

RS – Manual Recovery Strap MOB Drills CLASS

1. The United States Coast Guard requires Man Overboard drills to be performed as if it is an emergency, and your company safety program will specify frequency. We always recommend using a rescue dummy for drills, you should not have a crew member get in the water.
 2. Someone immediately advises the wheelhouse that there is a rescue dummy in the water.
 3. The wheelhouse sounds the general alarm, and 3 prolonged blasts on the ship's whistle. Manually push MOB on the chart plotter. Use the loud hailer to let the crew know there is a man overboard.
 4. Stop the boat.
 - a. If applicable let traffic know your intentions on Ch. 13.
 - b. The deckhand goes on deck with PPE, a handheld VHF to a prearranged Ch., and directs the Captain to the rescue dummy, and gets the boat close.
 - c. While the boat is headed back to the rescue dummy, and you are keeping an eye on the rescue dummy, it is time to ready the pole.
 5. While the boat is maneuvering back to the rescue dummy.
 6. Get the RS 14 – Manual Recovery Strap ready, by checking the following:
 - a. The Manual Recovery Strap is loaded correctly
 - b. All connections are tight, including the connection of the two pole sections
 - c. The V-cleat is lined up with the Slide Buckle and holder
 7. Deploy a life ring and use it to get the rescue dummy alongside if the boat can't get closer. Tie off the line at the bitts not being used.
 8. Deploy the Rescue Pole and put it over the rescue dummy and under the arms, as close to the armpits as possible.
 9. When in place, hold the lift line firmly, making sure that the slide buckle is in the center of the front of the rescue dummy. Push the pole towards the rescue dummy. Always stay inside the bulwarks for safety.
 10. Remove the Rescue Pole and lift the rescue dummy with the Manual Recovery Strap handles.

Note: The strap handles can be pulled apart at the Velcro connections for a 2-person lifting operation.
- Discuss company protocol for shock, injuries, or hypothermia of a recovered person as if this were a real emergency with a PIW.