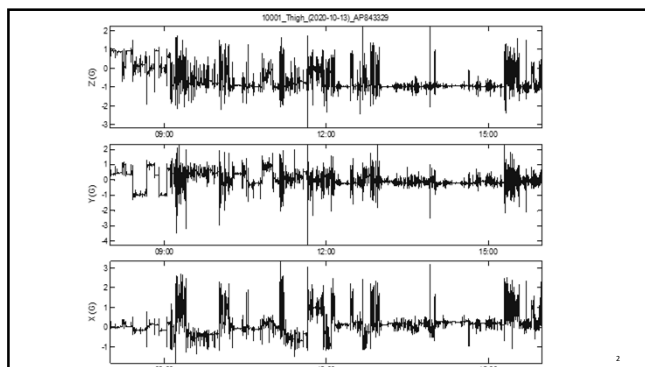


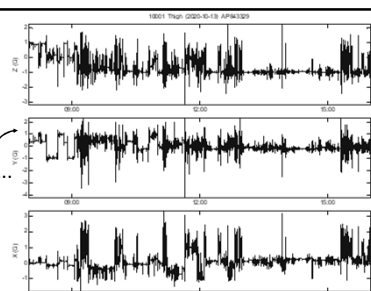
## Comportamentos físicos medidos através de acelerometria: coleta, processamento e análise de dados

Profª. Drª. Ana Beatriz de Oliveira  
Discente: Luiz Augusto Brusaca

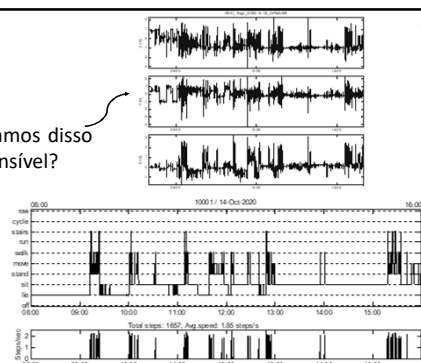
23-Out-2024



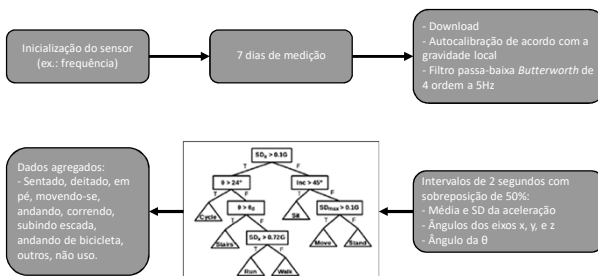
Agora, como passamos disso ...



Agora, como passamos disso  
para algo compreensível?



## Exemplo de como usando o software Acti4/ActiPASS



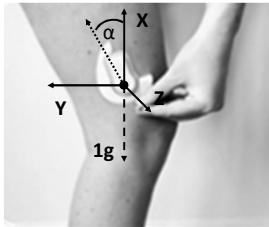
## Validação do software Acti4/ActiPASS

**Journal of Physical Activity and Health**  
Official Journal of the American College of Sports Medicine

**Validation of the Acti4 method for detection of physical activity types in free-living settings: comparison with video analysis**  
Ingemar Strandberg<sup>1,2</sup>, Jørgen Nyberg<sup>3</sup>, Caroline S. Christensen<sup>4</sup>, Ronni R. Jensen<sup>5</sup>, Christiana Hainisch<sup>6</sup>, Jørgen Skotte<sup>7</sup> and Andreas Holtermann<sup>8</sup>

**Research Article**  
**Development and performance of a sleep estimation algorithm using a single accelerometer placed on the thigh: an evaluation against polysomnography**  
Peter J. Johansson<sup>1,2</sup>, Patrick Crowley<sup>3</sup>, John Aulic<sup>4</sup>, Karl Franklin<sup>5</sup>, Anne Helene Gard<sup>6</sup>, Pasi Hietalahti<sup>7</sup>, Andreas Holtermann<sup>8</sup>, Göran Kecklund<sup>9</sup>, Eva Lindberg<sup>10</sup>, Mikael Ljunggren<sup>11</sup>, Emmanuel Stamatakis<sup>12</sup>, Jenny Theorell Haglöw<sup>13</sup> and Magnus Svartengren<sup>14</sup>

## Sentado vs. Em pé



$$Em\ pé = \arctan\left(\frac{Y^2 + Z^2}{X}\right)$$

$$Em\ pé = \arctan\left(\frac{0^2 + 0^2}{-1}\right)$$

$$Em\ pé = 0^\circ$$

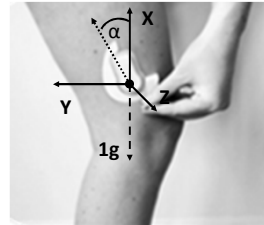
$$Sentado = \arctan\left(\frac{Y^2 + Z^2}{X}\right)$$

$$Sentado = \arctan\left(\frac{1^2 + 0^2}{0.001}\right)$$

$$Sentado = 90^\circ$$

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## Ainda sentado?



$$? = \arctan\left(\frac{Y^2 + Z^2}{X}\right)$$

$$? = \arctan\left(\frac{0.8^2 + 0.1^2}{0.6}\right)$$

$$? = 47.3^\circ$$

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## Sentado?



$$> 45^\circ$$



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## Algoritmos

Identificação de tempo acordado

Posições/atividades  
Comportamento sedentário  
Tempo inativo  
Atividade física  
Passos  
Vector magnitude (VM)  
Euclidean Norm Minus One (ENMO)  
Mean amplitude deviation (MAD)

Tempo na cama/Tempo dormindo

Latência do início do sono  
Eficiência do sono  
Duração do sono  
Acordar após o início do sono  
Número de despertares  
Duração dos despertares  
Índice de movimento  
Índice de fragmentação  
Índice de fragmentação do sono

Período de não uso

10

## Tempo de uso (acordado) e não uso

### Validation of Accelerometer Wear and Nonwear Time Classification Algorithm

LEENA CHOY<sup>1,2</sup>, SUZANNE CAPEN WARD<sup>2</sup>, JOHN F. SCHNELL<sup>1,2</sup>, and MACIEJ S. BUCHOWSKI<sup>1,2</sup>

### Assessment of Wear/Nonwear Time Classification Algorithms for Triaxial Accelerometers

LEENA CHOY<sup>1,2</sup>, SUZANNE CAPEN WARD<sup>2</sup>, JOHN F. SCHNELL<sup>1,2</sup>, and MACIEJ S. BUCHOWSKI<sup>1,2</sup>

Identifying adults' valid waking wear time by automated estimation in activPAL data collected with a 24 h wear protocol

Elisabeth A H Winkler<sup>1</sup>, Danielle H Bodicoat<sup>1,2</sup>, Genevieve N Healy<sup>1,2,3</sup>, Krishan Sakranta<sup>1,2</sup>, Thomas Yates<sup>1,2</sup>, Neville Owen<sup>1,2,3,4,5,6,7</sup>, David W Dunstan<sup>1,2,3,4,5,6,7,8</sup>, and Charlotte L Edwardson<sup>1,2</sup>

A comparison of 10 accelerometer non-wear time criteria and logbooks in children

Brendt Halland<sup>1,2</sup>, Lars Bo Andersen<sup>1</sup>, Sigmund Almed Andersen<sup>1,2</sup>, and Gert Klem Røed<sup>1,2</sup>

### Assessment of Differing Definitions of Accelerometer Nonwear Time

Kelly R. Evenson and James W. Terry Jr.

Identifying sedentary time using automated estimates of accelerometer wear time

Elisabeth A H Winkler<sup>1</sup>, Paul A Gardiner<sup>1</sup>, Bronwyn K Clark<sup>1</sup>, Charles E Matthews<sup>2</sup>, Neville Owen<sup>1,3</sup>, Genevieve N Healy<sup>1,3</sup>

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## Tempo na cama/Tempo dormindo

### RESEARCH ARTICLE

Development and performance of a sleep estimation algorithm using a single accelerometer placed on the thigh: an evaluation against polysomnography

Peter J. Johansson<sup>1,2</sup>, Patrick Crowley<sup>2</sup>, John Axelsson<sup>2</sup>, Karl Franklin<sup>2</sup>, Anna Helene Gerdle<sup>2</sup>, Pasi Hietaranta<sup>2</sup>, Andreas Holmstrom<sup>2</sup>, Göran Hultén<sup>2</sup>, Eva Lindberg<sup>2</sup>, Hilgert Ljunggren<sup>2,3</sup>, Emmanuel Stenlund<sup>2</sup>, Jenny Theorell Haglöf<sup>2,4</sup>, Magnus Sörstengren<sup>2</sup>

Wearable Light-and-Motion Dataloggers for Sleep/Wake Research: A Review

Konstantin V. Gerasimov<sup>1,2</sup>, Oliver Helwig<sup>1,3</sup>, Kilian A. Tonnies<sup>1</sup>, Markus A. Markelme<sup>1</sup>, Evan M. Patten<sup>1</sup>, Mikhail E. Bortnikov<sup>1,2</sup>, Aleksandra A. Markov<sup>1</sup>, and Elinor C. Gahleitner<sup>1,2,3,4</sup>

Fully automated waist-worn accelerometer algorithm for detecting children's sleep-period time separate from 24-h physical activity or sedentary behaviors

Caitlin Todd-Locke, Tugay E. Rattansi, John M. Schmitz, Jr., Emily E. Mize, and Peter T. Katzmarzyk

### Ambulatory sleep scoring using accelerometers—distinguishing between nonwear and sleep/wake states

Anna Barouni<sup>1</sup>, Jörg Ottenbacher<sup>1</sup>, Johannes Schneider<sup>1</sup>, Bernd Feige<sup>1</sup>, Dieter Riemann<sup>1</sup>, Anne Herlitz<sup>1</sup>, Driss El Hachour<sup>1</sup>, and Darren McLennan<sup>1</sup>

### Sleep classification from wrist-worn accelerometer data using random forests

Kathleen Sanderling<sup>1</sup>, Sonja Gengenack<sup>1</sup>, Bert H. W. de Lindert<sup>1</sup>, Philip R. Gorman<sup>1</sup>, Jennifer Riemann<sup>1</sup>, Jürgen K. Meinert<sup>1</sup>, Christiane Gahr<sup>1</sup>, Michael H. Winkler<sup>1</sup>, Eric J. W. van Someren<sup>1</sup>, Lars Stöber<sup>1</sup>, Jan-Willem V. van't Hof<sup>1,2</sup>

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## Variáveis e modelos

Counts (por seg/min)  
Vector magnitude (VM)  
Euclidean Norm Minus One (ENMO)  
Mean amplitude deviation (MAD)  
Accelerometer Activity Index (AAI)  
Monitor-Independent Movement Summary (MIMS)  
Vibration  
Aceleração do eixo x, y, z  
Coeficiente de variação dos eixos x, y, z  
Ângulos dos eixos x, y, z  
Inclination velocity  
Generalized velocity  
...  
Entre outras

Linear regression  
Decision tree  
Random Forest classifier  
eXtreme Gradient Boosting classifier (XGBoost)  
Hidden Markov Model (HMM)  
Convolutional Neural Network (CNN)  
Temporal Convolutional Network (TCN)  
...  
Entre outras

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## Quadril vs. Coxa?



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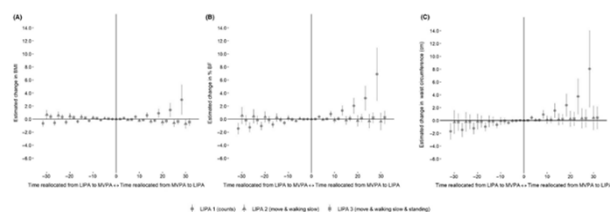
## Quadril vs. Coxa?

Light-intensity physical activity derived from count or activity types is differently associated with adiposity markers

Charlotte Lund Rasmussen<sup>1,2</sup> | Melker Staffan Johansson<sup>3</sup> | Patrick Crowley<sup>1</sup> |  
Peter Fjeldstad Hendriksen<sup>1</sup> | Jørgen Skotte<sup>1</sup> | Nidhi Gupta<sup>1</sup> | Andreas Holtermann<sup>1,3</sup>

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## Quadril vs. Coxa?



Rasmussen, et al. Scand J Med Sci Sports (2020)

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## Punho vs. Coxa? (tempo na cama)



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## Punho vs. Coxa? (tempo na cama)

Comparison of activPAL and Actiwatch for Estimations of Time in Bed in Free-Living Adults

Mary C. Hidde,<sup>1</sup> Kate Lyden,<sup>2</sup> Josiane L. Broussard,<sup>3,4</sup> Kim L. Henry,<sup>5</sup> Julia L. Sharp,<sup>6</sup>  
Elizabeth A. Thomas,<sup>4,7,8</sup> Corey A. Rynders,<sup>9,10</sup> and Heather J. Leach<sup>3</sup>

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## Mesma configuração, mas *software* diferente

Article | Open Access | Published: 18 February 2023

### Comparison of different software for processing physical activity measurements with accelerometry

Sarah Verheij, Gábor Gubéskányi, Ágnes Bencs, Immanuel Maku, Daniel H. Ekelund, H. Ekelund & Pedro Martínez-Veiga

	GENEActiv MACRO <sup>®</sup>	Pampro <sup>®</sup> 5	GGIR-White	GGIR-MRC v1.5-9	GGIR-MRC v1.11-1
Thresholds for sedentary	<241 g/min	<48 mg	<85 mg	<48 mg	<48 mg
Light	241–339 g/min	48–154 mg	85–181 mg	48–154 mg	48–154 mg
Moderate	339–1131 g/min	154–389 mg	181–436 mg	154–389 mg	154–389 mg
Vigorous	≥1132 g/min	≥389 mg	≥437 mg	≥389 mg	≥389 mg

	GENEActiv	PAMPRO	GGIR-White	GGIR-MRC, v.1.5-9	GGIR-MRC, v.1.11-1
As time (min/day)					
SB	647 [567; 722]	1147 [1101; 1192]	742 [701; 787]	633 [580; 681]	609 [554; 662]
Light PA	108 [85; 132]	177 [152; 201]	93 [67; 125]	196 [150; 245]	211 [166; 261]
Moderate PA	161 [114; 223]	88 [72; 106]	19 [11; 32]	31 [18; 47]	34 [20; 51]
Vigorous PA	1 [0; 5]	26 [19; 35]	1 [0; 3]	2 [1; 4]	2 [1; 5]
As % of time					
SB	70.3 [62.1; 77.1]	79.7 [76.5; 82.8]	86.6 [81.9; 90.5]	73.5 [66.7; 79.2]	73.5 [66.7; 79.2]
Light PA	11.5 [9.3; 13.9]	12.3 [10.6; 13.9]	10.6 [7.8; 14.2]	22.5 [17.7; 27.4]	24.5 [19.7; 29.6]
Moderate PA	17.2 [12.4; 23.8]	6.1 [5.0; 7.4]	2.2 [1.3; 3.6]	3.5 [2.1; 5.4]	3.8 [2.4; 5.8]
Vigorous PA	0.1 [0; 0.5]	1.8 [1.3; 2.4]	0.1 [0.1; 0.3]	0.2 [0.1; 0.5]	0.2 [0.1; 0.5]

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## Mesmo dado, mas *cut-point* diferente



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## Mesmo dado, mas *cut-point* diferente

### Comparability of published cut-points for the assessment of physical activity: Implications for data harmonization

Jairo H. Migueles<sup>1</sup> | Cristina Cadena-Sanchez<sup>2</sup> | Catrine Tudor-Locke<sup>2</sup> | Marie Létourneau<sup>3</sup> | Irene Esteban-Cornejo<sup>3,4</sup> | Pablo Molina-García<sup>3,4</sup> | Jose Moya-Gonzalez<sup>5</sup> | Maria Rodriguez-Ayllon<sup>1</sup> | Eduardo Garcia-Marmel<sup>1</sup> | Ulf Ekelund<sup>7</sup> | Francisco B. Ortega<sup>1,2</sup>

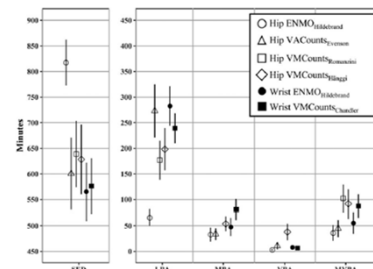
TABLE 1 Children's age-appropriate cut-points for the estimation of sedentary time (SED) and physical activity (PA) intensities

References	Attachment site	Acceleration metric	Epoch length	SED/PA	LPA/MPA	MPA/VPA
Hildebrand et al. <sup>27</sup>	Hip	ENMO	5 s	63 mg	143 mg	465 mg
Hildebrand et al. <sup>27</sup>	Wrist	ENMO	5 s	36 mg	201 mg	707 mg
Hänggi et al. <sup>28</sup>	Hip	VMCounts	1 s	3 c	56 c	-
Romanini et al. <sup>29</sup>	Hip	VMCounts	15 s	180 c	737 c	1112 c
Chandler et al. <sup>30</sup>	Wrist	VMCounts	5 s	305 c	818 c	1969 c
Evenson et al. <sup>31</sup>	Hip	VACounts	15 s	25 c	574 c	1003 c

ENMO, Euclidean norm –1 g; VMCounts, Vector magnitude counts; c, Activity counts; VACounts, Vertical axis counts; LPA, Light physical activity; MPA, Moderate physical activity; VPA, Vigorous physical activity.

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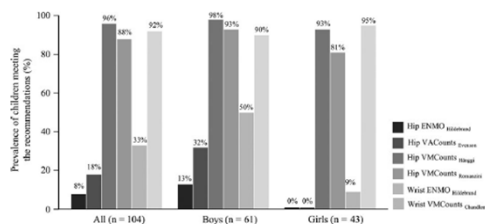
## Mesmo dado, mas *cut-point* diferente



Migueles, et al. Scand J Med Sci Sports (2019)

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## Mesmo dado, mas *cut-point* diferente



Migueles, et al. Scand J Med Sci Sports (2019)

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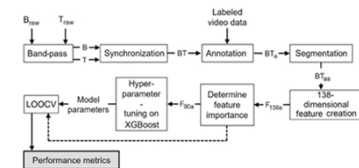
## Modelo de aprendizado de máquina

Journal for the Measurement of Physical Behaviour, 2022, 5, 2421  
© 2022 Human Kinetics, Inc.

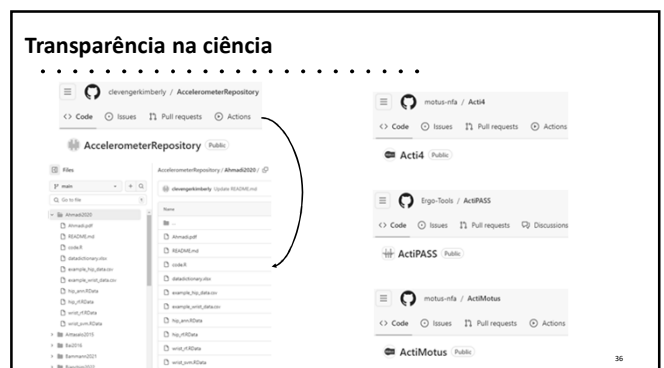
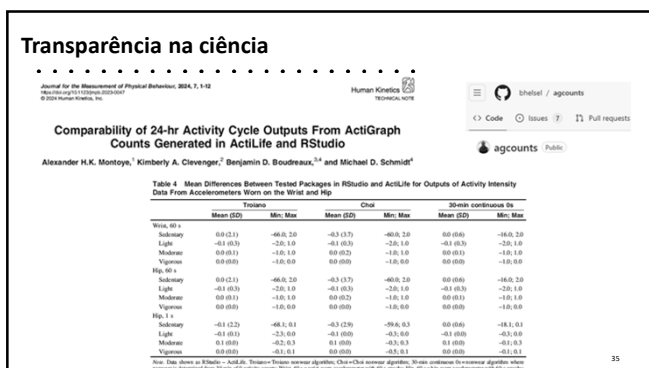
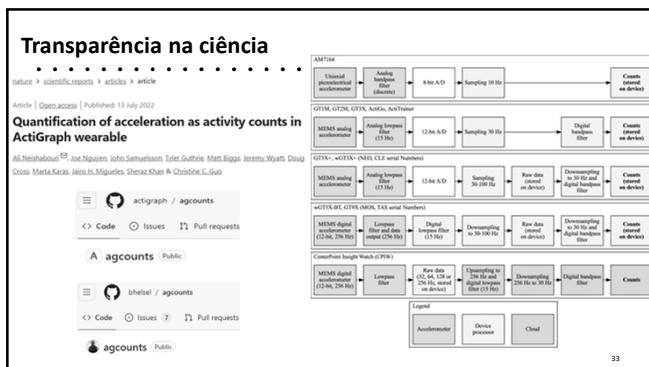
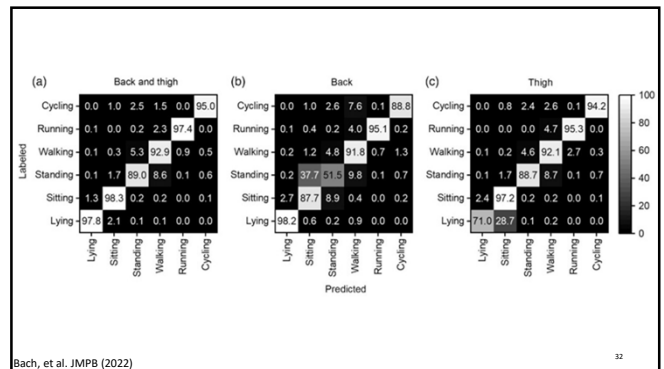
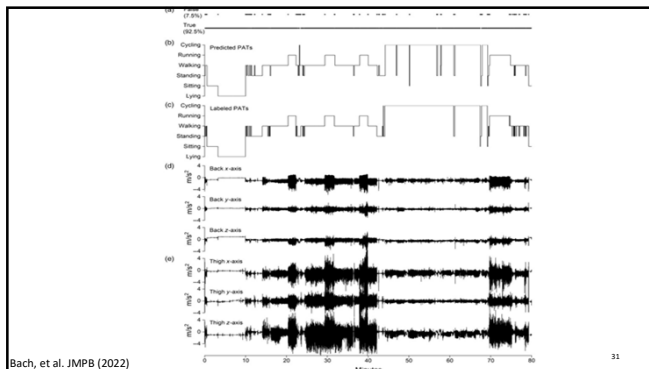
Human Kinetics  
ORIGINAL RESEARCH

### A Machine Learning Classifier for Detection of Physical Activity Types and Postures During Free-Living

Kerstin Bach,<sup>1</sup> Alek Kongsratt,<sup>2</sup> Hilde Bardsley,<sup>3,4</sup> Ellen Marie Bardsley,<sup>3,4</sup> Håkon S. Kjærli,<sup>5</sup> Evonne Herbrand,<sup>6</sup> Aisling Loggins,<sup>7</sup> and Paul Jelle Mørk<sup>8</sup>

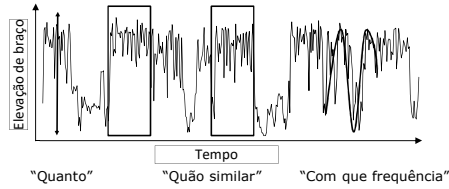


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## Padrão temporal



(Figura do Svend Erik Mathiassen)

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## Padrão temporal

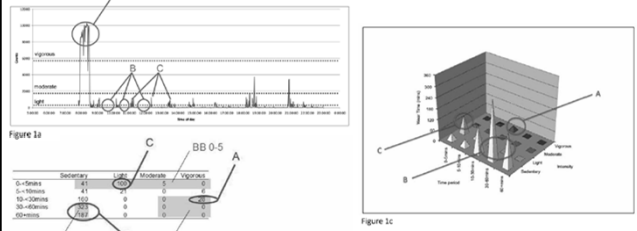


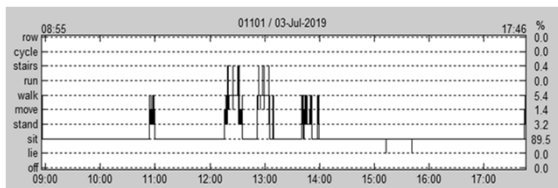
Figure 1a

Figure 1b

Straker, et al. JPAH (2014)

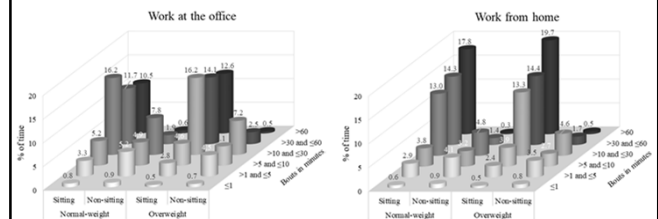
44

## Padrão temporal



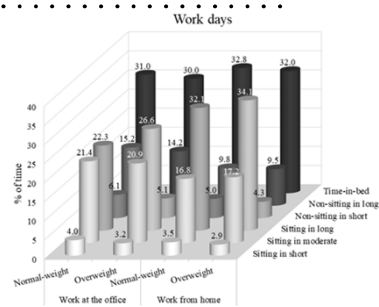
45

## Padrão temporal



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## Padrão temporal



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## Diferentes softwares/algoritmos disponíveis

- Acti4 (software)
- ActiPASS (software)
- ActiMOTUS (software)
- ActiPAL (software)
- GGIR (R package)
- OM GUI (software)
- ProcessingPAL (software & R package)
- actimetric (R package)
- HUNT algorithm (R package)
- UK biobank algorithm (R package)
- nhanesaccel (R package)
- stepcount (R package)
- activAnalyzer (R package)
- popmetrics (R package)
- paat (Python package)
- agcounts (Python e R package)
- GENEaclassify (R package)
- SkotteChild (Acti4Child - MatLab codes)
- pampro (Python package)
- De Maastricht studie - Accelerometry algorithm (MatLab)
- DeepPostures (Python algorithm; Convolutional Neural Network (CNN) Hip Accelerometer Posture (CHAP))
- Two-level behavioral classification (TLBC)
- AccelerometerRepository

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## Desenvolvimento de algoritmos

.....



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## Desenvolvimento de algoritmos

.....

Os algoritmos devem ser baseados em uma população específica (por exemplo: crianças, adultos, idosos, pessoas saudáveis, etc)?

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Obrigado

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