	1:00.04	1:09.57	52.26	1:48.88	4:08.54
366	13.14	18.88	27.01	43.05	1:00.06	1:09.60	52.29	1:48.93	4:08.66
365	13.15	18.89	27.02	43.07	1:00.09	1:09.64	52.31	1:48.98	4:08.78
364	-	18.90	27.03	43.09	1:00.11	1:09.68	52.33	1:49.03	4:08.89
363	13.16	18.91	27.04	43.11	1:00.14	1:09.71	52.36	1:49.07	4:09.01
362	-	18.92	27.05	43.13	1:00.17	1:09.75	52.38	1:49.12	4:09.13
361	13.17	18.93	27.07	43.15	1:00.19	1:09.78	52.40	1:49.17	4:09.24
360	-	18.94	27.08	43.17	1:00.22	1:09.82	52.43	1:49.22	4:09.36
359	13.18	18.95	27.09	43.19	1:00.24	1:09.85	52.45	1:49.27	4:09.48
358	-	18.96	27.10	43.21	1:00.27	1:09.89	52.48	1:49.32	4:09.60
357	13.19	18.97	27.11	43.23	1:00.30	1:09.92	52.50	1:49.36	4:09.72
356	-	18.98	27.12	43.25	1:00.32	1:09.96	52.52	1:49.41	4:09.83
355	13.20	18.99	27.14	43.27	1:00.35	1:10.00	52.55	1:49.46	4:09.95
354	-	19.00	27.15	43.29	1:00.37	1:10.03	52.57	1:49.51	4:10.07
353	13.21	19.01	27.16	43.31	1:00.40	1:10.07	52.60	1:49.56	4:10.19
352	-	19.02	27.17	43.33	1:00.43	1:10.10	52.62	1:49.61	4:10.31
351	13.22	19.03	27.18	43.35	1:00.45	1:10.14	52.64	1:49.66	4:10.43

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
13.23	19.04	27.19	43.37	1:00.48	1:10.18	52.67	1:49.71	4:10.55	350
-	19.05	27.21	43.39	1:00.51	1:10.21	52.69	1:49.75	4:10.66	349
13.24	-	27.22	43.41	1:00.53	1:10.25	52.72	1:49.80	4:10.78	348
-	19.06	27.23	43.42	1:00.56	1:10.29	52.74	1:49.85	4:10.90	347
13.25	19.07	27.24	43.44	1:00.59	1:10.32	52.76	1:49.90	4:11.02	346
-	19.08	27.25	43.46	1:00.61	1:10.36	52.79	1:49.95	4:11.14	345
13.26	19.09	27.27	43.48	1:00.64	1:10.39	52.81	1:50.00	4:11.26	344
-	19.10	27.28	43.50	1:00.67	1:10.43	52.84	1:50.05	4:11.38	343
13.27	19.11	27.29	43.52	1:00.69	1:10.47	52.86	1:50.10	4:11.50	342
-	19.12	27.30	43.54	1:00.72	1:10.50	52.89	1:50.15	4:11.63	341
13.28	19.13	27.31	43.56	1:00.75	1:10.54	52.91	1:50.20	4:11.75	340
13.29	19.14	27.33	43.58	1:00.77	1:10.58	52.93	1:50.25	4:11.87	339
-	19.15	27.34	43.60	1:00.80	1:10.61	52.96	1:50.30	4:11.99	338
13.30	19.16	27.35	43.62	1:00.83	1:10.65	52.98	1:50.35	4:12.11	337
-	19.17	27.36	43.64	1:00.85	1:10.69	53.01	1:50.40	4:12.23	336
13.31	19.18	27.37	43.67	1:00.88	1:10.72	53.03	1:50.45	4:12.35	335
-	19.19	27.39	43.69	1:00.91	1:10.76	53.06	1:50.50	4:12.48	334
13.32	19.20	27.40	43.71	1:00.94	1:10.80	53.08	1:50.55	4:12.60	333
-	19.21	27.41	43.73	1:00.96	1:10.84	53.11	1:50.60	4:12.72	332
13.33	19.22	27.42	43.75	1:00.99	1:10.87	53.13	1:50.65	4:12.84	331
-	19.23	27.44	43.77	1:01.02	1:10.91	53.16	1:50.70	4:12.97	330
13.34	19.24	27.45	43.79	1:01.04	1:10.95	53.18	1:50.75	4:13.09	329
13.35	19.25	27.46	43.81	1:01.07	1:10.99	53.20	1:50.80	4:13.21	328
-	19.26	27.47	43.83	1:01.10	1:11.02	53.23	1:50.85	4:13.33	327
13.36	19.27	27.48	43.85	1:01.13	1:11.06	53.25	1:50.90	4:13.46	326
-	19.28	27.50	43.87	1:01.15	1:11.10	53.28	1:50.95	4:13.58	325
13.37	19.29	27.51	43.89	1:01.18	1:11.14	53.30	1:51.00	4:13.71	324
-	19.30	27.52	43.91	1:01.21	1:11.17	53.33	1:51.05	4:13.83	323
13.38	19.31	27.53	43.93	1:01.24	1:11.21	53.35	1:51.11	4:13.95	322
-	19.32	27.55	43.95	1:01.26	1:11.25	53.38	1:51.16	4:14.08	321
13.39	19.33	27.56	43.97	1:01.29	1:11.29	53.40	1:51.21	4:14.20	320
13.40	19.34	27.57	43.99	1:01.32	1:11.32	53.43	1:51.26	4:14.33	319
-	19.35	27.58	44.01	1:01.35	1:11.36	53.46	1:51.31	4:14.45	318
13.41	19.36	27.60	44.03	1:01.37	1:11.40	53.48	1:51.36	4:14.58	317
-	19.37	27.61	44.05	1:01.40	1:11.44	53.51	1:51.41	4:14.70	316
13.42	19.38	27.62	44.08	1:01.43	1:11.48	53.53	1:51.46	4:14.83	315
-	19.39	27.63	44.10	1:01.46	1:11.51	53.56	1:51.52	4:14.95	314
13.43	19.40	27.65	44.12	1:01.49	1:11.55	53.58	1:51.57	4:15.08	313
13.44	19.41	27.66	44.14	1:01.51	1:11.59	53.61	1:51.62	4:15.21	312
-	19.42	27.67	44.16	1:01.54	1:11.63	53.63	1:51.67	4:15.33	311
13.45	19.43	27.68	44.18	1:01.57	1:11.67	53.66	1:51.72	4:15.46	310
-	19.44	27.70	44.20	1:01.60	1:11.71	53.68	1:51.78	4:15.59	309
13.46	19.45	27.71	44.22	1:01.63	1:11.74	53.71	1:51.83	4:15.71	308
-	19.46	27.72	44.24	1:01.65	1:11.78	53.73	1:51.88	4:15.84	307
13.47	19.47	27.73	44.26	1:01.68	1:11.82	53.76	1:51.93	4:15.97	306
13.48	19.48	27.75	44.29	1:01.71	1:11.86	53.79	1:51.99	4:16.09	305
-	19.50	27.76	44.31	1:01.74	1:11.90	53.81	1:52.04	4:16.22	304
13.49	19.51	27.77	44.33	1:01.77	1:11.94	53.84	1:52.09	4:16.35	303
-	19.52	27.78	44.35	1:01.80	1:11.98	53.86	1:52.14	4:16.48	302
13.50	19.53	27.80	44.37	1:01.82	1:12.02	53.89	1:52.20	4:16.61	301

Points	100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
300	-	19.54	27.81	44.39	1:01.85	1:12.05	53.92	1:52.25	4:16.74
299	13.51	19.55	27.82	44.41	1:01.88	1:12.09	53.94	1:52.30	4:16.86
298	13.52	19.56	27.84	44.43	1:01.91	1:12.13	53.97	1:52.35	4:16.99
297	-	19.57	27.85	44.46	1:01.94	1:12.17	53.99	1:52.41	4:17.12
296	13.53	19.58	27.86	44.48	1:01.97	1:12.21	54.02	1:52.46	4:17.25
295	-	19.59	27.87	44.50	1:02.00	1:12.25	54.05	1:52.51	4:17.38
294	13.54	19.60	27.89	44.52	1:02.03	1:12.29	54.07	1:52.57	4:17.51
293	13.55	19.61	27.90	44.54	1:02.05	1:12.33	54.10	1:52.62	4:17.64
292	-	19.62	27.91	44.56	1:02.08	1:12.37	54.12	1:52.67	4:17.77
291	13.56	19.63	27.93	44.58	1:02.11	1:12.41	54.15	1:52.73	4:17.90
290	-	19.64	27.94	44.61	1:02.14	1:12.45	54.18	1:52.78	4:18.03
289	13.57	19.65	27.95	44.63	1:02.17	1:12.49	54.20	1:52.84	4:18.17
288	13.58	19.66	27.97	44.65	1:02.20	1:12.53	54.23	1:52.89	4:18.30
287	-	19.67	27.98	44.67	1:02.23	1:12.57	54.26	1:52.94	4:18.43
286	13.59	19.68	27.99	44.69	1:02.26	1:12.61	54.28	1:53.00	4:18.56
285	-	19.70	28.00	44.72	1:02.29	1:12.65	54.31	1:53.05	4:18.69
284	13.60	19.71	28.02	44.74	1:02.32	1:12.69	54.34	1:53.11	4:18.82
283	13.61	19.72	28.03	44.76	1:02.35	1:12.73	54.36	1:53.16	4:18.96
282	-	19.73	28.04	44.78	1:02.38	1:12.77	54.39	1:53.22	4:19.09
281	13.62	19.74	28.06	44.80	1:02.41	1:12.81	54.42	1:53.27	4:19.22
280	-	19.75	28.07	44.83	1:02.43	1:12.85	54.44	1:53.33	4:19.36
279	13.63	19.76	28.08	44.85	1:02.46	1:12.89	54.47	1:53.38	4:19.49
278	13.64	19.77	28.10	44.87	1:02.49	1:12.93	54.50	1:53.43	4:19.62
277	-	19.78	28.11	44.89	1:02.52	1:12.97	54.52	1:53.49	4:19.76
276	13.65	19.79	28.12	44.91	1:02.55	1:13.01	54.55	1:53.55	4:19.89
275	-	19.80	28.14	44.94	1:02.58	1:13.05	54.58	1:53.60	4:20.03
274	13.66	19.81	28.15	44.96	1:02.61	1:13.09	54.61	1:53.66	4:20.16
273	13.67	19.83	28.16	44.98	1:02.64	1:13.13	54.63	1:53.71	4:20.29
272	-	19.84	28.18	45.00	1:02.67	1:13.18	54.66	1:53.77	4:20.43
271	13.68	19.85	28.19	45.03	1:02.70	1:13.22	54.69	1:53.82	4:20.57
270	-	19.86	28.20	45.05	1:02.73	1:13.26	54.72	1:53.88	4:20.70
269	13.69	19.87	28.22	45.07	1:02.76	1:13.30	54.74	1:53.93	4:20.84
268	13.70	19.88	28.23	45.09	1:02.79	1:13.34	54.77	1:53.99	4:20.97
267	-	19.89	28.25	45.12	1:02.82	1:13.38	54.80	1:54.05	4:21.11
266	13.71	19.90	28.26	45.14	1:02.85	1:13.42	54.82	1:54.10	4:21.25
265	-	19.91	28.27	45.16	1:02.88	1:13.46	54.85	1:54.16	4:21.38
264	13.72	19.92	28.29	45.18	1:02.91	1:13.51	54.88	1:54.21	4:21.52
263	13.73	19.94	28.30	45.21	1:02.95	1:13.55	54.91	1:54.27	4:21.66
262	-	19.95	28.31	45.23	1:02.98	1:13.59	54.94	1:54.33	4:21.79
261	13.74	19.96	28.33	45.25	1:03.01	1:13.63	54.96	1:54.38	4:21.93
260	13.75	19.97	28.34	45.28	1:03.04	1:13.67	54.99	1:54.44	4:22.07
259	-	19.98	28.35	45.30	1:03.07	1:13.72	55.02	1:54.50	4:22.21
258	13.76	19.99	28.37	45.32	1:03.10	1:13.76	55.05	1:54.55	4:22.35
257	-	20.00	28.38	45.34	1:03.13	1:13.80	55.08	1:54.61	4:22.49
256	13.77	20.01	28.40	45.37	1:03.16	1:13.84	55.10	1:54.67	4:22.63
255	13.78	20.03	28.41	45.39	1:03.19	1:13.88	55.13	1:54.73	4:22.77
254	-	20.04	28.42	45.41	1:03.22	1:13.93	55.16	1:54.78	4:22.91
253	13.79	20.05	28.44	45.44	1:03.25	1:13.97	55.19	1:54.84	4:23.05
252	13.80	20.06	28.45	45.46	1:03.28	1:14.01	55.22	1:54.90	4:23.19
251	-	20.07	28.47	45.48	1:03.32	1:14.05	55.24	1:54.96	4:23.33

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
13.81	20.08	28.48	45.51	1:03.35	1:14.10	55.27	1:55.01	4:23.47	250
13.82	20.09	28.49	45.53	1:03.38	1:14.14	55.30	1:55.07	4:23.61	249
-	20.11	28.51	45.55	1:03.41	1:14.18	55.33	1:55.13	4:23.75	248
13.83	20.12	28.52	45.58	1:03.44	1:14.23	55.36	1:55.19	4:23.89	247
-	20.13	28.54	45.60	1:03.47	1:14.27	55.39	1:55.25	4:24.03	246
13.84	20.14	28.55	45.62	1:03.50	1:14.31	55.42	1:55.31	4:24.18	245
13.85	20.15	28.56	45.65	1:03.54	1:14.36	55.44	1:55.36	4:24.32	244
-	20.16	28.58	45.67	1:03.57	1:14.40	55.47	1:55.42	4:24.46	243
13.86	20.17	28.59	45.70	1:03.60	1:14.44	55.50	1:55.48	4:24.61	242
13.87	20.19	28.61	45.72	1:03.63	1:14.49	55.53	1:55.54	4:24.75	241
-	20.20	28.62	45.74	1:03.66	1:14.53	55.56	1:55.60	4:24.89	240
13.88	20.21	28.64	45.77	1:03.70	1:14.57	55.59	1:55.66	4:25.04	239
13.89	20.22	28.65	45.79	1:03.73	1:14.62	55.62	1:55.72	4:25.18	238
-	20.23	28.66	45.81	1:03.76	1:14.66	55.65	1:55.78	4:25.33	237
13.90	20.24	28.68	45.84	1:03.79	1:14.70	55.68	1:55.84	4:25.47	236
13.91	20.26	28.69	45.86	1:03.82	1:14.75	55.71	1:55.90	4:25.62	235
-	20.27	28.71	45.89	1:03.86	1:14.79	55.74	1:55.96	4:25.76	234
13.92	20.28	28.72	45.91	1:03.89	1:14.84	55.77	1:56.02	4:25.91	233
13.93	20.29	28.74	45.94	1:03.92	1:14.88	55.79	1:56.08	4:26.05	232
-	20.30	28.75	45.96	1:03.95	1:14.93	55.82	1:56.14	4:26.20	231
13.94	20.32	28.77	45.98	1:03.99	1:14.97	55.85	1:56.20	4:26.35	230
13.95	20.33	28.78	46.01	1:04.02	1:15.02	55.88	1:56.26	4:26.49	229
-	20.34	28.80	46.03	1:04.05	1:15.06	55.91	1:56.32	4:26.64	228
13.96	20.35	28.81	46.06	1:04.08	1:15.11	55.94	1:56.38	4:26.79	227
13.97	20.36	28.83	46.08	1:04.12	1:15.15	55.97	1:56.44	4:26.94	226
-	20.38	28.84	46.11	1:04.15	1:15.20	56.00	1:56.50	4:27.09	225
13.98	20.39	28.85	46.13	1:04.18	1:15.24	56.03	1:56.56	4:27.24	224
13.99	20.40	28.87	46.16	1:04.22	1:15.29	56.06	1:56.62	4:27.38	223
-	20.41	28.88	46.18	1:04.25	1:15.33	56.09	1:56.69	4:27.53	222
14.00	20.42	28.90	46.21	1:04.28	1:15.38	56.12	1:56.75	4:27.68	221
14.01	20.44	28.91	46.23	1:04.32	1:15.42	56.15	1:56.81	4:27.83	220
-	20.45	28.93	46.26	1:04.35	1:15.47	56.18	1:56.87	4:27.98	219
14.02	20.46	28.94	46.28	1:04.38	1:15.51	56.21	1:56.93	4:28.14	218
14.03	20.47	28.96	46.31	1:04.42	1:15.56	56.24	1:57.00	4:28.29	217
-	20.48	28.97	46.33	1:04.45	1:15.61	56.28	1:57.06	4:28.44	216
14.04	20.50	28.99	46.36	1:04.48	1:15.65	56.31	1:57.12	4:28.59	215
14.05	20.51	29.00	46.38	1:04.52	1:15.70	56.34	1:57.18	4:28.74	214
-	20.52	29.02	46.41	1:04.55	1:15.74	56.37	1:57.25	4:28.90	213
14.06	20.53	29.03	46.43	1:04.59	1:15.79	56.40	1:57.31	4:29.05	212
14.07	20.55	29.05	46.46	1:04.62	1:15.84	56.43	1:57.37	4:29.20	211
14.08	20.56	29.07	46.48	1:04.65	1:15.88	56.46	1:57.43	4:29.36	210
-	20.57	29.08	46.51	1:04.69	1:15.93	56.49	1:57.50	4:29.51	209
14.09	20.58	29.10	46.53	1:04.72	1:15.98	56.52	1:57.56	4:29.66	208
14.10	20.60	29.11	46.56	1:04.76	1:16.02	56.55	1:57.62	4:29.82	207
-	20.61	29.13	46.59	1:04.79	1:16.07	56.59	1:57.69	4:29.97	206
14.11	20.62	29.14	46.61	1:04.83	1:16.12	56.62	1:57.75	4:30.13	205
14.12	20.63	29.16	46.64	1:04.86	1:16.17	56.65	1:57.82	4:30.29	204
-	20.65	29.17	46.66	1:04.89	1:16.21	56.68	1:57.88	4:30.44	203
14.13	20.66	29.19	46.69	1:04.93	1:16.26	56.71	1:57.94	4:30.60	202
14.14	20.67	29.20	46.71	1:04.96	1:16.31	56.74	1:58.01	4:30.76	201

Points	100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
200	14.15	20.69	29.22	46.74	1:05.00	1:16.36	56.77	1:58.07	4:30.91
199	-	20.70	29.24	46.77	1:05.03	1:16.40	56.81	1:58.14	4:31.07
198	14.16	20.71	29.25	46.79	1:05.07	1:16.45	56.84	1:58.20	4:31.23
197	14.17	20.72	29.27	46.82	1:05.10	1:16.50	56.87	1:58.27	4:31.39
196	-	20.74	29.28	46.85	1:05.14	1:16.55	56.90	1:58.33	4:31.55
195	14.18	20.75	29.30	46.87	1:05.18	1:16.60	56.93	1:58.40	4:31.71
194	14.19	20.76	29.32	46.90	1:05.21	1:16.65	56.97	1:58.47	4:31.87
193	14.20	20.78	29.33	46.93	1:05.25	1:16.69	57.00	1:58.53	4:32.03
192	-	20.79	29.35	46.95	1:05.28	1:16.74	57.03	1:58.60	4:32.19
191	14.21	20.80	29.36	46.98	1:05.32	1:16.79	57.06	1:58.66	4:32.35
190	14.22	20.81	29.38	47.01	1:05.35	1:16.84	57.10	1:58.73	4:32.51
189	-	20.83	29.40	47.03	1:05.39	1:16.89	57.13	1:58.80	4:32.67
188	14.23	20.84	29.41	47.06	1:05.43	1:16.94	57.16	1:58.86	4:32.83
187	14.24	20.85	29.43	47.09	1:05.46	1:16.99	57.19	1:58.93	4:33.00
186	14.25	20.87	29.44	47.11	1:05.50	1:17.04	57.23	1:59.00	4:33.16
185	-	20.88	29.46	47.14	1:05.53	1:17.09	57.26	1:59.07	4:33.32
184	14.26	20.89	29.48	47.17	1:05.57	1:17.14	57.29	1:59.13	4:33.49
183	14.27	20.91	29.49	47.20	1:05.61	1:17.19	57.33	1:59.20	4:33.65
182	14.28	20.92	29.51	47.22	1:05.64	1:17.24	57.36	1:59.27	4:33.82
181	-	20.93	29.53	47.25	1:05.68	1:17.29	57.39	1:59.34	4:33.98
180	14.29	20.95	29.54	47.28	1:05.72	1:17.34	57.43	1:59.40	4:34.15
179	14.30	20.96	29.56	47.30	1:05.75	1:17.39	57.46	1:59.47	4:34.32
178	14.31	20.97	29.58	47.33	1:05.79	1:17.44	57.49	1:59.54	4:34.48
177	-	20.99	29.59	47.36	1:05.83	1:17.49	57.53	1:59.61	4:34.65
176	14.32	21.00	29.61	47.39	1:05.87	1:17.54	57.56	1:59.68	4:34.82
175	14.33	21.02	29.63	47.42	1:05.90	1:17.59	57.60	1:59.75	4:34.99
174	14.34	21.03	29.64	47.44	1:05.94	1:17.64	57.63	1:59.82	4:35.16
173	-	21.04	29.66	47.47	1:05.98	1:17.69	57.66	1:59.89	4:35.33
172	14.35	21.06	29.68	47.50	1:06.02	1:17.75	57.70	1:59.96	4:35.50
171	14.36	21.07	29.69	47.53	1:06.05	1:17.80	57.73	2:00.03	4:35.67
170	14.37	21.08	29.71	47.56	1:06.09	1:17.85	57.77	2:00.10	4:35.84
169	14.38	21.10	29.73	47.59	1:06.13	1:17.90	57.80	2:00.17	4:36.01
168	-	21.11	29.74	47.61	1:06.17	1:17.95	57.84	2:00.24	4:36.18
167	14.39	21.13	29.76	47.64	1:06.21	1:18.01	57.87	2:00.31	4:36.35
166	14.40	21.14	29.78	47.67	1:06.24	1:18.06	57.91	2:00.38	4:36.52
165	14.41	21.15	29.80	47.70	1:06.28	1:18.11	57.94	2:00.45	4:36.70
164	-	21.17	29.81	47.73	1:06.32	1:18.16	57.98	2:00.52	4:36.87
163	14.42	21.18	29.83	47.76	1:06.36	1:18.22	58.01	2:00.59	4:37.05
162	14.43	21.20	29.85	47.79	1:06.40	1:18.27	58.05	2:00.67	4:37.22
161	14.44	21.21	29.87	47.82	1:06.44	1:18.32	58.08	2:00.74	4:37.40
160	14.45	21.22	29.88	47.84	1:06.48	1:18.38	58.12	2:00.81	4:37.57
159	-	21.24	29.90	47.87	1:06.52	1:18.43	58.15	2:00.88	4:37.75
158	14.46	21.25	29.92	47.90	1:06.56	1:18.48	58.19	2:00.96	4:37.93
157	14.47	21.27	29.94	47.93	1:06.59	1:18.54	58.22	2:01.03	4:38.10
156	14.48	21.28	29.95	47.96	1:06.63	1:18.59	58.26	2:01.10	4:38.28
155	14.49	21.30	29.97	47.99	1:06.67	1:18.65	58.30	2:01.18	4:38.46
154	-	21.31	29.99	48.02	1:06.71	1:18.70	58.33	2:01.25	4:38.64
153	14.50	21.33	30.01	48.05	1:06.75	1:18.76	58.37	2:01.32	4:38.82
152	14.51	21.34	30.02	48.08	1:06.79	1:18.81	58.41	2:01.40	4:39.00
151	14.52	21.36	30.04	48.11	1:06.83	1:18.87	58.44	2:01.47	4:39.18

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
14.53	21.37	30.06	48.14	1:06.87	1:18.92	58.48	2:01.55	4:39.36	150
14.54	21.38	30.08	48.17	1:06.91	1:18.98	58.52	2:01.62	4:39.55	149
-	21.40	30.10	48.20	1:06.96	1:19.03	58.55	2:01.70	4:39.73	148
14.55	21.41	30.12	48.23	1:07.00	1:19.09	58.59	2:01.77	4:39.91	147
14.56	21.43	30.13	48.26	1:07.04	1:19.14	58.63	2:01.85	4:40.10	146
14.57	21.44	30.15	48.29	1:07.08	1:19.20	58.66	2:01.92	4:40.28	145
14.58	21.46	30.17	48.32	1:07.12	1:19.26	58.70	2:02.00	4:40.47	144
14.59	21.47	30.19	48.36	1:07.16	1:19.31	58.74	2:02.08	4:40.65	143
-	21.49	30.21	48.39	1:07.20	1:19.37	58.78	2:02.15	4:40.84	142
14.60	21.50	30.23	48.42	1:07.24	1:19.43	58.81	2:02.23	4:41.03	141
14.61	21.52	30.25	48.45	1:07.29	1:19.48	58.85	2:02.31	4:41.22	140
14.62	21.54	30.26	48.48	1:07.33	1:19.54	58.89	2:02.39	4:41.41	139
14.63	21.55	30.28	48.51	1:07.37	1:19.60	58.93	2:02.46	4:41.60	138
14.64	21.57	30.30	48.54	1:07.41	1:19.65	58.97	2:02.54	4:41.79	137
14.65	21.58	30.32	48.57	1:07.45	1:19.71	59.01	2:02.62	4:41.98	136
-	21.60	30.34	48.61	1:07.50	1:19.77	59.04	2:02.70	4:42.17	135
14.66	21.61	30.36	48.64	1:07.54	1:19.83	59.08	2:02.78	4:42.36	134
14.67	21.63	30.38	48.67	1:07.58	1:19.89	59.12	2:02.86	4:42.55	133
14.68	21.64	30.40	48.70	1:07.62	1:19.95	59.16	2:02.94	4:42.75	132
14.69	21.66	30.42	48.73	1:07.67	1:20.01	59.20	2:03.02	4:42.94	131
14.70	21.68	30.44	48.77	1:07.71	1:20.06	59.24	2:03.10	4:43.14	130
14.71	21.69	30.46	48.80	1:07.75	1:20.12	59.28	2:03.18	4:43.33	129
14.72	21.71	30.48	48.83	1:07.80	1:20.18	59.32	2:03.26	4:43.53	128
-	21.72	30.50	48.86	1:07.84	1:20.24	59.36	2:03.34	4:43.73	127
14.73	21.74	30.51	48.90	1:07.89	1:20.30	59.40	2:03.42	4:43.93	126
14.74	21.76	30.53	48.93	1:07.93	1:20.36	59.44	2:03.50	4:44.12	125
14.75	21.77	30.55	48.96	1:07.97	1:20.42	59.48	2:03.58	4:44.32	124
14.76	21.79	30.57	49.00	1:08.02	1:20.49	59.52	2:03.67	4:44.53	123
14.77	21.80	30.59	49.03	1:08.06	1:20.55	59.56	2:03.75	4:44.73	122
14.78	21.82	30.61	49.06	1:08.11	1:20.61	59.60	2:03.83	4:44.93	121
14.79	21.84	30.63	49.10	1:08.15	1:20.67	59.64	2:03.92	4:45.13	120
14.80	21.85	30.66	49.13	1:08.20	1:20.73	59.68	2:04.00	4:45.34	119
14.81	21.87	30.68	49.17	1:08.24	1:20.79	59.72	2:04.08	4:45.54	118
14.82	21.89	30.70	49.20	1:08.29	1:20.86	59.77	2:04.17	4:45.75	117
-	21.90	30.72	49.23	1:08.34	1:20.92	59.81	2:04.25	4:45.95	116
14.83	21.92	30.74	49.27	1:08.38	1:20.98	59.85	2:04.34	4:46.16	115
14.84	21.94	30.76	49.30	1:08.43	1:21.05	59.89	2:04.43	4:46.37	114
14.85	21.95	30.78	49.34	1:08.47	1:21.11	59.93	2:04.51	4:46.58	113
14.86	21.97	30.80	49.37	1:08.52	1:21.17	59.98	2:04.60	4:46.79	112
14.87	21.99	30.82	49.41	1:08.57	1:21.24	1:00.02	2:04.68	4:47.00	111
14.88	22.01	30.84	49.44	1:08.62	1:21.30	1:00.06	2:04.77	4:47.21	110
14.89	22.02	30.86	49.48	1:08.66	1:21.37	1:00.10	2:04.86	4:47.43	109
14.90	22.04	30.88	49.51	1:08.71	1:21.43	1:00.15	2:04.95	4:47.64	108
14.91	22.06	30.91	49.55	1:08.76	1:21.50	1:00.19	2:05.04	4:47.85	107
14.92	22.08	30.93	49.58	1:08.81	1:21.56	1:00.23	2:05.12	4:48.07	106
14.93	22.09	30.95	49.62	1:08.85	1:21.63	1:00.28	2:05.21	4:48.29	105
14.94	22.11	30.97	49.66	1:08.90	1:21.69	1:00.32	2:05.30	4:48.51	104
14.95	22.13	30.99	49.69	1:08.95	1:21.76	1:00.37	2:05.39	4:48.73	103
14.96	22.15	31.01	49.73	1:09.00	1:21.83	1:00.41	2:05.48	4:48.95	102
14.97	22.16	31.04	49.77	1:09.05	1:21.89	1:00.46	2:05.57	4:49.17	101

Points	100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
100	14.98	22.18	31.06	49.80	1:09.10	1:21.96	1:00.50	2:05.67	4:49.39
99	14.99	22.20	31.08	49.84	1:09.15	1:22.03	1:00.55	2:05.76	4:49.61
98	15.00	22.22	31.10	49.88	1:09.20	1:22.10	1:00.59	2:05.85	4:49.84
97	15.01	22.24	31.13	49.91	1:09.25	1:22.17	1:00.64	2:05.94	4:50.06
96	15.02	22.25	31.15	49.95	1:09.30	1:22.24	1:00.68	2:06.04	4:50.29
95	15.03	22.27	31.17	49.99	1:09.35	1:22.30	1:00.73	2:06.13	4:50.52
94	15.04	22.29	31.19	50.03	1:09.40	1:22.37	1:00.77	2:06.22	4:50.75
93	15.05	22.31	31.22	50.07	1:09.45	1:22.44	1:00.82	2:06.32	4:50.98
92	15.06	22.33	31.24	50.10	1:09.50	1:22.51	1:00.87	2:06.41	4:51.21
91	15.07	22.35	31.26	50.14	1:09.55	1:22.59	1:00.91	2:06.51	4:51.44
90	15.08	22.37	31.29	50.18	1:09.61	1:22.66	1:00.96	2:06.61	4:51.68
89	15.09	22.39	31.31	50.22	1:09.66	1:22.73	1:01.01	2:06.70	4:51.91
88	15.10	22.41	31.33	50.26	1:09.71	1:22.80	1:01.06	2:06.80	4:52.15
87	15.12	22.42	31.36	50.30	1:09.76	1:22.87	1:01.11	2:06.90	4:52.39
86	15.13	22.44	31.38	50.34	1:09.82	1:22.94	1:01.15	2:07.00	4:52.63
85	15.14	22.46	31.40	50.38	1:09.87	1:23.02	1:01.20	2:07.10	4:52.87
84	15.15	22.48	31.43	50.42	1:09.92	1:23.09	1:01.25	2:07.20	4:53.11
83	15.16	22.50	31.45	50.46	1:09.98	1:23.17	1:01.30	2:07.30	4:53.36
82	15.17	22.52	31.48	50.50	1:10.03	1:23.24	1:01.35	2:07.40	4:53.60
81	15.18	22.54	31.50	50.54	1:10.09	1:23.32	1:01.40	2:07.50	4:53.85
80	15.19	22.56	31.53	50.58	1:10.14	1:23.39	1:01.45	2:07.60	4:54.10
79	15.20	22.58	31.55	50.62	1:10.20	1:23.47	1:01.50	2:07.70	4:54.35
78	15.22	22.60	31.58	50.67	1:10.25	1:23.54	1:01.55	2:07.81	4:54.60
77	15.23	22.62	31.60	50.71	1:10.31	1:23.62	1:01.60	2:07.91	4:54.85
76	15.24	22.65	31.63	50.75	1:10.37	1:23.70	1:01.65	2:08.02	4:55.11
75	15.25	22.67	31.65	50.79	1:10.42	1:23.77	1:01.71	2:08.12	4:55.37
74	15.26	22.69	31.68	50.84	1:10.48	1:23.85	1:01.76	2:08.23	4:55.62
73	15.27	22.71	31.70	50.88	1:10.54	1:23.93	1:01.81	2:08.33	4:55.88
72	15.29	22.73	31.73	50.92	1:10.60	1:24.01	1:01.86	2:08.44	4:56.15
71	15.30	22.75	31.76	50.97	1:10.66	1:24.09	1:01.92	2:08.55	4:56.41
70	15.31	22.77	31.78	51.01	1:10.71	1:24.17	1:01.97	2:08.66	4:56.68
69	15.32	22.79	31.81	51.05	1:10.77	1:24.25	1:02.02	2:08.77	4:56.94
68	15.33	22.82	31.84	51.10	1:10.83	1:24.34	1:02.08	2:08.88	4:57.21
67	15.35	22.84	31.86	51.14	1:10.89	1:24.42	1:02.13	2:08.99	4:57.48
66	15.36	22.86	31.89	51.19	1:10.95	1:24.50	1:02.19	2:09.10	4:57.76
65	15.37	22.88	31.92	51.24	1:11.02	1:24.58	1:02.24	2:09.22	4:58.03
64	15.38	22.90	31.95	51.28	1:11.08	1:24.67	1:02.30	2:09.33	4:58.31
63	15.40	22.93	31.97	51.33	1:11.14	1:24.75	1:02.36	2:09.45	4:58.59
62	15.41	22.95	32.00	51.37	1:11.20	1:24.84	1:02.41	2:09.56	4:58.87
61	15.42	22.97	32.03	51.42	1:11.27	1:24.93	1:02.47	2:09.68	4:59.16
60	15.43	23.00	32.06	51.47	1:11.33	1:25.01	1:02.53	2:09.80	4:59.44
59	15.45	23.02	32.09	51.52	1:11.39	1:25.10	1:02.59	2:09.92	4:59.73
58	15.46	23.04	32.12	51.57	1:11.46	1:25.19	1:02.64	2:10.04	5:00.02
57	15.47	23.07	32.15	51.61	1:11.52	1:25.28	1:02.70	2:10.16	5:00.32
56	15.49	23.09	32.17	51.66	1:11.59	1:25.37	1:02.76	2:10.28	5:00.62
55	15.50	23.12	32.20	51.71	1:11.66	1:25.46	1:02.82	2:10.40	5:00.91
54	15.51	23.14	32.23	51.76	1:11.72	1:25.55	1:02.89	2:10.53	5:01.22
53	15.53	23.16	32.26	51.81	1:11.79	1:25.64	1:02.95	2:10.65	5:01.52
52	15.54	23.19	32.30	51.86	1:11.86	1:25.74	1:03.01	2:10.78	5:01.83
51	15.56	23.21	32.33	51.92	1:11.93	1:25.83	1:03.07	2:10.91	5:02.14

100m	110mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
15.57	23.24	32.36	51.97	1:12.00	1:25.93	1:03.13	2:11.03	5:02.45	50
15.58	23.27	32.39	52.02	1:12.07	1:26.02	1:03.20	2:11.16	5:02.77	49
15.60	23.29	32.42	52.07	1:12.14	1:26.12	1:03.26	2:11.30	5:03.09	48
15.61	23.32	32.45	52.13	1:12.21	1:26.22	1:03.33	2:11.43	5:03.41	47
15.63	23.34	32.49	52.18	1:12.28	1:26.32	1:03.39	2:11.56	5:03.74	46
15.64	23.37	32.52	52.24	1:12.36	1:26.42	1:03.46	2:11.70	5:04.07	45
15.66	23.40	32.55	52.29	1:12.43	1:26.52	1:03.53	2:11.84	5:04.41	44
15.67	23.43	32.59	52.35	1:12.51	1:26.62	1:03.60	2:11.98	5:04.75	43
15.69	23.45	32.62	52.40	1:12.58	1:26.72	1:03.67	2:12.12	5:05.09	42
15.70	23.48	32.65	52.46	1:12.66	1:26.83	1:03.74	2:12.26	5:05.43	41
15.72	23.51	32.69	52.52	1:12.74	1:26.94	1:03.81	2:12.40	5:05.78	40
15.74	23.54	32.72	52.58	1:12.81	1:27.04	1:03.88	2:12.55	5:06.14	39
15.75	23.57	32.76	52.64	1:12.89	1:27.15	1:03.95	2:12.70	5:06.50	38
15.77	23.60	32.80	52.70	1:12.98	1:27.26	1:04.02	2:12.85	5:06.86	37
15.79	23.63	32.83	52.76	1:13.06	1:27.38	1:04.10	2:13.00	5:07.23	36
15.80	23.66	32.87	52.82	1:13.14	1:27.49	1:04.17	2:13.15	5:07.61	35
15.82	23.69	32.91	52.88	1:13.22	1:27.60	1:04.25	2:13.31	5:07.99	34
15.84	23.72	32.95	52.95	1:13.31	1:27.72	1:04.33	2:13.47	5:08.37	33
15.86	23.75	32.99	53.01	1:13.40	1:27.84	1:04.41	2:13.63	5:08.76	32
15.87	23.78	33.02	53.08	1:13.48	1:27.96	1:04.49	2:13.79	5:09.16	31
15.89	23.82	33.06	53.15	1:13.57	1:28.08	1:04.57	2:13.96	5:09.56	30
15.91	23.85	33.11	53.21	1:13.67	1:28.21	1:04.65	2:14.12	5:09.97	29
15.93	23.88	33.15	53.28	1:13.76	1:28.33	1:04.74	2:14.30	5:10.39	28
15.95	23.92	33.19	53.35	1:13.85	1:28.46	1:04.82	2:14.47	5:10.82	27
15.97	23.95	33.23	53.43	1:13.95	1:28.59	1:04.91	2:14.65	5:11.25	26
15.99	23.99	33.28	53.50	1:14.05	1:28.73	1:05.00	2:14.83	5:11.69	25
16.01	24.02	33.32	53.57	1:14.15	1:28.87	1:05.09	2:15.02	5:12.14	24
16.03	24.06	33.37	53.65	1:14.25	1:29.00	1:05.18	2:15.20	5:12.60	23
16.05	24.10	33.41	53.73	1:14.35	1:29.15	1:05.28	2:15.40	5:13.07	22
16.07	24.14	33.46	53.81	1:14.46	1:29.29	1:05.37	2:15.60	5:13.55	21
16.09	24.18	33.51	53.89	1:14.57	1:29.44	1:05.47	2:15.80	5:14.05	20
16.12	24.22	33.56	53.97	1:14.68	1:29.60	1:05.57	2:16.01	5:14.55	19
16.14	24.26	33.61	54.06	1:14.80	1:29.75	1:05.68	2:16.22	5:15.07	18
16.16	24.31	33.67	54.15	1:14.91	1:29.92	1:05.79	2:16.44	5:15.60	17
16.19	24.35	33.72	54.24	1:15.04	1:30.08	1:05.90	2:16.66	5:16.15	16
16.21	24.40	33.78	54.33	1:15.16	1:30.25	1:06.01	2:16.90	5:16.72	15
16.24	24.44	33.83	54.43	1:15.29	1:30.43	1:06.13	2:17.14	5:17.31	14
16.27	24.49	33.90	54.53	1:15.43	1:30.62	1:06.25	2:17.39	5:17.91	13
16.30	24.54	33.96	54.63	1:15.57	1:30.81	1:06.38	2:17.65	5:18.54	12
16.33	24.60	34.02	54.74	1:15.71	1:31.01	1:06.51	2:17.92	5:19.20	11
16.36	24.65	34.09	54.86	1:15.87	1:31.22	1:06.65	2:18.20	5:19.89	10
16.39	24.71	34.16	54.98	1:16.03	1:31.44	1:06.80	2:18.50	5:20.61	9
16.43	24.77	34.24	55.10	1:16.20	1:31.67	1:06.95	2:18.81	5:21.38	8
16.46	24.84	34.32	55.24	1:16.38	1:31.91	1:07.12	2:19.15	5:22.19	7
16.50	24.91	34.41	55.38	1:16.57	1:32.18	1:07.29	2:19.51	5:23.07	6
16.54	24.99	34.50	55.54	1:16.78	1:32.47	1:07.48	2:19.90	5:24.02	5
16.59	25.07	34.61	55.72	1:17.02	1:32.79	1:07.70	2:20.33	5:25.07	4
16.65	25.17	34.73	55.91	1:17.28	1:33.15	1:07.94	2:20.82	5:26.27	3
16.71	25.28	34.87	56.15	1:17.60	1:33.58	1:08.22	2:21.40	5:27.69	2
16.79	25.43	35.05	56.46	1:18.01	1:34.14	1:08.60	2:22.16	5:29.53	1

Men's Middle Distances

Hommes Courses de Demi-Fond

by Dr. Bojidar Spiriev
updated by Attila Spiriev

Points	600m	800m	1000m	1500m	Mile	2000m
1400	1:09.23	1:37.91	2:05.82	3:19.44	3:35.28	4:34.64
1399	1:09.25	1:37.94	2:05.86	3:19.50	3:35.35	4:34.73
1398	1:09.28	1:37.97	2:05.90	3:19.57	3:35.42	4:34.82
1397	1:09.30	1:38.00	2:05.94	3:19.64	3:35.49	4:34.91
1396	1:09.32	1:38.03	2:05.99	3:19.70	3:35.57	4:35.00
1395	1:09.34	1:38.06	2:06.03	3:19.77	3:35.64	4:35.09
1394	1:09.36	1:38.09	2:06.07	3:19.83	3:35.71	4:35.18
1393	1:09.39	1:38.12	2:06.11	3:19.90	3:35.78	4:35.27
1392	1:09.41	1:38.15	2:06.15	3:19.97	3:35.85	4:35.36
1391	1:09.43	1:38.18	2:06.19	3:20.03	3:35.92	4:35.45
1390	1:09.45	1:38.21	2:06.23	3:20.10	3:35.99	4:35.54
1389	1:09.47	1:38.24	2:06.27	3:20.17	3:36.07	4:35.63
1388	1:09.50	1:38.27	2:06.31	3:20.23	3:36.14	4:35.72
1387	1:09.52	1:38.30	2:06.35	3:20.30	3:36.21	4:35.82
1386	1:09.54	1:38.33	2:06.39	3:20.37	3:36.28	4:35.91
1385	1:09.56	1:38.36	2:06.44	3:20.43	3:36.35	4:36.00
1384	1:09.59	1:38.39	2:06.48	3:20.50	3:36.42	4:36.09
1383	1:09.61	1:38.42	2:06.52	3:20.57	3:36.50	4:36.18
1382	1:09.63	1:38.45	2:06.56	3:20.63	3:36.57	4:36.27
1381	1:09.65	1:38.48	2:06.60	3:20.70	3:36.64	4:36.36
1380	1:09.67	1:38.51	2:06.64	3:20.77	3:36.71	4:36.45
1379	1:09.70	1:38.54	2:06.68	3:20.83	3:36.78	4:36.54
1378	1:09.72	1:38.57	2:06.72	3:20.90	3:36.86	4:36.63
1377	1:09.74	1:38.60	2:06.76	3:20.97	3:36.93	4:36.73
1376	1:09.76	1:38.63	2:06.81	3:21.03	3:37.00	4:36.82
1375	1:09.79	1:38.66	2:06.85	3:21.10	3:37.07	4:36.91
1374	1:09.81	1:38.69	2:06.89	3:21.17	3:37.14	4:37.00
1373	1:09.83	1:38.72	2:06.93	3:21.23	3:37.22	4:37.09
1372	1:09.85	1:38.75	2:06.97	3:21.30	3:37.29	4:37.18
1371	1:09.87	1:38.78	2:07.01	3:21.37	3:37.36	4:37.27
1370	1:09.90	1:38.81	2:07.05	3:21.44	3:37.43	4:37.37
1369	1:09.92	1:38.84	2:07.09	3:21.50	3:37.50	4:37.46
1368	1:09.94	1:38.87	2:07.13	3:21.57	3:37.58	4:37.55
1367	1:09.96	1:38.90	2:07.18	3:21.64	3:37.65	4:37.64
1366	1:09.99	1:38.93	2:07.22	3:21.70	3:37.72	4:37.73
1365	1:10.01	1:38.97	2:07.26	3:21.77	3:37.79	4:37.82
1364	1:10.03	1:39.00	2:07.30	3:21.84	3:37.86	4:37.91
1363	1:10.05	1:39.03	2:07.34	3:21.91	3:37.94	4:38.01
1362	1:10.08	1:39.06	2:07.38	3:21.97	3:38.01	4:38.10
1361	1:10.10	1:39.09	2:07.42	3:22.04	3:38.08	4:38.19
1360	1:10.12	1:39.12	2:07.47	3:22.11	3:38.15	4:38.28
1359	1:10.14	1:39.15	2:07.51	3:22.17	3:38.23	4:38.37
1358	1:10.17	1:39.18	2:07.55	3:22.24	3:38.30	4:38.47
1357	1:10.19	1:39.21	2:07.59	3:22.31	3:38.37	4:38.56
1356	1:10.21	1:39.24	2:07.63	3:22.38	3:38.44	4:38.65
1355	1:10.23	1:39.27	2:07.67	3:22.44	3:38.52	4:38.74
1354	1:10.25	1:39.30	2:07.71	3:22.51	3:38.59	4:38.83
1353	1:10.28	1:39.33	2:07.76	3:22.58	3:38.66	4:38.93
1352	1:10.30	1:39.36	2:07.80	3:22.65	3:38.73	4:39.02
1351	1:10.32	1:39.39	2:07.84	3:22.71	3:38.81	4:39.11

600m	800m	1000m	1500m	Mile	2000m	Points
1:10.34	1:39.42	2:07.88	3:22.78	3:38.88	4:39.20	1350
1:10.37	1:39.45	2:07.92	3:22.85	3:38.95	4:39.29	1349
1:10.39	1:39.48	2:07.96	3:22.92	3:39.02	4:39.39	1348
1:10.41	1:39.51	2:08.00	3:22.98	3:39.10	4:39.48	1347
1:10.43	1:39.55	2:08.05	3:23.05	3:39.17	4:39.57	1346
1:10.46	1:39.58	2:08.09	3:23.12	3:39.24	4:39.66	1345
1:10.48	1:39.61	2:08.13	3:23.19	3:39.32	4:39.75	1344
1:10.50	1:39.64	2:08.17	3:23.25	3:39.39	4:39.85	1343
1:10.52	1:39.67	2:08.21	3:23.32	3:39.46	4:39.94	1342
1:10.55	1:39.70	2:08.25	3:23.39	3:39.53	4:40.03	1341
1:10.57	1:39.73	2:08.30	3:23.46	3:39.61	4:40.12	1340
1:10.59	1:39.76	2:08.34	3:23.52	3:39.68	4:40.22	1339
1:10.61	1:39.79	2:08.38	3:23.59	3:39.75	4:40.31	1338
1:10.64	1:39.82	2:08.42	3:23.66	3:39.83	4:40.40	1337
1:10.66	1:39.85	2:08.46	3:23.73	3:39.90	4:40.49	1336
1:10.68	1:39.88	2:08.50	3:23.80	3:39.97	4:40.59	1335
1:10.71	1:39.91	2:08.55	3:23.86	3:40.04	4:40.68	1334
1:10.73	1:39.94	2:08.59	3:23.93	3:40.12	4:40.77	1333
1:10.75	1:39.98	2:08.63	3:24.00	3:40.19	4:40.87	1332
1:10.77	1:40.01	2:08.67	3:24.07	3:40.26	4:40.96	1331
1:10.80	1:40.04	2:08.71	3:24.14	3:40.34	4:41.05	1330
1:10.82	1:40.07	2:08.76	3:24.20	3:40.41	4:41.14	1329
1:10.84	1:40.10	2:08.80	3:24.27	3:40.48	4:41.24	1328
1:10.86	1:40.13	2:08.84	3:24.34	3:40.56	4:41.33	1327
1:10.89	1:40.16	2:08.88	3:24.41	3:40.63	4:41.42	1326
1:10.91	1:40.19	2:08.92	3:24.48	3:40.70	4:41.52	1325
1:10.93	1:40.22	2:08.96	3:24.54	3:40.78	4:41.61	1324
1:10.95	1:40.25	2:09.01	3:24.61	3:40.85	4:41.70	1323
1:10.98	1:40.28	2:09.05	3:24.68	3:40.92	4:41.80	1322
1:11.00	1:40.31	2:09.09	3:24.75	3:41.00	4:41.89	1321
1:11.02	1:40.35	2:09.13	3:24.82	3:41.07	4:41.98	1320
1:11.04	1:40.38	2:09.17	3:24.88	3:41.14	4:42.07	1319
1:11.07	1:40.41	2:09.22	3:24.95	3:41.22	4:42.17	1318
1:11.09	1:40.44	2:09.26	3:25.02	3:41.29	4:42.26	1317
1:11.11	1:40.47	2:09.30	3:25.09	3:41.36	4:42.35	1316
1:11.14	1:40.50	2:09.34	3:25.16	3:41.44	4:42.45	1315
1:11.16	1:40.53	2:09.38	3:25.23	3:41.51	4:42.54	1314
1:11.18	1:40.56	2:09.43	3:25.29	3:41.59	4:42.63	1313
1:11.20	1:40.59	2:09.47	3:25.36	3:41.66	4:42.73	1312
1:11.23	1:40.62	2:09.51	3:25.43	3:41.73	4:42.82	1311
1:11.25	1:40.66	2:09.55	3:25.50	3:41.81	4:42.92	1310
1:11.27	1:40.69	2:09.60	3:25.57	3:41.88	4:43.01	1309
1:11.30	1:40.72	2:09.64	3:25.64	3:41.95	4:43.10	1308
1:11.32	1:40.75	2:09.68	3:25.71	3:42.03	4:43.20	1307
1:11.34	1:40.78	2:09.72	3:25.77	3:42.10	4:43.29	1306
1:11.36	1:40.81	2:09.76	3:25.84	3:42.18	4:43.38	1305
1:11.39	1:40.84	2:09.81	3:25.91	3:42.25	4:43.48	1304
1:11.41	1:40.87	2:09.85	3:25.98	3:42.32	4:43.57	1303
1:11.43	1:40.90	2:09.89	3:26.05	3:42.40	4:43.66	1302
1:11.46	1:40.94	2:09.93	3:26.12	3:42.47	4:43.76	1301

Points	600m	800m	1000m	1500m	Mile	2000m
1300	1:11.48	1:40.97	2:09.98	3:26.19	3:42.54	4:43.85
1299	1:11.50	1:41.00	2:10.02	3:26.26	3:42.62	4:43.95
1298	1:11.52	1:41.03	2:10.06	3:26.32	3:42.69	4:44.04
1297	1:11.55	1:41.06	2:10.10	3:26.39	3:42.77	4:44.13
1296	1:11.57	1:41.09	2:10.14	3:26.46	3:42.84	4:44.23
1295	1:11.59	1:41.12	2:10.19	3:26.53	3:42.92	4:44.32
1294	1:11.62	1:41.15	2:10.23	3:26.60	3:42.99	4:44.42
1293	1:11.64	1:41.18	2:10.27	3:26.67	3:43.06	4:44.51
1292	1:11.66	1:41.22	2:10.31	3:26.74	3:43.14	4:44.60
1291	1:11.68	1:41.25	2:10.36	3:26.81	3:43.21	4:44.70
1290	1:11.71	1:41.28	2:10.40	3:26.88	3:43.29	4:44.79
1289	1:11.73	1:41.31	2:10.44	3:26.94	3:43.36	4:44.89
1288	1:11.75	1:41.34	2:10.48	3:27.01	3:43.44	4:44.98
1287	1:11.78	1:41.37	2:10.53	3:27.08	3:43.51	4:45.08
1286	1:11.80	1:41.40	2:10.57	3:27.15	3:43.58	4:45.17
1285	1:11.82	1:41.44	2:10.61	3:27.22	3:43.66	4:45.26
1284	1:11.85	1:41.47	2:10.65	3:27.29	3:43.73	4:45.36
1283	1:11.87	1:41.50	2:10.70	3:27.36	3:43.81	4:45.45
1282	1:11.89	1:41.53	2:10.74	3:27.43	3:43.88	4:45.55
1281	1:11.91	1:41.56	2:10.78	3:27.50	3:43.96	4:45.64
1280	1:11.94	1:41.59	2:10.83	3:27.57	3:44.03	4:45.74
1279	1:11.96	1:41.62	2:10.87	3:27.64	3:44.11	4:45.83
1278	1:11.98	1:41.65	2:10.91	3:27.71	3:44.18	4:45.93
1277	1:12.01	1:41.69	2:10.95	3:27.78	3:44.25	4:46.02
1276	1:12.03	1:41.72	2:11.00	3:27.84	3:44.33	4:46.12
1275	1:12.05	1:41.75	2:11.04	3:27.91	3:44.40	4:46.21
1274	1:12.08	1:41.78	2:11.08	3:27.98	3:44.48	4:46.31
1273	1:12.10	1:41.81	2:11.12	3:28.05	3:44.55	4:46.40
1272	1:12.12	1:41.84	2:11.17	3:28.12	3:44.63	4:46.50
1271	1:12.15	1:41.88	2:11.21	3:28.19	3:44.70	4:46.59
1270	1:12.17	1:41.91	2:11.25	3:28.26	3:44.78	4:46.69
1269	1:12.19	1:41.94	2:11.30	3:28.33	3:44.85	4:46.78
1268	1:12.22	1:41.97	2:11.34	3:28.40	3:44.93	4:46.88
1267	1:12.24	1:42.00	2:11.38	3:28.47	3:45.00	4:46.97
1266	1:12.26	1:42.03	2:11.42	3:28.54	3:45.08	4:47.07
1265	1:12.28	1:42.06	2:11.47	3:28.61	3:45.15	4:47.16
1264	1:12.31	1:42.10	2:11.51	3:28.68	3:45.23	4:47.26
1263	1:12.33	1:42.13	2:11.55	3:28.75	3:45.30	4:47.35
1262	1:12.35	1:42.16	2:11.60	3:28.82	3:45.38	4:47.45
1261	1:12.38	1:42.19	2:11.64	3:28.89	3:45.45	4:47.54
1260	1:12.40	1:42.22	2:11.68	3:28.96	3:45.53	4:47.64
1259	1:12.42	1:42.25	2:11.72	3:29.03	3:45.60	4:47.73
1258	1:12.45	1:42.29	2:11.77	3:29.10	3:45.68	4:47.83
1257	1:12.47	1:42.32	2:11.81	3:29.17	3:45.75	4:47.92
1256	1:12.49	1:42.35	2:11.85	3:29.24	3:45.83	4:48.02
1255	1:12.52	1:42.38	2:11.90	3:29.31	3:45.91	4:48.12
1254	1:12.54	1:42.41	2:11.94	3:29.38	3:45.98	4:48.21
1253	1:12.56	1:42.44	2:11.98	3:29.45	3:46.06	4:48.31
1252	1:12.59	1:42.48	2:12.03	3:29.52	3:46.13	4:48.40
1251	1:12.61	1:42.51	2:12.07	3:29.59	3:46.21	4:48.50

600m	800m	1000m	1500m	Mile	2000m	Points
1:12.63	1:42.54	2:12.11	3:29.66	3:46.28	4:48.59	1250
1:12.66	1:42.57	2:12.16	3:29.73	3:46.36	4:48.69	1249
1:12.68	1:42.60	2:12.20	3:29.80	3:46.43	4:48.78	1248
1:12.70	1:42.64	2:12.24	3:29.87	3:46.51	4:48.88	1247
1:12.73	1:42.67	2:12.28	3:29.94	3:46.58	4:48.98	1246
1:12.75	1:42.70	2:12.33	3:30.01	3:46.66	4:49.07	1245
1:12.77	1:42.73	2:12.37	3:30.08	3:46.74	4:49.17	1244
1:12.80	1:42.76	2:12.41	3:30.15	3:46.81	4:49.26	1243
1:12.82	1:42.79	2:12.46	3:30.22	3:46.89	4:49.36	1242
1:12.84	1:42.83	2:12.50	3:30.29	3:46.96	4:49.46	1241
1:12.87	1:42.86	2:12.54	3:30.36	3:47.04	4:49.55	1240
1:12.89	1:42.89	2:12.59	3:30.43	3:47.11	4:49.65	1239
1:12.91	1:42.92	2:12.63	3:30.50	3:47.19	4:49.75	1238
1:12.94	1:42.95	2:12.67	3:30.57	3:47.27	4:49.84	1237
1:12.96	1:42.99	2:12.72	3:30.64	3:47.34	4:49.94	1236
1:12.99	1:43.02	2:12.76	3:30.71	3:47.42	4:50.03	1235
1:13.01	1:43.05	2:12.80	3:30.78	3:47.49	4:50.13	1234
1:13.03	1:43.08	2:12.85	3:30.86	3:47.57	4:50.23	1233
1:13.06	1:43.11	2:12.89	3:30.93	3:47.65	4:50.32	1232
1:13.08	1:43.15	2:12.94	3:31.00	3:47.72	4:50.42	1231
1:13.10	1:43.18	2:12.98	3:31.07	3:47.80	4:50.52	1230
1:13.13	1:43.21	2:13.02	3:31.14	3:47.87	4:50.61	1229
1:13.15	1:43.24	2:13.07	3:31.21	3:47.95	4:50.71	1228
1:13.17	1:43.27	2:13.11	3:31.28	3:48.03	4:50.81	1227
1:13.20	1:43.31	2:13.15	3:31.35	3:48.10	4:50.90	1226
1:13.22	1:43.34	2:13.20	3:31.42	3:48.18	4:51.00	1225
1:13.24	1:43.37	2:13.24	3:31.49	3:48.26	4:51.10	1224
1:13.27	1:43.40	2:13.28	3:31.56	3:48.33	4:51.19	1223
1:13.29	1:43.43	2:13.33	3:31.63	3:48.41	4:51.29	1222
1:13.32	1:43.47	2:13.37	3:31.70	3:48.48	4:51.39	1221
1:13.34	1:43.50	2:13.41	3:31.78	3:48.56	4:51.48	1220
1:13.36	1:43.53	2:13.46	3:31.85	3:48.64	4:51.58	1219
1:13.39	1:43.56	2:13.50	3:31.92	3:48.71	4:51.68	1218
1:13.41	1:43.60	2:13.55	3:31.99	3:48.79	4:51.77	1217
1:13.43	1:43.63	2:13.59	3:32.06	3:48.87	4:51.87	1216
1:13.46	1:43.66	2:13.63	3:32.13	3:48.94	4:51.97	1215
1:13.48	1:43.69	2:13.68	3:32.20	3:49.02	4:52.07	1214
1:13.50	1:43.72	2:13.72	3:32.27	3:49.10	4:52.16	1213
1:13.53	1:43.76	2:13.76	3:32.34	3:49.17	4:52.26	1212
1:13.55	1:43.79	2:13.81	3:32.42	3:49.25	4:52.36	1211
1:13.58	1:43.82	2:13.85	3:32.49	3:49.33	4:52.45	1210
1:13.60	1:43.85	2:13.90	3:32.56	3:49.40	4:52.55	1209
1:13.62	1:43.89	2:13.94	3:32.63	3:49.48	4:52.65	1208
1:13.65	1:43.92	2:13.98	3:32.70	3:49.56	4:52.75	1207
1:13.67	1:43.95	2:14.03	3:32.77	3:49.63	4:52.84	1206
1:13.69	1:43.98	2:14.07	3:32.84	3:49.71	4:52.94	1205
1:13.72	1:44.02	2:14.12	3:32.92	3:49.79	4:53.04	1204
1:13.74	1:44.05	2:14.16	3:32.99	3:49.86	4:53.14	1203
1:13.77	1:44.08	2:14.20	3:33.06	3:49.94	4:53.23	1202
1:13.79	1:44.11	2:14.25	3:33.13	3:50.02	4:53.33	1201

Points	600m	800m	1000m	1500m	Mile	2000m
1200	1:13.81	1:44.15	2:14.29	3:33.20	3:50.09	4:53.43
1199	1:13.84	1:44.18	2:14.34	3:33.27	3:50.17	4:53.53
1198	1:13.86	1:44.21	2:14.38	3:33.34	3:50.25	4:53.63
1197	1:13.88	1:44.24	2:14.42	3:33.42	3:50.33	4:53.72
1196	1:13.91	1:44.27	2:14.47	3:33.49	3:50.40	4:53.82
1195	1:13.93	1:44.31	2:14.51	3:33.56	3:50.48	4:53.92
1194	1:13.96	1:44.34	2:14.56	3:33.63	3:50.56	4:54.02
1193	1:13.98	1:44.37	2:14.60	3:33.70	3:50.64	4:54.12
1192	1:14.00	1:44.41	2:14.64	3:33.78	3:50.71	4:54.21
1191	1:14.03	1:44.44	2:14.69	3:33.85	3:50.79	4:54.31
1190	1:14.05	1:44.47	2:14.73	3:33.92	3:50.87	4:54.41
1189	1:14.08	1:44.50	2:14.78	3:33.99	3:50.94	4:54.51
1188	1:14.10	1:44.54	2:14.82	3:34.06	3:51.02	4:54.61
1187	1:14.12	1:44.57	2:14.87	3:34.13	3:51.10	4:54.70
1186	1:14.15	1:44.60	2:14.91	3:34.21	3:51.18	4:54.80
1185	1:14.17	1:44.63	2:14.95	3:34.28	3:51.25	4:54.90
1184	1:14.20	1:44.67	2:15.00	3:34.35	3:51.33	4:55.00
1183	1:14.22	1:44.70	2:15.04	3:34.42	3:51.41	4:55.10
1182	1:14.24	1:44.73	2:15.09	3:34.49	3:51.49	4:55.20
1181	1:14.27	1:44.76	2:15.13	3:34.57	3:51.56	4:55.29
1180	1:14.29	1:44.80	2:15.18	3:34.64	3:51.64	4:55.39
1179	1:14.32	1:44.83	2:15.22	3:34.71	3:51.72	4:55.49
1178	1:14.34	1:44.86	2:15.27	3:34.78	3:51.80	4:55.59
1177	1:14.36	1:44.89	2:15.31	3:34.86	3:51.88	4:55.69
1176	1:14.39	1:44.93	2:15.35	3:34.93	3:51.95	4:55.79
1175	1:14.41	1:44.96	2:15.40	3:35.00	3:52.03	4:55.89
1174	1:14.44	1:44.99	2:15.44	3:35.07	3:52.11	4:55.99
1173	1:14.46	1:45.03	2:15.49	3:35.15	3:52.19	4:56.08
1172	1:14.48	1:45.06	2:15.53	3:35.22	3:52.26	4:56.18
1171	1:14.51	1:45.09	2:15.58	3:35.29	3:52.34	4:56.28
1170	1:14.53	1:45.12	2:15.62	3:35.36	3:52.42	4:56.38
1169	1:14.56	1:45.16	2:15.67	3:35.43	3:52.50	4:56.48
1168	1:14.58	1:45.19	2:15.71	3:35.51	3:52.58	4:56.58
1167	1:14.60	1:45.22	2:15.76	3:35.58	3:52.66	4:56.68
1166	1:14.63	1:45.26	2:15.80	3:35.65	3:52.73	4:56.78
1165	1:14.65	1:45.29	2:15.84	3:35.73	3:52.81	4:56.88
1164	1:14.68	1:45.32	2:15.89	3:35.80	3:52.89	4:56.98
1163	1:14.70	1:45.35	2:15.93	3:35.87	3:52.97	4:57.07
1162	1:14.73	1:45.39	2:15.98	3:35.94	3:53.05	4:57.17
1161	1:14.75	1:45.42	2:16.02	3:36.02	3:53.12	4:57.27
1160	1:14.77	1:45.45	2:16.07	3:36.09	3:53.20	4:57.37
1159	1:14.80	1:45.49	2:16.11	3:36.16	3:53.28	4:57.47
1158	1:14.82	1:45.52	2:16.16	3:36.23	3:53.36	4:57.57
1157	1:14.85	1:45.55	2:16.20	3:36.31	3:53.44	4:57.67
1156	1:14.87	1:45.59	2:16.25	3:36.38	3:53.52	4:57.77
1155	1:14.90	1:45.62	2:16.29	3:36.45	3:53.59	4:57.87
1154	1:14.92	1:45.65	2:16.34	3:36.53	3:53.67	4:57.97
1153	1:14.94	1:45.68	2:16.38	3:36.60	3:53.75	4:58.07
1152	1:14.97	1:45.72	2:16.43	3:36.67	3:53.83	4:58.17
1151	1:14.99	1:45.75	2:16.47	3:36.75	3:53.91	4:58.27

600m	800m	1000m	1500m	Mile	2000m	Points
1:15.02	1:45.78	2:16.52	3:36.82	3:53.99	4:58.37	1150
1:15.04	1:45.82	2:16.56	3:36.89	3:54.07	4:58.47	1149
1:15.07	1:45.85	2:16.61	3:36.96	3:54.15	4:58.57	1148
1:15.09	1:45.88	2:16.65	3:37.04	3:54.22	4:58.67	1147
1:15.11	1:45.92	2:16.70	3:37.11	3:54.30	4:58.77	1146
1:15.14	1:45.95	2:16.74	3:37.18	3:54.38	4:58.87	1145
1:15.16	1:45.98	2:16.79	3:37.26	3:54.46	4:58.97	1144
1:15.19	1:46.02	2:16.83	3:37.33	3:54.54	4:59.07	1143
1:15.21	1:46.05	2:16.88	3:37.40	3:54.62	4:59.17	1142
1:15.24	1:46.08	2:16.92	3:37.48	3:54.70	4:59.27	1141
1:15.26	1:46.12	2:16.97	3:37.55	3:54.78	4:59.37	1140
1:15.29	1:46.15	2:17.01	3:37.62	3:54.86	4:59.47	1139
1:15.31	1:46.18	2:17.06	3:37.70	3:54.93	4:59.57	1138
1:15.33	1:46.22	2:17.10	3:37.77	3:55.01	4:59.67	1137
1:15.36	1:46.25	2:17.15	3:37.85	3:55.09	4:59.77	1136
1:15.38	1:46.28	2:17.19	3:37.92	3:55.17	4:59.87	1135
1:15.41	1:46.32	2:17.24	3:37.99	3:55.25	4:59.97	1134
1:15.43	1:46.35	2:17.28	3:38.07	3:55.33	5:00.07	1133
1:15.46	1:46.38	2:17.33	3:38.14	3:55.41	5:00.17	1132
1:15.48	1:46.42	2:17.38	3:38.21	3:55.49	5:00.27	1131
1:15.51	1:46.45	2:17.42	3:38.29	3:55.57	5:00.37	1130
1:15.53	1:46.48	2:17.47	3:38.36	3:55.65	5:00.48	1129
1:15.56	1:46.52	2:17.51	3:38.43	3:55.73	5:00.58	1128
1:15.58	1:46.55	2:17.56	3:38.51	3:55.81	5:00.68	1127
1:15.60	1:46.58	2:17.60	3:38.58	3:55.89	5:00.78	1126
1:15.63	1:46.62	2:17.65	3:38.66	3:55.97	5:00.88	1125
1:15.65	1:46.65	2:17.69	3:38.73	3:56.05	5:00.98	1124
1:15.68	1:46.68	2:17.74	3:38.80	3:56.13	5:01.08	1123
1:15.70	1:46.72	2:17.78	3:38.88	3:56.21	5:01.18	1122
1:15.73	1:46.75	2:17.83	3:38.95	3:56.28	5:01.28	1121
1:15.75	1:46.78	2:17.88	3:39.03	3:56.36	5:01.38	1120
1:15.78	1:46.82	2:17.92	3:39.10	3:56.44	5:01.49	1119
1:15.80	1:46.85	2:17.97	3:39.17	3:56.52	5:01.59	1118
1:15.83	1:46.89	2:18.01	3:39.25	3:56.60	5:01.69	1117
1:15.85	1:46.92	2:18.06	3:39.32	3:56.68	5:01.79	1116
1:15.88	1:46.95	2:18.10	3:39.40	3:56.76	5:01.89	1115
1:15.90	1:46.99	2:18.15	3:39.47	3:56.84	5:01.99	1114
1:15.93	1:47.02	2:18.20	3:39.55	3:56.92	5:02.09	1113
1:15.95	1:47.05	2:18.24	3:39.62	3:57.00	5:02.19	1112
1:15.97	1:47.09	2:18.29	3:39.69	3:57.08	5:02.30	1111
1:16.00	1:47.12	2:18.33	3:39.77	3:57.16	5:02.40	1110
1:16.02	1:47.16	2:18.38	3:39.84	3:57.24	5:02.50	1109
1:16.05	1:47.19	2:18.42	3:39.92	3:57.32	5:02.60	1108
1:16.07	1:47.22	2:18.47	3:39.99	3:57.40	5:02.70	1107
1:16.10	1:47.26	2:18.52	3:40.07	3:57.48	5:02.80	1106
1:16.12	1:47.29	2:18.56	3:40.14	3:57.56	5:02.91	1105
1:16.15	1:47.32	2:18.61	3:40.22	3:57.65	5:03.01	1104
1:16.17	1:47.36	2:18.65	3:40.29	3:57.73	5:03.11	1103
1:16.20	1:47.39	2:18.70	3:40.37	3:57.81	5:03.21	1102
1:16.22	1:47.43	2:18.75	3:40.44	3:57.89	5:03.31	1101

Points	600m	800m	1000m	1500m	Mile	2000m
1100	1:16.25	1:47.46	2:18.79	3:40.52	3:57.97	5:03.42
1099	1:16.27	1:47.49	2:18.84	3:40.59	3:58.05	5:03.52
1098	1:16.30	1:47.53	2:18.88	3:40.66	3:58.13	5:03.62
1097	1:16.32	1:47.56	2:18.93	3:40.74	3:58.21	5:03.72
1096	1:16.35	1:47.60	2:18.98	3:40.81	3:58.29	5:03.83
1095	1:16.37	1:47.63	2:19.02	3:40.89	3:58.37	5:03.93
1094	1:16.40	1:47.66	2:19.07	3:40.96	3:58.45	5:04.03
1093	1:16.42	1:47.70	2:19.11	3:41.04	3:58.53	5:04.13
1092	1:16.45	1:47.73	2:19.16	3:41.11	3:58.61	5:04.23
1091	1:16.47	1:47.76	2:19.21	3:41.19	3:58.69	5:04.34
1090	1:16.50	1:47.80	2:19.25	3:41.26	3:58.77	5:04.44
1089	1:16.52	1:47.83	2:19.30	3:41.34	3:58.85	5:04.54
1088	1:16.55	1:47.87	2:19.35	3:41.41	3:58.93	5:04.64
1087	1:16.57	1:47.90	2:19.39	3:41.49	3:59.02	5:04.75
1086	1:16.60	1:47.94	2:19.44	3:41.57	3:59.10	5:04.85
1085	1:16.62	1:47.97	2:19.48	3:41.64	3:59.18	5:04.95
1084	1:16.65	1:48.00	2:19.53	3:41.72	3:59.26	5:05.06
1083	1:16.67	1:48.04	2:19.58	3:41.79	3:59.34	5:05.16
1082	1:16.70	1:48.07	2:19.62	3:41.87	3:59.42	5:05.26
1081	1:16.72	1:48.11	2:19.67	3:41.94	3:59.50	5:05.36
1080	1:16.75	1:48.14	2:19.72	3:42.02	3:59.58	5:05.47
1079	1:16.77	1:48.17	2:19.76	3:42.09	3:59.66	5:05.57
1078	1:16.80	1:48.21	2:19.81	3:42.17	3:59.75	5:05.67
1077	1:16.82	1:48.24	2:19.86	3:42.24	3:59.83	5:05.78
1076	1:16.85	1:48.28	2:19.90	3:42.32	3:59.91	5:05.88
1075	1:16.87	1:48.31	2:19.95	3:42.39	3:59.99	5:05.98
1074	1:16.90	1:48.35	2:20.00	3:42.47	4:00.07	5:06.09
1073	1:16.92	1:48.38	2:20.04	3:42.55	4:00.15	5:06.19
1072	1:16.95	1:48.41	2:20.09	3:42.62	4:00.23	5:06.29
1071	1:16.97	1:48.45	2:20.13	3:42.70	4:00.32	5:06.40
1070	1:17.00	1:48.48	2:20.18	3:42.77	4:00.40	5:06.50
1069	1:17.02	1:48.52	2:20.23	3:42.85	4:00.48	5:06.60
1068	1:17.05	1:48.55	2:20.27	3:42.93	4:00.56	5:06.71
1067	1:17.08	1:48.59	2:20.32	3:43.00	4:00.64	5:06.81
1066	1:17.10	1:48.62	2:20.37	3:43.08	4:00.72	5:06.91
1065	1:17.13	1:48.65	2:20.41	3:43.15	4:00.81	5:07.02
1064	1:17.15	1:48.69	2:20.46	3:43.23	4:00.89	5:07.12
1063	1:17.18	1:48.72	2:20.51	3:43.31	4:00.97	5:07.23
1062	1:17.20	1:48.76	2:20.56	3:43.38	4:01.05	5:07.33
1061	1:17.23	1:48.79	2:20.60	3:43.46	4:01.13	5:07.43
1060	1:17.25	1:48.83	2:20.65	3:43.53	4:01.22	5:07.54
1059	1:17.28	1:48.86	2:20.70	3:43.61	4:01.30	5:07.64
1058	1:17.30	1:48.90	2:20.74	3:43.69	4:01.38	5:07.75
1057	1:17.33	1:48.93	2:20.79	3:43.76	4:01.46	5:07.85
1056	1:17.35	1:48.97	2:20.84	3:43.84	4:01.54	5:07.95
1055	1:17.38	1:49.00	2:20.88	3:43.91	4:01.63	5:08.06
1054	1:17.40	1:49.03	2:20.93	3:43.99	4:01.71	5:08.16
1053	1:17.43	1:49.07	2:20.98	3:44.07	4:01.79	5:08.27
1052	1:17.46	1:49.10	2:21.02	3:44.14	4:01.87	5:08.37
1051	1:17.48	1:49.14	2:21.07	3:44.22	4:01.95	5:08.48

600m	800m	1000m	1500m	Mile	2000m	Points
1:17.51	1:49.17	2:21.12	3:44.30	4:02.04	5:08.58	1050
1:17.53	1:49.21	2:21.17	3:44.37	4:02.12	5:08.68	1049
1:17.56	1:49.24	2:21.21	3:44.45	4:02.20	5:08.79	1048
1:17.58	1:49.28	2:21.26	3:44.53	4:02.28	5:08.89	1047
1:17.61	1:49.31	2:21.31	3:44.60	4:02.37	5:09.00	1046
1:17.63	1:49.35	2:21.35	3:44.68	4:02.45	5:09.10	1045
1:17.66	1:49.38	2:21.40	3:44.76	4:02.53	5:09.21	1044
1:17.68	1:49.42	2:21.45	3:44.83	4:02.61	5:09.31	1043
1:17.71	1:49.45	2:21.50	3:44.91	4:02.70	5:09.42	1042
1:17.74	1:49.49	2:21.54	3:44.99	4:02.78	5:09.52	1041
1:17.76	1:49.52	2:21.59	3:45.06	4:02.86	5:09.63	1040
1:17.79	1:49.56	2:21.64	3:45.14	4:02.95	5:09.73	1039
1:17.81	1:49.59	2:21.69	3:45.22	4:03.03	5:09.84	1038
1:17.84	1:49.63	2:21.73	3:45.29	4:03.11	5:09.94	1037
1:17.86	1:49.66	2:21.78	3:45.37	4:03.19	5:10.05	1036
1:17.89	1:49.70	2:21.83	3:45.45	4:03.28	5:10.15	1035
1:17.92	1:49.73	2:21.87	3:45.53	4:03.36	5:10.26	1034
1:17.94	1:49.77	2:21.92	3:45.60	4:03.44	5:10.36	1033
1:17.97	1:49.80	2:21.97	3:45.68	4:03.53	5:10.47	1032
1:17.99	1:49.83	2:22.02	3:45.76	4:03.61	5:10.57	1031
1:18.02	1:49.87	2:22.06	3:45.83	4:03.69	5:10.68	1030
1:18.04	1:49.90	2:22.11	3:45.91	4:03.78	5:10.78	1029
1:18.07	1:49.94	2:22.16	3:45.99	4:03.86	5:10.89	1028
1:18.10	1:49.98	2:22.21	3:46.07	4:03.94	5:11.00	1027
1:18.12	1:50.01	2:22.26	3:46.14	4:04.02	5:11.10	1026
1:18.15	1:50.05	2:22.30	3:46.22	4:04.11	5:11.21	1025
1:18.17	1:50.08	2:22.35	3:46.30	4:04.19	5:11.31	1024
1:18.20	1:50.12	2:22.40	3:46.38	4:04.28	5:11.42	1023
1:18.22	1:50.15	2:22.45	3:46.45	4:04.36	5:11.53	1022
1:18.25	1:50.19	2:22.49	3:46.53	4:04.44	5:11.63	1021
1:18.28	1:50.22	2:22.54	3:46.61	4:04.53	5:11.74	1020
1:18.30	1:50.26	2:22.59	3:46.69	4:04.61	5:11.84	1019
1:18.33	1:50.29	2:22.64	3:46.76	4:04.69	5:11.95	1018
1:18.35	1:50.33	2:22.68	3:46.84	4:04.78	5:12.06	1017
1:18.38	1:50.36	2:22.73	3:46.92	4:04.86	5:12.16	1016
1:18.41	1:50.40	2:22.78	3:47.00	4:04.94	5:12.27	1015
1:18.43	1:50.43	2:22.83	3:47.08	4:05.03	5:12.37	1014
1:18.46	1:50.47	2:22.88	3:47.15	4:05.11	5:12.48	1013
1:18.48	1:50.50	2:22.92	3:47.23	4:05.20	5:12.59	1012
1:18.51	1:50.54	2:22.97	3:47.31	4:05.28	5:12.69	1011
1:18.54	1:50.57	2:23.02	3:47.39	4:05.36	5:12.80	1010
1:18.56	1:50.61	2:23.07	3:47.47	4:05.45	5:12.91	1009
1:18.59	1:50.64	2:23.12	3:47.54	4:05.53	5:13.01	1008
1:18.61	1:50.68	2:23.16	3:47.62	4:05.62	5:13.12	1007
1:18.64	1:50.72	2:23.21	3:47.70	4:05.70	5:13.23	1006
1:18.67	1:50.75	2:23.26	3:47.78	4:05.78	5:13.33	1005
1:18.69	1:50.79	2:23.31	3:47.86	4:05.87	5:13.44	1004
1:18.72	1:50.82	2:23.36	3:47.93	4:05.95	5:13.55	1003
1:18.74	1:50.86	2:23.41	3:48.01	4:06.04	5:13.65	1002
1:18.77	1:50.89	2:23.45	3:48.09	4:06.12	5:13.76	1001

Points	600m	800m	1000m	1500m	Mile	2000m
1000	1:18.80	1:50.93	2:23.50	3:48.17	4:06.21	5:13.87
999	1:18.82	1:50.96	2:23.55	3:48.25	4:06.29	5:13.97
998	1:18.85	1:51.00	2:23.60	3:48.33	4:06.37	5:14.08
997	1:18.87	1:51.03	2:23.65	3:48.41	4:06.46	5:14.19
996	1:18.90	1:51.07	2:23.69	3:48.48	4:06.54	5:14.30
995	1:18.93	1:51.11	2:23.74	3:48.56	4:06.63	5:14.40
994	1:18.95	1:51.14	2:23.79	3:48.64	4:06.71	5:14.51
993	1:18.98	1:51.18	2:23.84	3:48.72	4:06.80	5:14.62
992	1:19.00	1:51.21	2:23.89	3:48.80	4:06.88	5:14.73
991	1:19.03	1:51.25	2:23.94	3:48.88	4:06.97	5:14.83
990	1:19.06	1:51.28	2:23.99	3:48.96	4:07.05	5:14.94
989	1:19.08	1:51.32	2:24.03	3:49.03	4:07.14	5:15.05
988	1:19.11	1:51.36	2:24.08	3:49.11	4:07.22	5:15.16
987	1:19.14	1:51.39	2:24.13	3:49.19	4:07.31	5:15.26
986	1:19.16	1:51.43	2:24.18	3:49.27	4:07.39	5:15.37
985	1:19.19	1:51.46	2:24.23	3:49.35	4:07.48	5:15.48
984	1:19.21	1:51.50	2:24.28	3:49.43	4:07.56	5:15.59
983	1:19.24	1:51.53	2:24.33	3:49.51	4:07.65	5:15.70
982	1:19.27	1:51.57	2:24.37	3:49.59	4:07.73	5:15.80
981	1:19.29	1:51.61	2:24.42	3:49.67	4:07.82	5:15.91
980	1:19.32	1:51.64	2:24.47	3:49.75	4:07.90	5:16.02
979	1:19.35	1:51.68	2:24.52	3:49.83	4:07.99	5:16.13
978	1:19.37	1:51.71	2:24.57	3:49.90	4:08.07	5:16.24
977	1:19.40	1:51.75	2:24.62	3:49.98	4:08.16	5:16.34
976	1:19.43	1:51.79	2:24.67	3:50.06	4:08.24	5:16.45
975	1:19.45	1:51.82	2:24.72	3:50.14	4:08.33	5:16.56
974	1:19.48	1:51.86	2:24.76	3:50.22	4:08.41	5:16.67
973	1:19.50	1:51.89	2:24.81	3:50.30	4:08.50	5:16.78
972	1:19.53	1:51.93	2:24.86	3:50.38	4:08.58	5:16.89
971	1:19.56	1:51.97	2:24.91	3:50.46	4:08.67	5:17.00
970	1:19.58	1:52.00	2:24.96	3:50.54	4:08.76	5:17.10
969	1:19.61	1:52.04	2:25.01	3:50.62	4:08.84	5:17.21
968	1:19.64	1:52.07	2:25.06	3:50.70	4:08.93	5:17.32
967	1:19.66	1:52.11	2:25.11	3:50.78	4:09.01	5:17.43
966	1:19.69	1:52.15	2:25.16	3:50.86	4:09.10	5:17.54
965	1:19.72	1:52.18	2:25.21	3:50.94	4:09.19	5:17.65
964	1:19.74	1:52.22	2:25.25	3:51.02	4:09.27	5:17.76
963	1:19.77	1:52.26	2:25.30	3:51.10	4:09.36	5:17.87
962	1:19.80	1:52.29	2:25.35	3:51.18	4:09.44	5:17.98
961	1:19.82	1:52.33	2:25.40	3:51.26	4:09.53	5:18.08
960	1:19.85	1:52.36	2:25.45	3:51.34	4:09.62	5:18.19
959	1:19.88	1:52.40	2:25.50	3:51.42	4:09.70	5:18.30
958	1:19.90	1:52.44	2:25.55	3:51.50	4:09.79	5:18.41
957	1:19.93	1:52.47	2:25.60	3:51.58	4:09.87	5:18.52
956	1:19.96	1:52.51	2:25.65	3:51.66	4:09.96	5:18.63
955	1:19.98	1:52.55	2:25.70	3:51.74	4:10.05	5:18.74
954	1:20.01	1:52.58	2:25.75	3:51.82	4:10.13	5:18.85
953	1:20.04	1:52.62	2:25.80	3:51.90	4:10.22	5:18.96
952	1:20.06	1:52.65	2:25.85	3:51.98	4:10.31	5:19.07
951	1:20.09	1:52.69	2:25.90	3:52.06	4:10.39	5:19.18

600m	800m	1000m	1500m	Mile	2000m	Points
1:20.12	1:52.73	2:25.94	3:52.14	4:10.48	5:19.29	950
1:20.14	1:52.76	2:25.99	3:52.22	4:10.57	5:19.40	949
1:20.17	1:52.80	2:26.04	3:52.30	4:10.65	5:19.51	948
1:20.20	1:52.84	2:26.09	3:52.38	4:10.74	5:19.62	947
1:20.22	1:52.87	2:26.14	3:52.46	4:10.83	5:19.73	946
1:20.25	1:52.91	2:26.19	3:52.54	4:10.91	5:19.84	945
1:20.28	1:52.95	2:26.24	3:52.62	4:11.00	5:19.95	944
1:20.30	1:52.98	2:26.29	3:52.70	4:11.09	5:20.06	943
1:20.33	1:53.02	2:26.34	3:52.79	4:11.17	5:20.17	942
1:20.36	1:53.06	2:26.39	3:52.87	4:11.26	5:20.28	941
1:20.39	1:53.09	2:26.44	3:52.95	4:11.35	5:20.39	940
1:20.41	1:53.13	2:26.49	3:53.03	4:11.43	5:20.50	939
1:20.44	1:53.17	2:26.54	3:53.11	4:11.52	5:20.61	938
1:20.47	1:53.20	2:26.59	3:53.19	4:11.61	5:20.72	937
1:20.49	1:53.24	2:26.64	3:53.27	4:11.70	5:20.83	936
1:20.52	1:53.28	2:26.69	3:53.35	4:11.78	5:20.94	935
1:20.55	1:53.31	2:26.74	3:53.43	4:11.87	5:21.05	934
1:20.57	1:53.35	2:26.79	3:53.51	4:11.96	5:21.17	933
1:20.60	1:53.39	2:26.84	3:53.60	4:12.04	5:21.28	932
1:20.63	1:53.42	2:26.89	3:53.68	4:12.13	5:21.39	931
1:20.66	1:53.46	2:26.94	3:53.76	4:12.22	5:21.50	930
1:20.68	1:53.50	2:26.99	3:53.84	4:12.31	5:21.61	929
1:20.71	1:53.53	2:27.04	3:53.92	4:12.40	5:21.72	928
1:20.74	1:53.57	2:27.09	3:54.00	4:12.48	5:21.83	927
1:20.76	1:53.61	2:27.14	3:54.08	4:12.57	5:21.94	926
1:20.79	1:53.65	2:27.19	3:54.17	4:12.66	5:22.05	925
1:20.82	1:53.68	2:27.24	3:54.25	4:12.75	5:22.17	924
1:20.85	1:53.72	2:27.29	3:54.33	4:12.83	5:22.28	923
1:20.87	1:53.76	2:27.34	3:54.41	4:12.92	5:22.39	922
1:20.90	1:53.79	2:27.39	3:54.49	4:13.01	5:22.50	921
1:20.93	1:53.83	2:27.44	3:54.57	4:13.10	5:22.61	920
1:20.95	1:53.87	2:27.49	3:54.66	4:13.19	5:22.72	919
1:20.98	1:53.90	2:27.54	3:54.74	4:13.27	5:22.83	918
1:21.01	1:53.94	2:27.59	3:54.82	4:13.36	5:22.95	917
1:21.04	1:53.98	2:27.64	3:54.90	4:13.45	5:23.06	916
1:21.06	1:54.02	2:27.69	3:54.98	4:13.54	5:23.17	915
1:21.09	1:54.05	2:27.74	3:55.06	4:13.63	5:23.28	914
1:21.12	1:54.09	2:27.79	3:55.15	4:13.71	5:23.39	913
1:21.15	1:54.13	2:27.85	3:55.23	4:13.80	5:23.51	912
1:21.17	1:54.16	2:27.90	3:55.31	4:13.89	5:23.62	911
1:21.20	1:54.20	2:27.95	3:55.39	4:13.98	5:23.73	910
1:21.23	1:54.24	2:28.00	3:55.48	4:14.07	5:23.84	909
1:21.25	1:54.28	2:28.05	3:55.56	4:14.16	5:23.96	908
1:21.28	1:54.31	2:28.10	3:55.64	4:14.25	5:24.07	907
1:21.31	1:54.35	2:28.15	3:55.72	4:14.33	5:24.18	906
1:21.34	1:54.39	2:28.20	3:55.80	4:14.42	5:24.29	905
1:21.36	1:54.43	2:28.25	3:55.89	4:14.51	5:24.41	904
1:21.39	1:54.46	2:28.30	3:55.97	4:14.60	5:24.52	903
1:21.42	1:54.50	2:28.35	3:56.05	4:14.69	5:24.63	902
1:21.45	1:54.54	2:28.40	3:56.13	4:14.78	5:24.74	901

Points	600m	800m	1000m	1500m	Mile	2000m
900	1:21.47	1:54.58	2:28.45	3:56.22	4:14.87	5:24.86
899	1:21.50	1:54.61	2:28.50	3:56.30	4:14.96	5:24.97
898	1:21.53	1:54.65	2:28.56	3:56.38	4:15.04	5:25.08
897	1:21.56	1:54.69	2:28.61	3:56.47	4:15.13	5:25.19
896	1:21.58	1:54.73	2:28.66	3:56.55	4:15.22	5:25.31
895	1:21.61	1:54.76	2:28.71	3:56.63	4:15.31	5:25.42
894	1:21.64	1:54.80	2:28.76	3:56.71	4:15.40	5:25.53
893	1:21.67	1:54.84	2:28.81	3:56.80	4:15.49	5:25.65
892	1:21.69	1:54.88	2:28.86	3:56.88	4:15.58	5:25.76
891	1:21.72	1:54.91	2:28.91	3:56.96	4:15.67	5:25.87
890	1:21.75	1:54.95	2:28.96	3:57.05	4:15.76	5:25.99
889	1:21.78	1:54.99	2:29.01	3:57.13	4:15.85	5:26.10
888	1:21.81	1:55.03	2:29.07	3:57.21	4:15.94	5:26.21
887	1:21.83	1:55.06	2:29.12	3:57.30	4:16.03	5:26.33
886	1:21.86	1:55.10	2:29.17	3:57.38	4:16.12	5:26.44
885	1:21.89	1:55.14	2:29.22	3:57.46	4:16.21	5:26.56
884	1:21.92	1:55.18	2:29.27	3:57.55	4:16.30	5:26.67
883	1:21.94	1:55.21	2:29.32	3:57.63	4:16.39	5:26.78
882	1:21.97	1:55.25	2:29.37	3:57.71	4:16.48	5:26.90
881	1:22.00	1:55.29	2:29.42	3:57.80	4:16.57	5:27.01
880	1:22.03	1:55.33	2:29.48	3:57.88	4:16.66	5:27.13
879	1:22.06	1:55.37	2:29.53	3:57.96	4:16.75	5:27.24
878	1:22.08	1:55.40	2:29.58	3:58.05	4:16.84	5:27.35
877	1:22.11	1:55.44	2:29.63	3:58.13	4:16.93	5:27.47
876	1:22.14	1:55.48	2:29.68	3:58.21	4:17.02	5:27.58
875	1:22.17	1:55.52	2:29.73	3:58.30	4:17.11	5:27.70
874	1:22.19	1:55.56	2:29.79	3:58.38	4:17.20	5:27.81
873	1:22.22	1:55.59	2:29.84	3:58.47	4:17.29	5:27.93
872	1:22.25	1:55.63	2:29.89	3:58.55	4:17.38	5:28.04
871	1:22.28	1:55.67	2:29.94	3:58.63	4:17.47	5:28.16
870	1:22.31	1:55.71	2:29.99	3:58.72	4:17.56	5:28.27
869	1:22.33	1:55.75	2:30.04	3:58.80	4:17.65	5:28.39
868	1:22.36	1:55.78	2:30.10	3:58.89	4:17.74	5:28.50
867	1:22.39	1:55.82	2:30.15	3:58.97	4:17.83	5:28.61
866	1:22.42	1:55.86	2:30.20	3:59.05	4:17.92	5:28.73
865	1:22.45	1:55.90	2:30.25	3:59.14	4:18.01	5:28.85
864	1:22.47	1:55.94	2:30.30	3:59.22	4:18.10	5:28.96
863	1:22.50	1:55.98	2:30.35	3:59.31	4:18.19	5:29.08
862	1:22.53	1:56.01	2:30.41	3:59.39	4:18.28	5:29.19
861	1:22.56	1:56.05	2:30.46	3:59.48	4:18.37	5:29.31
860	1:22.59	1:56.09	2:30.51	3:59.56	4:18.47	5:29.42
859	1:22.62	1:56.13	2:30.56	3:59.65	4:18.56	5:29.54
858	1:22.64	1:56.17	2:30.61	3:59.73	4:18.65	5:29.65
857	1:22.67	1:56.21	2:30.67	3:59.82	4:18.74	5:29.77
856	1:22.70	1:56.24	2:30.72	3:59.90	4:18.83	5:29.88
855	1:22.73	1:56.28	2:30.77	3:59.98	4:18.92	5:30.00
854	1:22.76	1:56.32	2:30.82	4:00.07	4:19.01	5:30.12
853	1:22.78	1:56.36	2:30.88	4:00.15	4:19.10	5:30.23
852	1:22.81	1:56.40	2:30.93	4:00.24	4:19.20	5:30.35
851	1:22.84	1:56.44	2:30.98	4:00.32	4:19.29	5:30.46

600m	800m	1000m	1500m	Mile	2000m	Points
1:22.87	1:56.47	2:31.03	4:00.41	4:19.38	5:30.58	850
1:22.90	1:56.51	2:31.08	4:00.49	4:19.47	5:30.70	849
1:22.93	1:56.55	2:31.14	4:00.58	4:19.56	5:30.81	848
1:22.95	1:56.59	2:31.19	4:00.66	4:19.65	5:30.93	847
1:22.98	1:56.63	2:31.24	4:00.75	4:19.74	5:31.04	846
1:23.01	1:56.67	2:31.29	4:00.84	4:19.84	5:31.16	845
1:23.04	1:56.71	2:31.35	4:00.92	4:19.93	5:31.28	844
1:23.07	1:56.74	2:31.40	4:01.01	4:20.02	5:31.39	843
1:23.10	1:56.78	2:31.45	4:01.09	4:20.11	5:31.51	842
1:23.12	1:56.82	2:31.50	4:01.18	4:20.20	5:31.63	841
1:23.15	1:56.86	2:31.56	4:01.26	4:20.30	5:31.74	840
1:23.18	1:56.90	2:31.61	4:01.35	4:20.39	5:31.86	839
1:23.21	1:56.94	2:31.66	4:01.43	4:20.48	5:31.98	838
1:23.24	1:56.98	2:31.72	4:01.52	4:20.57	5:32.09	837
1:23.27	1:57.02	2:31.77	4:01.60	4:20.67	5:32.21	836
1:23.30	1:57.06	2:31.82	4:01.69	4:20.76	5:32.33	835
1:23.32	1:57.09	2:31.87	4:01.78	4:20.85	5:32.45	834
1:23.35	1:57.13	2:31.93	4:01.86	4:20.94	5:32.56	833
1:23.38	1:57.17	2:31.98	4:01.95	4:21.03	5:32.68	832
1:23.41	1:57.21	2:32.03	4:02.03	4:21.13	5:32.80	831
1:23.44	1:57.25	2:32.09	4:02.12	4:21.22	5:32.92	830
1:23.47	1:57.29	2:32.14	4:02.21	4:21.31	5:33.03	829
1:23.50	1:57.33	2:32.19	4:02.29	4:21.41	5:33.15	828
1:23.52	1:57.37	2:32.24	4:02.38	4:21.50	5:33.27	827
1:23.55	1:57.41	2:32.30	4:02.46	4:21.59	5:33.39	826
1:23.58	1:57.45	2:32.35	4:02.55	4:21.68	5:33.50	825
1:23.61	1:57.48	2:32.40	4:02.64	4:21.78	5:33.62	824
1:23.64	1:57.52	2:32.46	4:02.72	4:21.87	5:33.74	823
1:23.67	1:57.56	2:32.51	4:02.81	4:21.96	5:33.86	822
1:23.70	1:57.60	2:32.56	4:02.90	4:22.06	5:33.98	821
1:23.73	1:57.64	2:32.62	4:02.98	4:22.15	5:34.09	820
1:23.76	1:57.68	2:32.67	4:03.07	4:22.24	5:34.21	819
1:23.78	1:57.72	2:32.72	4:03.16	4:22.34	5:34.33	818
1:23.81	1:57.76	2:32.78	4:03.24	4:22.43	5:34.45	817
1:23.84	1:57.80	2:32.83	4:03.33	4:22.52	5:34.57	816
1:23.87	1:57.84	2:32.88	4:03.42	4:22.62	5:34.69	815
1:23.90	1:57.88	2:32.94	4:03.50	4:22.71	5:34.81	814
1:23.93	1:57.92	2:32.99	4:03.59	4:22.80	5:34.92	813
1:23.96	1:57.96	2:33.04	4:03.68	4:22.90	5:35.04	812
1:23.99	1:58.00	2:33.10	4:03.77	4:22.99	5:35.16	811
1:24.02	1:58.03	2:33.15	4:03.85	4:23.08	5:35.28	810
1:24.04	1:58.07	2:33.20	4:03.94	4:23.18	5:35.40	809
1:24.07	1:58.11	2:33.26	4:04.03	4:23.27	5:35.52	808
1:24.10	1:58.15	2:33.31	4:04.11	4:23.37	5:35.64	807
1:24.13	1:58.19	2:33.37	4:04.20	4:23.46	5:35.76	806
1:24.16	1:58.23	2:33.42	4:04.29	4:23.55	5:35.88	805
1:24.19	1:58.27	2:33.47	4:04.38	4:23.65	5:36.00	804
1:24.22	1:58.31	2:33.53	4:04.46	4:23.74	5:36.11	803
1:24.25	1:58.35	2:33.58	4:04.55	4:23.84	5:36.23	802
1:24.28	1:58.39	2:33.63	4:04.64	4:23.93	5:36.35	801

Points	600m	800m	1000m	1500m	Mile	2000m
800	1:24.31	1:58.43	2:33.69	4:04.73	4:24.02	5:36.47
799	1:24.34	1:58.47	2:33.74	4:04.81	4:24.12	5:36.59
798	1:24.36	1:58.51	2:33.80	4:04.90	4:24.21	5:36.71
797	1:24.39	1:58.55	2:33.85	4:04.99	4:24.31	5:36.83
796	1:24.42	1:58.59	2:33.90	4:05.08	4:24.40	5:36.95
795	1:24.45	1:58.63	2:33.96	4:05.17	4:24.50	5:37.07
794	1:24.48	1:58.67	2:34.01	4:05.25	4:24.59	5:37.19
793	1:24.51	1:58.71	2:34.07	4:05.34	4:24.69	5:37.31
792	1:24.54	1:58.75	2:34.12	4:05.43	4:24.78	5:37.43
791	1:24.57	1:58.79	2:34.18	4:05.52	4:24.88	5:37.55
790	1:24.60	1:58.83	2:34.23	4:05.61	4:24.97	5:37.67
789	1:24.63	1:58.87	2:34.28	4:05.69	4:25.07	5:37.79
788	1:24.66	1:58.91	2:34.34	4:05.78	4:25.16	5:37.92
787	1:24.69	1:58.95	2:34.39	4:05.87	4:25.26	5:38.04
786	1:24.72	1:58.99	2:34.45	4:05.96	4:25.35	5:38.16
785	1:24.75	1:59.03	2:34.50	4:06.05	4:25.45	5:38.28
784	1:24.78	1:59.07	2:34.56	4:06.14	4:25.54	5:38.40
783	1:24.81	1:59.11	2:34.61	4:06.22	4:25.64	5:38.52
782	1:24.83	1:59.15	2:34.67	4:06.31	4:25.73	5:38.64
781	1:24.86	1:59.19	2:34.72	4:06.40	4:25.83	5:38.76
780	1:24.89	1:59.23	2:34.77	4:06.49	4:25.92	5:38.88
779	1:24.92	1:59.27	2:34.83	4:06.58	4:26.02	5:39.00
778	1:24.95	1:59.31	2:34.88	4:06.67	4:26.12	5:39.13
777	1:24.98	1:59.35	2:34.94	4:06.76	4:26.21	5:39.25
776	1:25.01	1:59.39	2:34.99	4:06.85	4:26.31	5:39.37
775	1:25.04	1:59.43	2:35.05	4:06.94	4:26.40	5:39.49
774	1:25.07	1:59.47	2:35.10	4:07.02	4:26.50	5:39.61
773	1:25.10	1:59.51	2:35.16	4:07.11	4:26.59	5:39.73
772	1:25.13	1:59.55	2:35.21	4:07.20	4:26.69	5:39.86
771	1:25.16	1:59.59	2:35.27	4:07.29	4:26.79	5:39.98
770	1:25.19	1:59.63	2:35.32	4:07.38	4:26.88	5:40.10
769	1:25.22	1:59.67	2:35.38	4:07.47	4:26.98	5:40.22
768	1:25.25	1:59.72	2:35.43	4:07.56	4:27.07	5:40.34
767	1:25.28	1:59.76	2:35.49	4:07.65	4:27.17	5:40.47
766	1:25.31	1:59.80	2:35.54	4:07.74	4:27.27	5:40.59
765	1:25.34	1:59.84	2:35.60	4:07.83	4:27.36	5:40.71
764	1:25.37	1:59.88	2:35.65	4:07.92	4:27.46	5:40.83
763	1:25.40	1:59.92	2:35.71	4:08.01	4:27.56	5:40.96
762	1:25.43	1:59.96	2:35.76	4:08.10	4:27.65	5:41.08
761	1:25.46	2:00.00	2:35.82	4:08.19	4:27.75	5:41.20
760	1:25.49	2:00.04	2:35.87	4:08.28	4:27.85	5:41.32
759	1:25.52	2:00.08	2:35.93	4:08.37	4:27.94	5:41.45
758	1:25.55	2:00.12	2:35.98	4:08.46	4:28.04	5:41.57
757	1:25.58	2:00.16	2:36.04	4:08.55	4:28.14	5:41.69
756	1:25.61	2:00.20	2:36.10	4:08.64	4:28.24	5:41.81
755	1:25.64	2:00.24	2:36.15	4:08.73	4:28.33	5:41.94
754	1:25.67	2:00.29	2:36.21	4:08.82	4:28.43	5:42.06
753	1:25.70	2:00.33	2:36.26	4:08.91	4:28.53	5:42.18
752	1:25.73	2:00.37	2:36.32	4:09.00	4:28.62	5:42.31
751	1:25.76	2:00.41	2:36.37	4:09.09	4:28.72	5:42.43

600m	800m	1000m	1500m	Mile	2000m	Points
1:25.79	2:00.45	2:36.43	4:09.18	4:28.82	5:42.56	750
1:25.82	2:00.49	2:36.48	4:09.27	4:28.92	5:42.68	749
1:25.85	2:00.53	2:36.54	4:09.36	4:29.01	5:42.80	748
1:25.88	2:00.57	2:36.60	4:09.45	4:29.11	5:42.93	747
1:25.91	2:00.61	2:36.65	4:09.54	4:29.21	5:43.05	746
1:25.94	2:00.65	2:36.71	4:09.63	4:29.31	5:43.17	745
1:25.97	2:00.70	2:36.76	4:09.72	4:29.40	5:43.30	744
1:26.00	2:00.74	2:36.82	4:09.82	4:29.50	5:43.42	743
1:26.03	2:00.78	2:36.88	4:09.91	4:29.60	5:43.55	742
1:26.06	2:00.82	2:36.93	4:10.00	4:29.70	5:43.67	741
1:26.09	2:00.86	2:36.99	4:10.09	4:29.80	5:43.80	740
1:26.12	2:00.90	2:37.04	4:10.18	4:29.89	5:43.92	739
1:26.15	2:00.94	2:37.10	4:10.27	4:29.99	5:44.04	738
1:26.18	2:00.98	2:37.16	4:10.36	4:30.09	5:44.17	737
1:26.21	2:01.03	2:37.21	4:10.45	4:30.19	5:44.29	736
1:26.24	2:01.07	2:37.27	4:10.55	4:30.29	5:44.42	735
1:26.27	2:01.11	2:37.33	4:10.64	4:30.39	5:44.54	734
1:26.30	2:01.15	2:37.38	4:10.73	4:30.48	5:44.67	733
1:26.33	2:01.19	2:37.44	4:10.82	4:30.58	5:44.79	732
1:26.37	2:01.23	2:37.49	4:10.91	4:30.68	5:44.92	731
1:26.40	2:01.28	2:37.55	4:11.00	4:30.78	5:45.04	730
1:26.43	2:01.32	2:37.61	4:11.10	4:30.88	5:45.17	729
1:26.46	2:01.36	2:37.66	4:11.19	4:30.98	5:45.30	728
1:26.49	2:01.40	2:37.72	4:11.28	4:31.08	5:45.42	727
1:26.52	2:01.44	2:37.78	4:11.37	4:31.18	5:45.55	726
1:26.55	2:01.48	2:37.83	4:11.46	4:31.28	5:45.67	725
1:26.58	2:01.53	2:37.89	4:11.56	4:31.37	5:45.80	724
1:26.61	2:01.57	2:37.95	4:11.65	4:31.47	5:45.92	723
1:26.64	2:01.61	2:38.00	4:11.74	4:31.57	5:46.05	722
1:26.67	2:01.65	2:38.06	4:11.83	4:31.67	5:46.18	721
1:26.70	2:01.69	2:38.12	4:11.92	4:31.77	5:46.30	720
1:26.73	2:01.73	2:38.17	4:12.02	4:31.87	5:46.43	719
1:26.76	2:01.78	2:38.23	4:12.11	4:31.97	5:46.55	718
1:26.79	2:01.82	2:38.29	4:12.20	4:32.07	5:46.68	717
1:26.83	2:01.86	2:38.35	4:12.29	4:32.17	5:46.81	716
1:26.86	2:01.90	2:38.40	4:12.39	4:32.27	5:46.93	715
1:26.89	2:01.94	2:38.46	4:12.48	4:32.37	5:47.06	714
1:26.92	2:01.99	2:38.52	4:12.57	4:32.47	5:47.19	713
1:26.95	2:02.03	2:38.57	4:12.67	4:32.57	5:47.31	712
1:26.98	2:02.07	2:38.63	4:12.76	4:32.67	5:47.44	711
1:27.01	2:02.11	2:38.69	4:12.85	4:32.77	5:47.57	710
1:27.04	2:02.16	2:38.75	4:12.94	4:32.87	5:47.70	709
1:27.07	2:02.20	2:38.80	4:13.04	4:32.97	5:47.82	708
1:27.10	2:02.24	2:38.86	4:13.13	4:33.07	5:47.95	707
1:27.13	2:02.28	2:38.92	4:13.22	4:33.17	5:48.08	706
1:27.17	2:02.32	2:38.97	4:13.32	4:33.27	5:48.20	705
1:27.20	2:02.37	2:39.03	4:13.41	4:33.37	5:48.33	704
1:27.23	2:02.41	2:39.09	4:13.50	4:33.47	5:48.46	703
1:27.26	2:02.45	2:39.15	4:13.60	4:33.57	5:48.59	702
1:27.29	2:02.49	2:39.21	4:13.69	4:33.67	5:48.72	701

Points	600m	800m	1000m	1500m	Mile	2000m
700	1:27.32	2:02.54	2:39.26	4:13.79	4:33.78	5:48.84
699	1:27.35	2:02.58	2:39.32	4:13.88	4:33.88	5:48.97
698	1:27.38	2:02.62	2:39.38	4:13.97	4:33.98	5:49.10
697	1:27.42	2:02.66	2:39.44	4:14.07	4:34.08	5:49.23
696	1:27.45	2:02.71	2:39.49	4:14.16	4:34.18	5:49.36
695	1:27.48	2:02.75	2:39.55	4:14.25	4:34.28	5:49.48
694	1:27.51	2:02.79	2:39.61	4:14.35	4:34.38	5:49.61
693	1:27.54	2:02.83	2:39.67	4:14.44	4:34.48	5:49.74
692	1:27.57	2:02.88	2:39.73	4:14.54	4:34.58	5:49.87
691	1:27.60	2:02.92	2:39.78	4:14.63	4:34.69	5:50.00
690	1:27.63	2:02.96	2:39.84	4:14.73	4:34.79	5:50.13
689	1:27.67	2:03.01	2:39.90	4:14.82	4:34.89	5:50.26
688	1:27.70	2:03.05	2:39.96	4:14.91	4:34.99	5:50.39
687	1:27.73	2:03.09	2:40.02	4:15.01	4:35.09	5:50.51
686	1:27.76	2:03.13	2:40.07	4:15.10	4:35.19	5:50.64
685	1:27.79	2:03.18	2:40.13	4:15.20	4:35.30	5:50.77
684	1:27.82	2:03.22	2:40.19	4:15.29	4:35.40	5:50.90
683	1:27.86	2:03.26	2:40.25	4:15.39	4:35.50	5:51.03
682	1:27.89	2:03.31	2:40.31	4:15.48	4:35.60	5:51.16
681	1:27.92	2:03.35	2:40.37	4:15.58	4:35.70	5:51.29
680	1:27.95	2:03.39	2:40.42	4:15.67	4:35.81	5:51.42
679	1:27.98	2:03.43	2:40.48	4:15.77	4:35.91	5:51.55
678	1:28.01	2:03.48	2:40.54	4:15.86	4:36.01	5:51.68
677	1:28.05	2:03.52	2:40.60	4:15.96	4:36.11	5:51.81
676	1:28.08	2:03.56	2:40.66	4:16.05	4:36.22	5:51.94
675	1:28.11	2:03.61	2:40.72	4:16.15	4:36.32	5:52.07
674	1:28.14	2:03.65	2:40.78	4:16.25	4:36.42	5:52.20
673	1:28.17	2:03.69	2:40.84	4:16.34	4:36.53	5:52.33
672	1:28.20	2:03.74	2:40.89	4:16.44	4:36.63	5:52.46
671	1:28.24	2:03.78	2:40.95	4:16.53	4:36.73	5:52.59
670	1:28.27	2:03.82	2:41.01	4:16.63	4:36.83	5:52.72
669	1:28.30	2:03.87	2:41.07	4:16.72	4:36.94	5:52.86
668	1:28.33	2:03.91	2:41.13	4:16.82	4:37.04	5:52.99
667	1:28.36	2:03.95	2:41.19	4:16.92	4:37.14	5:53.12
666	1:28.40	2:04.00	2:41.25	4:17.01	4:37.25	5:53.25
665	1:28.43	2:04.04	2:41.31	4:17.11	4:37.35	5:53.38
664	1:28.46	2:04.09	2:41.37	4:17.20	4:37.45	5:53.51
663	1:28.49	2:04.13	2:41.43	4:17.30	4:37.56	5:53.64
662	1:28.52	2:04.17	2:41.48	4:17.40	4:37.66	5:53.77
661	1:28.56	2:04.22	2:41.54	4:17.49	4:37.77	5:53.91
660	1:28.59	2:04.26	2:41.60	4:17.59	4:37.87	5:54.04
659	1:28.62	2:04.30	2:41.66	4:17.69	4:37.97	5:54.17
658	1:28.65	2:04.35	2:41.72	4:17.78	4:38.08	5:54.30
657	1:28.68	2:04.39	2:41.78	4:17.88	4:38.18	5:54.43
656	1:28.72	2:04.44	2:41.84	4:17.98	4:38.29	5:54.57
655	1:28.75	2:04.48	2:41.90	4:18.07	4:38.39	5:54.70
654	1:28.78	2:04.52	2:41.96	4:18.17	4:38.49	5:54.83
653	1:28.81	2:04.57	2:42.02	4:18.27	4:38.60	5:54.96
652	1:28.85	2:04.61	2:42.08	4:18.36	4:38.70	5:55.09
651	1:28.88	2:04.65	2:42.14	4:18.46	4:38.81	5:55.23

600m	800m	1000m	1500m	Mile	2000m	Points
1:28.91	2:04.70	2:42.20	4:18.56	4:38.91	5:55.36	650
1:28.94	2:04.74	2:42.26	4:18.66	4:39.02	5:55.49	649
1:28.98	2:04.79	2:42.32	4:18.75	4:39.12	5:55.63	648
1:29.01	2:04.83	2:42.38	4:18.85	4:39.23	5:55.76	647
1:29.04	2:04.88	2:42.44	4:18.95	4:39.33	5:55.89	646
1:29.07	2:04.92	2:42.50	4:19.05	4:39.44	5:56.03	645
1:29.11	2:04.96	2:42.56	4:19.14	4:39.54	5:56.16	644
1:29.14	2:05.01	2:42.62	4:19.24	4:39.65	5:56.29	643
1:29.17	2:05.05	2:42.68	4:19.34	4:39.75	5:56.43	642
1:29.20	2:05.10	2:42.74	4:19.44	4:39.86	5:56.56	641
1:29.24	2:05.14	2:42.80	4:19.53	4:39.96	5:56.69	640
1:29.27	2:05.19	2:42.86	4:19.63	4:40.07	5:56.83	639
1:29.30	2:05.23	2:42.92	4:19.73	4:40.17	5:56.96	638
1:29.33	2:05.27	2:42.98	4:19.83	4:40.28	5:57.10	637
1:29.37	2:05.32	2:43.04	4:19.93	4:40.39	5:57.23	636
1:29.40	2:05.36	2:43.10	4:20.03	4:40.49	5:57.36	635
1:29.43	2:05.41	2:43.16	4:20.12	4:40.60	5:57.50	634
1:29.46	2:05.45	2:43.22	4:20.22	4:40.70	5:57.63	633
1:29.50	2:05.50	2:43.28	4:20.32	4:40.81	5:57.77	632
1:29.53	2:05.54	2:43.34	4:20.42	4:40.92	5:57.90	631
1:29.56	2:05.59	2:43.41	4:20.52	4:41.02	5:58.04	630
1:29.60	2:05.63	2:43.47	4:20.62	4:41.13	5:58.17	629
1:29.63	2:05.68	2:43.53	4:20.72	4:41.23	5:58.31	628
1:29.66	2:05.72	2:43.59	4:20.82	4:41.34	5:58.44	627
1:29.69	2:05.77	2:43.65	4:20.91	4:41.45	5:58.58	626
1:29.73	2:05.81	2:43.71	4:21.01	4:41.55	5:58.71	625
1:29.76	2:05.86	2:43.77	4:21.11	4:41.66	5:58.85	624
1:29.79	2:05.90	2:43.83	4:21.21	4:41.77	5:58.98	623
1:29.83	2:05.95	2:43.89	4:21.31	4:41.88	5:59.12	622
1:29.86	2:05.99	2:43.95	4:21.41	4:41.98	5:59.26	621
1:29.89	2:06.04	2:44.02	4:21.51	4:42.09	5:59.39	620
1:29.93	2:06.08	2:44.08	4:21.61	4:42.20	5:59.53	619
1:29.96	2:06.13	2:44.14	4:21.71	4:42.30	5:59.66	618
1:29.99	2:06.17	2:44.20	4:21.81	4:42.41	5:59.80	617
1:30.03	2:06.22	2:44.26	4:21.91	4:42.52	5:59.94	616
1:30.06	2:06.26	2:44.32	4:22.01	4:42.63	6:00.07	615
1:30.09	2:06.31	2:44.38	4:22.11	4:42.73	6:00.21	614
1:30.13	2:06.35	2:44.45	4:22.21	4:42.84	6:00.35	613
1:30.16	2:06.40	2:44.51	4:22.31	4:42.95	6:00.48	612
1:30.19	2:06.44	2:44.57	4:22.41	4:43.06	6:00.62	611
1:30.23	2:06.49	2:44.63	4:22.51	4:43.17	6:00.76	610
1:30.26	2:06.54	2:44.69	4:22.61	4:43.27	6:00.89	609
1:30.29	2:06.58	2:44.75	4:22.71	4:43.38	6:01.03	608
1:30.33	2:06.63	2:44.82	4:22.81	4:43.49	6:01.17	607
1:30.36	2:06.67	2:44.88	4:22.91	4:43.60	6:01.31	606
1:30.39	2:06.72	2:44.94	4:23.01	4:43.71	6:01.44	605
1:30.43	2:06.76	2:45.00	4:23.11	4:43.82	6:01.58	604
1:30.46	2:06.81	2:45.06	4:23.22	4:43.92	6:01.72	603
1:30.49	2:06.86	2:45.13	4:23.32	4:44.03	6:01.86	602
1:30.53	2:06.90	2:45.19	4:23.42	4:44.14	6:01.99	601

Points	600m	800m	1000m	1500m	Mile	2000m
600	1:30.56	2:06.95	2:45.25	4:23.52	4:44.25	6:02.13
599	1:30.60	2:06.99	2:45.31	4:23.62	4:44.36	6:02.27
598	1:30.63	2:07.04	2:45.38	4:23.72	4:44.47	6:02.41
597	1:30.66	2:07.08	2:45.44	4:23.82	4:44.58	6:02.55
596	1:30.70	2:07.13	2:45.50	4:23.92	4:44.69	6:02.69
595	1:30.73	2:07.18	2:45.56	4:24.03	4:44.80	6:02.83
594	1:30.76	2:07.22	2:45.63	4:24.13	4:44.91	6:02.96
593	1:30.80	2:07.27	2:45.69	4:24.23	4:45.02	6:03.10
592	1:30.83	2:07.32	2:45.75	4:24.33	4:45.13	6:03.24
591	1:30.87	2:07.36	2:45.81	4:24.43	4:45.24	6:03.38
590	1:30.90	2:07.41	2:45.88	4:24.54	4:45.35	6:03.52
589	1:30.93	2:07.45	2:45.94	4:24.64	4:45.45	6:03.66
588	1:30.97	2:07.50	2:46.00	4:24.74	4:45.56	6:03.80
587	1:31.00	2:07.55	2:46.07	4:24.84	4:45.68	6:03.94
586	1:31.04	2:07.59	2:46.13	4:24.94	4:45.79	6:04.08
585	1:31.07	2:07.64	2:46.19	4:25.05	4:45.90	6:04.22
584	1:31.10	2:07.69	2:46.25	4:25.15	4:46.01	6:04.36
583	1:31.14	2:07.73	2:46.32	4:25.25	4:46.12	6:04.50
582	1:31.17	2:07.78	2:46.38	4:25.35	4:46.23	6:04.64
581	1:31.21	2:07.83	2:46.44	4:25.46	4:46.34	6:04.78
580	1:31.24	2:07.87	2:46.51	4:25.56	4:46.45	6:04.92
579	1:31.28	2:07.92	2:46.57	4:25.66	4:46.56	6:05.06
578	1:31.31	2:07.97	2:46.63	4:25.77	4:46.67	6:05.20
577	1:31.34	2:08.01	2:46.70	4:25.87	4:46.78	6:05.34
576	1:31.38	2:08.06	2:46.76	4:25.97	4:46.89	6:05.48
575	1:31.41	2:08.11	2:46.83	4:26.08	4:47.00	6:05.62
574	1:31.45	2:08.15	2:46.89	4:26.18	4:47.12	6:05.77
573	1:31.48	2:08.20	2:46.95	4:26.28	4:47.23	6:05.91
572	1:31.52	2:08.25	2:47.02	4:26.39	4:47.34	6:06.05
571	1:31.55	2:08.29	2:47.08	4:26.49	4:47.45	6:06.19
570	1:31.59	2:08.34	2:47.14	4:26.59	4:47.56	6:06.33
569	1:31.62	2:08.39	2:47.21	4:26.70	4:47.67	6:06.47
568	1:31.65	2:08.43	2:47.27	4:26.80	4:47.79	6:06.62
567	1:31.69	2:08.48	2:47.34	4:26.91	4:47.90	6:06.76
566	1:31.72	2:08.53	2:47.40	4:27.01	4:48.01	6:06.90
565	1:31.76	2:08.58	2:47.46	4:27.11	4:48.12	6:07.04
564	1:31.79	2:08.62	2:47.53	4:27.22	4:48.23	6:07.19
563	1:31.83	2:08.67	2:47.59	4:27.32	4:48.35	6:07.33
562	1:31.86	2:08.72	2:47.66	4:27.43	4:48.46	6:07.47
561	1:31.90	2:08.77	2:47.72	4:27.53	4:48.57	6:07.61
560	1:31.93	2:08.81	2:47.79	4:27.64	4:48.68	6:07.76
559	1:31.97	2:08.86	2:47.85	4:27.74	4:48.80	6:07.90
558	1:32.00	2:08.91	2:47.91	4:27.85	4:48.91	6:08.04
557	1:32.04	2:08.96	2:47.98	4:27.95	4:49.02	6:08.19
556	1:32.07	2:09.00	2:48.04	4:28.06	4:49.14	6:08.33
555	1:32.11	2:09.05	2:48.11	4:28.16	4:49.25	6:08.47
554	1:32.14	2:09.10	2:48.17	4:28.27	4:49.36	6:08.62
553	1:32.18	2:09.15	2:48.24	4:28.37	4:49.48	6:08.76
552	1:32.21	2:09.19	2:48.30	4:28.48	4:49.59	6:08.91
551	1:32.25	2:09.24	2:48.37	4:28.58	4:49.70	6:09.05

600m	800m	1000m	1500m	Mile	2000m	Points
1:32.28	2:09.29	2:48.43	4:28.69	4:49.82	6:09.19	550
1:32.32	2:09.34	2:48.50	4:28.80	4:49.93	6:09.34	549
1:32.35	2:09.39	2:48.56	4:28.90	4:50.04	6:09.48	548
1:32.39	2:09.43	2:48.63	4:29.01	4:50.16	6:09.63	547
1:32.42	2:09.48	2:48.69	4:29.11	4:50.27	6:09.77	546
1:32.46	2:09.53	2:48.76	4:29.22	4:50.39	6:09.92	545
1:32.49	2:09.58	2:48.82	4:29.33	4:50.50	6:10.06	544
1:32.53	2:09.63	2:48.89	4:29.43	4:50.62	6:10.21	543
1:32.57	2:09.68	2:48.96	4:29.54	4:50.73	6:10.35	542
1:32.60	2:09.72	2:49.02	4:29.65	4:50.85	6:10.50	541
1:32.64	2:09.77	2:49.09	4:29.75	4:50.96	6:10.64	540
1:32.67	2:09.82	2:49.15	4:29.86	4:51.08	6:10.79	539
1:32.71	2:09.87	2:49.22	4:29.97	4:51.19	6:10.94	538
1:32.74	2:09.92	2:49.28	4:30.07	4:51.31	6:11.08	537
1:32.78	2:09.97	2:49.35	4:30.18	4:51.42	6:11.23	536
1:32.81	2:10.01	2:49.42	4:30.29	4:51.54	6:11.37	535
1:32.85	2:10.06	2:49.48	4:30.39	4:51.65	6:11.52	534
1:32.89	2:10.11	2:49.55	4:30.50	4:51.77	6:11.67	533
1:32.92	2:10.16	2:49.61	4:30.61	4:51.88	6:11.81	532
1:32.96	2:10.21	2:49.68	4:30.72	4:52.00	6:11.96	531
1:32.99	2:10.26	2:49.75	4:30.82	4:52.11	6:12.11	530
1:33.03	2:10.31	2:49.81	4:30.93	4:52.23	6:12.26	529
1:33.06	2:10.36	2:49.88	4:31.04	4:52.35	6:12.40	528
1:33.10	2:10.40	2:49.95	4:31.15	4:52.46	6:12.55	527
1:33.14	2:10.45	2:50.01	4:31.26	4:52.58	6:12.70	526
1:33.17	2:10.50	2:50.08	4:31.36	4:52.70	6:12.84	525
1:33.21	2:10.55	2:50.15	4:31.47	4:52.81	6:12.99	524
1:33.24	2:10.60	2:50.21	4:31.58	4:52.93	6:13.14	523
1:33.28	2:10.65	2:50.28	4:31.69	4:53.05	6:13.29	522
1:33.32	2:10.70	2:50.35	4:31.80	4:53.16	6:13.44	521
1:33.35	2:10.75	2:50.41	4:31.91	4:53.28	6:13.59	520
1:33.39	2:10.80	2:50.48	4:32.02	4:53.40	6:13.73	519
1:33.43	2:10.85	2:50.55	4:32.12	4:53.51	6:13.88	518
1:33.46	2:10.90	2:50.61	4:32.23	4:53.63	6:14.03	517
1:33.50	2:10.95	2:50.68	4:32.34	4:53.75	6:14.18	516
1:33.53	2:10.99	2:50.75	4:32.45	4:53.87	6:14.33	515
1:33.57	2:11.04	2:50.82	4:32.56	4:53.98	6:14.48	514
1:33.61	2:11.09	2:50.88	4:32.67	4:54.10	6:14.63	513
1:33.64	2:11.14	2:50.95	4:32.78	4:54.22	6:14.78	512
1:33.68	2:11.19	2:51.02	4:32.89	4:54.34	6:14.93	511
1:33.72	2:11.24	2:51.08	4:33.00	4:54.45	6:15.08	510
1:33.75	2:11.29	2:51.15	4:33.11	4:54.57	6:15.23	509
1:33.79	2:11.34	2:51.22	4:33.22	4:54.69	6:15.38	508
1:33.83	2:11.39	2:51.29	4:33.33	4:54.81	6:15.53	507
1:33.86	2:11.44	2:51.36	4:33.44	4:54.93	6:15.68	506
1:33.90	2:11.49	2:51.42	4:33.55	4:55.05	6:15.83	505
1:33.94	2:11.54	2:51.49	4:33.66	4:55.17	6:15.98	504
1:33.97	2:11.59	2:51.56	4:33.77	4:55.28	6:16.13	503
1:34.01	2:11.64	2:51.63	4:33.88	4:55.40	6:16.28	502
1:34.05	2:11.69	2:51.70	4:33.99	4:55.52	6:16.43	501

Points	600m	800m	1000m	1500m	Mile	2000m
500	1:34.08	2:11.74	2:51.76	4:34.10	4:55.64	6:16.58
499	1:34.12	2:11.79	2:51.83	4:34.21	4:55.76	6:16.74
498	1:34.16	2:11.84	2:51.90	4:34.32	4:55.88	6:16.89
497	1:34.20	2:11.89	2:51.97	4:34.44	4:56.00	6:17.04
496	1:34.23	2:11.94	2:52.04	4:34.55	4:56.12	6:17.19
495	1:34.27	2:12.00	2:52.11	4:34.66	4:56.24	6:17.34
494	1:34.31	2:12.05	2:52.17	4:34.77	4:56.36	6:17.50
493	1:34.34	2:12.10	2:52.24	4:34.88	4:56.48	6:17.65
492	1:34.38	2:12.15	2:52.31	4:34.99	4:56.60	6:17.80
491	1:34.42	2:12.20	2:52.38	4:35.11	4:56.72	6:17.95
490	1:34.46	2:12.25	2:52.45	4:35.22	4:56.84	6:18.11
489	1:34.49	2:12.30	2:52.52	4:35.33	4:56.96	6:18.26
488	1:34.53	2:12.35	2:52.59	4:35.44	4:57.08	6:18.41
487	1:34.57	2:12.40	2:52.66	4:35.55	4:57.20	6:18.57
486	1:34.60	2:12.45	2:52.73	4:35.67	4:57.33	6:18.72
485	1:34.64	2:12.50	2:52.80	4:35.78	4:57.45	6:18.87
484	1:34.68	2:12.55	2:52.86	4:35.89	4:57.57	6:19.03
483	1:34.72	2:12.60	2:52.93	4:36.00	4:57.69	6:19.18
482	1:34.75	2:12.66	2:53.00	4:36.12	4:57.81	6:19.33
481	1:34.79	2:12.71	2:53.07	4:36.23	4:57.93	6:19.49
480	1:34.83	2:12.76	2:53.14	4:36.34	4:58.05	6:19.64
479	1:34.87	2:12.81	2:53.21	4:36.46	4:58.18	6:19.80
478	1:34.91	2:12.86	2:53.28	4:36.57	4:58.30	6:19.95
477	1:34.94	2:12.91	2:53.35	4:36.68	4:58.42	6:20.11
476	1:34.98	2:12.96	2:53.42	4:36.80	4:58.54	6:20.26
475	1:35.02	2:13.02	2:53.49	4:36.91	4:58.66	6:20.42
474	1:35.06	2:13.07	2:53.56	4:37.02	4:58.79	6:20.57
473	1:35.09	2:13.12	2:53.63	4:37.14	4:58.91	6:20.73
472	1:35.13	2:13.17	2:53.70	4:37.25	4:59.03	6:20.88
471	1:35.17	2:13.22	2:53.77	4:37.37	4:59.16	6:21.04
470	1:35.21	2:13.27	2:53.84	4:37.48	4:59.28	6:21.20
469	1:35.25	2:13.33	2:53.91	4:37.60	4:59.40	6:21.35
468	1:35.28	2:13.38	2:53.98	4:37.71	4:59.52	6:21.51
467	1:35.32	2:13.43	2:54.05	4:37.82	4:59.65	6:21.67
466	1:35.36	2:13.48	2:54.12	4:37.94	4:59.77	6:21.82
465	1:35.40	2:13.53	2:54.20	4:38.05	4:59.90	6:21.98
464	1:35.44	2:13.59	2:54.27	4:38.17	5:00.02	6:22.14
463	1:35.48	2:13.64	2:54.34	4:38.28	5:00.14	6:22.29
462	1:35.51	2:13.69	2:54.41	4:38.40	5:00.27	6:22.45
461	1:35.55	2:13.74	2:54.48	4:38.52	5:00.39	6:22.61
460	1:35.59	2:13.80	2:54.55	4:38.63	5:00.52	6:22.77
459	1:35.63	2:13.85	2:54.62	4:38.75	5:00.64	6:22.92
458	1:35.67	2:13.90	2:54.69	4:38.86	5:00.77	6:23.08
457	1:35.71	2:13.95	2:54.76	4:38.98	5:00.89	6:23.24
456	1:35.75	2:14.01	2:54.84	4:39.09	5:01.01	6:23.40
455	1:35.78	2:14.06	2:54.91	4:39.21	5:01.14	6:23.56
454	1:35.82	2:14.11	2:54.98	4:39.33	5:01.27	6:23.72
453	1:35.86	2:14.16	2:55.05	4:39.44	5:01.39	6:23.88
452	1:35.90	2:14.22	2:55.12	4:39.56	5:01.52	6:24.04
451	1:35.94	2:14.27	2:55.19	4:39.68	5:01.64	6:24.19

600m	800m	1000m	1500m	Mile	2000m	Points
1:35.98	2:14.32	2:55.27	4:39.79	5:01.77	6:24.35	450
1:36.02	2:14.37	2:55.34	4:39.91	5:01.89	6:24.51	449
1:36.06	2:14.43	2:55.41	4:40.03	5:02.02	6:24.67	448
1:36.10	2:14.48	2:55.48	4:40.14	5:02.15	6:24.83	447
1:36.13	2:14.53	2:55.55	4:40.26	5:02.27	6:24.99	446
1:36.17	2:14.59	2:55.63	4:40.38	5:02.40	6:25.15	445
1:36.21	2:14.64	2:55.70	4:40.50	5:02.52	6:25.31	444
1:36.25	2:14.69	2:55.77	4:40.61	5:02.65	6:25.48	443
1:36.29	2:14.75	2:55.84	4:40.73	5:02.78	6:25.64	442
1:36.33	2:14.80	2:55.92	4:40.85	5:02.91	6:25.80	441
1:36.37	2:14.85	2:55.99	4:40.97	5:03.03	6:25.96	440
1:36.41	2:14.91	2:56.06	4:41.09	5:03.16	6:26.12	439
1:36.45	2:14.96	2:56.13	4:41.21	5:03.29	6:26.28	438
1:36.49	2:15.02	2:56.21	4:41.32	5:03.41	6:26.44	437
1:36.53	2:15.07	2:56.28	4:41.44	5:03.54	6:26.61	436
1:36.57	2:15.12	2:56.35	4:41.56	5:03.67	6:26.77	435
1:36.61	2:15.18	2:56.43	4:41.68	5:03.80	6:26.93	434
1:36.65	2:15.23	2:56.50	4:41.80	5:03.93	6:27.09	433
1:36.69	2:15.29	2:56.57	4:41.92	5:04.05	6:27.26	432
1:36.73	2:15.34	2:56.65	4:42.04	5:04.18	6:27.42	431
1:36.77	2:15.39	2:56.72	4:42.16	5:04.31	6:27.58	430
1:36.81	2:15.45	2:56.79	4:42.28	5:04.44	6:27.75	429
1:36.85	2:15.50	2:56.87	4:42.40	5:04.57	6:27.91	428
1:36.89	2:15.56	2:56.94	4:42.52	5:04.70	6:28.07	427
1:36.93	2:15.61	2:57.01	4:42.64	5:04.83	6:28.24	426
1:36.97	2:15.67	2:57.09	4:42.76	5:04.96	6:28.40	425
1:37.01	2:15.72	2:57.16	4:42.88	5:05.09	6:28.57	424
1:37.05	2:15.77	2:57.24	4:43.00	5:05.22	6:28.73	423
1:37.09	2:15.83	2:57.31	4:43.12	5:05.35	6:28.89	422
1:37.13	2:15.88	2:57.39	4:43.24	5:05.48	6:29.06	421
1:37.17	2:15.94	2:57.46	4:43.36	5:05.61	6:29.22	420
1:37.21	2:15.99	2:57.53	4:43.48	5:05.74	6:29.39	419
1:37.25	2:16.05	2:57.61	4:43.60	5:05.87	6:29.56	418
1:37.29	2:16.10	2:57.68	4:43.72	5:06.00	6:29.72	417
1:37.33	2:16.16	2:57.76	4:43.85	5:06.13	6:29.89	416
1:37.37	2:16.21	2:57.83	4:43.97	5:06.26	6:30.05	415
1:37.41	2:16.27	2:57.91	4:44.09	5:06.39	6:30.22	414
1:37.45	2:16.32	2:57.98	4:44.21	5:06.52	6:30.39	413
1:37.49	2:16.38	2:58.06	4:44.33	5:06.65	6:30.55	412
1:37.53	2:16.43	2:58.13	4:44.46	5:06.79	6:30.72	411
1:37.57	2:16.49	2:58.21	4:44.58	5:06.92	6:30.89	410
1:37.61	2:16.55	2:58.28	4:44.70	5:07.05	6:31.05	409
1:37.65	2:16.60	2:58.36	4:44.82	5:07.18	6:31.22	408
1:37.69	2:16.66	2:58.44	4:44.95	5:07.31	6:31.39	407
1:37.73	2:16.71	2:58.51	4:45.07	5:07.45	6:31.56	406
1:37.78	2:16.77	2:58.59	4:45.19	5:07.58	6:31.73	405
1:37.82	2:16.82	2:58.66	4:45.32	5:07.71	6:31.89	404
1:37.86	2:16.88	2:58.74	4:45.44	5:07.84	6:32.06	403
1:37.90	2:16.94	2:58.81	4:45.56	5:07.98	6:32.23	402
1:37.94	2:16.99	2:58.89	4:45.69	5:08.11	6:32.40	401

Points	600m	800m	1000m	1500m	Mile	2000m
400	1:37.98	2:17.05	2:58.97	4:45.81	5:08.24	6:32.57
399	1:38.02	2:17.10	2:59.04	4:45.93	5:08.38	6:32.74
398	1:38.06	2:17.16	2:59.12	4:46.06	5:08.51	6:32.91
397	1:38.11	2:17.22	2:59.20	4:46.18	5:08.64	6:33.08
396	1:38.15	2:17.27	2:59.27	4:46.31	5:08.78	6:33.25
395	1:38.19	2:17.33	2:59.35	4:46.43	5:08.91	6:33.42
394	1:38.23	2:17.39	2:59.43	4:46.56	5:09.05	6:33.59
393	1:38.27	2:17.44	2:59.50	4:46.68	5:09.18	6:33.76
392	1:38.31	2:17.50	2:59.58	4:46.81	5:09.32	6:33.93
391	1:38.35	2:17.56	2:59.66	4:46.93	5:09.45	6:34.10
390	1:38.40	2:17.61	2:59.73	4:47.06	5:09.59	6:34.27
389	1:38.44	2:17.67	2:59.81	4:47.18	5:09.72	6:34.44
388	1:38.48	2:17.73	2:59.89	4:47.31	5:09.86	6:34.62
387	1:38.52	2:17.78	2:59.97	4:47.43	5:09.99	6:34.79
386	1:38.56	2:17.84	3:00.04	4:47.56	5:10.13	6:34.96
385	1:38.61	2:17.90	3:00.12	4:47.69	5:10.26	6:35.13
384	1:38.65	2:17.96	3:00.20	4:47.81	5:10.40	6:35.31
383	1:38.69	2:18.01	3:00.28	4:47.94	5:10.54	6:35.48
382	1:38.73	2:18.07	3:00.36	4:48.07	5:10.67	6:35.65
381	1:38.77	2:18.13	3:00.43	4:48.19	5:10.81	6:35.82
380	1:38.82	2:18.19	3:00.51	4:48.32	5:10.95	6:36.00
379	1:38.86	2:18.24	3:00.59	4:48.45	5:11.08	6:36.17
378	1:38.90	2:18.30	3:00.67	4:48.58	5:11.22	6:36.35
377	1:38.94	2:18.36	3:00.75	4:48.70	5:11.36	6:36.52
376	1:38.99	2:18.42	3:00.83	4:48.83	5:11.49	6:36.69
375	1:39.03	2:18.48	3:00.91	4:48.96	5:11.63	6:36.87
374	1:39.07	2:18.53	3:00.98	4:49.09	5:11.77	6:37.04
373	1:39.11	2:18.59	3:01.06	4:49.22	5:11.91	6:37.22
372	1:39.16	2:18.65	3:01.14	4:49.34	5:12.05	6:37.39
371	1:39.20	2:18.71	3:01.22	4:49.47	5:12.19	6:37.57
370	1:39.24	2:18.77	3:01.30	4:49.60	5:12.32	6:37.75
369	1:39.29	2:18.83	3:01.38	4:49.73	5:12.46	6:37.92
368	1:39.33	2:18.88	3:01.46	4:49.86	5:12.60	6:38.10
367	1:39.37	2:18.94	3:01.54	4:49.99	5:12.74	6:38.28
366	1:39.42	2:19.00	3:01.62	4:50.12	5:12.88	6:38.45
365	1:39.46	2:19.06	3:01.70	4:50.25	5:13.02	6:38.63
364	1:39.50	2:19.12	3:01.78	4:50.38	5:13.16	6:38.81
363	1:39.55	2:19.18	3:01.86	4:50.51	5:13.30	6:38.98
362	1:39.59	2:19.24	3:01.94	4:50.64	5:13.44	6:39.16
361	1:39.63	2:19.30	3:02.02	4:50.77	5:13.58	6:39.34
360	1:39.68	2:19.35	3:02.10	4:50.90	5:13.72	6:39.52
359	1:39.72	2:19.41	3:02.18	4:51.03	5:13.86	6:39.70
358	1:39.76	2:19.47	3:02.26	4:51.16	5:14.00	6:39.88
357	1:39.81	2:19.53	3:02.34	4:51.29	5:14.14	6:40.06
356	1:39.85	2:19.59	3:02.42	4:51.42	5:14.29	6:40.23
355	1:39.89	2:19.65	3:02.50	4:51.56	5:14.43	6:40.41
354	1:39.94	2:19.71	3:02.58	4:51.69	5:14.57	6:40.59
353	1:39.98	2:19.77	3:02.66	4:51.82	5:14.71	6:40.77
352	1:40.03	2:19.83	3:02.75	4:51.95	5:14.85	6:40.95
351	1:40.07	2:19.89	3:02.83	4:52.08	5:15.00	6:41.13

600m	800m	1000m	1500m	Mile	2000m	Points
1:40.11	2:19.95	3:02.91	4:52.22	5:15.14	6:41.32	350
1:40.16	2:20.01	3:02.99	4:52.35	5:15.28	6:41.50	349
1:40.20	2:20.07	3:03.07	4:52.48	5:15.42	6:41.68	348
1:40.25	2:20.13	3:03.15	4:52.61	5:15.57	6:41.86	347
1:40.29	2:20.19	3:03.24	4:52.75	5:15.71	6:42.04	346
1:40.33	2:20.25	3:03.32	4:52.88	5:15.85	6:42.22	345
1:40.38	2:20.31	3:03.40	4:53.01	5:16.00	6:42.41	344
1:40.42	2:20.37	3:03.48	4:53.15	5:16.14	6:42.59	343
1:40.47	2:20.43	3:03.56	4:53.28	5:16.29	6:42.77	342
1:40.51	2:20.50	3:03.65	4:53.42	5:16.43	6:42.95	341
1:40.56	2:20.56	3:03.73	4:53.55	5:16.57	6:43.14	340
1:40.60	2:20.62	3:03.81	4:53.69	5:16.72	6:43.32	339
1:40.65	2:20.68	3:03.90	4:53.82	5:16.86	6:43.51	338
1:40.69	2:20.74	3:03.98	4:53.96	5:17.01	6:43.69	337
1:40.74	2:20.80	3:04.06	4:54.09	5:17.16	6:43.87	336
1:40.78	2:20.86	3:04.15	4:54.23	5:17.30	6:44.06	335
1:40.83	2:20.92	3:04.23	4:54.36	5:17.45	6:44.24	334
1:40.87	2:20.99	3:04.31	4:54.50	5:17.59	6:44.43	333
1:40.92	2:21.05	3:04.40	4:54.63	5:17.74	6:44.62	332
1:40.96	2:21.11	3:04.48	4:54.77	5:17.89	6:44.80	331
1:41.01	2:21.17	3:04.56	4:54.91	5:18.03	6:44.99	330
1:41.05	2:21.23	3:04.65	4:55.04	5:18.18	6:45.17	329
1:41.10	2:21.29	3:04.73	4:55.18	5:18.33	6:45.36	328
1:41.15	2:21.36	3:04.82	4:55.32	5:18.47	6:45.55	327
1:41.19	2:21.42	3:04.90	4:55.45	5:18.62	6:45.74	326
1:41.24	2:21.48	3:04.99	4:55.59	5:18.77	6:45.92	325
1:41.28	2:21.54	3:05.07	4:55.73	5:18.92	6:46.11	324
1:41.33	2:21.61	3:05.15	4:55.87	5:19.07	6:46.30	323
1:41.37	2:21.67	3:05.24	4:56.00	5:19.22	6:46.49	322
1:41.42	2:21.73	3:05.32	4:56.14	5:19.36	6:46.68	321
1:41.47	2:21.79	3:05.41	4:56.28	5:19.51	6:46.87	320
1:41.51	2:21.86	3:05.50	4:56.42	5:19.66	6:47.06	319
1:41.56	2:21.92	3:05.58	4:56.56	5:19.81	6:47.25	318
1:41.61	2:21.98	3:05.67	4:56.70	5:19.96	6:47.44	317
1:41.65	2:22.05	3:05.75	4:56.84	5:20.11	6:47.63	316
1:41.70	2:22.11	3:05.84	4:56.98	5:20.26	6:47.82	315
1:41.74	2:22.17	3:05.92	4:57.12	5:20.41	6:48.01	314
1:41.79	2:22.24	3:06.01	4:57.26	5:20.56	6:48.20	313
1:41.84	2:22.30	3:06.10	4:57.40	5:20.71	6:48.39	312
1:41.88	2:22.36	3:06.18	4:57.54	5:20.87	6:48.58	311
1:41.93	2:22.43	3:06.27	4:57.68	5:21.02	6:48.77	310
1:41.98	2:22.49	3:06.36	4:57.82	5:21.17	6:48.97	309
1:42.03	2:22.55	3:06.44	4:57.96	5:21.32	6:49.16	308
1:42.07	2:22.62	3:06.53	4:58.10	5:21.47	6:49.35	307
1:42.12	2:22.68	3:06.62	4:58.24	5:21.63	6:49.55	306
1:42.17	2:22.75	3:06.70	4:58.39	5:21.78	6:49.74	305
1:42.21	2:22.81	3:06.79	4:58.53	5:21.93	6:49.93	304
1:42.26	2:22.88	3:06.88	4:58.67	5:22.08	6:50.13	303
1:42.31	2:22.94	3:06.97	4:58.81	5:22.24	6:50.32	302
1:42.36	2:23.01	3:07.06	4:58.96	5:22.39	6:50.52	301

Points	600m	800m	1000m	1500m	Mile	2000m
300	1:42.40	2:23.07	3:07.14	4:59.10	5:22.54	6:50.71
299	1:42.45	2:23.13	3:07.23	4:59.24	5:22.70	6:50.91
298	1:42.50	2:23.20	3:07.32	4:59.39	5:22.85	6:51.10
297	1:42.55	2:23.27	3:07.41	4:59.53	5:23.01	6:51.30
296	1:42.60	2:23.33	3:07.50	4:59.67	5:23.16	6:51.50
295	1:42.64	2:23.40	3:07.59	4:59.82	5:23.32	6:51.69
294	1:42.69	2:23.46	3:07.67	4:59.96	5:23.47	6:51.89
293	1:42.74	2:23.53	3:07.76	5:00.11	5:23.63	6:52.09
292	1:42.79	2:23.59	3:07.85	5:00.25	5:23.79	6:52.29
291	1:42.84	2:23.66	3:07.94	5:00.40	5:23.94	6:52.49
290	1:42.88	2:23.72	3:08.03	5:00.54	5:24.10	6:52.68
289	1:42.93	2:23.79	3:08.12	5:00.69	5:24.26	6:52.88
288	1:42.98	2:23.86	3:08.21	5:00.83	5:24.41	6:53.08
287	1:43.03	2:23.92	3:08.30	5:00.98	5:24.57	6:53.28
286	1:43.08	2:23.99	3:08.39	5:01.13	5:24.73	6:53.48
285	1:43.13	2:24.06	3:08.48	5:01.27	5:24.89	6:53.68
284	1:43.18	2:24.12	3:08.57	5:01.42	5:25.04	6:53.88
283	1:43.23	2:24.19	3:08.66	5:01.57	5:25.20	6:54.08
282	1:43.28	2:24.26	3:08.75	5:01.71	5:25.36	6:54.29
281	1:43.32	2:24.32	3:08.84	5:01.86	5:25.52	6:54.49
280	1:43.37	2:24.39	3:08.94	5:02.01	5:25.68	6:54.69
279	1:43.42	2:24.46	3:09.03	5:02.16	5:25.84	6:54.89
278	1:43.47	2:24.52	3:09.12	5:02.31	5:26.00	6:55.09
277	1:43.52	2:24.59	3:09.21	5:02.46	5:26.16	6:55.30
276	1:43.57	2:24.66	3:09.30	5:02.61	5:26.32	6:55.50
275	1:43.62	2:24.73	3:09.39	5:02.76	5:26.48	6:55.71
274	1:43.67	2:24.80	3:09.49	5:02.90	5:26.64	6:55.91
273	1:43.72	2:24.86	3:09.58	5:03.05	5:26.80	6:56.11
272	1:43.77	2:24.93	3:09.67	5:03.20	5:26.96	6:56.32
271	1:43.82	2:25.00	3:09.76	5:03.36	5:27.13	6:56.53
270	1:43.87	2:25.07	3:09.86	5:03.51	5:27.29	6:56.73
269	1:43.92	2:25.14	3:09.95	5:03.66	5:27.45	6:56.94
268	1:43.97	2:25.20	3:10.04	5:03.81	5:27.61	6:57.14
267	1:44.02	2:25.27	3:10.13	5:03.96	5:27.78	6:57.35
266	1:44.07	2:25.34	3:10.23	5:04.11	5:27.94	6:57.56
265	1:44.12	2:25.41	3:10.32	5:04.26	5:28.11	6:57.77
264	1:44.17	2:25.48	3:10.42	5:04.42	5:28.27	6:57.97
263	1:44.23	2:25.55	3:10.51	5:04.57	5:28.43	6:58.18
262	1:44.28	2:25.62	3:10.60	5:04.72	5:28.60	6:58.39
261	1:44.33	2:25.69	3:10.70	5:04.88	5:28.76	6:58.60
260	1:44.38	2:25.76	3:10.79	5:05.03	5:28.93	6:58.81
259	1:44.43	2:25.83	3:10.89	5:05.18	5:29.09	6:59.02
258	1:44.48	2:25.90	3:10.98	5:05.34	5:29.26	6:59.23
257	1:44.53	2:25.97	3:11.08	5:05.49	5:29.43	6:59.44
256	1:44.58	2:26.04	3:11.17	5:05.65	5:29.59	6:59.65
255	1:44.64	2:26.11	3:11.27	5:05.80	5:29.76	6:59.87
254	1:44.69	2:26.18	3:11.36	5:05.96	5:29.93	7:00.08
253	1:44.74	2:26.25	3:11.46	5:06.11	5:30.10	7:00.29
252	1:44.79	2:26.32	3:11.56	5:06.27	5:30.26	7:00.50
251	1:44.84	2:26.39	3:11.65	5:06.43	5:30.43	7:00.72

600m	800m	1000m	1500m	Mile	2000m	Points
1:44.90	2:26.46	3:11.75	5:06.58	5:30.60	7:00.93	250
1:44.95	2:26.53	3:11.84	5:06.74	5:30.77	7:01.15	249
1:45.00	2:26.60	3:11.94	5:06.90	5:30.94	7:01.36	248
1:45.05	2:26.68	3:12.04	5:07.05	5:31.11	7:01.58	247
1:45.10	2:26.75	3:12.14	5:07.21	5:31.28	7:01.79	246
1:45.16	2:26.82	3:12.23	5:07.37	5:31.45	7:02.01	245
1:45.21	2:26.89	3:12.33	5:07.53	5:31.62	7:02.22	244
1:45.26	2:26.96	3:12.43	5:07.69	5:31.79	7:02.44	243
1:45.32	2:27.03	3:12.53	5:07.85	5:31.96	7:02.66	242
1:45.37	2:27.11	3:12.62	5:08.01	5:32.13	7:02.88	241
1:45.42	2:27.18	3:12.72	5:08.17	5:32.31	7:03.09	240
1:45.48	2:27.25	3:12.82	5:08.33	5:32.48	7:03.31	239
1:45.53	2:27.32	3:12.92	5:08.49	5:32.65	7:03.53	238
1:45.58	2:27.40	3:13.02	5:08.65	5:32.82	7:03.75	237
1:45.64	2:27.47	3:13.12	5:08.81	5:33.00	7:03.97	236
1:45.69	2:27.54	3:13.22	5:08.97	5:33.17	7:04.19	235
1:45.74	2:27.62	3:13.32	5:09.13	5:33.35	7:04.41	234
1:45.80	2:27.69	3:13.42	5:09.30	5:33.52	7:04.64	233
1:45.85	2:27.76	3:13.52	5:09.46	5:33.70	7:04.86	232
1:45.91	2:27.84	3:13.62	5:09.62	5:33.87	7:05.08	231
1:45.96	2:27.91	3:13.72	5:09.78	5:34.05	7:05.30	230
1:46.02	2:27.99	3:13.82	5:09.95	5:34.22	7:05.53	229
1:46.07	2:28.06	3:13.92	5:10.11	5:34.40	7:05.75	228
1:46.12	2:28.14	3:14.02	5:10.28	5:34.58	7:05.98	227
1:46.18	2:28.21	3:14.12	5:10.44	5:34.75	7:06.20	226
1:46.23	2:28.29	3:14.22	5:10.61	5:34.93	7:06.43	225
1:46.29	2:28.36	3:14.33	5:10.77	5:35.11	7:06.65	224
1:46.34	2:28.44	3:14.43	5:10.94	5:35.29	7:06.88	223
1:46.40	2:28.51	3:14.53	5:11.10	5:35.47	7:07.10	222
1:46.46	2:28.59	3:14.63	5:11.27	5:35.65	7:07.33	221
1:46.51	2:28.66	3:14.74	5:11.44	5:35.83	7:07.56	220
1:46.57	2:28.74	3:14.84	5:11.60	5:36.01	7:07.79	219
1:46.62	2:28.81	3:14.94	5:11.77	5:36.19	7:08.02	218
1:46.68	2:28.89	3:15.05	5:11.94	5:36.37	7:08.25	217
1:46.73	2:28.97	3:15.15	5:12.11	5:36.55	7:08.48	216
1:46.79	2:29.04	3:15.25	5:12.28	5:36.73	7:08.71	215
1:46.85	2:29.12	3:15.36	5:12.45	5:36.91	7:08.94	214
1:46.90	2:29.20	3:15.46	5:12.62	5:37.10	7:09.17	213
1:46.96	2:29.27	3:15.57	5:12.79	5:37.28	7:09.40	212
1:47.02	2:29.35	3:15.67	5:12.96	5:37.46	7:09.64	211
1:47.07	2:29.43	3:15.78	5:13.13	5:37.65	7:09.87	210
1:47.13	2:29.51	3:15.88	5:13.30	5:37.83	7:10.10	209
1:47.19	2:29.58	3:15.99	5:13.47	5:38.01	7:10.34	208
1:47.25	2:29.66	3:16.09	5:13.64	5:38.20	7:10.57	207
1:47.30	2:29.74	3:16.20	5:13.82	5:38.39	7:10.81	206
1:47.36	2:29.82	3:16.31	5:13.99	5:38.57	7:11.04	205
1:47.42	2:29.90	3:16.41	5:14.16	5:38.76	7:11.28	204
1:47.48	2:29.98	3:16.52	5:14.34	5:38.95	7:11.52	203
1:47.53	2:30.05	3:16.63	5:14.51	5:39.13	7:11.76	202
1:47.59	2:30.13	3:16.73	5:14.69	5:39.32	7:12.00	201

Points	600m	800m	1000m	1500m	Mile	2000m
200	1:47.65	2:30.21	3:16.84	5:14.86	5:39.51	7:12.23
199	1:47.71	2:30.29	3:16.95	5:15.04	5:39.70	7:12.47
198	1:47.77	2:30.37	3:17.06	5:15.21	5:39.89	7:12.71
197	1:47.83	2:30.45	3:17.17	5:15.39	5:40.08	7:12.96
196	1:47.89	2:30.53	3:17.28	5:15.57	5:40.27	7:13.20
195	1:47.94	2:30.61	3:17.38	5:15.74	5:40.46	7:13.44
194	1:48.00	2:30.69	3:17.49	5:15.92	5:40.65	7:13.68
193	1:48.06	2:30.77	3:17.60	5:16.10	5:40.84	7:13.93
192	1:48.12	2:30.86	3:17.71	5:16.28	5:41.03	7:14.17
191	1:48.18	2:30.94	3:17.82	5:16.46	5:41.23	7:14.41
190	1:48.24	2:31.02	3:17.93	5:16.64	5:41.42	7:14.66
189	1:48.30	2:31.10	3:18.05	5:16.82	5:41.62	7:14.90
188	1:48.36	2:31.18	3:18.16	5:17.00	5:41.81	7:15.15
187	1:48.42	2:31.26	3:18.27	5:17.18	5:42.00	7:15.40
186	1:48.48	2:31.35	3:18.38	5:17.36	5:42.20	7:15.65
185	1:48.54	2:31.43	3:18.49	5:17.54	5:42.40	7:15.90
184	1:48.60	2:31.51	3:18.60	5:17.72	5:42.59	7:16.14
183	1:48.66	2:31.59	3:18.72	5:17.91	5:42.79	7:16.39
182	1:48.73	2:31.68	3:18.83	5:18.09	5:42.99	7:16.65
181	1:48.79	2:31.76	3:18.94	5:18.28	5:43.18	7:16.90
180	1:48.85	2:31.84	3:19.06	5:18.46	5:43.38	7:17.15
179	1:48.91	2:31.93	3:19.17	5:18.64	5:43.58	7:17.40
178	1:48.97	2:32.01	3:19.28	5:18.83	5:43.78	7:17.65
177	1:49.03	2:32.10	3:19.40	5:19.02	5:43.98	7:17.91
176	1:49.10	2:32.18	3:19.51	5:19.20	5:44.18	7:18.16
175	1:49.16	2:32.27	3:19.63	5:19.39	5:44.39	7:18.42
174	1:49.22	2:32.35	3:19.74	5:19.58	5:44.59	7:18.68
173	1:49.28	2:32.44	3:19.86	5:19.77	5:44.79	7:18.93
172	1:49.35	2:32.52	3:19.98	5:19.95	5:44.99	7:19.19
171	1:49.41	2:32.61	3:20.09	5:20.14	5:45.20	7:19.45
170	1:49.47	2:32.69	3:20.21	5:20.33	5:45.40	7:19.71
169	1:49.54	2:32.78	3:20.33	5:20.52	5:45.61	7:19.97
168	1:49.60	2:32.87	3:20.44	5:20.72	5:45.81	7:20.23
167	1:49.66	2:32.95	3:20.56	5:20.91	5:46.02	7:20.49
166	1:49.73	2:33.04	3:20.68	5:21.10	5:46.22	7:20.75
165	1:49.79	2:33.13	3:20.80	5:21.29	5:46.43	7:21.02
164	1:49.86	2:33.22	3:20.92	5:21.49	5:46.64	7:21.28
163	1:49.92	2:33.30	3:21.04	5:21.68	5:46.85	7:21.54
162	1:49.99	2:33.39	3:21.16	5:21.87	5:47.06	7:21.81
161	1:50.05	2:33.48	3:21.28	5:22.07	5:47.27	7:22.08
160	1:50.12	2:33.57	3:21.40	5:22.26	5:47.48	7:22.34
159	1:50.18	2:33.66	3:21.52	5:22.46	5:47.69	7:22.61
158	1:50.25	2:33.75	3:21.64	5:22.66	5:47.90	7:22.88
157	1:50.31	2:33.84	3:21.76	5:22.86	5:48.11	7:23.15
156	1:50.38	2:33.93	3:21.88	5:23.05	5:48.33	7:23.42
155	1:50.44	2:34.02	3:22.01	5:23.25	5:48.54	7:23.69
154	1:50.51	2:34.11	3:22.13	5:23.45	5:48.76	7:23.97
153	1:50.58	2:34.20	3:22.25	5:23.65	5:48.97	7:24.24
152	1:50.64	2:34.29	3:22.37	5:23.85	5:49.19	7:24.51
151	1:50.71	2:34.38	3:22.50	5:24.05	5:49.41	7:24.79

600m	800m	1000m	1500m	Mile	2000m	Points
1:50.78	2:34.47	3:22.62	5:24.26	5:49.62	7:25.06	150
1:50.85	2:34.56	3:22.75	5:24.46	5:49.84	7:25.34	149
1:50.91	2:34.66	3:22.87	5:24.66	5:50.06	7:25.62	148
1:50.98	2:34.75	3:23.00	5:24.87	5:50.28	7:25.90	147
1:51.05	2:34.84	3:23.12	5:25.07	5:50.50	7:26.18	146
1:51.12	2:34.93	3:23.25	5:25.28	5:50.72	7:26.46	145
1:51.19	2:35.03	3:23.38	5:25.48	5:50.94	7:26.74	144
1:51.26	2:35.12	3:23.51	5:25.69	5:51.17	7:27.02	143
1:51.32	2:35.21	3:23.63	5:25.90	5:51.39	7:27.31	142
1:51.39	2:35.31	3:23.76	5:26.11	5:51.61	7:27.59	141
1:51.46	2:35.40	3:23.89	5:26.32	5:51.84	7:27.88	140
1:51.53	2:35.50	3:24.02	5:26.53	5:52.07	7:28.16	139
1:51.60	2:35.59	3:24.15	5:26.74	5:52.29	7:28.45	138
1:51.67	2:35.69	3:24.28	5:26.95	5:52.52	7:28.74	137
1:51.74	2:35.79	3:24.41	5:27.16	5:52.75	7:29.03	136
1:51.82	2:35.88	3:24.54	5:27.37	5:52.98	7:29.32	135
1:51.89	2:35.98	3:24.67	5:27.59	5:53.21	7:29.61	134
1:51.96	2:36.08	3:24.80	5:27.80	5:53.44	7:29.90	133
1:52.03	2:36.18	3:24.94	5:28.02	5:53.67	7:30.20	132
1:52.10	2:36.27	3:25.07	5:28.23	5:53.90	7:30.49	131
1:52.17	2:36.37	3:25.20	5:28.45	5:54.14	7:30.79	130
1:52.25	2:36.47	3:25.34	5:28.67	5:54.37	7:31.09	129
1:52.32	2:36.57	3:25.47	5:28.89	5:54.61	7:31.39	128
1:52.39	2:36.67	3:25.61	5:29.11	5:54.84	7:31.69	127
1:52.47	2:36.77	3:25.74	5:29.33	5:55.08	7:31.99	126
1:52.54	2:36.87	3:25.88	5:29.55	5:55.32	7:32.29	125
1:52.61	2:36.97	3:26.02	5:29.77	5:55.56	7:32.59	124
1:52.69	2:37.07	3:26.15	5:29.99	5:55.80	7:32.90	123
1:52.76	2:37.17	3:26.29	5:30.22	5:56.04	7:33.20	122
1:52.84	2:37.27	3:26.43	5:30.44	5:56.28	7:33.51	121
1:52.91	2:37.38	3:26.57	5:30.67	5:56.52	7:33.82	120
1:52.99	2:37.48	3:26.71	5:30.90	5:56.77	7:34.13	119
1:53.06	2:37.58	3:26.85	5:31.12	5:57.01	7:34.44	118
1:53.14	2:37.69	3:26.99	5:31.35	5:57.26	7:34.75	117
1:53.22	2:37.79	3:27.13	5:31.58	5:57.51	7:35.07	116
1:53.29	2:37.90	3:27.27	5:31.81	5:57.76	7:35.38	115
1:53.37	2:38.00	3:27.42	5:32.04	5:58.00	7:35.70	114
1:53.45	2:38.11	3:27.56	5:32.28	5:58.26	7:36.02	113
1:53.53	2:38.21	3:27.70	5:32.51	5:58.51	7:36.33	112
1:53.60	2:38.32	3:27.85	5:32.75	5:58.76	7:36.65	111
1:53.68	2:38.42	3:27.99	5:32.98	5:59.01	7:36.98	110
1:53.76	2:38.53	3:28.14	5:33.22	5:59.27	7:37.30	109
1:53.84	2:38.64	3:28.28	5:33.46	5:59.52	7:37.63	108
1:53.92	2:38.75	3:28.43	5:33.70	5:59.78	7:37.95	107
1:54.00	2:38.86	3:28.58	5:33.94	6:00.04	7:38.28	106
1:54.08	2:38.97	3:28.73	5:34.18	6:00.30	7:38.61	105
1:54.16	2:39.08	3:28.88	5:34.42	6:00.56	7:38.94	104
1:54.24	2:39.19	3:29.03	5:34.66	6:00.82	7:39.27	103
1:54.32	2:39.30	3:29.18	5:34.91	6:01.09	7:39.61	102
1:54.41	2:39.41	3:29.33	5:35.16	6:01.35	7:39.94	101

Points	600m	800m	1000m	1500m	Mile	2000m
100	1:54.49	2:39.52	3:29.48	5:35.40	6:01.62	7:40.28
99	1:54.57	2:39.63	3:29.63	5:35.65	6:01.89	7:40.62
98	1:54.65	2:39.75	3:29.79	5:35.90	6:02.16	7:40.96
97	1:54.74	2:39.86	3:29.94	5:36.15	6:02.43	7:41.31
96	1:54.82	2:39.98	3:30.10	5:36.40	6:02.70	7:41.65
95	1:54.91	2:40.09	3:30.25	5:36.66	6:02.97	7:42.00
94	1:54.99	2:40.21	3:30.41	5:36.91	6:03.24	7:42.34
93	1:55.08	2:40.32	3:30.57	5:37.17	6:03.52	7:42.69
92	1:55.16	2:40.44	3:30.73	5:37.43	6:03.80	7:43.05
91	1:55.25	2:40.56	3:30.89	5:37.69	6:04.08	7:43.40
90	1:55.34	2:40.67	3:31.05	5:37.95	6:04.36	7:43.76
89	1:55.42	2:40.79	3:31.21	5:38.21	6:04.64	7:44.11
88	1:55.51	2:40.91	3:31.37	5:38.47	6:04.92	7:44.47
87	1:55.60	2:41.03	3:31.53	5:38.74	6:05.21	7:44.84
86	1:55.69	2:41.15	3:31.70	5:39.00	6:05.50	7:45.20
85	1:55.78	2:41.28	3:31.86	5:39.27	6:05.78	7:45.57
84	1:55.87	2:41.40	3:32.03	5:39.54	6:06.08	7:45.93
83	1:55.96	2:41.52	3:32.20	5:39.81	6:06.37	7:46.31
82	1:56.05	2:41.64	3:32.36	5:40.09	6:06.66	7:46.68
81	1:56.14	2:41.77	3:32.53	5:40.36	6:06.96	7:47.05
80	1:56.23	2:41.89	3:32.70	5:40.64	6:07.25	7:47.43
79	1:56.32	2:42.02	3:32.87	5:40.92	6:07.55	7:47.81
78	1:56.42	2:42.15	3:33.05	5:41.20	6:07.85	7:48.19
77	1:56.51	2:42.27	3:33.22	5:41.48	6:08.16	7:48.58
76	1:56.60	2:42.40	3:33.39	5:41.76	6:08.46	7:48.96
75	1:56.70	2:42.53	3:33.57	5:42.05	6:08.77	7:49.35
74	1:56.80	2:42.66	3:33.75	5:42.33	6:09.08	7:49.75
73	1:56.89	2:42.79	3:33.92	5:42.62	6:09.39	7:50.14
72	1:56.99	2:42.93	3:34.10	5:42.91	6:09.70	7:50.54
71	1:57.09	2:43.06	3:34.28	5:43.21	6:10.02	7:50.94
70	1:57.18	2:43.19	3:34.47	5:43.50	6:10.34	7:51.34
69	1:57.28	2:43.33	3:34.65	5:43.80	6:10.66	7:51.75
68	1:57.38	2:43.46	3:34.83	5:44.10	6:10.98	7:52.16
67	1:57.48	2:43.60	3:35.02	5:44.40	6:11.30	7:52.57
66	1:57.58	2:43.74	3:35.21	5:44.71	6:11.63	7:52.98
65	1:57.69	2:43.88	3:35.39	5:45.01	6:11.96	7:53.40
64	1:57.79	2:44.02	3:35.58	5:45.32	6:12.29	7:53.82
63	1:57.89	2:44.16	3:35.78	5:45.63	6:12.63	7:54.25
62	1:58.00	2:44.30	3:35.97	5:45.95	6:12.97	7:54.68
61	1:58.10	2:44.44	3:36.16	5:46.26	6:13.31	7:55.11
60	1:58.21	2:44.59	3:36.36	5:46.58	6:13.65	7:55.54
59	1:58.32	2:44.73	3:36.56	5:46.90	6:14.00	7:55.98
58	1:58.42	2:44.88	3:36.76	5:47.23	6:14.35	7:56.43
57	1:58.53	2:45.03	3:36.96	5:47.55	6:14.70	7:56.87
56	1:58.64	2:45.18	3:37.16	5:47.88	6:15.05	7:57.32
55	1:58.75	2:45.33	3:37.37	5:48.22	6:15.41	7:57.78
54	1:58.86	2:45.48	3:37.57	5:48.55	6:15.77	7:58.24
53	1:58.98	2:45.63	3:37.78	5:48.89	6:16.14	7:58.70
52	1:59.09	2:45.79	3:37.99	5:49.23	6:16.50	7:59.17
51	1:59.21	2:45.95	3:38.20	5:49.58	6:16.88	7:59.64

600m	800m	1000m	1500m	Mile	2000m	Points
1:59.32	2:46.10	3:38.42	5:49.93	6:17.25	8:00.11	50
1:59.44	2:46.26	3:38.64	5:50.28	6:17.63	8:00.60	49
1:59.56	2:46.43	3:38.85	5:50.64	6:18.01	8:01.08	48
1:59.68	2:46.59	3:39.08	5:51.00	6:18.40	8:01.57	47
1:59.80	2:46.75	3:39.30	5:51.36	6:18.79	8:02.07	46
1:59.92	2:46.92	3:39.53	5:51.73	6:19.19	8:02.57	45
2:00.05	2:47.09	3:39.75	5:52.10	6:19.59	8:03.08	44
2:00.17	2:47.26	3:39.99	5:52.47	6:19.99	8:03.59	43
2:00.30	2:47.43	3:40.22	5:52.86	6:20.40	8:04.11	42
2:00.43	2:47.61	3:40.46	5:53.24	6:20.82	8:04.64	41
2:00.56	2:47.78	3:40.70	5:53.63	6:21.24	8:05.17	40
2:00.69	2:47.96	3:40.94	5:54.02	6:21.66	8:05.71	39
2:00.82	2:48.14	3:41.18	5:54.42	6:22.09	8:06.25	38
2:00.95	2:48.33	3:41.43	5:54.83	6:22.53	8:06.81	37
2:01.09	2:48.51	3:41.69	5:55.24	6:22.97	8:07.37	36
2:01.23	2:48.70	3:41.94	5:55.66	6:23.42	8:07.94	35
2:01.37	2:48.89	3:42.20	5:56.08	6:23.87	8:08.51	34
2:01.51	2:49.09	3:42.47	5:56.51	6:24.33	8:09.10	33
2:01.66	2:49.28	3:42.73	5:56.94	6:24.80	8:09.69	32
2:01.80	2:49.48	3:43.01	5:57.38	6:25.28	8:10.29	31
2:01.95	2:49.69	3:43.28	5:57.83	6:25.76	8:10.91	30
2:02.11	2:49.89	3:43.56	5:58.29	6:26.25	8:11.53	29
2:02.26	2:50.10	3:43.85	5:58.75	6:26.75	8:12.16	28
2:02.42	2:50.32	3:44.14	5:59.23	6:27.26	8:12.81	27
2:02.58	2:50.54	3:44.44	5:59.71	6:27.78	8:13.47	26
2:02.74	2:50.76	3:44.74	6:00.20	6:28.31	8:14.14	25
2:02.91	2:50.99	3:45.05	6:00.70	6:28.85	8:14.82	24
2:03.08	2:51.22	3:45.36	6:01.21	6:29.40	8:15.52	23
2:03.25	2:51.45	3:45.68	6:01.73	6:29.96	8:16.23	22
2:03.43	2:51.70	3:46.01	6:02.27	6:30.54	8:16.96	21
2:03.61	2:51.94	3:46.35	6:02.82	6:31.12	8:17.71	20
2:03.80	2:52.20	3:46.69	6:03.38	6:31.73	8:18.48	19
2:03.99	2:52.46	3:47.05	6:03.95	6:32.35	8:19.27	18
2:04.19	2:52.73	3:47.41	6:04.55	6:32.99	8:20.08	17
2:04.39	2:53.01	3:47.79	6:05.16	6:33.64	8:20.91	16
2:04.60	2:53.29	3:48.18	6:05.79	6:34.32	8:21.77	15
2:04.82	2:53.59	3:48.58	6:06.44	6:35.02	8:22.66	14
2:05.04	2:53.89	3:48.99	6:07.11	6:35.75	8:23.58	13
2:05.28	2:54.21	3:49.42	6:07.82	6:36.50	8:24.54	12
2:05.52	2:54.54	3:49.87	6:08.55	6:37.29	8:25.54	11
2:05.78	2:54.89	3:50.35	6:09.31	6:38.12	8:26.58	10
2:06.04	2:55.25	3:50.84	6:10.12	6:38.98	8:27.68	9
2:06.33	2:55.64	3:51.36	6:10.97	6:39.90	8:28.84	8
2:06.63	2:56.05	3:51.92	6:11.87	6:40.87	8:30.08	7
2:06.95	2:56.49	3:52.52	6:12.85	6:41.92	8:31.41	6
2:07.30	2:56.97	3:53.17	6:13.91	6:43.06	8:32.85	5
2:07.69	2:57.50	3:53.89	6:15.08	6:44.32	8:34.45	4
2:08.14	2:58.10	3:54.71	6:16.41	6:45.75	8:36.27	3
2:08.66	2:58.82	3:55.68	6:17.98	6:47.45	8:38.42	2
2:09.34	2:59.75	3:56.94	6:20.04	6:49.66	8:41.22	1

Men's Long Distances and Steeplechase

Hommes Courses de Longue Distance et de Steeple

by Dr. Bojidar Spiriev
updated by Attila Spiriev

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1400	4:50.06	7:05.53	7:30.46	7:38.54	12:10.09	25:15.44
1399	4:50.19	7:05.68	7:30.66	7:38.70	12:10.35	25:16.03
1398	4:50.32	7:05.83	7:30.86	7:38.86	12:10.60	25:16.61
1397	4:50.46	7:05.98	7:31.07	7:39.02	12:10.85	25:17.20
1396	4:50.59	7:06.13	7:31.27	7:39.17	12:11.11	25:17.78
1395	4:50.72	7:06.27	7:31.47	7:39.33	12:11.36	25:18.37
1394	4:50.85	7:06.42	7:31.68	7:39.49	12:11.62	25:18.95
1393	4:50.99	7:06.57	7:31.88	7:39.65	12:11.87	25:19.54
1392	4:51.12	7:06.72	7:32.09	7:39.81	12:12.13	25:20.12
1391	4:51.25	7:06.87	7:32.29	7:39.97	12:12.38	25:20.71
1390	4:51.38	7:07.02	7:32.49	7:40.13	12:12.63	25:21.29
1389	4:51.52	7:07.16	7:32.70	7:40.29	12:12.89	25:21.88
1388	4:51.65	7:07.31	7:32.90	7:40.45	12:13.14	25:22.46
1387	4:51.78	7:07.46	7:33.11	7:40.61	12:13.40	25:23.05
1386	4:51.91	7:07.61	7:33.31	7:40.77	12:13.65	25:23.64
1385	4:52.05	7:07.76	7:33.52	7:40.93	12:13.91	25:24.22
1384	4:52.18	7:07.91	7:33.72	7:41.09	12:14.16	25:24.81
1383	4:52.31	7:08.06	7:33.92	7:41.25	12:14.42	25:25.40
1382	4:52.45	7:08.21	7:34.13	7:41.41	12:14.67	25:25.99
1381	4:52.58	7:08.35	7:34.33	7:41.58	12:14.93	25:26.57
1380	4:52.71	7:08.50	7:34.54	7:41.74	12:15.18	25:27.16
1379	4:52.84	7:08.65	7:34.74	7:41.90	12:15.44	25:27.75
1378	4:52.98	7:08.80	7:34.95	7:42.06	12:15.69	25:28.34
1377	4:53.11	7:08.95	7:35.15	7:42.22	12:15.95	25:28.93
1376	4:53.24	7:09.10	7:35.36	7:42.38	12:16.20	25:29.52
1375	4:53.38	7:09.25	7:35.56	7:42.54	12:16.46	25:30.10
1374	4:53.51	7:09.40	7:35.77	7:42.70	12:16.72	25:30.69
1373	4:53.64	7:09.55	7:35.97	7:42.86	12:16.97	25:31.28
1372	4:53.78	7:09.70	7:36.18	7:43.02	12:17.23	25:31.87
1371	4:53.91	7:09.85	7:36.39	7:43.18	12:17.48	25:32.46
1370	4:54.04	7:10.00	7:36.59	7:43.34	12:17.74	25:33.05
1369	4:54.18	7:10.15	7:36.80	7:43.51	12:18.00	25:33.64
1368	4:54.31	7:10.30	7:37.00	7:43.67	12:18.25	25:34.23
1367	4:54.45	7:10.45	7:37.21	7:43.83	12:18.51	25:34.82
1366	4:54.58	7:10.60	7:37.41	7:43.99	12:18.77	25:35.41
1365	4:54.71	7:10.75	7:37.62	7:44.15	12:19.02	25:36.01
1364	4:54.85	7:10.90	7:37.83	7:44.31	12:19.28	25:36.60
1363	4:54.98	7:11.05	7:38.03	7:44.47	12:19.54	25:37.19
1362	4:55.11	7:11.20	7:38.24	7:44.63	12:19.79	25:37.78
1361	4:55.25	7:11.35	7:38.45	7:44.80	12:20.05	25:38.37
1360	4:55.38	7:11.50	7:38.65	7:44.96	12:20.31	25:38.96
1359	4:55.52	7:11.65	7:38.86	7:45.12	12:20.57	25:39.56
1358	4:55.65	7:11.80	7:39.06	7:45.28	12:20.82	25:40.15
1357	4:55.78	7:11.95	7:39.27	7:45.44	12:21.08	25:40.74
1356	4:55.92	7:12.10	7:39.48	7:45.61	12:21.34	25:41.34
1355	4:56.05	7:12.25	7:39.68	7:45.77	12:21.60	25:41.93
1354	4:56.19	7:12.40	7:39.89	7:45.93	12:21.85	25:42.52
1353	4:56.32	7:12.55	7:40.10	7:46.09	12:22.11	25:43.12
1352	4:56.46	7:12.70	7:40.30	7:46.25	12:22.37	25:43.71
1351	4:56.59	7:12.85	7:40.51	7:46.42	12:22.63	25:44.30

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
4:56.73	7:13.00	7:40.72	7:46.58	12:22.89	25:44.90	1350
4:56.86	7:13.15	7:40.93	7:46.74	12:23.14	25:45.49	1349
4:56.99	7:13.30	7:41.13	7:46.90	12:23.40	25:46.09	1348
4:57.13	7:13.45	7:41.34	7:47.07	12:23.66	25:46.68	1347
4:57.26	7:13.60	7:41.55	7:47.23	12:23.92	25:47.28	1346
4:57.40	7:13.76	7:41.76	7:47.39	12:24.18	25:47.87	1345
4:57.53	7:13.91	7:41.96	7:47.55	12:24.44	25:48.47	1344
4:57.67	7:14.06	7:42.17	7:47.72	12:24.70	25:49.06	1343
4:57.80	7:14.21	7:42.38	7:47.88	12:24.95	25:49.66	1342
4:57.94	7:14.36	7:42.59	7:48.04	12:25.21	25:50.26	1341
4:58.07	7:14.51	7:42.79	7:48.20	12:25.47	25:50.85	1340
4:58.21	7:14.66	7:43.00	7:48.37	12:25.73	25:51.45	1339
4:58.34	7:14.81	7:43.21	7:48.53	12:25.99	25:52.05	1338
4:58.48	7:14.97	7:43.42	7:48.69	12:26.25	25:52.65	1337
4:58.61	7:15.12	7:43.63	7:48.86	12:26.51	25:53.24	1336
4:58.75	7:15.27	7:43.83	7:49.02	12:26.77	25:53.84	1335
4:58.88	7:15.42	7:44.04	7:49.18	12:27.03	25:54.44	1334
4:59.02	7:15.57	7:44.25	7:49.35	12:27.29	25:55.04	1333
4:59.16	7:15.72	7:44.46	7:49.51	12:27.55	25:55.63	1332
4:59.29	7:15.88	7:44.67	7:49.67	12:27.81	25:56.23	1331
4:59.43	7:16.03	7:44.88	7:49.84	12:28.07	25:56.83	1330
4:59.56	7:16.18	7:45.09	7:50.00	12:28.33	25:57.43	1329
4:59.70	7:16.33	7:45.29	7:50.16	12:28.59	25:58.03	1328
4:59.83	7:16.48	7:45.50	7:50.33	12:28.85	25:58.63	1327
4:59.97	7:16.63	7:45.71	7:50.49	12:29.11	25:59.23	1326
5:00.10	7:16.79	7:45.92	7:50.65	12:29.37	25:59.83	1325
5:00.24	7:16.94	7:46.13	7:50.82	12:29.63	26:00.43	1324
5:00.38	7:17.09	7:46.34	7:50.98	12:29.89	26:01.03	1323
5:00.51	7:17.24	7:46.55	7:51.15	12:30.15	26:01.63	1322
5:00.65	7:17.40	7:46.76	7:51.31	12:30.41	26:02.23	1321
5:00.78	7:17.55	7:46.97	7:51.47	12:30.68	26:02.83	1320
5:00.92	7:17.70	7:47.18	7:51.64	12:30.94	26:03.43	1319
5:01.06	7:17.85	7:47.39	7:51.80	12:31.20	26:04.04	1318
5:01.19	7:18.01	7:47.60	7:51.97	12:31.46	26:04.64	1317
5:01.33	7:18.16	7:47.81	7:52.13	12:31.72	26:05.24	1316
5:01.47	7:18.31	7:48.02	7:52.30	12:31.98	26:05.84	1315
5:01.60	7:18.46	7:48.23	7:52.46	12:32.24	26:06.44	1314
5:01.74	7:18.62	7:48.44	7:52.62	12:32.51	26:07.05	1313
5:01.87	7:18.77	7:48.65	7:52.79	12:32.77	26:07.65	1312
5:02.01	7:18.92	7:48.86	7:52.95	12:33.03	26:08.25	1311
5:02.15	7:19.08	7:49.07	7:53.12	12:33.29	26:08.86	1310
5:02.28	7:19.23	7:49.28	7:53.28	12:33.55	26:09.46	1309
5:02.42	7:19.38	7:49.49	7:53.45	12:33.82	26:10.06	1308
5:02.56	7:19.54	7:49.70	7:53.61	12:34.08	26:10.67	1307
5:02.69	7:19.69	7:49.91	7:53.78	12:34.34	26:11.27	1306
5:02.83	7:19.84	7:50.12	7:53.94	12:34.60	26:11.88	1305
5:02.97	7:20.00	7:50.33	7:54.11	12:34.87	26:12.48	1304
5:03.10	7:20.15	7:50.54	7:54.27	12:35.13	26:13.09	1303
5:03.24	7:20.30	7:50.75	7:54.44	12:35.39	26:13.69	1302
5:03.38	7:20.46	7:50.96	7:54.60	12:35.65	26:14.30	1301

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1300	5:03.52	7:20.61	7:51.17	7:54.77	12:35.92	26:14.90
1299	5:03.65	7:20.76	7:51.38	7:54.94	12:36.18	26:15.51
1298	5:03.79	7:20.92	7:51.60	7:55.10	12:36.44	26:16.11
1297	5:03.93	7:21.07	7:51.81	7:55.27	12:36.71	26:16.72
1296	5:04.06	7:21.22	7:52.02	7:55.43	12:36.97	26:17.33
1295	5:04.20	7:21.38	7:52.23	7:55.60	12:37.23	26:17.93
1294	5:04.34	7:21.53	7:52.44	7:55.76	12:37.50	26:18.54
1293	5:04.48	7:21.69	7:52.65	7:55.93	12:37.76	26:19.15
1292	5:04.61	7:21.84	7:52.86	7:56.09	12:38.03	26:19.76
1291	5:04.75	7:21.99	7:53.08	7:56.26	12:38.29	26:20.36
1290	5:04.89	7:22.15	7:53.29	7:56.43	12:38.55	26:20.97
1289	5:05.03	7:22.30	7:53.50	7:56.59	12:38.82	26:21.58
1288	5:05.17	7:22.46	7:53.71	7:56.76	12:39.08	26:22.19
1287	5:05.30	7:22.61	7:53.92	7:56.93	12:39.35	26:22.80
1286	5:05.44	7:22.77	7:54.14	7:57.09	12:39.61	26:23.41
1285	5:05.58	7:22.92	7:54.35	7:57.26	12:39.88	26:24.02
1284	5:05.72	7:23.07	7:54.56	7:57.42	12:40.14	26:24.63
1283	5:05.85	7:23.23	7:54.77	7:57.59	12:40.40	26:25.24
1282	5:05.99	7:23.38	7:54.99	7:57.76	12:40.67	26:25.85
1281	5:06.13	7:23.54	7:55.20	7:57.92	12:40.93	26:26.46
1280	5:06.27	7:23.69	7:55.41	7:58.09	12:41.20	26:27.07
1279	5:06.41	7:23.85	7:55.62	7:58.26	12:41.46	26:27.68
1278	5:06.55	7:24.00	7:55.84	7:58.42	12:41.73	26:28.29
1277	5:06.68	7:24.16	7:56.05	7:58.59	12:42.00	26:28.90
1276	5:06.82	7:24.31	7:56.26	7:58.76	12:42.26	26:29.51
1275	5:06.96	7:24.47	7:56.48	7:58.92	12:42.53	26:30.12
1274	5:07.10	7:24.62	7:56.69	7:59.09	12:42.79	26:30.73
1273	5:07.24	7:24.78	7:56.90	7:59.26	12:43.06	26:31.35
1272	5:07.38	7:24.93	7:57.12	7:59.43	12:43.32	26:31.96
1271	5:07.51	7:25.09	7:57.33	7:59.59	12:43.59	26:32.57
1270	5:07.65	7:25.24	7:57.54	7:59.76	12:43.86	26:33.18
1269	5:07.79	7:25.40	7:57.76	7:59.93	12:44.12	26:33.80
1268	5:07.93	7:25.56	7:57.97	8:00.10	12:44.39	26:34.41
1267	5:08.07	7:25.71	7:58.18	8:00.26	12:44.66	26:35.02
1266	5:08.21	7:25.87	7:58.40	8:00.43	12:44.92	26:35.64
1265	5:08.35	7:26.02	7:58.61	8:00.60	12:45.19	26:36.25
1264	5:08.49	7:26.18	7:58.83	8:00.77	12:45.46	26:36.86
1263	5:08.63	7:26.33	7:59.04	8:00.93	12:45.72	26:37.48
1262	5:08.76	7:26.49	7:59.25	8:01.10	12:45.99	26:38.09
1261	5:08.90	7:26.65	7:59.47	8:01.27	12:46.26	26:38.71
1260	5:09.04	7:26.80	7:59.68	8:01.44	12:46.52	26:39.32
1259	5:09.18	7:26.96	7:59.90	8:01.61	12:46.79	26:39.94
1258	5:09.32	7:27.11	8:00.11	8:01.77	12:47.06	26:40.56
1257	5:09.46	7:27.27	8:00.33	8:01.94	12:47.33	26:41.17
1256	5:09.60	7:27.43	8:00.54	8:02.11	12:47.59	26:41.79
1255	5:09.74	7:27.58	8:00.76	8:02.28	12:47.86	26:42.40
1254	5:09.88	7:27.74	8:00.97	8:02.45	12:48.13	26:43.02
1253	5:10.02	7:27.90	8:01.19	8:02.61	12:48.40	26:43.64
1252	5:10.16	7:28.05	8:01.40	8:02.78	12:48.67	26:44.25
1251	5:10.30	7:28.21	8:01.62	8:02.95	12:48.93	26:44.87

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
5:10.44	7:28.36	8:01.83	8:03.12	12:49.20	26:45.49	1250
5:10.58	7:28.52	8:02.05	8:03.29	12:49.47	26:46.11	1249
5:10.72	7:28.68	8:02.26	8:03.46	12:49.74	26:46.73	1248
5:10.86	7:28.84	8:02.48	8:03.63	12:50.01	26:47.34	1247
5:11.00	7:28.99	8:02.69	8:03.80	12:50.28	26:47.96	1246
5:11.14	7:29.15	8:02.91	8:03.96	12:50.54	26:48.58	1245
5:11.28	7:29.31	8:03.12	8:04.13	12:50.81	26:49.20	1244
5:11.42	7:29.46	8:03.34	8:04.30	12:51.08	26:49.82	1243
5:11.56	7:29.62	8:03.56	8:04.47	12:51.35	26:50.44	1242
5:11.70	7:29.78	8:03.77	8:04.64	12:51.62	26:51.06	1241
5:11.84	7:29.93	8:03.99	8:04.81	12:51.89	26:51.68	1240
5:11.98	7:30.09	8:04.20	8:04.98	12:52.16	26:52.30	1239
5:12.12	7:30.25	8:04.42	8:05.15	12:52.43	26:52.92	1238
5:12.26	7:30.41	8:04.64	8:05.32	12:52.70	26:53.54	1237
5:12.40	7:30.56	8:04.85	8:05.49	12:52.97	26:54.16	1236
5:12.54	7:30.72	8:05.07	8:05.66	12:53.24	26:54.78	1235
5:12.68	7:30.88	8:05.29	8:05.83	12:53.51	26:55.41	1234
5:12.82	7:31.04	8:05.50	8:06.00	12:53.78	26:56.03	1233
5:12.96	7:31.19	8:05.72	8:06.17	12:54.05	26:56.65	1232
5:13.11	7:31.35	8:05.94	8:06.34	12:54.32	26:57.27	1231
5:13.25	7:31.51	8:06.15	8:06.51	12:54.59	26:57.90	1230
5:13.39	7:31.67	8:06.37	8:06.68	12:54.86	26:58.52	1229
5:13.53	7:31.83	8:06.59	8:06.85	12:55.13	26:59.14	1228
5:13.67	7:31.98	8:06.81	8:07.02	12:55.40	26:59.77	1227
5:13.81	7:32.14	8:07.02	8:07.19	12:55.67	27:00.39	1226
5:13.95	7:32.30	8:07.24	8:07.36	12:55.94	27:01.01	1225
5:14.09	7:32.46	8:07.46	8:07.53	12:56.21	27:01.64	1224
5:14.23	7:32.62	8:07.68	8:07.70	12:56.49	27:02.26	1223
5:14.38	7:32.78	8:07.89	8:07.87	12:56.76	27:02.89	1222
5:14.52	7:32.93	8:08.11	8:08.04	12:57.03	27:03.51	1221
5:14.66	7:33.09	8:08.33	8:08.21	12:57.30	27:04.14	1220
5:14.80	7:33.25	8:08.55	8:08.38	12:57.57	27:04.76	1219
5:14.94	7:33.41	8:08.76	8:08.55	12:57.84	27:05.39	1218
5:15.08	7:33.57	8:08.98	8:08.72	12:58.12	27:06.01	1217
5:15.23	7:33.73	8:09.20	8:08.89	12:58.39	27:06.64	1216
5:15.37	7:33.89	8:09.42	8:09.07	12:58.66	27:07.27	1215
5:15.51	7:34.05	8:09.64	8:09.24	12:58.93	27:07.89	1214
5:15.65	7:34.20	8:09.86	8:09.41	12:59.20	27:08.52	1213
5:15.79	7:34.36	8:10.07	8:09.58	12:59.48	27:09.15	1212
5:15.93	7:34.52	8:10.29	8:09.75	12:59.75	27:09.78	1211
5:16.08	7:34.68	8:10.51	8:09.92	13:00.02	27:10.40	1210
5:16.22	7:34.84	8:10.73	8:10.09	13:00.29	27:11.03	1209
5:16.36	7:35.00	8:10.95	8:10.27	13:00.57	27:11.66	1208
5:16.50	7:35.16	8:11.17	8:10.44	13:00.84	27:12.29	1207
5:16.65	7:35.32	8:11.39	8:10.61	13:01.11	27:12.92	1206
5:16.79	7:35.48	8:11.61	8:10.78	13:01.39	27:13.55	1205
5:16.93	7:35.64	8:11.83	8:10.95	13:01.66	27:14.18	1204
5:17.07	7:35.80	8:12.05	8:11.12	13:01.93	27:14.80	1203
5:17.22	7:35.96	8:12.27	8:11.30	13:02.21	27:15.43	1202
5:17.36	7:36.12	8:12.48	8:11.47	13:02.48	27:16.06	1201

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1200	5:17.50	7:36.28	8:12.70	8:11.64	13:02.75	27:16.70
1199	5:17.64	7:36.44	8:12.92	8:11.81	13:03.03	27:17.33
1198	5:17.79	7:36.60	8:13.14	8:11.98	13:03.30	27:17.96
1197	5:17.93	7:36.76	8:13.36	8:12.16	13:03.58	27:18.59
1196	5:18.07	7:36.92	8:13.58	8:12.33	13:03.85	27:19.22
1195	5:18.22	7:37.08	8:13.80	8:12.50	13:04.12	27:19.85
1194	5:18.36	7:37.24	8:14.02	8:12.67	13:04.40	27:20.48
1193	5:18.50	7:37.40	8:14.24	8:12.85	13:04.67	27:21.12
1192	5:18.64	7:37.56	8:14.47	8:13.02	13:04.95	27:21.75
1191	5:18.79	7:37.72	8:14.69	8:13.19	13:05.22	27:22.38
1190	5:18.93	7:37.88	8:14.91	8:13.37	13:05.50	27:23.01
1189	5:19.07	7:38.04	8:15.13	8:13.54	13:05.77	27:23.65
1188	5:19.22	7:38.20	8:15.35	8:13.71	13:06.05	27:24.28
1187	5:19.36	7:38.36	8:15.57	8:13.88	13:06.32	27:24.91
1186	5:19.50	7:38.52	8:15.79	8:14.06	13:06.60	27:25.55
1185	5:19.65	7:38.68	8:16.01	8:14.23	13:06.87	27:26.18
1184	5:19.79	7:38.84	8:16.23	8:14.40	13:07.15	27:26.82
1183	5:19.94	7:39.01	8:16.45	8:14.58	13:07.43	27:27.45
1182	5:20.08	7:39.17	8:16.67	8:14.75	13:07.70	27:28.09
1181	5:20.22	7:39.33	8:16.90	8:14.92	13:07.98	27:28.72
1180	5:20.37	7:39.49	8:17.12	8:15.10	13:08.25	27:29.36
1179	5:20.51	7:39.65	8:17.34	8:15.27	13:08.53	27:29.99
1178	5:20.66	7:39.81	8:17.56	8:15.44	13:08.81	27:30.63
1177	5:20.80	7:39.97	8:17.78	8:15.62	13:09.08	27:31.27
1176	5:20.94	7:40.13	8:18.00	8:15.79	13:09.36	27:31.90
1175	5:21.09	7:40.30	8:18.23	8:15.97	13:09.64	27:32.54
1174	5:21.23	7:40.46	8:18.45	8:16.14	13:09.91	27:33.18
1173	5:21.38	7:40.62	8:18.67	8:16.31	13:10.19	27:33.82
1172	5:21.52	7:40.78	8:18.89	8:16.49	13:10.47	27:34.45
1171	5:21.66	7:40.94	8:19.11	8:16.66	13:10.74	27:35.09
1170	5:21.81	7:41.10	8:19.34	8:16.84	13:11.02	27:35.73
1169	5:21.95	7:41.27	8:19.56	8:17.01	13:11.30	27:36.37
1168	5:22.10	7:41.43	8:19.78	8:17.19	13:11.58	27:37.01
1167	5:22.24	7:41.59	8:20.01	8:17.36	13:11.85	27:37.65
1166	5:22.39	7:41.75	8:20.23	8:17.54	13:12.13	27:38.29
1165	5:22.53	7:41.91	8:20.45	8:17.71	13:12.41	27:38.93
1164	5:22.68	7:42.08	8:20.67	8:17.88	13:12.69	27:39.57
1163	5:22.82	7:42.24	8:20.90	8:18.06	13:12.97	27:40.21
1162	5:22.97	7:42.40	8:21.12	8:18.23	13:13.24	27:40.85
1161	5:23.11	7:42.56	8:21.34	8:18.41	13:13.52	27:41.49
1160	5:23.26	7:42.73	8:21.57	8:18.58	13:13.80	27:42.13
1159	5:23.40	7:42.89	8:21.79	8:18.76	13:14.08	27:42.77
1158	5:23.55	7:43.05	8:22.01	8:18.93	13:14.36	27:43.41
1157	5:23.69	7:43.21	8:22.24	8:19.11	13:14.64	27:44.06
1156	5:23.84	7:43.38	8:22.46	8:19.29	13:14.92	27:44.70
1155	5:23.98	7:43.54	8:22.69	8:19.46	13:15.20	27:45.34
1154	5:24.13	7:43.70	8:22.91	8:19.64	13:15.47	27:45.98
1153	5:24.28	7:43.87	8:23.13	8:19.81	13:15.75	27:46.63
1152	5:24.42	7:44.03	8:23.36	8:19.99	13:16.03	27:47.27
1151	5:24.57	7:44.19	8:23.58	8:20.16	13:16.31	27:47.91

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
5:24.71	7:44.36	8:23.81	8:20.34	13:16.59	27:48.56	1150
5:24.86	7:44.52	8:24.03	8:20.51	13:16.87	27:49.20	1149
5:25.00	7:44.68	8:24.26	8:20.69	13:17.15	27:49.85	1148
5:25.15	7:44.85	8:24.48	8:20.87	13:17.43	27:50.49	1147
5:25.30	7:45.01	8:24.71	8:21.04	13:17.71	27:51.14	1146
5:25.44	7:45.17	8:24.93	8:21.22	13:17.99	27:51.78	1145
5:25.59	7:45.34	8:25.15	8:21.40	13:18.27	27:52.43	1144
5:25.73	7:45.50	8:25.38	8:21.57	13:18.55	27:53.07	1143
5:25.88	7:45.67	8:25.61	8:21.75	13:18.83	27:53.72	1142
5:26.03	7:45.83	8:25.83	8:21.92	13:19.12	27:54.37	1141
5:26.17	7:45.99	8:26.06	8:22.10	13:19.40	27:55.01	1140
5:26.32	7:46.16	8:26.28	8:22.28	13:19.68	27:55.66	1139
5:26.47	7:46.32	8:26.51	8:22.45	13:19.96	27:56.31	1138
5:26.61	7:46.49	8:26.73	8:22.63	13:20.24	27:56.95	1137
5:26.76	7:46.65	8:26.96	8:22.81	13:20.52	27:57.60	1136
5:26.91	7:46.81	8:27.18	8:22.99	13:20.80	27:58.25	1135
5:27.05	7:46.98	8:27.41	8:23.16	13:21.08	27:58.90	1134
5:27.20	7:47.14	8:27.64	8:23.34	13:21.37	27:59.55	1133
5:27.35	7:47.31	8:27.86	8:23.52	13:21.65	28:00.20	1132
5:27.49	7:47.47	8:28.09	8:23.69	13:21.93	28:00.85	1131
5:27.64	7:47.64	8:28.31	8:23.87	13:22.21	28:01.50	1130
5:27.79	7:47.80	8:28.54	8:24.05	13:22.49	28:02.15	1129
5:27.93	7:47.97	8:28.77	8:24.23	13:22.78	28:02.80	1128
5:28.08	7:48.13	8:28.99	8:24.40	13:23.06	28:03.45	1127
5:28.23	7:48.30	8:29.22	8:24.58	13:23.34	28:04.10	1126
5:28.38	7:48.46	8:29.45	8:24.76	13:23.62	28:04.75	1125
5:28.52	7:48.63	8:29.68	8:24.94	13:23.91	28:05.40	1124
5:28.67	7:48.79	8:29.90	8:25.12	13:24.19	28:06.05	1123
5:28.82	7:48.96	8:30.13	8:25.29	13:24.47	28:06.70	1122
5:28.97	7:49.12	8:30.36	8:25.47	13:24.76	28:07.36	1121
5:29.11	7:49.29	8:30.58	8:25.65	13:25.04	28:08.01	1120
5:29.26	7:49.45	8:30.81	8:25.83	13:25.32	28:08.66	1119
5:29.41	7:49.62	8:31.04	8:26.01	13:25.61	28:09.31	1118
5:29.56	7:49.79	8:31.27	8:26.18	13:25.89	28:09.97	1117
5:29.71	7:49.95	8:31.49	8:26.36	13:26.17	28:10.62	1116
5:29.85	7:50.12	8:31.72	8:26.54	13:26.46	28:11.28	1115
5:30.00	7:50.28	8:31.95	8:26.72	13:26.74	28:11.93	1114
5:30.15	7:50.45	8:32.18	8:26.90	13:27.03	28:12.58	1113
5:30.30	7:50.61	8:32.41	8:27.08	13:27.31	28:13.24	1112
5:30.45	7:50.78	8:32.63	8:27.26	13:27.60	28:13.89	1111
5:30.59	7:50.95	8:32.86	8:27.44	13:27.88	28:14.55	1110
5:30.74	7:51.11	8:33.09	8:27.61	13:28.17	28:15.21	1109
5:30.89	7:51.28	8:33.32	8:27.79	13:28.45	28:15.86	1108
5:31.04	7:51.45	8:33.55	8:27.97	13:28.74	28:16.52	1107
5:31.19	7:51.61	8:33.78	8:28.15	13:29.02	28:17.17	1106
5:31.34	7:51.78	8:34.01	8:28.33	13:29.31	28:17.83	1105
5:31.49	7:51.95	8:34.24	8:28.51	13:29.59	28:18.49	1104
5:31.64	7:52.11	8:34.46	8:28.69	13:29.88	28:19.15	1103
5:31.78	7:52.28	8:34.69	8:28.87	13:30.16	28:19.80	1102
5:31.93	7:52.45	8:34.92	8:29.05	13:30.45	28:20.46	1101

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1100	5:32.08	7:52.61	8:35.15	8:29.23	13:30.73	28:21.12
1099	5:32.23	7:52.78	8:35.38	8:29.41	13:31.02	28:21.78
1098	5:32.38	7:52.95	8:35.61	8:29.59	13:31.31	28:22.44
1097	5:32.53	7:53.11	8:35.84	8:29.77	13:31.59	28:23.10
1096	5:32.68	7:53.28	8:36.07	8:29.95	13:31.88	28:23.76
1095	5:32.83	7:53.45	8:36.30	8:30.13	13:32.17	28:24.42
1094	5:32.98	7:53.62	8:36.53	8:30.31	13:32.45	28:25.08
1093	5:33.13	7:53.78	8:36.76	8:30.49	13:32.74	28:25.74
1092	5:33.28	7:53.95	8:36.99	8:30.67	13:33.03	28:26.40
1091	5:33.43	7:54.12	8:37.22	8:30.85	13:33.31	28:27.06
1090	5:33.58	7:54.29	8:37.45	8:31.03	13:33.60	28:27.72
1089	5:33.73	7:54.45	8:37.68	8:31.21	13:33.89	28:28.38
1088	5:33.88	7:54.62	8:37.91	8:31.39	13:34.18	28:29.05
1087	5:34.03	7:54.79	8:38.14	8:31.57	13:34.46	28:29.71
1086	5:34.18	7:54.96	8:38.38	8:31.75	13:34.75	28:30.37
1085	5:34.33	7:55.13	8:38.61	8:31.94	13:35.04	28:31.03
1084	5:34.48	7:55.29	8:38.84	8:32.12	13:35.33	28:31.70
1083	5:34.63	7:55.46	8:39.07	8:32.30	13:35.62	28:32.36
1082	5:34.78	7:55.63	8:39.30	8:32.48	13:35.90	28:33.02
1081	5:34.93	7:55.80	8:39.53	8:32.66	13:36.19	28:33.69
1080	5:35.08	7:55.97	8:39.76	8:32.84	13:36.48	28:34.35
1079	5:35.23	7:56.14	8:40.00	8:33.02	13:36.77	28:35.02
1078	5:35.38	7:56.31	8:40.23	8:33.20	13:37.06	28:35.68
1077	5:35.53	7:56.47	8:40.46	8:33.39	13:37.35	28:36.35
1076	5:35.68	7:56.64	8:40.69	8:33.57	13:37.64	28:37.01
1075	5:35.83	7:56.81	8:40.92	8:33.75	13:37.93	28:37.68
1074	5:35.98	7:56.98	8:41.15	8:33.93	13:38.22	28:38.35
1073	5:36.13	7:57.15	8:41.39	8:34.11	13:38.51	28:39.01
1072	5:36.28	7:57.32	8:41.62	8:34.30	13:38.80	28:39.68
1071	5:36.43	7:57.49	8:41.85	8:34.48	13:39.09	28:40.35
1070	5:36.58	7:57.66	8:42.08	8:34.66	13:39.37	28:41.01
1069	5:36.74	7:57.83	8:42.32	8:34.84	13:39.67	28:41.68
1068	5:36.89	7:58.00	8:42.55	8:35.03	13:39.96	28:42.35
1067	5:37.04	7:58.17	8:42.78	8:35.21	13:40.25	28:43.02
1066	5:37.19	7:58.34	8:43.02	8:35.39	13:40.54	28:43.69
1065	5:37.34	7:58.51	8:43.25	8:35.57	13:40.83	28:44.36
1064	5:37.49	7:58.67	8:43.48	8:35.76	13:41.12	28:45.03
1063	5:37.64	7:58.84	8:43.72	8:35.94	13:41.41	28:45.70
1062	5:37.80	7:59.01	8:43.95	8:36.12	13:41.70	28:46.37
1061	5:37.95	7:59.18	8:44.18	8:36.30	13:41.99	28:47.04
1060	5:38.10	7:59.35	8:44.42	8:36.49	13:42.28	28:47.71
1059	5:38.25	7:59.52	8:44.65	8:36.67	13:42.57	28:48.38
1058	5:38.40	7:59.70	8:44.88	8:36.85	13:42.86	28:49.05
1057	5:38.56	7:59.87	8:45.12	8:37.04	13:43.16	28:49.72
1056	5:38.71	8:00.04	8:45.35	8:37.22	13:43.45	28:50.39
1055	5:38.86	8:00.21	8:45.59	8:37.40	13:43.74	28:51.07
1054	5:39.01	8:00.38	8:45.82	8:37.59	13:44.03	28:51.74
1053	5:39.16	8:00.55	8:46.06	8:37.77	13:44.32	28:52.41
1052	5:39.32	8:00.72	8:46.29	8:37.96	13:44.62	28:53.09
1051	5:39.47	8:00.89	8:46.53	8:38.14	13:44.91	28:53.76

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
5:39.62	8:01.06	8:46.76	8:38.32	13:45.20	28:54.43	1050
5:39.77	8:01.23	8:46.99	8:38.51	13:45.50	28:55.11	1049
5:39.93	8:01.40	8:47.23	8:38.69	13:45.79	28:55.78	1048
5:40.08	8:01.57	8:47.47	8:38.88	13:46.08	28:56.46	1047
5:40.23	8:01.74	8:47.70	8:39.06	13:46.37	28:57.13	1046
5:40.39	8:01.92	8:47.94	8:39.25	13:46.67	28:57.81	1045
5:40.54	8:02.09	8:48.17	8:39.43	13:46.96	28:58.48	1044
5:40.69	8:02.26	8:48.41	8:39.61	13:47.26	28:59.16	1043
5:40.84	8:02.43	8:48.64	8:39.80	13:47.55	28:59.84	1042
5:41.00	8:02.60	8:48.88	8:39.98	13:47.84	29:00.51	1041
5:41.15	8:02.77	8:49.11	8:40.17	13:48.14	29:01.19	1040
5:41.30	8:02.95	8:49.35	8:40.35	13:48.43	29:01.87	1039
5:41.46	8:03.12	8:49.59	8:40.54	13:48.73	29:02.54	1038
5:41.61	8:03.29	8:49.82	8:40.72	13:49.02	29:03.22	1037
5:41.76	8:03.46	8:50.06	8:40.91	13:49.31	29:03.90	1036
5:41.92	8:03.63	8:50.30	8:41.09	13:49.61	29:04.58	1035
5:42.07	8:03.81	8:50.53	8:41.28	13:49.90	29:05.26	1034
5:42.23	8:03.98	8:50.77	8:41.47	13:50.20	29:05.94	1033
5:42.38	8:04.15	8:51.01	8:41.65	13:50.49	29:06.62	1032
5:42.53	8:04.32	8:51.24	8:41.84	13:50.79	29:07.30	1031
5:42.69	8:04.49	8:51.48	8:42.02	13:51.09	29:07.98	1030
5:42.84	8:04.67	8:51.72	8:42.21	13:51.38	29:08.66	1029
5:43.00	8:04.84	8:51.95	8:42.39	13:51.68	29:09.34	1028
5:43.15	8:05.01	8:52.19	8:42.58	13:51.97	29:10.02	1027
5:43.30	8:05.19	8:52.43	8:42.77	13:52.27	29:10.70	1026
5:43.46	8:05.36	8:52.67	8:42.95	13:52.57	29:11.39	1025
5:43.61	8:05.53	8:52.90	8:43.14	13:52.86	29:12.07	1024
5:43.77	8:05.70	8:53.14	8:43.33	13:53.16	29:12.75	1023
5:43.92	8:05.88	8:53.38	8:43.51	13:53.46	29:13.43	1022
5:44.08	8:06.05	8:53.62	8:43.70	13:53.75	29:14.12	1021
5:44.23	8:06.22	8:53.86	8:43.88	13:54.05	29:14.80	1020
5:44.39	8:06.40	8:54.10	8:44.07	13:54.35	29:15.49	1019
5:44.54	8:06.57	8:54.33	8:44.26	13:54.64	29:16.17	1018
5:44.70	8:06.75	8:54.57	8:44.45	13:54.94	29:16.85	1017
5:44.85	8:06.92	8:54.81	8:44.63	13:55.24	29:17.54	1016
5:45.01	8:07.09	8:55.05	8:44.82	13:55.54	29:18.23	1015
5:45.16	8:07.27	8:55.29	8:45.01	13:55.83	29:18.91	1014
5:45.32	8:07.44	8:55.53	8:45.19	13:56.13	29:19.60	1013
5:45.47	8:07.61	8:55.77	8:45.38	13:56.43	29:20.28	1012
5:45.63	8:07.79	8:56.01	8:45.57	13:56.73	29:20.97	1011
5:45.78	8:07.96	8:56.25	8:45.76	13:57.03	29:21.66	1010
5:45.94	8:08.14	8:56.49	8:45.94	13:57.33	29:22.35	1009
5:46.09	8:08.31	8:56.73	8:46.13	13:57.62	29:23.03	1008
5:46.25	8:08.49	8:56.97	8:46.32	13:57.92	29:23.72	1007
5:46.41	8:08.66	8:57.20	8:46.51	13:58.22	29:24.41	1006
5:46.56	8:08.84	8:57.45	8:46.70	13:58.52	29:25.10	1005
5:46.72	8:09.01	8:57.69	8:46.88	13:58.82	29:25.79	1004
5:46.87	8:09.19	8:57.93	8:47.07	13:59.12	29:26.48	1003
5:47.03	8:09.36	8:58.17	8:47.26	13:59.42	29:27.17	1002
5:47.19	8:09.54	8:58.41	8:47.45	13:59.72	29:27.86	1001

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1000	5:47.34	8:09.71	8:58.65	8:47.64	14:00.02	29:28.55
999	5:47.50	8:09.89	8:58.89	8:47.83	14:00.32	29:29.24
998	5:47.66	8:10.06	8:59.13	8:48.02	14:00.62	29:29.93
997	5:47.81	8:10.24	8:59.37	8:48.20	14:00.92	29:30.62
996	5:47.97	8:10.41	8:59.61	8:48.39	14:01.22	29:31.31
995	5:48.12	8:10.59	8:59.85	8:48.58	14:01.52	29:32.01
994	5:48.28	8:10.76	9:00.09	8:48.77	14:01.82	29:32.70
993	5:48.44	8:10.94	9:00.33	8:48.96	14:02.12	29:33.39
992	5:48.60	8:11.11	9:00.58	8:49.15	14:02.42	29:34.08
991	5:48.75	8:11.29	9:00.82	8:49.34	14:02.72	29:34.78
990	5:48.91	8:11.47	9:01.06	8:49.53	14:03.03	29:35.47
989	5:49.07	8:11.64	9:01.30	8:49.72	14:03.33	29:36.17
988	5:49.22	8:11.82	9:01.54	8:49.91	14:03.63	29:36.86
987	5:49.38	8:11.99	9:01.79	8:50.10	14:03.93	29:37.56
986	5:49.54	8:12.17	9:02.03	8:50.29	14:04.23	29:38.25
985	5:49.70	8:12.35	9:02.27	8:50.48	14:04.54	29:38.95
984	5:49.85	8:12.52	9:02.51	8:50.67	14:04.84	29:39.64
983	5:50.01	8:12.70	9:02.76	8:50.86	14:05.14	29:40.34
982	5:50.17	8:12.88	9:03.00	8:51.05	14:05.44	29:41.04
981	5:50.33	8:13.05	9:03.24	8:51.24	14:05.75	29:41.73
980	5:50.48	8:13.23	9:03.48	8:51.43	14:06.05	29:42.43
979	5:50.64	8:13.41	9:03.73	8:51.62	14:06.35	29:43.13
978	5:50.80	8:13.58	9:03.97	8:51.81	14:06.66	29:43.83
977	5:50.96	8:13.76	9:04.21	8:52.00	14:06.96	29:44.53
976	5:51.12	8:13.94	9:04.46	8:52.19	14:07.26	29:45.23
975	5:51.28	8:14.12	9:04.70	8:52.38	14:07.57	29:45.92
974	5:51.43	8:14.29	9:04.95	8:52.57	14:07.87	29:46.62
973	5:51.59	8:14.47	9:05.19	8:52.76	14:08.17	29:47.32
972	5:51.75	8:14.65	9:05.43	8:52.96	14:08.48	29:48.03
971	5:51.91	8:14.83	9:05.68	8:53.15	14:08.78	29:48.73
970	5:52.07	8:15.00	9:05.92	8:53.34	14:09.09	29:49.43
969	5:52.23	8:15.18	9:06.17	8:53.53	14:09.39	29:50.13
968	5:52.39	8:15.36	9:06.41	8:53.72	14:09.70	29:50.83
967	5:52.54	8:15.54	9:06.66	8:53.91	14:10.00	29:51.53
966	5:52.70	8:15.72	9:06.90	8:54.10	14:10.31	29:52.24
965	5:52.86	8:15.89	9:07.15	8:54.30	14:10.61	29:52.94
964	5:53.02	8:16.07	9:07.39	8:54.49	14:10.92	29:53.64
963	5:53.18	8:16.25	9:07.64	8:54.68	14:11.22	29:54.35
962	5:53.34	8:16.43	9:07.88	8:54.87	14:11.53	29:55.05
961	5:53.50	8:16.61	9:08.13	8:55.07	14:11.83	29:55.75
960	5:53.66	8:16.79	9:08.37	8:55.26	14:12.14	29:56.46
959	5:53.82	8:16.97	9:08.62	8:55.45	14:12.45	29:57.16
958	5:53.98	8:17.15	9:08.86	8:55.64	14:12.75	29:57.87
957	5:54.14	8:17.32	9:09.11	8:55.84	14:13.06	29:58.58
956	5:54.30	8:17.50	9:09.36	8:56.03	14:13.37	29:59.28
955	5:54.46	8:17.68	9:09.60	8:56.22	14:13.67	29:59.99
954	5:54.62	8:17.86	9:09.85	8:56.41	14:13.98	30:00.69
953	5:54.78	8:18.04	9:10.09	8:56.61	14:14.29	30:01.40
952	5:54.94	8:18.22	9:10.34	8:56.80	14:14.60	30:02.11
951	5:55.10	8:18.40	9:10.59	8:56.99	14:14.90	30:02.82

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
5:55.26	8:18.58	9:10.83	8:57.19	14:15.21	30:03.53	950
5:55.42	8:18.76	9:11.08	8:57.38	14:15.52	30:04.24	949
5:55.58	8:18.94	9:11.33	8:57.57	14:15.83	30:04.94	948
5:55.74	8:19.12	9:11.58	8:57.77	14:16.13	30:05.65	947
5:55.90	8:19.30	9:11.82	8:57.96	14:16.44	30:06.36	946
5:56.06	8:19.48	9:12.07	8:58.16	14:16.75	30:07.07	945
5:56.22	8:19.66	9:12.32	8:58.35	14:17.06	30:07.79	944
5:56.38	8:19.84	9:12.57	8:58.54	14:17.37	30:08.50	943
5:56.54	8:20.02	9:12.81	8:58.74	14:17.68	30:09.21	942
5:56.71	8:20.20	9:13.06	8:58.93	14:17.99	30:09.92	941
5:56.87	8:20.38	9:13.31	8:59.13	14:18.30	30:10.63	940
5:57.03	8:20.56	9:13.56	8:59.32	14:18.61	30:11.34	939
5:57.19	8:20.74	9:13.81	8:59.52	14:18.92	30:12.06	938
5:57.35	8:20.92	9:14.06	8:59.71	14:19.23	30:12.77	937
5:57.51	8:21.10	9:14.30	8:59.91	14:19.54	30:13.48	936
5:57.67	8:21.29	9:14.55	9:00.10	14:19.85	30:14.20	935
5:57.84	8:21.47	9:14.80	9:00.30	14:20.16	30:14.91	934
5:58.00	8:21.65	9:15.05	9:00.49	14:20.47	30:15.63	933
5:58.16	8:21.83	9:15.30	9:00.69	14:20.78	30:16.34	932
5:58.32	8:22.01	9:15.55	9:00.88	14:21.09	30:17.06	931
5:58.48	8:22.19	9:15.80	9:01.08	14:21.40	30:17.78	930
5:58.65	8:22.37	9:16.05	9:01.27	14:21.71	30:18.49	929
5:58.81	8:22.56	9:16.30	9:01.47	14:22.02	30:19.21	928
5:58.97	8:22.74	9:16.55	9:01.66	14:22.33	30:19.93	927
5:59.13	8:22.92	9:16.80	9:01.86	14:22.64	30:20.64	926
5:59.30	8:23.10	9:17.05	9:02.06	14:22.96	30:21.36	925
5:59.46	8:23.28	9:17.30	9:02.25	14:23.27	30:22.08	924
5:59.62	8:23.47	9:17.55	9:02.45	14:23.58	30:22.80	923
5:59.78	8:23.65	9:17.80	9:02.65	14:23.89	30:23.52	922
5:59.95	8:23.83	9:18.05	9:02.84	14:24.21	30:24.24	921
6:00.11	8:24.01	9:18.30	9:03.04	14:24.52	30:24.96	920
6:00.27	8:24.20	9:18.55	9:03.24	14:24.83	30:25.68	919
6:00.44	8:24.38	9:18.80	9:03.43	14:25.14	30:26.40	918
6:00.60	8:24.56	9:19.06	9:03.63	14:25.46	30:27.12	917
6:00.76	8:24.74	9:19.31	9:03.83	14:25.77	30:27.84	916
6:00.93	8:24.93	9:19.56	9:04.02	14:26.08	30:28.56	915
6:01.09	8:25.11	9:19.81	9:04.22	14:26.40	30:29.29	914
6:01.25	8:25.29	9:20.06	9:04.42	14:26.71	30:30.01	913
6:01.42	8:25.48	9:20.31	9:04.61	14:27.03	30:30.73	912
6:01.58	8:25.66	9:20.57	9:04.81	14:27.34	30:31.45	911
6:01.74	8:25.84	9:20.82	9:05.01	14:27.65	30:32.18	910
6:01.91	8:26.03	9:21.07	9:05.21	14:27.97	30:32.90	909
6:02.07	8:26.21	9:21.32	9:05.41	14:28.28	30:33.63	908
6:02.24	8:26.40	9:21.58	9:05.60	14:28.60	30:34.35	907
6:02.40	8:26.58	9:21.83	9:05.80	14:28.91	30:35.08	906
6:02.56	8:26.76	9:22.08	9:06.00	14:29.23	30:35.80	905
6:02.73	8:26.95	9:22.33	9:06.20	14:29.54	30:36.53	904
6:02.89	8:27.13	9:22.59	9:06.40	14:29.86	30:37.26	903
6:03.06	8:27.32	9:22.84	9:06.59	14:30.18	30:37.98	902
6:03.22	8:27.50	9:23.09	9:06.79	14:30.49	30:38.71	901

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
900	6:03.39	8:27.69	9:23.35	9:06.99	14:30.81	30:39.44
899	6:03.55	8:27.87	9:23.60	9:07.19	14:31.12	30:40.17
898	6:03.72	8:28.06	9:23.86	9:07.39	14:31.44	30:40.90
897	6:03.88	8:28.24	9:24.11	9:07.59	14:31.76	30:41.62
896	6:04.05	8:28.43	9:24.36	9:07.79	14:32.07	30:42.35
895	6:04.21	8:28.61	9:24.62	9:07.99	14:32.39	30:43.08
894	6:04.38	8:28.80	9:24.87	9:08.19	14:32.71	30:43.81
893	6:04.54	8:28.98	9:25.13	9:08.39	14:33.03	30:44.55
892	6:04.71	8:29.17	9:25.38	9:08.59	14:33.34	30:45.28
891	6:04.87	8:29.35	9:25.64	9:08.79	14:33.66	30:46.01
890	6:05.04	8:29.54	9:25.89	9:08.99	14:33.98	30:46.74
889	6:05.20	8:29.72	9:26.15	9:09.19	14:34.30	30:47.47
888	6:05.37	8:29.91	9:26.40	9:09.39	14:34.62	30:48.21
887	6:05.54	8:30.09	9:26.66	9:09.59	14:34.93	30:48.94
886	6:05.70	8:30.28	9:26.91	9:09.79	14:35.25	30:49.67
885	6:05.87	8:30.47	9:27.17	9:09.99	14:35.57	30:50.41
884	6:06.03	8:30.65	9:27.43	9:10.19	14:35.89	30:51.14
883	6:06.20	8:30.84	9:27.68	9:10.39	14:36.21	30:51.88
882	6:06.37	8:31.03	9:27.94	9:10.59	14:36.53	30:52.61
881	6:06.53	8:31.21	9:28.19	9:10.79	14:36.85	30:53.35
880	6:06.70	8:31.40	9:28.45	9:10.99	14:37.17	30:54.08
879	6:06.87	8:31.59	9:28.71	9:11.19	14:37.49	30:54.82
878	6:07.03	8:31.77	9:28.96	9:11.39	14:37.81	30:55.56
877	6:07.20	8:31.96	9:29.22	9:11.59	14:38.13	30:56.29
876	6:07.37	8:32.15	9:29.48	9:11.80	14:38.45	30:57.03
875	6:07.54	8:32.33	9:29.74	9:12.00	14:38.77	30:57.77
874	6:07.70	8:32.52	9:29.99	9:12.20	14:39.09	30:58.51
873	6:07.87	8:32.71	9:30.25	9:12.40	14:39.41	30:59.25
872	6:08.04	8:32.90	9:30.51	9:12.60	14:39.73	30:59.99
871	6:08.20	8:33.08	9:30.77	9:12.80	14:40.05	31:00.73
870	6:08.37	8:33.27	9:31.02	9:13.01	14:40.37	31:01.47
869	6:08.54	8:33.46	9:31.28	9:13.21	14:40.70	31:02.21
868	6:08.71	8:33.65	9:31.54	9:13.41	14:41.02	31:02.95
867	6:08.88	8:33.83	9:31.80	9:13.61	14:41.34	31:03.69
866	6:09.04	8:34.02	9:32.06	9:13.82	14:41.66	31:04.43
865	6:09.21	8:34.21	9:32.32	9:14.02	14:41.99	31:05.17
864	6:09.38	8:34.40	9:32.57	9:14.22	14:42.31	31:05.92
863	6:09.55	8:34.59	9:32.83	9:14.42	14:42.63	31:06.66
862	6:09.72	8:34.78	9:33.09	9:14.63	14:42.95	31:07.40
861	6:09.88	8:34.97	9:33.35	9:14.83	14:43.28	31:08.15
860	6:10.05	8:35.15	9:33.61	9:15.03	14:43.60	31:08.89
859	6:10.22	8:35.34	9:33.87	9:15.24	14:43.92	31:09.64
858	6:10.39	8:35.53	9:34.13	9:15.44	14:44.25	31:10.38
857	6:10.56	8:35.72	9:34.39	9:15.64	14:44.57	31:11.13
856	6:10.73	8:35.91	9:34.65	9:15.85	14:44.90	31:11.88
855	6:10.90	8:36.10	9:34.91	9:16.05	14:45.22	31:12.62
854	6:11.07	8:36.29	9:35.17	9:16.26	14:45.54	31:13.37
853	6:11.24	8:36.48	9:35.43	9:16.46	14:45.87	31:14.12
852	6:11.40	8:36.67	9:35.69	9:16.66	14:46.19	31:14.87
851	6:11.57	8:36.86	9:35.95	9:16.87	14:46.52	31:15.61

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
6:11.74	8:37.05	9:36.21	9:17.07	14:46.84	31:16.36	850
6:11.91	8:37.24	9:36.48	9:17.28	14:47.17	31:17.11	849
6:12.08	8:37.43	9:36.74	9:17.48	14:47.50	31:17.86	848
6:12.25	8:37.62	9:37.00	9:17.69	14:47.82	31:18.61	847
6:12.42	8:37.81	9:37.26	9:17.89	14:48.15	31:19.36	846
6:12.59	8:38.00	9:37.52	9:18.10	14:48.47	31:20.11	845
6:12.76	8:38.19	9:37.78	9:18.30	14:48.80	31:20.87	844
6:12.93	8:38.38	9:38.05	9:18.51	14:49.13	31:21.62	843
6:13.10	8:38.57	9:38.31	9:18.71	14:49.45	31:22.37	842
6:13.27	8:38.76	9:38.57	9:18.92	14:49.78	31:23.12	841
6:13.44	8:38.95	9:38.83	9:19.12	14:50.11	31:23.88	840
6:13.61	8:39.14	9:39.09	9:19.33	14:50.44	31:24.63	839
6:13.79	8:39.34	9:39.36	9:19.54	14:50.76	31:25.39	838
6:13.96	8:39.53	9:39.62	9:19.74	14:51.09	31:26.14	837
6:14.13	8:39.72	9:39.88	9:19.95	14:51.42	31:26.90	836
6:14.30	8:39.91	9:40.15	9:20.16	14:51.75	31:27.65	835
6:14.47	8:40.10	9:40.41	9:20.36	14:52.08	31:28.41	834
6:14.64	8:40.29	9:40.67	9:20.57	14:52.40	31:29.16	833
6:14.81	8:40.49	9:40.94	9:20.77	14:52.73	31:29.92	832
6:14.98	8:40.68	9:41.20	9:20.98	14:53.06	31:30.68	831
6:15.15	8:40.87	9:41.47	9:21.19	14:53.39	31:31.44	830
6:15.33	8:41.06	9:41.73	9:21.40	14:53.72	31:32.19	829
6:15.50	8:41.26	9:41.99	9:21.60	14:54.05	31:32.95	828
6:15.67	8:41.45	9:42.26	9:21.81	14:54.38	31:33.71	827
6:15.84	8:41.64	9:42.52	9:22.02	14:54.71	31:34.47	826
6:16.01	8:41.83	9:42.79	9:22.23	14:55.04	31:35.23	825
6:16.19	8:42.03	9:43.05	9:22.43	14:55.37	31:35.99	824
6:16.36	8:42.22	9:43.32	9:22.64	14:55.70	31:36.75	823
6:16.53	8:42.41	9:43.58	9:22.85	14:56.03	31:37.52	822
6:16.70	8:42.61	9:43.85	9:23.06	14:56.36	31:38.28	821
6:16.88	8:42.80	9:44.12	9:23.26	14:56.69	31:39.04	820
6:17.05	8:42.99	9:44.38	9:23.47	14:57.03	31:39.80	819
6:17.22	8:43.19	9:44.65	9:23.68	14:57.36	31:40.57	818
6:17.39	8:43.38	9:44.91	9:23.89	14:57.69	31:41.33	817
6:17.57	8:43.57	9:45.18	9:24.10	14:58.02	31:42.10	816
6:17.74	8:43.77	9:45.45	9:24.31	14:58.35	31:42.86	815
6:17.91	8:43.96	9:45.71	9:24.52	14:58.68	31:43.63	814
6:18.09	8:44.16	9:45.98	9:24.73	14:59.02	31:44.39	813
6:18.26	8:44.35	9:46.25	9:24.93	14:59.35	31:45.16	812
6:18.43	8:44.54	9:46.51	9:25.14	14:59.68	31:45.93	811
6:18.61	8:44.74	9:46.78	9:25.35	15:00.02	31:46.69	810
6:18.78	8:44.93	9:47.05	9:25.56	15:00.35	31:47.46	809
6:18.96	8:45.13	9:47.32	9:25.77	15:00.68	31:48.23	808
6:19.13	8:45.32	9:47.58	9:25.98	15:01.02	31:49.00	807
6:19.30	8:45.52	9:47.85	9:26.19	15:01.35	31:49.77	806
6:19.48	8:45.71	9:48.12	9:26.40	15:01.69	31:50.54	805
6:19.65	8:45.91	9:48.39	9:26.61	15:02.02	31:51.31	804
6:19.83	8:46.10	9:48.66	9:26.82	15:02.35	31:52.08	803
6:20.00	8:46.30	9:48.93	9:27.03	15:02.69	31:52.85	802
6:20.18	8:46.50	9:49.20	9:27.24	15:03.02	31:53.62	801

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
800	6:20.35	8:46.69	9:49.46	9:27.46	15:03.36	31:54.39
799	6:20.52	8:46.89	9:49.73	9:27.67	15:03.70	31:55.16
798	6:20.70	8:47.08	9:50.00	9:27.88	15:04.03	31:55.94
797	6:20.87	8:47.28	9:50.27	9:28.09	15:04.37	31:56.71
796	6:21.05	8:47.48	9:50.54	9:28.30	15:04.70	31:57.48
795	6:21.23	8:47.67	9:50.81	9:28.51	15:05.04	31:58.26
794	6:21.40	8:47.87	9:51.08	9:28.72	15:05.38	31:59.03
793	6:21.58	8:48.06	9:51.35	9:28.93	15:05.71	31:59.81
792	6:21.75	8:48.26	9:51.62	9:29.15	15:06.05	32:00.58
791	6:21.93	8:48.46	9:51.89	9:29.36	15:06.39	32:01.36
790	6:22.10	8:48.66	9:52.16	9:29.57	15:06.72	32:02.14
789	6:22.28	8:48.85	9:52.43	9:29.78	15:07.06	32:02.92
788	6:22.46	8:49.05	9:52.71	9:30.00	15:07.40	32:03.69
787	6:22.63	8:49.25	9:52.98	9:30.21	15:07.74	32:04.47
786	6:22.81	8:49.44	9:53.25	9:30.42	15:08.08	32:05.25
785	6:22.98	8:49.64	9:53.52	9:30.63	15:08.41	32:06.03
784	6:23.16	8:49.84	9:53.79	9:30.85	15:08.75	32:06.81
783	6:23.34	8:50.04	9:54.06	9:31.06	15:09.09	32:07.59
782	6:23.51	8:50.24	9:54.34	9:31.27	15:09.43	32:08.37
781	6:23.69	8:50.43	9:54.61	9:31.49	15:09.77	32:09.15
780	6:23.87	8:50.63	9:54.88	9:31.70	15:10.11	32:09.93
779	6:24.04	8:50.83	9:55.15	9:31.91	15:10.45	32:10.72
778	6:24.22	8:51.03	9:55.43	9:32.13	15:10.79	32:11.50
777	6:24.40	8:51.23	9:55.70	9:32.34	15:11.13	32:12.28
776	6:24.58	8:51.43	9:55.97	9:32.55	15:11.47	32:13.07
775	6:24.75	8:51.63	9:56.24	9:32.77	15:11.81	32:13.85
774	6:24.93	8:51.82	9:56.52	9:32.98	15:12.15	32:14.64
773	6:25.11	8:52.02	9:56.79	9:33.20	15:12.49	32:15.42
772	6:25.29	8:52.22	9:57.07	9:33.41	15:12.83	32:16.21
771	6:25.47	8:52.42	9:57.34	9:33.63	15:13.18	32:16.99
770	6:25.64	8:52.62	9:57.61	9:33.84	15:13.52	32:17.78
769	6:25.82	8:52.82	9:57.89	9:34.06	15:13.86	32:18.57
768	6:26.00	8:53.02	9:58.16	9:34.27	15:14.20	32:19.36
767	6:26.18	8:53.22	9:58.44	9:34.49	15:14.54	32:20.14
766	6:26.36	8:53.42	9:58.71	9:34.70	15:14.89	32:20.93
765	6:26.54	8:53.62	9:58.99	9:34.92	15:15.23	32:21.72
764	6:26.71	8:53.82	9:59.26	9:35.13	15:15.57	32:22.51
763	6:26.89	8:54.02	9:59.54	9:35.35	15:15.92	32:23.30
762	6:27.07	8:54.22	9:59.81	9:35.56	15:16.26	32:24.09
761	6:27.25	8:54.42	10:00.09	9:35.78	15:16.60	32:24.89
760	6:27.43	8:54.62	10:00.37	9:36.00	15:16.95	32:25.68
759	6:27.61	8:54.82	10:00.64	9:36.21	15:17.29	32:26.47
758	6:27.79	8:55.03	10:00.92	9:36.43	15:17.64	32:27.26
757	6:27.97	8:55.23	10:01.19	9:36.65	15:17.98	32:28.06
756	6:28.15	8:55.43	10:01.47	9:36.86	15:18.33	32:28.85
755	6:28.33	8:55.63	10:01.75	9:37.08	15:18.67	32:29.65
754	6:28.51	8:55.83	10:02.03	9:37.30	15:19.02	32:30.44
753	6:28.69	8:56.03	10:02.30	9:37.51	15:19.36	32:31.24
752	6:28.87	8:56.24	10:02.58	9:37.73	15:19.71	32:32.03
751	6:29.05	8:56.44	10:02.86	9:37.95	15:20.05	32:32.83

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
6:29.23	8:56.64	10:03.14	9:38.17	15:20.40	32:33.63	750
6:29.41	8:56.84	10:03.41	9:38.39	15:20.75	32:34.42	749
6:29.59	8:57.04	10:03.69	9:38.60	15:21.09	32:35.22	748
6:29.77	8:57.25	10:03.97	9:38.82	15:21.44	32:36.02	747
6:29.95	8:57.45	10:04.25	9:39.04	15:21.79	32:36.82	746
6:30.13	8:57.65	10:04.53	9:39.26	15:22.14	32:37.62	745
6:30.32	8:57.86	10:04.81	9:39.48	15:22.48	32:38.42	744
6:30.50	8:58.06	10:05.09	9:39.70	15:22.83	32:39.22	743
6:30.68	8:58.26	10:05.36	9:39.91	15:23.18	32:40.02	742
6:30.86	8:58.47	10:05.64	9:40.13	15:23.53	32:40.83	741
6:31.04	8:58.67	10:05.92	9:40.35	15:23.88	32:41.63	740
6:31.22	8:58.87	10:06.20	9:40.57	15:24.22	32:42.43	739
6:31.40	8:59.08	10:06.48	9:40.79	15:24.57	32:43.24	738
6:31.59	8:59.28	10:06.76	9:41.01	15:24.92	32:44.04	737
6:31.77	8:59.48	10:07.04	9:41.23	15:25.27	32:44.85	736
6:31.95	8:59.69	10:07.32	9:41.45	15:25.62	32:45.65	735
6:32.13	8:59.89	10:07.61	9:41.67	15:25.97	32:46.46	734
6:32.32	9:00.10	10:07.89	9:41.89	15:26.32	32:47.26	733
6:32.50	9:00.30	10:08.17	9:42.11	15:26.67	32:48.07	732
6:32.68	9:00.51	10:08.45	9:42.33	15:27.02	32:48.88	731
6:32.86	9:00.71	10:08.73	9:42.55	15:27.38	32:49.69	730
6:33.05	9:00.92	10:09.01	9:42.77	15:27.73	32:50.49	729
6:33.23	9:01.12	10:09.29	9:42.99	15:28.08	32:51.30	728
6:33.41	9:01.33	10:09.58	9:43.21	15:28.43	32:52.11	727
6:33.60	9:01.53	10:09.86	9:43.44	15:28.78	32:52.92	726
6:33.78	9:01.74	10:10.14	9:43.66	15:29.13	32:53.73	725
6:33.96	9:01.94	10:10.42	9:43.88	15:29.49	32:54.55	724
6:34.15	9:02.15	10:10.71	9:44.10	15:29.84	32:55.36	723
6:34.33	9:02.36	10:10.99	9:44.32	15:30.19	32:56.17	722
6:34.52	9:02.56	10:11.27	9:44.54	15:30.55	32:56.98	721
6:34.70	9:02.77	10:11.56	9:44.77	15:30.90	32:57.80	720
6:34.88	9:02.98	10:11.84	9:44.99	15:31.25	32:58.61	719
6:35.07	9:03.18	10:12.13	9:45.21	15:31.61	32:59.43	718
6:35.25	9:03.39	10:12.41	9:45.43	15:31.96	33:00.24	717
6:35.44	9:03.60	10:12.69	9:45.66	15:32.31	33:01.06	716
6:35.62	9:03.80	10:12.98	9:45.88	15:32.67	33:01.88	715
6:35.81	9:04.01	10:13.26	9:46.10	15:33.02	33:02.69	714
6:35.99	9:04.22	10:13.55	9:46.33	15:33.38	33:03.51	713
6:36.18	9:04.42	10:13.83	9:46.55	15:33.73	33:04.33	712
6:36.36	9:04.63	10:14.12	9:46.77	15:34.09	33:05.15	711
6:36.55	9:04.84	10:14.40	9:47.00	15:34.45	33:05.97	710
6:36.73	9:05.05	10:14.69	9:47.22	15:34.80	33:06.79	709
6:36.92	9:05.26	10:14.98	9:47.44	15:35.16	33:07.61	708
6:37.11	9:05.46	10:15.26	9:47.67	15:35.52	33:08.43	707
6:37.29	9:05.67	10:15.55	9:47.89	15:35.87	33:09.25	706
6:37.48	9:05.88	10:15.83	9:48.12	15:36.23	33:10.07	705
6:37.66	9:06.09	10:16.12	9:48.34	15:36.59	33:10.90	704
6:37.85	9:06.30	10:16.41	9:48.57	15:36.94	33:11.72	703
6:38.04	9:06.51	10:16.70	9:48.79	15:37.30	33:12.54	702
6:38.22	9:06.72	10:16.98	9:49.02	15:37.66	33:13.37	701

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
700	6:38.41	9:06.93	10:17.27	9:49.24	15:38.02	33:14.19
699	6:38.60	9:07.14	10:17.56	9:49.47	15:38.38	33:15.02
698	6:38.78	9:07.34	10:17.85	9:49.69	15:38.74	33:15.85
697	6:38.97	9:07.55	10:18.13	9:49.92	15:39.10	33:16.67
696	6:39.16	9:07.76	10:18.42	9:50.15	15:39.46	33:17.50
695	6:39.35	9:07.97	10:18.71	9:50.37	15:39.82	33:18.33
694	6:39.53	9:08.18	10:19.00	9:50.60	15:40.18	33:19.16
693	6:39.72	9:08.39	10:19.29	9:50.82	15:40.54	33:19.99
692	6:39.91	9:08.61	10:19.58	9:51.05	15:40.90	33:20.82
691	6:40.10	9:08.82	10:19.87	9:51.28	15:41.26	33:21.65
690	6:40.29	9:09.03	10:20.16	9:51.50	15:41.62	33:22.48
689	6:40.47	9:09.24	10:20.45	9:51.73	15:41.98	33:23.31
688	6:40.66	9:09.45	10:20.74	9:51.96	15:42.34	33:24.14
687	6:40.85	9:09.66	10:21.03	9:52.19	15:42.70	33:24.98
686	6:41.04	9:09.87	10:21.32	9:52.41	15:43.06	33:25.81
685	6:41.23	9:10.08	10:21.61	9:52.64	15:43.43	33:26.64
684	6:41.42	9:10.29	10:21.90	9:52.87	15:43.79	33:27.48
683	6:41.61	9:10.51	10:22.19	9:53.10	15:44.15	33:28.31
682	6:41.80	9:10.72	10:22.48	9:53.33	15:44.52	33:29.15
681	6:41.99	9:10.93	10:22.77	9:53.55	15:44.88	33:29.99
680	6:42.17	9:11.14	10:23.07	9:53.78	15:45.24	33:30.82
679	6:42.36	9:11.36	10:23.36	9:54.01	15:45.61	33:31.66
678	6:42.55	9:11.57	10:23.65	9:54.24	15:45.97	33:32.50
677	6:42.74	9:11.78	10:23.94	9:54.47	15:46.33	33:33.34
676	6:42.93	9:11.99	10:24.23	9:54.70	15:46.70	33:34.18
675	6:43.12	9:12.21	10:24.53	9:54.93	15:47.06	33:35.02
674	6:43.31	9:12.42	10:24.82	9:55.16	15:47.43	33:35.86
673	6:43.51	9:12.63	10:25.11	9:55.39	15:47.80	33:36.70
672	6:43.70	9:12.85	10:25.41	9:55.62	15:48.16	33:37.55
671	6:43.89	9:13.06	10:25.70	9:55.85	15:48.53	33:38.39
670	6:44.08	9:13.27	10:25.99	9:56.08	15:48.89	33:39.23
669	6:44.27	9:13.49	10:26.29	9:56.31	15:49.26	33:40.08
668	6:44.46	9:13.70	10:26.58	9:56.54	15:49.63	33:40.92
667	6:44.65	9:13.92	10:26.88	9:56.77	15:49.99	33:41.77
666	6:44.84	9:14.13	10:27.17	9:57.00	15:50.36	33:42.61
665	6:45.03	9:14.35	10:27.47	9:57.23	15:50.73	33:43.46
664	6:45.23	9:14.56	10:27.76	9:57.46	15:51.10	33:44.31
663	6:45.42	9:14.78	10:28.06	9:57.70	15:51.47	33:45.15
662	6:45.61	9:14.99	10:28.35	9:57.93	15:51.83	33:46.00
661	6:45.80	9:15.21	10:28.65	9:58.16	15:52.20	33:46.85
660	6:45.99	9:15.42	10:28.95	9:58.39	15:52.57	33:47.70
659	6:46.19	9:15.64	10:29.24	9:58.62	15:52.94	33:48.55
658	6:46.38	9:15.85	10:29.54	9:58.86	15:53.31	33:49.40
657	6:46.57	9:16.07	10:29.84	9:59.09	15:53.68	33:50.26
656	6:46.77	9:16.29	10:30.13	9:59.32	15:54.05	33:51.11
655	6:46.96	9:16.50	10:30.43	9:59.55	15:54.42	33:51.96
654	6:47.15	9:16.72	10:30.73	9:59.79	15:54.79	33:52.81
653	6:47.35	9:16.94	10:31.03	10:00.02	15:55.16	33:53.67
652	6:47.54	9:17.15	10:31.32	10:00.25	15:55.54	33:54.52
651	6:47.73	9:17.37	10:31.62	10:00.49	15:55.91	33:55.38

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
6:47.93	9:17.59	10:31.92	10:00.72	15:56.28	33:56.24	650
6:48.12	9:17.80	10:32.22	10:00.96	15:56.65	33:57.09	649
6:48.31	9:18.02	10:32.52	10:01.19	15:57.02	33:57.95	648
6:48.51	9:18.24	10:32.82	10:01.42	15:57.40	33:58.81	647
6:48.70	9:18.46	10:33.12	10:01.66	15:57.77	33:59.67	646
6:48.90	9:18.67	10:33.42	10:01.89	15:58.14	34:00.53	645
6:49.09	9:18.89	10:33.72	10:02.13	15:58.52	34:01.39	644
6:49.29	9:19.11	10:34.02	10:02.36	15:58.89	34:02.25	643
6:49.48	9:19.33	10:34.32	10:02.60	15:59.26	34:03.11	642
6:49.68	9:19.55	10:34.62	10:02.83	15:59.64	34:03.97	641
6:49.87	9:19.77	10:34.92	10:03.07	16:00.01	34:04.84	640
6:50.07	9:19.99	10:35.22	10:03.31	16:00.39	34:05.70	639
6:50.26	9:20.21	10:35.52	10:03.54	16:00.76	34:06.57	638
6:50.46	9:20.42	10:35.82	10:03.78	16:01.14	34:07.43	637
6:50.66	9:20.64	10:36.12	10:04.01	16:01.52	34:08.30	636
6:50.85	9:20.86	10:36.42	10:04.25	16:01.89	34:09.16	635
6:51.05	9:21.08	10:36.73	10:04.49	16:02.27	34:10.03	634
6:51.24	9:21.30	10:37.03	10:04.72	16:02.65	34:10.90	633
6:51.44	9:21.52	10:37.33	10:04.96	16:03.02	34:11.77	632
6:51.64	9:21.74	10:37.63	10:05.20	16:03.40	34:12.64	631
6:51.83	9:21.97	10:37.94	10:05.44	16:03.78	34:13.51	630
6:52.03	9:22.19	10:38.24	10:05.67	16:04.16	34:14.38	629
6:52.23	9:22.41	10:38.54	10:05.91	16:04.54	34:15.25	628
6:52.43	9:22.63	10:38.85	10:06.15	16:04.91	34:16.12	627
6:52.62	9:22.85	10:39.15	10:06.39	16:05.29	34:16.99	626
6:52.82	9:23.07	10:39.46	10:06.63	16:05.67	34:17.86	625
6:53.02	9:23.29	10:39.76	10:06.86	16:06.05	34:18.74	624
6:53.22	9:23.51	10:40.07	10:07.10	16:06.43	34:19.61	623
6:53.42	9:23.74	10:40.37	10:07.34	16:06.81	34:20.49	622
6:53.61	9:23.96	10:40.68	10:07.58	16:07.19	34:21.37	621
6:53.81	9:24.18	10:40.98	10:07.82	16:07.57	34:22.24	620
6:54.01	9:24.40	10:41.29	10:08.06	16:07.95	34:23.12	619
6:54.21	9:24.63	10:41.59	10:08.30	16:08.34	34:24.00	618
6:54.41	9:24.85	10:41.90	10:08.54	16:08.72	34:24.88	617
6:54.61	9:25.07	10:42.21	10:08.78	16:09.10	34:25.76	616
6:54.81	9:25.29	10:42.51	10:09.02	16:09.48	34:26.64	615
6:55.01	9:25.52	10:42.82	10:09.26	16:09.86	34:27.52	614
6:55.21	9:25.74	10:43.13	10:09.50	16:10.25	34:28.40	613
6:55.41	9:25.97	10:43.43	10:09.74	16:10.63	34:29.28	612
6:55.61	9:26.19	10:43.74	10:09.98	16:11.01	34:30.17	611
6:55.81	9:26.41	10:44.05	10:10.23	16:11.40	34:31.05	610
6:56.01	9:26.64	10:44.36	10:10.47	16:11.78	34:31.93	609
6:56.21	9:26.86	10:44.67	10:10.71	16:12.17	34:32.82	608
6:56.41	9:27.09	10:44.98	10:10.95	16:12.55	34:33.71	607
6:56.61	9:27.31	10:45.28	10:11.19	16:12.94	34:34.59	606
6:56.81	9:27.54	10:45.59	10:11.44	16:13.32	34:35.48	605
6:57.01	9:27.76	10:45.90	10:11.68	16:13.71	34:36.37	604
6:57.21	9:27.99	10:46.21	10:11.92	16:14.10	34:37.26	603
6:57.41	9:28.21	10:46.52	10:12.16	16:14.48	34:38.15	602
6:57.61	9:28.44	10:46.83	10:12.41	16:14.87	34:39.04	601

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
600	6:57.82	9:28.67	10:47.14	10:12.65	16:15.26	34:39.93
599	6:58.02	9:28.89	10:47.46	10:12.89	16:15.64	34:40.82
598	6:58.22	9:29.12	10:47.77	10:13.14	16:16.03	34:41.72
597	6:58.42	9:29.34	10:48.08	10:13.38	16:16.42	34:42.61
596	6:58.62	9:29.57	10:48.39	10:13.63	16:16.81	34:43.50
595	6:58.83	9:29.80	10:48.70	10:13.87	16:17.20	34:44.40
594	6:59.03	9:30.03	10:49.01	10:14.11	16:17.59	34:45.29
593	6:59.23	9:30.25	10:49.33	10:14.36	16:17.97	34:46.19
592	6:59.44	9:30.48	10:49.64	10:14.60	16:18.36	34:47.09
591	6:59.64	9:30.71	10:49.95	10:14.85	16:18.75	34:47.99
590	6:59.84	9:30.94	10:50.26	10:15.10	16:19.14	34:48.89
589	7:00.05	9:31.16	10:50.58	10:15.34	16:19.54	34:49.78
588	7:00.25	9:31.39	10:50.89	10:15.59	16:19.93	34:50.69
587	7:00.45	9:31.62	10:51.21	10:15.83	16:20.32	34:51.59
586	7:00.66	9:31.85	10:51.52	10:16.08	16:20.71	34:52.49
585	7:00.86	9:32.08	10:51.83	10:16.33	16:21.10	34:53.39
584	7:01.07	9:32.31	10:52.15	10:16.57	16:21.49	34:54.29
583	7:01.27	9:32.54	10:52.46	10:16.82	16:21.89	34:55.20
582	7:01.48	9:32.77	10:52.78	10:17.07	16:22.28	34:56.10
581	7:01.68	9:33.00	10:53.10	10:17.31	16:22.67	34:57.01
580	7:01.89	9:33.23	10:53.41	10:17.56	16:23.07	34:57.92
579	7:02.09	9:33.46	10:53.73	10:17.81	16:23.46	34:58.82
578	7:02.30	9:33.69	10:54.04	10:18.06	16:23.86	34:59.73
577	7:02.50	9:33.92	10:54.36	10:18.30	16:24.25	35:00.64
576	7:02.71	9:34.15	10:54.68	10:18.55	16:24.65	35:01.55
575	7:02.91	9:34.38	10:54.99	10:18.80	16:25.04	35:02.46
574	7:03.12	9:34.61	10:55.31	10:19.05	16:25.44	35:03.37
573	7:03.33	9:34.84	10:55.63	10:19.30	16:25.83	35:04.28
572	7:03.53	9:35.07	10:55.95	10:19.55	16:26.23	35:05.20
571	7:03.74	9:35.30	10:56.27	10:19.80	16:26.63	35:06.11
570	7:03.95	9:35.54	10:56.59	10:20.05	16:27.02	35:07.03
569	7:04.15	9:35.77	10:56.90	10:20.30	16:27.42	35:07.94
568	7:04.36	9:36.00	10:57.22	10:20.55	16:27.82	35:08.86
567	7:04.57	9:36.23	10:57.54	10:20.80	16:28.22	35:09.77
566	7:04.78	9:36.47	10:57.86	10:21.05	16:28.62	35:10.69
565	7:04.98	9:36.70	10:58.18	10:21.30	16:29.01	35:11.61
564	7:05.19	9:36.93	10:58.50	10:21.55	16:29.41	35:12.53
563	7:05.40	9:37.16	10:58.82	10:21.80	16:29.81	35:13.45
562	7:05.61	9:37.40	10:59.14	10:22.05	16:30.21	35:14.37
561	7:05.82	9:37.63	10:59.47	10:22.30	16:30.61	35:15.29
560	7:06.03	9:37.87	10:59.79	10:22.56	16:31.01	35:16.21
559	7:06.24	9:38.10	11:00.11	10:22.81	16:31.42	35:17.14
558	7:06.45	9:38.33	11:00.43	10:23.06	16:31.82	35:18.06
557	7:06.65	9:38.57	11:00.75	10:23.31	16:32.22	35:18.99
556	7:06.86	9:38.80	11:01.08	10:23.57	16:32.62	35:19.91
555	7:07.07	9:39.04	11:01.40	10:23.82	16:33.02	35:20.84
554	7:07.28	9:39.27	11:01.72	10:24.07	16:33.43	35:21.77
553	7:07.49	9:39.51	11:02.05	10:24.33	16:33.83	35:22.70
552	7:07.70	9:39.75	11:02.37	10:24.58	16:34.23	35:23.63
551	7:07.91	9:39.98	11:02.69	10:24.83	16:34.64	35:24.56

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
7:08.13	9:40.22	11:03.02	10:25.09	16:35.04	35:25.49	550
7:08.34	9:40.45	11:03.34	10:25.34	16:35.45	35:26.42	549
7:08.55	9:40.69	11:03.67	10:25.60	16:35.85	35:27.35	548
7:08.76	9:40.93	11:03.99	10:25.85	16:36.26	35:28.28	547
7:08.97	9:41.16	11:04.32	10:26.11	16:36.66	35:29.22	546
7:09.18	9:41.40	11:04.64	10:26.36	16:37.07	35:30.15	545
7:09.39	9:41.64	11:04.97	10:26.62	16:37.47	35:31.09	544
7:09.61	9:41.88	11:05.30	10:26.87	16:37.88	35:32.03	543
7:09.82	9:42.11	11:05.62	10:27.13	16:38.29	35:32.96	542
7:10.03	9:42.35	11:05.95	10:27.39	16:38.70	35:33.90	541
7:10.24	9:42.59	11:06.28	10:27.64	16:39.10	35:34.84	540
7:10.46	9:42.83	11:06.61	10:27.90	16:39.51	35:35.78	539
7:10.67	9:43.07	11:06.93	10:28.16	16:39.92	35:36.72	538
7:10.88	9:43.31	11:07.26	10:28.41	16:40.33	35:37.67	537
7:11.10	9:43.54	11:07.59	10:28.67	16:40.74	35:38.61	536
7:11.31	9:43.78	11:07.92	10:28.93	16:41.15	35:39.55	535
7:11.52	9:44.02	11:08.25	10:29.19	16:41.56	35:40.50	534
7:11.74	9:44.26	11:08.58	10:29.44	16:41.97	35:41.44	533
7:11.95	9:44.50	11:08.91	10:29.70	16:42.38	35:42.39	532
7:12.17	9:44.74	11:09.24	10:29.96	16:42.79	35:43.34	531
7:12.38	9:44.98	11:09.57	10:30.22	16:43.21	35:44.29	530
7:12.60	9:45.22	11:09.90	10:30.48	16:43.62	35:45.24	529
7:12.81	9:45.47	11:10.23	10:30.74	16:44.03	35:46.19	528
7:13.03	9:45.71	11:10.56	10:31.00	16:44.44	35:47.14	527
7:13.24	9:45.95	11:10.89	10:31.26	16:44.86	35:48.09	526
7:13.46	9:46.19	11:11.23	10:31.52	16:45.27	35:49.04	525
7:13.67	9:46.43	11:11.56	10:31.78	16:45.69	35:49.99	524
7:13.89	9:46.67	11:11.89	10:32.04	16:46.10	35:50.95	523
7:14.10	9:46.92	11:12.22	10:32.30	16:46.51	35:51.91	522
7:14.32	9:47.16	11:12.56	10:32.56	16:46.93	35:52.86	521
7:14.54	9:47.40	11:12.89	10:32.82	16:47.35	35:53.82	520
7:14.75	9:47.64	11:13.22	10:33.08	16:47.76	35:54.78	519
7:14.97	9:47.89	11:13.56	10:33.35	16:48.18	35:55.74	518
7:15.19	9:48.13	11:13.89	10:33.61	16:48.60	35:56.70	517
7:15.41	9:48.37	11:14.23	10:33.87	16:49.01	35:57.66	516
7:15.62	9:48.62	11:14.56	10:34.13	16:49.43	35:58.62	515
7:15.84	9:48.86	11:14.90	10:34.40	16:49.85	35:59.58	514
7:16.06	9:49.11	11:15.23	10:34.66	16:50.27	36:00.55	513
7:16.28	9:49.35	11:15.57	10:34.92	16:50.69	36:01.51	512
7:16.50	9:49.60	11:15.91	10:35.19	16:51.11	36:02.48	511
7:16.72	9:49.84	11:16.24	10:35.45	16:51.53	36:03.44	510
7:16.94	9:50.09	11:16.58	10:35.72	16:51.95	36:04.41	509
7:17.15	9:50.33	11:16.92	10:35.98	16:52.37	36:05.38	508
7:17.37	9:50.58	11:17.26	10:36.24	16:52.79	36:06.35	507
7:17.59	9:50.82	11:17.59	10:36.51	16:53.21	36:07.32	506
7:17.81	9:51.07	11:17.93	10:36.77	16:53.63	36:08.29	505
7:18.03	9:51.32	11:18.27	10:37.04	16:54.05	36:09.26	504
7:18.25	9:51.56	11:18.61	10:37.31	16:54.48	36:10.24	503
7:18.47	9:51.81	11:18.95	10:37.57	16:54.90	36:11.21	502
7:18.70	9:52.06	11:19.29	10:37.84	16:55.32	36:12.19	501

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
500	7:18.92	9:52.31	11:19.63	10:38.10	16:55.75	36:13.16
499	7:19.14	9:52.55	11:19.97	10:38.37	16:56.17	36:14.14
498	7:19.36	9:52.80	11:20.31	10:38.64	16:56.60	36:15.12
497	7:19.58	9:53.05	11:20.65	10:38.91	16:57.02	36:16.10
496	7:19.80	9:53.30	11:20.99	10:39.17	16:57.45	36:17.08
495	7:20.02	9:53.55	11:21.34	10:39.44	16:57.87	36:18.06
494	7:20.25	9:53.80	11:21.68	10:39.71	16:58.30	36:19.04
493	7:20.47	9:54.05	11:22.02	10:39.98	16:58.73	36:20.03
492	7:20.69	9:54.30	11:22.36	10:40.25	16:59.16	36:21.01
491	7:20.91	9:54.55	11:22.71	10:40.52	16:59.58	36:22.00
490	7:21.14	9:54.80	11:23.05	10:40.78	17:00.01	36:22.98
489	7:21.36	9:55.05	11:23.40	10:41.05	17:00.44	36:23.97
488	7:21.59	9:55.30	11:23.74	10:41.32	17:00.87	36:24.96
487	7:21.81	9:55.55	11:24.08	10:41.59	17:01.30	36:25.95
486	7:22.03	9:55.80	11:24.43	10:41.86	17:01.73	36:26.94
485	7:22.26	9:56.05	11:24.77	10:42.14	17:02.16	36:27.93
484	7:22.48	9:56.30	11:25.12	10:42.41	17:02.59	36:28.92
483	7:22.71	9:56.55	11:25.47	10:42.68	17:03.02	36:29.91
482	7:22.93	9:56.81	11:25.81	10:42.95	17:03.45	36:30.91
481	7:23.16	9:57.06	11:26.16	10:43.22	17:03.89	36:31.90
480	7:23.38	9:57.31	11:26.51	10:43.49	17:04.32	36:32.90
479	7:23.61	9:57.56	11:26.85	10:43.77	17:04.75	36:33.90
478	7:23.83	9:57.82	11:27.20	10:44.04	17:05.19	36:34.90
477	7:24.06	9:58.07	11:27.55	10:44.31	17:05.62	36:35.90
476	7:24.29	9:58.32	11:27.90	10:44.58	17:06.06	36:36.90
475	7:24.51	9:58.58	11:28.25	10:44.86	17:06.49	36:37.90
474	7:24.74	9:58.83	11:28.60	10:45.13	17:06.93	36:38.90
473	7:24.97	9:59.09	11:28.95	10:45.41	17:07.36	36:39.90
472	7:25.20	9:59.34	11:29.30	10:45.68	17:07.80	36:40.91
471	7:25.42	9:59.60	11:29.65	10:45.95	17:08.23	36:41.92
470	7:25.65	9:59.85	11:30.00	10:46.23	17:08.67	36:42.92
469	7:25.88	10:00.11	11:30.35	10:46.50	17:09.11	36:43.93
468	7:26.11	10:00.36	11:30.70	10:46.78	17:09.55	36:44.94
467	7:26.34	10:00.62	11:31.05	10:47.06	17:09.99	36:45.95
466	7:26.57	10:00.88	11:31.41	10:47.33	17:10.43	36:46.96
465	7:26.79	10:01.13	11:31.76	10:47.61	17:10.87	36:47.97
464	7:27.02	10:01.39	11:32.11	10:47.88	17:11.31	36:48.99
463	7:27.25	10:01.65	11:32.47	10:48.16	17:11.75	36:50.00
462	7:27.48	10:01.90	11:32.82	10:48.44	17:12.19	36:51.02
461	7:27.71	10:02.16	11:33.17	10:48.72	17:12.63	36:52.03
460	7:27.94	10:02.42	11:33.53	10:48.99	17:13.07	36:53.05
459	7:28.17	10:02.68	11:33.88	10:49.27	17:13.51	36:54.07
458	7:28.41	10:02.94	11:34.24	10:49.55	17:13.96	36:55.09
457	7:28.64	10:03.20	11:34.60	10:49.83	17:14.40	36:56.11
456	7:28.87	10:03.46	11:34.95	10:50.11	17:14.84	36:57.13
455	7:29.10	10:03.72	11:35.31	10:50.39	17:15.29	36:58.16
454	7:29.33	10:03.97	11:35.66	10:50.67	17:15.73	36:59.18
453	7:29.56	10:04.23	11:36.02	10:50.95	17:16.18	37:00.21
452	7:29.80	10:04.50	11:36.38	10:51.23	17:16.63	37:01.23
451	7:30.03	10:04.76	11:36.74	10:51.51	17:17.07	37:02.26

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
7:30.26	10:05.02	11:37.10	10:51.79	17:17.52	37:03.29	450
7:30.49	10:05.28	11:37.46	10:52.07	17:17.97	37:04.32	449
7:30.73	10:05.54	11:37.82	10:52.35	17:18.41	37:05.35	448
7:30.96	10:05.80	11:38.17	10:52.64	17:18.86	37:06.39	447
7:31.20	10:06.06	11:38.54	10:52.92	17:19.31	37:07.42	446
7:31.43	10:06.33	11:38.90	10:53.20	17:19.76	37:08.45	445
7:31.66	10:06.59	11:39.26	10:53.48	17:20.21	37:09.49	444
7:31.90	10:06.85	11:39.62	10:53.77	17:20.66	37:10.53	443
7:32.13	10:07.11	11:39.98	10:54.05	17:21.11	37:11.57	442
7:32.37	10:07.38	11:40.34	10:54.33	17:21.56	37:12.61	441
7:32.60	10:07.64	11:40.70	10:54.62	17:22.02	37:13.65	440
7:32.84	10:07.91	11:41.07	10:54.90	17:22.47	37:14.69	439
7:33.08	10:08.17	11:41.43	10:55.19	17:22.92	37:15.73	438
7:33.31	10:08.44	11:41.80	10:55.47	17:23.38	37:16.78	437
7:33.55	10:08.70	11:42.16	10:55.76	17:23.83	37:17.82	436
7:33.79	10:08.97	11:42.52	10:56.04	17:24.28	37:18.87	435
7:34.02	10:09.23	11:42.89	10:56.33	17:24.74	37:19.92	434
7:34.26	10:09.50	11:43.25	10:56.62	17:25.19	37:20.96	433
7:34.50	10:09.76	11:43.62	10:56.90	17:25.65	37:22.02	432
7:34.74	10:10.03	11:43.99	10:57.19	17:26.11	37:23.07	431
7:34.97	10:10.30	11:44.35	10:57.48	17:26.56	37:24.12	430
7:35.21	10:10.57	11:44.72	10:57.76	17:27.02	37:25.17	429
7:35.45	10:10.83	11:45.09	10:58.05	17:27.48	37:26.23	428
7:35.69	10:11.10	11:45.46	10:58.34	17:27.94	37:27.28	427
7:35.93	10:11.37	11:45.83	10:58.63	17:28.40	37:28.34	426
7:36.17	10:11.64	11:46.19	10:58.92	17:28.86	37:29.40	425
7:36.41	10:11.91	11:46.56	10:59.21	17:29.32	37:30.46	424
7:36.65	10:12.18	11:46.93	10:59.50	17:29.78	37:31.52	423
7:36.89	10:12.44	11:47.30	10:59.79	17:30.24	37:32.59	422
7:37.13	10:12.71	11:47.67	11:00.08	17:30.70	37:33.65	421
7:37.37	10:12.98	11:48.05	11:00.37	17:31.17	37:34.71	420
7:37.61	10:13.25	11:48.42	11:00.66	17:31.63	37:35.78	419
7:37.86	10:13.53	11:48.79	11:00.95	17:32.09	37:36.85	418
7:38.10	10:13.80	11:49.16	11:01.24	17:32.56	37:37.92	417
7:38.34	10:14.07	11:49.53	11:01.54	17:33.02	37:38.99	416
7:38.58	10:14.34	11:49.91	11:01.83	17:33.49	37:40.06	415
7:38.83	10:14.61	11:50.28	11:02.12	17:33.95	37:41.13	414
7:39.07	10:14.88	11:50.66	11:02.41	17:34.42	37:42.21	413
7:39.31	10:15.16	11:51.03	11:02.71	17:34.89	37:43.28	412
7:39.56	10:15.43	11:51.41	11:03.00	17:35.35	37:44.36	411
7:39.80	10:15.70	11:51.78	11:03.30	17:35.82	37:45.44	410
7:40.04	10:15.98	11:52.16	11:03.59	17:36.29	37:46.52	409
7:40.29	10:16.25	11:52.53	11:03.89	17:36.76	37:47.60	408
7:40.53	10:16.53	11:52.91	11:04.18	17:37.23	37:48.68	407
7:40.78	10:16.80	11:53.29	11:04.48	17:37.70	37:49.76	406
7:41.02	10:17.08	11:53.67	11:04.77	17:38.17	37:50.85	405
7:41.27	10:17.35	11:54.05	11:05.07	17:38.64	37:51.93	404
7:41.52	10:17.63	11:54.42	11:05.37	17:39.12	37:53.02	403
7:41.76	10:17.90	11:54.80	11:05.66	17:39.59	37:54.11	402
7:42.01	10:18.18	11:55.18	11:05.96	17:40.06	37:55.20	401

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
400	7:42.26	10:18.46	11:55.56	11:06.26	17:40.54	37:56.29
399	7:42.50	10:18.73	11:55.94	11:06.56	17:41.01	37:57.38
398	7:42.75	10:19.01	11:56.33	11:06.86	17:41.49	37:58.48
397	7:43.00	10:19.29	11:56.71	11:07.16	17:41.96	37:59.57
396	7:43.25	10:19.57	11:57.09	11:07.46	17:42.44	38:00.67
395	7:43.50	10:19.84	11:57.47	11:07.76	17:42.92	38:01.77
394	7:43.74	10:20.12	11:57.86	11:08.06	17:43.39	38:02.87
393	7:43.99	10:20.40	11:58.24	11:08.36	17:43.87	38:03.97
392	7:44.24	10:20.68	11:58.62	11:08.66	17:44.35	38:05.07
391	7:44.49	10:20.96	11:59.01	11:08.96	17:44.83	38:06.18
390	7:44.74	10:21.24	11:59.39	11:09.26	17:45.31	38:07.28
389	7:44.99	10:21.52	11:59.78	11:09.56	17:45.79	38:08.39
388	7:45.24	10:21.80	12:00.16	11:09.87	17:46.27	38:09.50
387	7:45.50	10:22.09	12:00.55	11:10.17	17:46.75	38:10.61
386	7:45.75	10:22.37	12:00.94	11:10.47	17:47.24	38:11.72
385	7:46.00	10:22.65	12:01.33	11:10.78	17:47.72	38:12.83
384	7:46.25	10:22.93	12:01.71	11:11.08	17:48.20	38:13.94
383	7:46.50	10:23.21	12:02.10	11:11.38	17:48.69	38:15.06
382	7:46.76	10:23.50	12:02.49	11:11.69	17:49.17	38:16.18
381	7:47.01	10:23.78	12:02.88	11:11.99	17:49.66	38:17.29
380	7:47.26	10:24.06	12:03.27	11:12.30	17:50.14	38:18.41
379	7:47.52	10:24.35	12:03.66	11:12.61	17:50.63	38:19.53
378	7:47.77	10:24.63	12:04.05	11:12.91	17:51.12	38:20.66
377	7:48.03	10:24.92	12:04.45	11:13.22	17:51.61	38:21.78
376	7:48.28	10:25.20	12:04.84	11:13.53	17:52.10	38:22.91
375	7:48.54	10:25.49	12:05.23	11:13.83	17:52.59	38:24.03
374	7:48.79	10:25.78	12:05.62	11:14.14	17:53.08	38:25.16
373	7:49.05	10:26.06	12:06.02	11:14.45	17:53.57	38:26.29
372	7:49.30	10:26.35	12:06.41	11:14.76	17:54.06	38:27.43
371	7:49.56	10:26.64	12:06.81	11:15.07	17:54.55	38:28.56
370	7:49.82	10:26.93	12:07.20	11:15.38	17:55.04	38:29.69
369	7:50.07	10:27.21	12:07.60	11:15.69	17:55.54	38:30.83
368	7:50.33	10:27.50	12:07.99	11:16.00	17:56.03	38:31.97
367	7:50.59	10:27.79	12:08.39	11:16.31	17:56.53	38:33.11
366	7:50.85	10:28.08	12:08.79	11:16.62	17:57.02	38:34.25
365	7:51.11	10:28.37	12:09.19	11:16.93	17:57.52	38:35.39
364	7:51.36	10:28.66	12:09.59	11:17.25	17:58.02	38:36.53
363	7:51.62	10:28.95	12:09.99	11:17.56	17:58.51	38:37.68
362	7:51.88	10:29.24	12:10.38	11:17.87	17:59.01	38:38.83
361	7:52.14	10:29.53	12:10.79	11:18.19	17:59.51	38:39.98
360	7:52.40	10:29.82	12:11.19	11:18.50	18:00.01	38:41.13
359	7:52.66	10:30.12	12:11.59	11:18.82	18:00.51	38:42.28
358	7:52.93	10:30.41	12:11.99	11:19.13	18:01.01	38:43.43
357	7:53.19	10:30.70	12:12.39	11:19.45	18:01.51	38:44.59
356	7:53.45	10:31.00	12:12.80	11:19.76	18:02.01	38:45.74
355	7:53.71	10:31.29	12:13.20	11:20.08	18:02.52	38:46.90
354	7:53.97	10:31.58	12:13.60	11:20.39	18:03.02	38:48.06
353	7:54.24	10:31.88	12:14.01	11:20.71	18:03.53	38:49.22
352	7:54.50	10:32.17	12:14.41	11:21.03	18:04.03	38:50.39
351	7:54.76	10:32.47	12:14.82	11:21.35	18:04.54	38:51.55

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
7:55.03	10:32.76	12:15.23	11:21.67	18:05.04	38:52.72	350
7:55.29	10:33.06	12:15.63	11:21.98	18:05.55	38:53.89	349
7:55.56	10:33.36	12:16.04	11:22.30	18:06.06	38:55.06	348
7:55.82	10:33.65	12:16.45	11:22.62	18:06.57	38:56.23	347
7:56.09	10:33.95	12:16.86	11:22.94	18:07.08	38:57.40	346
7:56.35	10:34.25	12:17.27	11:23.27	18:07.59	38:58.58	345
7:56.62	10:34.55	12:17.68	11:23.59	18:08.10	38:59.76	344
7:56.89	10:34.85	12:18.09	11:23.91	18:08.61	39:00.93	343
7:57.15	10:35.15	12:18.50	11:24.23	18:09.12	39:02.11	342
7:57.42	10:35.45	12:18.91	11:24.55	18:09.64	39:03.30	341
7:57.69	10:35.75	12:19.32	11:24.88	18:10.15	39:04.48	340
7:57.96	10:36.05	12:19.74	11:25.20	18:10.67	39:05.67	339
7:58.23	10:36.35	12:20.15	11:25.52	18:11.18	39:06.85	338
7:58.49	10:36.65	12:20.56	11:25.85	18:11.70	39:08.04	337
7:58.76	10:36.95	12:20.98	11:26.17	18:12.22	39:09.23	336
7:59.03	10:37.25	12:21.39	11:26.50	18:12.73	39:10.42	335
7:59.30	10:37.56	12:21.81	11:26.83	18:13.25	39:11.62	334
7:59.58	10:37.86	12:22.23	11:27.15	18:13.77	39:12.81	333
7:59.85	10:38.16	12:22.64	11:27.48	18:14.29	39:14.01	332
8:00.12	10:38.47	12:23.06	11:27.81	18:14.81	39:15.21	331
8:00.39	10:38.77	12:23.48	11:28.13	18:15.34	39:16.41	330
8:00.66	10:39.08	12:23.90	11:28.46	18:15.86	39:17.62	329
8:00.93	10:39.38	12:24.32	11:28.79	18:16.38	39:18.82	328
8:01.21	10:39.69	12:24.74	11:29.12	18:16.91	39:20.03	327
8:01.48	-	12:25.16	11:29.45	18:17.43	39:21.24	326
8:01.76	10:40.30	12:25.58	11:29.78	18:17.96	39:22.45	325
8:02.03	10:40.61	12:26.01	11:30.11	18:18.48	39:23.66	324
8:02.30	10:40.92	12:26.43	11:30.44	18:19.01	39:24.88	323
8:02.58	10:41.23	12:26.85	11:30.78	18:19.54	39:26.09	322
8:02.86	10:41.53	12:27.28	11:31.11	18:20.07	39:27.31	321
8:03.13	10:41.84	12:27.70	11:31.44	18:20.60	39:28.53	320
8:03.41	10:42.15	12:28.13	11:31.78	18:21.13	39:29.75	319
8:03.69	10:42.46	12:28.56	11:32.11	18:21.66	39:30.98	318
8:03.96	10:42.78	12:28.98	11:32.45	18:22.19	39:32.20	317
8:04.24	10:43.09	12:29.41	11:32.78	18:22.73	39:33.43	316
8:04.52	10:43.40	12:29.84	11:33.12	18:23.26	39:34.66	315
8:04.80	10:43.71	12:30.27	11:33.45	18:23.79	39:35.89	314
8:05.08	10:44.02	12:30.70	11:33.79	18:24.33	39:37.12	313
8:05.36	10:44.34	12:31.13	11:34.13	18:24.87	39:38.36	312
8:05.64	10:44.65	12:31.56	11:34.46	18:25.40	39:39.60	311
8:05.92	10:44.96	12:31.99	11:34.80	18:25.94	39:40.84	310
8:06.20	10:45.28	12:32.42	11:35.14	18:26.48	39:42.08	309
8:06.48	10:45.59	12:32.86	11:35.48	18:27.02	39:43.32	308
8:06.76	10:45.91	12:33.29	11:35.82	18:27.56	39:44.57	307
8:07.04	10:46.23	12:33.73	11:36.16	18:28.10	39:45.82	306
8:07.33	10:46.54	12:34.16	11:36.50	18:28.65	39:47.07	305
8:07.61	10:46.86	12:34.60	11:36.84	18:29.19	39:48.32	304
8:07.89	10:47.18	12:35.03	11:37.19	18:29.74	39:49.57	303
8:08.18	10:47.50	12:35.47	11:37.53	18:30.28	39:50.83	302
8:08.46	10:47.82	12:35.91	11:37.87	18:30.83	39:52.09	301

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
300	8:08.75	10:48.14	12:36.35	11:38.22	18:31.37	39:53.35
299	8:09.03	10:48.46	12:36.79	11:38.56	18:31.92	39:54.61
298	8:09.32	10:48.78	12:37.23	11:38.91	18:32.47	39:55.87
297	8:09.61	10:49.10	12:37.67	11:39.25	18:33.02	39:57.14
296	8:09.89	10:49.42	12:38.11	11:39.60	18:33.57	39:58.41
295	8:10.18	10:49.74	12:38.56	11:39.95	18:34.12	39:59.68
294	8:10.47	10:50.06	12:39.00	11:40.29	18:34.68	40:00.95
293	8:10.76	10:50.39	12:39.44	11:40.64	18:35.23	40:02.22
292	8:11.05	10:50.71	12:39.89	11:40.99	18:35.79	40:03.50
291	8:11.34	10:51.04	12:40.33	11:41.34	18:36.34	40:04.78
290	8:11.63	10:51.36	12:40.78	11:41.69	18:36.90	40:06.06
289	8:11.92	10:51.69	12:41.23	11:42.04	18:37.46	40:07.35
288	8:12.21	10:52.01	12:41.68	11:42.39	18:38.01	40:08.63
287	8:12.50	10:52.34	12:42.13	11:42.74	18:38.57	40:09.92
286	8:12.79	10:52.67	12:42.57	11:43.10	18:39.13	40:11.21
285	8:13.08	10:52.99	12:43.03	11:43.45	18:39.70	40:12.50
284	8:13.38	10:53.32	12:43.48	11:43.80	18:40.26	40:13.80
283	8:13.67	10:53.65	12:43.93	11:44.16	18:40.82	40:15.10
282	8:13.96	10:53.98	12:44.38	11:44.51	18:41.39	40:16.40
281	8:14.26	10:54.31	12:44.84	11:44.87	18:41.95	40:17.70
280	8:14.55	10:54.64	12:45.29	11:45.22	18:42.52	40:19.00
279	8:14.85	10:54.97	12:45.74	11:45.58	18:43.08	40:20.31
278	8:15.15	10:55.30	12:46.20	11:45.94	18:43.65	40:21.62
277	8:15.44	10:55.64	12:46.66	11:46.29	18:44.22	40:22.93
276	8:15.74	10:55.97	12:47.12	11:46.65	18:44.79	40:24.24
275	8:16.04	10:56.30	12:47.57	11:47.01	18:45.36	40:25.56
274	8:16.34	10:56.64	12:48.03	11:47.37	18:45.94	40:26.88
273	8:16.64	10:56.97	12:48.49	11:47.73	18:46.51	40:28.20
272	8:16.94	10:57.31	12:48.95	11:48.09	18:47.09	40:29.52
271	8:17.24	10:57.64	12:49.42	11:48.46	18:47.66	40:30.85
270	8:17.54	10:57.98	12:49.88	11:48.82	18:48.24	40:32.17
269	8:17.84	10:58.32	12:50.34	11:49.18	18:48.82	40:33.50
268	8:18.14	10:58.66	12:50.81	11:49.55	18:49.40	40:34.84
267	8:18.44	10:59.00	12:51.27	11:49.91	18:49.98	40:36.17
266	8:18.74	10:59.33	12:51.74	11:50.28	18:50.56	40:37.51
265	8:19.05	10:59.67	12:52.21	11:50.64	18:51.14	40:38.85
264	8:19.35	11:00.02	12:52.67	11:51.01	18:51.72	40:40.19
263	8:19.66	11:00.36	12:53.14	11:51.38	18:52.31	40:41.54
262	8:19.96	11:00.70	12:53.61	11:51.74	18:52.89	40:42.89
261	8:20.27	11:01.04	12:54.08	11:52.11	18:53.48	40:44.24
260	8:20.57	11:01.38	12:54.55	11:52.48	18:54.07	40:45.59
259	8:20.88	11:01.73	12:55.03	11:52.85	18:54.65	40:46.95
258	8:21.19	11:02.07	12:55.50	11:53.22	18:55.24	40:48.31
257	8:21.50	11:02.42	12:55.97	11:53.59	18:55.84	40:49.67
256	8:21.80	11:02.76	12:56.45	11:53.97	18:56.43	40:51.03
255	8:22.11	11:03.11	12:56.93	11:54.34	18:57.02	40:52.40
254	8:22.42	11:03.46	12:57.40	11:54.71	18:57.62	40:53.77
253	8:22.73	11:03.80	12:57.88	11:55.09	18:58.21	40:55.14
252	8:23.04	11:04.15	12:58.36	11:55.46	18:58.81	40:56.51
251	8:23.36	11:04.50	12:58.84	11:55.84	18:59.41	40:57.89

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
8:23.67	11:04.85	12:59.32	11:56.22	19:00.01	40:59.27	250
8:23.98	11:05.20	12:59.80	11:56.59	19:00.61	41:00.65	249
8:24.30	11:05.55	13:00.29	11:56.97	19:01.21	41:02.04	248
8:24.61	11:05.91	13:00.77	11:57.35	19:01.81	41:03.43	247
8:24.92	11:06.26	13:01.25	11:57.73	19:02.42	41:04.82	246
8:25.24	11:06.61	13:01.74	11:58.11	19:03.02	41:06.21	245
8:25.56	11:06.97	13:02.23	11:58.49	19:03.63	41:07.61	244
8:25.87	11:07.32	13:02.71	11:58.88	19:04.24	41:09.01	243
8:26.19	11:07.68	13:03.20	11:59.26	19:04.85	41:10.41	242
8:26.51	11:08.03	13:03.69	11:59.64	19:05.46	41:11.82	241
8:26.83	11:08.39	13:04.18	12:00.03	19:06.07	41:13.23	240
8:27.15	11:08.75	13:04.68	12:00.41	19:06.68	41:14.64	239
8:27.47	11:09.11	13:05.17	12:00.80	19:07.30	41:16.05	238
8:27.79	11:09.47	13:05.66	12:01.18	19:07.91	41:17.47	237
8:28.11	11:09.83	13:06.16	12:01.57	19:08.53	41:18.89	236
8:28.43	11:10.19	13:06.65	12:01.96	19:09.15	41:20.31	235
8:28.75	11:10.55	13:07.15	12:02.35	19:09.77	41:21.74	234
8:29.08	11:10.91	13:07.65	12:02.74	19:10.39	41:23.17	233
8:29.40	11:11.28	13:08.15	12:03.13	19:11.01	41:24.60	232
8:29.73	11:11.64	13:08.65	12:03.52	19:11.63	41:26.04	231
8:30.05	11:12.00	13:09.15	12:03.92	19:12.26	41:27.48	230
8:30.38	11:12.37	13:09.65	12:04.31	19:12.88	41:28.92	229
8:30.71	11:12.74	13:10.15	12:04.70	19:13.51	41:30.36	228
8:31.03	11:13.10	13:10.66	12:05.10	19:14.14	41:31.81	227
8:31.36	11:13.47	13:11.16	12:05.50	19:14.77	41:33.26	226
8:31.69	11:13.84	13:11.67	12:05.89	19:15.40	41:34.72	225
8:32.02	11:14.21	13:12.18	12:06.29	19:16.03	41:36.17	224
8:32.35	11:14.58	13:12.69	12:06.69	19:16.67	41:37.64	223
8:32.68	11:14.95	13:13.20	12:07.09	19:17.31	41:39.10	222
8:33.01	11:15.32	13:13.71	12:07.49	19:17.94	41:40.57	221
8:33.35	11:15.70	13:14.22	12:07.89	19:18.58	41:42.04	220
8:33.68	11:16.07	13:14.74	12:08.30	19:19.22	41:43.51	219
8:34.02	11:16.45	13:15.25	12:08.70	19:19.86	41:44.99	218
8:34.35	11:16.82	13:15.77	12:09.10	19:20.51	41:46.47	217
8:34.69	11:17.20	13:16.28	12:09.51	19:21.15	41:47.96	216
8:35.02	11:17.57	13:16.80	12:09.91	19:21.80	41:49.44	215
8:35.36	11:17.95	13:17.32	12:10.32	19:22.45	41:50.94	214
8:35.70	11:18.33	13:17.84	12:10.73	19:23.09	41:52.43	213
8:36.04	11:18.71	13:18.37	12:11.14	19:23.75	41:53.93	212
8:36.38	11:19.09	13:18.89	12:11.55	19:24.40	41:55.43	211
8:36.72	11:19.47	13:19.41	12:11.96	19:25.05	41:56.94	210
8:37.06	11:19.86	13:19.94	12:12.37	19:25.71	41:58.45	209
8:37.40	11:20.24	13:20.47	12:12.78	19:26.36	41:59.96	208
8:37.75	11:20.63	13:20.99	12:13.20	19:27.02	42:01.47	207
8:38.09	11:21.01	13:21.52	12:13.61	19:27.68	42:02.99	206
8:38.44	11:21.40	13:22.06	12:14.03	19:28.34	42:04.52	205
8:38.78	11:21.78	13:22.59	12:14.45	19:29.01	42:06.05	204
8:39.13	11:22.17	13:23.12	12:14.86	19:29.67	42:07.58	203
8:39.48	11:22.56	13:23.66	12:15.28	19:30.34	42:09.11	202
8:39.82	11:22.95	13:24.19	12:15.70	19:31.01	42:10.65	201

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
200	8:40.17	11:23.34	13:24.73	12:16.13	19:31.68	42:12.19
199	8:40.52	11:23.74	13:25.27	12:16.55	19:32.35	42:13.74
198	8:40.87	11:24.13	13:25.81	12:16.97	19:33.02	42:15.29
197	8:41.23	11:24.52	13:26.35	12:17.40	19:33.70	42:16.84
196	8:41.58	11:24.92	13:26.89	12:17.82	19:34.37	42:18.40
195	8:41.93	11:25.31	13:27.44	12:18.25	19:35.05	42:19.96
194	8:42.29	11:25.71	13:27.98	12:18.67	19:35.73	42:21.53
193	8:42.64	11:26.11	13:28.53	12:19.10	19:36.41	42:23.10
192	8:43.00	11:26.51	13:29.08	12:19.53	19:37.10	42:24.68
191	8:43.35	11:26.91	13:29.63	12:19.96	19:37.78	42:26.25
190	8:43.71	11:27.31	13:30.18	12:20.40	19:38.47	42:27.84
189	8:44.07	11:27.71	13:30.73	12:20.83	19:39.16	42:29.42
188	8:44.43	11:28.12	13:31.29	12:21.26	19:39.85	42:31.01
187	8:44.79	11:28.52	13:31.84	12:21.70	19:40.54	42:32.61
186	8:45.16	11:28.93	13:32.40	12:22.14	19:41.24	42:34.21
185	8:45.52	11:29.33	13:32.96	12:22.57	19:41.94	42:35.81
184	8:45.88	11:29.74	13:33.52	12:23.01	19:42.63	42:37.42
183	8:46.25	11:30.15	13:34.08	12:23.45	19:43.33	42:39.03
182	8:46.61	11:30.56	13:34.64	12:23.89	19:44.04	42:40.65
181	8:46.98	11:30.97	13:35.21	12:24.34	19:44.74	42:42.27
180	8:47.35	11:31.38	13:35.78	12:24.78	19:45.45	42:43.90
179	8:47.72	11:31.80	13:36.34	12:25.23	19:46.15	42:45.53
178	8:48.09	11:32.21	13:36.91	12:25.67	19:46.86	42:47.16
177	8:48.46	11:32.63	13:37.49	12:26.12	19:47.58	42:48.80
176	8:48.83	11:33.04	13:38.06	12:26.57	19:48.29	42:50.45
175	8:49.20	11:33.46	13:38.63	12:27.02	19:49.01	42:52.09
174	8:49.58	11:33.88	13:39.21	12:27.47	19:49.73	42:53.75
173	8:49.95	11:34.30	13:39.79	12:27.92	19:50.45	42:55.41
172	8:50.33	11:34.72	13:40.37	12:28.38	19:51.17	42:57.07
171	8:50.71	11:35.14	13:40.95	12:28.83	19:51.89	42:58.74
170	8:51.08	11:35.57	13:41.53	12:29.29	19:52.62	43:00.41
169	8:51.46	11:35.99	13:42.11	12:29.75	19:53.35	43:02.09
168	8:51.85	11:36.42	13:42.70	12:30.21	19:54.08	43:03.77
167	8:52.23	11:36.85	13:43.29	12:30.67	19:54.81	43:05.46
166	8:52.61	11:37.28	13:43.88	12:31.13	19:55.55	43:07.15
165	8:52.99	11:37.71	13:44.47	12:31.59	19:56.28	43:08.85
164	8:53.38	11:38.14	13:45.06	12:32.06	19:57.02	43:10.55
163	8:53.77	11:38.57	13:45.66	12:32.52	19:57.77	43:12.26
162	8:54.15	11:39.01	13:46.26	12:32.99	19:58.51	43:13.97
161	8:54.54	11:39.44	13:46.86	12:33.46	19:59.26	43:15.69
160	8:54.93	11:39.88	13:47.46	12:33.93	20:00.00	43:17.42
159	8:55.33	11:40.32	13:48.06	12:34.40	20:00.76	43:19.15
158	8:55.72	11:40.76	13:48.66	12:34.88	20:01.51	43:20.88
157	8:56.11	11:41.20	13:49.27	12:35.35	20:02.27	43:22.62
156	8:56.51	11:41.64	13:49.88	12:35.83	20:03.02	43:24.37
155	8:56.90	11:42.09	13:50.49	12:36.31	20:03.78	43:26.12
154	8:57.30	11:42.53	13:51.10	12:36.79	20:04.55	43:27.88
153	8:57.70	11:42.98	13:51.71	12:37.27	20:05.31	43:29.64
152	8:58.10	11:43.43	13:52.33	12:37.75	20:06.08	43:31.41
151	8:58.50	11:43.88	13:52.95	12:38.24	20:06.85	43:33.18

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
8:58.91	11:44.33	13:53.57	12:38.72	20:07.63	43:34.96	150
8:59.31	11:44.78	13:54.19	12:39.21	20:08.40	43:36.75	149
8:59.72	11:45.24	13:54.82	12:39.70	20:09.18	43:38.54	148
9:00.12	11:45.69	13:55.44	12:40.19	20:09.96	43:40.34	147
9:00.53	11:46.15	13:56.07	12:40.68	20:10.74	43:42.14	146
9:00.94	11:46.61	13:56.70	12:41.18	20:11.53	43:43.96	145
9:01.35	11:47.07	13:57.34	12:41.67	20:12.32	43:45.77	144
9:01.76	11:47.53	13:57.97	12:42.17	20:13.11	43:47.60	143
9:02.18	11:48.00	13:58.61	12:42.67	20:13.91	43:49.43	142
9:02.59	11:48.46	13:59.25	12:43.17	20:14.70	43:51.26	141
9:03.01	11:48.93	13:59.89	12:43.68	20:15.50	43:53.10	140
9:03.43	11:49.40	14:00.54	12:44.18	20:16.31	43:54.95	139
9:03.85	11:49.87	14:01.18	12:44.69	20:17.11	43:56.81	138
9:04.27	11:50.34	14:01.83	12:45.20	20:17.92	43:58.67	137
9:04.69	11:50.82	14:02.48	12:45.71	20:18.73	44:00.54	136
9:05.12	11:51.29	14:03.14	12:46.22	20:19.55	44:02.42	135
9:05.55	11:51.77	14:03.79	12:46.73	20:20.37	44:04.30	134
9:05.97	11:52.25	14:04.45	12:47.25	20:21.19	44:06.19	133
9:06.40	11:52.73	14:05.11	12:47.77	20:22.01	44:08.09	132
9:06.83	11:53.21	14:05.78	12:48.29	20:22.84	44:09.99	131
9:07.27	11:53.70	14:06.44	12:48.81	20:23.67	44:11.91	130
9:07.70	11:54.18	14:07.11	12:49.33	20:24.50	44:13.83	129
9:08.14	11:54.67	14:07.78	12:49.86	20:25.34	44:15.75	128
9:08.57	11:55.16	14:08.46	12:50.39	20:26.18	44:17.69	127
9:09.01	11:55.66	14:09.13	12:50.92	20:27.02	44:19.63	126
9:09.46	11:56.15	14:09.81	12:51.45	20:27.87	44:21.58	125
9:09.90	11:56.65	14:10.49	12:51.98	20:28.72	44:23.54	124
9:10.34	11:57.15	14:11.18	12:52.52	20:29.58	44:25.50	123
9:10.79	11:57.65	14:11.87	12:53.06	20:30.43	44:27.48	122
9:11.24	11:58.15	14:12.56	12:53.60	20:31.29	44:29.46	121
9:11.69	11:58.65	14:13.25	12:54.14	20:32.16	44:31.45	120
9:12.14	11:59.16	14:13.95	12:54.69	20:33.03	44:33.45	119
9:12.60	11:59.67	14:14.65	12:55.24	20:33.90	44:35.45	118
9:13.05	12:00.18	14:15.35	12:55.79	20:34.77	44:37.47	117
9:13.51	12:00.69	14:16.05	12:56.34	20:35.65	44:39.49	116
9:13.97	12:01.21	14:16.76	12:56.89	20:36.53	44:41.52	115
9:14.43	12:01.73	14:17.47	12:57.45	20:37.42	44:43.56	114
9:14.90	12:02.25	14:18.19	12:58.01	20:38.31	44:45.61	113
9:15.36	12:02.77	14:18.91	12:58.57	20:39.20	44:47.67	112
9:15.83	12:03.29	14:19.63	12:59.14	20:40.10	44:49.74	111
9:16.30	12:03.82	14:20.35	12:59.71	20:41.01	44:51.82	110
9:16.77	12:04.35	14:21.08	13:00.28	20:41.91	44:53.91	109
9:17.25	12:04.88	14:21.81	13:00.85	20:42.82	44:56.01	108
9:17.72	12:05.41	14:22.54	13:01.42	20:43.74	44:58.11	107
9:18.20	12:05.95	14:23.28	13:02.00	20:44.66	45:00.23	106
9:18.68	12:06.49	14:24.02	13:02.58	20:45.58	45:02.35	105
9:19.17	12:07.03	14:24.76	13:03.17	20:46.51	45:04.49	104
9:19.65	12:07.58	14:25.51	13:03.75	20:47.44	45:06.64	103
9:20.14	12:08.12	14:26.26	13:04.34	20:48.38	45:08.80	102
9:20.63	12:08.67	14:27.02	13:04.93	20:49.32	45:10.96	101

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
100	9:21.13	12:09.23	14:27.78	13:05.53	20:50.27	45:13.14
99	9:21.62	12:09.78	14:28.54	13:06.13	20:51.22	45:15.33
98	9:22.12	12:10.34	14:29.31	13:06.73	20:52.17	45:17.53
97	9:22.62	12:10.90	14:30.08	13:07.33	20:53.13	45:19.75
96	9:23.12	12:11.46	14:30.85	13:07.94	20:54.10	45:21.97
95	9:23.63	12:12.03	14:31.63	13:08.55	20:55.07	45:24.20
94	9:24.14	12:12.60	14:32.42	13:09.16	20:56.05	45:26.45
93	9:24.65	12:13.17	14:33.20	13:09.78	20:57.03	45:28.71
92	9:25.16	12:13.75	14:33.99	13:10.40	20:58.01	45:30.98
91	9:25.68	12:14.33	14:34.79	13:11.02	20:59.01	45:33.26
90	9:26.20	12:14.91	14:35.59	13:11.65	21:00.00	45:35.56
89	9:26.72	12:15.50	14:36.40	13:12.28	21:01.00	45:37.87
88	9:27.25	12:16.08	14:37.20	13:12.91	21:02.01	45:40.19
87	9:27.78	12:16.68	14:38.02	13:13.55	21:03.03	45:42.53
86	9:28.31	12:17.27	14:38.84	13:14.19	21:04.05	45:44.88
85	9:28.84	12:17.87	14:39.66	13:14.84	21:05.07	45:47.24
84	9:29.38	12:18.47	14:40.49	13:15.48	21:06.11	45:49.61
83	9:29.92	12:19.08	14:41.32	13:16.14	21:07.14	45:52.00
82	9:30.46	12:19.69	14:42.16	13:16.79	21:08.19	45:54.41
81	9:31.01	12:20.30	14:43.00	13:17.45	21:09.24	45:56.83
80	9:31.56	12:20.92	14:43.85	13:18.12	21:10.30	45:59.26
79	9:32.12	12:21.54	14:44.70	13:18.79	21:11.36	46:01.71
78	9:32.68	12:22.17	14:45.56	13:19.46	21:12.43	46:04.18
77	9:33.24	12:22.79	14:46.43	13:20.14	21:13.51	46:06.66
76	9:33.80	12:23.43	14:47.30	13:20.82	21:14.59	46:09.16
75	9:34.37	12:24.07	14:48.17	13:21.51	21:15.68	46:11.67
74	9:34.94	12:24.71	14:49.05	13:22.20	21:16.78	46:14.20
73	9:35.52	12:25.35	14:49.94	13:22.89	21:17.89	46:16.75
72	9:36.10	12:26.00	14:50.84	13:23.59	21:19.00	46:19.31
71	9:36.69	12:26.66	14:51.74	13:24.30	21:20.13	46:21.90
70	9:37.27	12:27.32	14:52.64	13:25.01	21:21.26	46:24.50
69	9:37.87	12:27.98	14:53.56	13:25.72	21:22.39	46:27.12
68	9:38.47	12:28.65	14:54.47	13:26.44	21:23.54	46:29.76
67	9:39.07	12:29.33	14:55.40	13:27.17	21:24.70	46:32.42
66	9:39.67	12:30.01	14:56.33	13:27.90	21:25.86	46:35.09
65	9:40.28	12:30.69	14:57.27	13:28.64	21:27.03	46:37.79
64	9:40.90	12:31.38	14:58.22	13:29.38	21:28.21	46:40.51
63	9:41.52	12:32.07	14:59.18	13:30.13	21:29.40	46:43.25
62	9:42.15	12:32.77	15:00.14	13:30.88	21:30.60	46:46.02
61	9:42.78	12:33.48	15:01.11	13:31.64	21:31.81	46:48.80
60	9:43.41	12:34.19	15:02.09	13:32.41	21:33.03	46:51.61
59	9:44.05	12:34.91	15:03.08	13:33.18	21:34.26	46:54.44
58	9:44.70	12:35.64	15:04.07	13:33.96	21:35.50	46:57.30
57	9:45.35	12:36.37	15:05.07	13:34.75	21:36.75	47:00.18
56	9:46.01	12:37.10	15:06.09	13:35.54	21:38.01	47:03.08
55	9:46.67	12:37.85	15:07.11	13:36.34	21:39.29	47:06.02
54	9:47.34	12:38.60	15:08.14	13:37.15	21:40.57	47:08.98
53	9:48.02	12:39.35	15:09.18	13:37.97	21:41.87	47:11.96
52	9:48.70	12:40.12	15:10.23	13:38.79	21:43.18	47:14.98
51	9:49.39	12:40.89	15:11.29	13:39.62	21:44.50	47:18.02

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
9:50.08	12:41.67	15:12.36	13:40.46	21:45.84	47:21.09	50
9:50.79	12:42.46	15:13.44	13:41.31	21:47.18	47:24.20	49
9:51.50	12:43.25	15:14.54	13:42.16	21:48.55	47:27.34	48
9:52.21	12:44.06	15:15.64	13:43.03	21:49.92	47:30.50	47
9:52.94	12:44.87	15:16.76	13:43.90	21:51.31	47:33.71	46
9:53.67	12:45.69	15:17.89	13:44.79	21:52.72	47:36.95	45
9:54.41	12:46.52	15:19.03	13:45.68	21:54.14	47:40.22	44
9:55.16	12:47.36	15:20.18	13:46.59	21:55.58	47:43.53	43
9:55.92	12:48.21	15:21.35	13:47.50	21:57.04	47:46.88	42
9:56.69	12:49.07	15:22.53	13:48.43	21:58.51	47:50.27	41
9:57.46	12:49.94	15:23.73	13:49.36	22:00.00	47:53.71	40
9:58.25	12:50.82	15:24.94	13:50.31	22:01.51	47:57.18	39
9:59.05	12:51.71	15:26.16	13:51.27	22:03.04	48:00.70	38
9:59.86	12:52.62	15:27.41	13:52.25	22:04.59	48:04.27	37
10:00.67	12:53.53	15:28.67	13:53.23	22:06.16	48:07.88	36
10:01.50	12:54.46	15:29.94	13:54.24	22:07.75	48:11.55	35
10:02.34	12:55.41	15:31.24	13:55.25	22:09.36	48:15.27	34
10:03.20	12:56.36	15:32.55	13:56.28	22:11.00	48:19.04	33
10:04.07	12:57.33	15:33.89	13:57.33	22:12.67	48:22.87	32
10:04.95	12:58.32	15:35.24	13:58.39	22:14.36	48:26.77	31
10:05.84	12:59.32	15:36.62	13:59.47	22:16.08	48:30.72	30
10:06.75	13:00.34	15:38.02	14:00.57	22:17.82	48:34.74	29
10:07.68	13:01.38	15:39.45	14:01.68	22:19.60	48:38.83	28
10:08.62	13:02.44	15:40.90	14:02.82	22:21.41	48:43.00	27
10:09.58	13:03.51	15:42.38	14:03.98	22:23.25	48:47.24	26
10:10.56	13:04.61	15:43.89	14:05.16	22:25.13	48:51.57	25
10:11.56	13:05.73	15:45.42	14:06.37	22:27.05	48:55.98	24
10:12.58	13:06.87	15:46.99	14:07.60	22:29.00	49:00.49	23
10:13.62	13:08.04	15:48.60	14:08.85	22:31.00	49:05.09	22
10:14.69	13:09.23	15:50.24	14:10.14	22:33.05	49:09.80	21
10:15.78	13:10.46	15:51.92	14:11.46	22:35.15	49:14.63	20
10:16.90	13:11.71	15:53.65	14:12.81	22:37.29	49:19.58	19
10:18.05	13:13.00	15:55.42	14:14.19	22:39.50	49:24.65	18
10:19.23	13:14.32	15:57.23	14:15.62	22:41.77	49:29.88	17
10:20.45	13:15.69	15:59.11	14:17.09	22:44.10	49:35.25	16
10:21.70	13:17.09	16:01.04	14:18.60	22:46.51	49:40.80	15
10:23.00	13:18.55	16:03.04	14:20.17	22:49.00	49:46.54	14
10:24.35	13:20.06	16:05.11	14:21.79	22:51.59	49:52.49	13
10:25.75	13:21.62	16:07.27	14:23.48	22:54.27	49:58.67	12
10:27.20	13:23.26	16:09.51	14:25.24	22:57.07	50:05.11	11
10:28.73	13:24.97	16:11.86	14:27.08	23:00.00	50:11.85	10
10:30.33	13:26.76	16:14.33	14:29.01	23:03.08	50:18.94	9
10:32.03	13:28.66	16:16.94	14:31.06	23:06.33	50:26.43	8
10:33.84	13:30.69	16:19.72	14:33.24	23:09.80	50:34.41	7
10:35.78	13:32.86	16:22.71	14:35.58	23:13.52	50:42.99	6
10:37.89	13:35.23	16:25.96	14:38.13	23:17.57	50:52.31	5
10:40.22	13:37.84	16:29.55	14:40.94	23:22.05	51:02.62	4
10:42.87	13:40.81	16:33.63	14:44.14	23:27.13	51:14.33	3
10:46.01	13:44.33	16:38.47	14:47.93	23:33.16	51:28.21	2
10:50.11	13:48.92	16:44.77	14:52.87	23:41.02	51:46.31	1

Men's Road Running

Hommes Courses sur Route

by Dr. Bojidar Spiriev
updated by Attila Spiriev

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
1400	25:22	38:43	41:40	52:15	55:15	1:06:26	1:20:59	1:57:18	5:40:36
1399	-	38:44	41:41	52:16	55:16	1:06:28	1:21:01	1:57:21	5:40:46
1398	25:23	38:45	41:42	52:17	55:17	1:06:30	1:21:03	1:57:24	5:40:56
1397	25:24	38:46	41:43	52:19	55:19	1:06:31	1:21:05	1:57:27	5:41:06
1396	-	-	41:44	52:20	55:20	1:06:33	1:21:07	1:57:30	5:41:16
1395	25:25	38:47	41:45	52:21	55:21	1:06:34	1:21:10	1:57:33	5:41:26
1394	-	38:48	41:46	52:22	55:23	1:06:36	1:21:12	1:57:36	5:41:36
1393	25:26	38:49	41:47	52:24	55:24	1:06:38	1:21:14	1:57:39	5:41:46
1392	-	38:50	41:48	52:25	55:25	1:06:39	1:21:16	1:57:43	5:41:56
1391	25:27	38:51	41:49	52:26	55:27	1:06:41	1:21:18	1:57:46	5:42:06
1390	25:28	38:52	41:50	52:27	55:28	1:06:43	1:21:20	1:57:49	5:42:16
1389	-	38:53	41:51	52:29	55:29	1:06:44	1:21:22	1:57:52	5:42:27
1388	25:29	38:54	41:52	52:30	55:31	1:06:46	1:21:24	1:57:55	5:42:37
1387	-	38:55	41:53	52:31	55:32	1:06:48	1:21:26	1:57:58	5:42:47
1386	25:30	38:56	41:54	52:32	55:33	1:06:49	1:21:28	1:58:01	5:42:57
1385	25:31	-	41:55	52:34	55:35	1:06:51	1:21:30	1:58:04	5:43:07
1384	-	38:57	41:56	52:35	55:36	1:06:52	1:21:32	1:58:07	5:43:17
1383	25:32	38:58	41:57	52:36	55:37	1:06:54	1:21:34	1:58:10	5:43:27
1382	-	38:59	41:58	52:37	55:39	1:06:56	1:21:36	1:58:13	5:43:37
1381	25:33	39:00	41:59	52:39	55:40	1:06:57	1:21:38	1:58:16	5:43:47
1380	-	39:01	42:00	52:40	55:41	1:06:59	1:21:40	1:58:19	5:43:58
1379	25:34	39:02	42:01	52:41	55:43	1:07:01	1:21:42	1:58:23	5:44:08
1378	25:35	39:03	42:02	52:42	55:44	1:07:02	1:21:44	1:58:26	5:44:18
1377	-	39:04	42:03	52:44	55:45	1:07:04	1:21:46	1:58:29	5:44:28
1376	25:36	39:05	42:04	52:45	55:47	1:07:06	1:21:48	1:58:32	5:44:38
1375	-	39:06	42:05	52:46	55:48	1:07:07	1:21:50	1:58:35	5:44:48
1374	25:37	39:07	42:06	52:47	55:49	1:07:09	1:21:52	1:58:38	5:44:58
1373	25:38	-	42:07	52:49	55:51	1:07:10	1:21:54	1:58:41	5:45:09
1372	-	39:08	42:08	52:50	55:52	1:07:12	1:21:56	1:58:44	5:45:19
1371	25:39	39:09	42:09	52:51	55:53	1:07:14	1:21:58	1:58:47	5:45:29
1370	-	39:10	42:10	52:52	55:55	1:07:15	1:22:00	1:58:50	5:45:39
1369	25:40	39:11	42:11	52:54	55:56	1:07:17	1:22:03	1:58:53	5:45:49
1368	-	39:12	42:12	52:55	55:57	1:07:19	1:22:05	1:58:56	5:45:59
1367	25:41	39:13	42:13	52:56	55:59	1:07:20	1:22:07	1:59:00	5:46:10
1366	25:42	39:14	42:14	52:58	56:00	1:07:22	1:22:09	1:59:03	5:46:20
1365	-	39:15	42:15	52:59	56:01	1:07:24	1:22:11	1:59:06	5:46:30
1364	25:43	39:16	42:16	53:00	56:03	1:07:25	1:22:13	1:59:09	5:46:40
1363	-	39:17	42:17	53:01	56:04	1:07:27	1:22:15	1:59:12	5:46:50
1362	25:44	39:18	42:18	53:03	56:05	1:07:29	1:22:17	1:59:15	5:47:01
1361	25:45	-	42:19	53:04	56:07	1:07:30	1:22:19	1:59:18	5:47:11
1360	-	39:19	42:20	53:05	56:08	1:07:32	1:22:21	1:59:21	5:47:21
1359	25:46	39:20	42:21	53:06	56:09	1:07:33	1:22:23	1:59:24	5:47:31
1358	-	39:21	42:22	53:08	56:11	1:07:35	1:22:25	1:59:27	5:47:41
1357	25:47	39:22	42:23	53:09	56:12	1:07:37	1:22:27	1:59:31	5:47:52
1356	25:48	39:23	42:24	53:10	56:13	1:07:38	1:22:29	1:59:34	5:48:02
1355	-	39:24	42:25	53:11	56:15	1:07:40	1:22:31	1:59:37	5:48:12
1354	25:49	39:25	42:26	53:13	56:16	1:07:42	1:22:33	1:59:40	5:48:22
1353	-	39:26	42:27	53:14	56:17	1:07:43	1:22:35	1:59:43	5:48:32
1352	25:50	39:27	42:28	53:15	56:19	1:07:45	1:22:37	1:59:46	5:48:43
1351	25:51	39:28	42:29	53:17	56:20	1:07:47	1:22:39	1:59:49	5:48:53

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
-	39:29	42:30	53:18	56:21	1:07:48	1:22:42	1:59:52	5:49:03	1350
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Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
1300	26:21	40:15	43:20	54:22	57:29	1:09:12	1:24:26	2:02:29	5:57:40
1299	26:22	40:16	43:21	54:23	57:31	1:09:14	1:24:28	2:02:33	5:57:51
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1297	26:23	40:18	43:23	54:26	57:34	1:09:17	1:24:32	2:02:39	5:58:11
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1291	-	40:24	43:29	54:34	57:42	1:09:27	1:24:45	2:02:58	5:59:14
1290	26:27	40:25	43:30	54:35	57:43	1:09:29	1:24:47	2:03:01	5:59:25
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1287	26:29	40:28	43:33	54:39	57:47	1:09:34	1:24:53	2:03:11	5:59:56
1286	-	40:29	43:34	54:40	57:49	1:09:35	1:24:55	2:03:14	6:00:07
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1251	26:51	41:02	44:10	55:26	58:37	1:10:35	1:26:10	2:05:06	6:06:17

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
-	41:03	44:12	55:27	58:39	1:10:37	1:26:12	2:05:10	6:06:27	1250
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27:22	41:51	45:03	56:33	59:48	1:12:02	1:27:58	2:07:50	6:15:14	1201

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
1200	27:23	41:52	45:04	56:34	59:50	1:12:04	1:28:00	2:07:53	6:15:25
1199	-	41:53	45:05	56:35	59:51	1:12:06	1:28:02	2:07:56	6:15:36
1198	27:24	41:54	45:06	56:37	59:52	1:12:07	1:28:04	2:08:00	6:15:47
1197	-	41:55	45:07	56:38	59:54	1:12:09	1:28:07	2:08:03	6:15:57
1196	27:25	-	45:08	56:39	59:55	1:12:11	1:28:09	2:08:06	6:16:08
1195	27:26	41:56	45:09	56:41	59:57	1:12:13	1:28:11	2:08:10	6:16:19
1194	-	41:57	45:10	56:42	59:58	1:12:14	1:28:13	2:08:13	6:16:30
1193	27:27	41:58	45:11	56:43	1:00:00	1:12:16	1:28:15	2:08:16	6:16:41
1192	27:28	41:59	45:13	56:45	1:00:01	1:12:18	1:28:18	2:08:20	6:16:52
1191	-	42:00	45:14	56:46	1:00:02	1:12:20	1:28:20	2:08:23	6:17:03
1190	27:29	42:01	45:15	56:47	1:00:04	1:12:21	1:28:22	2:08:26	6:17:14
1189	-	42:02	45:16	56:49	1:00:05	1:12:23	1:28:24	2:08:30	6:17:25
1188	27:30	42:03	45:17	56:50	1:00:07	1:12:25	1:28:26	2:08:33	6:17:36
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1184	27:33	42:07	45:21	56:56	1:00:12	1:12:32	1:28:35	2:08:46	6:18:19
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10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
-	42:41	45:58	57:42	1:01:02	1:13:32	1:29:51	2:10:40	6:24:34	1150
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Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
1100	28:27	43:32	46:52	58:52	1:02:16	1:15:03	1:31:44	2:13:31	6:33:55
1099	-	43:33	46:53	58:53	1:02:17	1:15:05	1:31:46	2:13:34	6:34:06
1098	28:28	43:34	46:55	58:55	1:02:19	1:15:07	1:31:48	2:13:37	6:34:18
1097	28:29	43:35	46:56	58:56	1:02:20	1:15:09	1:31:50	2:13:41	6:34:29
1096	-	43:36	46:57	58:57	1:02:22	1:15:10	1:31:53	2:13:44	6:34:40
1095	28:30	43:37	46:58	58:59	1:02:23	1:15:12	1:31:55	2:13:48	6:34:52
1094	28:31	43:38	46:59	59:00	1:02:25	1:15:14	1:31:57	2:13:51	6:35:03
1093	-	43:39	47:00	59:02	1:02:26	1:15:16	1:32:00	2:13:55	6:35:14
1092	28:32	43:40	47:01	59:03	1:02:28	1:15:18	1:32:02	2:13:58	6:35:26
1091	28:33	43:41	47:02	59:04	1:02:29	1:15:20	1:32:04	2:14:02	6:35:37
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1080	28:40	43:52	47:15	59:20	1:02:46	1:15:40	1:32:29	2:14:40	6:37:43
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10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
29:00	44:24	47:48	1:00:03	1:03:31	1:16:36	1:33:39	2:16:25	6:43:29	1050
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29:33	45:16	48:45	1:01:14	1:04:47	1:18:09	1:35:35	2:19:20	6:53:05	1001

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
1000	29:34	45:17	48:46	1:01:16	1:04:48	1:18:11	1:35:38	2:19:24	6:53:17
999	29:35	45:18	48:47	1:01:17	1:04:50	1:18:13	1:35:40	2:19:27	6:53:29
998	-	45:19	48:48	1:01:19	1:04:52	1:18:15	1:35:42	2:19:31	6:53:41
997	29:36	45:20	48:49	1:01:20	1:04:53	1:18:17	1:35:45	2:19:35	6:53:52
996	29:37	45:21	48:50	1:01:22	1:04:55	1:18:18	1:35:47	2:19:38	6:54:04
995	-	45:22	48:52	1:01:23	1:04:56	1:18:20	1:35:50	2:19:42	6:54:16
994	29:38	45:23	48:53	1:01:25	1:04:58	1:18:22	1:35:52	2:19:45	6:54:28
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951	30:08	46:10	49:43	1:02:29	1:06:06	1:19:46	1:37:36	2:22:23	7:03:07

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
30:09	46:11	49:45	1:02:31	1:06:08	1:19:48	1:37:39	2:22:27	7:03:19	950
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Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
900	-	47:07	50:45	1:03:47	1:07:29	1:21:28	1:39:43	2:25:35	7:13:38
899	30:45	47:08	50:46	1:03:49	1:07:31	1:21:30	1:39:46	2:25:39	7:13:51
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863	31:12	47:50	51:31	1:04:46	1:08:31	1:22:44	1:41:18	2:27:58	7:21:27
862	-	47:51	51:32	1:04:47	1:08:32	1:22:46	1:41:21	2:28:02	7:21:40
861	31:13	47:52	51:33	1:04:49	1:08:34	1:22:48	1:41:23	2:28:05	7:21:53
860	31:14	47:53	51:35	1:04:50	1:08:36	1:22:50	1:41:26	2:28:09	7:22:06
859	-	47:54	51:36	1:04:52	1:08:38	1:22:52	1:41:28	2:28:13	7:22:19
858	31:15	47:55	51:37	1:04:53	1:08:39	1:22:54	1:41:31	2:28:17	7:22:31
857	31:16	47:57	51:38	1:04:55	1:08:41	1:22:56	1:41:33	2:28:21	7:22:44
856	31:17	47:58	51:40	1:04:57	1:08:43	1:22:58	1:41:36	2:28:25	7:22:57
855	-	47:59	51:41	1:04:58	1:08:44	1:23:00	1:41:39	2:28:29	7:23:10
854	31:18	48:00	51:42	1:05:00	1:08:46	1:23:03	1:41:41	2:28:33	7:23:23
853	31:19	48:01	51:43	1:05:01	1:08:48	1:23:05	1:41:44	2:28:37	7:23:36
852	31:20	48:02	51:45	1:05:03	1:08:49	1:23:07	1:41:46	2:28:41	7:23:49
851	-	48:04	51:46	1:05:05	1:08:51	1:23:09	1:41:49	2:28:45	7:24:02

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
31:21	48:05	51:47	1:05:06	1:08:53	1:23:11	1:41:52	2:28:48	7:24:14	850
31:22	48:06	51:48	1:05:08	1:08:54	1:23:13	1:41:54	2:28:52	7:24:27	849
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31:24	48:09	51:52	1:05:13	1:09:00	1:23:19	1:42:02	2:29:04	7:25:06	846
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-	49:03	52:50	1:06:26	1:10:17	1:24:55	1:44:01	2:32:04	7:34:56	801

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
800	31:59	49:04	52:51	1:06:28	1:10:19	1:24:57	1:44:04	2:32:08	7:35:10
799	32:00	49:05	52:52	1:06:29	1:10:21	1:24:59	1:44:06	2:32:12	7:35:23
798	32:01	49:06	52:54	1:06:31	1:10:22	1:25:01	1:44:09	2:32:16	7:35:36
797	-	49:07	52:55	1:06:32	1:10:24	1:25:03	1:44:12	2:32:20	7:35:50
796	32:02	49:09	52:56	1:06:34	1:10:26	1:25:05	1:44:14	2:32:24	7:36:03
795	32:03	49:10	52:58	1:06:36	1:10:28	1:25:07	1:44:17	2:32:28	7:36:16
794	32:04	49:11	52:59	1:06:37	1:10:29	1:25:10	1:44:20	2:32:32	7:36:30
793	-	49:12	53:00	1:06:39	1:10:31	1:25:12	1:44:22	2:32:36	7:36:43
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785	32:11	49:22	53:11	1:06:52	1:10:45	1:25:29	1:44:44	2:33:09	7:38:30
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782	32:13	49:26	53:15	1:06:57	1:10:51	1:25:36	1:44:52	2:33:21	7:39:11
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768	32:24	49:43	53:33	1:07:21	1:11:16	1:26:06	1:45:30	2:34:18	7:42:20
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763	32:28	49:49	53:40	1:07:29	1:11:24	1:26:17	1:45:44	2:34:39	7:43:28
762	32:29	49:50	53:41	1:07:31	1:11:26	1:26:19	1:45:47	2:34:43	7:43:41
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757	32:33	49:56	53:48	1:07:39	1:11:35	1:26:30	1:46:00	2:35:04	7:44:50
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752	32:37	50:02	53:54	1:07:48	1:11:44	1:26:41	1:46:14	2:35:25	7:45:58
751	-	50:04	53:56	1:07:50	1:11:46	1:26:44	1:46:17	2:35:29	7:46:12

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
32:38	50:05	53:57	1:07:51	1:11:48	1:26:46	1:46:20	2:35:33	7:46:26	750
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33:12	50:58	54:54	1:09:04	1:13:05	1:28:20	1:48:18	2:38:31	7:56:11	708
33:13	50:59	54:56	1:09:06	1:13:07	1:28:23	1:48:20	2:38:35	7:56:25	707
33:14	51:00	54:57	1:09:08	1:13:09	1:28:25	1:48:23	2:38:40	7:56:40	706
-	51:02	54:58	1:09:09	1:13:10	1:28:27	1:48:26	2:38:44	7:56:54	705
33:15	51:03	55:00	1:09:11	1:13:12	1:28:30	1:48:29	2:38:48	7:57:08	704
33:16	51:04	55:01	1:09:13	1:13:14	1:28:32	1:48:32	2:38:53	7:57:22	703
33:17	51:06	55:03	1:09:15	1:13:16	1:28:34	1:48:35	2:38:57	7:57:36	702
33:18	51:07	55:04	1:09:16	1:13:18	1:28:36	1:48:38	2:39:01	7:57:50	701

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
700	33:19	51:08	55:05	1:09:18	1:13:20	1:28:39	1:48:40	2:39:06	7:58:05
699	-	51:09	55:07	1:09:20	1:13:22	1:28:41	1:48:43	2:39:10	7:58:19
698	33:20	51:11	55:08	1:09:22	1:13:24	1:28:43	1:48:46	2:39:14	7:58:33
697	33:21	51:12	55:10	1:09:23	1:13:25	1:28:46	1:48:49	2:39:19	7:58:47
696	33:22	51:13	55:11	1:09:25	1:13:27	1:28:48	1:48:52	2:39:23	7:59:02
695	33:23	51:15	55:12	1:09:27	1:13:29	1:28:50	1:48:55	2:39:27	7:59:16
694	-	51:16	55:14	1:09:29	1:13:31	1:28:53	1:48:58	2:39:32	7:59:30
693	33:24	51:17	55:15	1:09:30	1:13:33	1:28:55	1:49:01	2:39:36	7:59:44
692	33:25	51:18	55:16	1:09:32	1:13:35	1:28:57	1:49:03	2:39:40	7:59:59
691	33:26	51:20	55:18	1:09:34	1:13:37	1:29:00	1:49:06	2:39:45	8:00:13
690	33:27	51:21	55:19	1:09:36	1:13:39	1:29:02	1:49:09	2:39:49	8:00:27
689	33:28	51:22	55:21	1:09:38	1:13:40	1:29:04	1:49:12	2:39:53	8:00:42
688	-	51:24	55:22	1:09:39	1:13:42	1:29:06	1:49:15	2:39:58	8:00:56
687	33:29	51:25	55:23	1:09:41	1:13:44	1:29:09	1:49:18	2:40:02	8:01:10
686	33:30	51:26	55:25	1:09:43	1:13:46	1:29:11	1:49:21	2:40:06	8:01:25
685	33:31	51:28	55:26	1:09:45	1:13:48	1:29:13	1:49:24	2:40:11	8:01:39
684	33:32	51:29	55:28	1:09:46	1:13:50	1:29:16	1:49:26	2:40:15	8:01:54
683	33:33	51:30	55:29	1:09:48	1:13:52	1:29:18	1:49:29	2:40:20	8:02:08
682	-	51:31	55:31	1:09:50	1:13:54	1:29:20	1:49:32	2:40:24	8:02:22
681	33:34	51:33	55:32	1:09:52	1:13:56	1:29:23	1:49:35	2:40:28	8:02:37
680	33:35	51:34	55:33	1:09:54	1:13:58	1:29:25	1:49:38	2:40:33	8:02:51
679	33:36	51:35	55:35	1:09:55	1:13:59	1:29:27	1:49:41	2:40:37	8:03:06
678	33:37	51:37	55:36	1:09:57	1:14:01	1:29:30	1:49:44	2:40:42	8:03:20
677	33:38	51:38	55:38	1:09:59	1:14:03	1:29:32	1:49:47	2:40:46	8:03:35
676	-	51:39	55:39	1:10:01	1:14:05	1:29:34	1:49:50	2:40:50	8:03:49
675	33:39	51:41	55:40	1:10:03	1:14:07	1:29:37	1:49:53	2:40:55	8:04:04
674	33:40	51:42	55:42	1:10:04	1:14:09	1:29:39	1:49:56	2:40:59	8:04:18
673	33:41	51:43	55:43	1:10:06	1:14:11	1:29:41	1:49:59	2:41:04	8:04:33
672	33:42	51:44	55:45	1:10:08	1:14:13	1:29:44	1:50:01	2:41:08	8:04:47
671	33:43	51:46	55:46	1:10:10	1:14:15	1:29:46	1:50:04	2:41:12	8:05:02
670	-	51:47	55:47	1:10:12	1:14:17	1:29:48	1:50:07	2:41:17	8:05:16
669	33:44	51:48	55:49	1:10:13	1:14:18	1:29:51	1:50:10	2:41:21	8:05:31
668	33:45	51:50	55:50	1:10:15	1:14:20	1:29:53	1:50:13	2:41:26	8:05:45
667	33:46	51:51	55:52	1:10:17	1:14:22	1:29:56	1:50:16	2:41:30	8:06:00
666	33:47	51:52	55:53	1:10:19	1:14:24	1:29:58	1:50:19	2:41:34	8:06:14
665	33:48	51:54	55:55	1:10:21	1:14:26	1:30:00	1:50:22	2:41:39	8:06:29
664	33:49	51:55	55:56	1:10:22	1:14:28	1:30:03	1:50:25	2:41:43	8:06:44
663	-	51:56	55:57	1:10:24	1:14:30	1:30:05	1:50:28	2:41:48	8:06:58
662	33:50	51:58	55:59	1:10:26	1:14:32	1:30:07	1:50:31	2:41:52	8:07:13
661	33:51	51:59	56:00	1:10:28	1:14:34	1:30:10	1:50:34	2:41:57	8:07:27
660	33:52	52:00	56:02	1:10:30	1:14:36	1:30:12	1:50:37	2:42:01	8:07:42
659	33:53	52:02	56:03	1:10:32	1:14:38	1:30:14	1:50:40	2:42:06	8:07:57
658	33:54	52:03	56:05	1:10:33	1:14:40	1:30:17	1:50:43	2:42:10	8:08:11
657	-	52:04	56:06	1:10:35	1:14:42	1:30:19	1:50:46	2:42:15	8:08:26
656	33:55	52:06	56:07	1:10:37	1:14:43	1:30:22	1:50:48	2:42:19	8:08:41
655	33:56	52:07	56:09	1:10:39	1:14:45	1:30:24	1:50:51	2:42:23	8:08:55
654	33:57	52:08	56:10	1:10:41	1:14:47	1:30:26	1:50:54	2:42:28	8:09:10
653	33:58	52:10	56:12	1:10:42	1:14:49	1:30:29	1:50:57	2:42:32	8:09:25
652	33:59	52:11	56:13	1:10:44	1:14:51	1:30:31	1:51:00	2:42:37	8:09:40
651	34:00	52:12	56:15	1:10:46	1:14:53	1:30:33	1:51:03	2:42:41	8:09:54

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
-	52:14	56:16	1:10:48	1:14:55	1:30:36	1:51:06	2:42:46	8:10:09	650
34:01	52:15	56:18	1:10:50	1:14:57	1:30:38	1:51:09	2:42:50	8:10:24	649
34:02	52:16	56:19	1:10:52	1:14:59	1:30:41	1:51:12	2:42:55	8:10:39	648
34:03	52:18	56:20	1:10:53	1:15:01	1:30:43	1:51:15	2:42:59	8:10:53	647
34:04	52:19	56:22	1:10:55	1:15:03	1:30:45	1:51:18	2:43:04	8:11:08	646
34:05	52:20	56:23	1:10:57	1:15:05	1:30:48	1:51:21	2:43:08	8:11:23	645
34:06	52:22	56:25	1:10:59	1:15:07	1:30:50	1:51:24	2:43:13	8:11:38	644
-	52:23	56:26	1:11:01	1:15:09	1:30:53	1:51:27	2:43:17	8:11:53	643
34:07	52:24	56:28	1:11:03	1:15:11	1:30:55	1:51:30	2:43:22	8:12:08	642
34:08	52:26	56:29	1:11:05	1:15:13	1:30:57	1:51:33	2:43:26	8:12:22	641
34:09	52:27	56:31	1:11:06	1:15:15	1:31:00	1:51:36	2:43:31	8:12:37	640
34:10	52:28	56:32	1:11:08	1:15:17	1:31:02	1:51:39	2:43:35	8:12:52	639
34:11	52:30	56:33	1:11:10	1:15:19	1:31:05	1:51:42	2:43:40	8:13:07	638
34:12	52:31	56:35	1:11:12	1:15:20	1:31:07	1:51:45	2:43:44	8:13:22	637
-	52:32	56:36	1:11:14	1:15:22	1:31:09	1:51:48	2:43:49	8:13:37	636
34:13	52:34	56:38	1:11:16	1:15:24	1:31:12	1:51:51	2:43:54	8:13:52	635
34:14	52:35	56:39	1:11:17	1:15:26	1:31:14	1:51:54	2:43:58	8:14:07	634
34:15	52:36	56:41	1:11:19	1:15:28	1:31:17	1:51:57	2:44:03	8:14:22	633
34:16	52:38	56:42	1:11:21	1:15:30	1:31:19	1:52:00	2:44:07	8:14:37	632
34:17	52:39	56:44	1:11:23	1:15:32	1:31:21	1:52:03	2:44:12	8:14:52	631
34:18	52:40	56:45	1:11:25	1:15:34	1:31:24	1:52:06	2:44:16	8:15:07	630
-	52:42	56:47	1:11:27	1:15:36	1:31:26	1:52:09	2:44:21	8:15:22	629
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34:22	52:47	56:52	1:11:34	1:15:44	1:31:36	1:52:21	2:44:39	8:16:22	625
34:23	52:49	56:54	1:11:36	1:15:46	1:31:38	1:52:24	2:44:44	8:16:37	624
34:24	52:50	56:55	1:11:38	1:15:48	1:31:41	1:52:27	2:44:48	8:16:52	623
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-	52:53	56:58	1:11:42	1:15:52	1:31:46	1:52:33	2:44:57	8:17:22	621
34:26	52:54	57:00	1:11:44	1:15:54	1:31:48	1:52:37	2:45:02	8:17:37	620
34:27	52:55	57:01	1:11:45	1:15:56	1:31:51	1:52:40	2:45:07	8:17:52	619
34:28	52:57	57:03	1:11:47	1:15:58	1:31:53	1:52:43	2:45:11	8:18:07	618
34:29	52:58	57:04	1:11:49	1:16:00	1:31:55	1:52:46	2:45:16	8:18:23	617
34:30	53:00	57:06	1:11:51	1:16:02	1:31:58	1:52:49	2:45:20	8:18:38	616
34:31	53:01	57:07	1:11:53	1:16:04	1:32:00	1:52:52	2:45:25	8:18:53	615
34:32	53:02	57:09	1:11:55	1:16:06	1:32:03	1:52:55	2:45:30	8:19:08	614
-	53:04	57:10	1:11:57	1:16:08	1:32:05	1:52:58	2:45:34	8:19:23	613
34:33	53:05	57:12	1:11:59	1:16:10	1:32:08	1:53:01	2:45:39	8:19:38	612
34:34	53:06	57:13	1:12:00	1:16:12	1:32:10	1:53:04	2:45:44	8:19:54	611
34:35	53:08	57:15	1:12:02	1:16:14	1:32:13	1:53:07	2:45:48	8:20:09	610
34:36	53:09	57:16	1:12:04	1:16:16	1:32:15	1:53:10	2:45:53	8:20:24	609
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34:40	53:16	57:24	1:12:14	1:16:26	1:32:27	1:53:26	2:46:16	8:21:41	604
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34:42	53:19	57:27	1:12:18	1:16:30	1:32:32	1:53:32	2:46:25	8:22:11	602
34:43	53:20	57:28	1:12:19	1:16:32	1:32:35	1:53:35	2:46:30	8:22:27	601

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
600	34:44	53:22	57:30	1:12:21	1:16:34	1:32:37	1:53:38	2:46:35	8:22:42
599	34:45	53:23	57:31	1:12:23	1:16:36	1:32:40	1:53:41	2:46:39	8:22:57
598	34:46	53:24	57:33	1:12:25	1:16:38	1:32:42	1:53:44	2:46:44	8:23:13
597	34:47	53:26	57:34	1:12:27	1:16:40	1:32:45	1:53:47	2:46:49	8:23:28
596	-	53:27	57:36	1:12:29	1:16:42	1:32:47	1:53:50	2:46:53	8:23:44
595	34:48	53:29	57:37	1:12:31	1:16:44	1:32:50	1:53:53	2:46:58	8:23:59
594	34:49	53:30	57:39	1:12:33	1:16:46	1:32:52	1:53:56	2:47:03	8:24:14
593	34:50	53:31	57:40	1:12:35	1:16:48	1:32:55	1:54:00	2:47:08	8:24:30
592	34:51	53:33	57:42	1:12:37	1:16:50	1:32:57	1:54:03	2:47:12	8:24:45
591	34:52	53:34	57:43	1:12:39	1:16:52	1:33:00	1:54:06	2:47:17	8:25:01
590	34:53	53:36	57:45	1:12:40	1:16:54	1:33:02	1:54:09	2:47:22	8:25:16
589	34:54	53:37	57:46	1:12:42	1:16:56	1:33:05	1:54:12	2:47:26	8:25:32
588	34:55	53:38	57:48	1:12:44	1:16:59	1:33:07	1:54:15	2:47:31	8:25:47
587	34:56	53:40	57:49	1:12:46	1:17:01	1:33:10	1:54:18	2:47:36	8:26:03
586	-	53:41	57:51	1:12:48	1:17:03	1:33:12	1:54:21	2:47:40	8:26:18
585	34:57	53:43	57:52	1:12:50	1:17:05	1:33:15	1:54:25	2:47:45	8:26:34
584	34:58	53:44	57:54	1:12:52	1:17:07	1:33:17	1:54:28	2:47:50	8:26:49
583	34:59	53:45	57:55	1:12:54	1:17:09	1:33:20	1:54:31	2:47:55	8:27:05
582	35:00	53:47	57:57	1:12:56	1:17:11	1:33:22	1:54:34	2:47:59	8:27:21
581	35:01	53:48	57:58	1:12:58	1:17:13	1:33:25	1:54:37	2:48:04	8:27:36
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568	35:13	54:07	58:18	1:13:23	1:17:40	1:33:58	1:55:18	2:49:06	8:31:00
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565	-	54:11	58:23	1:13:29	1:17:46	1:34:06	1:55:28	2:49:21	8:31:48
564	35:16	54:12	58:24	1:13:31	1:17:48	1:34:08	1:55:31	2:49:25	8:32:04
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552	35:27	54:30	58:43	1:13:55	1:18:13	1:34:39	1:56:09	2:50:24	8:35:15
551	35:28	54:31	58:45	1:13:57	1:18:15	1:34:42	1:56:13	2:50:28	8:35:31

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
35:29	54:33	58:46	1:13:59	1:18:17	1:34:44	1:56:16	2:50:33	8:35:47	550
35:30	54:34	58:48	1:14:01	1:18:20	1:34:47	1:56:19	2:50:38	8:36:03	549
35:31	54:35	58:49	1:14:03	1:18:22	1:34:49	1:56:22	2:50:43	8:36:19	548
35:32	54:37	58:51	1:14:05	1:18:24	1:34:52	1:56:26	2:50:48	8:36:35	547
35:33	54:38	58:52	1:14:07	1:18:26	1:34:55	1:56:29	2:50:53	8:36:51	546
35:34	54:40	58:54	1:14:09	1:18:28	1:34:57	1:56:32	2:50:58	8:37:07	545
35:35	54:41	58:56	1:14:11	1:18:30	1:35:00	1:56:35	2:51:03	8:37:23	544
35:36	54:43	58:57	1:14:13	1:18:32	1:35:02	1:56:39	2:51:08	8:37:40	543
35:37	54:44	58:59	1:14:15	1:18:34	1:35:05	1:56:42	2:51:12	8:37:56	542
35:38	54:46	59:00	1:14:17	1:18:36	1:35:08	1:56:45	2:51:17	8:38:12	541
35:39	54:47	59:02	1:14:19	1:18:39	1:35:10	1:56:48	2:51:22	8:38:28	540
35:40	54:49	59:04	1:14:21	1:18:41	1:35:13	1:56:52	2:51:27	8:38:44	539
-	54:50	59:05	1:14:23	1:18:43	1:35:15	1:56:55	2:51:32	8:39:01	538
35:41	54:51	59:07	1:14:25	1:18:45	1:35:18	1:56:58	2:51:37	8:39:17	537
35:42	54:53	59:08	1:14:27	1:18:47	1:35:21	1:57:01	2:51:42	8:39:33	536
35:43	54:54	59:10	1:14:29	1:18:49	1:35:23	1:57:05	2:51:47	8:39:49	535
35:44	54:56	59:11	1:14:31	1:18:51	1:35:26	1:57:08	2:51:52	8:40:06	534
35:45	54:57	59:13	1:14:33	1:18:54	1:35:29	1:57:11	2:51:57	8:40:22	533
35:46	54:59	59:15	1:14:35	1:18:56	1:35:31	1:57:15	2:52:02	8:40:38	532
35:47	55:00	59:16	1:14:37	1:18:58	1:35:34	1:57:18	2:52:07	8:40:54	531
35:48	55:02	59:18	1:14:39	1:19:00	1:35:36	1:57:21	2:52:12	8:41:11	530
35:49	55:03	59:19	1:14:41	1:19:02	1:35:39	1:57:24	2:52:17	8:41:27	529
35:50	55:05	59:21	1:14:43	1:19:04	1:35:42	1:57:28	2:52:22	8:41:44	528
35:51	55:06	59:23	1:14:45	1:19:06	1:35:44	1:57:31	2:52:27	8:42:00	527
35:52	55:08	59:24	1:14:47	1:19:09	1:35:47	1:57:34	2:52:32	8:42:16	526
35:53	55:09	59:26	1:14:49	1:19:11	1:35:50	1:57:38	2:52:37	8:42:33	525
35:54	55:11	59:27	1:14:51	1:19:13	1:35:52	1:57:41	2:52:42	8:42:49	524
35:55	55:12	59:29	1:14:53	1:19:15	1:35:55	1:57:44	2:52:47	8:43:06	523
35:56	55:14	59:31	1:14:55	1:19:17	1:35:58	1:57:48	2:52:52	8:43:22	522
35:57	55:15	59:32	1:14:57	1:19:19	1:36:00	1:57:51	2:52:57	8:43:39	521
-	55:17	59:34	1:14:59	1:19:22	1:36:03	1:57:54	2:53:02	8:43:55	520
35:58	55:18	59:35	1:15:01	1:19:24	1:36:06	1:57:58	2:53:07	8:44:12	519
35:59	55:20	59:37	1:15:03	1:19:26	1:36:08	1:58:01	2:53:12	8:44:28	518
36:00	55:21	59:39	1:15:05	1:19:28	1:36:11	1:58:04	2:53:17	8:44:45	517
36:01	55:23	59:40	1:15:07	1:19:30	1:36:14	1:58:08	2:53:22	8:45:01	516
36:02	55:24	59:42	1:15:10	1:19:32	1:36:16	1:58:11	2:53:27	8:45:18	515
36:03	55:26	59:44	1:15:12	1:19:35	1:36:19	1:58:14	2:53:32	8:45:34	514
36:04	55:27	59:45	1:15:14	1:19:37	1:36:22	1:58:18	2:53:37	8:45:51	513
36:05	55:29	59:47	1:15:16	1:19:39	1:36:24	1:58:21	2:53:42	8:46:08	512
36:06	55:30	59:48	1:15:18	1:19:41	1:36:27	1:58:24	2:53:47	8:46:24	511
36:07	55:32	59:50	1:15:20	1:19:43	1:36:30	1:58:28	2:53:52	8:46:41	510
36:08	55:33	59:52	1:15:22	1:19:46	1:36:33	1:58:31	2:53:57	8:46:58	509
36:09	55:35	59:53	1:15:24	1:19:48	1:36:35	1:58:34	2:54:02	8:47:14	508
36:10	55:36	59:55	1:15:26	1:19:50	1:36:38	1:58:38	2:54:07	8:47:31	507
36:11	55:38	59:57	1:15:28	1:19:52	1:36:41	1:58:41	2:54:12	8:47:48	506
36:12	55:39	59:58	1:15:30	1:19:54	1:36:43	1:58:44	2:54:18	8:48:04	505
36:13	55:41	1:00:00	1:15:32	1:19:57	1:36:46	1:58:48	2:54:23	8:48:21	504
36:14	55:42	1:00:01	1:15:34	1:19:59	1:36:49	1:58:51	2:54:28	8:48:38	503
36:15	55:44	1:00:03	1:15:36	1:20:01	1:36:51	1:58:55	2:54:33	8:48:55	502
36:16	55:45	1:00:05	1:15:39	1:20:03	1:36:54	1:58:58	2:54:38	8:49:12	501

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
500	36:17	55:47	1:00:06	1:15:41	1:20:05	1:36:57	1:59:01	2:54:43	8:49:28
499	36:18	55:48	1:00:08	1:15:43	1:20:08	1:37:00	1:59:05	2:54:48	8:49:45
498	36:19	55:50	1:00:10	1:15:45	1:20:10	1:37:02	1:59:08	2:54:53	8:50:02
497	36:20	55:51	1:00:11	1:15:47	1:20:12	1:37:05	1:59:12	2:54:58	8:50:19
496	36:21	55:53	1:00:13	1:15:49	1:20:14	1:37:08	1:59:15	2:55:04	8:50:36
495	36:22	55:54	1:00:15	1:15:51	1:20:17	1:37:10	1:59:18	2:55:09	8:50:53
494	36:23	55:56	1:00:16	1:15:53	1:20:19	1:37:13	1:59:22	2:55:14	8:51:10
493	36:24	55:57	1:00:18	1:15:55	1:20:21	1:37:16	1:59:25	2:55:19	8:51:27
492	36:25	55:59	1:00:20	1:15:57	1:20:23	1:37:19	1:59:29	2:55:24	8:51:44
491	36:26	56:01	1:00:21	1:16:00	1:20:25	1:37:21	1:59:32	2:55:29	8:52:01
490	36:27	56:02	1:00:23	1:16:02	1:20:28	1:37:24	1:59:35	2:55:34	8:52:18
489	36:28	56:04	1:00:25	1:16:04	1:20:30	1:37:27	1:59:39	2:55:40	8:52:35
488	-	56:05	1:00:26	1:16:06	1:20:32	1:37:30	1:59:42	2:55:45	8:52:52
487	36:29	56:07	1:00:28	1:16:08	1:20:34	1:37:32	1:59:46	2:55:50	8:53:09
486	36:30	56:08	1:00:30	1:16:10	1:20:37	1:37:35	1:59:49	2:55:55	8:53:26
485	36:31	56:10	1:00:31	1:16:12	1:20:39	1:37:38	1:59:53	2:56:00	8:53:43
484	36:32	56:11	1:00:33	1:16:14	1:20:41	1:37:41	1:59:56	2:56:06	8:54:00
483	36:33	56:13	1:00:35	1:16:16	1:20:43	1:37:43	1:59:59	2:56:11	8:54:17
482	36:34	56:14	1:00:36	1:16:19	1:20:46	1:37:46	2:00:03	2:56:16	8:54:34
481	36:35	56:16	1:00:38	1:16:21	1:20:48	1:37:49	2:00:06	2:56:21	8:54:51
480	36:36	56:17	1:00:40	1:16:23	1:20:50	1:37:52	2:00:10	2:56:26	8:55:08
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478	36:38	56:21	1:00:43	1:16:27	1:20:55	1:37:57	2:00:17	2:56:37	8:55:43
477	36:39	56:22	1:00:45	1:16:29	1:20:57	1:38:00	2:00:20	2:56:42	8:56:00
476	36:40	56:24	1:00:46	1:16:31	1:20:59	1:38:03	2:00:24	2:56:47	8:56:17
475	36:41	56:25	1:00:48	1:16:33	1:21:02	1:38:06	2:00:27	2:56:53	8:56:35
474	36:42	56:27	1:00:50	1:16:36	1:21:04	1:38:08	2:00:31	2:56:58	8:56:52
473	36:43	56:28	1:00:51	1:16:38	1:21:06	1:38:11	2:00:34	2:57:03	8:57:09
472	36:44	56:30	1:00:53	1:16:40	1:21:08	1:38:14	2:00:38	2:57:08	8:57:26
471	36:45	56:32	1:00:55	1:16:42	1:21:11	1:38:17	2:00:41	2:57:14	8:57:44
470	36:46	56:33	1:00:56	1:16:44	1:21:13	1:38:20	2:00:45	2:57:19	8:58:01
469	36:47	56:35	1:00:58	1:16:46	1:21:15	1:38:22	2:00:48	2:57:24	8:58:19
468	36:48	56:36	1:01:00	1:16:49	1:21:17	1:38:25	2:00:52	2:57:29	8:58:36
467	36:49	56:38	1:01:02	1:16:51	1:21:20	1:38:28	2:00:55	2:57:35	8:58:53
466	36:50	56:39	1:01:03	1:16:53	1:21:22	1:38:31	2:00:59	2:57:40	8:59:11
465	36:51	56:41	1:01:05	1:16:55	1:21:24	1:38:34	2:01:02	2:57:45	8:59:28
464	36:52	56:43	1:01:07	1:16:57	1:21:27	1:38:37	2:01:06	2:57:51	8:59:46
463	36:53	56:44	1:01:08	1:16:59	1:21:29	1:38:39	2:01:09	2:57:56	9:00:03
462	36:54	56:46	1:01:10	1:17:02	1:21:31	1:38:42	2:01:13	2:58:01	9:00:21
461	36:55	56:47	1:01:12	1:17:04	1:21:34	1:38:45	2:01:16	2:58:07	9:00:38
460	36:56	56:49	1:01:13	1:17:06	1:21:36	1:38:48	2:01:20	2:58:12	9:00:56
459	36:57	56:50	1:01:15	1:17:08	1:21:38	1:38:51	2:01:23	2:58:17	9:01:13
458	36:59	56:52	1:01:17	1:17:10	1:21:40	1:38:54	2:01:27	2:58:23	9:01:31
457	37:00	56:54	1:01:19	1:17:12	1:21:43	1:38:56	2:01:30	2:58:28	9:01:48
456	37:01	56:55	1:01:20	1:17:15	1:21:45	1:38:59	2:01:34	2:58:33	9:02:06
455	37:02	56:57	1:01:22	1:17:17	1:21:47	1:39:02	2:01:37	2:58:39	9:02:24
454	37:03	56:58	1:01:24	1:17:19	1:21:50	1:39:05	2:01:41	2:58:44	9:02:41
453	37:04	57:00	1:01:26	1:17:21	1:21:52	1:39:08	2:01:45	2:58:49	9:02:59
452	37:05	57:02	1:01:27	1:17:23	1:21:54	1:39:11	2:01:48	2:58:55	9:03:17
451	37:06	57:03	1:01:29	1:17:26	1:21:57	1:39:14	2:01:52	2:59:00	9:03:34

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
37:07	57:05	1:01:31	1:17:28	1:21:59	1:39:16	2:01:55	2:59:06	9:03:52	450
37:08	57:06	1:01:32	1:17:30	1:22:01	1:39:19	2:01:59	2:59:11	9:04:10	449
37:09	57:08	1:01:34	1:17:32	1:22:04	1:39:22	2:02:02	2:59:16	9:04:28	448
37:10	57:10	1:01:36	1:17:34	1:22:06	1:39:25	2:02:06	2:59:22	9:04:45	447
37:11	57:11	1:01:38	1:17:37	1:22:08	1:39:28	2:02:10	2:59:27	9:05:03	446
37:12	57:13	1:01:39	1:17:39	1:22:11	1:39:31	2:02:13	2:59:33	9:05:21	445
37:13	57:14	1:01:41	1:17:41	1:22:13	1:39:34	2:02:17	2:59:38	9:05:39	444
37:14	57:16	1:01:43	1:17:43	1:22:15	1:39:37	2:02:20	2:59:44	9:05:57	443
37:15	57:18	1:01:45	1:17:45	1:22:18	1:39:39	2:02:24	2:59:49	9:06:15	442
37:16	57:19	1:01:46	1:17:48	1:22:20	1:39:42	2:02:28	2:59:54	9:06:33	441
37:17	57:21	1:01:48	1:17:50	1:22:23	1:39:45	2:02:31	3:00:00	9:06:51	440
37:18	57:23	1:01:50	1:17:52	1:22:25	1:39:48	2:02:35	3:00:05	9:07:08	439
37:19	57:24	1:01:52	1:17:54	1:22:27	1:39:51	2:02:38	3:00:11	9:07:26	438
37:20	57:26	1:01:53	1:17:57	1:22:30	1:39:54	2:02:42	3:00:16	9:07:44	437
37:21	57:27	1:01:55	1:17:59	1:22:32	1:39:57	2:02:46	3:00:22	9:08:02	436
37:22	57:29	1:01:57	1:18:01	1:22:34	1:40:00	2:02:49	3:00:27	9:08:20	435
37:23	57:31	1:01:59	1:18:03	1:22:37	1:40:03	2:02:53	3:00:33	9:08:39	434
37:24	57:32	1:02:00	1:18:06	1:22:39	1:40:06	2:02:57	3:00:38	9:08:57	433
37:25	57:34	1:02:02	1:18:08	1:22:42	1:40:08	2:03:00	3:00:44	9:09:15	432
37:26	57:36	1:02:04	1:18:10	1:22:44	1:40:11	2:03:04	3:00:49	9:09:33	431
37:27	57:37	1:02:06	1:18:12	1:22:46	1:40:14	2:03:08	3:00:55	9:09:51	430
37:28	57:39	1:02:08	1:18:15	1:22:49	1:40:17	2:03:11	3:01:00	9:10:09	429
37:30	57:41	1:02:09	1:18:17	1:22:51	1:40:20	2:03:15	3:01:06	9:10:27	428
37:31	57:42	1:02:11	1:18:19	1:22:53	1:40:23	2:03:19	3:01:11	9:10:46	427
37:32	57:44	1:02:13	1:18:21	1:22:56	1:40:26	2:03:22	3:01:17	9:11:04	426
37:33	57:45	1:02:15	1:18:24	1:22:58	1:40:29	2:03:26	3:01:22	9:11:22	425
37:34	57:47	1:02:16	1:18:26	1:23:01	1:40:32	2:03:30	3:01:28	9:11:40	424
37:35	57:49	1:02:18	1:18:28	1:23:03	1:40:35	2:03:33	3:01:33	9:11:59	423
37:36	57:50	1:02:20	1:18:30	1:23:05	1:40:38	2:03:37	3:01:39	9:12:17	422
37:37	57:52	1:02:22	1:18:33	1:23:08	1:40:41	2:03:41	3:01:45	9:12:35	421
37:38	57:54	1:02:24	1:18:35	1:23:10	1:40:44	2:03:44	3:01:50	9:12:54	420
37:39	57:55	1:02:25	1:18:37	1:23:13	1:40:47	2:03:48	3:01:56	9:13:12	419
37:40	57:57	1:02:27	1:18:39	1:23:15	1:40:50	2:03:52	3:02:01	9:13:30	418
37:41	57:59	1:02:29	1:18:42	1:23:18	1:40:53	2:03:55	3:02:07	9:13:49	417
37:42	58:00	1:02:31	1:18:44	1:23:20	1:40:56	2:03:59	3:02:13	9:14:07	416
37:43	58:02	1:02:33	1:18:46	1:23:22	1:40:59	2:04:03	3:02:18	9:14:26	415
37:44	58:04	1:02:34	1:18:49	1:23:25	1:41:02	2:04:07	3:02:24	9:14:44	414
37:45	58:05	1:02:36	1:18:51	1:23:27	1:41:05	2:04:10	3:02:29	9:15:03	413
37:46	58:07	1:02:38	1:18:53	1:23:30	1:41:08	2:04:14	3:02:35	9:15:21	412
37:48	58:09	1:02:40	1:18:56	1:23:32	1:41:11	2:04:18	3:02:41	9:15:40	411
37:49	58:10	1:02:42	1:18:58	1:23:35	1:41:14	2:04:21	3:02:46	9:15:58	410
37:50	58:12	1:02:43	1:19:00	1:23:37	1:41:17	2:04:25	3:02:52	9:16:17	409
37:51	58:14	1:02:45	1:19:02	1:23:40	1:41:20	2:04:29	3:02:58	9:16:36	408
37:52	58:15	1:02:47	1:19:05	1:23:42	1:41:23	2:04:33	3:03:03	9:16:54	407
37:53	58:17	1:02:49	1:19:07	1:23:44	1:41:26	2:04:37	3:03:09	9:17:13	406
37:54	58:19	1:02:51	1:19:09	1:23:47	1:41:29	2:04:40	3:03:15	9:17:32	405
37:55	58:21	1:02:53	1:19:12	1:23:49	1:41:32	2:04:44	3:03:20	9:17:50	404
37:56	58:22	1:02:54	1:19:14	1:23:52	1:41:35	2:04:48	3:03:26	9:18:09	403
37:57	58:24	1:02:56	1:19:16	1:23:54	1:41:38	2:04:52	3:03:32	9:18:28	402
37:58	58:26	1:02:58	1:19:19	1:23:57	1:41:41	2:04:55	3:03:37	9:18:46	401

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
400	37:59	58:27	1:03:00	1:19:21	1:23:59	1:41:44	2:04:59	3:03:43	9:19:05
399	38:01	58:29	1:03:02	1:19:23	1:24:02	1:41:47	2:05:03	3:03:49	9:19:24
398	38:02	58:31	1:03:04	1:19:26	1:24:04	1:41:50	2:05:07	3:03:55	9:19:43
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10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
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38:58	59:59	1:04:39	1:21:27	1:26:12	1:44:27	2:08:23	3:08:51	9:35:58	348
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39:00	1:00:02	1:04:43	1:21:32	1:26:18	1:44:34	2:08:31	3:09:03	9:36:38	346
39:01	1:00:04	1:04:45	1:21:34	1:26:20	1:44:37	2:08:35	3:09:09	9:36:59	345
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39:05	1:00:10	1:04:51	1:21:42	1:26:28	1:44:47	2:08:48	3:09:28	9:37:59	342
39:06	1:00:12	1:04:53	1:21:44	1:26:31	1:44:50	2:08:52	3:09:34	9:38:20	341
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39:09	1:00:15	1:04:57	1:21:49	1:26:36	1:44:57	2:09:00	3:09:47	9:39:01	339
39:10	1:00:17	1:04:59	1:21:52	1:26:39	1:45:00	2:09:04	3:09:53	9:39:21	338
39:11	1:00:19	1:05:01	1:21:54	1:26:42	1:45:04	2:09:08	3:09:59	9:39:42	337
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39:41	1:01:06	1:05:52	1:22:59	1:27:51	1:46:28	2:10:53	3:12:38	9:48:24	312
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39:45	1:01:12	1:05:58	1:23:07	1:27:59	1:46:38	2:11:06	3:12:57	9:49:28	309
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Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
300	39:56	1:01:30	1:06:17	1:23:31	1:28:25	1:47:10	2:11:45	3:13:56	9:52:42
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10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
41:02	1:03:12	1:08:08	1:25:52	1:30:54	1:50:13	2:15:34	3:19:42	10:11:38	250
41:03	1:03:14	1:08:10	1:25:55	1:30:57	1:50:17	2:15:39	3:19:49	10:12:02	249
41:04	1:03:16	1:08:12	1:25:58	1:31:00	1:50:21	2:15:44	3:19:56	10:12:26	248
41:06	1:03:19	1:08:15	1:26:01	1:31:03	1:50:25	2:15:48	3:20:03	10:12:50	247
41:07	1:03:21	1:08:17	1:26:04	1:31:07	1:50:29	2:15:53	3:20:11	10:13:14	246
41:09	1:03:23	1:08:19	1:26:07	1:31:10	1:50:32	2:15:58	3:20:18	10:13:38	245
41:10	1:03:25	1:08:22	1:26:10	1:31:13	1:50:36	2:16:03	3:20:25	10:14:02	244
41:11	1:03:27	1:08:24	1:26:13	1:31:16	1:50:40	2:16:08	3:20:33	10:14:26	243
41:13	1:03:30	1:08:26	1:26:16	1:31:19	1:50:44	2:16:13	3:20:40	10:14:50	242
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41:24	1:03:47	1:08:45	1:26:40	1:31:45	1:51:16	2:16:52	3:21:39	10:18:05	234
41:25	1:03:49	1:08:48	1:26:43	1:31:48	1:51:20	2:16:57	3:21:47	10:18:30	233
41:27	1:03:52	1:08:50	1:26:46	1:31:51	1:51:24	2:17:02	3:21:54	10:18:55	232
41:28	1:03:54	1:08:53	1:26:49	1:31:55	1:51:28	2:17:07	3:22:02	10:19:19	231
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41:50	1:04:28	1:09:30	1:27:36	1:32:44	1:52:29	2:18:23	3:23:57	10:25:37	216
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41:58	1:04:40	1:09:42	1:27:52	1:33:01	1:52:49	2:18:49	3:24:36	10:27:46	211
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42:07	1:04:54	1:09:57	1:28:12	1:33:22	1:53:15	2:19:20	3:25:23	10:30:22	205
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Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
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45:02	1:09:27	1:14:53	1:34:27	1:40:00	2:01:24	2:29:30	3:40:44	11:20:50	106
45:04	1:09:31	1:14:57	1:34:32	1:40:05	2:01:30	2:29:37	3:40:55	11:21:27	105
45:06	1:09:34	1:15:00	1:34:36	1:40:10	2:01:36	2:29:45	3:41:06	11:22:03	104
45:08	1:09:37	1:15:04	1:34:41	1:40:15	2:01:42	2:29:52	3:41:17	11:22:40	103
45:10	1:09:41	1:15:07	1:34:45	1:40:20	2:01:48	2:30:00	3:41:29	11:23:18	102
45:12	1:09:44	1:15:11	1:34:50	1:40:24	2:01:54	2:30:07	3:41:40	11:23:55	101

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
100	45:14	1:09:47	1:15:15	1:34:55	1:40:29	2:02:00	2:30:15	3:41:51	11:24:32
99	45:17	1:09:51	1:15:18	1:34:59	1:40:34	2:02:06	2:30:22	3:42:03	11:25:10
98	45:19	1:09:54	1:15:22	1:35:04	1:40:39	2:02:12	2:30:30	3:42:14	11:25:48
97	45:21	1:09:58	1:15:26	1:35:09	1:40:44	2:02:18	2:30:38	3:42:26	11:26:26
96	45:23	1:10:01	1:15:30	1:35:14	1:40:49	2:02:24	2:30:45	3:42:38	11:27:04
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94	45:28	1:10:08	1:15:37	1:35:23	1:41:00	2:02:37	2:31:01	3:43:01	11:28:22
93	45:30	1:10:12	1:15:41	1:35:28	1:41:05	2:02:43	2:31:09	3:43:13	11:29:01
92	45:32	1:10:15	1:15:45	1:35:33	1:41:10	2:02:49	2:31:17	3:43:25	11:29:40
91	45:35	1:10:19	1:15:49	1:35:38	1:41:15	2:02:56	2:31:25	3:43:37	11:30:19
90	45:37	1:10:22	1:15:52	1:35:43	1:41:20	2:03:02	2:31:33	3:43:49	11:30:59
89	45:39	1:10:26	1:15:56	1:35:48	1:41:25	2:03:09	2:31:41	3:44:01	11:31:38
88	45:41	1:10:30	1:16:00	1:35:53	1:41:31	2:03:15	2:31:49	3:44:13	11:32:18
87	45:44	1:10:33	1:16:04	1:35:58	1:41:36	2:03:21	2:31:57	3:44:25	11:32:59
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85	45:48	1:10:40	1:16:12	1:36:08	1:41:47	2:03:35	2:32:13	3:44:50	11:34:20
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52	47:16	1:12:57	1:18:40	1:39:15	1:45:05	2:07:39	2:37:18	3:52:29	11:59:32
51	47:19	1:13:02	1:18:45	1:39:22	1:45:12	2:07:47	2:37:28	3:52:45	12:00:24

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
47:22	1:13:07	1:18:50	1:39:28	1:45:19	2:07:56	2:37:39	3:53:02	12:01:17	50
47:25	1:13:11	1:18:55	1:39:35	1:45:26	2:08:04	2:37:50	3:53:18	12:02:11	49
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50:19	1:17:43	1:23:49	1:45:48	1:52:02	2:16:11	2:47:56	4:08:33	12:52:21	9
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51:46	1:19:59	1:26:16	1:48:55	1:55:20	2:20:14	2:52:59	4:16:11	13:17:27	1

Men's Race Walking Hommes Epreuves de Marche

by Dr. Bojidar Spiriev
updated by Attila Spiriev

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
1400	-	-	33:41	1:10:15	1:48:16	2:06:03	3:12:06
1399	9:26	15:57	33:42	1:10:17	1:48:20	2:06:09	3:12:15
1398	-	15:58	33:43	1:10:20	1:48:25	2:06:14	3:12:24
1397	9:27	15:59	33:45	1:10:23	1:48:30	2:06:20	3:12:33
1396	-	-	33:46	1:10:26	1:48:35	2:06:26	3:12:43
1395	9:28	16:00	33:48	1:10:28	1:48:39	2:06:32	3:12:52
1394	-	16:01	33:49	1:10:31	1:48:44	2:06:38	3:13:01
1393	-	-	33:50	1:10:34	1:48:49	2:06:44	3:13:10
1392	9:29	16:02	33:52	1:10:37	1:48:54	2:06:50	3:13:19
1391	-	16:03	33:53	1:10:40	1:48:59	2:06:55	3:13:29
1390	9:30	16:04	33:55	1:10:42	1:49:03	2:07:01	3:13:38
1389	-	-	33:56	1:10:45	1:49:08	2:07:07	3:13:47
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1387	-	16:06	33:59	1:10:51	1:49:18	2:07:19	3:14:05
1386	-	-	34:00	1:10:54	1:49:22	2:07:25	3:14:15
1385	9:32	16:07	34:02	1:10:56	1:49:27	2:07:31	3:14:24
1384	-	16:08	34:03	1:10:59	1:49:32	2:07:37	3:14:33
1383	9:33	16:09	34:04	1:11:02	1:49:37	2:07:42	3:14:42
1382	-	-	34:06	1:11:05	1:49:41	2:07:48	3:14:51
1381	9:34	16:10	34:07	1:11:08	1:49:46	2:07:54	3:15:01
1380	-	16:11	34:09	1:11:10	1:49:51	2:08:00	3:15:10
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1376	9:36	-	34:14	1:11:22	1:50:10	2:08:24	3:15:47
1375	-	16:14	34:16	1:11:24	1:50:15	2:08:30	3:15:56
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1366	-	16:21	34:28	1:11:50	1:50:58	2:09:23	3:17:20
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1364	-	16:22	34:31	1:11:55	1:51:08	2:09:35	3:17:38
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1360	9:43	16:25	34:37	1:12:07	1:51:27	2:09:58	3:18:15
1359	-	16:26	34:38	1:12:09	1:51:32	2:10:04	3:18:25
1358	9:44	-	34:40	1:12:12	1:51:37	2:10:10	3:18:34
1357	-	16:27	34:41	1:12:15	1:51:42	2:10:16	3:18:43
1356	-	16:28	34:42	1:12:18	1:51:46	2:10:22	3:18:53
1355	9:45	16:29	34:44	1:12:21	1:51:51	2:10:28	3:19:02
1354	-	-	34:45	1:12:23	1:51:56	2:10:34	3:19:11
1353	9:46	16:30	34:47	1:12:26	1:52:01	2:10:40	3:19:21
1352	-	16:31	34:48	1:12:29	1:52:06	2:10:46	3:19:30
1351	9:47	-	34:50	1:12:32	1:52:11	2:10:52	3:19:39

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
-	16:32	34:51	1:12:35	1:52:15	2:10:58	3:19:49	1350
-	16:33	34:52	1:12:38	1:52:20	2:11:04	3:19:58	1349
9:48	16:34	34:54	1:12:40	1:52:25	2:11:10	3:20:07	1348
-	-	34:55	1:12:43	1:52:30	2:11:16	3:20:17	1347
9:49	16:35	34:57	1:12:46	1:52:35	2:11:22	3:20:26	1346
-	16:36	34:58	1:12:49	1:52:40	2:11:28	3:20:35	1345
9:50	-	34:59	1:12:52	1:52:44	2:11:34	3:20:45	1344
-	16:37	35:01	1:12:55	1:52:49	2:11:40	3:20:54	1343
-	16:38	35:02	1:12:57	1:52:54	2:11:46	3:21:03	1342
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Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
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10:54	18:23	38:28	1:19:49	2:04:37	2:26:11	3:43:40	1201

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
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1199	10:55	-	38:31	1:19:55	2:04:48	2:26:24	3:44:00
1198	-	18:25	38:33	1:19:58	2:04:53	2:26:30	3:44:10
1197	-	18:26	38:34	1:20:01	2:04:58	2:26:37	3:44:20
1196	10:56	18:27	38:36	1:20:04	2:05:03	2:26:43	3:44:30
1195	-	-	38:37	1:20:07	2:05:08	2:26:49	3:44:40
1194	10:57	18:28	38:39	1:20:10	2:05:13	2:26:55	3:44:50
1193	-	18:29	38:40	1:20:13	2:05:19	2:27:02	3:45:00
1192	10:58	18:30	38:42	1:20:16	2:05:24	2:27:08	3:45:10
1191	-	-	38:43	1:20:19	2:05:29	2:27:15	3:45:20
1190	10:59	18:31	38:45	1:20:22	2:05:34	2:27:21	3:45:30
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1188	11:00	18:33	38:48	1:20:28	2:05:44	2:27:34	3:45:50
1187	-	18:34	38:49	1:20:31	2:05:49	2:27:40	3:45:59
1186	11:01	-	38:51	1:20:34	2:05:55	2:27:46	3:46:09
1185	-	18:35	38:53	1:20:37	2:06:00	2:27:53	3:46:19
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1183	11:02	18:37	38:56	1:20:43	2:06:10	2:28:05	3:46:39
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1181	11:03	18:38	38:59	1:20:49	2:06:20	2:28:18	3:46:59
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1179	11:04	18:40	39:02	1:20:55	2:06:31	2:28:31	3:47:19
1178	-	-	39:03	1:20:58	2:06:36	2:28:37	3:47:29
1177	11:05	18:41	39:05	1:21:01	2:06:41	2:28:44	3:47:39
1176	-	18:42	39:06	1:21:04	2:06:46	2:28:50	3:47:49
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1174	-	18:44	39:09	1:21:11	2:06:57	2:29:03	3:48:09
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1151	11:17	-	39:44	1:22:21	2:08:57	2:31:30	3:52:01

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
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11:28	-	40:20	1:23:32	2:10:58	2:33:59	3:55:54	1128
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11:41	19:41	41:02	1:24:56	2:13:22	2:36:56	4:00:32	1101

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
1100	-	19:42	41:04	1:24:59	2:13:27	2:37:03	4:00:42
1099	11:42	-	41:05	1:25:02	2:13:32	2:37:10	4:00:53
1098	-	19:43	41:07	1:25:05	2:13:38	2:37:16	4:01:03
1097	11:43	19:44	41:08	1:25:08	2:13:43	2:37:23	4:01:13
1096	-	19:45	41:10	1:25:11	2:13:48	2:37:29	4:01:24
1095	11:44	19:46	41:11	1:25:15	2:13:54	2:37:36	4:01:34
1094	-	-	41:13	1:25:18	2:13:59	2:37:43	4:01:44
1093	-	19:47	41:15	1:25:21	2:14:05	2:37:49	4:01:55
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1090	11:46	19:50	41:19	1:25:30	2:14:21	2:38:09	4:02:26
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1087	-	19:52	41:24	1:25:40	2:14:37	2:38:29	4:02:57
1086	11:48	19:53	41:26	1:25:43	2:14:42	2:38:36	4:03:08
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12:30	21:03	43:43	1:30:17	2:22:30	2:48:12	4:18:11	1001

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
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999	12:31	21:04	43:46	1:30:23	2:22:41	2:48:26	4:18:32
998	-	21:05	43:48	1:30:27	2:22:47	2:48:32	4:18:43
997	12:32	21:06	43:49	1:30:30	2:22:53	2:48:39	4:18:54
996	-	21:07	43:51	1:30:33	2:22:58	2:48:46	4:19:05
995	12:33	21:08	43:53	1:30:36	2:23:04	2:48:53	4:19:16
994	-	21:09	43:54	1:30:40	2:23:10	2:49:00	4:19:27
993	12:34	-	43:56	1:30:43	2:23:15	2:49:07	4:19:37
992	-	21:10	43:58	1:30:46	2:23:21	2:49:14	4:19:48
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990	-	21:12	44:01	1:30:53	2:23:32	2:49:28	4:20:10
989	12:36	21:13	44:03	1:30:56	2:23:38	2:49:35	4:20:21
988	-	21:14	44:04	1:31:00	2:23:43	2:49:42	4:20:32
987	12:37	-	44:06	1:31:03	2:23:49	2:49:49	4:20:43
986	-	21:15	44:08	1:31:06	2:23:55	2:49:56	4:20:54
985	12:38	21:16	44:09	1:31:10	2:24:00	2:50:03	4:21:05
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981	-	-	44:16	1:31:23	2:24:23	2:50:31	4:21:48
980	12:41	21:20	44:18	1:31:26	2:24:29	2:50:38	4:21:59
979	-	21:21	44:19	1:31:29	2:24:34	2:50:45	4:22:10
978	12:42	21:22	44:21	1:31:33	2:24:40	2:50:52	4:22:21
977	-	21:23	44:23	1:31:36	2:24:46	2:50:59	4:22:32
976	12:43	21:24	44:24	1:31:39	2:24:51	2:51:06	4:22:43
975	-	21:25	44:26	1:31:43	2:24:57	2:51:13	4:22:54
974	12:44	-	44:28	1:31:46	2:25:03	2:51:20	4:23:05
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970	12:46	21:29	44:34	1:31:59	2:25:26	2:51:48	4:23:49
969	-	21:30	44:36	1:32:03	2:25:31	2:51:55	4:24:00
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967	-	-	44:39	1:32:09	2:25:43	2:52:09	4:24:22
966	12:48	21:32	44:41	1:32:13	2:25:49	2:52:16	4:24:33
965	-	21:33	44:43	1:32:16	2:25:54	2:52:23	4:24:44
964	12:49	21:34	44:44	1:32:19	2:26:00	2:52:30	4:24:55
963	-	21:35	44:46	1:32:23	2:26:06	2:52:37	4:25:07
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961	-	21:37	44:49	1:32:30	2:26:17	2:52:51	4:25:29
960	12:51	-	44:51	1:32:33	2:26:23	2:52:58	4:25:40
959	-	21:38	44:53	1:32:36	2:26:29	2:53:05	4:25:51
958	12:52	21:39	44:54	1:32:40	2:26:34	2:53:12	4:26:02
957	-	21:40	44:56	1:32:43	2:26:40	2:53:19	4:26:13
956	12:53	21:41	44:58	1:32:46	2:26:46	2:53:27	4:26:24
955	-	21:42	44:59	1:32:50	2:26:52	2:53:34	4:26:35
954	12:54	-	45:01	1:32:53	2:26:57	2:53:41	4:26:46
953	-	21:43	45:03	1:32:56	2:27:03	2:53:48	4:26:57
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3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
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-	21:47	45:10	1:33:10	2:27:26	2:54:16	4:27:42	949
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12:58	-	45:15	1:33:20	2:27:44	2:54:37	4:28:15	946
12:59	21:50	45:16	1:33:23	2:27:49	2:54:45	4:28:26	945
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13:07	22:04	45:44	1:34:18	2:29:22	2:56:39	4:31:26	929
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13:08	22:06	45:47	1:34:25	2:29:34	2:56:53	4:31:48	927
-	22:07	45:49	1:34:28	2:29:40	2:57:01	4:32:00	926
13:09	22:08	45:50	1:34:32	2:29:46	2:57:08	4:32:11	925
-	-	45:52	1:34:35	2:29:51	2:57:15	4:32:22	924
13:10	22:09	45:54	1:34:38	2:29:57	2:57:22	4:32:33	923
13:11	22:10	45:56	1:34:42	2:30:03	2:57:29	4:32:45	922
-	22:11	45:57	1:34:45	2:30:09	2:57:37	4:32:56	921
13:12	22:12	45:59	1:34:49	2:30:15	2:57:44	4:33:07	920
-	22:13	46:01	1:34:52	2:30:21	2:57:51	4:33:19	919
13:13	22:14	46:02	1:34:56	2:30:27	2:57:58	4:33:30	918
-	22:15	46:04	1:34:59	2:30:32	2:58:05	4:33:41	917
13:14	-	46:06	1:35:02	2:30:38	2:58:13	4:33:53	916
-	22:16	46:08	1:35:06	2:30:44	2:58:20	4:34:04	915
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-	22:28	46:30	1:35:51	2:32:01	2:59:54	4:36:32	902
13:22	22:29	46:32	1:35:54	2:32:07	3:00:02	4:36:43	901

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
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899	13:23	-	46:35	1:36:01	2:32:19	3:00:16	4:37:06
898	-	22:31	46:37	1:36:05	2:32:25	3:00:23	4:37:18
897	13:24	22:32	46:39	1:36:08	2:32:31	3:00:31	4:37:29
896	-	22:33	46:40	1:36:12	2:32:36	3:00:38	4:37:41
895	13:25	22:34	46:42	1:36:15	2:32:42	3:00:45	4:37:52
894	-	22:35	46:44	1:36:18	2:32:48	3:00:53	4:38:04
893	13:26	22:36	46:46	1:36:22	2:32:54	3:01:00	4:38:15
892	-	22:37	46:47	1:36:25	2:33:00	3:01:07	4:38:27
891	13:27	-	46:49	1:36:29	2:33:06	3:01:15	4:38:38
890	-	22:38	46:51	1:36:32	2:33:12	3:01:22	4:38:50
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888	13:29	22:40	46:54	1:36:39	2:33:24	3:01:37	4:39:13
887	-	22:41	46:56	1:36:43	2:33:30	3:01:44	4:39:24
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885	-	22:43	47:00	1:36:50	2:33:42	3:01:59	4:39:47
884	13:31	22:44	47:01	1:36:53	2:33:48	3:02:06	4:39:59
883	-	22:45	47:03	1:36:57	2:33:54	3:02:13	4:40:10
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881	-	22:46	47:07	1:37:04	2:34:06	3:02:28	4:40:33
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870	-	22:56	47:26	1:37:43	2:35:12	3:03:50	4:42:41
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865	13:41	23:01	47:35	1:38:00	2:35:42	3:04:27	4:43:39
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863	-	23:03	47:38	1:38:07	2:35:54	3:04:42	4:44:02
862	13:43	-	47:40	1:38:11	2:36:00	3:04:49	4:44:14
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853	-	23:12	47:56	1:38:43	2:36:55	3:05:56	4:46:00
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851	13:49	23:13	48:00	1:38:50	2:37:07	3:06:11	4:46:23

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
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13:50	23:15	48:03	1:38:57	2:37:19	3:06:26	4:46:47	849
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13:51	23:17	48:07	1:39:04	2:37:32	3:06:41	4:47:10	847
-	23:18	48:09	1:39:08	2:37:38	3:06:49	4:47:22	846
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-	23:23	48:18	1:39:26	2:38:08	3:07:27	4:48:21	841
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-	23:30	48:32	1:39:54	2:38:57	3:08:27	4:49:56	833
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-	-	49:05	1:41:00	2:40:49	3:10:44	4:53:31	815
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Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
800	14:17	-	49:32	1:41:55	2:42:23	3:12:40	4:56:32
799	-	24:01	49:34	1:41:58	2:42:29	3:12:48	4:56:44
798	14:18	24:02	49:36	1:42:02	2:42:35	3:12:55	4:56:56
797	14:19	24:03	49:38	1:42:06	2:42:42	3:13:03	4:57:09
796	-	24:04	49:40	1:42:09	2:42:48	3:13:11	4:57:21
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794	-	24:06	49:43	1:42:17	2:43:01	3:13:26	4:57:45
793	14:21	24:07	49:45	1:42:20	2:43:07	3:13:34	4:57:57
792	-	24:08	49:47	1:42:24	2:43:13	3:13:42	4:58:09
791	14:22	24:09	49:49	1:42:28	2:43:20	3:13:50	4:58:22
790	14:23	24:10	49:51	1:42:31	2:43:26	3:13:57	4:58:34
789	-	24:11	49:53	1:42:35	2:43:32	3:14:05	4:58:46
788	14:24	24:12	49:54	1:42:39	2:43:38	3:14:13	4:58:58
787	-	24:13	49:56	1:42:43	2:43:45	3:14:21	4:59:10
786	14:25	24:14	49:58	1:42:46	2:43:51	3:14:29	4:59:23
785	-	24:15	50:00	1:42:50	2:43:57	3:14:36	4:59:35
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783	14:27	-	50:04	1:42:57	2:44:10	3:14:52	4:59:59
782	-	24:17	50:06	1:43:01	2:44:17	3:15:00	5:00:12
781	14:28	24:18	50:07	1:43:05	2:44:23	3:15:08	5:00:24
780	-	24:19	50:09	1:43:09	2:44:29	3:15:16	5:00:36
779	14:29	24:20	50:11	1:43:12	2:44:36	3:15:23	5:00:48
778	-	24:21	50:13	1:43:16	2:44:42	3:15:31	5:01:01
777	14:30	24:22	50:15	1:43:20	2:44:48	3:15:39	5:01:13
776	14:31	24:23	50:17	1:43:24	2:44:55	3:15:47	5:01:25
775	-	24:24	50:19	1:43:27	2:45:01	3:15:55	5:01:38
774	14:32	24:25	50:21	1:43:31	2:45:08	3:16:03	5:01:50
773	-	24:26	50:22	1:43:35	2:45:14	3:16:11	5:02:02
772	14:33	24:27	50:24	1:43:39	2:45:20	3:16:18	5:02:15
771	-	24:28	50:26	1:43:42	2:45:27	3:16:26	5:02:27
770	14:34	24:29	50:28	1:43:46	2:45:33	3:16:34	5:02:39
769	14:35	24:30	50:30	1:43:50	2:45:40	3:16:42	5:02:52
768	-	24:31	50:32	1:43:54	2:45:46	3:16:50	5:03:04
767	14:36	24:32	50:34	1:43:57	2:45:52	3:16:58	5:03:17
766	-	24:33	50:36	1:44:01	2:45:59	3:17:06	5:03:29
765	14:37	24:34	50:37	1:44:05	2:46:05	3:17:14	5:03:41
764	-	24:35	50:39	1:44:09	2:46:12	3:17:22	5:03:54
763	14:38	24:36	50:41	1:44:12	2:46:18	3:17:29	5:04:06
762	14:39	-	50:43	1:44:16	2:46:25	3:17:37	5:04:19
761	-	24:37	50:45	1:44:20	2:46:31	3:17:45	5:04:31
760	14:40	24:38	50:47	1:44:24	2:46:37	3:17:53	5:04:43
759	-	24:39	50:49	1:44:27	2:46:44	3:18:01	5:04:56
758	14:41	24:40	50:51	1:44:31	2:46:50	3:18:09	5:05:08
757	14:42	24:41	50:53	1:44:35	2:46:57	3:18:17	5:05:21
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755	14:43	24:43	50:56	1:44:43	2:47:10	3:18:33	5:05:46
754	-	24:44	50:58	1:44:46	2:47:16	3:18:41	5:05:58
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751	14:45	24:47	51:04	1:44:58	2:47:36	3:19:05	5:06:36

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
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15:03	25:16	52:02	1:46:53	2:50:52	3:23:07	5:12:55	721
-	25:17	52:04	1:46:57	2:50:59	3:23:15	5:13:08	720
15:04	25:18	52:05	1:47:00	2:51:05	3:23:23	5:13:21	719
-	25:19	52:07	1:47:04	2:51:12	3:23:31	5:13:34	718
15:05	25:20	52:09	1:47:08	2:51:19	3:23:40	5:13:46	717
15:06	25:21	52:11	1:47:12	2:51:25	3:23:48	5:13:59	716
-	25:22	52:13	1:47:16	2:51:32	3:23:56	5:14:12	715
15:07	25:23	52:15	1:47:20	2:51:39	3:24:04	5:14:25	714
-	25:24	52:17	1:47:24	2:51:45	3:24:12	5:14:38	713
15:08	25:25	52:19	1:47:28	2:51:52	3:24:21	5:14:51	712
15:09	25:26	52:21	1:47:32	2:51:59	3:24:29	5:15:03	711
-	25:27	52:23	1:47:36	2:52:05	3:24:37	5:15:16	710
15:10	25:28	52:25	1:47:39	2:52:12	3:24:45	5:15:29	709
-	25:29	52:27	1:47:43	2:52:19	3:24:53	5:15:42	708
15:11	25:30	52:29	1:47:47	2:52:25	3:25:02	5:15:55	707
15:12	25:31	52:31	1:47:51	2:52:32	3:25:10	5:16:08	706
-	25:32	52:33	1:47:55	2:52:39	3:25:18	5:16:21	705
15:13	25:33	52:35	1:47:59	2:52:45	3:25:26	5:16:34	704
-	25:34	52:37	1:48:03	2:52:52	3:25:35	5:16:47	703
15:14	25:35	52:39	1:48:07	2:52:59	3:25:43	5:17:00	702
15:15	25:36	52:41	1:48:11	2:53:06	3:25:51	5:17:13	701

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
700	-	25:37	52:43	1:48:15	2:53:12	3:25:59	5:17:26
699	15:16	25:38	52:45	1:48:19	2:53:19	3:26:08	5:17:38
698	-	25:39	52:47	1:48:23	2:53:26	3:26:16	5:17:51
697	15:17	25:40	52:49	1:48:26	2:53:32	3:26:24	5:18:04
696	15:18	25:41	52:50	1:48:30	2:53:39	3:26:32	5:18:17
695	-	25:42	52:52	1:48:34	2:53:46	3:26:41	5:18:30
694	15:19	25:43	52:54	1:48:38	2:53:53	3:26:49	5:18:43
693	-	25:44	52:56	1:48:42	2:53:59	3:26:57	5:18:57
692	15:20	25:45	52:58	1:48:46	2:54:06	3:27:06	5:19:10
691	15:21	25:46	53:00	1:48:50	2:54:13	3:27:14	5:19:23
690	-	25:47	53:02	1:48:54	2:54:20	3:27:22	5:19:36
689	15:22	25:48	53:04	1:48:58	2:54:26	3:27:31	5:19:49
688	-	25:49	53:06	1:49:02	2:54:33	3:27:39	5:20:02
687	15:23	25:50	53:08	1:49:06	2:54:40	3:27:47	5:20:15
686	15:24	25:51	53:10	1:49:10	2:54:47	3:27:56	5:20:28
685	-	25:52	53:12	1:49:14	2:54:54	3:28:04	5:20:41
684	15:25	25:53	53:14	1:49:18	2:55:00	3:28:12	5:20:54
683	15:26	25:54	53:16	1:49:22	2:55:07	3:28:21	5:21:07
682	-	25:55	53:18	1:49:26	2:55:14	3:28:29	5:21:20
681	15:27	25:56	53:20	1:49:30	2:55:21	3:28:38	5:21:34
680	-	25:57	53:22	1:49:34	2:55:28	3:28:46	5:21:47
679	15:28	25:58	53:24	1:49:38	2:55:34	3:28:54	5:22:00
678	15:29	25:59	53:26	1:49:42	2:55:41	3:29:03	5:22:13
677	-	26:00	53:28	1:49:46	2:55:48	3:29:11	5:22:26
676	15:30	26:02	53:30	1:49:50	2:55:55	3:29:20	5:22:39
675	-	26:03	53:32	1:49:54	2:56:02	3:29:28	5:22:53
674	15:31	26:04	53:34	1:49:58	2:56:09	3:29:36	5:23:06
673	15:32	26:05	53:36	1:50:02	2:56:16	3:29:45	5:23:19
672	-	26:06	53:38	1:50:06	2:56:22	3:29:53	5:23:32
671	15:33	26:07	53:40	1:50:10	2:56:29	3:30:02	5:23:46
670	-	26:08	53:42	1:50:14	2:56:36	3:30:10	5:23:59
669	15:34	26:09	53:44	1:50:18	2:56:43	3:30:19	5:24:12
668	15:35	26:10	53:46	1:50:22	2:56:50	3:30:27	5:24:25
667	-	26:11	53:48	1:50:26	2:56:57	3:30:36	5:24:39
666	15:36	26:12	53:50	1:50:30	2:57:04	3:30:44	5:24:52
665	15:37	26:13	53:52	1:50:34	2:57:10	3:30:53	5:25:05
664	-	26:14	53:54	1:50:38	2:57:17	3:31:01	5:25:19
663	15:38	26:15	53:56	1:50:42	2:57:24	3:31:10	5:25:32
662	-	26:16	53:58	1:50:46	2:57:31	3:31:18	5:25:45
661	15:39	26:17	54:01	1:50:50	2:57:38	3:31:27	5:25:58
660	15:40	26:18	54:03	1:50:54	2:57:45	3:31:35	5:26:12
659	-	26:19	54:05	1:50:58	2:57:52	3:31:44	5:26:25
658	15:41	26:20	54:07	1:51:02	2:57:59	3:31:52	5:26:39
657	15:42	26:21	54:09	1:51:06	2:58:06	3:32:01	5:26:52
656	-	26:22	54:11	1:51:10	2:58:13	3:32:09	5:27:05
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654	-	26:24	54:15	1:51:19	2:58:27	3:32:26	5:27:32
653	15:44	26:25	54:17	1:51:23	2:58:34	3:32:35	5:27:46
652	15:45	26:26	54:19	1:51:27	2:58:41	3:32:43	5:27:59
651	-	26:27	54:21	1:51:31	2:58:48	3:32:52	5:28:12

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
15:46	26:28	54:23	1:51:35	2:58:54	3:33:01	5:28:26	650
15:47	26:29	54:25	1:51:39	2:59:01	3:33:09	5:28:39	649
-	26:30	54:27	1:51:43	2:59:08	3:33:18	5:28:53	648
15:48	26:31	54:29	1:51:47	2:59:15	3:33:26	5:29:06	647
-	26:32	54:31	1:51:51	2:59:22	3:33:35	5:29:20	646
15:49	26:33	54:33	1:51:55	2:59:29	3:33:44	5:29:33	645
15:50	26:35	54:35	1:51:59	2:59:36	3:33:52	5:29:47	644
-	26:36	54:37	1:52:04	2:59:43	3:34:01	5:30:00	643
15:51	26:37	54:39	1:52:08	2:59:50	3:34:09	5:30:14	642
15:52	26:38	54:41	1:52:12	2:59:57	3:34:18	5:30:27	641
-	26:39	54:43	1:52:16	3:00:04	3:34:27	5:30:41	640
15:53	26:40	54:45	1:52:20	3:00:12	3:34:35	5:30:55	639
-	26:41	54:48	1:52:24	3:00:19	3:34:44	5:31:08	638
15:54	26:42	54:50	1:52:28	3:00:26	3:34:53	5:31:22	637
15:55	26:43	54:52	1:52:32	3:00:33	3:35:01	5:31:35	636
-	26:44	54:54	1:52:36	3:00:40	3:35:10	5:31:49	635
15:56	26:45	54:56	1:52:41	3:00:47	3:35:19	5:32:03	634
15:57	26:46	54:58	1:52:45	3:00:54	3:35:27	5:32:16	633
-	26:47	55:00	1:52:49	3:01:01	3:35:36	5:32:30	632
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15:59	26:49	55:04	1:52:57	3:01:15	3:35:54	5:32:57	630
-	26:50	55:06	1:53:01	3:01:22	3:36:02	5:33:11	629
16:00	26:51	55:08	1:53:05	3:01:29	3:36:11	5:33:24	628
-	26:52	55:10	1:53:10	3:01:36	3:36:20	5:33:38	627
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16:02	26:55	55:14	1:53:18	3:01:51	3:36:37	5:34:06	625
-	26:56	55:17	1:53:22	3:01:58	3:36:46	5:34:19	624
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16:04	26:58	55:21	1:53:30	3:02:12	3:37:04	5:34:47	622
-	26:59	55:23	1:53:35	3:02:19	3:37:12	5:35:01	621
16:05	27:00	55:25	1:53:39	3:02:26	3:37:21	5:35:14	620
16:06	27:01	55:27	1:53:43	3:02:33	3:37:30	5:35:28	619
-	27:02	55:29	1:53:47	3:02:40	3:37:39	5:35:42	618
16:07	27:03	55:31	1:53:51	3:02:48	3:37:48	5:35:56	617
-	27:04	55:33	1:53:56	3:02:55	3:37:56	5:36:10	616
16:08	27:05	55:35	1:54:00	3:03:02	3:38:05	5:36:23	615
16:09	27:06	55:38	1:54:04	3:03:09	3:38:14	5:36:37	614
-	27:07	55:40	1:54:08	3:03:16	3:38:23	5:36:51	613
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-	27:10	55:46	1:54:21	3:03:38	3:38:49	5:37:33	610
16:12	27:12	55:48	1:54:25	3:03:45	3:38:58	5:37:47	609
16:13	27:13	55:50	1:54:29	3:03:52	3:39:07	5:38:01	608
-	27:14	55:52	1:54:33	3:03:59	3:39:16	5:38:14	607
16:14	27:15	55:54	1:54:38	3:04:07	3:39:25	5:38:28	606
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16:16	27:18	56:01	1:54:50	3:04:28	3:39:52	5:39:10	603
16:17	27:19	56:03	1:54:55	3:04:36	3:40:01	5:39:24	602
-	27:20	56:05	1:54:59	3:04:43	3:40:09	5:39:38	601

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
600	16:18	27:21	56:07	1:55:03	3:04:50	3:40:18	5:39:52
599	-	27:22	56:09	1:55:07	3:04:57	3:40:27	5:40:06
598	16:19	27:23	56:11	1:55:12	3:05:05	3:40:36	5:40:20
597	16:20	27:25	56:14	1:55:16	3:05:12	3:40:45	5:40:34
596	-	27:26	56:16	1:55:20	3:05:19	3:40:54	5:40:48
595	16:21	27:27	56:18	1:55:24	3:05:26	3:41:03	5:41:02
594	16:22	27:28	56:20	1:55:29	3:05:34	3:41:12	5:41:16
593	-	27:29	56:22	1:55:33	3:05:41	3:41:21	5:41:31
592	16:23	27:30	56:24	1:55:37	3:05:48	3:41:30	5:41:45
591	16:24	27:31	56:26	1:55:41	3:05:56	3:41:39	5:41:59
590	-	27:32	56:28	1:55:46	3:06:03	3:41:48	5:42:13
589	16:25	27:33	56:31	1:55:50	3:06:10	3:41:57	5:42:27
588	16:26	27:34	56:33	1:55:54	3:06:18	3:42:06	5:42:41
587	-	27:35	56:35	1:55:59	3:06:25	3:42:15	5:42:55
586	16:27	27:37	56:37	1:56:03	3:06:32	3:42:24	5:43:09
585	16:28	27:38	56:39	1:56:07	3:06:40	3:42:33	5:43:24
584	-	27:39	56:41	1:56:11	3:06:47	3:42:42	5:43:38
583	16:29	27:40	56:44	1:56:16	3:06:54	3:42:51	5:43:52
582	16:30	27:41	56:46	1:56:20	3:07:02	3:43:00	5:44:06
581	-	27:42	56:48	1:56:24	3:07:09	3:43:09	5:44:20
580	16:31	27:43	56:50	1:56:29	3:07:17	3:43:19	5:44:35
579	16:32	27:44	56:52	1:56:33	3:07:24	3:43:28	5:44:49
578	-	27:45	56:54	1:56:37	3:07:31	3:43:37	5:45:03
577	16:33	27:46	56:57	1:56:42	3:07:39	3:43:46	5:45:17
576	16:34	27:48	56:59	1:56:46	3:07:46	3:43:55	5:45:32
575	-	27:49	57:01	1:56:50	3:07:53	3:44:04	5:45:46
574	16:35	27:50	57:03	1:56:55	3:08:01	3:44:13	5:46:00
573	16:36	27:51	57:05	1:56:59	3:08:08	3:44:22	5:46:15
572	-	27:52	57:07	1:57:03	3:08:16	3:44:32	5:46:29
571	16:37	27:53	57:10	1:57:08	3:08:23	3:44:41	5:46:43
570	16:38	27:54	57:12	1:57:12	3:08:31	3:44:50	5:46:58
569	-	27:55	57:14	1:57:16	3:08:38	3:44:59	5:47:12
568	16:39	27:56	57:16	1:57:21	3:08:46	3:45:08	5:47:27
567	16:40	27:57	57:18	1:57:25	3:08:53	3:45:17	5:47:41
566	-	27:59	57:20	1:57:30	3:09:00	3:45:27	5:47:55
565	16:41	28:00	57:23	1:57:34	3:09:08	3:45:36	5:48:10
564	16:42	28:01	57:25	1:57:38	3:09:15	3:45:45	5:48:24
563	-	28:02	57:27	1:57:43	3:09:23	3:45:54	5:48:39
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560	-	28:05	57:34	1:57:56	3:09:45	3:46:22	5:49:22
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558	16:46	28:08	57:38	1:58:05	3:10:00	3:46:40	5:49:51
557	-	28:09	57:40	1:58:09	3:10:08	3:46:50	5:50:06
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554	-	28:12	57:47	1:58:22	3:10:31	3:47:18	5:50:49
553	16:49	28:13	57:49	1:58:27	3:10:38	3:47:27	5:51:04
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551	-	28:15	57:54	1:58:36	3:10:53	3:47:45	5:51:33

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
16:51	28:17	57:56	1:58:40	3:11:01	3:47:55	5:51:48	550
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16:54	28:21	58:05	1:58:58	3:11:31	3:48:32	5:52:46	546
16:55	28:22	58:07	1:59:02	3:11:39	3:48:42	5:53:01	545
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16:56	28:24	58:11	1:59:11	3:11:54	3:49:00	5:53:30	543
16:57	28:26	58:14	1:59:16	3:12:02	3:49:10	5:53:45	542
-	28:27	58:16	1:59:20	3:12:09	3:49:19	5:54:00	541
16:58	28:28	58:18	1:59:25	3:12:17	3:49:29	5:54:15	540
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-	28:37	58:36	2:00:01	3:13:18	3:50:44	5:56:13	532
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17:13	28:52	59:06	2:01:00	3:14:59	3:52:48	5:59:28	519
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-	28:57	59:15	2:01:18	3:15:31	3:53:27	6:00:28	515
17:16	28:58	59:17	2:01:22	3:15:38	3:53:36	6:00:43	514
17:17	28:59	59:19	2:01:27	3:15:46	3:53:46	6:00:58	513
-	29:00	59:22	2:01:32	3:15:54	3:53:56	6:01:14	512
17:18	29:01	59:24	2:01:36	3:16:02	3:54:05	6:01:29	511
17:19	29:03	59:26	2:01:41	3:16:10	3:54:15	6:01:44	510
17:20	29:04	59:29	2:01:45	3:16:18	3:54:25	6:01:59	509
-	29:05	59:31	2:01:50	3:16:26	3:54:35	6:02:14	508
17:21	29:06	59:33	2:01:55	3:16:33	3:54:44	6:02:30	507
17:22	29:07	59:36	2:01:59	3:16:41	3:54:54	6:02:45	506
-	29:08	59:38	2:02:04	3:16:49	3:55:04	6:03:00	505
17:23	29:10	59:40	2:02:09	3:16:57	3:55:13	6:03:15	504
17:24	29:11	59:43	2:02:13	3:17:05	3:55:23	6:03:31	503
17:25	29:12	59:45	2:02:18	3:17:13	3:55:33	6:03:46	502
-	29:13	59:47	2:02:22	3:17:21	3:55:43	6:04:01	501

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
500	17:26	29:14	59:50	2:02:27	3:17:29	3:55:52	6:04:17
499	17:27	29:16	59:52	2:02:32	3:17:37	3:56:02	6:04:32
498	-	29:17	59:54	2:02:36	3:17:45	3:56:12	6:04:47
497	17:28	29:18	59:57	2:02:41	3:17:53	3:56:22	6:05:03
496	17:29	29:19	59:59	2:02:46	3:18:01	3:56:32	6:05:18
495	17:30	29:20	1:00:01	2:02:50	3:18:09	3:56:42	6:05:33
494	-	29:22	1:00:04	2:02:55	3:18:17	3:56:51	6:05:49
493	17:31	29:23	1:00:06	2:03:00	3:18:25	3:57:01	6:06:04
492	17:32	29:24	1:00:08	2:03:04	3:18:33	3:57:11	6:06:20
491	-	29:25	1:00:11	2:03:09	3:18:41	3:57:21	6:06:35
490	17:33	29:26	1:00:13	2:03:14	3:18:49	3:57:31	6:06:51
489	17:34	29:27	1:00:15	2:03:19	3:18:57	3:57:41	6:07:06
488	17:35	29:29	1:00:18	2:03:23	3:19:05	3:57:51	6:07:22
487	-	29:30	1:00:20	2:03:28	3:19:13	3:58:01	6:07:37
486	17:36	29:31	1:00:22	2:03:33	3:19:21	3:58:10	6:07:53
485	17:37	29:32	1:00:25	2:03:37	3:19:29	3:58:20	6:08:08
484	-	29:34	1:00:27	2:03:42	3:19:37	3:58:30	6:08:24
483	17:38	29:35	1:00:29	2:03:47	3:19:45	3:58:40	6:08:40
482	17:39	29:36	1:00:32	2:03:52	3:19:53	3:58:50	6:08:55
481	17:40	29:37	1:00:34	2:03:56	3:20:01	3:59:00	6:09:11
480	-	29:38	1:00:37	2:04:01	3:20:10	3:59:10	6:09:27
479	17:41	29:40	1:00:39	2:04:06	3:20:18	3:59:20	6:09:42
478	17:42	29:41	1:00:41	2:04:11	3:20:26	3:59:30	6:09:58
477	17:43	29:42	1:00:44	2:04:15	3:20:34	3:59:40	6:10:14
476	-	29:43	1:00:46	2:04:20	3:20:42	3:59:50	6:10:29
475	17:44	29:44	1:00:49	2:04:25	3:20:50	4:00:00	6:10:45
474	17:45	29:46	1:00:51	2:04:30	3:20:58	4:00:10	6:11:01
473	-	29:47	1:00:53	2:04:34	3:21:07	4:00:20	6:11:17
472	17:46	29:48	1:00:56	2:04:39	3:21:15	4:00:30	6:11:32
471	17:47	29:49	1:00:58	2:04:44	3:21:23	4:00:41	6:11:48
470	17:48	29:50	1:01:00	2:04:49	3:21:31	4:00:51	6:12:04
469	-	29:52	1:01:03	2:04:54	3:21:39	4:01:01	6:12:20
468	17:49	29:53	1:01:05	2:04:58	3:21:48	4:01:11	6:12:36
467	17:50	29:54	1:01:08	2:05:03	3:21:56	4:01:21	6:12:52
466	17:51	29:55	1:01:10	2:05:08	3:22:04	4:01:31	6:13:07
465	-	29:57	1:01:13	2:05:13	3:22:12	4:01:41	6:13:23
464	17:52	29:58	1:01:15	2:05:18	3:22:21	4:01:51	6:13:39
463	17:53	29:59	1:01:17	2:05:23	3:22:29	4:02:02	6:13:55
462	17:54	30:00	1:01:20	2:05:27	3:22:37	4:02:12	6:14:11
461	-	30:02	1:01:22	2:05:32	3:22:45	4:02:22	6:14:27
460	17:55	30:03	1:01:25	2:05:37	3:22:54	4:02:32	6:14:43
459	17:56	30:04	1:01:27	2:05:42	3:23:02	4:02:42	6:14:59
458	17:57	30:05	1:01:30	2:05:47	3:23:10	4:02:53	6:15:15
457	-	30:06	1:01:32	2:05:52	3:23:19	4:03:03	6:15:31
456	17:58	30:08	1:01:34	2:05:56	3:23:27	4:03:13	6:15:47
455	17:59	30:09	1:01:37	2:06:01	3:23:35	4:03:23	6:16:03
454	18:00	30:10	1:01:39	2:06:06	3:23:44	4:03:34	6:16:19
453	-	30:11	1:01:42	2:06:11	3:23:52	4:03:44	6:16:35
452	18:01	30:13	1:01:44	2:06:16	3:24:00	4:03:54	6:16:52
451	18:02	30:14	1:01:47	2:06:21	3:24:09	4:04:04	6:17:08

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
18:03	30:15	1:01:49	2:06:26	3:24:17	4:04:15	6:17:24	450
-	30:16	1:01:52	2:06:31	3:24:25	4:04:25	6:17:40	449
18:04	30:18	1:01:54	2:06:36	3:24:34	4:04:35	6:17:56	448
18:05	30:19	1:01:56	2:06:41	3:24:42	4:04:46	6:18:13	447
18:06	30:20	1:01:59	2:06:45	3:24:51	4:04:56	6:18:29	446
-	30:21	1:02:01	2:06:50	3:24:59	4:05:06	6:18:45	445
18:07	30:23	1:02:04	2:06:55	3:25:07	4:05:17	6:19:01	444
18:08	30:24	1:02:06	2:07:00	3:25:16	4:05:27	6:19:18	443
18:09	30:25	1:02:09	2:07:05	3:25:24	4:05:38	6:19:34	442
-	30:27	1:02:11	2:07:10	3:25:33	4:05:48	6:19:50	441
18:10	30:28	1:02:14	2:07:15	3:25:41	4:05:58	6:20:07	440
18:11	30:29	1:02:16	2:07:20	3:25:50	4:06:09	6:20:23	439
18:12	30:30	1:02:19	2:07:25	3:25:58	4:06:19	6:20:39	438
-	30:32	1:02:21	2:07:30	3:26:07	4:06:30	6:20:56	437
18:13	30:33	1:02:24	2:07:35	3:26:15	4:06:40	6:21:12	436
18:14	30:34	1:02:26	2:07:40	3:26:24	4:06:51	6:21:29	435
18:15	30:35	1:02:29	2:07:45	3:26:32	4:07:01	6:21:45	434
-	30:37	1:02:31	2:07:50	3:26:41	4:07:12	6:22:02	433
18:16	30:38	1:02:34	2:07:55	3:26:49	4:07:22	6:22:18	432
18:17	30:39	1:02:36	2:08:00	3:26:58	4:07:33	6:22:35	431
18:18	30:40	1:02:39	2:08:05	3:27:06	4:07:43	6:22:51	430
18:19	30:42	1:02:41	2:08:10	3:27:15	4:07:54	6:23:08	429
-	30:43	1:02:44	2:08:15	3:27:24	4:08:05	6:23:24	428
18:20	30:44	1:02:46	2:08:20	3:27:32	4:08:15	6:23:41	427
18:21	30:46	1:02:49	2:08:25	3:27:41	4:08:26	6:23:57	426
18:22	30:47	1:02:51	2:08:30	3:27:49	4:08:36	6:24:14	425
-	30:48	1:02:54	2:08:35	3:27:58	4:08:47	6:24:31	424
18:23	30:49	1:02:56	2:08:40	3:28:07	4:08:58	6:24:47	423
18:24	30:51	1:02:59	2:08:45	3:28:15	4:09:08	6:25:04	422
18:25	30:52	1:03:01	2:08:50	3:28:24	4:09:19	6:25:21	421
18:26	30:53	1:03:04	2:08:55	3:28:33	4:09:30	6:25:37	420
-	30:55	1:03:07	2:09:01	3:28:41	4:09:40	6:25:54	419
18:27	30:56	1:03:09	2:09:06	3:28:50	4:09:51	6:26:11	418
18:28	30:57	1:03:12	2:09:11	3:28:59	4:10:02	6:26:28	417
18:29	30:59	1:03:14	2:09:16	3:29:07	4:10:12	6:26:45	416
-	31:00	1:03:17	2:09:21	3:29:16	4:10:23	6:27:01	415
18:30	31:01	1:03:19	2:09:26	3:29:25	4:10:34	6:27:18	414
18:31	31:02	1:03:22	2:09:31	3:29:34	4:10:45	6:27:35	413
18:32	31:04	1:03:24	2:09:36	3:29:42	4:10:55	6:27:52	412
18:33	31:05	1:03:27	2:09:41	3:29:51	4:11:06	6:28:09	411
-	31:06	1:03:30	2:09:47	3:30:00	4:11:17	6:28:26	410
18:34	31:08	1:03:32	2:09:52	3:30:09	4:11:28	6:28:43	409
18:35	31:09	1:03:35	2:09:57	3:30:18	4:11:39	6:29:00	408
18:36	31:10	1:03:37	2:10:02	3:30:26	4:11:49	6:29:17	407
18:37	31:12	1:03:40	2:10:07	3:30:35	4:12:00	6:29:34	406
-	31:13	1:03:43	2:10:12	3:30:44	4:12:11	6:29:51	405
18:38	31:14	1:03:45	2:10:17	3:30:53	4:12:22	6:30:08	404
18:39	31:16	1:03:48	2:10:23	3:31:02	4:12:33	6:30:25	403
18:40	31:17	1:03:50	2:10:28	3:31:11	4:12:44	6:30:42	402
-	31:18	1:03:53	2:10:33	3:31:19	4:12:55	6:30:59	401

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
400	18:41	31:20	1:03:55	2:10:38	3:31:28	4:13:06	6:31:16
399	18:42	31:21	1:03:58	2:10:43	3:31:37	4:13:17	6:31:34
398	18:43	31:22	1:04:01	2:10:49	3:31:46	4:13:28	6:31:51
397	18:44	31:23	1:04:03	2:10:54	3:31:55	4:13:39	6:32:08
396	-	31:25	1:04:06	2:10:59	3:32:04	4:13:50	6:32:25
395	18:45	31:26	1:04:09	2:11:04	3:32:13	4:14:01	6:32:42
394	18:46	31:27	1:04:11	2:11:10	3:32:22	4:14:12	6:33:00
393	18:47	31:29	1:04:14	2:11:15	3:32:31	4:14:23	6:33:17
392	18:48	31:30	1:04:16	2:11:20	3:32:40	4:14:34	6:33:34
391	-	31:31	1:04:19	2:11:25	3:32:49	4:14:45	6:33:52
390	18:49	31:33	1:04:22	2:11:31	3:32:58	4:14:56	6:34:09
389	18:50	31:34	1:04:24	2:11:36	3:33:07	4:15:07	6:34:26
388	18:51	31:36	1:04:27	2:11:41	3:33:16	4:15:18	6:34:44
387	18:52	31:37	1:04:30	2:11:46	3:33:25	4:15:29	6:35:01
386	18:53	31:38	1:04:32	2:11:52	3:33:34	4:15:40	6:35:19
385	-	31:40	1:04:35	2:11:57	3:33:43	4:15:51	6:35:36
384	18:54	31:41	1:04:38	2:12:02	3:33:52	4:16:03	6:35:54
383	18:55	31:42	1:04:40	2:12:08	3:34:01	4:16:14	6:36:11
382	18:56	31:44	1:04:43	2:12:13	3:34:10	4:16:25	6:36:29
381	18:57	31:45	1:04:46	2:12:18	3:34:19	4:16:36	6:36:46
380	-	31:46	1:04:48	2:12:24	3:34:28	4:16:47	6:37:04
379	18:58	31:48	1:04:51	2:12:29	3:34:38	4:16:59	6:37:21
378	18:59	31:49	1:04:54	2:12:34	3:34:47	4:17:10	6:37:39
377	19:00	31:50	1:04:56	2:12:40	3:34:56	4:17:21	6:37:57
376	19:01	31:52	1:04:59	2:12:45	3:35:05	4:17:32	6:38:14
375	19:02	31:53	1:05:02	2:12:50	3:35:14	4:17:44	6:38:32
374	-	31:55	1:05:04	2:12:56	3:35:23	4:17:55	6:38:50
373	19:03	31:56	1:05:07	2:13:01	3:35:33	4:18:06	6:39:08
372	19:04	31:57	1:05:10	2:13:07	3:35:42	4:18:18	6:39:25
371	19:05	31:59	1:05:12	2:13:12	3:35:51	4:18:29	6:39:43
370	19:06	32:00	1:05:15	2:13:17	3:36:00	4:18:40	6:40:01
369	19:07	32:01	1:05:18	2:13:23	3:36:09	4:18:52	6:40:19
368	-	32:03	1:05:21	2:13:28	3:36:19	4:19:03	6:40:37
367	19:08	32:04	1:05:23	2:13:34	3:36:28	4:19:15	6:40:55
366	19:09	32:06	1:05:26	2:13:39	3:36:37	4:19:26	6:41:13
365	19:10	32:07	1:05:29	2:13:44	3:36:47	4:19:37	6:41:31
364	19:11	32:08	1:05:31	2:13:50	3:36:56	4:19:49	6:41:48
363	19:12	32:10	1:05:34	2:13:55	3:37:05	4:20:00	6:42:06
362	-	32:11	1:05:37	2:14:01	3:37:15	4:20:12	6:42:24
361	19:13	32:13	1:05:40	2:14:06	3:37:24	4:20:23	6:42:43
360	19:14	32:14	1:05:42	2:14:12	3:37:33	4:20:35	6:43:01
359	19:15	32:15	1:05:45	2:14:17	3:37:43	4:20:46	6:43:19
358	19:16	32:17	1:05:48	2:14:23	3:37:52	4:20:58	6:43:37
357	19:17	32:18	1:05:51	2:14:28	3:38:01	4:21:10	6:43:55
356	-	32:20	1:05:53	2:14:34	3:38:11	4:21:21	6:44:13
355	19:18	32:21	1:05:56	2:14:39	3:38:20	4:21:33	6:44:31
354	19:19	32:22	1:05:59	2:14:45	3:38:30	4:21:44	6:44:50
353	19:20	32:24	1:06:02	2:14:50	3:38:39	4:21:56	6:45:08
352	19:21	32:25	1:06:05	2:14:56	3:38:49	4:22:08	6:45:26
351	19:22	32:27	1:06:07	2:15:01	3:38:58	4:22:19	6:45:44

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
-	32:28	1:06:10	2:15:07	3:39:08	4:22:31	6:46:03	350
19:23	32:29	1:06:13	2:15:13	3:39:17	4:22:43	6:46:21	349
19:24	32:31	1:06:16	2:15:18	3:39:27	4:22:55	6:46:39	348
19:25	32:32	1:06:18	2:15:24	3:39:36	4:23:06	6:46:58	347
19:26	32:34	1:06:21	2:15:29	3:39:46	4:23:18	6:47:16	346
19:27	32:35	1:06:24	2:15:35	3:39:55	4:23:30	6:47:35	345
19:28	32:36	1:06:27	2:15:41	3:40:05	4:23:42	6:47:53	344
-	32:38	1:06:30	2:15:46	3:40:14	4:23:53	6:48:12	343
19:29	32:39	1:06:32	2:15:52	3:40:24	4:24:05	6:48:30	342
19:30	32:41	1:06:35	2:15:57	3:40:34	4:24:17	6:48:49	341
19:31	32:42	1:06:38	2:16:03	3:40:43	4:24:29	6:49:07	340
19:32	32:44	1:06:41	2:16:09	3:40:53	4:24:41	6:49:26	339
19:33	32:45	1:06:44	2:16:14	3:41:03	4:24:53	6:49:45	338
19:34	32:47	1:06:47	2:16:20	3:41:12	4:25:05	6:50:03	337
19:35	32:48	1:06:49	2:16:26	3:41:22	4:25:17	6:50:22	336
-	32:49	1:06:52	2:16:31	3:41:32	4:25:28	6:50:41	335
19:36	32:51	1:06:55	2:16:37	3:41:41	4:25:40	6:51:00	334
19:37	32:52	1:06:58	2:16:43	3:41:51	4:25:52	6:51:18	333
19:38	32:54	1:07:01	2:16:48	3:42:01	4:26:04	6:51:37	332
19:39	32:55	1:07:04	2:16:54	3:42:11	4:26:16	6:51:56	331
19:40	32:57	1:07:07	2:17:00	3:42:20	4:26:29	6:52:15	330
19:41	32:58	1:07:09	2:17:06	3:42:30	4:26:41	6:52:34	329
19:42	33:00	1:07:12	2:17:11	3:42:40	4:26:53	6:52:53	328
-	33:01	1:07:15	2:17:17	3:42:50	4:27:05	6:53:12	327
19:43	33:03	1:07:18	2:17:23	3:43:00	4:27:17	6:53:31	326
19:44	33:04	1:07:21	2:17:29	3:43:10	4:27:29	6:53:50	325
19:45	33:06	1:07:24	2:17:34	3:43:19	4:27:41	6:54:09	324
19:46	33:07	1:07:27	2:17:40	3:43:29	4:27:53	6:54:28	323
19:47	33:08	1:07:30	2:17:46	3:43:39	4:28:05	6:54:47	322
19:48	33:10	1:07:33	2:17:52	3:43:49	4:28:18	6:55:06	321
19:49	33:11	1:07:36	2:17:58	3:43:59	4:28:30	6:55:25	320
19:50	33:13	1:07:38	2:18:03	3:44:09	4:28:42	6:55:44	319
-	33:14	1:07:41	2:18:09	3:44:19	4:28:54	6:56:04	318
19:51	33:16	1:07:44	2:18:15	3:44:29	4:29:07	6:56:23	317
19:52	33:17	1:07:47	2:18:21	3:44:39	4:29:19	6:56:42	316
19:53	33:19	1:07:50	2:18:27	3:44:49	4:29:31	6:57:01	315
19:54	33:20	1:07:53	2:18:33	3:44:59	4:29:44	6:57:21	314
19:55	33:22	1:07:56	2:18:38	3:45:09	4:29:56	6:57:40	313
19:56	33:23	1:07:59	2:18:44	3:45:19	4:30:08	6:58:00	312
19:57	33:25	1:08:02	2:18:50	3:45:29	4:30:21	6:58:19	311
19:58	33:26	1:08:05	2:18:56	3:45:39	4:30:33	6:58:38	310
19:59	33:28	1:08:08	2:19:02	3:45:49	4:30:46	6:58:58	309
-	33:29	1:08:11	2:19:08	3:45:59	4:30:58	6:59:18	308
20:00	33:31	1:08:14	2:19:14	3:46:10	4:31:11	6:59:37	307
20:01	33:32	1:08:17	2:19:20	3:46:20	4:31:23	6:59:57	306
20:02	33:34	1:08:20	2:19:26	3:46:30	4:31:36	7:00:16	305
20:03	33:35	1:08:23	2:19:32	3:46:40	4:31:48	7:00:36	304
20:04	33:37	1:08:26	2:19:38	3:46:50	4:32:01	7:00:56	303
20:05	33:38	1:08:29	2:19:44	3:47:01	4:32:13	7:01:15	302
20:06	33:40	1:08:32	2:19:50	3:47:11	4:32:26	7:01:35	301

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
300	20:07	33:42	1:08:35	2:19:56	3:47:21	4:32:39	7:01:55
299	20:08	33:43	1:08:38	2:20:02	3:47:31	4:32:51	7:02:15
298	20:09	33:45	1:08:41	2:20:08	3:47:42	4:33:04	7:02:35
297	20:10	33:46	1:08:44	2:20:14	3:47:52	4:33:17	7:02:55
296	-	33:48	1:08:47	2:20:20	3:48:02	4:33:29	7:03:14
295	20:11	33:49	1:08:50	2:20:26	3:48:13	4:33:42	7:03:34
294	20:12	33:51	1:08:53	2:20:32	3:48:23	4:33:55	7:03:54
293	20:13	33:52	1:08:56	2:20:38	3:48:33	4:34:07	7:04:14
292	20:14	33:54	1:08:59	2:20:44	3:48:44	4:34:20	7:04:34
291	20:15	33:55	1:09:02	2:20:50	3:48:54	4:34:33	7:04:55
290	20:16	33:57	1:09:05	2:20:56	3:49:05	4:34:46	7:05:15
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284	20:22	34:06	1:09:23	2:21:33	3:50:08	4:36:03	7:07:16
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282	20:24	34:09	1:09:30	2:21:46	3:50:29	4:36:29	7:07:57
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279	-	34:14	1:09:39	2:22:04	3:51:00	4:37:09	7:08:58
278	20:27	34:16	1:09:42	2:22:10	3:51:11	4:37:22	7:09:19
277	20:28	34:17	1:09:45	2:22:17	3:51:22	4:37:35	7:09:40
276	20:29	34:19	1:09:48	2:22:23	3:51:33	4:37:48	7:10:00
275	20:30	34:21	1:09:52	2:22:29	3:51:43	4:38:01	7:10:21
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273	20:32	34:24	1:09:58	2:22:42	3:52:05	4:38:28	7:11:02
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267	20:38	34:33	1:10:17	2:23:20	3:53:10	4:39:48	7:13:08
266	20:39	34:35	1:10:20	2:23:26	3:53:21	4:40:01	7:13:29
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261	20:44	34:43	1:10:36	2:23:58	3:54:15	4:41:08	7:15:14
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259	20:46	34:47	1:10:43	2:24:11	3:54:37	4:41:36	7:15:57
258	20:47	34:48	1:10:46	2:24:18	3:54:48	4:41:49	7:16:18
257	20:48	34:50	1:10:49	2:24:24	3:54:59	4:42:03	7:16:40
256	20:49	34:52	1:10:52	2:24:30	3:55:11	4:42:16	7:17:01
255	20:50	34:53	1:10:56	2:24:37	3:55:22	4:42:30	7:17:22
254	20:51	34:55	1:10:59	2:24:44	3:55:33	4:42:44	7:17:44
253	20:52	34:56	1:11:02	2:24:50	3:55:44	4:42:58	7:18:06
252	20:53	34:58	1:11:05	2:24:57	3:55:55	4:43:11	7:18:27
251	20:54	35:00	1:11:09	2:25:03	3:56:06	4:43:25	7:18:49

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
20:55	35:01	1:11:12	2:25:10	3:56:18	4:43:39	7:19:10	250
20:56	35:03	1:11:15	2:25:16	3:56:29	4:43:53	7:19:32	249
20:57	35:05	1:11:19	2:25:23	3:56:40	4:44:07	7:19:54	248
20:58	35:07	1:11:22	2:25:30	3:56:51	4:44:21	7:20:16	247
20:59	35:08	1:11:25	2:25:36	3:57:03	4:44:35	7:20:38	246
21:00	35:10	1:11:29	2:25:43	3:57:14	4:44:49	7:20:59	245
21:01	35:12	1:11:32	2:25:49	3:57:25	4:45:03	7:21:21	244
21:02	35:13	1:11:35	2:25:56	3:57:37	4:45:17	7:21:43	243
21:03	35:15	1:11:39	2:26:03	3:57:48	4:45:31	7:22:05	242
21:04	35:17	1:11:42	2:26:09	3:58:00	4:45:45	7:22:27	241
21:05	35:18	1:11:45	2:26:16	3:58:11	4:45:59	7:22:50	240
21:06	35:20	1:11:49	2:26:23	3:58:23	4:46:13	7:23:12	239
21:07	35:22	1:11:52	2:26:30	3:58:34	4:46:27	7:23:34	238
21:08	35:24	1:11:55	2:26:36	3:58:46	4:46:41	7:23:56	237
21:09	35:25	1:11:59	2:26:43	3:58:57	4:46:56	7:24:19	236
21:10	35:27	1:12:02	2:26:50	3:59:09	4:47:10	7:24:41	235
21:11	35:29	1:12:06	2:26:57	3:59:20	4:47:24	7:25:03	234
21:12	35:30	1:12:09	2:27:04	3:59:32	4:47:38	7:25:26	233
21:13	35:32	1:12:12	2:27:10	3:59:44	4:47:53	7:25:48	232
21:14	35:34	1:12:16	2:27:17	3:59:55	4:48:07	7:26:11	231
21:16	35:36	1:12:19	2:27:24	4:00:07	4:48:22	7:26:33	230
21:17	35:37	1:12:23	2:27:31	4:00:19	4:48:36	7:26:56	229
21:18	35:39	1:12:26	2:27:38	4:00:31	4:48:51	7:27:19	228
21:19	35:41	1:12:30	2:27:45	4:00:42	4:49:05	7:27:42	227
21:20	35:43	1:12:33	2:27:52	4:00:54	4:49:20	7:28:04	226
21:21	35:45	1:12:36	2:27:59	4:01:06	4:49:34	7:28:27	225
21:22	35:46	1:12:40	2:28:06	4:01:18	4:49:49	7:28:50	224
21:23	35:48	1:12:43	2:28:12	4:01:30	4:50:03	7:29:13	223
21:24	35:50	1:12:47	2:28:19	4:01:42	4:50:18	7:29:36	222
21:25	35:52	1:12:50	2:28:26	4:01:54	4:50:33	7:29:59	221
21:26	35:53	1:12:54	2:28:33	4:02:06	4:50:48	7:30:22	220
21:27	35:55	1:12:57	2:28:40	4:02:18	4:51:02	7:30:45	219
21:28	35:57	1:13:01	2:28:47	4:02:30	4:51:17	7:31:09	218
21:29	35:59	1:13:05	2:28:55	4:02:42	4:51:32	7:31:32	217
21:31	36:01	1:13:08	2:29:02	4:02:54	4:51:47	7:31:55	216
21:32	36:02	1:13:12	2:29:09	4:03:06	4:52:02	7:32:18	215
21:33	36:04	1:13:15	2:29:16	4:03:18	4:52:17	7:32:42	214
21:34	36:06	1:13:19	2:29:23	4:03:30	4:52:32	7:33:05	213
21:35	36:08	1:13:22	2:29:30	4:03:42	4:52:47	7:33:29	212
21:36	36:10	1:13:26	2:29:37	4:03:55	4:53:02	7:33:53	211
21:37	36:11	1:13:29	2:29:44	4:04:07	4:53:17	7:34:16	210
21:38	36:13	1:13:33	2:29:52	4:04:19	4:53:32	7:34:40	209
21:39	36:15	1:13:37	2:29:59	4:04:32	4:53:47	7:35:04	208
21:40	36:17	1:13:40	2:30:06	4:04:44	4:54:02	7:35:27	207
21:41	36:19	1:13:44	2:30:13	4:04:56	4:54:17	7:35:51	206
21:43	36:21	1:13:48	2:30:20	4:05:09	4:54:33	7:36:15	205
21:44	36:23	1:13:51	2:30:28	4:05:21	4:54:48	7:36:39	204
21:45	36:24	1:13:55	2:30:35	4:05:34	4:55:03	7:37:03	203
21:46	36:26	1:13:59	2:30:42	4:05:46	4:55:19	7:37:27	202
21:47	36:28	1:14:02	2:30:50	4:05:59	4:55:34	7:37:52	201

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
200	21:48	36:30	1:14:06	2:30:57	4:06:11	4:55:50	7:38:16
199	21:49	36:32	1:14:10	2:31:04	4:06:24	4:56:05	7:38:40
198	21:50	36:34	1:14:13	2:31:12	4:06:36	4:56:21	7:39:04
197	21:52	36:36	1:14:17	2:31:19	4:06:49	4:56:36	7:39:29
196	21:53	36:38	1:14:21	2:31:27	4:07:02	4:56:52	7:39:53
195	21:54	36:39	1:14:24	2:31:34	4:07:14	4:57:08	7:40:18
194	21:55	36:41	1:14:28	2:31:42	4:07:27	4:57:23	7:40:42
193	21:56	36:43	1:14:32	2:31:49	4:07:40	4:57:39	7:41:07
192	21:57	36:45	1:14:36	2:31:57	4:07:53	4:57:55	7:41:32
191	21:58	36:47	1:14:39	2:32:04	4:08:06	4:58:11	7:41:57
190	22:00	36:49	1:14:43	2:32:12	4:08:18	4:58:26	7:42:21
189	22:01	36:51	1:14:47	2:32:19	4:08:31	4:58:42	7:42:46
188	22:02	36:53	1:14:51	2:32:27	4:08:44	4:58:58	7:43:11
187	22:03	36:55	1:14:55	2:32:34	4:08:57	4:59:14	7:43:36
186	22:04	36:57	1:14:58	2:32:42	4:09:10	4:59:30	7:44:02
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184	22:07	37:01	1:15:06	2:32:57	4:09:36	5:00:02	7:44:52
183	22:08	37:03	1:15:10	2:33:05	4:09:50	5:00:19	7:45:17
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176	22:16	37:16	1:15:37	2:33:59	4:11:22	5:02:13	7:48:17
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165	22:30	37:39	1:16:21	2:35:27	4:13:52	5:05:17	7:53:06
164	22:31	37:41	1:16:25	2:35:35	4:14:06	5:05:34	7:53:32
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152	22:46	38:06	1:17:15	2:37:14	4:16:56	5:09:03	7:59:00
151	22:47	38:08	1:17:19	2:37:23	4:17:10	5:09:21	7:59:28

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
22:49	38:10	1:17:23	2:37:31	4:17:25	5:09:39	7:59:56	150
22:50	38:13	1:17:28	2:37:40	4:17:39	5:09:57	8:00:24	149
22:51	38:15	1:17:32	2:37:48	4:17:54	5:10:15	8:00:52	148
22:53	38:17	1:17:36	2:37:57	4:18:09	5:10:33	8:01:20	147
22:54	38:19	1:17:40	2:38:05	4:18:23	5:10:51	8:01:49	146
22:55	38:21	1:17:45	2:38:14	4:18:38	5:11:09	8:02:17	145
22:57	38:24	1:17:49	2:38:23	4:18:53	5:11:27	8:02:46	144
22:58	38:26	1:17:53	2:38:31	4:19:08	5:11:46	8:03:14	143
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23:01	38:30	1:18:02	2:38:49	4:19:37	5:12:22	8:04:12	141
23:02	38:32	1:18:07	2:38:58	4:19:52	5:12:41	8:04:41	140
23:03	38:35	1:18:11	2:39:06	4:20:08	5:12:59	8:05:10	139
23:05	38:37	1:18:15	2:39:15	4:20:23	5:13:18	8:05:39	138
23:06	38:39	1:18:20	2:39:24	4:20:38	5:13:36	8:06:08	137
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23:09	38:44	1:18:29	2:39:42	4:21:08	5:14:14	8:07:07	135
23:10	38:46	1:18:33	2:39:51	4:21:24	5:14:33	8:07:37	134
23:11	38:48	1:18:38	2:40:00	4:21:39	5:14:52	8:08:06	133
23:13	38:51	1:18:42	2:40:09	4:21:54	5:15:11	8:08:36	132
23:14	38:53	1:18:47	2:40:18	4:22:10	5:15:30	8:09:06	131
23:16	38:55	1:18:51	2:40:27	4:22:26	5:15:49	8:09:36	130
23:17	38:58	1:18:56	2:40:36	4:22:41	5:16:08	8:10:06	129
23:18	39:00	1:19:01	2:40:46	4:22:57	5:16:28	8:10:37	128
23:20	39:02	1:19:05	2:40:55	4:23:13	5:16:47	8:11:07	127
23:21	39:05	1:19:10	2:41:04	4:23:28	5:17:06	8:11:37	126
23:23	39:07	1:19:15	2:41:13	4:23:44	5:17:26	8:12:08	125
23:24	39:09	1:19:19	2:41:23	4:24:00	5:17:46	8:12:39	124
23:26	39:12	1:19:24	2:41:32	4:24:16	5:18:05	8:13:10	123
23:27	39:14	1:19:29	2:41:41	4:24:32	5:18:25	8:13:41	122
23:28	39:17	1:19:33	2:41:51	4:24:48	5:18:45	8:14:12	121
23:30	39:19	1:19:38	2:42:00	4:25:05	5:19:05	8:14:43	120
23:31	39:21	1:19:43	2:42:10	4:25:21	5:19:25	8:15:14	119
23:33	39:24	1:19:48	2:42:19	4:25:37	5:19:45	8:15:46	118
23:34	39:26	1:19:52	2:42:29	4:25:54	5:20:05	8:16:18	117
23:36	39:29	1:19:57	2:42:39	4:26:10	5:20:25	8:16:49	116
23:37	39:31	1:20:02	2:42:48	4:26:27	5:20:46	8:17:21	115
23:39	39:34	1:20:07	2:42:58	4:26:43	5:21:06	8:17:53	114
23:40	39:36	1:20:12	2:43:08	4:27:00	5:21:27	8:18:26	113
23:42	39:39	1:20:17	2:43:18	4:27:17	5:21:47	8:18:58	112
23:43	39:41	1:20:22	2:43:27	4:27:33	5:22:08	8:19:30	111
23:45	39:44	1:20:27	2:43:37	4:27:50	5:22:29	8:20:03	110
23:46	39:46	1:20:32	2:43:47	4:28:07	5:22:50	8:20:36	109
23:48	39:49	1:20:37	2:43:57	4:28:24	5:23:11	8:21:09	108
23:49	39:51	1:20:42	2:44:07	4:28:42	5:23:32	8:21:42	107
23:51	39:54	1:20:47	2:44:17	4:28:59	5:23:53	8:22:15	106
23:53	39:56	1:20:52	2:44:27	4:29:16	5:24:15	8:22:48	105
23:54	39:59	1:20:57	2:44:38	4:29:33	5:24:36	8:23:22	104
23:56	40:02	1:21:02	2:44:48	4:29:51	5:24:57	8:23:56	103
23:57	40:04	1:21:07	2:44:58	4:30:09	5:25:19	8:24:30	102
23:59	40:07	1:21:12	2:45:08	4:30:26	5:25:41	8:25:04	101

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
100	24:00	40:10	1:21:17	2:45:19	4:30:44	5:26:03	8:25:38
99	24:02	40:12	1:21:23	2:45:29	4:31:02	5:26:25	8:26:12
98	24:04	40:15	1:21:28	2:45:40	4:31:20	5:26:47	8:26:47
97	24:05	40:18	1:21:33	2:45:50	4:31:38	5:27:09	8:27:22
96	24:07	40:20	1:21:39	2:46:01	4:31:56	5:27:31	8:27:57
95	24:08	40:23	1:21:44	2:46:12	4:32:14	5:27:53	8:28:32
94	24:10	40:26	1:21:49	2:46:22	4:32:32	5:28:16	8:29:07
93	24:12	40:28	1:21:55	2:46:33	4:32:51	5:28:39	8:29:42
92	24:13	40:31	1:22:00	2:46:44	4:33:09	5:29:01	8:30:18
91	24:15	40:34	1:22:05	2:46:55	4:33:28	5:29:24	8:30:54
90	24:17	40:37	1:22:11	2:47:06	4:33:46	5:29:47	8:31:30
89	24:18	40:40	1:22:16	2:47:17	4:34:05	5:30:10	8:32:06
88	24:20	40:42	1:22:22	2:47:28	4:34:24	5:30:34	8:32:43
87	24:22	40:45	1:22:28	2:47:39	4:34:43	5:30:57	8:33:19
86	24:24	40:48	1:22:33	2:47:50	4:35:02	5:31:21	8:33:56
85	24:25	40:51	1:22:39	2:48:01	4:35:21	5:31:44	8:34:33
84	24:27	40:54	1:22:44	2:48:13	4:35:41	5:32:08	8:35:11
83	24:29	40:57	1:22:50	2:48:24	4:36:00	5:32:32	8:35:48
82	24:31	41:00	1:22:56	2:48:35	4:36:20	5:32:56	8:36:26
81	24:32	41:03	1:23:02	2:48:47	4:36:39	5:33:20	8:37:04
80	24:34	41:05	1:23:08	2:48:59	4:36:59	5:33:45	8:37:42
79	24:36	41:08	1:23:13	2:49:10	4:37:19	5:34:09	8:38:21
78	24:38	41:11	1:23:19	2:49:22	4:37:39	5:34:34	8:39:00
77	24:39	41:14	1:23:25	2:49:34	4:37:59	5:34:59	8:39:39
76	24:41	41:17	1:23:31	2:49:46	4:38:20	5:35:24	8:40:18
75	24:43	41:21	1:23:37	2:49:58	4:38:40	5:35:49	8:40:57
74	24:45	41:24	1:23:43	2:50:10	4:39:01	5:36:14	8:41:37
73	24:47	41:27	1:23:49	2:50:22	4:39:22	5:36:40	8:42:17
72	24:49	41:30	1:23:55	2:50:34	4:39:42	5:37:06	8:42:57
71	24:51	41:33	1:24:01	2:50:46	4:40:04	5:37:31	8:43:38
70	24:53	41:36	1:24:08	2:50:59	4:40:25	5:37:58	8:44:19
69	24:54	41:39	1:24:14	2:51:11	4:40:46	5:38:24	8:45:00
68	24:56	41:42	1:24:20	2:51:24	4:41:07	5:38:50	8:45:41
67	24:58	41:46	1:24:27	2:51:36	4:41:29	5:39:17	8:46:23
66	25:00	41:49	1:24:33	2:51:49	4:41:51	5:39:44	8:47:05
65	25:02	41:52	1:24:39	2:52:02	4:42:13	5:40:11	8:47:48
64	25:04	41:56	1:24:46	2:52:15	4:42:35	5:40:38	8:48:30
63	25:06	41:59	1:24:52	2:52:28	4:42:57	5:41:05	8:49:13
62	25:08	42:02	1:24:59	2:52:41	4:43:20	5:41:33	8:49:57
61	25:10	42:06	1:25:06	2:52:54	4:43:42	5:42:01	8:50:40
60	25:12	42:09	1:25:12	2:53:08	4:44:05	5:42:29	8:51:25
59	25:14	42:12	1:25:19	2:53:21	4:44:28	5:42:58	8:52:09
58	25:16	42:16	1:25:26	2:53:35	4:44:52	5:43:26	8:52:54
57	25:19	42:19	1:25:33	2:53:49	4:45:15	5:43:55	8:53:39
56	25:21	42:23	1:25:40	2:54:03	4:45:39	5:44:24	8:54:25
55	25:23	42:26	1:25:47	2:54:16	4:46:03	5:44:54	8:55:11
54	25:25	42:30	1:25:54	2:54:31	4:46:27	5:45:23	8:55:57
53	25:27	42:34	1:26:01	2:54:45	4:46:51	5:45:53	8:56:44
52	25:29	42:37	1:26:08	2:54:59	4:47:16	5:46:23	8:57:32
51	25:32	42:41	1:26:15	2:55:14	4:47:40	5:46:54	8:58:19

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
25:34	42:45	1:26:23	2:55:28	4:48:05	5:47:25	8:59:08	50
25:36	42:49	1:26:30	2:55:43	4:48:31	5:47:56	8:59:56	49
25:38	42:52	1:26:38	2:55:58	4:48:56	5:48:27	9:00:46	48
25:41	42:56	1:26:45	2:56:13	4:49:22	5:48:59	9:01:35	47
25:43	43:00	1:26:53	2:56:28	4:49:48	5:49:31	9:02:26	46
25:45	43:04	1:27:01	2:56:44	4:50:14	5:50:03	9:03:17	45
25:48	43:08	1:27:08	2:56:59	4:50:41	5:50:36	9:04:08	44
25:50	43:12	1:27:16	2:57:15	4:51:08	5:51:09	9:05:00	43
25:53	43:16	1:27:24	2:57:31	4:51:35	5:51:43	9:05:53	42
25:55	43:20	1:27:32	2:57:47	4:52:03	5:52:17	9:06:46	41
25:58	43:24	1:27:40	2:58:04	4:52:31	5:52:51	9:07:40	40
26:00	43:29	1:27:49	2:58:20	4:52:59	5:53:26	9:08:34	39
26:03	43:33	1:27:57	2:58:37	4:53:28	5:54:01	9:09:30	38
26:05	43:37	1:28:06	2:58:54	4:53:57	5:54:37	9:10:26	37
26:08	43:42	1:28:14	2:59:11	4:54:26	5:55:13	9:11:23	36
26:11	43:46	1:28:23	2:59:29	4:54:56	5:55:50	9:12:20	35
26:13	43:50	1:28:32	2:59:46	4:55:26	5:56:27	9:13:19	34
26:16	43:55	1:28:41	3:00:04	4:55:57	5:57:05	9:14:18	33
26:19	44:00	1:28:50	3:00:23	4:56:28	5:57:44	9:15:18	32
26:22	44:04	1:28:59	3:00:41	4:57:00	5:58:23	9:16:19	31
26:25	44:09	1:29:09	3:01:00	4:57:32	5:59:02	9:17:21	30
26:28	44:14	1:29:18	3:01:19	4:58:05	5:59:42	9:18:24	29
26:31	44:19	1:29:28	3:01:39	4:58:38	6:00:23	9:19:29	28
26:34	44:24	1:29:38	3:01:58	4:59:12	6:01:05	9:20:34	27
26:37	44:29	1:29:48	3:02:19	4:59:46	6:01:48	9:21:41	26
26:40	44:35	1:29:58	3:02:39	5:00:22	6:02:31	9:22:49	25
26:43	44:40	1:30:09	3:03:00	5:00:58	6:03:15	9:23:58	24
26:46	44:45	1:30:20	3:03:22	5:01:34	6:04:00	9:25:09	23
26:50	44:51	1:30:31	3:03:44	5:02:12	6:04:47	9:26:21	22
26:53	44:57	1:30:42	3:04:06	5:02:50	6:05:34	9:27:35	21
26:57	45:02	1:30:54	3:04:29	5:03:29	6:06:22	9:28:51	20
27:00	45:08	1:31:05	3:04:53	5:04:10	6:07:12	9:30:09	19
27:04	45:15	1:31:17	3:05:17	5:04:51	6:08:03	9:31:28	18
27:08	45:21	1:31:30	3:05:42	5:05:33	6:08:55	9:32:50	17
27:12	45:28	1:31:43	3:06:07	5:06:17	6:09:49	9:34:15	16
27:16	45:34	1:31:56	3:06:34	5:07:02	6:10:44	9:35:42	15
27:20	45:41	1:32:10	3:07:01	5:07:49	6:11:42	9:37:12	14
27:24	45:48	1:32:24	3:07:29	5:08:38	6:12:41	9:38:46	13
27:29	45:56	1:32:39	3:07:59	5:09:28	6:13:43	9:40:23	12
27:34	46:04	1:32:54	3:08:29	5:10:20	6:14:48	9:42:04	11
27:39	46:12	1:33:10	3:09:02	5:11:15	6:15:55	9:43:50	10
27:44	46:21	1:33:27	3:09:35	5:12:13	6:17:06	9:45:41	9
27:49	46:30	1:33:45	3:10:11	5:13:14	6:18:22	9:47:39	8
27:55	46:39	1:34:04	3:10:49	5:14:19	6:19:41	9:49:44	7
28:01	46:50	1:34:24	3:11:30	5:15:29	6:21:07	9:51:59	6
28:08	47:01	1:34:47	3:12:14	5:16:44	6:22:41	9:54:25	5
28:16	47:14	1:35:11	3:13:03	5:18:08	6:24:24	9:57:07	4
28:24	47:28	1:35:39	3:13:59	5:19:44	6:26:21	10:00:11	3
28:34	47:45	1:36:12	3:15:05	5:21:37	6:28:41	10:03:49	2
28:48	48:07	1:36:55	3:16:31	5:24:04	6:31:42	10:08:33	1

Men's Jumps, Throws and Decathlon

Hommes Epreuves de Saut, Lancer et Décathlon

by Dr. Bojidar Spiriev
updated by Attila Spiriev

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
1400	-	6.48	-	19.19	24.66	78.39	94.11	101.63	9804
1399	-	-	9.19	19.18	24.64	78.34	94.05	101.56	9798
1398	-	-	-	19.17	24.62	78.28	93.98	101.49	9792
1397	-	6.47	9.18	19.16	24.61	78.23	93.92	101.42	9785
1396	-	-	-	19.15	24.59	78.17	93.85	101.35	9779
1395	2.54	-	9.17	19.14	24.57	78.12	93.79	101.28	9773
1394	-	6.46	-	19.13	24.56	78.07	93.72	101.20	9766
1393	-	-	9.16	19.12	24.54	78.01	93.66	101.13	9760
1392	-	6.45	-	19.11	24.52	77.96	93.59	101.06	9754
1391	-	-	9.15	19.10	24.51	77.90	93.53	100.99	9747
1390	-	-	-	-	24.49	77.85	93.46	100.92	9741
1389	-	6.44	-	19.09	24.47	77.80	93.40	100.85	9734
1388	-	-	9.14	19.08	24.46	77.74	93.33	100.78	9728
1387	-	-	-	19.07	24.44	77.69	93.27	100.71	9722
1386	2.53	6.43	9.13	19.06	24.42	77.63	93.20	100.64	9715
1385	-	-	-	19.05	24.41	77.58	93.14	100.57	9709
1384	-	-	9.12	19.04	24.39	77.53	93.07	100.50	9703
1383	-	6.42	-	19.03	24.37	77.47	93.01	100.43	9696
1382	-	-	9.11	19.02	24.36	77.42	92.94	100.36	9690
1381	-	6.41	-	19.01	24.34	77.36	92.88	100.29	9684
1380	-	-	-	19.00	24.32	77.31	92.81	100.22	9677
1379	-	-	9.10	18.99	24.31	77.26	92.75	100.15	9671
1378	-	6.40	-	-	24.29	77.20	92.68	100.08	9664
1377	2.52	-	9.09	18.98	24.27	77.15	92.62	100.01	9658
1376	-	-	-	18.97	24.26	77.09	92.55	99.94	9652
1375	-	6.39	9.08	18.96	24.24	77.04	92.49	99.87	9645
1374	-	-	-	18.95	24.22	76.99	92.42	99.80	9639
1373	-	-	9.07	18.94	24.21	76.93	92.36	99.73	9633
1372	-	6.38	-	18.93	24.19	76.88	92.29	99.66	9626
1371	-	-	9.06	18.92	24.17	76.82	92.22	99.59	9620
1370	-	-	-	18.91	24.16	76.77	92.16	99.52	9613
1369	-	6.37	-	18.90	24.14	76.72	92.09	99.45	9607
1368	2.51	-	9.05	18.89	24.12	76.66	92.03	99.38	9601
1367	-	6.36	-	18.88	24.11	76.61	91.96	99.30	9594
1366	-	-	9.04	18.87	24.09	76.55	91.90	99.23	9588
1365	-	-	-	-	24.07	76.50	91.83	99.16	9582
1364	-	6.35	9.03	18.86	24.06	76.45	91.77	99.09	9575
1363	-	-	-	18.85	24.04	76.39	91.70	99.02	9569
1362	-	-	9.02	18.84	24.02	76.34	91.64	98.95	9562
1361	-	6.34	-	18.83	24.01	76.28	91.57	98.88	9556
1360	-	-	9.01	18.82	23.99	76.23	91.51	98.81	9550
1359	2.50	-	-	18.81	23.97	76.18	91.44	98.74	9543
1358	-	6.33	-	18.80	23.96	76.12	91.38	98.67	9537
1357	-	-	9.00	18.79	23.94	76.07	91.31	98.60	9530
1356	-	-	-	18.78	23.92	76.01	91.25	98.53	9524
1355	-	6.32	8.99	18.77	23.91	75.96	91.18	98.46	9518
1354	-	-	-	18.76	23.89	75.91	91.12	98.39	9511
1353	-	6.31	8.98	18.75	23.87	75.85	91.05	98.32	9505
1352	-	-	-	-	23.86	75.80	90.99	98.25	9499
1351	-	-	8.97	18.74	23.84	75.74	90.92	98.18	9492

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
2.49	6.30	-	18.73	23.82	75.69	90.86	98.11	9486	1350
-	-	-	18.72	23.81	75.64	90.79	98.04	9479	1349
-	-	8.96	18.71	23.79	75.58	90.73	97.97	9473	1348
-	6.29	-	18.70	23.77	75.53	90.66	97.90	9467	1347
-	-	8.95	18.69	23.76	75.47	90.60	97.83	9460	1346
-	-	-	18.68	23.74	75.42	90.53	97.76	9454	1345
-	6.28	8.94	18.67	23.72	75.36	90.47	97.69	9447	1344
-	-	-	18.66	23.71	75.31	90.40	97.61	9441	1343
-	6.27	8.93	18.65	23.69	75.26	90.33	97.54	9435	1342
2.48	-	-	18.64	23.67	75.20	90.27	97.47	9428	1341
-	-	8.92	18.63	23.66	75.15	90.20	97.40	9422	1340
-	6.26	-	18.62	23.64	75.09	90.14	97.33	9416	1339
-	-	-	-	23.62	75.04	90.07	97.26	9409	1338
-	-	8.91	18.61	23.61	74.99	90.01	97.19	9403	1337
-	6.25	-	18.60	23.59	74.93	89.94	97.12	9396	1336
-	-	8.90	18.59	23.57	74.88	89.88	97.05	9390	1335
-	-	-	18.58	23.56	74.82	89.81	96.98	9384	1334
-	6.24	8.89	18.57	23.54	74.77	89.75	96.91	9377	1333
2.47	-	-	18.56	23.52	74.72	89.68	96.84	9371	1332
-	-	8.88	18.55	23.51	74.66	89.62	96.77	9364	1331
-	6.23	-	18.54	23.49	74.61	89.55	96.70	9358	1330
-	-	8.87	18.53	23.47	74.55	89.49	96.63	9352	1329
-	6.22	-	18.52	23.46	74.50	89.42	96.56	9345	1328
-	-	-	18.51	23.44	74.45	89.36	96.49	9339	1327
-	-	8.86	18.50	23.42	74.39	89.29	96.42	9332	1326
-	6.21	-	-	23.41	74.34	89.23	96.35	9326	1325
-	-	8.85	18.49	23.39	74.28	89.16	96.28	9320	1324
2.46	-	-	18.48	23.37	74.23	89.10	96.21	9313	1323
-	6.20	8.84	18.47	23.36	74.18	89.03	96.14	9307	1322
-	-	-	18.46	23.34	74.12	88.96	96.07	9300	1321
-	-	8.83	18.45	23.32	74.07	88.90	95.99	9294	1320
-	6.19	-	18.44	23.31	74.01	88.83	95.92	9288	1319
-	-	8.82	18.43	23.29	73.96	88.77	95.85	9281	1318
-	6.18	-	18.42	23.27	73.90	88.70	95.78	9275	1317
-	-	-	18.41	23.26	73.85	88.64	95.71	9268	1316
-	-	8.81	18.40	23.24	73.80	88.57	95.64	9262	1315
2.45	6.17	-	18.39	23.22	73.74	88.51	95.57	9256	1314
-	-	8.80	18.38	23.21	73.69	88.44	95.50	9249	1313
-	-	-	-	23.19	73.63	88.38	95.43	9243	1312
-	6.16	8.79	18.37	23.17	73.58	88.31	95.36	9236	1311
-	-	-	18.36	23.16	73.53	88.25	95.29	9230	1310
-	-	8.78	18.35	23.14	73.47	88.18	95.22	9224	1309
-	6.15	-	18.34	23.12	73.42	88.12	95.15	9217	1308
-	-	-	18.33	23.11	73.36	88.05	95.08	9211	1307
-	6.14	8.77	18.32	23.09	73.31	87.99	95.01	9204	1306
2.44	-	-	18.31	23.07	73.26	87.92	94.94	9198	1305
-	-	8.76	18.30	23.06	73.20	87.86	94.87	9192	1304
-	6.13	-	18.29	23.04	73.15	87.79	94.80	9185	1303
-	-	8.75	18.28	23.02	73.09	87.73	94.73	9179	1302
-	-	-	18.27	23.01	73.04	87.66	94.66	9172	1301

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
1300	-	6.12	8.74	18.26	22.99	72.98	87.59	94.59	9166
1299	-	-	-	18.25	22.97	72.93	87.53	94.51	9159
1298	-	-	8.73	-	22.96	72.88	87.46	94.44	9153
1297	-	6.11	-	18.24	22.94	72.82	87.40	94.37	9147
1296	2.43	-	-	18.23	22.92	72.77	87.33	94.30	9140
1295	-	-	8.72	18.22	22.91	72.71	87.27	94.23	9134
1294	-	6.10	-	18.21	22.89	72.66	87.20	94.16	9127
1293	-	-	8.71	18.20	22.87	72.61	87.14	94.09	9121
1292	-	6.09	-	18.19	22.86	72.55	87.07	94.02	9115
1291	-	-	8.70	18.18	22.84	72.50	87.01	93.95	9108
1290	-	-	-	18.17	22.82	72.44	86.94	93.88	9102
1289	-	6.08	8.69	18.16	22.81	72.39	86.88	93.81	9095
1288	-	-	-	18.15	22.79	72.34	86.81	93.74	9089
1287	2.42	-	8.68	18.14	22.77	72.28	86.75	93.67	9082
1286	-	6.07	-	18.13	22.76	72.23	86.68	93.60	9076
1285	-	-	-	18.12	22.74	72.17	86.62	93.53	9070
1284	-	-	8.67	-	22.72	72.12	86.55	93.46	9063
1283	-	6.06	-	18.11	22.71	72.06	86.48	93.39	9057
1282	-	-	8.66	18.10	22.69	72.01	86.42	93.32	9050
1281	-	6.05	-	18.09	22.67	71.96	86.35	93.25	9044
1280	-	-	8.65	18.08	22.66	71.90	86.29	93.17	9038
1279	-	-	-	18.07	22.64	71.85	86.22	93.10	9031
1278	2.41	6.04	8.64	18.06	22.62	71.79	86.16	93.03	9025
1277	-	-	-	18.05	22.61	71.74	86.09	92.96	9018
1276	-	-	8.63	18.04	22.59	71.69	86.03	92.89	9012
1275	-	6.03	-	18.03	22.57	71.63	85.96	92.82	9005
1274	-	-	-	18.02	22.56	71.58	85.90	92.75	8999
1273	-	-	8.62	18.01	22.54	71.52	85.83	92.68	8993
1272	-	6.02	-	18.00	22.52	71.47	85.77	92.61	8986
1271	-	-	8.61	17.99	22.51	71.41	85.70	92.54	8980
1270	-	6.01	-	-	22.49	71.36	85.64	92.47	8973
1269	2.40	-	8.60	17.98	22.47	71.31	85.57	92.40	8967
1268	-	-	-	17.97	22.46	71.25	85.51	92.33	8960
1267	-	6.00	8.59	17.96	22.44	71.20	85.44	92.26	8954
1266	-	-	-	17.95	22.42	71.14	85.37	92.19	8948
1265	-	-	8.58	17.94	22.41	71.09	85.31	92.12	8941
1264	-	5.99	-	17.93	22.39	71.04	85.24	92.05	8935
1263	-	-	-	17.92	22.37	70.98	85.18	91.98	8928
1262	-	-	8.57	17.91	22.36	70.93	85.11	91.90	8922
1261	-	5.98	-	17.90	22.34	70.87	85.05	91.83	8915
1260	2.39	-	8.56	17.89	22.32	70.82	84.98	91.76	8909
1259	-	5.97	-	17.88	22.31	70.76	84.92	91.69	8903
1258	-	-	8.55	17.87	22.29	70.71	84.85	91.62	8896
1257	-	-	-	17.86	22.27	70.66	84.79	91.55	8890
1256	-	5.96	8.54	17.85	22.26	70.60	84.72	91.48	8883
1255	-	-	-	-	22.24	70.55	84.66	91.41	8877
1254	-	-	8.53	17.84	22.22	70.49	84.59	91.34	8870
1253	-	5.95	-	17.83	22.21	70.44	84.53	91.27	8864
1252	-	-	-	17.82	22.19	70.39	84.46	91.20	8858
1251	2.38	-	8.52	17.81	22.17	70.33	84.39	91.13	8851

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	5.94	-	17.80	22.16	70.28	84.33	91.06	8845	1250
-	-	8.51	17.79	22.14	70.22	84.26	90.99	8838	1249
-	-	-	17.78	22.12	70.17	84.20	90.92	8832	1248
-	5.93	8.50	17.77	22.11	70.11	84.13	90.85	8825	1247
-	-	-	17.76	22.09	70.06	84.07	90.78	8819	1246
-	5.92	8.49	17.75	22.07	70.01	84.00	90.71	8812	1245
-	-	-	17.74	22.06	69.95	83.94	90.63	8806	1244
-	-	8.48	17.73	22.04	69.90	83.87	90.56	8800	1243
2.37	5.91	-	17.72	22.02	69.84	83.81	90.49	8793	1242
-	-	-	-	22.01	69.79	83.74	90.42	8787	1241
-	-	8.47	17.71	21.99	69.74	83.68	90.35	8780	1240
-	5.90	-	17.70	21.97	69.68	83.61	90.28	8774	1239
-	-	8.46	17.69	21.96	69.63	83.54	90.21	8767	1238
-	-	-	17.68	21.94	69.57	83.48	90.14	8761	1237
-	5.89	8.45	17.67	21.92	69.52	83.41	90.07	8755	1236
-	-	-	17.66	21.91	69.46	83.35	90.00	8748	1235
-	5.88	8.44	17.65	21.89	69.41	83.28	89.93	8742	1234
2.36	-	-	17.64	21.87	69.36	83.22	89.86	8735	1233
-	-	8.43	17.63	21.86	69.30	83.15	89.79	8729	1232
-	5.87	-	17.62	21.84	69.25	83.09	89.72	8722	1231
-	-	-	17.61	21.82	69.19	83.02	89.65	8716	1230
-	-	8.42	17.60	21.81	69.14	82.96	89.58	8709	1229
-	5.86	-	17.59	21.79	69.08	82.89	89.50	8703	1228
-	-	8.41	17.58	21.77	69.03	82.83	89.43	8696	1227
-	-	-	-	21.76	68.98	82.76	89.36	8690	1226
-	5.85	8.40	17.57	21.74	68.92	82.69	89.29	8684	1225
2.35	-	-	17.56	21.72	68.87	82.63	89.22	8677	1224
-	5.84	8.39	17.55	21.71	68.81	82.56	89.15	8671	1223
-	-	-	17.54	21.69	68.76	82.50	89.08	8664	1222
-	-	8.38	17.53	21.67	68.71	82.43	89.01	8658	1221
-	5.83	-	17.52	21.66	68.65	82.37	88.94	8651	1220
-	-	8.37	17.51	21.64	68.60	82.30	88.87	8645	1219
-	-	-	17.50	21.62	68.54	82.24	88.80	8638	1218
-	5.82	-	17.49	21.60	68.49	82.17	88.73	8632	1217
-	-	8.36	17.48	21.59	68.43	82.11	88.66	8626	1216
2.34	-	-	17.47	21.57	68.38	82.04	88.59	8619	1215
-	5.81	8.35	17.46	21.55	68.33	81.98	88.52	8613	1214
-	-	-	17.45	21.54	68.27	81.91	88.45	8606	1213
-	5.80	8.34	17.44	21.52	68.22	81.84	88.37	8600	1212
-	-	-	-	21.50	68.16	81.78	88.30	8593	1211
-	-	8.33	17.43	21.49	68.11	81.71	88.23	8587	1210
-	5.79	-	17.42	21.47	68.05	81.65	88.16	8580	1209
-	-	8.32	17.41	21.45	68.00	81.58	88.09	8574	1208
-	-	-	17.40	21.44	67.95	81.52	88.02	8567	1207
2.33	5.78	-	17.39	21.42	67.89	81.45	87.95	8561	1206
-	-	8.31	17.38	21.40	67.84	81.39	87.88	8554	1205
-	-	-	17.37	21.39	67.78	81.32	87.81	8548	1204
-	5.77	8.30	17.36	21.37	67.73	81.26	87.74	8542	1203
-	-	-	17.35	21.35	67.67	81.19	87.67	8535	1202
-	5.76	8.29	17.34	21.34	67.62	81.13	87.60	8529	1201

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
1200	-	-	-	17.33	21.32	67.57	81.06	87.53	8522
1199	-	-	8.28	17.32	21.30	67.51	80.99	87.46	8516
1198	-	5.75	-	17.31	21.29	67.46	80.93	87.39	8509
1197	2.32	-	8.27	17.30	21.27	67.40	80.86	87.31	8503
1196	-	-	-	17.29	21.25	67.35	80.80	87.24	8496
1195	-	5.74	-	-	21.24	67.29	80.73	87.17	8490
1194	-	-	8.26	17.28	21.22	67.24	80.67	87.10	8483
1193	-	-	-	17.27	21.20	67.19	80.60	87.03	8477
1192	-	5.73	8.25	17.26	21.19	67.13	80.54	86.96	8470
1191	-	-	-	17.25	21.17	67.08	80.47	86.89	8464
1190	-	5.72	8.24	17.24	21.15	67.02	80.41	86.82	8458
1189	-	-	-	17.23	21.14	66.97	80.34	86.75	8451
1188	2.31	-	8.23	17.22	21.12	66.92	80.27	86.68	8445
1187	-	5.71	-	17.21	21.10	66.86	80.21	86.61	8438
1186	-	-	8.22	17.20	21.09	66.81	80.14	86.54	8432
1185	-	-	-	17.19	21.07	66.75	80.08	86.47	8425
1184	-	5.70	8.21	17.18	21.05	66.70	80.01	86.40	8419
1183	-	-	-	17.17	21.04	66.64	79.95	86.33	8412
1182	-	-	-	17.16	21.02	66.59	79.88	86.25	8406
1181	-	5.69	8.20	17.15	21.00	66.54	79.82	86.18	8399
1180	-	-	-	-	20.99	66.48	79.75	86.11	8393
1179	2.30	5.68	8.19	17.14	20.97	66.43	79.69	86.04	8386
1178	-	-	-	17.13	20.95	66.37	79.62	85.97	8380
1177	-	-	8.18	17.12	20.94	66.32	79.55	85.90	8373
1176	-	5.67	-	17.11	20.92	66.26	79.49	85.83	8367
1175	-	-	8.17	17.10	20.90	66.21	79.42	85.76	8360
1174	-	-	-	17.09	20.89	66.16	79.36	85.69	8354
1173	-	5.66	8.16	17.08	20.87	66.10	79.29	85.62	8347
1172	-	-	-	17.07	20.85	66.05	79.23	85.55	8341
1171	-	5.65	-	17.06	20.84	65.99	79.16	85.48	8335
1170	2.29	-	8.15	17.05	20.82	65.94	79.10	85.41	8328
1169	-	-	-	17.04	20.80	65.88	79.03	85.34	8322
1168	-	5.64	8.14	17.03	20.79	65.83	78.97	85.26	8315
1167	-	-	-	17.02	20.77	65.78	78.90	85.19	8309
1166	-	-	8.13	17.01	20.75	65.72	78.83	85.12	8302
1165	-	5.63	-	17.00	20.74	65.67	78.77	85.05	8296
1164	-	-	8.12	-	20.72	65.61	78.70	84.98	8289
1163	-	-	-	16.99	20.70	65.56	78.64	84.91	8283
1162	-	5.62	8.11	16.98	20.68	65.50	78.57	84.84	8276
1161	2.28	-	-	16.97	20.67	65.45	78.51	84.77	8270
1160	-	5.61	8.10	16.96	20.65	65.40	78.44	84.70	8263
1159	-	-	-	16.95	20.63	65.34	78.38	84.63	8257
1158	-	-	-	16.94	20.62	65.29	78.31	84.56	8250
1157	-	5.60	8.09	16.93	20.60	65.23	78.24	84.49	8244
1156	-	-	-	16.92	20.58	65.18	78.18	84.42	8237
1155	-	-	8.08	16.91	20.57	65.12	78.11	84.35	8231
1154	-	5.59	-	16.90	20.55	65.07	78.05	84.27	8224
1153	-	-	8.07	16.89	20.53	65.02	77.98	84.20	8218
1152	2.27	-	-	16.88	20.52	64.96	77.92	84.13	8211
1151	-	5.58	8.06	16.87	20.50	64.91	77.85	84.06	8205

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	-	-	16.86	20.48	64.85	77.79	83.99	8198	1150
-	5.57	8.05	16.85	20.47	64.80	77.72	83.92	8192	1149
-	-	-	-	20.45	64.74	77.66	83.85	8185	1148
-	-	-	16.84	20.43	64.69	77.59	83.78	8179	1147
-	5.56	8.04	16.83	20.42	64.63	77.52	83.71	8172	1146
-	-	-	16.82	20.40	64.58	77.46	83.64	8166	1145
-	-	8.03	16.81	20.38	64.53	77.39	83.57	8159	1144
2.26	5.55	-	16.80	20.37	64.47	77.33	83.50	8153	1143
-	-	8.02	16.79	20.35	64.42	77.26	83.43	8146	1142
-	-	-	16.78	20.33	64.36	77.20	83.35	8140	1141
-	5.54	8.01	16.77	20.32	64.31	77.13	83.28	8133	1140
-	-	-	16.76	20.30	64.25	77.07	83.21	8127	1139
-	5.53	8.00	16.75	20.28	64.20	77.00	83.14	8120	1138
-	-	-	16.74	20.27	64.15	76.93	83.07	8114	1137
-	-	7.99	16.73	20.25	64.09	76.87	83.00	8107	1136
2.25	5.52	-	16.72	20.23	64.04	76.80	82.93	8101	1135
-	-	-	16.71	20.22	63.98	76.74	82.86	8094	1134
-	-	7.98	16.70	20.20	63.93	76.67	82.79	8088	1133
-	5.51	-	16.69	20.18	63.87	76.61	82.72	8082	1132
-	-	7.97	-	20.17	63.82	76.54	82.65	8075	1131
-	-	-	16.68	20.15	63.77	76.48	82.58	8069	1130
-	5.50	7.96	16.67	20.13	63.71	76.41	82.51	8062	1129
-	-	-	16.66	20.12	63.66	76.34	82.43	8056	1128
-	5.49	7.95	16.65	20.10	63.60	76.28	82.36	8049	1127
2.24	-	-	16.64	20.08	63.55	76.21	82.29	8042	1126
-	-	7.94	16.63	20.07	63.49	76.15	82.22	8036	1125
-	5.48	-	16.62	20.05	63.44	76.08	82.15	8029	1124
-	-	7.93	16.61	20.03	63.39	76.02	82.08	8023	1123
-	-	-	16.60	20.02	63.33	75.95	82.01	8016	1122
-	5.47	-	16.59	20.00	63.28	75.89	81.94	8010	1121
-	-	7.92	16.58	19.98	63.22	75.82	81.87	8003	1120
-	5.46	-	16.57	19.96	63.17	75.76	81.80	7997	1119
-	-	7.91	16.56	19.95	63.11	75.69	81.73	7990	1118
2.23	-	-	16.55	19.93	63.06	75.62	81.66	7984	1117
-	5.45	7.90	16.54	19.91	63.00	75.56	81.58	7977	1116
-	-	-	16.53	19.90	62.95	75.49	81.51	7971	1115
-	-	7.89	-	19.88	62.90	75.43	81.44	7964	1114
-	5.44	-	16.52	19.86	62.84	75.36	81.37	7958	1113
-	-	7.88	16.51	19.85	62.79	75.30	81.30	7951	1112
-	-	-	16.50	19.83	62.73	75.23	81.23	7945	1111
-	5.43	-	16.49	19.81	62.68	75.17	81.16	7938	1110
-	-	7.87	16.48	19.80	62.62	75.10	81.09	7932	1109
2.22	5.42	-	16.47	19.78	62.57	75.03	81.02	7925	1108
-	-	7.86	16.46	19.76	62.52	74.97	80.95	7919	1107
-	-	-	16.45	19.75	62.46	74.90	80.88	7912	1106
-	5.41	7.85	16.44	19.73	62.41	74.84	80.81	7906	1105
-	-	-	16.43	19.71	62.35	74.77	80.74	7899	1104
-	-	7.84	16.42	19.70	62.30	74.71	80.66	7893	1103
-	5.40	-	16.41	19.68	62.24	74.64	80.59	7886	1102
-	-	7.83	16.40	19.66	62.19	74.57	80.52	7880	1101

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
1100	-	-	-	16.39	19.65	62.13	74.51	80.45	7873
1099	2.21	5.39	7.82	16.38	19.63	62.08	74.44	80.38	7867
1098	-	-	-	16.37	19.61	62.03	74.38	80.31	7860
1097	-	5.38	-	-	19.60	61.97	74.31	80.24	7854
1096	-	-	7.81	16.36	19.58	61.92	74.25	80.17	7847
1095	-	-	-	16.35	19.56	61.86	74.18	80.10	7841
1094	-	5.37	7.80	16.34	19.55	61.81	74.12	80.03	7834
1093	-	-	-	16.33	19.53	61.75	74.05	79.96	7828
1092	-	-	7.79	16.32	19.51	61.70	73.98	79.89	7821
1091	-	5.36	-	16.31	19.50	61.65	73.92	79.81	7815
1090	2.20	-	7.78	16.30	19.48	61.59	73.85	79.74	7808
1089	-	5.35	-	16.29	19.46	61.54	73.79	79.67	7802
1088	-	-	7.77	16.28	19.45	61.48	73.72	79.60	7795
1087	-	-	-	16.27	19.43	61.43	73.66	79.53	7789
1086	-	5.34	7.76	16.26	19.41	61.37	73.59	79.46	7782
1085	-	-	-	16.25	19.40	61.32	73.53	79.39	7775
1084	-	-	-	16.24	19.38	61.26	73.46	79.32	7769
1083	-	5.33	7.75	16.23	19.36	61.21	73.39	79.25	7762
1082	-	-	-	16.22	19.34	61.16	73.33	79.18	7756
1081	2.19	-	7.74	16.21	19.33	61.10	73.26	79.11	7749
1080	-	5.32	-	16.20	19.31	61.05	73.20	79.03	7743
1079	-	-	7.73	-	19.29	60.99	73.13	78.96	7736
1078	-	5.31	-	16.19	19.28	60.94	73.07	78.89	7730
1077	-	-	7.72	16.18	19.26	60.88	73.00	78.82	7723
1076	-	-	-	16.17	19.24	60.83	72.93	78.75	7717
1075	-	5.30	7.71	16.16	19.23	60.77	72.87	78.68	7710
1074	-	-	-	16.15	19.21	60.72	72.80	78.61	7704
1073	-	-	7.70	16.14	19.19	60.67	72.74	78.54	7697
1072	2.18	5.29	-	16.13	19.18	60.61	72.67	78.47	7691
1071	-	-	-	16.12	19.16	60.56	72.61	78.40	7684
1070	-	5.28	7.69	16.11	19.14	60.50	72.54	78.33	7678
1069	-	-	-	16.10	19.13	60.45	72.48	78.26	7671
1068	-	-	7.68	16.09	19.11	60.39	72.41	78.18	7665
1067	-	5.27	-	16.08	19.09	60.34	72.34	78.11	7658
1066	-	-	7.67	16.07	19.08	60.29	72.28	78.04	7651
1065	-	-	-	16.06	19.06	60.23	72.21	77.97	7645
1064	2.17	5.26	7.66	16.05	19.04	60.18	72.15	77.90	7638
1063	-	-	-	16.04	19.03	60.12	72.08	77.83	7632
1062	-	-	7.65	16.03	19.01	60.07	72.02	77.76	7625
1061	-	5.25	-	-	18.99	60.01	71.95	77.69	7619
1060	-	-	7.64	16.02	18.98	59.96	71.88	77.62	7612
1059	-	5.24	-	16.01	18.96	59.90	71.82	77.55	7606
1058	-	-	-	16.00	18.94	59.85	71.75	77.48	7599
1057	-	-	7.63	15.99	18.93	59.80	71.69	77.40	7593
1056	-	5.23	-	15.98	18.91	59.74	71.62	77.33	7586
1055	2.16	-	7.62	15.97	18.89	59.69	71.56	77.26	7580
1054	-	-	-	15.96	18.88	59.63	71.49	77.19	7573
1053	-	5.22	7.61	15.95	18.86	59.58	71.43	77.12	7566
1052	-	-	-	15.94	18.84	59.52	71.36	77.05	7560
1051	-	5.21	7.60	15.93	18.82	59.47	71.29	76.98	7553

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	-	-	15.92	18.81	59.41	71.23	76.91	7547	1050
-	-	7.59	15.91	18.79	59.36	71.16	76.84	7540	1049
-	5.20	-	15.90	18.77	59.31	71.10	76.77	7534	1048
-	-	7.58	15.89	18.76	59.25	71.03	76.70	7527	1047
2.15	-	-	15.88	18.74	59.20	70.97	76.62	7521	1046
-	5.19	7.57	15.87	18.72	59.14	70.90	76.55	7514	1045
-	-	-	15.86	18.71	59.09	70.83	76.48	7508	1044
-	-	-	15.85	18.69	59.03	70.77	76.41	7501	1043
-	5.18	7.56	-	18.67	58.98	70.70	76.34	7494	1042
-	-	-	15.84	18.66	58.92	70.64	76.27	7488	1041
-	5.17	7.55	15.83	18.64	58.87	70.57	76.20	7481	1040
-	-	-	15.82	18.62	58.82	70.51	76.13	7475	1039
-	-	7.54	15.81	18.61	58.76	70.44	76.06	7468	1038
2.14	5.16	-	15.80	18.59	58.71	70.37	75.99	7462	1037
-	-	7.53	15.79	18.57	58.65	70.31	75.92	7455	1036
-	-	-	15.78	18.56	58.60	70.24	75.84	7449	1035
-	5.15	7.52	15.77	18.54	58.54	70.18	75.77	7442	1034
-	-	-	15.76	18.52	58.49	70.11	75.70	7436	1033
-	5.14	7.51	15.75	18.51	58.43	70.05	75.63	7429	1032
-	-	-	15.74	18.49	58.38	69.98	75.56	7422	1031
-	-	-	15.73	18.47	58.33	69.91	75.49	7416	1030
-	5.13	7.50	15.72	18.46	58.27	69.85	75.42	7409	1029
2.13	-	-	15.71	18.44	58.22	69.78	75.35	7403	1028
-	-	7.49	15.70	18.42	58.16	69.72	75.28	7396	1027
-	5.12	-	15.69	18.41	58.11	69.65	75.21	7390	1026
-	-	7.48	15.68	18.39	58.05	69.59	75.13	7383	1025
-	-	-	15.67	18.37	58.00	69.52	75.06	7377	1024
-	5.11	7.47	-	18.35	57.94	69.45	74.99	7370	1023
-	-	-	15.66	18.34	57.89	69.39	74.92	7363	1022
-	5.10	7.46	15.65	18.32	57.83	69.32	74.85	7357	1021
-	-	-	15.64	18.30	57.78	69.26	74.78	7350	1020
2.12	-	7.45	15.63	18.29	57.73	69.19	74.71	7344	1019
-	5.09	-	15.62	18.27	57.67	69.13	74.64	7337	1018
-	-	-	15.61	18.25	57.62	69.06	74.57	7331	1017
-	-	7.44	15.60	18.24	57.56	69.00	74.50	7324	1016
-	5.08	-	15.59	18.22	57.51	68.93	74.42	7318	1015
-	-	7.43	15.58	18.20	57.45	68.86	74.35	7311	1014
-	5.07	-	15.57	18.19	57.40	68.80	74.28	7304	1013
-	-	7.42	15.56	18.17	57.34	68.73	74.21	7298	1012
2.11	-	-	15.55	18.15	57.29	68.67	74.14	7291	1011
-	5.06	7.41	15.54	18.14	57.24	68.60	74.07	7285	1010
-	-	-	15.53	18.12	57.18	68.54	74.00	7278	1009
-	-	7.40	15.52	18.10	57.13	68.47	73.93	7272	1008
-	5.05	-	15.51	18.09	57.07	68.40	73.86	7265	1007
-	-	7.39	15.50	18.07	57.02	68.34	73.79	7258	1006
-	-	-	15.49	18.05	56.96	68.27	73.72	7252	1005
-	5.04	7.38	15.48	18.04	56.91	68.21	73.64	7245	1004
-	-	-	-	18.02	56.85	68.14	73.57	7239	1003
2.10	5.03	-	15.47	18.00	56.80	68.07	73.50	7232	1002
-	-	7.37	15.46	17.99	56.75	68.01	73.43	7226	1001

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
1000	-	-	-	15.45	17.97	56.69	67.94	73.36	7219
999	-	5.02	7.36	15.44	17.95	56.64	67.88	73.29	7212
998	-	-	-	15.43	17.93	56.58	67.81	73.22	7206
997	-	-	7.35	15.42	17.92	56.53	67.75	73.15	7199
996	-	5.01	-	15.41	17.90	56.47	67.68	73.08	7193
995	-	-	7.34	15.40	17.88	56.42	67.61	73.01	7186
994	-	5.00	-	15.39	17.87	56.36	67.55	72.93	7180
993	2.09	-	7.33	15.38	17.85	56.31	67.48	72.86	7173
992	-	-	-	15.37	17.83	56.25	67.42	72.79	7166
991	-	4.99	7.32	15.36	17.82	56.20	67.35	72.72	7160
990	-	-	-	15.35	17.80	56.15	67.29	72.65	7153
989	-	-	7.31	15.34	17.78	56.09	67.22	72.58	7147
988	-	4.98	-	15.33	17.77	56.04	67.15	72.51	7140
987	-	-	-	15.32	17.75	55.98	67.09	72.44	7134
986	-	4.97	7.30	15.31	17.73	55.93	67.02	72.37	7127
985	-	-	-	15.30	17.72	55.87	66.96	72.29	7120
984	2.08	-	7.29	15.29	17.70	55.82	66.89	72.22	7114
983	-	4.96	-	-	17.68	55.76	66.83	72.15	7107
982	-	-	7.28	15.28	17.67	55.71	66.76	72.08	7101
981	-	-	-	15.27	17.65	55.65	66.69	72.01	7094
980	-	4.95	7.27	15.26	17.63	55.60	66.63	71.94	7088
979	-	-	-	15.25	17.62	55.55	66.56	71.87	7081
978	-	-	7.26	15.24	17.60	55.49	66.50	71.80	7074
977	-	4.94	-	15.23	17.58	55.44	66.43	71.73	7068
976	-	-	7.25	15.22	17.56	55.38	66.37	71.66	7061
975	2.07	4.93	-	15.21	17.55	55.33	66.30	71.58	7055
974	-	-	-	15.20	17.53	55.27	66.23	71.51	7048
973	-	-	7.24	15.19	17.51	55.22	66.17	71.44	7041
972	-	4.92	-	15.18	17.50	55.16	66.10	71.37	7035
971	-	-	7.23	15.17	17.48	55.11	66.04	71.30	7028
970	-	-	-	15.16	17.46	55.05	65.97	71.23	7022
969	-	4.91	7.22	15.15	17.45	55.00	65.90	71.16	7015
968	-	-	-	15.14	17.43	54.95	65.84	71.09	7009
967	2.06	4.90	7.21	15.13	17.41	54.89	65.77	71.02	7002
966	-	-	-	15.12	17.40	54.84	65.71	70.95	6995
965	-	-	7.20	15.11	17.38	54.78	65.64	70.87	6989
964	-	4.89	-	15.10	17.36	54.73	65.58	70.80	6982
963	-	-	7.19	15.09	17.35	54.67	65.51	70.73	6976
962	-	-	-	15.08	17.33	54.62	65.44	70.66	6969
961	-	4.88	7.18	-	17.31	54.56	65.38	70.59	6962
960	-	-	-	15.07	17.30	54.51	65.31	70.52	6956
959	-	4.87	-	15.06	17.28	54.45	65.25	70.45	6949
958	2.05	-	7.17	15.05	17.26	54.40	65.18	70.38	6943
957	-	-	-	15.04	17.25	54.35	65.12	70.31	6936
956	-	4.86	7.16	15.03	17.23	54.29	65.05	70.23	6929
955	-	-	-	15.02	17.21	54.24	64.98	70.16	6923
954	-	-	7.15	15.01	17.20	54.18	64.92	70.09	6916
953	-	4.85	-	15.00	17.18	54.13	64.85	70.02	6910
952	-	-	7.14	14.99	17.16	54.07	64.79	69.95	6903
951	-	4.84	-	14.98	17.14	54.02	64.72	69.88	6896

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	-	7.13	14.97	17.13	53.96	64.65	69.81	6890	950
2.04	-	-	14.96	17.11	53.91	64.59	69.74	6883	949
-	4.83	7.12	14.95	17.09	53.85	64.52	69.67	6877	948
-	-	-	14.94	17.08	53.80	64.46	69.59	6870	947
-	-	7.11	14.93	17.06	53.75	64.39	69.52	6863	946
-	4.82	-	14.92	17.04	53.69	64.33	69.45	6857	945
-	-	-	14.91	17.03	53.64	64.26	69.38	6850	944
-	-	7.10	14.90	17.01	53.58	64.19	69.31	6844	943
-	4.81	-	14.89	16.99	53.53	64.13	69.24	6837	942
-	-	7.09	14.88	16.98	53.47	64.06	69.17	6830	941
2.03	4.80	-	14.87	16.96	53.42	64.00	69.10	6824	940
-	-	7.08	-	16.94	53.36	63.93	69.03	6817	939
-	-	-	14.86	16.93	53.31	63.86	68.95	6811	938
-	4.79	7.07	14.85	16.91	53.25	63.80	68.88	6804	937
-	-	-	14.84	16.89	53.20	63.73	68.81	6797	936
-	-	7.06	14.83	16.88	53.14	63.67	68.74	6791	935
-	4.78	-	14.82	16.86	53.09	63.60	68.67	6784	934
-	-	7.05	14.81	16.84	53.04	63.54	68.60	6778	933
2.02	4.77	-	14.80	16.82	52.98	63.47	68.53	6771	932
-	-	7.04	14.79	16.81	52.93	63.40	68.46	6764	931
-	-	-	14.78	16.79	52.87	63.34	68.39	6758	930
-	4.76	-	14.77	16.77	52.82	63.27	68.31	6751	929
-	-	7.03	14.76	16.76	52.76	63.21	68.24	6745	928
-	-	-	14.75	16.74	52.71	63.14	68.17	6738	927
-	4.75	7.02	14.74	16.72	52.65	63.07	68.10	6731	926
-	-	-	14.73	16.71	52.60	63.01	68.03	6725	925
-	4.74	7.01	14.72	16.69	52.54	62.94	67.96	6718	924
2.01	-	-	14.71	16.67	52.49	62.88	67.89	6712	923
-	-	7.00	14.70	16.66	52.44	62.81	67.82	6705	922
-	4.73	-	14.69	16.64	52.38	62.75	67.75	6698	921
-	-	6.99	14.68	16.62	52.33	62.68	67.67	6692	920
-	-	-	14.67	16.61	52.27	62.61	67.60	6685	919
-	4.72	6.98	14.66	16.59	52.22	62.55	67.53	6678	918
-	-	-	14.65	16.57	52.16	62.48	67.46	6672	917
-	4.71	6.97	-	16.56	52.11	62.42	67.39	6665	916
-	-	-	14.64	16.54	52.05	62.35	67.32	6659	915
2.00	-	-	14.63	16.52	52.00	62.28	67.25	6652	914
-	4.70	6.96	14.62	16.51	51.94	62.22	67.18	6645	913
-	-	-	14.61	16.49	51.89	62.15	67.11	6639	912
-	-	6.95	14.60	16.47	51.83	62.09	67.03	6632	911
-	4.69	-	14.59	16.45	51.78	62.02	66.96	6626	910
-	-	6.94	14.58	16.44	51.73	61.95	66.89	6619	909
-	4.68	-	14.57	16.42	51.67	61.89	66.82	6612	908
-	-	6.93	14.56	16.40	51.62	61.82	66.75	6606	907
-	-	-	14.55	16.39	51.56	61.76	66.68	6599	906
1.99	4.67	6.92	14.54	16.37	51.51	61.69	66.61	6592	905
-	-	-	14.53	16.35	51.45	61.63	66.54	6586	904
-	-	6.91	14.52	16.34	51.40	61.56	66.47	6579	903
-	4.66	-	14.51	16.32	51.34	61.49	66.39	6573	902
-	-	6.90	14.50	16.30	51.29	61.43	66.32	6566	901

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
900	-	4.65	-	14.49	16.29	51.23	61.36	66.25	6559
899	-	-	6.89	14.48	16.27	51.18	61.30	66.18	6553
898	-	-	-	14.47	16.25	51.12	61.23	66.11	6546
897	1.98	4.64	-	14.46	16.24	51.07	61.16	66.04	6539
896	-	-	6.88	14.45	16.22	51.01	61.10	65.97	6533
895	-	-	-	14.44	16.20	50.96	61.03	65.90	6526
894	-	4.63	6.87	14.43	16.19	50.91	60.97	65.82	6520
893	-	-	-	-	16.17	50.85	60.90	65.75	6513
892	-	-	6.86	14.42	16.15	50.80	60.83	65.68	6506
891	-	4.62	-	14.41	16.13	50.74	60.77	65.61	6500
890	-	-	6.85	14.40	16.12	50.69	60.70	65.54	6493
889	-	4.61	-	14.39	16.10	50.63	60.64	65.47	6486
888	1.97	-	6.84	14.38	16.08	50.58	60.57	65.40	6480
887	-	-	-	14.37	16.07	50.52	60.51	65.33	6473
886	-	4.60	6.83	14.36	16.05	50.47	60.44	65.25	6466
885	-	-	-	14.35	16.03	50.41	60.37	65.18	6460
884	-	-	6.82	14.34	16.02	50.36	60.31	65.11	6453
883	-	4.59	-	14.33	16.00	50.30	60.24	65.04	6447
882	-	-	6.81	14.32	15.98	50.25	60.18	64.97	6440
881	-	4.58	-	14.31	15.97	50.20	60.11	64.90	6433
880	-	-	-	14.30	15.95	50.14	60.04	64.83	6427
879	1.96	-	6.80	14.29	15.93	50.09	59.98	64.76	6420
878	-	4.57	-	14.28	15.92	50.03	59.91	64.69	6413
877	-	-	6.79	14.27	15.90	49.98	59.85	64.61	6407
876	-	-	-	14.26	15.88	49.92	59.78	64.54	6400
875	-	4.56	6.78	14.25	15.87	49.87	59.71	64.47	6394
874	-	-	-	14.24	15.85	49.81	59.65	64.40	6387
873	-	4.55	6.77	14.23	15.83	49.76	59.58	64.33	6380
872	-	-	-	14.22	15.81	49.70	59.52	64.26	6374
871	-	-	6.76	14.21	15.80	49.65	59.45	64.19	6367
870	1.95	4.54	-	14.20	15.78	49.59	59.38	64.12	6360
869	-	-	6.75	14.19	15.76	49.54	59.32	64.04	6354
868	-	-	-	14.18	15.75	49.48	59.25	63.97	6347
867	-	4.53	6.74	-	15.73	49.43	59.19	63.90	6340
866	-	-	-	14.17	15.71	49.37	59.12	63.83	6334
865	-	4.52	-	14.16	15.70	49.32	59.05	63.76	6327
864	-	-	6.73	14.15	15.68	49.27	58.99	63.69	6320
863	-	-	-	14.14	15.66	49.21	58.92	63.62	6314
862	1.94	4.51	6.72	14.13	15.65	49.16	58.86	63.55	6307
861	-	-	-	14.12	15.63	49.10	58.79	63.47	6300
860	-	-	6.71	14.11	15.61	49.05	58.72	63.40	6294
859	-	4.50	-	14.10	15.60	48.99	58.66	63.33	6287
858	-	-	6.70	14.09	15.58	48.94	58.59	63.26	6281
857	-	4.49	-	14.08	15.56	48.88	58.53	63.19	6274
856	-	-	6.69	14.07	15.54	48.83	58.46	63.12	6267
855	-	-	-	14.06	15.53	48.77	58.40	63.05	6261
854	-	4.48	6.68	14.05	15.51	48.72	58.33	62.98	6254
853	1.93	-	-	14.04	15.49	48.66	58.26	62.90	6247
852	-	-	6.67	14.03	15.48	48.61	58.20	62.83	6241
851	-	4.47	-	14.02	15.46	48.55	58.13	62.76	6234

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	-	6.66	14.01	15.44	48.50	58.07	62.69	6227	850
-	4.46	-	14.00	15.43	48.45	58.00	62.62	6221	849
-	-	-	13.99	15.41	48.39	57.93	62.55	6214	848
-	-	6.65	13.98	15.39	48.34	57.87	62.48	6207	847
-	4.45	-	13.97	15.38	48.28	57.80	62.41	6201	846
-	-	6.64	13.96	15.36	48.23	57.74	62.33	6194	845
1.92	-	-	13.95	15.34	48.17	57.67	62.26	6187	844
-	4.44	6.63	13.94	15.33	48.12	57.60	62.19	6181	843
-	-	-	13.93	15.31	48.06	57.54	62.12	6174	842
-	4.43	6.62	-	15.29	48.01	57.47	62.05	6167	841
-	-	-	13.92	15.27	47.95	57.41	61.98	6161	840
-	-	6.61	13.91	15.26	47.90	57.34	61.91	6154	839
-	4.42	-	13.90	15.24	47.84	57.27	61.84	6147	838
-	-	6.60	13.89	15.22	47.79	57.21	61.76	6141	837
1.91	-	-	13.88	15.21	47.73	57.14	61.69	6134	836
-	4.41	6.59	13.87	15.19	47.68	57.08	61.62	6127	835
-	-	-	13.86	15.17	47.62	57.01	61.55	6121	834
-	4.40	6.58	13.85	15.16	47.57	56.94	61.48	6114	833
-	-	-	13.84	15.14	47.52	56.88	61.41	6107	832
-	-	-	13.83	15.12	47.46	56.81	61.34	6101	831
-	4.39	6.57	13.82	15.11	47.41	56.75	61.27	6094	830
-	-	-	13.81	15.09	47.35	56.68	61.19	6088	829
-	-	6.56	13.80	15.07	47.30	56.61	61.12	6081	828
1.90	4.38	-	13.79	15.06	47.24	56.55	61.05	6074	827
-	-	6.55	13.78	15.04	47.19	56.48	60.98	6068	826
-	4.37	-	13.77	15.02	47.13	56.42	60.91	6061	825
-	-	6.54	13.76	15.01	47.08	56.35	60.84	6054	824
-	-	-	13.75	14.99	47.02	56.28	60.77	6047	823
-	4.36	6.53	13.74	14.97	46.97	56.22	60.70	6041	822
-	-	-	13.73	14.95	46.91	56.15	60.62	6034	821
-	-	6.52	13.72	14.94	46.86	56.09	60.55	6027	820
-	4.35	-	13.71	14.92	46.80	56.02	60.48	6021	819
1.89	-	6.51	13.70	14.90	46.75	55.95	60.41	6014	818
-	4.34	-	13.69	14.89	46.69	55.89	60.34	6007	817
-	-	6.50	13.68	14.87	46.64	55.82	60.27	6001	816
-	-	-	13.67	14.85	46.58	55.76	60.20	5994	815
-	4.33	6.49	13.66	14.84	46.53	55.69	60.12	5987	814
-	-	-	-	14.82	46.48	55.62	60.05	5981	813
-	-	-	13.65	14.80	46.42	55.56	59.98	5974	812
-	4.32	6.48	13.64	14.79	46.37	55.49	59.91	5967	811
1.88	-	-	13.63	14.77	46.31	55.43	59.84	5961	810
-	4.31	6.47	13.62	14.75	46.26	55.36	59.77	5954	809
-	-	-	13.61	14.74	46.20	55.29	59.70	5947	808
-	-	6.46	13.60	14.72	46.15	55.23	59.63	5941	807
-	4.30	-	13.59	14.70	46.09	55.16	59.55	5934	806
-	-	6.45	13.58	14.68	46.04	55.09	59.48	5927	805
-	-	-	13.57	14.67	45.98	55.03	59.41	5921	804
-	4.29	6.44	13.56	14.65	45.93	54.96	59.34	5914	803
-	-	-	13.55	14.63	45.87	54.90	59.27	5907	802
1.87	4.28	6.43	13.54	14.62	45.82	54.83	59.20	5901	801

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
800	-	-	-	13.53	14.60	45.76	54.76	59.13	5894
799	-	-	6.42	13.52	14.58	45.71	54.70	59.05	5887
798	-	4.27	-	13.51	14.57	45.65	54.63	58.98	5881
797	-	-	6.41	13.50	14.55	45.60	54.57	58.91	5874
796	-	-	-	13.49	14.53	45.54	54.50	58.84	5867
795	-	4.26	-	13.48	14.52	45.49	54.43	58.77	5861
794	-	-	6.40	13.47	14.50	45.43	54.37	58.70	5854
793	-	4.25	-	13.46	14.48	45.38	54.30	58.63	5847
792	1.86	-	6.39	13.45	14.46	45.32	54.24	58.56	5840
791	-	-	-	13.44	14.45	45.27	54.17	58.48	5834
790	-	4.24	6.38	13.43	14.43	45.22	54.10	58.41	5827
789	-	-	-	13.42	14.41	45.16	54.04	58.34	5820
788	-	4.23	6.37	13.41	14.40	45.11	53.97	58.27	5814
787	-	-	-	13.40	14.38	45.05	53.91	58.20	5807
786	-	-	6.36	13.39	14.36	45.00	53.84	58.13	5800
785	-	4.22	-	13.38	14.35	44.94	53.77	58.06	5794
784	1.85	-	6.35	13.37	14.33	44.89	53.71	57.98	5787
783	-	-	-	13.36	14.31	44.83	53.64	57.91	5780
782	-	4.21	6.34	-	14.30	44.78	53.58	57.84	5774
781	-	-	-	13.35	14.28	44.72	53.51	57.77	5767
780	-	4.20	6.33	13.34	14.26	44.67	53.44	57.70	5760
779	-	-	-	13.33	14.25	44.61	53.38	57.63	5754
778	-	-	6.32	13.32	14.23	44.56	53.31	57.56	5747
777	-	4.19	-	13.31	14.21	44.50	53.25	57.48	5740
776	-	-	-	13.30	14.19	44.45	53.18	57.41	5733
775	1.84	-	6.31	13.29	14.18	44.39	53.11	57.34	5727
774	-	4.18	-	13.28	14.16	44.34	53.05	57.27	5720
773	-	-	6.30	13.27	14.14	44.28	52.98	57.20	5713
772	-	4.17	-	13.26	14.13	44.23	52.91	57.13	5707
771	-	-	6.29	13.25	14.11	44.17	52.85	57.06	5700
770	-	-	-	13.24	14.09	44.12	52.78	56.98	5693
769	-	4.16	6.28	13.23	14.08	44.06	52.72	56.91	5687
768	-	-	-	13.22	14.06	44.01	52.65	56.84	5680
767	-	-	6.27	13.21	14.04	43.96	52.58	56.77	5673
766	1.83	4.15	-	13.20	14.03	43.90	52.52	56.70	5666
765	-	-	6.26	13.19	14.01	43.85	52.45	56.63	5660
764	-	4.14	-	13.18	13.99	43.79	52.39	56.56	5653
763	-	-	6.25	13.17	13.98	43.74	52.32	56.49	5646
762	-	-	-	13.16	13.96	43.68	52.25	56.41	5640
761	-	4.13	6.24	13.15	13.94	43.63	52.19	56.34	5633
760	-	-	-	13.14	13.92	43.57	52.12	56.27	5626
759	-	-	6.23	13.13	13.91	43.52	52.06	56.20	5620
758	1.82	4.12	-	13.12	13.89	43.46	51.99	56.13	5613
757	-	-	-	13.11	13.87	43.41	51.92	56.06	5606
756	-	4.11	6.22	13.10	13.86	43.35	51.86	55.99	5599
755	-	-	-	13.09	13.84	43.30	51.79	55.91	5593
754	-	-	6.21	13.08	13.82	43.24	51.72	55.84	5586
753	-	4.10	-	13.07	13.81	43.19	51.66	55.77	5579
752	-	-	6.20	13.06	13.79	43.13	51.59	55.70	5573
751	-	-	-	13.05	13.77	43.08	51.53	55.63	5566

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	4.09	6.19	13.04	13.76	43.02	51.46	55.56	5559	750
1.81	-	-	-	13.74	42.97	51.39	55.49	5552	749
-	4.08	6.18	13.03	13.72	42.91	51.33	55.41	5546	748
-	-	-	13.02	13.70	42.86	51.26	55.34	5539	747
-	-	6.17	13.01	13.69	42.80	51.20	55.27	5532	746
-	4.07	-	13.00	13.67	42.75	51.13	55.20	5526	745
-	-	6.16	12.99	13.65	42.69	51.06	55.13	5519	744
-	-	-	12.98	13.64	42.64	51.00	55.06	5512	743
-	4.06	6.15	12.97	13.62	42.58	50.93	54.99	5505	742
1.80	-	-	12.96	13.60	42.53	50.86	54.91	5499	741
-	4.05	6.14	12.95	13.59	42.47	50.80	54.84	5492	740
-	-	-	12.94	13.57	42.42	50.73	54.77	5485	739
-	-	6.13	12.93	13.55	42.36	50.67	54.70	5479	738
-	4.04	-	12.92	13.54	42.31	50.60	54.63	5472	737
-	-	-	12.91	13.52	42.26	50.53	54.56	5465	736
-	4.03	6.12	12.90	13.50	42.20	50.47	54.49	5458	735
-	-	-	12.89	13.48	42.15	50.40	54.41	5452	734
-	-	6.11	12.88	13.47	42.09	50.34	54.34	5445	733
1.79	4.02	-	12.87	13.45	42.04	50.27	54.27	5438	732
-	-	6.10	12.86	13.43	41.98	50.20	54.20	5432	731
-	-	-	12.85	13.42	41.93	50.14	54.13	5425	730
-	4.01	6.09	12.84	13.40	41.87	50.07	54.06	5418	729
-	-	-	12.83	13.38	41.82	50.00	53.98	5411	728
-	4.00	6.08	12.82	13.37	41.76	49.94	53.91	5405	727
-	-	-	12.81	13.35	41.71	49.87	53.84	5398	726
-	-	6.07	12.80	13.33	41.65	49.81	53.77	5391	725
-	3.99	-	12.79	13.32	41.60	49.74	53.70	5384	724
1.78	-	6.06	12.78	13.30	41.54	49.67	53.63	5378	723
-	-	-	12.77	13.28	41.49	49.61	53.56	5371	722
-	3.98	6.05	12.76	13.27	41.43	49.54	53.48	5364	721
-	-	-	12.75	13.25	41.38	49.48	53.41	5358	720
-	3.97	6.04	12.74	13.23	41.32	49.41	53.34	5351	719
-	-	-	12.73	13.21	41.27	49.34	53.27	5344	718
-	-	6.03	12.72	13.20	41.21	49.28	53.20	5337	717
-	3.96	-	12.71	13.18	41.16	49.21	53.13	5331	716
1.77	-	-	12.70	13.16	41.10	49.14	53.06	5324	715
-	-	6.02	12.69	13.15	41.05	49.08	52.98	5317	714
-	3.95	-	-	13.13	40.99	49.01	52.91	5310	713
-	-	6.01	12.68	13.11	40.94	48.95	52.84	5304	712
-	3.94	-	12.67	13.10	40.88	48.88	52.77	5297	711
-	-	6.00	12.66	13.08	40.83	48.81	52.70	5290	710
-	-	-	12.65	13.06	40.77	48.75	52.63	5284	709
-	3.93	5.99	12.64	13.05	40.72	48.68	52.56	5277	708
-	-	-	12.63	13.03	40.66	48.61	52.48	5270	707
1.76	3.92	5.98	12.62	13.01	40.61	48.55	52.41	5263	706
-	-	-	12.61	12.99	40.55	48.48	52.34	5257	705
-	-	5.97	12.60	12.98	40.50	48.42	52.27	5250	704
-	3.91	-	12.59	12.96	40.44	48.35	52.20	5243	703
-	-	5.96	12.58	12.94	40.39	48.28	52.13	5236	702
-	-	-	12.57	12.93	40.33	48.22	52.05	5230	701

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
700	-	3.90	5.95	12.56	12.91	40.28	48.15	51.98	5223
699	-	-	-	12.55	12.89	40.22	48.09	51.91	5216
698	1.75	3.89	5.94	12.54	12.88	40.17	48.02	51.84	5209
697	-	-	-	12.53	12.86	40.12	47.95	51.77	5203
696	-	-	5.93	12.52	12.84	40.06	47.89	51.70	5196
695	-	3.88	-	12.51	12.83	40.01	47.82	51.63	5189
694	-	-	-	12.50	12.81	39.95	47.75	51.55	5182
693	-	-	5.92	12.49	12.79	39.90	47.69	51.48	5176
692	-	3.87	-	12.48	12.77	39.84	47.62	51.41	5169
691	-	-	5.91	12.47	12.76	39.79	47.56	51.34	5162
690	-	3.86	-	12.46	12.74	39.73	47.49	51.27	5155
689	1.74	-	5.90	12.45	12.72	39.68	47.42	51.20	5149
688	-	-	-	12.44	12.71	39.62	47.36	51.12	5142
687	-	3.85	5.89	12.43	12.69	39.57	47.29	51.05	5135
686	-	-	-	12.42	12.67	39.51	47.22	50.98	5128
685	-	-	5.88	12.41	12.66	39.46	47.16	50.91	5122
684	-	3.84	-	12.40	12.64	39.40	47.09	50.84	5115
683	-	-	5.87	12.39	12.62	39.35	47.03	50.77	5108
682	-	3.83	-	12.38	12.61	39.29	46.96	50.70	5101
681	-	-	5.86	12.37	12.59	39.24	46.89	50.62	5095
680	1.73	-	-	12.36	12.57	39.18	46.83	50.55	5088
679	-	3.82	5.85	12.35	12.55	39.13	46.76	50.48	5081
678	-	-	-	12.34	12.54	39.07	46.69	50.41	5074
677	-	3.81	5.84	12.33	12.52	39.02	46.63	50.34	5068
676	-	-	-	12.32	12.50	38.96	46.56	50.27	5061
675	-	-	5.83	12.31	12.49	38.91	46.50	50.19	5054
674	-	3.80	-	12.30	12.47	38.85	46.43	50.12	5047
673	-	-	-	12.29	12.45	38.80	46.36	50.05	5041
672	1.72	-	5.82	12.28	12.44	38.74	46.30	49.98	5034
671	-	3.79	-	-	12.42	38.69	46.23	49.91	5027
670	-	-	5.81	12.27	12.40	38.63	46.16	49.84	5020
669	-	3.78	-	12.26	12.38	38.58	46.10	49.77	5014
668	-	-	5.80	12.25	12.37	38.52	46.03	49.69	5007
667	-	-	-	12.24	12.35	38.47	45.97	49.62	5000
666	-	3.77	5.79	12.23	12.33	38.41	45.90	49.55	4993
665	-	-	-	12.22	12.32	38.36	45.83	49.48	4987
664	-	-	5.78	12.21	12.30	38.30	45.77	49.41	4980
663	1.71	3.76	-	12.20	12.28	38.25	45.70	49.34	4973
662	-	-	5.77	12.19	12.27	38.19	45.63	49.26	4966
661	-	3.75	-	12.18	12.25	38.14	45.57	49.19	4960
660	-	-	5.76	12.17	12.23	38.08	45.50	49.12	4953
659	-	-	-	12.16	12.22	38.03	45.44	49.05	4946
658	-	3.74	5.75	12.15	12.20	37.97	45.37	48.98	4939
657	-	-	-	12.14	12.18	37.92	45.30	48.91	4932
656	-	3.73	5.74	12.13	12.16	37.86	45.24	48.83	4926
655	1.70	-	-	12.12	12.15	37.81	45.17	48.76	4919
654	-	-	5.73	12.11	12.13	37.75	45.10	48.69	4912
653	-	3.72	-	12.10	12.11	37.70	45.04	48.62	4905
652	-	-	5.72	12.09	12.10	37.64	44.97	48.55	4899
651	-	-	-	12.08	12.08	37.59	44.91	48.48	4892

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	3.71	-	12.07	12.06	37.53	44.84	48.41	4885	650
-	-	5.71	12.06	12.05	37.48	44.77	48.33	4878	649
-	3.70	-	12.05	12.03	37.42	44.71	48.26	4872	648
-	-	5.70	12.04	12.01	37.37	44.64	48.19	4865	647
1.69	-	-	12.03	12.00	37.31	44.57	48.12	4858	646
-	3.69	5.69	12.02	11.98	37.26	44.51	48.05	4851	645
-	-	-	12.01	11.96	37.20	44.44	47.98	4844	644
-	-	5.68	12.00	11.94	37.15	44.37	47.90	4838	643
-	3.68	-	11.99	11.93	37.09	44.31	47.83	4831	642
-	-	5.67	11.98	11.91	37.04	44.24	47.76	4824	641
-	3.67	-	11.97	11.89	36.98	44.18	47.69	4817	640
-	-	5.66	11.96	11.88	36.93	44.11	47.62	4811	639
1.68	-	-	11.95	11.86	36.87	44.04	47.55	4804	638
-	3.66	5.65	11.94	11.84	36.82	43.98	47.47	4797	637
-	-	-	11.93	11.83	36.76	43.91	47.40	4790	636
-	3.65	5.64	11.92	11.81	36.71	43.84	47.33	4783	635
-	-	-	11.91	11.79	36.65	43.78	47.26	4777	634
-	-	5.63	11.90	11.77	36.60	43.71	47.19	4770	633
-	3.64	-	11.89	11.76	36.54	43.65	47.12	4763	632
-	-	5.62	11.88	11.74	36.49	43.58	47.04	4756	631
-	-	-	11.87	11.72	36.43	43.51	46.97	4750	630
1.67	3.63	5.61	11.86	11.71	36.38	43.45	46.90	4743	629
-	-	-	11.85	11.69	36.32	43.38	46.83	4736	628
-	3.62	5.60	11.84	11.67	36.27	43.31	46.76	4729	627
-	-	-	11.83	11.66	36.21	43.25	46.69	4722	626
-	-	-	11.82	11.64	36.16	43.18	46.61	4716	625
-	3.61	5.59	11.81	11.62	36.10	43.11	46.54	4709	624
-	-	-	11.80	11.61	36.05	43.05	46.47	4702	623
-	3.60	5.58	-	11.59	35.99	42.98	46.40	4695	622
1.66	-	-	11.79	11.57	35.94	42.92	46.33	4689	621
-	-	5.57	11.78	11.55	35.88	42.85	46.26	4682	620
-	3.59	-	11.77	11.54	35.83	42.78	46.18	4675	619
-	-	5.56	11.76	11.52	35.77	42.72	46.11	4668	618
-	-	-	11.75	11.50	35.72	42.65	46.04	4661	617
-	3.58	5.55	11.74	11.49	35.66	42.58	45.97	4655	616
-	-	-	11.73	11.47	35.61	42.52	45.90	4648	615
-	3.57	5.54	11.72	11.45	35.55	42.45	45.83	4641	614
-	-	-	11.71	11.44	35.50	42.39	45.75	4634	613
1.65	-	5.53	11.70	11.42	35.44	42.32	45.68	4627	612
-	3.56	-	11.69	11.40	35.39	42.25	45.61	4621	611
-	-	5.52	11.68	11.39	35.33	42.19	45.54	4614	610
-	-	-	11.67	11.37	35.28	42.12	45.47	4607	609
-	3.55	5.51	11.66	11.35	35.22	42.05	45.40	4600	608
-	-	-	11.65	11.33	35.17	41.99	45.32	4593	607
-	3.54	5.50	11.64	11.32	35.11	41.92	45.25	4587	606
-	-	-	11.63	11.30	35.06	41.85	45.18	4580	605
1.64	-	5.49	11.62	11.28	35.00	41.79	45.11	4573	604
-	3.53	-	11.61	11.27	34.95	41.72	45.04	4566	603
-	-	5.48	11.60	11.25	34.89	41.66	44.97	4559	602
-	3.52	-	11.59	11.23	34.84	41.59	44.89	4553	601

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
600	-	-	-	11.58	11.22	34.78	41.52	44.82	4546
599	-	-	5.47	11.57	11.20	34.73	41.46	44.75	4539
598	-	3.51	-	11.56	11.18	34.67	41.39	44.68	4532
597	-	-	5.46	11.55	11.16	34.62	41.32	44.61	4525
596	-	-	-	11.54	11.15	34.56	41.26	44.54	4519
595	1.63	3.50	5.45	11.53	11.13	34.51	41.19	44.46	4512
594	-	-	-	11.52	11.11	34.45	41.12	44.39	4505
593	-	3.49	5.44	11.51	11.10	34.40	41.06	44.32	4498
592	-	-	-	11.50	11.08	34.34	40.99	44.25	4491
591	-	-	5.43	11.49	11.06	34.29	40.92	44.18	4485
590	-	3.48	-	11.48	11.05	34.23	40.86	44.11	4478
589	-	-	5.42	11.47	11.03	34.18	40.79	44.03	4471
588	-	3.47	-	11.46	11.01	34.12	40.73	43.96	4464
587	1.62	-	5.41	11.45	10.99	34.07	40.66	43.89	4457
586	-	-	-	11.44	10.98	34.01	40.59	43.82	4451
585	-	3.46	5.40	11.43	10.96	33.96	40.53	43.75	4444
584	-	-	-	11.42	10.94	33.90	40.46	43.68	4437
583	-	-	5.39	11.41	10.93	33.85	40.39	43.60	4430
582	-	3.45	-	11.40	10.91	33.79	40.33	43.53	4423
581	-	-	5.38	11.39	10.89	33.74	40.26	43.46	4417
580	-	3.44	-	11.38	10.88	33.68	40.19	43.39	4410
579	-	-	5.37	11.37	10.86	33.63	40.13	43.32	4403
578	1.61	-	-	11.36	10.84	33.57	40.06	43.25	4396
577	-	3.43	5.36	11.35	10.83	33.52	40.00	43.17	4389
576	-	-	-	11.34	10.81	33.46	39.93	43.10	4382
575	-	3.42	5.35	11.33	10.79	33.41	39.86	43.03	4376
574	-	-	-	11.32	10.77	33.35	39.80	42.96	4369
573	-	-	5.34	11.31	10.76	33.30	39.73	42.89	4362
572	-	3.41	-	11.30	10.74	33.24	39.66	42.82	4355
571	-	-	-	11.29	10.72	33.19	39.60	42.74	4348
570	1.60	-	5.33	11.28	10.71	33.13	39.53	42.67	4342
569	-	3.40	-	11.27	10.69	33.08	39.46	42.60	4335
568	-	-	5.32	11.26	10.67	33.02	39.40	42.53	4328
567	-	3.39	-	11.25	10.66	32.97	39.33	42.46	4321
566	-	-	5.31	11.24	10.64	32.91	39.26	42.38	4314
565	-	-	-	11.23	10.62	32.86	39.20	42.31	4307
564	-	3.38	5.30	11.22	10.60	32.80	39.13	42.24	4301
563	-	-	-	11.21	10.59	32.75	39.07	42.17	4294
562	-	3.37	5.29	11.20	10.57	32.69	39.00	42.10	4287
561	1.59	-	-	11.19	10.55	32.64	38.93	42.03	4280
560	-	-	5.28	11.18	10.54	32.58	38.87	41.95	4273
559	-	3.36	-	11.17	10.52	32.53	38.80	41.88	4267
558	-	-	5.27	11.16	10.50	32.47	38.73	41.81	4260
557	-	-	-	11.15	10.49	32.42	38.67	41.74	4253
556	-	3.35	5.26	11.14	10.47	32.36	38.60	41.67	4246
555	-	-	-	-	10.45	32.31	38.53	41.60	4239
554	-	3.34	5.25	11.13	10.43	32.25	38.47	41.52	4232
553	1.58	-	-	11.12	10.42	32.20	38.40	41.45	4226
552	-	-	5.24	11.11	10.40	32.14	38.33	41.38	4219
551	-	3.33	-	11.10	10.38	32.08	38.27	41.31	4212

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	-	5.23	11.09	10.37	32.03	38.20	41.24	4205	550
-	3.32	-	11.08	10.35	31.97	38.14	41.16	4198	549
-	-	5.22	11.07	10.33	31.92	38.07	41.09	4191	548
-	-	-	11.06	10.32	31.86	38.00	41.02	4185	547
-	3.31	5.21	11.05	10.30	31.81	37.94	40.95	4178	546
-	-	-	11.04	10.28	31.75	37.87	40.88	4171	545
1.57	-	5.20	11.03	10.26	31.70	37.80	40.81	4164	544
-	3.30	-	11.02	10.25	31.64	37.74	40.73	4157	543
-	-	-	11.01	10.23	31.59	37.67	40.66	4150	542
-	3.29	5.19	11.00	10.21	31.53	37.60	40.59	4144	541
-	-	-	10.99	10.20	31.48	37.54	40.52	4137	540
-	-	5.18	10.98	10.18	31.42	37.47	40.45	4130	539
-	3.28	-	10.97	10.16	31.37	37.40	40.38	4123	538
-	-	5.17	10.96	10.15	31.31	37.34	40.30	4116	537
1.56	3.27	-	10.95	10.13	31.26	37.27	40.23	4109	536
-	-	5.16	10.94	10.11	31.20	37.20	40.16	4103	535
-	-	-	10.93	10.09	31.15	37.14	40.09	4096	534
-	3.26	5.15	10.92	10.08	31.09	37.07	40.02	4089	533
-	-	-	10.91	10.06	31.04	37.01	39.94	4082	532
-	-	5.14	10.90	10.04	30.98	36.94	39.87	4075	531
-	3.25	-	10.89	10.03	30.93	36.87	39.80	4068	530
-	-	5.13	10.88	10.01	30.87	36.81	39.73	4062	529
-	3.24	-	10.87	9.99	30.82	36.74	39.66	4055	528
1.55	-	5.12	10.86	9.98	30.76	36.67	39.59	4048	527
-	-	-	10.85	9.96	30.71	36.61	39.51	4041	526
-	3.23	5.11	10.84	9.94	30.65	36.54	39.44	4034	525
-	-	-	10.83	9.92	30.60	36.47	39.37	4027	524
-	3.22	5.10	10.82	9.91	30.54	36.41	39.30	4020	523
-	-	-	10.81	9.89	30.49	36.34	39.23	4014	522
-	-	5.09	10.80	9.87	30.43	36.27	39.15	4007	521
-	3.21	-	10.79	9.86	30.38	36.21	39.08	4000	520
1.54	-	5.08	10.78	9.84	30.32	36.14	39.01	3993	519
-	-	-	10.77	9.82	30.27	36.07	38.94	3986	518
-	3.20	5.07	10.76	9.81	30.21	36.01	38.87	3979	517
-	-	-	10.75	9.79	30.16	35.94	38.80	3972	516
-	3.19	5.06	10.74	9.77	30.10	35.87	38.72	3966	515
-	-	-	10.73	9.75	30.05	35.81	38.65	3959	514
-	-	5.05	10.72	9.74	29.99	35.74	38.58	3952	513
-	3.18	-	10.71	9.72	29.93	35.68	38.51	3945	512
-	-	-	10.70	9.70	29.88	35.61	38.44	3938	511
1.53	3.17	5.04	10.69	9.69	29.82	35.54	38.36	3931	510
-	-	-	10.68	9.67	29.77	35.48	38.29	3925	509
-	-	5.03	10.67	9.65	29.71	35.41	38.22	3918	508
-	3.16	-	10.66	9.64	29.66	35.34	38.15	3911	507
-	-	5.02	10.65	9.62	29.60	35.28	38.08	3904	506
-	-	-	10.64	9.60	29.55	35.21	38.00	3897	505
-	3.15	5.01	10.63	9.58	29.49	35.14	37.93	3890	504
-	-	-	10.62	9.57	29.44	35.08	37.86	3883	503
1.52	3.14	5.00	10.61	9.55	29.38	35.01	37.79	3876	502
-	-	-	10.60	9.53	29.33	34.94	37.72	3870	501

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
500	-	-	4.99	10.59	9.52	29.27	34.88	37.65	3863
499	-	3.13	-	10.58	9.50	29.22	34.81	37.57	3856
498	-	-	4.98	10.57	9.48	29.16	34.74	37.50	3849
497	-	3.12	-	10.56	9.47	29.11	34.68	37.43	3842
496	-	-	4.97	10.55	9.45	29.05	34.61	37.36	3835
495	-	-	-	10.54	9.43	29.00	34.54	37.29	3828
494	1.51	3.11	4.96	10.53	9.41	28.94	34.48	37.21	3822
493	-	-	-	10.52	9.40	28.89	34.41	37.14	3815
492	-	3.10	4.95	10.51	9.38	28.83	34.34	37.07	3808
491	-	-	-	10.50	9.36	28.78	34.28	37.00	3801
490	-	-	4.94	10.49	9.35	28.72	34.21	36.93	3794
489	-	3.09	-	10.48	9.33	28.67	34.15	36.86	3787
488	-	-	4.93	10.47	9.31	28.61	34.08	36.78	3780
487	-	-	-	10.46	9.30	28.56	34.01	36.71	3774
486	-	3.08	4.92	10.45	9.28	28.50	33.95	36.64	3767
485	1.50	-	-	10.44	9.26	28.45	33.88	36.57	3760
484	-	3.07	4.91	10.43	9.24	28.39	33.81	36.50	3753
483	-	-	-	10.42	9.23	28.33	33.75	36.42	3746
482	-	-	4.90	10.41	9.21	28.28	33.68	36.35	3739
481	-	3.06	-	10.40	9.19	28.22	33.61	36.28	3732
480	-	-	4.89	10.39	9.18	28.17	33.55	36.21	3725
479	-	3.05	-	10.38	9.16	28.11	33.48	36.14	3719
478	-	-	4.88	10.37	9.14	28.06	33.41	36.06	3712
477	1.49	-	-	10.36	9.13	28.00	33.35	35.99	3705
476	-	3.04	-	10.35	9.11	27.95	33.28	35.92	3698
475	-	-	4.87	10.34	9.09	27.89	33.21	35.85	3691
474	-	-	-	10.33	9.07	27.84	33.15	35.78	3684
473	-	3.03	4.86	10.32	9.06	27.78	33.08	35.70	3677
472	-	-	-	10.31	9.04	27.73	33.01	35.63	3670
471	-	3.02	4.85	10.30	9.02	27.67	32.95	35.56	3664
470	-	-	-	10.29	9.01	27.62	32.88	35.49	3657
469	-	-	4.84	10.28	8.99	27.56	32.81	35.42	3650
468	1.48	3.01	-	10.27	8.97	27.51	32.75	35.35	3643
467	-	-	4.83	10.26	8.96	27.45	32.68	35.27	3636
466	-	3.00	-	10.25	8.94	27.40	32.61	35.20	3629
465	-	-	4.82	10.24	8.92	27.34	32.55	35.13	3622
464	-	-	-	10.23	8.90	27.29	32.48	35.06	3615
463	-	2.99	4.81	10.22	8.89	27.23	32.41	34.99	3608
462	-	-	-	10.21	8.87	27.18	32.35	34.91	3602
461	-	2.98	4.80	10.20	8.85	27.12	32.28	34.84	3595
460	1.47	-	-	10.19	8.84	27.07	32.21	34.77	3588
459	-	-	4.79	10.18	8.82	27.01	32.15	34.70	3581
458	-	2.97	-	10.17	8.80	26.95	32.08	34.63	3574
457	-	-	4.78	10.16	8.79	26.90	32.01	34.55	3567
456	-	-	-	10.15	8.77	26.84	31.95	34.48	3560
455	-	2.96	4.77	10.14	8.75	26.79	31.88	34.41	3553
454	-	-	-	10.13	8.73	26.73	31.81	34.34	3546
453	-	2.95	4.76	10.12	8.72	26.68	31.75	34.27	3540
452	-	-	-	10.11	8.70	26.62	31.68	34.19	3533
451	1.46	-	4.75	10.10	8.68	26.57	31.62	34.12	3526

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	2.94	-	10.09	8.67	26.51	31.55	34.05	3519	450
-	-	4.74	10.08	8.65	26.46	31.48	33.98	3512	449
-	2.93	-	10.07	8.63	26.40	31.42	33.91	3505	448
-	-	4.73	10.06	8.62	26.35	31.35	33.83	3498	447
-	-	-	10.05	8.60	26.29	31.28	33.76	3491	446
-	2.92	4.72	10.04	8.58	26.24	31.22	33.69	3484	445
-	-	-	10.03	8.56	26.18	31.15	33.62	3478	444
1.45	2.91	4.71	10.02	8.55	26.13	31.08	33.55	3471	443
-	-	-	10.01	8.53	26.07	31.02	33.47	3464	442
-	-	4.70	10.00	8.51	26.02	30.95	33.40	3457	441
-	2.90	-	9.99	8.50	25.96	30.88	33.33	3450	440
-	-	4.69	9.98	8.48	25.91	30.82	33.26	3443	439
-	-	-	9.97	8.46	25.85	30.75	33.19	3436	438
-	2.89	-	9.96	8.44	25.79	30.68	33.11	3429	437
-	-	4.68	9.95	8.43	25.74	30.62	33.04	3422	436
1.44	2.88	-	9.94	8.41	25.68	30.55	32.97	3415	435
-	-	4.67	9.93	8.39	25.63	30.48	32.90	3409	434
-	-	-	9.92	8.38	25.57	30.42	32.83	3402	433
-	2.87	4.66	9.91	8.36	25.52	30.35	32.75	3395	432
-	-	-	9.90	8.34	25.46	30.28	32.68	3388	431
-	2.86	4.65	9.89	8.33	25.41	30.22	32.61	3381	430
-	-	-	9.88	8.31	25.35	30.15	32.54	3374	429
-	-	4.64	9.87	8.29	25.30	30.08	32.47	3367	428
-	2.85	-	9.86	8.27	25.24	30.02	32.40	3360	427
1.43	-	4.63	9.85	8.26	25.19	29.95	32.32	3353	426
-	2.84	-	9.84	8.24	25.13	29.88	32.25	3346	425
-	-	4.62	9.83	8.22	25.08	29.82	32.18	3339	424
-	-	-	9.82	8.21	25.02	29.75	32.11	3333	423
-	2.83	4.61	9.81	8.19	24.97	29.68	32.04	3326	422
-	-	-	9.80	8.17	24.91	29.62	31.96	3319	421
-	-	4.60	9.79	8.16	24.86	29.55	31.89	3312	420
-	2.82	-	9.78	8.14	24.80	29.48	31.82	3305	419
1.42	-	4.59	9.77	8.12	24.74	29.42	31.75	3298	418
-	2.81	-	9.76	8.10	24.69	29.35	31.68	3291	417
-	-	4.58	9.75	8.09	24.63	29.28	31.60	3284	416
-	-	-	9.74	8.07	24.58	29.22	31.53	3277	415
-	2.80	4.57	9.73	8.05	24.52	29.15	31.46	3270	414
-	-	-	9.72	8.04	24.47	29.08	31.39	3263	413
-	2.79	4.56	9.71	8.02	24.41	29.02	31.31	3257	412
-	-	-	9.70	8.00	24.36	28.95	31.24	3250	411
1.41	-	4.55	9.69	7.98	24.30	28.88	31.17	3243	410
-	2.78	-	9.68	7.97	24.25	28.82	31.10	3236	409
-	-	4.54	9.67	7.95	24.19	28.75	31.03	3229	408
-	2.77	-	9.66	7.93	24.14	28.68	30.95	3222	407
-	-	4.53	9.65	7.92	24.08	28.62	30.88	3215	406
-	-	-	9.64	7.90	24.03	28.55	30.81	3208	405
-	2.76	4.52	9.63	7.88	23.97	28.48	30.74	3201	404
-	-	-	9.62	7.87	23.92	28.42	30.67	3194	403
-	-	4.51	9.61	7.85	23.86	28.35	30.59	3187	402
1.40	2.75	-	9.60	7.83	23.80	28.28	30.52	3180	401

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
400	-	-	4.50	9.59	7.81	23.75	28.22	30.45	3173
399	-	2.74	-	9.58	7.80	23.69	28.15	30.38	3167
398	-	-	4.49	9.57	7.78	23.64	28.08	30.31	3160
397	-	-	-	9.56	7.76	23.58	28.02	30.23	3153
396	-	2.73	4.48	9.55	7.75	23.53	27.95	30.16	3146
395	-	-	-	9.54	7.73	23.47	27.88	30.09	3139
394	-	2.72	4.47	9.53	7.71	23.42	27.82	30.02	3132
393	1.39	-	-	9.52	7.70	23.36	27.75	29.95	3125
392	-	-	4.46	9.51	7.68	23.31	27.68	29.87	3118
391	-	2.71	-	9.50	7.66	23.25	27.62	29.80	3111
390	-	-	-	9.49	7.64	23.20	27.55	29.73	3104
389	-	2.70	4.45	9.48	7.63	23.14	27.48	29.66	3097
388	-	-	-	9.47	7.61	23.09	27.42	29.59	3090
387	-	-	4.44	9.46	7.59	23.03	27.35	29.51	3083
386	-	2.69	-	9.45	7.58	22.98	27.28	29.44	3076
385	1.38	-	4.43	9.44	7.56	22.92	27.22	29.37	3070
384	-	-	-	9.43	7.54	22.86	27.15	29.30	3063
383	-	2.68	4.42	9.42	7.52	22.81	27.08	29.23	3056
382	-	-	-	9.41	7.51	22.75	27.01	29.15	3049
381	-	2.67	4.41	9.40	7.49	22.70	26.95	29.08	3042
380	-	-	-	9.39	7.47	22.64	26.88	29.01	3035
379	-	-	4.40	9.38	7.46	22.59	26.81	28.94	3028
378	-	2.66	-	9.37	7.44	22.53	26.75	28.87	3021
377	-	-	4.39	9.36	7.42	22.48	26.68	28.79	3014
376	1.37	2.65	-	9.35	7.41	22.42	26.61	28.72	3007
375	-	-	4.38	9.34	7.39	22.37	26.55	28.65	3000
374	-	-	-	9.33	7.37	22.31	26.48	28.58	2993
373	-	2.64	4.37	9.32	7.35	22.26	26.41	28.50	2986
372	-	-	-	9.31	7.34	22.20	26.35	28.43	2979
371	-	2.63	4.36	9.30	7.32	22.15	26.28	28.36	2972
370	-	-	-	9.29	7.30	22.09	26.21	28.29	2965
369	-	-	4.35	9.28	7.29	22.03	26.15	28.22	2958
368	1.36	2.62	-	9.27	7.27	21.98	26.08	28.14	2952
367	-	-	4.34	9.26	7.25	21.92	26.01	28.07	2945
366	-	2.61	-	9.25	7.23	21.87	25.95	28.00	2938
365	-	-	4.33	9.24	7.22	21.81	25.88	27.93	2931
364	-	-	-	9.23	7.20	21.76	25.81	27.86	2924
363	-	2.60	4.32	9.22	7.18	21.70	25.75	27.78	2917
362	-	-	-	9.21	7.17	21.65	25.68	27.71	2910
361	-	-	4.31	9.20	7.15	21.59	25.61	27.64	2903
360	1.35	2.59	-	9.19	7.13	21.54	25.55	27.57	2896
359	-	-	4.30	9.18	7.12	21.48	25.48	27.50	2889
358	-	2.58	-	9.17	7.10	21.43	25.41	27.42	2882
357	-	-	4.29	9.16	7.08	21.37	25.35	27.35	2875
356	-	-	-	9.15	7.06	21.31	25.28	27.28	2868
355	-	2.57	4.28	9.14	7.05	21.26	25.21	27.21	2861
354	-	-	-	9.13	7.03	21.20	25.15	27.14	2854
353	-	2.56	4.27	9.12	7.01	21.15	25.08	27.06	2847
352	-	-	-	9.11	7.00	21.09	25.01	26.99	2840
351	1.34	-	4.26	9.10	6.98	21.04	24.95	26.92	2833