



## Prusik Strap Adapting the VR-14 for Block & Tackle Use

### Setup:

- **1** Start with the rescue pole on deck, and confirm the block & tackle is hanging from the davit. Pull the blocks apart all the way, so there is enough slack.
- Tie an overhand knot on the end of the lift line to prevent it from running out.
- Attach the snap hook from the lower sheave to the lifting triangle on the rescue pole.
- **2, 3 & 4** Wrap the white Prusik Strap loop twice around the bundle of lines in between the 2 sheaves, approximately 1' from the V cleat on the rescue pole.
- **5** Finish by inserting the yellow line in the eye of the loop. The loop can be slid down to fit the yellow line in the V cleat.
- **6** Pull the yellow line tight, then put into the V cleat.



### Rescue:

- Maneuver the pole on the body, and under the arms.
- Take hold of the yellow line and PUSH the pole to the person. (**Do not** pull the yellow line)
- Take the Prusik Strap off the bundle of lines and remove the pole from the body.
- Pull on the end of the line from the upper block and get the person back aboard.
- Discuss company protocol for a recovered person, including shock, injuries or hypothermia.
- Keep the Prusik Strap with the pole and ready for the next rescue.