

Today Tomorrow Yesterday

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1

I woke up and scribbled several pages in my notebook. It seemed important.
Then I burned the pages.

I filled the tub and got in.

2

I woke up without really sleeping.

I sat in the tub for what felt like a long time.

I fell asleep.

3

I woke up and couldn't open my eyes.

I shaved.

I found a small insect in my coat pocket, round and dark like a small camera. I squished it.

I fell asleep.

4

I fell asleep.

5

I woke up confused.

I washed my hands.

I found a small insect in my coat pocket, round and dark like a small camera. I squished it.

6

I woke up confused.

I stood in the bathroom in the dark.

I fell asleep.

I had a dream about a hallway.

7

I woke up dizzy.

I shaved.

I heard a siren in the distance.

I fell asleep.

I had a dream about a hallway.

8

I fell asleep.

I had a dream about a hallway.

9

On the counter was another note from the agency. The note was a small piece of square paper. The note read: DO-NOT-WAKE. KEEP-ROUTINE. ONLY-SLEEP.

10

I woke up without really sleeping. I checked my tongue in the mirror. I found a note from the agency in my pocket. It read: MANTAIN-PHYSICAL-PERFORMANCE. HURRY. EAT-ONLY-MEAT.

11

I ate an eggplant. I felt sick and I vomited. I tried to go for a run around the house but the door was jammed and I couldn't push it open. I drank beer. I did as many leg squats as I could. I did as many leg squats as I could. I did as many push-ups and leg squats as I could. I tried to do some push-ups but my body felt wrong. I tried to stretch but my whole body felt wrong. I tried to go for a run around the house but the door was jammed and I couldn't push it open. I stretched my legs. I tried to go for a run around the house but I blacked out and can't remember what happened.

12

I heard a siren in the distance. I had as many beers as I could.

13

I had a beer. I felt disorderly and I vomited.

14

I found a note from the agency on the counter. The note was blank.

15

The overwhelming feeling was that everything I knew didn't apply anymore. I locked myself in the bathroom. I found a note from the agency on the desk. The note was blank.

16

I had a vodka.

17

I fell asleep.

18

I had as many beers as I could. I felt delirious. I did as many push-ups as I could. I tried to eat a pepperoni. Afterwards, I felt ill. I massaged my face. Afterwards, it felt numb. I tried to stretch but everything hurt and I couldn't explain why. I stretched my legs. I tried to go for a run around the house but the door was jammed and I couldn't push it open. I did as many push-ups as I could. I tried to stretch but my whole body felt wrong. I massaged my face. Afterwards, it felt numb. I tried to stretch but my whole body felt wrong.

19

I felt watched all the time. I drank a glass of beer.

20

I had a beer. Afterwards, I felt stoned.

21

I fell asleep.

I had a dream about a hallway.

22

My teeth looked crooked.

I felt watched.

I'd lost weight.

I checked my face in the mirror. I looked as long as I could. I heard a sound like a gunshot in the distance.

I'd lost weight. The furniture was all rearranged.

I looked pale and skinny. I found a small insect in my coat pocket, round and dark like a small camera.

I heard someone stop outside the door.

I found a small insect in my coat pocket, round and dark like a small camera.

I looked skinny.

I examined my eyes in the mirror, red and unfocused. My papers were all out of order as if someone had read them while I slept.

23

I fell asleep.

I had a dream about a hallway.

I fell asleep.

I fell asleep.

I had a dream about a hallway.

I fell asleep.

I fell asleep.

I fell asleep.

I fell asleep.

I had a dream about a hallway.

I fell asleep.

I had a dream about a hallway.

I fell asleep.

I had a dream about a hallway.

I fell asleep.

I had a dream about a hallway.

24

I looked in the mirror for as long as I could. Only one of the lamps worked. The house didn't have any curtains. Only one of the lamps worked. I drank vodka. I fell asleep.

25

I woke from a type of vision. I couldn't puzzle it together. I cleaned the mirror but it didn't make much difference. Only one of the lamps worked. The windows were always locked. The house had more hallways than it should.

26

I woke up and for a moment thought I was home. I stood in the bathroom in the dark. I found a note from the agency on the side-table. It read: ELIMINATE-SUSPECT-AS-SOON-AS-POSSIBLE.

27

I took off my shirt and counted my ribs. The windows were always locked. There were no chairs in the house. The kitchen didn't have any knives. I had as many vodkas as I could. I held my stomach for what felt like a long time. I fell asleep.

28

I looked pale. The kitchen didn't have any knives. The house had more hallways than it should. The kitchen didn't have any knives. I heard a sound like a gunshot in the distance.

29

I fell asleep.

30

1. My eyes didn't look right.
2. I photographed. The suspect was beginning to fidget nervously.
3. I fell asleep.

31

1. I looked at my nails, they were long and jagged.
2. I sat at my desk and watched surveillance tapes. The suspect was acting less alert than usual.
3. I fell asleep.

32

1. I looked skinny.
2. I observed. The suspect had let their hair grow long. They have stopped sleeping and stayed up all night.
3. I fell asleep.

33

1. I took off my shirt and tried to memorize my body.
2. I set up the camera equipment and photographed. The suspect was acting more alert than usual.
3. I fell asleep.

34

1. I found a note from the agency. The note was white with black type. It read: ELIMINATE-SUSPECT-AS-SOON-AS-POSSIBLE.
2. I photographed. The suspect appeared unfocused.
3. HAVE BEGUN TO SEE MONSTERS. NIGHTMARES CONTINUE.
4. I fell asleep.

35

1. I found a note from the agency in my pocket. It read: KEEP-STRICT-ROUTINE. KEEP-ROUTINE.
2. I sat at my desk and watched surveillance tapes.
3. I found a fresh piece of paper and begun to write my report.
4. I fell asleep.

36

1. I woke up suddenly.
2. I looked in the mirror for as long as I could.
3. I fell asleep.

37

1. Woke up without appetite.
2. I couldn't see my face in the mirror.
3. I fell asleep.

38

1. I fell asleep.

39

1. I fell asleep.

40

1. I woke up though it was still dark.
2. I looked in the mirror.
3. There was a pile of notes from the agency on the desk. I picked up the top one. There was a pile of notes from the agency on the counter. I picked out one at random. The note was white with black type. It read: DO-NOT-WAKE.
4. I ate a bowl of cranberries. I had a vodka. I felt ill and I vomited.
5. I set up the camera equipment. The suspect was beginning to look unbalanced.
6. I found a fresh piece of paper and begun to write my report.
7. I tried to eat a grilled onion. I had as many beers as I could. I vomited.
8. I tried to go for a run around the house but I blacked out and can't remember what happened.

41

1. I checked my face in the mirror. I looked the same but much older.
2. I watched through the window.
3. I fell asleep.

42

1. I took off my shirt and looked at my ribs.
2. I watched surveillance tapes. The suspect was acting less alert than usual.
3. I fell asleep.

43

1. I took off my shirt and looked at my ribs.
2. I observed. The suspect was beginning to act with suspicion. They have not eaten in days then moved from room to room.
3. I fell asleep.

44

1. I looked at my nails, they were long and jagged.
2. I observed. The suspect appeared unfocused. They moved from room to room and have stopped sleeping.
3. I fell asleep.

45

1. I looked in the mirror for what felt like a long time.
2. I watched surveillance tapes. The suspect was beginning to act with suspicion. They have stopped sleeping then have stopped sleeping.
3. I fell asleep.

46

1. I looked at my nails, pressed them against the palm of my hand
2. I observed. The suspect had let their hair grow long.
3. I fell asleep.

47

1. I took off my shirt and saw several scars I didn't recognize.
2. I watched surveillance tapes.
3. I fell asleep.

48

1. I took off my shirt and saw several scars I didn't recognize.
2. I observed. The suspect was acting less alert than usual. They have stopped sleeping and have stopped sleeping.
3. I fell asleep.

49

The machine must be wound up for 60 minutes before use.

50

The machine will emit a quiet hum while being wound and when it is in use.

51

The machine can only be used once.

52

The machine is completely inert until activated.

53

The machine must be wound up for 60 minutes before use.

54

The machine is best used while the suspect is asleep.

55

The machine must be used within fifteen minutes of being fully wound.

56

The machine weighs 20 lbs fully wound.

57

The machine can be accessed with the secret key.

58

The machine can only be used once.

59

The machine must be wound up for 60 minutes before use.

60

The machine consists of a cylinder of compressed nitrogen and a regulator to supply the nitrogen into a plastic mask.

61

The machine must be used within fifteen minutes of being fully wound.

62

The machine must be used within fifteen minutes of being fully wound.

63

The machine is best used while the suspect is asleep.

64

The machine must be used within fifteen minutes of being fully wound.

65

The machine weighs 20 lbs fully wound.

66

The machine must be wound up for 60 minutes before use.

67

The machine can only be used once.

68

The machine must be used within fifteen minutes of being fully wound.

69

I ate a plate of spinaches. I felt sick and I vomited.

I ate a chicken. I drank beer. I felt disorderly.

70

I tried to eat a tomato.

I ate a watermelon. I had as many vodkas as I could. I felt disorderly.

71

I drank a glass of beer.

I had a beer.

72

I had a beer. I felt sick.

I drank vodka.

I fell asleep.

I had a dream about a hallway.

73

I had as many beers as I could. I held my stomach for what felt like a long time.

I ate a bacon.

I fell asleep.

I had a dream about a hallway.

74

I ate a bowl of papayas. I vomited.

I tried to eat a clementine. I drank vodka. I felt stoned.

I fell asleep.

I had a dream about a hallway.

75

I fell asleep.

I had a dream about a hallway.

The overwhelming feeling was of urgency. I brushed my teeth. I wrote my report. I ate a grilled onion. I did as many push-ups as I could. I tried to eat a papaya. Afterwards, I felt sick. I fell asleep. I had a dream about a hallway. I woke up in the middle of the night. I checked the window. The suspect was sleep-walking through the kitchen.

I woke up. I washed my face over and over. CANNOT TRUST WHAT I SEE ANYMORE. HAVE BEGUN TO SEE GHOSTS. I tried to do some push-ups but immediately I felt dizzy and had to sit on the floor until it passed. I fell asleep. I had a dream about a hallway. I woke up in the middle of the night. I checked the window.

The overwhelming feeling was that anything could happen from one moment to the next. I washed my hands. The kitchen didn't have any knives. The door to the basement was always locked. The kitchen didn't have any forks. I fell asleep. I had a dream about a hallway. I woke up in the middle of the night. I checked the window. The suspect was awake, sitting on the edge of their bed.

I woke and didn't realize where I was. Time is confused here. CANNOT TRUST WHAT I SEE ANYMORE. I ate a mushroom. I felt ill. I did as many push-ups and leg squats as I could. I had as many vodkas as I could. I held my stomach for what felt like a long time. I fell asleep.

I woke up wanting to write down a dream but as soon as I stood up I forgot it. I looked in the mirror for what felt like a long time. I found a note from the agency on the floor. It read: ONLY-SLEEP. I had a beer. I felt tipsy. I fell asleep. I had a dream about a hallway. I woke up in the middle of the night. I checked the window. The suspect was sleeping. I woke up in the middle of the night. I checked the window. The suspect was sleeping. I went to where the machine was. I activated the machine. I wound up the machine for one hour. The machine emitted a quiet hum. I checked the window. The suspect was sleeping. I strapped the machine on my back. It was heavy. I crossed the lawn to the suspect's house. I had the key and I let myself in. I went into the suspect's room. They were asleep. I put the machine on the nightstand. I put the mask over their mouth and turned it on. The breath became rapid and shallow. Then it couldn't be heard. The breath became rapid and shallow. Then it slowed. Then it couldn't be heard. It took fifteen minutes.

I woke up suddenly. I washed my face over and over again. HAVE BEGUN TO SEE GHOSTS. I drank a glass of beer. Afterwards, I felt disorderly. I massaged my face. Afterwards, it felt numb. I tried to eat a mulberry. I fell asleep. I had a dream about a hallway. I woke up in the middle of the night. I checked the window. The suspect was sleep-walking through the hallways of their house.

I woke up with some words from a prophecy. I checked my body in the mirror. I wrote. DREAMS CONTINUE. CANNOT TRUST WHAT I SEE ANYMORE. WHAT DAY IS IT. I tried to do some push-ups but immediately I felt dizzy and had to sit on the floor until it passed. I fell asleep. I had a dream about a hallway. I woke up in the middle of the night. I checked the window.

I woke up with a gasp. I filled the tub with cold water. Only one of the lamps worked. There were no chairs in the house. All the lightbulbs had burned out. I fell asleep. I had a dream about a hallway. I woke up in the middle of the night. I checked the window. The suspect was sleep-walking through the hallways of their house.

79

I woke up with some words from a prophecy. I took off my shirt and looked at my ribs. I sat on the floor and wrote my report. I ate a plate of anchovies. I drank beer. I felt gone. I tried to go for a run around the house but the door was jammed and I couldn't push it open. I tried to eat a cucumber. I had a vodka. I felt gone and I vomited. I fell asleep.

The overwhelming feeling was that of someone watching me as I woke. I cleaned the mirror but it didn't make much difference. I found a note from the agency in my pocket. It read: MANTAIN-PHYSICAL-PERFORMANCE. EAT-ONLY-MEAT. I ate a plate of meatballs. I felt disorderly and I vomited. I fell asleep. I had a dream about a hallway. I woke up in the middle of the night. I checked the window. The suspect was awake, sitting on the edge of their bed. I went to where the machine was. I activated the machine. I wound up the machine for one hour. The machine emitted a quiet hum. I checked the window. The suspect was sleeping. I strapped the machine on my back. It was heavy. I crossed the lawn to the suspect's house. I had the key and I let myself in. I put the machine over the suspect's mouth and turned it on. The breath became rapid and shallow. Then it couldn't be heard. The breath became rapid and shallow. Then it slowed. Then it couldn't be heard. It took six minutes.

The overwhelming feeling was of urgency. I took off my shirt. Was this my body? I sat on the floor and wrote my report. I tried to eat a ground beef. I felt delirious. I tried to stretch but my whole body felt wrong. I tried to eat a grapefruit. I fell asleep.

Woke up agitated. I looked skinny. I found a note from the agency on the table. It read: OBSERVE-SUSPECT. I ate a cucumber. Afterwards, I felt sick. I fell asleep. I had a dream about a hallway. I woke up in the middle of the night. I checked the window. The suspect was sleep-walking through the kitchen. I went to where the machine was. I activated the machine. I wound up the machine for one hour. The machine emitted a quiet hum. I checked the window. The suspect was sleeping. I strapped the machine on my back. It was heavy. I crossed the lawn to the suspect's house. I had the key and I let myself in. I put the machine over the suspect's mouth and turned it on. The breath became rapid and shallow. Then it couldn't be heard. The breath became rapid and shallow. Then it slowed. Then it couldn't be heard. It took eight minutes.

81

I woke up and realized I couldn't hear anything. I looked in the mirror. READY TO RETURN HOME. WHAT DAY IS IT. I ate blackberries. Afterwards, I felt disorderly. I did as many push-ups and leg squats as I could. I ate a bowl of clementines. I fell asleep.

The overwhelming feeling was that something fundamental had shifted and I hadn't noticed. I'd lost weight. There was a pile of notes from the agency on the side-table. I picked up the top one. There was a pile of notes from the agency on the table. I picked out one at random. It read: MANTAIN-FOCUS. DO-NOT-WAKE. I ate plums. I vomited. I fell asleep. I had a dream about a hallway. I woke up in the middle of the night. I checked the window. The suspect was sleep-walking through the lawn. I went to where the machine was. I activated the machine. I wound up the machine for one hour. The machine emitted a quiet hum. I checked the window. The suspect was sleeping. I strapped the machine on my back. It was heavy. I crossed the lawn to the suspect's house. I had the key and I let myself in. I went into the suspect's room. I put the mask over their mouth and turned it on. The breath became rapid and shallow. Then it couldn't be heard. The breath became rapid and shallow. Then it slowed. Then it couldn't be heard. It took eight minutes.

82

I jumped out of bed. My nose was bleeding. I washed my face over and over. I sat on the floor and wrote my report. I had a vodka. I tried to go for a run around the house but I blacked out and can't remember what happened. I ate figs. I fell asleep. I had a dream about a hallway. I woke up in the middle of the night. I checked the window.

I woke up with a fever. I washed my face over and over again. I wrote out my report. PLEASE SEND RELIEF. PLEASE SEND RELIEF. I tried to do some push-ups but my body felt wrong. I fell asleep. I had a dream about a hallway. I woke up in the middle of the night. I checked the window. The suspect was awake, sitting on the edge of their bed.

I woke up and I could see nothing in the dark. I took an aspirin. The door to the basement was always locked. The house didn't have any curtains. The kitchen didn't have any knives. I fell asleep. I had a dream about a hallway. I woke up in the middle of the night. I checked the window. The suspect was awake, sitting on the edge of their bed.

83

The overwhelming feeling was of urgency.

84

I woke up wanting to write down a dream but as soon as I stood up I forgot it.

85

I woke up with a gasp.

86

I fell asleep.

87

I fell asleep.

88

I fell asleep.

89

Woke up exhausted.

90

The overwhelming feeling was that of someone watching me as I woke.

91

The overwhelming feeling was that everything I knew didn't apply anymore.

92

I fell asleep.

I had a dream about a hallway.