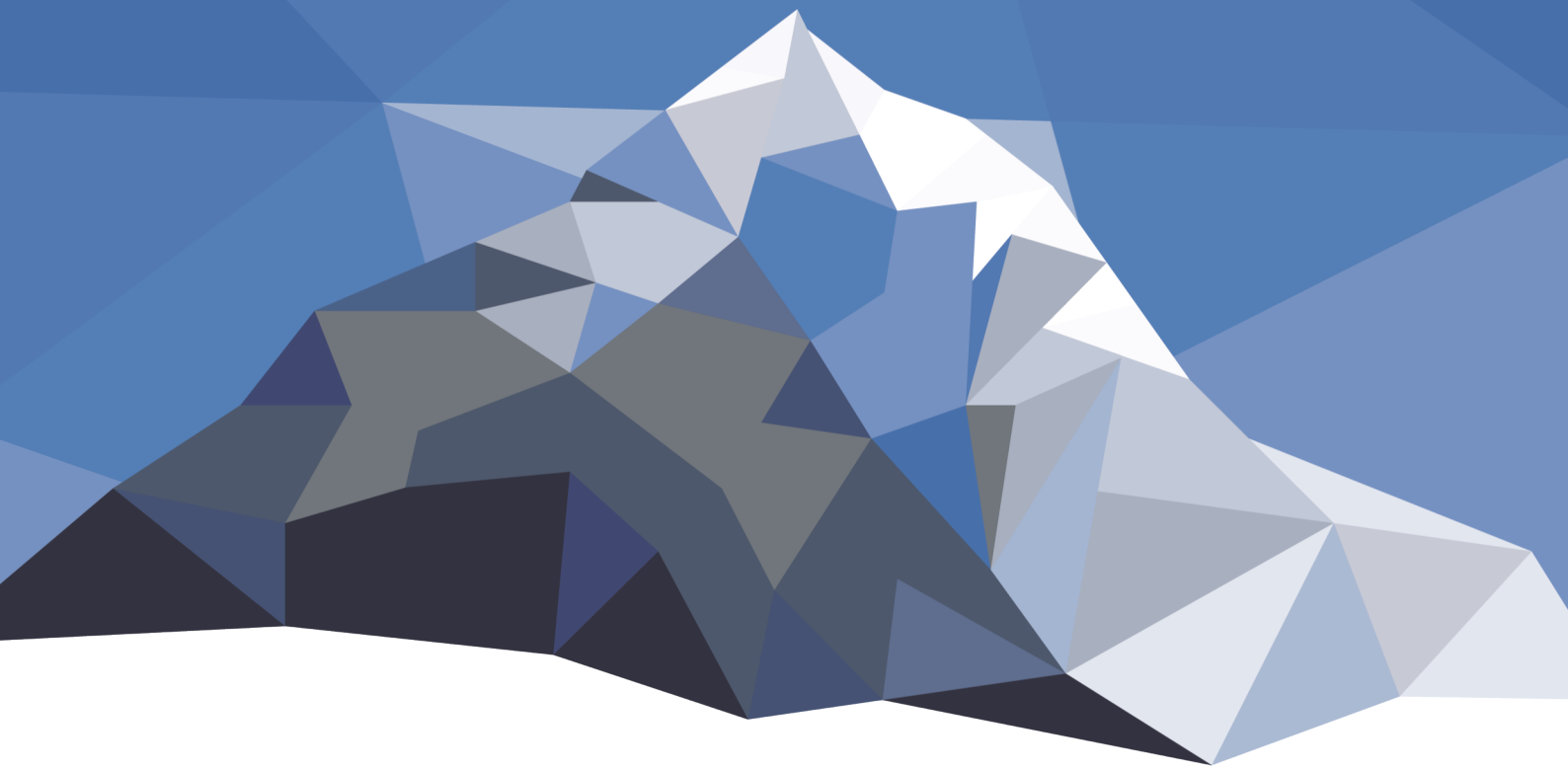


*1 tower, 1 week, 8,848 m*

# M1 Everest Challenge



Between 11th and 15th March 2013, the Sainsbury's HR Services M1 Team (and friends) will attempt to climb to the height of the Mount Everest in a gruelling 8,848m sponsored stair relay up the Manchester Arndale tower. We need your support to help us raise money for Comic Relief.

To sponsor us or find out how you can get involved, just talk to a member of the team or visit our website.

**Sainsbury's**

[everestchallenge.co.uk](http://everestchallenge.co.uk)

