

add a cup of soup to any entree \$1.99

Breakfast - Create Your Own Scramble

choice of eggs or egg whites, includes a coffee, tea or fountain drink. toss-ins (choose two items; extra toss ins \$0.99 each): baby spinach, black bean corn salsa, shitake mushrooms, red onions, roasted onions, fresh peppers, roasted peppers, chopped tomatoes, grape tomatoes, smoked bacon, blue cheese, cheddar cheese, feta cheese, shaved parmesan. choose:

Bowl \$3.99

★ 4 reviews 📷 1 photo

Crepe Wrap \$4.99

★ 16 reviews 📷 4 photos

Sandwich \$5.99

Ciabatta or multi-grain

★ 32 reviews 📷 1 photo

Soups

Chicken Noodle	Cup	\$2.99
★ 1 review	Bowl	\$4.99

Soup Of The Day	Cup	\$2.99
	Bowl	\$4.99

Salads

fresh & made-to-order

Southwest Blackened Chicken \$9.49

With romaine hearts, feta, black bean corn salsa, avocado, chopped tomatoes, tortilla strips and citrus chipotle dressing

★ 5 reviews

Caesar		\$5.99
Romaine hearts, shaved parmesan, croutons and caesar dressing	Add Chicken	\$1.99
	Add Cayenne Shrimp	\$3.99

★ 1 review

Bbq Chicken \$8.99

With romaine hearts, corn, chopped tomatoes, roasted onions, jicama, cheddar, tortilla strips and citrus chipotle dressing

★ 2 reviews 📷 1 photo

Chicken Caprese \$8.99

Romaine hearts, blackened chicken, avocado, chopped tomatoes, fresh mozzarella and balsamic vinaigrette

Greek \$7.99

Romaine hearts, grape tomatoes, cucumbers, kalamata olives, feta, fresh peppers, red onions and two virgins dressing

★ 1 review

Cayenne Shrimp

\$9.49

With romaine hearts, avocado, grape tomatoes, roasted onions, black bean corn salsa, tortilla strips and citrus chipotle dressing

★ 2 reviews

Cobb

\$9.49

Romaine hearts, roasted chicken, crumbled blue cheese, grape tomatoes, avocado, smoked bacon, roasted onions and blue cheese dressing

★ 3 reviews 📷 3 photos

Asian Chicken

\$7.99

Romaine hearts, roasted chicken, carrots, almonds, mandarin oranges, sugar snap peas, wonton crisps and honey sesame dressing

★ 2 reviews

Vegetarian

\$5.99

Baby field greens, grape tomatoes, cucumbers, carrots, golden raisins, sunflower seeds and fat free raspberry vinaigrette

★ 1 review

Tuna

\$9.49

Baby field greens, tuna salad (mixed with apples, dried cranberries and mayo), avocado, carrots, cucumbers and honey balsamic vinaigrette

★ 3 reviews

Signature

\$9.49

Baby field greens, roasted chicken, goat cheese, almonds, mango, jicama, cucumbers, dried cranberries and sherry wine vinaigrette

★ 6 reviews

Chef

\$9.49

Romaine hearts, smoked bacon, smoked turkey, cheddar, apples, egg, croutons and honey balsamic vinaigrette

Spinach

\$6.99

Baby spinach, crumbled blue cheese, strawberries, almonds and fat free raspberry vinaigrette

★ 9 reviews 📷 1 photo

Apple Walnut

\$9.49

Romaine hearts, roasted chicken, apples, crumbled blue cheese, golden raisins and honey balsamic vinaigrette

★ 2 reviews 📷 1 photo

Design Your Own Salad Or Crepe Wrap

includes four of your favorite toss-ins \$6.99. add a cup of soup \$1.99, additional toss-ins \$0.49

Start

With any combination of greens. baby field greens, romaine hearts, baby spinach, baby arugula, iceberg

📷 1 photo

Toss-in

Four choices: veggies & more: banana peppers, black bean corn salsa, broccoli, carrots, celery, chick peas, corn, cucumbers, egg, egg whites, jicama, mushrooms, red onions, roasted onions, sugar snap peas, fresh peppers, roasted peppers, chopped tomatoes, grape tomatoes. fruit: apples, dried cranberries, mandarin oranges, golden raisins, strawberries. crunch: croutons, sunflower seeds, tortilla strips, wonton crisps

Design Your Own Salad Or Crepe Wrap - Add-in - Protein

any of the following

Roasted Chicken \$1.99

★ 1 review

Bbq Chicken \$1.99

★ 1 review 📷 1 photo

Blackened Chicken \$1.99

★ 6 reviews 📷 1 photo

Pesto Chicken \$1.99

★ 5 reviews

Tarragon Chicken Salad \$2.99

Cayenne Shrimp \$3.99

★ 1 review

Tuna \$2.99

Mixed with apples, dried cranberries and mayo

★ 2 reviews

Smoked Turkey \$1.99

Design Your Own Salad Or Crepe Wrap - Add-in - Cheese

Blue \$0.99

★ 3 reviews 📷 1 photo

Cheddar \$0.99

★ 1 review

Feta \$0.99

Goat \$1.49

★ 2 reviews 📷 1 photo

Fresh Mozzarella \$1.49

Shaved Parmesan \$1.49

Design Your Own Salad Or Crepe Wrap - Add-in - Gourmet Items

Almonds	\$0.99
Avocado	\$1.49
<div>★ 4 reviews</div> <div>📷 2 photos</div>	
Smoked Bacon	\$1.49
Edamame	\$0.99
Mango	\$1.49
<div>★ 2 reviews</div>	
Roasted Portobello Mushrooms	\$1.49
<div>★ 1 review</div>	
Kalamata Olives	\$1.29
Tofu	\$1.99
<div>★ 4 reviews</div>	
Sun-dried Tomatoes	\$0.99
Walnuts	\$1.49











Design Your Own Salad Or Crepe Wrap - Dress It Up

Classic
Sherry wine vinaigrette (gluten free), balsamic vinaigrette (gluten free), blue cheese (gluten free), buttermilk ranch (gluten free), caesar, honey sesame (gluten free), thousand island, two virgins (extra virgin olive oil and lemon juice; gluten free), extra virgin olive oil
<div>★ 2 reviews</div>
Bold
Citrus chipotle (gluten free), dijon mustard vinaigrette, honey balsamic vinaigrette (gluten free), lemon basil vinaigrette
Light
Fat free honey dijon, fat free raspberry vinaigrette (gluten free), balsamic vinegar, red wine vinegar
<div>★ 1 review</div>

Crep Wraps

freshly made whole wheat fat free crepes. add chips \$0.59

Blackened Chicken	\$8.99
With avocado, black bean corn salsa, tortilla strips, romaine hearts and citrus chipotle dressing	
<div>★ 6 reviews</div> <div>📷 1 photo</div>	
Turkey Blt	\$7.99
Smoked turkey, smoked bacon, romaine hearts and chopped tomatoes and mayo	
<div>★ 1 review</div>	

Tofu	\$7.99
With carrots, sugar snap peas, shiitake mushrooms, romaine hearts and honey sesame dressing	
 4 reviews	
Tuna	\$7.99
Tuna salad (mixed with apples, dried cranberries and mayol, baby arugula and chopped tomatoes)	
 2 reviews	
Chicken Portobello	\$8.99
With portobello mushrooms, roasted onions, baby spinach and balsamic vinaigrette	
 1 photo	
Bbq Chicken	\$8.99
With cheddar, jicama, corn, tortilla strips, romaine hearts and buttermilk ranch dressing	
 1 review  1 photo	
Turkey & Cheddar	\$8.99
Smoked turkey, cheddar, avocado, almonds, baby spinach and buttermilk ranch dressing	
Chicken & Goat Cheese	\$8.99
With smoked bacon, baby arugula and balsamic vinaigrette	
Pesto Chicken	\$8.99
With fresh mozzarella, sun-dried tomatoes, baby field greens and lemon basil vinaigrette	
 5 reviews	
Grilled Panini	
ciabata or multi grain bread add chips \$0.59	
Roasted Chicken	\$7.99
With roasted peppers, baby field greens and balsamic vinaigrette	
 1 review	
Pesto Chicken	\$8.49
With roasted peppers and shaved parmesan	
 5 reviews	
Roasted Veggie	\$7.99
With portobello mushrooms, peppers, onions and shaved parmesan	
 1 review	
Smoked Turkey & Cheddar	\$8.49
With fat free honey dijon dressing	
 1 review	
Tuna Salad & Cheddar	\$8.49
Tuna salad (mixed with apples, dried cranberries and mayo) and cheddar	