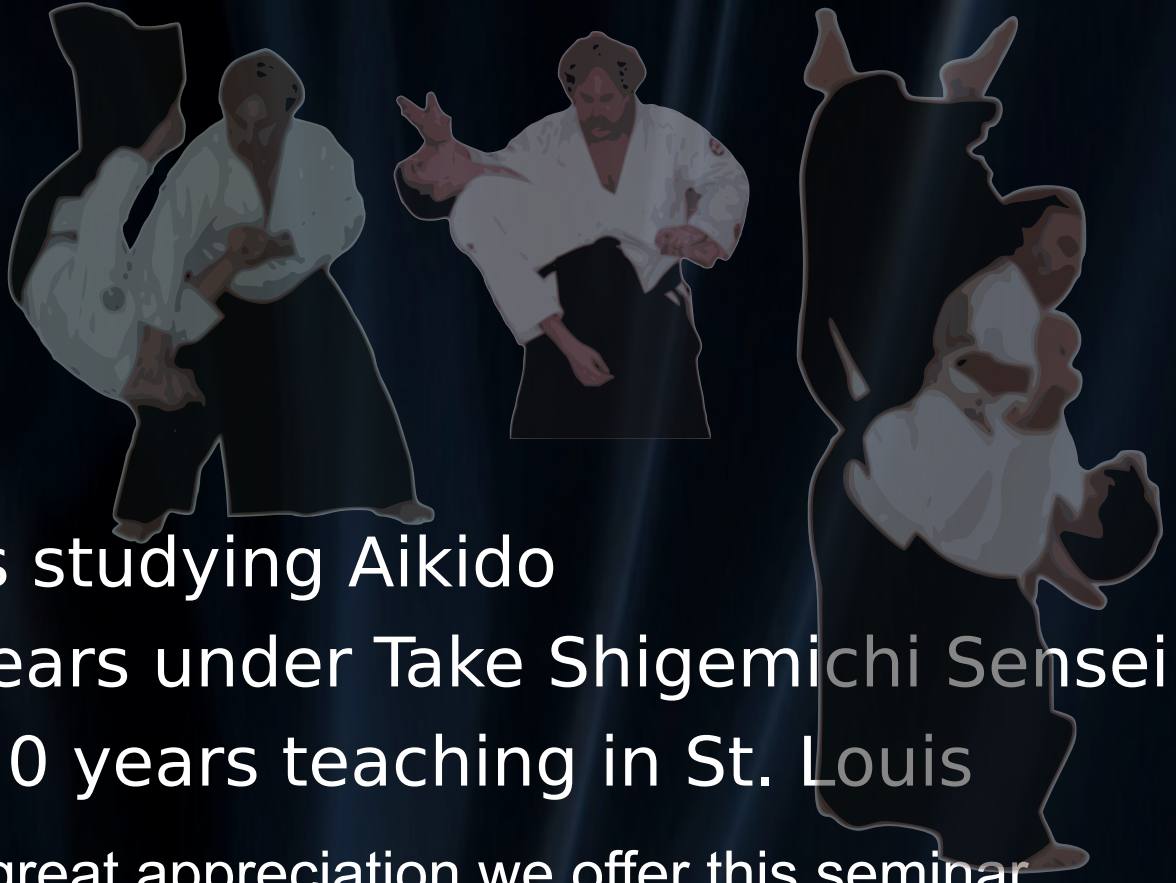


A cut above the rest

Elliot Freeman Sensei



40 years studying Aikido

20 years under Take Shigemichi Sensei

20 years teaching in St. Louis

With great appreciation we offer this seminar

Guest instructors include...

Jorge Angulo Sensei (aikido)
Sifu Justin Meehan (chi gong and tai chi)
Russ Little Sensei (judo)
Billy Brooks Sensei (aikido)

\$65 prepay | \$85 at the door | \$50 single day