

Ernest Leung Secretary of TCMHI

Members of College,

The TCMHI remains a beacon in fostering discussion about mental health; connecting students to mental health services at the College and U of T community. This is precisely why I am running; to be able to continue and contribute to this initiative, by serving as Secretary.

Mental health was a vested interest of all week one elections, and holds tremendous value to me. Having been through, and having had many friends go through different mental health issues, I envision a community where we work to remove the surrounding stigmas by:

1. Working with administration and students to foster positive discussion
2. Improving upon communication vehicles allowing everyone to know of the necessary support systems in place
3. Work with the rest of the exec in continuing the initiatives already in place and gathering opinions of the entire student body

Having acted as First-Year Rep for the 134th Conversazione, I have learned how to work with different groups of people. For the past two years, I was also closely involved with Mount Sinai Hospital as a volunteer in the family medicine clinic, specifically with assisting staff providing mental health support to patients. In this role I also did a lot of clerical work, which has taught me to be organized and concise.

Mental health is an area of discussion that still has a lot of stigmas attached to it, but together, we can work against that and foster a more positive community!

Met'agona,
Ernest Leung

