

## Letter to the Editor (matters arising from published papers)

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**Comment on: Auto-antibodies to double-stranded DNA as biomarker in SLE: comparison of different assays during quiescent and active disease: reply**

SIR, We appreciated reading the letter of Piga *et al.* [1] in response to our recent report concerning the detection of autoantibodies directed to anti-dsDNA in SLE [2]. In this letter, they discuss their own results of serial measurements of anti-dsDNA using RIA by the Farr assay [3]. Comparable findings were obtained regarding the number of patients who had an increased anti-dsDNA >20% level in the 6 months prior to flare occurrence. Moreover, they demonstrated that intensification in immunosuppressive treatment could be effective in preventing flares in patients who experienced an increase in anti-dsDNA level  $\geq 50\%$  without any symptoms ( $n=64$ ), as none of the patients who were treated ( $n=15$ ) had a flare, but 32.6% (16/49) of the non-treated patients did experienced a flare.

So both our studies confirm the fact that monitoring anti-dsDNA levels is important in the follow-up of SLE patients. Their main concern is that by using enzyme-labelled anti-isotype assay (EliA), which has a high specificity but a lower sensitivity in quiescent SLE, early changes in anti-dsDNA levels are missed. However, when comparing EliA and the Farr assay, as we did in our study, the same percentages of patients with an increase of anti-dsDNA before an exacerbation were found. Also when we apply this at  $\geq 50\%$  threshold instead of a  $\geq 20\%$  increase, only two patients would have been missed using EliA, but also by using Farr. So, even though EliA is less sensitive in quiescent disease, an increase in anti-dsDNA levels probably will be detected by using this technique. As Piga *et al.* stated, a relative increase is much more important than absolute values, as steadily increased anti-dsDNA do not predict a flare. Of course, prospective studies using EliA should be performed to confirm these findings.

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## References

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