

Relax. Rebalance. Restore. – Is this better than having the list of my services offered? I really like the layout of my current landing page – nice font, centered & balanced and image is clear to see behind copy.

Need to change website to say MOBILE REFLEXOLOGIST IN WEST LONDON and take out my address.

Set up business whatsapp

# Relax. Rebalance.

Professional reflexology treatments.  
Experience deeply restorative  
wellness.

Book Your Session

Need to be able to book and have some questions for clients to fill in. Would be good to have them all on the website rather than having to send a Google form separately – this is more work for me! Can just do the essential questions like:

I understand that reflexologists do not give medical diagnosis or treatment but do correct imbalances that are revealed in each session. I further agree that it is my responsibility to consult my GP about my pain, problem or illness that I am presently aware of, or become alerted to the possibility of as a result of a session. **TICK BOX / WRITE YES**

**Medical History:** (illnesses, diseases, disorders, accidents, injuries, operations, PMS? etc) Please state rough dates:

Do you have any allergies? If yes please state

Reason for seeking reflexology? How can I help you?

**SEE MORE Q'S ON NEXT PAGE**

Mobile reflexology treatments.  
Relax and rebalance in the comfort of your own home.

CONTRAINDICATIONS. Reflexology is a very safe therapy however some contraindications require medical permission OR informed consent before treatment. Please select any that apply. I will contact you for further details if required.			
Pregnancy (in first trimester)		Slipped disc	
Cardiovascular conditions (thrombosis, phlebitis, hypertension, hypotension, heart conditions)		Undiagnosed lumps, swellings	
Medical oedema		Undiagnosed pain	
Osteoporosis		Asthma	
Arthritis		Any dysfunction of the nervous system (e.g. Multiple sclerosis, Parkinson's disease, Motor neurone disease)	
Nervous/Psychotic conditions		Trapped/Pinched nerve (e.g. sciatica)	
Epilepsy		Whiplash	
Diabetes		Botox/filler in the last 3-4 weeks	
Recent operations and/or imminent medical tests or procedures		Kidney infections	
Injury or condition linked to area worked		Fever	
If you have answered yes to any of the above, please give details :			



Association of Reflexologists Member



London School of Reflexology Trained



Fully Insured

Get AoR logo

Trained at the prestigious London School of Reflexology

# Discover Our Treatments

My Services

Each treatment is designed to help you reconnect with your body's natural healing abilities

Each treatment helps to restore balance in your body, improve mood and reduce stress.

Deeply relaxing and therapeutic; encourages the body to return to a state of homeostasis and bring you back to optimum health.



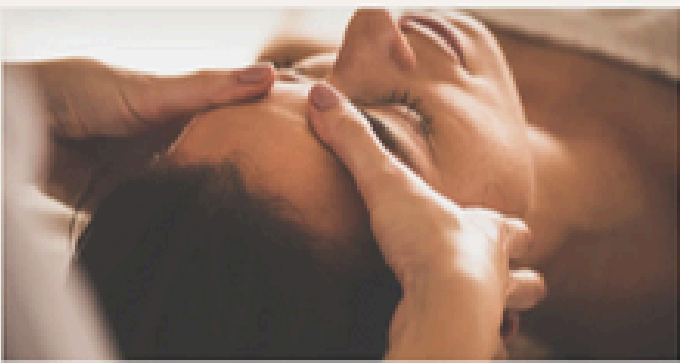
### Reflexology

*Deeply relaxing and therapeutic for all the body's systems, helping you return to a state of balance.*

50 min

Learn More

£75



### Facial Reflexology

*Powerfully calming for the nervous system; boosts circulation, reduces tension and rejuvenates skin.*

45 min

Learn More

£80



### Pre-Conceptual & Pregnancy Reflexology

*Supports hormonal balance, reduces stress and helps during conception and pregnancy.*

50 min

Learn More

£75

Hugely beneficial for your reproductive system; reduces stress, promotes hormonal balance and reduces pregnancy aches and pains.

Wonderfully calming for your nervous system; relaxes your mind, reduces tension and rejuvenates skin.



### Zone Face Lift

*Award-winning holistic facial combining reflexology, Gua Sha and massage techniques to naturally lift the face.*

Layout should be even: 2 rows of 2.

Award-winning holistic facial combining reflexology, Gua Sha and massage techniques to naturally lift the face.

Improve this layout. Increase prices by £10



Instead of the tick, can we use a nice hasma/hand symbol?

Stimulates the body's natural healing processes

Calms the nervous system and promotes relaxation

Boosts immunity and improves mood



The hand with an infinity sign in instead of the swirl would be cool to link to my logo

# Reflexology

50 min

£75 £85

**Change copy (see page before)**  
*Deeply relaxing and therapeutic for all the body's systems, helping you return to a state of balance.*

✓

~~Calms the nervous system and boosts immunity~~

✓

~~Stimulates mapped reflex points to release stagnation~~

✓

~~Promotes the body's natural healing processes~~

WHO IT HELPS

WHAT CAN IT HELP?

Stress and anxiety

Sleep disorders

Digestive issues

~~Circulation problems~~

General wellbeing and detoxification

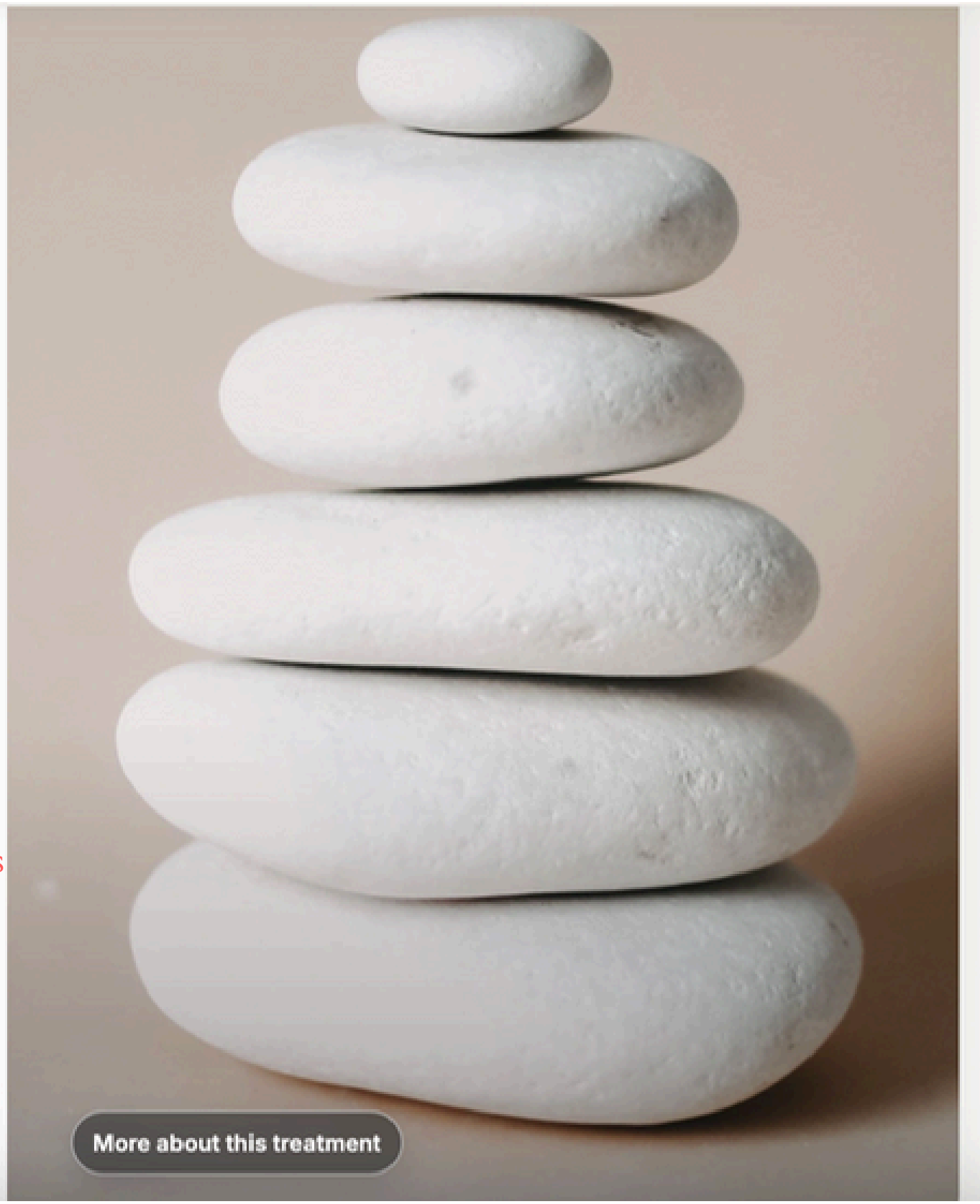
Aches and pains

Book This Service

Ask a Question

Hormonal issues

Detoxification



More about this treatment



[More about this treatment](#)

# Facial Reflexology

~~Change copy (see page before)~~  
Powerfully calming for the nervous system; boosts circulation, reduces tension and rejuvenates skin.

45 min

£80

£90

✓ Cleanse, hot towel steam and luxury facial massage

Deeply relaxing and calms the nervous system

✓ Supports cranial nerves for deep relaxation

Boosts circulation, improves lymph flow and smooths skin

✓ Releases emotions held in the face

Reduces muscle tension and emotions held in the face

## WHO IT HELPS

## WHAT CAN IT HELP?

Migraines and headaches

Teeth grinding

Sinusitis and hay fever

Bell's palsy

Stress and anxiety

Promote sleep

Smooth skin

Book This Service

Ask a Question



## Pre-Conceptual & Pregnancy Reflexology

50 min

£75

£85

*Supports hormonal balance, reduces stress and helps during conception and pregnancy.*

See new copy

✓ Balances hormones and reduces stress for conception

✓ Creates optimal body ecology for healthy pregnancy

✓ Reduces pregnancy aches, pains and morning sickness

### WHO IT HELPS

Couples trying to conceive

Pregnancy nausea and fatigue

Pregnancy aches and pains

Post-partum recovery

Hormonal imbalances

### WHAT CAN IT HELP?

Book This Service

Ask a Question


More about this treatment

Helps to balance hormones and reduce stress

Promotes optimal body ecology for a healthy pregnancy

Calms pregnancy aches, pains and morning sickness





More about this treatment

## Zone Face Lift

~~See new copy~~  
~~Award-winning holistic facial combining reflexology, Gua Sha and massage techniques for natural lifting.~~

60 min

£95 **£110**

- ✓ Combines facial reflexology, Gua Sha and massage techniques
- ✓ Promotes collagen and elastin production
- ✓ De-puffs and lifts face and neck naturally

WHO IT HELPS

Signs of ageing and fine lines

~~Facial puffiness and tension~~

~~Stress~~

~~Emotional stress held in face~~

Overall skin health and glow

WHAT CAN IT HELP?

Reduce puffiness and tension

Release stress held in face

Boost collagen and elastin

Book This Service

Ask a Question

# Ready to Begin Your <sup>Reflexology</sup> Journey?

Your local mobile reflexologist & facialist

~~All treatments are from my home space in Queens Park, W9 3HJ, London. Mobile visits available within 5 miles (+£10).~~

Book Now

Email

WhatsApp

## Wich Romilly

Relax. Rebalance. Restore.

Qualified Reflexologist <sup>and Facialist</sup> specialising in women's health and wellness.

## Services

[Reflexology](#)

[Facial Reflexology](#)

[Pre-conceptual & Pregnancy](#)

[Zone Face Lift](#)

## Contact

Email:

[wichromilly@gmail.com](mailto:wichromilly@gmail.com)

WhatsApp:

[07974 182 612](https://wa.me/07974182612)

Location: 43 Crossley  
Road, Queens Park, W9  
3HJ, London

## Follow

[Instagram](#)

Mobile Reflexology in West and NW London

## Booking terms

### Payment:

25% taken at time of booking.

75% balance taken after treatment.

### Cancellation policy:

-48hrs prior appt: postpone/cancel free of charge

-25hrs prior appt: postpone by 1 week free of charge or 50% cancellation charge

- Less than 25hrs prior appt/On the day of appt/no show: 100% cancellation charge

NOTE: Should I charge more for appointments after 6.30pm?

E.g. bookings starting at 7pm, 8pm or 8.30pm have a 10% fee applied..