

Fox Valley Basketball Academy



www.foxvalleybasketball.com



What: Basketball Skill Clinics offered by McCabe (2 Types Offered)

1) GUARD CLINIC

- ▶ Dribbling (One and Two Ball) - Moving and Stationary
- ▶ Ball-Handling, Passing, Footwork
- ▶ Jump Rope (Basic and Advanced)

2) SHOOTING CLINIC

- ▶ Complete BREAK DOWN of the shot from the feet up
- ▶ Use of The Gun by Shoot-A-Way (pic below) ---> 1,800 Shots per hour!
- ▶ Drills designed to keep the players moving and shooting

Where: Kaukauna, WI (check website for gym locations)

Who: BOYS AND GIRLS - Ages 6yrs to 6th Grade

When: Starting SEPTEMBER 2012 (Check Website for Upcoming Schedule)

- ▶ Schedule will be posted on website - Check Frequently for Updates

Other: LIMITED TO 30 SPOTS PER CLINIC

- ▶ NO PRE-REGISTRATION REQUIRED (Sign in at time of clinic)
- ▶ COST: \$5 per Clinic (Buy 4 Get 1 FREE when you buy 4 at once)
- ▶ BRING AT LEAST ONE GOOD BASKETBALL

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