

# ■ How to Increase Air Quality in Your Office with Strategic Plant Placement

At **Atlanta Houseplants**, we believe that office plants aren't just decorations—they're strategic tools that improve workplace wellness. With the science of biophilic design, plants can be positioned in key areas to not only beautify your office, but also significantly improve indoor air quality. ■ Research has shown that certain plants can absorb toxins, boost oxygen levels, and promote focus and productivity. When placed correctly, plants become natural air filters, supporting both the health and happiness of your team.

## 1. The Science of Biophilic Design ■

Biophilic design is the practice of bringing elements of nature into the built environment. Studies show that when employees are surrounded by greenery, they experience reduced stress, improved cognitive function, and greater workplace satisfaction. Strategic plant placement maximizes these benefits by ensuring plants are where your team spends the most time.

## 2. Plants That Purify the Air ■■

Not all plants are created equal when it comes to cleaning the air. NASA's famous Clean Air Study found that species such as the Peace Lily, Boston Fern, and Snake Plant are particularly effective at removing toxins like formaldehyde, benzene, and carbon monoxide. Incorporating these plants into your office design creates a natural filtration system.

## 3. Where to Place Plants for Maximum Impact ■

Placement matters. Position tall air-purifying plants in corners of conference rooms to improve circulation, use trailing plants near workstations to reduce dust, and cluster plants in communal areas like break rooms to encourage relaxation. Even a few strategically placed plants can create a noticeable difference in air quality.

At **Atlanta Houseplants**, we specialize in office plant design, installation, and ongoing care that enhances workplace wellness across Atlanta. Our team ensures that your plants are not only beautiful, but also working hard to make your office healthier.

■ Ready to breathe easier at work?

■ [Click here to book your FREE Office Plant Design or Plant Audit today!](#)