Mental Health and Well-being Assessment

Anxiety Level
20
0 100

Living Conditions
2
0 10

Self Esteem
9
0 100

Safety
1
0 10

Mental Health
4
0 10

Basic Needs
3
0 10

Depression
12
0 100

Academic Performance
1
0 10

Headache
5
0 10

Study Load
5
0 10

Blood Pressure
5
0 10

Teacher-Student Relationship
0
0 10

Sleep Quality
0
0 10

Future Career Concerns
6
0 10

Breathing Problem
4
0 10

Social Support
0
0 10

Noise Level
2
0 10

Peer Pressure
10
0 10

Bullying
6
0 10

Extracurricular Activities
0
0 10

Predicted Stress Level

High

Mental Health and Well-being Assessment

Anxiety Level
77
0 100

Self Esteem
58
0 100

Mental Health
8
0 10

Depression
12
0 100

Headache
3
0 10

Blood Pressure
5
0 10

Sleep Quality
5
0 10

Breathing Problem
4
0 10

Noise Level
2
0 10

Bullying
4
0 10

Living Conditions
6
0 10

Safety
8
0 10

Basic Needs
6
0 10

Academic Performance
7
0 10

Study Load
5
0 10

Teacher-Student Relationship
5
0 10

Future Career Concerns
3
0 10

Social Support
7
0 10

Peer Pressure
1
0 10

Extracurricular Activities
6
0 10

Predicted Stress Level

Low

Mental Health and Well-being Assessment

Anxiety Level
74
0 100

Self Esteem
27
0 100

Mental Health
4
0 10

Depression
58
0 100

Headache
5
0 10

Blood Pressure
6
0 10

Sleep Quality
3
0 10

Breathing Problem
3
0 10

Noise Level
7
0 10

Bullying
7
0 10

Living Conditions
2
0 10

Safety
2
0 10

Basic Needs
2
0 10

Academic Performance
5
0 10

Study Load
6
0 10

Teacher-Student Relationship
4
0 10

Future Career Concerns
5
0 10

Social Support
0
0 10

Peer Pressure
6
0 10

Extracurricular Activities
3
0 10

Predicted Stress Level

Moderate