LFS260

Kubernetes Security Essentials

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Chapter 1

Introduction



1.1 Labs

Exercise 1.1: Configuring the System for sudo

It is very dangerous to run a **root shell** unless absolutely necessary: a single typo or other mistake can cause serious (even fatal) damage.

Thus, the sensible procedure is to configure things such that single commands may be run with superuser privilege, by using the **sudo** mechanism. With **sudo** the user only needs to know their own password and never needs to know the root password.

If you are using a distribution such as **Ubuntu**, you may not need to do this lab to get **sudo** configured properly for the course. However, you should still make sure you understand the procedure.

To check if your system is already configured to let the user account you are using run **sudo**, just do a simple command like:

\$ sudo ls

You should be prompted for your user password and then the command should execute. If instead, you get an error message you need to execute the following procedure.

Launch a root shell by typing su and then giving the root password, not your user password.

On all recent **Linux** distributions you should navigate to the /etc/sudoers.d subdirectory and create a file, usually with the name of the user to whom root wishes to grant **sudo** access. However, this convention is not actually necessary as **sudo** will scan all files in this directory as needed. The file can simply contain:

```
student ALL=(ALL) ALL
```

if the user is student.

An older practice (which certainly still works) is to add such a line at the end of the file /etc/sudoers. It is best to do so using the **visudo** program, which is careful about making sure you use the right syntax in your edit.

You probably also need to set proper permissions on the file by typing:

\$ sudo chmod 440 /etc/sudoers.d/student

(Note some **Linux** distributions may require 400 instead of 440 for the permissions.)

After you have done these steps, exit the root shell by typing exit and then try to do sudo 1s again.

There are many other ways an administrator can configure **sudo**, including specifying only certain permissions for certain users, limiting searched paths etc. The /etc/sudoers file is very well self-documented.

However, there is one more setting we highly recommend you do, even if your system already has **sudo** configured. Most distributions establish a different path for finding executables for normal users as compared to root users. In particular the directories /sbin and /usr/sbin are not searched, since **sudo** inherits the PATH of the user, not the full root user.

Thus, in this course we would have to be constantly reminding you of the full path to many system administration utilities; any enhancement to security is probably not worth the extra typing and figuring out which directories these programs are in. Consequently, we suggest you add the following line to the .bashrc file in your home directory:

PATH=\$PATH:/usr/sbin:/sbin

If you log out and then log in again (you don't have to reboot) this will be fully effective.



Chapter 2

Cloud Security Overview



2.1 Labs

Exercise 2.1: Building Your Security Team

There is some paperwork and policy writing required to improve security. Part of the process is to write down necessary tasks, who is responsible, how often the task is to be performed, and details of remediation should there be an issue. This checklist is to get started. There are more resources in the NIST documents in the next section.

- 1. Identity management, credentials, and access
- 2. Ongoing Administration
- 3. Risk management process
- 4. Responding to an security issue
- 5. Securing data
- 6. Network Security
- 7. System Security
- 8. Application Security

Exercise 2.2: User Identification and Credentials

We will download and take a look at some **FIPS** guides. Each of these guides would take many hours to read and digest. Implementing the security improvements may take quite a while. Plan time after class to read through the documents mentioned in detail.

- Download the FIPS 200 Minimum Security Requirements for Federal Information and Information Systems and 201-3 Personal Identity Verification (PIV) of Federal Employees and Contractors guide onto your local system. Start here: https://csrc.nist.gov/publications/fips and locate both titles.
- 2. Read through the table of contents of FIPS 200 then section 4 SECURITY CONTROL SELECTION. Locate the NIST SP 800-53 mentioned in the section.

- 3. Read the table of contents of **NIST SP 800-53**. Take note of total number of pages and how many pages are part of Chapter 3 The Controls. Skim through some of the catalog entries such as AC_4 INFORMATION FLOW ENFORCEMENT
- 4. Make a plan to categorize all of your systems as low-impact, moderate-impact or high-impact information systems.
- 5. Read through the table of contents of **FIPS 201-3**. Then find section 2.1 Control Objectives and understand the four control objectives and a manner to ensure that objective in your environment.
- 6. Download **NIST 800-171**. Scan through the sections. Take a look at Appendix D, and the mappings to NIST and ISO/IEC Relevant Security Controls.

If the head of your publicly traded company was **criminally liable** for cybersecurity issues defined in 800-171, would you be able to assure every item is being followed?

Exercise 2.3: Tracking Known Issues

- 1. View https://nvd.nist.gov/vuln/search and type in Kubernetes as the Keyword Search.
- 2. Select a record which indicates a CRITICAL vulnerability, and read through current description and the product that it effects. Continue to read through other references, weakness enumeration, and known affected software configurations.
- 3. Determine who in your organization will be responsible for keeping track of CVE updates. Would it be one group, or a different person in working with individual project software.

Exercise 2.4: CIS Benchmarks

In this exercise we will download a free benchmark for Kubernetes from the Center for Internet Security ®. You may want to schedule a regular return for new or different information.

- 1. Open a local browser and visit https://www.cisecurity.org/cis-benchmarks/
- 2. Scroll to expand information on Kubernetes.

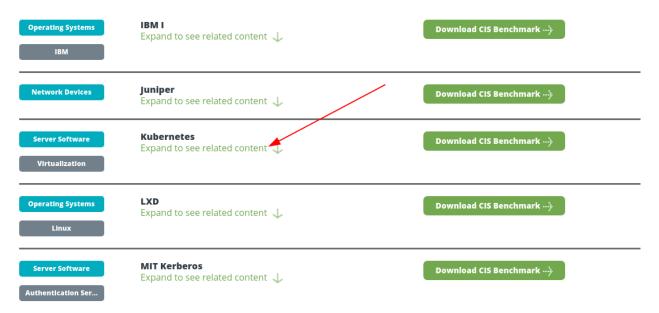


Figure 2.1: Main CIS Page

3. Among the expanded list you may note that only one version is considered current. Select the current benchmark.



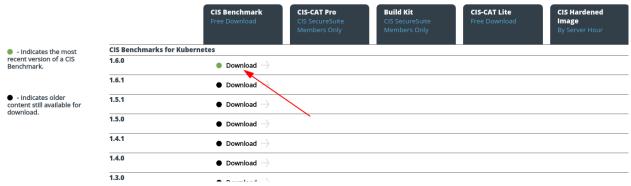


Figure 2.2: Main CIS Page Kubernetes Detail

- 4. Fill out your contact information and accept the terms. An email will be sent to the email given in a minute or two. Inside the email is a link to Access the PDFs, which will open a website to download the freely available PDFs.
- 5. Scroll down the list to find the Kubernetes content. Download the current CIS Kubernetes Benchmark.

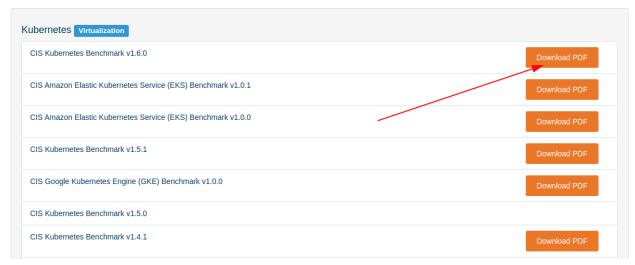


Figure 2.3: List of PDFs

6. View the PDF. There are 250+ pages in the document. Instead of reading all of it, find a particular item, such as 1.1.18. Read through the provided information for the item.

1.1.18 Ensure that the controller-manager.conf file ownership is set to root:root (Automated)

Profile Applicability:

Level 1 - Master Node

Description:

Ensure that the controller-manager.conf file ownership is set to root:root.

Rationale:

The controller-manager.conf file is the kubeconfig file for the Controller Manager. You should set its file ownership to maintain the integrity of the file. The file should be owned by root:root.

Audit:

Run the below command (based on the file location on your system) on the master node. For example,

stat -s %H.%C /sts/kubernetes/sentreller-manager conf

Figure 2.4: Benchmark Item Details

7. Skim the rest of the document. Plan a time after class to review the information in detail.

Exercise 2.5: Use First Node

We will create a single-node **Ubuntu 20.04** cluster. Currently 2 vCPU and 8G of memory allows for quick labs. This will be the first of two installs during the course. The exercises will call this node **single**, your node name may be different. Other Linux distributions should work in a similar manner, but have not been tested.



Very Important

Regardless of the platform used (VirtualBox, VMWare, AWS, GCE or even bare metal) please remember that security software like SELinux, AppArmor, and firewall configurations can prevent the labs from working. While not something to do in production consider disabling the firewall and security software, until used in a lab.

The **kubeadm** utility currently requires that swap be turned off on every node. The **swapoff -a** command will do this until the next reboot, with various methods to disable swap persistently. Cloud providers typically deploy instances with swap disabled.

Download shell scripts and YAML files

To assist with setting up please download the tarball of shell scripts and YAML files onto your exercise node.

```
\ wget https://cm.lf.training/LFS260/LFS260_V2025-02-14_SOLUTIONS.tar.xz \ --user=LFtraining --password=Penguin2014
```

\$ tar -xvf LFS260_V2025-02-14_SOLUTIONS.tar.xz

(Note: depending on your software, if you are cutting and pasting the above instructions, the **underscores may disappear and be replaced by spaces**, so you may have to edit the command line by hand!)



Exercise 2.6: Free CIS Assessment Tool

1. Return to your local browser and navigate to the CIS homepage, https://cisecurity.org. Scroll down to the bottom of the page locate the CIS-CAT Lite under the Tools section.

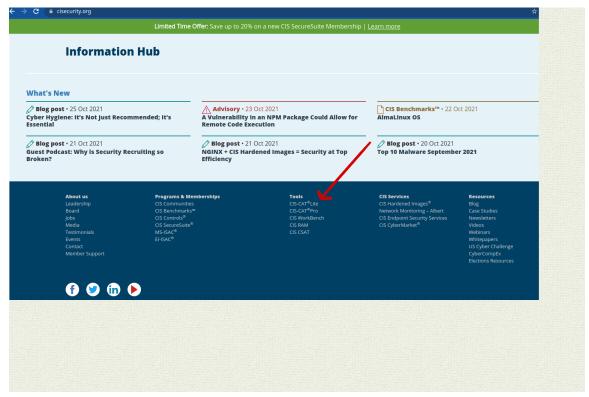


Figure 2.5: CIS-CAT Tool

2. Select the CIS-CAT Lite automated assessment tool. Note that under the Compare Key Features section the CIS Benchmarks supported only allows a select number of tools. The pro version for those with memberships has all available tools. At the moment Kubernetes is not part of the select group. We will test **Ubuntu**, both to ensure we are secure as well as to see a sample of what the assessment does and eventually returns. Fill out the form on the right and submit. This will cause an email to be sent to you.

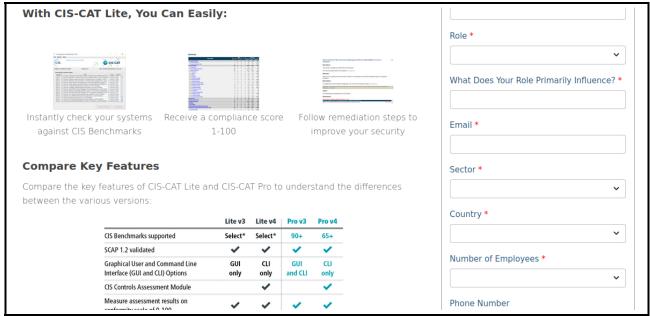


Figure 2.6: CIS Select Assessments

3. Inside the email you will eventually receive you will find the option to download version 3 or version 4. While you may want to download the zip file locally to your workstation, let us also download it to our exercise node. Instead of clicking on the green button, hover with the mouse over version v4 and copy the link. Then log into your exercise node and use the **wget** command to retrieve the file.

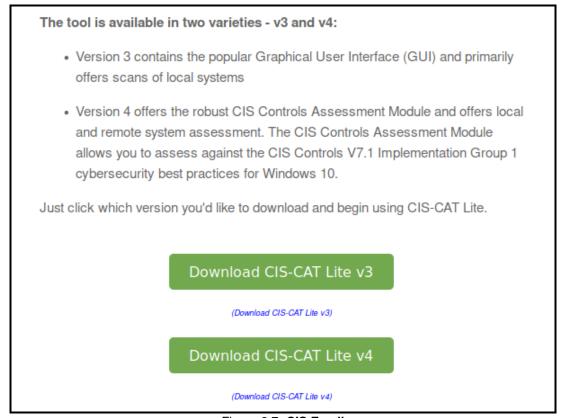


Figure 2.7: CIS Email

student@single:~\$ wget https://learn.cisecurity.org/e/799323/1-799323-2019-11-15-3v7x/2mnnf/\



1622625195/h/ZAUJ7TwebWYcS-fjMxNi5fVU3POY4bdk-YLIUISwrr8

```
<output_omitted>
```

4. As this manner of download creates a long and difficult file name you can use the **mv** command and tab to rename it to something easier, like CIS-Cat.zip.

```
student@single:~$ mv ZAUJ7TwebWYcS-fjMxNi5fVU3POY4bdk-YLIUISwrr8 CIS-Cat.zip
```

5. To extract the files we may first have to install the **unzip** command.

```
student@single:~$ sudo apt-get update ; sudo apt-get install unzip

<output_omitted>
```

6. Use the newly installed command to extract all the files. You may note there are files to run the assessment tool from a variety of operating systems. After extraction change into the newly created directory.

```
student@single:~$ unzip CIS-Cat.zip
```

```
Archive: CIS-Cat.zip
    creating: Assessor/
    inflating: Assessor/Assessor-GUI.exe
    inflating: Assessor/Assessor-CLI.bat
    inflating: Assessor/Assessor-CLI.sh
<output_omitted>
```

student@single:~\$ cd Assessor

7. The assessment tool requires **JAVA**. Install the software then set the JAVA_PATH variable.

```
student@single:~/Assessor$ sudo apt-get install openjdk-11-jdk -y
```

```
Reading package lists... Done
Building dependency tree
Reading state information... Done
<output_omitted>
```

```
student@single:~/Assessor$ export JAVA_PATH=/usr/lib/jvm/java-11-openjdk-amd64/bin/
```

8. Run the Assessor-CLI.sh script without any options. You should see some warnings and a text graphic, followed by help information. Among that information note the levels of verbosity as well as the -i option to run an interactive assessment. Use the **sudo** command as the tool requires root ability.

```
student@single:~/Assessor$ sudo bash Assessor-CLI.sh
```



```
tudent@single:~/Assessor$ sudo bash Assessor-CLI.sh
   ,088888o.
                8888
                         d888886.
                                             ,o88888o.
                                                                   8.
                                                                         8888888888888
 8888
           88.
                8888
                         8888: ' '88.
                                            8888
                                                     `88.
                                                                  .88.
                                                                               8888
                                          ,88888
             8. 8888
88888
                       8. 8888.
                                                       `8.
                                                                 .8888.
                                                                               8888
                                  Y8
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                                                                               8888
                8888
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                        8.
                           `8888.
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            .8' 8888 8ь
                           `8.`8888.
                                           88888
                                                                               8888
 8888
                8888
                            ;8. `8888
                                            8888
                                                     ,881 .88888888. 88888.
                                                                               8888
                       8b.
    88888P'
                8888
                        Y8888P ,88P'
                                              1488888
                                                         .81
                                                                               8888
         Welcome to CIS-CAT Pro Assessor; built on 08/22/2024 15:10 PM
 This is the Center for Internet Security Configuration Assessment Tool, v4.45.0
          At any time during the selection process, enter 'q!' to exit.
Verifying application
```

Figure 2.8: Assessor Help

9. Run the program again, this time pass the -i option. When the Select Content prompt appears enter the number 6, to assess Ubuntu.

student@single:~/Assessor\$ sudo bash Assessor-CLI.sh -i

```
Verifying application

Attempting to load the default sessions.properties, bundled with the application.

Loading Benchmarks/Data-Stream Collections

Available Benchmarks/Data-Stream Collections:

1. CIS Controls Assessment Module - Implementation Group 1 for Windows 10 v1.0.3

2. CIS Controls Assessment Module - Implementation Group 1 for Windows Server v1.0.0

3. CIS Google Chrome Benchmark v2.1.0

4. CIS Microsoft Windows 10 Enterprise Benchmark v2.0.0

5. CIS Microsoft Windows 10 Stand-alone Benchmark v2.0.0

6. CIS Microsoft Windows 11 Enterprise Benchmark v2.0.0

7. CIS Ubuntu Linux 20.04 LTS Benchmark v2.0.1

> Select Content # (max 7): 7 #<--- Enter 7 here
```

10. You should then see options about what level of testing you want to do. Chose option 1. There will be a lot of output following. Take a moment to scan through the hundreds of tests. Some will pass, some will fail. At the end of the output you should see total assessment time and a location for the HTML report.

```
Selected 'CIS Ubuntu Linux 20.04 LTS Benchmark'

Assessment File CIS_Ubuntu_Linux_20.04_LTS_Benchmark_v2.0.1-xccdf.xml has a valid Signature Profiles:

1. Level 1 - Server

2. Level 2 - Server

3. Level 1 - Workstation

4. Level 2 - Workstation

> Select Profile # (max 4): 1 #<<-- Enter 1 here.

Selected Profile 'Level 1 - Server'

Obtaining session connection --> Local Connection established.
Selected Checklist 'CIS Ubuntu Linux 20.04 LTS Benchmark'
```

```
Selected Profile 'Level 1 - Server'
Starting Assessment
          ----- ASSESSMENT TARGET ------
      Hostname: single
       OS Name: linux
    OS Version: 5.15.0-1028-gcp
OS Architecture: x86_64
<output_omitted>
Ending Assessment - Date & Time: 09-25-2024 10:08:27
Total Assessment Time: 27 seconds
- Generating Asset Reporting Format.
  - Generating Report Request.
- Generating Data-Stream Collection.
- Data-Stream Collection Generated.
  - Collecting Checklist Results.
  - Combining Results.
  - Saving Results.
- Asset Reporting Format Generated.
 ***** Writing Assessment Results *****
 - Reports saving to /home/student/Assessor/reports
 -- cp-1-CIS_Ubuntu_Linux_20.04_LTS_Benchmark-20230208T110505Z.html
Assessment Complete for Checklist: CIS Ubuntu Linux 20.04 LTS Benchmark
Disconnecting Session.
Finished Assessment 1/1
Exiting; Exit Code: 0
```

11. Copy the listed HTML file to your local machine using **scp**, **sftp**, or some other tool. Your information will be different, such as the IP, hostname, and filename. Copy the path from the Results output. Use a local browser to examine the file. The example below is split to fit on the page, your path would be continuous.

```
local$ scp -i LF-Class.pem student@35.193.19.105:/home/student/Assessor/reports/\
cp-1-CIS_Ubuntu_Linux_20.04_LTS_Benchmark-20231208T110505Z.html ~
local$ firefox cp-1-CIS_Ubuntu_Linux_20.04_LTS_Benchmark-20231208T110505Z.html
```

12. Scroll through the document. The links will take you further into the document for details. Choose a failed test. Review the description, remediation, and the Assessment Evidence.





Figure 2.9: Assessor Help

Chapter 3

Preparing to Install



3.1 Labs

Exercise 3.1: Investigate Image Supply Chain

Planning should be done for the operating system, the Kubernetes software, and the images which will be deployed. Part of a process of approval will be using tools to scan images, prior to running in Kubernetes.

For each of these tools, investigate these questions:

- 1. Open source or closed?
- 2. If open source, does anyone offer support?
- 3. If closed, what is the pricing scheme?
- 4. If they have a **github** or **gitlab** repo, how active is the community? How many open issues exist, and how many of them are critical?
- Trow: https://trow.io/
- Prisma Cloud: https://www.paloaltonetworks.com/prisma/cloud
- NeuVector: https://neuvector.com/
- Clair: https://github.com/quay/clair
- Aqua: https://www.aquasec.com/ and Trivy: https://github.com/aquasecurity/trivy
- Notary: https://github.com/theupdateframework/notary

Exercise 3.2: Getting Started with Trivy

We can begin checking images before deploying Kubernetes by using **Trivy**. While there are many options and abilities of the tool, we will begin with installation and a basic check of a package with lots of issues, as well as a commonly used image, which we would hope has no issues.

1. Let us install trivy with help of a installation script:

student@single:~\$ sudo curl -sfL https://raw.githubusercontent.com/aquasecurity/trivy/main/contrib/install.sh \ | sudo sh -s -- -b /usr/local/bin v0.37.1

```
<output_omitted>
```

2. Test against a known flawed image. There will be quite a bit of output. Read through, noticing the red words like "critical" which indicate a serious issue. About 15 lines in you will find totals for issues. Note that we are checking the 1.2.3 version of the package and that there are several sections in the output.

student@single:~\$ trivy image knqyf263/vuln-image:1.2.3

```
2025-02-14T04:09:13.502Z
                                                       Need to update DB
 2025-02-14T04:09:13.502Z
19.36 MiB / 19.36 MiB [--
2025-02-14T04:09:17.915Z
                                                      Detecting vulnerabilities...
Detecting vulnerabilities...
Detecting vulnerabilities...
Detecting vulnerabilities...
 2025-02-14T04:09:17.921Z
                                        INFO
 2025-02-14T04:09:17.922Z
                                        TNFO
 2025-02-14T04:09:17.932Z
2025-02-14T04:09:17.932Z
                                                      version error (1.9.0.post1): malformed version: 1.9.0.post1 version error (1.9.0.post1): malformed version: 1.9.0.post1 Detecting vulnerabilities...
 2025-02-14T04:09:17.940Z
                                        WARN
2025-02-14T04:09:17.940Z
2025-02-14T04:09:17.940Z
2025-02-14T04:09:17.941Z
2025-02-14T04:09:17.942Z
                                        WARN
INFO
                                                       This OS version is no longer supported by the distribution: alpine 3.7.1
2025-02-14T04:09:17.942Z
                                        WARN
                                                      The vulnerability detection may be insufficient because security updates are not provided
Total: 76 (UNKNOWN: 0, LOW: 1, MEDIUM: 25, HIGH: 25, CRITICAL: 25)
                            | VULNERABILITY ID | SEVERITY | INSTALLED VERSION | FIXED VERSION |
                                                   | CRITICAL | 7.61.0-r0
                                                                                           | 7.61.1-r0 | curl: NTLM password overflow
     avd.aguasec.com/nvd/cve-2018-14618
                                                                                                              | via integer overflow
                                                                                           | 7.61.1-r1 | curl: Integer overflow leading
                              L CVE-2018-16839
                                                                                           1
                                                                                                              | to heap-based buffer overflow in
- 1
                                                                                           1
                                                                                                             | Curl_sasl_create_plain_message()
node-app/package-lock.json
 Total: 8 (UNKNOWN: 0, LOW: 1, MEDIUM: 4, HIGH: 2, CRITICAL: 1)
 | LIBRARY | VULNERABILITY ID | SEVERITY | INSTALLED VERSION | FIXED VERSION |
                                                                                                                                                             URI.
  | jquery | CVE-2019-11358
                                    MEDIUM
                                                 | 3.3.9
                                                                           3.4.0
                                                                                               | jquery: Prototype pollution in | avd.aquasec.com/nvd/cve-2019-11358
                                                                                               | object's prototype leading to
| denial of service, remote...
              CVE-2020-11022
                                                                                                                                       | avd.aquasec.com/nvd/cve-2020-11022
                                                                                               | scripting due to improper
| injQuery.htmlPrefilter method
```

3. Now check an often used package. Notice that there are 151 total issues with 25 high and one critical. Scan through the list to find the high and critical issues. Note that there are several sections within the output.

student@single:~\$ trivy image nginx

```
You should avoid using the :latest tag as it is cached. You need to specify '--clear-cache' option when :latest image is changed
                                           Detecting Debian vulnerabilities.
                               INFO
2025-02-14T04:09:56.981Z
                               INFO
                                           Trivy skips scanning programming language libraries because no supported file was detected
Total: 130 (UNKNOWN: 0, LOW: 89, MEDIUM: 22, HIGH: 18, CRITICAL: 1)
      I.TBRARY
                  | VULNERABILITY ID | SEVERITY | INSTALLED VERSION | FIXED VERSION
                                                                                                                                                             URI.
apt
                   | CVE-2011-3374
                                       | LOW
                                                  1.8.2.1
                                                                                                     | It was found that apt-key
    avd.aquasec.com/nvd/cve-2011-3374
                                                                                                     | in apt, all versions, do not
1
→
 <output_omitted>
```

4. Finally we will check a package without vulnerabilities.



student@single:~\$ trivy image alpine

```
2025-02-19704:27:17.992Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.992Z INFO Detecting Alpine vulnerabilities...
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-19704:27:17.993Z WARN This 0S version is not on the EOL list: alpine 3.17
2025-02-1970
```

Exercise 3.3: Consider Policy Based Control Organization

- 1. Determine what tools, if any, will be used to manage access policies.
- 2. Who will be responsible for maintaining the policy: devops, system admins, the security team, or some combination?
- 3. Will the default policy be mostly closed, or open?
- 4. What is the process to allow a new permission? Who has final say?
- 5. Who is responsible for removing abilities no longer needed? How often will they check?

Exercise 3.4: Investigate Open Policy Agent

Centralized tools may need to be configured prior to installing the cluster, such that they can fully integrate and prevent redoing configuration.

The **Open Policy Agent** is gaining maturity and may replace **Pod Security Policies**, though there are other options. We will deploy **OPA** after we install our cluster. Until then get a feel for working with it using the online play environment.

- 1. Use https://www.openpolicyagent.org/docs/latest/kubernetes-primer/ for examples and https://play.openpolicyagent.org/ to experiment with some basic rules.
- 2. On the left side of the Kubernetes primer page you can see information for **SSH**, **sudo**, and **Envoy**. Read through each as if you decide to deploy **OPA**, you should probably centralize as much as you can.
- Use the Kubernetes examples and create a rule which denies any image with latest image tag. Use the playground
 to evaluate and ensure the rule works as designed. Compare the REGO rules shown in the tool compared to the CRDs
 used by Gatekeeper shown in the chapter.

Exercise 3.5: Investigate Sandbox Tools

As the sandbox and more secure tools don't run with standard **kubeadm** installed clusters, you may want to investigate if you require one, and what cluster setup that tool requires.

Evaluate each tool using the same questions as above.

- 1. gVisor: https://github.com/google/gvisor
- 2. Kata: https://katacontainers.io/
- 3. Pouch: http://pouchcontainer.io/
- 4. Firecracker: https://github.com/firecracker-microvm/firecracker-containerd
- 5. UniK: https://github.com/solo-io/unik

Exercise 3.6: Leverage Secure Runtimes

Default **kubeadm** clusters do not yet easily deploy other secure runtimes like **gVisor** or **Kata**. Without these installed and properly configured you can still create the objects, but the pod will remain in pending state.



1. Install Kubernetes using containerd. Find and follow containerd-setup.txt, which is in the course tarball. (You can find directions to download and extract the tarball earlier in the course.) While you may be able to run it as a **bash** script, it may be of more value to copy and paste each line to see the differences between a typical **Docker** or **cri-o** setup. If you copy and paste, do it from the script, not a pdf file. The path may be different, use the one from the output of the **find** command, not copied from the book.

```
student@single:~$ find $HOME -name containerd-setup.txt

<some_long_path>/containerd-setup.txt
```

2. Generate a basic pod utilizing the nginx image and confirm the kernel version.

```
student@single:~$ kubectl run simple-pod --image nginx

pod/simple-pod created

student@single:~$ kubectl exec -it simple-pod -- uname -r

5.15.0-1062-gcp

student@single:~$ uname -r

5.15.0-1062-gcp
```

3. Now that we have a working cluster create the runtime to use runsc which is the setting to leverage gVisor:

```
student@single:~$ vim runtimeclass.yaml
```



runtimeclass.yaml

```
apiVersion: node.k8s.io/v1
kind: RuntimeClass
metadata:
name: gvisor
handler: runsc
```

4. Create a pod which uses the runtimeclass:

```
student@single:~$ vim gvisor-pod.yaml
```



gvisor-pod.yaml

```
apiVersion: v1
kind: Pod
metadata:
name: simple-gvisor
spec:
runtimeClassName: gvisor
containers:
- name: secure-nginx
mage: nginx
```

student@single:~\$ kubectl create -f runtimeclass.yaml

```
runtimeclass.node.k8s.io/gvisor created

student@single:~$ kubectl create -f gvisor-pod.yaml
```

```
pod/simple-gvisor created
```

5. Check the state of the pod.

student@single:~\$ kubectl get pod

```
NAME READY STATUS RESTARTS AGE simple-gvisor 1/1 Running 0 46s
```

6. Investigate the details of the pod with kubectl describe and get -o yaml.

student@single:~\$ kubectl describe pod simple-gvisor

```
Name: simple-gvisor
Namespace: default
Priority: 0
Node: single/10.128.0.44

<output_omitted>
```

7. Check and confirm the kernel version of the simple-gvisor pod

```
student@single:~$ kubectl exec -it simple-gvisor -- uname -r

4.4.0
```

- 8. Observe the difference in the kernel version compared to the previous step. gVisor intercepts application system calls and acts as the guest kernel, without the need for translation through virtualized hardware.
- 9. Remove the simple-gvisor pod as we will not be using it.



Please Note

You can shutdown or reset the single node. We will use two fresh nodes for the rest of the course.



Chapter 4

Installing the Cluster



4.1 Labs

Exercise 4.1: Overview and Preliminaries

We will create a two-node **Ubuntu 20.04** cluster. Using two nodes allows an understanding of some issues and configurations found in a production environment. The rest of the exercises will use node names **cp** and **worker**, your node names may be different. Currently 2 vCPU and 8G of memory allows for quick labs. Other Linux distributions should work in a similar manner, but have not been tested.



Very Important

Regardless of the platform used (VirtualBox, VMWare, AWS, GCE or even bare metal) please remember that security software like SELinux, AppArmor, and firewall configurations can prevent the labs from working. While not something to do in production consider disabling the firewall and security software.

GCE requires a new VPC to be created and a rule allowing all traffic to be included. The use of **wireshark** can be a helpful place to start with troubleshooting network and connectivity issues if you are unable to open all ports.

The **kubeadm** utility currently requires that swap be turned off on every node. The **swapoff -a** command will do this until the next reboot, with various methods to disable swap persistently. Cloud providers typically deploy instances with swap disabled.

Download shell scripts and YAML files

To assist with setting up your cluster please download the tarball of shell scripts and YAML files onto your exercise nodes. The k8scp.sh and k8sWorker.sh scripts deploy a Kubernetes cluster using **kubeadm** and use Project Calico for networking. Should the file not be found you can always use a browser to investigate the parent directory.

- \$ wget https://cm.lf.training/LFS260/LFS260_V2025-02-14_SOLUTIONS.tar.xz \
 --user=LFtraining --password=Penguin2014
- \$ tar -xvf LFS260_V2025-02-14_SOLUTIONS.tar.xz

(Note: depending on your software, if you are cutting and pasting the above instructions, the underscores may disap-

pear and be replaced by spaces, so you may have to edit the command line by hand!)

Typing out the commands is helpful to the learning process, and is encouraged. Use the included YAML files, as typing them out leads to frustration and does not add value. The labs are not written just for copy and paste. Use the included YAML files and type out the commands leveraging your shell recall features.

Exercise 4.2: Deploy a New Cluster

Deploy a Control Plane Node using Kubeadm

1. Log into your nodes using PuTTY or using SSH from a terminal window. Log in as a non-root user. The labs assume the user name is student. You can use a different account name as long as you remember that when looking at the prompt in the book. It may be a good idea to use different text or window colors as both nodes should be installed the same way. Upon logging into the node you should see something like this:

```
student@cp:~$
```

- 2. Use the **wget** command shown in the overview to download the course files tarball onto the control plane node, then extract the files using **tar**.
- 3. Review the script to install and begin the configuration of the control plane (cp) Kubernetes server. You may need to change the **find** command search directory for your home directory depending on how and where you downloaded the tarball of course files mentioned previously.

A **find** command is shown if you want to locate and copy to the current directory instead of creating the file. Mark the command for reference as it may not be shown for future commands.

```
student@cp:~$ find $HOME -name <YAML File>
student@cp:~$ cp LFS260/<Some Path>/<YAML File> .
```

```
student@cp:~$ find $HOME -name k8scp.sh
```

 ${\tt student@cp:~\$ more LFS260/SOLUTIONS/s_04/k8scp.sh}$

SH

LFS260/SOLUTIONS/s_04/k8scp.sh

```
#!/bin/bash
....

## TxS 09-2024

## v1.32.1 CKA/CKAD/CKS

echo "This script is written to work with Ubuntu 20.04"

sleep 3

echo
echo "Disable swap until next reboot"
echo
sudo swapoff -a

echo "Update the local node"
sudo apt-get update && sudo apt-get upgrade -y
echo
echo "Install kubeadm, kubelet, and kubectl"
sleep 3
```



```
<output_omitted>
```

4. Run the script as an argument to the **bash** shell. You will need the kubeadm join command (shown near the end of the output) when you add the worker/minion node in a future step. Use the **tee** utility to save the output of the script, in case you cannot scroll back to find the kubeadm join in the script output. Please note the following is one command and then its output.

Using **Ubuntu 20.04** you will be asked questions during the installation. Allow restarts and use the local, installed software if asked during the update (usually option 2.)

Copy files to your home directory first:

```
student@cp:~$ cp LFS260/SOLUTIONS/s_04/k8scp.sh .
student@cp:~$ bash k8scp.sh | tee $HOME/cp.out
```

```
<output_omitted>
Your Kubernetes cp has initialized successfully!
     To start using your cluster, you need to run the
     following as a regular user:
 mkdir -p $HOME/.kube
  sudo cp -i /etc/kubernetes/admin.conf $HOME/.kube/config
  sudo chown $(id -u):$(id -g) $HOME/.kube/config
     You should now deploy a pod network to the cluster.
     Run \verb?kubectl apply -f [podnetwork].yaml? with one
     of the options listed at:
     https://kubernetes.io/docs/concepts/cluster-administration/addons/
     You can now join any number of machines by running the
     following on each node as root:
  kubeadm join 10.128.0.3:6443 --token 69rdjq.2x2012j9ncexy37b
  --discovery-token-ca-cert-hash
sha256:72143e996ef78301191b9a42184124416aebcf0c7f363adf9208f9fa599079bd
<output_omitted>
NAME STATUS ROLES
                                     AGE VERSION
                control-plane,cp 48s
      Ready
                                             v1.32.1
ср
Script finished. Move to the next step
```

Deploy a Minion Node

5. Open a separate terminal into your second node. Having both terminal sessions allows you to monitor the status of the cluster while adding the second node. Change the color or other characteristic of the second terminal to make it visually distinct from the first. This will keep you from running commands on the incorrect instance, which probably won't work. Use the previous wget command to download the tarball to the second node. Extract the files with tar as before. Find and copy k8sWorker.sh to student's home directory, then view it. You should see the same early steps as on the cp system.



student@worker:~\$ more k8sWorker.sh

```
k8sWorker.sh
SH
    #!/bin/bash -x
    ## TxS 09-2024
    ## CKA/CKAD/CKS for 1.32.1
    ##
    echo " This script is written to work with Ubuntu 20.04"
    echo
    sleep 3
    echo " Disable swap until next reboot"
    echo
    sudo swapoff -a
    echo " Update the local node"
    sudo apt-get update && sudo apt-get upgrade -y
    echo
    sleep 2
    echo " Install and configure Containerd"
    sleep 2
    . . . .
```

6. Run the script on the **second node**. Again, please note you may have questions during the update. Allow daemons to restart and use the local installed version (usually option 2.)

```
student@worker:~$ bash k8sWorker.sh | tee $HOME/worker.out

<output_omitted>
```

7. When the script is done, the minion node is ready to join the cluster. The kubeadm join statement can be found near the end of the kubeadm init output on the cp node. It should also be in the file cp.out as well. Your nodes will use a different IP address and hashes than the example below. You will need to pre-pend **sudo** to run the script copied from the cp node. Also note that some non-**Linux** operating systems and tools insert extra characters when multi-line samples are copied and pasted. Copying one line at a time solves this issue.

```
student@worker:~$ sudo kubeadm join --token 118c3e.83b49999dc5dc034 \
10.128.0.3:6443 --discovery-token-ca-cert-hash \
sha256:40aa946e3f53e38271bae24723866f56c86d77efb49aedeb8a70cc189bfe2e1d

<
```

Exercise 4.3: Configure the Cluster

1. Use a configuration script to install a text editor. While the lab uses **vim**, any text editor such as **emacs** or **nano** will work. Be aware that Windows editors may have issues with special characters.

Take a look at the script, to see other configuration steps. You can use **find** to locate the script; your location may be different. You can then copy, paste and execute the script. You may need to make the script executable with chmod + x, depending on how you extracted the file.

```
student@cp:~$ find $HOME -name setupscript.sh
```

 $/home/student/LFS260/SOLUTIONS/s_04/setupscript.sh$



student@cp:~\$ /home/student/LFS260/SOLUTIONS/s_04/setupscript.sh

```
<response_omitted>
```

2. By default the cp node will not allow general containers to be deployed **for security reasons**, This is done via a taint by **kubeadm**.

This is not typically done in a production environment for security and resource contention reasons. The following command will remove the taint from all nodes, so you should see one success and one not found error. The worker/minion node does not have the taint to begin with. Note the **minus sign** at the end of the command, which removes the preceding value.

student@cp:~\$ kubectl describe nodes | grep -i Taint

```
Taints: node-role.kubernetes.io/control-plane:NoSchedule
Taints: <node>
```

student@cp:~\$ kubectl taint nodes --all node-role.kubernetes.io/control-plane:NoSchedule-

```
node/cp untainted
taint "node-role.kubernetes.io/control-plane:" not found
```

3. Check that both nodes are without a Taint. If they both are without taint the nodes should now show as Ready. It may take a minute or two for all pods to enter Ready state.

```
student@cp:~$ kubectl describe nodes | grep -i taint
```

```
Taints: <none>
Taints: <none>
```

student@cp:~\$ kubectl get nodes

```
NAME STATUS ROLES AGE VERSION

cp Ready control-plane 10m v1.32.1

worker Ready <none> 2m13s v1.32.1
```

Exercise 4.4: Using the kube-bench tool

Now that we have a cluster and have already viewed the CIS Benchmark in a previous chapter, you can also use the **kube-bench** tool from Aquasecurity which shows a text output of the issues followed by commands to run. This may allow an easier path to keeping your environment secure.

 Download the Aquasecurity kube-bench binary. The original URL is so long the command is being split. There is no need to include the backslashes if running as a single command. You can also navigate to github.com/aquasecurity/ kube-bench/releases to find newer or other architecture versions.

```
student@cp:~$ curl -L \
https://github.com/aquasecurity/kube-bench/releases/download/v0.6.14/kube-bench_0.6.14_linux_amd64.deb \
-o kube-bench_0.6.14_linux_amd64.deb
```

```
% Total % Received % Xferd Average Speed Time Time Time Current

Dload Upload Total Spent Left Speed

100 656 100 656 0 0 2699 0 --:--:-- --:--- 2699

100 6473k 100 6473k 0 0 8246k 0 --:--:-- --:-- 11.9M
```

2. Install and verify the binary is in your search path.

```
student@cp:~$ sudo apt install ./kube-bench_0.6.14_linux_amd64.deb
   <output_omitted>
student@cp:~$ which kube-bench
   /usr/local/bin/kube-bench
```

3. Use sudo to run the kube-bench command and expect quite a bit of output. There may be differences from the output below as the software is dynamic.

student@cp:~\$ sudo kube-bench

```
[INFO] 1 Master Node Security Configuration
[INFO] 1.1 Master Node Configuration Files
[PASS] 1.1.1 Ensure that the API server pod specification file permissions are set to 644 or ....
[PASS] 1.1.2 Ensure that the API server pod specification file ownership is set to root:root ....
[PASS] 1.1.3 Ensure that the controller manager pod specification file permissions are set to....
<output_ommitted>
== Remediations ==
1.1.9 Run the below command (based on the file location on your system) on the cp node.
For example,
chmod 644 <path/to/cni/files>
1.1.10 Run the below command (based on the file location on your system) on the cp node.
For example,
chown root:root <path/to/cni/files>
<output_omitted>
== Summary policies ==
0 checks PASS
0 checks FAIL
24 checks WARN
0 checks INFO
== Summary total ==
69 checks PASS
12 checks FAIL
41 checks WARN
0 checks INFO
```

4. Compare the results with what you saw with the official CIS benchmark PDF we looked at in a previous exercise. They should be very similar to each other.

Exercise 4.5: Deploy OPA Gatekeeper

We discussed using Open Policy Agent (OPA) in the preparation chapter, and will now deploy the tool inside of our cluster and ensure it works.

1. To keep track of the YAML files we will use create a new directory and then change directory into it.

```
student@cp:~$ mkdir gk
student@cp:~$ cd gk
```

2. We will be using a few YAML files included in the course tarball. Use **find** to locate and copy the files to the current directory. Read through each file before use and become familiar with their contents. The files are from https://github.com/open-policy-agent/gatekeeper.

Scan through then use the gatekeeper.yaml file to deploy **OPA**. You will get a warning about some depredations and upcoming changes in API version, you can safely ignore the warning at this time.

```
student@cp:~/gk$ more gatekeeper.yaml
```

```
<output_omitted>
```

student@cp:~/gk\$ kubectl create -f gatekeeper.yaml

```
namespace/gatekeeper-system unchanged
resourcequota/gatekeeper-critical-pods configured
customresourcedefinition.apiextensions.k8s.io/assign.mutations.gatekeeper.sh configured
customresourcedefinition.apiextensions.k8s.io/assignmetadata.mutations.gatekeeper.sh configured
customresourcedefinition.apiextensions.k8s.io/configs.config.gatekeeper.sh configured
customresourcedefinition.apiextensions.k8s.io/constraintpodstatuses.status.gatekeeper.sh

→ configured
....
```

3. Investigate the new namespace and ensure the pods are all running properly.

```
student@cp:~/gk$ kubectl get ns
```

```
NAME STATUS AGE
default Active 10m
gatekeeper-system Active 43s
kube-node-lease Active 10m
kube-public Active 10m
kube-system Active 10m
```

student@cp:~/gk\$ kubectl -n gatekeeper-system get pod

```
NAME
                                              READY
                                                     STATUS
                                                               RESTARTS
                                                                         AGE
gatekeeper-audit-54b5f86d57-k6qnf
                                              1/1
                                                      Running
                                                               0
gatekeeper-controller-manager-5b96bd668-cxvs8
                                             1/1
                                                      Running 0
                                                                          52s
gatekeeper-controller-manager-5b96bd668-fhv6g
                                            1/1
                                                      Running
                                                               0
                                                                          52s
gatekeeper-controller-manager-5b96bd668-hvkp8
                                                               0
                                                                          52s
                                              1/1
                                                      Running
```

4. Add a new template and constraint to only allow new namespaces which have a particular label. These YAML files are in the course tarball.

```
student@cp:~/gk$ kubectl create -f gk-ns-constraintTemplate.yaml
```

```
constrainttemplate.templates.gatekeeper.sh/k8srequiredlabels created
```

```
student@cp:~/gk$ kubectl create -f gk-ns-constraint.yaml
```

```
k8srequiredlabels.constraints.gatekeeper.sh/ns-require-label created
```



5. Test that the new constraint prevents new namespace creation if the namespace does not have the proper label.

```
student@cp:~/gk$ kubectl create ns nolabel
```

```
Error from server ([denied by ns-require-label] You must provide labels: {"gk-ns"}): admission webhook "validation.gatekeeper.sh" denied the request: [denied by ns-require-label] You must provide labels: {"gk-ns"}
```

6. Create a new namespace, this time with the required label of gk-ns.

```
student@cp:~/gk$ kubectl create -f newNS.yaml
```

```
namespace/haslabel created
```

student@cp:~/gk\$ kubectl get ns haslabel

```
NAME STATUS AGE
haslabel Active 46s
```

7. Add another template and constraint, this time limiting the source image repository.

```
student@cp:~/gk$ kubectl create -f gk-image-constraintTemplate.yaml
```

```
constrainttemplate.templates.gatekeeper.sh/k8srequiredregistry created
```

student@cp:~/gk\$ kubectl create -f gk-image-constraint.yaml

```
k8srequiredregistry.constraints.gatekeeper.sh/only-quay-images created
```

8. Now test creating two new deployments, one of which uses a Quay. io image.

```
student@cp:~/gk$ kubectl create deployment dockerhub --image=nginx
```

```
deployment.apps/dockerhub created
```

student@cp:~/gk\$ kubectl create deployment quay.io --image=quay.io/prometheus/prometheus

```
deployment.apps/quay.io created
```

9. Investigate the status of Pods, Deployments, and ReplicaSets. Note the error does not show for the Deployment, nor is there a pod with the error. The ReplicaSet shows the error.

```
student@cp:~/gk$ kubectl get pod
```

```
NAME READY STATUS RESTARTS AGE quay.io-fbc5b687d-8tlch 1/1 Running 0 30s
```

student@cp:~/gk\$ kubectl get deploy

NAME	READY	UP-TO-DATE	AVAILABLE	AGE
dockerhub	0/1	0	0	87s
quay.io	1/1	1	1	63s

student@cp:~/gk\$ kubectl describe deploy dockerhub

```
dockerhub
Name:
Namespace:
                        default
CreationTimestamp:
                      Tue, 02 Mar 2024 21:22:35 +0000
Labels:
                        app=dockerhub
Annotations:
                       deployment.kubernetes.io/revision: 1
Selector:
                        app=dockerhub
Replicas:
                        1 desired | 0 updated | 0 total | 0 available | 1 unavailable
<output_omitted>
Conditions:
                 Status Reason
 Type
 Progressing True NewReplicaSetCreated Available False MinimumReplicasUnavailable
 ReplicaFailure True FailedCreate
<output_omitted>
```

student@cp:~/gk\$ kubectl describe rs dockerhub-fccf5c68f

10. Now that we know Gatekeeper is working, let us recover resources on and remove Gatekeeper to ensure it doesn't prevent deploying other tools in the course.

```
student@cp:~/gk$ kubectl delete deploy dockerhub quay.io
student@cp:~/gk$ kubectl delete ns haslabel
student@cp:~/gk$ kubectl delete -f gatekeeper.yaml

<outputs_omitted>
```

11. Test that you can create a namespace without a label and a deployment from any registry. Then remove the new resources.



Chapter 5

Securing the kube-apiserver



5.1 Labs

☑ Exercise 5.1: Limiting Users with RBAC

1. Create a new role, limitone, which allows users to get, watch, and delete pods and secrets in the prod-a namespace:

student@cp:~\$ vim limitonerole.yaml

```
limitonerole.yaml

apiVersion: rbac.authorization.k8s.io/v1
kind: Role
metadata:
namespace: prod-a
name: limitone
rules:
- apiGroups: [""] # "" indicates the core API group
resources: ["pods"]
verbs: ["get", "watch", "delete"]
```

2. Add the new role leveraging the **kubectl auth reconcile** command. Then verify the role has been created:

student@cp:~\$ kubectl auth reconcile -f limitonerole.yaml

```
role.rbac.authorization.k8s.io/limitone reconciled
reconciliation required create
missing rules added:
{Verbs:[get watch delete] APIGroups:[] Resources:[pods] ResourceNames:[]
NonResourceURLs:[]}
```

student@cp:~\$ kubectl -n prod-a get role

```
NAME CREATED AT limitone 2024-09-03T06:42:30Z
```

3. Bind the role to the user paul in the same namespace:

student@cp:~\$ vim limitonebind.yaml



limitonebind.yaml

```
apiVersion: rbac.authorization.k8s.io/v1
kind: RoleBinding
metadata:
name: manage-pods
namespace: prod-a
subjects:
r - kind: User
name: paul
apiGroup: rbac.authorization.k8s.io
roleRef:
kind: Role
name: limitone
apiGroup: rbac.authorization.k8s.io
```

4. Add the rolebinding again using the **kubectl auth reconcile** command. Then test that it has been properly added:

```
student@cp:~$ kubectl auth reconcile -f limitonebind.yaml
```

```
rolebinding.rbac.authorization.k8s.io/manage-pods reconciled
reconciliation required create
missing subjects added:
{Kind:User APIGroup:rbac.authorization.k8s.io Name:paul Namespace:}
```

student@cp:~\$ kubectl -n prod-a get rolebindings.rbac.authorization.k8s.io

```
NAME ROLE AGE
manage-pods Role/limitone 26s
```

5. Create another role without the ability to delete and bind it to the user dan in the dev-ns namespace. See how quickly you can do it, perhaps using bookmarked YAML files from kubernetes.io/doc.

Exercise 5.2: Service Accounts

Just as we have allowed certain permissions for users, we often need to grant privileges to containers running inside of a pod, for which we use **Service Accounts**. This time we will create the objects in the prod-b namespace:

1. Create a simple pod which allows shell access:

```
student@cp:~$ vim simplepod.yaml
```



simplepod.yaml

```
apiVersion: v1
kind: Pod
```





```
metadata:

name: simple-pod

namespace: prod-b

spec:

containers:

name: simple

image: nginx
```

2. Create and verify the pod is running in the proper namespace:

```
student@cp:~$ kubectl create -f simplepod.yaml
```

```
pod/simple-pod created
```

student@cp:~\$ kubectl -n prod-b get pod

```
NAME READY STATUS RESTARTS AGE simple-pod 1/1 Running 0 45s
```

3. View the current service account for the newly created pod, and where the information is kept inside the pod. We will need the directory later, when we use the included token.

```
student@cp:~$ kubectl -n prod-b get pod simple-pod -o yaml | grep service
```

```
- mountPath: /var/run/secrets/kubernetes.io/serviceaccount
serviceAccount: default
serviceAccountName: default
```

4. Make a call to the API server and observe the results. Log into the container and query the API server, which should return an error. You should find the IP address of your API server before logging into the container, as it may be different than the one in the example below.

```
student@cp:~$ kubectl -n prod-b exec -it simple-pod -- bash
```



On Container

(a) Use **curl** to check the v1 API on the server. You can either find and pass the IP of the cp server and port 6443 or leverage the DNS name kubernetes.default and port 443.

```
root@simple-pod:/# curl https://kubernetes.default:443/api/v1 --insecure
```





```
{
    "kind": "Status",
    "apiVersion": "v1",
    "metadata": {
    },
    "status": "Failure",
    "message": "forbidden: User \"system:anonymous\" cannot get path \"/api/v1\"",
    "reason": "Forbidden",
    "details": {
    },
    "code": 403
```

(b) View the secret provided files mounted in the service account directory:

root@simple-pod:/# ls /var/run/secrets/kubernetes.io/serviceaccount

```
ca.crt namespace token
```

(c) Use the token file to query the API server again. Set the TOKEN variable first, then pass the variable in the header of the **curl** command. You can put the command on one line with the backslash.

```
root@simple-pod:/# export TOKEN=$(cat /run/secrets/kubernetes.io/serviceaccount/token)
```

root@simple-pod:/# curl -H "Authorization: Bearer \$TOKEN" \
https://kubernetes.default:443/api/v1 --insecure

```
{
    "kind": "APIResourceList",
    "groupVersion": "v1",
    "resources": [
        {
            "name": "bindings",
            "singularName": "",
            "namespaced": true,
            "kind": "Binding",
        <output_omitted>
```

(d) Now try to view pods first in the default namespace and next in the prod-b namespace. Both should fail, at the moment. Remember you can use up-arrow and edit the previous command.

```
root@simple-pod:/# curl -H "Authorization: Bearer $TOKEN" \
  https://kubernetes.default:443/api/v1/namespaces/default/pods/ --insecure
```





5. View all service accounts in the prod-b namespace, then at the YAML, to make it easier to create a new one. If you decide to write the output to a file remember to edit the namespace to avoid overwriting the service account and causing yourself a headache.

```
student@cp:~$ kubectl -n prod-b get sa
```

```
NAME SECRETS AGE
default 0 20h
```

student@cp:~\$ kubectl -n prod-b get sa default -o yaml

```
apiVersion: v1
kind: ServiceAccount
metadata:
    creationTimestamp: "2024-9-02T07:26:07Z"
    name: default
    namespace: prod-b
    resourceVersion: "3559"
    uid: 4936be35-8df2-4c19-a4c9-7bcbf0fa24e2
```

6. Create a new service account called simple-sa, then add it to the cluster.

```
student@cp:~$ vim prodbSA.yaml
```



prodbSA.yaml

```
apiVersion: v1
kind: ServiceAccount
metadata:
name: simple-sa
namespace: prod-b
secrets:
```

student@cp:~\$ kubectl create -f prodbSA.yaml

```
serviceaccount/simple-sa created
```



7. Create a role which we can bind to the new service account. In this case we will use the list verb only.

```
student@cp:~$ vim SArole.yaml
```



SArole.yaml

```
apiVersion: rbac.authorization.k8s.io/v1
kind: Role
metadata:
namespace: prod-b
name: sa-role
rules:
- apiGroups: [""]
resources: ["pods"]
verbs: ["list"]
```

student@cp:~\$ kubectl create -f SArole.yaml

```
role.rbac.authorization.k8s.io/sa-role created
```

8. Bind the new role to the service account.

```
student@cp:~$ vim SArolebind.yaml
```



SArolebind.yaml

```
apiVersion: rbac.authorization.k8s.io/v1
2 kind: RoleBinding
3 metadata:
   name: sa-role-bind
    namespace: prod-b
6 subjects:
  - kind: ServiceAccount
    name: simple-sa
    namespace: prod-b
10 roleRef:
    kind: Role
11
12
    name: sa-role
13
     apiGroup: rbac.authorization.k8s.io
14
```

student@cp:~\$ kubectl create -f SArolebind.yaml

```
rolebinding.rbac.authorization.k8s.io/sa-role-bind created
```

9. Add the service account to the pod. Edit the yaml and recreate the pod.

```
student@cp:~$ vim simplepod.yaml
```

```
ML....

2 namespace: prod-b

3 spec:
```



```
serviceAccountName: simple-sa #<<-- Add this line
containers:
- name: simple
- ....
- s
```

student@cp:~\$ kubectl delete -f simplepod.yaml ; kubectl create -f simplepod.yaml

```
pod "simple-pod" deleted
pod/simple-pod created
```

10. Log into the container and test the new permissions. As before check the default namespace, then the prod-b namespace. This time you should be able to view pods in prod-b.

student@cp:~\$ kubectl -n prod-b exec -it simple-pod -- bash



On Container

(a) Set the TOKEN value and try to view the pods inside the default namespace. Remember to edit the IP of the server to match your IP.

```
root@simple-pod:/# export TOKEN=$(cat /run/secrets/kubernetes.io/serviceaccount/token)
root@simple-pod:/# curl -H "Authorization: Bearer $TOKEN" \
   https://10.96.0.1:443/api/v1/namespaces/default/pods/ --insecure

....
   "status": "Failure",
   "message": "pods is forbidden: User \"system:serviceaccount:prod-b:simple-sa\" cannot
   list resource \"pods\" in API group \"\" in the namespace \"default\"",
   ....
```

(b) Now view pods in the prod-b namespace. You should see at least simple-pod.

```
root@simple-pod:/# curl -H "Authorization: Bearer $TOKEN" \
  https://10.96.0.1:443/api/v1/namespaces/prod-b/pods/ --insecure
```

(c) If you were able to see pods then exit out of the container.

```
root@simple-pod:/# exit
```



11. Delete the pod to reclaim resources.

```
student@cp:~$ kubectl -n prod-b delete pod simple-pod

pod "simple-pod" deleted
```

Exercise 5.3: Researching Pod Security Admission

In this lab we will learn about some of the many things that can be controlled via Pod Security Admission. Use online resources to find the answers to the following items. Solutions to each follow in the Solutions section to check your work.

- 1. Which predefined Pod Security Standard levels would I use to limit pods using hostPath to a directory, such as /data and all subdirectories?
- 2. Which policy and what YAML stanza with CAP_????? would be used if you want to allow a pod from fully controlling the node's networking?
- 3. If a developer requires known unsafe sysctls, such as what high-performance computing may require, what yaml would you need to put into the pod spec to allow it?

Solution 5.3

- 1. AllowedHostPaths
- 2. AllowedCapabilities policy with:

```
SecurityContext:

2 capabilities:

3 add: ["NET_ADMIN"]

4
```

3. Pod spec would include:

```
ML allowedUnsafeSysctls:

2 - kernel.msg*
```

Exercise 5.4: Enable Pod Security Admission

1. Pod Security Policy was deprecated and is unavailable in v1.25 onwards. We will use the Kubernetes Pod Security Standards which define different isolation levels for Pods. These standards let you define how you want to restrict the behavior of pods in a clear, consistent fashion

```
student@cp:~$ kubectl get ns
```

```
NAME
                   STATUS
                                  AGE
default
                   Active
                                  2d4h
dev-ns
                   Active
                                  2d4h
kube-node-lease
                   Active
                                  2d4h
kube-public
                                  2d4h
                   Active
kube-system
                   Active
                                  2d4h
                   Active
prod-a
                                  2d4h
                   Active
                                  2d4h
prod-b
```



2. Let us enable Pod Security standards with help of namespace labels. Before we enable them, lets dry-run to verify if there will be any conflict with existing pods

student@cp:~\$ kubectl label --dry-run=server ns --all pod-security.kubernetes.io/enforce=baseline

```
namespace/default not labeled (server dry run)
namespace/kube-node-lease labeled (server dry run)
namespace/kube-node-lease labeled (server dry run)
namespace/kube-public labeled (server dry run)
Warning: existing pods in namespace "kube-system" violate the new PodSecurity enforce level

□ "baseline:latest"
Warning: etcd-cp-1 (and 3 other pods): host namespaces, hostPath volumes
namespace/kube-system labeled (server dry run)
namespace/prod not labeled (server dry run)
namespace/prod-a labeled (server dry run)
namespace/prod-b labeled (server dry run)
```

3. Let us enforce restricted pod security profile on the prod-a namespace by applying the label to the namespace

```
student@cp:~$ kubectl label --overwrite ns prod-a pod-security.kubernetes.io/enforce=restricted
```

```
namespace/prod-a labeled
```

4. Create a new database pod running mariadb.

```
student@cp:~$ kubectl run --image=mariadb db-one --port=3306 --env="MYSQL_ROOT_PASSWORD=LFtr@in" -n prod-a
```

```
Error from server (Forbidden): pods "db-one" is forbidden: violates PodSecurity

"restricted:latest": allowPrivilegeEscalation != false (container "db-one" must set

securityContext.allowPrivilegeEscalation=false), unrestricted capabilities (container "db-one"

must set securityContext.capabilities.drop=["ALL"]), runAsNonRoot != true (pod or container

"db-one" must set securityContext.runAsNonRoot=true), seccompProfile (pod or container

"db-one" must set securityContext.seccompProfile.type to "RuntimeDefault" or "Localhost")
```

5. Let us enable the baseline pod security profile on the prod-b namespace

```
student@cp:~$ kubectl label --overwrite ns prod-b pod-security.kubernetes.io/enforce=baseline
```

```
namespace/prod-b labeled
```

6. Let us create a pod in the namespace where baseline pod security profile has been enabled

```
student@cp:~$ kubectl run --image=mariadb db-one --port=3306 --env="MYSQL_ROOT_PASSWORD=LFtr@in" -n prod-b

pod/db-one created
```

7. Let us remove the Labels from the namespaces

```
student@cp:~$ kubectl label ns prod-a prod-b pod-security.kubernetes.io/enforce-
```

Challenge Step: Use what you have learned about pod security admission profiles and use on different security contexts.

Exercise 5.5: Enabling API Server Auditing



1. Create a simple policy file for auditing which collects all messages of metadata level.

```
student@cp:~$ sudo vim /etc/kubernetes/simple-policy.yaml
```

```
apiVersion: audit.k8s.io/v1
kind: Policy
rules:
- level: Metadata
```

2. Edit the manifest file for kube-apiserver and add three sections. One section to declare the audit policy and audit log location. We will follow with convention and put the entries in alphabetical order. The next section will add mountPath: for both, and the third section will be two hostPath: stanzas. Align the new stanzas with existing entries of the same type.

student@cp:~\$ sudo vim /etc/kubernetes/manifests/kube-apiserver.yaml

```
- command:
       - kube-apiserver
       - --advertise-address=10.128.0.61
4
       - --allow-privileged=true
       - --audit-log-maxage=7
                                                                    #<-- Retain age in days
6
                                                                    #<-- Max number to retain
       - --audit-log-maxbackup=2
                                                                    #<-- Meg size when to rotate
       - --audit-log-maxsize=50
       - --audit-log-path=/var/log/audit.log
                                                                    #<-- Where to log
9
       - --audit-policy-file=/etc/kubernetes/simple-policy.yaml #<-- Audit policy file
10
       - --authorization-mode=Node, RBAC
11
       - --client-ca-file=/etc/kubernetes/pki/ca.crt
12
13
14 ....
15
16 volumeMounts:
    - mountPath: /etc/kubernetes/simple-policy.yaml #<-- Use same file names here
17
      name: audit
18
      readOnly: true
19
     - mountPath: /var/log/audit.log
                                                        #<-- And here
20
       name: audit-log
21
       readOnly: false
22
23
24
   . . . .
25
   - hostPath:
                                                       #<-- Add these eight lines
26
       path: /etc/kubernetes/simple-policy.yaml
27
28
       type: File
     name: audit
   - hostPath:
30
       path: /var/log/audit.log
31
       type: FileOrCreate
32
     name: audit-log
33
34
```

3. As soon as the edit is made to the file **kubelet** will restart the pod with new values. As it is restarting the kube-apiserver the **kubectl** command won't properly function. If you wait for a minute and the pod is still not running then perhaps you have a typo or a missing component. Use the **crictl** command to see if the container is running. If not running check the yaml files for typos.

You can also look at the container logs, which may indicate the error.



student@cp:~\$ sudo crictl ps |grep apiserver

```
800f047e147a 1b74e93ece2f "kube-apiserver --ad..." About a minute ago Up About a

in minute\
k8s_kube-apiserver_kube-apiserver-cp_kube-system_ad21eb0ae9148bfb17931da01d10663a_0
ed8775f64ff8 k8s.gcr.io/pause:3.2 "/pause" About a minute ago Up About a

in minute\
k8s_POD_kube-apiserver-cp_kube-system_ad21eb0ae9148bfb17931da01d10663a_0
```

If you cannot tell why the container is not starting, also look if there is a log.

student@cp:~\$ sudo cat /var/log/containers/kube-apiserver-cp-<YOUR-CONTAINER-NAME>

4. Use the **tail -f** command to view the ongoing messages in the audit file we set, /var/log/audit.log. Use the **ctrl-c** to end the tail, which will be rather verbose.

student@cp:~\$ tail -f /var/log/audit.log

```
{"kind": "Event", "apiVersion": "audit.k8s.io/v1", "level": "Metadata", "auditID":
"54bdc490-366d-44c8-bc33-a5ad92bb1e72", "stage": "ResponseComplete", "requestURI":
"503bae91-4679-4bda-9050-79ccc1550cf9", "groups": ["system:serviceaccounts", "system:
serviceaccounts:kube-system","system:authenticated"]},"sourceIPs":
["192.168.219.65"], "userAgent": "Go-http-client/2.0", "objectRef": {"resource":
"v1"}, "responseStatus": { "metadata": {}, "code": 200}, "requestReceivedTimestamp":
"2024-09-22T20:25:57.507036Z", "stageTimestamp": "2024-09-22T20:25:57.510191Z", "annotations":
{"authentication.k8s.io/legacy-token": "system: serviceaccount: kube-system:
kube-system\""}}
{"kind": "Event", "apiVersion": "audit.k8s.io/v1", "level": "Metadata", "auditID":
"7832f6ac-3dab-48d2-bc0e-ee08cd2d7d36", "stage": "RequestReceived", "requestURI":
"/healthz?timeout=32s","verb":"get","user":{"username":"system:serviceaccount:
["system:serviceaccounts", "system:serviceaccounts:kube-system", "system:
authenticated"]}, "sourceIPs":["192.168.219.65"], "userAgent": "kube-controllers/v0.0.0
(linux/amd64) kubernetes/$Format", "requestReceivedTimestamp": "2024-09-22T20:25:
57.511648Z", "stageTimestamp": "2024-09-22T20:25:57.511648Z", "annotations":
{"authentication.k8s.io/legacy-token": "system: serviceaccount: kube-system:
<output_omitted>
```

5. This file will get big fast, and planning should be made for the storage. Take a look at how big the file is in this short time, almost 2M over seconds in the example below.

```
student@cp:~$ ls -lh /var/log/audit.log
```

```
-rw-r--r-- 1 root root 1.7M Sep 22 20:29 /var/log/audit.log
```

6. To temporarily stop auditing, edit the manifest file again and comment out the audit-policy line. After that audit file should no longer get larger.

student@cp:~\$ sudo vim /etc/kubernetes/manifests/kube-apiserver.yaml

```
- --allow-privileged=true

# - --audit-policy-file=/etc/kubernetes/simple-policy.yaml #<-- Comment this line

- --audit-log-path=/var/log/audit.log
```

7. Verify that the size and the modify line of the audit file does not change. You can also run **tail -f** again and note that no new events are logged.

```
student@cp:~$ ls -l /var/log/audit.log
```



```
-rw-r--r-- 1 root root 15698868 Sep 22 20:33 /var/log/audit.log
```

8. Create a new Audit policy file, this time with more complex settings.

student@cp:~\$ sudo vim /etc/kubernetes/moderate-policy.yaml

```
apiVersion: audit.k8s.io/v1
2 kind: Policy
  omitStages:
     - "RequestReceived"
  rules:
     - level: RequestResponse
       resources:
       - group: ""
8
         resources: ["pods"]
9
     - level: Metadata
10
11
       resources:
       - group: ""
12
         resources: ["pods/log", "pods/status"]
13
     - level: Metadata
14
      userGroups: ["system:authenticated"]
15
      nonResourceURLs:
16
17
       - "/api*"
       - "/version"
18
     - level: Request
19
20
       resources:
       - group: ""
21
         resources: ["configmaps"]
22
       namespaces: ["kube-system"]
23
     - level: Metadata
24
25
       resources:
       - group: ""
26
         resources: ["secrets", "configmaps"]
27
       omitStages:
28
29
         - "RequestReceived"
30
```

9. Edit the apiserver configuration file again. This time uncomment and edit the line to point at the new moderate-policy.yaml file. Also edit the hostPath statement to include the new name as well.

student@cp:~\$ sudo vim /etc/kubernetes/manifests/kube-apiserver.yaml

```
- --allow-privileged=true
       - --audit-policy-file=/etc/kubernetes/moderate-policy.yaml #<- Edit this line
       - --audit-log-path=/var/log/audit.log
4
5
6
       volumeMounts:
7
       - mountPath: /etc/kubernetes/moderate-policy.yaml #<- Edit this line
8
        name: audit
9
10
     - name: audit
11
      hostPath:
12
        path: /etc/kubernetes/moderate-policy.yaml
                                                        #<- Edit this line
13
         type: File
14
```





Exercise 5.6: Encrypting Secrets

As secrets are base64 encoded, and not encrypted by default they may not be as secure as desired. In this lab we will configure the API server to encrypt the secrets.

1. Begin by verifying that secrets are only encoded, and not encrypted. Create a new secret with a key and string easy to find in the output.

```
student@cp:~$ kubectl create secret generic first -n default --from-literal=somekey=findme

secret/first created
```

2. Verify that you can view the secret, and know that the value saved is what was expected.

```
apiVersion: v1
data:
    somekey: ZmluZG1l  # Note the value is encoded
kind: Secret
metadata:
    creationTimestamp: "2024-09-11T18:45:27Z"
    managedFields:
    ....
```

3. Use base64 to check the encoded value of the secret we created, which should match the value returned by **kubectl** get secret. Note that as there is no newline in the output your next prompt will immediately follow the value.

```
student@cp:~$ echo 'ZmluZG11' | base64 --decode

findmestudent@cp:~$
```

4. Run a command inside the etcd container to view the secret. You may want to ensure the location of the pki files to copy and paste the long command. It is presented below with comments, the backslashes and comments do not need to be typed out. Look through the output to find the key and value of the secret, verify it is encoded or clear text.

```
student@cp:~$ sudo grep etcd /etc/kubernetes/manifests/kube-apiserver.yaml
student@cp:~$ sudo grep server /etc/kubernetes/manifests/etcd.yaml
```

```
- --etcd-cafile=/etc/kubernetes/pki/etcd/ca.crt
- --etcd-servers=https://127.0.0.1:2379

- --cert-file=/etc/kubernetes/pki/etcd/server.crt
- --key-file=/etc/kubernetes/pki/etcd/server.key
```



```
/registry/secrets/default/first
k8s

v1Secret

firstdefault"*$01619fd7-a850-47b7-adfb-bf3021f8fe072----z-b
kubectl-createUpdatev----FieldsV1:0
.{"f:data":{".":{},"f:somekey":{}},"f:type":{}}
somekeyfindme-Opaque-"
```

5. Generate a random key to use for encryption using **base64**. Your output will be different from the example below.

```
student@cp:~$ head -c 32 /dev/urandom | base64

EzqaiOSIGChGOwfOVdbkFtYPUM2EYf1TAAQbDrfizJQ=
```

6. Create an encryption configuration yaml file. Add the encoded string created in the previous command.

```
student@cp:~$ vim encryptionconfig.yaml
```



encryptionconfig.yaml

```
apiVersion: apiserver.config.k8s.io/v1
2 kind: EncryptionConfiguration
3 name: newsetup
4 resources:
     - resources:
       - secrets
6
       providers:
       - aescbc:
8
9
           keys:
           - name: firstkey
10
11
             secret: EzqaiOSIGChGOwfOVdbkFtYPUM2EYf1TAAQbDrfizJQ=
       - identity: {}
12
13
14
```

7. In order for the configuration file to be seen by the **kube-apiserver** container it must be in a directory mounted to the pod. While we could create a new volume, for now let's copy the file to a known and typically protected directory.

```
student@cp:~$ sudo cp encryptionconfig.yaml /etc/kubernetes/pki/
```

8. Edit the manifest file for kube-apiserver and add the --encryption-provider-config= option among the others.

```
student@cp:~$ sudo vim /etc/kubernetes/manifests/kube-apiserver.yaml
```

```
- --tls-cert-file=/etc/kubernetes/pki/apiserver.crt
- --tls-private-key-file=/etc/kubernetes/pki/apiserver.key
- --encryption-provider-config=/etc/kubernetes/pki/encryptionconfig.yaml #<--Add this
image: registry.k8s.io/kube-apiserver:v1.32.1
imagePullPolicy: IfNotPresent
....
```



9. When an edit to files in the manifests directory takes place the inotify event will cause kubelet to update the API server pod. Should there be a typo or other issue there will not be a server to reply to any APIs. If kubectl commands fail, find and view the log file. Typically errors near the bottom of the file indicated the issue. Use <TAB> for the long filename.

```
student@cp:~$ sudo ls /var/log/containers/kube-apiserver-*
```

```
/var/log/containers/kube-apiserver-cp_kube-system_kube-apiserver-\
a1b3f379b7929e2143aecda7533045d0776c7f22370c15993ed2a8d298f78dd8.log
```

```
student@cp:~$ sudo tail /var/log/containers/kube-apiserver-<TAB>
```

10. Create another secret named second and verify you can see it using **kubect!**. It may be easiest to leverage earlier commands and just edit the secret name.

```
student@cp:~$ kubectl create secret generic second -n default --from-literal=anotherkey=hidden
```

```
secret/second created
```

```
/registry/secrets/default/first
k8s

v1Secret-
-
first-default"*$01619fd7-a850-47b7-adfb-bf3021f8fe072----z-b
kubectl-createUpdate-v----FieldsV1:0
.{"f:data":{".":{}, "f:somekey":{}}, "f:type":{}}
somekeyfindme-Opaque-"
```

11. Now let us check to see how the data is kept inside the **etcd** database. Run the command from our previous check, but change out the last part to be second instead of first.

```
student@cp:~$ kubectl -n kube-system exec -it etcd-cp -- \
sh -c "ETCDCTL_API=3 ETCDCTL_CACERT=/etc/kubernetes/pki/etcd/ca.crt \
ETCDCTL_CERT=/etc/kubernetes/pki/etcd/server.crt \
ETCDCTL_KEY=/etc/kubernetes/pki/etcd/server.key etcdctl --endpoints=https://127.0.0.1:2379 \
get /registry/secrets/default/second"

/registry/secrets/default/second
<Several lines of odd and non-printable characters>
```

12. Check the first secret again inside of **etcd** database. It should be clear text as encryption happens when the secret is created.

```
student@cp:~$ kubectl -n kube-system exec -it etcd-cp -- \
sh -c "ETCDCTL_API=3 ETCDCTL_CACERT=/etc/kubernetes/pki/etcd/ca.crt \
ETCDCTL_CERT=/etc/kubernetes/pki/etcd/server.crt \
ETCDCTL_KEY=/etc/kubernetes/pki/etcd/server.key etcdctl --endpoints=https://127.0.0.1:2379 \
get /registry/secrets/default/first"

/registry/secrets/default/first
k8s
```



```
v1Secret
firstdefault"*$01619fd7-a850-47b7-adfb-bf3021f8fe072---z-b
kubectl-createUpdatev----FieldsV1:0
.{"f:data":{".":{},"f:somekey":{}},"f:type":{}}
somekeyfindme-Opaque-"
```

13. Re-write the all the secrets and verify first is encrypted, along with the rest.

```
student@cp:~$ kubectl get secrets --all-namespaces -o json | kubectl replace -f -
```

```
secret/first replaced
secret/second replaced
<output_omitted>
```

```
student@cp:~$ kubectl -n kube-system exec -it etcd-cp -- \
sh -c "ETCDCTL_API=3 ETCDCTL_CACERT=/etc/kubernetes/pki/etcd/ca.crt \
ETCDCTL_CERT=/etc/kubernetes/pki/etcd/server.crt \
ETCDCTL_KEY=/etc/kubernetes/pki/etcd/server.key etcdctl \
--endpoints=https://127.0.0.1:2379 get /registry/secrets/default/first"
```

```
/registry/secrets/default/first
<Several lines of odd and non-printable characters>
```

Chapter 6

Networking



6.1 Labs

Exercise 6.1: Implement Network Policy

In this exercise we will create three new pods and services in different namespaces, and then create policies to allow some traffic and block other traffic.

1. Find and apply the Please see SOLUTIONS/s_06/netpods.yaml script to create pods and services for the lab. You path to the file may be different, use the path returned by **find**

```
student@cp:~$ find $HOME -name netpods.yaml
```

 $/home/student/LFS260/SOLUTIONS/s_06/netpods.yaml$

student@cp:~\$ kubectl create -f /home/student/LFS260/SOLUTIONS/s_06/netpods.yaml

pod/devapp created pod/frontend created pod/backend created service/devapp created service/frontend created service/backend created

2. Take a look at all pods and services, and note that the newly created resources are spread across three namespaces. Excluding resources from kube-system namespace may be helpful.

student@cp:~\$ kubectl get pod,svc --all-namespaces |grep -v kube-system

NAMESPACE	NAME		READY	STATUS	RESTARTS	AGE	
dev-ns	pod/devapp		1/1	Running	0	159m	
prod-a	pod/frontend		1/1	Running	0	159m	
prod-b	pod/backend		1/1	Running	0	159m	
NAMESPACE	NAME	TYPE	CLUSTER-IP	EXT	ERNAL-IP	PORT(S)	AGE
default	service/kubernetes	ClusterIP	10.96.0.1	<nor< td=""><td>ne></td><td>443/TCP</td><td>9d</td></nor<>	ne>	443/TCP	9d

```
10.108.70.106
dev-ns
              service/devapp
                                   ClusterIP
                                                                <none>
                                                                              80/TCP,22/TCP 159m
prod-a
              service/frontend
                                   ClusterIP
                                               10.98.182.27
                                                                <none>
                                                                              80:30854/TCP
                                                                                             159m
              service/backend
                                   ClusterIP
                                               10.110.101.117
                                                                <none>
                                                                              80/TCP
                                                                                             159m
prod-b
```

3. On devapp install network utilities, and determine default access between pods in different namespaces.

```
student@cp:~$ kubectl -n dev-ns exec -it devapp -- bash
```



On Container

(a) Install some network testing software, in case you would like to further investigate network traffic between namespaces. The command is split, but could be run as a single command without the backslash.

```
root@devapp:/# apt-get update ; \
   DEBIAN_FRONTEND=noninteractive apt-get install iputils-ping ssh curl iproute2 -y

<output_omitted>
```

(b) Test access to the frontend pod in the prod-a namespace and backend pod in the prod-b. The output should be the same for both commands.

root@devapp:/# curl frontend.prod-a.svc.cluster.local

```
<!DOCTYPE html>
<html>
<head>
<title>Welcome to nginx!</title>
<style>
<output_omitted>
```

root@devapp:/# curl backend.prod-b.svc.cluster.local

(c) Test access to the outside world, using **ping** and any other commands you may like. Test **ping** to another pod via its service.

```
root@devapp:/# ping -c3 www.linux.com
```

```
ING www.linux.com (23.185.0.3) 56(84) bytes of data.
64 bytes from 23.185.0.3 (23.185.0.3): icmp_seq=1 ttl=54 time=11.3 ms
64 bytes from 23.185.0.3 (23.185.0.3): icmp_seq=2 ttl=54 time=11.2 ms
64 bytes from 23.185.0.3 (23.185.0.3): icmp_seq=3 ttl=54 time=11.8 ms
--- www.linux.com ping statistics ---
3 packets transmitted, 3 received, 0% packet loss, time 4ms
rtt min/avg/max/mdev = 11.241/11.459/11.809/0.278 ms
```

root@devapp:/# ping -c3 frontend.prod-a.svc.cluster.local

```
PING frontend.prod-a.svc.cluster.local (10.98.182.27) 56(84) bytes of data.

--- frontend.prod-a.svc.cluster.local ping statistics ---
3 packets transmitted, 0 received, 100% packet loss, time 2045ms
```





```
root@devapp:/# exit
```

4. Also test from outside the cluster using a local curl, or using the public IP and NodePort in a local browser.

```
student@cp:~$ curl ifconfig.io
```

```
34.68.4.238
```

local\$ curl 34.68.4.238:30854

```
<!DOCTYPE html>
<html>
<head>
<title>Welcome to nginx!</title>
<style>
```

5. From our testing we can see that all traffic with a configured port is allowed. Now create a new network policy which denies all traffic in the prod-a namespace.

```
student@cp:~$ vim denyall.yaml
```



denyall.yaml

```
kind: NetworkPolicy
apiVersion: networking.k8s.io/v1
metadata:
name: prod-deny-all
namespace: prod-a
spec:
podSelector: {}
policyTypes:
- Ingress
```

6. Create the resource.

```
student@cp:~$ kubectl create -f denyall.yaml
```

```
networkpolicy.networking.k8s.io/prod-deny-all created
```

7. First ingress test access from devapp using the same command we ran before.

```
student@cp:~$ kubectl -n dev-ns exec -it devapp -- bash
```



On Container

(a) Test with **curl** to the frontend service. It may take a while to time out, you may want to use **control-c** to exit the command.

```
root@devapp:/# curl frontend.prod-a.svc.cluster.local
```





```
curl: (28) Failed to connect to frontend.prod-a.svc.cluster.local port 80: Connection timed out
```

(b) Test access to the backend, to make sure it still works, as well as to the outside world. Then exit back to the node.

root@devapp:/# curl backend.prod-b.svc.cluster.local

```
<!DOCTYPE html>
<html>
<head>
<title>Welcome to nginx!</title>
<style>
<output_omitted>
```

root@devapp:/# ping -c3 linux.com

```
PING linux.com (23.185.0.3) 56(84) bytes of data.
64 bytes from 23.185.0.3 (23.185.0.3): icmp_seq=1 ttl=54 time=11.5 ms
64 bytes from 23.185.0.3 (23.185.0.3): icmp_seq=2 ttl=54 time=11.3 ms
64 bytes from 23.185.0.3 (23.185.0.3): icmp_seq=3 ttl=54 time=14.1 ms

--- linux.com ping statistics ---
3 packets transmitted, 3 received, 0% packet loss, time 2003ms
rtt min/avg/max/mdev = 11.300/12.308/14.128/1.289 ms
```

root@devapp:/# exit

8. Finally test from outside the cluster using curl, or a local browser. It should fail.

```
local$ curl 34.68.4.238:30854
```

9. Log back into the frontend pod and test network access. As no egress rules have been applied it all should work.

```
student@cp:~$ kubectl -n prod-a exec -it frontend -- bash
```



On Container

(a) Test access to the devapp, backend, and outside world. The commands are shown without output.

```
root@frontend:/# curl backend.prod-b.svc.cluster.local
root@frontend:/# ping -c3 linux.com
```

10. To complete the testing log into backend and test access to frontend, which should fail, after a timeout.

```
student@cp:~$ kubectl -n prod-b exec -it backend -- bash
```





On Container

```
root@backend:/# curl frontend.prod-a.svc.cluster.local

curl: (7) Failed to connect to frontend.prod-a.svc.cluster.local port 80: Connection timed

out
```

11. Create a new network policy to allow ingress access for pods with a label of app: front, in the prod-a namespaces but no other pods.

student@cp:~\$ vim allowinternet.yaml



allowinternet.yaml

```
apiVersion: networking.k8s.io/v1
2 kind: NetworkPolicy
3 metadata:
    name: internet-access
    podSelector:
      matchLabels:
        app: front
    policyTypes:
9
    - Ingress
10
    ingress:
11
     - {}
12
13
```

student@cp:~\$ kubectl -n prod-a create -f allowinternet.yaml

```
networkpolicy.networking.k8s.io/internet-access created
```

- 12. Log into the backend pod and test access to the frontend pod.
- 13. Remove all of the network policies, in all namespaces. Then remove the pods and services we created in this lab.

Exercise 6.2: Configure an Ingress Controller

If you are unable to configure the missing service account, covered in previous content, you may consider using a Helm chart. A topic covered in the CKA course, or use the Getting Started topic of **Helm** https://helm.sh/docs/intro/install/#from-the-binary-releases and https://artifacthub.io

1. Begin by installing the nginx ingress software, which include security settings, a configmap, a service and a deployment.

```
namespace/ingress-nginx created
serviceaccount/ingress-nginx created
serviceaccount/ingress-nginx-admission created
role.rbac.authorization.k8s.io/ingress-nginx created
role.rbac.authorization.k8s.io/ingress-nginx-admission created
```



```
clusterrole.rbac.authorization.k8s.io/ingress-nginx created service/ingress-nginx-controller created deployment.apps/ingress-nginx-controller created
```

2. View the current deployment, pod and service status.

student@cp:~\$ kubectl get deploy -n ingress-nginx

```
NAME READY UP-TO-DATE AVAILABLE AGE deployment.apps/ingress-nginx-controller 1/1 1 1 113s
```

student@cp:~\$ kubectl -n ingress-nginx get pod --field-selector=status.phase=Running

```
NAME READY STATUS RESTARTS AGE ingress-nginx-controller-68fb8cf9cc-5dm2d 1/1 Running 0 7m15s
```

student@cp:~\$ kubectl get svc -n ingress-nginx

```
NAME
                                            TYPE
                                                              CLUSTER-IP
                                                                                  EXTERNAL-IP
                                                                                                  PORT(S)
\hookrightarrow \quad \text{AGE}
ingress-nginx-controller
                                            LoadBalancer
                                                              10.101.109.139
                                                                                  <pending>
→ 80:31287/TCP,443:31240/TCP
                                       8m35s
ingress-nginx-controller-admission
                                                              10.102.111.247
                                                                                                   443/TCP
                                          ClusterIP
                                                                                  <none>
\hookrightarrow 8m35s
```

3. Create and expose a deployment for testing.

```
student@cp:~$ kubectl create deployment tester --image nginx:alpine
```

```
deployment.apps/tester created
```

student@cp:~\$ kubectl expose deployment tester --port=80

```
service/nginx exposed
```

student@cp:~\$ kubectl get pod

```
NAME READY STATUS RESTARTS AGE
tester-565785f75c-vgcjm 1/1 Running 0 12s
```

4. Find the main IP of the node. We will use this to test the ingress controller. You can use **hostname -i** or **ip** if that is unavailable.

```
student@cp:~$ hostname -i
10.128.0.57
student@cp:~$ ip add show ens4
```

```
2: ens4: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1460 qdisc mq state UP group default qlen 1000 link/ether 42:01:0a:80:00:39 brd ff:ff:ff:ff:ff
inet 10.128.0.57/32 scope global dynamic ens4 valid_lft 65653sec preferred_lft 65653sec inet6 fe80::4001:aff:fe80:39/64 scope link valid_lft forever preferred_lft forever
```



5. Now we can create the ingress object.

student@cp:~\$ vim ingress.yaml



ingress.yaml

```
apiVersion: networking.k8s.io/v1
2 kind: Ingress
3 metadata:
     name: tester
    ingressClassName: nginx
6
    rules:
     - host: example.io
      http:
9
         paths:
10
         - pathType: Prefix
11
           path: "/"
12
           backend:
13
             service:
14
               name: tester
15
16
               port:
17
                 number: 80
```

student@cp:~\$ kubectl apply -f ingress.yaml

```
ingress.networking.k8s.io/tester created
```

student@cp:~\$ kubectl get ing

```
NAME CLASS HOSTS ADDRESS PORTS AGE
tester nginx example.io 80 107s
```

- 6. The host example.io used in the yaml doesnt exist and is only used as an example. You will notice that ingress LoadBalancer service is pending as we are not using the hosted kubernetes.
- 7. Remember to use your host IP address in the command and the NodePort of the Ingress-controller service, not the example below.

student@cp:~\$ curl http://10.128.0.57:31287 -H 'Host: example.io'



Exercise 6.3: Secure ingress

In this exercise we will create self-signed certificate using OpenSSL and secure Ingress by specifying a Secret that contains a TLS certificate and key and access our services externally over HTTPS using this certificate.

- When you install the ingress controller, it creates a self-signed TLS certificate, which is useful for non-production environments. However, you'll want to replace it with your own, trusted one for production environments, which you can do by creating a new Secret object in Kubernetes that contains your certificate and then updating the ingress controller to use it.
- 2. Let's create a self-signed certificate of our own, using OpenSSL for a website named example.io

```
student@cp:~$ openssl req -x509 \
    -newkey rsa:2048 \
    -keyout example.key \
    -out example.crt \
    -days 365 \
    -nodes \
    -subj "/C=US/ST=Ohio/L=Columbus/O=LFtraining/CN=example.io"

Generating a RSA private key

writing new private key to example.key
```

3. We need to add the certificate and key files to our cluster by creating a Secret object

```
student@cp:~$ kubectl create secret tls example \
    --key="example.key" \
    --cert="example.crt"

secret/example created
```

4. We need to define an Ingress object where we are also defining a tls stanza that configures which TLS certificate to use for this service. Its secretName field points to our new Secret object.

```
student@cp:~$ vim secure-ingress.yaml
```

```
secure-ingress.yaml

apiVersion: networking.k8s.io/v1
kind: Ingress
metadata:
name: tester
```



```
spec:
     tls:
     - hosts:
         - example.io
      secretName: example
 9
    ingressClassName: nginx
     rules:
11
     - host: example.io
12
      http:
13
         paths:
14
          - pathType: Prefix
15
           path: "/"
16
17
           backend:
              service:
18
19
               name: tester
               port:
20
                 number: 80
21
student@cp:~$ kubectl delete -f ingress.yaml
```

```
student@cp:~$ kubectl apply -f secure-ingress.yaml

ingress.networking.k8s.io "tester" deleted
ingress.networking.k8s.io/tester created
```

student@cp:~\$ kubectl get ing

```
NAME CLASS HOSTS ADDRESS PORTS AGE
tester nginx example.io 80, 443 31s
```

5. View the ingress controller service, we will use the nodeport and host ip to access the application.

```
student@cp:~$ kubectl get svc -n ingress-nginx
```

```
NAME TYPE CLUSTER-IP EXTERNAL-IP PORT(S)

→ AGE
ingress-nginx-controller LoadBalancer 10.101.109.139 <pending>
→ 80:31287/TCP,443:31240/TCP 8m35s
ingress-nginx-controller-admission ClusterIP 10.102.111.247 <none> 443/TCP

→ 8m35s
```

6. Let us access the application, we have used the common name as exmaple.io, which is a fake domain To resolve the domain, we can add entry to hosts file or reolve using the below method.

student@cp:~\$ curl https://example.io:31240 -kv --resolve example.io:31240:10.128.0.57

```
* Hostname example.io was found in DNS cache
* Trying 10.128.0.57:31240...
<Output Trucated>
* SSL connection using TLSv1.3 / TLS_AES_256_GCM_SHA384
* ALPN, server accepted to use h2
* Server certificate:
* subject: C=US; ST=Ohio; L=Columbus; O=LFtraining; CN=example.io
<Output Trucated>
<!DOCTYPE html>
<html>
<html>
<head>
<tittle>Welcome to nginx!</title>
```



Exercise 6.4: Configure mTLS

We can use Linkerd to provide a service mesh, which also offers us mTLS on traffic.

1. Begin by downloading the Edge or most featured filled version instead of the most stable version.

```
student@cp:~$ wget https://run.linkerd.io/install-edge
```

2. Edit to ensure the following version and installation root are in use. While there are newer versions, the newest Edge version may also have undocumented features, which may cause issues.

```
student@cp:~$ vim install-edge
```

```
....
LINKERD2_VERSION=${LINKERD2_VERSION:-edge-20.9.2}
INSTALLROOT=${INSTALLROOT:-"${HOME}/.linkerd2"}
....
```

3. Run the **install-edge** script. It should suggest a PATH variable to add, as well as some commands which may be useful when checking to see if the installation was successful.

```
student@cp:~$ sh install-edge
```

```
Downloading linkerd2-cli-edge-20.9.2-linux-amd64...
           % Received % Xferd Average Speed
                                                           Time
                                  Dload Upload
                                                 Total Spent
100 662 100 662 0 0 3412 0 --:--:- 3412
100 38.2M 100 38.2M 0 0 26.3M 0 0:00:01 0:00:01 --:--:- 47.6M
Download complete!
Validating checksum...
Checksum valid.
Linkerd edge-23.5.2 was successfully installed
Add the linkerd CLI to your path with:
  export PATH=$PATH:/home/student/.linkerd2/bin
Now run:
                                                # validate that Linkerd can be installed
 linkerd check --pre
  linkerd install --crds | kubectl apply -f - # install the Linkerd CRDs
  linkerd install | kubectl apply -f -
                                               # install the control plane into the 'linkerd'
  \hookrightarrow namespace
  linkerd check
                                                # validate everything worked!
You can also obtain observability features by installing the viz extension:
```

```
linkerd viz install | kubectl apply -f - # install the viz extension into the 'linkerd-viz'

→ namespace
linkerd viz check # validate the extension works!
linkerd viz dashboard # launch the dashboard

Looking for more? Visit https://linkerd.io/2/next-steps
```

4. Set the PATH and then validate that the installation should work.

```
student@cp:~$ export PATH=$PATH:/home/student/.linkerd2/bin
student@cp:~$ linkerd check --pre
```

```
kubernetes-api
\sqrt{\text{can initialize the client}}
\sqrt{} can query the Kubernetes API
kubernetes-version
\sqrt{} is running the minimum Kubernetes API version
\sqrt{} is running the minimum kubectl version
pre-kubernetes-setup
\sqrt{} control plane namespace does not already exist
\sqrt{} can create non-namespaced resources
\sqrt{\text{can create ServiceAccounts}}
\sqrt{} can create Services
\sqrt{} can create Deployments
\sqrt{\text{can create CronJobs}}
\sqrt{\text{can create ConfigMaps}}
\sqrt{\text{can create Secrets}}
\sqrt{} can read Secrets
\sqrt{} can read extension-apiserver-authentication configmap
\sqrt{} no clock skew detected
pre-kubernetes-capability
\sqrt{} has NET_ADMIN capability
\sqrt{} has NET_RAW capability
linkerd-version
\sqrt{} can determine the latest version
\sqrt{\text{cli is up-to-date}}
                                            #You may get a warning here. Which is okay.
Status check results are \sqrt{\phantom{a}}
```

5. If all items are green check marks, except for the most recent version then proceed with the installation of Linkerd into the Kubernetes cluster.

```
student@cp:~$ linkerd install --crds | kubectl apply -f -
student@cp:~$ linkerd install | kubectl apply -f -
student@cp:~$ linkerd viz install | kubectl apply -f -

Rendering Linkerd CRDs...
Next, run `linkerd install | kubectl apply -f -` to install the control plane.

customresourcedefinition.apiextensions.k8s.io/authorizationpolicies.policy.linkerd.io created
customresourcedefinition.apiextensions.k8s.io/httproutes.policy.linkerd.io created
```



```
customresourcedefinition.apiextensions.k8s.io/meshtlsauthentications.policy.linkerd.io created
customresourcedefinition.apiextensions.k8s.io/networkauthentications.policy.linkerd.io created
<output_omitted>
namespace/linkerd created
clusterrole.rbac.authorization.k8s.io/linkerd-linkerd-identity created
clusterrolebinding.rbac.authorization.k8s.io/linkerd-linkerd-identity created
serviceaccount/linkerd-identity created
<output_omitted>
namespace/linkerd-viz created
clusterrole.rbac.authorization.k8s.io/linkerd-linkerd-viz-metrics-api created
clusterrolebinding.rbac.authorization.k8s.io/linkerd-linkerd-viz-metrics-api created
<output_omitted>
```

6. As there could be issues not checked by the pre-validation check, ensure the installation was successful. You should again receive all green checkmarks. Read through the tests. It may take a few minutes for the script to complete, and you may see several duplicate messages as it waits for pods to become available.

student@cp:~\$ linkerd check

```
kubernetes-api
\sqrt{} can initialize the client
\sqrt{} can query the Kubernetes API
kubernetes-version
\sqrt{} is running the minimum Kubernetes API version
\sqrt{} is running the minimum kubectl version
linkerd-existence
_____
√ 'linkerd-config' config map exists
\sqrt{\text{heartbeat ServiceAccount exist}}
\sqrt{} control plane replica sets are ready
\sqrt{} no unschedulable pods
\sqrt{\text{controller pod is running}}
\sqrt{} can initialize the client
\sqrt{} can query the control plane API
linkerd-config
\sqrt{} control plane Namespace exists
\sqrt{} control plane ClusterRoles exist
\sqrt{\text{control plane ClusterRoleBindings exist}}
\sqrt{\text{control plane ServiceAccounts exist}}
\sqrt{} control plane CustomResourceDefinitions exist
\sqrt{\text{control plane MutatingWebhookConfigurations exist}}
\sqrt{\text{control plane ValidatingWebhookConfigurations exist}}
\sqrt{} control plane PodSecurityPolicies exist
linkerd-identity
\sqrt{} certificate config is valid
\sqrt{} trust anchors are using supported crypto algorithm
\sqrt{\phantom{a}} trust anchors are within their validity period
\sqrt{} trust anchors are valid for at least 60 days
\sqrt{} issuer cert is using supported crypto algorithm
\sqrt{\,\,} issuer cert is within its validity period
\sqrt{} issuer cert is valid for at least 60 days
\sqrt{} issuer cert is issued by the trust anchor
```

```
linkerd-webhooks-and-apisvc-tls
_____
\sqrt{} tap API server has valid cert
\sqrt{\,\,} proxy-injector webhook has valid cert
\sqrt{\text{ sp-validator webhook has valid cert}}
linkerd-api
\sqrt{\text{control plane pods are ready}}
\sqrt{\text{control plane self-check}}
\sqrt{\mbox{ [kubernetes]}} control plane can talk to Kubernetes
\sqrt{\mbox{[prometheus]}} control plane can talk to Prometheus
\sqrt{\text{tap api service is running}}
linkerd-version
\sqrt{\text{can determine the latest version}}
\sqrt{\text{cli is up-to-date}}
control-plane-version
\sqrt{\text{control plane is up-to-date}}
\sqrt{} control plane and cli versions match
linkerd-addons
\sqrt{\text{'linkerd-config-addons'}} config map exists
linkerd-prometheus
\sqrt{} prometheus add-on service account exists
\sqrt{\mbox{prometheus add-on config map exists}}
\sqrt{\text{prometheus pod is running}}
linkerd-grafana
\sqrt{\mbox{grafana add-on service account exists}}
\sqrt{\text{grafana add-on config map exists}}
\sqrt{\text{grafana pod is running}}
Status check results are \sqrt{\phantom{a}}
```

7. View the status of all the newly created Linkerd pods. Check both the status, as well as the state of each container. You may have to label the nodes to allow the daemonset to run.

```
student@cp:~$ kubectl label nodes --all role=ingress-controller
```

student@cp:~\$ kubectl -n linkerd-viz get pod

```
NAME
                          READY STATUS RESTARTS AGE
metrics-api-56f5755885-vhfrw 2/2
                                 Running 0
                                                   8m42s
prometheus-7585cdfb9d-49rj8
                          2/2
                                 Running 0
                                                   8m42s
tap-7c98b8655f-qjqhd
                          2/2
                                 Running 0
                                                   8m41s
tap-injector-d9789b657-cx6wj
                          2/2
                                 Running 0
                                                   8m39s
web-87bd68d67-nqqd7
                          2/2
                                 Running 0
```

8. Edit the linkerd-web deployment to allow more than only loopback as the enforced-host. We will remove all values, everything after the equal sign, but typically you would want to use your corporate domain, such as -enforced-host=^dashboard\.Linux\.com\$



student@cp:~\$ kubectl -n linkerd-viz edit deployments.apps web

```
deployment.apps/web edited
```

9. Check to make sure both of the containers in the linkerd-web pod are running. If there is any problem, return to the previous step and make sure there is nothing after the equal sign for the enforced host setting.

student@cp:~\$ kubectl -n linkerd-viz get pod

NAME	READY	STATUS	RESTARTS	AGE
metrics-api-56f5755885-vhfrw	2/2	Running	0	10m
prometheus-7585cdfb9d-49rj8	2/2	Running	0	10m
tap-7c98b8655f-qjqhd	2/2	Running	0	10m
tap-injector-d9789b657-cx6wj	2/2	Running	0	9m59s
web-87bd68d67-ngqd7	2/2	Running	0	7m40s

10. Start the dashboard as a background process. You should get some output telling you the dashboard is running, and the correct port to use.

student@cp:~\$ linkerd viz dashboard &

```
[1] 3303

student@cp:~$ Linkerd dashboard available at:
http://localhost:50750
Grafana dashboard available at:
http://localhost:50750/grafana
Opening Linkerd dashboard in the default browser
Failed to open Linkerd dashboard automatically
Visit http://localhost:50750 in your browser to view the dashboard
```

11. Edit the linkerd-web service and change the service type to be NodePort.

```
student@cp:~$ kubectl -n linkerd-viz edit svc web
```

```
service/web edited
```

12. Verify the service is working and view the high-numbered port in use. Yours may be different than the example below.

student@cp:~\$ kubectl -n linkerd-viz get svc

```
CLUSTER-IP
NAME
             TYPE
                                      EXTERNAL-IP PORT(S)
                                                                               AGE
metrics-api
            ClusterIP 10.105.151.156 <none>
                                                   8085/TCP
                                                                               17m
prometheus
            ClusterIP 10.111.53.74 <none>
                                                   9090/TCP
                                                                               17m
            ClusterIP 10.97.185.178 <none>
                                                 8088/TCP,443/TCP
                                                                               16m
tap-injector ClusterIP 10.98.206.105 <none>
                                                  443/TCP
                                                                               16m
web
             NodePort 10.96.46.117
                                      <none>
                                                   8084:30943/TCP,9994:32229/TCP
                                                                               16m
```

13. Open a browser locally to view the dashboard. Use the public IP, the one you use to SSH to your nodes, not an internal IP address, and the high numbered port as found in the previous output. The command should show you that IP address. Yours will be different from the one below.

```
student@cp:~$ curl ifconfig.io
```



34.70.213.59

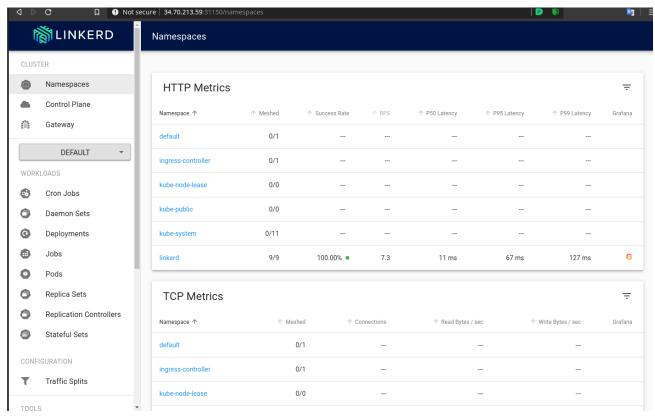


Figure 6.1: Opening Linkerd Dashboard

14. Return to the command line on the cp. We will create a new deployment which is enmeshed. We will first view a dry-run of creating the deployment, then view what is injected, and finally create the deployment.



15. After enmeshing the test deployment you can view the traffic, as well as Grafana page.

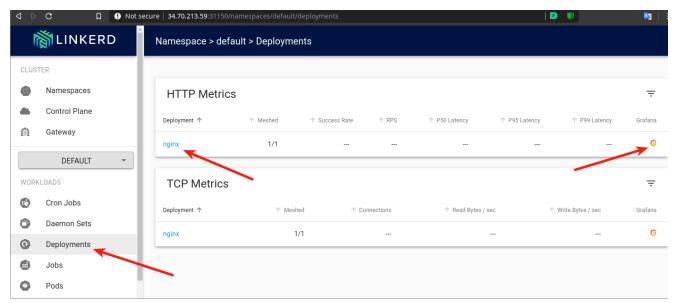


Figure 6.2: Viewing Test Deployment

16. With the time remaining expose the deployment and send traffic, both HTTP as well as other traffic and watch how the information is presented both via Linkerd as well as the Grafana page. Clean up the text deployment when done.

Chapter 7

Workload Considerations



7.1 Labs

Exercise 7.1: Image Analysis With Trivy

1. Begin by adding a new repository for **Trivy**, and install the software.

Note: Instead of typing the above URL, google search for trivy installation script and follow the link

```
aquasecurity/trivy info checking GitHub for tag 'v0.37.1'
aquasecurity/trivy info found version: 0.37.1 for v0.37.1/Linux/64bit
aquasecurity/trivy info installed /usr/local/bin/trivy
<output_omitted>
```

2. Use **trivy** to check known vulnerabilities. There will be a lot of output.

student@cp:~\$ sudo trivy image nginx

```
2024-02-08T10:49:13.812Z
                            INFO
                                   Vulnerability scanning is enabled
                                   Secret scanning is enabled
2024-02-08T10:49:13.812Z
                            INFO
                            INFO
2024-02-08T10:49:13.812Z
                                   If your scanning is slow, please try '--scanners vuln' to

→ disable secret scanning

2024-02-08T10:49:13.812Z
                            INFO
→ https://aquasecurity.github.io/trivy/v0.37/docs/secret/scanning/#recommendation for faster
\hookrightarrow secret detection
2024-02-08T10:49:15.583Z
                            INFO
                                   JAR files found
2024-02-08T10:49:15.583Z
                            INFO
                                   Downloading the Java DB...
nginx (debian 11.6)
==============
Total: 130 (UNKNOWN: 0, LOW: 89, MEDIUM: 22, HIGH: 18, CRITICAL: 1)
+-----
    LIBRARY | VULNERABILITY ID | SEVERITY | INSTALLED VERSION
```

```
| FIXED VERSION | TITLE
| URL |
<output_omitted>
```

3. From the report above we can see there is a CRITICAL issue in the package. Use **grep** to find the issue, then look it up on https://nvd.nist.gov, to find the exploit and possible fix.

student@cp:~\$ sudo trivy image nginx | grep CRITICAL

4. Now check an older version of the package, and use the built in filters of trivy.

student@cp:~\$ sudo trivy image --severity CRITICAL nginx

```
2024-02-08T10:52:16.887Z
                          INFO
                                 Vulnerability scanning is enabled
                          INFO
2024-02-08T10:52:16.887Z
                                 Secret scanning is enabled
2024-02-08T10:52:16.887Z
                          INFO If your scanning is slow, please try '--scanners vuln' to

→ disable secret scanning

2024-02-08T10:52:16.887Z INFO
                                 Please see also
→ https://aquasecurity.github.io/trivy/v0.37/docs/secret/scanning/#recommendation for faster

→ secret detection

nginx (debian 11.6)
Total: 1 (CRITICAL: 1)
LIBRARY
              | VULNERABILITY ID | SEVERITY | INSTALLED VERSION |
avd.aquasec.com/nvd/cve-2019-12900 |
               | function BZ2_decompress |
<output_omitted>
```

Exercise 7.2: Use Tracee to Scan Running Container

Tracee is a tool designed for real-time security and visibility (often called "observability") into how your system and applications operate. It keeps an eye on various events: from straightforward records of system activity—like when processes start or files are accessed—to more advanced security alerts that spot unusual or potentially malicious behavior. This helps you gain a clearer understanding of your application's day-to-day functioning and quickly identify if something suspicious is happening behind the scenes.

1. **Tracee** can be quickly set up on a Kubernetes cluster using the Helm chart from Aqua Security. Once deployed, it starts generating events right away. Because Tracee is deployed as a DaemonSet, there's a Tracee Pod on every node in the cluster, each one keeping an eye on the specific node it's assigned to.



```
student@cp:~$ helm repo add aqua https://aquasecurity.github.io/helm-charts/
student@cp:~$ helm repo update
student@cp:~$ helm install tracee aqua/tracee --namespace tracee --create-namespace
```

```
"aqua" has been added to your repositories
Hang tight while we grab the latest from your chart repositories...
...Successfully got an update from the "aqua" chart repository
Update Complete.
NAME: tracee
LAST DEPLOYED: Fri Feb 14 12:12:13 2025
NAMESPACE: tracee
STATUS: deployed
REVISION: 1
TEST SUITE: None
NOTES:
Tracee has been successfully installed as a set of pods scheduled on each Kubernetes cluster
node controlled by the `tracee` DaemonSet in the `tracee` namespace.
By default, threat detections are printed to the standard output of each pod:
$ kubectl logs -f daemonset/tracee -n tracee
{"timestamp":1677676197900822209, "threadStartTime":1677676197713685267, "processorId":0, "processorId".
sId":441, "cgroupId":7408, "threadId":441, "parentProcessId":431, "hostProcessId":4741, "hostThread
Id":4741, "hostParentProcessId":4729, "userId":0, "mountNamespace":4026532733, "pidNamespace":4026
<output_omitted>
```

2. Verify that the DaemonSet was successfully created and that all Pods are running. To view the logs, use the logs command.

student@cp:~\$ kubectl get pods,ds -n tracee

```
NAME
                                              READY STATUS
                                                                RESTARTS
                                                                           AGE
                                      1/1
                                              Running 0
                                                                   2.3m
pod/tracee-crcn6
pod/tracee-operator-86648965d5-9jfkf
                                      1/1
                                              Running
                                                      0
                                                                   23m
pod/tracee-wnbh2
                                      1/1
                                              Running
                                                       0
                                                                   23m
NAME
                       DESIRED
                                 CURRENT
                                           READY
                                                   UP-TO-DATE AVAILABLE
                                                                            NODE SELECTOR
                                                                                            AGE
                                 2
                                                                                            23m
daemonset.apps/tracee
                       2
                                                                            <none>
```

```
student@cp:~$ kubectl logs -f tracee-wnbh2 -n tracee
```

3. In a second terminal session on the cp create a new deployment with a unique name like special to ensure we recognize what is being traced.

```
student@cp:~$ kubectl create deployment special --image=nginx
```

```
deployment.apps/special created
```

4. To make tracing of IO to the pod easier we will ensure that a replica is running on the current node. If there isn't one, an easy solution is to scale up.

```
student@cp:~$ kubectl get pod -o wide
```

```
NAME READY STATUS RESTARTS AGE IP

NODE NOMINATED NODE READINESS GATES

special-7497d5bcfc-drddz 1/1 Running 0 15s 192.168.171.79

worker <none> <none>
```

5. As the existing pod is on the other node in the above example, you may not need to do the following step. There are a few ways to manage where the pod is deployed. Take note of the ephemeral IP of the local pod.

```
student@cp:~$ kubectl scale deployment special --replicas=2
```

```
deployment.apps/special scaled
```

student@cp:~\$ kubectl get pod -o wide

```
NAME READY STATUS RESTARTS AGE IP

NODE NOMINATED NODE READINESS GATES

special-7497d5bcfc-drddz 1/1 Running 0 34s 192.168.171.79

worker <none>

special-7497d5bcfc-qhvr9 1/1 Running 0 4s 192.168.219.72

cp <none>

cp <none>
```

6. From the second window exec into the pod and install strace package and strace is command. Signature ID: TRC-102 - Anti-Debugging detected will be detected.

```
student@cp:~$ kubectl exec -it special-7497d5bcfc-qhvr9 -- bash
root@special-7497d5bcfc-qhvr9:/# apt update && apt install strace -y
```

```
Hit:1 http://deb.debian.org/debian bullseye InRelease
Get:2 http://deb.debian.org/debian-security bullseye-security InRelease [48.4 kB]
Hit:3 http://deb.debian.org/debian bullseye-updates InRelease
Fetched 48.4 kB in 1s (46.6 kB/s)
<output_omitted>
```

root@special-7497d5bcfc-qhvr9:/# strace -c ls

7. Return to the first terminal. You should see output from the traced pod.

```
student@cp:~$ kubectl logs tracee-wnbh2 -n tracee | grep strace
```

```
{"timestamp":356774033227,"threadStartTime":356773937387,"processorId":0,
    "processId":169,"cgroupId":760,"threadId":169,"parentProcessId":167,
    "hostProcessId":4033,"hostThreadId":4033,"hostParentProcessId":4031,
    "userId":0,"mountNamespace":4026532627,"pidNamespace":4026532628,"processName":"strace",
    "executable":{"path":""},"hostName":"nginx-5869d7778","containerId":
    "e89cdf25e8092a51db0118274f5ce7f81fadaa9f8b21fefa00cc0076c607664d",
    "container":{"id":"e89cdf25e8092a51db0118274f5ce7f81fadaa9f8b21fefa00cc0076c607664d"
    ,"name":"nginx","image":"docker.io/library/nginx:latest","imageDigest":
    "sha256:91734281c0ebfc6f1aea979cffeed5079cfe786228a71cc6f1f46a228cde6e34"},
    "kubernetes":{"podName":"nginx-5869d7778c-t9zmk","podNamespace":"default",
    "podUID":"1c5e538a-682e-4c0a-9d00-1273c48a559d"},"eventId":"6018","eventName"
:"anti_debugging","matchedPolicies":["default-policy"],"argsNum":
```



```
1,"returnValue":0,"syscall":"ptrace","stackAddresses":null,
    "contextFlags":{"containerStarted":true,"isCompat":false},"threadEntityId"
:1567053531,"processEntityId":1567053531,"parentEntityId":2378295741,
    "args":[{"name":"triggeredBy","type":"unknown","value":{"args":
[{"name":"request","type":"string","value":"PTRACE_TRACEME"},{"name":"pid","
    type":"pid_t","value":0},{"name":"addr","type":"void*","value":"0x0"},{"name"
:"data","type":"void*","value":"0x0"}],"id":101,"name":"ptrace","returnValue":0}}],
    "metadata":{"Version":"1","Description":"A process used anti-debugging techniques
    to block a debugger. Malware use anti-debugging to stay invisible and inhibit analysis
    of their behavior.","Tags":null,"Properties":{"Category":"defense-evasion",
    "Kubernetes_Technique":"","Severity":1,"Technique":"Debugger Evasion","external_id":
    "T1622","id":"attack-pattern--e4dc8c01-417f-458d-9ee0-bb0617c1b391","signatureID":
    "TRC-102","signatureName":"Anti-Debugging detected"}}}
```

Exercise 7.3: Try Falco on Kubernetes Cluster

Let us install Falco on our kubernetes cluster using Helm. If Helm is not installed on your cluster, install helm using the Getting Started topic of **Helm** https://helm.sh/docs/intro/install/#from-the-binary-releases and https://artifacthub.io

 Falco is designed to provide real-time notification of suspicious behavior. By default, it can send these alerts to stdout, stdrerr, an HTTPs endpoint, and a gRPC endpoint. Let us install falco on our kubenetes cluster using helm.

```
student@cp:~$ helm repo add falcosecurity https://falcosecurity.github.io/charts
student@cp:~$ helm repo update
student@cp:~$ helm install falco --set driver.kind=ebpf --set tty=true falcosecurity/falco \
    --create-namespace --namespace falco
```

```
"falcosecurity" has been added to your repositories
Hang tight while we grab the latest from your chart repositories...
... Successfully got an update from the "falcosecurity" chart repository
NAME: falco
LAST DEPLOYED: Mon Jul 31 16:39:38 2024
NAMESPACE: falco
STATUS: deployed
REVISION: 1
TEST SUITE: None
Falco agents are spinning up on each node in your cluster. After a few
seconds, they are going to start monitoring your containers looking for
security issues.
No further action should be required.
Tip:
You can easily forward Falco events to Slack, Kafka, AWS Lambda and more with falcosidekick.
Full list of outputs: https://github.com/falcosecurity/charts/tree/master/falcosidekick.
You can enable its deployment with `--set falcosidekick.enabled=true` or in your values.yaml.
See: https://github.com/falcosecurity/charts/blob/master/falcosidekick/values.yaml for
\hookrightarrow configuration values.
```

2. Falco's rules alerts you if someone runs an interactive shell into a container. Let us simulate the suspicious activity by



creating an alpine container and performing few activities which will trigger Falco notifications.

```
student@cp:~$ kubectl run alpine --image alpine -- sh -c "sleep infinity"
student@cp:~$ kubectl get pods
student@cp:~$ kubectl exec -it alpine -- sh -c "uptime"
```

```
pod/alpine created

NAME READY STATUS RESTARTS AGE
alpine 1/1 Running 0 5m29s

11:32:53 up 1:15, 0 users, load average: 0.11, 0.29, 0.34
```

3. Let us examine the Falco's output. By default Falco writes to standard out. Examine the Kubernetes logs for the Falco pods to view the alert.

```
student@cp:~$ kubectl logs -l app.kubernetes.io/name=falco -n falco -c falco | grep Notice
```

```
11:32:53.535426821: Notice A shell was spawned in a container with an attached terminal (user=root user_loginuid=-1 k8s.ns=default k8s.pod=alpine container=e6cf17e38ba4 shell=sh parent=runc cmdline=sh -c uptime pid=37240 terminal=34816 container_id=e6cf17e38ba4 image=docker.io/library/alpine exe_flags=EXE_WRITABLE)
```

4. Let us clean up and install Falco on our node and monitor audit events in next session.

```
student@cp:~$ helm uninstall falco -n falco
student@cp:~$ kubectl delete pod alpine
```

```
release "falco" uninstalled
pod "alpine" deleted
```

Exercise 7.4: Using Falco to Monitor Audit Events

To further track and monitor cluster activity we will deploy **Falco**. Using an audit webhook will collect data from the **kube-apiserver** audit facility.

1. Begin by installing the package key for the **Falco** repository.

```
student@cp:~$ curl -s https://falco.org/repo/falcosecurity-packages.asc | sudo apt-key add -

OK
```

2. Next we will add the **Falco** repository for APT. You could edit the file by hand or run the command on a single line without the backslash.

```
student@cp:~$ echo "deb https://download.falco.org/packages/deb stable main" | \
   sudo tee /etc/apt/sources.list.d/falcosecurity.list
```

```
deb https://download.falco.org/packages/deb stable main
```

3. Update the repository information.

```
student@cp:~$ sudo apt-get update -y
```



```
<output_omitted>
```

4. During the **Falco** installation modules are created. Install software to ensure that it works. Your operating system could already have this package installed.

```
student@cp:~$ sudo apt-get -y install linux-headers-$(uname -r)

<output_omitted>
```

5. Install the **Falco** software. The installation process will take a few minutes, and generate a lot of output, as dependencies are installed and configured.

```
student@cp:~$ sudo apt-get install -y dialog
student@cp:~$ sudo apt-get install -y falco
```

Note: During the installation, choose the Kmod as falco driver and choose option 1. Yes for automatic updates

```
<output_omitted>
Secure Boot not enabled on this system.
Done.
falco:
Running module version sanity check.
 - Original module
   - No original module exists within this kernel
 - Installation
   - Installing to /lib/modules/5.4.0-1029-gcp/updates/dkms/
depmod....
DKMS: install completed.
Setting up build-essential (12.4ubuntu1) ...
Processing triggers for systemd (237-3ubuntu10.43) ...
Processing triggers for man-db (2.8.3-2ubuntu0.1) ...
Processing triggers for ureadahead (0.100.0-21) ...
Processing triggers for libc-bin (2.27-3ubuntu1.4) ...
```

6. Enable and start **Falco**. Ensure that it is running without errors. Note the initialization information provided and that an internal webserver is also running.

```
student@cp:~$ sudo systemctl enable falco
```

```
falco.service is not a native service, redirecting to systemd-sysv-install.

Executing: /lib/systemd/systemd-sysv-install enable falco
```

```
student@cp2:~$ sudo systemctl start falco
```

student@cp:~\$ sudo systemctl status falco

```
- falco.service - LSB: Falco syscall activity monitoring agent
Loaded: loaded (/etc/init.d/falco; generated)
Active: active (running) since Wed 2024-09-30 06:41:31 UTC; 5s ago
Docs: man:systemd-sysv-generator(8)
Process: 11878 ExecStart=/etc/init.d/falco start (code=exited, status=0/SUCCES
Tasks: 10 (limit: 4915)
CGroup: /system.slice/falco.service
|- 11947 /usr/bin/falco --daemon --pidfile=/var/run/falco.pid
```



```
Aug 30 06:41:30 cp2 falco[11878]: Wed Aug 30 06:41:30 2024: Falco initialize
Aug 30 06:41:30 cp2 falco[11878]: Wed Aug 30 06:41:30 2024: Loading rules fr
Aug 30 06:41:30 cp2 falco[11897]: Loading rules from file /etc/falco/falco_r
Aug 30 06:41:30 cp2 falco[11897]: Loading rules from file /etc/falco/falco_r
Aug 30 06:41:30 cp2 falco[11878]: Wed Aug 30 06:41:30 2024: Loading rules fr
Aug 30 06:41:30 cp2 falco[11879]: Loading rules from file /etc/falco/k8s_aud
Aug 30 06:41:30 cp2 falco[11878]: Wed Aug 30 06:41:30 2024: Loading rules fr
Aug 30 06:41:31 cp2 systemd[1]: Started LSB: Falco syscall activity monitori
Aug 30 06:41:31 cp2 falco[11947]: Starting internal webserver, listening on
Aug 30 06:41:31 cp2 falco[11947]: 06:41:31.172437000: Notice Privileged cont
```

7. Read through the main configuration file for **Falco**. Note the section on the order rules files are read, that syslog is enabled by default (which will be seen via **journalctl**, and that the default port and location **Falco** will look for audit information.

student@cp:~\$ sudo less /etc/falco/falco.yaml

```
# The files will be read in the order presented here, so make sure if
# you have overrides they appear in later files.
rules_file:
  - /etc/falco/falco_rules.yaml
  - /etc/falco/falco_rules.local.yaml
  - /etc/falco/k8s_audit_rules.yaml
  - /etc/falco/rules.d
# The ssl_certificate is a combination SSL Certificate and corresponding
# key contained in a single file. You can generate a key/cert as follows:
# $ openssl req -newkey rsa:2048 -nodes -keyout key.pem -x509 -days 365 -out certificate.pem
# $ cat certificate.pem key.pem > falco.pem
# $ sudo cp falco.pem /etc/falco/falco.pem
webserver:
  enabled: true
 listen_port: 8765
 k8s_audit_endpoint: /k8s-audit
  ssl_enabled: false
  ssl_certificate: /etc/falco/falco.pem
```

8. Take a look at the mentioned rules files, including /etc/falco/k8s_audit_rules.yaml. There are several hundred lines, most with comments. Notice the source: k8s_audit entry, among others.

student@cp:~\$ sudo less /etc/falco/k8s_audit_rules.yaml



```
....
```

9. Follow the steps in documentation to generate a new SSL certificate and key. Feel free to enter your information or press enter to use default values during key generation.

```
student@cp:~$ openssl req -newkey rsa:2048 -nodes -keyout key.pem -x509 -days 365 -out certificate.pem
```

```
student@cp:~$ cat certificate.pem key.pem > falco.pem
student@cp:~$ sudo cp falco.pem /etc/falco/falco.pem
```

10. Restart Falco and ensure it returns to active status.

```
student@cp:~$ sudo systemctl restart falco.service
student@cp:~$ sudo systemctl status falco.service
```

```
- falco.service - LSB: Falco syscall activity monitoring agent
  Loaded: loaded (/etc/init.d/falco; generated)
  Active: active (running) since Wed 2024-12-30 06:44:59 UTC; 6s ago
<output_omitted>
```

11. Open a second PuTTY or terminal session to your cp node. We will use the second terminal to view messages as they are created. Leave the terminal up as we will use it for several commands. The command will capture the terminal. We will close it in a few commands.

```
second$ sudo journalctl -u falco.service -f
```

```
Aug 30 06:44:59 cp2 falco[15123]: Loading rules from file /etc/falco/falco_...
Aug 30 06:44:59 cp2 falco[15104]: Wed Aug 30 06:44:59 2024: Loading rules f...
Aug 30 06:44:59 cp2 falco[15123]: Loading rules from file /etc/falco/k8s_au...
Aug 30 06:44:59 cp2 falco[15104]: Wed Aug 30 06:44:59 2024: Loading rules f...
Aug 30 06:44:59 cp2 systemd[1]: Started LSB: Falco syscall activity monitor...
Aug 30 06:44:59 cp2 falco[15153]: Starting internal webserver, listening on...
Aug 30 06:44:59 cp2 falco[15153]: 06:44:59.648360000: Notice Privileged container started (user=<NA> user_loginuid=0 command=container:84deda667de4
k8s_calico-node_calico-node-8tsqz_kube-system_99bb6e07-f540-4059-8f30-605c73bc6e
40_0 (id=84deda667de4) image=calico/node:v3.17.1)
```

12. Back on the first terminal session copy a sensitive file, and then open the kube-apiserver.yaml for editing. You should see a message when the file is opened and when the file is saved and closed.



The response information shown will be in the second terminal window. Some information may be in green, some in red font.

```
student@cp2:~$ sudo cat /etc/shadow > /dev/null
```

student@cp2:~\$ sudo vim /etc/kubernetes/manifests/kube-apiserver.yaml

```
Aug 30 06:52:59 cp falco[15153]: 06:52:59.174715196: Warning Sensitive file opened for reading by non-trusted program (user=root user_loginuid=1001 program=cat command=cat /etc/shadow file=/etc/shadow parent=sudo gparent=bash ggparent=sshd gggparent=sshd container_id=host image=<NA>)

Aug 30 06:54:15 cp falco[15153]: 06:54:15.603342585: Error File below /etc opened for writing (user=root user_loginuid=1001 command=vim /etc/kubernetes/manifests/kube-apiserver.yaml parent=sudo pcmdline=sudo vim /etc/kubernetes/manifests/kube-apiserver.yaml file=/etc/kubernetes/manifests/4913 program=vim gparent=bash ggparent=sshd gggparent=sshd container_id=host image=<NA>)
```

13. To determine if API events are being monitored, create and delete a simple deployment and a namespace. You should not see corresponding messages in the second terminal.

```
student@cp:~$ kubectl create deploy test --image=nginx
```

```
deployment.apps/test created
```

student@cp:~\$ kubectl delete deploy test

```
deployment.apps "test" deleted
```

student@cp:~\$ kubectl create ns test-ns

```
namespace/test-ns created
```

student@cp:~\$ kubectl delete ns test-ns

```
namespace "test-ns" deleted
```

14. Now that we are sure that Falco is monitoring the operating system, let us add our own rules for Kubernetes. To begin, ensure that API server auditing has been enabled. Check back to the previous lab "Enabling API Server Auditing", which is part of the Securing the API Server chapter exercise.

In case you had experimented with auditing, use a typical simple audit file and replace the one in use. An example has been included in the tarball called falco-audit.yaml. Use **find** and whatever path is returned, which may be different than what is found in the command below, to copy the file to the /etc/kubernetes directory.

```
student@cp:~$ sudo find $HOME -name falco-audit.yaml
```

```
/home/student/LFS460/SOLUTIONS/s_07/falco-audit.yaml #Your path may be different
```

student@cp:~\$ cp <path from find command> /etc/kubernetes/

15. Create a new admission controller webhook file. Edit the file to use IP address of the server.

```
student@cp:~$ sudo vim /etc/kubernetes/audit-webhook-kubeconfig
```



```
apiVersion: v1
2 kind: Config
3 clusters:
   - cluster:
      server: http://10.128.0.47:8765/k8s-audit #<-- Edit to by YOUR IP
   name: falco
7 contexts:
  - context:
     cluster: falco
     user: ""
10
   name: default-context
11
12 current-context: default-context
13 preferences: {}
14 users: []
15
```

16. Add the new webhook file to the kube-apiserver.yaml manifest. You will need to pass a new parameter and add the file volume as well. Also edit the file using the entry for your previous audit file and change the file name to the new falco-audit.yaml file, which is three areas to edit for the file declaration, volumeMounts and volumes.

student@cp:~\$ sudo vim /etc/kubernetes/manifests/kube-apiserver.yaml

```
- --audit-log-path=/var/log/audit.log
       - --audit-policy-file=/etc/kubernetes/falco-audit.yaml
                                                                                #<-- Add this entry
       - --audit-webhook-config-file=/etc/kubernetes/audit-webhook-kubeconfig #<-- and this entry
       - --authorization-mode=Node, RBAC
   volumeMounts:
       - mountPath: /etc/kubernetes/audit-webhook-kubeconfig
                                                                              #<-- Add these
8
9
         name: webhook
10
         readOnly: true
11
12
   volumes:
                                                                              #<-- And these
13
         path: /etc/kubernetes/audit-webhook-kubeconfig
14
         type: File
15
      name: webhook
16
17
18
```

17. Ensure the API server restarted after the edit. You should see two entries, a few seconds old.

student@cp:~\$ sudo docker ps |grep apiserver

```
e9387fe49b09 1b74e93ece2f "kube-apiserver --ad..." 3 seconds ago
Up 2 seconds
k8s_kube-apiserver_kube-apiserver-cp2_kube-system_38080cbf3010f40598f263245a76721e_0
52454e6609b6 k8s.gcr.io/pause:3.2 "/pause" 3 seconds ago
Up 2 seconds
k8s_POD_kube-apiserver-cp2_kube-system_38080cbf3010f40598f263245a76721e_0
```

18. Create the same deployment and namespaces as before. You should see new errors show up in the second terminal still running **journalctl**. It may take a few seconds for the message to arrive.

```
student@cp2:~$ kubectl create ns test-ns
```



```
namespace/test-ns created
```

In the second terminal:

```
Aug 30 08:44:19 cp falco[15153]: 08:44:08.961896960: Warning Disallowed namespace created (user=kubernetes-admin ns=test-ns)
Aug 30 08:44:19 cp falco[15153]: 08:44:08.988226048: Notice K8s Serviceaccount
Created (user=system:serviceaccount:kube-system:service-account-controller
user=default ns=test-ns resp=201 decision=allow reason=RBAC: allowed by
ClusterRoleBinding "system:controller:service-account-controller" of
ClusterRole "system:controller:service-account-controller" to
ServiceAccount "service-account-controller/kube-system")
```

19. Reference the k8s_audit_rules.yaml file again. Create objects both on the list and not, and determine if each are being reported via **Falco**.

Exercise 7.5: Working with AppArmor Profiles

1. As AppArmor is typically enabled in Ubuntu, we will install AppArmor utilities and dependencies:

```
student@cp:~$ sudo apt-get install apparmor-utils -y

<output_omitted>
```

2. Begin by looking at which profiles are loaded on the current node, which are in enforce mode, and which are complain mode:

```
student@cp:~$ sudo apparmor_status
```

```
apparmor module is loaded.
25 profiles are loaded.
20 profiles are in enforce mode.
   /sbin/dhclient
   /snap/snapd/10492/usr/lib/snapd/snap-confine
   /snap/snapd/10492/usr/lib/snapd/snap-confine//mount-namespace-capture-helper
   /usr/bin/lxc-start
   /usr/bin/man
<output_omitted>
```

3. For the next few steps we will use **two terminal sessions**. For ease of use the prompt will show which node instead of the typical user@node:directory. Run **aa-genprof** and pass it the full path of the binary. This is so it knows what program to track. The output will stop giving you an option to **S**can or **F**inish. Don't type either, continue to the next step.

```
one$ sudo aa-genprof /usr/bin/kubectl
```

```
Writing updated profile for /usr/bin/kubectl.

Setting /usr/bin/kubectl to complain mode.

Before you begin, you may wish to check if a profile already exists for the application you wish to confine. See the following wiki page for more information:

http://wiki.apparmor.net/index.php/Profiles

Profiling: /usr/bin/kubectl
```



```
Please start the application to be profiled in another window and exercise its functionality now.

Once completed, select the "Scan" option below in order to scan the system logs for AppArmor events.

For each AppArmor event, you will be given the opportunity to choose whether the access should be allowed or denied.

[(S)can system log for AppArmor events] / (F)inish
```

4. In the second terminal window run a task, such as creating a new deployment. You will not see output in the first window yet.

```
two$ kubectl create deployment genprof --image=fluentd/fluent
```

```
deployment.apps/genprof created
```

5. Return to the first window and use **S** to scan for new profile information. After several lines of ouput you should be asked what to do with the new profile, path, and mode. Use **A** to allow.

S

A

```
Adding #include <abstractions/lxc/container-base> to profile.

Deleted 1 previous matching profile entries.

= Changed Local Profiles =

The following local profiles were changed. Would you like to save them?

[1 - /usr/bin/kubectl]

(S)ave Changes / Save Selec(t)ed Profile / [(V)iew Changes] / View Changes b/w (C)lean profiles /

→ Abo(r)t
```

6. This time use the **V** option to view the changes. After scanning the output use **q** to return to the previous question.

```
۷
```

```
--- /etc/apparmor.d/usr.bin.kubectl 2024-12-19 22:10:39.962062281 +0000
+++ /tmp/tmpuru9i7sr 2024-12-19 22:33:12.460860777 +0000
```



```
@@ -4,6 +4,7 @@
/usr/bin/kubectl flags=(complain) {
    #include <abstractions/base>

- /usr/bin/kubectl mr,
+
+ #include <abstractions/lxc/container-base>
}
(END)
```

7. This time use **S**ave. It should return, ready to scan the next event.

S

```
Writing updated profile for /usr/bin/kubectl.

Profiling: /usr/bin/kubectl

Please start the application to be profiled in another window and exercise its functionality now.

Once completed, select the "Scan" option below in order to scan the system logs for AppArmor events.

For each AppArmor event, you will be given the opportunity to choose whether the access should be allowed or denied.

[(S)can system log for AppArmor events] / (F)inish
```

8. Return to the first window, and this time use **kubectl edit** to change the replicas: count to two. Depending on the current profiles you may see an entry having to do with /usr/bin/vim.basic in the output as well.

```
one$ kubectl edit deploy genprof
```

```
deployment.apps/genprof edited
```

9. Scan for changes again in the first window. As there would be no change to the profile, you should be quickly asked if you want to scan or finish again. The second time choose **F**inish. Review the questions

```
<output_omitted>
```

F

10. Delete the deployment. Then profile the **docker run** command as you run an nginx container.

```
one$ sudo aa-genprof /usr/bin/docker
```

```
<output_omitted>
```

```
two$ sudo docker run --name profile-nginx \
  -v /my/webpage:/usr/share/nginx/html:ro -d nginx
```



```
6567c1d29c556f12472749b1535c4fd2200321310c1d696d213b95d5ba674d6d
```

11. After you have scanned and saved the profile, stop and remove the container.

```
two$ sudo docker stop 6567c1d29c556f12472749b1535c4fd2200321310c1d696d213b95d5ba674d6d
two$ sudo docker rm 6567c1d29c556f12472749b1535c4fd2200321310c1d696d213b95d5ba674d6d
```

12. Change to the /etc/apparmor.d/ directory. There should be two new files, one called usr.bin.kubectl and another usr.bin.docker. Take a look at each.

student@cp:~\$ cd /etc/apparmor.d ; ls -l

```
total 96
drwxr-xr-x 5 root root 4096 Aug 11 09:30 abstractions
drwxr-xr-x 2 root root 4096 Aug 18 23:27 cache
drwxr-xr-x 2 root root 4096 Aug 11 09:27 disable
drwxr-xr-x 2 root root 4096 Apr 24 2018 force-complain
drwxr-xr-x 2 root root 4096 Aug 11 09:36 local
drwxr-xr-x 2 root root 4096 Aug 11 09:31 lxc
-rw-r-r-- 1 root root 198 Nov 23 2018 lxc-containers
-rw-r-r-- 1 root root 3194 Mar 26 2018 sbin.dhclient
drwxr-xr-x 5 root root 4096 Aug 11 09:30 tunables
-rw----- 1 root root 167 Aug 19 22:49 usr.bin.docker #<-- Here
-rw----- 1 root root 125 Nov 23 2018 usr.bin.lxc-start
<output_omitted>
```

Take a look at a newly created profile. It should be similar to what you saw while running aa-genprof.

student@cp:/etc/apparmor.d\$ sudo less usr.bin.kubectl

```
# Last Modified: Sat Aug 19 22:35:04 2024
#include <tunables/global>

/usr/bin/kubectl flags=(complain) {
    #include <abstractions/base>
    #include <abstractions/lxc/container-base>
}
```

14. Now look through a more complex profile, such as usr.sbin.tcpdump.

student@cp:/etc/apparmor.d\$ sudo less usr.sbin.tcpdump

```
# vim:syntax=apparmor
#include <tunables/global>

/usr/sbin/tcpdump {
    #include <abstractions/base>
    #include <abstractions/nameservice>
    #include <abstractions/user-tmp>

    capability net_raw,
    capability setuid,
    capability setgid,
    <output_omitted>
```



15. Disable the newly created docker profile.

```
student@cp:/etc/apparmor.d$ cd
student@cp:~$ sudo ln -s /etc/apparmor.d/usr.bin.docker /etc/apparmor.d/disable/
student@cp:~$ sudo apparmor_parser -R /etc/apparmor.d/usr.bin.docker
```

16. Check that the profile is not among enabled profiles.

```
student@cp:~$ sudo apparmor_status
```

```
apparmor module is loaded.

28 profiles are loaded.

20 profiles are in enforce mode.

....
```

17. Enable and verify the profile is again in use. Notice the count of loaded and enforce mode profiles changes, as well as the addition of the binary.

```
student@cp:~$ sudo rm /etc/apparmor.d/disable/usr.bin.docker
student@cp:~$ sudo apparmor_parser -r /etc/apparmor.d/usr.bin.docker
student@cp:~$ sudo apparmor_status

apparmor module is loaded.
29 profiles are loaded.
21 profiles are in enforce mode.
....
/usr/bin/docker
....
```

- 18. Now make sure the worker node(s) have all the same commands and profiles as the cp.
- 19. **BONUS STEP 1:** If a developer emailed you a profile to use, could you properly add it to the cluster and test it was able to run the container?
- 20. BONUS STEP 2: If you are already quite familiar with profiles, take a look at using the Bane program.



Chapter 8

Issue Detection



8.1 Labs

Exercise 8.1: Getting Started With Suricata

Install Suricata. Reading and compiling the source code may be best, found here https://github.com/OISF/suricata. To quickly start using Suricata there are existing binaries. Be ready to press Enter after reading about what Suricata can provide. You may need to add the software-properties-common package in order to have the add-apt-repository command.

student@cp:~\$ sudo add-apt-repository ppa:oisf/suricata-stable

```
Suricata IDS/IPS/NSM stable packages
https://www.openinfosecfoundation.org/
https://planet.suricata-ids.org/
https://suricata-ids.org/
Suricata IDS/IPS/NSM - Suricata is a high performance Intrusion Detection
and Prevention System and Network Security Monitoring engine.
Open Source and owned by a community run non-profit foundation, the Open
Information Security Foundation (OISF). Suricata is developed by the OISF,
its supporting vendors and the community.
This Engine supports:
- Multi-Threading - provides for extremely fast and flexible operation on multi-core systems.
<output_omitted>
- Lua scripting
and many more great features -
https://suricata-ids.org/features/all-features/
More info: https://launchpad.net/~oisf/+archive/ubuntu/suricata-stable
```

Press [ENTER] to continue or Ctrl-c to cancel adding it.

```
<output_omitted>
```

2. Add the suricata software. You may need to add jq as well, depending on the node image in use.

```
student@cp:~$ sudo apt-get install suricata jq -y

<output_omitted>
```

3. View the current information about the product.

```
student@cp:~$ sudo suricata --build-info
```

4. Ensure that Suricata is properly running.

student@cp:~\$ sudo systemctl status suricata

```
suricata.service - LSB: Next Generation IDS/IPS
Loaded: loaded (/etc/init.d/suricata; generated)
Active: active (exited) since Mon 2025-02-14 01:45:49 UTC; 14s ago
Docs: man:systemd-sysv-generator(8)
Dec 21 01:45:49 cp systemd[1]: Starting LSB: Next Generation IDS/IPS...
Dec 21 01:45:49 cp suricata[22259]: Starting suricata in IDS (af-packet) mod
Dec 21 01:45:49 cp systemd[1]: Started LSB: Next Generation IDS/IPS.
```

5. Find the interface you would like to monitor. There are several choices, and a production environment may have a more complex configuration. For now, use the primary interface of the cp node. In the example below the primary interface would be ens4.

```
student@cp:~$ ip addr show
```

```
....
2: ens4: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1460 qdisc mq state UP group default qlen 1000
    link/ether 42:01:0a:80:00:2d brd ff:ff:ff:ff
    inet 10.128.0.45/32 scope global dynamic ens4
....
```

6. Work through the configuration file. Some settings have been pre-populated, such as HOME_NET. There are quite a few variables to see. While the file is almost two thousand lines long there are little over six hundred items which could be set. We will start with just a few to change or uncomment.



student@cp:~\$ sudo vim /etc/suricata/suricata.yaml



/etc/suricata/suricata.yaml

```
2 # Linux high speed capture support
3 af-packet:
     - interface: ens4
                                                              #<-- Edit the interface
      # Number of receive threads. "auto" uses the number of cores
      # Default clusterid. AF_PACKET will load balance packets based on flow.
      cluster-id: 99
                                                             #<-- Check this one
      # to yes, the kernel will do the needed defragmentation before sending the packets.
10
                                                             #<-- Check this value
      defrag: yes
11
       # To use the ring feature of AF_PACKET, set 'use-mmap' to yes
12
                                                             #<-- Uncomment this value
13
      use-mmap: yes
      # Lock memory map to avoid it being swapped. Be careful that over
14
15
      # Don't use it in IPS or TAP mode as it causes severe latency
16
     tpacket-v3: yes
                                                             #<-- Uncomment this
17
      # Ring size will be computed with respect to "max-pending-packets" and number
18
19
20
```

7. There are a few interfaces mentioned in the yaml file. Now that we have changed one of the interface settings, change the rest of the eth0 settings over to our primary interface ens4. Your interface may be different.

```
student@cp:~$ sudo sed -i s/eth0/ens4/g /etc/suricata/suricata.yaml
```

8. Update Suricata rules. It may take a bit to download all the files.

student@cp:~\$ sudo suricata-update

```
15/2/2025 -- 02:03:59 - <Info> -- Using data-directory /var/lib/suricata.
15/2/2025 -- 02:03:59 - <Info> -- Using Suricata configuration /etc/suricata/suricata.yaml
15/2/2025 -- 02:03:59 - <Info> -- Using /etc/suricata/rules for Suricata provided rules.
15/2/2025 -- 02:03:59 - <Info> -- Found Suricata version 6.0.1 at /usr/bin/suricata.
15/2/2025 -- 02:03:59 - <Info> -- Loading /etc/suricata/suricata.yaml
15/2/2025 -- 02:03:59 - <Info> -- Disabling rules for protocol http2

<pre
```

9. View the newly added rules.

student@cp:~\$ sudo ls -l /var/lib/suricata/rules

```
total 15500
-rw-r--r-- 1 root root 3207 Dec 21 02:04 classification.config
-rw-r--r-- 1 root root 15864786 Dec 21 02:04 suricata.rules
```

10. Restart the service, then take a look at the general log. The -f option will capture the terminal. After watching the output for a minute use **ctrl-c** to interrupt the tail command.

```
student@cp:~$ sudo systemctl restart suricata
student@cp:~$ sudo tail -f /var/log/suricata/suricata.log
```



```
15/2/2025 -- 20:16:10 - <Perf> - using shared mpm ctx' for udp-packet
15/2/2025 -- 20:16:10 - <Perf> - using shared mpm ctx' for other-ip
15/2/2025 -- 20:16:10 - <Info> - 25001 signatures processed. 1245 are IP-only rules, 4098 are ....
15/2/2025 -- 20:16:10 - <Config> - building signature grouping structure, stage 1: preprocessing
-- rules... complete
15/2/2025 -- 20:16:10 - <Perf> - TCP toserver: 41 port groups, 40 unique SGH's, 1 copies
15/2/2025 -- 20:16:10 - <Perf> - TCP toclient: 21 port groups, 21 unique SGH's, 0 copies
....
```

11. View the current statistics. With the **tail** command continuing to run use a <u>second terminal</u> create and delete a deployment. Something to generate traffic. You should see the stats increase.

student@cp:~\$ sudo tail -f /var/log/suricata/stats.log

```
flow.mgr.rows_maxlen
                                            | Total
                                                                      | 2
                                            | Total
flow.mgr.flows_checked
                                                                       I 4641
flow.mgr.flows_notimeout
                                            | Total
                                                                      | 1457
flow.mgr.flows_timeout
                                           | Total
                                                                      | 3184
flow.mgr.flows_evicted
                                           | Total
                                                                      | 3184
                                           | Total
flow.mgr.flows_evicted_needs_work
                                                                      | 2091
tcp.memuse
                                           | Total
                                                                      | 1146880
                                            | Total
                                                                      1 466944
tcp.reassembly_memuse
                                                                      | 34950
                                            | Total
http.memuse
                                            | Total
                                                                      | 7394304
flow.memuse
```

12. Now generate a known alert. In the first window run **tail -f** on /var/log/suricata/fast.log. Let it run and we will use a test URL in the following command.

student@cp:~\$ sudo tail -f /var/log/suricata/fast.log

```
12/21/2020-02:08:17.234342 [**] [1:2013028:5] ET POLICY curl User-Agent Outbound [**] [Classification:

Attempted Information Leak] [Priority: 2] {TCP} 10.128.0.45:34238 ->
31.3.245.133:80

12/21/2020-02:08:17.334667 [**] [1:2100498:7] GPL ATTACK_RESPONSE id check returned root [**] [Classification: Potentially Bad Traffic] [Priority: 2] {TCP} 31.3.245.133:80 -> 10.128.0.45:34238

12/21/2020-02:08:33.823085 [**] [1:2402000:5763] ET DROP Dshield Block Listed Source group 1 [**] [Classification: Misc Attack] [Priority: 2] {TCP} 185.175.93.104:52206 -> 10.128.0.45:5588

12/21/2020-02:08:48.380545 [**] [1:2013031:9] ET POLICY Python-urllib/ Suspicious User Agent [**] [Classification: Attempted Information Leak] [Priority: 2] {TCP} 10.128.0.45:38738 -> 169.254.169.254:80
```

13. In a second window use **curl** to go to https://testmyids.com/. Shortly after the command runs you should see new traffic on the other terminal window.

```
student@cp:~$ curl https://testmyids.com/

uid=0(root) gid=0(root) groups=0(root)
```

14. View the first terminal session. You should see a similar error in the log to what is seen below. After you view the error you can use **control-c** to exit.



```
12/21/2020-03:46:35.488738 [**] [1:2013028:5] ET POLICY curl User-Agent Outbound [**]
  [Classification: Attempted Information Leak] [Priority: 2] {TCP} 10.128.0.45:53602
-> 31.3.245.133:80
12/21/2020-03:46:35.586844 [**] [1:2100498:7] GPL ATTACK_RESPONSE id check returned root
[**] [Classification: Potentially Bad Traffic] [Priority: 2] {TCP} 31.3.245.133:80
-> 10.128.0.45:53602
```

15. View more in-depth information by leveraging the **jq** command and the eve.json file. After you have seen some output, use **control-c** to quit back to a prompt.

student@cp:~\$ sudo tail -f /var/log/suricata/eve.json | jq 'select(.event_type=="alert")'

```
{
    "timestamp": "2020-12-21T03:47:26.329687+0000",
    "flow_id": 1087808287199203,
    "in_iface": "ens4",
    "event_type": "alert",
    "src_ip": "10.128.0.45",
    "src_port": 58262,
    "dest_ip": "169.254.169.254",
    "dest_port": 80,
    "proto": "TCP",
    "tx_id": 0,
    "alert": {
        "action": "allowed",
    ....
```

16. Now view all statistics.

student@cp:~\$ sudo tail -f /var/log/suricata/eve.json | jq 'select(.event_type=="stats")'

```
"timestamp": "2020-12-21T03:51:09.637558+0000",
"event_type": "stats",
"stats": {
 "uptime": 1393,
  "capture": {
   "kernel_packets": 11173,
   "kernel_drops": 0,
   "errors": 0
 },
 "decoder": {
   "pkts": 11211,
   "bytes": 2130680,
   "invalid": 0,
   "ipv4": 11164,
   "ipv6": 1,
   "ethernet": 11211,
   "chdlc": 0,
   "raw": 0,
   "null": 0,
```

17. Read more about alerts and more information. Using a local browser navigate to https://suricata.readthedocs.io/en/latest/make-sense-alerts.html.

Exercise 8.2: Getting Started With OSSEC





Very Important

The OSSEC software has a wide install base and is a dynamic project. Available documentation may not be as useful as exploring the tool. As well there are three levels of features and tools from the basic download, the plus version which requires registration, and the enterprise version which requires purchasing a license.

We will use the basic version for this lab exercise.

Begin by installing the software using the **atomic** installer. Part of the output will be questions asking if you are willing
to accept the terms. Read through the terms carefully before accepting. Also note there are three channels of software
available, with only the more stable tree activated.

```
student@cp:~$ wget -q -0 - https://updates.atomicorp.com/installers/atomic | sudo bash
```

```
<output_omitted>
OK
Adding [atomic] to /etc/apt/sources.list.d/atomic.list: OK

The Atomic repo has now been installed and configured for your system
The following channels are available:
   atomic - [ACTIVATED] - contains the stable tree of ART packages
   atomic-testing - [DISABLED] - contains the testing tree of ART packages
   atomic-bleeding - [DISABLED] - contains the development tree of ART packages
```

2. Update the repository.

```
student@cp:~$ sudo apt-get update
```

```
<output_omitted>
```

3. Now install the server software and answer any questions asked using the default values.

```
student@cp:~$ sudo apt-get install -y ossec-hids-server

<output_omitted>
```

4. Check the status of the ossec.service. Restart if not running. Note there are five or more processes created.

```
student@cp:~$ sudo systemctl status ossec.service
```

```
- ossec.service - LSB: Start and stop OSSEC HIDS
   Loaded: loaded (/etc/init.d/ossec; generated)
   Active: active (running) since Mon 2025-02-14 06:33:07 UTC; 6s ago
   Docs: man:systemd-sysv-generator(8)
<output_omitted>
```

If showing inactive then run these two commands and check again:

```
student@cp:~$ sudo systemctl enable ossec.service
student@cp:~$ sudo systemctl start ossec.service
```

5. Take a closer look at the new OSSEC processes being run, and what little included help documentation they present. Some run as the user root, others as the user ossec, which could be helpful when working with security logs and configuration. Note the directory where default configuration files are kept.

```
student@cp:~$ ps -ef |grep ossec
```



```
root
        22787
                1 0 16:06 ?
                                   00:00:00 /var/ossec/bin/ossec-execd
        22791
                1 0 16:06 ?
                                   00:00:00 /var/ossec/bin/ossec-analysisd
        22796
                1 0 16:06 ?
                                   00:00:00 /var/ossec/bin/ossec-logcollector
root
       00:00:00 /var/ossec/bin/ossec-syscheckd
root
                                   00:00:00 /var/ossec/bin/ossec-monitord
ossec
                                  00:00:00 grep --color=auto ossec
student 25211 15345 0 16:09 pts/0
```

student@cp:~\$ sudo /var/ossec/bin/ossec-execd -h

```
OSSEC HIDS v3.6.0 - OSSEC Foundation (contact@ossec.net)
https://www.ossec.net
  ossec-execd: -[Vhdtf] [-g group] [-c config]
   -V
               Version and license message
    -h
               This help message
    -d
              Execute in debug mode. This parameter
               can be specified multiple times
               to increase the debug level.
               Test configuration
   -t
   -f
               Run in foreground
   -g <group > Group to run as (default: ossec)
    -c <config> Configuration file to use (default: /var/ossec/etc/ossec.conf)
```

6. View files associated with OSSEC. Take a look at the configuration files of etc, the various included rules/, and logs/.

student@cp:~\$ sudo ls -R /var/ossec

```
/var/ossec:
active-response agentless bin contrib etc logs queue rules stats tmp var

/var/ossec/active-response:
bin

/var/ossec/active-response/bin:
cloudflare-ban.sh firewalld-drop.sh ipfw.sh ossec-pagerduty.sh pf.sh
disable-account.sh host-deny.sh ipfw_mac.sh ossec-slack.sh restart-ossec.sh
firewall-drop.sh ip-customblock.sh npf.sh ossec-tweeter.sh route-null.sh
<output_omitted>
```

7. Take a look at the main configuration file. As the directory is password protected, it may be easier in class to become root first. Note there are no email notifications by default, the various rules files included, files to check or exclude, and other settings.

```
student@cp:~$ sudo -i
```

root@cp:~\$ cd /var/ossec/etc ; less ossec.conf

```
<ossec_config>
  <global>
    <email_notification>no</email_notification>
    </global>

<rules>
        <include>rules_config.xml</include>
        <include>pam_rules.xml</include>
        <include>sshd_rules.xml</include>
        <output_omitted></output_omitted>
```



8. View a couple of the included rules files. Note that there is not a file for Kubernetes by default, but the syntax makes adding the rule straightforward.

```
root@cp:~$ cd ../rules ; less sshd_rules.xml
```

9. View the binaries associated with an active response to an issue. Read through a few of the scripts. Consider Kubernetes actions you may want to include in the list.

```
root@cp:~$ cd ../active-response/bin/ ; ls
```

```
cloudflare-ban.sh host-deny.sh npf.sh pf.sh
disable-account.sh ip-customblock.sh ossec-pagerduty.sh restart-ossec.sh
firewall-drop.sh ipfw.sh ossec-slack.sh route-null.sh
firewalld-drop.sh ipfw_mac.sh ossec-tweeter.sh
```

root@cp:~\$ less firewall-drop.sh

```
<output_omitted>
```

10. View some of the included text files, including some CIS based information. Take a look at a few of the included files.

```
root@cp:~$ cd ../../etc/shared ; ls
```

root@cp:~\$ less cis_debian_linux_rcl.txt

```
<output_omitted>
```

11. View a recently updated log file. Now that the software has been running for a while you should have a few logs to review.

```
root@cp:~$ cd ../../logs/ ; ls -R
```

```
.:
alerts archives firewall ossec.log

./alerts:
2024 alerts.log

./alerts/2024:
Sep
```



```
<output_omitted>
```

root@cp:~\$ less alerts/alerts.log

```
** Alert 1608532394.0: mail - syslog,sudo
2024 Sep 21 06:33:14 cp->/var/log/auth.log
Rule: 5403 (level 4) -> 'First time user executed sudo.'
User: student
Sep 21 06:33:14 cp sudo: student: TTY=pts/1; PWD=/home/student;
USER=root; COMMAND=/bin/syste
mctl status ossec.service

** Alert 1608532394.290: - pam,syslog,authentication_success,
2024 Sep 24 06:33:14 cp->/var/log/auth.log
Rule: 5501 (level 3) -> 'Login session opened.'
Sep 24 06:33:14 cp sudo: pam_unix(sudo:session): session opened for users
root by student(uid=0)
<output_omitted>
```

12. Continue to explore the tools, logs, and configuration files as time permits.



Chapter 9

Domain Reviews



9.1 Labs

☑ Exercise 9.1: Finding Exam Information

- 1. Navigate to https://www.cncf.io/certification/cks/. Read through the page looking at what you may find in the exam, down to the section entitled Exam.resources.
- 2. Select the link for Candidate Handbook which should take you to https://docs.linuxfoundation.org/tc-docs/certification/lf-candidate-handbook. This page contains information about all the **Linux Foundation** certifications. Read through the general information about taking an online performance-based exam. Locate the link to the browser Compatibility Check Tool. Ensure that you have an allowed browser and setup.
- 3. Expand the Certification tab on the left, then scroll down to find the Important Instructions: CKS link. Read through the particular information about the CKS exam.
- 4. Return to the main CKS exam page. This time select the Curriculum Overview link in the Exam resources. You should be brought to the github.com/cncf/curriculum page. Select the link for CKS_Curriculum for the most recent version if there is more than one. The new page should show a PDF. Scroll down to find the bullet point list of knowledge, skills, and abilities that a CKS specialist should be able to demonstrate.
- 5. Copy each bullet point over to a word processor, such as **libreoffice**. Under each bullet point write out the commands related to that action.



Very Important

Ensure you have tested every bullet point steps and every YAML or source file on the system and browser you will be using for the exam and for the exam version you will be using.

Exercise 9.2: Practice Steps

These steps are included without detailed steps. You should be able to use the course book, bookmarked online resources, and experience to complete the steps. As some of these products **are dynamic and quick changing** you may have to research and test that the tool works, and continues to work with the resources you have bookmarked.

1. Use the CIS benchmark to evaluate your cluster. Remedy any major issues.

- 2. In an earlier lab we assigned the create verb to the ops group. Remove that permission, update the necessary roles and service accounts. Test that users in the group can no longer perform that task.
- 3. Create a new role that allows Paul to use the list and watch, but only in the prod-b namespace.
- 4. Execute the review1.sh script. The script will cause the **kube-apiserver** to become less secure. Cause the **kube-apiserver** to become more secure, and make sure the change would be in place should the node reboot.
- 5. Make sure that all pods with label workgroup: dev can communicate from prod-a to prod-b, but no traffic is allowed from either to dev-ns. Block ingress traffic from example.com to the dev-ns namespace.
- 6. Create an immutable pod in the prod-b namespace.
- 7. Enable API server auditing. Log everything in the dev-ns namespace. Log metadata for any changes to secrets in the prod-a namespace. Create a new secret and test that you can see the log in the audit file.
- 8. Configure **Falco**. Use the **Falco** events generator inside the dev-ns namespace to create events, and verify that **Falco** is working. Using the example from https://falco.org/docs/event-sources/kubernetes-audit/ create a configMap for AWS, and make sure that **Falco** alerts to its existence.
- 9. Use **Trivy** or other tool to scan for known vulnerabilities without running the image.
- 10. Use **Tracee**, **Falco**, or other tool to analyze a running container. Document what proper startup looks like, or a common function and save the output to a text file.
- 11. Create a new **AppArmor** profile for a container to run, and ensure that only the required permissions are included, but other functions are otherwise closed down.
- 12. Enable kube-apiserver auditing. Add a location to keep files. Ensure that files are kept for three days and are rotated when they reach 50M in size. Log all events having to do with secrets. Only log the request metadata for configmap objects. Include a catch all function to log the metadata for all other events.
- 13. Understand which admission controllers are currently in use. Determine how you would enable or disable an admission controller.
- 14. If your cluster was able to use gVisor or kata, what would you add to the pod to take advantage of that sandbox. How would you test that it is working as desired?
- 15. As this list is not exhaustive, rather an approach to some of the listed items, reference the PDF of knowledge, skills, and abilities. Create your own steps to satisfy each item.
- 16. Set a timer and practice getting all the steps done in two hours.

