

Chelsea Colwill – Female Head of Arts

Hello Members of College,

I have found an amazing community here at Trinity and it really has become a home away from home for me. I am running for Head of Arts to try to give back to a community that has given me so much and with the hopes of making this place home for residents and non-residents alike.

My main goal for next year is to make Trinity a gentler place. Heads can play a large role in setting the tone of the college and I hope to prioritize understanding, kindness and positivity. Our community as a whole can be high pressure. I want to play an active role in shifting dialogue from valuing people for things on their LinkedIn page and toward what makes them unique or passionate or happy.

I also hope to make Trinity a more accessible place for people who are intimidated by the community. I do not intend to merely put forward my own ideas; I want to help foster an environment where anyone can propose change. This year I have been exposed to the many ideas people have for positive change and I would love to facilitate that by giving advice, explaining Trinity's daunting governance systems or using some of the resources Heads have.

In a Heads position I would give the college my all. I would work to create a really strong sense of community where people can connect with others. Events such as **Trin Goes To...**, **Pub Nights**, and **movie nights** should be happening every week. I want to keep the community engaged and let people know what's going on. I want to give people the opportunity to hang out with friends, meet new ones and take breaks from school work. I would hope to foster community in Whit as well by creating a warm environment, not only for those who live there, but for anyone who wants to use the space. If elected, Whit next year will also pose serious competition to Massey and Welch for Trinity's best and most inclusive parties.

There are also specific initiatives that I would like to take on and improve should I be elected. Firstly, I hope to grow our **mental health services**. Trinity can feel like a stressful space. Feelings of inadequacy thrive here and it can be challenging to feel proud of yourself when hearing about the amazing accomplishments of others. Focusing on creating healthy relationships with ourselves changes our outlook dramatically. I am excited for the arrival of Ramata Tarawally, our new Director of Community Wellness, and have been in contact with her about a new Wellness Space for Trinity College. Through the Student Capital Campaigns Committee, my team and I are developing the sub-Main space into a space dedicated to wellness, which will provide mental health resources. Through the combination of a Wellness Director and a space for wellness programs to be centred, great change can be made.

Secondly, I hope to develop the **Trinity Women in Leadership Program** – because I see great potential. The majority of Trin's population identifies as female but, while I have been here, that has yet to be represented in our governance. This year the program has been fantastic for connecting members of our community. I hope to create more events surrounding this program such as panels and alumni events.

I really love this community and I have been dedicated to it in many ways this year. I have been a Second Year Head, a Trinity Women in Leadership Mentor, a Frosh Week Leader, a Trinity One Mentor, and a Field Hockey Co-Captain for the Trinity intramural team. I have loved meeting members of this community and working with them to help make this place the best it can be. I love meeting new people and I really want to hear what you think so please contact me through Facebook or text me with any questions, comments or concerns!

Met'agona,

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