# Practical Machine Learning Project - Quantified Self Movement Data Analysis Report

Venkatesh Attinti

4/22/2020

# Practical Machine Learning Course Project Report

## Background

Using devices such as Jawbone Up, Nike FuelBand, and Fitbit it is now possible to collect a large amount of data about personal activity relatively inexpensively. These type of devices are part of the quantified self movement - a group of enthusiasts who take measurements about themselves regularly to improve their health, to find patterns in their behavior, or because they are tech geeks. One thing that people regularly do is quantify how much of a particular activity they do, but they rarely quantify how well they do it. In this project, our goal will be to use data from accelerometers on the belt, forearm, arm, and dumbell of 6 participants. They were asked to perform barbell lifts correctly and incorrectly in 5 different ways. More information is available from the website here: http://groupware.les.inf.puc-rio.br/har (see the section on the Weight Lifting Exercise Dataset).

#### **Data Sources**

The training data for this project is available here:

https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv

The test data is available here:

https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv

The data for this project comes from this original source: http://groupware.les.inf.puc-rio.br/har. If you use the document you create for this class for any purpose please cite them as they have been very generous in allowing their data to be used for this kind of assignment.

#### **Intended Results**

The goal of this project is to predict the manner in which they did the exercise. This is the "classe" variable in the training set. You may use any of the other variables to predict with. You should create a report describing how you built your model, how you used cross validation, what you think the expected out of sample error is, and why you made the choices you did. You will also use your prediction model to predict 20 different test cases.

- 1. Your submission should consist of a link to a Github repo with your R markdown and compiled HTML file describing your analysis. Please constrain the text of the writeup to < 2000 words and the number of figures to be less than 5. It will make it easier for the graders if you submit a repo with a gh-pages branch so the HTML page can be viewed online (and you always want to make it easy on graders:-).
- 2. You should also apply your machine learning algorithm to the 20 test cases available in the test data above. Please submit your predictions in appropriate format to the programming assignment for automated grading. See the programming assignment for additional details.

## Reproducibility

Below are packages used and the seed value, you need to use the same version of package to reproduce the results

: To install, for instance, therattlepackage in R, run this command:install.packages("rattle"). The following Libraries were used for this project, which you should install and load them in your working environment.

```
library(rattle)
## Rattle: A free graphical interface for data science with R.
## Version 5.3.0 Copyright (c) 2006-2018 Togaware Pty Ltd.
## Type 'rattle()' to shake, rattle, and roll your data.
library(caret)
## Loading required package: lattice
## Loading required package: ggplot2
library(rpart)
library(rpart.plot)
library(corrplot)
## corrplot 0.84 loaded
library(randomForest)
## randomForest 4.6-14
## Type rfNews() to see new features/changes/bug fixes.
##
## Attaching package: 'randomForest'
## The following object is masked from 'package:ggplot2':
##
##
       margin
## The following object is masked from 'package:rattle':
##
##
       importance
library(RColorBrewer)
```

Setting the seed:

```
set.seed(56789)
```

#### **Getting Data**

Set your current working directory.

```
setwd("H:/RProjects/Practical Machine Learning")
```

The following code fragment downloads the dataset to the data folder in the current working directory.

```
trainUrl <-"https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv"
testUrl <- "https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv"
if (!file.exists("./data")) {
    dir.create("./data")
}

trainFile <- "./data/pml-training.csv"
testFile <- "./data/pml-testing.csv"

if (!file.exists(trainFile)) {
    download.file(trainUrl, destfile = trainFile)
}
if (!file.exists(testFile)) {
    download.file(testUrl, destfile = testFile)
}</pre>
```

#### Reading Data

After downloading the data from the data source, we can read the two csv files into two data frames.

```
trainRaw <- read.csv(trainFile)
testRaw <- read.csv(testFile)
dim(trainRaw)

## [1] 19622 160

dim(testRaw)</pre>
```

```
## [1] 20 160
```

The training data set contains {r} dim(trainRaw)[1] observations and {r} dim(trainRaw)[2] variables, while the testing data set contains {r} dim(testRaw)[1] observations and {r} dim(testRaw)[2] variables. The classe variable in the training set is the outcome to predict.

#### Cleaning Data

In this step, we will clean the dataset and get rid of observations with missing values as well as some meaningless variables.

1. Removing the Near Zero Variance Variables.

```
NZV <- nearZeroVar(trainRaw, saveMetrics = TRUE)
head(NZV, 20)
##
                           freqRatio percentUnique zeroVar
                                                              nzv
## X
                            1.000000 100.00000000
                                                     FALSE FALSE
                            1.100679
                                        0.03057792
                                                     FALSE FALSE
## user_name
## raw_timestamp_part_1
                            1.000000
                                        4.26562022
                                                     FALSE FALSE
## raw_timestamp_part_2
                            1.000000
                                       85.53154622
                                                     FALSE FALSE
## cvtd_timestamp
                            1.000668
                                        0.10192641
                                                     FALSE FALSE
## new_window
                           47.330049
                                        0.01019264
                                                     FALSE TRUE
## num_window
                            1.000000
                                        4.37264295
                                                     FALSE FALSE
                                        6.77810621
## roll_belt
                            1.101904
                                                     FALSE FALSE
## pitch_belt
                                        9.37722964
                                                     FALSE FALSE
                            1.036082
## yaw_belt
                                        9.97349913
                                                     FALSE FALSE
                            1.058480
## total_accel_belt
                                        0.14779329
                                                     FALSE FALSE
                            1.063160
## kurtosis_roll_belt
                        1921.600000
                                        2.02323922
                                                     FALSE TRUE
## kurtosis_picth_belt
                                                     FALSE TRUE
                         600.500000
                                        1.61553358
## kurtosis_yaw_belt
                           47.330049
                                        0.01019264
                                                     FALSE TRUE
## skewness_roll_belt
                        2135.111111
                                        2.01304658
                                                     FALSE TRUE
## skewness_roll_belt.1 600.500000
                                        1.72255631
                                                     FALSE TRUE
## skewness_yaw_belt
                          47.330049
                                        0.01019264
                                                     FALSE TRUE
## max_roll_belt
                            1.000000
                                        0.99378249
                                                     FALSE FALSE
## max_picth_belt
                            1.538462
                                        0.11211905
                                                     FALSE FALSE
## max_yaw_belt
                         640.533333
                                        0.34654979
                                                     FALSE TRUE
training01 <- trainRaw[, !NZV$nzv]</pre>
testing01 <- testRaw[, !NZV$nzv]</pre>
dim(training01)
```

```
## [1] 19622 100
```

```
dim(testing01)
```

## [1] 20 100

2. Removing some columns of the dataset that do not contribute much to the accelerometer measurements.

```
regex <- grepl("^X|timestamp|user_name", names(training01))
training <- training01[, !regex]
testing <- testing01[, !regex]
dim(training)
## [1] 19622 95</pre>
```

dim(testing)

## [1] 20 95

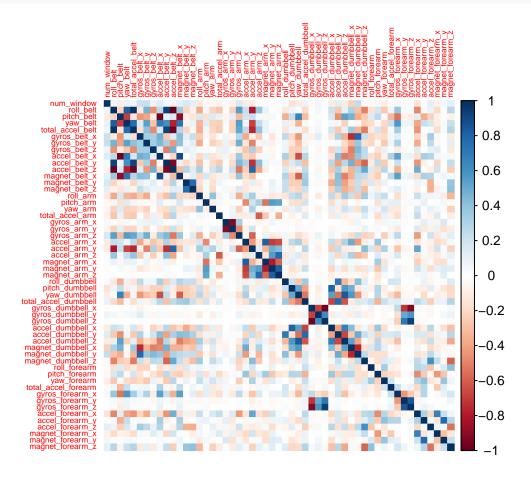
3. Removing columns that contain NA's.

```
cond <- (colSums(is.na(training)) == 0)
training <- training[, cond]
testing <- testing[, cond]</pre>
```

Now, the cleaned training data set contains {r} dim(training) [1] observations and {r} dim(training) [2] variables, while the testing data set contains {r} dim(testing) [1] observations and {r} dim(testing) [2] variables.

Correlation Matrix of Columns in the Training Data set.

```
corrplot(cor(training[, -length(names(training))]), method = "color", tl.cex = 0.5)
```



#### Partitioning Training Set

we split the cleaned training set into a pure training data set (70%) and a validation data set (30%). We will use the validation data set to conduct cross validation in future steps.

```
set.seed(56789) # For reproducibile purpose
inTrain <- createDataPartition(training$classe, p = 0.70, list = FALSE)
validation <- training[-inTrain, ]
training <- training[inTrain, ]</pre>
```

The Dataset now consists of {r} dim(training)[2] variables with the observations divided as following:

1. Training Data: {r} dim(training)[1] observations.

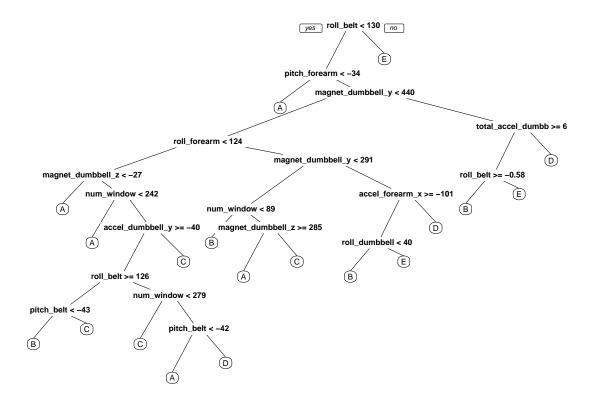
- 2. Validation Data: {r} dim(validation)[1] observations.
- 3. Testing Data: {r} dim(testing)[1] observations.

# **Data Modelling**

#### **Decision Tree**

We fit a predictive model for activity recognition using Decision Tree algorithm.

```
modelTree <- rpart(classe ~ ., data = training, method = "class")
prp(modelTree)</pre>
```



Now, we estimate the performance of the model on the validation data set.

```
predictTree <- predict(modelTree, validation, type = "class")
confusionMatrix(validation$classe, predictTree)</pre>
```

```
##
   Confusion Matrix and Statistics
##
##
              Reference
                              С
                                   D
                                         Ε
## Prediction
                   Α
                        В
##
             A 1492
                       37
                             10
                                  84
                                        51
                      551
                                        64
##
             В
                270
                            120
                                 134
##
             С
                  55
                       32
                           818
                                   49
                                        72
             D
##
                116
                       17
                            117
                                 655
                                        59
```

```
##
                84
                     89
                          61 140 708
##
## Overall Statistics
##
##
                  Accuracy: 0.7178
##
                    95% CI: (0.7061, 0.7292)
       No Information Rate: 0.3427
##
       P-Value [Acc > NIR] : < 2.2e-16
##
##
                     Kappa: 0.6409
##
##
   Mcnemar's Test P-Value : < 2.2e-16
##
##
## Statistics by Class:
##
##
                        Class: A Class: B Class: C Class: D Class: E
                                             0.7265
                                                      0.6168
## Sensitivity
                          0.7397 0.75895
                                                               0.7421
## Specificity
                          0.9529 0.88602
                                             0.9563
                                                      0.9359
                                                               0.9242
                                                               0.6543
## Pos Pred Value
                          0.8913 0.48376
                                             0.7973
                                                      0.6795
## Neg Pred Value
                          0.8753 0.96313
                                             0.9366
                                                      0.9173
                                                               0.9488
## Prevalence
                          0.3427 0.12336
                                             0.1913
                                                      0.1805
                                                               0.1621
## Detection Rate
                          0.2535 0.09363
                                             0.1390
                                                      0.1113
                                                               0.1203
## Detection Prevalence
                          0.2845 0.19354
                                             0.1743
                                                      0.1638
                                                               0.1839
## Balanced Accuracy
                          0.8463 0.82249
                                             0.8414
                                                      0.7763
                                                                0.8331
accuracy <- postResample(predictTree, validation$classe)</pre>
ose <- 1 - as.numeric(confusionMatrix(validation$classe, predictTree)$overall[1])
rm(predictTree)
rm(modelTree)
```

The Estimated Accuracy of the Random Forest Model is " $\{r\}$  accuracy[1] 100% and the Estimated Out-of-Sample Error is  $\{r\}$  ose 100".%.

#### Random Forest

We fit a predictive model for activity recognition using Random Forest algorithm because it automatically selects important variables and is robust to correlated covariates & outliers in general. We will use 5-fold cross validation when applying the algorithm.

```
modelRF <- train(classe ~ ., data = training, method = "rf", trControl = trainControl(method = "cv", 5)
modelRF

## Random Forest
##</pre>
```

```
## 13737 samples
## 53 predictor
## 5 classes: 'A', 'B', 'C', 'D', 'E'
##
## No pre-processing
## Resampling: Cross-Validated (5 fold)
## Summary of sample sizes: 10988, 10990, 10991, 10990, 10989
## Resampling results across tuning parameters:
```

```
##
##
     mtry Accuracy
                      Kappa
##
     2
           0.9933033
                      0.9915283
##
     27
           0.9971614
                      0.9964095
##
     53
           0.9938853
                      0.9922657
##
## Accuracy was used to select the optimal model using the largest value.
## The final value used for the model was mtry = 27.
```

Now, we estimate the performance of the model on the validation data set.

```
predictRF <- predict(modelRF, validation)
confusionMatrix(validation$classe, predictRF)</pre>
```

```
## Confusion Matrix and Statistics
##
##
             Reference
## Prediction
                 Α
                       В
                            С
                                 D
                                       Ε
            A 1674
                                       0
            В
                                       0
##
                  1 1137
                                 0
                            1
            С
                  0
                       1 1025
##
                                 0
##
            D
                  0
                       0
                            0
                               964
                                       0
##
                                 2 1080
##
## Overall Statistics
##
##
                   Accuracy : 0.9992
##
                     95% CI: (0.998, 0.9997)
##
       No Information Rate: 0.2846
       P-Value [Acc > NIR] : < 2.2e-16
##
##
##
                      Kappa: 0.9989
##
##
    Mcnemar's Test P-Value : NA
##
## Statistics by Class:
##
##
                         Class: A Class: B Class: C Class: D Class: E
## Sensitivity
                           0.9994
                                    0.9991
                                              0.9990
                                                        0.9979
                                                                 1.0000
## Specificity
                           1.0000
                                    0.9996
                                              0.9998
                                                        1.0000
                                                                 0.9996
## Pos Pred Value
                           1.0000
                                    0.9982
                                              0.9990
                                                        1.0000
                                                                 0.9982
## Neg Pred Value
                           0.9998
                                    0.9998
                                              0.9998
                                                        0.9996
                                                                 1.0000
## Prevalence
                           0.2846
                                    0.1934
                                              0.1743
                                                        0.1641
                                                                 0.1835
## Detection Rate
                           0.2845
                                    0.1932
                                              0.1742
                                                        0.1638
                                                                 0.1835
## Detection Prevalence
                           0.2845
                                     0.1935
                                              0.1743
                                                        0.1638
                                                                 0.1839
                           0.9997
                                     0.9993
                                              0.9994
                                                        0.9990
                                                                 0.9998
## Balanced Accuracy
```

```
accuracy <- postResample(predictRF, validation$classe)
ose <- 1 - as.numeric(confusionMatrix(validation$classe, predictRF)$overall[1])</pre>
```

The Estimated Accuracy of the Random Forest Model is {r} accuracy[1]\*100% and the Estimated Out-of-Sample Error is {r} ose\*100%.

Random Forests yielded better Results, as expected!

# Predicting The Manner of Exercise for Test Data Set

Now, we apply the Random Forest model to the original testing data set downloaded from the data source.

```
rm(accuracy)
rm(ose)
predict(modelRF, testing[, -length(names(testing))])

## [1] B A B A A E D B A A B C B A E E A B B B
## Levels: A B C D E
```

#### Generating Files to submit as answers for the Assignment

Function to generate files with predictions to submit for assignment.

```
pml_write_files = function(x){
    n = length(x)
    for(i in 1:n){
        filename = paste0("./Assignment_Solutions/problem_id_",i,".txt")
        write.table(x[i], file = filename, quote = FALSE, row.names = FALSE, col.names = FALSE)
    }
}
```

Generating the Files.

```
pml_write_files(predict(modelRF, testing[, -length(names(testing))]))
```