

Nam Topp-Nguyen

Trinity College Athletics Vice President Internal

Actions speak louder than words, so I thought I would like some of the greats do the talking on my behalf:



"I hated every minute of training, but I said, 'Don't quit. Suffer now and live the rest of your life as an **[intramural] champion**.'" – Muhammad Ali

"You miss 100 percent of the shots [at buying **Trinwear**] you don't take." – Wayne Gretzky

"Gold medals [and **Trinity intramural shirts**] aren't really made of gold. They're made of sweat, determination, and a hard-to-find alloy called guts." – Dan Gable

"It's not whether you get knocked down; it's whether you get up [and make it to **the Athletic**]." – Vince Lombardi

"Pain [of being a first year getting thumped at the **Saints/Conversat bowl**] is temporary. It may last a minute, or an hour, or a day, or a year, but eventually it will subside and [destroying the incoming class of 2T1] will take its place. If I quit, however, it lasts forever." – Lance Armstrong

In conclusion, I would love to contribute to and represent the athletic aspect of Trinity College as the TCA VP Internal. If you have any questions regarding my platform please contact me. Email: namtn6@gmail.com Cell: 905 978 7438