

Youth Risk Behavior Surveillance System (YRBSS)



YRBS Questionnaire Content 1991-2023

April 2023

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**Centers for Disease
Control and Prevention**
National Center for HIV, Viral
Hepatitis, STD, and TB Prevention

YRBS Questionnaire Content 1991 – 2023

Introduction

Purpose The purpose of this document is to present the content of the standard high school, national high school, and middle school YRBS questionnaires from 1991 to 2021.

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Background

YRBS questionnaires have changed over time to accommodate evolving priorities and improvements in question wording and design. This document describes the questions asked in each YRBS cycle.

Important notes:

- The standard questionnaire is the starting point for the national high school questionnaire and all the state, local, territorial, and tribal nation high school questionnaires every YRBS cycle.
- All questions from the standard questionnaire are included in the national questionnaire and then as many as 10 to 12 additional questions are added to complete the national questionnaire. These additional questions are included in this document.
- The state, local, and territorial agencies and tribal nations that conduct their own YRBS may delete standard questions and add additional questions. Information about these deletions and additions is not included in this document.

- The question numbers used in this document match the variable names used in YRBS datasets. However, the question numbers used in this document may not match the question numbers on a specific YRBS questionnaire. Analysts should refer to YRBS dataset documentation to ensure they understand the correspondence between question numbers and variable names on specific data files.
- Actual questionnaires have introductory text before each topic or group of questions. This text may vary from one year to another. Introductory text is not included in this document, but can be found on the actual questionnaires.
- Questions sometimes use bold face to emphasize parts of the question. The use of bold face in a question may vary from one year to another and can be found on the actual questionnaires.
- There is no national middle school questionnaire and CDC has never conducted a national middle school YRBS. The middle school questionnaire is used only by interested state, local, and territorial agencies and tribal nations. They may delete questions and add additional questions. Information about these deletions and additions is not included in this document.

Readers unfamiliar with the YRBS can learn more by reviewing:

- [Methodology of the Youth Risk Behavior Surveillance System—2013](#),
- the [Questionnaires](#) page,
- the [Data & Documentation](#) page,
- the [Methods](#) page,
- and the [Frequently Asked Questions](#) page on the YRBS website.

**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Demographics																	
How old are you? A. 12 years old or younger B. 13 years old C. 14 years old D. 15 years old E. 16 years old F. 17 years old G. 18 years old	Q1	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
How old are you? A. 12 years old or younger B. 13 years old C. 14 years old D. 15 years old E. 16 years old F. 17 years old G. 18 years old or older	—	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1
What is your sex? A. Female B. Male	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2
In what grade are you? A. 9th grade B. 10th grade C. 11th grade D. 12th grade E. Ungraded or other	Q3	Q3	Q3	Q3	—	—	—	—	—	—	—	—	—	—	—	—	—
In what grade are you? A. 9th grade B. 10th grade C. 11th grade D. 12th grade E. Ungraded or other grade	—	—	—	—	Q3	Q3	Q3	Q3	Q3	Q3	Q3	Q3	Q3	Q3	Q3	Q3	Q3

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
How do you describe yourself? A. White - not Hispanic B. Black - not Hispanic C. Hispanic D. Asian or Pacific Islander E. Native American or Alaskan Native F. Other	Q4	Q4	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
How do you describe yourself? A. White - not Hispanic B. Black - not Hispanic C. Hispanic or Latino D. Asian or Pacific Islander E. Native American or Alaskan Native F. Other	—	—	Q4	Q4	—	—	—	—	—	—	—	—	—	—	—	—	—
How do you describe yourself? (Select one or more responses.) A. American Indian or Alaska Native B. Asian C. Black or African American D. Hispanic or Latino E. Native Hawaiian or Other Pacific Islander F. White	—	—	—	—	Q4	Q4	Q4	—	—	—	—	—	—	—	—	—	—
Are you Hispanic or Latino? A. Yes B. No	—	—	—	—	—	—	—	*Q4	Q4	Q4	Q4	Q4	Q4	Q4	Q4	Q4	Q4
What is your race? (Select one or more responses.) A. American Indian or Alaska Native B. Asian C. Black or African American D. Native Hawaiian or Other Pacific Islander E. White	—	—	—	—	—	—	—	(*Q5)	Q5	Q5	Q5	Q5	Q5	Q5	Q5	Q5	Q5

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Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Height and Weight																	
How tall are you without your shoes on? Directions: Write your height in the shaded blank boxes. Fill in the matching oval below each number.	—	—	—	—	Q5	Q6	Q6	Q6	Q6	Q6	Q6	Q6	Q6	Q6	Q6	Q6	Q6
How much do you weigh without your shoes on? Directions: Write your weight in the shaded blank boxes. Fill in the matching oval below each number.	—	—	—	—	Q6	Q7	Q7	Q7	Q7	Q7	Q7	Q7	Q7	Q7	Q7	Q7	Q7
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Unintentional Injuries and Violence																	
During the past 12 months, how many times did you ride a motorcycle? A. 0 times B. 1 to 10 times C. 11 to 20 times D. 21 to 39 times E. 40 or more times	Q7	Q7	Q6	Q6	—	—	—	—	—	—	—	—	—	—	—	—	—
When you rode a motorcycle during the past 12 months, how often did you wear a helmet? A. I did not ride a motorcycle during the past 12 months B. Never wore a helmet C. Rarely wore a helmet D. Sometimes wore a helmet E. Most of the time wore a helmet F. Always wore a helmet	Q8	Q8	Q7	Q7	Q7	Q8	—	(*Q88)	(*Q88)	(*Q88)	—	—	—	—	—	—	—
During the past 12 months, how many times did you ride a bicycle? A. 0 times B. 1 to 10 times C. 11 to 20 times D. 21 to 39 times E. 40 or more times	Q9	Q9	Q8	Q8	—	—	—	—	—	—	—	—	—	—	—	—	—

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Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
When you rode a bicycle during the past 12 months, how often did you wear a helmet? A. I did not ride a bicycle during the past 12 months B. Never wore a helmet C. Rarely wore a helmet D. Sometimes wore a helmet E. Most of the time wore a helmet F. Always wore a helmet	Q10	Q10	Q9	Q9	Q8	Q9	Q8	Q8	Q8	Q8	Q8	Q8	Q8	—	—	—	—
How often do you wear a seat belt when riding in a car driven by someone else? A. Never B. Rarely C. Sometimes D. Most of the time E. Always	Q6	Q6	Q5	Q5	Q9	Q10	Q9	Q9	Q9	Q9	Q9	Q9	Q9	Q8	Q8	Q8	Q8
During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol? A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times	Q11	Q11	Q10	Q10	Q10	Q11	Q10	Q10	Q10	Q10	Q10	Q10	Q10	Q9	Q9	Q9	Q9
During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol? A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times	Q12	Q12	Q11	Q11	Q11	Q12	Q11	Q11	Q11	Q11	Q11	—	—	—	—	—	—

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Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol? A. I did not drive a car or other vehicle during the past 30 days B. 0 times C. 1 time D. 2 or 3 times E. 4 or 5 times F. 6 or more times	—	—	—	—	—	—	—	—	—	—	—	Q11	Q11	Q10	Q10	Q10	—
During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol? A. I did not drive a car or other vehicle during the past 30 days B. I drove a car or other vehicle, but not when I had been drinking alcohol C. 1 time D. 2 or 3 times E. 4 or 5 times F. 6 or more times	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q10
During the past 12 months, when you went swimming in places such as a pool, lake, or ocean, how often was an adult or a lifeguard watching you? A. I did not go swimming during the past 12 months B. Never C. Rarely D. Sometimes E. Most of the time F. Always	Q13	Q23	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—

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Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle? A. I did not drive a car or other vehicle during the past 30 days B. 0 days C. 1 or 2 days D. 3 to 5 days E. 6 to 9 days F. 10 to 19 days G. 20 to 29 days H. All 30 days	—	—	—	—	—	—	—	—	—	—	—	Q12	Q12	Q11	Q11	Q11	
During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle? A. I did not drive a car or other vehicle during the past 30 days B. I drove a car or other vehicle, but did not text or e-mail while driving C. 1 or 2 days D. 3 to 5 days E. 6 to 9 days F. 10 to 19 days G. 20 to 29 days H. All 30 days	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q11
During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club? A. 0 days B. 1 day C. 2 or 3 days D. 4 or 5 days E. 6 or more days	Q14	Q13	Q12	Q12	Q12	Q13	Q12	Q12	Q12	Q12	Q12	Q13	Q13	Q12	Q12	—	—

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Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, what one kind of weapon did you carry most often? A. I did not carry a weapon during the past 30 days B. A handgun C. Other guns, such as a rifle or shotgun D. A knife or razor E. A club, stick, bat, or pipe F. Some other weapon	Q15	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
During the past 30 days, on how many days did you carry a gun? A. 0 days B. 1 day C. 2 or 3 days D. 4 or 5 days E. 6 or more days	—	Q14	Q13	Q13	Q13	Q14	Q13	Q13	Q13	Q13	Q13	Q14	Q14	—	—	—	—
During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property? A. 0 days B. 1 day C. 2 or 3 days D. 4 or 5 days E. 6 or more days	—	Q15	Q14	Q14	Q14	Q15	Q14	Q14	Q14	Q14	Q14	Q15	Q15	Q13	Q13	Q12	Q12
During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.) A. 0 days B. 1 day C. 2 or 3 days D. 4 or 5 days E. 6 or more days	—	—	—	—	—	—	—	—	—	—	—	—	—	Q14	Q14	Q13	Q13

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Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
<p>During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?</p> <p>A. 0 days B. 1 day C. 2 or 3 days D. 4 or 5 days E. 6 or more days</p>	—	Q16	Q15	Q15	Q15	Q16	Q15	Q15	Q15	Q15	Q15	Q16	Q16	Q15	Q15	Q14	Q14
<p>During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 or 11 times H. 12 or more times</p>	—	Q17	Q16	Q16	Q16	Q17	Q16	Q16	Q16	Q16	Q16	Q17	Q17	Q16	Q16	Q15	Q15
<p>During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your car, clothing, or books on school property?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 or 11 times H. 12 or more times</p>	—	Q18	Q17	Q17	—	—	Q17	Q17	Q17	—	— (*Q88)	—	—	—	—	—	—

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Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
<p>During the past 12 months, how many times were you in a physical fight?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 or 11 times H. 12 or more times</p>	Q16	Q19	Q18	Q18	Q17	Q18	Q18	Q18	Q18	Q17	Q17	Q18	Q18	Q17	Q17	Q16	Q16
<p>The last time you were in a physical fight, with whom did you fight?</p> <p>A. I have never been in a physical fight B. A total stranger C. A friend or someone I know D. A boyfriend, girlfriend, or date E. A parent, brother, sister, or other family member F. Someone not listed above G. More than one of the persons listed above</p>	Q17	Q20	Q21	Q21	—	—	—	—	—	—	—	—	—	—	—	—	—
<p>During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times</p>	Q18	Q21	Q19	Q19	Q18	Q19	Q19	Q19	Q19	Q18	Q18	Q19	Q19	—	—	—	—

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1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 12 months, how many times were you in a physical fight on school property? A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 or 11 times H. 12 or more times	—	Q22	Q20	Q20	Q19	Q20	Q20	Q20	Q20	Q19	Q19	Q20	Q20	Q18	Q18	Q17	Q17
During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose? A. Yes B. No	—	—	—	—	Q20	Q21	Q21	Q21	Q21	Q20	Q20	—	—	—	—	—	—
Have you ever seen someone get physically attacked, beaten, stabbed, or shot in your neighborhood? A. Yes B. No	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q18	Q18
Have you ever been physically forced to have sexual intercourse when you did not want to? A. Yes B. No	—	—	—	—	—	Q22	Q22	Q22	Q22	Q21	Q21	Q21	Q21	Q19	Q19	Q19	Q19
During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.) A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times	—	—	—	—	—	—	—	—	—	—	—	—	—	Q20	Q20	Q20	Q20

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Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.) A. I did not date or go out with anyone during the past 12 months B. 0 times C. 1 time D. 2 or 3 times E. 4 or 5 times F. 6 or more times	—	—	—	—	—	—	—	—	—	—	—	Q23	Q23	Q21	Q21	Q21	Q21
During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.) A. I did not date or go out with anyone during the past 12 months B. 0 times C. 1 time D. 2 or 3 times E. 4 or 5 times F. 6 or more times	—	—	—	—	—	—	—	—	—	—	—	Q22	Q22	Q22	Q22	Q22	Q22
Have you ever been forced to have sexual intercourse when you did not want to? A. Yes B. No	—	—	—	—	Q21	—	—	—	—	—	—	—	—	—	—	—	—

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Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During your life, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity? A. Never B. Rarely C. Sometimes D. Most of the time E. Always	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q23
During the past 12 months, have you ever been bullied on school property? A. Yes B. No	—	—	—	—	—	—	—	—	—	Q22	Q22	Q24	Q24	Q23	Q23	Q23	Q24
During the past 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, websites, or texting.) A. Yes B. No	—	—	—	—	—	—	—	—	—	—	Q23	Q25	Q25	—	—	—	—
During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.) A. Yes B. No	—	—	—	—	—	—	—	—	—	—	—	—	—	Q24	Q24	Q24	Q25
During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? A. Yes B. No	—	—	—	—	Q22	Q23	Q23	Q23	Q23	Q23	Q24	Q26	Q26	Q25	Q25	Q25	Q26
During the past 12 months, did you ever seriously consider attempting suicide? A. Yes B. No	Q19	Q24	Q22	Q22	Q23	Q24	Q24	Q24	Q24	Q24	Q25	Q27	Q27	Q26	Q26	Q26	Q27

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Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 12 months, did you make a plan about how you would attempt suicide? A. Yes B. No	Q20	Q25	Q23	Q23	Q24	Q25	Q25	Q25	Q25	Q25	Q26	Q28	Q28	Q27	Q27	Q27	Q28
During the past 12 months, how many times did you actually attempt suicide? A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times	Q21	Q26	Q24	Q24	Q25	Q26	Q26	Q26	Q26	Q26	Q27	Q29	Q29	Q28	Q28	Q28	Q29
If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse? A. I did not attempt suicide during the past 12 months B. Yes C. No	Q22	Q27	Q25	Q25	Q26	Q27	Q27	Q27	Q27	Q27	Q28	Q30	Q30	Q29	Q29	Q29	Q30
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Tobacco Use																	
Have you ever tried cigarette smoking, even one or two puffs? A. Yes B. No	Q23	Q28	Q26	Q26	Q27	Q28	Q28	Q28	Q28	Q28	Q29	Q31	Q31	Q30	Q30	Q30	—
Have you ever smoked a cigarette, even one or two puffs? A. Yes B. No	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q31
Do you think you will try cigarette smoking during the next 12 months? A. I have already tried cigarette smoking B. Yes, I think I will try cigarette smoking during the next 12 months C. No, I think I will not try cigarette smoking during the next 12 months	Q24	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—

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Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
How old were you when you smoked a whole cigarette for the first time? A. I have never smoked a whole cigarette B. Less than 9 years old C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 or more years old	Q25	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
How old were you when you first tried cigarette smoking, even one or two puffs? A. I have never tried cigarette smoking, not even one or two puffs B. 8 years old or younger C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 years old or older	—	—	—	—	—	—	—	—	—	—	—	—	—	Q31	Q31	Q31	—
How old were you when you first smoked a cigarette, even one or two puffs? A. I have never smoked a cigarette, not even one or two puffs B. 8 years old or younger C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 years old or older	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q32
How old were you when you smoked a whole cigarette for the first time? A. I have never smoked a whole cigarette B. 8 years old or younger C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 years old or older	—	Q29	Q27	Q27	Q28	Q29	Q29	Q29	Q29	Q29	Q30	Q32	Q32	—	—	—	—

— Question was not asked on the standard high school questionnaire or the national questionnaire in this cycle.

* Question was asked on the national questionnaire but not on the standard high school questionnaire in this cycle.

**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days? A. Yes B. No	Q26	Q30	— (*Q85)	— (*Q85)	Q34	—	—	—	—	—	—	—	—	—	—	—	—
How old were you when you first started smoking cigarettes regularly? (at least one cigarette every day for 30 days) A. I have never smoked cigarettes regularly B. Less than 9 years old C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 or more years old	Q27	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
How old were you when you first started smoking cigarettes regularly? (at least one cigarette every day for 30 days) A. I have never smoked cigarettes regularly B. 8 years old or younger C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 or more years old	—	Q31	— (*Q86)	—	—	—	—	—	—	—	—	—	—	—	—	—	—
During the past 30 days, on how many days did you smoke cigarettes? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	Q28	Q32	Q28	Q28	Q29	Q30	Q30	Q30	Q30	Q30	Q31	Q33	Q33	Q32	Q32	Q32	Q33

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day? A. I did not smoke cigarettes during the past 30 days B. Less than 1 cigarette per day C. 1 cigarette per day D. 2 to 5 cigarettes per day E. 6 to 10 cigarettes per day F. 11 to 20 cigarettes per day G. More than 20 cigarettes per day	Q29	Q33	Q29	Q29	Q30	Q31	Q31	Q31	Q31	Q31	Q32	Q34	Q34	Q33	Q33	Q33	Q34
During the past 30 days, how did you usually get your own cigarettes? (Select only one response). A. I did not smoke cigarettes during the past 30 days B. I bought them in a store such as a convenience store, supermarket, or gas station C. I bought them from a vending machine D. I gave someone else money to buy them for me E. I borrowed them from someone else F. I stole them G. I got them some other way	—	—	Q30	Q30	Q31	—	—	—	—	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)																	
A. I did not smoke cigarettes during the past 30 days																	
B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station																	
C. I bought them from a vending machine	—	—	—	—	—	Q32	Q32	Q32	Q32	Q32	Q33	Q35	—	—	—	—	—
D. I gave someone else money to buy them for me																	
E. I borrowed (or bummed) them from someone else																	
F. A person 18 years old or older gave them to me																	
G. I took them from a store or family member																	
H. I got them some other way																	
During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)																	
A. I did not smoke cigarettes during the past 30 days																	
B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station																	
C. I got them on the Internet	—	—	—	—	—	—	—	—	—	—	—	—	Q35	—	—	—	—
D. I gave someone else money to buy them for me																	
E. I borrowed (or bummed) them from someone else																	
F. A person 18 years old or older gave them to me																	
G. I took them from a store or family member																	
H. I got them some other way																	

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
When you bought cigarettes in a store during the past 30 days, were you ever asked to show proof of age? A. I did not smoke cigarettes during the past 30 days B. I did not buy cigarettes in a store during the past 30 days C. Yes, I was asked to show proof of age D. No, I was not asked to show proof of age	—	—	Q31	Q31	—	—	—	—	—	—	—	—	—	—	—	—	—
When you bought cigarettes in a store during the past 30 days, were you ever asked to show proof of age? A. I did not buy cigarettes in a store during the past 30 days B. Yes C. No	—	—	—	—	Q32	—	—	—	—	—	—	—	—	—	—	—	—
When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age? A. I did not try to buy cigarettes in a store during the past 30 days B. Yes, I was asked to show proof of age C. No, I was not asked to show proof of age	—	—	—	—	—	Q33	— (*Q89)	— (*Q89)	—	—	—	—	—	—	—	—	—
During the past 30 days, on how many days did you smoke cigarettes on school property? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	Q34	Q32	Q32	Q33	Q34	Q33	Q33	Q33	Q33	Q34	Q36	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days? A. Yes B. No	—	—	—	—	—	Q35	Q34	Q34	Q34	Q34	Q35	Q37	—	—	—	—	—
During the past 6 months, did you try to quit smoking cigarettes? A. I did not smoke cigarettes during the past 6 months B. Yes C. No	Q30	Q35	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Have you ever tried to quit smoking cigarettes? A. Yes B. No	—	—	Q33	Q33	Q35	—	—	—	—	—	—	—	—	—	—	—	—
During the past 12 months, did you ever try to quit smoking cigarettes? A. I did not smoke during the past 12 months B. Yes C. No	—	—	—	—	—	Q36	Q35	Q35	Q35	Q35	Q36	Q38	Q36	—	—	—	—
During the past 30 days, did you use chewing tobacco, such as Redman, Levi Garrett, or Beechnut, or snuff, such as Skoal, Skoal Bandits, or Copenhagen? A. No, I did not use chewing tobacco or snuff during the past 30 days B. Yes, chewing tobacco only C. Yes, snuff only D. Yes, both chewing tobacco and snuff	Q31	Q36	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	Q34	Q34	Q36	—	—	—	—	—	—	—	—	—	—	—	—
During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen? A. 0 days B. 1 to 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	—	—	Q37	Q36	Q36	Q36	Q36	Q37	Q39	Q37	—	—	—	—
During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs? (Do not count any electronic vapor products.) A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	—	—	—	—	—	—	—	—	—	—	Q37	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.) A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q37	Q37	—
During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges? (Do not count any electronic vapor products.) A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q38
During the past 30 days, did you use chewing tobacco, such as Redman, Levi Garrett, or Beechnut, or snuff, such as Skoal, Skoal Bandits, or Copenhagen on school property? A. No, I did not use chewing tobacco or snuff on school property B. Yes, chewing tobacco only C. Yes, snuff only D. Yes, both chewing tobacco and snuff	—	Q37	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, on how many days did you use chewing tobacco or snuff on school property? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	Q35	Q35	Q37	—	—	—	—	—	—	—	—	—	—	—	—
During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	—	—	Q38	Q37	Q37	Q37	Q37	Q38	—	—	—	—	—	—
During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	—	Q38	Q39	Q38	Q38	Q38	Q38	Q39	Q40	Q38	Q38	Q38	Q38	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
<p>During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild) or Backwoods?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q39
<p>During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?</p> <p>A. I did not use any tobacco products during the past 12 months B. Yes C. No</p>	—	—	—	—	—	—	—	—	—	—	—	—	—	Q39	Q39	—	—
<p>During the past 12 months, did you ever try to quit using all tobacco products?</p> <p>A. I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco during the past 12 months B. Yes C. No</p>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q39	—

**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 12 months, did you ever try to quit using all tobacco products? A. I did not use cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, pipe tobacco, heated tobacco products, or nicotine pouches during the past 12 months B. Yes C. No	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q40
[Back to table of contents]																	
Electronic Vapor Product Use																	
Have you ever used an electronic vapor product? A. Yes B. No	—	—	—	—	—	—	—	—	—	—	—	—	Q39	Q34	Q34	Q34	Q35
During the past 30 days, on how many days did you use an electronic vapor product? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	—	—	—	—	—	—	—	—	—	Q40	Q35	Q35	Q35	Q36

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)																	
A. I did not use any electronic vapor products during the past 30 days																	
B. I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store																	
C. I got them on the Internet	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q36	—	—
D. I gave someone else money to buy them for me																	
E. I borrowed them from someone else																	
F. A person who can legally buy these products gave them to me																	
G. I took them from a store or another person																	
H. I got them some other way																	
During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)																	
A. I did not use any electronic vapor products during the past 30 days																	
B. I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store																	
C. I got them on the Internet	—	—	—	—	—	—	—	—	—	—	—	—	—	Q36	—	—	—
D. I gave someone else money to buy them for me																	
E. I borrowed them from someone else																	
F. A person 18 years old or older gave them to me																	
G. I took them from a store or another person																	
H. I got them some other way																	

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)																	
A. I did not use any electronic vapor products during the past 30 days																	
B. I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store																	
C. I got them on the Internet	—	—	—	—	—	—	—	—	—	—	—	—	—	Q36	—	—	—
D. I gave someone else money to buy them for me																	
E. I borrowed them from someone else																	
F. A person 18 years old or older gave them to me																	
G. I took them from a store or another person																	
H. I got them some other way																	

**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, how did you usually get your electronic vapor products? (Select only one response.)																	
A. I did not use any electronic vapor products during the past 30 days																	
B. I got or bought them from a friend, family member, or someone else																	
C. I bought them myself in a vape shop or tobacco shop																	
D. I bought them myself in a convenience store, supermarket, discount store, or gas station	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q36	Q37
E. I bought them myself at a mall, or shopping center kiosk or stand																	
F. A bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist																	
G. I took them from a store or another person																	
H. I got them some other way																	
[Back to table of contents]																	

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Alcohol and Other Drug Use																	
During your life, on how many days have you had at least one drink of alcohol? A. 0 days B. 1 or 2 days C. 3 to 9 days D. 10 to 19 days E. 20 to 39 days F. 40 to 99 days G. 100 or more days	Q33	Q39	Q37	Q37	Q39	Q40	Q39	Q39	Q39	Q39	Q40	Q41	Q41	Q40	—	—	—
How old were you when you had your first drink of alcohol other than a few sips? A. I have never had a drink of alcohol other than a few sips B. Less than 9 years old C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 or more years old	Q32	Q38	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
How old were you when you had your first drink of alcohol other than a few sips? A. I have never had a drink of alcohol other than a few sips B. 8 years old or younger C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 years old or older	—	—	Q36	Q36	Q40	Q41	Q40	Q40	Q40	Q40	Q41	Q42	Q42	Q41	Q41	Q40	Q41

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
<p>During the past 30 days, on how many days did you have at least one drink of alcohol?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	Q34	Q40	Q38	Q38	Q41	Q42	Q41	Q41	Q41	Q41	Q42	Q43	Q43	Q42	Q41	Q41	Q42
<p>During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?</p> <p>A. 0 days B. 1 day C. 2 days D. 3 to 5 days E. 6 to 9 days F. 10 to 19 days G. 20 or more days</p>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q42	Q42	Q43
<p>During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?</p> <p>A. 0 days B. 1 day C. 2 days D. 3 to 5 days E. 6 to 9 days F. 10 to 19 days G. 20 or more days</p>	Q35	Q41	Q39	Q39	Q42	Q43	Q42	Q42	Q42	Q42	Q43	Q44	Q44	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?																	
A. I did not drink alcohol during the past 30 days																	
B. 1 or 2 drinks																	
C. 3 drinks	—	—	—	—	—	—	—	—	—	—	—	Q45	Q45	—	Q43	Q43	Q44
D. 4 drinks																	
E. 5 drinks																	
F. 6 or 7 drinks																	
G. 8 or 9 drinks																	
H. 10 or more drinks																	
During the past 30 days, how did you usually get the alcohol you drank?																	
A. I did not drink alcohol during the past 30 days																	
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station																	
C. I bought it at a restaurant, bar, or club	—	—	—	—	—	—	—	—	Q43	Q43	Q44	Q46	Q46	Q43	Q44	Q44	Q45
D. I bought it at a public event such as a concert or sporting event																	
E. I gave someone else money to buy it for me																	
F. Someone gave it to me																	
G. I took it from a store or family member																	
H. I got it some other way																	

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row (if you are female) or 5 or more drinks of alcohol in a row (if you are male)? A. 0 days B. 1 day C. 2 days D. 3 to 5 days E. 6 to 9 days F. 10 to 19 days G. 20 or more days	—	—	—	—	—	—	—	—	—	—	—	—	—	Q44	—	—	—
During the past 30 days, on how many days did you have at least one drink of alcohol on school property? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	Q42	Q40	Q40	Q43	Q44	Q43	Q43	Q44	Q44	Q45	—	—	—	—	—	—
During the past 30 days, what is the largest number of alcoholic drinks you had in a row? A. I did not drink alcohol during the past 30 days B. 1 or 2 drinks C. 3 drinks D. 4 drinks E. 5 drinks F. 6 or 7 drinks G. 8 or 9 drinks H. 10 or more drinks	—	—	—	—	—	—	—	—	—	—	—	—	—	Q45	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During your life, how many times have you used marijuana? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 to 99 times G. 100 or more times	Q37	Q44	Q42	Q42	Q44	Q45	Q44	Q44	Q45	Q45	Q46	Q47	Q47	Q46	Q45	Q45	Q46
How old were you when you tried marijuana for the first time? A. I have never tried marijuana B. Less than 9 years old C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 or more years old	Q36	Q43	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
How old were you when you tried marijuana for the first time? A. I have never tried marijuana B. 8 years old or younger C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 years old or older	—	—	Q41	Q41	Q45	Q46	Q45	Q45	Q46	Q46	Q47	Q48	Q48	Q47	Q46	Q46	Q47
During the past 30 days, how many times did you use marijuana? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	Q38	Q45	Q43	Q43	Q46	Q47	Q46	Q46	Q47	Q47	Q48	Q49	Q49	Q48	Q47	Q47	Q48

— Question was not asked on the standard high school questionnaire or the national questionnaire in this cycle.

* Question was asked on the national questionnaire but not on the standard high school questionnaire in this cycle.

**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During your life, how many times have you used synthetic marijuana? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q48	Q48	—
During the past 30 days, how many times did you use marijuana on school property? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	Q46	Q44	Q44	Q47	Q48	Q47	Q47	Q48	Q48	Q49	—	—	—	—	—	—
How old were you when you tried any form of cocaine, including powder, crack, or freebase, for the first time? A. I have never tried cocaine B. Less than 9 years old C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 or more years old	Q39	Q47	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
How old were you when you tried any form of cocaine, including powder, crack, or freebase, for the first time? A. I have never tried cocaine B. 8 years old or younger* C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 years old or older	—	—	Q45	Q45	—	—	—	—	—	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
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Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During your life, how many times have you used any form of cocaine, including powder, crack, or freebase? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	Q40	Q48	Q46	Q46	Q48	Q49	Q48	Q48	Q49	Q49	Q50	Q50	Q50	Q49	Q50	Q50	Q50
During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	Q41	Q49	Q47	Q47	Q49	Q50	Q49	Q49	Q50	Q50	Q51	—	—	—	—	—	—
During your life, how many times have you used the crack or freebase forms of cocaine? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	Q42	Q50	Q48	Q48	—	—	—	—	—	—	—	—	—	—	—	—	—
During your life, how many times have you sniffed glue, or breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	Q49	Q49	Q50	—	—	—	—	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	—	Q51	Q50	Q50	Q51	Q51	Q52	Q51	Q51	Q50	Q51	Q51	Q51
During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	Q51	Q52	Q51	—	—	—	—	—	—	—	—	—	—
During your life, how many times have you used heroin (also called smack, junk, or China White)? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	Q52	Q53	Q52	Q51	Q52	Q52	Q53	Q52	Q52	Q51	Q52	Q52	Q52
During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	Q53	Q54	Q53	Q52	Q53	Q53	Q54	Q53	Q53	Q52	—	—	—

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YRBS Questionnaire Content
1991 – 2023

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q53	Q53	Q53
During your life, how many times have you used any other type of illegal drug, such as LSD, PCP, ecstasy, mushrooms, speed, ice, heroin, or pills without a doctor's prescription? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	Q43	Q51	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
During your life, how many times have you used any other type of illegal drug, such as LSD, PCP, ecstasy, mushrooms, speed, ice, or heroin? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	Q51	Q51	—	—	—	—	—	—	—	—	—	—	—	—	—
During your life, how many times have you used ecstasy (also called MDMA)? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	—	— (*Q90)	Q54	Q53	Q54	Q54	Q55	Q54	Q54	Q53	Q54	—	—

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**YRBS Questionnaire Content
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Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During your life, how many times have you used ecstasy (also called MDMA or Molly)? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q54	Q54
During your life, how many times have you used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	—	—	—	—	—	—	—	—	Q55	Q54	—	—	—
During your life, how many times have you taken steroid pills or shots without a doctor's prescription? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	Q44	Q52	Q50	Q50	Q54	Q55	Q55	Q54	Q55	Q55	Q56	Q55	Q56	Q55	Q55	—	—
During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	—	—	—	—	—	—	Q57	Q56	Q57	—	—	—	—

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**YRBS Questionnaire Content
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Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (Count drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet.) A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	—	—	—	—	—	—	—	—	—	Q56	—	—	—
During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q49	Q49	Q49
During your life, have you ever injected (shot up) any illegal drug? A. Yes B. No	Q45	Q53	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
During your life, how many times have you used a needle to inject any illegal drug into your body? A. 0 times B. 1 time C. 2 or more times	—	—	Q52	Q52	Q55	Q56	Q56	Q55	Q56	Q56	Q58	Q57	Q58	Q57	Q56	Q55	Q55
During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property? A. Yes B. No	—	Q54	Q53	Q53	Q56	Q57	Q57	Q56	Q57	Q57	Q59	Q58	Q59	Q58	Q57	Q56	—

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**YRBS Questionnaire Content
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Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Back to table of contents																	
Sexual Behaviors that Contribute to Unintended Pregnancy and Sexually Transmitted Diseases (STDs), Including Human Immunodeficiency Virus (HIV) Infection																	
Have you ever had sexual intercourse? A. Yes B. No	Q48	Q57	Q56	Q56	Q57	Q58	Q58	Q57	Q58	Q58	Q60	Q59	Q60	Q59	Q58	Q57	Q56
How old were you when you had sexual intercourse for the first time? A. I have never had sexual intercourse B. Less than 12 years old C. 12 years old D. 13 years old E. 14 years old F. 15 years old G. 16 years old H. 17 or more years old	Q49	Q58	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
How old were you when you had sexual intercourse for the first time? A. I have never had sexual intercourse B. 11 years old or younger C. 12 years old D. 13 years old E. 14 years old F. 15 years old G. 16 years old H. 17 years old or older	—	—	Q57	Q57	Q58	Q59	Q59	Q58	Q59	Q59	Q61	Q60	Q61	Q60	Q59	Q58	Q57
During your life, with how many people have you had sexual intercourse? A. I have never had sexual intercourse B. 1 person C. 2 people D. 3 people E. 4 people F. 5 people G. 6 or more people	Q50	Q59	Q58	Q58	Q59	Q60	Q60	Q59	Q60	Q60	Q62	Q61	Q62	Q61	Q60	Q59	Q58

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 3 months, with how many people did you have sexual intercourse? A. I have never had sexual intercourse B. I have had sexual intercourse, but not during the past 3 months C. 1 person D. 2 people E. 3 people F. 4 people G. 5 people H. 6 or more people	Q51	Q60	Q59	Q59	Q60	Q61	Q61	Q60	Q61	Q61	Q63	Q62	Q63	Q62	Q61	Q60	Q59
Did you drink alcohol or use drugs before you had sexual intercourse the last time? A. I have never had sexual intercourse B. Yes C. No	Q52	Q61	Q60	Q60	Q61	Q62	Q62	Q61	Q62	Q62	Q64	Q63	Q64	Q63	Q62	Q61	Q60
The last time you had sexual intercourse, did you or your partner use a condom? A. I have never had sexual intercourse B. Yes C. No	Q53	Q62	Q61	Q61	Q62	Q63	Q63	Q62	Q63	Q63	Q65	Q64	Q65	Q64	Q63	Q62	Q61
The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.) A. I have never had sexual intercourse B. No method was used to prevent pregnancy C. Birth control pills D. Condoms E. Withdrawal F. Some other method G. Not sure	Q54	Q63	Q62	Q62	—	—	—	—	—	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.) A. I have never had sexual intercourse B. No method was used to prevent pregnancy C. Birth control pills D. Condoms E. Depo-Provera (injectable birth control) F. Withdrawal G. Some other method H. Not sure	—	—	—	—	Q63	Q64	Q64	Q63	Q64	Q64	—	—	—	—	—	—	—
The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.) A. I have never had sexual intercourse B. No method was used to prevent pregnancy C. Birth control pills D. Condoms E. Depo-Provera (or any injectable birth control), Nuva Ring (or any birth control ring), Implanon (or any implant), or any IUD F. Withdrawal G. Some other method H. Not sure	—	—	—	—	—	—	—	—	—	—	Q66	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
<p>The last time you had sexual intercourse with an opposite-sex partner, what one method did you or your partner use to prevent pregnancy? (Select only one response.)</p> <p>A. I have never had sexual intercourse with an opposite-sex partner</p> <p>B. No method was used to prevent pregnancy</p> <p>C. Birth control pills (Do not count emergency contraception such as Plan B or the “morning after” pill.)</p> <p>D. Condoms</p> <p>E. An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)</p> <p>F. A Shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)</p> <p>G. Withdrawal or some other method</p> <p>H. Not sure</p>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q63	Q62
<p>The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)</p> <p>A. I have never had sexual intercourse</p> <p>B. No method was used to prevent pregnancy</p> <p>C. Birth control pills</p> <p>D. Condoms</p> <p>E. An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)</p> <p>F. A Shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)</p> <p>G. Withdrawal or some other method</p> <p>H. Not sure</p>	—	—	—	—	—	—	—	—	—	—	—	Q65	Q66	Q65	Q64	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
How many times have you been pregnant or gotten someone pregnant? A. 0 times B. 1 time C. 2 or more times D. Not sure	Q55	Q64	Q63	Q63	Q64	Q65	Q65	—	—	—	—	—	—	—	—	—	—
During your life, with whom have you had sexual contact? A. I have never had sexual contact B. Females C. Males D. Females and males	—	—	—	—	—	—	—	—	—	—	—	—	Q67	Q66	Q65	Q64	Q63
Which of the following best describes you? A. Heterosexual (straight) B. Gay or lesbian C. Bisexual D. Not sure	—	—	—	—	—	—	—	—	—	—	—	—	Q68	Q67	Q66	—	—
Which of the following best describes you? A. Heterosexual (straight) B. Gay or lesbian C. Bisexual D. I describe my sexual identity some other way E. I am not sure about my sexual identity (questioning) F. I do not know what this question is asking	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q65	Q64
Some people describe themselves as transgender when their sex at birth does not match the way they think or feel about their gender. Are you transgender? A. No, I am not transgender B. Yes, I am transgender C. I am not sure if I am transgender D. I do not know what this question is asking	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q65

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
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Weight Management																	
How do you think of yourself? A. Very underweight B. Slightly underweight C. About the right weight D. Slightly overweight E. Very overweight	Q57	Q66	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
How do you describe your weight? A. Very underweight B. Slightly underweight C. About the right weight D. Slightly overweight E. Very overweight	—	—	Q64	Q64	Q65	Q66	Q66	Q64	Q65	Q65	Q67	Q66	Q69	Q68	Q67	Q66	Q66
Which of the following are you trying to do? A. Lose weight B. Gain weight C. Stay the same weight D. I am not trying to do anything about my weight	Q58	Q67	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Which of the following are you trying to do about your weight? A. Lose weight B. Gain weight C. Stay the same weight D. I am not trying to do anything about my weight	—	—	Q65	Q65	Q66	Q67	Q67	Q65	Q66	Q66	Q68	Q67	Q70	Q69	Q68	Q67	Q67

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 7 days, which one of the following did you do to lose weight or to keep from gaining weight? A. I did not try to lose weight or keep from gaining weight B. I dieted C. I exercised D. I exercised and dieted E. I used some other method, but I did not exercise or diet	Q59	Q68	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
During the past 7 days, which one of the following did you do to lose weight or to keep from gaining weight? A. I did not try to lose weight or keep from gaining weight B. I made myself vomit C. I took diet pills D. I made myself vomit and took diet pills E. I used some other method, but I did not vomit or take diet pills	Q60	Q69	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
During the past 30 days, did you diet to lose weight or to keep from gaining weight? A. Yes B. No	—	—	Q66	Q66	—	—	—	—	—	—	—	—	—	—	—	—	—
During the past 30 days, did you exercise to lose weight or to keep from gaining weight? A. Yes B. No	—	—	Q67	Q67	Q67	Q68	Q68	Q66	Q67	Q67	—	—	—	—	—	—	—
During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? A. Yes B. No	—	—	—	—	Q68	Q69	Q69	Q67	Q68	Q68	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? A. Yes B. No	—	—	—	—	Q69	Q70	Q70	Q68	Q69	Q69	Q69	Q68	—	—	—	—	—
During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight? (Do not include meal replacement products such as Slim Fast.) A. Yes B. No	—	—	—	—	Q70	—	—	—	—	—	—	—	—	—	—	—	—
During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.) A. Yes B. No	—	—	—	—	—	Q71	Q71	Q69	Q70	Q70	Q70	Q69	—	—	—	—	—
During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight? A. Yes B. No	—	—	Q68	Q68	Q71	Q72	Q72	Q70	Q71	Q71	Q71	Q70	—	—	—	—	—
During the past 30 days, did you take diet pills to lose weight or to keep from gaining weight? A. Yes B. No	—	—	Q69	Q69	—	—	—	—	—	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
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Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Dietary Behaviors																	
Yesterday, did you drink fruit juice? A. No B. Yes, once only C. Yes, twice or more	Q62	Q71	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Yesterday, how many times did you drink fruit juice? A. 0 times B. 1 time C. 2 times D. 3 or more times	—	—	Q71	Q71	—	—	—	—	—	—	—	—	—	—	—	—	—
During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.) A. I did not drink 100% fruit juice during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day	—	—	—	—	Q72	Q73	Q73	Q71	Q72	Q72	Q72	Q71	Q71	Q70	Q69	Q68	Q68
Yesterday, did you eat fruit? A. No B. Yes, once only C. Yes, twice or more	Q61	Q70	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Yesterday, how many times did you eat fruit? A. 0 times B. 1 time C. 2 times D. 3 or more times	—	—	Q70	Q70	—	—	—	—	—	—	—	—	—	—	—	—	—

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* Question was asked on the national questionnaire but not on the standard high school questionnaire in this cycle.

**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.) A. I did not eat fruit during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day	—	—	—	—	Q73	Q74	Q74	Q72	Q73	Q73	Q73	Q72	Q72	Q71	Q70	Q69	Q69
Yesterday, did you eat green salad? A. No B. Yes, once only C. Yes, twice or more	Q63	Q72	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Yesterday, how many times did you eat green salad? A. 0 times B. 1 time C. 2 times D. 3 or more times	—	—	Q72	Q72	—	—	—	—	—	—	—	—	—	—	—	—	—
During the past 7 days, how many times did you eat green salad? A. I did not eat green salad during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day	—	—	—	—	Q74	Q75	Q75	Q73	Q74	Q74	Q74	Q73	Q73	Q72	Q71	Q70	Q70
Yesterday, did you eat cooked vegetables? A. No B. Yes, once only C. Yes, twice or more	Q64	Q73	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Yesterday, how many times did you eat cooked vegetables? A. 0 times B. 1 time C. 2 times D. 3 or more times	—	—	Q73	Q73	—	—	—	—	—	—	—	—	—	—	—	—	—
Yesterday, did you eat hamburger, hot dogs, or sausage? A. No B. Yes, once only C. Yes, twice or more	Q65	Q74	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Yesterday, how many times did you eat hamburger, hot dogs, or sausage? A. 0 times B. 1 time C. 2 times D. 3 or more times	—	—	Q74	Q74	—	—	—	—	—	—	—	—	—	—	—	—	—
Yesterday, did you eat french fries or potato chips? A. No B. Yes, once only C. Yes, twice or more	Q66	Q75	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Yesterday, did you eat cookies, doughnuts, pie, or cake? A. No B. Yes, once only C. Yes, twice or more	Q67	Q76	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Yesterday, how many times did you eat french fries or potato chips? A. 0 times B. 1 time C. 2 times D. 3 or more times	—	—	Q75	Q75	—	—	—	—	—	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
<p>Yesterday, how many times did you eat cookies, doughnuts, pie, or cake?</p> <p>A. 0 times B. 1 time C. 2 times D. 3 or more times</p>	—	—	Q76	Q76	—	—	—	—	—	—	—	—	—	—	—	—	—
<p>During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)</p> <p>A. I did not eat potatoes during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day</p>	—	—	—	—	Q75	Q76	Q76	Q74	Q75	Q75	Q75	Q74	Q74	Q73	Q72	Q71	Q71
<p>During the past 7 days, how many times did you eat carrots?</p> <p>A. I did not eat carrots during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day</p>	—	—	—	—	Q76	Q77	Q77	Q75	Q76	Q76	Q76	Q75	Q75	Q74	Q73	Q72	Q72

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.) A. I did not eat other vegetables during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day	—	—	—	—	Q77	Q78	Q78	Q76	Q77	Q77	Q77	Q76	Q76	Q75	Q74	Q73	Q73
During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.) A. I did not drink soda or pop during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day	—	—	—	—	—	—	—	—	Q78	Q78	—	—	—	—	—	—	—
During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.) A. I did not drink soda or pop during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day	—	—	—	—	—	—	—	—	—	—	Q78	Q77	Q77	Q76	Q75	Q74	Q74

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.) A. I did not drink milk during the past 7 days B. 1 to 3 glasses during the past 7 days C. 4 to 6 glasses during the past 7 days D. 1 glass per day E. 2 glasses per day F. 3 glasses per day G. 4 or more glasses per day	—	—	—	—	Q78	Q79	Q79	Q77	Q79	Q79	—	—	—	—	—	—	—
During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.) A. I did not drink milk during the past 7 days B. 1 to 3 glasses during the past 7 days C. 4 to 6 glasses during the past 7 days D. 1 glass per day E. 2 glasses per day F. 3 glasses per day G. 4 or more glasses per day	—	—	—	—	—	—	—	—	—	—	— (*Q90)	Q78	Q78	Q77	Q76	Q75	—
During the past 7 days, on how many days did you eat breakfast? A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days	—	—	—	—	—	—	—	—	—	—	— (*Q91)	Q79	Q79	Q78	Q77	Q76	Q75

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— Question was not asked on the standard high school questionnaire or the national questionnaire in this cycle.

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Physical Inactivity																	
On how many of the past 7 days did you exercise or participate in sports activities that made you sweat and breathe hard, such as basketball, jogging, fast dancing, swimming laps, tennis, fast bicycling, or similar aerobic activities? A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days	Q68	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
On how many of the past 7 days did you exercise or participate in sports activities for at least 20 minutes that made you sweat and breathe hard, such as basketball, jogging, swimming laps, tennis, fast bicycling, or similar aerobic activities? A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days	—	Q77	Q77	Q77	—	—	—	—	—	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities? A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days	—	—	—	—	Q79	Q80	Q80	Q78	— (*Q90)	— (*Q91)	—	—	—	—	—	—	—
On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mopping floors? A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days	—	—	—	—	Q80	Q81	Q81	Q79	— (*Q91)	— (*Q92)	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
<p>On how many of the past 7 days did you do stretching exercises, such as toe touching, knee bending, or leg stretching?</p> <p>A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days</p>	Q69	Q78	Q78	Q78	—	—	—	—	—	—	—	—	—	—	—	—	—
<p>On how many of the past 7 days did you do exercises to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?</p> <p>A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days</p>	Q70	Q79	Q79	Q79	Q81	Q82	Q82	—	—	—	— (*Q92)	— (*Q88)	—	—	—	—	—
<p>During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)</p> <p>A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days</p>	—	—	—	—	—	—	—	Q80	Q80	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days	—	—	—	—	—	—	—	—	—	Q80	Q79	Q80	Q80	Q79	Q78	Q77	Q76
Yesterday, did you walk or bicycle for at least 30 minutes at a time? (Include walking or bicycling to or from school.) A. Yes B. No	Q71	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
On how many of the past 7 days did you walk or bicycle for at least 30 minutes at a time? (Include walking or bicycling to or from school.) A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days	—	Q80	Q80	Q80	—	—	—	—	—	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
On an average school day, how many hours do you watch TV?																	
A. I do not watch TV on an average school day																	
B. Less than 1 hour per day	—	—	—	—	Q82	Q83	Q83	Q81	Q81	Q81	Q80	Q81	Q81	Q80	Q79	—	—
C. 1 hour per day																	
D. 2 hours per day																	
E. 3 hours per day																	
F. 4 hours per day																	
G. 5 or more hours per day																	
On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)																	
A. I do not play video or computer games or use a computer for something that is not school work	—	—	—	—	—	—	—	—	Q82	Q82	—	—	—	—	—	—	—
B. Less than 1 hour per day																	
C. 1 hour per day																	
D. 2 hours per day																	
E. 3 hours per day																	
F. 4 hours per day																	
G. 5 or more hours per day																	

**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, an iPod, an iPad, or other tablet, a smartphone, YouTube, Facebook or other social networking tool, or the Internet.)																	
A. I do not play video or computer games or use a computer for something that is not school work	—	—	—	—	—	—	—	—	—	—	Q81	—	—	—	—	—	—
B. Less than 1 hour per day																	
C. 1 hour per day																	
D. 2 hours per day																	
E. 3 hours per day																	
F. 4 hours per day																	
G. 5 or more hours per day																	
On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other social networking tools, and the Internet.)																	
A. I do not play video or computer games or use a computer for something that is not school work	—	—	—	—	—	—	—	—	—	—	—	Q82	Q82	—	—	—	—
B. Less than 1 hour per day																	
C. 1 hour per day																	
D. 2 hours per day																	
E. 3 hours per day																	
F. 4 hours per day																	
G. 5 or more hours per day(D																	

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
<p>On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called “screen time”)? (Do not count time spent doing schoolwork.)</p> <p>A. Less than 1 hour per day C. 1 hour per day D. 2 hours per day E. 3 hours per day F. 4 hours per day G. 5 or more hours per day</p>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q78	—
<p>On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media.)</p> <p>A. I do not play video or computer games or use a computer for something that is not school work B. Less than 1 hour per day C. 1 hour per day D. 2 hours per day E. 3 hours per day F. 4 hours per day G. 5 or more hours per day</p>	—	—	—	—	—	—	—	—	—	—	—	—	—	Q81	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)																	
A. I do not play video or computer games or use a computer for something that is not school work	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q80	—	—
B. Less than 1 hour per day																	
C. 1 hour per day																	
D. 2 hours per day																	
E. 3 hours per day																	
F. 4 hours per day																	
G. 5 or more hours per day																	
In an average week when you are in school, on how many days do you go to physical education (PE) classes?																	
A. 0 days																	
B. 1 day	Q72	Q81	Q81	Q81	Q83	Q84	Q84	Q82	Q83	Q83	Q82	Q83	Q83	Q82	Q81	Q79	Q77
C. 2 days																	
D. 3 days																	
E. 4 days																	
F. 5 days																	
During an average physical education (PE) class, how many minutes do you spend actually exercising or playing sports?																	
A. I do not take PE	Q73	Q82	Q82	Q82	Q84	—	—	—	—	—	—	—	—	—	—	—	—
B. Less than 10 minutes																	
C. 10 to 20 minutes																	
D. 21 to 30 minutes																	
E. More than 30 minutes																	

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
<p>During an average physical education (PE) class, how many minutes do you spend actually exercising or playing sports?</p> <p>A. I do not take PE B. Less than 10 minutes C. 10 to 20 minutes D. 21 to 30 minutes E. 31 to 40 minutes F. 41 to 50 minutes G. 51 to 60 minutes H. More than 60 minutes</p>	—	—	—	—	—	Q85	Q85	Q83	— (*Q92)	— (*Q93)	—	—	—	—	—	—	—
<p>During the past 12 months, on how many sports teams run by your school did you play? (Do not include PE classes.)</p> <p>A. None B. 1 team C. 2 teams D. 3 or more teams</p>	Q74	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
<p>During the past 12 months, on how many sports teams run by your school, did you play? (Do not include PE classes.)</p> <p>A. 0 teams B. 1 team C. 2 teams D. 3 or more teams</p>	—	Q83	Q83	Q83	—	—	—	—	—	—	—	—	—	—	—	—	—
<p>During the past 12 months, on how many sports teams run by organizations outside of your school, did you play?</p> <p>A. None B. 1 team C. 2 teams D. 3 or more teams</p>	Q75	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 12 months, on how many sports teams run by organizations outside of your school, did you play? A. 0 teams B. 1 team C. 2 teams D. 3 or more teams	—	Q84	Q84	Q84	—	—	—	—	—	—	—	—	—	—	—	—	—
During the past 12 months, on how many sports teams did you play? (Include any teams run by your school or community groups.) A. 0 teams B. 1 team C. 2 teams D. 3 or more teams	—	—	—	—	Q85	Q86	Q86	Q84	Q84	Q84	—	—	—	—	—	—	—
During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.) A. 0 teams B. 1 team C. 2 teams D. 3 or more teams	—	—	—	—	—	—	—	—	—	—	Q83	Q84	Q84	Q83	Q82	Q80	Q78
During the past 12 months, how many times were you injured while exercising, playing sports, or being physically active and had to be treated by a doctor or nurse? A. 0 times B. 1 time C. 2 times D. 3 times E. 4 times F. 5 or more times	—	—	—	—	Q86	—	—	—	—	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 12 months, how many times did you have a concussion from playing a sport or being physically active? A. 0 times B. 1 time C. 2 times D. 3 times E. 4 or more times	—	—	—	—	—	—	—	—	—	—	—	—	—	Q84	Q83	Q81	Q79
How often do you use social media? A. I do not use social media B. A few times a month C. About once a week D. A few times a week E. About once a day F. Several times a day G. About once an hour H. More than once an hour	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q80
[Back to table of contents]																	
HIV																	
Have you ever been told by a doctor or nurse that you had a sexually transmitted disease such as genital herpes, genital warts, chlamydia, syphilis, gonorrhea, AIDS, or HIV infection? A. Yes B. No	Q56	Q65	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Have you ever talked about AIDS/HIV infection with your parents or other adults in your family? A. Yes B. No C. Not sure	Q47	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—

**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Have you ever talked about AIDS or HIV infection with your parents or other adults in your family? A. Yes B. No C. Not sure	—	Q56	Q55	Q55	—	—	—	—	—	—	—	—	—	—	—	—	—
Have you ever been taught about AIDS or HIV infection in school? A. Yes B. No C. Not sure	Q46	Q55	Q54	Q54	Q87	Q87	Q87	Q85	Q85	Q85	Q84	Q85	—	—	—	—	—
Have you ever been tested for HIV, the virus that causes AIDS? (Do not count tests done if you donated blood.) A. Yes B. No C. Not sure	—	—	—	—	—	—	—	— (*Q93)	— (*Q94)	— (*Q94)	— (*Q93)	— (*Q89)	Q85	Q85	Q84	Q82	Q81
During the past 12 months, have you been tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea? A. Yes B. No C. Not sure	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q85	Q83	Q82
[Back to table of contents]																	
Other Topics																	
When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work? A. During the past 12 months B. Between 12 and 24 months ago C. More than 24 months ago D. Never E. Not sure	—	—	—	—	— (*Q91)	— (*Q94)	— (*Q94)	—	—	—	—	—	Q86	Q86	Q86	Q84	Q83

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* Question was asked on the national questionnaire but not on the standard high school questionnaire in this cycle.

**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Has a doctor or nurse ever told you that you have asthma? A. Yes B. No C. Not sure	—	—	—	—	—	—	— (*Q96)	Q86	Q86	Q86	Q85	Q86	Q87	Q87	Q87	—	—
Do you still have asthma? A. I have never had asthma B. Yes C. No D. Not sure	—	—	—	—	—	—	—	—	Q87	Q87	Q86	—	—	—	—	—	—
During the past 12 months, have you had an episode of asthma or an asthma attack? A. I do not have asthma B. No, I have asthma, but I have not had an episode of asthma or an asthma attack during the past 12 months C. Yes, I have had an episode of asthma or an asthma attack during the past 12 months D. Not sure	—	—	—	—	—	—	— (*Q97)	Q87	—	—	—	—	—	—	—	—	—
During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.) A. Never B. Rarely C. Sometimes D. Most of the time E. Always	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q85	Q84
On an average school night, how many hours of sleep do you get? A. 4 or less hours B. 5 hours C. 6 hours D. 7 hours E. 8 hours F. 9 hours G. 10 or more hours	—	—	—	—	—	—	—	—	— (*Q97)	— (*Q97)	— (*Q96)	— (*Q92)	Q88	Q88	Q88	Q86	Q85

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, where did you usually sleep? A. In my parent's or guardian's home B. In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing C. In a shelter or emergency housing D. In a motel or hotel E. In a car, park, campground, or other public place F. I do not have a usual place to sleep G. Somewhere else	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q87	Q86
Compared to other students in your class, what kind of student would you say you are? A. One of the best B. Far above the middle C. A little above the middle D. In the middle E. A little below the middle F. Far below the middle G. Near the bottom	Q5	Q5	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
During the past 12 months, how would you describe your grades in school? A. Mostly A's B. Mostly B's C. Mostly C's D. Mostly D's E. Mostly F's F. None of these grades G. Not sure	—	—	—	—	—	Q5	Q5	—	—	— (*Q98)	—	—	Q89	Q89	Q89	—	Q87

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**YRBS Questionnaire Content
1991 – 2023**

Standard and National High School Questionnaire Content																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
How do you describe your health in general?																	
A. Excellent																	
B. Very good	—	—	—	—	—	—	—	Q5	— (*Q98)	—	—	—	—	—	—	—	—
C. Good																	
D. Fair																	
E. Poor																	

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**YRBS Questionnaire Content
1991 – 2023**

Questions on National Questionnaire Only																	
These questions have been on the national questionnaire but have never been on a standard questionnaire.																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Demographics																	
How far in school did your mother go? A. Did not finish high school B. Graduated from high school C. Some after high school D. Graduated from college E. Not sure	—	Q86	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
How much education does your mother have? A. She did not finish high school B. She graduated from high school C. She had some education after high school D. She graduated from college E. Not sure	—	—	Q87	Q88	—	—	—	—	—	—	—	—	—	—	—	—	—
How far in school did your father go? A. Did not finish high school B. Graduated from high school C. Some after high school D. Graduated from college E. Not sure	—	Q87	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
How much education does your father have? A. He did not finish high school B. He graduated from high school C. He had some education after high school D. He graduated from college E. Not sure	—	—	Q88	Q89	—	—	—	—	—	—	—	—	—	—	—	—	—
[Back to table of contents]																	
Behaviors that Contribute to Unintentional Injuries and Violence																	

— Question was not asked on the standard high school questionnaire or the national questionnaire in this cycle.

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**YRBS Questionnaire Content
1991 – 2023**

Questions on National Questionnaire Only																	
These questions have been on the national questionnaire but have never been on a standard questionnaire.																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
How often do you wear a seatbelt when driving a car? A. I do not drive a car B. Never wear a seatbelt C. Rarely wear a seatbelt D. Sometimes wear a seatbelt E. Most of the time wear a seatbelt F. Always wear a seatbelt	—	—	—	—	—	Q88	Q88	—	—	—	—	—	—	—	—	—	—
During the past 30 days, did you see a doctor or nurse for an injury that happened while exercising or playing sports? A. I did not exercise or play sports during the past 30 days B. Yes C. No	—	—	—	—	—	Q92	Q93	Q92	Q93	—	—	—	—	—	—	—	—
During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	—	—	—	—	—	—	—	Q87	—	—	—	—	—	—
During the past 30 days, how many times did you drive a car or other vehicle when you had been using marijuana (also called grass, pot, or weed)? A. I did not drive a car or other vehicle during the past 30 days B. 0 times C. 1 time D. 2 or 3 times E. 4 or 5 times F. 6 or more times	—	—	—	—	—	—	—	—	—	—	—	—	—	Q90	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Questions on National Questionnaire Only																	
These questions have been on the national questionnaire but have never been on a standard questionnaire.																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Has an adult or person at least 5 years older than you ever made you do sexual things that you did not want to do? (Count such things as kissing, touching, or being made to have sexual intercourse.) A. Yes B. No																—	Q23
During your life, how often has a parent or other adult in your home insulted you or put you down? A. Never B. Rarely C. Sometimes D. Most of the time E. Always																—	Q24
During your life, how often has a parent or other adult in your home hit, beat, kicked, or physically hurt you in any way? A. Never B. Rarely C. Sometimes D. Most of the time E. Always																—	Q25
During your life, how often have your parents or other adults in your home slapped, hit, kicked, punched, or beat each other up? A. Never B. Rarely C. Sometimes D. Most of the time E. Always																—	Q26
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**YRBS Questionnaire Content
1991 – 2023**

Questions on National Questionnaire Only																	
These questions have been on the national questionnaire but have never been on a standard questionnaire.																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Tobacco Use																	
During the past 30 days, what brand of cigarettes did you usually smoke? A. I did not smoke cigarettes during the past 30 days B. I do not have a usual brand C. Camel D. Marlboro E. Newport F. Virginia Slims G. GPC, Basic, or Doral H. Some other brand	—	—	—	—	Q88	Q89	Q90	—	—	—	—	—	—	—	—	—	—
During the past 30 days, on how many days did you smoke any cigars, cigarillos, or little cigars? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	Q86	—	—	—	—	—	—	—	—	—	—	—	—	—
[Back to table of contents]																	
Alcohol and Other Drug Use																	
During the past 30 days, how did you usually use marijuana? A. I did not use marijuana during the past 30 days B. I smoked it in a joint, bong, pipe, or blunt C. I ate it in food such as brownies, cakes, cookies, or candy D. I drank it in tea, cola, alcohol, or other drinks E. I vaporized it F. I used it some other way	—	—	—	—	—	—	—	—	—	—	—	—	Q90	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Questions on National Questionnaire Only																	
These questions have been on the national questionnaire but have never been on a standard questionnaire.																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q90	Q88	Q54
During your life, how many times have you used hallucinogenic drugs, such as LSD, acid, PCP, angel dust, mescaline, or mushrooms? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	—	Q91	Q91	Q90	Q89	Q89	Q89	Q87	Q91	Q91	Q91	Q89	Q60
During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctor's prescription? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	—	—	—	—	—	Q90	—	—	—	—	—	—	—

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YRBS Questionnaire Content
1991 – 2023

Questions on National Questionnaire Only																	
These questions have been on the national questionnaire but have never been on a standard questionnaire.																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Sexual Behaviors that Contribute to Unintended Pregnancy and Sexually Transmitted Diseases (STDs), Including Human Immunodeficiency Virus (HIV) Infection																	
The last time you had sexual intercourse, how old was your partner? A. I have never had sexual intercourse B. 14 years old or younger C. 15 or 16 years old D. 17 or 18 years old E. 19 or 20 years old F. 21 years old or older G. Not sure	—	—	—	Q87	—	—	—	—	—	—	—	—	—	—	—	—	—
The last time you had sexual contact, did you ask for consent verbally? A. I have never had sexual contact B. Yes C. No																—	Q70
[Back to table of contents]																	
Physical Inactivity																	
During the past 7 days, how many days did you do exercises to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting? A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days	—	—	—	—	—	—	—	—	—	—	—	—	Q86	Q95	Q95	Q92	Q86

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**YRBS Questionnaire Content
1991 – 2023**

Questions on National Questionnaire Only																	
These questions have been on the national questionnaire but have never been on a standard questionnaire.																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, computer games, and the Internet.)																	
A. I do not play video or computer games or use a computer for something that is not school work	–	–	–	–	–	–	Q92	Q91	–	–	–	–	–	–	–	–	–
B. Less than 1 hour per day																	
C. 1 hour per day																	
D. 2 hours per day																	
E. 3 hours per day																	
F. 4 hours per day																	
G. 5 or more hours per day																	
[Back to table of contents]																	
Dietary Behaviors																	
During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)																	
A. I did not drink sports drinks during the past 7 days	–	–	–	–	–	–	–	–	–	–	–	–	Q92	Q92	Q92	Q90	Q82
B. 1 to 3 times during the past 7 days																	
C. 4 to 6 times during the past 7 days																	
D. 1 time per day																	
E. 2 times per day																	
F. 3 times per day																	
G. 4 or more times per day																	

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**YRBS Questionnaire Content
1991 – 2023**

Questions on National Questionnaire Only																	
These questions have been on the national questionnaire but have never been on a standard questionnaire.																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 7 days, how many times did you drink a bottle or glass of plain water? (Count tap, bottled, and unflavored sparkling water.) A. I did not drink water during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day	—	—	—	—	—	—	—	—	—	—	—	—	Q93	Q93	Q93	Q91	Q83
Are there any foods that you have to avoid because eating the food could cause an allergic reaction, like skin rashes, swelling, itching, vomiting, coughing, or trouble breathing? A. Yes B. No C. Not sure	—	—	—	—	—	—	—	—	—	—	—	—	Q94	Q94	—	—	—
Are there any foods that you have to avoid because eating the food could cause an allergic reaction, such as skin rashes, swelling, itching, vomiting, coughing, or trouble breathing? A. Yes B. No C. Not sure	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q94	—	—
[Back to table of contents]																	
Other Topics																	

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**YRBS Questionnaire Content
1991 – 2023**

Questions on National Questionnaire Only																	
These questions have been on the national questionnaire but have never been on a standard questionnaire.																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During your life, how often has there been an adult in your household who tried hard to make sure your basic needs were met, such as looking after your safety and making sure you had clean clothes and enough to eat? A. Never B. Rarely C. Sometimes D. Most of the time E. Always	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q98
Have you ever lived with a parent or guardian who was having a problem with alcohol or drug use? A. Yes B. No	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q99
Have you ever lived with a parent or guardian who had severe depression, anxiety, or another mental illness, or was suicidal? A. Yes B. No	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q100
Have you ever been separated from a parent or guardian because they went to jail, prison, or a detention center? A. Yes B. No	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q101
During the past 12 months, have you been unfairly disciplined at school? A. Yes B. No	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q104

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**YRBS Questionnaire Content
1991 – 2023**

Questions on National Questionnaire Only																	
These questions have been on the national questionnaire but have never been on a standard questionnaire.																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the COVID-19 pandemic, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.) A. Never B. Rarely C. Sometimes D. Most of the time E. Always	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q93	—
During the COVID-19 pandemic, did a parent or other adult in your home lose their job even for a short amount of time? A. My parents and other adults in my home did not have jobs before the COVID-19 pandemic started B. Yes C. No	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q94	—
During this school year, in how many class periods were you taught about AIDS/HIV infection? A. 0 periods B. 1 or 2 periods C. 3 to 5 periods D. 6 to 10 periods E. 11 or more periods F. Not sure	—	Q85	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
When was the last time you saw a doctor or health care provider for a check-up or physical exam when you were not sick or injured? A. During the past 12 months B. Between 12 and 24 months ago C. More than 24 months ago D. Never E. Not sure	—	—	—	—	Q89	—	—	—	—	—	—	—	—	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Questions on National Questionnaire Only																	
These questions have been on the national questionnaire but have never been on a standard questionnaire.																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
When was the last time you saw a doctor or nurse for a check-up or physical exam when you were not sick or injured? A. During the past 12 months B. Between 12 and 24 months ago C. More than 24 months ago D. Never E. Not sure	—	—	—	—	—	Q93	—	—	—	—	—	—	—	—	—	—	—
During your last check-up, did your doctor or nurse discuss ways to prevent pregnancy, AIDS, or other sexually transmitted diseases (STDs)? A. Yes B. No C. Not sure	—	—	—	—	Q90	—	—	—	—	—	—	—	—	—	—	—	—
How often do you wear sunscreen or sun block with an SPF of 15 or higher when you are outside for more than one hour on a sunny day? A. Never B. Rarely C. Sometimes D. Most of the time E. Always	—	—	—	—	Q92	Q95	Q95	—	—	—	—	—	—	—	—	—	—
When you are outside for more than one hour on a sunny day, how often do you wear sunscreen with an SPF of 15 or higher? A. Never B. Rarely C. Sometimes D. Most of the time E. Always	—	—	—	—	—	—	—	Q94	Q95	Q95	Q94	Q90	—	—	Q97	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Questions on National Questionnaire Only																	
These questions have been on the national questionnaire but have never been on a standard questionnaire.																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
When you are outside for more than one hour on a sunny day, how often do you do one or more of the following: stay in the shade, wear long pants, wear a long-sleeved shirt, or wear a hat that shades your face, ears, and neck? A. Never B. Rarely C. Sometimes D. Most of the time E. Always	—	—	—	—	—	—	—	Q95	Q96	—	—	—	—	—	—	—	—
Do you have any physical disabilities or long-term health problems? (Long term means 6 months or more.) A. Yes B. No C. Not sure	—	—	—	—	—	—	—	Q96	—	—	—	—	—	—	—	—	—
During the past 30 days, on how many days did you miss classes or school without permission? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 0 or more days	—	—	—	—	—	—	—	Q97	—	—	—	—	—	—	—	—	—
During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not include getting a spray-on tan.) A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	—	—	—	—	—	Q96	Q95	Q91	Q96	—	—	—	—

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**YRBS Questionnaire Content
1991 – 2023**

Questions on National Questionnaire Only																	
These questions have been on the national questionnaire but have never been on a standard questionnaire.																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.) A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	—	—	—	—	—	—	—	—	—	—	—	—	—	Q96	Q96	—	—
During the past 12 months, how many times have you had a sunburn? (Count the number of times even a small part of your skin turned red or hurt for 12 hours or more after being outside in the sun or after using a sunlamp or other indoor tanning device.) A. 0 times B. 1 time C. 2 times D. 3 times E. 4 times F. 5 or more times	—	—	—	—	—	—	—	—	—	—	—	—	Q97	Q97	—	Q95	Q93
During the past 12 months, did you talk to a teacher or other adult in your school about a personal problem you had? A. Yes B. No	—	—	—	—	—	—	—	—	—	—	Q97	—	—	—	—	—	—
Do you agree or disagree that you feel close to people at your school? A. Strongly agree B. Agree C. Not sure D. Disagree E. Strongly disagree	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q96	Q102

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**YRBS Questionnaire Content
1991 – 2023**

Questions on National Questionnaire Only																	
These questions have been on the national questionnaire but have never been on a standard questionnaire.																	
Question and Response Options	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
How often do your parents or other adults in your family know where you are going or with whom you will be? A. Never B. Rarely C. Sometimes D. Most of the time E. Always	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	q97	Q103
Because of a physical, mental, or emotional problem, do you have serious difficulty concentrating, remembering, or making decisions? A. Yes B. No	—	—	—	—	—	—	—	—	—	—	—	—	Q98	Q98	Q98	q98	Q106
How well do you speak English? A. Very well B. Well C. Not well D. Not at all	—	—	—	—	—	—	—	—	—	—	—	—	Q99	Q99	Q99	q99	Q107
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**YRBS Questionnaire Content
1991 – 2023**

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Demographics															
How old are you? A. 10 years old or younger B. 11 years old C. 12 years old D. 13 years old E. 14 years old F. 15 years old G. 16 years old or older	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1
What is your sex? A. Female B. Male	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2	Q2
In what grade are you? A. 6th grade B. 7th grade C. 8th grade D. Other	Q3	Q3	Q3	Q3	Q3	Q3	—	—	—	—	—	—	—	—	—
In what grade are you? A. 6th grade B. 7th grade C. 8th grade D. Ungraded or other grade	—	—	—	—	—	—	Q3	Q3	Q3	Q3	Q3	Q3	Q3	Q3	Q3
How do you describe yourself? A. White B. Black C. Hispanic or Latino D. Asian or Pacific Islander E. American Indian or Alaskan Native F. Other	—	Q4	—	—	—	—	—	—	—	—	—	—	—	—	—
How do you describe yourself? (Select one or more responses.) A. American Indian or Alaska Native B. Asian C. Black or African American D. Hispanic or Latino E. Native Hawaiian or Other Pacific Islander F. White	—	—	Q4	Q4	Q4	Q4	—	—	—	—	—	—	—	—	—

YRBS Questionnaire Content
1991 – 2023

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Are you Hispanic or Latino? A. Yes B. No	—	—	—	—	—	—	Q4	Q4	Q4	Q4	Q4	Q4	Q4	Q4	Q4
What is your race? (Select one or more responses.) A. American Indian or Alaska Native B. Asian C. Black or African American D. Native Hawaiian or Other Pacific Islander E. White	—	—	—	—	—	—	Q5	Q5	Q5	Q5	Q5	Q5	Q5	Q5	Q5
Back to table of contents															
Height and Weight															
How tall are you without your shoes on? Directions: Write your height in the shaded blank boxes. Fill in the matching oval below each number.	—	—	Q5	Q6	Q6	Q6	—	—	—	—	—	—	—	—	—
How much do you weigh without your shoes on? Directions: Write your weight in the shaded blank boxes. Fill in the matching oval below each number.	—	—	Q6	Q7	Q7	Q7	—	—	—	—	—	—	—	—	—
Back to table of contents															
Unintentional Injuries and Violence															
When you ride a bicycle, how often do you wear a helmet? A. I do not ride a bicycle B. Never wear a helmet C. Rarely wear a helmet D. Sometimes wear a helmet E. Most of the time wear a helmet F. Always wear a helmet	Q5	Q6	Q8	Q9	Q9	Q9	Q6	Q6	Q6	Q6	Q6	Q6	Q6	Q6	Q6
When you rollerblade or ride a skateboard, how often do you wear a helmet? A. I do not rollerblade or ride a skateboard B. Never wear a helmet C. Rarely wear a helmet D. Sometimes wear a helmet E. Most of the time wear a helmet F. Always wear a helmet	Q6	Q7	Q9	Q10	Q10	Q10	Q7	Q7	Q7	Q7	Q7	Q7	Q7	Q7	Q7

**YRBS Questionnaire Content
1991 – 2023**

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
How often do you wear a seat belt when riding in a car? A. Never B. Rarely C. Sometimes D. Most of the time E. Always	Q4	Q5	Q7	Q8	Q8	Q8	Q8	Q8	Q8	Q8	Q8	Q8	Q8	Q8	Q8
Have you ever ridden in a car driven by someone who had been drinking alcohol? A. Yes B. No C. Not sure	Q7	Q8	Q10	Q11	Q11	Q11	Q9	Q9	Q9	Q9	Q9	Q9	Q9	Q9	Q9
Have you ever carried a gun? A. Yes B. No	Q8	Q9	—	—	—	—	—	—	—	—	—	—	—	—	—
Have you ever carried any other type of weapon, such as a knife or club? A. Yes B. No	Q9	Q10	—	—	—	—	—	—	—	—	—	—	—	—	—
Have you ever carried a weapon, such as a gun, knife, or club? A. Yes B. No	—	—	Q11	Q12	Q12	Q12	Q10	Q10	Q10	Q10	Q10	Q10	Q10	—	—
Have you ever been in a physical fight? A. Yes B. No	Q10	Q11	Q12	Q13	Q13	Q13	Q11	Q11	Q11	Q11	Q11	Q11	Q11	Q10	Q10
Have you ever seen someone get physically attacked, beaten, stabbed, or shot in your neighborhood? A. Yes B. No	—	—	—	—	—	—	—	—	—	—	—	—	—	Q11	Q11
Have you ever been in a physical fight in which you were hurt and had to be treated by a doctor or nurse? A. Yes B. No	Q11	Q12	Q13	Q14	Q14	Q14	Q12	Q12	Q12	Q12	Q12	—	—	—	—

**YRBS Questionnaire Content
1991 – 2023**

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During your life, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity? A. Never B. Rarely C. Sometimes D. Most of the time E. Always	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q12
Have you ever been bullied on school property? A. Yes B. No	—	—	—	—	—	—	—	Q13	Q13	Q13	Q13	Q12	Q12	Q12	Q13
Have you ever been electronically bullied? (Count being bullied through e-mail, chat rooms, instant messaging, websites, or texting.) A. Yes B. No	—	—	—	—	—	—	—	—	Q14	Q14	Q14	—	—	—	—
Have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.) A. Yes B. No	—	—	—	—	—	—	—	—	—	—	—	Q13	Q13	Q13	Q14
Have you ever seriously thought about killing yourself? A. Yes B. No	Q12	Q13	Q14	Q15	Q15	Q15	Q13	Q14	Q15	Q15	Q15	Q14	Q14	Q14	Q15
Have you ever made a plan about how you would kill yourself? A. Yes B. No	Q13	Q14	Q15	Q16	Q16	Q16	Q14	Q15	Q16	Q16	Q16	Q15	Q15	Q15	Q16
Have you ever tried to kill yourself? A. Yes B. No	Q14	Q15	Q16	Q17	Q17	Q17	Q15	Q16	Q17	Q17	Q17	Q16	Q16	Q16	Q17
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Tobacco Use															
Have you ever tried cigarette smoking? A. Yes B. No	Q15	Q16	—	—	—	—	—	—	—	—	—	—	—	—	—

**YRBS Questionnaire Content
1991 – 2023**

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Have you ever tried cigarette smoking, even one or two puffs? A. Yes B. No	—	—	Q17	Q18	Q18	Q18	Q16	Q17	Q18	Q18	Q18	Q17	Q17	Q17	—
Have you ever smoked a cigarette, even one or two puffs? A. Yes B. No	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q18
How old were you when you smoked a whole cigarette for the first time? A. I have never smoked a whole cigarette B. 9 years old or younger C. 10 years old D. 11 years old E. 12 years old F. 13 years old G. 14 years old H. 15 years old or older	Q16	Q17	—	—	—	—	—	—	—	—	—	—	—	—	—
How old were you when you first tried cigarette smoking, even one or two puffs? A. I have never tried cigarette smoking, not even one or two puffs B. 8 years old or younger C. 9 years old D. 10 years old E. 11 years old F. 12 years old G. 13 years old or older	—	—	—	—	—	—	—	—	—	—	—	Q18	Q18	Q18	—

**YRBS Questionnaire Content
1991 – 2023**

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
How old were you when you first smoked a cigarette, even one or two puffs? A. I have never smoked a cigarette, not even one or two puffs B. 8 years old or younger C. 9 years old D. 10 years old E. 11 years old F. 12 years old G. 13 years old or older	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q19
How old were you when you smoked a whole cigarette for the first time? A. I have never smoked a whole cigarette B. 8 years old or younger C. 9 years old D. 10 years old E. 11 years old F. 12 years old G. 13 years old H. 14 years old or older	—	—	Q18	Q19	Q19	Q19	—	—	—	—	—	—	—	—	—
How old were you when you smoked a whole cigarette for the first time? A. I have never smoked a whole cigarette B. 8 years old or younger C. 9 years old D. 10 years old E. 11 years old F. 12 years old G. 13 years old or older	—	—	—	—	—	—	Q17	Q18	Q19	Q19	Q19	—	—	—	—
During the past 30 days, on how many days did you smoke cigarettes? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	Q17	Q18	Q19	Q20	Q20	Q20	Q18	Q19	Q20	Q20	Q20	Q19	Q19	Q19	Q20

**YRBS Questionnaire Content
1991 – 2023**

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day? A. I did not smoke cigarettes during the past 30 days B. Less than 1 cigarette per day C. 1 cigarette per day D. 2 to 5 cigarettes per day E. 6 to 10 cigarettes per day F. 11 to 20 cigarettes per day G. More than 20 cigarettes per day	Q18	Q19	Q20	Q21	Q21	Q21	Q19	Q20	Q21	Q21	Q21	Q20	Q20	Q20	Q21
During the past 30 days, how did you usually get your own cigarettes? (Select only one response.) A. I did not smoke cigarettes during the past 30 days B. I bought them in a store C. I bought them from a vending machine D. I gave someone else money to buy them for me E. I borrowed them from someone else F. I stole them G. I got them some other way	Q19	Q20	—	—	—	—	—	—	—	—	—	—	—	—	—
During the past 30 days, how did you usually get your own cigarettes? (Select only one response.) A. I did not smoke cigarettes during the past 30 days B. I bought them in a store, such a convenience store, super market, or gas station C. I bought them from a vending machine D. I gave someone else money to buy them for me E. I borrowed them from someone else F. I stole them G. I got them some other way	—	—	Q21	—	—	—	—	—	—	—	—	—	—	—	—

YRBS Questionnaire Content
1991 – 2023

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, how did you usually get your own cigarettes? (Select only one response.) A. I did not smoke cigarettes during the past 30 days B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station C. I bought them from a vending machine D. I gave someone else money to buy them for me E. I borrowed (or bummed) them from someone else F. A person 18 years old or older gave them to me G. I took them from a store or family member H. I got them some other way	—	—	—	Q22	Q22	Q22	Q20	Q21	Q22	Q22	—	—	—	—	—
During the past 30 days, how did you usually get your own cigarettes? (Select only one response.) A. I did not smoke cigarettes during the past 30 days B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station C. I got them on the Internet D. I gave someone else money to buy them for me E. I borrowed (or bummed) them from someone else F. A person 18 years old or older gave them to me G. I took them from a store or family member H. I got them some other way	—	—	—	—	—	—	—	—	—	—	Q22	—	—	—	—
When you bought cigarettes in a store during the past 30 days, were you ever asked to show proof of age? A. I did not smoke cigarettes during the past 30 days B. I did not buy cigarettes during the past 30 days C. Yes, I was asked to show proof of age D. No, I was not asked to show proof of age	Q20	Q21	—	—	—	—	—	—	—	—	—	—	—	—	—
When you bought cigarettes in a store during the past 30 days, were you ever asked to show proof of age? A. I did not buy cigarettes during the past 30 days B. Yes C. No	—	—	Q22	—	—	—	—	—	—	—	—	—	—	—	—

**YRBS Questionnaire Content
1991 – 2023**

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age?															
A. I did not try to buy cigarettes in a store during the past 30 days	—	—	—	Q23	—	—	—	—	—	—	—	—	—	—	—
B. Yes, I was asked to show proof of age															
C. No, I was not asked to show proof of age															
Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?	—	—	Q23	—	—	—	—	—	—	—	—	—	—	—	—
A. Yes															
B. No															
Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?	—	—	—	Q24	Q23	Q23	Q21	Q22	Q23	Q23	—	—	—	—	—
A. Yes															
B. No															
Have you ever used chewing tobacco or snuff, such as Redman, Skoal Bandits, or Copenhagen?	Q21	Q22	—	—	—	—	—	—	—	—	—	—	—	—	—
A. Yes															
B. No															
During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?															
A. 0 days															
B. 1 or 2 days	—	—	Q24	—	—	—	—	—	—	—	—	—	—	—	—
C. 3 to 5 days															
D. 6 to 9 days															
E. 10 to 19 days															
F. 20 to 29 days															
G. All 30 days															

YRBS Questionnaire Content
1991 – 2023

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	Q25	Q24	Q24	Q22	Q23	Q24	Q24	Q23	—	—	—	—
During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs? (Do not count any electronic vapor products.) A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	—	—	—	—	—	—	—	—	Q24	—	—	—
During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.) A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	—	—	—	—	—	—	—	—	—	Q24	Q23	—

**YRBS Questionnaire Content
1991 – 2023**

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges? (Do not count any electronic vapor products.) A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q24
During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	Q25	Q26	Q25	Q25	Q23	Q24	Q25	Q25	Q24	Q25	Q25	Q24	—
During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild), or Backwoods? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q25
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Electronic Vapor Product Use															
Have you ever used an electronic vapor product? A. Yes B. No	—	—	—	—	—	—	—	—	—	—	Q25	Q21	Q21	Q21	Q22

**YRBS Questionnaire Content
1991 – 2023**

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
During the past 30 days, on how many days did you use an electronic vapor product? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	—	—	—	—	—	—	—	—	—	—	Q26	Q22	Q22	Q22	Q23
During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.) A. I did not use any electronic vapor products during the past 30 days B. I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store C. I got them on the Internet D. I gave someone else money to buy them for me E. I borrowed them from someone else F. A person 18 years old or older gave them to me G. I took them from a store or another person H. I got them some other way	—	—	—	—	—	—	—	—	—	—	—	Q23	—	—	—
During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.) A. I did not use any electronic vapor products during the past 30 days B. I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store C. I got them on the Internet D. I gave someone else money to buy them for me E. I borrowed them from someone else F. A person who can legally buy these products gave them to me G. I took them from a store or another person H. I got them some other way	—	—	—	—	—	—	—	—	—	—	—	—	Q23	—	—

**YRBS Questionnaire Content
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Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
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Alcohol and Other Drug Use															
Have you ever had a drink of alcohol, other than for religious reasons? A. Yes B. No	Q22	Q23	—	—	—	—	—	—	—	—	—	—	—	—	—
Have you ever had a drink of alcohol, other than a few sips? A. Yes B. No	—	—	Q26	Q27	Q26	Q26	Q24	Q25	Q26	Q26	Q27	Q26	Q26	Q25	Q26
How old were you when you had your first drink of alcohol? A. I have never had a drink of alcohol other than for religious reasons B. 9 years old or younger C. 10 years old D. 11 years old E. 12 years old F. 13 years old G. 14 years old H. 15 years old or older	Q23	Q24	—	—	—	—	—	—	—	—	—	—	—	—	—
How old were you when you had your first drink of alcohol other than a few sips? A. I have never had a drink of alcohol other than a few sips B. 8 years old or younger C. 9 years old D. 10 years old E. 11 years old F. 12 years old G. 13 years old H. 14 years old or older	—	—	Q27	Q28	Q27	Q27	—	—	—	—	—	—	—	—	—

**YRBS Questionnaire Content
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Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
How old were you when you had your first drink of alcohol other than a few sips? A. I have never had a drink of alcohol other than a few sips B. 8 years old or younger C. 9 years old D. 10 years old E. 11 years old F. 12 years old G. 13 years old or older	—	—	—	—	—	—	Q25	Q26	Q27	Q27	Q28	Q27	Q27	Q26	Q27
Have you ever used marijuana? A. Yes B. No	Q24	Q25	Q28	Q29	Q28	Q28	Q26	Q27	Q28	Q28	Q29	Q28	Q28	Q27	Q28
How old were you when you tried marijuana for the first time? A. I have never tried marijuana B. 9 years old or younger C. 10 years old D. 11 years old E. 12 years old F. 13 years old G. 14 years old H. 15 years old or older	Q25	Q26	—	—	—	—	—	—	—	—	—	—	—	—	—
How old were you when you tried marijuana for the first time? A. I have never tried marijuana B. 8 years old or younger C. 9 years old D. 10 years old E. 11 years old F. 12 years old G. 13 years old H. 14 years old or older	—	—	Q29	Q30	Q29	Q29	—	—	—	—	—	—	—	—	—

**YRBS Questionnaire Content
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Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
How old were you when you tried marijuana for the first time? A. I have never tried marijuana B. 8 years old or younger C. 9 years old D. 10 years old E. 11 years old F. 12 years old G. 13 years old or older	—	—	—	—	—	—	Q27	Q28	Q29	Q29	Q30	Q29	Q29	Q28	Q29
Have you ever used any form of cocaine? A. Yes B. No	Q26	Q27	—	—	—	—	—	—	—	—	—	—	—	—	—
Have you ever used any form of cocaine, including powder, crack, or freebase? A. Yes B. No	—	—	Q30	Q31	Q30	Q30	Q28	Q29	Q30	Q30	Q31	Q30	Q31	Q30	Q31
How old were you when you tried any form of cocaine for the first time? A. I have never tried cocaine B. 9 years old or younger C. 10 years old D. 11 years old E. 12 years old F. 13 years old G. 14 years old H. 15 years old or older	Q27	Q28	—	—	—	—	—	—	—	—	—	—	—	—	—
Have you ever used the crack or freebase forms of cocaine? A. Yes B. No	Q28	Q29	—	—	—	—	—	—	—	—	—	—	—	—	—
Have you ever sniffed glue, or breathed the contents of spray cans, or inhaled any paints or sprays to get high? A. Yes B. No	Q29	Q30	Q31	Q32	Q31	Q31	Q29	Q30	—	—	—	—	—	—	—

**YRBS Questionnaire Content
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Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Have you ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high? A. Yes B. No	—	—	—	—	—	—	—	—	Q31	Q31	Q32	Q31	Q32	Q31	Q32
Have you ever used steroids? A. Yes B. No	Q30	Q31	Q32	Q33	Q32	Q32	—	—	—	—	—	—	—	—	—
Have you ever taken steroid pills or shots without a doctor's prescription? A. Yes B. No	—	—	—	—	—	—	Q30	Q31	Q32	Q32	Q33	Q32	Q33	—	—
Have you ever used a needle to inject any illegal drug into your body? A. Yes B. No	Q31	Q32	Q33	Q34	Q33	Q33	—	—	—	—	—	—	—	—	—
Have you ever taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription? A. Yes B. No	—	—	—	—	—	—	—	—	Q33	Q33	Q34	—	—	—	—
Have you ever taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (Count drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet.) A. Yes B. No	—	—	—	—	—	—	—	—	—	—	—	Q33	Q30	—	—
Have you ever taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? A. Yes B. No	—	—	—	—	—	—	—	—	—	—	—	—	—	Q29	Q30
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Sexual Behaviors															
Have you ever had sexual intercourse? A. Yes B. No	Q34	Q35	Q34	Q35	Q34	Q34	Q31	Q32	Q34	Q34	Q35	Q34	Q34	Q32	Q33

**YRBS Questionnaire Content
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Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
How old were you when you had sexual intercourse for the first time? A. I have never had sexual intercourse B. 9 years old or younger C. 10 years old D. 11 years old E. 12 years old F. 13 years old G. 14 years old H. 15 years old or older	Q35	Q36	—	—	—	—	—	—	—	—	—	—	—	—	—
How old were you when you had sexual intercourse for the first time? A. I have never had sexual intercourse B. 8 years old or younger C. 9 years old D. 10 years old E. 11 years old F. 12 years old G. 13 years old H. 14 years old or older	—	—	Q35	Q36	Q35	Q35	—	—	—	—	—	—	—	—	—
How old were you when you had sexual intercourse for the first time? A. I have never had sexual intercourse B. 8 years old or younger C. 9 years old D. 10 years old E. 11 years old F. 12 years old G. 13 years old or older	—	—	—	—	—	—	Q32	Q33	Q35	Q35	Q36	Q35	Q35	Q33	Q34
With how many different people have you ever had sexual intercourse? A. I have never had sexual intercourse B. 1 person C. 2 people D. 3 or more people	Q36	Q37	—	—	—	—	—	—	—	—	—	—	—	—	—

**YRBS Questionnaire Content
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Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
With how many people have you ever had sexual intercourse? A. I have never had sexual intercourse B. 1 person C. 2 people D. 3 people E. 4 or more people	—	—	Q36	Q37	Q36	Q36	—	—	—	—	—	—	—	—	—
With how many people have you ever had sexual intercourse? A. I have never had sexual intercourse B. 1 person C. 2 people D. 3 people E. 4 people F. 5 people G. 6 or more people	—	—	—	—	—	—	Q33	Q34	Q36	Q36	Q37	Q36	Q36	Q34	Q35
The last time you had sexual intercourse, did you or your partner use a condom? A. I have never had sexual intercourse B. Yes C. No	Q37	Q38	Q37	Q38	Q37	Q37	Q34	Q35	Q37	Q37	Q38	Q37	Q37	Q35	Q36
[Back to table of contents]															
Weight Management															
How do you describe your weight? A. Very underweight B. Slightly underweight C. About the right weight D. Slightly overweight E. Very overweight	Q38	Q39	Q38	Q39	Q38	Q38	Q35	Q36	Q38	Q38	Q39	Q38	Q38	Q36	Q37
Which of the following are you trying to do about your weight? A. Lose weight B. Gain weight C. Stay the same weight D. I am not trying to do anything about my weight	Q39	Q40	Q39	Q40	Q39	Q39	Q36	Q37	Q39	Q39	Q40	Q39	Q39	Q37	Q38

YRBS Questionnaire Content
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Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Have you ever dieted to lose weight or to keep from gaining weight? A. Yes B. No	Q40	Q41	—	—	—	—	—	—	—	—	—	—	—	—	—
Have you ever exercised to lose weight or to keep from gaining weight? A. Yes B. No	Q41	Q42	Q40	Q41	Q40	Q40	Q37	Q38	—	—	—	—	—	—	—
Have you ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? A. Yes B. No	—	—	Q41	Q42	Q41	Q41	Q38	Q39	—	—	—	—	—	—	—
Have you ever gone without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? A. Yes B. No	—	—	Q42	Q43	Q42	Q42	Q39	Q40	Q40	Q40	—	—	—	—	—
Have you ever taken diet pills to lose weight or to keep from gaining weight? A. Yes B. No	Q43	Q44	—	—	—	—	—	—	—	—	—	—	—	—	—
Have you ever taken any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.) A. Yes B. No	—	—	Q43	Q44	Q43	Q43	Q40	Q41	Q41	—	—	—	—	—	—
Have you ever taken any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not count meal replacement products such as Slim Fast.) A. Yes B. No	—	—	—	—	—	—	—	—	—	Q41	—	—	—	—	—

**YRBS Questionnaire Content
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Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Have you ever vomited or taken laxatives to lose weight or to keep from gaining weight? A. Yes B. No	Q42	Q43	Q44	Q45	Q44	Q44	Q41	Q42	Q42	Q42	—	—	—	—	—
[Back to table of contents]															
Dietary Behaviors															
Yesterday, how many times did you eat fruit? A. 0 times B. 1 time C. 2 times D. 3 or more times	Q44	Q45	—	—	—	—	—	—	—	—	—	—	—	—	—
Yesterday, how many times did you drink fruit juice? A. 0 times B. 1 time C. 2 times D. 3 or more times	Q45	Q46	—	—	—	—	—	—	—	—	—	—	—	—	—
Yesterday, how many times did you eat green salad? A. 0 times B. 1 time C. 2 times D. 3 or more times	Q46	Q47	—	—	—	—	—	—	—	—	—	—	—	—	—
Yesterday, how many times did you eat cooked vegetables? A. 0 times B. 1 time C. 2 times D. 3 or more times	Q47	Q48	—	—	—	—	—	—	—	—	—	—	—	—	—
Yesterday, how many times did you eat hamburger, hot dogs, or sausage? A. 0 times B. 1 time C. 2 times D. 3 or more times	Q48	Q49	—	—	—	—	—	—	—	—	—	—	—	—	—

**YRBS Questionnaire Content
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Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Yesterday, how many times did you eat french fries or potato chips? A. 0 times B. 1 time C. 2 times D. 3 or more times	Q49	Q50	—	—	—	—	—	—	—	—	—	—	—	—	—
Yesterday, how many times did you eat cookies, doughnuts, pie, or cake? A. 0 times B. 1 time C. 2 times D. 3 or more times	Q50	Q51	—	—	—	—	—	—	—	—	—	—	—	—	—
During the past 7 days, on how many days did you eat breakfast? A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days	—	—	—	—	—	—	—	—	—	Q43	Q41	Q40	Q40	Q38	Q39
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YRBS Questionnaire Content
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Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Physical Inactivity															
On how many of the past 7 days did you exercise or play sports such as basketball, soccer, running, swimming laps, tennis, or fast bicycling? A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days	Q51	Q52	—	—	—	—	—	—	—	—	—	—	—	—	—
On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities? A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days	—	—	Q45	Q46	Q45	Q45	—	—	—	—	—	—	—	—	—
During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days	—	—	—	—	—	—	Q42	Q43	Q43	Q44	Q42	Q41	Q41	Q39	Q40

**YRBS Questionnaire Content
1991 – 2023**

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
On an average school day, how many hours do you watch TV? A. I do not watch TV on an average school day B. Less than 1 hour per day C. 1 hour per day D. 2 hours per day E. 3 hours per day F. 4 hours per day G. 5 or more hours per day	—	—	Q46	Q47	Q46	Q46	Q43	Q44	Q44	Q45	Q43	Q42	Q42	—	—
On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox computer games, and the Internet.) A. I do not play video or computer games or use a computer for something that is not school work B. Less than 1 hour per day C. 1 hour per day D. 2 hours per day E. 3 hours per day F. 4 hours per day G. 5 or more hours per day	—	—	—	—	—	—	Q44	—	—	—	—	—	—	—	—
On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, Nintendo DS, iPod touch, Facebook, and the Internet.) A. I do not play video or computer games or use a computer for something that is not school work B. Less than 1 hour per day C. 1 hour per day D. 2 hours per day E. 3 hours per day F. 4 hours per day G. 5 or more hours per day	—	—	—	—	—	—	—	Q45	Q45	—	—	—	—	—	—

**YRBS Questionnaire Content
1991 – 2023**

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other social networking tools, and the Internet.)															
A. I do not play video or computer games or use a computer for something that is not school work	—	—	—	—	—	—	—	—	—	Q46	Q44	—	—	—	—
B. Less than 1 hour per day															
C. 1 hour per day															
D. 2 hours per day															
E. 3 hours per day															
F. 4 hours per day															
G. 5 or more hours per day															
On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media.)															
A. I do not play video or computer games or use a computer for something that is not school work	—	—	—	—	—	—	—	—	—	—	—	Q43	—	—	—
B. Less than 1 hour per day															
C. 1 hour per day															
D. 2 hours per day															
E. 3 hours per day															
F. 4 hours per day															
G. 5 or more hours per day															

YRBS Questionnaire Content
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Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
<p>On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called “screen time”)? (Do not count time spent doing schoolwork.)</p> <p>A. Less than 1 hour per day C. 1 hour per day D. 2 hours per day E. 3 hours per day F. 4 hours per day G. 5 or more hours per day</p>	—	—	—	—	—	—	—	—	—	—	—	—	—	Q40	—
<p>On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)</p> <p>A. I do not play video or computer games or use a computer for something that is not school work B. Less than 1 hour per day C. 1 hour per day D. 2 hours per day E. 3 hours per day F. 4 hours per day G. 5 or more hours per day</p>	—	—	—	—	—	—	—	—	—	—	—	—	Q43	—	—
<p>How many days per week do you usually go to physical education (PE) or gym class?</p> <p>A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days</p>	Q52	Q53	—	—	—	—	—	—	—	—	—	—	—	—	—

**YRBS Questionnaire Content
1991 – 2023**

Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
In an average week when you are in school, on how many days do you go to physical education (PE) classes? A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days	—	—	Q47	Q48	Q47	Q47	Q45	Q46	Q46	Q47	Q45	Q44	Q44	Q41	Q41
Do you play on any sports teams run by your school or by other organizations outside your school? A. Yes B. No	Q53	Q54	—	—	—	—	—	—	—	—	—	—	—	—	—
Do you play on any sports teams? (Include any teams run by your school or community groups.) A. Yes B. No	—	—	Q48	Q49	Q48	Q48	—	—	—	—	—	—	—	—	—
During the past 12 months, on how many sports teams did you play? (Include any teams run by your school or community groups.) A. 0 teams B. 1 team C. 2 teams D. 3 or more teams	—	—	—	—	—	—	Q46	Q47	—	—	—	—	—	—	—
During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.) A. 0 teams B. 1 team C. 2 teams D. 3 or more teams	—	—	—	—	—	—	—	—	Q47	Q48	Q46	Q45	Q45	Q42	Q42
Do you do any other organized physical activity besides sports teams, such as dance, gymnastics, or swimming? A. Yes B. No	Q54	Q55	—	—	—	—	—	—	—	—	—	—	—	—	—

**YRBS Questionnaire Content
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Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Have you ever been injured while exercising, playing sports, or being physically active and had to be treated by a doctor or nurse? A. Yes B. No	—	—	Q49	—	—	—	—	—	—	—	—	—	—	—	—
During the past 12 months, how many times did you have a concussion from playing a sport or being physically active? A. 0 times B. 1 time C. 2 times D. 3 times E. 4 or more times	—	—	—	—	—	—	—	—	—	—	—	Q46	Q46	Q43	Q43
How often do you use social media? A. I do not use social media B. A few times a month C. About once a week D. A few times a week E. About once a day F. Several times a day G. About once an hour H. More than once an hour	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Q44

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**YRBS Questionnaire Content
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Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
Other Topics															
How do you describe your health in general? A. Excellent B. Very good C. Good D. Fair E. Poor	—	—	—	—	—	Q5	—	—	—	—	—	—	—	—	—
During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.) A. Never B. Rarely C. Sometimes D. Most of the time E. Always	—	—	—	—	—	—	—	—	—	—	—	—	—	Q44	Q45
Have you ever been taught about AIDS or HIV infection in school? A. Yes B. No C. Not sure	Q32	Q33	Q50	Q50	Q49	Q49	Q47	Q48	Q48	Q49	—	—	—	—	—
Have you ever talked about AIDS or HIV infection with your parents or other adults in your family? A. Yes B. No C. Not sure	Q33	Q34	—	—	—	—	—	—	—	—	—	—	—	—	—
Has a doctor or nurse ever told you that you have asthma? A. Yes B. No C. Not sure	—	—	—	—	—	—	Q48	Q49	Q49	Q50	Q47	Q47	Q47	—	—
Do you still have asthma? A. I have never had asthma B. Yes C. No D. Not sure	—	—	—	—	—	—	Q49	Q50	Q50	—	—	—	—	—	—

**YRBS Questionnaire Content
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Standard Middle School Questionnaire Content															
Question and Response Options	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023
On an average school night, how many hours of sleep do you get? A. 4 or less hours B. 5 hours C. 6 hours D. 7 hours E. 8 hours F. 9 hours G. 10 or more hours	—	—	—	—	—	—	—	—	—	—	Q48	Q48	Q48	Q45	Q46
During the past 30 days, where did you usually sleep? A. In my parent's or guardian's home B. In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing C. In a shelter or emergency housing D. In a motel or hotel E. In a car, park, campground, or other public place F. I do not have a usual place to sleep G. Somewhere else	—	—	—	—	—	—	—	—	—	—	—	—	—	Q46	Q47
During the past 12 months, how would you describe your grades in school? A. Mostly A's B. Mostly B's C. Mostly C's D. Mostly D's E. Mostly F's F. None of these grades G. Not sure	—	—	—	Q5	Q5	—	—	—	—	—	Q49	Q49	Q49	—	Q48