



www.wfcchoops.com



**RIGHTSTOWN
FULL-COURT
CLUB**



www.wfcchoops.com

WFCC TEAM TRY-OUT FORMAT

Dear Players and Parents,

Below is the format for the evening for the players participating. Please note that we are going to do our best to get *as many players on as many teams as workable!* Players should remember to come and work hard and have fun! Just treat this like another opportunity to play ball!! ☺

- Please arrive at least 15 minutes early for registration
 - 5th/6th grade 4:45p.m.
 - 7th/8th grade 6:45 p.m.
- Please wear comfortable gym clothes and bring tennis shoes/basketball shoes
- Players will be shown several different drills and then will participate in these drills that include basketball skills such as:
 - Ball Handling
 - Shooting
 - Dribbling
 - Speed and Agility
- Players will then participate in game play in which other basketball factors (court-sense, passing, defense etc.) will be assessed while playing.
- Parents will attend a meeting in the cafeteria at the same time their child is in the gym going through the basketball work out.