

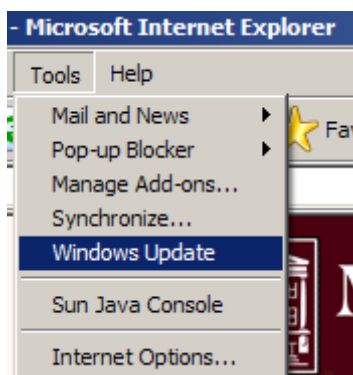
Installing Updates Manually

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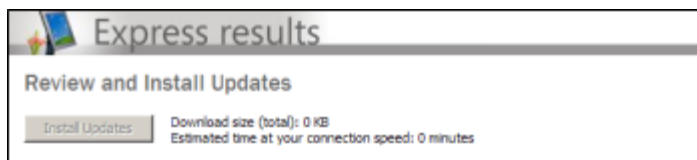
1. Open Internet Explorer and under "Tools" select "Windows Update"



2. Select the "Express" box

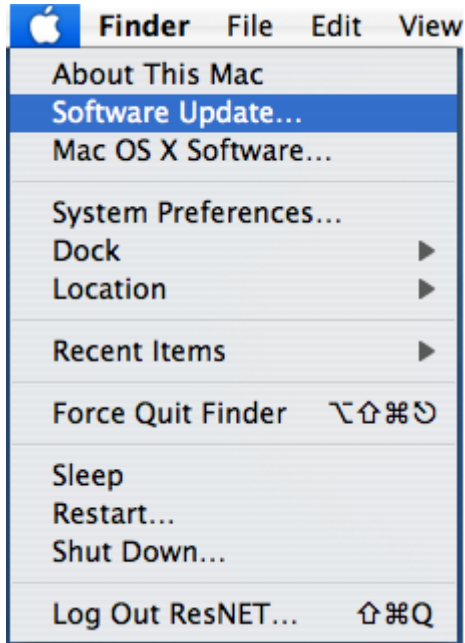


3. It will take a few minutes scanning for the available updates. When it is finished select "Install Updates". Repeat this process until no more updates are available.



Installing updates manually in Mac OS X

1. Select the Apple icon from the top left of the screen, then go to "Software Update...".



2. It will take a few minutes to look for any updates. Click "Install" in the lower right if any updates appear.