





## **Dear Players and Parents,**

Below is the format for the evening for the players participating in the tryout. Please note that we are going to do our best to get as many players on as many teams as workable! Players should remember to come, work hard, and have fun! Just treat this like another opportunity to play ball!! ©

- > Please arrive at least 15 minutes early for registration
  - o 5<sup>th</sup>/6<sup>th</sup> grade 4:45p.m.
  - o 7<sup>th</sup>/8<sup>th</sup> grade 6:45 p.m.
- > Please wear comfortable gym clothes and bring tennis shoes/basketball shoes
- > Players will be shown several different drills and then will participate in these drills that include basketball skills such as:
  - Ball Handling
  - o Shooting
  - o Dribbling
  - Speed and Agility
- > Players will then participate in game play in which other basketball factors (court-sense, passing, defense etc.) will be assessed while playing by independent observers.
- > Parents will attend a meeting in the cafeteria at the same time their child is in the gym going through the basketball work out.