



IMPORTANT DATES

April 3rd: Back to School

April 14th: Closed (Good Friday)

April 17th: No School (Field Trip)

Hello Parents!

Summer packages are out and spaces are very limited. If you are wanting your child to attend our summer camp make sure to bring back your forms. Early Bird rate for full summer is done on April 15th! We will be doing a lot of trips and exciting activities over the summer. Hope to see your children there 😊

Thank You

I just wanted to say thank you to all the families that are participating in our family challenges. The children are having a great time trying out the activities with you. We will be doing the challenges until the end of June and whoever participates in the most challenges will win a game of their choice. This is a great opportunity to bond with your children.

DEFINITION

Bullying is when someone, or a group of people, upset or create a risk to another person's health and safety - either psychologically or physically - or their property, reputation or social acceptance on more than one occasion. (Department of Education and Early Childhood Development Definition)

RATIONALE

At Juvenescence, we work to promote a positive culture where bullying is not accepted, and in doing so, all will have the right of respect from others, the right to learn or lead, and a right to feel safe and secure in the programs environment.

Family Programs

Drop In Support – A one stop resource for the community, with general services including crisis support, counselling referrals, access to the housing registry and resource data bank, and basic needs referrals.

Mother Goose – A program for parents/caregivers and young children aged birth to four years. The program uses the power of songs, rhyme and stories to create fun, positive interactions between parents and their children, while equipping parents with new skills for home activities.

In-Home Support – This program offers families resources that provide children with new avenues of learning, and parents with resources to assist them in their parenting. Parents will also receive training and education in their homes and in programs such as Common Sense, Nobody is Perfect and Early Literacy groups to help them build parenting skills and create more positive family environments for their children. The program includes parenting strategies, healthy child development, family violence issues, issues rooted in poverty and isolation, and employment opportunities. Family Support Workers work with families to identify their goals and needs and set plans to alleviate concerns and achieve their goals.

YWCA Sheriff King Domestic Violence Outreach Worker – An outreach worker is available through the West Central Community Resource Centre for women who have or are experiencing domestic violence in their lives. Please call the West Central Community Resource Centre at [\(403\) 543-0555](tel:4035430555) to set up an appointment.

Healthy Babies – Closer to Home is a part of the Healthy Babies Network, which is a Canada Prenatal Nutrition Program (CPNP) funded by the Public Health Agency of Canada (PHAC). Through this program mothers who are pregnant and until one year postpartum receive support to meet the nutritional needs of their babies. This program aims to reduce the incidence of low birth weight and promote infant health amongst marginalized populations through an integrated, community-based model.

Women's Group – Women's Group offers a safe, interactive, supportive, learning environment for women of diverse cultures. Women have the opportunity to connect with others that may be living in similar circumstances, whether they are a newcomer to Canada, a single parent, have limited English language skills or simply feel isolated in their neighbourhood. The program is set up in such a manner that it helps encourage learning to build positive relationships and foster the skills of working independently as well as in a team.

Money Management – This program helps individuals and families learn about different types of financial transactions and budgeting skills. This includes learning how to save and reduce debt even on a low income, understanding how thoughts and feelings about money impact how money is managed, and learning how financial assets are connected to personal, human, physical and social assets. Participants also learn critical skills necessary for achieving a sustainable livelihood.

Brown Bagging for Calgary's Kids – This program provides healthy, nutritious lunches to children in grades K-12. It brings the community together by giving them an opportunity to volunteer in the lunch-making process for their own kids as well as the community. The program

strengthens community by generating new relationships, friendships, and sharing information and resources. It also inspires people to give back and participate in community-based programs.

Common Sense Parenting – Parents can have fun and meet other parents while learning new skills such as: child development, preventative teaching, problem solving, behaviour, effective praise and effective communication. This program offers easy-to-learn parenting skills that we know are effective to help parents build happier homes.

Support for New Canadians – The WCCRC provides opportunities for new Canadians to connect with others in their community, learn about and access resources and become confident, contributing members of their community. The WCCRC connects new Canadians to other services as needed for basic needs, education, employment, housing and other identified needs.

Bread Basket – A partnership with Community Kitchens Calgary and Abundant Life Church, this program assists community members who are experiencing financial distress that prevents them from accessing fresh, free food. People leave the program with bags of food (perishable and non-perishable), and the amount of food varies each week depending on what is available. At Bread Basket, Closer to Home staff connect with community members to inform them about other beneficial programs and resources available to them through the WCCRC.

Family Café – Parents/caregivers with children ages 0-5 are invited to attend the Family Café at Rosscarrock Community Hall (4411-10 Avenue SW) every Thursday starting September 2016. The Family Café will host the Mother Goose program, educational games, and will provide opportunities for families to connect with one another. Coffee and snacks are provided.

Soroptimist's Dream It, Be It: Career Support for Girls – A one-day seminar where girls in grades 9-12 learn about career opportunities, setting and achieving goals, overcoming obstacles to success, and moving forward after setbacks. The program also provides girls with access to professional role models and career education. Takes place November 5th.

Youth Programs

Homework Clubs – Students in grades one through six can access homework help, participate in recreational activities, practice social and life skills, and get to know other children in their neighbourhoods in a safe, structured and positive

environment. Staff have grade-appropriate educational activities for students who do not bring their homework. Homework Clubs run in the following locations:

- Bethany Chapel – Tuesdays 3:30 – 5:00 pm
- Glenbrook – Tuesdays 3:30 – 5:00 pm
- Shaganappi Village Pine Place – Mondays 3:30 – 5:00 pm

Call the WCCRC to register and for location details.

Babysitting Safety Course – Come and learn how to be a certified babysitter for your family and the community. Youth 12 to 16 years old can contact the WCCRC to register.

Summer Day Camp – Closer to Home's *Summer in the City* day camp serves families experiencing financial barriers, language barriers and who may have limited knowledge of, or access to community resources and/or socio-cultural barriers to community integration. The camp provides children in grades 1 to 6 with opportunities to learn important values and life skills including self-confidence, teamwork, communication, inclusion, discipline, respect, education and fair play. Kids participate in recreation and group activities, and also get the chance to go on field trips (past camps have gone to the Calgary Zoo, Glenbow Museum and more).

Home Alone Safety – Six workshops designated for children 10 and older to discuss home and personal safety, self-care, nutrition and more.

Resources Available

Staff are knowledgeable about a variety of programs and resources available to help families address their concerns. Experts can help families identify appropriate resources and make referrals.

We also provide [volunteer opportunities](#) at the West Central Community Resource Centre. Call [\(403\) 543-0555](#) for more information.

Computers – We have computers with internet access that can be used to write resumes, find employment or to search for housing and other resources. Call [\(403\) 5430555](#) for more information.

Food – We can help you access the Food Bank and the Good Food Box. Call [\(403\) 543-0555](#) for more information.