

# Blood Sugar Logbook Report

Period: Last 1 Month

Generated: July 26, 2025 at 01:50 PM

Total Records: 1

## Summary Statistics

- Normal readings: 0 (0.0%)
- Elevated readings: 0 (0.0%)
- High/Critical readings: 1 (100.0%)
- Low readings: 0 (0.0%)

## Detailed Readings

Date	Time	Type	Value	Status	Recommendation
Jul 25, 25	3:33 PM	2-3h after meal	90 mmol/l	Critical	Very high, go to the hospital immediately

*Note: just checking*

*This report was generated automatically from your blood sugar logbook.  
Please consult with your healthcare provider for medical advice.*