

## **RK - Rescue Kits 8 & 11**

### **MOB Drills CLASS**

1. The United States Coast Guard requires Man Overboard drills to be performed as if it is an emergency, and your company safety program will specify frequency. We always recommend using a rescue dummy for drills, you should not have a crew member get in the water.
2. Someone immediately advises the wheelhouse that there is a rescue dummy in the water.
3. The wheelhouse sounds the general alarm, and 3 prolonged blasts on the ships whistle. Manually push MOB on the chart plotter. Use the loud hailer to let the crew know there is a man overboard.
4. Stop the boat.
  - a. If applicable let traffic know your intentions on Ch. 13.
  - b. The deckhand goes on deck with PPE, a handheld VHF to a prearranged Ch., and directs the Captain to the rescue dummy, and gets the boat close.
  - c. While the boat is headed back to the rescue dummy, and you are keeping an eye on the rescue dummy is the time to ready the pole and lifting source.
5. While the boat is maneuvering back to the rescue dummy, put the C-Hero Rescue Davit on the desired bitt, and deploy. Or deploy your own lifting davit.
  - a. Get the HR 14 - Horizontal Body Sling ready, by checking the following:
  - b. The top cover is snapped on, the sling is loaded & snapped, and all straps are seated within the rubber blocks.
  - c. All connections are tight, including the connection of the two pole sections
  - d. The V-cleat is lined up with the Slide Buckle and holder
6. Deploy a life ring and use it to get the rescue dummy alongside if the boat can't get closer. Tie off the line at the bitts not being used.
7. Connect the lift line snap hook to the Rescue Pole triangle, then put the line into the V-cleat.
8. Deploy the Rescue Pole and put it over the rescue dummy and under the arms, as close to the armpits as possible.
9. When in place, hold the lift line firmly, making sure that the slide buckle is in the center of the front of the rescue dummy. Push the pole towards the rescue dummy. Always stay inside the bulwarks for safety.
10. Hold the lift line until the pole clears the rescue dummy by way of the feet. If the mesh Horizontal Body Sling is not fully deployed, you can use the pole or the lift line to stretch out the sling, moving the rescue dummy to a horizontal lift position. Take slack out at the winch if needed.
11. Close the line brake and winch up the rescue dummy on your C-Hero Rescue Davit. Or your own lifting davit.
12. On a 7 Series - Swivel series C-Hero® Davit, use the side handle to swing the rescue dummy to the side of the boat and bring it back aboard. On a 5 Series - Fixed Plus series C-Hero® Davit, continue to crank the winch until the winch plate tops, bringing the boom arm almost vertical, allowing to grasp and bring the rescue dummy back aboard. On a 3 Series - Fixed series C-Hero® Davit, corral the rescue dummy with a pool hook and pull towards the bullworks while slowly releasing line through the brake.
13. Discuss company protocol for shock, injuries, or hypothermia of a recovered person as if this were a real emergency with a PIW.