

Combo Meal:

One Sandwich OR Salad
One Side
AND One Beverage
One Meal Plan Swipe.

SANDWICHES

Chicken Salad Sandwich    

Chickpea Salad Sandwich     

(Prepared with Alcohol)

Egg Salad Sandwich     

(Prepared with Alcohol)

Peanut Butter & Strawberry Preserves Sandwich 

    

Roast Beef Sandwich    

Ultimate BLT Sandwich     

Savory maple cured bacon paired with rich, creamy crumbled goat cheese, ripe sliced tomato, and fresh arugula on whole wheat bread.

GRAB & GO

Asst. Kelloggs Wellness Cereals  

Berry Blast Smoothie  

Blueberry Strudel Parfait    

Cheese & Cracker Protein Box        



(Prepared with Alcohol)

Crudite Plate    

Fruit Cup  

Green Machine Smoothie    

Instant Oatmeal - Baked Apple        

   

(Prepared with Alcohol)

Mighty Mango Smoothie  

Spiced Apple Caramel Parfait        

 

(Prepared with Alcohol)

SALADS

Chicken Caesar Salad      

Cucumber Dill & Salmon Salad 

(Prepared with Alcohol)

Dijon Tempeh Salad     

(Prepared with Alcohol)

SUSHI

California Roll      

Cucumber Avocado Roll 

Spicy Tuna Roll   

[Strawberry Banana Smoothie](#)  

[Vegan Muesli](#)    

BENTO BOXES

[Bulgogi](#)     

Monday

[Chicken Katsu](#)       

Tuesday & Thursday

[Crispy Seitan](#)     

Tuesday & Thursday

(Prepared with Alcohol)

[Impossible Mapo Tofu](#)      

Monday, Wednesday, & Friday

(Prepared with Alcohol)

[Salmon Teriyaki](#)    

Wednesday & Friday

(Prepared with Alcohol)

LUNCH BOWLS

[Al Pastor](#)        

Tuesday & Thursday

(Prepared with Alcohol)

[Bean & Cheese](#)         

Monday, Wednesday, & Friday

(Prepared with Alcohol)

[Carne Asada](#)          

Monday, Wednesday, & Friday

(Prepared with Alcohol)

[Impossible](#)   

Tuesday & Thursday

NOODLE BOWLS

[Beef Pho](#)  

Monday, Wednesday, & Friday

[Tan Tan Ramen](#)    

Tuesday & Thursday

(Prepared with Alcohol)

[Vegetable Pho](#)     

Monday, Wednesday, & Friday

[Vegetarian Miso Ramen](#)      

Tuesday & Thursday

LUNCH ENTRÉES

[Bratwurst Sandwich](#)    

Thursday

[Chicken Sausage Sandwich](#)    

Wednesday

[German Frankfurter](#)     

Friday

[Italian Sausage Sandwich](#)     

Tuesday

[Polish Sausage Sandwich](#)    

Monday

DINNER BOWLS

DINNER ENTRÉES

[Fried Chicken w/ Macaroni & Cheese](#)     

  

[Macaroni & Cheese](#)         

Sides

[Banana](#)  

[Fuji Apple](#)  

[Orange](#)  

[Barbecue Potato Chips](#)           

[Sea Salt Potato Chips](#)

Beverages

[Apple Juice](#)  

[Coffee](#)  

[Decaffeinated Coffee](#)  

[Fat-Free Milk](#)  

[Low-Fat Milk](#)  

[Orange Juice](#)  

[Vanilla Almond Milk](#)   

[Vanilla Soy Milk](#)   

Legend

 Vegetarian Menu Option

 Vegan Menu Option

 Contains Peanuts

 Contains Tree Nuts

 Contains Wheat

 Contains Gluten

 Contains Soy

 Contains Dairy

 Contains Eggs

 Contains Crustacean Shellfish

 Contains Fish

 Halal Menu Option

 Low Carbon Footprint

 High Carbon Footprint

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