

Registration Form

Student Name:

Grade (2010-11) _____

Male ☐ Female ☐

Session preference (1st 30 per class):

7 am to 8 am ☐

8 am to 9 am ☐

Sports participating in:

This course is part of the Wrightstown Summer School program in partnership with the Bellin Health instructor. Regular attendance is expected of all participants. Absences should be prearranged with one of the instructors. All liability for injury or any other claim is forfeited by the participant against the Wrightstown School District or Bellin Health as well as any other personnel involved with the course.

Parent Signature:

Parent Day Time Phone Number:

Please make checks for \$100 to
"Wrightstown High School"

Please return this form with payment to
Mr. Haese by Friday, May 21st.

Wrightstown High School
Attn: Cory Haese
PO Box 128
Wrightstown, WI 54180



**Summer 2010
Performance Enhancement
Course
Wrightstown High School**



Course Description

This summer's Performance Enhancement class will provide student athletes in Wrightstown an outstanding opportunity to improve their overall athletic skills in the areas of speed, strength and agility. Performance Enhancement participants will receive instruction from Kari Scheelk. Kari is a certified athletic trainer for Bellin Health through Bellin Health's XL Athletic Performance Programs. She has trained numerous individuals and teams in the area of athletic improvement. Check out Bellin Health's website at www.xlplaylarge.com.

This course will again be run through the Wrightstown Summer School program.

Course Information:

Who: Any Wrightstown student entering grades 7-12 in Fall 2010.

When: Summer of 2010, Mondays and Wednesdays. Two Sessions at 7 a.m.—8 a.m. or 8 a.m.—9 a.m. (Class open to first 30 students enrolled in each session on a first come first in basis)

Class Dates are: June 7, 9, 14, 16, 21, 23, 28, 30, July 7, 12, 14, 19, 21, 26, 28, and August 2 (no class on Monday, July 5)

Cost: \$100 per student

Where: Wrightstown High School

Why: To improve yourself. By improving yourself you will improve your team and your chances of success in your chosen sport.

***"Champions are not born,
they are made!"***

To Wrightstown Athletes and Parents:

We strongly encourage you to consider signing up for this summer school course. It is an excellent opportunity for your child to improve their athletic skills while being trained by a professional in the area of athletic improvement and physical development. Similar courses of instruction are priced much higher for the same or less instruction. Kari Scheelk and Bellin Health XL Athletic Performance are providing the athletes of Wrightstown an excellent service at a great price. Please consider taking advantage of this excellent opportunity. If you have any questions about the program please contact Mr. Haese or Mr. Klistner at the High School.