

ABOUT ME

MATIAS I BRIVIESCA

Assessment Date: 05/06/2020

Plan Dates: 06/01/2020 to 05/31/2021

Developed by: Megan Sullivan (218) 732-2405

Address: 28704 460th St.

Laporte, MN 56461

County: Hubbard

Home: (218) 224-2332

Work:

Other:

General Plan Notes:

Assessment ID:	859772	Level of Care:	ICF/DD
Case Mix:	J	Program:	PCA
Case Manager:	Marni Kelly	Phone:	218-470-8416

Matias is a 10 year old boy who is living in a family foster home in Laporte, MN. Matias' brother Renaldo (Ray) also lives in the home. He is diagnosed with an intellectual disorder, Autism Spectrum Disorder, Anxiety and ADHD. Matias currently attends school at Gene Dillion Elementary School in Bemidji, MN where he receives special education services through an IEP.

Strengths: Matias loves playing with musical toys, and playing games on his iPad. When Matias is having a good day it means he is feeling well and smiling. He may be able to focus on an activity for a longer period of time. Matias gets along with his PCA's that help him, and is working on his socialization and behaviors. Matias is starting to try new foods, but chicken nuggets remain his favorite. Matias continues to receive support in multiple domains to ensure his health and safety needs are met.

Needs: A bad day for Matias involve difficulties breathing due to asthma, crying and aggressiveness towards himself. He mostly acts aggressively towards himself, but could become aggressive towards another individual if they have something he wants, or if they are near him during an outburst. Matias has a short attention span and can become frustrated when an activity is taking too long.

PERSON INFORMATION

Date of Birth: 04/02/2010 **Age:** 10 yrs

Emergency Contacts

Name	Relationship	Phone
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Name	Relationship	Phone
Louise and Wes Abbott (Foster Parents): 28704 460th Street; Laporte, MN 56461	Other Non-Relative	(218) 224-2332
Polk County Social Services/Marni Kelly (Social Worker)	Other Non-Relative	(218) 470-8416

Notes/Comments**Decision Making Representatives**

Name	Type of Authority	Address	Phone
Polk County Social Services (Marni Kelly-Social Worker)	Public Guardian	612 N. Broadway, Room 302, Crookston, MN 56716	(218) 470-8416

Notes/Comments**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance	MA Medicaid: 25 IV-E Foster Care	03857533	11/01/2016

Notes/Comments**Providers**

Health Care Providers	Phone	Comments
Dentist	(218) 829-3571	K.O.A.L.A. Dental Care: 15860 Audobon Way; Brainerd, MN 56401

Health Care Providers	Phone	Comments
Pharmacy	(218) 751-6380	Thrifty White Pharmacy: 2000 Paul Bunyan Dr; Bemidji, MN 56601
Psychologist	(218) 751-0884	Dr. John Parkin - Wildgen Wilimek & Associates: 1526 30th St NW; Bemidji, MN 56601
Primary Physician	(800) 942-4923	William Bock - Sanford Health Bemidji: 1233 34th Street NW; Bemidji, MN 56601
Other	(218) 333-2020	Sanford Bemidji Eye Center and Optical: 1611 Anne St NW, Bemidji, MN 56601
Optometrist		
Targeted Case Manager	(218) 470-8416	Polk County Social Services: 612 N. Broadway, Room 302, Crookston, MN 56716
Marni Kelly		

Notes/Comments

WHAT'S IMPORTANT TO THE INDIVIDUAL

Goals related to how you want to live your life:

Quality of Life: Matias enjoys spending his time playing with musical toys and on his iPad or other electronics. Matias doesn't spend much time around peers, but spends a lot of time with his foster mother and PCA's who help him with socialization. It is important for Matias to have supports around him to help him with his behaviors and to keep him safe.

Activities of Daily Living: It is important for Matias to continue to learn how to participate and properly complete ADL tasks that are age appropriate. It is important for Matias' family and support to continue to help ensure Matias's needs are met.

Instrumental Activities of Daily Living: It is important for Matias's family/caregivers to help Matias learn IADL tasks that are age appropriate.

Health: It is important for Matias to remain in good health and remain safe.

Psychosocial: It is important for Matias to continue to learn more coping mechanisms to help with his behaviors. It is important that staff/family continue to work on these goals with Matias.

Safety & Self-Preservation: It is important for Matias to remain as safe as possible for a child of his age.

Employment, Volunteering & Training: It is important that Matias' education needs continue to be met, and that he is able to participate among staff/peers at school.

Housing & Environment: It is important that Matias feels safe in his home, and that the household is able to meet his needs.

Self-Direction: Matias will remain in his current family foster placement.

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Matias will work on his physical behaviors, and decreasing the frequency that they occur.	05/31/2021		Semi-Annually
Matias will learn to verbalize more with family and staff so he is able to explain what he's doing as well as his needs.	05/31/2021		Semi-Annually
Matias will learn how to accept the word "no".	05/31/2021		Semi-Annually
Matias' needs for health and safety will be met.	05/31/2021		Semi-Annually
Matias will continue to explore other activities that he might enjoy besides playing on a tablet or a phone.	05/31/2021		Semi-Annually

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
An adoptive home will be found for Matias and his brother.	05/31/2021		Semi-Annually

Action Steps for Goals:**What will the person do?**

Matias will continue to grow and develop more independence. He will work with his PCA providers, attend his appointments at Choice Therapy where he will continue to participate in OT, and Speech Therapy services. He will continue to receive specialized educational services through the Bemidji Public School District.

What will the case manager do?

Polk County Social Services will continue to provide case management services. Case manager will review the CSP and create the CSSP, authorizing the services that are important to and for Matias. Case manager will meet with Matias and his foster providers a minimum of two times per year. She will be available by telephone for any emergent needs or concerns.

What will others do?

Foster family will continue to offer their support and guidance in regards to Matias. They coordinate Matias' therapy appointments and PCA services. Matias' foster parents will continue to identify and advocate for his needs and work with him on developing more independence. His foster family will coordinate visits with his brother Rico who is living in another foster home in Bemidji. Teresa Adamson is Matias' adoption worker through Polk County and she will continue to search for an adoptive home for Matias and his brothers. Kayleen Moudry from Kindred Family Focus is also hired to help find an adoptive home for Matias and his family.

What will the provider do?

Providers will continue to work with Matias and his caregivers in working toward maintaining his health and safety needs. They will continue to work with him in developing increasing independence. Matias' PCAs will encourage him to participate in a variety of activities.

SUMMARY OF NEEDS**Quality of Life:** Supervision

Personal Assistance: EATING: Matias needs his food cut into small pieces. He is responding to cues more but still requires some hand over hand assistance. He can be resistant and tends to spit his food out. Matias has a good appetite for preferred foods and has recently begun trying new foods. He prefers to eat finger foods and snacks. Matias will not eat vegetables. Chicken nuggets are still his favorite, but he is also enjoying Spaghetti and eggs. BATHING: Matias cannot be left unattended and is unable to shampoo his hair. Staff/foster family help Matias in and out of the bath and assist with shampooing his hair and washing his back. Matias can help wash his front side now. Staff and his foster family are teaching Matias how to bathe and he is still learning. GROOMING: Matias has been better with cooperating with completing hygiene tasks. Matias is unable to get to the back of his mouth for teeth brushing but does try completing this task on his own. Staff/family assist with brushing teeth to ensure it is done properly. Staff/family assist with peri care and other grooming needs. TOILETING: Matias's foster family states that he goes through stages of incontinence. Matias is potty trained and wears underwear. Matias's family does not want Matias to return to Pull-ups because he may think this behavior is okay. Matias has seen a physician for this problem and they believe it may be behavioral. Matias will put bowel incontinence on the floor. MOBILITY: Matias is physically capable of walking however he requires supervision to ensure his safety. There have been times before where he could resist direction. TRANSFERS: Matias is physically capable of transferring but due to behaviors, he may choose to not participate at times .

Home Management: MED MGMT: Matias' family continues to help order, set up, and administer his medications. Caregivers place his medications in his mouth and Matias chews. Capsules need to be taken apart and put into liquid so he can drink it. Matias sees Dr. John Parkin at Wildgen Wilimek & Associates for med management services. MEAL PREP: n/a due to age. Matias baked cookies with his family the day of the assessment. He did a good job at putting in the ingredients. He completed one batch, but didn't finish the rest of them due to the activity taking too long. TRANSPORTATION: caregivers provide transportation. Matias is not old enough to operate a car. HOUSEWORK: Matias' caregivers provide most housework chores due to his age. Matias will pick up his toys when directed to do so. Matias can be resistive and tell caregivers no to simple chores that he could participate in. He will sometimes pick up his clothes and take to the laundry. Matias enjoys pushing the buttons the washing machine. TELEPHONE:

Matias does not talk on the telephone. SHOPPING: Matias's caregivers complete shopping tasks. FINANCES: Matias is unable to manage his finances due to his age. He has a rep payee who pays bills on his behalf.

Health Related/Medical: HEALTH: Matias has a physical set up for 5/14/2020 with his primary physician. He had a dental exam on 1/30/2020 and vision appointment is for 5/4/2020. Matias went to the Emergency Department on 12/31/2019 for a possible bronchitis flare up. Matias has severe Asthma that needs to be monitored. Overall Matias is generally healthy and sees an appropriate provider when needed. Matias has a severe Peanut Allergy and an Epi-pen needs to be available at all times in case of accidental exposure. MEDICATIONS: Med list from Sanford Health. Valid as of 5/13/2020. DIAGNOSES: Matias is diagnosed with Asthma (J45.909); Autism (F84.0); Sensory Integration Disorder (F88); ADHD (F90.2); Mixed receptive-expressive language disorder (F80.2), Aggression (R46.89); and Intellectual Disability (F79). TREATMENTS: Nebulizer for asthma that must be monitored. Severe peanut allergy - cannot even touch peanut butter. Must have epi pen available at all times. Need to watch foods that contain niacin as he cannot have it as he breaks out from it. THERAPIES: Matias has therapies for Speech and OT. Speech was twice a week during the school year, but due to COVID-19 was brought to once a week. Choice Therapy completes therapies with Matias.

Cognitive and Behavior Supports: Matias has multiple diagnoses and requires 24-hour support and supervision to ensure his needs for health and safety are met.; Matias is diagnosed with Autism, Sensory Integration disorder, Mixed receptive-expressive language disorder, aggression, and Intellectual disability. He requires 24-hour support and supervision to ensure his needs for health and safety are met.

Personal Security: SAFETY/SELF-PRESERVATION: Matias must be supervised at all times to ensure his safety. He is unable to identify and respond to a dangerous or emergency situation due to his age as well as his diagnosis and cognitive difficulties. His resistance to care and direction may place him at greater risk in an emergency (as well as his caregivers) as he could be resistant to evacuating in a timely manner or responding appropriately. He would not be able to either identify or verbalize mistreatment to another. Matias's foster family and caregivers are responsible to ensure his safety and well-being in the event of an emergency.

Communications: VISION: Matias went to Sanford Health for an Eye Exam on 5/4/2020. His report shows astigmatism in the left eye that is minimal. Matias does not need glasses at this time. COMMUNICATION: Matias tries to talk and can say some words but is primarily nonverbal and unable to communicate his needs, aside from screaming. He uses some sign language but not enough to communicate effectively with his caregivers. He has an augmentative communication device but it is only used at school (he doesn't use them properly and prefers to just play games on them). Matias is enrolled in speech therapy through his school. SENSORY: Matias is sensitive to sights, sounds and other sensory input. He is unusually active, avoids being touched and has a difficult time with transitions. He has poor balance, tends to be clumsy and prefers repetitive activities such as spinning, swinging and rocking. His foster parent questions if he understands or knows if/when he has pain; feels he may not understand. Matias will scream a lot but is incapable to expressing if something hurts. Matias has weighted blankets (throws off), vests, hug me shirts (won't leave on if unattended) that staff and caregivers try to use during the day. Matias can get overwhelmed when multiple people are talking. His family has started having only one person say the prayer before a meal too help Matias from getting overwhelmed. Matias has noise cancelling headphones to help reduce background noise during school and OT.

Employment/Training/Skill Building: Matias is currently in the fourth grade at Bemidji Schools. He adjusted well to the distance learning due to COVID-19. Matias receives services for his needs to be met while at school.

Supportive Services: Matias and his brother Renaldo have been in their current placement in Laporte, MN off and on since 2013. They went home for about two years and returned. They were later home for a month and have resided at their current family foster home nonstop since 4/19/2017. Mattias calls his foster mom, "Mom."

Self-Direction: Matias is a minor child and unable to direct his own care.

Caregiver/Parent Support:

RECOMMENDED REFERRALS

No Data Found

INFORMAL CAREGIVERS

Name	Caregiver Relationship	Lives with Person	Caregiver Role	Type of Care
Louise & Wes Abbott	Other Non-Relative	<input checked="" type="checkbox"/>	Primary Caregiver	<input checked="" type="checkbox"/> ADLs <input checked="" type="checkbox"/> IADLs <input checked="" type="checkbox"/> Habilitation <input checked="" type="checkbox"/> Community Access <input checked="" type="checkbox"/> Supervision <input checked="" type="checkbox"/> Social Interaction <input checked="" type="checkbox"/> Health & Medical

Notes/Comments

RISKS

How will Health and Safety Issues be Addressed?

Matias has a severe peanut allergy and his caregivers must have an epi pen with them at all times in case of accidental exposure to peanuts. Matias also has a history of asthma which needs to be monitored and he must be supervised at all times for his health and safety. He is vulnerable as a result of his autism diagnosis and developmental delays and would run off without regard for his safety. Caregivers should be within an arms length of Matias or hold onto him when in public. Matias' foster parent makes arrangements and coordinates his medical appointments.

NEXT STEPS:

- ☐ **You will work with an assessor or case manager to develop a Coordinated Services and Supports Plan for the public program you have chosen.**
- ☐ **We are waiting for:**
- ☐ **For help locating services and supports options in this Community Support Plan, these are resources you can contact:**
 - www.Minnesotahelp.info®
 - Disability Linkage Line® (Hub) 866-333-2466
 - Senior LinkAge Line® (SLL) 800-333-2433
 - Veterans Linkage Line™ (VLL) 888-546-5838

Comments:

APPEAL INFORMATION

If you are dissatisfied with the county agency/tribe or managed care organization's action, or feel they have failed to act on your request for home and community based services, you have the right to appeal within 30 days to your agency*, or write directly to:

Minnesota Department of Human Services Appeals Office
P. O. Box 64941
St. Paul, MN 55164-0941

Call:
Metro: 651-431-3600 (Voice)
Outstate: 651-657-3510
TTY: 800-627-3529
Fax: 651-431-7523

Online filing:
<http://edocs.dhs.state.mn.us/lfserver/Public/DHS-0033-ENG-eform>

If you want to have your services continue during an appeal, you must file within 10 days after you receive a notice from your agency about a reduction, denial or termination of your services.

If you show good cause for not appealing within the 30-day limit, the state agency can accept your appeal for up to 90 days from the date you receive the notice.

* If you are enrolled in a managed care organization you also have the option to appeal directly with your managed care organization.

What if I feel I have been discriminated against?

Discrimination is against the law. You have the right to file a complaint if you believe you were discriminated against because of race, color, national origin, religion, creed, sex, sexual orientation, public assistance status, age or disability. To file a complaint, contact:

- Minnesota Department of Human Services
Equal Opportunity and Access Division
P.O. Box 64997
St. Paul, MN 55164-0997
Call 651-431-3040 (voice); or Minnesota Relay at 711 or 800-627-3529 (toll-free).
- Minnesota Department of Human Rights
Freeman Building
625 N. Robert St.
St. Paul, MN 55155
Call 651-539-1100 (voice), 651-296-1283 (TTY) or 800-657-3704 (toll-free).

U.S. Department of Health and Human Services' Office for Civil Rights prohibits discrimination in its programs because of race, color, national origin, disability, age, religion or sex. Contact the federal agency directly at U.S. Department of Health and Human Services Office for Civil Rights, Region V, 233 N. Michigan Ave. Suite 240, Chicago, IL, 60601. Call 312-886-2359 (voice), 800-537-7697 (TTY) or 800-368-1019 (toll-free).

651-431-2400 or 800-747-5484

Attention. If you need free help interpreting this document, call the above number.

ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اتصل على الرقم أعلاه.

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Pažnja. Ako vam treba besplatna pomoć za tumačenje ovog dokumenta, nazovite gore naveden broj.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntawb ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ໂປຣຕຊາບ. ຖ້າທ່ານ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ພໍດີ, ຈົ່ງໂທສະໂປທີ່ໝາຍເລກຂ້າງເທິງນີ້.

Hubachiisa. Dokumentiin kun bilisa akka siif hiikamu gargaarsa hoo feete. lakkoobsa gubbatti kenname bibili.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda qoraalka, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.

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