

Rapport d'Évaluation du Système RAG

Type de Question	Question	Réponse AVEC RAG	Temps RAG (s)	Réponse SANS RAG (LLM Seul)	Temps LLM Seul (s)
Dans la base de connaissances	Advise me some podcasts about love and relationships.	Here are the five love and relationship podcasts mentioned in the context:	89.78	Bien sûr, voici quelques podcasts sur l'amour et les relations, classés par catégories pour vous aider à trouver celui qui correspond le mieux à vos intérêts :	177.16
		* "Love Is Like A Plant" with Sarah May Bates and Ellen Huerta		Pour des discussions profondes et introspectives :	
		* "Relationships! Let's Talk About It" with Pripo Teplitsky			
		* "Unqualified" with Anna Faris		* Where Should We Begin? with Esther Perel: Esther Perel est une psychologue de la relation renommée. Ce podcast explore des conversations avec des couples sur des problèmes relationnels réels, des stratégies de communication et des perspectives sur l'amour et l'engagement. C'est un podcast très respecté et souvent recommandé.	

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		<p>* “Confessions of a Terrible Husband” with Nick Pavlidis</p> <p>* “Savage Lovecast” with Dan Savage</p>		<p>* U Up? with Marley Elizabeth: Marley Elizabeth est une thérapeute qui aborde des sujets complexes comme le sexe, la communication, les traumatismes et les relations non monogames. Elle offre des conseils pratiques et des réflexions profondes.</p> <p>* The Gottman Institute Podcast: Basé sur la recherche de John Gottman, ce podcast propose des conseils pratiques et des stratégies pour améliorer la communication, la résolution de conflits et la satisfaction dans les relations.</p> <p>Pour des conversations légères et amusantes :</p> <p>* 2 True: Deux amis, Sarah and Emily, discutent de relations, de rencontres, de sexe et de tout ce qui se passe dans le monde des relations. C'est un podcast divertissant et accessible.</p>	

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				<p>* Call Her Daddy: Hosté par Alex Cooper, ce podcast est connu pour ses discussions honnêtes et parfois controversées sur les relations, le sexe et la vie. (Attention, le contenu peut être explicite).</p> <p>Pour des perspectives spécifiques :</p> <p>* Love Notes: Ce podcast est axé sur les relations LGBTQ+.</p> <p>* Modern Love: Basé sur la série de nouvelles de New York Times, ce podcast explore des histoires d'amour variées et souvent émouvantes.</p> <p>Conseils supplémentaires :</p> <p>* RateYourPod: Un excellent site web pour trouver des podcasts sur n'importe quel sujet, y compris les relations. Vous pouvez filtrer par notes, genre et popularité.</p>	

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Dans la base de connaissances	Why must we recycle concrete in the construction industry?	Recycling concrete in construction helps in reutilizing the construction waste into new concrete, preserving landfill space, and reducing construction costs.	76.57	<p>* Apple Podcasts, Spotify, Google Podcasts: Ces plateformes sont d'excellents endroits pour découvrir et écouter des podcasts.</p> <p>J'espère que cette liste vous sera utile ! N'hésitez pas à me dire si vous avez des questions plus spécifiques sur un podcast en particulier.</p>	113.58
				<p>We must recycle concrete in the construction industry for several key reasons:</p>	
				<p>* Resource Conservation: Concrete is a massive resource, primarily composed of limestone, shale, and clay. Recycling reduces the demand for extracting these virgin materials, which involves significant environmental disruption like quarrying and land degradation.</p>	

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				<p>* Reduced Landfill Waste: Concrete is one of the most abundant materials in landfills globally. Recycling diverts a huge volume of this waste, extending the lifespan of landfills and reducing the associated problems (methane emissions, groundwater contamination, etc.).</p> <p>* Energy Savings: Producing new concrete from raw materials is an energy-intensive process. Reusing concrete significantly reduces the energy required, lowering the carbon footprint of construction projects.</p>	

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				<p>* Carbon Sequestration: Concrete naturally absorbs carbon dioxide during its formation. Recycling concrete allows us to retain this captured carbon, rather than releasing it back into the atmosphere when new concrete is produced.</p> <p>* Aggregate Supply: Recycled concrete can be crushed and used as aggregate in new concrete mixes, further reducing the need for natural aggregate extraction.</p> <p>In short, recycling concrete is a sustainable practice that benefits the environment, conserves resources, and reduces the overall impact of the construction industry.</p> <p>As of today, November 2, 2023, the most followed person on Instagram is Cristiano Ronaldo, with approximately 606 million followers.</p>	
Dans la base de connaissances	How many followers has the most followed person on Instagram?	Selena Gomez has 72.5 million followers.	80.39		18.03

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Sujet proche mais hors base	What are the fashion trends for next fall?	Some trendy short hairstyles for fall include a short bob for women with curly hair, a short straight hairstyle that suits many face shapes, a light blonde pixie haircut, a classic bob haircut, a straight short bob with the same length, a playful layered razor cut, a casual short hairstyle, a trendy short pixie hairstyle, a short pixie mohawk, a razor cut mingled with a clipper cut, an asymmetrical layered cut, and a simple pixie hairstyle.	122.04	Okay, let's look at what's predicted for Fall 2024 fashion trends! Based on runway shows and trend forecasting reports, here's a breakdown of what's expected:	271.34
				Overall Themes: * Quiet Luxury Continues (But with a Twist): The emphasis on understated elegance and high-quality materials isn't going anywhere, but it's becoming more playful and less rigidly formal. Think luxurious fabrics with a touch of personality. * Return to Romance: Softness and femininity are making a strong comeback.	

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				<p>* Utility & Workwear Influence: Practicality and functionality are still relevant, but it's moving beyond purely utilitarian looks.</p> <p>Specific Trends:</p> <p>* Color Palettes:</p> <p>* Deep Reds & Burgundies: A major focus – think rich, saturated reds, from cherry to oxblood.</p> <p>* Chocolate Browns & Taupes: Warm, earthy tones are incredibly popular, offering a sophisticated alternative to black.</p> <p>* Forest Greens: Dark, moody greens are a key color.</p> <p>* Cream & Beige: Continuing the quiet luxury trend, these neutrals are essential.</p> <p>* Pale Pink: A softer, more muted pink is gaining traction.</p> <p>* Silhouettes & Styles:</p>	

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				<p>* Maxi Skirts & Dresses: Longer hemlines are a huge trend, particularly in flowing fabrics.</p> <p>* Oversized Blazers & Coats: Still a staple, but with softer shoulders and more relaxed fits.</p> <p>* Wide-Leg Trousers: Continuing their reign, especially in wool and corduroy.</p> <p>* Slip Dresses: A timeless piece, often layered for added warmth and style.</p> <p>* Corsets & Bustiers: Adding a touch of Victorian-inspired drama.</p> <p>* Sheer Fabrics: Layering and transparency are key, particularly in blouses and skirts.</p> <p>* Key Materials:</p> <p>* Wool & Corduroy: Essential for warmth and texture.</p> <p>* Leather (Real & Faux): Jackets, trousers, skirts – leather is everywhere.</p> <p>* Velvet: Adding a touch of luxury and drama.</p>	

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				<p>* Denim (Dark Wash): A classic that remains relevant.</p> <p>* Knitwear (Chunky & Textured): Sweaters and cardigans are key for layering.</p> <p>Details & Accessories:</p> <p>* Statement Belts: Used to cinch waists and add definition.</p> <p>* Chunky Jewelry: Bold necklaces and bracelets.</p> <p>* Wide-brimmed Hats: Adding a touch of drama and protection from the elements.</p> <p>* Pointed-Toe Shoes: A classic silhouette that's making a comeback.</p> <p>Important Note: Trends are constantly evolving, and individual style will always be key. These are predictions based on current forecasts, but personal taste and experimentation are always encouraged!</p>	

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Totalement hors base (Connaissance générale)	Who was the first First Lady of the United States?	I am sorry, but the provided context does not contain information about the first First Lady of the United States.	90.68	<p>Do you want me to delve deeper into a specific aspect of these trends (e.g., specific color palettes, particular garment styles, or where to find inspiration)?</p> <p>Martha Washington was the first First Lady of the United States. She was the wife of George Washington, the first President, and served in that role from 1789 until his death in 1799.</p>	26.1
Totalement hors base (Créatif)	What is the meaning of life?	The provided documents do not contain information about the meaning of life. They focus on topics such as end-of-life care, the role of women, and the symbolism of gemstones.	92.55	<p>That's a question that has puzzled philosophers and individuals for centuries! There isn't a single, universally accepted answer to the meaning of life. Here's a breakdown of different perspectives:</p> <p>* Nihilism: This philosophy suggests that life has no inherent meaning or purpose. It can be a bleak outlook, but also liberating – if there's no pre-determined meaning, you're free to create your own.</p>	147.16

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				<p>* Existentialism: Existentialists believe that meaning isn't found, but <i>created</i>. We are born into a meaningless universe and it's our responsibility to define our own values, make choices, and live authentically.</p> <p>* Religious Perspectives: Many religions offer answers, often centered around serving a higher power, following divine commandments, and striving for spiritual enlightenment or an afterlife.</p> <p>* Humanistic Perspectives: These views focus on human potential, happiness, and fulfillment. Meaning can be found in relationships, contributing to society, pursuing knowledge, and experiencing joy.</p> <p>* Hedonism: This philosophy posits that pleasure and the avoidance of pain are the primary goals of life.</p>	

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				<p>* Absurdism: This perspective acknowledges the conflict between humanity's innate desire to find meaning and the apparent meaninglessness of the universe. It suggests embracing the absurdity and finding joy in the struggle.</p> <p>Ultimately, the meaning of life is often what you make it. It's a deeply personal question with no right or wrong answer. It can evolve over time as you grow and experience the world.</p> <p>Would you like me to delve deeper into any of these perspectives, or perhaps explore some specific philosophies in more detail?</p>	